The crack growth resistance of an elastoplastic lattice

Harika C. Tankasala[a], Norman A. Fleck[a,*]

[a]*Department of Engineering, University of Cambridge, Cambridge CB2 1PZ, United Kingdom*

Abstract

The degree to which the toughness of a lattice material can be enhanced by the suitable placement of multiple phases is explored. To achieve this, the resistance to mode I and mode II crack growth in a two-dimensional (2D), elastoplastic, triangulated lattice is investigated using finite element (FE) simulations. The fully triangulated lattice is idealised as a pin-jointed truss, and each strut has an axial force versus elongation (or shortening) characteristic based on the uniaxial tensile response of an elastoplastic solid with power-law hardening. When the tensile force in the strut attains a critical value, a linear softening law is adopted for the force versus elongation response of the strut to simulate its failure. FE simulations of crack growth in the 2D lattice are performed under small-scale yielding conditions, and the sensitivity of the crack growth resistance curve ($R-$curve) to the cell wall strain hardening exponent and cell wall ductility is determined. Three concepts for enhancing the $R-$curve of a triangulated lattice are explored: (i) a brittle lattice reinforced by long ductile fibres transverse to the cracking plane, (ii) a bilattice such that a small scale brittle lattice is reinforced by a large scale ductile lattice, and (iii) a 2D version of an interpenetrating lattice wherein a large scale ductile lattice is bonded at its joints to an underlying small-scale brittle lattice.

Keywords: $R-$curve, fracture toughness, crack propagation, multi-phase, toughening mechanism, crack bridging

*Corresponding author
Email addresses:* `hct30@cam.ac.uk` (Harika C. Tankasala), `naf1@cam.ac.uk` (Norman A. Fleck)

1. Introduction

Lattice materials made from metals, polymers, and fibre-reinforced composites are finding increasing use in light-weight applications that demand high stiffness, strength, resistance to fracture, and energy absorption [1–8]. Of the many choices in topology of lattice material, the stretching-dominated arrangement (such as the triangular or Kagome configuration in 2D or the octet-truss in 3D) offers the best combination of strength, stiffness, and damage tolerance at low weight [9, 10]. The current literature on the mechanical behaviour of lattice materials details the effective medium properties of a wide range of lattice topologies. Scaling laws have been derived for the macroscopic effective values of modulus and strength in terms of the material properties of the cell wall solid by a combination of analytical and numerical techniques [11–13]. For example, the recent study by Tankasala et al. [14] predicted the tensile response of polymeric lattices at finite strain. It is widely recognized that as-manufactured lattices suffer from imperfections such as missing/broken cell walls, wavy struts and variable strut thickness. These imperfections degrade the performance of the lattice, and the imperfection sensitivity of macroscopic stiffness and strength has been documented in both the experimental and numerical literature [15, 16].

In addition to stiffness and strength, the fracture response of lattice materials is of significant practical importance. Theoretical studies have explored the sensitivity of crack initiation fracture toughness K_C to pure mode I loading, pure mode II loading, and to combined, mixed-mode loading [12, 17, 18]. These predictions of K_C have been verified experimentally, see for example Alonso and Fleck [19] for brittle-ceramic diamond lattice, O'Masta et al. [20] for the titanium alloy octet-truss lattice, and Gu et al. [21] for the aluminium alloy triangular lattice. It remains to predict the crack growth resistance curve, the so-called $R-$curve, for a macroscopic crack in a ductile lattice or in a ductile bilattice. This is the objective of the present paper.

Our focus is on crack growth in a two-dimensional (2D) elastoplastic triangular lattice, see Fig. 1. We adopt a boundary layer approach whereby the displacement field associated with the mode I stress intensity factor K_I (or with the mode II stress intensity factor K_{II}) is applied to the outer boundary of the finite element mesh. We build on the previous studies of Fleck and co-workers for the prediction of crack initiation in lattice materials using a similar boundary layer approach [12, 19, 22]. Crack advance by the sequential failure of

struts ahead of the advancing crack-tip is also considered. A brief review of the fracture toughness of lattice materials, and crack propagation in bulk solids is first presented to motivate the present study.

A number of numerical approaches are available for modelling the fracture response of a lattice. For lattice topologies with high nodal connectivity, such as a fully triangulated lattice with 6 bars joining at a node, much insight is gained by idealising its structural response by that of a pin-jointed truss wherein each strut is under uniform stress and uniform strain states. The next level of sophistication is to idealise the lattice by rigid-jointed bars, with each bar comprising an array of Euler or Timoshenko beam elements. In general, the stress (and strain) state varies across the thickness and length of the strut, and consequently, there is choice in the criterion for crack advance. Two extreme choices have been explored in the literature for beam elements. A strut in the lattice fails when (i) the maximum local (point-wise) tensile stress (or strain) anywhere in the strut attains the solid tensile strength (or failure strain), or (ii) the mean tensile strain at any cross-section of the strut, upon averaging the axial strain over the strut thickness, attains the solid failure strain. The point-wise stress criterion is an appropriate choice for lattices made from ceramics and brittle metallic alloys which develop cracks when a maximum tensile strain is achieved [23–25]. In contrast, the average strain criterion is suitable for ductile solids which fail by necking [26]. More refined calculations of lattice behaviour may be performed in which each strut of the lattice is represented by many continuum elements. Such an approach enables assessment of the local strain distribution arising from the precise geometry of the struts and the joints between the neighbouring struts, albeit at a huge computational cost. Predictions of the fracture toughness of rigid-jointed lattices with beam elements are now reviewed.

Consider, for example, a triangular lattice comprising cell walls of thickness t and length ℓ, made from an elastic-brittle solid of fracture strength σ_{fs}. The relative density $\overline{\rho}$ of the triangular lattice scales with t and strut length ℓ as[1]

$$\overline{\rho} = 2\sqrt{3}\, t/\ell \tag{1}$$

In their numerical prediction of the fracture toughness of an elastic-brittle lattice, Romijn

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[1] Note that the scaling law (1) over-estimates the relative density owing to the double-counting of the material at the joints. It is therefore strictly valid for low values of t/ℓ such as $t/\ell < 0.1$. For large values of t/ℓ, the relative density is lower by a factor of $\left(1 - \sqrt{3}t/2\ell\right)$, see [11].

and Fleck [12] and Fleck and Qiu [17] idealized each cell wall of the lattice by several Euler beam elements. A point-wise stress criterion was assumed for the failure of a critical strut at the macroscopic crack-tip. The mode I fracture toughness K_{IC} of the lattice is defined as the remote mode I stress intensity factor for which the local tensile stress in a critical cell wall at the crack-tip attains the value σ_{fs}. The magnitude of K_{IC} scales with σ_{fs}, and for the triangular lattice, K_{IC} is given by

$$K_{IC} = 0.5\,\overline{\rho}\sigma_{fs}\sqrt{\ell} \tag{2}$$

as first reported by Romijn and Fleck [12].

In contrast, when the cell wall solid has an elastoplastic response, the macroscopic mode I fracture toughness is sensitive to the mode of cell wall failure, as discussed by Tankasala et al. [22]. They idealized each strut of the lattice by several Timoshenko beam elements, and assumed that the true stress σ versus true strain ε response of the solid material in uniaxial tension is of Ramberg-Osgood form,

$$\frac{\varepsilon}{\varepsilon_0} = \frac{\sigma}{\sigma_0} + \left(\frac{\sigma}{\sigma_0}\right)^n \tag{3}$$

in terms of a yield stress σ_0, yield strain ε_0 and hardening parameter n. The first term on the right hand side of Eq. (3) is the elastic strain (normalized by ε_0) while the second term is the plastic strain (again normalized by ε_0). The Young's modulus of the solid E_S equals σ_0/ε_0. Tankasala et al. [22] made predictions of K_{IC} for a range of lattice topologies by assuming that failure occurs in a critical strut at the crack-tip of the lattice when (i) the maximum point-wise tensile strain attains the cell wall failure strain, ε_f, or (ii) the average tensile strain across the strut attains the value ε_f. The sensitivity of K_{IC} to these alternative failure criteria was found to be mild for stretching-dominated lattices such as the triangular lattice. K_{IC} scales with $\overline{\rho}$ and ℓ in the same manner as that stated in (2), but now also depends upon the degree of material strain hardening n and upon ε_f. They found that the critical fracture toughness K_{IC} for the elastoplastic triangular lattice scales as

$$K_{IC} \approx 0.5\,\overline{\rho}\left(\frac{\varepsilon_f}{\varepsilon_0}\right)^{\frac{n+1}{2n}}\sigma_0\sqrt{\ell} \tag{4}$$

Further, the extent r_P of the plastic zone ahead of the crack-tip, at a given value of stress intensity factor K_I, scales with the lattice relative density $\overline{\rho}$ and cell wall yield strength σ_0 as

$$r_P = \alpha\left(\frac{K_I}{\sigma_0\overline{\rho}}\right)^2 \tag{5}$$

The constant α depends upon n such that α equals 1.4, 1.7, and 2.6 for n equal to 3, 10, and ∞, respectively. As the crack-tip is approached, within this plastic zone, the macroscopic stress and macroscopic strain approach the J-field for a dilatant plastic solid. This asymptotic field is a variant of the well-known HRR field for an isotropic von Mises solid with finite strain hardening.

