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## Abstract

**Objective:** To study the position of hemiplegic migraine in the clinical spectrum of migraine with aura and to reveal the importance of *CACNAIA*, *ATPIA2* and *SCNIA* in the development of hemiplegic migraine in Finnish migraine families. **Methods:** The International Classification of Headache Disorders 3rd edition criteria were used to determine clinical characteristics and occurrence of hemiplegic migraine, based on detailed questionnaires, in a Finnish migraine family collection consisting of 9087 subjects. Involvement of *CACNAIA*, *ATPIA2* and *SCNIA* was studied using whole exome sequencing data from 293 patients with hemiplegic migraine.

**Results:** Overall, hemiplegic migraine patients reported clinically more severe headache and aura episodes than non-hemiplegic migraine with aura patients. We identified two mutations, c.1816G>A (p.Ala606Thr) and c.1148G>A (p.Arg383His), in ATP1A2 and one mutation, c.1994C>T (p.Thr665Met) in CACNA1A.

**Conclusions:** The results highlight hemiplegic migraine as a clinically and genetically heterogeneous disease. Hemiplegic migraine patients do not form a clearly separate group with distinct symptoms, but rather have an extreme phenotype in the migraine with aura continuum. We have shown that mutations in CACNA1A, ATP1A2 and SCN1A are not the major cause of the disease in Finnish hemiplegic migraine patients, suggesting that there are additional genetic factors contributing to the phenotype.

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# Introduction

Hemiplegic migraine (HM) is a rare and severe subtype of migraine with aura. It is characterized by fully reversible and unilateral motor weakness (hemiparesis), but otherwise it has similar clinical features as migraine with aura (1). Familial hemiplegic migraine (FHM) is diagnosed when there is at least one first- or seconddegree relative in the family with HM, otherwise sporadic hemiplegic migraine (SHM) is diagnosed, while both share similar clinical characteristics (1,2). Severe attacks may occur in both forms with prolonged hemiplegia, confusion, coma, fever, and CSF pleocytosis. The clinical spectrum may also include permanent cerebellar signs (nystagmus, ataxia, dysarthria) and less frequently epilepsy (1).

FHM has been suggested to be a monogenic, genetically heterogeneous channelopathy disorder, with three definite causative genes, *CACNA1A* (FHM1) (3), *ATP1A2* (FHM2) (4), and *SCN1A* (FHM3) (5). Despite their role in individual families with several affected family members, mutations in these three genes do not seem to be the major cause of HM in the general population (6,7), suggesting additional causal or contributing variants/genes for HM. A few other genes have been suggested, but their causality has not been confirmed (8).

This study is part of the Finnish Migraine Genome Project, a large ongoing family study focusing on clinical and genetic aspects of migraine. Here, we investigate the clinical characteristics and occurrence of HM in Finnish migraine families and study the involvement of *CACNA1A*, *ATP1A2* and *SCN1A* in HM. Furthermore, we compare the clinical and genetic characteristics of this questionnaire-based family sample to previous population and clinical-based studies on hemiplegic migraine.

# Material and methods

# Patients

All participants gave informed consent, and approval to conduct the research was obtained from the Ethics Committee of the Hospital District of Helsinki and Uusimaa (111/13/03/01/2011, 3.8.2011).

The Finnish Migraine Genome Project is a large ongoing family study. It was initiated in 1992 focusing, at first, on migraine with aura families. Migraine patients and their relatives are recruited from headache clinics around Finland (primarily from Helsinki, Turku, Tampere, Jyväskylä, Kuopio and Kemi) and the Finnish Migraine Association. The participants are asked to fill out the validated Finnish Migraine-Specific Questionnaire for Family Studies (9) and to donate a blood sample for genetic studies. In addition, the index patients are clinically examined. Genomic DNA is extracted from peripheral blood cells with standard protocols.

By July 2014, 9087 migraine patients and their family members had taken part in the study (Figure 1). Altogether, 3383 subjects fulfilling the criteria for migraine with aura were included in this study. Of these, 406 patients had experienced two or more migraine attacks with fully reversible motor weakness and thus formed the hemiplegic migraine group (HM-group). The rest of the patients (n = 2977) formed the non-hemiplegic migraine with aura group (NHMwA-group) (Figure 1). All diagnoses were based on the criteria of the International Classification of Headache Disorders, 3rd edition, beta version (ICHD-3 beta criteria) (1).

