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Selection and constraints on offspring size-number trade-offs in sand lizards (*Lacerta agilis*)

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Selection and constraints on offspring size-number trade-offs in sand lizards (*Lacerta agilis*)

Abstract

The trade-off between offspring size and number is a central component of life-history theory, postulating that larger investment into offspring size inevitably decreases offspring number. This trade-off is generally discussed in terms of genetic, physiological or morphological constraints; however, as among-individual differences can mask individual trade-offs, the underlying mechanisms may be difficult to reveal. In this study, we use multivariate analyses to investigate whether there is a trade-off between offspring size and number in a population of sand lizards by separating among- and within-individual patterns using a 15-year data set collected in the wild. We also explore the ecological and evolutionary causes and consequences of this trade-off by investigating how a female's resource (condition)- vs. age-related size (snout-vent length) influences her investment into offspring size vs. number (OSN), whether these traits are heritable and under selection and whether the OSN trade-off has a genetic component. We found a negative correlation between offspring size and number within individual females and physical constraints (size of body cavity) appear to limit the number of eggs that a female can produce. This suggests that the OSN trade-off occurs due to resource constraints as a female continues to grow throughout life and, thus, produces larger clutches. In contrast to the assumptions of classic OSN theory, we did not detect selection on offspring size; however, there was directional selection for larger clutch sizes. The repeatabilities of both offspring size and number were low and we did not detect any additive genetic variance in either trait. This could be due to strong selection (past or current) on these life-history traits, or to insufficient statistical power to detect significant additive genetic effects. Overall, the findings of this study are an important illustration of how analyses of within-individual patterns can reveal trade-offs and their underlying causes, with potential evolutionary and ecological consequences that are otherwise hidden by among-individual variation.

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1 **Selection and constraints on offspring size-number trade-offs in sand lizards (*Lacerta agilis*)**

2

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14 **Running title**

15 Size-number trade-off in sand lizards

16

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21

22 **Abstract**

23

24 The trade-off between offspring size and number is a central component of life history theory,
25 postulating that larger investment into offspring size inevitably decreases offspring number. This
26 trade-off is generally discussed in terms of genetic, physiological or morphological constraints,
27 however, as among-individual differences can mask individual trade-offs, the underlying
28 mechanisms may be difficult to reveal. In this study we use multivariate analyses to investigate
29 whether there is a trade-off between offspring size and number in a population of sand lizards by
30 separating among- and within-individual patterns using a 15-year dataset collected in the wild.
31 We also explore the ecological and evolutionary causes and consequences of this trade-off by
32 investigating how a female's resource- (condition) *versus* age-related size (snout-vent length)
33 influences her investment into offspring size *versus* number (OSN), whether these traits are
34 heritable and under selection, and whether the OSN trade-off has a genetic component. We found
35 a negative correlation between offspring size and number within individual females and physical
36 constraints (size of body cavity) appear to limit the number of eggs that a female can produce.
37 This suggests that the OSN trade-off occurs due to resource constraints as a female continues to
38 grow throughout life and, thus, produces larger clutches. In contrast to the assumptions of classic
39 OSN theory, we did not detect selection on offspring size, however, there was directional
40 selection for larger clutch sizes. The repeatabilities of both offspring size and number were low
41 and we did not detect any additive genetic variance in either trait. This could be due to strong
42 selection (past or current) on these life history traits, or to insufficient statistical power to detect
43 significant additive genetic effects. Overall, the findings of this study are an important illustration
44 of how analyses of within-individual patterns can reveal trade-offs and their underlying causes,

45 with potential evolutionary and ecological consequences that are otherwise hidden by among-
46 individual variation.

47

48 **Introduction**

49
50 Life history theory is characterized by trade-offs (Garland, 2014), such as energetic investment of
51 limited resources into somatic maintenance *versus* reproduction, present- *versus* future
52 reproduction and offspring-size *versus* number (OSN henceforth, Lessels, 1991; Stearns, 1992;
53 Olsson & Shine, 1997). Specifically, OSN theory is based on the implicit assumption that
54 offspring size is related to fitness, because larger offspring tend to have higher performance and
55 reproductive output, and greater chances to survive (Ferguson & Fox, 1984; McGinley *et al.*,
56 1987; Sinervo, 1990; Einum & Fleming, 2000; Roff, 2002). Hence, if resources are unlimited, a
57 female is expected to invest more resources per offspring to enhance her own reproductive
58 success (Lack, 1947; Smith & Fretwell, 1974; Brockelman, 1975; Grafen, 1988). However, under
59 limited resources, OSN theory predicts that a mother cannot increase the size of individual
60 offspring without a concomitant reduction in the number of offspring produced and, hence, a
61 trade-off between these two traits will be inevitable (Smith & Fretwell, 1974; Stearns, 1992;
62 Einum & Fleming, 2000). This reasoning is based on constraints at the physiological level,
63 however, trade-offs can also occur at the genetic and morphological level, i.e., a trade-off may
64 also be caused by a negative genetic correlation between two (or more) traits, or physical
65 constraints due a female's body size or shape (Shine, 1992; Edward & Chapman, 2011; Ford &
66 Seigel, 2015). As physiological and morphological trade-offs may have a genetic basis and
67 different genotypes may differ in how they allocate resources, these explanations are not
68 necessarily incompatible. However, only genetic trade-offs can translate into evolutionary trade-
69 offs, and trade-offs at this level may have considerable effects on the rate and direction of
70 evolution of the correlated traits (Stearns, 1992).