Little is known about crack growth in a lattice material made from an elastoplastic solid, and so, by way of background, we briefly review crack advance in the fully dense, parent solid. Under conditions of small-scale yielding, crack growth in a fully dense ductile solid is generally of the form

$$K = K_{\mathrm{R}}(\Delta a) \tag{6}$$

where the $K_{\mathrm{R}}(\Delta a)$ curve is treated as a material characteristic, termed the $R-$curve. It is broadly accepted that, for ductile fracture, $K_{\mathrm{R}}(\Delta a)$ rises steeply above the initiation value K_{IC} due to the effects of crack-tip plasticity and non-proportional loading in the wake of the advancing crack-tip. Many of these features of ductile crack growth have been captured by the cohesive zone model of Tvergaard and Hutchinson [27]. Their analysis suggests that the $R-$curve is sensitive to the ratio of peak cohesive strength to the yield strength of the solid.

A limited literature exists on crack growth in a lattice material. In an early numerical study on the crack growth resistance of metallic foams, Chen et al. [28] idealised the foam as a compressible, elastoplastic, power-law hardening solid. They determined the crack growth resistance of a semi-infinite crack in the foam by placing a cohesive zone at the crack-tip in similar manner to that of Tvergaard and Hutchinson [27], and they calibrated the crack-bridging law from independent experimental measurements on these foams. The predictions of Chen et al. [28] for the crack growth resistance curves reveal a pronounced $R-$curve: the advancing crack experiences a rapidly increasing resistance to its growth, with the extent of $R-$curve sensitive to the compressibility of the metal foam. They found that the asymptotic steady-state mode I fracture toughness increases with increasing compressibility of the foam. In a parallel study, Schmidt and Fleck [29] simulated crack growth in a 2D hexagonal lattice comprising cell walls made from a bi-linear elastoplastic solid. Crack growth in their FE model was simulated by deleting beam elements that had attained the cell wall strength. Failure of these elements was achieved by assuming a local soften-

ing response: nodal loads were gradually reduced to zero in accordance with a specified work of fracture. The resulting K versus Δa resistance curves were sensitive to the choice of hardening modulus and to the fracture strength of the parent solid, and an appreciable elevation in the $R-$curve was noted. In a recent experimental study, O'Masta et al. [20] measured the fracture response of an octet truss lattice made from a titanium alloy and also observed a rising $R-$curve during crack propagation, akin to that of a bulk solid.

The present study considers crack propagation in a elastoplastic triangular lattice made from a power-law hardening solid of assumed tensile failure strain[2]. The choice of this topology is motivated by the fact that the triangular lattice has a high fracture toughness K_{IC} due to its high nodal connectivity and is thus a promising 2D lattice. Its fracture response also gives insight into the response of 3D lattices of high nodal connectivity, such as the octet truss.

The finite element models of triangular lattices of the present study contain up to 10^7 struts in order to model a remote K-field and an inner $J-$field for crack extensions of up to 50ℓ. It was prohibitive, computationally, to model each strut by a large number of continuum elements. Additionally, the continuum description of a lattice (eg. [30]) can be problematic as sudden changes in section at a joint can introduce singularities in local stress. Such local features would require a sophisticated, multi-scale approach for their treatment; this approach is beyond the scope of the present study. Instead, we note that the triangular lattice is stretching-dominated under all macroscopic stress states due to its high nodal connectivity. The structural response of a pin-jointed (truss) of high nodal connectivity, such as the triangular lattice, is in close agreement with that of the rigid-jointed lattice (frame), see for example [31, 32]. The aforementioned features of triangular lattice permit its idealization by a pin-jointed truss, thereby enabling the use of a single finite element per strut.

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[2]The necking strain ε_{n} of a bar of perfect geometry follows from Considére criterion as $\varepsilon_{\mathrm{n}} = 1/n$. The presence of local geometric imperfections in the bar leads to a softening response at values of strain less than $1/n$. In the current study, we explore the sensitivity of the lattice response to failure strain below the necking value.

1.1. Scope of study

Mode I crack propagation in a elastoplastic triangular lattice is studied under small scale yielding conditions. The crack growth resistance curve (R-curve) of the lattice is predicted from finite element (FE) simulations. An asymptotic $K-$field approach is adopted, and crack growth within the lattice occurs by the progressive failure of struts under a monotonically increasing remote K_I. Denote K_R as the remote value of K_I corresponding to a crack extension Δa. Then, the R-curve of the lattice is the $K_R(\Delta a)$ response.

Our study is organized as follows. First, the R-curve for an elastoplastic triangular lattice under mode I loading is predicted via an asymptotic $K-$field boundary layer approach. The sensitivity of both the $R-$curve and the crack path to the choice of cell wall material properties such as the ductility and extent of strain hardening, along with the relative density of the lattice, is explored by FE simulations. A regression analysis is performed to provide an expression for the $R-$curves in terms of the solid material properties.

Next, three design concepts for enhancing the crack growth resistance of a triangular lattice are explored: (i) a *fibre-reinforced lattice*, comprising a brittle lattice phase and reinforced by long ductile fibres transverse to the plane of the pre-crack, (ii) a *bilattice*, generated by reinforcing a small brittle lattice with a large ductile lattice, and (iii) an *interpenetrating lattice* wherein a large- scale ductile lattice is attached at its joints to an underlying small-scale brittle lattice. In each case, the predicted R-curves are compared with those of single phase lattices to highlight the role of ductile reinforcements on the $R-$curve. Finally, a comparative study is performed to analyse the crack growth resistance of single-phase elastoplastic lattices under remote mode II loading.

2. Numerical approach

The crack growth resistance of an elastoplastic triangular lattice is determined via a boundary layer analysis within the finite element (FE) framework. Quasi-static FE calculations are performed with ABAQUS/Explicit v6.14 to simulate crack growth in an elastoplastic lattice. The FE mesh of the pin-jointed triangular lattice comprises struts of length ℓ in a square domain of edge length 1600ℓ. The pre-crack spans 800ℓ, and the tip of the crack is located at the centre of the square mesh, as shown in Fig. 1. It is assumed that the pre-crack splits

the joints on the cracking plane, behind the crack tip. Each strut of the lattice is modelled by a single two-noded truss element (type T2D2) which can only carry an axial load. The outer boundary of the FE mesh is subjected to the asymptotic displacement field associated with the mode I stress intensity factor K_I. Crack advance is by failure of struts (and not joints) using a Johnson-Cook type damage model [3] for each strut. The size of the FE mesh is sufficient for small scale yielding conditions to prevail for an extension $\Delta a \leq 50\ell$. The FE simulations assumed finite deformations and finite strains. Details of the boundary layer approach and the assumed material model are presented below.

2.1. Boundary layer method

Consider a semi-infinite crack in a triangular lattice with cell walls of power-law hardening characteristic, and loaded by a remote mode I K-field. The crack is along the negative x_1 axis with its tip at the origin $(x_1, x_2) = (0, 0)$, as shown in Fig. 1. Write the displacement field in Cartesian form as $u_i(x_j)$, and introduce the polar coordinate system (r, θ) centred on the crack-tip, with the crack faces lying along $\theta = \pm\pi$. Here, (r, θ) are related to (x_1, x_2) in the usual manner as $r = (x_1^2 + x_2^2)^{1/2}$ and $\theta = \tan^{-1}(x_2/x_1)$. The displacement field in an elastic annulus surrounding the crack-tip plastic zone scales with K_I according to

$$u_i^0 = \frac{K_I \sqrt{r}}{G} f_i(\theta) \tag{7}$$

where G is the shear modulus of the triangular lattice written in terms of Young's modulus E and Poisson's ratio ν as $G = E/2(1 + \nu)$ where $E = \bar{\rho} E_S/3$ and $\nu = 1/3$, as stated by Gibson and Ashby [11]. The non-dimensional function $f_i(\theta)$ is taken from Sih et al. [33]. The linear scaling of E with $\bar{\rho}$ is limited to the regime where the struts can be idealized as truss elements such that $t/\ell \leq 0.2$. Note that $t/\ell = 0.1$ corresponds to $\bar{\rho} = 0.34$ in a 2D triangular lattice and it corresponds to $\bar{\rho} = 6\sqrt{2}(t/\ell)^2 = 0.08$ for a 3D octet truss lattice. Consequently, the use of truss elements is pertinent to much higher values of $\bar{\rho}$ in a 2D lattice than in a 3D lattice.

As the value of K_I is increased, a plastic zone develops at the crack-tip and envelopes an increasing number of cells, recall (5). A critical strut within the plastic zone and directly ahead of the crack-tip attains the cell wall tensile failure strain ε_f at $K_I = K_{IC}$, as given by

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[3]The Johnson-Cook ductile damage model within ABAQUS is used with parameters to give a strain-rate independent and temperature-independent strain criterion for damage initiation.

