



32 wave height reaching 2.6 m. During approximately 4 hours, more than 120 shallow  
33 overwash events were measured with a video - camera, a pressure transducer and  
34 a current-meter. This high-frequency fieldwork dataset includes runup, overwash  
35 number, depth and velocity. Fieldwork data along with information from literature  
36 were used to implement XBeach model in non-hydrostatic mode (wave-resolving).  
37 The baseline model was tested for six verification cases; the model was able to  
38 predict overwash in five. Based in performance metrics and the verification cases,  
39 it was considered that the Barreta baseline overwash model is a reliable tool for  
40 the prediction of overwash hydrodynamics. The baseline model was then forced to  
41 simulate overwash under different hydrodynamic conditions (waves and lagoon  
42 water level) and morpho-sedimentary settings (nearshore topography and beach  
43 grain-size), within the range of values characteristic for the study area. Based on  
44 this study, the order of importance of factors controlling overwash predictability in  
45 the study area are: 1<sup>st</sup>) wave height (more than wave period) can promote  
46 overwash 3-4 times more intense than the one recorded during fieldwork; 2<sup>nd</sup>)  
47 nearshore bathymetry, particularly shallower submerge bars, can promote an  
48 average decrease of about 30% in overwash; 3<sup>rd</sup>) grain-size, finer sediment  
49 produced an 11% increase in overwash due to reduced infiltration; and 4<sup>th</sup>) lagoon  
50 water level, only negligible differences were evidenced by changes in the lagoon  
51 level. This implies that for model predictions to be reliable, accurate wave forecast  
52 are necessary and topo-bathymetric configuration needs to be monitored  
53 frequently.

54

55 Key-words: storm impacts; hydrodynamics; XBeach; runup; nearshore  
56 topography; video data.

57

## 58 **1. INTRODUCTION**

59 Overwash is the discontinuous transport of seawater and sediment over the barrier  
60 crest generated by wave runup (Matias and Masselink, 2017). Overwash episodes  
61 during storms are commonly described in the literature, with occurrences  
62 associated to offshore significant wave heights ranging from around 4 m  
63 (Leatherman, 1976) to more than 9 m (FitzGerald et al., 1994). However, overwash  
64 can also occur during non-storm conditions (Matias et al., 2009). Overwash  
65 associated with major storms can be catastrophic, but repeated overwash processes  
66 are fundamental for long-term natural evolution of transgressive barrier islands,  
67 whereby the net volume of sand contained in the barrier structure is often  
68 maintained whilst the barrier environments migrate landward (e.g. Dolan and  
69 Godfrey, 1973).

70 Field observations are occasionally carried out during overwash episodes, but most  
71 often, such observations are made before and after overwash occurrence (e.g. Cleary  
72 et al., 2001; Stone et al., 2004; Stockdon et al., 2009). Overwash field investigations  
73 primarily measure morphological changes induced by overwash; yet, only a limited  
74 number of studies have also measured overwash hydrodynamics. Moreover,  
75 hydrodynamic datasets are mixed in quality and scope, ranging from single  
76 hydrodynamic measurements using relatively crude methods (e.g. timing floating  
77 objects; Bray and Carter, 1992) to more comprehensive and sophisticated  
78 approaches (e.g. laser scanners; Almeida et al., 2017). To overcome logistical and  
79 technical field limitations, research efforts have been devoted to the investigation of  
80 overwash in laboratory experiments, mainly small-scale experiments (e.g. Figlus et  
81 al., 2011; Baldock et al., 2005), but also large-scale experiments (Matias et al., 2012,  
82 2013).

83 Because field measurements are scarce and difficult to obtain, and laboratory  
84 datasets may have scale and applicability limitations, reliable numerical models  
85 simulating overwash are valuable to complement field data (e.g. Martins et al.,  
86 2017), particularly in extreme wave conditions. More importantly, models can be  
87 used as predictive tools, which are crucial to manage coastal areas where overwash  
88 is not desirable, to reduce its negative consequences, to assess coastal hotspots and  
89 to evaluate and improve coastal defence designs. Recent studies report similar  
90 prediction capabilities of runup by using process oriented numerical models and  
91 empirical formulations (Vousdouskas et al. 2012; Stockdon et al. 2014; Lerma et al.,  
92 2017, Atkinson et al. 2017). Conceptually, if the dominant physical relations are well  
93 described, process-based models can provide an improvement over empirical  
94 models in conditions that are dissimilar to those used to derive those empirical  
95 models, thereby extending the range of conditions and areas of application where  
96 predictions can be made. In recent years, advancements have been made in the  
97 development and improvement of process-based models for storm impact and  
98 overwash on sandy coasts, particularly the XBeach numerical model, developed by  
99 Roelvink et al. (2009, 2017). Most overwash validation work has been limited to  
100 comparisons of morphological changes (e.g., Lindemer et al., 2010; McCall et al.,  
101 2010; De Vet et al., 2015; Muller et al., 2017), and only a few studies have  
102 demonstrated XBeach's ability to reproduce hydrodynamic processes (McCall et al.,  
103 2014 and Almeida et al., 2017 on gravel barriers and Baumann et al. 2017 on a sandy  
104 barrier). Many experimental results have already been collected, but field data of  
105 storm events, with well-documented pre-existing conditions, hydrodynamic  
106 boundary conditions of waves, wind and surge, and the storm morphological impact

107 measured directly after the storm, are still needed to validate models on the  
108 prototype scale (van Dongeren et al., 2017).

109 In this work, the results of fieldwork measurements during an overwash episode are  
110 described in detail, including the hydrodynamic variables, namely waves, tides,  
111 overwash flow properties and runup, as well as morphosedimentary measurements  
112 such as topography, bathymetry, and grain-size. Using data from the field site,  
113 XBeach model was implemented to simulate the observed overwash occurrence,  
114 and the model performance for overwash hydrodynamics was evaluated and  
115 validated with additional fieldwork measurements. The primary objective of this  
116 work is to develop a reliable model for overwash prediction in the study area and to  
117 explore the model to evaluate the role of several factors that locally influence  
118 overwash hydrodynamics (waves and water levels, nearshore morphology and  
119 grain-sizes) on a low-lying barrier island.

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121

## 122 **2. STUDY AREA**

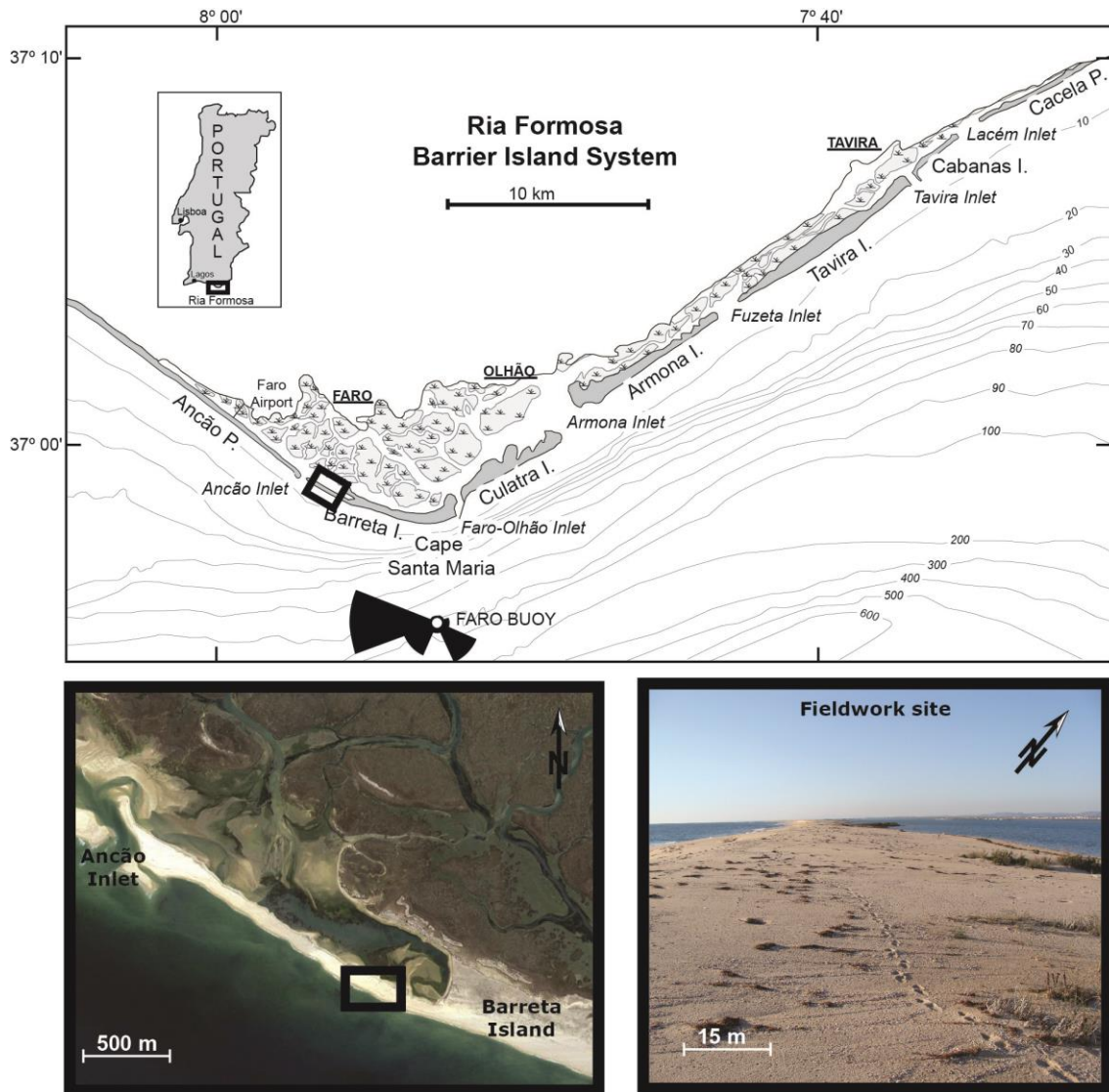
123 Fieldwork was performed on the western part of Barreta Island, located in the Ria  
124 Formosa, southern Portugal (Figure 1), a multi-inlet island system that extends for  
125 55 km along the coast. In December 2013, the field site was located about 1300 m  
126 downdrift from Ancão Inlet (Figure 1), which has a northwest to southeast  
127 migration trend with very fast rates (40-200 m/year; Vila-Concejo et al., 2002) and  
128 was migrating towards the fieldwork site between 1997 and 2015. The fieldwork  
129 site is only about 300 m from the easternmost known position of Ancão Inlet since

130 1947 (Vila-Concejo et al., 2006). The evolution of Ancão Inlet and Barreta Island are  
131 strongly interconnected, with low-volume island states associated with sediment  
132 starvation due to the updrift trap effect of the inlet (Matias et al., 2009), while high-  
133 volume states at Barreta Island relate to the incorporation of swash bars from the  
134 inlet ebb-delta (Vila-Concejo et al., 2006). At the fieldwork site, dune vegetation  
135 development on small incipient dunes was noted since 2001, with remnants still  
136 visible close to the backbarrier (Figures 1 and 2).

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141 Figure 1 – Top: Fieldwork location within the Ria Formosa barrier island system, Algarve, Portugal.  
 142 Bottom left: Aerial photograph from 2013 showing the study area location on the Western part of  
 143 Barreta Island, and Ancão Inlet. Bottom right: Ground picture of the study area looking Westwards,  
 144 with the lagoon and mainland to the right-hand side.

145

146 The Ria Formosa barrier system is in a mesotidal regime, with a mean tidal range of  
 147 about 2 m that can reach up to 3.5 m during spring tides. The return period of a  
 148 storm surge with a water level of 2.23 m above Mean Sea Level (MSL) in Lagos (70  
 149 km west of the study area) is 10 years (Gama et al., 1994). The offshore wave climate  
 150 in this area is dominated by W-SW waves (71% of occurrences), while short-period  
 151 SE waves generated by regional winds occur during 23% of the time (Costa et al.,

152 2001). Wave energy is moderate with an average annual significant wave height  
153 ( $H_s$ ) of 1.0 m and average peak period ( $T_p$ ) of 8.2 s (Costa et al., 2001). Storm events  
154 in the region were define as events with  $H_s$  above 3 m (Pessanha and Pires, 1981).  
155 According to Costa et al. (2001), a storm from West with  $H_s$  of 3–5 m has an annual  
156 probability of 0.2% for  $T_p = 7-11$  s, and of 0.1% for  $T_p = 11-15$  s. The western section  
157 of Barreta Island has a NW-SE orientation, such that it is directly exposed to W-SW  
158 waves, and it is relatively protected from SE waves (Figure 1).

