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Height, selected genetic markers and prostate cancer risk: results from the PRACTICAL consortium

Artitaya Lophatananon^{1,2}, Sarah Stewart-Brown¹, Zsofia Kote-Jarai³, Ali Amin Al Olama⁴, Sara Benlloch Garcia⁴, David E Neal^{5,6}, Freddie C Hamdy⁷, Jenny L Donovan⁸, Graham G Giles^{9,10}, Liesel M Fitzgerald⁹, Melissa C Southey¹¹, Paul Pharoah¹², Nora Pashayan^{12,13}, Henrik Gronberg¹⁴, Fredrik Wiklund¹⁴, Markus Aly^{14,15}, Janet L Stanford^{16,17}, Hermann Brenner^{18,19}, Aida K Dieffenbach^{20,21}, Volker Arndt²⁰, Jong Y Park²¹, Hui-Yi Lin²², Thomas Sellers²¹, Chavdar Slavov²³, Radka Kaneva²⁴, Vanio Mitev²⁴, Jyotsna Batra²⁵, Amanda Spurdle²⁶, Judith A Clements²⁵, APCB BioResource⁶⁰, The PRACTICAL consortium^{27,60}, Douglas Easton⁴, Rosalind A Eeles^{3,27} and Kenneth Muir^{*,1,2}

Background: Evidence on height and prostate cancer risk is mixed, however, recent studies with large data sets support a possible role for its association with the risk of aggressive prostate cancer.

Methods: We analysed data from the PRACTICAL consortium consisting of 6207 prostate cancer cases and 6016 controls and a subset of high grade cases (2480 cases). We explored height, polymorphisms in genes related to growth processes as main effects and their possible interactions.

Results: The results suggest that height is associated with high-grade prostate cancer risk. Men with height > 180 cm are at a 22% increased risk as compared to men with height < 173 cm (OR 1.22, 95% CI 1.01–1.48). Genetic variants in the growth pathway gene showed an association with prostate cancer risk. The aggregate scores of the selected variants identified a significantly increased risk of overall prostate cancer and high-grade prostate cancer by 13% and 15%, respectively, in the highest score group as compared to lowest score group.

Conclusions: There was no evidence of gene-environment interaction between height and the selected candidate SNPs. Our findings suggest a role of height in high-grade prostate cancer. The effect of genetic variants in the genes related to growth is seen in all cases and high-grade prostate cancer. There is no interaction between these two exposures.

Prostate cancer is the second most common cancer in men worldwide. Approximately 1.1 million men were diagnosed with prostate cancer in 2012 and almost 70% of the cases occur in more developed regions (IARC, 2014). The established risk factors include are age, ethnicity, family history, and over 100 common genetic variants. There are however other risk factors with less conclusive evidence including height (Key et al, 1997; Hayes et al, 1999; Villeneuve et al, 1999; Hsing et al, 2000; Norrish et al, 2000; Stattin et al, 2000). Height is a phenotypic trait determined

by a combination of genetics and environmental factors. The relationship between height and prostate cancer risk has been proposed to act through possible factors including pre-adult nutritional status, androgen and insulin-like growth factor-I (IGF-I; Giovannucci *et al*, 1997; Calle, 2000; Willett, 2000; Freeman *et al*, 2001; Emerging Risk Factors Collaboration, 2012; Travis *et al*, 2016).

Height *per se* is not a cause of cancer but it is a marker for other exposures. It has also been suggested that taller stature may

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© The Author(s) named above

^{*}Correspondence: Professor K Muir; E-mail: kenneth.muir@manchester.ac.uk

⁶⁰Additional members from the Prostate Cancer Association Group to Investigate Cancer Associated Alterations in the Genome (PRACTICAL) consortium can be found above the reference list.

indicate increased risk of a number of cancers. The most consistent evidence has been found in relation to breast cancer (Willett, 2000; Gunnell *et al*, 2001).

In 2008, findings from a large nested case–control study (ProtecT) and meta-analysis (58 studies) suggested a positive association of height with high-grade prostate cancer (OR: 1.23; 95% CI: 1.06–1.43; Zuccolo *et al*, 2008). In this article, we present results from the international collaboration, the Prostate Cancer Association Group to Investigate Cancer Associated Alterations in the Genome consortium (PRACTCAL; http://practical.ccge.medschl.cam.ac.uk/). The aim was to explore the effects of height on prostate cancer risk. We were also interested to see if selected candidate SNPs related to height were associated with prostate cancer risk. Finally, we explored possible interactions between the selected SNPs and height.

