

Elsevier Editorial System(tm) for Chemical
Physics Letters
Manuscript Draft

Manuscript Number:

Title: Fluorescence study of the effect of the oxidized phospholipids on amyloid fibril formation by the apolipoprotein A-I N-terminal fragment

Article Type: Research paper

Section/Category: Biomolecules

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Abstract: The effects of the oxidized phospholipids (oxPLs) on amyloid fibril formation by the apolipoprotein A-I variant 1-83/G26R have been investigated using Thioflavin T fluorescence assay. All types of the PoxnoPC assemblies (premicellar aggregates, micelles, lipid bilayer vesicles) induced the enhancement the 1-83/G26R fibrillization, although PazePC micelles completely prevented protein aggregation at low protein-to-lipid molar ratios. Furthermore, 1-83/G26R fibrillization in the presence of the oxPLs was accompanied by the retardation of amyloid nucleation and elongation. Notably, the ability of PazePC to inhibit the formation of 1-83/G26R fibrils was explained by the protein-lipid-electrostatic interactions, stabilizing the α -helical structure of membrane/micelle-associated 1-83/G26R.

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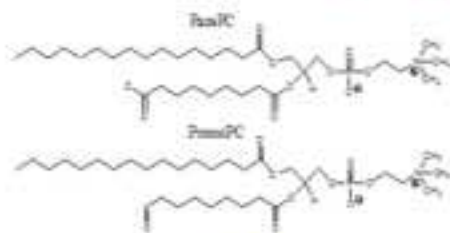
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The present paper provides an insight into the amyloid fibril formation by the apolipoprotein A-I N-terminal fragment in the presence of the oxidized phospholipids (oxPLs). Using Thioflavin T assay, the kinetic parameters of the protein fibrillization have been revealed. The novelty of the results obtained is as follows: i) the effects of the oxPLs varied with the lipid structure, concentration and the type of lipid assemblies; ii) PazePC micelles completely inhibited protein fibrillization; iii) a model for the association between the 1-83/G26R and POPC/PazePC bilayer has been suggested.

*Highlights (for review)

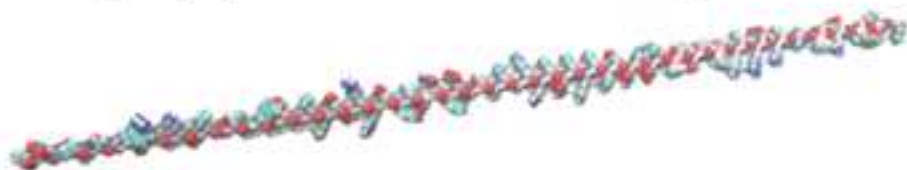
- Oxidative stress plays a critical role in Alzheimer's, Parkinson's diseases, etc.
- Apolipoprotein A-I (ApoA-I) G26R mutation is associated with hereditary amyloidosis.
- Oxidized phospholipids modulated amyloid fibril formation by ApoA-I 1-83/G26R.
- PazePC micelles stabilized α -helical structure of ApoA-I 1-83/G26R.

PazePC and PoxnoPC phospholipids

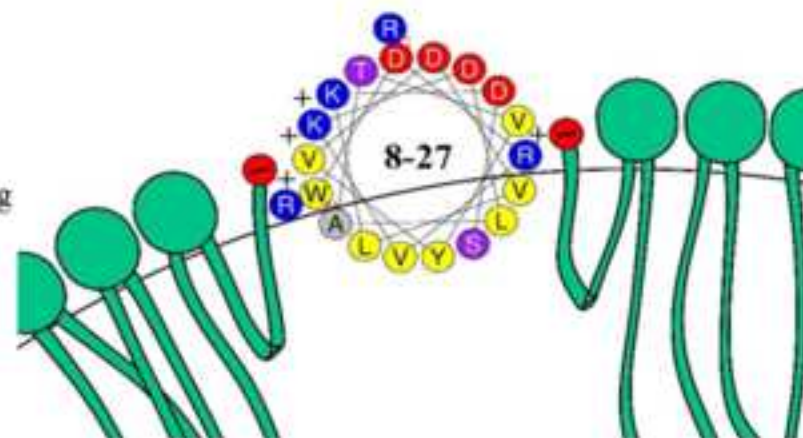


+

Apolipoprotein A-I N-terminal fragment



37 °C, pH 7.4, shaking



Stabilization of the α -helix \rightarrow inhibition of amyloid fibril formation

Fluorescence study of the effect of the oxidized phospholipids on amyloid fibril formation by the apolipoprotein A-I N-terminal fragment

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Abstract

The effects of the oxidized phospholipids (oxPLs) on amyloid fibril formation by the apolipoprotein A-I variant 1-83/G26R have been investigated using Thioflavin T fluorescence assay. All types of the PoxnoPC assemblies (premicellar aggregates, micelles, lipid bilayer vesicles) induced the enhancement the 1-83/G26R fibrillization, although PazePC micelles completely prevented protein aggregation at low protein-to-lipid molar ratios. Furthermore, 1-83/G26R fibrillization in the presence of the oxPLs was accompanied by the retardation of amyloid nucleation and elongation. Notably, the ability of PazePC to inhibit the formation of 1-83/G26R fibrils was explained by the protein-lipid- electrostatic interactions, stabilizing the α -helical structure of membrane/micelle-associated 1-83/G26R.

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1. Introduction

1 The oxidative stress is known to play a critical role in a wide variety of pathological states
2 including the amyloid disorders, such as Alzheimer's (AD), Parkinson's (PD), Creutzfeldt–Jakob
3 diseases (CJD), systemic amyloidosis (SA), etc. Furthermore, the damage of proteins, lipids and
4 DNA by reactive oxygen species (ROS) precede the appearance of a major hallmark of these
5 pathologies, amyloid fibril formation by specific proteins, A β peptide (AD), α -synuclein (PD),
6 prion protein (CJD), lysozyme (SA), etc. [1-4]. To exemplify, A β peptide interactions with
7 transition metal ions (viz. iron, copper, zinc, whose levels are elevated in AD brain), has been
8 shown to result in ROS production followed by the enhanced A β aggregation [1,5]. The
9 increased oxidative environment of dopaminergic neurons has been reported to induce α -
10 synuclein fibrillization and mitochondria damage in neurons, the processes being involved in the
11 etiology of PD [6]. The lysozyme oxidation promoted the amyloid fibril formation *in vitro*, etc.
12 [4,7].