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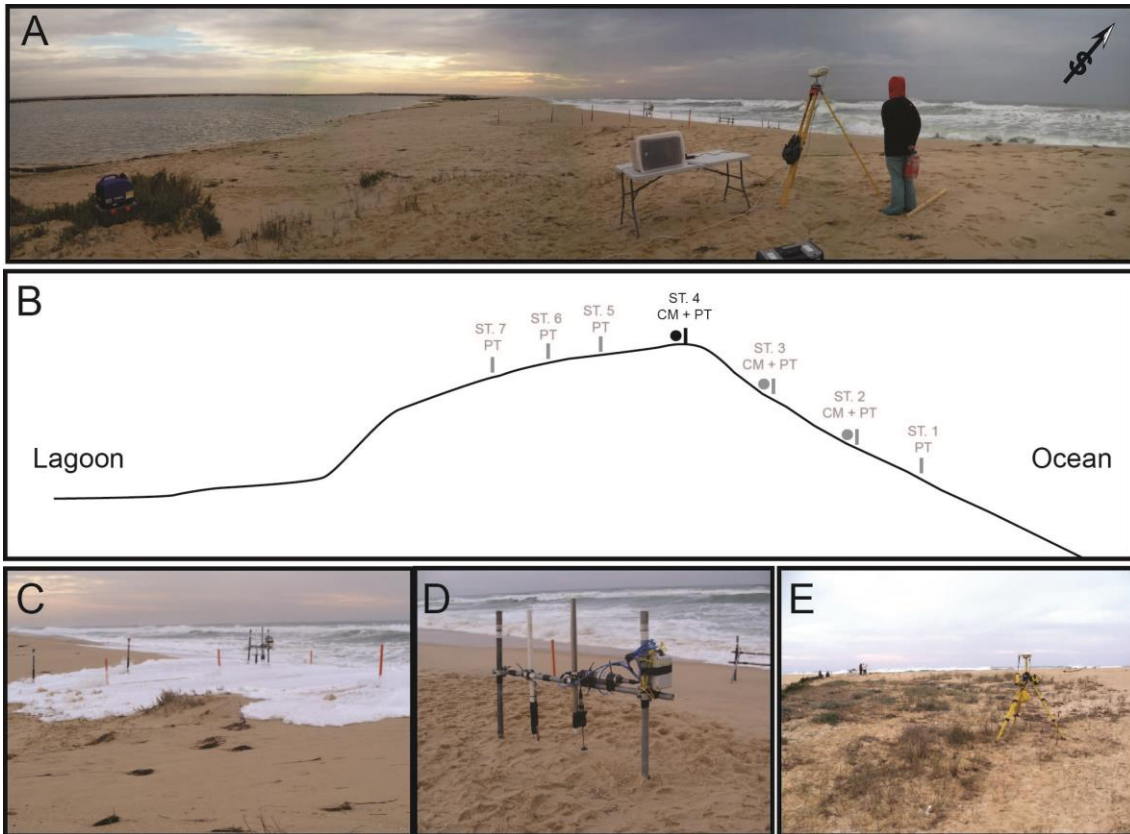
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### 161 **3. FIELDWORK MEASUREMENTS**

162 A fieldwork campaign was conducted at the study site during a period expected to  
163 lead to overtopping based on storm wave forecasts and previous knowledge of  
164 barrier morphology. During this campaign, which took place on the 12<sup>th</sup> of  
165 December 2013, data was collected between 08:00 and 13:00, when an overwash  
166 episode was observed. Measurements were undertaken along a single cross-shore  
167 profile in a low-lying section of the barrier, where overwash was expected to occur  
168 (Figures 1 and 2A). The selected profile is located on bare sand, but westwards there  
169 are remnants of former dunes (Figure 2E), where a control station and campsite  
170 were placed and the GPS base unit established.

171





172

173 **Figure 2 – Fieldwork settings. A: Overview of barrier measuring stations and video monitoring system.**  
 174 **B: Location of measuring stations across the barrier island. C: Overwash over the barrier crest, with**  
 175 **water reaching stations ST4, ST5, and ST6. D: Detail of measuring station ST4, with the electromagnetic**  
 176 **current-meter and data-logger (right hand-side) and the pressure transducers (left-hand side). E: View**  
 177 **over the remnants of dune vegetation located westward of the measuring profile, and the base unit of**  
 178 **the DGPS.**

179

180

### 181 **3.1. OFFSHORE AND NEARSHORE WAVES AND TIDES**

182 Offshore waves during the fieldwork campaign were recorded by a directional wave  
 183 buoy (Datawell Waverider), operated by the Hydrographic Institute of the  
 184 Portuguese Navy, and located approximately 8 km from the fieldwork site in 93 m  
 185 water depth (Figure 1). The wave spectrum was computed internally for sequential  
 186 periods of 30 minutes and transmitted to a land station, where it was quality  
 187 checked. To obtain the wave conditions in the nearshore area of the study site, the

188 numerical wave propagation model SWAN (Simulating WAVes Nearshore; Booij et  
189 al., 1999; Ris et al., 1999) was used. SWAN was run in third generation, 2D stationary  
190 mode, and implemented using a nested modelling scheme, with two model domains  
191 composed by a 20-m resolution local grid, nested into the 50-m resolution regional  
192 grid. Simulations were forced at the offshore boundary of the regional grid with the  
193 measured 2D spectra from the wave buoy, variable water levels and wind forcing  
194 obtained from the nearby Faro Airport (location in Figure 1). SWAN's default  
195 parameters for wave growth, whitecapping dissipation, depth-induced breaking  
196 according to the  $\beta$ -kd model for surf-breaking (Salmon and Holhuijsen, 2015), triad  
197 and quadruplet wave-wave interactions, were used for all simulations. Bottom  
198 friction dissipation was included using the model of Smith et al. (2011), which  
199 considers bottom friction as dependent on the formation of seabed ripples and  
200 sediment size (set according to measurements in the area; section 3.3).

201 Tidal levels in the ocean margin were calculated with an algorithm developed by  
202 Pacheco et al. (2014); which computes the astronomical constituents with a tidal-  
203 analysis toolbox (Pawlowicz et al., 2002) over an hourly time-series for the period  
204 2003–2010 from a tide gauge located on Faro-Olhão Inlet (about 6 km eastwards of  
205 the study area; Figure 1). Tidal levels on the lagoon margin were determined using  
206 an estimate of the time delay and level shift between oceanic and lagoon tidal levels  
207 for this area. The delay and shift were calculated from water level data collected by  
208 Popesso et al. (2016). Storm surge values, which were small during this event  
209 compared to the astronomic tide, were obtained from the closest operational tidal  
210 gauge located in Huelva, Spain (60 km to the East; Puertos de Estado; url:  
211 <http://www.puertos.es/es-es/oceanografia>).

212

### 213 3.2. OVERWASH HYDRODYNAMICS AND RUNUP

214 The field monitoring system was composed of seven measuring stations (ST) with  
215 sets of instruments (current-meters CM and pressure transducers PT) deployed  
216 along a cross-shore profile (Figure 2B). Stations were numbered from the low-tide  
217 water level at the beach (ST 1 in Figure 2) to the barrier crest (ST 4; Figures 2C and  
218 2D) ending at the backbarrier section, above the lagoon high-water level (ST 7). PTs  
219 measuring at 4 Hz were placed at all STs and CMs were placed at ST 2, ST 3 and ST  
220 4. Due to intense erosion during high-tide, ST1 and ST 2 collapsed and ST 3 was  
221 damaged. The only operational current meter for the entire duration of the  
222 campaign was an electromagnetic current meter (Midas from Valeport, with  
223 measuring range 0 – 5 ms<sup>-1</sup>) at ST 4 (located on the barrier crest). This means that  
224 it was impossible to record in-situ swash depth and velocity at the beach face.

225 During the measured overwash episode a number of overwash events, defined as a  
226 single passage of water above the barrier crest, were recorded. Since all instruments  
227 were synchronized and calibrated for atmospheric pressure in the field, overwash  
228 events were identified and isolated using time tagging. Overwash depths for each  
229 event were determined using pressure data from the PT measuring stations and  
230 overwash event velocity at crest computed from the electromagnetic CM data.  
231 Maximum overwash depth and peak velocity at the barrier crest were calculated for  
232 each overwash event. Decreasing overwash depth landward of the barrier crest  
233 (from PTs at stations ST5, ST6, and ST7) were discarded, as measurements failed  
234 the quality checks. This is likely due to technical limitations in measuring  
235 intermittent, short duration, very shallow flows (estimation of less than 5 mm),  
236 which characterize overwash events at these locations.

237 The overwash episode was also monitored by a video camera, acquiring imagery at  
238 10 Hz, mounted on a tripod looking sideways at the instrumented cross-shore  
239 profile (Figure 2A). The elevation of the camera sensor was 4.9 m above MSL. All  
240 instruments and Ground-Control Points (GCP; red poles in Figure 2C as examples)  
241 for video analysis were geo-referenced with an RTK-DGPS (Real Time Kinematics  
242 Differential Global Positioning System; Figure 2E).

243 Image frames were extracted from the video at the same acquisition frequency (i.e.  
244 10Hz) resulting on approximately 170000 images (1600x1200 pixel resolution).  
245 The camera intrinsic parameters were determined with the Camera Calibration  
246 Toolbox of Bouguet (2007) to correct lens-induced distortions on the images.  
247 Overwash Timestack images were produced sampling the pixel array (0.1 m spatial  
248 resolution) located along the instrumented barrier profile over the image sequence,  
249 and considering sampling periods of 10 minutes (Figure 3 as an example). On the  
250 Timestacks images the overwash water front was visible as white stripe line, which  
251 was automatically detected based on pixel intensity variation. The average leading-  
252 edge velocity of each overwash event on the barrier was estimated through the  
253 intersection of the detected water line with instruments' positions, and Timestack-  
254 based leading edge velocity was compared to flow velocity obtained with the current  
255 meter.

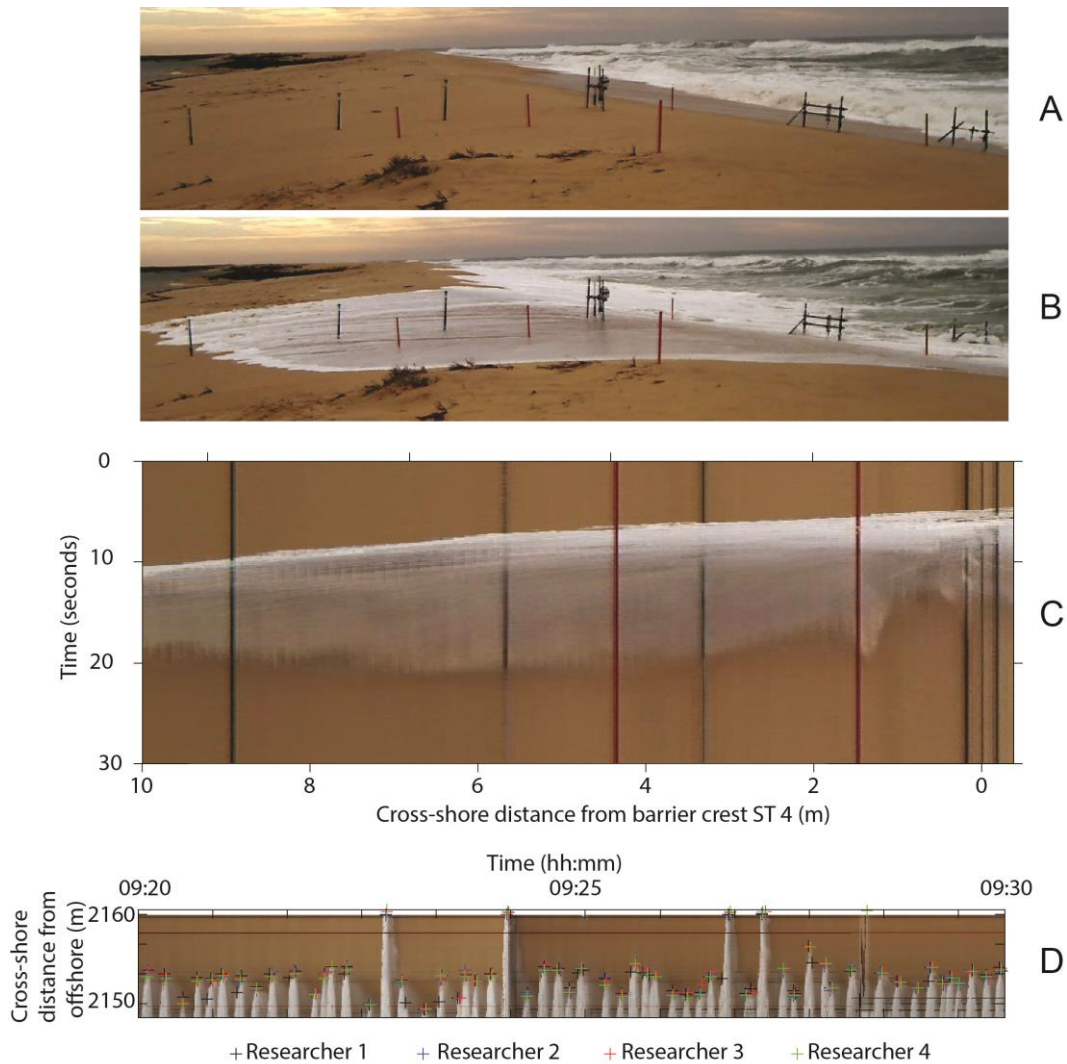
256 Runup Timestack images were generated between low tide water level and the  
257 barrier crest positions during the 3.5 hours of video acquisition. To extract the  
258 runup elevation for each swash event, the maximum of the visual edge of the water  
259 excursion was manually digitized, on each of the georeferenced 22 Timestack  
260 imagesdatasets. The cross-shore distances (swash) were then converted into  
261 elevations (runup referred to MSL), using the interpolated barrier profiles

262 corresponding to each 10-min Timestack images with 0.1 m cross-shore resolution  
263 (following procedures that can be found e.g. in Vousdoukas et al., 2011; Blenkinsopp  
264 et al., 2015; Andriolo et al., 2018). Number of runup values varied between a  
265 minimum of 45 to a maximum of 60 values per Timestack over the dataset. Because  
266 there is a certain degree of subjectivity in the manual digitizing of runup, an analysis  
267 of operator variability was made. Four experienced coastal researchers were asked  
268 to independently mark the maximum swash of all events, on the 22 Timestack image  
269 datasets (Figure 3, as an example). The Kruskal-Wallis test was used to test the  
270 hypothesis that the runup results obtained by the several operators were  
271 significantly different. The test indicated that there is a 95% probability that the  
272 results obtained by the operators are not statistically different. Based on average  
273 results of runup obtained by the four operators, the 2% exceedance runup ( $R_2$ ), the  
274 10% exceedance runup ( $R_{10}$ ) and the significant runup ( $R_{sig}$ , the average of the top  
275 third of runup values) were calculated. The runup statistics were computed  
276 assuming a normal distribution fit, which was found to consistently represent runup  
277 distribution by similar previous works (e.g., Stockdon et al., 2006; Hughes et al.,  
278 2010; Atkinson et al., 2017).

