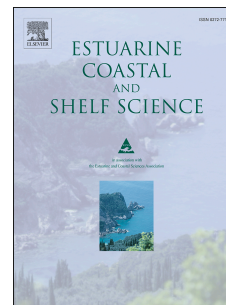


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Modern sedimentary facies in a progradational barrier-spit system: Goro lagoon, Po delta, Italy

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1 **Modern sedimentary facies in a progradational barrier-spit system: Goro lagoon, Po delta, Italy**

2 **Abstract**

3 Barriers and spits connected to fluvial sedimentary sources represent environments which tend to
4 evolve rapidly and experience sudden transformations, mainly driven by changes in sediment supply and
5 path. As a consequence, the variability of facies is significant even within small sedimentary records. The
6 7 km long barrier-spit system facing the Goro Lagoon, and fed by the mouth of the Po di Goro, is a
7 typical example of an accretionary coastal morphotype, suitable to describe contiguous nearshore
8 depositional environments and their stratigraphic signatures, variability, and relationships. Thirteen
9 short cores of sediment were sampled in order to represent the variable depositional sub-environments
10 from the shoreface (prodelta-delta front) to the back barrier, crossing the active barrier-spit and the
11 ancient spit arms and relative swales. The description of the modern sedimentary records, improved
12 upon using core X-rays, has been coupled with information on the morphological changes which
13 occurred during the period of maximum spit development (1955-2000), based on available aerial photos
14 and a cartographic / topographic dataset. The results obtained allow for the description and
15 interpretation of the depositional environments changing at the human-scale. Sediments of the upper
16 shoreface are quite uniform, composed by evenly laminated sands; the transition between delta front
17 and prodelta at a depth of 6 m is marked by the alternation of sand and mud beds. These reflect the
18 periodic changes in sediment supply by the river, as well as storm events. The most recent spit branch
19 and the relative back barrier-swale environment are the result of the rapid progradation of the spit
20 system, which implies phases of rapid longshore growth, hooked spit development, cannibalization,
21 overwash, and breaching. Morphodynamic changes have resulted in an overlap of short sedimentary
22 records where stratigraphic signatures are linked either to phases of sediment transport and selection
23 by waves and tidal currents (cross-bedding, foreset and planar laminated sands, shell imbrication,

24 massive beds) or to phases of sedimentary stasis when biological activity is predominant (algal mat and
25 bioturbation). Human signature is also well marked inside the stratigraphic record. Clam harvesting is
26 carried out within the lagoon causing the physical disturbance and winnowing of the superficial
27 sediment, thus inducing the local formation of graded beds and shell rehash.

28

29 Keywords: modern facies; stratigraphy; barrier island; spit; sediment dynamics; progradation

30 **1. Introduction**

31 The study of sedimentary sequences and the analysis of facies are of considerable importance in
32 reconstructing the environmental contexts and transformations that have occurred over time. In highly
33 dynamic environments with sudden transformations, the variability of facies is significant, even within
34 very small thicknesses, as in the case of coastal areas with a high rate of sedimentation. This is the case
35 of barrier systems connected to fluvially derived point sources of sediment, such as delta systems and
36 their related interdistributary bays (Anthony et al., 2014; Anthony, 2015).

37 Changes in solid load, primarily, could induce rapid changes in the physiography and evolutionary styles
38 of deltas (Elliott, 1986a; Suter, 1994; Rubin et al., 2015). Consequently, the prevalence of fluvial or
39 coastal processes determines various delta regimes (wave or river dominated) according to the
40 Galloway model (1975). Over time, different regimes may induce alternate phases of erosion and
41 deposition. These processes could affect the entire or portions of the delta - i.e., through delta lobe
42 switching (Correggiari et al., 2005a; 2005b) - as well as its related coastal morphologies.

43 Dynamic equilibrium between fluvial supply, longshore drift, and subsidence affects primarily deltaic
44 barrier systems, inducing progradational or transgressive phases and diverse geomorphic responses
45 (McBride et al., 1995; McBride and Byrnes, 1997; Anthony and Blivi, 1999; Simeoni et al., 2007).

46 Deltaic coastlines are particularly prone to responding to human-made forcing factors, which influence
47 depositional environments at the human scale and determine a co-evolution process (Welch et al.,
48 2017). River damming, embankments, and sand mining on the river-bed contribute to the modification
49 of the sedimentary fluxes from rivers to the sea (Anthony, 2015; Rubin et al., 2015; Otvos, 2018; Ritchie
50 et al., 2018). Human-induced subsidence may exacerbate the relative sea level rise thus increasing flood
51 risk (Antonioli et al., 2017) as well as the accommodation space, responsible for submergence and
52 drowning potential of barrier systems (Sanders and Kumar, 1975; De Falco et al., 2015).

53 Although a large number of the world's barrier islands are undergoing a transgressive evolutionary trend
54 (Bird, 1985; FitzGerald et al., 2018), deltaic barrier systems could represent the exception, when
55 aggradation or progradation occurs in association with a high sediment supply (Hayes and Ruby, 1994;
56 Morton, 1994; Garrison et al., 2010).

57 Progradation processes promote the contiguity and simultaneous occurrence of various depositional
58 environments in relatively little space and time. On the shoreface, wave action and sedimentation by
59 river suspended load assume a dominant role according to different river phases (Elliott 1986a; Suter,
60 1994). Longshore currents and wave swash are responsible for spit progradation with different rates and
61 mechanisms of berm accretion (Hine, 1979). At the same time, depressions between newly formed
62 barriers determine the segregation of swales (Otvos, 2000), unavoidably involved in tidal circulation
63 near tidal inlets (FitzGerald, 1988), and enclosed cat's eye ponds (Otvos, 2000; Davis et al., 2003). Storm
64 surge may produce dune erosion, berm overtopping and washover breach (Leatherman et al., 1977;
65 Orford and Carter, 1982; Héquette and Ruz, 1991). Washover can evolve by processes of channel fill or
66 fan deposition and subsequent salt marsh colonization (Elliott, 1986b; Rodriguez et al., 2018).

67 Such types of depositional environments have been mostly studied in terms of stratigraphy and the
68 reconstruction of depositional models during the Holocene (Davis et al., 2003; Hein et al., 2013;

69 Gonzales –Villanueva et al., 2015; Forde et al., 2015; Fruergaard et al., 2015; Raff et al., 2018), whereas
70 analyses of small scale variability is less common. These analyses could be useful to further the
71 understanding of the changing role of coastal forcing in space and time (Clarke et al., 2014).

72 After the Nile, the Po River has the largest delta in the Mediterranean (Got et al., 1985), as the
73 consequence of extremely rapid growth over the last 500 years, within the framework of a well-
74 documented history and close interaction between natural and anthropogenic forcing factors
75 (Correggiari et al., 2005a; Simeoni and Corbau, 2009). Despite a generalized transgressive phase during
76 the 20th century due to anthropogenic subsidence and riverbed excavation, a fast-progradational spit
77 system developed in the southernmost part of the Po delta, between the delta front of the Po di Goro
78 River and the Goro Lagoon (Dal Cin, 1983; Simeoni et al., 2007).

79 This branched barrier-spit system is particularly well-suited to allow for a detailed study on nearshore
80 modern depositional and human-influenced environments in a progradational context and their
81 stratigraphic markers, based on short sediment cores.