MATERIALS AND METHODS

PRACTICAL **consortium.** The PRACTICAL consists of 78 study groups around the world. The consortium was established in September 2008. The co-ordination of PRACTICAL is funded by Cancer Research UK and data have been contributed to the Collaborative Oncology Geneenvironment Study (COGS), a project funded by the European Commission and 7th Framework Programme and the NIH grant. Each study with relevant data contributed an epidemiological data set and blood samples. Data on epidemiological factors for each study were provided in accordance with an assembled data dictionary. We performed quality control checks for each study before merging the data into one combined database. The majority of the samples are of European ancestry (95%). Since we investigated height as our main exposure we only analysed studies that contained subjects with European ancestry in order to minimise variation of height potentially influenced by different ethnic groups.

Blood derived DNA samples were genotyped for 211,155 SNPs on a custom Illumina array (iCOGS) in 25 074 prostate cancer cases and 24 272 controls. Details of genotyping and quality control analysis can be found in previous publication (Eeles *et al*, 2013).

Analysis of height exposure. During the QC process, any subjects with outlier values were checked directly with the individual study group and subsequently either corrected or excluded. Height data were available in 10 out of 15 studies that submitted data on epidemiological factors. The inclusion criterion for this particular analysis is subjects with European ancestry. The total number of prostate cancer cases and controls were 6207 cases and 6016 controls. The list of studies included in the height exposure analyses are listed in Supplementary Table 1. Meta-analysis was performed using Meta-Analyst software (Wallace et al, 2009). We performed analysis in all PCA cases and high grade cases as compared to controls. The latter is defined by Gleason grade ≥7. Out of 6207 cases, 2480 cases are high grade cases. Meta-analysis was carried out in 9 studies as one of the studies had no controls. Height was fitted as a continuous variable and study heterogeneity was explored. We also performed analysis whereby height was categorised into quartiles using control height values to determine the ranges. Results suggest study homogeneity hence results from a fixed effect model are reported. Pooled analysis was also performed. Tests for trend were carried out to assess possible dose-response relationships. Analyses were performed using IBM SPSS Statistics version 20.0. All analyses were adjusted for age, family history of prostate cancer, and study sites. As the data were derived from various studies with differing sample sizes, the

analyses were therefore adjusted for study site to avoid possible confounding effects.

SNPs analyses. We explored the effects of candidate SNPs related to growth factors on prostate cancer risk. We identified 168 candidate SNPs in IGF-I, GH-1, SHOX, FMR1, GHITM, and GHRHR genes related to human growth based on evidence from the literature and these SNPs were genotyped within a custom Illumina array (iCOGS). The full list of 168 candidate SNPs and associated relative risk estimates are shown in Supplementary Table 2. To evaluate effect sizes of these SNPs, we created a data set consisting of individual subjects whose IDs appeared in both the genotype and epidemiological data sets by matching the IDs between the two sets. We included only Caucasian subjects. This resulted in 13123 controls and 9424 cases. PLINK software was used to explore minor allele frequency (MAF) and Hardy-Weinberg equilibrium (HWE; Purcell et al, 2007). MAF ranges were from 0.017 to 0.496. Out of 155 SNPs, 168 SNPs met HWE (P > 0.05). STATA (version14) was used to obtain risk estimates and R-square (LDscore; Cheng et al, 2006). To quantify risk, the log-additive model was used by including a single variable coded as 0, 1, or 2 based additively on the number of minor alleles. Multiple logistic regression analyses were carried out to obtain the odd ratios of all 168 SNPs. Variables included in the model were age, family history of prostate cancer, study sites, principal components for European ancestry, and SNPs. Twelve SNPs showed significant associations (P-value < 0.05). We then computed the R-square value for these 12 SNPs (Table 1). The results showed that these SNPs fell into 4 regions. SNPs were excluded if r^2 value was > 0.8 among them and we kept the most informative SNP based on association and P-value in each region. R-squared values for these 8 SNPs were less than 0.26. After this process, eight SNPs were selected for further analysis. Among these significant SNPs, only two yielded odds ratios (ORs) above 1.15.

Gene and environment interaction analyses. We carried out gene and environment (GE) analyses in 6207 cases and 6016 controls. These are subjects with data on genotype and height. We applied two type of analyses based on the effect sizes of the SNP analyses.

- 1. For the 8 SNPs that were significantly associated with prostate cancer risk, individual standardised genetic score was computed. First, we multiplied coefficient for each SNP derived from multiple logistic regression (as explained above) with individual risk allele of that particular SNPs. To obtain total genetic risk score, we summed results from each SNP. To compute standardised score, the total score was divided with s.d. value from control group. First, genetic risk scores were analysed as for main effect by comparing subjects in the second and third tertile to the referent category. For GE analysis, both height and genetic risk score were then compared as binary variables. We classified both variables into tertiles with lowest tertile as reference group and highest tertiles as exposed group. We applied empirical-Bayes (EB) method proposed by Mukherjee et al (Mukherjee et al, 2008). Results for all PCA and high grade cases are presented.
- 2. We also employed the general multifactor dimensionality reduction (GMDR) method (Chen *et al*, 2011). For this we included the top 2 SNPs with effect sizes > 1.15 and fitted these into the model at the same time. This procedure is not possible in the conventional GE methods. Height was fitted as a binary variable. We included subjects with height in the reference (lowest tertile) and top third tertile. Analyses were carried out for all PCA and high grade cases. Age and family history of PCA were fitted as covariates.