279 In summary, across the beach face only runup measurements were obtained from  
280 Timestack imagery; at the barrier crest overwash depth was recorded by a PT and  
281 the velocity obtained from electromagnetic current meter and from Timestack  
282 imagery; and at the barrier top, the overwash water intrusion distance was  
283 extracted from Timestack images also. This substantial reduction from the initial  
284 seven field stations was related to the intense erosion on the beach face, which led  
285 to the collapse of the supporting structures fall and subsequent loss of equipment,  
286 to equipment damage when exposed to the turbulent swash zone, and the

287 impossibility of manual measurements of bed variations (for example on rods) on  
 288 stations 5, 6 and 7 due to the high frequency of overwash during high-tide (about 1  
 289 event per minute).

290



291

292 **Figure 3 – A and B. Undistorted and cropped images obtained from post-processing video imagery at**  
 293 **two timings of an overwash event. C. Timestack with an overwash event produced over 30 seconds.**  
 294 **Stations are visible as black vertical lines (ST4 at the crest, on the right, is represented by three black**  
 295 **lines, one for each pole and one for the CM) and control points as red lines (red poles). C. Example of**  
 296 **runup marking by different researchers on a 10-min Timestack.**

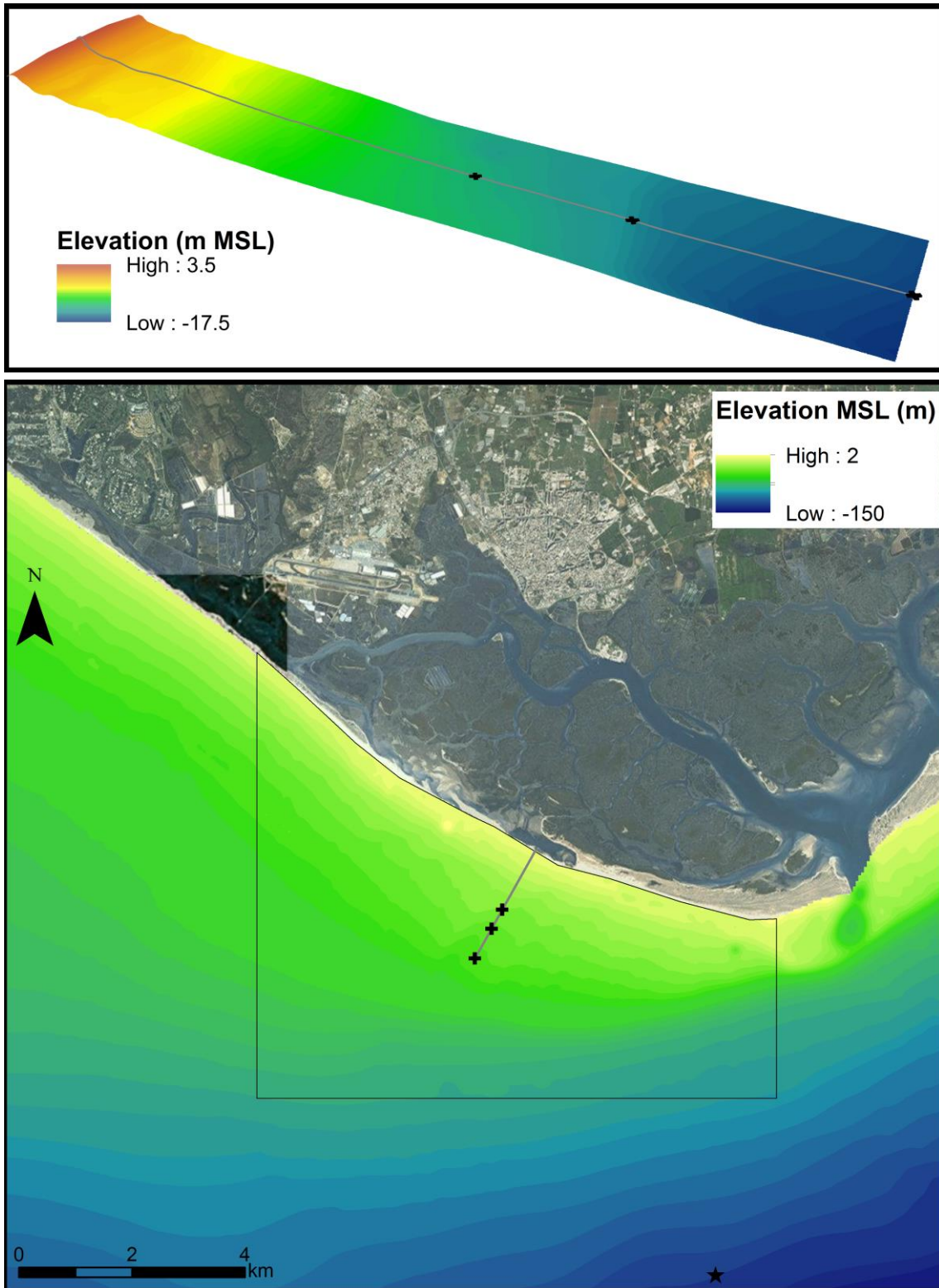
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298

### 299 **3.3. TOPOGRAPHY, BATHYMETRY AND GRAIN-SIZE**

300 Barrier morphology was measured before (at 5:30) and after (at 13:00) the  
301 overwash episode (from 08:40 to 12:20) using an RTK-DGPS. Cross-shore profiles  
302 during the overwash event were impossible to obtain, therefore profiles were  
303 interpolated from the initial and final profiles. Topographic bed changes for each 10-  
304 min were obtained by weighting the overall bed change by the percentage of  
305 overwash events that occurred during each 10-min.

306 Offshore bathymetry of the inner-shelf of the study area, from the shoreline to  
307 depths of approximately MSL-25 m and extending for about 5 km roughly centred  
308 in the fieldwork site, was collected using a survey-grade single beam echo sounder  
309 (Odom Ecotrac CV100). Precise positioning and real-time tide correction were  
310 obtained using an RTK-DGPS and all data were synchronized and processed with  
311 Hypack software (further details on the acquisition system are provided in Horta et  
312 al., 2014). Bathymetric surveys were performed on multiple occasions from June  
313 2012 to April 2013, including both pre and post-overwash conditions. Data from the  
314 dedicated surveys were combined with offshore bathymetric data provided by the  
315 Hydrographic Institute of Portugal to create a bathymetric grid extending from the  
316 shoreline to the location of the Faro offshore wave buoy (Figure 4). Bathymetric  
317 grids were produced in Surfer software, using Kriging interpolation and considering  
318 a linear semi-variogram model. Additionally, cross-shore profiles to be used as input  
319 on the XBeach model were interpolated for a 500 m-wide section centred on the  
320 fieldwork site and extending, in the cross-shore dimension, for more than 2,000 m  
321 from the backbarrier to a depth of MSL -15 m.



322

323 Figure 4 – Location and bathymetry of grids used in wave modelling. Upper panel - high-resolution  
 324 grid of the cross-shore section centered on the fieldwork site profile (grey line), with locations of  
 325 depths MSL-12, -15 and -17 m (black crosses) for reference. Lower panel - bathymetry of the 50m-  
 326 resolution regional grid, with extent of the 20 m-resolution nested local grid (black polygon). Black  
 327 star indicates the location of the offshore directional wave buoy.

328



329 Surficial sediment samples were collected at all stations after the overwash episode.  
330 Samples were analysed using traditional laboratory dry sieving procedures for  
331 unconsolidated clastic sediments. Sieving was done for sediment grain-sizes  
332 between 31.5 mm and 0.063 mm. Percentiles  $D_{10}$ ,  $D_{50}$  (median), and  $D_{90}$  were  
333 determined using GRADISTAT (Blott and Pye, 2001). Sediment porosity was  
334 determined in the laboratory from the void volume ratio of samples.

335 Further information on the study site grain-size variability was obtained from  
336 previous measurements on beaches, dunes and washovers near the study area  
337 described in Matias et al. (2009). Information of the nearshore sediment grain-size  
338 was obtained from a systematic study of sediments from the inner shelf of the Ria  
339 Formosa barrier system published in Rosa et al. (2013).

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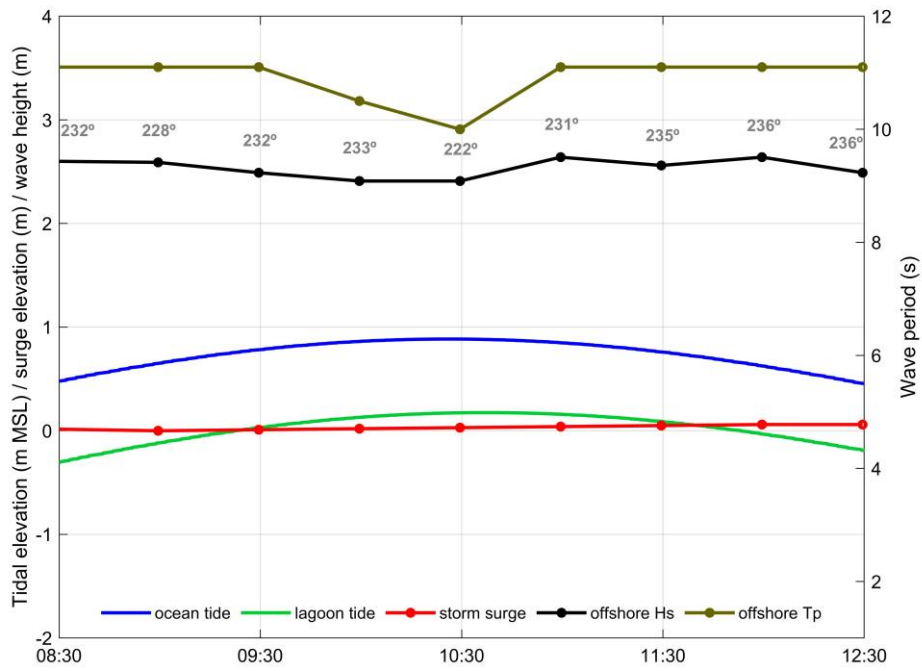
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## 342 **4. FIELDWORK RESULTS**

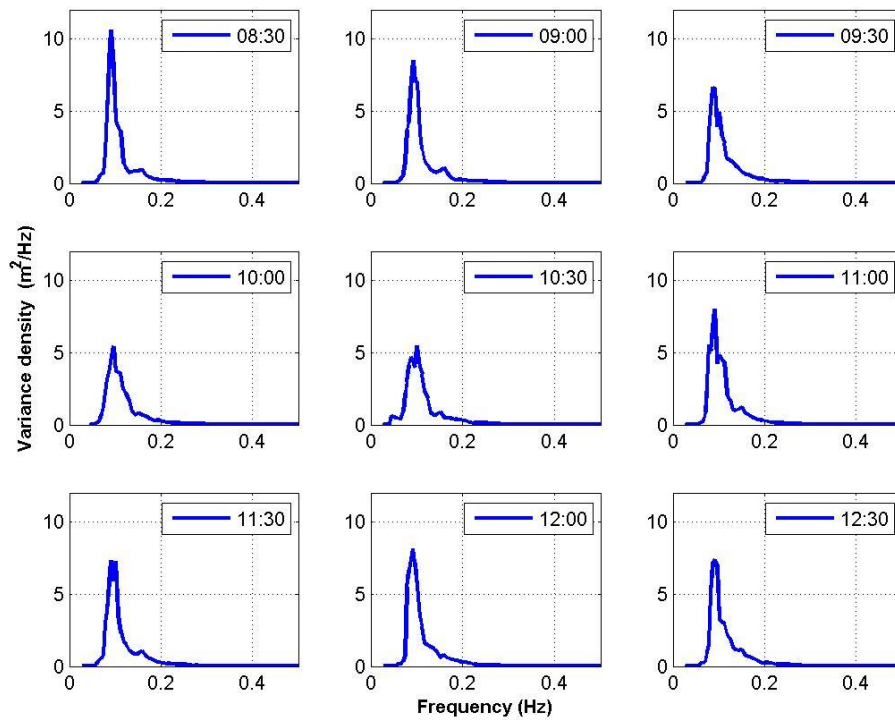
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### 344 **4.1. HYDRODYNAMICS**

345 During the fieldwork campaign, which occurred during neap tides, tidal levels  
346 reached a maximum of about MSL +0.9 m on the ocean side, between 10:00 and  
347 10:30, whilst lagoon tidal elevations varied between 0.17 m and -0.3 m MSL (Figure  
348 5A). Storm surge was almost insignificant, ranging between 0.00 m and 0.06 m.  
349 Offshore waves measured by the Waverider buoy averaged 2.5 m, with the highest  
350  $H_s$  of 2.64 m recorded at 11:00 (close but not exceeding the storm threshold for this  
351 area, 3.0 m).