71

72 The trade-off between offspring size and number is one of the central concepts in life history
73 theory (Stearns, 1992). At the interspecific level the theoretically expected negative correlation
74 between these two traits has frequently been observed (Roff, 1992; Visman *et al.*, 1996;
75 Christians, 2000; Walker *et al.*, 2008). However, within species, a wide range of phenotypic
76 correlations between offspring size and number have been reported and the reason for this has
77 been widely discussed (e.g., van Noordwijk & de Jong, 1986; Stearns, 1992; Moyes *et al.*, 2006,
78 2009). Variation in female “quality” has long been recognized as a potential confounding factor,
79 as an OSN trade-off could be masked by better “quality” females laying both more and larger
80 eggs, and *vice versa*. This type of quality effect is based on the assumption that differences in
81 resource acquisition among individuals directly affect their fitness, and has often been corrected
82 for by using maternal body size or condition as an indicator of individual quality (see Lim *et al.*,
83 2014 for a recent meta-analysis). Although frequently applied in studies investigating resource
84 allocation trade-offs, this approach has received criticism (Moyes *et al.*, 2009; Wilson & Nussey,
85 2010; Cam *et al.*, 2013). Firstly, it is unlikely that a single trait captures the “quality” of a female;
86 it is more likely the result of a suite of fitness-related traits. Secondly, other factors than a
87 female’s resource-related size, such as her age-related size in species with indeterminate growth,
88 could influence her reproductive strategy (Forslund & Pärt, 1995; Cam & Monnat, 2000; van de
89 Pol & Verhulst, 2006; Ford & Siegel, 2015). One way to look for trade-offs, without having to
90 consider potential confounding among-individual effects, is to analyse within-individual patterns
91 of phenotypic covariance across measurements. This approach dates back to Robinson’s (1950)
92 seminal paper on “the ecological fallacy”, i.e. drawing conclusions about a lower level (here trait
93 associations within individuals; individual-level) based on observations at a higher level (here
94 trait associations among individuals; population-level).

95

96 In this study we use a 15-year dataset on 353 female sand lizards (*Lacerta agilis*) and their 4626
97 offspring to investigate OSN trade-off patterns within individuals over multiple reproductive
98 episodes in the wild. A negative relationship between clutch size and offspring size, and a
99 positive relationship between clutch size and female size (mass), has previously been shown at
100 the population level, using a smaller data set (5 years) on this population (Olsson & Shine, 1997).
101 This led the authors to propose that larger females have more numerous but smaller offspring but,
102 in contrast, they observed a positive relationship between maternal and offspring size. These
103 conflicting findings could be due to confounded among- and within-individual effects or, as sand
104 lizards continue to grow at a diminishing rate throughout life, entangled effects of a female's
105 resource-related size and her age-related size. If energetic constraints are responsible for the
106 trade-off observed in this population, increased resource availability should lead to more
107 consistent offspring sizes. However, Olsson and Shine (1997) showed that the slope of the OSN
108 trade-off was consistent among years of varying resource availability, and when lizards were kept
109 at *ad libitum* food availability in the laboratory, hence, suggesting a genetic basis for the
110 relationship between these two traits.

111
112 The aim of this study is to further explore the OSN trade-off observed in this lizard population
113 and its ecological and evolutionary causes and consequences. We do this by analysing trait
114 correlations within individual females and by addressing the following questions: (i) Is the OSN
115 trade-off observed at the population level matched at the individual level, i.e., do individuals
116 trade off offspring size and number? (ii) How does female size (resource- *versus* age-related)
117 influence investment into offspring size *versus* number? (iii) Which investment trait, offspring
118 size or number, is the primary target of selection? (iv) Are these two maternal investment traits
119 heritable, and does the OSN trade-off have a genetic component?

120

121 **Methods**

122

123 THE MODEL SYSTEM AND STUDY SITE – THE SWEDISH SAND LIZARD (*LACERTA*
124 *AGILIS*)

125

126 The sand lizard (*Lacerta agilis*) is a small ground-dweller (max 20 g) with a distribution range
127 that is ca 8000 x 5000 km, one of the largest of any reptile (Bischoff, 1984). Our study population
128 at Asketunnan is situated ca 50 km south of Gothenburg on the Swedish west coast (latitude 57°
129 22, longitude 11° 59). Sand lizards grow at a diminishing rate through life, hence body size and
130 age are positively correlated (Olsson & Shine, 1996). Maturation is reached at an age of 2-3 years
131 and, in Sweden, females lay a single annual clutch of 5-15 eggs. Each year (1987-1991 and 1998-
132 2007) we followed the same field and laboratory protocols, which have previously been
133 described in detail (e.g., Olsson, 1994; Olsson & Shine, 1997; Olsson *et al.*, 2000, Olsson *et al.*,
134 2011b,c; Ljungström *et al.*, 2015). In brief, lizards of known identity were monitored at our
135 Asketunnan study site on every day that permitted lizard activity through April, May and early
136 June. Asketunnan is a rocky peninsula ca 500 x 400 meters which during the study period
137 contained a stable population of ca 150-200 adult lizards which were easily monitored and
138 tracked. In early June, females were brought to laboratory facilities at University of Gothenburg
139 approximately one week before oviposition (which is obvious from egg contours visible on the
140 sides of the body). Females were kept individually in cages (40 x 50 x 60 cm) with a spotlight at
141 one end of the cage to allow thermoregulation and a flat rock with a wet patch of sand underneath
142 to direct egg laying. Eggs were collected within hours of laying and incubated at 25°C, the
143 temperature with the highest hatching success and the least developmental asymmetries

