

# Journal Pre-proof

Distribution of plasma oxidised phosphocholines in chronic kidney disease and periodontitis as a co-morbidity

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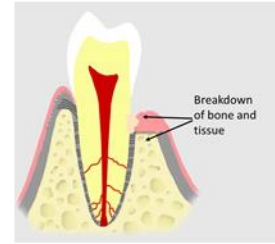
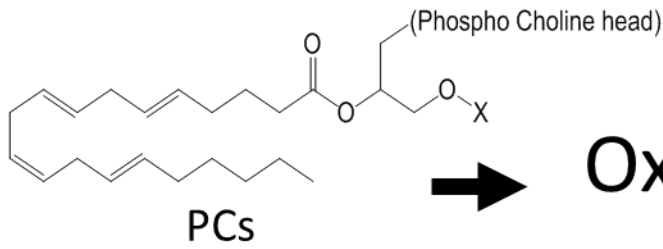
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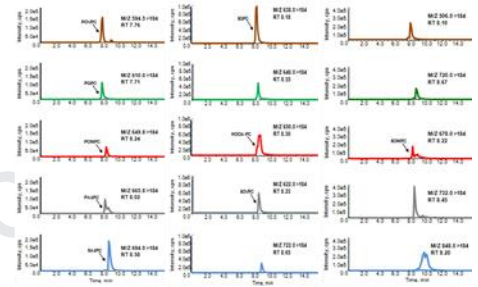
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CKD



Periodontitis



Mass Spectrometry

Journal Pre-proof

1 **Distribution of plasma oxidised phosphocholines in chronic kidney disease and**  
2 **periodontitis as a co-morbidity**

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29 **Abstract**

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31 Individuals with chronic kidney disease (CKD) and periodontitis as a co-morbidity have a  
32 higher mortality rate than individuals with CKD and no periodontitis. The inflammatory  
33 burden associated with both diseases contributes to an increased risk of cardiovascular and  
34 all-cause mortality. We previously demonstrated that periodontitis is associated with  
35 increasing circulating markers of inflammation and oxidative stress. We propose that  
36 inflammatory oxidised phosphocholines may contribute to the increased risk of  
37 cardiovascular disease in patients with CKD. However, the analysis of oxidised phospholipids  
38 has been limited by a lack of authentic standards for absolute quantification. Here, we have  
39 developed a comprehensive quantification liquid chromatography-mass spectrometry-  
40 based multiple reaction monitoring method for oxidised phospholipids (including some  
41 without available authentic species) that enables us to simultaneously measure twelve  
42 oxidised phosphocholine species with high levels of sensitivity and specificity. The standard  
43 curves for commercial standards 1-palmitoyl-2-glutaryl-*sn*-glycero-3-phosphocholine  
44 (PGPC); 1-palmitoyl-2-(9'-oxo-nonanoyl)-*sn*-glycero-3-phosphocholine (PONPC), 1-palmitoyl-  
45 2-azelaoyl-*sn*-glycero-3-phosphocholine (PAzPC) and 1-palmitoyl-2-(5'-oxo-valeroyl)-*sn*-  
46 glycero-3-phosphocholine (POVPC), were linear with a correlation coefficient greater than  
47 0.99 for all analytes. The method is reproducible, with intra- and inter-day precision <15%,  
48 and accuracy within  $\pm 5\%$  of nominal values for all analytes. This method has been  
49 successfully applied to investigate oxidised phosphocholine in plasma from CKD patients  
50 with and without chronic periodontitis and the data that was obtained has been compared  
51 to plasma from healthy controls. Comparative analysis demonstrates altered chain  
52 fragmented phosphocholine profiles in the plasma samples of patients with CKD and  
53 periodontitis as a co-morbidity compared to healthy controls.