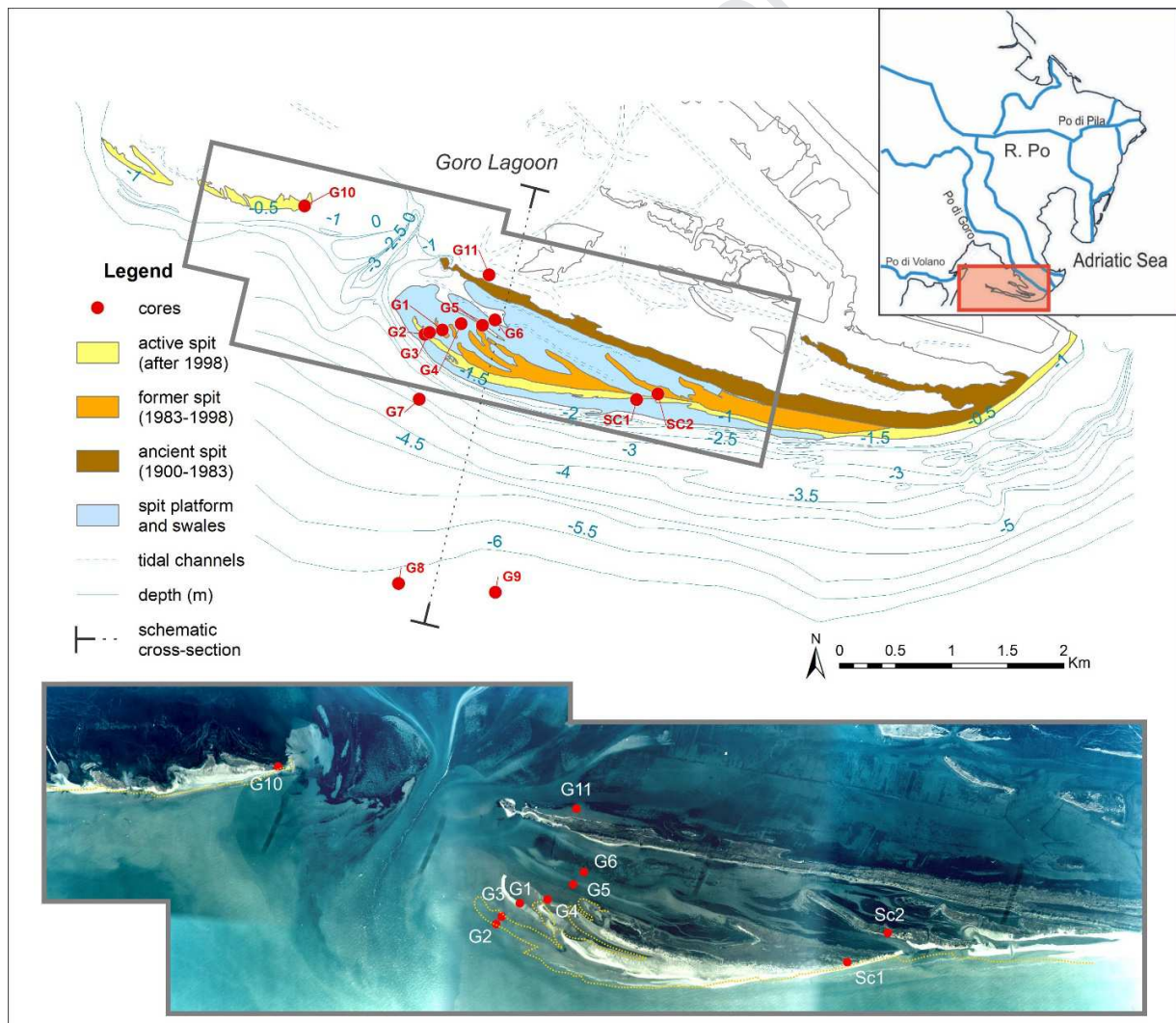
82 The aim of the study is to describe the depositional facies as well as their spatio-temporal variability and
83 to interpret macroscopic and radiographic evidence in terms of coastal evolution as seen by a direct
84 verification of the environmental conditions in aero-photogrammetric and topographical surveys.

85 The intention of the work is to investigate the possibility that signatures and stratigraphic sequences are
86 preserved and therefore recognizable as “event-related” in the sub-environments typical of a barrier -
87 spit system.

88 **2. Study area**

89 The Goro lagoon is the southernmost of the lagoons of the Po delta and covers over 20 km², with an
90 average depth of 1.5 m (Fig. 1).

91 A set of studies have described the characteristics of the lagoon and relative barriers and their origin
 92 and evolution (Simeoni ed., 2000). They are closely linked to the development and evolution of the Po
 93 delta, in particular to the sedimentary load and constructive contribution of the Po di Goro distributary
 94 arm (Simeoni et al., 2000; Fontolan et al., 2000), also testified to by the wide submerged prodelta
 95 depositional body, the *Goro-Gnocca lobe* (Correggiari et al., 2005a). Less important is the input coming
 96 from the south, responsible for the formation of the Volano spit (Fontolan et al., 2000). Tide is
 97 semidiurnal with a mean range of 60 cm (40 cm during neap tide and 120 cm during spring tide)
 98 (Simeoni et al., 2007).



100 Fig.1 – Location and a simplified geomorphological map of the study area (upper part) with sediment
101 core positions. Aerial photographs collected in winter 1998 (with the shoreline from 2000 superimposed
102 in yellow) offer the best view of the subaerial and intertidal environments (lower part). The cross section
103 indicated on the map is represented in Fig.3.

104

105 During the last century, strong anthropogenic pressure in the area was caused by reclamation and land
106 use modifications in the fluvial basin, and by coastal management works (Simeoni et al., 2007).
107 Moreover, since 1986, a large part of the Goro lagoon, as well as some sectors of its coastal area, has
108 been intensely exploited for the seeding, cultivation, and harvesting of *Tapes philippinarum* clams
109 (Manila clam), currently one of the pillars of the local economy (Bartoli et al., 2016). Like the entire delta
110 the Goro area is subject to a thorough subsidence due to both natural (sediment compaction, eustatism,
111 etc.) and anthropogenic factors (groundwater withdrawal, onshore, and offshore gas extraction). Land
112 subsidence during the last century was dramatic, accounting for an average cumulative value of more
113 than 1.5 m, with a peak of more than 3 m in the inner part of the delta (Corbau et al., 2019). The
114 phenomenon occurred mainly from 1950 to 1957, due to extensive withdrawals of methane-rich
115 groundwaters, with maximum rates up to 250 mm/yr, i.e., one hundred times higher than the natural
116 long term subsidence rate. After groundwater withdrawal stopped in 1960, subsidence progressively
117 decreased, from values of ca. 65 mm/yr in 1957-67, ca. 18-28 mm/yr during 1967-74, up to 5-11 mm/yr
118 after 2002 (Corbau et al., 2019).

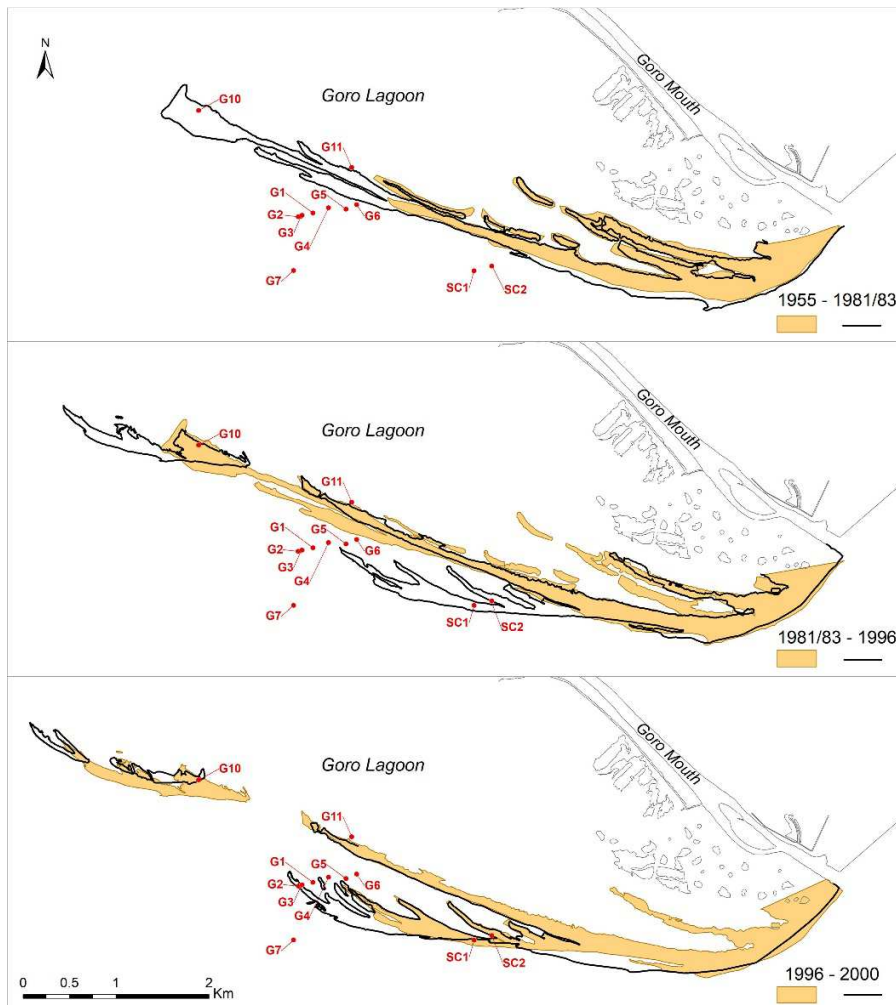
119 Despite the progressive decrease in the fluvial sediment load between 1940 and 1980, the lagoon has
120 always acted as a "sedimentary trap" and the lagoon - barrier system has maintained a positive
121 sediment budget (Simeoni et al., 2000).