13 Apolipoprotein A-I (apoA-I) is the main component of the plasma high density lipoproteins
14 (HDL) involved in the two main processes: i) transferring the excess of cholesterol to the liver
15 (reverse cholesterol transport) [8]; and ii) mediating the antioxidative processes in the low
16 density lipoproteins (LDL) [9,10]. The HDL oxidation by myeloperoxidase in patients with
17 established atherosclerosis has been demonstrated to limit their ability to participate in the
18 reverse cholesterol transport [11]. Furthermore, the oxidation of methionine residues of apoA-I
19 and genetic mutations, particularly, Iowa mutation (G26R) resulted in the amyloid fibril
20 formation, associated with low HDL level and hereditary amyloidosis [12,13].

21 Protein amyloidogenesis has been proved to be a membrane-associated process, with lipid
22 bilayer acting as a matrix which favours the aggregation-competent conformation of the
23 polypeptide chain, interfacial accumulation and specific orientation of membrane-bound proteins
24 [14,15]. Of great interest in this context is the modulation of amyloid fibril formation by the
25 oxidatively damaged membranes, possessing the extended lipid conformation, altered polarity
26 profile, lowered energy barrier for lipid flip-flop, etc. [16,17]. For instance, the fibrillization of
27 A β peptide and gelsolin, was enhanced in the presence of the oxPLs presumably due to the
28 Schiff-base or β -sheet formation, respectively, followed by the protein aggregation [18,19]. The
29 above studies reported protein fibrillization in the presence of two stable lipid oxidation
30 products, namely 1-palmitoyl-2-azelaoyl-sn-glycero-3-phosphocholine (PazePC) and 1-
31 palmitoyl-2-(9'-oxononanoyl)-sn-glycero-3-phosphocholine (PoxnoPC). According to the
32 molecular dynamic simulations, in the lipid bilayer the polar chain of PazePC is oriented in such
33 a manner that the carboxyl group is located in the aqueous phase, while the carbonyl group of
34 PoxnoPC resides in the glycerol backbone region [20]. The fact that the reactive groups of these
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1 compounds are localized near the membrane surface could explain the observed pronounced
2 effects of the oxPLs on the amyloid fibril formation. However, the precise mechanisms
3 underlying the such effects remain largely unknown. Some metal oxides have been reported to
4 inhibit amyloid fibril formation, suggesting the complex nature of oxidative modification of the
5 protein structure [21]. Our recent studies showed that the lipid bilayers containing PoxnoPC,
6 trigger insulin fibrillization at physiological pH, while those containing PazePC, inhibit this
7 process as compared to the POPC bilayers [22]. Interestingly, the oxPLs dispersions induced a
8 more pronounced enhancement of the lysozyme amyloid formation than liposomes, being
9 accompanied by the increase of the lag time [22]. The finding that the the oxidized phospholipids
10 can not only promote, but also suppress amyloid nucleation and growth, render them potential
11 candidates for anti-amyloid agents. To gain deeper insight into the effects of PazePC and
12 PoxnoPC on the amyloid formation, we further extended our investigations to the N-terminal 1-
13 83 fragment of human apolipoprotein A-I (1-83) and its aggregation-competent variant G26R (1-
14 83/G26R) [12]. More specifically, the present study was aimed at monitoring the kinetics of 1-
15 83/G26R fibrillization *in vitro* using Thioflavin T assay and testing the ability of the oxPLs to
16 inhibit the amyloid growth. Our goals were: i) to estimate the kinetic parameters of the protein
17 aggregation in the presence of lipids; ii) to compare the effects of the oxPLs-containing
18 liposomes, micelles and dispersions on 1-83 and 1-83/G26R fibrillization; iii) to uncover the role
19 of the G26R mutation in the oxPLs-mediated amyloidogenesis of the N-terminal 1-83 fragment
20 of apolipoprotein A-I.
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37 **2. Materials and methods**

38 *Materials*

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40 The N-terminal 1-83 fragment of human apolipoprotein A-I (1-83) and its variant G26R (1-
41 83/G26R) were expressed and purified as described previously [12,23]. Thioflavin T was from
42 Molecular Probes (Oregon, USA). The dye stock solution was prepared in Tris-HCl buffer (150
43 mM NaCl, 0.01 % NaN₃, pH 7.4). ThT concentration was determined spectrophotometrically
44 using the extinction coefficient $\epsilon_{412} = 23800 \text{ M}^{-1}\text{cm}^{-1}$. 1-palmitoyl-2-azelaoyl-sn-glycero-3-
45 phosphocholine (PazePC), 1-palmitoyl-2-(9'-oxononanoyl)-sn-glycero-3-phosphocholine
46 (PoxnoPC), and 1-palmitoyl-2-oleoyl-sn-glycero-3-phosphocholine (POPC) lipids were from
47 Avanti Polar Lipids (Alabaster, AL). The structures of the used lipids are shown in Fig. 1.
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55 *Preparation of lipid dispersions, micelles and vesicles*

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57 Lipid dispersions and vesicles were obtained as described previously [24]. Briefly, the
58 sonication was employed to obtain lipid dispersions (below and above critical micelle
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concentration). The 100-nm lipid vesicles from POPC and its mixtures with PazePC (20 mol%) or PoxnoPC (20 mol%) were prepared by the extrusion technique.

The kinetics of amyloid formation monitored by Thioflavin T assay

The apoA-I N-terminal fragments 1-83 and 1-83/G26R were freshly dialyzed from 6 M guanidine hydrochloride solution into 10 mM Tris buffer (150 mM NaCl, 0.01 % NaN₃, pH 7.4) before use. The kinetics of amyloid formation by the 1-83 and 1-83/G26R fragments was monitored by Thioflavin T assay. Specifically, 96-well plates (Frickenhausen, Germany) filled with the dye (10 μM), proteins (5 μM) and lipids (0 – control samples, 0.5, 5 or 50 μM) were loaded into a fluorescence microplate reader (SPECTRAFluor Plus, Tecan, Austria), heated to 37 °C and incubated under constant shaking up to several days. ThT fluorescence was recorded over time at 485 nm (10 nm bandpass filter) using excitation at 430 nm (35 nm bandpass filter).

The quantitative characteristics of the fibrillization process were obtained by approximating the time (t) dependence of ThT fluorescence intensity at 485 nm (F) with the sigmoidal curve [12]:

$$F = F_0 + \frac{F_{\max} - F_0}{1 + \exp[k(t_m - t)]}, \quad (1)$$

where F_0 and F_{\max} are ThT fluorescence intensities in the free form and in the presence of protein after the saturation has been reached, respectively; k is the apparent rate constant for the fibril growth; t_m is the time needed to reach 50% of maximal fluorescence. The lag time was calculated as: $t_m - 2/k$.

