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26

27 **Episodic Vestibular Symptoms in Children with a Congenital Cytomegalovirus**

28 **Infection: A Case Series**

29 **ABSTRACT**

30 **Objective:** Congenital cytomegalovirus (cCMV) infection is the most common non-genetic  
31 cause of sensorineural hearing loss in children. Although cCMV-induced vestibular loss is  
32 demonstrated in several studies, the occurrence of vertigo has been described in only two cases  
33 to date. The aim of this paper is to discuss the underlying pathophysiology of recurrent  
34 vestibular symptoms in children with cCMV, based on five cases investigated in our center and  
35 an extensive research of the literature.

36 **Study Design:** Retrospective case series.

37 **Setting:** Tertiary referral center.

38 **Patients:** This case series describes five pediatric cCMV-patients (three boys, two girls). Four  
39 of them were symptomatic at birth, one was asymptomatic. Three patients underwent cochlear  
40 implantation. The age of onset of the vestibular symptoms varied from 2;0 to 7;3 years of age.

41 **Intervention:** None

42 **Main Outcome Measures:** Details about the patient history and results of cranial imaging,  
43 audiological, vestibular and neurological assessments were collected retrospectively.

44 **Results:** The selected cases suffered from recurrent vestibular symptoms. All patients had  
45 delayed onset, fluctuating and/or progressive hearing loss. In all cases, the attacks were  
46 accompanied with nausea and vomiting and occurred without clear-cut trigger. Migraine and  
47 epilepsy often were proposed as first diagnosis, although they could not be confirmed  
48 eventually. Four out of five patients were diagnosed with a peripheral vestibular deficit.

49 **Conclusions:** Diagnosis of vestibular symptoms in children with cCMV is complex, given the  
50 multiple morbidities than can occur. Peripheral vestibular causes should be considered in the  
51 diagnosis, as important vestibular deficits are demonstrated in this population.

52

### 53 **KEYWORDS**

54 Congenital cytomegalovirus infection; vomiting; vestibular; episode; vertigo; recurrent;  
55 children.

56

### 57 **1. INTRODUCTION**

58 Cytomegalovirus infection is the most common viral congenital infection and a major cause of  
59 neurodevelopmental delay in children. In industrialized countries, the overall birth prevalence  
60 is 0.64% (1). Only one third of children with a congenital cytomegalovirus (cCMV) infection  
61 show clinical symptoms at birth, but all are at risk for long-term sequelae (2). Sensorineural  
62 hearing loss (SNHL) is the most common sequel of cCMV-infection, affecting 63% of the  
63 symptomatic and 8% of the asymptomatic children and leading to cochlear implantation (CI)  
64 in about 6% of the cCMV-patients, as described by Goderis et al. (2). They also reported that  
65 cCMV-related SNHL, which is characterized by its unstable nature with possible fluctuations  
66 or progression, occurs with delayed onset in 9% of all cCMV-patients.

67 cCMV-related vestibular loss was described in 50 to 96% of the hearing-impaired and 7 to 80%  
68 of the normal-hearing cCMV-patients (3-6). These broad ranges are due to high variability in  
69 subject groups and study designs between studies. Progression of cCMV-related vestibular  
70 impairment was shown by Bernard et al. (5) in 50% of the longitudinally followed patients and  
71 also described in isolated cases by others (7,8). Besides these sporadic reports, little is known

72 about the phenotype and characteristics (onset, evolution, etc.) of the cCMV-related vestibular  
73 deficits (3-7,9). Nevertheless, it is plausible that vestibular loss due to cCMV not necessarily  
74 results in typical vestibular symptoms such as vertigo, dizziness and nausea. Congenital or  
75 bilateral impairment, or steady deterioration of the vestibular function will be reflected in the  
76 child's motor development, rather than evoke acute symptoms (5,10).