144 (Zakharov, 1989). After approximately 40 days the eggs hatched at this temperature and the
145 hatchlings were marked, measured and released at random sites at Asketunnan. For the years
146 1998-2007, maternity and paternity was confirmed using 21 microsatellites (Olsson *et al.*,
147 2011a). Offspring survival was assessed annually as per our previous work (e.g., Olsson &
148 Madsen 2001; Ryberg *et al.*, 2004). We have shown before that by searching a 600 m corridor
149 around Asketunnan (a peninsula), a distance five times the maximum recorded annual dispersal
150 distance for an offspring in this population (Olsson *et al.*, 1996; Ryberg *et al.*, 2004), we remove
151 the risk of having dispersal confound our estimates of mortality/survival.

152
153 Climatic data was purchased from the Swedish Bureau of Meteorology and Hydrology (SMHI)
154 using data from the Varberg weather station (closest available to our field site, in the same coastal
155 position, situated ca 50 km south of Asketunnan). Varberg and Asketunnan are situated right on
156 the coast, which is the main factor dictating cloud cover and rain fall, and thus basking
157 opportunities for lizards in this area (Olsson & Shine, 1996; Olsson *et al.*, 2010; Ljungström *et*
158 *al.*, 2015). In order to estimate the environmental conditions the offspring experienced after
159 release and prior to hibernation (the crucial period affecting survival), we calculated annual grand
160 means of mean temperatures recorded per day for August-September to represent the activity
161 period before hatchlings enter into hibernation.

162

163 STATISTICAL ANALYSES

164

165 OSN PATTERNS AND FEMALE SIZE EFFECTS AMONG AND WITHIN INDIVIDUALS

166

167 To assess the relationship between offspring size and number among and within individuals, we
168 fitted a restricted maximum likelihood (REML) bivariate mixed model with clutch size and mean
169 offspring mass (hereafter also referred to as offspring size) as dependent variables and female ID
170 (*id*) as a random effect. Year of breeding (*YEAR*) was included as a fixed factor to control for the
171 effect of inter-annual variation on both variables. In summary, the following bivariate mixed
172 model for the *h*th dependent variable of individual *i* in year *j* was applied:

173

$$174 \quad Y_{hij} = u + YEAR_{hj} + id_{hi} + e_{hi} \quad (\text{Model 1})$$

175

176 The random effect female ID id_{hi} and the within-individual residuals e_{hi} were modelled with
177 unstructured covariance matrices to yield the among- and within-individual variances in both
178 traits, as well as their among- and within-individual covariances. Prior to running the bivariate
179 model, we studied statistical significance of fixed and random factors with univariate models for
180 mean offspring mass and clutch size, respectively. Significance of the fixed factor ($\alpha = 0.05$) was
181 assessed with conditional Wald F statistics and that of random factors with likelihood ratio tests
182 (LRT), testing the difference in the $-2 \log$ likelihood between hierarchal models against a chi-
183 square distribution with number degrees of freedom equal to the difference in number of
184 estimated terms (Pinheiro & Bates, 2000).

185

186 To investigate the effect of female mass on clutch size and mean offspring mass among and
187 within individuals, we ran Model 1 with female mass after oviposition and either of these two
188 variables as responses. Female mass is a combined component of two variables, the condition of
189 a female and her size due to continuous growth throughout life (snout-vent length), which may

190 have separate effects on offspring size and number. Hence, to further explore the relationship
191 between female mass and the OSN trade-off, Model 1 was also used to test the correlation
192 between clutch size and mean offspring mass and either female condition (annual residuals of
193 female mass after oviposition on snout-vent length) or snout-vent length (hereafter referred to as
194 body size). We also ran the model with snout-vent length and total clutch mass as dependent
195 variables, to test whether total reproductive investment changed with age-related size. For all
196 bivariate models, the significance of each covariance was tested by comparing the likelihood of
197 the full model with the likelihood from a model in which the covariance was fixed at zero. The
198 likelihoods were compared using an LRT with a single degree of freedom (Pinheiro & Bates,
199 2000). The univariate and bivariate analyses described in this section included 353 females with
200 561 clutches and 4626 individual offspring over 15 years (1987-1991 and 1998-2007). There
201 were 133 females that bred in multiple years (85 bred twice, 30 bred in 3 years, 10 in 4 years, 7 in
202 5 years and 1 in 6 years) and 220 females bred once. Only females with at least two breeding
203 attempts have within-individual residuals and hence contribute to estimation of trait-covariation
204 within individuals in the bivariate models. All analyses in this section were performed in ASReml
205 2.0 (VSN International; Gilmour *et al.*, 2006).