122 The suspended load of the Po is responsible for stable prodelta deposits in the area facing the Goro
123 mouth and the Goro lagoon as recognized by Correggiari et al., (2005a). The front-prodelta transition
124 boundary can be identified at a depth which varies from 4 m (in the area of the Volano inlet) to 7-8 m (in
125 the area of the mouth of the Goro) based on the seasonal analysis of the sediments done by Bortoluzzi
126 et al., (1984). This boundary is confirmed by the textural transition from sandy mud to mud indicated in
127 the sedimentological map made by Brambati et al., (1988). Fine sediment can enter the lagoon and
128 deposit on the bed in the inner part (Dal Cin and Pambianchi, 1991), determining infilling processes
129 (Simeoni et al., 2000).

130 The sandy bed load is distributed southwards by longshore currents, also partially supplied by the inputs
131 from the northern river branches between Po di Pila and Goro. It constitutes the entire area of the
132 barrier-spit system (Simeoni et al., 2000) and indicates the dominance of coastal processes with higher
133 energy, affecting the southernmost tip of the Po delta, due to the bimodal wave regime from NE and SE
134 (Ruol et al., 2018). In fact, wind direction is primarily from NE (8.4 m/s) secondarily from SE (6.8 m/s)
135 (Calderoni, 1982; Ruol et al., 2018). The prevalent direction of the waves is from 60° to 120° and energy
136 is relatively small. Low energy waves (significant height, $H_s < 0.5$ m, period $T = 3$ s) are the most frequent
137 (68%); medium energy waves ($H_s = 0.5-1.5$ m, $T = 3-6$ s) make up 12.7% of the total, storm waves ($H_s > 1.5$
138 m $T = 5-8$ s) and extreme waves ($H_s = 4.5$ m) are represented only by frequencies of 2% and 0.5%,
139 respectively (Simeoni et al., 2007).

140 Simeoni et al. (2007) reconstructed the history of the Goro barrier-spit system for the period from 1870
141 to 2000, using historical maps, topographical maps, aerial photographs, and satellite images. According
142 to the authors, since the end of the 19th century, a progradational process resulted in a series of parallel
143 spits, formed through various morphological stages, mainly influenced by the interaction between
144 natural and anthropogenic forcing factors and the relative dominance of fluvial or marine processes over
145 time.

146 Fig. 2 presents the main phases of spit evolution in 1955, 1981/83, 1996 (Simeoni et al., 2007) and 2000
147 (Del Grande et al., 2001), detected by mapping on aerial photographs or by DGPS surveys. At the end of
148 the first period (1955-1981/83), the main spit lengthened westward up to 2.7 km and the eastward part
149 of the spit prograded seaward. During the second period (1986-1996), a new spit arm formed seaward
150 in the central part of the main spit, characterized by a *branched growth* ascribable to a reduction in the
151 fluvial sedimentary load and a subsequent wave domain phase. The progressive westward lengthening
152 of the spit was interrupted by the opening of an artificial secondary inlet (in 1989), 2 km east of the
153 western apex. This intervention aimed to enhance the water exchange of the lagoon. As a consequence,
154 the development of a new ebb-tidal delta enlarged the spit platform updrift, thus favoring the
155 development of new spit arms seawards; the contemporary effect was the starvation of the remnant
156 western spit, isolated downdrift as a barrier island.



157

158 Fig.2 – Evolution of the Goro barrier-spit system from 1955 to 2000. The shoreline dataset is adapted
 159 from Simeoni et al. (2007) and Del Grande et al. (2001).

160

161 The subsequent evolution based on aerial photographs from 1996 and the shoreline survey from 2000,
 162 corresponding to the situation at the time core samples were taken, shows the development of an
 163 additional spit branch. At the same time, the erosion and the landward migration of the residual barrier
 164 island between the two inlets occurred due to the sediment starvation generated by the artificial inlet
 165 opening and its subsequent development.

166 3. Materials and methods

167 In June 2000, during the most rapid phase of the spit system development, 13 sediment cores were
168 sampled. The cores were taken manually with cylindrical PVC pipes of variable diameter (from 8 to 10
169 cm) inserted in the sediment (with a penetration depth from 21 to 99 cm) on several coastal
170 morphologies. All cores were geo-referenced with a GPS and at each sampling site, the characteristics of
171 the depositional environment were annotated and described thanks to field observations and aerial
172 photographs from 1998. The evolutionary context was reconstructed according to the data from
173 Simeoni et al. (2007) and Del Grande et al. (2001) consisting of the digitized shoreline from 1955, 1981-
174 83, 1986, 1988, 1996, 1998, 1999 and 2000 obtained from various sources (regional cartography, aerial
175 photographs, and GPS surveys).

176 Cores were sectioned, photographed and then described macroscopically. The description includes grain
177 size, color (evaluated by comparison using the Munsell® Soil Color Charts, Edition 2000), degree of
178 homogeneity and hydration, texture, the presence of sedimentary structures, biogenic content (shells or
179 plant remains), activity (bioturbation), and accumulation of organic matter.

180 In the post-cutting phase, one of the two hemicylinders was radiographed to increase the possibility of
181 recognizing sedimentary structures, lithological changes, organic-rich beds, shells and shell hash. The X-
182 ray source used is a unidirectional generator Balteau Baltospot GFD 200/8. The selected exposure time
183 was 25 s for an amperage of 5 mAs and a voltage of 95 kV.

184 In the next phase, the radiographs were digitally enhanced and converted to positive grayscale; when
185 necessary, the brightness, contrast, and intensity were balanced, and finally, the 3D shadow relief effect
186 was used to highlight the dominant features and to enhance the visualization of sedimentary structures.

187 As far as the description of the sedimentary facies is concerned, the sampling technique (manual) allows
188 one to obtain short but continuous cores with minimal sediment deformation. At the same time, X-ray
189 analysis allows for the recognition of structures not evident to the naked eye.

