

Article

Current preclinical testing of new hip replacement technologies does not reflect real world loadings: capturing patient-specific and activity-related variation in hip contact forces

Lunn, David E., De Pieri, Enrico, Chapman, Graham, Lund, Morten E., Redmond, Anthony C. and Ferguson, Stephen J.

Available at <http://clock.uclan.ac.uk/30325/>

Lunn, David E., De Pieri, Enrico, Chapman, Graham ORCID: 0000-0003-3983-6641, Lund, Morten E., Redmond, Anthony C. and Ferguson, Stephen J. (2019) Current preclinical testing of new hip replacement technologies does not reflect real world loadings: capturing patient-specific and activity-related variation in hip contact forces. The Journal of Arthroplasty . ISSN 0883-5403

It is advisable to refer to the publisher's version if you intend to cite from the work.

<http://dx.doi.org/10.1016/j.arth.2019.10.006>

For more information about UCLan's research in this area go to <http://www.uclan.ac.uk/researchgroups/> and search for <name of research Group>.

For information about Research generally at UCLan please go to <http://www.uclan.ac.uk/research/>

All outputs in CLoK are protected by Intellectual Property Rights law, including Copyright law. Copyright, IPR and Moral Rights for the works on this site are retained by the individual authors and/or other copyright owners. Terms and conditions for use of this material are defined in the <http://clock.uclan.ac.uk/policies/>

Journal Pre-proof

Current preclinical testing of new hip replacement technologies does not reflect real world loadings: capturing patient-specific and activity-related variation in hip contact forces

David E. Lunn, Enrico De Pieri, Graham J. Chapman, Morten E. Lund, Anthony C. Redmond, Stephen J. Ferguson

PII: S0883-5403(19)30940-4

DOI: <https://doi.org/10.1016/j.arth.2019.10.006>

Reference: YARTH 57561

To appear in: *The Journal of Arthroplasty*

Received Date: 2 August 2019

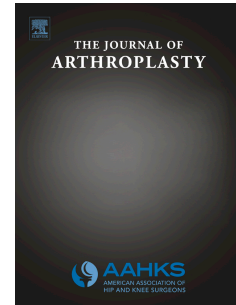
Revised Date: 29 August 2019

Accepted Date: 3 October 2019

Please cite this article as: Lunn DE, De Pieri E, Chapman GJ, Lund ME, Redmond AC, Ferguson SJ, Current preclinical testing of new hip replacement technologies does not reflect real world loadings: capturing patient-specific and activity-related variation in hip contact forces, *The Journal of Arthroplasty* (2019), doi: <https://doi.org/10.1016/j.arth.2019.10.006>.

This is a PDF file of an article that has undergone enhancements after acceptance, such as the addition of a cover page and metadata, and formatting for readability, but it is not yet the definitive version of record. This version will undergo additional copyediting, typesetting and review before it is published in its final form, but we are providing this version to give early visibility of the article. Please note that, during the production process, errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.

© 2019 Published by Elsevier Inc.



1 **Current preclinical testing of new hip replacement technologies does not**
2 **reflect real world loadings: capturing patient-specific and activity-related**
3 **variation in hip contact forces**

4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31

Journal Pre-proof

32 Abstract

33

34 **Background:** Total hip replacement (THR) implants are routinely tested for their tribological
35 performance through regulatory pre-clinical wear testing (e.g. ISO-14242). The standardized loading
36 conditions defined in these tests consist of simplified waveforms, which do not specifically represent
37 in vivo loads in different groups of patients. The aim of this study was to investigate, through
38 musculoskeletal modelling, patient-specific and activity-related variation in hip contact forces (HCFs)
39 in a large cohort of THR patients during common activities of daily living (ADLs).

40 **Methods:** 132 THR patients participated in a motion-capture analysis while performing different
41 ADLs, including walk, fast walk, stair ascent and descent (locomotor); sit-to-stand, stand-to-sit, squat
42 and lunge (non-locomotor). HCFs were then calculated using the AnyBody Modelling System and
43 qualitatively compared across all activities. The influence of gender on HCFs was analysed through
44 statistical parametric mapping (SPM) analysis.

45 **Results:** Systematic differences were found in HCF magnitudes and individual components in both
46 locomotor and non-locomotor ADLs. The qualitative analysis of the ADLs revealed a large range and
47 a large variability of forces experienced at the hip during different activities. Significant differences in
48 the three-dimensional loading patterns were observed between males and females across most
49 activities.

50 **Conclusions:** THR patients present a large variability in the forces experienced at the hip joint during
51 their daily life. The inter-patient variation might partially explain the heterogeneity observed in
52 implant survival rates. A more extensive pre-clinical implant testing standard, under clinically
53 relevant loading conditions has been advocated to better predict and avoid clinical wear problems.