77 However, during the past few years, several cCMV-patients did consult our center in the context  
78 of recurrent vestibular symptoms. To our knowledge, episodic vertigo in cCMV was reported  
79 in only two patients to date. Weiss and Ronis (11) were the first to report vestibular symptoms  
80 in a 19-year-old symptomatic cCMV-patient and attributed the symptoms to the development  
81 of postinflammatory hydrops. The second patient was a 4-year-old symptomatic patient,  
82 described in a case series of Huygen and Admiraal (8) about cCMV-related delayed  
83 endolymphatic hydrops.

84 This study is the first to describe a series of five pediatric cases with cCMV, suffering from  
85 episodic vestibular complaints. The aim of this paper is to report on the phenotype of episodic  
86 vertigo in relation with cCMV and to gain more insight in the underlying pathophysiology of  
87 recurrent vestibular symptoms in pediatric cCMV-patients, based on systematic and detailed  
88 report of these five cases and extensive literature research. It is intended to discuss the hydrops-  
89 hypothesis of Weiss and Ronis (11) and Huygen and Admiraal (8) in the light of more recent  
90 findings in literature and to propose other plausible causes that should be considered in the  
91 differential diagnosis.

92

## 93 **2. MATERIALS AND METHODS**

### 94 **2.1. Subjects**

95 We selected all patients investigated at our center, meeting following three criteria:

96 Firstly, patients had to be diagnosed with cCMV. In our center, children ‘at risk’ for cCMV-  
97 infection (e.g. because of a known maternal seroconversion during pregnancy) are routinely  
98 tested for cCMV by virus isolation or polymerase chain reaction on a urine sample taken within  
99 the first 2 weeks of life. Children diagnosed with cCMV are then subjected to an extensive test  
100 battery including physical neurological evaluation, cranial imaging, blood tests and  
101 ophthalmologic and hearing assessment. In case of abnormalities on one of these neonatal  
102 examinations, the child is defined symptomatic. All others are considered asymptomatic.  
103 Antiviral treatment is proposed in symptomatic patients, with the exception of those with  
104 bilateral profound SNHL as the only symptom.

105 Secondly, patients had to suffer from vestibular symptoms. However, the detection of vestibular  
106 symptoms in young children can be very challenging, as they may lack appropriate vocabulary  
107 or experience to express abnormal sensations. Therefore, this paper focused on patients  
108 presenting with clearly detectable clinical symptoms. Although not exclusively characteristic  
109 for vestibular disorders, vomiting was the predetermined requirement for inclusion. This was  
110 considered the only symptom that could unambiguously be reported by the parents. However,  
111 it should be noted that patients only turned to our service in case other vestibular symptoms  
112 (such as vertigo, instability) accompanied the vomiting.

113 Thirdly, the vestibular symptoms had to be recurrent, which we defined as having at least two  
114 episodes of malaise.

## 115 **2.2.Data collection**

116 The study was approved by the Ghent University Hospital Ethics Committee. Informed  
117 consents were obtained from the parents. Details about the patient history and results of cranial  
118 imaging, audiological, vestibular and neurological assessments were collected retrospectively.

## 119 **2.3.Vestibular assessment**

120 Tympanometry (226Hz oto-admittance) was conducted preceding the vestibular assessment to  
121 evaluate the middle ear status.

### 122 *(video) Head Impulse Test – (v)HIT*

123 The high-frequency semicircular canal function was evaluated through the Head Impulse Test  
124 (HIT), which can be performed subjectively (with the naked eye, HIT) or objectively (with  
125 video-registration, vHIT). In both settings, the stimulus was nearly the same: the subject's head  
126 was rotated in the plane of the tested canal. For each HIT maneuver, an amplitude between 10°  
127 to 20° and a peak velocity above 120°/s for the vertical and 150°/s for the lateral canals was  
128 pursued. Video Head Impulse Testing (version III, Synapsys Ulmer, Marseille, France) leads  
129 to several response parameters, of which we compared the VOR gain, asymmetry and ratio of  
130 corrective saccades to our center-specific normative values. Details about the test setup are  
131 outlined in Dhondt et al. (12).