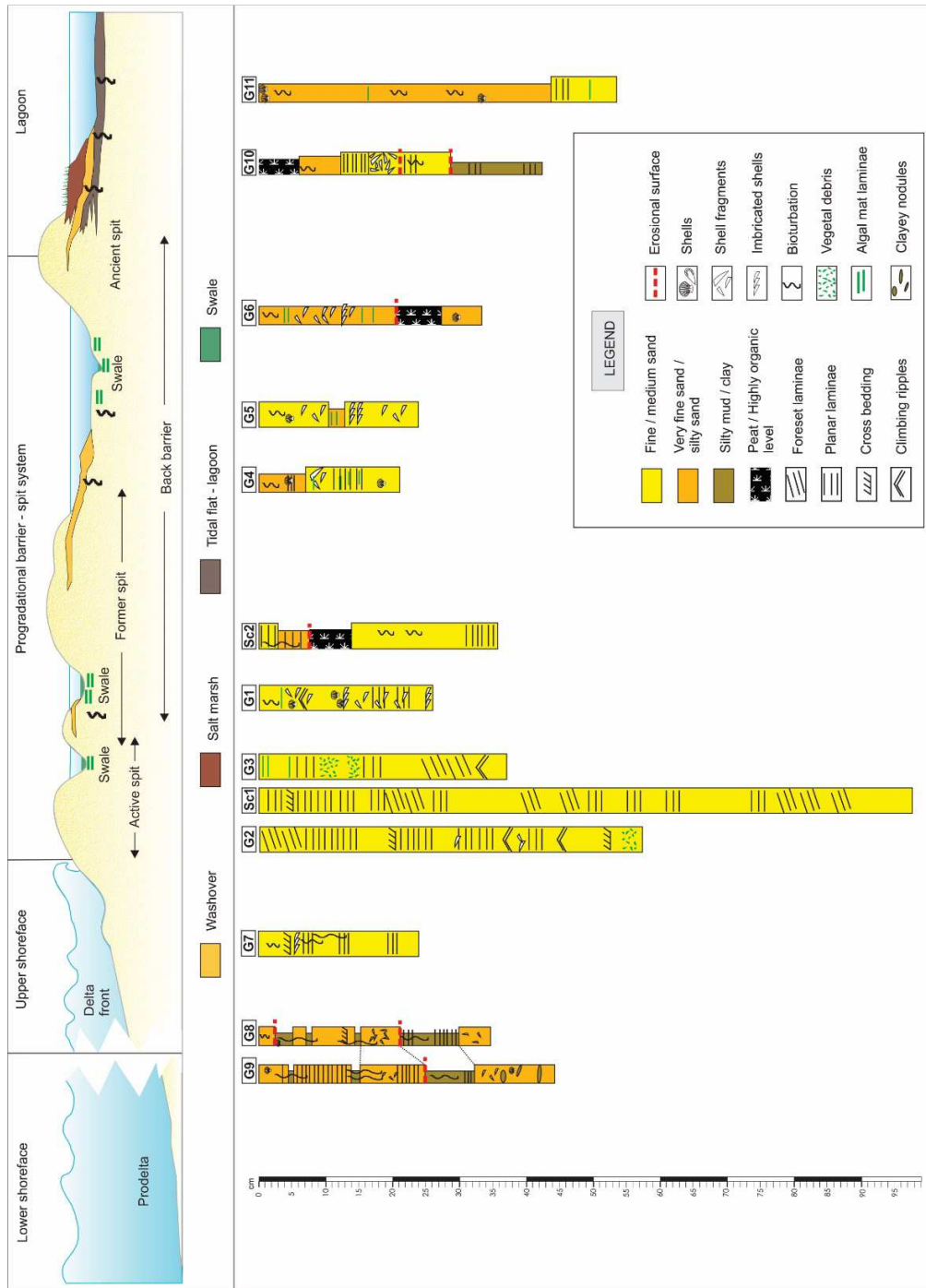
190 **4. Results**

191 The spit - barrier system of Goro was sampled with a series of short cores which allow for the typifying
192 of different contemporary depositional environments. Core location is presented in Fig. 1, as well as in
193 Fig. 2, where the core position is related to the morphological changes from 1955-2000.

194 Core logs were grouped according to the present depositional environments as follows: shoreface (delta
195 front and prodelta), active spit, back barrier (Fig. 3). According to the evolutionary phases depicted in
196 Fig. 1, the back barrier includes the initial spit, active up to 1981-83, hereinafter referred to as the
197 "ancient spit", and "former spit", corresponding to a set of ridges developed and progressively
198 abandoned during the spit progradation which occurred after 1981-83 and before the development of
199 the contemporary (2000) "active spit" arm.

200

201



202

203 Fig.3 – Schematic cross-section of the barrier-spit system with depositional environments and
 204 representation of relative core logs. See Fig. 1 for the position of the section.

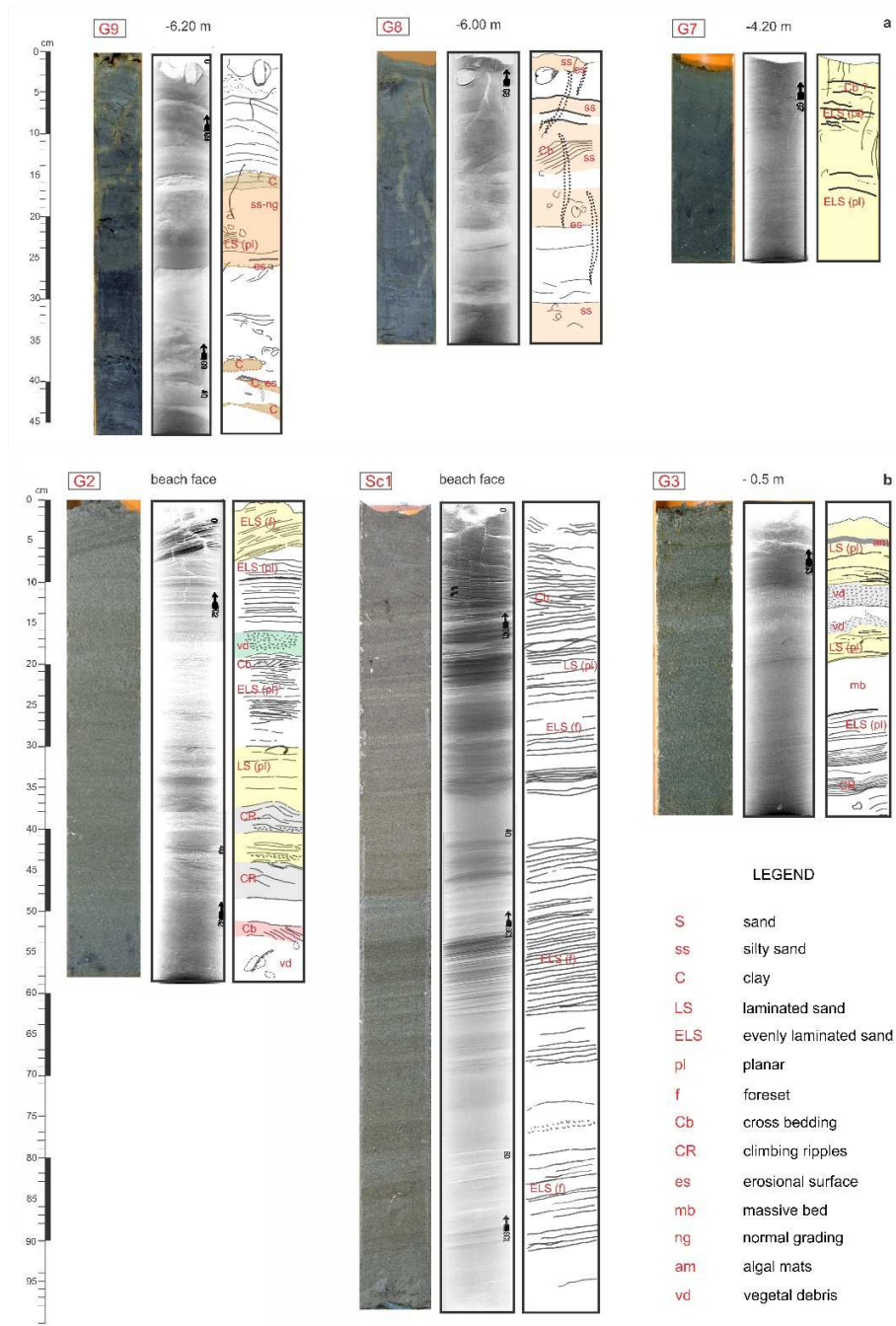
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206 Three cores were collected in the deltaic shoreface facing the Goro lagoon at the western limit of the Po
207 di Goro lobe: G7 was taken at a depth of -4.2 m in a distal portion of the delta front, G8, and G9 at -6 m
208 and -6.20 m, respectively, at the limit between the delta front and upper prodelta.

209 Core G7 consists of fine sand with weak laminations, identifiable only via X-ray, olive (5Y 5/3) or olive
210 gray (5Y 5/2) in the most surficial layers, darker at the bottom (very dark gray 5Y 3/1). Planar lamination,
211 cross-bedding and an imbricated shell level are visible only via X-ray. Muddy floccs are present and
212 responsible for a mottled aspect that masks lamination. Bioturbations are scarce and limited to the top
213 level. G8 and G9, collected at ca. -6.0 m depth, present the interbedding of coarser levels (above mm) of
214 very fine sand or silty sand and finer muddy beds. Sand is often laminated with planar beds or climbing
215 ripples. Erosional surfaces are evident on the bottom of some sandy beds and shell hash or clayey
216 nodules mixing in the sandy beds are present (bottom of G9). Bioturbation involves the first 30 cm of
217 both cores, on the top of G8 a bed truncates some vertical burrows. The two cores can be correlated
218 due to the presence of a sharp erosional surface in the middle part of the record and some
219 lithological/structural similarities (Fig. 3).