According to the ICHD-3 beta, 131 patients were diagnosed with FHM and 275 patients with SHM. SHM patients had a diverse familial background for migraine, including third-degree or more distant relatives with HM and closer relatives with other subtypes of migraine. Altogether 24% of the SHM families had more than five family members with migraine with or without aura in addition to the SHM cases (Figure 2). Seventy-two patients with HM were classified as SHM due to unknown family history for migraine.

The 131 FHM patients belonged to 51 families. Most families had two (n=32) or three (n=12) FHM patients, while there were seven families with more than three FHM patients. Most of the families (94%) also contained members diagnosed with migraine with aura and/or migraine without aura (Figure 2).

## Statistical methods

The HM and NHMwA groups were compared for 59 clinical variables related to migraine headache, migraine aura and migraine comorbidities.



**Figure 1.** Flowchart of the clinical and genetic analyses. MwA: migraine with aura; HM: hemiplegic migraine; FHM: familial hemiplegic migraine; SHM: sporadic hemiplegic migraine; NHMwA: non-hemiplegic migraine with aura; MAF: minor allele frequency; gnomAD: The Genome Aggregation Database; SISu: The Sequencing Initiative Suomi Database; VEP: the Variant Effect Predictor; SIFT (Sorts Intolerant From Tolerant) and PolyPhen2 (Polymorphism Phenotyping v2): variant prioritization tools. \*FHM family with a previously identified mutation (p.Thr345Ala) in *ATP1A2* gene (12).

Within the study, all anamnestic data of seizures (also febrile seizures), any epileptic activity and sudden loss of consciousness, were classified as paroxysmal symptoms. Statistical analyses were performed using IBM SPSS Statistics 22.0.0.0. In order to determine association of nominal variables across patient groups, Fisher's Exact test was used for  $2 \times 2$  tables, while Pearson's



Figure 2. Migraine load in the studied families. SHM: sporadic hemiplegic migraine; FHM: familial hemiplegic migraine.



**Figure 3.** Characteristics of headache in hemiplegic migraine (HM) patients compared to non-hemiplegic migraine with aura (NHMwA) patients.

Chi-Square test was used for larger tables. The Mann-Whitney U test was used for comparing means. Missing data were excluded from the analyses (see Supplementary tables 1–3 for response rate details). All reported *p*-values are two-sided and not corrected for multiple testing. Results with p < 0.05 were considered as evidence of significant differences between the groups, though the plausibility of type I



**Figure 4.** Characteristics of aura in hemiplegic migraine (HM) patients compared to non-hemiplegic migraine with aura (NHMwA) patients.

errors should be kept in mind while interpreting the results.

We applied explorative principal components analysis (PCA) (10) to the clinical variables listed in Figure 3, Figure 4 and Figure 5, excluding the HMspecific symptoms (four related to motor weakness and two to clumsiness) from this analysis. All inspected 53 phenotypes were coded into 75 dichotomous dummy variables. After removing 653 individuals (24 HM cases) having 50% or more missing answers, the remaining missing answers were interpreted as no-answers. The final PCA data consisted of 2730 individuals (382 HM cases). To identify the number of relevant PCA components, we used Horn's parallel analysis (10),



**Figure 5.** Comorbidities in patients with hemiplegic migraine (HM) compared to non-hemiplegic migraine with aura (NHMwA) patients.

which compares eigenvalues from the observed data with eigenvalues of simulated data of the same size.

We illustrated the correlation structure of individual migraine characteristics using polychoric correlations (10). Polychoric correlations are a common way to assess correlations in self-report instruments such as health questionnaires having items with a small number of response options. To further group related symptoms, hierarchical clustering was conducted using Ward's agglomerative method (11). It is based on sumof-squares criterion and produces groups by progressively merging similar observations together.

# Whole exome sequencing (WES)

Sample selection. From the 406 HM patients, 303 DNA samples were sent for whole exome sequencing (WES). Individuals were selected based on a) their neurological motor symptoms (hemiplegia or hemiparesis) and b) the family structure. From each FHM family, the clinically examined index patient and one to three additional affected relatives were chosen. Of the 51 FHM families included in the clinical analysis, there are seven families from which we do not have WES data. These include one large FHM family with a previously identified mutation (p.Thr345Ala) in the ATP1A2 gene (12) that was intentionally excluded from the WES analysis, five families from which no DNA samples were available, and one family from which the sequencing failed. Thus, sequencing results were successfully obtained from 293 subjects (92 FHM and 201 SHM patients) from 243 families (44 FHM and 199 SHM) (Figure 1).