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55 **Key words:** CKD, periodontitis, oxidised phospholipids, MRM-LC/MS, oxidative stress

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65 **Abbreviations**

66	CV	Coefficient of variation
67	CKD	Chronic kidney disease
68	dDMPC	1, 2-dimyristoyl- <i>sn</i> -glycerol-3-phosphocholine-1,1,2,2-d <sub>4</sub> -N,N,N-trimethyl-d <sub>9</sub>
69	MRM	Multiple reaction monitoring
70	OxPC	Oxidized phosphocholine
71	PAPC	1-palmitoyl-2-arachidonoyl- <i>sn</i> -glycero-3-phosphorylcholine
72	PAzPC	1-palmitoyl-2-azelaoyl- <i>sn</i> -glycero-3-phosphocholine
73	PGPC	1-palmitoyl-2-glutaryl- <i>sn</i> -glycero-3-phosphocholine
74	PL	Phospholipid
75	PLPC	1-palmitoyl-2-linoleoyl- <i>sn</i> -glycero-3-phosphocholine
76	PONPC	1-palmitoyl-2-(9'-oxo-nonanoyl)- <i>sn</i> -glycero-3-phosphocholine
77	POVPC	1-palmitoyl-2-(5'-oxo-valeroyl)- <i>sn</i> -glycero-3-phosphocholine
78	PPD	Probing pocket depth
79	QC	Quality control
80	ROS	Reactive oxygen species
81	SAPC	1-stearoyl-2-arachidonoyl- <i>sn</i> -glycero-3-phosphocholine
82	SAzPC	1-stearoyl-2-azelaoyl- <i>sn</i> -glycero-3-phosphocholine
83	SD	Standard deviation
84	SE	Standard error
85	SGPC	1-stearoyl-2-glutaryl- <i>sn</i> -glycero-3-phosphocholine
86	SLPC	1-stearoyl-2-linoleoyl- <i>sn</i> -glycero-3-phosphocholine
87	SONPC	1-stearoyl -2-(9'-oxo-nonanoyl)- <i>sn</i> -glycero-3-phosphocholine
88	SOVPC	1-stearoyl-2-(5'-oxo-valeroyl)- <i>sn</i> -glycero-3-phosphocholine
89	TLR	Toll like receptors

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## 105 1. Introduction

106 Chronic kidney disease (CKD) affects up to 16% of the population worldwide, increases in  
107 prevalence with age and is associated with high morbidity and mortality compared to  
108 individuals without CKD [1, 2]. Traditional risk factors for CKD such as age, gender, ethnicity,  
109 family history, smoking habits, and socioeconomic status are also associated with diabetes,  
110 hypertension, and lipid disorder comorbidities; individually and collectively these contribute  
111 to a higher cardiovascular disease morbidity and mortality [3]. Non-traditional risk factors  
112 are also associated with poorer CKD outcomes, including inflammation, which is strongly  
113 associated with an increased risk of progression to end-stage renal failure and mortality [1].  
114 Identifying and targeting novel, modifiable risk factors that contribute to systemic  
115 inflammation in CKD and are causal for poorer clinical outcomes represents an effective  
116 strategy for reducing morbidity and mortality in those affected [4].

117 Periodontitis is the most common chronic inflammatory disease of humans, affecting about  
118 40-50% of the global population and in its most severe form is the sixth most common  
119 human disease (11.2%)[5]. The global burden of periodontitis increased from 1990 to 2010  
120 by 57.3% [6]. Indeed, oral diseases, including periodontitis were the leading causes of non-  
121 fatal health loss in males and females, determined by years lived with disability, in The  
122 Global Burden of Diseases, Injuries, and Risk Factors Study 2017 (GBD 2017). Periodontitis  
123 leads to significant elevations in both acute-phase reactants (CRP, IL-6) [5, 7] and oxidative  
124 stress biomarkers in plasma [8]. Our previous work demonstrated that CKD patients who are  
125 at high risk of progression to end-stage renal disease [9], had a significantly greater  
126 prevalence (88%) and severity of periodontitis compared to a local, community dwelling  
127 control population (55%) [10]. Using survival analysis carried out in the Third National  
128 Health and Nutrition Examination Survey (NHANES III) of the USA and linked mortality data,  
129 we demonstrated a strong association between periodontitis and increased mortality in  
130 individuals with CKD [10, 11]. Given the existing oxidative stress burden in periodontitis [8],  
131 others have analysed the plasma oxidation status of patients with CKD and found that the  
132 lipid peroxidation product F2-isoprostane was elevated [12].