Table 1. R-squ	Table 1. R-square for 8 SNPs										
SNPs	rs11630647	rs11831436	rs13317803	rs2229765	rs2871864	rs35767	rs5742612	rs6503691			
rs11630647	1										
rs11831436	0.0000	1									
rs13317803	0.0001	0.0000	1								
rs2229765	0.0000	0.0001	0.0000	1							
rs2871864	0.2013	0.0001	0.0000	0.0030	1						
rs35767	0.0000	0.0484	0.0000	0.0000	0.0001	1					
rs5742612	0.0000	0.2629	0.0000	0.0000	0.0001	0.2080	1				
rs6503691	0.0002	0.0001	0.0001	0.0001	0.0000	0.0000	0.0001	1			
Abbreviation: SNP=	single-nucleotide polymo	rphism.									

RESULTS

Subject characteristics are displayed in Table 2. Family history of prostate cancer is associated with prostate cancer risk. Subjects with a positive family history of prostate cancer had a 12% increase in prostate cancer risk. Mean height for cases and controls was 176.3 and 176.8 cms, respectively. The Student's *t*-test suggests a significant difference in the means between the two groups (*P*-value <0.05). Results from a meta-analysis of height are presented in Figures 1 and 2. ORs were adjusted for age, family history of prostate cancer, and study site. In all cases and high grade cases, point risk estimates of each study are very similar and are close to 1. None of the estimated relative risks is statistically significant. The heterogeneity *P*-value of 0.467 in all cases and 0.634 in high grade cases suggests that studies are homogenous. ORs of fixed effect model in all cases and high grade cases are 1.002 (95% CI 0.996–1.009) and 1.003 (95% CI 0.996–1.011) respectively.

Results from pooled analysis yielded similar risk estimates with OR 1.004, 95% CI 0.996–1.012 in all cases and OR 1.007, 95% CI 0.999–1.015 in high grade cases. We also analysed height as a categorical variable. Results are presented in Table 3. Results also suggest no overall association between height and prostate cancer risk comparing all cases with controls. In the high-grade case group, however, significant results were observed in the fourth quartile as compared to the first quartile (OR 1.22, 95% CI 1.014–1.477).

Table 4 shows the ORs of candidate SNPs with statistically significant results. ORs range from 0.90 to 1.32 with P-value from 10^{-2} to 10^{-3} . One SNPs in the IGF-I gene had the highest ORs (1.32).

Table 5 shows the ORs of genetic risk scores and prostate cancer risk. A significant result was observed in the third tertile as compared to reference tertile (OR 1.13 with 95% CI 1.03–1.23) when all prostate cancer cases were included. The *P*-value for trend is also statistically significant. In the high grade cases, similar results were observed. There is also a trend of increasing risk with increasing genetic risk scores in all prostate cancer cases and in high grade cases.

The interaction results between height and genetic risk scores suggest that there is no GE interaction between height and genetic risk score (Table 6) regardless of type of cases.

Results of the GE analyses by GMDR method are depicted in Table 7. We fitted 2 SNPs with effect sizes > 1.15 into the model and adjusted for covariates (age and family history of PCA). None of the models yield significant ORs regardless of case type. This is confirmed by cross-validation consistency. Both all and high grade cases, the extended models show consistency across testing sets.

DISCUSSION

This study investigated the effect of height and its possible interaction with selected SNPs from the PRACTICAL consortium

Table 2. Demographic data										
				95%	's CI					
Variables	Case	Control	OR	Lower	Upper	P-value				
Age (years)										
Number Mean ± s.d.	6207 63 ± 7	6016 60 ± 7				<0.001ª				
Family history of PCA ^b										
No Yes	4051 904	3594 831	1.00 1.12	1.00	1.24	< 0.05				
Height (cm)- all cases										
Mean ± s.d. Number	176.3 ± 7.0 2480	176.8 ± 7.1 6016				<0.001 ^a				
Height (cm))- aggressiv	e cases								
Mean ± s.d.	176.3 ± 7.0	176.8 ± 7.1				<0.05 ^a				
Abbreviations: (CI = confidence	interval; OR = o	dds rati	o; PCA=pro	ostate cance	er.				

in 6207 cases and 6016 controls. The consortium is an international collaboration on PCA and it has had notable successes for example in identifying 100 new genetic loci (Eeles *et al*, 2008, 2009, 2013; Al Olama *et al*, 2009, 2012, 2014). These loci confer small to medium risks with highly significant *P*-values of $\leq 10^{-7}$ (GWAS significance).