### 132 *Rotatory test*

133 Mid-frequency horizontal semicircular canal function was examined with the rotatory test.  
134 Children were seated in a rotatory chair (version 1.70; Toennies Nystagliner, Höchberg,  
135 Germany) in a completely darkened room. Older children were fastened to the chair with a  
136 safety belt and the head stabilized in a head rest, younger children sat on their parent's lap, with  
137 the head manually fixated by the parent. Ag/AgCl electrodes were placed bitemporally with a  
138 ground electrode on the forehead to register horizontal eye movements. A monocular infra- and  
139 supraorbital electrode placement was adopted to monitor eye blinks exclusively. To maintain  
140 alertness during rotation, children were stimulated to perform mental tasks (e.g. singing, talking  
141 about hobbies, etc.). A sinusoidal harmonic acceleration stimulus was used at the frequencies  
142 0.01, 0.05, and 0.1Hz with a peak velocity of 50 degrees/s. Response parameters gain, phase,  
143 and asymmetry were compared to our age-appropriate normative data, published by Maes et al.  
144 (13).

145            *Caloric test*

146    The caloric test was used to evaluate low-frequency horizontal semicircular canal function.  
147    Subjects were placed in supine position with the head elevated 30°. Tests were performed in a  
148    semidarkened room with eyes open, wearing video goggles. For electronystagmographic  
149    (ENG) recording, the same electrode positioning as for the rotatory test was adopted. Subjects  
150    were again asked to perform mental tasks. Water irrigations were performed with the  
151    Variotherm Plus (Atmos, Medizin Technik, Lenzkirch, Germany). Temperatures of 30°C and  
152    44°C, a volume of 250 ml, and irrigation duration of 45 seconds were used. The full canalogram  
153    with four irrigations was pursued, but some patients only tolerated the cool irrigations. Only  
154    unilateral weakness (UW) was interpreted as response parameter, using the Jongkees' criterion.  
155    UW above 18% was considered significant (14). However, patients with significant (>18%)  
156    UW in this study had values even above 25%.

157            *Cervical Vestibular Evoked Myogenic Potentials – cVEMP*

158    Saccular function was examined with the cVEMP. The child was lying down and stimulated to  
159    rotate the head sideward using a video screen or toys. Background electromyographic (EMG)  
160    activity was monitored visually and recorded with a commercial system (Bio-Logic Navigator-  
161    Pro platform, Mundelein, Illinois) using self-adhesive electrodes, with the noninverting  
162    electrodes placed at the midpoint of the sternocleidomastoid muscles, the inverting electrode  
163    on the sternoclavicular junction, and the ground electrode on the forehead. Bone conducted  
164    linear 500Hz tone bursts (1-2-1ms) were presented at an intensity of 59 dBnHL and a 5Hz  
165    stimulus repetition rate. The EMG-signals were amplified (5000 times) and band-pass filtered  
166    (10 to 1500Hz). Because of the children's young age, cVEMP-responses were interpreted as  
167    on/off-phenomena, without evaluation of response parameters.

168            *Ocular Vestibular Evoked Myogenic Potentials – oVEMP*



169 The oVEMP-test provided information on the utricular function. While lying down, the child  
170 was stimulated to maintain an upward gaze of 30° by displaying an attractive visual target.  
171 EMG-activity was recorded (Bio-Logic Navigator-Pro platform, Mundelein, Illinois) using  
172 self-adhesive electrodes in ‘nose position’ configuration, described by Vanspauwen et al. (15)  
173 and Leyssens et al. (16). The active electrodes were placed just below the lateral canthus and  
174 on the inferior oblique muscle, the reference electrodes were placed close to the medial canthus  
175 on the nose and the ground electrode on the forehead. Air-conducted 500Hz tone bursts (1-4-  
176 1ms) with an intensity of 95 dBnHL, a stimulus rate of 5.1Hz and a total of 100 stimulus  
177 repetitions were delivered by insert earphones. Stimuli were delivered monaurally and  
178 responses were recorded unilaterally. The EMG-signals were amplified (5000 times) and band-  
179 pass filtered (1 to 500Hz). Just like the cVEMP-responses, oVEMP-responses were interpreted  
180 as on/off-phenomena.