133 The unsaturated fatty acid chains present in sn-1 or sn-2 position of phospholipids (PLs) can  
134 undergo either enzymatic (e.g. by lipoxygenases) or non-enzymatic oxidation (by reactive  
135 oxygen species; ROS such as the hydroxyl radical, superoxide anion, peroxy nitrite,  
136 hypochlorite anion and peroxide) to yield oxidised phospholipids (oxPLs) and after release  
137 by phospholipases, to form isoprostane species. Oxidative modifications include oxidation of  
138 the unsaturated fatty acid chains, intra- and intermolecular arrangements, cyclisation and  
139 fragmentation [13]. These full-chain oxidised PLs along with chain fragmented PLs may  
140 initiate and modulate inflammatory reactions and have been implicated in the pathogenesis  
141 of age-related diseases [14, 15]. OxPLs act as lipid mediators of cellular and immune  
142 signaling via Toll like receptors (TLR) and are potential biomarkers of disease pathogenesis  
143 [14, 16]. Phosphocholine (PC) species with sn-2 palmitoyl or stearoyl moieties comprising; 1-

144 palmitoyl-2-arachidonoyl-sn-glycero-3-phosphorylcholine (PAPC), 1-palmitoyl-2-linoleoyl-sn-  
145 glycero-3-phosphocholine (PLPC) 1-stearoyl-2-arachidonoyl-sn-glycero-3-phosphocholine  
146 (SAPC) and 1-stearoyl-2-linoleoylphosphatidylcholine (SLPC) were shown to generate several  
147 discrete oxidised phospholipids under different conditions [14, 17]. The oxidised  
148 phosphocholines (oxPCs) generated have immunogenic activity and act as ligands for  
149 scavenger receptors [17]. Oxidised metabolites are rapidly removed in plasma by cellular  
150 uptake and detoxified through catabolic activity in the liver [13].

151 Our understanding of oxPCs, including their concentration in biological fluids, cells and  
152 tissues, is emerging with the aid of quantitative lipidomics. It is important to establish  
153 reliable and simplified mass spectrometry methods to analyse oxPCs [18]. However, the  
154 major challenge in quantitative oxidative lipidomics is the availability of authentic and  
155 deuterated standards for the lipids of interest [13, 19]. To mitigate this limitation, we have  
156 prepared additional oxidised products of PAPC, PLPC, SAPC and SLPC using Fenton reaction  
157 chemistry to expand the panel of oxPCs.

158 In this paper we describe a mass spectrometry based multiple reaction monitoring (MRM)  
159 method that enables measurement of an extensive panel of oxPCs to investigate the plasma  
160 oxPC profiles of patients with CKD and CKD with co-morbid periodontitis compared to  
161 healthy controls. Using this method, we investigated the hypothesis that CKD and CKD co-  
162 morbid with periodontitis have altered oxPC profiles in plasma compared to healthy  
163 controls.

