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Highlights

Effects of post-processing treatments on sensory quality and Shiga toxigenic *Escherichia coli* reductions in dry-fermented sausages
*Meat Science xxx (2013) xxx–xxx*E. Heir^{a,*}, A.L. Holck^a, M.K. Omer^b, O. Alvseike^b, I. Måge^a, M. Høy^a, T.M. Rode^a, M.S. Sidhu^b, L. Axelsson^a^a *Nofima – Norwegian Institute of Food, Fisheries and Aquaculture Research, P.O. Box 210, N-1431 Ås, Norway*^b *Animalia, Norwegian Meat and Poultry Research Center, P.O. Box 396 Økern, N-0503 Oslo, Norway*

► Fermented sausages represent potential microbiological risk products ► Post-process treatments provide high quality fermented sausages with enhanced safety ► The sensory quality of the sausages were minimally affected by the treatments ► The treatments should be applicable for implementation in industrial production



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Effects of post-processing treatments on sensory quality and Shiga toxigenic *Escherichia coli* reductions in dry-fermented sausages

E. Heir^{a,*}, A.L. Holck^a, M.K. Omer^b, O. Alvseike^b, I. Måge^a, M. Høy^a, T.M. Rode^{a,1},
M.S. Sidhu^{b,2}, L. Axelsson^a

^a Nofima – Norwegian Institute of Food, Fisheries and Aquaculture Research, P.O. Box 210, N-1431 Ås, Norway

^b Animalia, Norwegian Meat and Poultry Research Center, P.O. Box 396 Økern, N-0503 Oslo, Norway

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ABSTRACT

The effects of post-processing treatments on sensory quality and reduction of Shiga toxigenic *Escherichia coli* (STEC) in three formulations of two types of dry-fermented sausage (DFS; salami and morr) were evaluated. Tested interventions provided only marginal changes in sensory preference and characteristics. Total STEC reductions in heat treated DFS (32 °C, 6 days or 43 °C, 24 h) were from 3.5 to >5.5 log from production start. Storing of sausages (20 °C, 1 month) gave >1 log additional STEC reduction. Freezing and thawing of sausages in combination with storage (4 °C, 1 month) gave an additional 0.7 to 3.0 log reduction in STEC. Overall >5.5 log STEC reductions were obtained after storage and freezing/thawing of DFS with increased levels of glucose and salt. This study suggests that combined formulation optimisation and post-process strategies should be applicable for implementation in DFS production to obtain DFS with enhanced microbial safety and high sensory acceptance and quality.

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1. Introduction

Dry-fermented sausages (DFS) encompass a wide diversity of products and the manufacturers of DFS range from large companies to small producers. Common to most DFS are their main ingredients being raw, ground meat preserved by fermentation and drying in the production process. No specific bactericidal treatments or true critical control points are usually applied in the production process. This means that the microbial safety of these types of products mainly depends on the collective action of acidic pH, lactate produced, reduced water activity and presence of sodium chloride (NaCl) and curing salts (NaNO₂ or NaNO₃) in the products. Various types of DFS such as salami, Norwegian “Morr” and organic beef sausage, have been implicated in several foodborne outbreaks (Ammon, Petersen, & Karch, 1999; Ethelberg et al., 2009; MacDonald et al., 2004; Paton et al., 1996; Sartz et al., 2008; Schimmer et al., 2008). The causative agents in many of these outbreaks have been enterohaemorrhagic *Escherichia coli* (EHEC), a subgroup of Shiga toxigenic *E. coli* (STEC). EHEC can cause severe human illness. Other foodborne pathogens, e.g. *Salmonella*, have also been implicated as causative agents in DFS

outbreaks (Bremer et al., 2004; Emberland et al., 2006; Kuhn, Torpdahl, Frank, Sigsgaard, & Ethelberg, 2011). This means that many DFS production processes do not adequately maintain the microbial food safety and DFS products in general should be regarded as risk products if no interventions are applied to ensure microbial food safety.

The potential low infectious dose of EHEC (Tilden et al., 1996) demands strategies that not only inhibit growth but also eliminate the bacteria. Various intervention strategies including thermal treatments or validated production strategies have been introduced in e.g. USA (Anonymous, 2001), Canada (Anonymous, 2000) and Australia (Anonymous, 2002) to ensure microbial safe DFS. Strategies should be effective in eliminating STEC and also be easily and cost-effectively implemented while maintaining or if possible enhancing the sensory qualities of the product.

A previous study showed the complexity, options and limitations in obtaining robust interventions for STEC reductions during the DFS production process (Heir et al., 2010). The study showed that optimisation of formulation and production processes may provide an approximate 3 log kill of *E. coli* during the production process compared to 1.5 log reduction obtained in a standard process. No significant negative effects on sensory acceptance of the sausage were recorded. The study showed that additional interventions are required to ensure the microbial safety of DFS before they are placed on the market. To achieve the desired 5 log STEC reductions according to requirements and recommendations in USA (Reed, 1995) and Canada (Anonymous, 2000), respectively, manufacturers of DFS request documented STEC

* Corresponding author at: P.O. Box 210, 1431 Ås, Norway. Tel.: +47 64970100; fax: +47 64970333.

E-mail address: even.heir@nofima.no (E. Heir).

¹ Present address: Nofima – Norwegian Institute of Food, Fisheries and Aquaculture Research, P.O. Box 8034, N-4068 Stavanger, Norway.