206

207 DETERMINANTS OF OFFSPRING RECRUITMENT – SELECTION ON OFFSPRING SIZE 208 AND NUMBER

209

210 The selection analysis was performed by running a univariate mixed model using a female's
211 seasonal number of recruits (*REC*) as response variable, clutch size (*CSIZE*) and mean offspring
212 mass (*MOFFMASS*) as predictors, and female mass (*FMASS*) after oviposition as covariate.
213 Offspring recruitment may not only be determined by offspring size or number, but also by

214 timing of hatching and weather conditions late in the season (Adolph & Porter, 1993; Olsson &
 215 Shine, 1997). Hence, oviposition date (*LDAY*; expressed in Julian days since 1 January), annual
 216 grand means of mean temperatures recorded per day for August-September (*STEMP*; hereafter
 217 referred to as “late summer temperature”), and year of breeding (*YEAR*) were included as
 218 covariates, and female ID (*id*) was fitted as a random effect to account for multiple measures per
 219 female. To test for differences in the effects of mean offspring mass and clutch size on
 220 recruitment among years of breeding, we also fitted the interactions between these variables.
 221 Thus, we used the following mixed model for recruitment of individual *i* in year *j*:

$$\begin{aligned}
 222 \\
 223 \text{REC}_{ij} = & u + \text{CSIZE}_{ij} + \text{MOFFMASS}_{ij} + \text{YEAR}_j + \text{CSIZE}_{ij} * \text{YEAR}_j + \text{MOFFMASS}_{ij} * \text{YEAR}_j + \\
 224 & \text{FMASS}_{ij} + \text{LDAY}_{ij} + \text{STEMP}_j \\
 225 & + id_i + e_i \qquad \qquad \qquad \text{(Model 2)}
 \end{aligned}$$

226
 227 where fixed effects are denoted in upper case, and random effects in lower case letters,
 228 respectively. Non-significant fixed effects were sequentially dropped from the model until
 229 remaining terms were significant ($\alpha = 0.05$) (but retained if their interaction was significant). All
 230 parameter estimates were solved for using REML algorithms implemented in SAS 9.3. Statistical
 231 significance of fixed effects was determined using Kenward-Roger F statistics and random
 232 effects were assessed with LRTs as outlined for the univariate analyses in the section above. The
 233 selection analysis was based on 3945 offspring from 465 clutches and 303 females over 12 years
 234 (1989-1991 and 1998-2006). Selection analysis using recruits as the female fitness measure has
 235 been criticized because it straddles two generations and, hence, the female’s fitness is not
 236 independent of the genetic contribution from the male affecting offspring survival (e.g., Lande &
 237 Arnold, 1983; Arnold & Wade, 1984a,b; Wolf *et al.*, 2004). However, size-dependent offspring

238 survival is at the very heart of OSN theory and is assumed to dictate selection on offspring size,
 239 with concomitant shifts in clutch size, which was our rationale for adopting this approach.

240
 241 **HERITABILITY OF OFFSPRING SIZE, NUMBER AND THE BASIS OF THEIR TRADE-OFF**

242
 243 We used univariate animal models to investigate whether offspring size and number are heritable
 244 in this population. Animal models incorporate pedigree information into linear mixed models to
 245 estimate the additive genetic variance of the trait of interest in the population under study (Lynch
 246 & Walsh, 1998; Kruuk, 2004). The pedigree was formed by 3651 identities over 3 generations,
 247 incorporating 254 fathers and 271 mothers. Among the 449 clutches included in the animal model
 248 for clutch size, there were 97 belonging to females with at least one known relative (i.e., with
 249 known mother). In the analysis of mean offspring mass, 422 clutches were included out of which
 250 88 belonged to females with at least one known relative. The rest of the clutches included in the
 251 analyses did not belong to females with known relatives, but they contribute to estimating the
 252 total phenotypic variance of clutch size *versus* mean offspring mass more accurately.

253 Our univariate animal models with either mean offspring mass or clutch size as dependent
 254 variable had the following structure, representing the response of individual i in year j :

$$255$$

$$256 \quad Y_{ij} = u + \text{FIXED}_{ij} + a_i + pe_i + \text{year}_j + e_i \quad (\text{Model 3})$$

257
 258 In this model a_i is the additive genetic value of the individual and pe_i is its permanent
 259 environmental effect. This effect is estimated using repeated measures and includes sources of
 260 variation that lead to permanent differences among individuals, apart from those due to additive
 261 genetic effects (Kruuk, 2004). In the offspring size analysis 164, 63, 24, 6, 6 and 1 females were

262 observed 1, 2, 3, 4, 5 and 6 times respectively (in different years), and for clutch size these
263 numbers were 171, 64, 26, 9, 6 and 1. Random variation due to year of breeding $year_j$ was also
264 modelled, while controlling for the fixed effect $FIXED_{ij}$ of maternal condition on mean offspring
265 mass and snout-vent length on clutch size (as significant correlations between these traits were
266 identified in bivariate analyses described above). LRTs were used to test significance of random
267 factors, and the animal models were run in ASReml 2.0 (VSN International; Gilmour *et al.*,
268 2006).