54 **Keywords:** Total hip replacement, hip contact force, functional outcomes, activities of daily living,
55 biomechanics

56

57

58

59

60

61

62 Introduction

63 Total hip replacement (THR) is the most effective form of treatment for severe hip osteoarthritis [1-
64 3], reducing pain and restoring mobility in arthritic patients [4-6]. Monitoring of implant survivorship
65 revealed survival rates greater than 95% at ten years, but with this number falling to 58% after 25
66 years [7]. However the overall demand for THR is expected to increase in the future as a
67 consequence of a demographic shift towards an ageing population [8, 9].

68 The ever-improving survivorship of joint replacements is evidence of the important continued
69 innovation and improvement in implant design and surgical techniques, which has led to better
70 implant fixation options, improved wear performance, and reduction in peri- and post-operative
71 complication rates [2, 3]. The outcomes of novel implant design are not however always better than
72 for existing implants [10, 11]. Occasionally, innovation leads to unforeseen problems such as early
73 implant failure, as exemplified by the ASR hip implant, which failed because of higher than
74 anticipated wear between the two metal bearing surfaces [12-14]. One lesson to be learned from
75 the ASR was the differential in failure rates for population-level factors such as gender, which had
76 not been identified during preclinical testing but which resulted in significantly higher failure rates in
77 women for the ASR implant [15]. These demographic-dependent design shortcomings are not only
78 associated with frank and widespread early failures but can be observed, albeit more subtly, in
79 broader registry data, with younger patients and, in contrast to the ASR hip, male patients typically
80 having an increased lifetime risk of revision [16, 17]. It has also become apparent that different
81 implant combinations perform better in different patient groups [18]. While such information is
82 useful when gathered retrospectively and is well suited to monitoring performance of tried and
83 tested combinations such as metal on polyethylene bearings, it would be better to be able to predict
84 the likely outcomes of novel designs during any pre-clinical testing.

85 The majority of hip replacement failures are caused by wear [19] which is a consequence of load and
86 motion as determined by the amount and type of physical activity undertaken by the patient [20].
87 Additionally, different patient factors such as age, gender, weight, activity level and patient-specific
88 kinematic patterns have shown a correlation with wear [20-22]. Therefore the differential failures
89 due to wear are potentially predictable and testable.

90 Joint replacements are routinely tested for their tribological performance before being introduced to
91 the market by means of standardized tests [23]. Current regulatory pre-clinical testing standards,
92 such as the ISO 14242-1, define standardized loading conditions consisting of simplified and stylised
93 waveforms, which do not directly represent *in-vivo* loads and motion in different groups of patients.
94 The loading profile defined in the ISO 14242-1 pre-clinical testing standard is given in Figure 1. A

95 more extensive implant testing under clinically relevant loading conditions [23] has been suggested
96 to be warranted to predict and avoid clinical wear problems, which could have been better
97 anticipated in the case of the ASR implant system [14].

98 These deficiencies in preclinical testing have been highlighted when comparing the ISO 14242-1
99 testing waveforms to real world hip joint contact forces (HCFs) measured through instrumented
100 implants [24], particularly when comparing the ISO model to the larger and varied loading pattern
101 observed when performing real-world activities of daily living (ADLs) [25]. Due to the inherently
102 invasive nature of in vivo HCFs measurement via instrumented implants, data is only available for a
103 small number of patients and thus has not captured the variation which exists in larger populations.
104 Advances in computational techniques such as musculoskeletal modelling have shown potential for
105 estimating accurate HCFs non-invasively [26] and these techniques are much better suited to
106 describing the load variability observed in larger populations [27].

107 The aim of the current study was to explore differences in hip contact forces between patient groups
108 in a relatively large sample of hip replacement cases and to further investigate these differences
109 during a selection of the real-world ADLs to which a hip implant is typically exposed *in vivo*.

110 **Methods**

111 132 THR patients were recruited into the study through a clinical database of surgical cases as part
112 of the LifeLongJoints (LLJ) patients' cohort. Inclusion criteria for the hip replacement group were;
113 between 1-5 years THR post-surgery, older than 18 years of age, no lower limb joint replaced other
114 than hip joint(s), fully pain free and not suffering from any other orthopaedic or neurological
115 problem which may compromise gait. Ethical approval was obtained via the UK national NHS ethics
116 (IRAS) system and all participants provided informed, written consent.

117

118 ***Motion-capture data acquisition***

119 Patients undertook a series of ADLs during which lower-limb kinematics and kinetics were acquired
120 using a ten camera Vicon system (Vicon MX, Oxford Metrics, UK) sampling at 100Hz, integrated with
121 two force plates (AMTI, Watertown, MA, USA) capturing at 1000Hz. The CAST marker set was used
122 to track lower limb segments kinematics in six degrees of freedom. A more detailed description can
123 be found in [28]. For the THR group, the operated limb (or in bilateral cases, the most recently
124 operated limb) was used for analysis.