P-value of Student t-test.

bAdjusted for age

There are, however, many polymorphisms with estimated risks less statistically significant which could still play an important role, particularly in the presence of environmental exposure. We therefore created a data set (subjects with epidemiological data and genotype data) which allowed us to investigate such a hypothesis.

Out of the 6207 cases, 2480 cases (40%) are high grade cases defined by Gleason grade ≥7. One of the limitations of defining high grade cases is that we did not have data on Gleason grade breakdown hence we have to use combined score data of 7 rather than (4+3 or 3+4). Age and family history of PCA are confirmed risk factors in our study (Table 2). We investigated height in 3 ways. First, we explored height phenotype as a main exposure. Second, we investigated genetic profile (candidate SNPs) related to height, and third, we determined if there are any potential interactions between the selected SNPs and height. SNPs were deemed 'related to height' because they are found in candidate genes for height but they have not necessarily been identified in GWAS as underlying the variability of the height phenotype. We present results for all PCA cases and high grade cases as compared to controls. Although mean height values were very similar between cases and controls the mean difference was statistically significant and is in the opposite direction to that expected. In a multivariate analysis adjusted for age, family history of PCA and

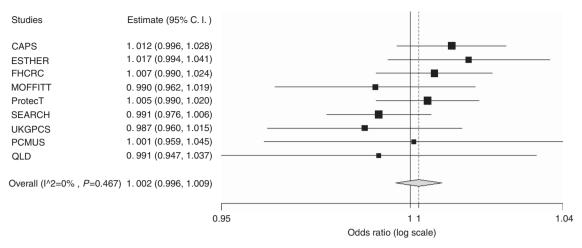


Figure 1. Forest plot (all prostate cancer cases).

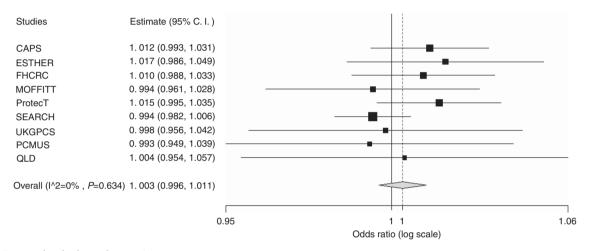


Figure 2. Forest plot (high grade cases).

			All c	ases			l	High gra	High grade cases		
			959	% CI				959			
Height (cm)	Number of subjects (all cases + controls)	ORª	Lower	Upper	P-value	Number of subjects (High grade cases + controls)	OR ^a	Lower	Upper	P-value	
Q1 (<173.0)	2949	1.00				2000	1.00				
Q2 (173.1–177.9)	3210	1.16	0.99	1.35	0.064	2196	1.20	0.99	1.46	0.069	
Q3 (178.0–180.0)	1865	1.07	0.89	1.28	0.467	1331	1.19	0.94	1.49	0.150	
Q4 (>180.0)	4199	1.11	0.96	1.28	0.173	2969	1.22	1.01	1.48	0.035	

study sites, height as a continuous variable did not show associations with PCA risk in either all PCA cases or high grade PCA cases. However, height categorised in quartiles did show significantly increased risk in high grade cases. Subjects with a height >180 cm are at 22% increased risk compared with subjects with height <173 cm. We did not observe any association between height and low grade cases ((Gleason grade <7) results are not presented in the paper). Our findings suggest taller subjects are at

increased risk of high grade PCA risk. A previous report from a large nested case–control study (ProtecT) reported the OR of prostate-specific antigen–detected high-grade PCA per 10 cm increase in height was 1.23; 95% CI: 1.06–1.43. In a meta-analysis of 58 studies, a smaller effect was reported (random-effects OR: 1.12; 95% CI: 1.05–1.19) (Zuccolo *et al*, 2008). Findings from The Early Stage Prostate Cancer Cohort Study which looked at the relationship between height and prostate cancer grade in various

				95%	CI	
SNP	Minor allele	Genes	Odds ratios ^a	Lower	Upper	P-value
rs6503691	А	GHDC:STAT5B:STAT5A	0.90	0.82	0.99	0.036
rs13317803	G	GHSR:TNFSF10	1.08	1.01	1.14	0.016
rs11831436	А	IGF1	1.19	1.01	1.41	0.040
rs35767	А	IGF1	1.12	1.03	1.22	0.006
rs5742612	G	IGF1	1.32	1.13	1.55	0.001
rs11630647	А	IGF1R	1.08	1.01	1.15	0.035
rs2871864	С	IGF1R	1.11	1.01	1.22	0.031
rs2229765	А	IGF1R:PGPEP1L	1.08	1.02	1.15	0.013