181

### 182 **3. RESULTS**

183 Since 2010 up until now, five patients followed at our service met the inclusion criteria and  
184 were selected for this case series. One of them (case 1) was asymptomatic, the other four (case  
185 2-5) were symptomatic and received antiviral treatment.

186 A detailed overview of the characteristics of the episodes is given in Table 1. This table also  
187 provides a summary of the results on the electroencephalography (EEG) examinations,  
188 temporal bone imaging and peripheral vestibular assessments. Not all cases were subjected to  
189 the complete vestibular test battery, as is clarified in Table 1.

#### 190 **3.1. Case 1**

191 A 2-year-old boy with an asymptomatic cCMV-infection and normal results on cranial  
192 magnetic resonance imaging (cMRI) at birth, was referred to our clinic in May 2010 because

193 of recurrent symptoms of vertigo, vomiting, instability and nystagmus, after some time also  
194 accompanied with headache and photophobia. At the age of 1 year, he was diagnosed with  
195 delayed onset right-sided SNHL (65 dBnHL) which eventually progressed to right-sided  
196 deafness accompanied with delayed onset SNHL on the left side. Later on, he showed a  
197 developmental coordination disorder (DCD), dyscalculia, and dysorthographia. During the  
198 course of the follow-up, the boy had one vestibular examination, which was normal. At present,  
199 the boy is still suffering from vertigo-attacks, although the characteristics of the attacks have  
200 changed over the years and the frequency has decreased (currently 1 to 2 attacks a year).

### 201 **3.2. Case 2**

202 In January 2012, an 8-year-old girl consulted our clinic suffering from attacks of vertigo,  
203 vomiting, hypotonia and nystagmus. She also reported associated headache. At birth, she was  
204 diagnosed with a symptomatic cCMV-infection characterized by right-sided hearing loss and  
205 severe anomalies (subependymal pseudocysts, striatal vasculopathy, ventriculomegaly,  
206 periventricular tissue loss, subcortical white matter lesions, cortical dysplasia) on cranial  
207 imaging. During childhood, the girl showed delayed speech and language development,  
208 cerebral palsy, and left-sided strabismus. Due to deterioration of the hearing comprising  
209 bilateral moderate SNHL at 1 year of age with later progression to profound SNHL on the right  
210 side at 4 years of age, CI of the right ear was performed at the age of 5. Because of further  
211 progression of the hearing loss in the left ear, contralateral CI was performed two years later.  
212 Since the evolution to bilateral deafness the girl has been suffering from vertigo-attacks. The  
213 duration of the attacks has decreased over the years (initially 5 days, currently only 4 hours).  
214 She was repeatedly subjected to extensive vestibular assessment, which demonstrated  
215 fluctuation of the vestibular function.

### 216 **3.3. Case 3**

217 The third cCMV-patient suffering from paroxysmal vestibular symptoms was almost 3 when  
218 he came to our clinic in 2014. The parents reported vomiting, instability and fearfulness. He  
219 was diagnosed at birth with a symptomatic cCMV-infection, marked by left-sided SNHL  
220 (70 dBnHL) and multifocal cerebral leukomalacia on cMRI. A year later, hearing deteriorated  
221 to severe right-sided and profound left-sided SNHL, for which sequential CI was performed at  
222 2 (left) and 6 (right) years of age. A few months after deterioration of the hearing and first CI,  
223 the boy endured two episodes of vestibular symptoms in rapid succession, after which he was  
224 attack-free. Recently, an asymmetric response was detected on the caloric test. All other  
225 vestibular examinations were normal.