125

126 ***Patient characteristics***

127 This patient cohort has been previously shown to demonstrate a large variability in hip loadings
128 during gait, which were shown to be dependent on patient characteristics, particularly on BMI and
129 the patients' functional ability determined by their self-selected walking speed [27]. To further
130 investigate the load variability in this patients' cohort, we stratified the patients by gender, which
131 represents an important differentiator of implant survivorship. Patients were allowed to individually
132 exclude activities that they were not able to perform relatively comfortably. Patient demographics
133 for each activity are reported in Table 1.

134 **Activities of daily living**

135 The ADLs are grouped into two categories: locomotor tasks (walk, fast walk, stair ascent and stair
136 descent) and non-locomotor tasks (sit to stand, stand to sit, squat and lunge). Information regarding
137 the protocol of each task can be found at (<https://doi.org/10.5518/319>), while a brief description is
138 provided below.

139 **Walking tasks**

140 Patients undertook two walking conditions i) at a self-selected walking speed (hereafter referred to
141 as a normal walk) and ii) a fast walk, where patients were instructed to walk "as fast as possible
142 without running" along a 10m walkway. All trials were time-normalized from heel-strike (0%), to
143 heel strike (100%) and interpolated to 1% steps (101 points).

144 **Stair Negotiation**

145 Patients were asked to ascend and descend three steps at self-selected comfortable speed, without
146 the use of a handrail. The stair case was mounted and bolted to the force plates [29] to collect
147 ground reaction force data. All trials were time-normalized from foot-strike (0%), to foot-strike
148 (100%) and interpolated to 1% steps (101 points).

149 **Standing and Sitting**

150 During the sitting and standing trials, patients sat on a platform with the feet shoulder-width apart,
151 each foot positioned on a separate force plate in a fixed position. The seat height was matched to
152 the level the patient's tibial plateau. Patients were then asked to stand and return to a seated
153 position without use of the arms which were held out straight ahead, to avoid any occlusion of the
154 markers.

155 Lunge

156 Lunge was chosen to replicate relevant sports activities such as lawn green bowls and tennis.
157 Patients were asked to stand with both feet on one force plate and lunge forward, leading with the
158 study limb, onto the adjacent force plate return to standing.

159 Squat

160 Squatting or a variation of a squat is performed on a daily basis [30] and therefore is important to
161 assess. Patients were positioned with one foot on each force plate shoulder width apart, and were
162 asked to squat as low as comfortably possible with arms out in front of them to avoid marker
163 occlusion.

164 Data processing

165 All markers were labelled and gap-filled using the spline fill function in Vicon Nexus 2.5 (Vicon MX,
166 Oxford Metrics, UK), before the labelled marker coordinates and kinetic data were exported to
167 Visual 3D modelling software (C-motion, USA) for further analysis. Kinematic data were filtered using
168 a low-pass (6Hz) Butterworth filter. Ground reaction force (GRF) data were filtered using a low-pass
169 Butterworth filter (25Hz).

170 Musculoskeletal Modelling

171 Musculoskeletal simulations were performed using a commercially available software (AnyBody
172 Modeling System, Version 7.1, Aalborg, Denmark). A detailed musculoskeletal model of the lower
173 limb [26] based on a cadaveric dataset [31], was scaled to match the anthropometrics of each
174 patient based on marker data collected during a static trial [32]. Marker trajectories and GRF data
175 from each gait trial served as input to an inverse dynamics analysis, based on a third-order-
176 polynomial muscle recruitment criterion, to calculate muscle forces and HCFs. A total of 2148 trials
177 were processed and analyzed through the toolkit AnyPyTools [33]. The HCF components were
178 defined in a common femur-based reference frame [24] and averages for each patient during each
179 individual ADL were computed.

180 Hip contact force analysis

181 The mean resultant HCFs, with relative ranges of variation, predicted across this cohort were
182 qualitatively compared to measurements from instrumented implants reported in the Orthoload
183 database [34] for matching ADLs.

184 Mean resultant HCFs and their individual components, with associated 95% confidence intervals, are
185 also qualitatively compared across different ADLs and the peak values are reported.

186 Additionally, individual patients' loading profiles across activities were investigated and the data
187 from one representative low-functioning and one high-functioning patient were reported in relation
188 to the cohort as a whole. Functional level was defined by the self-selected gait speed as reported
189 previously [27, 28].

