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## **Figure 1a- Patient Flow**



\* Data for suspected DVT or PE are taken from site screening logs and are therefore only estimates of the total number with DVT or PE.



## Figure 1b- Patient Flow following randomisation

\* Includes 4 participants who withdrew consent to use their data \*\* Includes 1 participant who withdrew consent to use their data

\*\*\* Includes 2 patients receiving rivaroxaban therapy

Table 1- Baseline Characteri	istics
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	Discontinued AT	Extended AT	Total
Characteristic	N=134	N=139	N=273
Age at time of randomisation			
Mean (SD)	63.3 (12.7)	62.2 (13.0)	62.7 (12.8)
Median (IQR)	64.5 (55.6-74.0)	64.4 (53.3-72.4)	64.4 (54.4-72.7)
Sex, n (%)			
Female	44 (32.8)	45 (32.4)	89 (32.6)
Male	90 (67.2)	94 (67.6)	184 (67.4)
Diagnosis (DVT/PE) <sup>1</sup> , n (%)			
Unprovoked DVT	69 (51.5)	70 (50.4)	139 (50.9)
Unprovoked PE	65 (48.5)	69 (49.6)	134 (49.1)
Ethnicity, n (%)			
White	131 (97.8)	131 (94.2)	262 (96.0)
Mixed	1 (0.8)	0 (0.0)	1 (0.4)
Asian or Asian British	0 (0.0)	3 (2.2)	3 (1.1)
Black or Black British	2 (1.5)	5 (3.6)	7 (2.6)
Other ethnic groups	0 (0.0)	0 (0.0)	0 (0.0)
Smoking status, n (%)			
Non-smoker	63 (47.0)	60 (43.2)	123 (45.1)
Ex-smoker	48 (35.8)	60 (43.2)	108 (39.6)
Current smoker	19 (14.2)	18 (13.0)	37 (13.6)
Smokes occasionally	4 (3.0)	1 (0.7)	5 (1.8)
Alcohol consumption, n (%)			
No	44 (32.8)	51 (36.7)	95 (34.8)
Yes	90 (67.2)	88 (63.3)	178 (65.2)
BMI classification, n (%)			
Underweight (<18.5)	2 (1.5)	0 (0.0)	2 (0.7)
Normal range (18.5-24.99)	47 (35.1)	47 (33.8)	94 (34.4)
Overweight (25-29.99)	51 (38.1)	53 (38.1)	104 (38.1)
Obese (≥30)	33 (24.6)	37 (26.6)	70 (25.6)
Missing	1 (0.8)	2 (1.4)	3 (1.1)
Family history of VTE, n (%)			
No	102 (76.1)	102 (73.4)	204 (74.7)
Yes	32 (23.9)	37 (26.6)	69 (25.3)
Previous medical history			
Stroke, n (%)			
No	130 (97.0)	136 (97.8)	266 (97.4)
Yes	4 (3.0)	3 (2.2)	7 (2.6)

No	129 (96.3)	138 (99.3)	267 (97.8)
Yes	5 (3.7)	1 (0.7)	6 (2.2)
Angina, n (%)			
No	129 (96.3)	136 (97.8)	265 (97.1)
Yes	5 (3.7)	3 (2.2)	8 (2.9)
Myocardial Infarction (MI), n (%)			
No	133 (99.3)	134 (96.4)	267 (97.8)
Yes	1 (0.8)	5 (3.6)	6 (2.2)
Ischaemic Heart Disease (IHD), n (%)			
No	130 (97.0)	136 (97.8)	266 (97.4)
Yes	4 (3.0)	3 (2.2)	7 (2.6)
Peripheral Vascular Disease (PVD), n (%)			
No	134 (100.0)	134 (96.4)	268 (98.2)
Yes	0 (0.0)	5 (3.6)	5 (1.8)
PTS score (categorical), n (%)			
No PTS	70 (52.2)	66 (47.5)	136 (49.8)
Mild PTS	42 (31.3)	51 (36.7)	93 (34.1)
Moderate PTS	15 (11.2)	18 (13.0)	33 (12.1)
Severe PTS	5 (3.7)	2 (1.4)	7 (2.6)
Missing	2 (1.5)	2 (1.4)	4 (1.5)
PTS score			
Mean (SD)	5.2 (4.2)	5.1 (3.8)	5.2 (4.0)
Median (IQR)	4.0 (2.0-7.5)	5.0 (2.0-8.0)	4.0 (2.0-8.0)
Missing	2	2	4
EQ-5D-3L			
Mean (SD)	0.8 (0.2)	0.8 (0.3)	0.8 (0.3)
Median (IQR)	0.8 (0.7-1.0)	0.8 (0.7-1.0)	0.8 (0.7-1.0)
Missing	0	4	4
VEINES-QOL score			
Mean (SD)	48.2 (10.7)	49.6 (9.9)	48.9 (10.3)
Median (IQR)	51.1 (41.1-57.6)	53.0 (44.6-56.7)	52.1 (43.3-57.5)
Missing	0	2	2
Health care utilisation due to PTS	-		
Patient receiving primary care treatment, n (%)			
No	124 (92.5)	128 (92.1)	252 (92.3)
Yes	9 (6.7)	11 (7.9)	20 (7.3)
Missing	1 (0.8)	0 (0.0)	1 (0.4)
	-		

Type of nurse patients were seen by, n (%)			
Practice	2 (1.5)	1 (0.7)	3 (1.1)
District	0 (0.0)	0 (0.0)	0 (0.0)
НСА	0 (0.0)	0 (0.0)	0 (0.0)
None	59 (44.0)	70 (50.4)	129 (47.3)
Other	0 (0.0)	0 (0.0)	0 (0.0)
Missing	73 (54.5)	68 (48.9)	141 (51.7)
Patient receiving treatment for a leg ulcer, n (%)			
No	66 (49.3)	71 (51.1)	137 (50.2)
Yes	1 (0.8)	2 (1.4)	3 (1.1)
Missing	67 (50.0)	66 (47.5)	133 (48.7)
Patient receiving secondary care treatment, n (%)			
No	131 (97.8)	135 (97.1)	266 (97.4)
Yes	1 (0.8)	4 (2.9)	5 (1.8)
Missing	2 (1.5)	0 (0.0)	2 (0.7)

<sup>1</sup>minimisation variable