*Exome sequencing.* WES was performed at the Wellcome Trust Sanger Institute (Hinxton, Cambridge, UK) throughout the years 2010–2013, using the SureSelect Human All Exon 50 Mb capture protocol (Agilent Technologies, Santa Clara, CA, USA) and the HiSeq next-generation sequencing system (Illumina, San

Diego, CA, US). The sequence data were aligned to the human reference genome, NCBI Build 37 (GRCh37/hg19; The Genome Reference Consortium), and variants were jointly called and filtered together with 10142 Finnish exomes as part of the Sequencing Initiative Suomi (SISu) project (13). Variant calling was performed at the Broad Institute of Harvard and MIT, and quality control at the Institute for Molecular Medicine Finland (FIMM).

Variant filtering. We performed variant analysis for variants in CACNA1A, ATP1A2 and SCN1A (Figure 1). The average sequencing depth (DP) across the genes was 26 for CACNA1A, 33 for ATP1A2 and 36 for SCN1A. Variants were filtered in a step-wise manner to identify alterations that were rare (minor allele frequency < 0.01) in the Genome Aggregation Database (gnomAD) (14) and functionally likely to be damaging (missense, splicing, stop gain, stop loss, in-frame insertion, in-frame deletions or frameshift) based on the Variant Effect Predictor (VEP) annotations (Ensembl Release 75) (15). Annotations were based on the Ensembl database's canonical transcripts: ENST00000 360228.5 (CACNA1A), ENST0000361216.3 (ATP1A2) and ENST00000303395.4 (SCN1A).

In the second filtering step (Figure 1), we considered only variants that are very rare or absent in the Finnish population (MAF < 0.001 in the SISu database) to be potential causal mutations. Furthermore, to interpret the causality, we utilized SIFT (Sorts Intolerant From Tolerant) (16) and PolyPhen2 (Polymorphism Phenotyping v2) (17) prediction algorithms, paralog conservation score calculations (18), co-segregation analyses and previously published literature. The SIFT and PolyPhen2 tools were used to predict the pathogenicity of missense variants and paralog conservation scores (para\_zscore) to evaluate conservation of the amino acid within the gene family. Missense variants that have positive paralog conservation scores

(para\_zscore > 0), resulting in changes in highly conserved amino acid residues, are more likely to be deleterious.

*Validation.* Validation of candidate variants and studying co-segregation in family members were done by Sanger sequencing (FIMM Sequencing Unit, Helsinki, Finland). Primers were designed with Primer-BLAST (19) and sequences were analyzed using Sequencher (Gene Codes Corporation, Ann Arbor, MI, US). Primer sequences and PCR conditions are available from the authors on request.

Control allele frequency databases. Allele frequency information specific to the Finnish population was obtained from the SISu project (13). Because the individuals studied here are included in the SISu (and thus also in the gnomAD project (14) we needed to exclude our samples from the SISu dataset. Because we could not do the same with the gnomAD database, we excluded all Finnish samples from the allele frequency calculations. In Table 1, all variant sites that were covered in <80% of the sequenced individuals in gnomAD or SISu databases are indicated by NR (not reliably estimated). Low coverage may indicate that the genomic area is difficult to sequence and, consequently, unreliable population frequency estimation.

# Results

## Clinical characteristics

Clinical characteristics of the 406 studied HM patients are described in Figure 3, Figure 4, and Figure 5. HM patients were younger (42.6, SD ± 14.0) than NHMwA patients (47.6, SD ± 16.7, p < 0.001) and a higher proportion of them were women (85.7% vs. 75.0%, p < 0.001). Furthermore, HM patients reported earlier age at onset of headache, with median of 12 years compared to NHMwA patients with median of 14 years (IQR 9–17 and 10–20 years respectively; p < 0.001, response rate for HM 84.7% and NHMwA 67.8%).

According to ICHD-3 beta criteria, HM patients reported more severe headache characteristics compared to NHMwA patients (Figure 3). For example, at the time of filling the questionnaire, they reported having daily or almost daily headache more often than NHMwA patients (12.7 vs. 6.5%, p < 0.001). Furthermore, they had unbearable headache (30.0 vs. 17.1%), work-preventing headache (49.7 vs. 30.2%), and headaches lasting over 72 hours (15.4 vs. 7.0%) more often than NHMwA patients (p < 0.001). HM patients also experienced nausea and vomiting more often, as well as light, smell and sound sensitivity compared to NHMwA patients (p < 0.001). The only

headache characteristic that was not significantly different between the patients' groups was the prevalence of pulsation (Figure 3).