190 **Statistical Parametric Mapping (SPM) analysis**

191 The mean computed HCFs for each patient and activity were then normalized to each patient's body
192 mass. The normalized HCFs were analysed using Statistical Parametric Mapping (SPM, www.spm1D.org, v0.4). The three individual force components were regarded as a vector field, describing
193 the three-dimensional variation over time of the HCF vector trajectory. A two-sample Hotelling's T^2
194 test, the vectorial analog of a scalar t-test [35], was carried out to evaluate the influence of gender
195 on the contact forces. The use of vector field analysis takes into consideration covariance between
196 force components, thus reducing errors due to covariation bias. Technical details and practical
197 examples are provided elsewhere [35]. The output test statistic $SPM\{T^2\}$ was evaluated at each point
198 in the time series of each activity. Significance level was set at $\alpha=0.05$, and the corresponding T^{2*}
199 critical threshold was calculated based on the temporal smoothness of the input data through
200 Random Field Theory. Finally, the probability that similar suprathreshold regions would have
201 occurred from equally smooth random waveforms was calculated. Post-hoc scalar field t-tests were
202 also conducted using SPM on each force component separately, with Bonferroni-corrected
203 significance threshold levels set at $\alpha=0.05/3=0.017$. Only differences which were statistically
204 significant for more than 2% of the gait cycle are discussed.

206 **Results**

207 ***Hip contact forces during activities of daily living***

208 The predicted resultant contact forces for the new LLJ patients' cohort showed comparable trends
209 and mean absolute values with previous HCF data derived from the small-sample instrumented
210 prosthesis Orthoload studies for all the compared activities (Figure 2). Standing up from a chair
211 presented a lower peak HCF value compared to the patients fitted with instrumented prostheses,
212 although one of the instrumented implant patients was reported to have confounding contralateral
213 hip pain. Stair ascent and descent showed similar trends and peak values, although with a shift in the
214 temporal frame. The ranges of variation of the predicted HCF were generally wider, particularly for
215 the locomotive activities, as might be expected from a larger cohort of patients.

216 The comparison of individual force components across ADLs (Figure 3) reveals qualitative differences
217 between the waveform profiles. The different locomotive tasks (Figure 3a) show higher resultant
218 mean peak values for fast walk (3086.1N), stair ascent (2822.7N), and stair descent (2897.5N)
219 compared to level walking (2449.1N). Additionally, stair ascent and descent demonstrated an
220 extended and higher HCF from heel strike to toe off compared to level walking, while fast walking in
221 our cohort is characterized by a more pronounced excursion in HCF magnitude, with higher peak
222 values and a lower force during mid-stance. Similar trends emerged for the proximo-distal
223 component (Figure 3b). Fast walk and stair ascent present mean peak medial forces approximately
224 25% higher compared to level walking and stair descent (Figure 3d). Similarly, fast walk and stair
225 ascent HCF are also characterized by a concurrent higher peak posterior force compared to level
226 walking, while stair descent present an extended posterior load throughout the loaded phase (Figure
227 3c).

228 The larger kinematic variability of the non-locomotive tasks translated in more evident waveform
229 differences in the contact forces. Lunge, as the only activity that creates an intentional asymmetry in
230 the load distribution between the two limbs, yielded a higher resultant HCF, with a mean peak value
231 of 2506.1N, compared to squat (1694.4N), stand up (1280.4N) and sit down (1247.2N) (Figure 3e).
232 The same trend could be observed for the proximo-distal and medio-lateral force components.
233 Lunges also result in a peak posterior force that is approximately three times higher than the other
234 activities (Figure 3g).

235 ***Hip contact forces stratified by gender***

236 The vector-field analysis of HCF revealed significant differences between male and female patients
237 during all locomotive activities, as well as sit down and stand up from a chair (Figure 4). During
238 walking, significant differences of up to $0.49 \cdot BW$ higher in males were observed between 5–14%,
239 28–44%, 57–72%, and 91–96% of the walking cycle. For fast walking, significant differences of up to
240 $0.56 \cdot BW$ greater in males were observed between 6–16%, 58–69%, and 90–96% of the walking
241 cycle, while stair descent presented significant differences (up to $0.28 \cdot BW$ higher in females)
242 between 25–31% of the activity. Despite males and females presenting similar HCF magnitudes
243 during stair ascent, the vector-field analysis also revealed significant differences between 43–57% of
244 the stair ascent cycle in the order of $0.46 \cdot BW$, indicating that differences between male and females
245 exist in the three-dimensional trajectory of the force vector (Figure 4c). The test statistics continuum
246 $SPM\{T^2\}$ obtained from the vector-field analysis, as well as the full results of the post-hoc t-tests for
247 the individual force components, are reported for each activity as supplementary material (Figure
248 A1-A8).

249

250 **Discussion**

251 This study has highlighted the general variability in the magnitudes and patterns of hip loading that
252 might be expected in larger cohort and has identified statistically significant and clinically meaningful
253 differences between males and females following THR, across a range of ADLs. The large inter-
254 patient variability might, in vivo, be expected to lead to differing amounts of wear and differing
255 failure rates in sub groups of patients undergoing hip replacement. Full datasets for one
256 representative high functioning patient and one lower functioning patient, demonstrating this
257 variability are available at <https://doi.org/10.5518/319>. Previous studies have demonstrated that
258 applications of musculoskeletal models can be used to reliably predict contact forces for a large
259 cohort of patients during gait [26, 27]. It was previously shown that different patient characteristics
260 influence both kinematics [28] and loads experienced at hip [27], with patient's overall functionality
261 being a highly influential factor in determining variability in kinematics and kinetics during gait. The
262 present study has also further illustrated the comparability of the computational modelling
263 approach to the Orthoload dataset across five additional ADLs.