² Present address: Research Council of Norway, P.O. Box 2700 St. Hanshaugen, N-0131 Oslo, Norway.

elimination strategies that can easily be implemented in industrial production. The effects of heating on STEC reductions are well documented (Calicioglu, Faith, Buege, & Luchansky, 1997; D.C.R. Riordan et al., 2000; Duffy et al., 1999; Hinkens et al., 1996; Rode, Holck, Axelsson, Høy, & Heir, 2012). However, less is known on how other temperature treatments suitable for industrial DFS processing affect both STEC elimination and the sensory properties of DFS. In this study, interventions were selected according to various criteria: i) to be effective with regard to STEC reductions, ii) to have no or minimal negative effects on sensory qualities, iii) to provide high potential for practical implementation in commercial sausage production. The object of the present study was to determine how various post-process thermal treatments of DFS including storage at various temperatures, freezing/thawing of DFS and short term heating affect sensory DFS characteristics and survival of STEC in DFS. A wide variety of salami sausages exist. This study investigates popular products, a Norwegian salami type of DFS, and “Morr” sausages which were the source of the EHEC outbreak in Norway in 2006 (Schimmer et al., 2008).

2. Materials and methods

2.1. Production of dry-fermented sausages

For DFS subjected to heat treatments, two types of sausages (salami and morr) with STEC were produced as previously described (Heir et al., 2010). The salami batters contained meat from beef and pork (37.8% each) and lard from pork (20%), whereas the Morr batters contained meat from pork (37.6%), mutton (31.3%) and heart meat from pork and beef (15.3% each). Standard formulations of both sausage types (see below), were made and fermented at 20 °C. For DFS subjected to storage and freeze/thaw treatments, three defined formulations termed Standard (SR), Moderate (MR) and High (HR) were made for both salami and morr. The formulations differed in added levels of NaCl (3.6, 4.5 and 5.0%, respectively), NaNO₂ (100, 300, 500 ppm, respectively) and glucose (0.5, 1.25, 1.25%, respectively) which were added to the batters in accordance with estimated final levels of each ingredient in the water phase of the sausage batter (Heir et al., 2010, Experiment 3 (Table 1)). Fermentations were performed at both 20 and 30 °C before being ripened until finished at day 23. Finished sausages were subjected to microbial and physico-chemical analyses as described below. Prior to post-process interventions, sausages were vacuum packed and stored at 4 °C for a maximum one week before performing post-process treatments. Salami and morr for sensory analyses were obtained freshly made from two commercial suppliers.

2.2. Preparation of STEC and starter culture

Two STEC outbreak isolates linked to DFS were used: A human case *E. coli* O103:H25, *stx2* + isolate from a Norwegian STEC outbreak in 2006 (Schimmer et al., 2008) and an *E. coli* O157:H7, *stx2* + isolate from an outbreak in Sweden in 2002 (Sartz et al., 2008). Rifampicin resistant (Rif^R) derivatives of both strains were prepared and used as inoculum (10⁷ CFU/g sausage batter) as previously described (Heir et al., 2010). Starter culture LS-25 (*Lactobacillus sakei* and *Staphylococcus carnosus*; Gewürzmüller, GmbH, Germany) was prepared in dH₂O and added to the batters (10⁶ CFU/g).

2.3. Post-process treatments of dry-fermented sausages

Post-process treatments (heating, storage and freezing/thawing) were performed on vacuum-packed DFS with STEC. Also, commercial brands of salami and morr without STEC were vacuum-packed and subjected to the same processes (if not otherwise specified) in parallel experiments with subsequent sensory analyses.

Table 1
Mean score values of two sensory tests (“Overall acceptance” and “Just about right” (JAR)) of salami and after different heat treatments (1), (2) or (4) and non-treated controls.^a

	Treatment		Overall test ^b		JAR test ^c				
			Acceptance	Colour	Salty taste	Fatty taste	Texture		
Salami	Before storage	Control	4.6	2.9	3.1	3.4	2.7	t1.1	
		1	4.4	2.7	3.4	3.4	3.1	t1.2	
		2	3.9**	2.7	3.5*	3.1*	3.3***	t1.3	
		4	3.9*	2.2***	3.7**	3.3	3.3***	t1.4	
	After storage	Control	4.3	2.8	3.3	3.6	2.6	t1.5	
		1	4.4	2.6*	3.5	3.9	2.6	t1.6	
		2	4.5	2.7	3.4	3.6	2.8	t1.7	
		4	4.6	2.4***	3.5	3.6	2.9	t1.8	
	Morr	Before storage	Control	4.6	2.7	3.0	3.5	2.8	t1.9
			1	4.8	3.1	3.3	3.2	2.9	t1.10
			2	4.5	2.5	3.6***	3.2	2.8	t1.11
			4	4.2	2.7	3.6***	3.2	3.0	t1.12
After storage	Control	3.9	2.6	2.8	3.4	2.9	t1.13		
	1	4.9***	3.0***	3.1	3.4	2.8	t1.14		
	2	4.6**	2.6	3.3	3.4	3.1	t1.15		
	4	4.4	3.1***	3.4	3.2*	3.1	t1.16		

^a Each sensory test was performed just after heat treatment of freshly made sausages (before storage) and after 6 weeks of storage at 4 °C subsequent to heat treatments. The number of respondents were, Before storage: salami=39, morr=43, After storage, salami=68, morr=71.

^b Overall acceptance shown by mean preference score values on a 7-point scale (1 = very bad; 7 = very good). Significant differences from the control are indicated (significance limits: * 10%, **5%, ***1%).

^c Mean score values of four sensory attributes in a Just about right (JAR) test. Each attribute was ranked on a 5-grade scale from having too little (score=1) to having too much (score=5) with optimal value 3. Significant differences from the control are indicated (significance limits: * 10%, **5%, ***1%).