In addition to headache characteristics, aura episodes were also more severe in HM patients compared to NHMwA patients (Figure 4). Almost all patients reported visual disturbances, but a higher proportion of attacks involved visual symptoms in HM patients than in NHMwA patients (68.2 vs. 52.7%, p < 0.001). Visual aura lasting over an hour (18.7 vs. 8.9%), hemisensory symptoms (99.0 vs. 38.3%, p < 0.001) and speech disturbances (88.6 vs. 32.1%, p < 0.001) were also more prevalent in HM patients than in NHMwA patients. Furthermore, basilar-type aura symptoms including bilateral sensory symptoms, basilar vertigo, tinnitus, hypoacusia, diplopia, swallowing difficulties, unconsciousness, and confusion were more often reported by HM patients than NHMwA patients (p < 0.001) (Figure 4). Almost all evaluated non-migraine specific coexisting symptoms were similarly more common in HM patients than in NHMwA patients, the only exceptions being motion sickness and the swelling of eyelids (Figure 4).

In addition to other clinical characteristics, HM patients reported more psychological disorders (23.9 vs. 17.7%, p = 0.005), allergy (45.0 vs. 34.5%, p < 0.001), asthma (12.7 vs. 9.4%, p = 0.049), and Raynaud's phenomenon (21.9 vs. 13.9%, p = 0.001) than NHMwA patients. There were no significant differences in the prevalence of stroke, epilepsy, or diabetes (Figure 5). The reported prevalences are not adjusted for age.

# Visualisation of migraine symptom spectrum using principal component analysis

To collectively visualize diverse migraine symptoms and examine potential clustering of patients and traits, we applied explorative PCA analysis to the phenotype data. Eigenvalue distribution suggests retaining only the first principal component that alone explains 49.8% of the variance among all inspected symptoms. However, to assess any potential clustering, we further visually investigated first 10 components that together explain 67.6% of all variance. None of these 10 components seem to separate individuals into distinguishable or pronounced groups. Rather, the distribution seems to be continuous across all inspected components. For illustration, the first two principal components of 53 migraine symptom characteristics across 2730 individuals are plotted in Figure 6, highlighting the variant carriers from Table 2. Most HM patients seem to concentrate to the other end of the first component, which explains nearly half of the overall

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Position (GRCh37)	dNSdb	Gene	Ref/Alt	Coding	Consequence	Sift/ PolyPhen2	Para_zscore	MAF gnomAD/ MAF SISu	No. of families with the variant	First reported
Chrl:160098572	rs765909830	ATP I A 2	G/A	c.1148G>A	p.Arg383His	D/D	0.84	0 (NR)/0	_	(26)
Chrl:160100376	AA	ATP I A 2	G/A	c.1816G>A	p.Ala606Thr	D/D	0.84	0/0	_	(23)
Chr1:160106802	rs767174115	ATP I A 2	G/A	c.2821G>A	p.Val94111e	T/T	-0.73	0/0.0002	_	AA
Chr2:166848003	rs 2 9 7956	SCNIA	G/C	c.5782C>G	p.Arg1928Gly	T/T	-0.49	0/100.0	_	(29)
Chr2:166868749	rs 4073 963	SCNIA	G/A	c.3749C>T	p.Thr1250Met	D/T	-0.74	0.0002/0.003	_	(30)
Chr2:166872146	rs 2 9 8799	SCNIA	G/C	c.3521C>G	p.Thr1174Ser	T/T	-1.23	0.002/0.003	2	(31)
Chr2:166901590	rs121918817	SCNIA	C/T	c.1625G>A	p.Arg542Gln	T/T	— <b>I</b> .48	0.002/0.0003	_	(32)
Chr19:13318145	AA	CACNAIA	ACT/A	c.7501_7502deIAG	p.Ser2501Ter	NA/NA	NA	0.000006/0 (NR)	2	NA
Chr19:13318208	rs539546830	CACNAIA	G/C	c.7440C>G	p.His2480GIn	T/T	-1.03	0.002/0.0008 (NR)	2	AA
Chr19:13319691	rs770368215	CACNAIA	GGAT/G	c.6654_6656delATC	p.His2219del	NA/NA	AA	0.002/0.005 (NR)	_	AN
Chr19:13395967	AN	CACNAIA	CCTT/C	c.3604_3606delAAG	p.Lys1202del	NA/NA	NA	0.001/0.01	4	AN
Chr19:13397643	rs 995 2932	CACNAIA	G/A	c.3227C>T	p.Ala I 076Val	T/T	-2.1	0.0002/0.0004	_	AN
Chr19:13414691	rs 2 9082 2	CACNAIA	G/A	c.1994C>T	p.Thr665Met	D/D	0.83	0/0	_	(3)
Chr19:13428124	rs41276886	CACNAIA	СЛ	c.1357G>A	p.Ala453Thr	T/D	0.83	0.003/0.02	12	(3)
Chr19:13441051	rs 92536793	CACNAIA	G/A	c.1345+7C>T	Splice site:	NA/NA	NA	0.002/0.009	2	AN
					intronic					
Sift/PolyPhen2: Varia	nt pathogenicity pr	ediction tools;	D: deleterious/	probably damaging; T: toler	ated/benign; Para_zs	score: paralog co	onservation score,	positive values indicate	conservation of the	e amino acid
within the gene famil	y; MAF gnomAD: r	minor allele fre	uency in The	Genome Aggregation Data	base (gnomAD; Finn	ish data exclude	d); MAF SISu (The لمت 20% رو ±لمن انت	Sequencing Initiative Survey	omi): minor allele 1 clc +h +h cllol	requency in
cannot be reliably es	it (our migrame co timated; reference	sequences: EN	), IVA. IIUL 4PP 4ST000003612	16.3 (ATP1A2), ENST00000	110 Variatiu Sile is CO 1303395.4 (SCN1A) 2	and ENST00000	11411 80% 01 UTE 111 1360228.5 (CACNA	ulviuuais III giloiliau or 1/A).	olou, ullus ulle allei	e II equeircy