## 164 **2. Materials and methods**

### 165 **2.1 Chemicals**

166 Authentic lipid standards comprising: 1-palmitoyl-2-(5'-oxo-valeroyl)-sn-glycero-3-  
167 phosphocholine (POVPC); 1-palmitoyl-2-(9'-oxo-nonanoyl)-sn-glycero-3-phosphocholine  
168 (PONPC); - 1-palmitoyl-2-glutaryl-sn-glycero-3-phosphocholine (PGPC); 1-palmitoyl-2-  
169 azelaoyl-sn-glycero-3-phosphocholine (PAzPC), 1-stearoyl-2-arachidonoyl-sn-glycero-3-  
170 phosphocholine (SAPC) and 1-stearoyl-2-linoleoylphosphatidylcholine (SLPC) and one  
171 deuterated standard; 1, 2-dimyristoyl-sn-glycero-3-phosphocholine 1, 1, 2, 2-d<sub>4</sub>-N, N, N-  
172 trimethyl-d<sub>9</sub> (dDMPC), were purchased from Avanti Polar Lipids (Alabaster, USA). Solvents  
173 for lipid extraction and LC-MS of HPLC grade were purchased from Fisher Scientific,  
174 Loughborough, UK. All other chemicals were purchased from Sigma Aldrich (Dorset, UK),  
175 unless otherwise stated.

### 176 **2.2 *In vitro* oxidation of SAPC and SLPC and extraction of oxidised lipids**

177 SAPC and SLPC were oxidised with FeCl<sub>2</sub> and H<sub>2</sub>O<sub>2</sub> (Fenton reaction) according to the  
178 method described by Reis *et al.* [20]. Briefly, 100µg of phospholipids were oxidised with  
179 50mM H<sub>2</sub>O<sub>2</sub> / 5mM FeCl<sub>2</sub> in 1ml solution. The mixture was allowed to react at 37°C in the  
180 dark with sonication and occasional vortexing. Oxidation was monitored by electrospray

181 ionisation mass spectrometry at 24hrs and 48hrs. Products of lipid peroxidation resulted  
182 from cleavage of oxygen radicals producing short chain aldehydes, hydroxyaldehydes and  
183 dicarboxylic acids. Phospholipid oxidation products were extracted using the modified  
184 methyl tert butyl ether (MTBE) method with MTBE/methanol/water (10:3:2.5, v/v/v)  
185 containing 50µg/ml of BHT as we previously described [21].

### 186 **2.3 Plasma samples**

187 Plasma samples were from a randomly selected group of patients with CKD, and who were  
188 periodontally healthy (n=13) recruited to the Renal Impairment in Secondary Care (RIISC)  
189 study (Ethical approval for this cohort was covered by West Midlands South Birmingham  
190 NRES 10/H1207/6) [10]. The RIISC study is an ongoing, prospective cohort study  
191 investigating novel risk factors in the progression of CKD. Further plasma samples were  
192 collected from patients with CKD and with periodontitis as a comorbidity (n=20), patients  
193 with periodontitis without any self-reported illness (n=17), and without periodontitis or CKD  
194 (n=20) in the “INSPIRED TRIAL” (Influence of Successful Periodontal Intervention on Renal  
195 and Vascular Systems in patients with Chronic Kidney Disease-A Pilot Interventional  
196 Randomised Controlled Trial (INSPIRED). Ethical approval was by the National Research  
197 Ethics Service, West Midlands - The Black Country, ref 15/WM/0006) [22]. The INSPIRED  
198 trial is an ongoing pilot randomised control trial investigating the effect of periodontal  
199 treatment on the cardio-renal health of patients with CKD. The patient demographics are  
200 shown in **table 1**. Blood samples were collected in the EDTA tubes and plasma was  
201 separated by centrifugation for 10 min at 3000×g at 4 °C within 2 hours of withdrawal and  
202 frozen at -80°C until further analysis.

203 Inclusion criteria for all participants were: patients aged ≥18 years; able to provide consent  
204 to participate in the trial. Additional inclusion criteria for patients with CKD, for patients  
205 with CKD and periodontitis, and for systemically healthy patients with periodontitis are  
206 detailed as supplementary material.

207 Exclusion criteria for all participants were: patients not meeting the inclusion criteria; or  
208 unable to provide informed consent. Additional exclusion criteria for patients with CKD, for  
209 systemically healthy patients with periodontitis, and for systemically healthy patients  
210 without periodontitis are detailed as supplementary material.

211 For the purposes of this study, periodontitis is defined as those with a cumulative probing  
212 depth ≥30 mm. This is the sum of the deepest probing pocket per tooth, excluding probing  
213 depths <5 mm. This represents generalised moderate-severe periodontitis (periodontal  
214 health=1).