264 It is worth noting however that our methods do have number of limitations which are inherent when
265 using computational modelling. The HCFs predicted in this study were obtained from scaled generic
266 models and a certain level of error in the prediction of forces might persist, due to uncertainty in
267 marker positioning [32] and lack of subject-specific anthropometric imaging data [36]. Additionally,
268 scaled generic models do not account fully for anatomical differences between genders [37] or
269 patient specific implant measures, which could have improved the models' predictions [38].

270 We found significant differences between males and females in HCFs normalized by body weight
271 across all locomotor activities as well as sit down and stand up from a chair. Differences in the HCF
272 vectorial trajectories indicate that there are functional differences between the two patient groups.
273 The different three-dimensional loading pattern, combined with different absolute load magnitudes,
274 which can be expected in association with weight differences between genders, could affect the
275 implant behaviour and play a role in differing implant survival rates particularly in younger male and
276 female patients. It is notable that while there are gender related differences in risk of revision for
277 people undergoing surgery up to the age of 75 years [16], the risk is comparable between for
278 patients older than 79 years old, suggesting that failure rates are not constant and probably depend
279 on a combination of factors, such as patient-specific kinematics [22, 39]. This lack of clear
280 understanding is highlighted in the failure rates for ASR implants which were unexpectedly higher in

281 females [15]. One way to predict how these patient-level factors might affect outcomes would be
282 through more representative pre-clinical testing. The current standardization of pre-clinical wear
283 tests does not allow any assessment of the influences that inter-patient variability, specifically in
284 terms of loading, would have on the implant performance *in vivo*.

285 The analyses of the ADLs have revealed a large range and a large variability of forces experienced at
286 the hip during locomotor and non-locomotor activities. During the locomotive activities (walk, fast
287 walk and stair negotiation), there were similarities in the waveform shapes. During the non-
288 locomotive ADLs (lunge, sit to stand, stand to sit, and squat) the waveform of the resultant force
289 was, as expected, different to the locomotive activities exhibiting a more uni-modal and less
290 dynamic loading pattern. Additionally, the individual force components also displayed large
291 differences across activities. Higher posterior loads throughout the weight bearing phase of the
292 activity characterize stair descent when compared to other locomotive activities, and these would
293 be expected to alter the 3-dimensional loading pattern at the bearing surface and potentially lead to
294 different wear behaviour. These differences are profound when comparing individual activities and
295 they could potentially be magnified when considering the much greater variety of activities that the
296 wider THR population engages in [40, 41]. Including contrived ADLs or adverse loading conditions in
297 pre-clinical wear tests has previously produced higher levels of wear [42, 43], and the interaction
298 between patient kinematics and surgical factors such as cup placement [44], has demonstrated that
299 wear is a multifactorial phenomenon. The complexity of the interplay between all these factors,
300 would be better explored through more extensive testing of implant performance, particularly under
301 more demanding and clinically relevant conditions such as multiple ADLs [23, 25].

302 Our data has shown large patient-specific and activity-related variations in the forces experienced at
303 the hip joint, which differ from the standardized loading waveform currently used in pre-clinical
304 testing standards, such as ISO 14242-1. Pre-clinical testing of implants and other orthopaedic
305 implants has come under scrutiny lately both from within the industry, with initiatives such as
306 Beyond Compliance (<https://www.beyondcompliance.org.uk/>), and through external pressures, such
307 as the recent release of papers by the International Consortium of Investigative Journalists (ref
308 <https://www.icij.org/investigations/implant-files/>). While more evidence is required to confirm
309 whether using representative waveforms would produce more realistic wear patterns compared to
310 retrievals, [45] further debate about the suitability of current standards is warranted. Future testing
311 protocols should also consider other *in vivo* loading conditions not studied in the current cohort such
312 as microseparation [46] edge loading or adverse events [23], which could be incorporated into

313 computational models. In the interim using more realistic loading waveforms, such as the ones
314 identified in this work for pre-clinical hardware simulation would be a progressive step.

315 To conclude, the LLJ cohort has shown that the testing of hip implants under the current required
316 standard of ISO 14242 does not represent accurately the in vivo loads, even under a limited set of
317 activities of daily living. There is a case that implant industry could be more demanding in its
318 requirements for pre-clinical testing prior to introducing a new implant to market and further work is
319 obviously needed to explore the consequences of the altered loading patterns on wear and
320 ultimately the success or otherwise of a hip replacement. As a first step the motion-capture dataset
321 underpinning this and related studies is available as a public repository at
322 <https://doi.org/10.5518/319>, while the associated musculoskeletal models can be obtained through
323 Zenodo.org under the DOI, DOI:10.5281/zenodo.1254286

324 **Appendices**

325 Full results of the post-hoc t-tests for the individual force components, are reported for each activity
326 as supplementary material (Figure A1-A8).