#### 226 **3.4. Case 4**

227 A fourth patient was diagnosed with a symptomatic cCMV-infection at birth with clinical  
228 symptoms (purpura, petechiae, hypertonia), thrombocytopenia, abnormalities on cranial  
229 imaging (striatal vasculopathy, subependymal microcysts), and bilateral SNHL (50 and  
230 60 dBnHL in the left and right ear, respectively) which resulted in delayed language and motor  
231 development. After initial fluctuation of the hearing loss, progression to bilateral profound  
232 SNHL led to the decision of bilateral sequential CI at 4 (left) and 5 (right) years of age. After  
233 the first implantation, only temporary vertigo-complaints were reported. However, when the  
234 boy was nearly 7, he experienced recurrent attacks of vertigo, vomiting and nystagmus,  
235 associated with headache. In this context, he was assessed in our clinic in January 2016. Already  
236 at the age of 4, bilateral vestibular areflexia of the horizontal semicircular canal and saccule  
237 was established.

#### 238 **3.5. Case 5**

239 Case 5 was diagnosed at birth with a symptomatic cCMV-infection. Abnormalities on neonatal  
240 examinations were right-sided deafness and diffuse white matter lesions on cMRI suggestive  
241 for leukomalacia. At the age of 4 months, she was referred for physiotherapy because of

242 hypotonia and delayed motor development. Since the age of 6 months up until now, she has  
243 been suffering from attacks of which the characteristics have changed during the years. The  
244 attacks were previously characterized by nausea, vomiting and reduced consciousness and  
245 therefore suggestive of epilepsy. However, this diagnosis could never be confirmed. Later on,  
246 headache, photophobia and phonophobia predominated the episodes, so that they were believed  
247 to be migraine-related. Apart from the attacks, the girl also suffers from episodic vomiting,  
248 occurring about once a week.

249 Delayed onset fluctuating SNHL in the left ear was detected at the age of 2, but appeared to be  
250 resolved at final evaluation at our service. When she was almost 3 years old, the girl experienced  
251 one episode of frequent falls and severe balance problems without loss of consciousness, lasting  
252 for about a week. During childhood, she was also diagnosed with strabismus, narcolepsy, and  
253 DCD. Because of limited motor improvement despite extensive physical therapy, the girl's  
254 physiotherapist referred her in 2016, at the age of 11, to our clinic. Vestibular assessment was  
255 indicative for bilateral vestibular areflexia of the horizontal semicircular canal, saccule and  
256 utricle.

257 Several causes were proposed in the differential diagnosis of these five cases. The most  
258 common ones were epilepsy (in cases 1,2,4,5) and migraine variants (in cases 1,2,4,5).  
259 However, none of these diagnoses could be confirmed in the long term.

260

#### 261 **4. DISCUSSION**

262 To our knowledge, this is the first study describing a series of cCMV-patients suffering from  
263 episodic vestibular symptoms. Although the majority of the children were symptomatic at birth,  
264 one of them was born asymptomatic. The five patients showed wide variation in presentation.

265 However, in all cases, the attacks were recurrent, accompanied with nausea and/or vomiting,  
266 and occurring without clear-cut trigger. All cCMV-children had pre-existing or co-occurring  
267 SNHL which was unstable in all cases, being delayed onset (case 1,2,3,5), fluctuating (case 4,5)  
268 or progressive (case 1-4). Four out of five children (case 2-5) had a peripheral vestibular  
269 dysfunction on final evaluation at our service. In two of them, the deficit was established before  
270 or without undergoing cochlear implantation. Only in case 1, the results of the vestibular  
271 examinations were not indicative for a peripheral vestibular dysfunction. It should be noted that  
272 this patient was evaluated only once.

273 This case study, as well as earlier research, suggests that not only the auditory, but also the  
274 vestibular function can be unstable in children with cCMV (5,7,8). Possibly, both progressive  
275 or fluctuating hearing loss and late onset and/or recurrent vestibular symptoms in children with  
276 cCMV are caused by the same underlying pathophysiologic mechanism. According to most  
277 studies, audiovestibular sensory loss is the result of primary injuries to the stria vascularis and  
278 the dark cells, leading to an alteration of potassium homeostasis with secondary damage to the  
279 sensory cells (17,18). Although the mechanisms behind the auditory fluctuations are not fully  
280 elucidated, it is hypothesized that latent presence and reactivation of the virus with direct  
281 cytopathic effects and/or localized inflammatory auto-immune responses could be involved  
282 (19-21). With respect to the vestibular system, fluctuation or progression of vestibular sensory  
283 loss could be the basis of recurrent symptoms in (some of) our cases.