		High grade PCA						
		95%	6 CI			95%	6 CI	
Genetic risk score	Odds ratio ^a	Lower	Upper	P-value	Odds ratio ^a	Lower	Upper	P-value
Reference	1.00				1.00			
2nd tertile	1.06	0.97	1.16	0.186	1.03	0.92	1.16	> 0.05
3rd tertile	1.13	1.04	1.23	0.006	1.55	1.03	1.29	< 0.05

	G=	= 0	G	i=1			95%	6 CI
Group	<i>E</i> =0	E=1	<i>E</i> =0	E=1	Total	Estimated interaction OR	Lower	Upper
Control	666	743	670	725	2804			
All PCA case	738	629	766	743	2876	1.14	0.98	1.33
High-grade PCA case	293	248	305	305	1151	1.18	0.94	1.49

Abbreviations: CI = confidence interval; PCA=prostate cancer. G=0-subjects with genetic risk score in the first tertile, G=1-subjects with genetic risk score in the third tertile. E=0-subjects
with height in the first tertile, $E=1$ -subjects with height in the third tertile.

Table 7. GE with	h 2 IGF-I pathway SNPs by G	MDR metho	d			
Group	Best model	Testing accuracy	Testing sensitivity	Testing odds ratio ^a	Testing χ^2	Cross-validation consistency
All PCA cases	Height	0.51	0.51	1.07 (95% CI 0.72-1.59)	0.69 (P=0.408)	10/10
	Height, rs5742612	0.51	0.51	1.12 (95% CI 0.75-1.66)	0.84 (P=0.358)	10/10
	Height, rs5742612, rs11831436	0.51	0.51	1.09 (95% CI 0.73-1.61)	0.75 (P=0.387)	10/10
High grade cases	Height	0.51	0.54	1.16 (95% CI 0.63-2.11)	0.63 (P=0.429)	10/10
	Height, rs11831436	0.51	0.52	1.06 (95% CI 0.58-1.94)	0.22 (P=0.636)	10/10
	Height, rs5742612, rs11831436	0.51	0.53	1.12 (95% CI 0.62-2.05)	0.44 (P=0.507)	10/10

Abbreviations: GE=gene and environment; GMDR=general multifactor dimensionality reduction; IGF=insulin-like growth factor; PCA=prostate cancer; SNP=single-nucleotide polymorphism.

^aTesting odds ratios adjusted for age and family history of prostate cancer.

subpopulations of men with potentially different risk of high-grade PCA also suggested that participants in the highest quartile of height were more than twice as likely to have a Gleason score \geqslant 7 (4+3) at biopsy than participants in the lowest quartile of height (OR 2.14 (95% CI 1.11, 4.14); Farwell *et al*, 2011). Two other studies presented results exclusively on cases with advanced stage

PCA and both supported a positive association between height and PCA risk (Hayes *et al*, 1999; Norrish *et al*, 2000). Hayes and colleagues observed a two-fold increased risk in white men with height > 1.75 metres compared to height < 1.67 metres. The association was absent among black men (Hayes *et al*, 1999). Norrish and colleagues investigated the role of height and PCA risk in both

sporadic cancer cases and familial cancer cases. The study used the Gleason grading score to characterise the cases. Advanced PCA cases were defined by combined Gleason score ≥7 and localised PCA cases by combined Gleason score ≤6. Results on sporadic advanced cancer showed an indication of risk increasing across the quintiles (p for trend = 0.07) which is similar to our high grade cases. Moreover the risk was greater among those with a positive family history of PCA (OR for height > 179 cm compared to < 170 cm = 7.41, 95% CI 1.68-32.67, p for trend = 0.02). A nullassociation was reported in localised cases. Not only is height potentially associated with PCA risk but it also shows association with PCA mortality. A recent publication including more than 1 million subjects investigated adult height and the risk of causespecific death and vascular morbidity suggested that hazard ratios per 6.5 cm greater height were 1.04 (1.03-1.06) for death from cancers and 1.07 (1.02-1.11) for death from PCA (Emerging Risk Factors Collaboration, 2012). In contrast, the results form a large cohort of 10501 PCA cases and 10831 controls within the NCI Breast and Prostate Cancer Cohort Consortium (BPC3) suggested that height was not associated with PCA risk both as a continuous variable (OR: 1.001, 95% CI: 1.000-1.002 per cm increase, P = 0.12) or as in tertiles (OR: 1.02, 95% CI: 0.99–1.06, P = 0.24) (Lindstrom et al, 2011). A null association was reported in the study also using PRACTICAL genotype data set and investigated the effect of height and prostate cancer incidence and mortality using Mendelian randomisation approach (Davies et al, 2015). The authors analysed genetic variants associated with height from published genome-wide association studies and reported that these genetic variants are strong instrument for the variable. There are some limitations in that GWA studies will not explain a majority of the estimated 80% contribution of genetic factors to variation in height (Lango Allen et al, 2010).