### 215 **2.4 MTBE lipid extraction**

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217 Lipids were extracted from 10 $\mu$ l of individual plasma samples spiked with 200ng of dDMPC  
218 internal standard by MTBE method as previously reported [21]. The dried lipid extracts were  
219 reconstituted in 200 $\mu$ l methanol immediately prior to injection. Lipid extracts (10 $\mu$ l in 100%  
220 methanol) were injected for separation and analysis by LC-MS/MS.

## 221 **2.5 Phospholipid quantification**

222 For the purpose of phospholipid assay, lipids were extracted from 10  $\mu$ l of plasma by the  
223 Folch protocol [23]. Phospholipid content of lipid extracts was quantified by  
224 spectrophotometry measurement of inorganic phosphorous ( $\lambda=797$  nm) using a  
225 micromethod adapted from Rouser et al. [24], as described before [25].

## 226 **2.6 Liquid chromatography-mass spectrometry (LC-MS/MS) analysis of lipids**

227 Our previously described MRM-MS method [21] was adapted using the triple quadrupole  
228 mass spectrometer (QTRAP 5500, AB Sciex UK Ltd. Warrington) equipped with a standard-  
229 ESI source, operated in a positive ion mode with an ionisation voltage of 5kV, entrance  
230 potential of 10 V, and ion source temperature of 400 °C, collision gas nitrogen 20V and ion  
231 source gas 25V. For optimisation of ESI and MS parameters, standard mixtures containing  
232 1ng/ $\mu$ l of each oxPC species was infused directly to the ESI source through an integrated  
233 syringe pump (Harvard apparatus) with a flow rate of 20 $\mu$ l/min. Lipid extracts were  
234 separated on a Luna Omega C18 column (internal diameter 2.1mm, column length 50mm,  
235 particle size 3 $\mu$ m, Phenomenex, Macclesfield, Cheshire, UK) with column guard installed.  
236 Mobile phases consisted of (A) 10 mM ammonium formate in methanol: water: formic acid  
237 (20:80:0.1, v/v/v) and (B) 2 mM ammonium formate in 2-propanol: methanol: formic acid  
238 (90:10:0.1, v/v/v) at 60 °C. Flow rate was maintained at 200  $\mu$ l/min with the gradient as  
239 follows: 30% B from 0 to 1 min, 30–100% B from 1 to 6 min, 100% B 6–13min, 100–30% B  
240 from 13 to 14 min, 30% B 14–24 min. Analytical samples (10 $\mu$ l) were injected by the  
241 autosampler at 10°C with a constant flow of 200 $\mu$ l/min. Measurement and data analyses  
242 were performed in triplicate using Analyst software (version 1.6.2). Peak area of ions (m/z  
243 value) generating the PC-specific fragment at m/z 184, ~~Peak area of the PC-specific fragment~~  
244 ~~ion (m/z 184)~~ which corresponds to the cleaved phosphocholine polar head was used for  
245 the quantification of oxPCs. The peak areas were normalised to the deuterated internal  
246 standard, dDMPC for each sample. Analyte concentrations in each sample were calculated  
247 using standard curves against PGPC (10-2000pg/ $\mu$ L), PONPC (10-1000pg/ $\mu$ L), PAzPC (10-  
248 1000pg/ $\mu$ L) and POVPC (10-500pg/ $\mu$ L).

## 249 **2.7 Determination of linear dynamic range, limit of detection/quantification of OxPCs**

250 The method developed was for relative quantification, however, we prepared an external  
251 calibration using authentic standards (POVPC, PGPC, PONPC and PAzPC) to determine their  
252 linear range, lower limit of detection (LOD) and lower limit of quantification (LOQ).  
253 Calibration curves were produced by injecting 6 authentic solutions between 10-2000pg/ $\mu$ l

254 (10, 50, 100, 500, 1000, 2000pg/ $\mu$ l). The concentration ranges selected for the calibration  
255 curves were based on preliminary data on the dynamic ranges. LOD and LOQ were  
256 calculated using the blank determination method (n=20) from the International Conference  
257 on Harmonisation (ICH) guidelines as described previously [26]. LOD and LOQ are expressed  
258 as the analyte concentration corresponding to the sample blank value plus three and ten  
259 standard deviations, respectively.

