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## Figure 1a- Patient Flow



281 (72\%, 281/393) committed to baseline research clinic, consented and randomised

[^0]Figure 1b- Patient Flow following randomisation


* Includes 4 participants who withdrew consent to use their data
** Includes 1 participant who withdrew consent to use their data
*** Includes 2 patients receiving rivaroxaban therapy

Table 1- Baseline Characteristics

| Characteristic | Discontinued AT $N=134$ | Extended AT $N=139$ | Total $N=273$ |
| :---: | :---: | :---: | :---: |
| Age at time of randomisation |  |  |  |
| Mean (SD) | 63.3 (12.7) | 62.2 (13.0) | 62.7 (12.8) |
| Median (IQR) | 64.5 (55.6-74.0) | 64.4 (53.3-72.4) | 64.4 (54.4-72.7) |
| Sex, n (\%) |  |  |  |
| Female | 44 (32.8) | 45 (32.4) | 89 (32.6) |
| Male | 90 (67.2) | 94 (67.6) | 184 (67.4) |
| Diagnosis (DVT/PE) ${ }^{\mathbf{1}}, \mathrm{n}$ (\%) |  |  |  |
| Unprovoked DVT | 69 (51.5) | 70 (50.4) | 139 (50.9) |
| Unprovoked PE | 65 (48.5) | 69 (49.6) | 134 (49.1) |
| Ethnicity, n (\%) |  |  |  |
| White | 131 (97.8) | 131 (94.2) | 262 (96.0) |
| Mixed | 1 (0.8) | 0 (0.0) | 1 (0.4) |
| Asian or Asian British | 0 (0.0) | 3 (2.2) | 3 (1.1) |
| Black or Black British | 2 (1.5) | 5 (3.6) | 7 (2.6) |
| Other ethnic groups | 0 (0.0) | 0 (0.0) | 0 (0.0) |
| Smoking status, $\mathbf{n}$ (\%) |  |  |  |
| Non-smoker | 63 (47.0) | 60 (43.2) | 123 (45.1) |
| Ex-smoker | 48 (35.8) | 60 (43.2) | 108 (39.6) |
| Current smoker | 19 (14.2) | 18 (13.0) | 37 (13.6) |
| Smokes occasionally | 4 (3.0) | 1 (0.7) | 5 (1.8) |
| Alcohol consumption, n (\%) |  |  |  |
| No | 44 (32.8) | 51 (36.7) | 95 (34.8) |
| Yes | 90 (67.2) | 88 (63.3) | 178 (65.2) |
| BMI classification, n (\%) |  |  |  |
| Underweight (<18.5) | 2 (1.5) | 0 (0.0) | 2 (0.7) |
| Normal range (18.5-24.99) | 47 (35.1) | 47 (33.8) | 94 (34.4) |
| Overweight (25-29.99) | 51 (38.1) | 53 (38.1) | 104 (38.1) |
| Obese ( $\geq 30$ ) | 33 (24.6) | 37 (26.6) | 70 (25.6) |
| Missing | 1 (0.8) | 2 (1.4) | 3 (1.1) |
| Family history of VTE, n (\%) |  |  |  |
| No | 102 (76.1) | 102 (73.4) | 204 (74.7) |
| Yes | 32 (23.9) | 37 (26.6) | 69 (25.3) |
| Previous medical history |  |  |  |
| Stroke, n (\%) |  |  |  |
| No | 130 (97.0) | 136 (97.8) | 266 (97.4) |
| Yes | 4 (3.0) | 3 (2.2) | 7 (2.6) |
| Transient Ischaemic Attack (TIA), n (\%) |  |  |  |