327

328 **Role of the funding source**

329 The funding source had no role in the study design, collection, analysis and interpretation of the
330 data; in the writing of the manuscript; or in the decision to submit the manuscript for publication.

331

332

333

334

335

336

337

338 **References**

339 [1] Learmonth ID, Young C, Rorabeck C. The operation of the century: total hip replacement. *Lancet*
340 (London, England) 2007;370(9597): 1508

- 341 [2] Pivec R, Johnson AJ, Mears SC, Mont MA. Hip arthroplasty. *Lancet* (London, England)
342 2012;380(9855): 1768
- 343 [3] Zagra L. Advances in hip arthroplasty surgery: what is justified? *EFORT open reviews* 2017;2(5):
344 171
- 345 [4] Ethgen O, Bruyere O, Richy F, Dardennes C, Reginster JY. Health-related quality of life in total hip
346 and total knee arthroplasty. A qualitative and systematic review of the literature. *The Journal of*
347 *bone and joint surgery American volume* 2004;86-a(5): 963
- 348 [5] Rasanen P, Paavolainen P, Sintonen H, Koivisto AM, Blom M, Ryyanen OP, Roine RP.
349 Effectiveness of hip or knee replacement surgery in terms of quality-adjusted life years and costs.
350 *Acta orthopaedica* 2007;78(1): 108
- 351 [6] Mariconda M, Galasso O, Costa GG, Recano P, Cerbasi S. Quality of life and functionality after
352 total hip arthroplasty: a long-term follow-up study. *BMC musculoskeletal disorders* 2011;12: 222
- 353 [7] Evans JT, Evans JP, Walker RW, Blom AW, Whitehouse MR, Sayers A. How long does a hip
354 replacement last? A systematic review and meta-analysis of case series and national registry reports
355 with more than 15 years of follow-up. *The Lancet* 2019;393(10172): 647
- 356 [8] Kurtz S, Ong K, Lau E, Mowat F, Halpern M. Projections of primary and revision hip and knee
357 arthroplasty in the United States from 2005 to 2030. *The Journal of bone and joint surgery American*
358 *volume* 2007;89(4): 780
- 359 [9] Culliford D, Maskell J, Judge A, Cooper C, Prieto-Alhambra D, Arden NK. Future projections of
360 total hip and knee arthroplasty in the UK: results from the UK Clinical Practice Research Datalink.
361 *Osteoarthritis Cartilage* 2015;23(4): 594
- 362 [10] López-López JA, Humphriss RL, Beswick AD, Thom HHZ, Hunt LP, Burston A, Fawsitt CG,
363 Hollingworth W, Higgins JPT, Welton NJ, Blom AW, Marques EMR. Choice of implant combinations in
364 total hip replacement: systematic review and network meta-analysis. *BMJ* 2017;359
- 365 [11] Nieuwenhuijse MJ, Nelissen RGHH, Schoones JW, Sedrakyan A. Appraisal of evidence base for
366 introduction of new implants in hip and knee replacement: a systematic review of five widely used
367 device technologies. *BMJ : British Medical Journal* 2014;349: g5133
- 368 [12] Hart AJ, Muirhead-Allwood S, Porter M, Matthies A, Ilo K, Maggiore P, Underwood R, Cann P,
369 Cobb J, Skinner JA. Which factors determine the wear rate of large-diameter metal-on-metal hip
370 replacements? Multivariate analysis of two hundred and seventy-six components. *The Journal of*
371 *bone and joint surgery American volume* 2013;95(8): 678
- 372 [13] Hart AJ, Sabah SA, Henckel J, Lloyd G, Skinner JA. Lessons learnt from metal-on-metal hip
373 arthroplasties will lead to safer innovation for all medical devices. *Hip international : the journal of*
374 *clinical and experimental research on hip pathology and therapy* 2015;25(4): 347