2.3.1. Heat treatments

A total of 7 heat treatments were initially selected. The treatments were selected based on published guidelines by Health Canada to obtain 5 log reductions of STEC during the production process (Anonymous, 2000) and on the ability of DFS producers to implement the treatments in commercial production. The 7 treatments included: (1) 32 °C, 6 days; (2) 43 °C, 24 h; (3) 43 °C, 4 days; (4) 43 °C 1 h + 53 °C 6 h; (5) 60 °C, 12 min; (6) 50 °C, 30 min (7) and 65 °C, 30 min. Heat treatments (1)–(3) were conducted in incubation chambers (Termaks, Norway) while heat treatments (4)–(7) were performed in water baths to increase heat transfer. Heat treatments with STEC were performed on vacuum packed uniform sized pieces (30–40 g) of DFS. After heat treatments, the sausage pieces were immediately cooled in an ice-water bath before microbial analyses. The internal sausage temperature was measured by an automatic temperature logging device (Termometerfabriken, Viking AB, Eskilstuna, Sweden). Control sausages were stored at 4 °C without heat treatment.

2.3.2. Storage

Vacuum packed sausages with and without added STEC were stored at 4, 16 and 20 °C in the dark for one and two months.

2.3.3. Combined freezing/thawing

DFS were subjected to two freezing/thawing treatments FT1 and FT2. The freeze/thaw parameters were FT1: –20 °C for 17 h and thawing at 20 °C for 7 h; FT2: 4 repetitive cycles of treatment FT1. Freeze/thaw treated DFS and untreated control sausages were stored for 1 month at 4 °C before microbial and sensory analyses of DFS with and without added STEC, respectively.

2.4. Sensory analyses

2.4.1. Heat treated DFS

The sensory tests included a preference “overall acceptance” test followed by a “Just about right” (JAR) test on salami and morr.

174 Evaluations were performed by 38 consumers after heat treatments
175 (1, 2 and 4) and by 68 consumers on the same sausages after
176 6 weeks storage at 4 °C. Not heat treated DFS stored at 4 °C were
177 blind controls. Approximately 0.5 cm slices of sample DFS were
178 served at room temperature on white plastic dishes identified by
179 random three-digit numbers. The sausages were randomly presented
180 to the consumers. Overall acceptability of the DFS was ranked on a
181 7-point scale (1 = very bad; 7 = very good). In the JAR test, specific
182 characteristics linked to the overall liking of the sausages were
183 scored. The selected DFS properties colour, salty taste, perception of
184 fatty taste and texture were evaluated by the panellists ranking the
185 sausages on a 5-grade scale; from having too little (1) to having too
186 much (5) with regard to the specific property. Optimal quality had
187 value 3.

188 2.4.2. DFS stored at various temperatures or subjected to freeze/thaw 189 treatments

190 Identical descriptive sensory tests (ISO 6564:1985E), but performed
191 on separate occasions were performed on sausages subjected to storage
192 for two months (4 °C (control), 16 °C and 20 °C) and freeze/thaw treat-
193 ments (FT1 and FT2), respectively. The descriptive sensory tests were
194 performed by a trained sensory panel of 12. Approximately 0.5 cm
195 slices of salami and morr were served the panellists at room tempera-
196 ture on white plastic dishes identified by random three-digit numbers.
197 Evaluations were performed in individual booths under white fluores-
198 cent lighting. Three repeated evaluations were performed by each
199 panellist in randomized trials. Salami and morr were evaluated for 22
200 common characteristics of smell, colour, taste and texture and included:
201 smell (smell of pork/cattle meat; sourish; metal; spice; rancidity; matu-
202 rity), colour (tone; strength; whiteness), taste (taste of pork/cattle
203 meat; sourness; salt; sweetness; bitterness; metal; spice; rancidity;
204 maturity), texture (hardness; tenderness; greasy; juicy). In addition,
205 smell and taste of mutton were evaluated for morr. For each sample,
206 panellists scored the sensory characteristics on a 9 point scale where 1
207 indicated no intensity and 9 significant intensity. Water and unsalted
208 crackers were served to the panellists to clean their palates between
209 samples.

210 2.5. Microbial and physicochemical analyses

211 For microbiological analyses, sausage samples (10 g) were added
212 to 90 ml of peptone water and homogenized for 1 min in a stomacher
213 (AES Smasher, AES Chemunex, Bruz, France). STEC were quantified
214 (CFU/g) by serial plating, using a Whitley Automatic Spiral Plater
215 (Don Whitley Scientific Ltd., West Yorkshire, UK), on tryptic soy
216 agar (TSA, 24 h incubation, 37 °C) with rifampicin (200 µg/ml).
217 Lactobacilli were determined by plating on deMan Rogosa Sharpe
218 agar (MRS agar, 48 h incubation, 30 °C). The detection limit for
219 STEC was 20 CFU/g sausage. The pH of the meat batters and sausages
220 was measured on the stomacher homogenized solution. Water activ-
221 ity (a_w) of the sausages was measured at 25 °C (AquaLab, series 3TE,
222 Decagon Devices, Inc., Washington, USA). At least three replicate
223 samples were used in the analyses.

224 2.6. Experimental designs and statistical analyses

225 The full factorial designed experiment of DFS with STEC included
226 three formulations (Standard, Moderate, High), two sausage types
227 (salami and morr), fermented at two temperatures (20 and 30 °C).
228 Four replicates provided a total of 48 DFS. STEC log reductions during
229 production were calculated: $\log(E. coli \text{ CFU/g from sausage batter at}$
230 $\text{production day (day 0)}) - \log(E. coli \text{ CFU/g from DFS (day 23)})$.
231 *Escherichia coli* log reductions during post-process interventions
232 were calculated: $\log(E. coli \text{ CFU/g from DFS (day 23)}) - \log(E. coli$
233 $\text{CFU/g after post-processing})$. Analysis of variance (ANOVA) was
234 used to determine statistically significant effects of the post-process

235 interventions and their interactions with formulation and fermenting
236 temperature (Minitab® 16 Statistical software, State College, PA:
237 Minitab, Inc., www.minitab.com). The consumer sensory test on heat
238 treated DFS were also analysed using Minitab® 16 Statistical soft-
239 ware, and a Bonferroni test was used to compare each treatment
240 with the control. The sensory preference tests on storage and
241 freeze/thaw treatments were analysed using ANOVA (SAS version
242 9.2, SAS Institute, Cary, NC, USA). Tukey's test was used in conjunction
243 with the ANOVA to determine significant differences ($p < 0.05$) be-
244 tween the groups for each sensory characteristic.