284 Also, peripheral vestibular dysfunction combined with paroxysmal symptoms resembles  
285 endolymphatic hydrops, as both Huygen and Admiraal (8) and Weiss and Ronis (11) already  
286 suggested in their cCMV case report. Laboratory tests with inoculation of CMV in the  
287 endolymphatic sac of guinea pigs have demonstrated the development of endolymphatic  
288 hydrops through direct cytopathic effects (in seronegative animals) and inflammatory immune  
289 responses (in both seronegative and seropositive animals) (22). In addition, endolymphatic

290   hydrops in cCMV-patients was reported in two human temporal bone studies (23,24). More  
291   recently, Teissier et al. (17) showed in a histopathologic study in cCMV-infected fetuses that  
292   cytomegalic cells and inflammation can indeed occur in the endolymphatic sac, which plays a  
293   key role in the inner ear fluid homeostasis.

294   Not only cCMV, but also CI can induce endolymphatic hydrops. It is described in literature as  
295   a possible cause of recurrent postoperative vertigo in CI-patients (25-27). The hydrops could  
296   originate from a disruption of endolymphatic flow due to obstruction in the ductus reuniens or  
297   the cochlear duct in the hook portion of the cochlea, or due to damage to the lateral cochlear  
298   wall caused by implantation (28). This is important to take into account as three children (case  
299   2-4) had CI.

300   It should be noted that distinctive auditory symptoms of endolymphatic hydrops could go  
301   unnoticed in our cCMV-cases (and in the pediatric cCMV-population in general) as tinnitus  
302   and aural fullness are often underreported in children (29,30) and profound SNHL might be  
303   preexistent (case 2-5). Underdiagnosis and misdiagnosis of vestibular disorders are important  
304   issues particularly in the pediatric population, because both history taking and vestibular  
305   assessment are very challenging in young children and their symptoms are often completely  
306   different from those in adults (31,32). This case series demonstrates that differential diagnosis  
307   in children with cCMV is even more complex given that several confounding factors  
308   (preexisting auditory/vestibular dysfunction, neurologic disorders, CI, ophthalmologic  
309   disorders, etc.) can occur.

310   For example, in four out of five children (case 1,2,4,5) the initial diagnosis of epilepsy was  
311   proposed. Epilepsy is a well-known sequel of cCMV and can be accompanied with vestibular  
312   symptoms (33). However, in none of our cases this diagnosis could be confirmed. In two

313 children (case 1,5) anti-epileptic treatment was initiated but stopped after a short period because  
314 of persistence of the symptoms and/or normal EEG-results during the episodes.

315 Another diagnosis suggested in almost all cases (case 1,2,4,5) was migraine. Pediatric migraine-  
316 variants (benign paroxysmal vertigo of childhood, cyclic vomiting, etc.) are a common cause  
317 of episodic vestibular complaints in children (34). Indeed, several reported symptoms of our  
318 cases also fit a migraine-variant. Unfortunately, these diagnoses are mainly based on history  
319 taking and efficacy of drug treatment which both are not evident or sometimes even impossible  
320 in the pediatric population. Also, an important criterion in diagnosing a migraine-variant is the  
321 fact that the reported symptoms are not better accounted for by another disorder (35,36).  
322 Therefore, the multiple morbidities (vestibular loss, neurologic disorders, etc.) that can occur  
323 in cCMV-patients, make the diagnosis of (pediatric) migraine variants less obvious, but not  
324 necessarily less likely.