- 375 [14] Medley JB. Can physical joint simulators be used to anticipate clinical wear problems of new
376 joint replacement implants prior to market release? Proceedings of the Institution of Mechanical
377 Engineers Part H, Journal of engineering in medicine 2016;230(5): 347
- 378 [15] Langton DJ, Jameson SS, Joyce TJ, Hallab NJ, Natu S, Nargol AV. Early failure of metal-on-metal
379 bearings in hip resurfacing and large-diameter total hip replacement: A consequence of excess wear.
380 J Bone Joint Surg Br 2010;92(1): 38
- 381 [16] Bayliss LE, Culliford D, Monk AP, Glyn-Jones S, Prieto-Alhambra D, Judge A, Cooper C, Carr AJ,
382 Arden NK, Beard DJ, Price AJ. The effect of patient age at intervention on risk of implant revision
383 after total replacement of the hip or knee: a population-based cohort study. The Lancet;389(10077):
384 1424
- 385 [17] Towle KM, Monnot AD. An Assessment of Gender-Specific Risk of Implant Revision After Primary
386 Total Hip Arthroplasty: A Systematic Review and Meta-analysis. The Journal of Arthroplasty
387 2016;31(12): 2941
- 388 [18] Fawsitt CG, Thom HHZ, Hunt LP, Nemes S, Blom AW, Welton NJ, Hollingworth W, López-López
389 JA, Beswick AD, Burston A, Rolfson O, Garellick G, Marques EMR. Choice of Prosthetic Implant
390 Combinations in Total Hip Replacement: Cost-Effectiveness Analysis Using UK and Swedish Hip Joint
391 Registries Data. Value in Health 2018
- 392 [19] Sadoghi P, Liebensteiner M, Agreiter M, Leithner A, Bohler N, Labek G. Revision surgery after
393 total joint arthroplasty: a complication-based analysis using worldwide arthroplasty registers. J
394 Arthroplasty 2013;28(8): 1329
- 395 [20] Schmalzried TP, Shepherd EF, Dorey FJ, Jackson WO, dela Rosa M, Fa'vae F, McKellop HA,
396 McClung CD, Martell J, Moreland JR, Amstutz HC. The John Charnley Award. Wear is a function of
397 use, not time. Clinical orthopaedics and related research 2000 (381): 36
- 398 [21] Schmalzried TP, Huk OL. Patient Factors and Wear in Total Hip Arthroplasty. Clinical
399 Orthopaedics and Related Research® 2004;418: 94
- 400 [22] Ardestani MM, Amenabar Edwards PP, Wimmer MA. Prediction of Polyethylene Wear Rates
401 from Gait Biomechanics and Implant Positioning in Total Hip Replacement. Clinical orthopaedics and
402 related research 2017;475(8): 2027
- 403 [23] Fisher J. A stratified approach to pre-clinical tribological evaluation of joint replacements
404 representing a wider range of clinical conditions advancing beyond the current standard. Faraday
405 discussions 2012;156: 59
- 406 [24] Bergmann G, Bender A, Dymke J, Duda G, Damm P. Standardized Loads Acting in Hip Implants.
407 PLOS ONE 2016;11(5): e0155612

- 408 [25] Fabry C, Herrmann S, Kaehler M, Woernle C, Bader R. Generation of Physiological Movement
409 and Loading Parameter Sets for Preclinical Testing of Total Hip Replacements With Regard to
410 Frequent Daily Life Activities. *Bone & Joint Journal Orthopaedic Proceedings Supplement*
411 2013;95(SUPP 15): 194
- 412 [26] De Pieri E, Lund ME, Gopalakrishnan A, Rasmussen KP, Lunn DE, Ferguson SJ. Refining muscle
413 geometry and wrapping in the TLEM 2 model for improved hip contact force prediction. *PLOS ONE*
414 2018;13(9): e0204109
- 415 [27] De Pieri E, Lunn DE, Chapman GJ, Rasmussen KP, Ferguson SJ, Redmond AC. Patient
416 Characteristics Affect Hip Contact Forces during Gait. *Osteoarthritis and Cartilage* 2019
- 417 [28] Lunn DE, Chapman GJ, Redmond AC. Hip kinematics and kinetics in total hip replacement
418 patients stratified by age and functional capacity. *Journal of Biomechanics* 2019
- 419 [29] Della Croce U, Bonato P. A novel design for an instrumented stairway. *J Biomech* 2007;40(3):
420 702
- 421 [30] MULHOLLAND SJ, WYSS UP. Activities of daily living in non-Western cultures: range of motion
422 requirements for hip and knee joint implants. *International Journal of Rehabilitation Research*
423 2001;24(3): 191
- 424 [31] Carbone V, Fluit R, Pellikaan P, van der Krogt MM, Janssen D, Damsgaard M, Vigneron L, Feilkas
425 T, Koopman HF, Verdonschot N. TLEM 2.0 - a comprehensive musculoskeletal geometry dataset for
426 subject-specific modeling of lower extremity. *J Biomech* 2015;48(5): 734
- 427 [32] Lund ME, Andersen MS, de Zee M, Rasmussen J. Scaling of musculoskeletal models from static
428 and dynamic trials. *International Biomechanics* 2015;2(1): 1
- 429 [33] Lund ME, Rasmussen J, Andersen M. AnyPyTools: A Python package for reproducible research
430 with the AnyBody Modeling System. *The Journal of Open Source Software* 2019;4: 1108
- 431 [34] Bergmann G, Deuretzbacher G, Heller M, Graichen F, Rohlmann A, Strauss J, Duda GN. Hip
432 contact forces and gait patterns from routine activities. *Journal of Biomechanics* 2001;34(7): 859
- 433 [35] Pataky TC, Robinson MA, Vanrenterghem J. Vector field statistical analysis of kinematic and
434 force trajectories. *J Biomech* 2013;46(14): 2394
- 435 [36] Andersen MS, Mellon S, Grammatopoulos G, Gill HS. Evaluation of the accuracy of three popular
436 regression equations for hip joint centre estimation using computerised tomography measurements
437 for metal-on-metal hip resurfacing arthroplasty patients. *Gait & posture* 2013;38(4): 1044
- 438 [37] Kepple TM, Sommer Iii HJ, Siegel KL, Stanhope SJ. A three-dimensional musculoskeletal
439 database for the lower extremities. *Journal of Biomechanics* 1997;31(1): 77