245 3. Results

246 3.1. Effects of mild heat treatments of DFS

247 3.1.1. Sensory characteristics

248 After preliminary sensory evaluations of 7 DFS heat treatments,
249 3 treatments (1; 32 °C, 6 days), (2; 43 °C, 24 h) and (4; 43 °C
250 1 h + 53 °C 6 h) were selected for studying the effects on the sensory
251 quality of salami and morr. The preference test showed only small dif-
252 ferences between heat treated DFS and control DFS (Table 1). A small,
253 though statistically significant ($p \leq 0.05$), reduced overall acceptability
254 of salami sausages subjected to treatment (2) were obtained. Inter-
255 estingly, these overall acceptance differences were not obtained after
256 6 weeks storage (4 °C) of the heat treated salami. For morr, no signif-
257 icant differences were obtained on the overall acceptability of heat
258 treated or control sausages (Heat treatments (1), $p = 1.000$, (2), $p =$
259 1.000 and (4), $p = 0.218$). Significantly improved overall acceptability
260 scores were obtained after 6 weeks storage of morr subjected to
261 treatments (1; $p = 0.0003$) and (2; $p = 0.0083$) compared to control.
262 For salami, treatment (4) had a small though statistically significant
263 negative effect on perception of colour while the opposite colour
264 effects were observed for morr subjected to treatments (1) and
265 (2) and stored for 6 weeks. For the other sensory attributes tested
266 (salty taste, fatty taste, texture) only minor differences between
267 control sausages and heat treated sausages were observed.

268 3.1.2. STEC reductions

269 Heat treatments (1) and (2) were investigated for evaluations of
270 STEC reductions during heat treatments of salami and morr (Fig. 1).
271 Treatment (2) showed higher STEC reductions ($\log 2.4 - > 3.8$) than
272 treatment (1; $\log 1.8 - 2.1$). STEC reductions in salami were higher
273 than in morr for both tested treatments. STEC were reduced to
274 below the detection limit in regime (2) treated salami.

275 3.2. Storage of DFS at various temperatures

276 3.2.1. Sensory characteristics

277 The flavour profiles of commercial brands of salami and morr
278 stored for two months at 20, 16 and 4 °C (control) were very similar.
279 Results for salami are shown in Fig. 2. Small though statistically signif-
280 icant differences were found between salami stored at 16 °C versus
281 4 °C (respective mean value intensity scores in parenthesis) for only
282 three characteristics: odour of pork/beef meat (4.33 versus 4.60),
283 metallic flavour (3.71 versus 3.96), whiteness (4.33 versus 4.60).
284 For morr, no significant differences in the tested attributes were
285 obtained for the tested storage conditions.

286 3.2.2. STEC reductions

287 Sausages of three formulations (SR, MR and HR) of both salami
288 and morr were stored at 20, 16 and 4 °C for 1 and 2 months to
289 study storage effects on STEC reduction. In general, higher STEC
290 reductions were obtained with increasing storage time (2 months
291 versus 1 month) and higher temperatures (20 and 16 °C versus
292 4 °C; Fig. 3). The STEC reductions obtained during storage were in
293 addition to the previously reported reductions during the 23 day

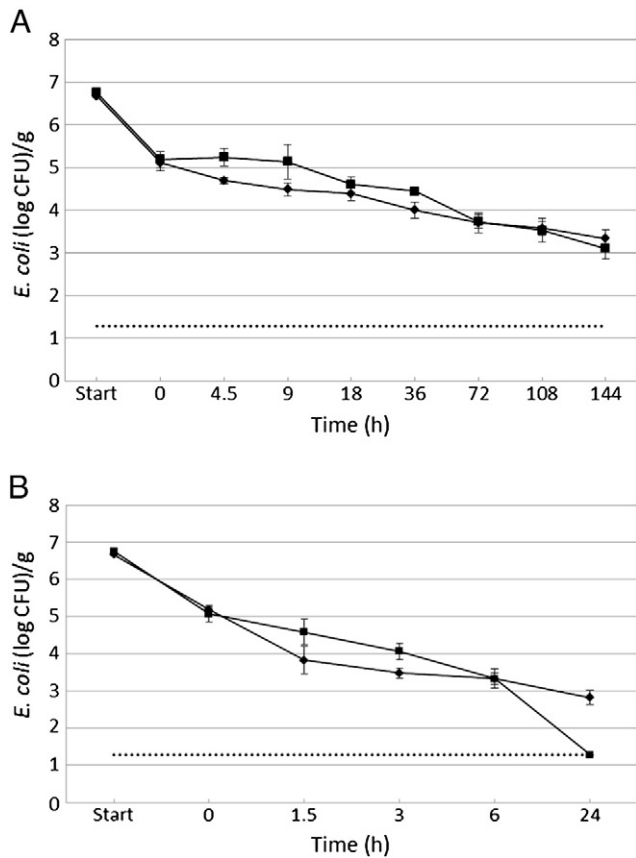


Fig. 1. Survival of STEC during post-process heat treatments of salami (■) and morr (◆). A: Heat treatment (1); 32 °C for 6 days. B: Heat treatment (2); 43 °C for 24 h. Start, indicates inoculation level at sausage production. Time 0, indicates level in mature sausages before heat treatment. The abscissa indicates hours of heat treatment. Note the different time scales. Detection limit shown as dotted line. Data are mean values of three replicates.