220 Cores G2, G3, and Sc1 were sampled on the active spit surface (within 1 m above mean sea level). In
221 particular, core Sc1 on the beach berm of the "former spit" in a tract with an evident erosional scarp,
222 where the sedimentary sequence was naturally exposed. Cores G2 and G3 were sampled on the western
223 terminal lobe of the "active spit", on the beach face, and on the near back barrier, respectively. The
224 cores consist entirely of light sand (olive gray 5Y 5/2, olive 5Y 5/3, grayish brown 2,5Y 5/2, light brownish
225 gray 2,5Y 6/2) with horizontal or sloped flat planar laminations. Sand is only occasionally massive and, in
226 some cases, there are cross-bedding and climbing ripples, identified only by X-ray. In core G3, algal mats
227 are easily recognizable on the top and as an underlying lamina transparent on X-rays (white in positive).
228 Beds with a high content of vegetal debris can be distinguished either by a macroscopic darker shade of

229 olive color or by less dense (lighter shade) and granular appearance on X-rays. Finally, whole shells were
 230 found in both G2 and G3.



232 Fig.4 – Detail of cores collected on the shoreface (prodelta-delta front) (a) and active spit (b). Each core
233 is represented by a photograph, an X-ray (positive) and a schematic interpretation, i.e., major
234 sedimentary structures, bioturbations and shells. Color background is used to depict homogeneous bed
235 characteristics due to lithology or sedimentary structures, identified by the acronyms in the legend. The
236 name of the core and sampling depth are reported at the top of each core triplet.

237

238 In the back barrier area, six cores were sampled. G1 and SC2 represent modern back barrier conditions
239 in areas previously involved in active sedimentation and then isolated by the rapid growth of a new spit
240 seaward (1998-2000). In particular, G1 was sampled on a spit formed between 1996 and 1998, partially
241 eroded and fragmented by waves between 1998 and 2000. The remnants were then fronted seaward by
242 a newly formed spit arm, and became a low energy environment where sedimentation was influenced
243 by marginal tidal circulation connected to the nearby tidal inlet and by occasional overwash involving
244 the external barrier. SC2 was sampled on the western flank of a branch of the “former spit”, which was
245 formed between 1986 and 1988 in the central part of the spit system. Core G4 was taken from a
246 protected environment with only weak tidal currents on the back barrier of the northernmost branch of
247 the “former spit” developed between 1996 and 1998. Cores G5 and G6 were sampled on the side of the
248 largest back barrier swale, connected to the artificial Goro inlet and dominated by tidal currents. Core
249 G11 was sampled from the backside of the ancient spit. Between 1955 and 1981-83, the area
250 experienced a rapid transition from open bay to back barrier, because of the formation of the new spit
251 arms. Finally, core G10 was taken from the western part of the artificial Goro inlet, in an area subjected
252 to rapid and dramatic environmental deterioration. The initial back barrier environment (1986-1996)
253 underwent flooding processes due to the erosion of the barrier after the artificial opening of the
254 secondary Goro inlet (1989).

255 The back barrier cores show a limited facies variability (Fig. 5): the most represented sediment tails are
256 fine sand, very fine sand or silty sand, but beds of medium sand (G5) and silty mud (G10) are still present
257 locally. Sediment color is generally dark (dark olive gray 5Y 3/2, dark grayish brown 2,5Y 4/2, dark gray
258 5Y 4/1, very dark gray 2,5Y 3/0, black 2,5Y 2/0) with frequent superficial lighter thin layers, because of
259 oxidation processes. Sands are weakly laminated (G1), laminated (G4, G10, G11, Sc2) or massive (G1),
260 with tractive structures as climbing ripples (G1). In three cases (SC2, G6, and G10) levels of peat or highly
261 organic levels, respectively, are evident, derived from plant remains and seen as completely transparent
262 on the X-rays (white in positive). Bioturbation structures are common, both superficial and buried. There
263 are algal mats as laminae or levels, quite evident on the X-ray (white in positive) and beds with shells,
264 whole or in fragments, sometimes arranged in imbricate levels. Graded beds, very rich in shell fragments
265 arranged without a preferential orientation of the valves, are present in core G4.

266

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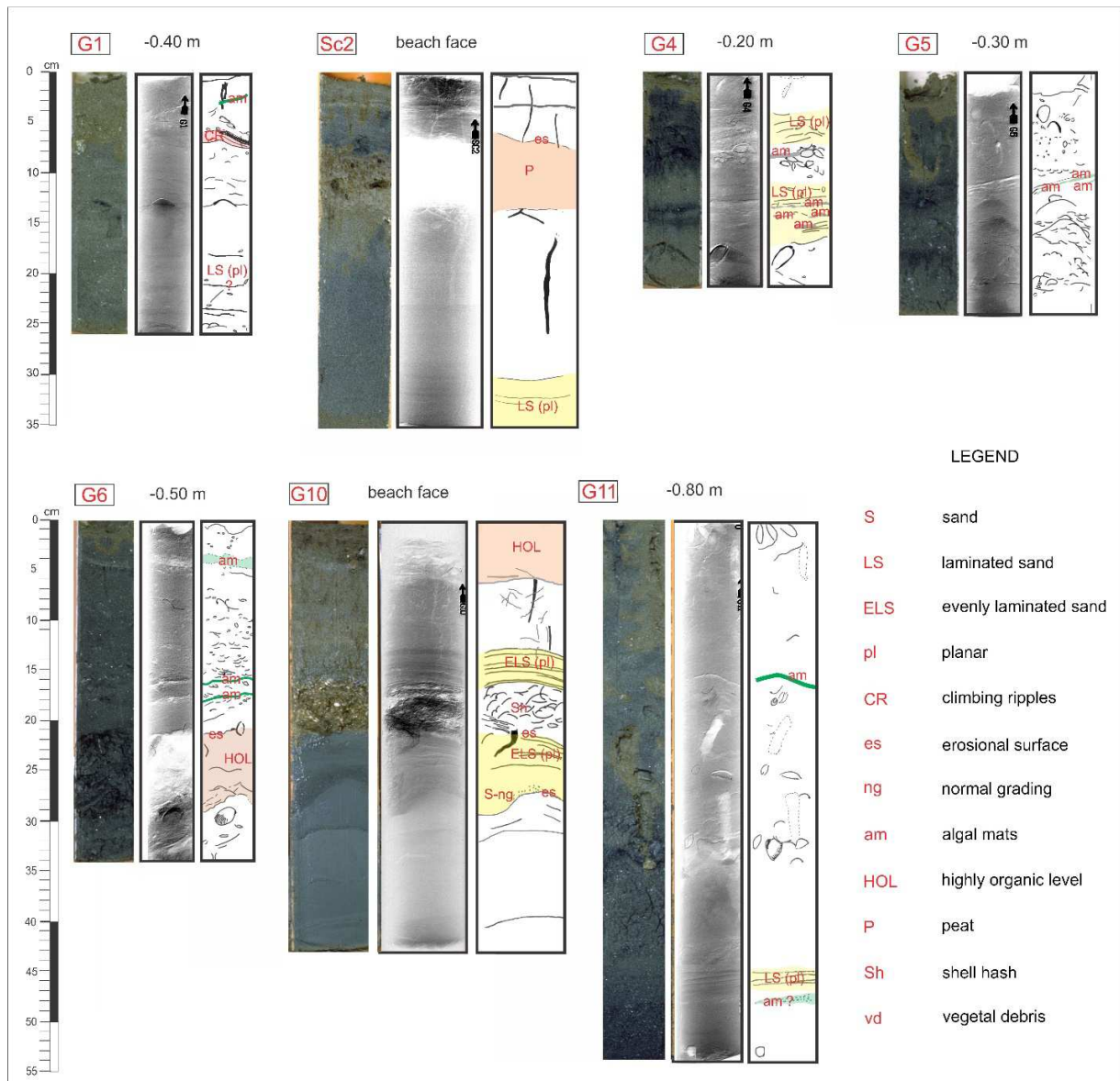
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274 Fig.5 – Detail of cores collected on the back barrier and swale. Each core is represented by a
 275 photograph, an X-ray (positive) and a schematic interpretation, i.e., major sedimentary structures,
 276 bioturbations, and shells. Pale colors or alternate blank areas are used to depict homogeneous bed
 277 characteristics due to lithology or sedimentary structures, identified by the acronyms in the legend. The
 278 name of the core and sampling depth are reported at the top of each triplet.

279

280 **5. INTERPRETATION AND DISCUSSION**

281 The morphological and physical characteristics of present depositional environments (delta front and
282 prodelta, active spit, back barrier) and their recent morpho-evolution reconstructed according to
283 cartographic and topographical data, allow for the interpretation of core facies and their sequence.