269
270 The upper limit to heritability is set by the repeatability of a trait. Hence, to assess the upper limit
271 to heritability in offspring mass and clutch size, we also ran models substituting a_i and pe_i for the
272 total individual phenotypic value $ind_i = a_i + pe_i$, and calculated repeatability as the ratio of
273 among-individual phenotypic variance to the total variance (i.e., as $V_{ind} / (V_{ind} + V_{year} + V_e)$). In
274 addition, we tried to fit a bivariate animal model to investigate whether there is a genetic
275 correlation, and hence trade-off, between these two traits. Unfortunately, this model failed to
276 converge when attempting to fit the individual-specific permanent environment effect. Hence, as
277 omitting this effect when repeated measures are present may upwardly bias the estimate of
278 additive genetic variance (Kruuk & Hadfield, 2007), this model is not shown.

279

280 **Results**

281

282 OSN PATTERNS AND FEMALE SIZE EFFECTS AMONG AND WITHIN INDIVIDUALS

283

284 Running the univariate models with either clutch size or mean offspring mass as dependent
285 variables year of breeding had a significant effect on both variables (clutch size, $F_{14,485.7} = 3.38$,

286 $P < 0.0001$; mean offspring mass, $F_{14,481.9} = 8.79$, $P < 0.0001$), and random variation among
 287 females explained a significant amount of the residual variation in clutch size ($X^2 = 45.3$, $P <$
 288 0.0001 , variance \pm S.E. = 2.1196 ± 0.3954), and in mean offspring mass ($X^2 = 33.5$, $P < 0.0001$,
 289 variance \pm S.E. = 0.0016 ± 0.0003). The bivariate model for the relationship between offspring
 290 size and number revealed a negative among-individual correlation ($X^2 = 3.9$, $P = 0.0489$,
 291 covariance \pm S.E. = -0.0155 ± 0.0081 , $r = -0.27$), meaning that females with a higher average
 292 clutch size have a lower average offspring size and *vice versa*. Within individuals, clutch size was
 293 negatively correlated with mean offspring mass, hence, when females have larger clutches
 294 relative to their own mean they also have smaller offspring ($X^2 = 11.0$, $P < 0.0001$, covariance \pm
 295 S.E. = -0.0220 ± 0.0069 , $r = -0.22$; Table 1). These relationships are visualized in Figure 1, which
 296 shows a descriptive plot of mean offspring mass of individual females *versus* their clutch size.

297
 298 Testing for the effect of female mass among and within individuals, female mass had a positive
 299 effect on clutch size at both levels (female ID (among-individuals), $X^2 = 28.6$, $P < 0.0001$,
 300 covariance \pm S.E. = 1.4502 ± 0.3099 , $r = 0.70$; residual (within-individuals), $X^2 = 27.3$, $P <$
 301 0.0001 , covariance \pm S.E. = 1.1008 ± 0.2403 , $r = 0.33$) and on mean offspring mass at the
 302 individual level (female ID, $X^2 = 0.44$, $P = 0.5071$; residual, $X^2 = 5.9$, $P = 0.0151$, covariance \pm
 303 S.E. = 0.0159 ± 0.0066 , $r = 0.17$). Investigating the separate effects of the two components of
 304 female mass, condition and snout-vent length, there was a positive correlation between condition
 305 and mean offspring mass within individuals ($X^2 = 8.42$, $P = 0.0037$, covariance \pm S.E. = $0.0122 \pm$
 306 0.0043 , $r = 0.20$), but not among them ($X^2 = 0.6$, $P = 0.4385$). However, condition had no effect
 307 on clutch size at either level (female ID, $X^2 = 0.02$, $P = 0.8875$; residual, $X^2 = 0.04$, $P = 0.8414$).
 308 Body size had no effect on mean offspring mass (female ID, $X^2 = 0.03$, $P = 0.8624$; residual, X^2
 309 = 0.29 , $P = 0.5902$), but was strongly positively correlated with clutch size among and within

310 individuals (female ID, $X^2 = 55.8$, $P < 0.0001$, covariance \pm S.E. = 5.5446 ± 0.8759 , $r = 0.81$;
311 residual, $X^2 = 48.5$, $P < 0.0001$, covariance \pm S.E. = 2.9174 ± 0.5136 , $r = 0.44$).

312
313 As this study focuses on within-individual effects, the within-individual covariance components
314 from all bivariate analyses are displayed in Table 1. Overall, these results indicate that the
315 positive effect of female mass on mean offspring mass within individuals is driven by differences
316 in condition, and that the positive effect of female mass on clutch size at both levels is
317 determined by differences in body size. Furthermore, there was a positive correlation between
318 body size and total clutch mass at both levels (female ID, $X^2 = 71.1$, $P < 0.0001$, covariance \pm
319 S.E. = 4.2890 ± 0.5672 , $r = 0.92$; residual, $X^2 = 87.9$, $P < 0.0001$, covariance \pm S.E. = $1.7610 \pm$
320 0.2869 , $r = 0.50$, Table 1), suggesting that total reproductive investment increases with age-
321 related size.