colony counts were reduced to levels below the detection limit (log 299 1.3) at this condition. After two months storage at 20 °C, STEC num- 300 bers in salami and morr samples with MR or HR formulations were 301 reduced to below the detection limit. In general, storage at 4 °C 302 provided <1 log STEC reductions after both 1 and 2 month storage 303 regardless of formulation and fermentation temperature. 304

Sausage formulation and fermentation temperature during 305 processing also influenced STEC reductions during storage. For both 306 salami and morr, higher STEC reductions during storage were 307 obtained for DFS with the HR and MR formulations (with higher 308 levels of salt and glucose) compared to the standard formulations 309 (SR; Fig. 3). For salami, high fermentation temperature (30 °C) pro- 310 vided more STEC reductions during storage than salami fermented 311 at 20 °C. No significant influence of fermentation temperature on 312 STEC reductions in morr was observed. The reductions of STEC within 313 each formulation, fermentation temperature and storage condition 314 may vary considerably. This is evident from the distribution plot 315 after storage of salami and morr for two months (Fig. 4). STEC num- 316 bers were reduced to below the detection limit showing >5.5 log 317 total reductions in 3 process/storage temp. combinations for salami 318 (HR 30 °C/stored at 16 or 20 °C, MR 30 °C/stored at 20 °C) and in 6 319 combinations for morr (HR 20 °C/stored at 20 °C, HR 30 °C/stored at 320 16 or 20 °C, MR 20 °C/stored at 20 °C and MR 30 °C/stored at 16 or 321 20 °C). 322

3.3. Combined freezing/thawing of DFS 323

3.3.1. Sensory characteristics 324

Commercial brands of salami and morr were subjected to 1 (FT1) 325 or 4 (FT2) freeze/thaw cycles and stored at 4 °C for 1 month as de- 326 scribed in Materials and methods. For the commercial salami brand, 327 the flavour profiles of FT1 and FT2 treated sausages were very similar 328 to the control salami, though statistically significant differences were 329 obtained (Fig. 5). FT2 treated salami had significantly lower intensity 330 of the attributes odour of meat, sour odour, colour intensity, white- 331 ness and sour flavour. Significantly higher intensity scores were 332 obtained for the FT2 treated salami compared to the control salami 333 for the attributes odour of spices and mature flavour. Sensory score 334 values for FT1 treated salami were neither highest nor lowest for 335 any of the tested attributes. No significant differences in any of the 336 sensory characteristics were obtained for freeze/thaw treated com- 337 mercial brand of morr (FT1 or FT2) compared to control morr stored 338 at 4 °C (data not shown). 339

294 production period being between log 1.39–2.92 and log 1.6–3.27 for 295 salami and morr, respectively (Heir et al., 2010). Highest reductions 296 were obtained at 20 °C storage. STEC reductions were >1 log in all 297 sausages both using SR, MR or HR formulations stored at 20 °C 298 for 1 month. In three morr sausages and two salami sausages, STEC

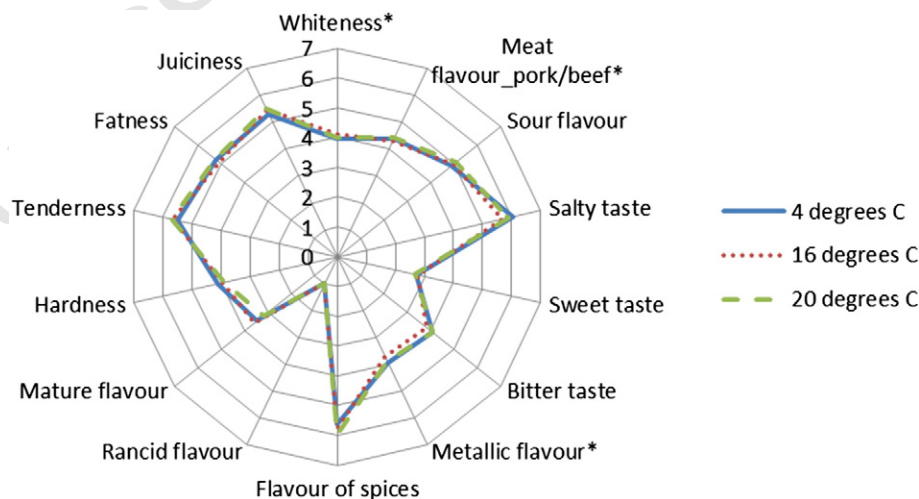


Fig. 2. Sensory profiles of salami stored for two months at 4 (control), 16 and 20 °C. Significant differences ($p \leq 0.05$) in sensory characteristics of the treated sausages indicated (*). Data are mean values of 3 replicates using 11 assessors.