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**Figure 6.** First two principal components of 53 migraine symptom characteristics across 2730 individuals. Hemiplegic migraine (HM) patients seem to be at the other end of the spectrum but do not form a separate, bounded cluster. Variant carriers from four families (A,B,C,D) are highlighted with squares. Family trees of A, B and C are presented in Figure 7. Family D is a large familial hemiplegic migraine family with a previously identified mutation (p.Thr345Ala) in *ATP1A2* gene (12).

symptom diversity (Figure 6). Component loadings for these first two components can be found in Supplementary Figure 1. The correlation structure of individual symptoms is illustrated in Supplementary Figures 2 and 3.

## Genetic findings

To study the involvement of CACNA1A, ATP1A2 and SCN1A in the HM phenotype, we exome sequenced samples of 293 patients with HM from 243 Finnish migraine families. We identified and validated 15 potentially damaging, rare frequency variants (Figure 1, Table 1). Eleven of the validated variants did not completely fulfill our predetermined mutation criteria, whereas c.1994C > T(p.Thr665Met) in CACNA1A, c.1148G > A(p.Arg383His) and c.1816G>A (p.Ala606Thr) in ATP1A2 were considered as causative variants. Their pathogenicity is further supported by their location in highly conserved amino acids and previous clinical and functional studies. In addition to the three pathogenic missense variants, we identified one

probable causative frameshift variant c.7501\_7502delAG (p.Ser2501Ter) in *CACNA1A*.

The p.Thr665Met likely causal mutation in *CACNA1A* was found in one family where it co-segregates with the HM phenotype. However, the proband's elder sister, who does not have migraine, carries the mutation, leading to a penetrance of 75% (Figure 7, family A, II:2).

The other two likely causal mutations were located in the *ATP1A2* gene. The p.Ala606Thr was present in one family co-segregating with the HM phenotype with a complete penetrance. Three of the mutation carriers have HM triggered by minor head trauma (Table 2). Interestingly, both WES and Sanger sequencing data confirmed that the proband's daughter does not carry the mutation, even though she has HM based on the ICHD-3 beta criteria (Figure 7, family B, III:1). However, her symptoms are less severe: for instance, she has motor weakness in the arm but not in the leg, she was 30 years old when she had her first migraine attack, and her attacks are not triggered by minor head trauma. Although her diagnosis could not be explained