Human height is well known as a polygenic trait with a number of genes that contribute to height (Chial, 2008). Recent GWAS studies have identified strong and moderate effects of genes related to human height (Weedon and Frayling, 2008; McEvoy and Visscher, 2009). Single SNPs with small effects in aggregate form can be applied to assign individuals to their height distribution (Lettre, 2009). We applied a candidate SNPs approach and identified SNPs in genes that had been genotyped in our consortium that were related to growth processes. These SNPs were in the genes IGF-I, GH-1, SHOX, FMR1, GHITM, and GHRHR (Gunnell, 2000; Ellis et al, 2001; Gunnell et al, 2001). Twelve SNPs in these genes show significant associations. We computed r^2 and kept the 8 SNP based on association and P-value in each region. Only one SNP (rs6503691) showed a small protective effect. This SNP is reported to associate with significantly decreased risk of breast cancer (Johansson et al, 2007; Zhao et al, 2015). Polymorphisms in the IGF signalling pathway have been shown to associate with PCA mortality (Cao et al, 2014). Other studies reported null associations (Gu et al, 2010; Tsilidis et al, 2013). We also explored association between aggregated SNPs score as main effect; results support that individuals with genetic risk scores in the third tertiles are at increased risk of high grade PCA at 15% and of all PCA cases at 13% as compared with the lowest tertile. A test for trend also supports a dose-response relationship (P-value < 0.05 in both case groups). These findings support that a genetic risk score in the growth pathway are associated with high grade PCA. IGF genes have been previously linked with PCA (Cheng et al, 2006; Johansson et al, 2007; Cao et al, 2014; Gan et al, 2014; Qian et al, 2014; Takeuchi et al, 2014; Travis et al, 2016). GHSR genes are also previously reported to associate with prostate cancer risk (Dressen, 2007). We also investigated possible gene-environment interactions using two approaches. The first approach uses combined genetic risk scores and a binary variable of height with the first tertile as the reference group and the third tertile as the

'exposed' group. Analyses were done in both PCA and high grade case group using the Bayesian method proposed by (Mukherjee et al, 2008). Results of the GE analyses however suggested no interaction between genetic risk scores and height. In the second approach, we selected the top 2 SNPs with the strongest effect sizes and fitted a model using the GMDR method (Chen et al, 2011). The GMDR method allows adjustment for discrete and quantitative covariates and is applicable to both dichotomous and continuous phenotypes. The GMDR with covariate adjustment had a power of > 80% in a case–control design with a sample size of ≥2000. We applied the GMDR method because it differs from the traditional GE method in that it allows more than 1 SNP in the model (traditional method-based on the concept of single-factorbased approaches; Lou et al, 2007). The results also showed no interactions. None of the main effect (height) and extended models showed any significant results.

In summary, our findings suggest that height and genetic variants related to the human growth pathway are associated with high grade PCA risk. Taller men of >1.80 m are at increased risk of high grade PCA. Genetic variants in genes that relate to growth pathways are associated with prostate cancer risk. The estimated risk is evident amongst subjects in the highest score group when combined genetic risk scores were used. There is, however, no GE interaction between selected genetic variants and height.

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CONFLICT OF INTEREST

The authors declare no conflict of interest.

THE PRACTICAL CONSORTIUM

(In addition to those named in the author list) Information on the consortium can be found at http://practical.ccge.medschl.cam.ac.uk/.