352



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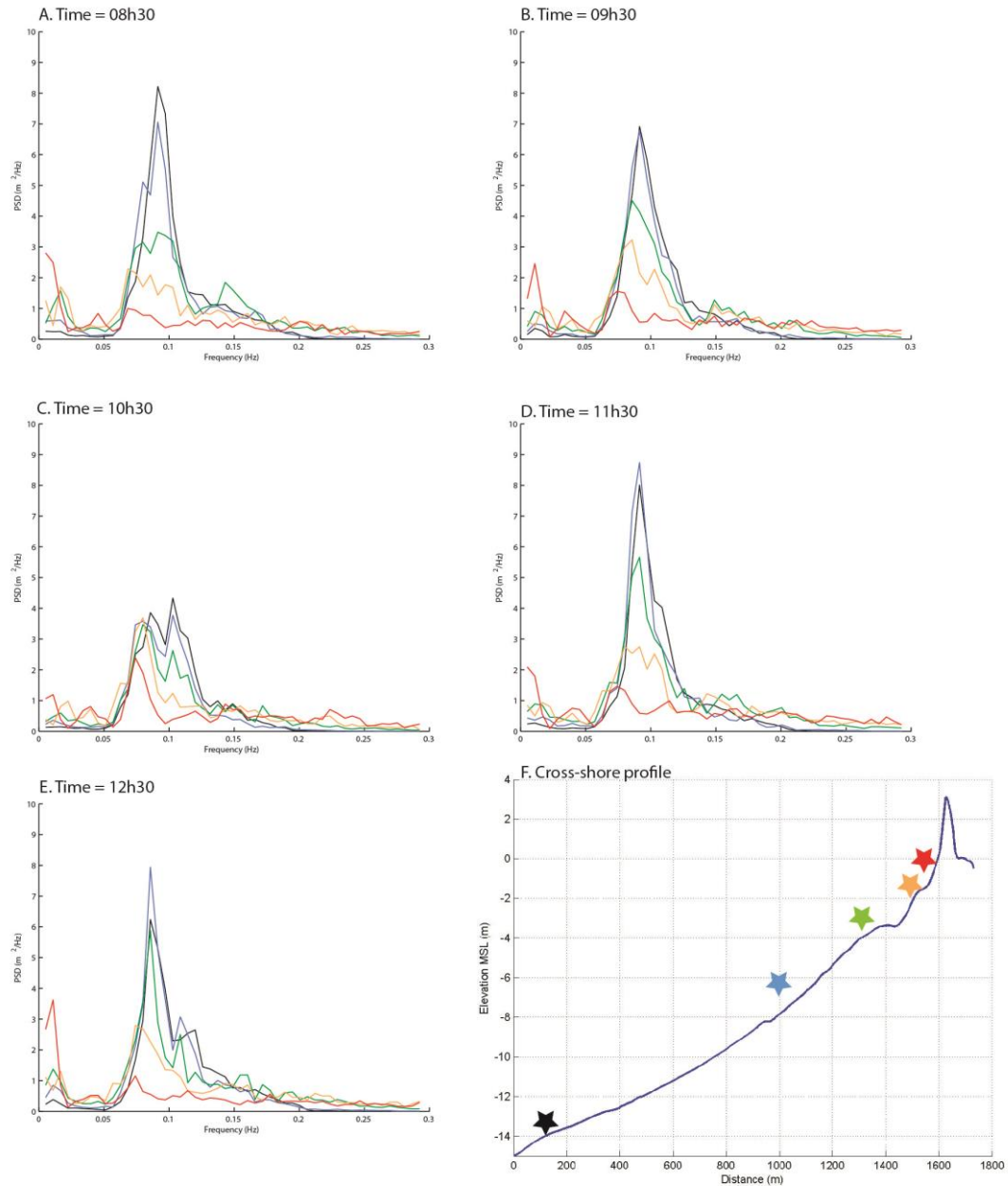
354 **Figure 5 – A. Synthesis of oceanographic conditions during the overwash episode on 12/12/2013. B.**  
 355 **Modelled nearshore wave spectra at a depth of MSL-15 m.**

356

357

358 At about MSL-12 m depth, wave refraction and bed friction had reduced  $H_s$  to 2.0 m  
359 – 2.2 m. Waves approached mainly from a SW direction, with an offshore incident  
360 angle always smaller than 30 degrees, and a nearshore angle smaller than 12  
361 degrees. During most of the overwash episode, wave spectra were relatively broad  
362 in frequency, slightly narrower at the beginning (8:30; Figure 5B and 6A). The  
363 highest wave energy peak was associated with wave frequencies around 0.09 Hz,  
364 with a second mode around 0.11 Hz. Although several and variable peaks in wave  
365 spectra were recorded offshore, two main sets of waves could be identified on the  
366 SWAN model output at the MSL-15 m depth. The bi-modal shape of most of the  
367 modelled wave spectra, indicates the combination of two wave fields and curve-  
368 fitting with various JONSWAP spectra suggests that these two wave fields are  
369 characterised by  $H_s = 2$  m and  $T_p$  of 11.3 s, and  $H_s = 1.3$  m and  $T_p$  of 8.8 s.

370

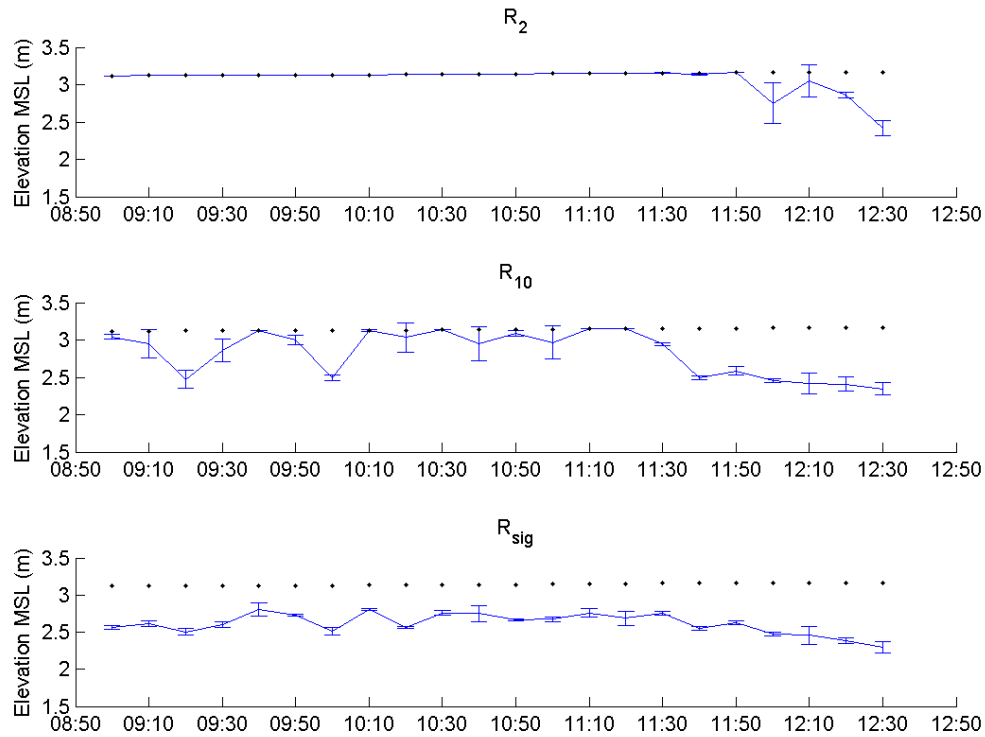


371  
 372 **Figure 6 – Example of the transformation of the wave spectra modelled across the offshore and**  
 373 **nearshore profile for several time-steps (08h30, 09h30, 10h30, 11h30 and 12h30, for panels A to E,**  
 374 **respectively). Stars on the cross-shore profile (panel F) represent the location where the spectra were**  
 375 **extracted, and star colours corresponds to line colour of spectra represented in panels A to E.**

376

377 Runup elevation during the overwash episode is a main parameter controlling the  
 378 variation and number of overwash events. At the peak of high-tide (10:30) runup  
 379 parameters  $R_2$  and  $R_{10}$  are identical (Figure 7) and coincide with the level of the  
 380 barrier crest.  $R_{sig}$  is more variable but still dominantly influenced by overwash;

381 values do not increase significantly during high-tide because swash up-slope motion  
382 is limited.



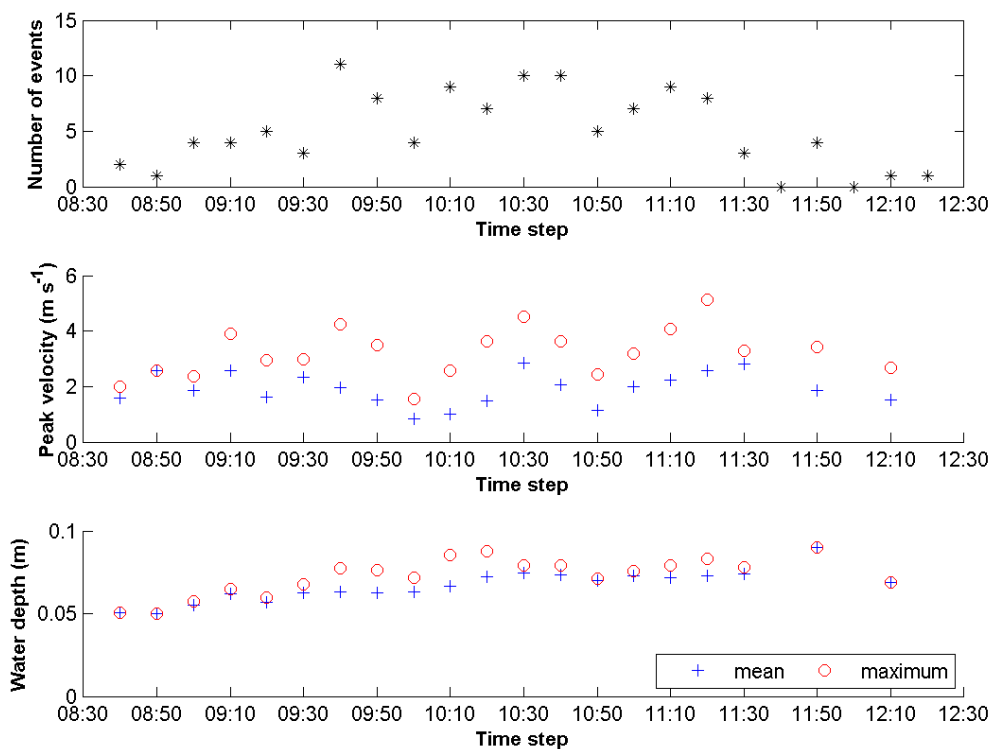
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384 **Figure 7 – Statistics of runup during the entire overwash episode.  $R_2$  is the 2% exceedance of runup,**  
385  **$R_{10}$  is the 10% exceedance runup and  $R_{sig}$  is the significant runup (i.e.,). The barrier crest elevation is**  
386 **represented by the black dots. The error bars are the standard deviation of each 10-min runup**  
387 **measurement, considering the results from four operators.**

388

389 During the surveyed overwash episode a number of overwash events, defined as a  
390 single passage of water above the barrier crest, occurred. For more than 4 hours,  
391 circa 120 overwash events occurred over the barrier crest were measured at the  
392 instrumented cross-shore profile. About 70% of these overwash events occurred  
393 between 09:45 and 11:45 (Figure 8). Most overwash events had limited inland  
394 intrusion ( $< 2$  m) beyond the crest of the barrier; yet, some events reached the  
395 backbarrier lagoon. Peak overwash flow velocity was generally between 1 and 3 m s<sup>-1</sup>

396 <sup>1</sup>, although maximum velocities reached values close to 5 m s<sup>-1</sup> (maximum 5.1 m s<sup>-1</sup>  
 397 measurement by the current meter and 4.7 m s<sup>-1</sup> from video imagery) Average  
 398 overwash leading edge velocity obtained with video imagery was 2.1 ms<sup>-1</sup>, similar  
 399 to the average overwash velocity 1.9 ms<sup>-1</sup> measured by EM current meter. Overwash  
 400 flow was very shallow (Figure 8), with mean depth of 0.07 m. These characteristics  
 401 are typical of overwash flows, which are generally supercritical (according to data  
 402 compiled by Matias and Masselink, 2017). Larger overwash events had deeper and  
 403 faster flows, as well as longer durations and larger intrusion distances. Despite the  
 404 reduction in number of events at the start and end of the fieldwork campaign and  
 405 variable peak velocities, depths of overwash flows were relatively constant (Figure  
 406 8).