		Neurological symptoms	Headache ch	naracteristics			Hemiplegic n	nigraine (HI	۲) attacks	
igraine A agnose (y	ge/AO 'ears)	Visual/sensory/ motor/speech/ vertigo + / -	Unilateral/ Pulsating	Intensity	Nausea/ vomiting/photo-/ phonophobia + /-	Aggravated by physical activity	Lifetime No. of HM attacks	Arm/ leg +/-	Duration of hemiplegia	HM triggered by minor head trauma
p.Thr665M HMI 85	let (CAC <sup>N</sup> 5/25	VA IA) +/+/+/-	+/+	Moderate	-/+/+/+	Unknown	Unknown	+/+	Unknown	°N N
oHa 6(	A/NA	NA/NA/NA/NA/NA	NA/NA	AA	NA	٩N	٩N	AN	AN	AA
HMI 5-	4/12	-/+/+/+/+	-/+	Excruciating	+/+/+/+	+	2–5	+/+	30 min – 1 h	No
HMI 30	3/I	-/+/+/+/+	-/+	Severe	+/+/-/+	Unknown	2–5	+/+	30 min – 1 h	No
p.Ala606Th	r (ATPIA	2)								
-IM2 6	I/I3	+/+/+/+/+	+/+	Moderate	+/+/-/+	+	9–10	+/+	l hour – l d	Yes
HM2 3!	5/9	+/+/+/+/+	-/+	Excruciating	+/+/+/+	Ι	10-50	+/+	3–5 h	Yes
HM2 I-	4/4	+/+/+/+/+	-/+	Excruciating	+/+/+/+	Ι	10-50	+/+	2 h — 30 d	Yes
HM2 IS	<i>L/6</i>	-/+/+/+/+	-/-	Excruciating	+/+/+/+	Ι	2	+/+	2 d	No
p.Arg383H	is (ATP1A	12)								
HM2 7	3/27	-/-/+/+/+	-/+	Mild	-/+/-/-	I	10-50	-/+	10 – 15 min	No
woA 62	2/10	+/-/-/+	+/-	Severe	+/+/+/+	Ι	AN	AN	NA	NA
oHa 6t	6/NA	NA/NA/NA/NA/NA	NA/NA	NA	NA	AN	AN	AA	NA	NA
WA 48	8/13	-/+/+/+/+	+/+	Moderate	+/+/-/+	+	_	-/+	Unknown	No
HM2 44	6/12	+/+/+/+/+	-/+	Mild	+/+/-/+	+	50-100	+/+	30 min – 12 h	No
юна wA 44 HM2 44	6/12	ANIANIANIANIAN -/+/+/+/+/+/+/+/+/+/+/+/+/+/+/+/+/+/+/+	-/+	NA Moderate Mild	H/-/+/+	¥ + +		NA 1 50-100	NA NA I +/- 50-100 +/+	INA INA INA I +/- Unknown 50-100 +/+ 30 min - 12 h

Table 2. Clinical features of the family members with CACNAIA and ATPIA2 mutations.



**Figure 7.** Pedigrees of the Finnish familial hemiplegic migraine families with mutations in the CACNAIA and ATPIA2 genes. Mutation is indicated with + and wild type allele with -; reference sequences: ENST0000361216.3 (ATPIA2), ENST0000360228.5 (CACNAIA).

by the identified p.Ala606Thr variant, it could however be caused by other genetic factors combined with environmental factors. For instance, she might have inherited some still unknown genetic susceptibility factors from her father, who has migraine with typical aura.

The p.Arg383His variant in family C (Figure 7) was transmitted from an affected father to daughter and thus co-segregated with the HM phenotype. However, three unaffected family members (III:1, II:3, II:7) also carried the mutation. The proband's brother (III:1) has had one HM attack, and thus does not fulfill the IHS criteria for FHM (Table 2). Two other family members with the variant, but without HM, were over 40 years of age when they participated in the study (Table 2). Thus, it is unlikely that they would develop HM in later life. From those five family members with the p.Arg383His mutation, only two have an FHM diagnosis, corresponding to a 40% penetrance.

Furthermore, we identified one probably causal frameshift variant, p.Ser2501Ter, in the *CACNA1A* gene in two SHM individuals (Figure 8). The other

patient has three relatives carrying the same variant and having diverse migraine symptoms, not fulfilling the HM criteria (Figure 8; Family E II:1, II:3, III:3). The variant is extremely rare in the gnomAD database (Table 1) and it is located in the last exon of the gene, where it creates a premature stop codon. Thus, in the protein level, the five last amino acids forming the end of the C-terminal region of the channel are missing.

### Discussion

The present study describes one of the largest hemiplegic migraine samples screened for mutations in *CACNA1A*, *ATP1A2* and *SCN1A*, and shows that HM patients do not seem to form a clearly separate group of their own, in relation to general migraine and aura symptoms, but rather reflect an extreme phenotype in the migraine with aura continuum. Only 7% (3/44) of the studied Finnish FHM families and none of the studied 201 SHM patients have likely damaging exonic mutations in the known three FHM genes.



**Figure 8.** Pedigrees of the Finnish hemiplegic migraine families with frameshift variant in the CACNAIA gene. Mutation allele is indicated with + and wild type allele with -; reference sequence: ENST00000360228.5 (CACNAIA).