Johanna Schleutker^{28,29}, Børge G Nordestgaard^{30,31}, Fredrik Wiklund³², Ruth C Travis³³, Christopher A Haiman³⁴, Stephen N Thibodeau³⁵, Christiane Maier³⁶, Vogel Walther³⁷, William J Blot^{38,39}, Adam S Kibel⁴⁰, Cezary Cybulski⁴¹, Lisa Cannon-Albright^{42,43}, Hardev Pandha⁴⁴, Manuel R Teixeira^{45,46}, Margaret Cook⁴⁷, Koveela Govindasami⁴⁸, Michelle Guy⁴⁹, Daniel Leongamornlert⁴⁸, Emma J Sawyer⁴⁸, Rosemary Wilkinson⁴⁸, Angela Morgan⁴⁸, Cyril Fisher⁴⁸, Edward J. Saunders⁴⁸, Malgorzata Tymrakiewicz⁴⁸, Naomi Livni⁴⁸, Steve Hazel⁴⁸, Tokhir Dadaev⁴⁸, Angela Cox⁴⁹, Anne George⁴⁹, Athene Lane⁴⁹, Gemma Marsden⁴⁹, Michael Davis⁴⁹, Paul Brown⁴⁹, John Pedersen⁵⁰, John L Hopper⁵¹, Ami Karlsson⁵², Carin Cavalli-Bjoerkman⁵², Jan Adolfson⁵², Jan-Erik Johansson⁵², Michael Broms⁵², Paer Stattin⁵², Suzanne Kolb⁵³, Christa Stegmaier⁵⁴, Babu Zachariah⁵⁵, Hyun Park⁵⁵, James Haley⁵⁵, Julio Pow-Sang⁵⁵, Maria Rincon⁵⁵, Selina Radlein⁵⁵, Aleksandrina Vlahova⁵⁶, Atanaska Mitkova⁵⁷, Darina Kachakova⁵⁷, Elenko Popov⁵⁸, Svetlana Christova⁵⁶, Tihomir Dikov⁵⁶, Allison Eckert⁵⁹, Angus Collins⁵⁹, Glenn Wood⁵⁹, Greg Malone⁵⁹, Kimberly Alexander⁵⁹, Kris Kerr⁵⁹, Mary-Anne Kedda⁵⁹, Megan Turner⁵⁹, Pamela Saunders⁵⁹, Peter Heathcote⁵⁹, Srilakshmi Srinivasan⁵⁹, Tracy Omara⁵⁹, Trina Yeadon⁵⁹, Felicity Lose⁵⁹

²⁸Department of Medical Biochemistry and Genetics Institute of Biomedicine Kiinamyllynkatu 10, University of Turku, FI-20014 Turku, Finland; ²⁹BioMediTech, University of Tampere and FimLab Laboratories, Tampere 33520, Finland; 30 Department of Clinical Biochemistry, Herlev Hospital, Copenhagen University Hospital, Herlev Ringvej 75, DK-2730 Herlev, Denmark; ³¹Faculty of Health and Medical Sciences, University of Copenhagen, Blegdamsvej 3B, Copenhagen 2200, Denmark; ³²Department of Medical Epidemiology and Biostatistics, Karolinska Institute, Stockholm 10435, Sweden; 33 Cancer Epidemiology Unit, Nuffield Department of Population Health University of Oxford, Oxford CB2 0RE, UK; 34Department of Preventive Medicine, Keck School of Medicine, University of Southern California/Norris Comprehensive Cancer Center, Los Angeles, CA 90033, USA; 35Department of Laboratory Medicine and Pathology, Mayo Clinic, Rochester, MN 55905, USA; ³⁶Department of Urology, University Hospital Ulm, Ulm 89081, Germany; ³⁷Institute of Human Genetics, University Hospital Ulm, 89081 Ulm, Germany; 38International Epidemiology Institute, 1555 Research Blvd., Suite 550, Rockville, MD 20850, USA; 39Division of Epidemiology, Department of Medicine, Vanderbilt Epidemiology Center, Vanderbilt-Ingram Cancer Center, Vanderbilt University School of Medicine, Nashville, TN 37232, USA; ⁴⁰Division of Urologic Surgery, Brigham and Womens Hospital, Dana-Farber Cancer Institute, 75 Francis Street, Boston, MA 02115, USA; ⁴¹International Hereditary Cancer Center, Department of Genetics and Pathology,

Pomeranian Medical University, Szczecin 70-115, Poland; ⁴²Division of Genetic Epidemiology, Department of Medicine, University of Utah School of Medicine, Salt Lake City, UT 84132, USA; 43George E Wahlen Department of Veterans Affairs Medical Center, Salt Lake City, UT 84148, USA; 44Oncology Group, Faculty of Health and Medical Sciences, The University of Surrey, Guildford, Surrey GU2 7WG, UK; 45Department of Genetics, Portuguese Oncology Institute, Porto 4200-072, Portugal; ⁴⁶Biomedical Sciences Institute (ICBAS), University of Porto, Porto 4050-313, Portugal; ⁴⁷Centre for Cancer Genetic Epidemiology, Department of Public Health and Primary Care, University of Cambridge, Strangeways Research Laboratory, Cambridge CB1 8RN, UK; ⁴⁸The Institute of Cancer Research, Sutton SM2 5PT, UK; 49CR-UK/YCR Sheffield Cancer Research Centre, University of Sheffield, Sheffield S10 2TN, UK; 50Tissupath Pty Ltd., Melbourne, Victoria 3122, Australia; ⁵¹Centre for Epidemiology and Biostatistics, Melbourne School of Population and Global Health, The University of Melbourne, Victoria 3010, Australia; ⁵²Department of Medical Epidemiology and Biostatistics, Karolinska Institute, Stockholm 10435, Sweden; 53 Division of Public Health Sciences, Fred Hutchinson Cancer Research Center, Seattle, WA 98109-1024, USA; ⁵⁴Saarland Cancer Registry, Saarbrücken 66119, Germany; 55 Department of Cancer Epidemiology, Moffitt Cancer Center, 12902 Magnolia Drive, Tampa, FL 33612, USA; ⁵⁶Department of General and Clinical Pathology, Medical University, Sofia 1431, Bulgaria; ⁵⁷Department of Medical Chemistry and Biochemistry, Molecular Medicine Center, Medical University, Sofia, 2 Zdrave Str., Sofia 1431, Bulgaria; ⁵⁸Department of Urology and Alexandrovska University Hospital, Medical University, Sofia 1431, Bulgaria; ⁵⁹Molecular Cancer Epidemiology Laboratory, QIMR Berghofer Medical Research Institute, Brisbane 4029, Australia