3. Results and discussion

As seen in Fig. 2, the effect of the oxidized phospholipids on the fibrillization of 1-83/G26R varies with the lipid structure and concentration. Specifically, the most pronounced (up to ~3 times) increase in the maximum Thioflavin T fluorescence F_{\max} , which is proportional to the extent of fibril formation, was observed at the protein-to-lipid molar ratio 1:1 (Table 1) [25]. Likewise, above the critical micelle concentration (at lipid concentration 50 μM), the lowest F_{\max} values were recovered [26]. The fact that below the CMC Thioflavin T fluorescence was proportional to the lipid concentration, while above the CMC it substantially decreased, agree with the results reported by Mahalka et al. for the fibrillization of gelsolin fragments, induced by PoxnoPC [27]. Furthermore, this tendency was also observed for the insulin fibrillization in the presence of PazePC [22]. Notably, the opposite effects of the PoxnoPC and PazePC on the 1-83/G26R aggregation at the lipid concentrations 5 μM and 50 μM could be attributed to the different mechanisms of the protein interaction with pre-micellar aggregates and micelles [27].

1 Next, both oxPLs slowed down the 1-83/G26R nucleation, resulting in a substantial increase
2 in the lag time (up to 3-fold) and decrease in the fibrillization rate k (up to 5-fold), as compared
3 to the control samples (Table 1). Similarly, the extension of the lag time was observed for
4 FtG₁₇₉₋₁₉₄ gelsolin fragment in the presence of PoxnoPC [27]. These results suggest the ability of
5 the examined oxPLs to form stable complexes with apoA-I N-terminal fragment, hampering the
6 formation of amyloid nuclei and stabilizing the protein oligomers [28].
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9 Furthermore, at the protein-to-lipid molar ratio 1:1, PazePC induced less pronounced
10 enhancement of the 1-83/G26R fibrillization than PoxnoPC. The former also exerted inhibiting
11 effect on the protein fibrillization at the smaller or greater protein-to-lipid molar ratios (Table 1).
12 Specifically, no change in ThT fluorescence was observed upon the 1-83/G26R incubation in the
13 presence of 50 μ M PazePC, indicating that lipid micelles prevent the protein fibrillization.
14 Similarly, Mahalka et al. demonstrated that PazePC did not have a noticeable influence on the
15 fibrillization of FtG₁₇₉₋₁₉₄ gelsolin fragment, while PoxnoPC promoted the peptide aggregation
16 [27]. In turn, PazePC enhanced the amyloid formation by the lysozyme and insulin, showing a
17 more significant effect on the insulin aggregation than PoxnoPC [22]. This may result from the
18 specific interactions of the carboxyl group of PazePC with insulin, inducing its partial
19 denaturation and transition into the aggregation-prone conformation [22]. As the G26R mutation
20 promotes amyloid fibril formation through the destabilization of the α -helical structure of the 1-
21 83/G26R fragment associated with lipid bilayer, the 1-83/G26R binding to PazePC micelles
22 could induce the opposite effect, preventing the protein aggregation [11].
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35 As seen in Fig. 3, the lag time of amyloid fibril formation by 1-83/G26R in the absence of
36 lipids was about 3 times smaller, and the fibrillization rate was 6 times greater, as compared to
37 the correspondent values for the 1-83 aggregation. These results are in harmony with the data of
38 Adachi et al., suggesting that G26R mutation enhanced the amyloid fibril formation [11].
39 Furthermore, the apparent rate constant for the 1-83 fibril growth in the presence of the oxPLs
40 was twice than its control value, the lag time was increased 2-fold, and the fibrillization extent
41 was reduced (Table 1). Thus, similarly to the 1-83/G26R, the 1-83 forms a smaller number of
42 fibrils in the presence of PazePC micelles.
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49 In the following, the effect of lipid vesicles composed of POPC and its mixtures with the
50 oxPLs on the 1-83/G26R amyloid fibril formation has been evaluated. As seen in Fig. 4 and
51 Table 1, the addition of liposomes to the protein solution induced \sim 2-fold increase of the F_{\max} ,
52 \sim 3–5-fold decrease of the k value, and \sim 9–12-fold extension of the lag time. This tendency is in
53 good agreement with the previously reported data obtained for FtG₁₇₉₋₁₉₄ gelsolin fragment and
54 insulin [22,27]. Specifically, PoxnoPC and PazePC incorporated into the liposomal membranes
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1 slowed down the kinetics of amyloid fibril formation, as compared to the control samples and
2 lipid dispersions [22,27].

3 Furthermore, the effects of POPC, POPC/PazePC(20 mol%) and POPC/PoxnoPC(20 mol%)
4 on the 1-83/G26R aggregation did not vary significantly, although inclusion of PazePC into
5 POPC bilayer resulted in the ~40% decrease in the fibrillization extent, as compared to the neat
6 POPC liposomes (Table 1). Notably, the fact that PazePC micelles prevented amyloid fibril
7 formation by the apoA-I amyloidogenic fragment at the low lipid-to-protein weight ratio ~ 0.8
8 (Fig. 2), while POPC/PazePC (20 mol%) liposomes slowed down the kinetics of the protein
9 aggregation (Fig. 4), suggest that the observed effects are governed by specific PazePC-1-
10 83/G26R interactions with the lipid bilayers or micelles. These results, together with those
11 reported for FtG₁₇₉₋₁₉₄ gelsolin fragment, highlight a critical role of PazePC in inhibiting the
12 amyloid fibril formation by the short (unstructured) peptides [27], although this lipid seems to
13 induce misfolding and aggregation of the full-length proteins, like lysozyme or insulin, more
14 effectively than PoxnoPC [22]. Interestingly, the oxPLs have been found to accelerate the
15 amyloid nucleation, presumably due to the perturbation of the membrane structure and dynamics
16 by the oxidized lipid tails [29].

17 Recently, Saito et al. have reported the enhancement of the 1-83/G26R aggregation on
18 POPC membranes produced by the G26R amyloidogenic mutation [25]. In contrast, no ThT
19 fluorescence response was observed in the case of 1-83 at the lipid-to-protein weight ratio ~ 30.
20 Our study indicates that the 1-83/G26R still retains the ability to form amyloid fibrils in the
21 presence of vesicles containing the oxPLs at the lipid-to-protein weight ratio ~ 31 (Fig. 4). It can
22 be assumed that there exist the α -helices formed by the unstructured 1-83/G26R on the
23 membrane surface, which are destabilized regardless of the presence of PazePC [11,25]. Such a
24 destabilization induced by the G26R mutation promotes further transformation of the helices into
25 the β -sheets, followed by the amyloid fibril formation on the membrane surface, being a
26 common mechanism for the natively unstructured proteins and peptides involved in amyloid
27 pathologies [30–32].