| No | 129 (96.3) | 138 (99.3) | 267 (97.8) |
| :---: | :---: | :---: | :---: |
| Yes | 5 (3.7) | 1 (0.7) | 6 (2.2) |
| Angina, n (\%) |  |  |  |
| No | 129 (96.3) | 136 (97.8) | 265 (97.1) |
| Yes | 5 (3.7) | 3 (2.2) | 8 (2.9) |
| Myocardial Infarction (MI), n (\%) |  |  |  |
| No | 133 (99.3) | 134 (96.4) | 267 (97.8) |
| Yes | 1 (0.8) | 5 (3.6) | 6 (2.2) |
| Ischaemic Heart Disease (IHD), n(\%) |  |  |  |
| No | 130 (97.0) | 136 (97.8) | 266 (97.4) |
| Yes | 4 (3.0) | 3 (2.2) | 7 (2.6) |
| Peripheral Vascular Disease(PVD), n (\%) |  |  |  |
| No | 134 (100.0) | 134 (96.4) | 268 (98.2) |
| Yes | 0 (0.0) | 5 (3.6) | 5 (1.8) |
| PTS score (categorical), n (\%) |  |  |  |
| No PTS | 70 (52.2) | 66 (47.5) | 136 (49.8) |
| Mild PTS | 42 (31.3) | 51 (36.7) | 93 (34.1) |
| Moderate PTS | 15 (11.2) | 18 (13.0) | 33 (12.1) |
| Severe PTS | 5 (3.7) | 2 (1.4) | 7 (2.6) |
| Missing | 2 (1.5) | 2 (1.4) | 4 (1.5) |
| PTS score |  |  |  |
| Mean (SD) | 5.2 (4.2) | 5.1 (3.8) | 5.2 (4.0) |
| Median (IQR) | 4.0 (2.0-7.5) | 5.0 (2.0-8.0) | 4.0 (2.0-8.0) |
| Missing | 2 | 2 | 4 |
| EQ-5D-3L |  |  |  |
| Mean (SD) | 0.8 (0.2) | 0.8 (0.3) | 0.8 (0.3) |
| Median (IQR) | 0.8 (0.7-1.0) | 0.8 (0.7-1.0) | 0.8 (0.7-1.0) |
| Missing | 0 | 4 | 4 |
| VEINES-QOL score |  |  |  |
| Mean (SD) | 48.2 (10.7) | 49.6 (9.9) | 48.9 (10.3) |
| Median (IQR) | 51.1 (41.1-57.6) | 53.0 (44.6-56.7) | 52.1 (43.3-57.5) |
| Missing | 0 | 2 | 2 |
| Health care utilisation due to PTS |  |  |  |
| Patient receiving primary care treatment, n (\%) |  |  |  |
| No | 124 (92.5) | 128 (92.1) | 252 (92.3) |
| Yes | 9 (6.7) | 11 (7.9) | 20 (7.3) |
| Missing | 1 (0.8) | 0 (0.0) | 1 (0.4) |


| Type of nurse patients were seen by, n (\%) |  |  |  |
| :---: | :---: | :---: | :---: |
| Practice | 2 (1.5) | 1 (0.7) | 3 (1.1) |
| District | 0 (0.0) | 0 (0.0) | 0 (0.0) |
| HCA | 0 (0.0) | 0 (0.0) | 0 (0.0) |
| None | 59 (44.0) | 70 (50.4) | 129 (47.3) |
| Other | 0 (0.0) | 0 (0.0) | 0 (0.0) |
| Missing | 73 (54.5) | 68 (48.9) | 141 (51.7) |
| Patient receiving treatment for a leg ulcer, n (\%) |  |  |  |
| No | 66 (49.3) | 71 (51.1) | 137 (50.2) |
| Yes | 1 (0.8) | 2 (1.4) | 3 (1.1) |
| Missing | 67 (50.0) | 66 (47.5) | 133 (48.7) |
| Patient receiving secondary care treatment, n (\%) |  |  |  |
| No | 131 (97.8) | 135 (97.1) | 266 (97.4) |
| Yes | 1 (0.8) | 4 (2.9) | 5 (1.8) |
| Missing | 2 (1.5) | 0 (0.0) | 2 (0.7) |

${ }^{1}$ minimisation variable


[^0]:    * Data for suspected DVT or PE are taken from site screening logs and are therefore only estimates of the total number with DVT or PE.