322
323 DETERMINANTS OF OFFSPRING RECRUITMENT – SELECTION ON OFFSPRING SIZE
324 AND NUMBER

325
326 Running the full recruitment-model with all predictors and covariates, the two interaction terms
327 between offspring size and clutch size with year of breeding were not significant ($F_{11,426} = 0.68$,
328 $P = 0.7591$ and $F_{11,437} = 0.97$, $P = 0.4736$, respectively) and, hence, were sequentially dropped
329 from the model. As the model no longer included any interactions with breeding year, and we
330 were not interested in the effects of particular years, only to account for multiple records per year,
331 year of breeding was fitted as a random effect in the proceeding analyses. This reduces the
332 number of degrees of freedom used up at each level of the fixed effect and, hence, enhanced
333 statistical power. Mean offspring mass and female mass were not significant predictors of

334 offspring recruitment (mean offspring mass, $F_{1,457} = 1.15$, $P = 0.2835$; female mass, $F_{1,399} =$
335 1.05 , $P = 0.3072$), nor was the effect of late summer temperature ($F_{1,8.68} = 2.35$, $P = 0.1610$).

336
337 The final model revealed that seasonal recruitment of offspring was positively affected by clutch
338 size ($F_{1,445} = 5.56$, $P = 0.0179$, parameter estimate \pm S.E. = 0.0435 ± 0.0183) and early egg-
339 laying ($F_{1,208} = 16.71$, $P < 0.0001$, parameter estimate \pm S.E. = -0.0265 ± 0.0065). Furthermore,
340 year of breeding explained a significant amount of the variation in recruited young left
341 unexplained by these fixed effects ($X^2 = 22.3$, $P < 0.0001$, variance \pm S.E. = 0.0875 ± 0.0483).
342 These results indicate that there is selection for clutch size and oviposition date in this population,
343 but not for offspring mass. Visual inspection of our grid plot (Fig. 2) supports this result and
344 shows that the trajectory for offspring recruitment on clutch size (XY, Fig. 2) was steeper
345 compared to the mean offspring mass trajectory (ZY, Fig. 2).

346
347 **HERITABILITY OF OFFSPRING SIZE, NUMBER AND THE BASIS OF THEIR TRADE-OFF**

348
349 The heritability analyses were based on 10 years (1998-2007) of data, with 422 clutches from 264
350 females for the analysis of offspring size, and 449 clutches from 277 females for that of clutch
351 size. In accordance with the results from the non-genetic univariate models presented above,
352 there were significant phenotypic differences among females in both traits, however, this
353 variation did not have an additive genetic basis (Table 2). Permanent environment effects
354 explained a significant amount of the among-individual variation in mean offspring mass, after
355 controlling for condition, but had no effect on clutch size (mean offspring mass, $X^2 = 4.64$, $P =$
356 0.0312 ; clutch size, $X^2 = 0.18$, $P = 0.6713$; Table 2). Furthermore, year of breeding contributed to
357 the random unexplained variation in both traits (clutch size, $X^2 = 8.84$, $P = 0.0029$; mean

358 offspring mass, $X^2 = 17.37$, $P < 0.0001$; Table 2). Investigating the results from these analyses,
359 presented in Table 2, the majority of the phenotypic variation observed among individuals in
360 offspring size is explained by permanent differences among individuals, but additive genetic
361 effects appear to explain most of the variation among individuals in clutch size. The
362 repeatabilities of mean offspring mass and clutch size were 0.34 ± 0.06 and 0.21 ± 0.06
363 respectively.

364

365 **Discussion**

366

367 A trade-off between the two maternal investment traits; offspring size and number, has been
368 commonly identified at the species level. However, at the intraspecific level, a whole range of
369 phenotypic correlations between these two traits have been observed in terms of sign and
370 magnitude. In this study we attempted to unravel if, how and why offspring size and number are
371 traded off in a population of sand lizards by separating among- and within-individual patterns
372 using a 15-year dataset collected in the wild.

373

374 OSN PATTERNS AND FEMALE SIZE EFFECTS AMONG AND WITHIN INDIVIDUALS

375

376 In agreement with the findings of a previous study on this population, using a smaller 5-year data
377 set to investigate population-level effects (Olsson & Shine, 1997), we found a negative
378 correlation between offspring size and number both among and within individuals. The negative
379 within-individual correlation indicates that there is indeed a trade-off between these two traits in
380 sand lizard females. This finding also implies that females in this population do not produce a
381 consistent clutch size or offspring size across reproductive events, which lead us to question what

382 causes a change in the relationship between these traits? In contrast to their predictions, Olsson
383 and Shine (1997) found a positive relationship between female and offspring mass in these
384 lizards. Here we explore these results further by analysing how the components that make up a
385 female's mass, her condition (resource-related size) and size due to continuous growth
386 throughout life (age-related size; snout-vent length), separately affect the sizes of offspring and
387 clutches.

388

389 Running our analyses we found a positive correlation between female mass and both the size and
390 number of offspring, however, this relationship only occurred within individual females.