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¹Centre of Epidemiology, Division of Population Health, Health Services Research and Primary Care, School of Health Sciences, Medicine and Health, The University of Manchester, Manchester M13 9PL, UK; ²Division of Health sciences, Warwick Medical School, University of Warwick, Coventry CV4 7AL, UK; ³Division of Genetics and Epidemiology, The Institute of Cancer Research, London SW7 3RP, UK: 4Centre for Cancer Genetic Epidemiology, Department of Public Health and Primary Care, University of Cambridge, Strangeways Research Laboratory, Cambridge CB1 8RN, UK; 5 Nuffield Department of Surgical Sciences, John Radcliffe Hospital, Headington, Oxford OX3 9DU, UK; ⁶Cancer Research UK Cambridge Research Institute, Li Ka Shing Centre, Cambridge CB2 0RE, UK; ⁷Nuffield Department of Surgical Sciences John Radcliffe Hospital, University of Oxford, Oxford OX3 9DU, UK; 8School of Social and Community Medicine, University of Bristol, Canynge Hall, 39 Whatley Road, Bristol BS8 2PS, UK; ⁹Cancer Epidemiology Centre, The Cancer Council Victoria, 615 St Kilda Road, Melbourne, Victoria 3004, Australia; ¹⁰Centre for Epidemiology and Biostatistics, Melbourne School of Population and Global Health, The University of Melbourne, Victoria 3010, Australia; ¹¹Genetic Epidemiology Laboratory, Department of Pathology, The University of Melbourne, Grattan Street, Parkville, Victoria 3010, Australia; ¹²Centre for Cancer Genetic Epidemiology, Department of Oncology, University of Cambridge, Strangeways Laboratory, Worts Causeway, Cambridge CB1 8RN, UK; ¹³Department of Applied Health Research, University College London, 1-19 Torrington Place, London WC1E 7HB, UK; 14 Department of Medical Epidemiology and Biostatistics, Karolinska Institute, Stockholm 10435, Sweden; ¹⁵Department of Clinical Sciences at Danderyds Hospital, Stockholm 17177, Sweden; 16 Division of Public Health Sciences, Fred Hutchinson Cancer Research Center, Seattle, WA 98109-1024, USA; ¹⁷Department of Epidemiology, School of Public Health, University of Washington, Seattle, WA 98195, USA; ¹⁸Division of Clinical Epidemiology and Aging Research, German Cancer Research Center (DKFZ), Heidelberg 69120, Germany; 19 Division of Preventive Oncology, German Cancer Research Center (DKFZ), Heidelberg 69120, Germany; ²⁰German Cancer Consortium (DKTK), Heidelberg 69120, Germany; ²¹Department of Cancer Epidemiology, Moffitt Cancer Center, 12902 Magnolia Drive, Tampa, FL 33612, USA; ²²Biostatistics Program, Moffitt Cancer Center, 12902 Magnolia Drive, Tampa, FL 33612, USA; ²³Department of Urology and Alexandrovska University Hospital, Medical University, Sofia 1431, Bulgaria; ²⁴Department of Medical Chemistry and Biochemistry, Molecular Medicine Center, Medical University, Sofia, 2 Zdrave Str., Sofia 1431, Bulgaria; ²⁵Australian Prostate Cancer Research Centre-Qld, Institute of Health and Biomedical Innovation and School of Biomedical Science, Queensland University of Technology, Brisbane 4006, Australia; ²⁶Molecular Cancer Epidemiology Laboratory, Queensland Institute of Medical Research, Brisbane 4006, Australia and ²⁷Royal Marsden National Health Service (NHS) Foundation Trust, London and Sutton SM2 5PT, UK

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