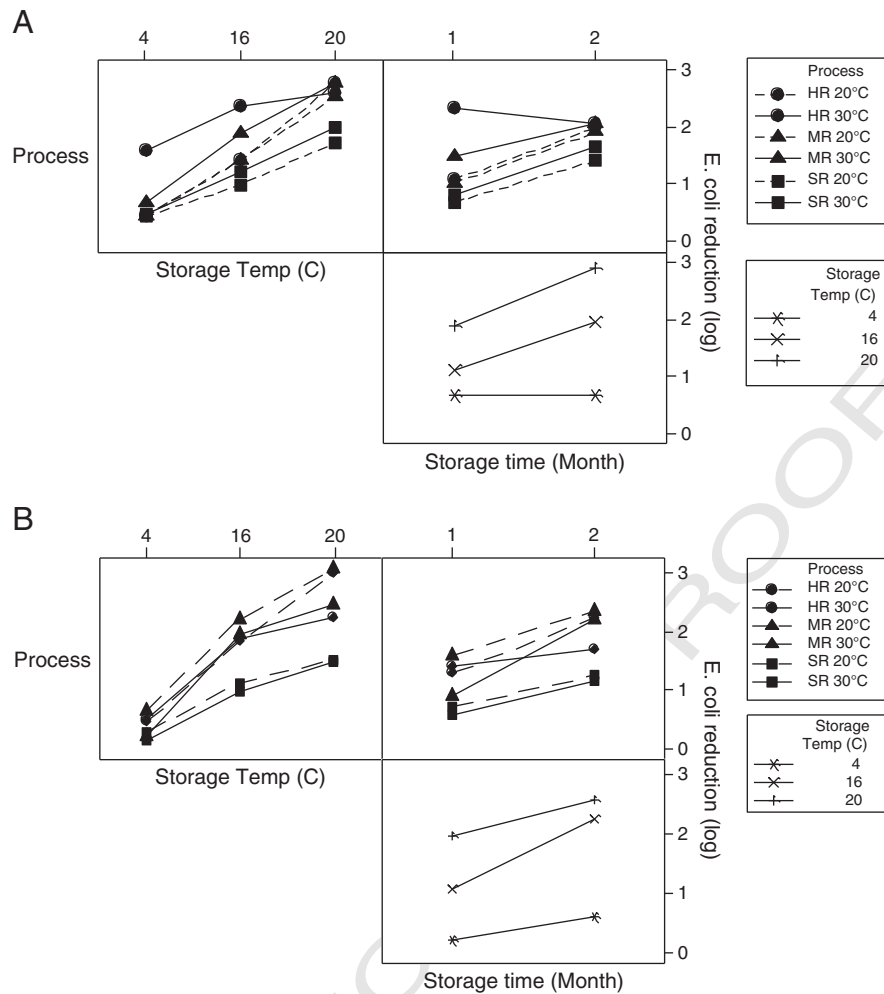


Fig. 3. The effects of storage temperature (4, 16, 20 °C) and storage time (1 and 2 months) on three formulations (SR, 3.6% NaCl, 100 ppm nitrite, 0.5% glucose, MR, 4.5% NaCl, 300 ppm nitrite, 1.25% glucose and HR, 5% NaCl, 500 ppm nitrite, 1.25% glucose) of salami (A) and morr (B) fermented at two temperatures (20 °C or 30 °C). STEC reductions due to storage are shown (not including STEC reduction during sausage production). Data are mean values of four replicates.

3.3.2. STEC reductions

340 Combined freezing/thawing and storage at 4 °C of DFS produced
 341 using the three formulations SR, MR and HR for both salami and
 342 morr provided additional STEC reductions compared to 4 °C storage
 343 only (Fig. 6). STEC reductions obtained using a single freeze/thaw
 344 event combined with 1 month storage at 4 °C (FT1) were in the
 345 range 0.7 to >2.6 log (stdev in the range 0.1–0.7 within the four
 346 replicates of each formulations and sausage type). Using four sequential
 347 freeze/thaw cycles (FT2) provided further reductions (1.03 to >2.98
 348 log; stdev in the range 0.1–0.4). Highest reductions at both FT treat-
 349 ments were obtained in sausages with increased levels of glucose
 350 and salt (MR and HR formulations) compared to standard formula-
 351 tions. STEC reductions in FT1 and FT2 treated salami were higher in
 352 sausages fermented at 30 °C compared to sausages fermented at
 353 20 °C. No clear associations between fermentation temperature and
 354 STEC reductions obtained during FT treatments of morr were
 355 observed (Fig. 6).
 356

357 4. Discussion

358 Several foodborne outbreaks linked to DFS contaminated with
 359 bacterial pathogens have revealed that DFS must be regarded as
 360 potential microbiological risk products. This has emphasized the
 361 need for strategies for obtaining improved microbiological safety of
 362 DFS. To be of relevance to DFS manufacturers, intervention strategies
 363 should be easily implemented in the production process and be

effective in providing enhanced food safety. Of utmost importance, 364
 interventions should not provide negative sensory effects but must 365
 maintain or improve the sensory quality of the final products. 366
 Relevant post-process treatments to fulfil criteria regarding effects 367
 on STEC reductions and on sensory attributes and with potential for 368
 easy implementation in industrial DFS production were tested. 369

Reductions of potential harmful microorganisms in DFS can be 370
 obtained through strategies in the production chain including raw 371
 material decontamination and control (Buckenhueskes & Fischer, 372
 2001; Faith et al., 1998; Samelis, Kakouri, Savvaidis, Riganakos, & 373
 Kontominas, 2005), formulation and process optimisation (Al-Nabulsi 374
 & Holley, 2007; Casey & Condon, 2000; Chacon, Muthukumarasamy, 375
 & Holley, 2006; Chikthimmah, Anantheswaran, Roberts, Mills, & 376
 Knabel, 2001; D.C. Riordan et al., 1998; Heir et al., 2010) and post pro- 377
 cess treatments (Badr, 2005; Byelashov et al., 2009; Gill & Ramaswamy, 378
 2008; Glass et al., 2012; Omer et al., 2010; Porto-Fett et al., 2010). It 379
 was shown previously that approximately 3 log STEC reductions 380
 could be obtained by optimizing formulation (levels of salt, glucose, ni- 381
 trite) and production process parameters (fermentation temperature) 382
 compared to 1.5 logs reduction by standard formulation and process 383
 (Heir et al., 2010). The potential of relevant post process treatments 384
 (mild heat treatment, storage and freezing-thawing) for STEC reduc- 385
 tions in standard salami for different STEC serogroups and strains was 386
 recently shown (Rode et al., 2012). 387 Q2