([4](#)). Progressive failure of the strut then follows, in accordance with a specified damage law (described below in Section [2.2](#)). A sequence of struts fail under an increasing value of K_I, thereby leading to a rising R-curve.

2.2. Material model

Each strut of the lattice is specified with an axial force versus elongation response. The axial tensile and compressive responses of each strut are based upon the uniaxial tensile response of an elastoplastic, von Mises solid with power-law hardening. When the tensile force in the strut attains a critical value, a linear softening law is assumed for the force versus elongation response of the strut, in accordance with a prescribed work of fracture. In contrast, the compressive response of the strut follows the assumed power-law hardening behaviour for all values of compressive force; it is assumed that no buckling occurs[4]. The axial stress and strain state is taken to be uniform within each strut, and so the assumed force versus elongation response during tensile failure is associated with a softening response of the strut material. It is recognized that a softening law at the material level would lead to localization at some location within the strut, but this is not at issue here since the stress and strain states are assumed uniform, and merely express the strut force versus elongation response as re-scaled values. Details of the implementation of this material model are as follows:

(i) The initial response of the cell wall material is characterized by the solid Young's modulus E_S and Poisson's ratio ν_S.

(ii) The post-yield response of the solid is idealized by a power-law relation between the true stress σ and the true plastic strain ε^P of the form

$$\frac{\sigma}{\sigma_{0S}} = 1 + \left(\frac{\varepsilon^P}{\varepsilon_{0S}} \right)^N \tag{8}$$

in terms of the material flow strength σ_{0S} and a representative material strain ε_{0S}. The index N is the Ludwik/Holloman strain hardening exponent. We emphasize that the two relations ([3](#)) and ([8](#)) can be brought into alignment at a sufficiently large value of plastic strain upon identifying $\sigma_0 = \sigma_{0S}$, $\varepsilon_0 = \varepsilon_{0S}$ and $N = 1/n$.

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[4]The possibility of occurrence of buckling at the crack tip of a fully triangulated lattice was included in the previous analysis of Tankasala et al. [14]. No buckling was observed.

(iii) Damage initiates within the strut when the tensile plastic strain in the strut, ε^P, attains a critical value ε_f, or equivalently, a strength σ_f as indicated in Fig. 2(a).

(iv) Damage evolves within the strut as follows. The axial stress σ in the strut drops linearly from σ_f to zero over a plastic strain increment of $\Delta\varepsilon_f$, see Fig. 2(a). Write Γ_0 as the work of fracture, per unit cross-sectional area of strut, in the softening regime. Then, $\Gamma_0 = \sigma_f \Delta\varepsilon_f \ell / 2$ in terms of the strut length ℓ. The plastic work of fracture per unit cross-sectional area of the strut Γ_f follows as

$$\Gamma_f = \ell \int_0^{\varepsilon_f} \sigma \, d\varepsilon^P + \Gamma_0 \tag{9}$$

(v) Some struts in the wake of the advancing crack-tip unload but remain intact. The unloading modulus E_u of these struts depends upon the value of instantaneous plastic strain ε^P as follows: $E_u = E_S$ for $\varepsilon^P \leq \varepsilon_f$ and $E_u = (1 - D)E_S$ for $\varepsilon_f \leq \varepsilon^P \leq \varepsilon_f + \Delta\varepsilon_f$ where the damage index D is defined by $D = (\varepsilon^P - \varepsilon_f)/\Delta\varepsilon_f$. Note that D increases from zero (no damage) to unity (failure). We note in passing that the choice of $E_u(\varepsilon^P)$, along with assumption (iv) above implies that the elastic strain is constant and equals σ_f / E_S during the softening phase. Thus, a linear drop in $\sigma(\varepsilon^P)$, as shown in Fig. 2(a), also gives a linear drop in $\sigma(\varepsilon)$ where the total strain ε is the sum of the elastic and plastic components.

The tensile stress versus strain response of the cell wall based on the above description is shown in Fig. 2(b) for $\varepsilon_f = 0.1$, $\varepsilon_{0S} = 0.001$ and for selected values of N. In order to visualise the linear softening regime in the figure, we show the softening curves for the choice $\overline{\Gamma} = \Gamma_0 E_S / \sigma_{0S}^2 \ell = 50$. It is emphasized that the response of the lattice during crack growth is almost insensitive to the value of Γ_0. The softening phase leads to a mild snap-back dynamic instability near the crack tip when Γ_0 is below a critical value Γ_c. However, we find that this instability is quickly damped by a small level of plastic dissipation in the neighbouring struts to the failed strut, as detailed below. The value of Γ_c is dependent upon the unloading modulus $\sigma_f / \Delta\varepsilon_f$ of the failing strut in relation to the modulus of the neighbouring intact, but plastically deforming, bars. The choice $\Gamma_0 = \Gamma_c$ would give rise to a quasi-static solution with no generation of kinetic energy during the failure of the strut. Checks have been made to determine the value of Γ_c for selected crack growth simulations.

The following numerical device was used in order to estimate Γ_c. In brief, a subsidiary

implicit finite element calculation was performed with the remote K set to a constant value K_f during strut failure. Here, K_f is the mode I stress intensity factor corresponding to the onset of softening i.e. the attainment of $\sigma = \sigma_f$ in the first critical strut ahead of the crack tip, recall Fig. 2(a). The softening response of this critical strut was now modified by the introduction of a monotonically increasing thermal strain ε_T within this strut, while ε^P was held fixed at ε_f, such that

$$\sigma = E_S \left(\varepsilon - \varepsilon_f - \varepsilon_T \right) \tag{10}$$

in terms of a total strain ε and elastic modulus of the cell wall solid E_S. This replaces the softening branch of Fig. 2(a). The thermal strain ε_T is treated as an independent control parameter within ABAQUS, and is incremented until the axial stress in the strut drops to zero in the finite element calculation; write the final value of ε_T as ε_{Tf}. It was found that the $\sigma \left(\varepsilon^P \right)$ response is almost linear during the softening phase. At vanishing axial stress, $\sigma = 0$, the axial strain in the critical strut equals $\varepsilon_f + \varepsilon_{Tf}$ by (10). Now, compare this residual strain with the plastic strain $(\varepsilon_f + \Delta \varepsilon_f)$ of Fig. 2(a), to note that $\Delta \varepsilon_f = \varepsilon_{Tf}$ in order to bring the two calculations into alignment. We emphasise that $\sigma \left(\varepsilon \right)$ during the thermal softening event of the critical strut, as determined by the finite element solution, is almost linear. Further, the Johnson-Cook type softening model of Fig. 2(a) implies a linear $\sigma \left(\varepsilon \right)$ softening characteristic. Consequently, the thermal calculation is a match to the prediction of the damage model, provided we take $\Gamma_c = \sigma_f \varepsilon_{Tf} \ell / 2$.

The assumed value of Γ_0 in the FE simulations of crack growth is typically an order of magnitude less than Γ_c. The choice of $\Gamma_0 = 0.1 \Gamma_c$ would give rise to a small snap-back instability in a quasi-static finite element simulation [34]. In the explicit simulations, the instability induces a small amount of kinetic energy and plastic dissipation in the struts adjacent to the failed strut. The energy released by the strut during failure (with our assumed value of Γ_0) is two orders of magnitude less than the plastic work in a strut up to the point of failure. Consequently, the additional plastic dissipation in the neighbouring struts is negligible and there was no observable difference in the two $R-$curves for the choices $\Gamma_0 = \Gamma_c$ and $\Gamma_0 = 0.1 \Gamma_c$.

3. $R-$curve of an elastoplastic triangular lattice

The FE predictions for the R-curves of a triangular lattice of $t/\ell = 0.1$ made from a solid of $\varepsilon_{0S} = 0.001, \nu_S = 0.3, \overline{\Gamma} = 5$, and $N = 0.33$ are plotted in Fig. 3(a) for selected values of ε_f in the range 0.02 to 0.2. The abscissa for these plots is the normalized crack extension $\Delta a/\ell$ at a given value of K_I, as plotted on the ordinate. Each cross mark in Fig. 3(a) denotes the x_1-position of the mid-point of all failed struts at a given value of $K_I = K_R$, with the rightmost cross-mark (corresponding to the furthest failed strut from the pre-crack tip) denoting the crack extension Δa.