284

285 **5.1 Shoreface (delta front-prodelta transition)**

286 Delta front and prodelta represent contiguous transitional environments where bedload transport by
287 waves or fine fluvial suspended load, respectively, prevails. Within the upper shoreface the prevalent
288 wave-induced transport of the sandy sediments induces weak laminations, cross-bedding arrangement,
289 and bioclast imbrication (core G7). At the same time, the mottled macroscopic appearance is due to the
290 presence of muddy inclusions, which were likely deposited in the form of flocculated aggregates, settled
291 from the river hypopycnal plume (Nittrouer et al., 2004). The area of influence of the turbid plume of
292 the different tributaries of the Po River is quite large, and asymmetrically distributed southwards, thus
293 involving the entire area facing the Goro spit, as seen by the plume dispersal captured by satellite during
294 the prevailing local wind forcing (Braga et al., 2017; Manzo et al., 2018). This implies a markedly
295 asymmetrical distribution of the whole delta sediment, as already highlighted by Brambati et al. (1988).

296 The sedimentological alternation (visible in cores GB and G9) interpreted as a coarsely interlayered
297 bedding (CIB) structure (Reineck and Singh, 1980), reflects periodic changes in sediment supply and
298 turbid emission by the river, associated with alternating events of normal discharge and floods. As
299 observed by Nittrouer et al. (2004) the sediment released to the Adriatic Sea by the Po River consists of
300 more than 90 percent mud, composed of silt and clay particles, the latter significantly flocculated along
301 the lower river course. The high concentration of flocculated sediment leads to rapid settling on the

302 shoreface, and mud deposits begin to form in the Adriatic at water depths of 4 to 6 m, which can be
303 considered the closure depth or the limit between the delta front and prodelta.

304 The CIB structure in the cores confirms the above-described environmental conditions, which begin to
305 be conservative for cohesive deposits right here, although still subordinate to the coarser non-cohesive
306 component. Coarser beds, composed of very fine sand, are clearly identifiable on the X-rays (positive) by
307 their marked dark color, and predominate in the sampled series, demonstrating the effective exposure
308 to north-easterly and easterly winds. Thus, the wave-induced drift processes are responsible for the
309 selection of the sand component driven westward.

310 Occasionally the coarser levels present some typical characteristics of storm layers or of sands swept by
311 wave action, such as an erosive base which truncates bioturbation, and cross-bedding. Storm beds in the
312 modern sedimentary record of the wave-dominated continental shelf are common, also at depths
313 greater than 60 m (Budillon et al., 2005). In the northern Adriatic, the wave regime is significantly low
314 since the basin physiography constrains it, but south-easterly and especially north-easterly winds can
315 produce waves which have a significant impact on sedimentation. Waves can easily reach orbital bottom
316 velocity up to 40 cm/s in the Po prodelta at -12 m depth (Nittrouer et al., 2004), thus inferring
317 significantly higher values in the upper-mid shoreface. The winnowing of the sea bottom by a high
318 energy event was quite effective at producing a chaotic mixing of sand, fragments, and bivalve shells in
319 the lowermost part of core G9. The original interlayered muddy beds were also involved in re-working
320 and mixing, and were subsequently re-arranged as residual mud drapes, aggregates, or lenticular
321 nodules.

322 Differences in bed thickness and the lack of continuity of some beds in a relatively limited space (G8 and
323 G9 cores were collected 1 km apart) can be explained if taking into consideration the crenulated
324 distribution of the local shoreface sediments, as reported by Simeoni et al. (2000). Investigations in the

325 same area (Correggiari et al., 2005b) highlighted the presence of a rhythmic pattern of sand waves or
326 subaqueous transverse bars (sensu Niedoroda and Tanner, 1970 and Pellon et al., 2014) better
327 classifiable as long finger bars (Falques et al., 2018), which are likely responsible for the irregular
328 distribution of the sandy sedimentary drapes following the same pattern. Even though a specific
329 investigation is currently ongoing by other Authors, the presence of persistent long finger bars,
330 accomplished by shoreline undulations, could be linked to the so-called high-angle wave mechanism
331 (Falques et al., 2017), possibly due to the high angle of the refracted waves from east and northeast,
332 which also drives the spit morphodynamics and the river plume dispersal.

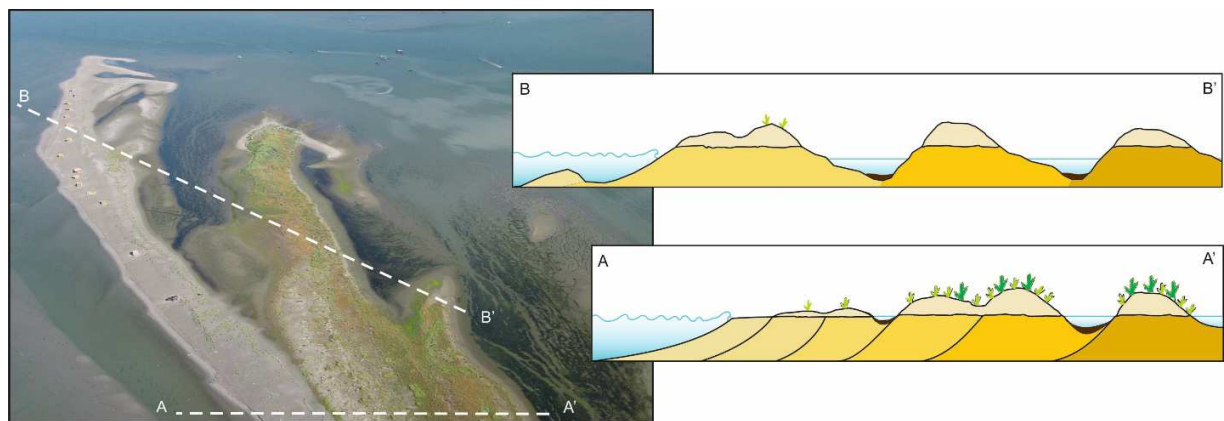
333

334 **5.2 Active spit**

335 The present depositional environment of the sandy active spit is part of the branched system formed
336 between 1983 and 2000 and described by Simeoni et al. (2007) as a result of the wave domain and the
337 high efficiency of longshore drift supplied by the mouth of the Po di Goro.

338 The sampled series (Sc1, G2, and G3) can be considered illustrative of various mechanisms of berm
339 development in distinct portions of the spit, each causing the beach to be prograde at different rates, as
340 suggested by Hine (1979). According to Hine's model, along with the straight portion of the spit (Fig. 6
341 section AA'), periods of low energy conditions promote the small accumulation of sediment on the
342 beach face. The resulting structure of the beach face is evident in the sequence of core Sc1: plane
343 stratification dipping seaward with an angle of 10-14°. Upward, a bed of coarser sand, arranged in a
344 horizontally planar stratification, corresponds to an increase in energy and water level, which resulted in
345 the redistribution of sediments on the top of the main berm (berm overtopping). Further to the west
346 where the spit begins to curve, nearshore longshore bars characterize the spit platform and, during calm
347 conditions (fair weather conditions), tend to migrate through the low tide terrace and weld onto the
348 beach berm, resulting in a process of berm accretion (Hine, 1979; Jensen et al., 2009). The progradation

349 is fastest nearest to the tip of the curved spit (Fig. 6, section BB'), and a process of berm-ridge
 350 development occurs (Hine, 1979). The rapid buildup of stacked berm-ridges (beach ridges in more
 351 modern terminology) isolates original runnels that remain inactive and protected from wave action and
 352 tidal current. The resultant beach pond can be filled slowly by wind-transported sand or evolve into a
 353 high intertidal swale (Otvos, 2000).



354

355 Fig.6 – Application of Hine's model (1979) of berm-ridge growth and beach development to the study
 356 area. On the left, the view from above the active Goro spit; on the right the different examples of the
 357 form sequences of a progradational spit: profile AA' shows the scheme of longshore bars welded onto
 358 beach berm, and profile BB' shows the tip of the spit characterized by berm-ridges and swales, (photo
 359 credit: Ferrara Province).