# Hemiplegic migraine is a clinically heterogeneous disease

HM patients reported more often severe and long lasting headache with extended aura episodes than NHMwA patients. They also had a higher proportion of attacks with visual aura symptoms and earlier age of headache onset compared to NHMwA patients. Thus, our clinical results are in line with the previously published results from Danish population-based studies (2,20).

In addition to other clinical characteristics, we found differences in the prevalences of self-reported psychiatric disorders, asthma, and Raynaud's phenomenon between the HM and NHMwA groups. There were no significant differences in prevalences of self-reported epilepsy and stroke between these groups. The prevalences seen in our study for epilepsy, diabetes and asthma are similar to prevalences reported for migraine with aura in a large population-based Danish study (21). However, the prevalence for stroke, which was not age-adjusted, was higher than in the Danish data (8.7% vs 1.7%).

Most HM patients had a positive family history for common forms of migraine. A notable proportion of SHM families (43%) had more than three family members with migraine with or without aura. The proportion was even higher in FHM families (78%). In some families, there were two SHM patients who were thirdor greater-degree relatives. From this perspective, the distinction between SHM and FHM is ambiguous and might suggest that the genetic and overall pathogenic background is overlapping.

# CACNAIA, ATPIA2 and SCNIA causative variants are present in only a small proportion of the hemiplegic migraine patients

Surprisingly, our results showed that only 7% (3/44) of the studied Finnish FHM families and none of the studied 201 SHM patients have exonic mutations in the known FHM genes. The percentage is lower, although of the same order of magnitude, than previously reported. The Danish population based studies showed that 14% of the studied FHM families (6/42) had mutations in the *CACNA1A* or *ATP1A2* genes (6), and that these genes were not the major cause of SHM in a sample of 105 patients (7). Even though we did not identify any definitive FHM mutations in SHM patients, there are other studies supporting their role also in SHM (8). Patients with early-onset SHM associated with neurological symptoms are especially at high risk of carrying a causal mutation in *CACNA1A* or *ATP1A2* (22).

One possible explanation for the lower percentage of mutation carriers compared to the Danish studies might be the selection process of patients. In the Finnish Migraine Genome Project, we have not specifically tried to recruit patients with HM but rather patients with all migraine subtypes. At the beginning of the project, we were focusing on migraine with aura families and, later on, families with all migraine subtypes. Another explanation could be our strict mutation criteria. In this study, we utilized large allele frequency databases and considered the identified variant as pathogenic only if the follow up analyses supported the conclusion.

# Three identified pathogenic variants

All three pathogenic variants identified in this study have been described earlier, including supporting functional data on their damaging role. The p.Thr665Met is the most reported mutation in *CACNA1A* causing HM (3). The p.Ala606Thr is also a previously reported mutation (23) with functional data suggesting a loss of function effect (24). In our study, carriers of this mutation had a severe phenotype including FHM attacks triggered by minor head trauma and early age at onset of migraine (<14 year olds). The penetrance of p.Thr665Met and p.Ala606Thr in our families is comparable to the previous reports on *CACNA1A* and *ATP1A2* mutations (80–90%) (23,25). However, the penetrance of p.Arg383His is significantly lower, only 40% in this study, and the symptoms of the affected carriers are less severe. For instance, one of the carriers with HM reported experiencing his first migraine attack at the age of 27. He also reported mild headache intensity and 10–50 HM attacks at the age of 73 with short duration of hemiplegia (15 minutes). However, previous genetic and functional evidence (24,26), the very low population allele frequency and location in a highly conservative site all support the conclusion that p.Arg383His is also a true diseasecausing variant.

In general, based on our observational results, clinical features of the patients with the identified causative variants are not clearly different from the other studied HM patients. They have a similar positive family load of common migraine and their attacks are severe, but not particularly more severe than the rest of the HM group. Because none of the identified mutations alone explain the observed clinical heterogeneity, this suggests that there are other genetic and/or environmental susceptibility factors for migraine in these families.

#### One probably causal variant in CACNAIA

Moreover, we identified one probably causal, extremely rare, frameshift variant (p.Ser2501Ter) in the CACNA1A gene. The variant creates a premature stop codon deleting the last five amino acids. The location in the very end of the transcript might make the deletion less damaging, but alternatively it might also protect the transcript from nonsense-mediated mRNA decay. Furthermore, the C-terminus of Cav2.1 a1A subunit is known to have a role in the regulation of the channel activity by participating in a number of protein-protein interactions (27). Interestingly, the very end of the C-terminal region contains a conserved DDWC-COOH (D2503-C2506) binding motif for the neuronal adaptor protein Mint1 (28). Lack of functional studies or more extensive genetic data makes interpreting the pathogenicity of this variant challenging, and thus additional reported HM patients and functional evidence is needed.