325 With respect to this study, its retrospective design is an important limitation as it implies that  
326 certain details about the attacks are missing. Therefore, this case series aims to underline the  
327 importance of thorough and repeated history taking, complemented with results of  
328 investigations. cCMV-patients, in particular, require longitudinal, extensive and  
329 multidisciplinary follow-up to enable correct diagnosis and treatment when vestibular  
330 symptoms occur. Especially in case of altered consciousness, EEG is recommended to establish  
331 the diagnosis of epilepsy. Additionally, evaluation of the peripheral vestibular function with an  
332 extensive test protocol (12) should be part of a regular follow-up in cCMV-patients and should  
333 especially be repeated in cases of paroxysmal attacks of vomiting, vertigo or falls. This is  
334 necessary to uncover alterations in the peripheral function (case 2), possibly isolated to one part  
335 of the vestibular organ (case 3) and to avoid unnecessary or inefficient treatment. As case 1 and  
336 5 provide evidence for possible early onset of the episodes, follow-up should be initiated at an  
337 early age. Although scientific and clinical resources are currently mainly focusing on

338 symptomatic cCMV-patients, case 1 demonstrates that asymptomatic cCMV-patients should be  
339 followed closely as well.

340 Future research could provide more insight in the question whether peripheral vestibular deficits  
341 in similar cCMV-cases are related to either sensory loss due to an altered potassium homeostasis  
342 or the development of endolymphatic hydrops resulting from derangements in inner ear fluid  
343 homeostasis. Recent advancements in imaging techniques enabling the visualization of  
344 endolymphatic hydrops could be promising in this respect.

345 In conclusion, diagnosis concerning episodic vestibular symptoms in children with cCMV is  
346 complex as several confounding factors (preexisting auditory/vestibular dysfunction,  
347 neurologic disorders, CI, etc.) can occur. Therefore, in this population, there is a need for greater  
348 awareness for vestibular disorders and longitudinal multidisciplinary follow-up to enable  
349 correct diagnosis and treatment.

350

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**Table 1.** Overview of the characteristics of the episodic vestibular symptoms using the SO STONED mnemonic tool (37) and results on investigations