28 Finally, in order to explain the decrease of the 1-83/G26R fibrillization extent induced by
29 the POPC/PazePC (20 mol%) vesicles (micelles), a model for the association between the 1-
30 83/G26R and POPC/PazePC bilayer has been suggested (Fig. 5). According to this model, the
31 nonpolar faces of the amphipathic helices of the ApoA-I N-terminal fragment, interact with the
32 lipid bilayer while their polar faces are in contact with the aqueous phase [33,34]. The two
33 panels in Fig. 5 are the helical wheel projections of the residues 8–27 and 36–65, containing the
34 most aggregation-prone regions 14–22 and 49–57 [25]. Obviously, the positively charged amino
35 acid residues of the ApoA-I N-terminal fragment could associate with the sn-2 chain of PazePC
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1 extended into the aqueous phase via strong electrostatic interactions [20,29]. This may increase
2 free energy of denaturation of the α -helixes and, as a consequence, reduce the fibrillization
3 extent, as compared to the neat POPC vesicles. Notably, it is PazePC interaction with the residue
4 R26 that could be critical for the inhibition of the 1-83/G26R aggregation by the oxidized
5 phospholipids [25]. Unlike lipid vesicles, micelles are composed only of the PazePC molecules,
6 resulting in the increased number of the protein-lipid electrostatic contacts on the micelle surface
7 and the complete inhibition of the 1-83/G26R aggregation. Interestingly, PoxnoPC micelles
8 induced a less pronounced increase in the 1-83/G26R fibrillization, compared to the lipid
9 dispersions (Fig. 2B), being indicative of their potential to inhibit amyloid fibril formation by
10 specific interactions with the protein at higher lipid-to-protein molar ratios, than PazePC.
11 Furthermore, since the 1-83/G26R is unstructured in solution, its electrostatic interactions and
12 Schiff base formation with PazePC and PoxnoPC dispersions, respectively, could result in the
13 protein cross-linking, nucleation and lipid embedding into the oligomers and amyloid fibrils
14 [27,35]. The above processes may lead to the experimentally observed enhancement of the 1-
15 83/G26R fibrillization with the concentration of lipid dispersions (Table 1). In turn, significant
16 increase in the lag time of the 1-83/G26R amyloid formation in the presence of lipid vesicles
17 used in this study seems to result from the lowered protein concentration on the membrane
18 surface, but not due to the stabilization of the protein α -helical conformation, as was suggested
19 for the lipid dispersions and micelles [25].
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35 **4. Conclusions**

36 In conclusion, our fluorescence studies demonstrated that the kinetic parameters of the 1-
37 83/G26R fibrillization varied significantly with the oxPLs structure, concentration and the type
38 of lipid assemblies (premicellar aggregates, micelles or lipid bilayer vesicles). Specifically,
39 membrane/micelle surfaces were found to play a critical role in inhibition of the amyloid fibril
40 formation, presumably due to their ability to stabilize α -helical structure of the 1-83/G26R by the
41 protein-lipid electrostatic and covalent interactions. Furthermore, the increase in the lag time of
42 the 1-83/G26R fibrillization induced by the oxPLs suggest that their binding to the protein
43 hampered the formation of amyloid nuclei. Overall, the results obtained indicate that despite the
44 involvement of the oxidative stress into pathogenesis of amyloid diseases, the oxidized
45 phospholipids can be regarded as candidates for novel anti-amyloid agents.
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57 **Acknowledgements**

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1 This work was supported by the Ministry of Education and Science of Ukraine (the Young
2 Scientist project “Design of the novel methods of fluorescence diagnostics of amyloid
3 pathologies”, project number: 0116U000937).
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50 Legends to figures

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54 **Fig. 1.** Structures of 1-palmitoyl-2-oleoyl-sn-glycero-3-phosphocholine (POPC), 1-palmitoyl-2-
55 azelaoyl-sn-glycero-3-phosphocholine (PazePC) and 1-palmitoyl-2-(9'-oxononanoyl)-sn-glycero-
56 3-phosphocholine (PoxnoPC).
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Fig. 2. Fibrillization kinetics of the apoA-I 1-83/G26R variant in the absence or presence of PazePC (A – experimental, C – fitted curves) and PoxnoPC (B – experimental, D – fitted curves) lipid dispersions: 1 – no lipid, 2,3,4 – correspond to protein-to-lipid molar ratios 10:1, 1:1 and 1:10, respectively. Protein concentration was 5 μ M, ThT concentration was 10 μ M. PazePC and PoxnoPC concentrations were 0.5 μ M, 5 μ M and 50 μ M.

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Fig. 3. Fibrillization kinetics of the apoA-I 1-83 (A) and 1-83/G26R (B) variants in the absence or presence of PazePC and PoxnoPC lipid dispersions: 1 – no lipid, 2 – PazePC, 3 – PoxnoPC. Protein concentration was 5 μ M, ThT concentration was 10 μ M. PazePC and PoxnoPC concentrations were 50 μ M, corresponding to the protein-to-lipid molar ratio 1:10.