The first strut to fail is the vertical strut, strut A, directly ahead of the crack tip, refer inset of Fig. 3(d). Its failure defines the onset of crack growth and thereby the initiation fracture toughness of the lattice, K_{IC}. For the choice $\overline{\Gamma} = 5$, we note from Fig. 3(a) that K_{IC} is within 5% of the predictions of (4) for ε_f between 0.02 and 0.2. Consider, for example, the case of $\varepsilon_f = 0.1$. The second strut to fail is the vertical strut, strut B, nearest to the failed strut A; it fails at $K_R/\sigma_{0S}\sqrt{\ell} = 5$. Post failure of the first two vertical struts (A and B), the inclined strut located between these struts rotates to align with the loading direction and it eventually fails in tension at a higher value of $K_R/\sigma_{0S}\sqrt{\ell} = 5.4$. Crack advance is thus accompanied by a bridging of the cracking plane by the inclined struts. The solid lines in Fig. 3(a) are conservative curve-fit estimates to the data for each value of ε_f between 0.02 and 0.2; these have the form

$$K_R = K_{IC} + \alpha_1 \, \overline{\rho}\sigma_{0S}\sqrt{\ell} \left(\frac{\Delta a}{\ell} \right)^{\alpha_2} \tag{11}$$

The parameters α_1 and α_2 depend on (N, ε_f) and are listed in Table 1. It is evident from Fig. 3(a) that the ductility of cell wall solid has a significant effect on the crack growth resistance such that the magnitude of K_R and of the gradient $\partial K_R/\partial \Delta a$ increase with increasing ε_f. Consider, for example, a crack extension of $\Delta a = 20\ell$. The associated fractional increase in the fracture toughness, $K_R(\Delta a)/K_{IC}$ is 1.3 for $\varepsilon_f = 0.02$, and is $K_R(\Delta a)/K_{IC} = 3$ for $\varepsilon_f = 0.2$. The reference case of a triangular lattice made from an elastic-brittle cell wall solid is included in Fig. 3(a), with σ_{0S} now denoting the solid tensile strength. Brittle failure of the lattice occurs when $K_I \approx K_{IC}$, with a negligible increase in the fracture toughness as the crack grows: the $R-$curve is flat. The nature of crack advance is demonstrated in Fig. 3(d) by considering the tip opening displacement of the pre-crack, measured at location c, one bar back from strut A, for the choice of $\varepsilon_f = 0.1$. Immediately after failure of

strut A, and then strut B, the opening displacement δ_c continues to increase in a smooth manner with increasing K_R. The softening of struts A or B does not trigger substantial oscillations in the crack tip opening response.

The sensitivity of the R-curve to the degree of material strain hardening is explored in Fig. 3(b) for $N = 0.1, 0.2$, and 0.33, and for a fixed $\varepsilon_f = 0.1$ and $t/\ell = 0.1$. As before, the cross marks correspond to the x_1-position of the mid-points of all struts that have failed at a given value of K_R, and the solid lines are the curve-fit expressions (11) with values of α_1 and α_2 as listed in Table 1. The $R-$curve is steepest for lattices made from material of high strain hardening consistent with the behaviour of fully dense metallic alloys, see [27] for example.

The $R-$curve asymptotes to a steady-state tearing value of fracture toughness $K_R = K_{SS}$ at sufficiently large values of crack extension Δa. For example, for the choice $\varepsilon_f = 0.02$ and $N = 0.33$, steady-state crack growth occurs for crack extensions exceeding 30ℓ and K_{SS} attains the value of $1.5 K_{IC}$. The amount of crack extension in order to achieve steady state increases with increasing ε_f and increasing N, see Fig. 3(a) and Fig. 3(b). These simulations of crack growth under small-scale yielding are numerically intensive and limitations in computational resource precluded us from attaining steady state at large ε_f and large N. For a given ε_f and N, the normalised fracture toughness $K_{IC}/\sigma_{0S}\sqrt{\ell}$ and the crack growth resistance $K_R/\sigma_{0S}\sqrt{\ell}$ (at a given value of $\Delta a/\ell$) scale linearly with t/ℓ, as seen from Fig. 3(c); this follows immediately from the assumption that the cell walls behave as truss elements.

3.1. Explanation for the rising $R-$curve, and the crack path

The elevation in K_R with increasing ε_f (and increasing N), as observed in Fig. 3(a) and Fig. 3(b) for the ductile lattices, can be traced to the plastic dissipation associated with non-proportional stressing of the struts in the vicinity of the advancing crack-tip, which in turn relates to the extent of plastic zone at the crack-tip. Recall from (4) and (5) that the size of plastic zone r_P at the onset of crack growth scales with (N, ε_f) according to

$$r_P \approx 0.25\, \alpha \left(\frac{\varepsilon_f}{\varepsilon_0} \right)^{1+N} \ell \tag{12}$$

Thus, for a given choice of $N = 0.33$ and $\varepsilon_0 = \varepsilon_{0S} = 0.001$, the extent of plastic zone, and thereby the energy dissipated due to plastic deformation increases with increasing ε_f. For

example, r_P increases from 19ℓ to 402ℓ as ε_f increases from 0.02 to 0.2, at the onset of crack growth, following (12).

FE simulations reveal that crack advance under remote mode I loading may deviate from the plane of the pre-crack. Three classes of crack path can be identified in Fig. 4:

(i) **co-planar** with the pre-crack for lattices of sufficiently high ductility or of moderate hardening capacity. For example, crack advance is of this type for a lattice of high ductility $\varepsilon_f = 0.2$, and for a lattice of moderate hardening $N = 0.2$ (and also for $N = 0.1$, not shown).

(ii) an **alternating** crack path for an intermediate value of ε_f and large N. The wavelength (and amplitude) of the alternating crack path increases with diminishing value of ε_f and increases with crack extension. Consider the choice $\varepsilon_f = 0.1$: the crack-tip advances along a zigzag path for $N = 0.33$ but advances along a straight path (co-planar with pre-crack plane) for $N \leq 0.2$.

(iii) the crack **kinks** at an angle $-30°$ to the plane of the pre-crack in the elastic-brittle limit.

It is instructive to compare the present results with the crack path predictions of Schmidt and Fleck [29] for a 2D hexagonal lattice made from a bi-linear elastoplastic solid. They also observed that, subsequent to the first strut failure, the initial symmetry about the plane of the pre-crack is disrupted and the crack advanced in a zigzag manner.

4. Two-phase lattices for enhanced crack growth resistance

Design concepts for enhancing the toughness of a lattice are now explored. Three designs of a two-phase lattice are considered: a fibre-reinforced composite lattice, a composite bi-lattice and an interpenetrating lattice, see Fig. 5. The topologies of the fibre-reinforced lattice and bilattice are inspired by the design of rip-stop nylon, a tear-resistant woven fabric made from nylon and consisting of thick reinforcement threads spaced evenly after every 10 thin fibres. The interpenetrating topology resembles that of double network hydrogels which derive their high toughness from the synergy of two mechanisms: crack

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bridging by the larger network of covalent crosslinks, and hysteresis due to unzipping of the smaller network of ionic crosslinks [35].

All three lattices comprise a 'brittle' phase of tensile failure strain $\varepsilon_f = 0.02$ and a 'ductile' phase of ductility $\varepsilon_f = 0.1$. The elastic and plastic properties of the two phases are otherwise identical such that $N = 0.33$, $\varepsilon_{0S} = 0.001$, $\nu_S = 0.3$ and $\overline{\Gamma} = 5$. In all three designs of two-phase lattices, the brittle phase comprises a fully triangulated lattice of strut length ℓ and strut thickness t. The ductile phase is also of thickness t but is on a larger grid, as follows. Consider first, the fibre-reinforced composite lattice; it comprises longitudinal ductile fibres at a spacing $s = 3\sqrt{3}\ell/2$, as shown in Fig. 5(a). These fibres replace the brittle phase of the same location. Second, consider the composite bilattice, as shown in Fig. 5(b). The ductile phase exists on a triangular grid of side length 3ℓ and again substitutes for the brittle phase at this location. In contrast, the interpenetrating lattice comprises a triangular grid of ductile struts that are in addition to, and overlap, the brittle phase: no brittle struts are replaced by the ductile phase, see Fig. 5(c). The effective Young's modulus and Poisson's ratio of the interpenetrating lattice are $E = 8\sqrt{3}E_S t/9\ell$ and $\nu = 1/3$, respectively, as obtained from separate FE simulations on a periodic unit cell of this lattice (not shown here). The $R-$curve responses of the three two-phase lattices are discussed in turn.

4.1. $R-$curve of a fibre-reinforced composite lattice

Consider the fibre-reinforced composite lattice of Fig. 5(a). The assumed morphology of the macroscopic pre-crack is such that a ductile strut of the fibre phase exists directly ahead of the crack-tip. Crack growth in this lattice occurs by the sequential failure of both brittle and ductile struts under increasing K_I. The $R-$curve response of the fibre-reinforced lattice, based on the failure of brittle struts, is compared with that of the monolithic brittle lattice (of $\varepsilon_f = 0.02$) in Fig. 6(a). The $R-$curve for the brittle phase of the fibre-reinforced lattice lies above that of the monolithic brittle lattice. Note that the extent of crack extension Δa in the ductile phase of the fibre-reinforced lattice is less than that of the brittle phase for the same value of $K_I = K_R$. Consequently, we can identify an $R-$curve for the ductile fibre phase which is distinct from that for the brittle phase.