The present study shows that the selected post process treatments 388
 in addition to providing DFS with enhanced microbiological safety 389

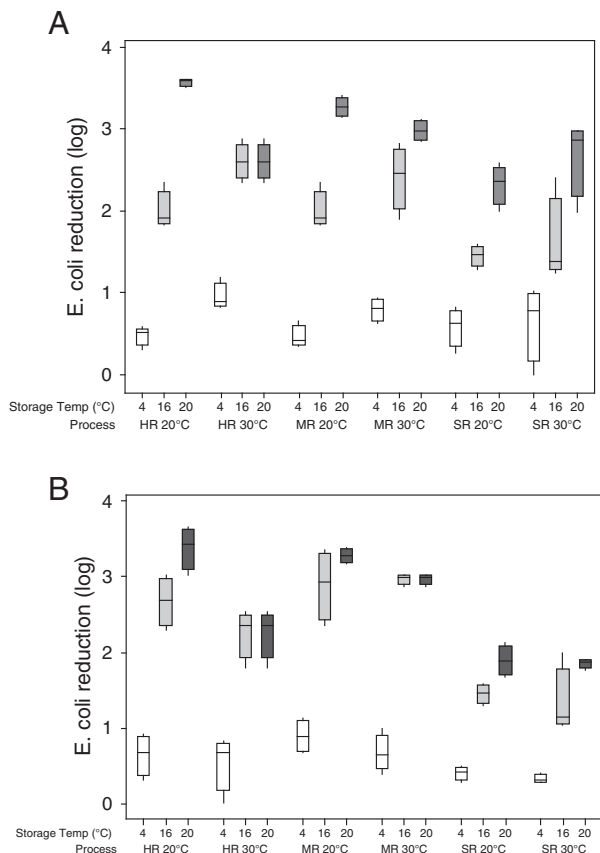


Fig. 4. Box plot showing distributions in reductions of STEC in three formulations (SR, 3.6% NaCl, 100 ppm nitrite, 0.5% glucose, MR, 4.5% NaCl, 300 ppm nitrite, 1.25% glucose and HR, 5% NaCl, 500 ppm nitrite, 1.25% glucose) of salami (A) and morr (B) after two month storage at 4, 16 and 20 °C. The bottom and top of each box represent the first and third quartile of the data values, respectively. The horizontal line within the boxes represents the 50th percentile (median value). The upper and lower whiskers extend to the highest and lowest data value, respectively. Boxes: white, 4 °C, grey, 16 °C, dark grey, 20 °C. Data are mean values of four replicates.

potential interaction effects between formulation parameters and post-process treatments on STEC reduction in salami and morr were determined.

Among the 7 heat treatments tested, 3 heat treatments ((1) 32 °C, 6 days; (2) 43 °C, 24 h; (4) 43 °C 1 h + 53 °C 6 h) were considered to be the most relevant with regard to sensory characteristics and potential for industrial implementation. The overall preference sensory analyses gave only marginal differences in preference between heat treated (all three treatments) and non-treated control salami and morr. As salami and morr are products with long shelf life, often being stored for several weeks prior to consumption, the sensory tests were performed both short time after heat treatments and after 6 weeks storage. Interestingly, the overall sensory scores were significantly higher after 6 weeks storage of heat treated morr (treatment 1 and 2) compared to non-treated morr. Heat treated salami also showed tendencies of higher overall preference scores after storage than before storage using the same heat treatment. A previous study on heat treated DFS reported visible negative quality effects of both short time (7 min) high temperature (60 °C) and longer time (360 h) low temperature (50 °C) treatments compared to 55 °C for 120 min (Duffy et al., 1999). Calicioglu also reported that heating to 63 °C resulted in a sensorially unacceptable product of soudjouk-style fermented sausage (Calicioglu, Faith, Buege, & Luchansky, 2002) The scoring of the tested sensory attributes together with obtained STEC reductions showed that the tested low temperature heat treatments provide a realistic and effective alternative for post process treatments of salami and morr.

Storage and freeze-thaw treatments of DFS had negligible sensory effects on treated salami and morr (Figs. 2 and 5). The sensory tests were performed after storage following the treatments to detect potential sensory attributes that could appear after a relevant storage period (2 months). Previous studies showed that storage of DFS at low temperatures (4 °C) provided limited reductions of STEC irrespective of type of formulation or fermentation temperature (Heir et al., 2010). In the present study, considerable reductions were obtained by increasing the storage temperature to 16 or 20 °C. For both salami and morr, lowest overall reductions were obtained in standard formulation (SR) sausages (low salt) while higher reductions were obtained in moderate salt formulation (MR) and high salt formulation sausages (HR). At 4 °C storage, neither the formulation (SR, MR, HR), fermentation temperature (20 °C or 30 °C) or storage time had significant effects on the STEC reductions obtained in salami

also provide high sensory qualities to different types of DFS, salami and morr. Very similar sensory attributes compared to non-treated control DFS were obtained for both sausage types. Additionally,



Fig. 5. Sensory profiles of salami after treatment by two freeze/thaw treatments (FT1 = 1 freeze/thaw cycle; FT2 = 4 freeze/thaw cycles) compared to untreated control. Significant differences ($p < 0.05$) in sensory characteristics of the treated sausages are indicated (*). Data are mean values of two replicates using 12 assessors.