391 Breaking down female mass into its two component variables, female body size had a positive
392 effect on clutch size at both levels, but not on offspring size, and female condition only had an
393 effect on offspring size (positive) within individuals. These results indicate that the positive effect
394 of female mass on mean offspring mass detected within individuals is driven by differences in
395 condition, and that the positive effect of female mass on clutch size at both levels is determined
396 by differences in body size. These findings suggest that physical constraints (size of body cavity)
397 limit the number of eggs that a female can produce and that the OSN trade-off appears due to
398 resource constraints as a female continues to grow throughout life and, hence, produces more
399 eggs. Our finding that being in better condition allows a female to have heavier offspring
400 supports this reasoning, but this effect is apparently not strong enough to override the OSN trade-
401 off. Hence, there is a possibility that clutch size and offspring mass are negatively genetically
402 correlated, which in turn may have considerable effects on the rate and direction of evolution of
403 these two traits.

404

405 An increase in clutch size as a simple consequence of a female's physical limitation has
406 previously been demonstrated in both lizards and snakes (Shine, 1992; in den Bosch & Bout,
407 1998; Kratochvil & Frynta, 2006; Pizzatto *et al.*, 2007; Ford & Seigel, 2015), and so has positive
408 effects of maternal body condition on offspring size (eg., Madsen & Shine, 1996; Brown &
409 Shine, 2006). Classic OSN theory assumes that a female can increase her relative fitness by
410 investing more resources into her eggs when it is theoretically possible. This leads us to question
411 why larger/older females in this population invest in more eggs when this appears to lead to
412 smaller offspring, i.e., why is clutch size not constrained to the advantage of larger offspring?

413
414 DETERMINANTS OF OFFSPRING RECRUITMENT – SELECTION ON OFFSPRING SIZE
415 AND NUMBER

416
417 In our long term dataset, the relative importance of clutch size for maternal recruitment was still
418 significant when phenology (i.e., oviposition date) was taken into account. However, in contrast
419 to classic OSN assumptions (Lack, 1947; Smith & Fretwell, 1974; Brockelman, 1975; Grafen,
420 1988), offspring size did not predict recruitment rate. Several environmental factors have been
421 shown to induce selection on offspring size, including intra- and interspecific competition,
422 predation, food availability, and abiotic stress (Marshall & Keough, 2008). In this study
423 population, intra- and interspecific competition is weak, food resources are commonly abundant,
424 and predation most likely size invariant (any small or large lizard hatchling (range ca. 0.7-1.2 g)
425 is an easy target for predators). Furthermore, the study site is exposed to high inter-annual
426 variability in local weather conditions, which presumably leads to variable selection pressures on
427 body size among years, and therefore no single offspring size is likely to be optimal across time.

428 This argument is supported by previous findings for this population, showing variation in size-
429 dependent offspring survival among years of varying potential for resource acquisition (Olsson &
430 Madsen, 2001). Hence, offspring size is likely to have little contemporary effect on offspring
431 fitness in this population, which has also been reported for other reptile populations (Sinervo *et*
432 *al.*, 1992; Congdon *et al.*, 1999; Husak, 2006; Warner & Shine, 2007; Uller *et al.*, 2011).

433
434 Unexpectedly, these findings suggest that females are not disadvantaged by having smaller
435 offspring. So, why do smaller/younger individuals have relatively larger eggs and why do
436 females invest relatively more resources into their offspring when they are in better condition
437 when this does not benefit their fitness? Selection for larger offspring early in life could answer
438 the first question, however, as annual recruitment was used as proxy for fitness, our observations
439 of no selection on offspring size and directional selection on clutch size are invariant of a
440 female's age. Hence, the most parsimonious answer to these questions is that the number of eggs
441 produced is constrained by body size and investment into offspring size is just a consequence of
442 resource deposition into a set number of eggs. Theoretically, this suggests that smaller/younger
443 females could attain higher fitness by trading in one large for two smaller eggs. However, as
444 there is likely to be a set minimal offspring size below which survival is not possible, these
445 females may not have a large enough body cavity to produce another viable egg. This is
446 supported by our finding that although there is a trade-off between mean offspring mass and
447 clutch size, total clutch mass is positively correlated with snout-vent length, hence, indicating that
448 a female's body size sets a limit to her total reproductive investment. Historical evolutionary
449 inertia, when a species has spent most of its evolutionary history outside of its current distribution
450 range, may also provide some answers. In this case, the Swedish sand lizard dispersed from
451 continental Europe to Scandinavia via land bridges submerged around 9000 BP (Gullberg, Olsson

452 & Tegelström, 1998), and previous work by us on other aspects of evolutionary divergence
453 between Swedish and continental populations show outbreeding effects at laboratory crossings *in*
454 *lieu* of population divergence and local adaptation arguments (Olsson *et al.*, 2004; Olsson *et al.*,
455 2005). Hence, in their previous environment, offspring size may have had an effect on
456 recruitment and, hence, smaller females may have been able to compensate for a smaller clutch
457 size by producing larger more viable young.