## Likely benign variants

Four *SCN1A* variants (p.Arg1928Gly, p.Thr1250Met, p.Thr1174Ser, p.Arg542Gln) found in our study, previously reported in epilepsy or FHM3 (29–32), did not fulfill our predetermined mutation criteria, and thus were not classified as causative variants. Our strict mutation criteria are supported by a recent study

re-evaluating the pathogenicity of *SCN1A* variants in common epilepsies and concluding that they are likely benign (33).

The p.Ala453Thr variant in *CACNA1A* has been suggested to be a negative modifier of the migraine aura phenotype, protecting its carriers from FHM in a migraine with aura family (34). Since the variant was identified in 12 of our families with HM and did not completely fulfill our predetermined mutation criteria, it was not considered here either as protective or causative.

## Strengths and limitations

The main strength of this study is the large and wellcharacterized migraine family sample. Our study is part of the Finnish Migraine Genome Project, now consisting of over 2400 families and 10,500 individuals, which is, to our knowledge, the largest migraine family collection in the world. Even though our sample collection is not population based, the participants come from all geographical regions of Finland.

Because of the large number of participants, migraine phenotype data has been collected with a combination of individual interviews and with the extensive, validated Finnish Migraine Specific Questionnaire for Family Studies (9). The questionnaire is validated to diagnose migraine with aura and migraine without aura, but not specifically for hemiplegic migraine. To overcome this limitation, the participants were asked to give a precise description of hemiplegia during the attack, and in case of uncertainty the neurologist confirmed the diagnosis by phone.

Although questionnaire-based studies provide a number of advantages, it is also important to recognize that the self-reported data has its own limitations and is not equivalent to data derived from face-to-face interviews by headache experts. However, since the clinical information has been collected using identical methods regardless of the diagnostic subgroup, the same limitations apply to all patients, making the data comparable.

A low or unbalanced response rate causes nonresponse bias, thus decreasing the reliability of the specific comparison. In the present study, most of the questions had a high response rate (>80%), but there were also some questions with response rates lower than 60%. When comparing subgroups, the response rate in HM was somewhat higher than in the NHMwA group. The lower response rates for specific questions can be explained by our lengthy, extensive, and thematically structured paper questionnaire. If the respondent does not have the specific symptom or is uncertain about it, the question might be left unanswered. These factors might explain the lower response rate in the NHMwA group compared to the HM group. Our overall interpretation is that, when considering both the answers and the response rates, migraine has a greater impact on patients with HM compared to the patients with NHMwA. While the non-response bias has to be acknowledged, it should not influence the validity of the presented conclusions in a study of this scale and scope.

Due to the unique population structure of Finland, there is significantly less genetic variation compared to more mixed populations, especially in the rare and low allele frequencies. On the other hand, the rare and low frequency variants that are present are often enriched in the population (35). Since the Finnish population is a powerful resource for identifying disease-associated genetic variants, we expected to find new mutations in the FHM genes that would be specific to the Finnish population. However, this was not the case, since all the mutations identified in this study have been reported earlier in other European populations.

## Future prospects

The fact that only 7% of the Finnish FHM families have likely causal mutations in the known FHM

genes supports the hypothesis that there must be additional variants contributing to the HM phenotype. It is possible that causal mutations may locate in the noncoding regions of the known FHM genes, but it also suggests that there are additional genes contributing to the HM phenotype. Sequencing techniques might reveal rare and large effect variants in some new migraine genes, especially in families with several affected individuals.

An alternative hypothesis is that HM might not be a true monogenic disease, but a polygenic disease where common variants (36) contribute to the disease outcome. The familial load of migraine with and without aura, and the observation that HM patients do not cluster as a separate group, but rather have similar aura and headache characteristics to the patients with less severe phenotypes, suggest that there might be a shared genetic basis for all migraine subtypes. We speculate that, at least in some cases, this general genetic migraine load combined with additional genetic and environmental risk factors could cause the more severe attacks that the HM patients experience.

# **Article highlights**

- The results of the study highlight HM as a clinically and genetically heterogeneous disease.
- Based on patterns of clinical presentation, HM patients do not seem to form a clearly separate group of their own, in relation to general migraine and aura symptoms, but rather reflect an extreme phenotype in the migraine with aura continuum.
- Our study showed that only 7% of the Finnish familial hemiplegic migraine families have exonic mutations in *CACNA1A*, *ATP1A2* and *SCN1A* genes, suggesting that there are additional genetic factors contributing to the HM phenotype.

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