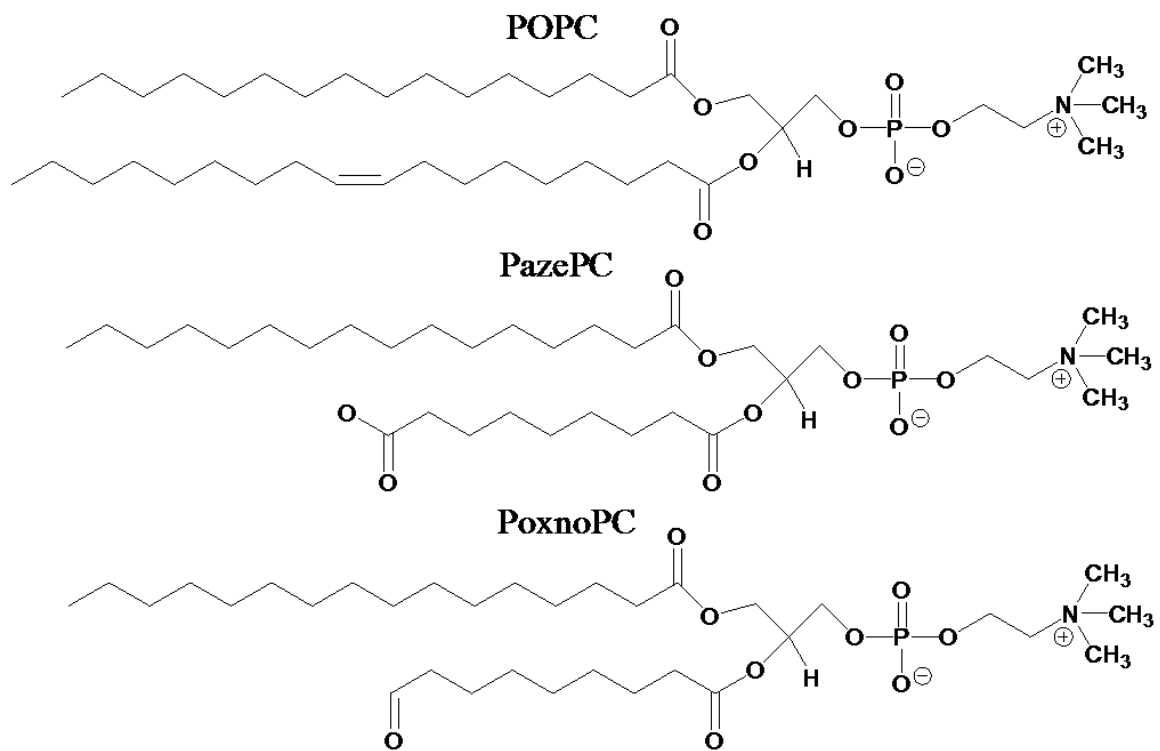
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Fig. 4. Fibrillization kinetics of the apoA-I 1-83/G26R variant in the presence of: 1 – POPC, 2 – POPC/PazePC (20 mol%), 3 – POPC/ PoxnoPC (20 mol%) liposomes (A – experimental, B – fitted curves). Protein concentration was 5 μ M, ThT concentration was 10 μ M. Liposome concentration was 2 mM, corresponding to POPC-to-apoA-I weight ratio ~ 31.

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Fig. 5. Schematic illustration of the model for the association between 1-83/G26R and POPC/PazePC (20 mol%) bilayer. The black line represents the hydrophilic-hydrophobic interface of the bilayer leaflet.

Table 1

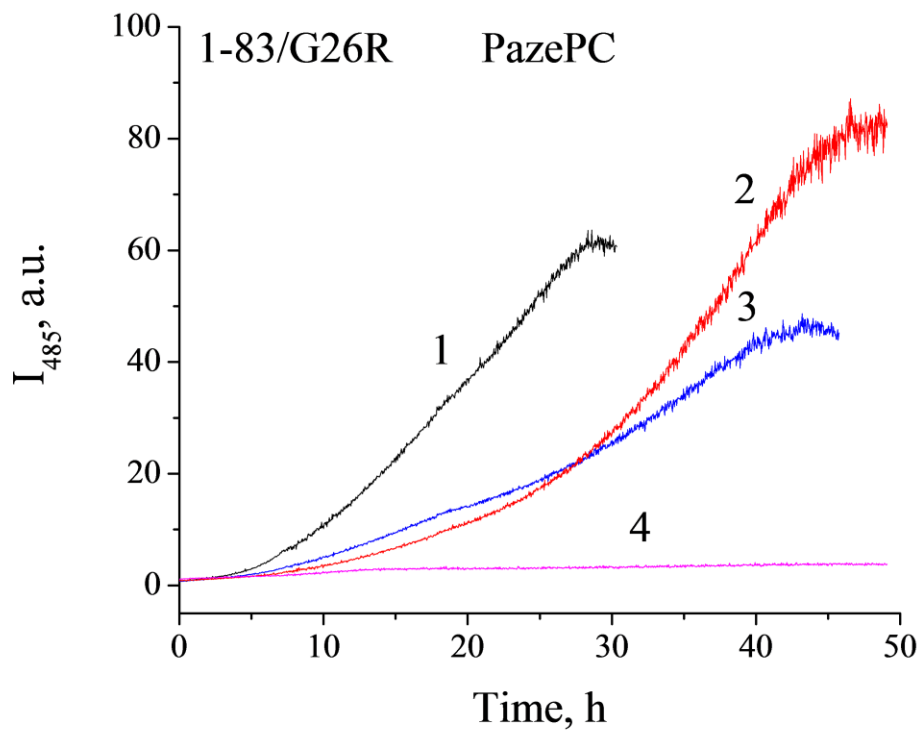
Kinetic parameters of amyloid formation by apoA-I 1-83 and apoA-I 1-83/G26R in the presence of oxidized phospholipids.

System	F_{\max} , a.u.	t_m , h	$k \cdot 10^{-3}$, h ⁻¹	Lag time, h	R ²
1-83	133	90	29	21	0.995
1-83 + PazePC (1:10)	-	-	-	-	-
1-83 + PoxnoPC (1:10)	54	176	15	43	0.994
1-83/G26R	71	19	188	8	0.997
1-83/G26R + PazePC (1:10)	-	-	-	-	-
1-83/G26R + PazePC (1:1)	105	38	131	23	0.997
1-83/G26R + PazePC (10:1)	55	30	115	13	0.994
1-83/G26R + PoxnoPC (1:10)	129	35	92	13	0.994
1-83/G26R + PoxnoPC (1:1)	290	28	119	11	0.992
1-83/G26R + PoxnoPC (10:1)	191	34	200	24	0.997
1-83/G26R + POPC	156	132	53	94	0.999
1-83/G26R + POPC/PazePC(20 mol%)	110	125	36	69	0.999
1-83/G26R + POPC/PoxnoPC(20 mol%)	158	125	42	77	0.999