- 440 [38] Ding Z, Tsang CK, Nolte D, Kedgley AE, Bull AM. Improving musculoskeletal model scaling using
441 an anatomical atlas: the importance of gender and anthropometric similarity to quantify joint
442 reaction forces. *IEEE transactions on bio-medical engineering* 2019
- 443 [39] Foucher KC, Hurwitz DE, Wimmer MA. Relative importance of gait vs. joint positioning on hip
444 contact forces after total hip replacement. *Journal of orthopaedic research : official publication of*
445 *the Orthopaedic Research Society* 2009;27(12): 1576
- 446 [40] Zietz C, Fabry C, Reinders J, Dammer R, Kretzer JP, Bader R, Sonntag R. Wear testing of total hip
447 replacements under severe conditions. *Expert Review of Medical Devices* 2015;12(4): 393
- 448 [41] Morlock M, Schneider E, Bluhm A, Vollmer M, Bergmann G, Müller V, Honl M. Duration and
449 frequency of every day activities in total hip patients. *Journal of Biomechanics* 2001;34(7): 873
- 450 [42] Bowsher JG, Hussain A, Williams PA, Shelton JC. Metal-on-metal hip simulator study of
451 increased wear particle surface area due to 'severe' patient activity. *Proceedings of the Institution of*
452 *Mechanical Engineers Part H, Journal of engineering in medicine* 2006;220(2): 279
- 453 [43] Williams S, Jalali-Vahid D, Brockett C, Jin Z, Stone MH, Ingham E, Fisher J. Effect of swing phase
454 load on metal-on-metal hip lubrication, friction and wear. *Journal of Biomechanics* 2006;39(12):
455 2274
- 456 [44] Mellon SJ, Grammatopoulos G, Andersen MS, Pegg EC, Pandit HG, Murray DW, Gill HS.
457 Individual motion patterns during gait and sit-to-stand contribute to edge-loading risk in metal-on-
458 metal hip resurfacing. *Proceedings of the Institution of Mechanical Engineers Part H, Journal of*
459 *engineering in medicine* 2013;227(7): 799
- 460 [45] Walter WL, Insley GM, Walter WK, Tuke MA. Edge loading in third generation alumina ceramic-
461 on-ceramic bearings: stripe wear. *The Journal of arthroplasty* 2004;19(4): 402
- 462 [46] Partridge S, Tipper JL, Al-Hajjar M, Isaac GH, Fisher J, Williams S. Evaluation of a new
463 methodology to simulate damage and wear of polyethylene hip replacements subjected to edge
464 loading in hip simulator testing. *Journal of Biomedical Materials Research Part B: Applied*
465 *Biomaterials* 2018;106(4): 1456

466

467

468

469

470 **Tables**

471

472 Table 1: Patient demographics for each activity of daily living. Values are reported as mean (SD)
 473 unless otherwise stated

	No. Patients	Body Mass [kg]	Height [cm]	BMI [kg/m ²]	Male/ Female	Age (y)	Years since THR
Walk	132	78.10(12.79)	166.28 (8.40)	28.20 (3.85)	66/66	71.62(7.61)	2.80(1.42)
Fast	117	78.59(12.81)	167.36 (8.08)	27.99 (3.71)	62/55	70.56(7.31)	2.84(1.43)
Ascent	49	80.13(13.81)	167.55 (9.37)	28.50(4.03)	28/21	69.90(7.70)	3.00 (1.47)
Descent	47	79.87(14.12)	168.01 (9.34)	28.22(3.92)	28/19	70.00(7.87)	3.09 (1.46)
Sit	131	78.08(12.83)	166.25 (8.42)	28.20(3.86)	65/66	71.57(7.61)	2.82 (1.42)
Stand	131	78.08(12.83)	166.25 (8.42)	28.20(3.86)	65/66	71.57(7.61)	2.82 (1.42)
Squat	34	78.45(11.80)	169.74 (6.23)	27.20(3.60)	23/11	67.24(6.28)	3.18 (1.59)
Lunge	35	75.89(11.64)	167.23 (6.41)	27.09(3.53)	22/13	70.29(6.85)	2.57(1.58)

474