	Symptoms	Often	Since	Trigger	Otology	Neurology	Evolution	Duration	Investigations
Case 1	Vertigo, nausea, vomiting, hypotonia, instability, headache, photophobia, nystagmus <sup>‡</sup>	1-2 attacks/yr (predominantly in summer)	Age: 2;0 yr Onset at night or early in the morning	Fatigue, climate/daily routine changes, traumatic events, stress, overstimulation ( $\pm$ 2-4 d before attack-onset)	Preexisting delayed onset progressive SNHL right (since age 1 yr) and delayed onset SNHL left (since age 8 yr)	Headache (holocranial), preceding aura, photophobia, reduced alertness, lethargy	Still suffering from attacks Current age: 10;7 yr	Attacks of vertigo: 10-15 s Several vertigo-attacks with associated nausea, headache, etc.: 4-5 hr Total duration of episode of feeling unwell: 5 d (with attacks every day)	<ul style="list-style-type: none"> <li>• EEG (between as well as during attacks): no epileptic activity</li> <li>• MRI temporal bone: normal</li> <li>• Vestibular assessment <ul style="list-style-type: none"> <li>· After onset vertigo-attacks – rotatory/caloric/cVEMP: normal</li> </ul> </li> <li>• Positional tests during attacks: normal</li> <li>• Spontaneous nystagmus during attacks: absent</li> </ul>
Case 2	Vertigo, nausea, vomiting, hypotonia, headache, nystagmus <sup>§</sup>	Every 3 mos	Age: 7;3 yr	Spontaneous or fatigue combined with overstimulation (worsening when changing position)	Preexisting bilateral progressive profound SNHL (right congenital, left delayed onset) and bilateral CI	Headache (frontal, bilateral)	Still suffering from attacks Current age: 15;7 yr	Hours to days	<ul style="list-style-type: none"> <li>• EEG: no epileptic activity</li> <li>• MRI and CT temporal bone: normal</li> <li>• Vestibular assessment <ul style="list-style-type: none"> <li>· PostCI right, preCI left, 1<sup>st</sup> assessment – rotatory/cVEMP: bilateral reaction, R&lt;L</li> <li>· PostCI right, preCI left, 2<sup>nd</sup> assessment – rotatory/caloric: severe bilateral hypofunction</li> <li>· PostCI left, 1<sup>st</sup> assessment, after onset vertigo-attacks – rotatory/caloric/cVEMP: severe bilateral hypofunction with spontaneous nystagmus to the right</li> <li>· PostCI left, 2<sup>nd</sup> assessment, still suffering from attacks – vHIT/rotatory/caloric /cVEMP/oVEMP: asymmetric bilateral hypofunction, R&lt;L</li> </ul> </li> </ul>
Case 3	Vomiting (only the 1 <sup>st</sup> attack), instability, frequent falls, panic, fear	2 attacks in total with a 2-day interval	Age: 2;10 yr	Spontaneous, no apparent trigger (1) in the evening (2) in the morning	Preexisting progressive profound SNHL left and delayed onset progressive moderately severe SNHL right, CI left (long after the attacks also CI right), frequent episodes of OME	None	Attack-free Current age: 7;7 yr	(1) 2 hr (2) 30 min	<ul style="list-style-type: none"> <li>• MRI and CT temporal bone: normal</li> <li>• Vestibular assessment <ul style="list-style-type: none"> <li>· PreCI – cVEMP: normal</li> <li>· PostCI left, preCI right – cVEMP: normal</li> <li>· After onset of the vertigo-attacks – rotatory/cVEMP: normal</li> <li>· PostCI right, when already attack-free – vHIT/rotatory/caloric/cVEMP/oVEMP: normal, except for asymmetric response on caloric test, R&lt;L</li> </ul> </li> </ul>
Case 4	Vertigo, nausea, vomiting, headache, nystagmus <sup>¶</sup>	3 attacks in total with a 2-week interval	Age: 6;10 yr	Spontaneous, no apparent trigger	Preexisting fluctuating and progressive bilateral profound SNHL, bilateral CI, preexisting hyperacusis, frequent episodes of OME	Headache	Attack-free Current age: 9;10 yr	20 min to hours	<ul style="list-style-type: none"> <li>• EEG: no epileptic activity</li> <li>• MRI and CT temporal bone: normal</li> <li>• Vestibular assessment <ul style="list-style-type: none"> <li>· PreCI – HIT/rotatory/cVEMP: bilateral areflexia</li> <li>· PostCI left, preCI right – rotatory/cVEMP: bilateral areflexia</li> <li>· PostCI right, after onset vertigo-attacks – rotatory/caloric/cVEMP: bilateral areflexia</li> </ul> </li> </ul>
Case 5	Balance problems, frequent falls	1 episode	Age: 2;8 yr	Spontaneous, no apparent trigger	Preexisting congenital profound SNHL right and delayed onset fluctuating mild SNHL left	None	Spontaneous recovery Current age: 13;3 yr	1 wk (with dozens of falls every day)	<ul style="list-style-type: none"> <li>• EEG: no epileptic activity</li> <li>• Vestibular assessment <ul style="list-style-type: none"> <li>· 8 years after the episode – vHIT/rotatory/caloric/cVEMP/oVEMP: bilateral areflexia</li> </ul> </li> </ul>

‡ 1<sup>st</sup> time: ‘Spinning eye movements’ during attacks, reported by the parents. No further details available. 2<sup>nd</sup> time: Nystagmus during attack, duration of 10s when standing up from wheelchair, observed by the examiner. No spontaneous nystagmus.  
§ Nystagmus during attacks, both reported by the parents and observed by the examiner during vestibular assessment ¶ Nystagmus during 1<sup>st</sup> episode observed by an ophthalmologist, leftward orientation. Nystagmus during 2<sup>nd</sup> episode observed by the examiner (video recording made by the parents), rightward orientation.  
Caloric, caloric test; CI, cochlear implant; CT, computed tomography; cVEMP, cervical Vestibular Evoked Myogenic Potential; EEG, electroencephalogram; HIT, Head Impulse Test; L, left; MRI, magnetic resonance imaging; OME, otitis media with effusion; oVEMP, ocular Vestibular Evoked Myogenic Potential; R, right; rotatory, rotatory test; SNHL, sensorineural hearing loss; vHIT, video Head Impulse Test.