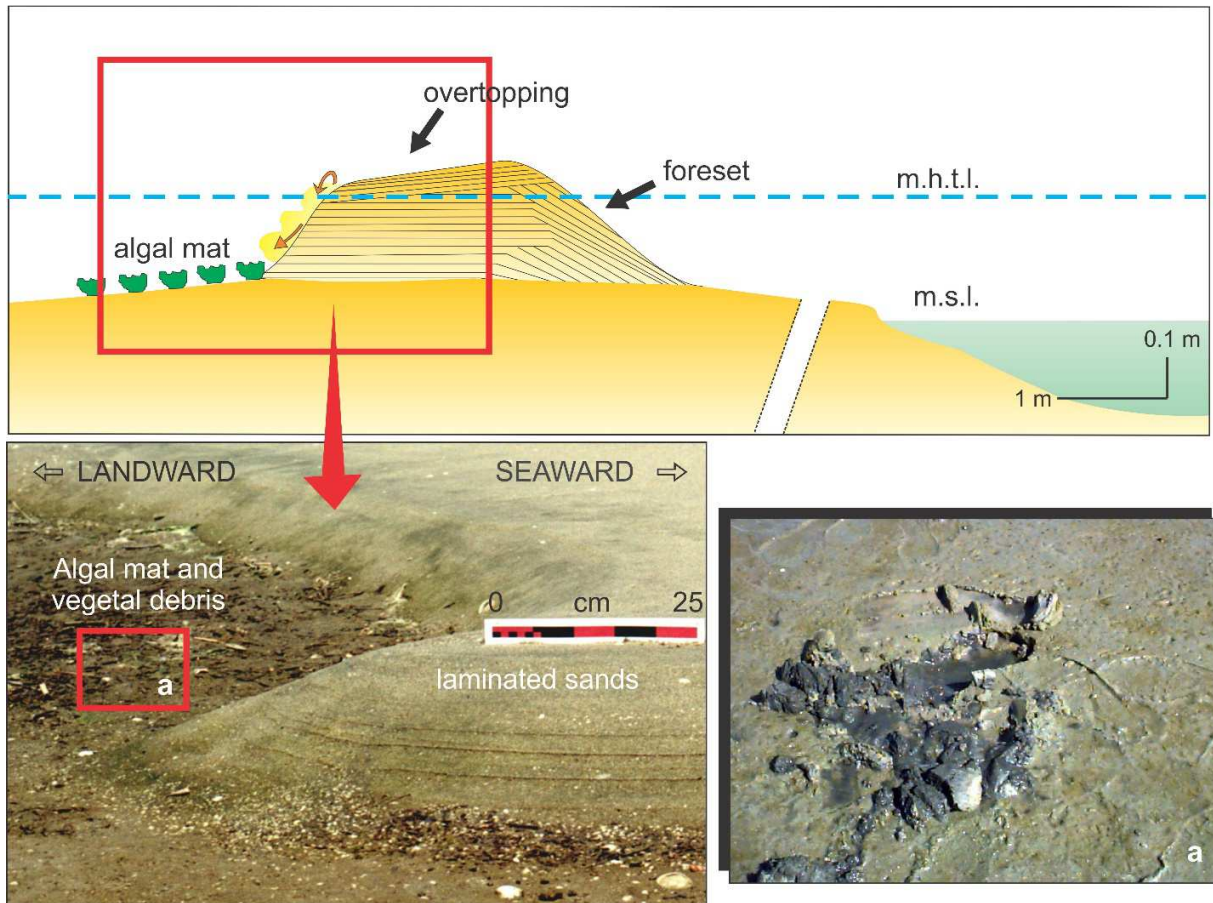
360 These mechanisms of berm development and beach progradation can explain the sedimentary structure
 361 of cores G2 and G3 (Fig. 4b). In fact, the foreset structure on the top of G2 corresponds to the beach
 362 face lamination during the growth phase. According to observations made by Hine (1979) and Jensen et
 363 al. (2009) the evenly planar laminae standing above the foreset can represent the topset of the berm,
 364 built up during overtopping in high tide conditions. The preservation of interbedding of planar laminated
 365 sands and levels with climbing ripples or cross-bedding in the lower half of core G2 (18-55cm) indicates
 366 an environment of deposition under the mean sea level (i.e., sub-tidal or lower inter-tidal) with rapid

367 sediment accumulation. It appears in agreement with the progressive emersion phase of the longshore
368 bars. On the bottom, small dark stains linked to organic remains coupled with bioturbation identify a
369 phase of scarce sediment supply, likely associated with the first phase of longshore bar construction.
370 The planar laminated sand alternating with massive beds in the middle and at the bottom of core G3
371 represent phases of transport by weak tidal currents interrupted by overtopping events, able to
372 accumulate more massive and coarser beds.

373 The proliferation of algal or microbial mats, as in the uppermost part of core G3, highlights the
374 temporary establishment of protected conditions. In general, mats benefit from low-rate sedimentation
375 but occasionally become buried by the landward-directed sedimentation of storm sands (Gerdes, 2007).
376 In detail, beds with a high level of vegetal debris content, distinguished at 15 cm and 12 cm from the
377 top, are attributed to filamentous mats embedded with or mixed with sand. According to Gerdes (2007),
378 this structure indicates pioneer transient stages of non-deposition, suffering subsequent sediment
379 burial. A longer period of sedimentary stasis favors the establishment of a mature microbial mat, as the
380 lamina observed at 5 cm from the top of G3, as well as the coherent mat cover at the topmost of the
381 core (Fig. 7). This could be used as a further marker of a progradational spit, which causes changes from
382 active sedimentation on the berm-ridge to a low-energy organic-bearing context typical of the swale.

383

384



385

386 Fig.7 – Schematic representation of sampling site G3, consisting of an active spit arm with relative
 387 macroscopic facies (e.g., algal mat and laminated sands).

388

389 5.3 Back barrier and swale

390 The rapid formation and evolution of the branched spit system, as documented by shoreline data,
 391 isolated the back barrier and swale environments, where local characteristics are related to the
 392 temporary prevalence of different coastal processes.

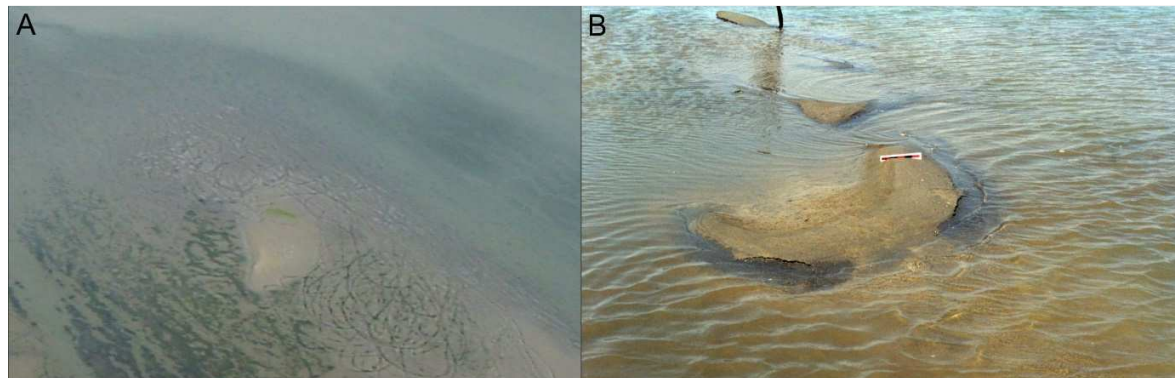
393 The area proximal to the “former spit” apex (core G1) testifies to the alternation of a different process
 394 domain in the wider progradational context. Weakly laminated structures and levels of imbricated,
 395 mostly whole shells with concavity downward are indicators of the efficiency of tidal currents in

396 sediment transport in the first phase. Upwards in the sequence, a set of climbing ripples indicates a
397 more recent phase of sedimentary input, likely associated with overwash processes. The wave-
398 reworking hypothesis is supported by the presence of a level very rich in shells (bivalves) and of a
399 massive sandy bed on the top of the core. The burrows (bioturbation) and biomat laminae indicate the
400 modern, calmer environment and a reduction in sediment input.

401 On the eastern part of the spit branch formed between 1986 and 1988, the first phase of spit
402 construction is in evidence at a low depth (35 cm). A sand unit with planar lamination at the bottom of
403 core SC2 represents the topset of the berm, according to the previously mentioned process (cfr. active
404 spit). The intense bioturbation, visible in the central part of the sequence, can be attributed to a
405 decrease in longshore sediment supply after the formation of the new spit seawards. The protected
406 conditions allows for the formation of a salt marsh (peat level) overlaid through erosional contact by a
407 bed of laminated silty sand and sandy layers, testifying to the recovery of the deposition after an
408 erosional event. The abrupt sedimentary shift from peat to a higher energy silty-sand phase can be
409 explained by taking into consideration a breach formation in the thin tract of the seaward spit (captured
410 in aerial photos in the winter of 1998, see Fig. 1), that allowed for the reactivation of circulation in the
411 swale channel between the two spit branches. The breach was already closed two years later, thus
412 implying that the subsequent sedimentary stasis enhanced the diffuse superficial bioturbation.