A set of additional calculations have been performed in order to determine the sensitivity of the $R-$curves to the state of residual stress within the lattice. Commonly, thermal

processes are used in composite manufacture and these can result in either tensile or compressive residual stress σ_R in the fibre phase. To assess the significance of the residual stress upon the $R-$curves, the $K-$field boundary layer analysis is carried out on a lattice specimen in which the ductile fibres carry a residual tensile (or compressive) stress. A three-step FE analysis is adopted, as follows. In the first step, the lattice does not contain a crack and a uniform state of residual stress in the ductile phase is generated by subjecting the ductile struts to thermal strain such that, at equilibrium, the ductile fibres have a residual tensile stress of magnitude $\sigma_R = \sigma_{0S}/2$ whereas the vertical struts of the brittle phase have a residual compressive stress of magnitude $\sigma_R/2$. The inclined struts of the brittle phase remain stress free. In the second step of this FE simulation, a pre-crack is introduced. The pre-crack splits the joints along the crack flanks, and causes some relaxation of the tensile stress in the ductile bars, and the development of axial compression in the adjacent inclined bars. Likewise, the axial compressive stress in the brittle bars partially relaxes and the adjacent inclined bars acquire tension. Finally, in the third step, a remote displacement field associated with a mode I K-field is imposed on outermost boundary of the mesh.

4.2. $R-$curve of a bilattice

Assume a macroscopic pre-crack in a bilattice such that a ductile strut exists directly ahead of the crack-tip, as shown in Fig. 5(b). The sequence of strut failure with increasing K_I is plotted in Fig. 6(b) for both the brittle phase and the ductile phase of the bilattice; both axes are expressed in terms of the strut length ℓ of the brittle phase. In order to assess the increase in crack growth resistance due to the presence of the ductile reinforcement, we include in Fig. 6(b) the R-curve of a small brittle lattice with $\varepsilon_f = 0.02$ and strut length ℓ. We note from Fig. 6(b) that the small brittle lattice is toughened when a fraction of its members are replaced by ductile struts in the bilattice. For this bilattice, the first ductile strut to fail does so after 8 vertical struts of the brittle phase have already failed. Thus, the ductile struts provide significant bridging of the crack faces in the wake of failed brittle struts, for the bilattice. This contributes to the observed resistance to crack growth, in addition to the contribution from crack-tip plasticity ahead of the growing crack-tip.

Now compare in Fig. 6(b) the $R-$curve of the bilattice with the $R-$curve of a large ductile lattice of $\varepsilon_f = 0.1$ and strut length 3ℓ. In so doing, the significance of the small brittle struts of the bilattice upon its $R-$curve can be assessed. It is clear that the brittle phase

gives an initial enhancement of toughness of the ductile phase of the bilattice but the two $R-$curves converge at a large crack extension, $\Delta a > 40\ell$. In broad terms, the $R-$curve of the bilattice is dominated by the contribution of the large-scale ductile phase.

4.3. $R-$curve of an interpenetrating lattice

The $R-$curve of the interpenetrating lattice of Fig. 5(c) is shown in Fig. 6(c) for the choice $t/\ell = 0.1$, $N = 0.33$ and $\varepsilon_{0S} = 0.001$. Two reference case of single-phase lattices are included in Fig. 6(c) for comparison: (i) a small brittle lattice of strut thickness t, strut length ℓ and $\varepsilon_f = 0.02$, and (ii) a large ductile lattice of strut thickness t, strut length 3ℓ and $\varepsilon_f = 0.1$. The $R-$curve of the brittle phase of the interpenetrating lattice is steeper than that of the single-phase brittle lattice. Further, the value of K_I required to break a single strut of the ductile phase of the interpenetrating lattice is substantially higher than that of the brittle phase, as well as that of the single-phase large ductile lattice. The crack growth resistance of the interpenetrating network is thus a consequence of limited plasticity within the small lattice and bridging of the crack-tip by the ductile struts of the large lattice.

It is instructive to compare the degree of fracture toughness enhancement due to the addition of a ductile phase for the three designs discussed above. The $R-$curves of the brittle phase of the two-phase lattices are taken from Fig. 6 and are re-plotted in Fig. 7(a); it reveals that the interpenetrating network gives the greatest enhancement of toughness. Note that the interpenetrating lattice is of higher relative density than the fibre-reinforced lattice and the bilattice for the same value of t/ℓ: $\overline{\rho} = (8/\sqrt{3})t/\ell$ for the interpenetrating lattice and $\overline{\rho} = 2\sqrt{3}t/\ell$ for the other two topologies. In order to compare the performance of the three two-phase lattices on the basis of equal mass, we exploit the linear scaling of K_R with t/ℓ for each lattice and re-plot the $K_R - \Delta a$ curves in Fig. 7(b), all for $\overline{\rho} = 0.1$. We conclude that the superior performance of the interpenetrating lattice to that of the other two reinforced lattices is maintained at sufficiently large $\Delta a > 20\ell$.

5. Comparison of the crack growth resistance under mode I and mode II loading

The boundary layer approach of Section 2 can be extended to determine the resistance to crack growth of a monolithic elastoplastic triangular lattice under mode II loading. The

displacement field associated with a remote mode II stress intensity factor K_{II} is applied to the boundary nodes of the lattice, with the functions $f_i(\theta)$ in (7) now taken to be the corresponding functions for mode II from Sih et al. [33]. Mode II $R-$curves have been generated for a monolithic, fully triangulated lattice with $t/\ell = 0.1$, $\varepsilon_{0S} = 0.001$ and $\overline{\Gamma} = 5$. The crack growth responses are shown in Fig. 8(a) for $N = 0.33$ and selected values of ε_f in the range 0.02 to 0.2. The elastic-brittle response is included in Fig. 8(a) for comparison; this is obtained by assuming a linear elastic response up to a tensile strength of magnitude σ_{0S} (implying $\varepsilon_f = \sigma_{0S}/E_S = \varepsilon_{0S}$). The sensitivity of the mode II $R-$curve to the value of the strain hardening exponent N is shown in Fig. 8(b) for the choice of $\varepsilon_f = 0.1$.

For all the combinations of (N, ε_f) considered in this study, FE simulations of the crack growth in an elastoplastic lattice under mode II loading predict that the crack grows at an inclination of -30° from the plane of the pre-crack, as a series of vertical struts (labelled A in the insert of Fig. 8(a)) and inclined struts (labelled as B in the insert of Fig. 8(b)) fail under increasing remote K_{II}. Inclined struts (type B) fail first. The vertical struts (type A) then bridge the crack faces, and they rotate to align with the local principal direction ($\theta = -30^{\text{o}}$) until they also fail in tension. Accordingly, we show in Fig. 8(a) two $R-$curves, one corresponding to the failure of type A struts and the other corresponding to the failure of type B struts. Each cross mark in Fig. 8(a) denotes the x_1-position of the mid-point of all failed struts at a given value of $K_{\text{II}} = K_R$ with the rightmost cross-mark (corresponding to the furthest failed strut from the pre-crack tip) denoting the crack extension Δa. For the choice $N = 0.33$ and $\varepsilon_f = 0.1$, the FE simulations predict that the first strut A fails after 4 struts of type B have failed, see Fig. 8(a). Consequently, there is a moderate increase in the mode II fracture toughness due to bridging by the type A struts; this is evident from Fig. 8(a) for all assumed values of ε_f between 0.02 and 0.2. Curve-fit estimates of the $R-$curves corresponding to struts of type B are drawn in dashed lines in Fig. 8(a) and Fig. 8(b). These have the form

$$K_R = K_{\text{IIC}} + \beta_1\,\overline{\rho}\sigma_{0S}\sqrt{\ell}\,(\Delta a/\ell)^{\beta_2} \tag{13}$$

where β_1 and β_2 are constants which depend upon N and ε_f, as listed in Table 1.

The sensitivity of the $R-$curve to strain hardening N is plotted in Fig. 8(b) for selected values of $(t/\ell, \varepsilon_f) = (0.1, 0.1)$ and N between 0.1 and 0.33. As before, separate $R-$curves are shown for type A and type B struts. Upon comparing the responses of Fig. 3 and Fig. 8,

we find that the crack growth resistance is only mildly sensitive to the mode of remote loading: $K_R^{II} \approx 0.8 K_R^I$ for a given value of crack extension $\Delta a > 0$. Whilst the crack path under mode I loading is sensitive to the choice of (N, ε_f) of the cell wall solid, the crack path under remote mode II loading occurs along $\theta = -30^o$ for all combinations of (N, ε_f) assumed in this study.

We also note that the the critical mode II fracture toughness, K_{IIC}, associated with first strut failure is approximately of the same magnitude as the critical mode I fracture toughness K_{IC}, for any given combination of (N, ε_f). This insensitivity of the critical fracture toughness to the mode of remote loading was observed previously in the numerical analysis of Fleck and Qiu [17] for an elastic-brittle triangular lattice. They found that the failure envelope under a combination of remote (K_I, K_{II}) loading is nearly circular in shape, implying $K_{IIC} \approx K_{IC}$. The location of first strut failure is, however, sensitive to the macroscopic loading direction: under mode I loading, the first strut to fail is the vertical strut directly ahead of the crack-tip (and along the plane of the pre-crack) whereas under mode II loading, the critical strut is the strut directly ahead of the crack but inclined at $\theta = -30^o$ to the plane of the pre-crack. This finding is consistent with the observations of Fleck and Qiu [17] who noted a similar shift of the critical failure site from mode I to mode II, in an elastic-brittle triangular lattice.