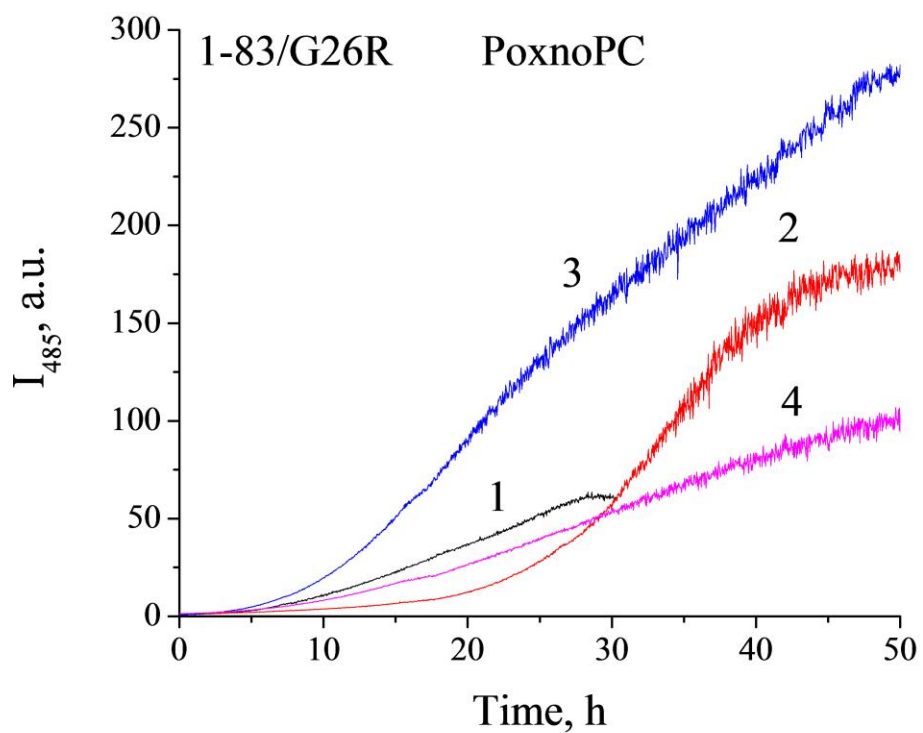


24 **Fig. 1**

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26 **Fig. 2A**



56 **Fig. 2B**

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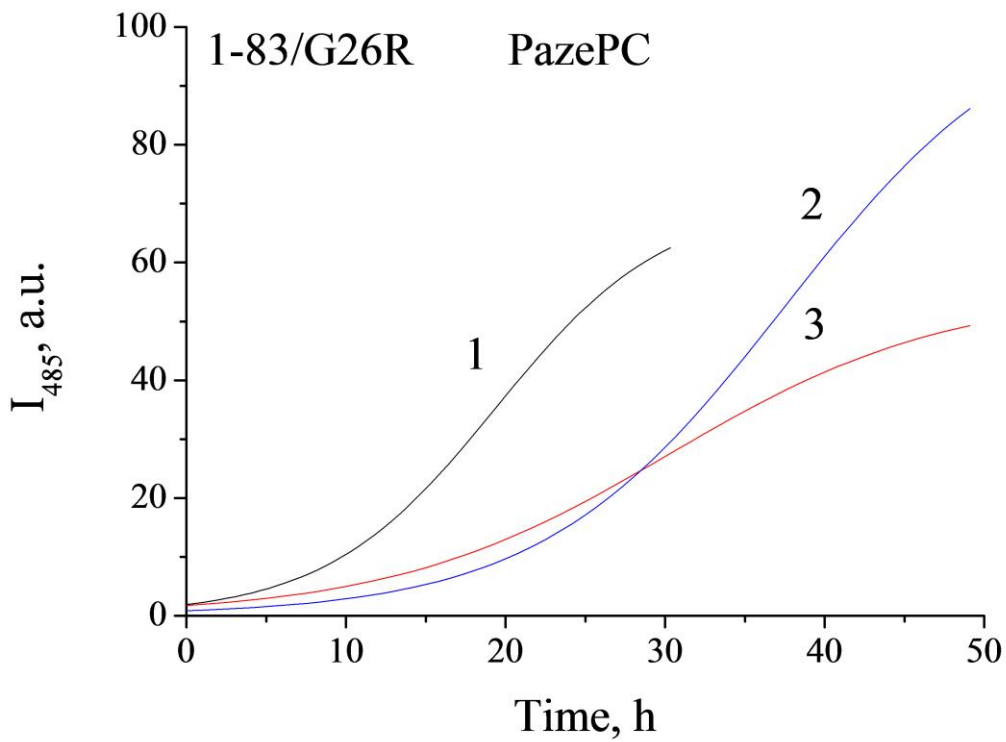