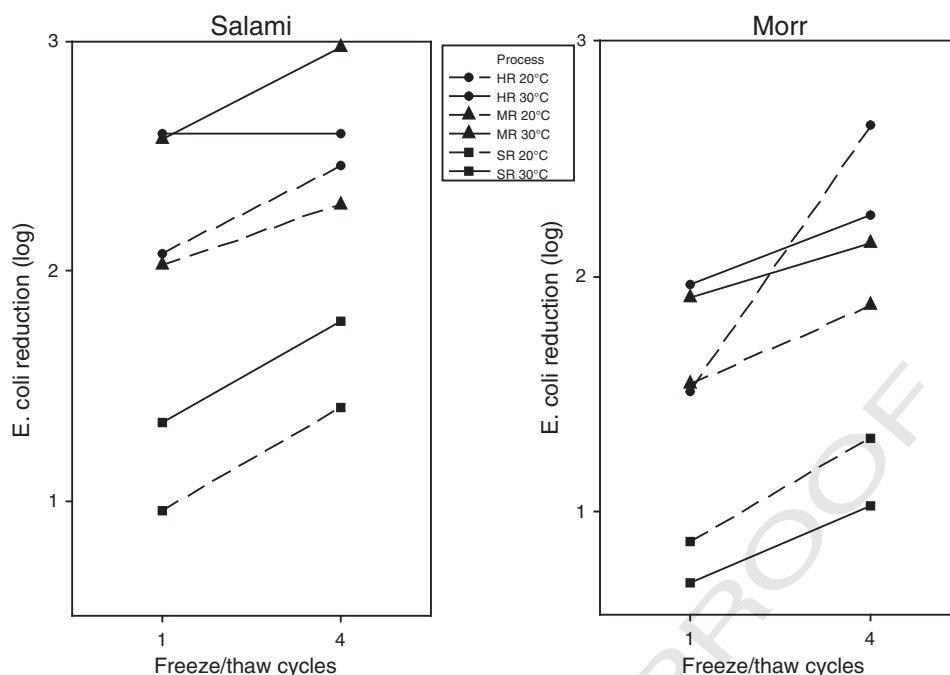


Fig. 6. STEC reductions in salami and morr after treatment by two freeze/thaw treatments (1 freeze/thaw cycle=FT1; 4 freeze/thaw cycles=FT2). For each sausage type, three formulations ((HR) high salt, (MR) moderate salt, (SR) standard salt), fermented at two temperatures, (20 or 30 °C) were included. Data are mean values of four replicates.

435 and morr during storage. One exception was the HR formulation salami
436 salami fermented at 30 °C where STEC reductions at 4 °C were signifi-
437 cantly higher compared to the other salamis. At low temperature
438 storage (4 °C), limited effect of storage on STEC reductions can
439 be expected irrespective of formulation optimisation. At higher tem-
440 peratures (≥ 16 °C), STEC reductions obtained during storage is
441 dependent on both storage time and temperature in addition to
442 formulation and sausage parameters (e.g. final pH, a_w). Reductions
443 of >5 log from production start to end of storage (20 °C for one or
444 2 months) were obtained for both salami and morr but not using
445 standard formulation conditions. The data is in accordance with pre-
446 vious studies and also indicate that large variations in the effects of
447 storage on STEC reductions occur between different sausages as
448 reviewed by Holck et al. (2011). The main influence of temperature
Q3449 is in accordance with McQuestin et al. (2009) who performed a
450 meta-analyses of 44 studies for the effect of temperature, pH and a_w
451 on survival of *E. coli*.

452 STEC reductions obtained during the freeze-thaw treatments
453 reflected in most cases reductions obtained during the 23 day pro-
454 duction period, showing that formulation and production parameters
455 affect post process treatment effects on STEC reductions. It was not
456 possible to link this effect to specific parameters (e.g. final pH or
457 a_w) of the DFS. However, overall higher effects on STEC reductions
458 in freeze treated salami than morr were observed (Fig. 6).

459 This study shows that care must be exercised in inferring STEC re-
460 ductions in DFS with different properties (e.g. salami and morr). One
461 should also be aware of the possibilities for over-estimating STEC re-
462 ductions due to various treatments. Sub-lethally damaged cells may
463 not be able to grow on selective media used for STEC growth. Control
464 experiments showed that the use of Rif^R STEC isolates and general
465 plating media containing Rif made this source of error negligible in
466 this study (data not shown). Improved STEC reduction effects of
467 post process interventions could be obtained by other combinations
468 of treatments or other treatments than tested here. Rode et al.
469 (2012) reported that freezing of salami at -20 °C for 24 h and subse-
470 quent 1 month storage for 20 °C provided mean log reductions of 3.9,
471 similar to reductions obtained by heat treatment of 43 °C for 24 h.
472 However, effects on sensory properties were not performed and

473 should be tested to determine the practical relevance of combinations
474 of interventions. Other strategies reported are use of antimicrobial in-
475 gredients in DFS formulations (Al-Nabulsi & Holley, 2007; Chacon et
476 al., 2006) as well as post process interventions including novel and
477 traditional treatments (HPP (Omer et al., 2010), irradiation (Galan
478 et al. 2011)). However, there exist limitations for practical industrial
479 use of many of these strategies including low effects on STEC reduc-
480 tions (Al-Nabulsi & Holley, 2007), significantly reduced sensory qual-
481 ity of treated sausages (Chacon, Muthukumarasamy & Holley, 2006;
482 Galan, Selgas et al.; Kim, Lee, Kang et al.) or investment costs, e.g.
Q6 Q7 HPP.

483 The previous study showed only small differences in sensory attri-
484 butes on salami and morr regardless of the formulation types SR, MR
485 or HR (Heir et al., 2010). In conclusion, the present study including
486 both sensory analyses and effects on STEC reductions of DFS suggests
487 that combined formulation optimization and the tested post-process
488 strategies could be considered for implementation in industrial DFS
489 production as the tested interventions have significant effects on
490 STEC reductions but only marginal effects on the sensory characteris-
491 tics of the sausages.

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500

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