413 In the swale area, sediment reworking is widespread due to clam harvesting in shallow waters and
414 results in bed furrows, as visible in Fig. 8. Beds of artificial reworked sediment are present at different
415 depths in the sampled core (G4), and are overlaid by tractive laminae and thin layers of sandy silt and
416 algal mat. These attest to a swale environment, where natural sedimentation of fine suspended
417 sediment is dominant at times and where, during stasis conditions, microbial mats develop above the
418 lagoon bed.

419



420

421 Fig.8 –Effects of the physical disturbance caused by boats used for clam harvesting in the Goro Lagoon
 422 (a) aerial view with circular tracks left by fishing boats (photo credit: Ferrara Province); (b) detail of the
 423 furrows (benchmark length 25 cm).

424 At the swale connected to the artificial Goro inlet, the variable intensity and effects of tidal currents
 425 enhanced or hindered sedimentation, according to the progressive migration of the active spit branches
 426 facing seaward. The two series G5 and G6 represent this type of depositional environment. Lagoon infill
 427 processes are represented by levels of imbricate shells and relatively coarser sand on the bottom part of
 428 G5; they are a consequence of barrier overwash linked to its former proximity to the active spit.
 429 Reduced circulation and sedimentary stasis are marked by the microbial mats or by fine sediment
 430 deposition, as well as by a highly organic level, present in the middle of G5 and the lower part of core
 431 G6. The diffuse high amount of bivalve shells, whole or fragmented, should be seen as the results of
 432 intensive activity of clam cultivation and harvesting in the areas adjacent to the tidal inlet. In some
 433 cases, the tractive action of tidal current allows for the formation of imbricated shell beds, typical of
 434 tidal channels (Davis et al., 2003).

435 The backside of the “ancient spit” (G11) is dominated by sand with a high quantity of shells, despite the
 436 relatively high distance from the current shoreline. This indicates the permanence of transgressive

437 coastal processes, in particular overtopping and overwash, as evidenced by the presence of weak
438 lamination, partially destroyed by heavy and scattered active burrowing. The dark color indicates the
439 partial preservation of the organic component, and the presence of algal mat layers or laminae indicates
440 temporary phases of sedimentary quiescence, typical of areas partially protected from tidal circulation
441 and waves.

442 A typical transgressive sequence is seen in core G10, where the predominantly clayey material on the
443 bottom is topped by a sandy layer via an erosive surface. This coarser level is normally graded in the
444 lower part and thinly laminated in the upper one. The transgressive sequence ends with a marked
445 washover deposit, consisting of an irregular bed of shells immersed in a sandy matrix. Washover occurs
446 when during storm events, waves bypass or break up the barriers, depositing the material transported in
447 the form of a delta originating from unidirectional intermittent waves (Schwartz, 1982). Usually, these
448 are graded at the base, with abundant shell lag levels, and laminated on the top, due to the subsequent
449 re-arrangement by swash (topset laminae). Finally, the top of the core maintains a small back barrier
450 regressive sequence, as seen by a layer of bioturbated silty sand (tidal flat deposits) overlaid by organic
451 mud, rich in salt marsh plant remains (roots and leaves).

452 **5.4 Remarks on modern progradational barrier spit facies**

453 High resolution stratigraphy derived by short core data coupled with the diachronic information on
454 environmental changes which occurred during the progradational phases of the barrier spit system
455 provides a detailed new insight and a thorough understanding of the sedimentary architecture linked to
456 the complex morphodynamics of human-altered deltaic coastlines.

457 A schematized regressive barrier, which occurs when the rate of sediment accumulation exceeds the
458 rate of the creation of sediment accommodation (Timmons et al., 2010), implies that the shoreline
459 prograde seaward, through a large scale welding of the migrating barrier bodies. A detailed analysis of

460 the morphological evolution of the Goro barrier spit system during the maximum progradational phase,
461 highlights the placement of a succession of detached sand bodies which occupy the former spit
462 platform, thus creating a complex system of low-lying ridges and swales. The changes in the pattern of
463 the longshore drift due to human activities (mostly linked to the control of the river sediment supply,
464 and opening of new tidal inlets) condition the growth of the spit system. The result is an irregular
465 process, which implies phases of rapid longshore growth, hooked spit development, cannibalization,
466 overwashing and breaching (Simeoni et al., 2007). The correspondent sedimentary sequences present
467 an overlap of short records, each associated both temporally and spatially to a distinct event or
468 environmental transformation.

469 The dominance of sand in almost all the cores is a consequence of the high rate of progradation of the
470 spit system, therefore the abandoned spit branches preserve the sandy characteristics of frontal
471 barriers. Signatures of the new position in a more protected environment are diffuse bioturbation and
472 laminae or beds of algal mat and the typical dark color of the sediments due to poor oxygenation. If the
473 protected conditions persist over time and the bed elevation is adequate, the sandy levels may be
474 interspersed with peat beds, as a result of colonization by intertidal superior vegetation evolving into a
475 salt marsh. Alternatively, the more protected areas can become traps of fine (mainly silt) material,
476 coming from either the river plumes or from the re-suspension induced by clam harvesting. The
477 concomitant effect of subsidence and the high rate of progradation favor the low elevation of the
478 barriers and spits and small scale overtopping or breaching processes are thus frequent. Stratigraphic
479 recognition of small transgressive processes - better considered reactivation processes - is common in
480 the areas close to the barrier, because of occasional overtopping or washover events resulting in
481 massive beds of coarser material rich in shells. Transgressive signals are particularly effective in the most
482 starved portions of the spit system, where longshore sediment supply is impeded, resulting in a short
483 negative sequence as a consequence of human activity, i.e., the artificial opening of a tidal inlet.

484 The strong human influence on alongshore drift and subsequent hybrid (regressive and transgressive)
485 evolutionary behavior of barrier systems (Anthony and Blivi, 1999), as well as the effects of re-
486 suspension induced by the man-made physical disturbance of the sea-bottom, are factors to be taken
487 into account in studies on contemporary (Anthropocene) stratigraphy.

488

489 **6. Conclusion**

490 The Goro spit is a typical example of a deltaic barrier-spit whose evolutionary style is the direct result of
491 the transformation of the territory and the changing discharge regime of the Po River. The progressive
492 reduction of fluvial sediment supply during the last century modified the evolutionary styles of the spit
493 without yet changing the overall progradational trend. The persistent progradation of the spit between
494 1955 and 2000 is emblematic of a human-influenced process that cannot be summarized by a simple
495 stratigraphic scheme. Thanks to the particular characteristics of this spit barrier system, a series of
496 contiguous nearshore depositional environments occur and evolve at the human scale.

497 Coupling the recent detailed stratigraphy with contemporary high-resolution data on shoreline changes
498 represents the methodological approach, which allows for an improvement in the interpretation of
499 facies and related processes. At the same time, X-ray analysis on the sediment cores increase the
500 possibility of recognizing sedimentary structures originating from small-scale changes of the different
501 depositional environments.

502 The data allow for a series of main, contiguous, depositional sub-environments to be identified, with a
503 relatively high facies variability and sedimentary signatures. The accurate reconstruction of the coastal
504 evolution implies the recognition of either long-lasting periods or abrupt events responsible for the
505 environmental changes involving portions of the spit that can induce shifting from a high to a low energy
506 environment, as well as sporadic trend reversal. The results and corresponding interpretation increase

507 knowledge regarding the sedimentary characteristics of the Po region and represent a contribution to
508 understanding a depositional model of barrier islands, in particular when human activities are crucial in
509 determining longshore transport changes and, consequently, the coexistence of different evolutionary
510 trends.

511

512 **Appendix A. Supplementary data**

513

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520 **Declarations of interest**

521 None

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526

527

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- The deltaic barrier spit system of Goro is prograding during 1955-2000.
- Development of contiguous depositional environments occurs at human scale.
- Detailed core stratigraphy and historical aerial photos are coupled.
- X-rays improve recognition of sedimentary structures and events.
- The anthropic interaction leaves recognizable signatures in the sedimentary record.

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