407

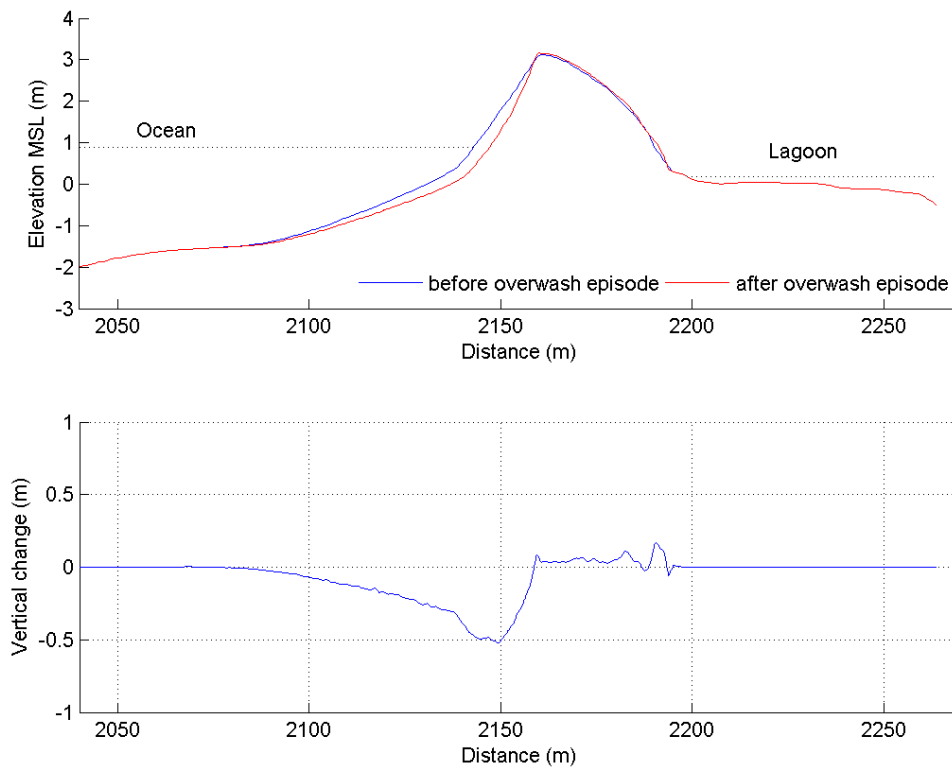
408 **Figure 8 – Overwash events average properties during the entire overwash episode, obtained from the**  
 409 **video Timestacks (velocity) and PT (depth) at ST 4 (see Figure 2 for location).**

410

411 **4.2. MORPHOLOGY AND GRAIN-SIZE**

412 During the overwash episode, the beach face was eroded and sand accumulated on  
413 the barrier top and farther inland across the barrier (Figure 9). The beach face is  
414 steep (average slope of 0.1), with average beach  $D_{50}$  (median grain-size) of 0.61 mm  
415 (Table 1). The backbarrier surface facing the lagoon has variable slope, exhibiting a  
416 coarsening grain-size and a poorer sorting due to the presence of overwash debris  
417 lines. Barrier porosity is mostly around 0.3 with a maximum of 0.36 close to ST7  
418 (location on Figure 2). According to data from Matias et al. (2009), at the western  
419 part of Barreta Island the average beach  $D_{50}$  is 0.65 mm, varying between 0.47 mm  
420 and 0.89 mm. In the nearshore area, the average  $D_{50}$  is 0.36 mm, whilst offshore  
421 sediments became coarser (average  $D_{50} = 0.43$  mm, according to Rosa et al., 2013).

422



423

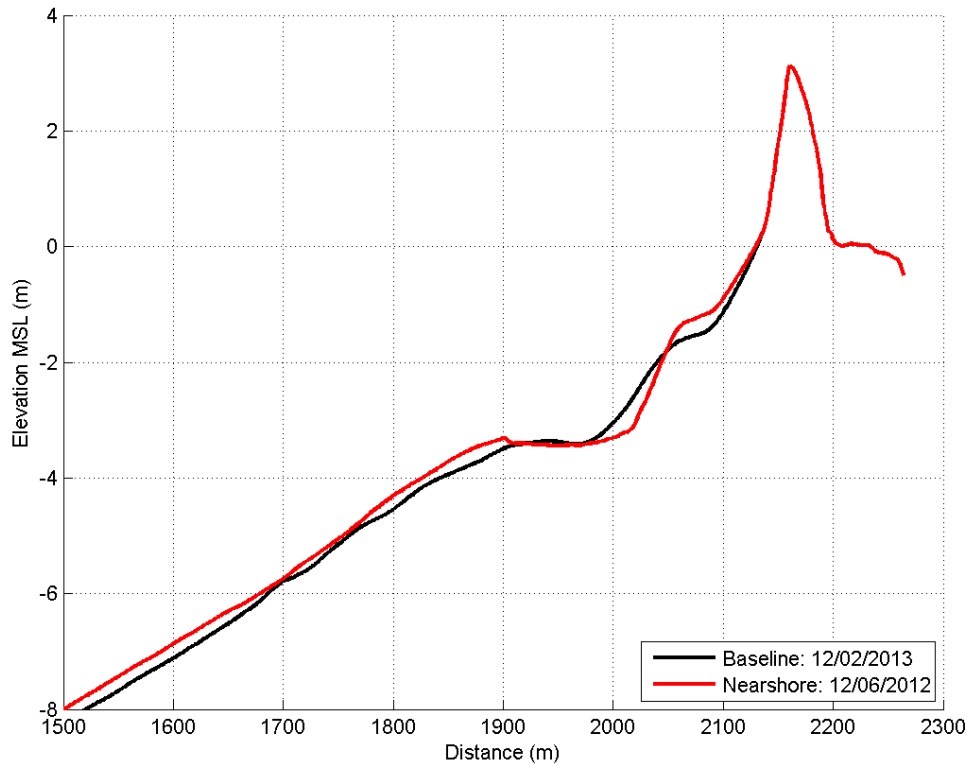
424 **Figure 9 – Topographic profiles of the barrier before and after the overwash episode. The dashed line**  
 425 **represents the maximum ocean and lagoon tidal levels. On the lower panel are represented the**  
 426 **morphologic variations across the barrier profile during the overwash episode.**

427

428 Observed changes indicate that the volume of barrier erosion was greater than the  
 429 volume of overwash induced deposition. The net sediment balance is  $-13.7 \text{ m}^3\text{m}^{-1}$ ,  
 430 with only about  $1.8 \text{ m}^3\text{m}^{-1}$  of overwash deposition on the barrier. The net loss of  
 431 sediment is either attributed to longshore sediment transport or offshore sediment  
 432 transport to areas below the topographic survey. The topography at the end of the  
 433 overwash episode was only surveyed down to MSL -1 m on the ocean margin; below  
 434 this depth, a former nearshore survey was used to reconstruct the barrier  
 435 morphology. The nearshore area, between MSL -1 m and -3.5 m typically exhibits a  
 436 sandbar that changes in morphology and elevation through time (Figure 10). It is



437 possible that cross-shore sediment transport during this event while contributing  
438 to sandbar formation, led to offshore sediment loss from the barrier.



439

440 **Figure 10 – Profiles with different nearshore morphologies. The subaerial section was measured after**  
441 **the overwash episode, while the nearshore section was measured in February 2013 (labelled Baseline,**  
442 **with the date closest to the overwash episode). The nearshore section was also measured in other**  
443 **occasions, with profile Nearshore displaying the June 2012 morphology.**

444

445

## 446 **5. HYDRODYNAMIC MODELLING**

447

### 448 **5.1. MODEL SET-UP: Barreta baseline overwash model**

449 This study uses the one-dimensional approach of XBeach model developed by  
450 Roelvink et al. (2009). XBeach is a process-based hydrodynamic and

451 morphodynamic model developed to assess the natural coastal response to time-  
452 varying storm and hurricane conditions. In this study the model was run in non-  
453 hydrostatic (wave-resolving) mode (Smit et al., 2012; McCall et al., 2014), including  
454 groundwater processes (McCall et al., 2012; McCall et al., 2014), but without the  
455 computation of morphological changes. Model setup consisted of three stages:  
456 definition of boundary forcing conditions, generation of the model grid and  
457 parametric adjustments. The boundary forcing conditions were defined using field  
458 data, when available, or from modelled outputs. Variables used as boundary  
459 conditions include: barrier profile (Figures 9 and 10), modelled wave spectra at  
460 depths of MSL-12 m, -15 m and -17 m (details in section 3.1) (Figure 5B), ocean and  
461 lagoon water levels (Figure 5A), and  $D_{50}$  (Table 1), whilst other non-measured  
462 parameters were kept at their default values (e.g., bed friction). The hydraulic  
463 conductivity (K) was computed with Hazen's equation (Table 1), using measured  
464  $D_{10}$ . The generated grid is non-equidistant, with a minimum grid size of 0.1 m  
465 onshore and a maximum grid size of 3 m offshore, observing the limiting condition  
466 of a minimum of 50 points per wavelength (Table 1).

467

468 **Table 1 – Input parameters for XBeach model.**

Parameter	
Minimum grid size (m)	0.1
Maximum grid size (m)	3
Minimum points per wavelength	50
Offshore boundary	Z = -15 m
Duration (s)	2340 ; including 600 s spin-up
Output timestep (s)	0.25
$D_{50}$ (m)	0.00061
K ( $\text{ms}^{-1}$ )	0.0015

469

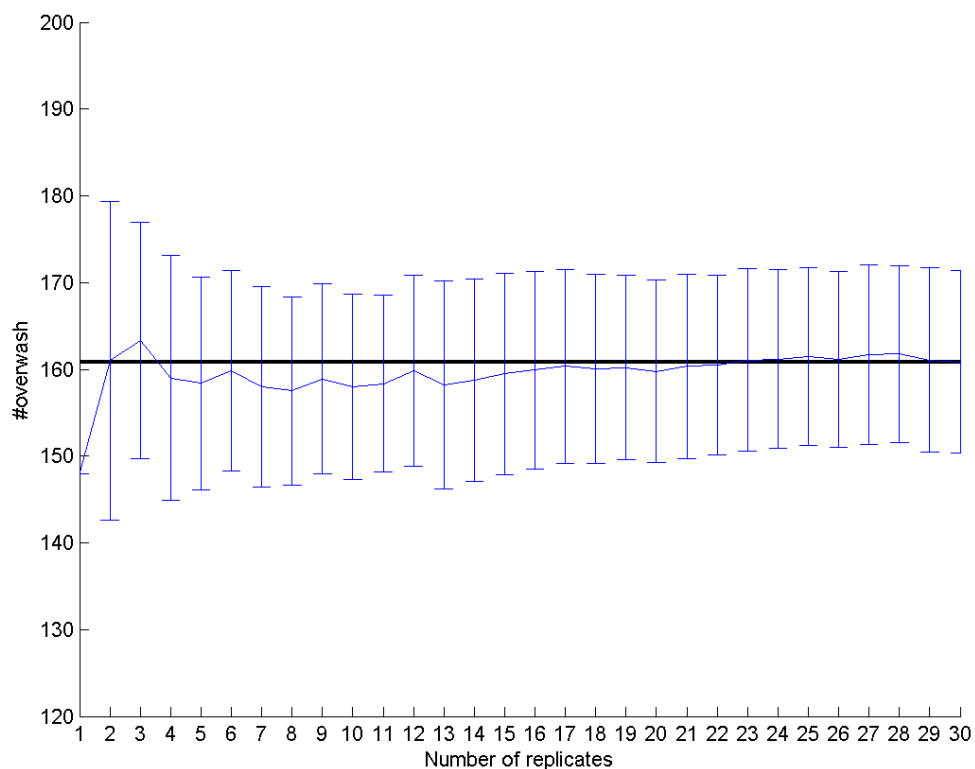
470 Validation of the model is achieved by comparison of observed and modelled wave  
471 runup and overwash statistics. While no observed nearshore spectral wave data  
472 were available for a quantitative validation of the nearshore wave height, Figure 6  
473 does qualitatively illustrate the changes in the modelled wave spectra across the  
474 nearshore profile during the overwash episode. Wave energy decreased as waves  
475 propagated into the nearshore, with the most significant transformations occurring  
476 between depths of MSL -4 m and the shoreline. As depth decreases and waves  
477 propagate landward of the nearshore bar there was an increase in wave energy on  
478 the infra-gravity band and the widening of the spectra, particularly noticeable for  
479 narrow offshore spectra conditions (e.g., Figure 6 A and 6D).

480 Further XBeach setup adjustments were carried out on the offshore boundary, spin-  
481 up duration and number of replicates. The offshore extent and depth at the offshore  
482 boundary of the XBeach model was decided by balancing two opposite criteria: (i)  
483 the boundary should be located in relatively deep water to correctly account for  
484 infragravity wave energy associated with long-period incident-band waves; and (ii)  
485 it should be located in water shallow enough to account for most of wave refraction  
486 and to minimize dispersion errors related to the numerical scheme of the model.  
487 Considering the wave conditions measured during the overwash episode and a ratio  
488 between wave group velocity and phase velocity  $< 0.85$  (Deltares, 2014), a  
489 boundary at depths bellow MSL-17 m would be preferable. However, as waves at  
490 this depth were not yet shore-normal ( $12^\circ - 26^\circ$  relative to shore-normal) and  
491 refraction cannot be accounted for in a 1D model, as a compromise, the offshore  
492 boundary was set in an intermediate location, at MSL -15 m. For XBeach, the offshore  
493 boundary was set at  $x = 0$  m and  $z = -15$  m (Table 1), and the domain, represented

494 in Figure 4, has a cross-shore extension of 1730 m. XBeach in non-hydrostatic mode  
495 is a phase-resolving model; therefore, at the start of each run waves propagating  
496 across the nearshore do not reach the barrier, and the groundwater surface needs  
497 time to adjust. Runs were made with an initial time (the 'spin-up') of 10, 20 and 30  
498 minutes durations. It was concluded that a spin-up of 10 minutes provided good  
499 results whilst maintaining a reasonable computational effort.

500 Since the XBeach model simulates hydrodynamics based on a random realisation of  
501 the imposed wave-spectra, which are statistical quantities obtained over 30-  
502 minutes, model results may vary between simulations with the same statistical  
503 boundary conditions, but different random realisations of the wave field. Figure 11  
504 shows the variation in the average number of overwash events with an increase in  
505 the number of replicates. Replicates in this context are model runs of the nine 30-  
506 minutes time-steps, with exactly the same input conditions (e.g., grain-size, grid size,  
507 tide elevation, spectra parameters). For each replicate, an overall number of  
508 overwash events was obtained (270 minutes duration of the overwash episode). A  
509 power analysis was performed to estimate the number of replicates (sample size)  
510 needed to allow accurate and reliable statistical evaluation. In this context, power  
511 analysis serves to estimate the number of modelling replicates needed to have a  
512 good chance of detecting overwash differences between different tests that are not  
513 due to differences in random realisations of the wave field. To conduct the power  
514 analysis, it was necessary to set a number of variables: mean and standard deviation  
515 of number of overwash events, effect size, and power. The effect size is the minimum  
516 deviation that needs to be detected, while power is the probability of distinguishing  
517 a minimum effect. An effect size of 10% and a power of 95% were decided based on  
518 the literature (e.g. McDonald, 2014), and assured a very high chance of observing an

519 effect that is real. A mean number of 160 overwash events and a standard deviation  
520 of 10 were used (Figure 11) for power computation. The obtained number of  
521 replicates was 6. The overwash episode was divided into 9 time steps of 30 minutes  
522 (with 10 minutes spin-up), from 08:30 to 12:30. The output time-step was set at 4  
523 Hz, matching the sampling grid of the instruments.