Fig. 2C

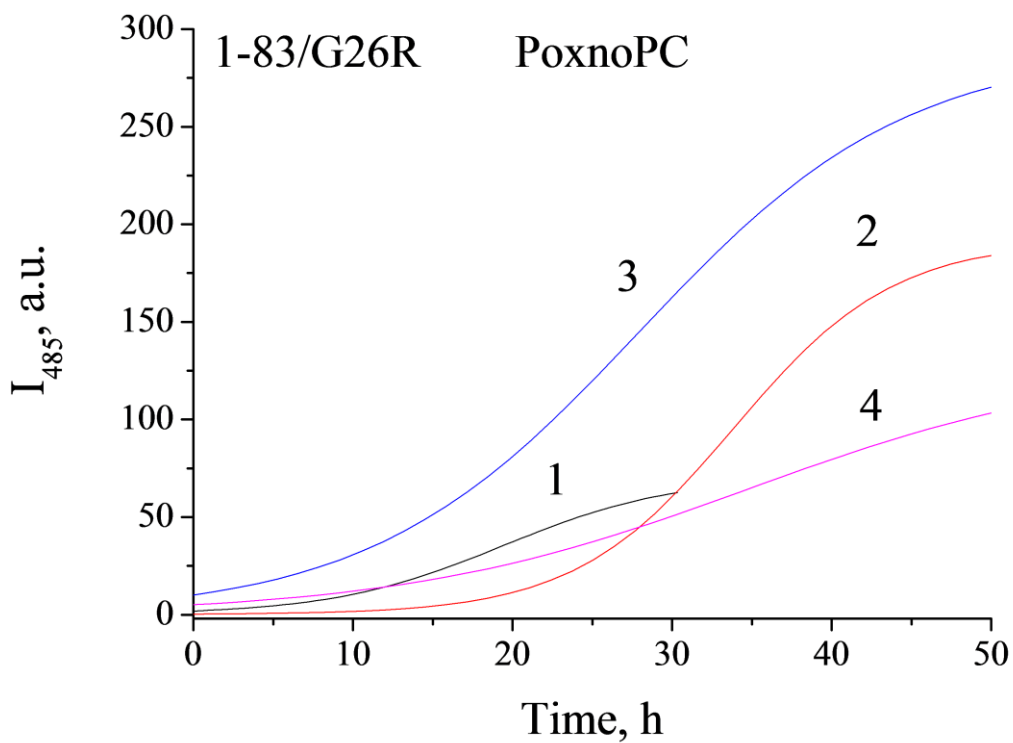
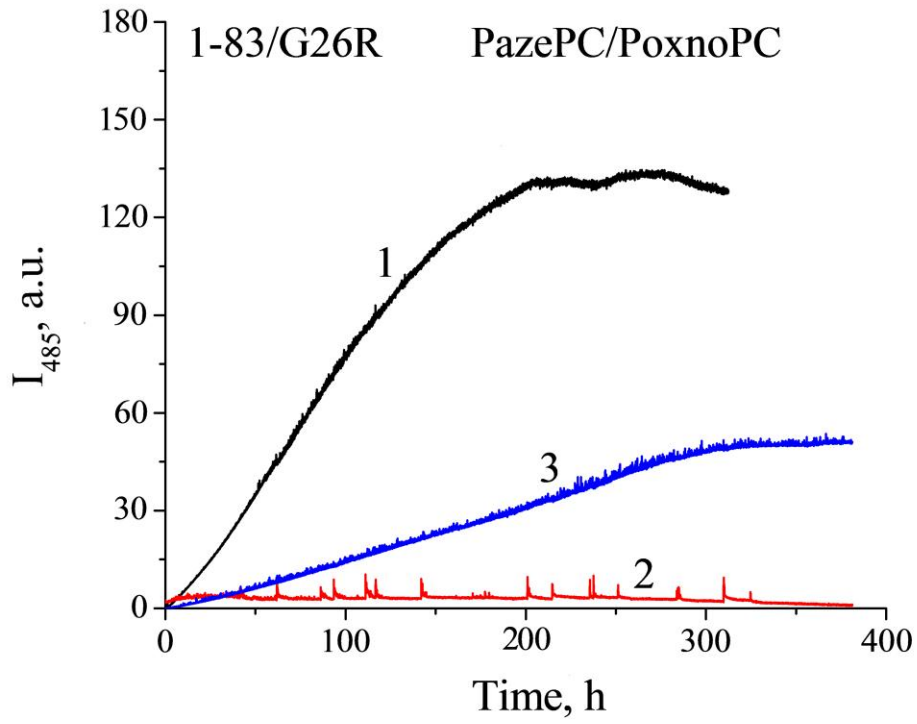
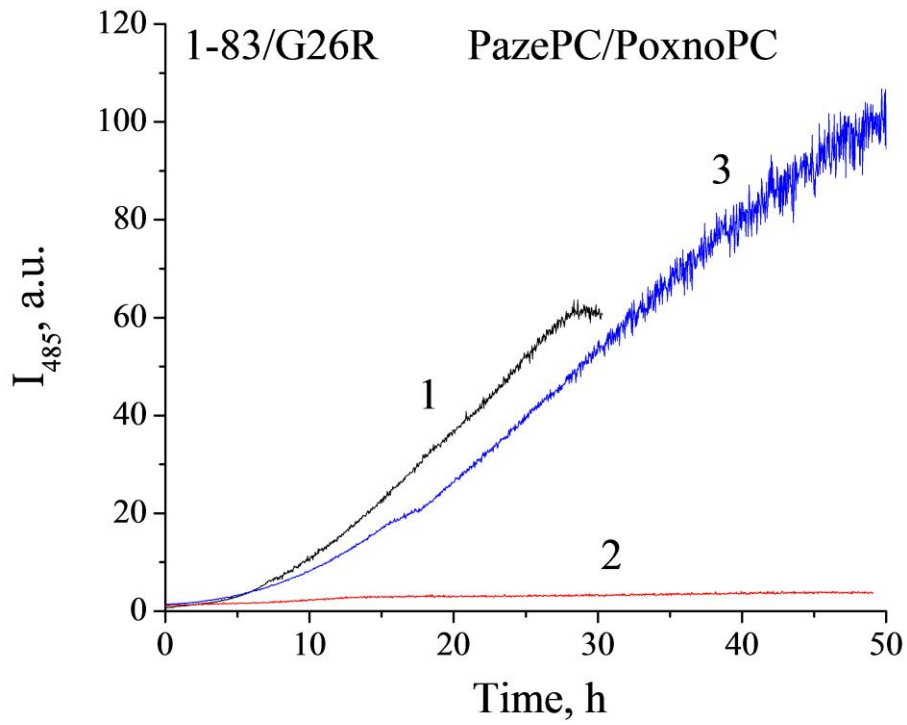


Fig. 2D



26 **Fig. 3A**



57 **Fig. 3B**

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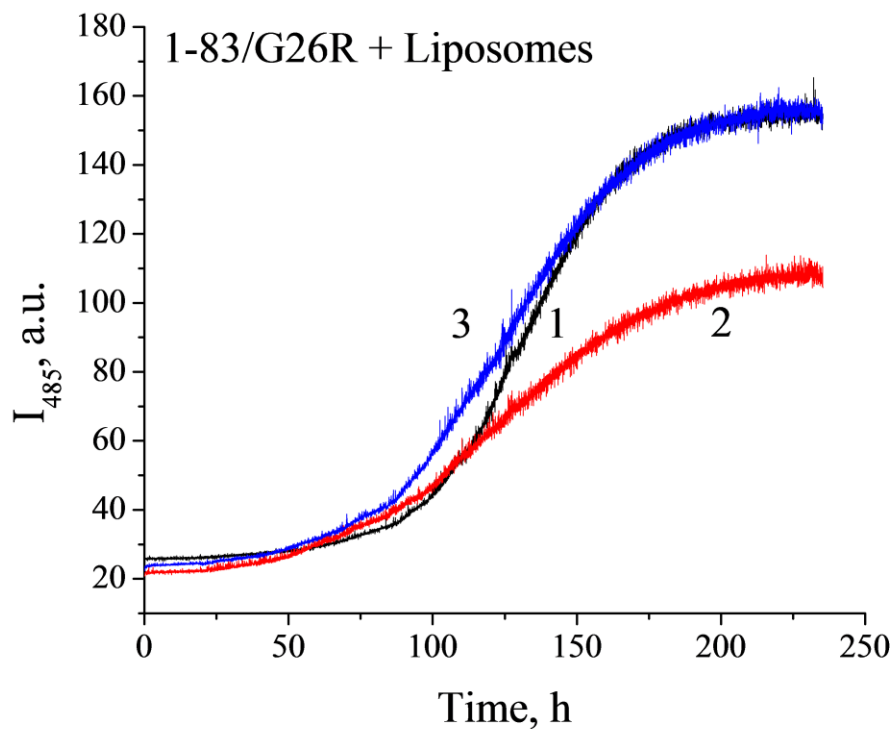