458
459 In addition to clutch size, we found inter-annual variability in weather conditions during the
460 breeding season to be a strong determinant of offspring recruitment. Spring temperature has
461 previously been shown to affect the timing of oviposition (Olsson *et al.*, 2011b,c; Ljungström *et*
462 *al.*, 2015) and here we found earlier clutches to have the highest recruitment rate, as in a number
463 of other lizard taxa (e.g., Warner & Shine, 2007; Wapstra *et al.*, 2010; Le Henanff *et al.*, 2013).
464 One plausible explanation is that early-born offspring have longer time to accumulate reserves
465 before autumn and therefore survive winter better. This idea runs counter to findings by Adolph
466 and Porter (1993), showing that the strongest negative effect on offspring survival is activity and,
467 as a corollary, exposure to predators. However, in this study we found no effect of late season
468 temperature, and hence activity, on offspring recruitment. Thus, early clutches appear to be
469 favored by a greater opportunity for resource accumulation.

470

471 HERITABILITY OF OFFSPRING SIZE, NUMBER AND THEIR TRADE-OFF

472

473 To summarize the findings from the previous sections, female lizards in this population displayed
474 a trade-off between offspring size and number and there was directional selection on clutch size
475 but not on offspring size. Evolution towards larger clutches is determined by two things; the

476 amount of additive genetic variation in clutch size and, if the trade-off is genetically determined,
477 the amount of additive genetic variation in mean offspring mass. With a genetic basis for the
478 trade-off and sufficient additive genetic variation in both traits, we would expect clutch size to
479 increase over evolutionary time, with a concomitant decrease in offspring size limited by the
480 minimal size for offspring survival.

481
482 The results from our heritability analyses showed significant phenotypic variation among females
483 in both investment traits, however, this variation did not have an additive genetic component.

484 However, effects that lead to permanent differences among females explained the majority of the
485 variation among individuals in mean offspring mass. This suggests that offspring size is not only
486 determined by a female's clutch size and condition in a particular year, but that other effects,
487 such as birth year, mother or clutch size, also impose fixed differences among individuals.

488 Although we did not detect a significant additive genetic or permanent environment component
489 of variance in clutch size, our results still indicate that genetic effects are responsible for most of
490 the among-individual variance observed in this trait. These results support our previous
491 discussion, i.e., that clutch size is a less flexible trait set by the space available in a female's body
492 cavity due to age-related growth, and that offspring size is more variable and is influenced by a
493 female's resources, as set by current or past conditions. These observations correspond well with
494 theoretical predictions of optimal offspring size and number in relation to female size (Hendry *et*
495 *al.*, 2001).

496
497 A lack of additive genetic variance in offspring size and number and low repeatabilities (and
498 hence low upper limits to heritability) could have two possible explanations; 1) strong selection
499 on these life history traits has led to low levels of additive genetic variation, 2) our analyses do

500 not have sufficient statistical power to detect significant additive genetic effects. Although we did
501 not detect selection on offspring size in this study, the first point could be the result of selection
502 on this trait in the evolutionary past, as discussed in the section above. Unfortunately, we were
503 unable to estimate genetic and permanent environment components of the observed phenotypic
504 OSN trade-off. However, our finding that the trade-off remains even when a female is in good
505 condition and invests more resources into offspring size may indicate that this trade-off has a
506 genetic component. Only two other studies have examined the genetic basis for an observed OSN
507 trade-off in reptiles (lizards (Sinervo & Doughty, 1996) and snakes (Brown & Shine, 2007)), both
508 of which indicate the existence of a negative genetic correlation between these two traits. As a
509 genetic basis for the trade-off observed in this population could not be established, our current
510 findings suggest that an evolutionary response to selection on clutch size may be constrained by
511 low additive genetic variance in this trait.

512

513 **Conclusions**

514

515 Using a long term dataset on sand lizards collected in the wild, we found that females in this
516 population do not produce a consistent clutch size or offspring size across reproductive events,
517 but that these traits experience a classic OSN trade-off. Furthermore, our findings suggest that the
518 number of eggs produced is limited by a female's age-related size and, hence, that the OSN trade-
519 off appears due to resource constraints as a female continues to grow throughout life and, hence,
520 has larger clutches. In contrast to classic OSN predictions, directional selection on offspring size
521 was not detected. Yet, smaller/younger females produced relatively larger offspring and higher
522 resource availability also lead to larger young. This suggests that investment into offspring size is
523 just a consequence of resource deposition into a set number of eggs, or possibly a result of

524 historical evolutionary inertia. We were unable to determine whether the observed OSN trade-off
525 had a genetic basis, thus, our current findings suggest that an evolutionary response to selection
526 on clutch size may be constrained by low additive genetic variation in this trait. The findings of
527 this study are an important illustration of how analyses of within-individual patterns can reveal
528 trade-offs and their underlying causes, with potential evolutionary and ecological consequences
529 that are otherwise hidden by among-individual variation.

530

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532

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537

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- 697

698 **Legends to figures**

699 Fig. 1. Relationship between mean offspring mass and clutch size. Descriptive plot of mean
700 offspring mass of individual sand lizard (*Lacerta agilis*) females versus clutch size for
701 1987–1991 and 1998–2007 ($n_{\text{clutches}} = 561$, $n_{\text{females}} = 353$).

702

703 Fig. 2. Selection surface for mean offspring mass and clutch size. g3 grid plot over recruitment
704 success (Y-axis), clutch size (X-axis), and mean offspring mass (Z-axis). The g3 grid was
705 created with a joining function in SAS 9.3 with a smoothing parameter of 2.0.

706