524

525 **Figure 11 – Average and standard deviation of overwash number of events for the entire episode**  
526 **considering an increasing number of replicates. The coarser black line is the overwash number of**  
527 **events after 30 replicates (161 events).**

528

## 529 **5.2. BASELINE MODEL PERFORMANCE**

530 The performance and evaluation of model usefulness as a predictive tool was  
531 assessed using standard metrics of performance, particularly bias (eq. 1), root-  
532 mean-square error (RMSE, eq. 2), and scatter index (SCI, eq. 3), as described in

533 McCall et al. (2014). The model overwash statistics for each 30-minute period  $i$   
 534 ( $x_{i,modelled}$ ), were compared against overwash statistics computed from field data for  
 535 the same duration ( $x_{i,measured}$ ). The mean error describes the potential bias as  
 536 follows:

$$537 \text{ Bias}(x) = \frac{1}{N} \sum_{i=1}^N (x_{i,modelled} - x_{i,measured}) \quad (1)$$

538 Where  $N$  is the number of time-steps (9 for this particular case). The RMSE  
 539 measures the difference between values predicted by a model and the values  
 540 actually observed from the environment that is being modelled, and is defined as  
 541 follows:

$$542 \text{ RMSE}(x) = \sqrt{\frac{1}{N} \sum_{i=1}^N (x_{i,modelled} - x_{i,measured})^2} \quad (2)$$

543 SCI is a relative measure of the scatter between model and data as follows:

$$544 \text{ SCI}(x) = \frac{\text{RMSE}(x)}{\max\left(\frac{1}{N} \sum_{i=1}^N x_{i,measured}; \sqrt{\frac{1}{N} \sum_{i=1}^N x_{i,measured}^2}\right)} \quad (3)$$

545 The error is normalized with the maximum RMSE of data and the absolute value of  
 546 the data mean to avoid anomalous results for data with small mean and large  
 547 variability. Bias, RMSE and SCI closest to zero represent better model performances.

548 The model performance metrics are presented in Table 2. Results indicate that the  
 549 model overestimates the number of overwash events; for all time-steps an average  
 550 of 5 additional overwash events are produced by the model, which represents an  
 551 overestimation of approximately 25 %. The baseline model performance changes  
 552 throughout the event; during the rising tide the baseline model under- or over-  
 553 predicts by only 2-4 events, while during the falling tide the baseline model over-  
 554 predicts overwash by 4-14 events.

555

556 **Table 2 – Summary of performance metrics of baseline model according to average number, depth and**  
557 **velocity of overwash events. Values are averages for all time-steps.**

Parameter	Model performance		
	Bias	RMSE	SCI
Number of overwash events	5	7	0.27
Peak overwash depth (m)	0.02	0.02	0.30
Peak overwash velocity (ms <sup>-1</sup> )	0.43	0.61	0.28

558

559 Overwash depth and velocity are also overestimated by about 20%; however, these  
560 values are very small (0.02 m and 0.4 ms<sup>-1</sup>) and within the error margin of the  
561 measurements under the demanding fieldwork conditions. The SCI for the number,  
562 depth and velocity of overwash events is consistently low to moderate (c. 0.3).

563 The comparison between the fieldwork runup statistics and the modelled runup  
564 statistics is also an indicator of the model performance. The average difference  
565 between the field  $R_{sig}$  and the model  $R_{sig}$  each 10 minutes is 0.2 m, with the model  
566 overestimating conditions measured in the field. Because overwash flows are so  
567 shallow, a 0.2-m difference in significant runup represents an increase of 25% of  
568 overwash events over the crest, which may be due to overestimation of offshore  
569 water level or wave swash computations.

570

### 571 **5.3. BASELINE MODEL VERIFICATION**

572 In order to verify that the Barreta baseline overwash model consistently provides  
573 reasonable predictions of overwash, the model was applied to other situations when  
574 overwash was measured in the same profile, at Barreta Island, during the period  
575 referred previously (June 2012 to April 2013). Field surveys, including topography

576 and bathymetry, were undertaken before and after each of six overwash episodes,  
 577 although no instrumentation was deployed on the barrier and thus there were no  
 578 measurements of runup or overwash hydrodynamics. For the post-overwash  
 579 episode surveys, the maximum overwash intrusion on the barrier island top was  
 580 surveyed in detail with RTK-DGPS (for further details about this dataset refer Matias  
 581 et al., 2014). Measured offshore waves for the overwash episodes were used to force  
 582 nearshore wave propagation as described for the calibration fieldwork (section 3.1).  
 583 The six post-overwash topo-bathymetric surveys, named for simplicity as “Episode  
 584 1” to “Episode 6” characteristics can be found in Table 3. Episode 1 to Episode 6  
 585 characteristics (morphology, waves, maximum tide level) were used as inputs to the  
 586 calibrated baseline model, while other parameters remained unaltered. For each  
 587 modelled overwash episode, the location of the maximum water intrusion on top of  
 588 the barrier was extracted and compared with fieldwork (Figure 12).

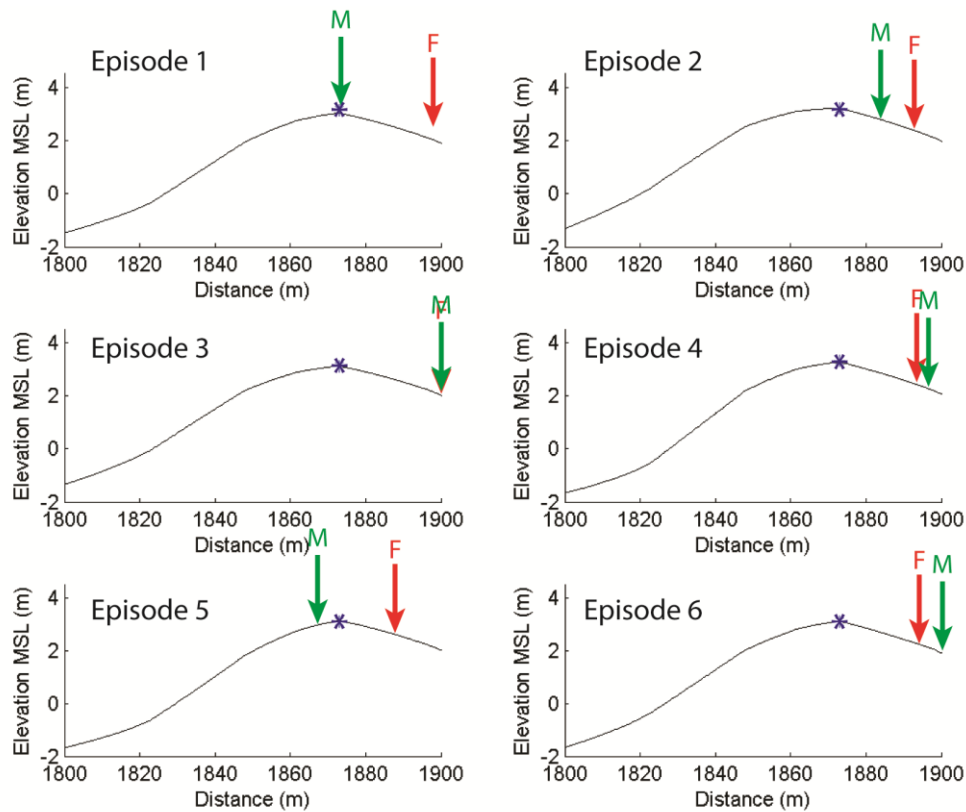
589

590 **Table 3 – Conditions of the six overwash episodes verification cases**

	Date	Hs	Tp	Tide
Episode 1	02/10/2012	0.73	9.1	1.35
Episode 2	31/10/2012	2.15	9.4	1.31
Episode 3	19/11/2012	2.01	8.6	1.92
Episode 4	31/01/2013	1.02	12.5	1.36
Episode 5	13/02/2013	0.79	9.4	1.51
Episode 6	13/03/2013	1.40	9.41	1.80

591





592 M - model max intrusion F - field max intrusion \* barrier crest location

593 **Figure 12 – Maximum overwash water intrusion over the barrier crest obtained during fieldwork**  
 594 **measurements and after modelling results.**

595

596 Results show that the modelled and measured maximum water intrusion have  
 597 relatively good agreement, although not always coincident (average horizontal  
 598 difference = 8.6 m and average vertical difference = 0.2 m). Minimum difference in  
 599 overwash water intrusion across the barrier is close to zero (Episode 4, Figure 12)  
 600 and maximum difference was observed for Episode 1, where fieldwork  
 601 measurements show a maximum swash excursion of 56.5 m from the average water  
 602 line position, thus causing significant overwash and the model estimated a swash  
 603 excursion of 31.5 m. During Episode 5, the model failed to predict overwash  
 604 occurrence, although by a small amount (Figure 12). This result is somewhat  
 605 unexpected since the results of the calibration have shown that the model over-

606 predicts overwash by 20 to 25%. Limitations in correctly identifying the line of  
607 maximum intrusion of a specific episode, in an area where overwash occurs  
608 frequently, may be one cause of this mismatch, alongside errors in model boundary  
609 conditions such as the (dynamic) submarine and subaerial barrier profile (see e.g.,  
610 Section 6.2). When possible, fieldwork was undertaken only a few hours after  
611 overwash, when the overwash debris line was coincident with a wet/dry sand line.  
612 However, in case of Episode 1 such an early survey was unfeasible due to technical  
613 constraints and it is possible that the marked debris line (marked F in Figure 12)  
614 may corresponded to a previous overwash episode.

615 Overall, the Barreta baseline overwash model performs fairly well in predicting  
616 hydrodynamics in the study area, because the BIAS, RMSE and SCI are relatively  
617 small, and the verification episodes are also generally well simulated.

618

## 619 **6. MODELLING ANALYSIS**

620 The Barreta baseline overwash model was further explored to analyse the relative  
621 importance of several factors in overwash occurrence, namely: (1) hydrodynamic  
622 parameters, particularly waves and lagoon water levels; and (2) nearshore  
623 morphological configurations of the barrier and barrier grain-size. To evaluate the  
624 contribution of these factors, the Barreta baseline overwash model was changed in  
625 only one parameter at a time, keeping the remaining unaltered. Each modified  
626 model was also replicated six times (see section 5.1) and ensemble-mean results are  
627 presented. The output variables (runup, number of overwash events, overwash  
628 depth, velocity and discharge) were compared with the baseline model, aiming to  
629 understand their relative importance in overwash processes.

630

631 **6.1. HYDRODYNAMIC PARAMETERS**

632 The wave conditions used to setup and verify the Barreta overwash model have an  
633 annual probability of occurrence of about 50%, for waves from W and SW.  
634 (according to data described in Costa et al., 2001). To observe how much overwash  
635 hydrodynamic parameters change under more extreme (less frequent) conditions,  
636 a set of simulations named “waveplus” were defined, where all parameters  
637 remained unaltered, except the waves (Table 4). According to Costa et al. (2001),  
638 the joint probability of  $H_s = 1 - 3$  m and  $T_p = 7 - 11$  s is 8.5%, whilst the joint  
639 probability of  $H_s = 3 - 5$  m and  $T_p = 11 - 15$  s is only 0.1%. Nine conditions were  
640 modelled and replicated six times, progressing from the baseline model to low-  
641 probability conditions with  $H_s$  of 4 m and  $T_p$  of 15 s (waveplus 9). Since this test  
642 aimed to observe increased overwash magnitudes, only peak high-tide water levels  
643 ( $z = 0.88$  m MSL) were considered. During these simulations, the barrier remained  
644 in the overwash regime and not in the inundation regime (as defined by Sallenger,  
645 2000) and the barrier crest was not permanently submerged.