6. Concluding remarks

FE simulations of crack growth in an elastoplastic triangular lattice suggest that an increase in fracture toughness occurs with crack extension due to non-proportional stressing of the struts within the plastic zone at the tip of the advancing crack. Additional toughening by crack bridging occurs under mode II loading. A strong dependence of the mode I crack path on ε_f is noted: for low to moderate values of cell wall failure strain ε_f such as $0.02 \leq \varepsilon_f \leq 0.1$ the crack path resembles a triangular waveform with the amplitude and wavelength of the waveform reducing with increasing ε_f. A straight-ahead mode I crack path is predicted for $\varepsilon_f > 0.1$. In contrast, the mode II crack always propagates along $\theta = -30^o$ to the plane of the macroscopic pre-crack for all combinations of material properties considered in this study.

The presence of a ductile phase, either in the form of a large scale lattice, or in the form of longitudinal fibres transverse to the cracking plane, substantially elevates the mode I fracture toughness of the brittle phase as the ductile struts bridge the crack faces. It remains to verify these predictions experimentally. While the crack paths can be different under mode I and mode II loading for a given combination of cell wall ductility ε_f and strain hardening exponent N, the $R-$curves are only mildly sensitive to the mode of loading. Again, experiments are warranted to confirm (or refute) this finding.

Acknowledgements

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Tables

N	ε_f	α_1	α_2	$\dfrac{K_{\mathrm{IC}}}{\sigma_{0\mathrm{S}}\sqrt{\ell}}$	β_1	β_2	$\dfrac{K_{\mathrm{IIC}}}{\sigma_{0\mathrm{S}}\sqrt{\ell}}$
Elastic-brittle	-	0.66	0.04	0.21	0.06	0.25	0.23