Fig. 4A

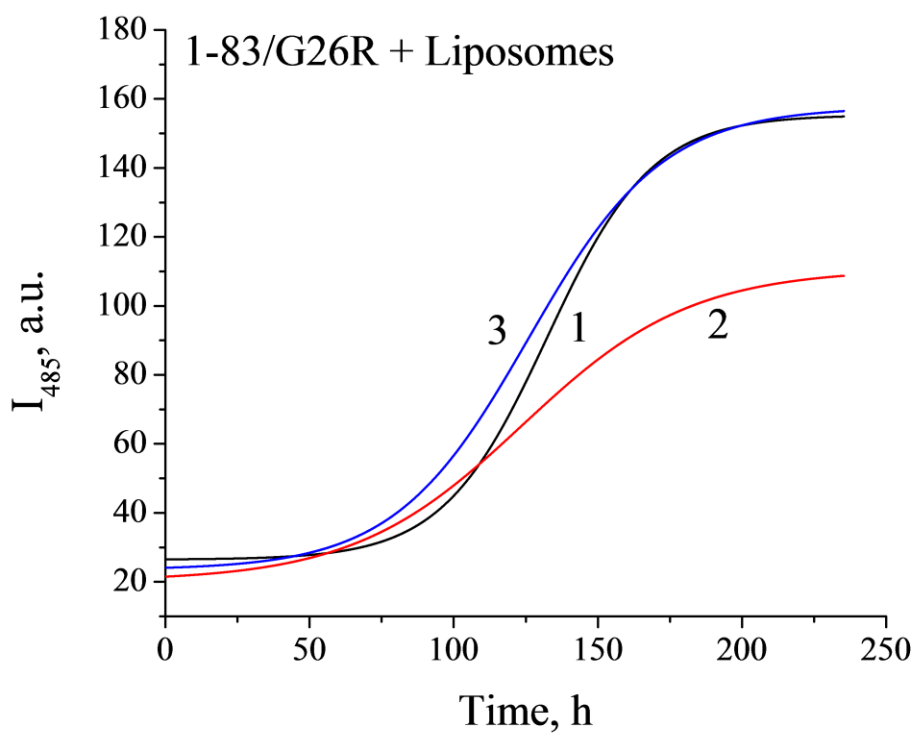


Fig. 4B

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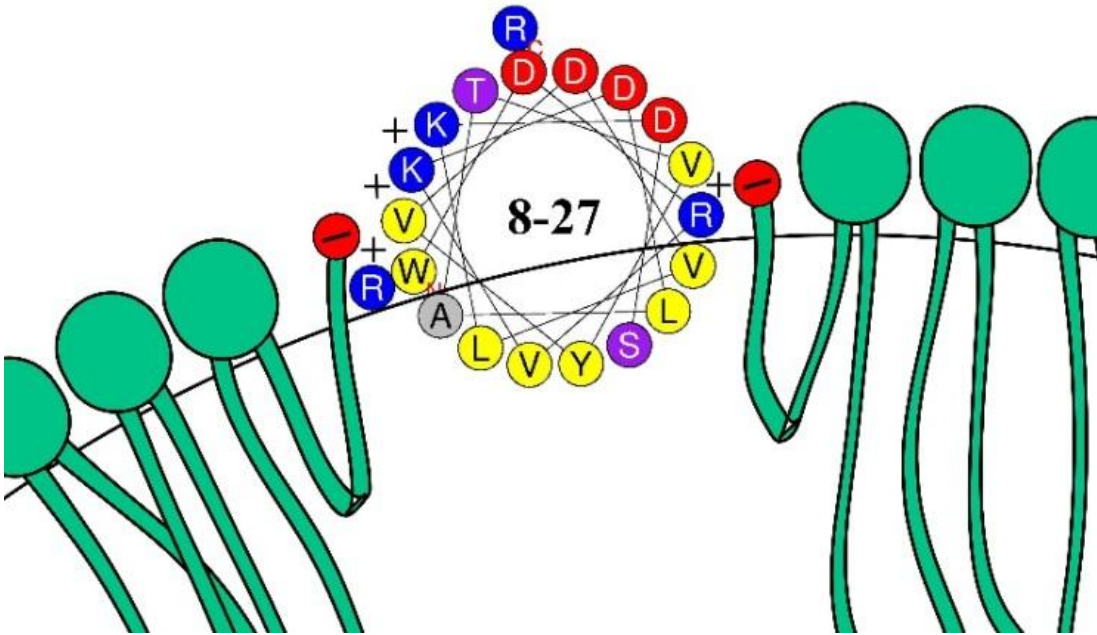


Fig. 5A

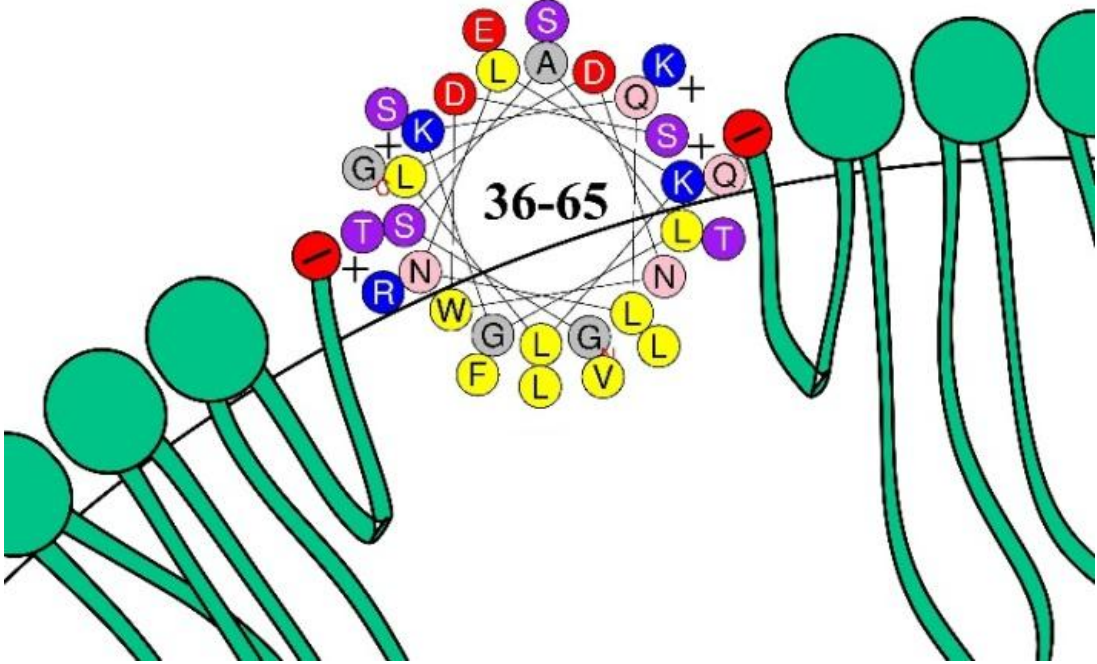


Fig. 5B