646

647 **Table 4 – Significant wave heights and peak periods for the “waveplus” simulations.**

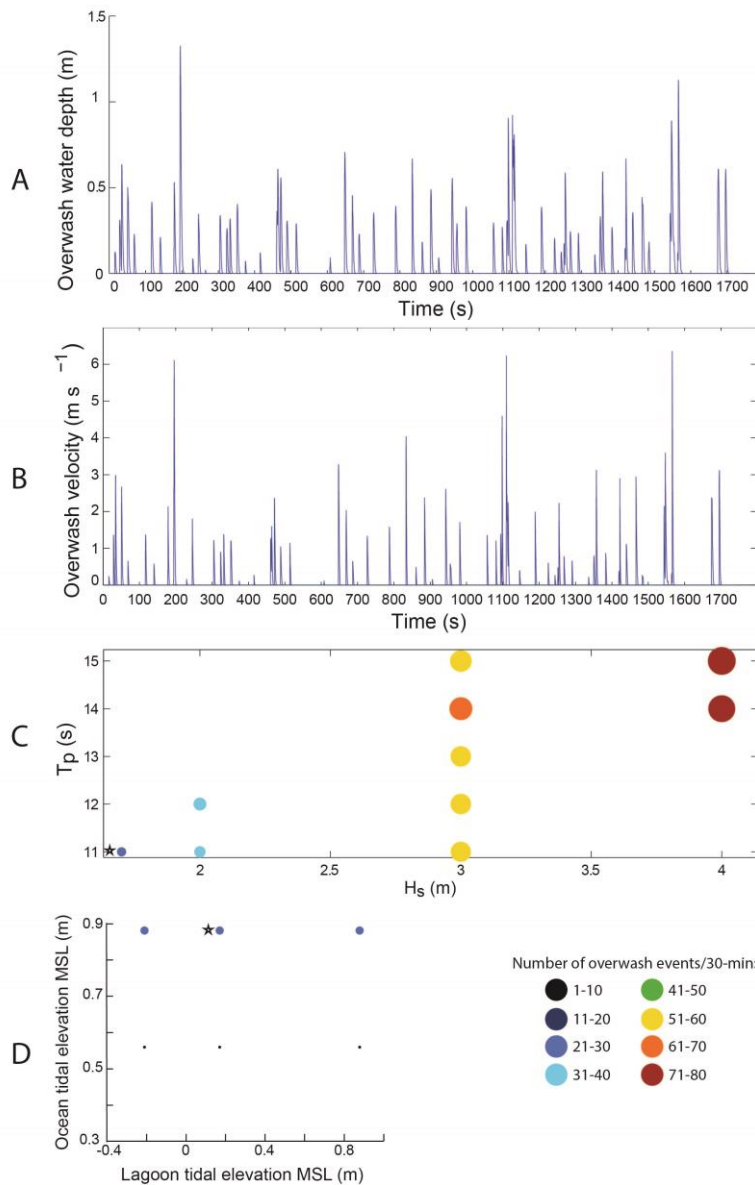
	Hs	Tp	Probability (%)*
Baseline	1.68	11.1	
waveplus 1	2	11	8.5
waveplus 2	3	11	
waveplus 3	2	12	
waveplus 4	3	12	5.3
waveplus 5	3	13	
waveplus 6	3	14	0.1

waveplus 7	3	15
waveplus 8	4	14
waveplus 9	4	15

648 \*According to data from Costa et al. (2001).

649

650 For the most extreme conditions simulated, overwash maximum depth can reach up  
651 to 1 m (Figure 13A), which is only comparable to the field dataset of Fisher and  
652 Stauble (1977) that reported overwash induced by Hurricane Belle on Assateague  
653 Island (USA). Maximum overwash velocities reach  $9 \text{ ms}^{-1}$ , which are very high  
654 compared to typical measurements in the field (around  $2 \text{ ms}^{-1}$ , Matias and  
655 Masselink, 2017) and maximum leading edge velocities measured in the field ( $6 \text{ ms}^{-1}$   
656 <sup>1</sup> this study and fieldwork of Almeida et al., 2017), and comparable to the maximum  
657 velocities measured in the laboratory ( $10 \text{ ms}^{-1}$ ; Matias et al., 2014). Average  
658 overwash depth and velocity under extreme wave conditions does not increase as  
659 much as maximum overwash depth and velocity because the number of smaller  
660 overwash events also increases. The percentage of time when seawater is  
661 overtopping the crest is high, particularly for the bigger waves (about 58% of time,  
662 Figure 13). The results show that for each wave height case that was modelled, there  
663 was only a small increase in the number of overwash events with longer peak wave  
664 periods (Figure 13).



665

666 **Figure 13 – Time-series of overwash depth (A) and overwash velocity (B) for one of the replicates of**  
 667 **series waveplus, run 9 ( $H_s = 4$  m;  $T_p = 15$  s). C. Comparison between different waveplus models with**  
 668 **varying  $H_s$  and  $T_p$ . D. Comparison between different lagoon water level tests. The circle size is**  
 669 **proportional to the number of overwash events. The stars identify the baseline model.**

670

671 To test the importance of lagoon levels in overwash occurrence, the model was run  
 672 with the maximum ocean and lagoon water level difference for the fieldwork  
 673 campaign. The baseline model hydraulic gradient was always negative (between -  
 674 0.0054 and -0.0132, towards the lagoon), because the lagoon levels were  
 675 consistently lower. To test other situations, high, mean and low lagoon water levels

676 cases were implemented ( $z = 0.88, 0.17$  and  $-0.21$  m MSL), with two ocean water  
677 levels ( $z = 0.88$  and  $0.56$  m MSL). These changes generated model simulations with  
678 the highest hydraulic gradient ( $0.006$ ) for the high lagoon model and a minimum  
679 hydraulic gradient ( $-0.01$ ) for the lagoon low-tide model, during oceanic high-tide.  
680 Even if the lagoon water level could be lowered, the hydraulic gradients would not  
681 change significantly because of the backbarrier morphology (Figure 2A). As the  
682 water level reaches the backbarrier low-tide flat, a small change in elevation implies  
683 a great increase in horizontal distance, thus lowering the gradient. The results of the  
684 high lagoon, low lagoon and the baseline models present small average variations  
685 (Figure 13C). The average variation in overwash number between the lagoon  
686 models was only 1 event, for both oceanic tidal elevations, which is not statistically  
687 significant. Note however that greater differences in morphodynamic response of  
688 the back barrier may occur, particularly during larger overwash events, as a result  
689 of changing hydraulic gradients between the ocean and lagoon (e.g., Suter et al.,  
690 1982; Donnely et al., 2006; McCall et al., 2010).

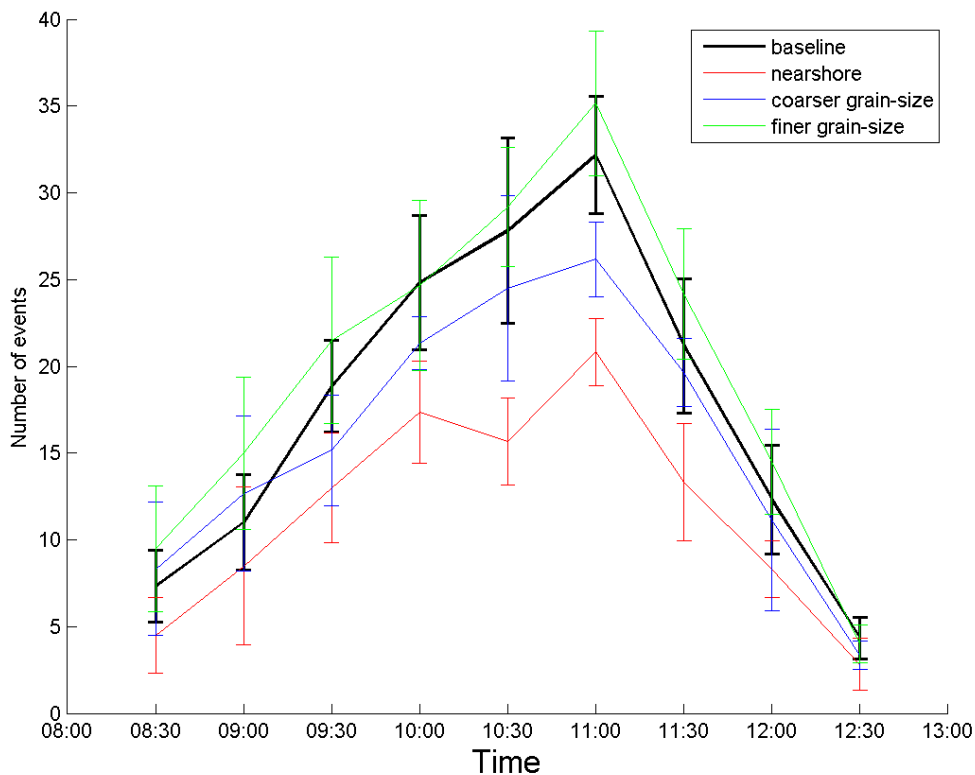
691

## 692 **6.2. BARRIER PARAMETERS**

693 The nearshore morphology is known to change significantly in the study area (e.g.  
694 Vila-Concejo et al., 2006), as a consequence of the migration of swash bars from the  
695 updrift Ancão Inlet. Several nearshore morphological configurations of the study  
696 area were available (data from Matias et al., 2014, also mentioned in section 5.3,  
697 Figure 10) and the one that deviates most from the configuration during the  
698 December 2013 overwash episode was selected for modelling overwash. The survey  
699 in June 2012 showed a significantly higher nearshore bar crest in comparison to the

700 configuration used for the baseline model (Figure 10). The new bathymetric grid  
 701 was built with the same resolution and dimensions of the baseline model, and the  
 702 same oceanographic forcing was superimposed, which implied new SWAN runs  
 703 over the new bathymetric grid.

704 Significant differences are observed between the baseline model and the model with  
 705 a modified nearshore bathymetry (termed “nearshore model”; Figure 14). There is  
 706 a noticeable reduction in the number of overwash events with the nearshore model  
 707 compared to the baseline model, from 160 to 105 events, particularly evident during  
 708 high-tide when the reduction reaches more than 40%.

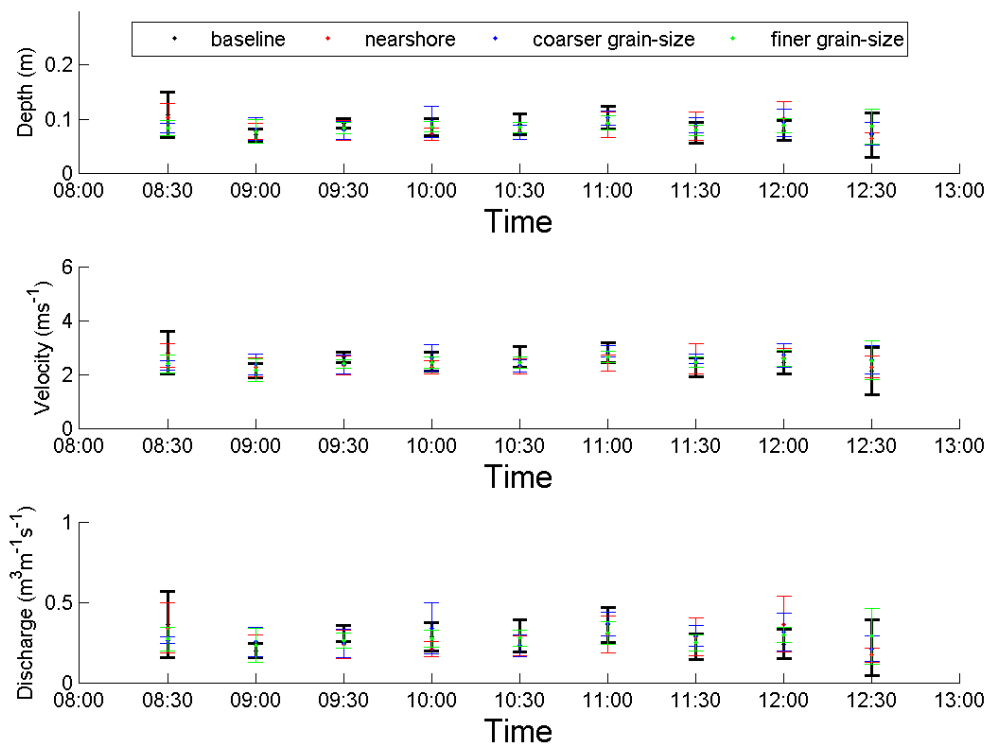


709

710 **Figure 14 – Average and standard deviation of overwash number of events for each time-step of the**  
 711 **baseline model, nearshore model, coarser and finer grain-size models.**

712

713 The average overwash depth, velocity and discharge are also different under the two  
 714 configurations, but the reduction is relatively small (-2 mm average depth, -0.06 ms<sup>-1</sup>  
 715 overwash velocity and -0.01 m<sup>3</sup>m<sup>-1</sup>s<sup>-1</sup>; Figure 15). Overall, overwash water  
 716 discharge during the entire episode for the baseline model was 45 m<sup>3</sup>m<sup>-1</sup> (summing  
 717 the discharges of 160 events) while for the nearshore model this was 27 m<sup>3</sup>m<sup>-1</sup>  
 718 (total of the 105 events) which corresponds to a 40% reduction, mostly due to  
 719 decrease in number of overwash events. The runup statistics (not shown here)  
 720 evidence a reduction in runup on the nearshore model ( $R_{sig}$  decreased 0.22 m in  
 721 relation to baseline model). Average  $R_{sig}$  of the nearshore model is, however, closer  
 722 to fieldwork than the baseline model because it is truncated by the barrier crest  
 723 elevation.



724

725 **Figure 15 – Average depth and velocity of overwash events during each time-step of baseline model,**  
 726 **nearshore model, coarser and finer grain-size models. Average number of events for each time-step of**  
 727 **the baseline model and the different grain-size models.**



728

729 Previous studies in Barreta Island (Matias et al., 2009) indicated variability of  
730 barrier grain-size, both on the beach face and in the barrier washovers. This  
731 information was used to obtain a measure of the likely grain-size variability and  
732 hence set the finer and coarser grain-size models. The finer grain-size model was set  
733 with  $D_{50} = 0.47$  mm, which implied a change of  $K$  to  $0.001 \text{ m s}^{-1}$ , whilst the coarser  
734 grain-size model was set with  $D_{50} = 0.89$  mm and  $K=0.0039 \text{ m s}^{-1}$  (Table 5).

735

736 **Table 5 – Grain-size parameters ( $D_{50}$  and  $D_{10}$ ) and hydraulic conductivity ( $K$ ).**

	$D_{50}$ (m)	$D_{10}$ (m)	$K$ (m/s)
Fieldwork	0.00061	0.00039	0.0015
Coarser*	0.00089	0.00063	0.0039
Average*	0.00065	0.00041	0.0017
Finer*	0.00047	0.00032	0.0010

737 \*According to data from Matias et al. (2009).