0.1	0.1	3.17	0.43	2	0.72	0.36	2
0.2	0.1	3.55	0.5	3.2	0.98	0.6	2.6
0.33	0.02	1.44	0.32	1.35	0.69	0.46	0.7
0.33	0.05	2.68	0.39	2.4	0.83	0.54	2
0.33	0.1	4.47	0.48	3.6	1.12	0.67	3.2
0.33	0.2	6.93	0.55	6	2.02	0.74	6

Table 1: Values of the constants in the curve-fit expression Eq. (11) for mode I $R-$curves plotted in Fig. 3 and values of the constants in expression Eq. (13) for mode II $R-$curves (based on failure of type B struts) plotted in Fig. 8.

Figures
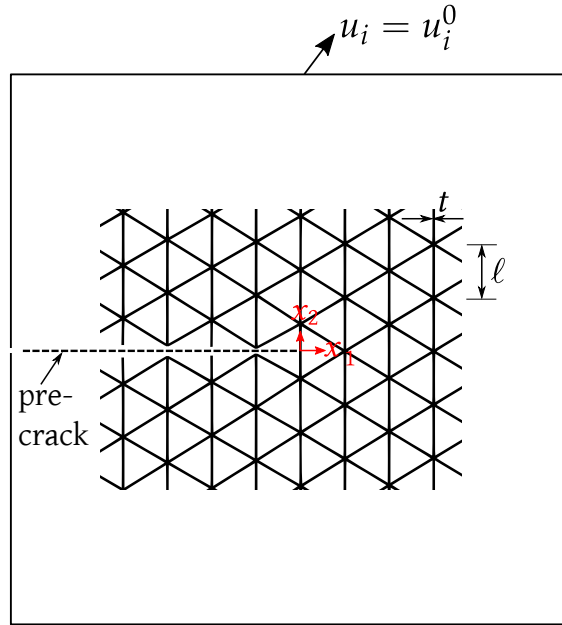
Fig. 1: Triangular lattice containing a semi-infinite crack and subjected to remote mode I (or mode II) loading
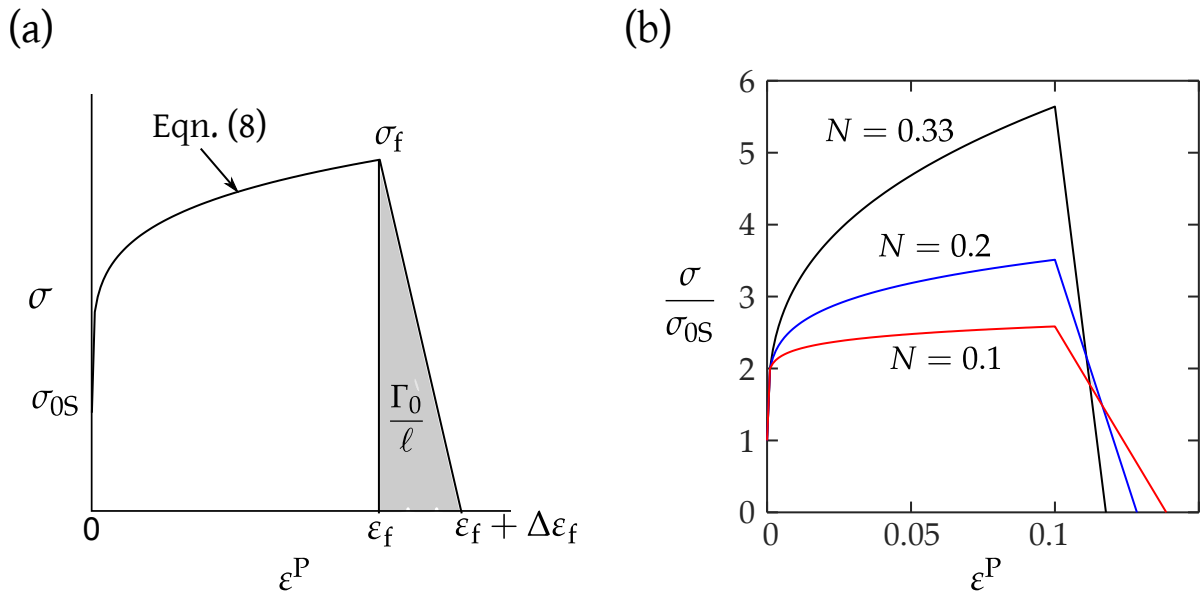
Fig. 2: Stress versus plastic strain response of a single strut in tension: **(a)** material parameters employed in the continuum damage model for each strut, and **(b)** response for $N = 0.1, 0.2$, and 0.33 for the choice of $\varepsilon_f = 0.1$ and $\overline{\Gamma} = \Gamma_0 E_S / \sigma_{0S}^2 \ell = 50$.
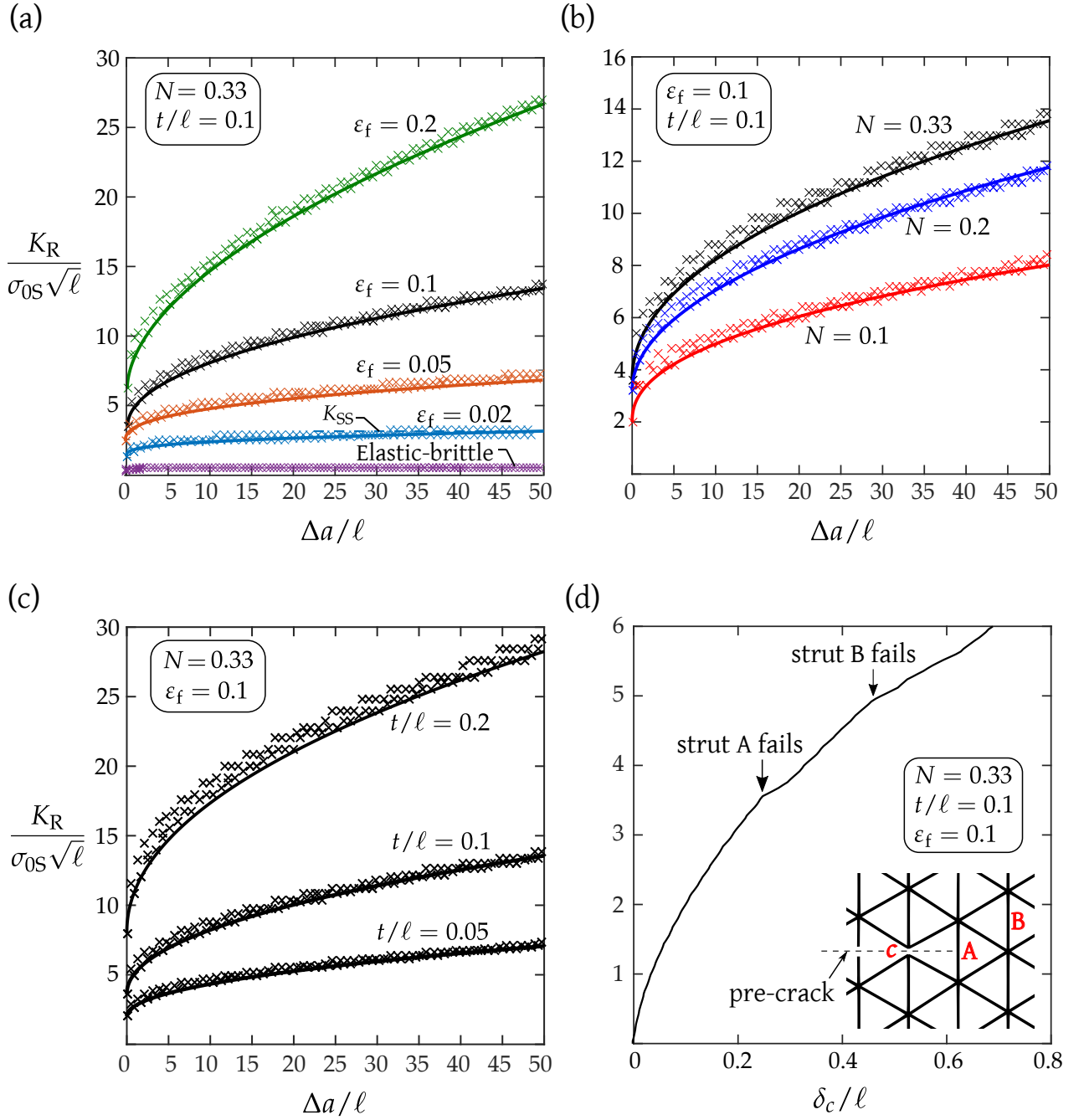
Fig. 3: Mode I crack growth resistance of an elastoplastic triangular lattice : **(a)** as a function of strut ductility ε_f, **(b)** as a function of the strain-hardening exponent N, and **(c)** as a function of lattice relative density $\bar{\rho}$ expressed in terms of t/ℓ via (1). In all cases, $\varepsilon_{0S} = 0.001$ and $\bar{\Gamma} = 5$. **(d)** The dependence of crack-tip opening displacement δ_c upon K_R in the early stages of crack advance.
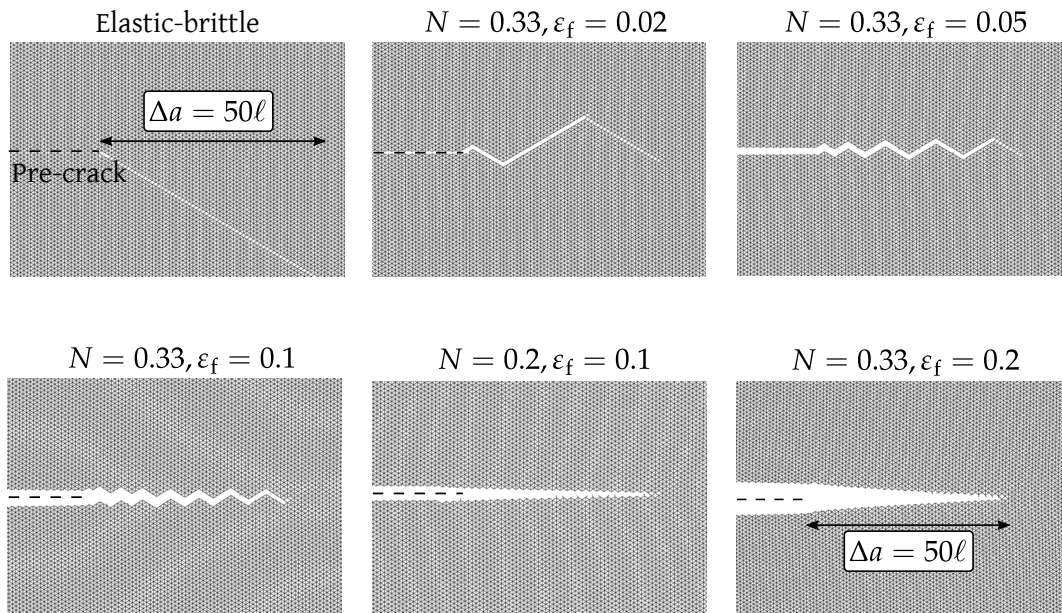
Fig. 4: Crack path under remote mode I loading as a function of strut ductility ε_f and strain-hardening exponent N. In all cases, $\varepsilon_{0S} = 0.001$, $t/\ell = 0.1$, and $\overline{\Gamma} = 5$.
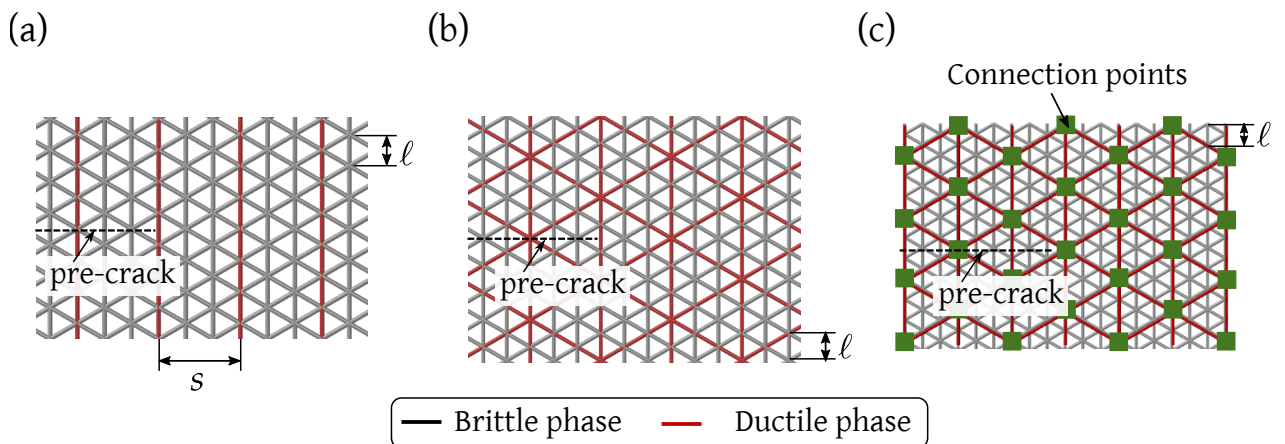