738

739 The comparison between the baseline model and the finer and coarser grain-size  
740 models showed that the finer grain-size model was the one producing more  
741 overwash, while the coarse grain-size model led to a decrease in overwash number  
742 (Figure 14), probably due to enhanced infiltration. The change in overwash events  
743 was significant, from 160 in the baseline model to 178 in the finer model and 142 in  
744 the coarser model. Again, the changes were particularly evident in the number of  
745 overwash events comparing to the other hydrodynamic variables (depth and  
746 velocity changes were always smaller than 1 mm and  $0.03 \text{ ms}^{-1}$ , respectively; Figure  
747 15). Overall discharges reduced 8% in the coarser and increased 7% in the finer  
748 grain-size models in relation to the baseline model.  $R_{sig}$  of coarser grain-size model

749 decreased 0.03 m in relation to baseline, while average  $R_{sig}$  of finer grain-size model  
750 increased in 0.01 m.

751

## 752 **7. DISCUSSION**

753 Overall, morphological changes and hydrodynamic parameters observed during the  
754 12<sup>th</sup> of December 2013 overwash episode in Barreta Island compare well with  
755 recent field and laboratory measurements of overwash dynamics. Small  
756 morphological changes, characterized by sediment erosion across the subaerial  
757 beach, but only partially deposited on the barrier top, suggest offshore sediment  
758 transport to the sub-tidal section of the profile of at least part of the eroded  
759 sediment. Similar morphological evolution was observed in recent high-resolution  
760 2D laser scanner measurements of overwash by Almeida et al. (2017). In terms of  
761 hydrodynamic parameters, the most common overwash flow during the overwash  
762 episode was very shallow (mean depth of 0.067 m) and relatively fast, with peak  
763 velocities in the range 1 – 3  $ms^{-1}$ . Such supercritical flows agree with typical  
764 fieldwork and laboratory measurements that can be found in Matias and Masselink  
765 (2017).

766 Because field measurements are scarce and difficult to obtain, and laboratory  
767 datasets may have scale and applicability limitations, reliable numerical models  
768 simulating overwash are valuable to complement field data (e.g. Matias et al., 2017),  
769 While there were limitations in data collection, given the energetic nature of  
770 overwash conditions, the field measurements obtained in Barreta Island  
771 complement the scarce datasets that are available to test numerical models that  
772 simulate overwash (Matias et al., 2017). This innovative field dataset was

773 complemented with published data from overwash on Barreta Island and used to  
774 setup a baseline model of overwash hydrodynamics using XBeach in non-  
775 hydrostatic mode, expanding the evidence base of the model's ability to reproduce  
776 hydrodynamic processes during overwash at field-scale. The baseline model  
777 replicates have a maximum of 18% variation in overwash number, and 40%, 27%  
778 and 100% maximum variation in average overwash depth, velocity and discharge  
779 for 30-minute simulations, respectively. Such large variability between replicates  
780 (standard deviation on number of overwash events= 10-17) clearly evidence the  
781 need for replication when using wave-resolving models to compute representative  
782 statistical properties. Moreover, it demonstrates how field/buoy measurements  
783 condensed in wave spectra, instead of the actual sequence of surface wave  
784 elevations, can represent slightly different conditions and thus translate into  
785 variability and uncertainty in simulation of coastal processes.

786 The baseline model performance metrics were assessed by comparison with  
787 fieldwork using established error metrics, namely bias, RMSE and SCI (McCall et al.,  
788 2014). The results indicate that the baseline model has variable skills over the  
789 duration of the overwash episode, performing better during the rising tide than  
790 during the falling tide. The baseline model has a positive bias, therefore  
791 overestimates the number of overwash events, and an overall RMSE = 7 and SCI =  
792 0.27. These differences between predictions and observations may be related to  
793 several factors, mainly related to uncertainty in the field observations. Morphologic  
794 changes occurring during overwash in the submerged, non-monitored part of the  
795 beach profile can influence subsequent overwash hydrodynamics, as nearshore  
796 morphology has been shown to influence the frequency and intensity of overwash  
797 (Ritchie and Penland, 1988; Matias et al., 2014. Moreover, the baseline model was

798 set with the most recent bathymetry in the area, measured in February 2013, 10  
799 months before the overwash fieldwork. Additionally, there is a lack of measured  
800 wave data in the nearshore and swash zones, as only offshore wave parameters  
801 were obtained from observations. Nearshore wave transformation was simulated  
802 with the model SWAN, which is a well-established model for nearshore wave  
803 propagation, but no quantitative validation can be performed with field data as  
804 instruments in stations ST1 and ST3 collapsed or failed during the overwash  
805 episode. However, the qualitative analysis of nearshore wave spectra  
806 transformation (Figure 6) suggests that the results for wave modelling are within  
807 the expected range of changes for shallow waves as they propagate across nearshore  
808 bars. Difference in model skill for the rising and falling tide can be explained by the  
809 small but positive changes in barrier crest, which built up during the rising tide (~5  
810 cm, Figure 9), and small changes in the tide and surge along the coast, meaning the  
811 imposed ocean water level is less accurate in the falling tide than the rising tide.

812 While recognizing the natural limitations in fieldwork measurements during such  
813 energetic events, as well as various possible sources of error and uncertainties in  
814 model implementation, it was considered that the baseline model provided a  
815 reasonable agreement with field data, which is substantiated by the performance  
816 metrics and by the six additional verification cases. Encouraging results of XBeach  
817 implementation for overwash investigation were also obtained by McCall et al.  
818 (2010) on a sandy beach, Almeida et al. (2017) on a gravel beach and Masselink et  
819 al. (2014) in laboratory experiments. The fieldwork case, i.e., the baseline model was  
820 set without tuning parameters and relying on default XBeach parameterizations,  
821 implemented solely based in data from previous fieldwork (e.g. bathymetry), local  
822 data published in the literature (e.g., offshore bed grain-size), empirical relations

823 (e.g. between grain-size and hydraulic conductivity) and wave modelling (SWAN  
824 model). This methodology is not, however, free of intrinsic and extrinsic errors,  
825 since there is significant inter- and intra-annual variability of bathymetry,  
826 topography and grain-size (e.g., Vila-Concejo et al., 2002; Matias et al., 2004) and  
827 empirical relations used in morphodynamic and wave modelling are also  
828 approximations to real physical conditions.

829 To evaluate the contribution of the several factors locally influencing overwash  
830 hydrodynamics based on modelling results, several case models were simulated  
831 with different ocean conditions and barrier variables, all within the natural  
832 variability of the area. The probability of joint distribution of wave height and period  
833 published in the literature was used to simulate overwash under more energetic and  
834 infrequent oceanographic conditions (the “waveplus” models). Results suggest that  
835 modelled overwash number is more sensitive to changes in the wave height than  
836 variations in wave period, which may be related to the limited range of wave heights  
837 and periods used for this simulation. For instance, laboratory measurements made  
838 by Matias et al. (2012) showed a significant increase of overwash frequency when  
839 the wave period was manipulated on controlled flume experiments. However, due  
840 to its NW-SE orientation (Figure 1), Barreta Island is not exposed to local sea  
841 conditions, which occur under SE winds and typical wave periods of 4-6 s, and only  
842 to SW swell waves trigger overwash events in this area. Therefore, overwash  
843 occurrence under the combination of high waves with shorter periods is not  
844 registered and hence not included in the current analysis.

845 Results show that fieldwork conditions, more frequent and within acceptable safety  
846 and logistic requirements, were relatively mild compared with the possible  
847 overwash magnitude with higher and longer period waves (Figure 13). According

848 to modelling results, oceanographic conditions with a probability of about 0.1 %,  
849 can induce overwash episodes 3-4 times more intense. The low frequency of these  
850 events and fieldwork safety restrictions under these extreme conditions limits the  
851 acquisition of field measurements for the conditions when modelled overwash  
852 velocities peak over  $8 \text{ ms}^{-1}$ . Even under relatively shallow flows, less than 1 m depth  
853 in the waveplus 9 case, these supercritical flows may discharge more  $7 \text{ m}^3\text{m}^{-1}\text{s}^{-1}$ ,  
854 which are beyond acceptable safety levels for people and instrument deployment on  
855 the coast. This means that future application of the baseline model to predict  
856 overwash occurrence and hydrodynamics will be more sensitive to uncertainties in  
857 the predictions of significant wave height, and less sensitive to uncertainties in  
858 predictions of peak wave period, considering the range of observed values the study  
859 area.

860 The ocean tidal level is a fundamental factor in the occurrence of overwash, and it is  
861 included in all runup equations, overwash empirical relations and numerical model  
862 predictions. However, the role of the lagoon tidal level in overwash hydrodynamics  
863 was not established in this area. The modelled cases “lagoon high” and “lagoon low”  
864 were set to cover positive and negative hydraulic gradients that did not occur during  
865 fieldwork (and are impossible to measure in the study area due to its present  
866 configuration, distance to the inlet, backbarrier tidal flat morphology, etc.), but that  
867 could produce relevant contrasting scenarios that enhance the insights that can be  
868 obtained from model simulations. Assuming that the model reproduces correctly  
869 the groundwater flows, results from this study suggest that the lagoon water  
870 elevation has little effect (less than 1%) on overwash hydrodynamics (Figure 13).  
871 Almeida et al. (2017) implementation of Xbeach model on a gravel barrier also  
872 found that groundwater gradients do not produce a significant difference in

873 modelled overwash discharges. This implies that in a data scarce situation, efforts  
874 to obtain accurate predictions or observations of lagoon tidal level are not as  
875 relevant as other parameters to enhance model performance.

876 The contribution of barrier morphological characteristics to overwash  
877 hydrodynamics was also evaluated in this study. Barrier topography, particularly  
878 barrier crest elevation but also beach slope, are critical factors that are included in  
879 all current methods to predict overwash. For example, the role of beach morphology  
880 was found to be crucial in modelling wave overtopping with XBeach by Phillips et al.  
881 (2017), in an area of North Wales, U.K., where exposure to coastal flooding hazards  
882 are significant. In our study, the nearshore bathymetry was also evaluated by setting  
883 the “nearshore model”, which was identical to the baseline model except for the  
884 bathymetry that was changed to the surveyed morphology that differs mostly from  
885 the baseline configuration and is characterized by a more pronounced nearshore  
886 bar. Results indicate an average difference of about 30% of overwash events, with  
887 the nearshore model inhibiting overwash (Figure 14). Based on these results, it was  
888 considered that the nearshore bar, particularly wave transformation and dissipation  
889 that occurs as waves propagate over the nearshore bar, is an important factor in  
890 overwash hydrodynamics. Nearshore morphological variability in this area is  
891 significant, given the detachment and longshore migration of swash bars from the  
892 updrift Ancão Inlet, and therefore accurate and updated bathymetry is paramount  
893 for model performance and accuracy.

894 Although the main sedimentary source to the study area is relatively constant  
895 (longshore drift and inlet associated dynamics), some sand grain-size variability has  
896 been observed in the area (Table 5; Matias et al., 2009). The impact on model results  
897 arising from realistic grain-size changes was tested by running the “coarser” and

898 “finer” grain-size models. The cases simulated are all within the same grain-size  
899 class, with a minimal distinction between medium and coarse sand. On average the  
900 coarser grain-size model promoted less overwash (-11% overwash events number  
901 and -8% discharge), than the baseline model. An intensification of overwash was  
902 recorded with the finer grain-size model. This means that there may be small to  
903 moderate overwash hydrodynamic changes in the study area induced solely by a  
904 relatively limited natural grain-size variability. Previous work in a longshore  
905 variable setting showed that 2D modelling can significantly increase model accuracy  
906 in case of complex bathymetric configurations (e.g. Lerma et al., 2017).

907

908

## 909 **8. CONCLUSION**

910 Data from an overwash episode in Barreta Island (Portugal) are presented in this  
911 study. The overwash episode occurred during mid-tide to high-tide (maximum  
912 oceanic tidal elevation of 0.9 m above MSL), with bimodal waves that resulted from  
913 the combination of swell waves with variable periods and heights. During this  
914 moderate energy event, overwash was not prevalent along most of the Ria Formosa  
915 barrier islands as wave runup was consistently lower than dune crest elevation.  
916 However, in the fieldwork study site (a low-lying barrier stretch) experienced more  
917 than 100 overwash events. Fieldwork observations, modelled nearshore wave  
918 spectra and published data on overwash dynamics in Barreta Island were used to  
919 setup XBeach in non-hydrostatic mode and develop a baseline model of overwash  
920 hydrodynamics. The baseline model was verified against field data, demonstrating  
921 a good agreement according to standard metrics for model performance (bias, RMSE



922 and SCI), with maximum errors of 20% to 25% error for different overwash  
923 variables. Overall, there was an 83% agreement between observed and predicted  
924 overwash episodes.

925 Using recent observations of hydrodynamic forcing and morphological changes for  
926 the area, a set of realistic scenarios was modelled to test the contribution of different  
927 variables for overwash hydrodynamics. Results indicate that the wave height is the  
928 factor that influenced model results the most (up to 400%), followed by the  
929 nearshore bathymetry (up to 30%) and to a lesser extend grain-size (up to 11%).  
930 The relatively small impact of some parameters considered crucial on runup and  
931 overwash, such as wave period, is due to the natural small range of realistic wave  
932 periods that are observed during storms in the study area. This implies that  
933 confidence in model predictions is mainly dependent on the quality of wave height  
934 and water level boundary conditions imposed on the model, as well as up-to-date  
935 barrier parameters, primarily the nearshore bathymetry and barrier configuration  
936 and also the grain-size.

937

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