Fig. 5: Two-phase lattices: **(a)** Fibre-reinforced triangular lattice, **(b)** Triangular bilattice, and **(c)** Interpenetrating triangular lattice.
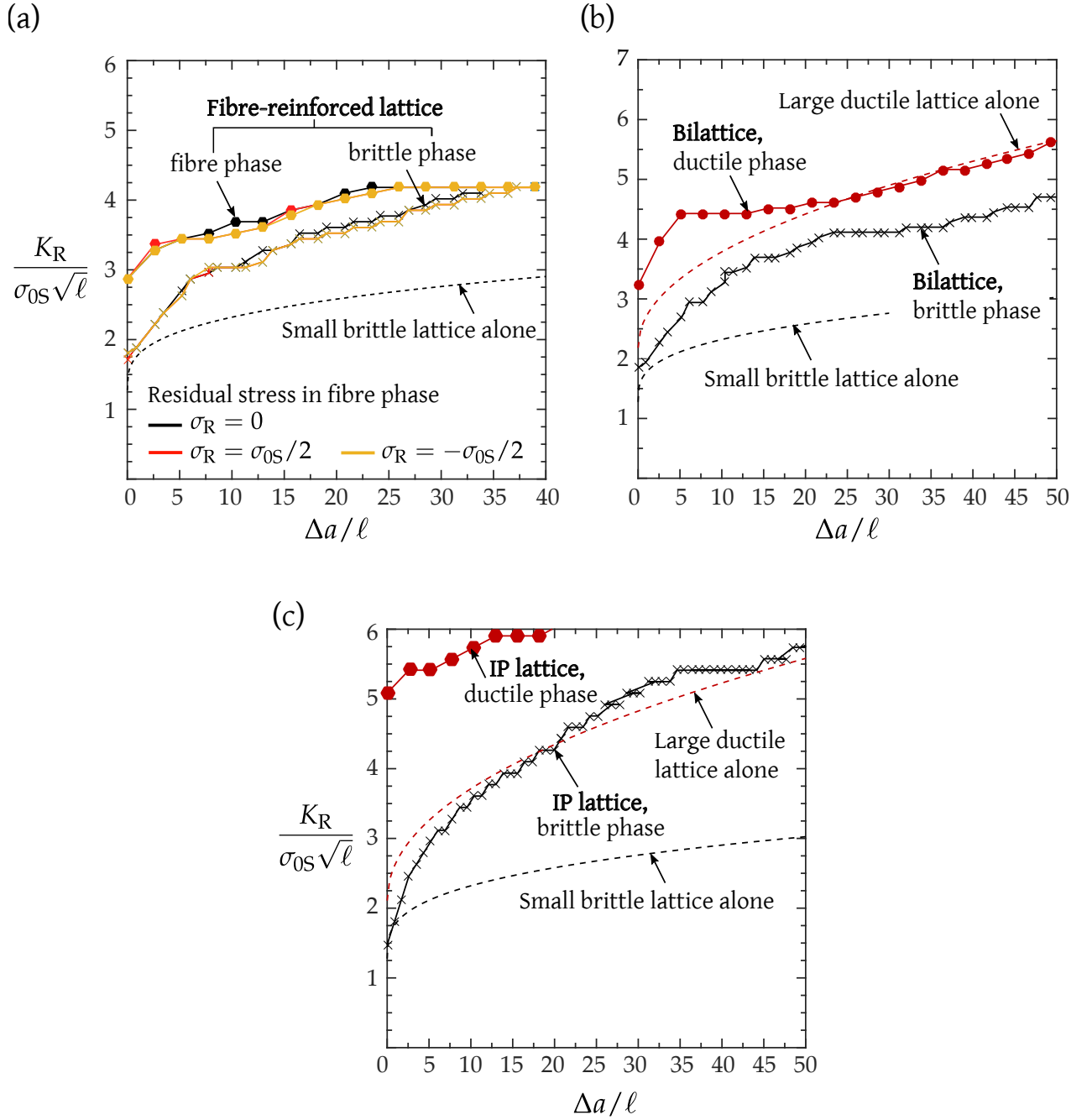
Fig. 6: *R*-curves of the two-phase lattices: (a) fibre-reinforced lattice, **(b)** bilattice, and **(c)** interpenetrating (IP) triangular lattice. The *R*-curve for the brittle lattice is included in (a), and the *R*-curves for both the small brittle and large ductile lattices are shown in (b) for comparison. In all cases, $t/\ell = 0.1$, $N = 0.33$, $\varepsilon_f = 0.02$ for the brittle phase and $\varepsilon_f = 0.1$ for the ductile phase. Data points in (a)-(c) correspond to the location of the mid-points of the failed vertical struts.
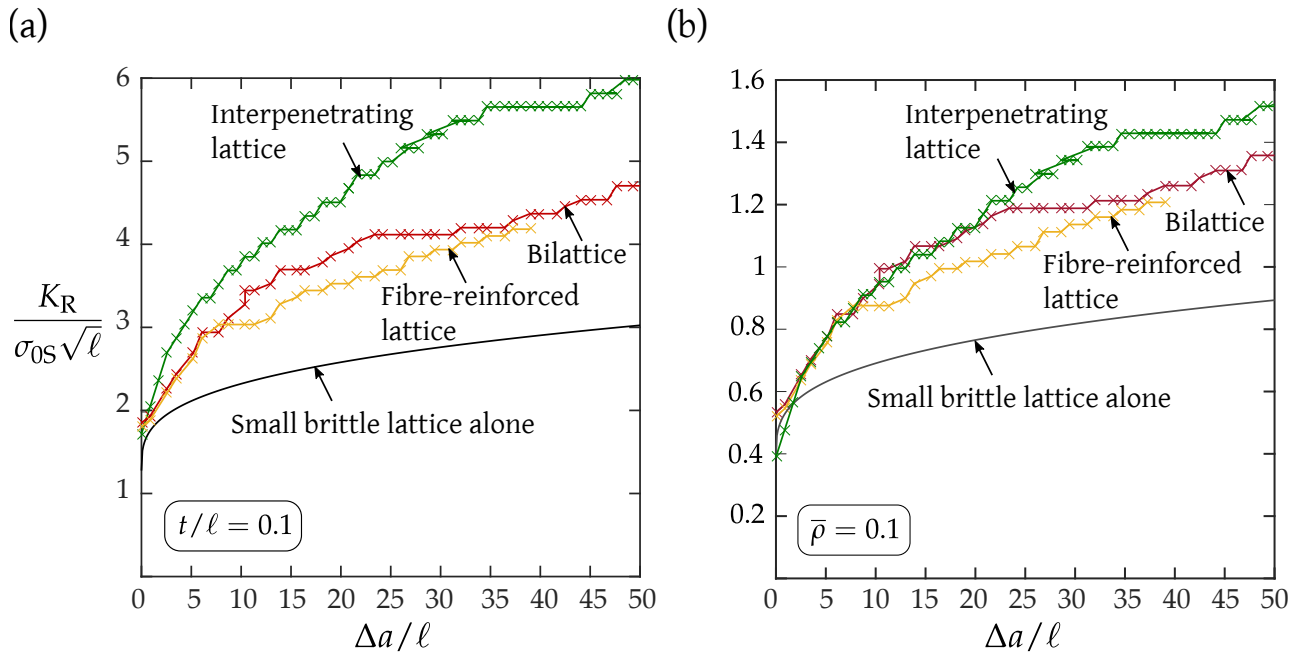
Fig. 7: Toughening of a brittle lattice by the addition of a ductile phase: **(a)** for a constant $t/\ell = 0.1$, and **(b)** for a constant $\bar{\rho} = 0.1$ of the two-phase lattice. In all cases, $N = 0.33$ and $\varepsilon_{\mathrm{f}} = 0.02$ for the brittle phase.
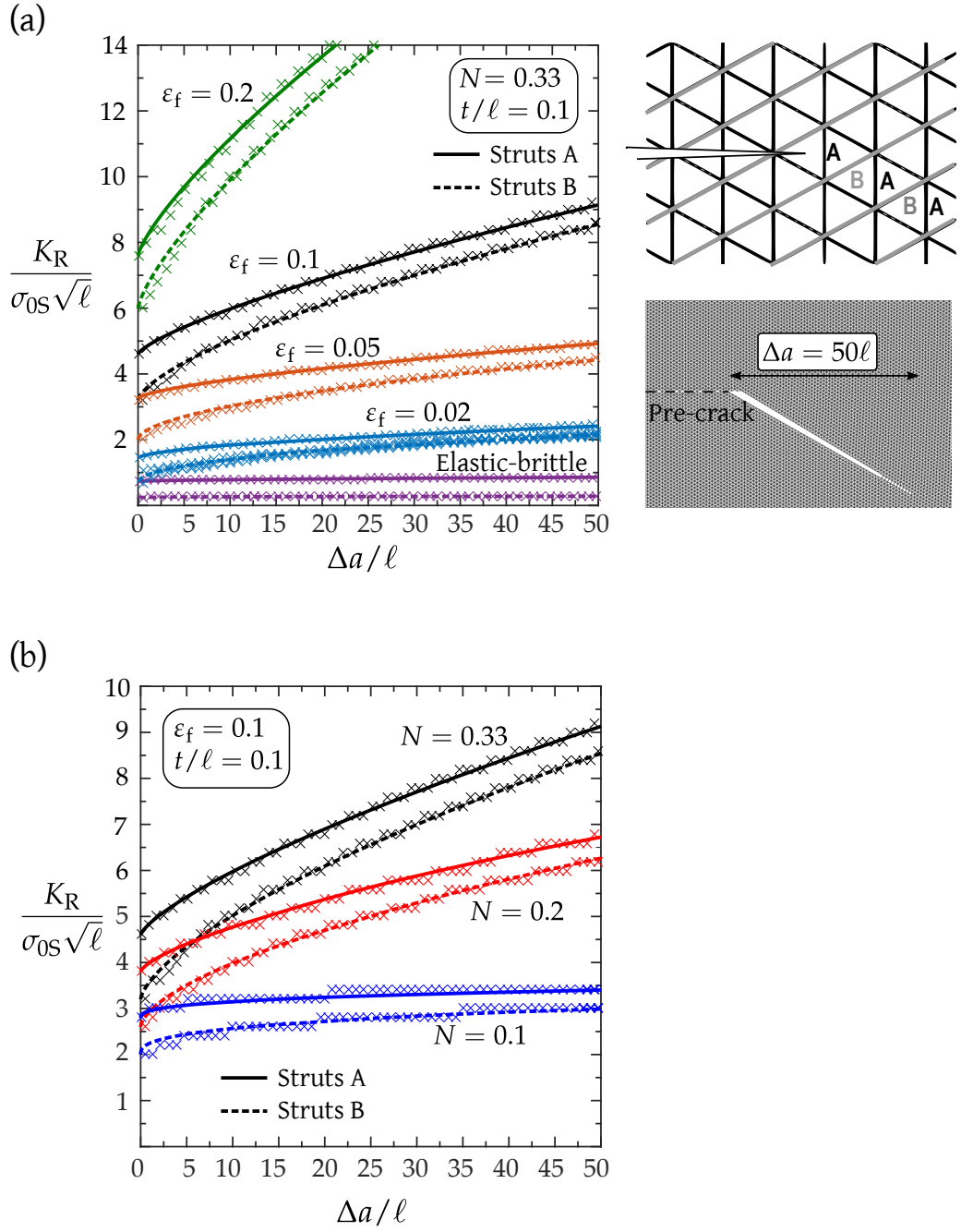
Fig. 8: Mode II crack growth resistance of an elastoplastic triangular lattice : **(a)** as a function of strut ductility ε_f for a choice of $N = 0.33$, and **(b)** as a function of the strain-hardening exponent N for a choice of $\varepsilon_f = 0.1$. In all cases, $\varepsilon_{0S} = 0.001$, $t/\ell = 0.1$, and $\overline{\Gamma} = 5$. Inset of **(a)** shows predicted crack path at $\Delta a = 50\ell$ for crack growth under remote mode II loading.