## 260 **2.8 Evaluation of method reproducibility with intra-day and inter-day assays**

261 Quality control (QC) plasma samples (n=3) were analysed to evaluate the performance of  
262 the MS response over time, namely sensitivity of the method and reproducibility. Intra-day  
263 reproducibility was obtained from six analyses run consecutively while inter-day  
264 reproducibility was obtained from ten analyses run on different days over 1 month.

## 265 **2.9 Estimation of precision, accuracy, recovery and matrix effect for MRM method**

266 The method recommended by Matuszewski *et al.* [27] was adapted for recovery and matrix  
267 effect analysis. The recovery percentages were estimated by comparing the peak areas of  
268 four concentrations (100-1000pg/ml) of POVPC, PONPC, PGPC and PAzPC standards injected  
269 in methanol to the same phosphocholine standards spiked and extracted from plasma. The  
270 accuracy of the assay was determined by six replicates of QC samples at four concentrations  
271 during a single analytical run as described by Partani *et al.*, [28].

## 272 **2.10 Statistical analysis**

273 Multivariable regression models were constructed with measures of oxidative stress as  
274 dependent variables and clinical health parameters (healthy/ periodontitis only/ CKD only/  
275 CKD and periodontitis), age ~~and gender~~ sex (male/female), smoking status (current smoker,  
276 ex-smoker, never smoker) and diabetes status (yes/no) as independent variables. All  
277 analyses were carried out using Stata/IC version 15.1 (StataCorp LLC). Significance was  
278 accepted as  $p < 0.05$ .

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### 290 3. Results

#### 291 3.1 Optimisation of LC-MS/MS identification of OxPC panel

292 Four commercially available oxidised phospholipid standards, two native lipid standards  
293 oxidised through Fenton chemistry and one deuterated standard were employed to develop  
294 this targeted LC-MS/MS method. First, each commercially available standard was  
295 individually injected to identify optimal fragments based on their abundance for MRM  
296 analysis. The precursor ion scans were performed between 100  $m/z$  to 1000  $m/z$  mass range  
297 with ESI-MS in a positive ion mode. The ~~At least three diagnostic~~ product ion, 184  $m/z$  was  
298 selected for each analyte, and collision energy, depolarisation potential and exit potential  
299 was optimised for each transition pair (**Table 2**). The product ion spectra of  $[MH]^+$  ions for  
300 POVPC, PGPC, PONPC and PAzPC standards showed an abundant product ion at  $m/z$  184,  
301 which corresponds to the polar head group of phosphocholines ( $[H_2PO_4(CH_2)_2N(CH_3)_3]^+$ ).

302 Next, MRM parameters were optimised to detect commercially available non-oxidised  
303 lipids; PAPC, PLPC, SAPC and SLPC (**Figure 1**). To overcome the lack of standards for the  
304 identification of oxidised phospholipids, we generated a panel of oxidation products using  
305 PAPC, PLPC, SAPC and SLPC through the Fenton reaction between  $H_2O_2$  and  $FeCl_2$  as  
306 previously described [20]. A range of oxidised phosphocholine species originating from PAPC  
307 ( $m/z$  782.7), PLPC ( $m/z$  758.7), SAPC ( $m/z$  810.6) and SLPC ( $m/z$  786.6) was monitored in a  
308 precursor ion scan for the phospholipid head group,  $m/z$  184. Aligning with previous studies  
309 [14], chain-shortened, oxidised forms of SAPC were identified as 1-steroyl-2-(5'-oxo-  
310 valeroyl)-sn-glycero-3-phosphocholine; SOVPC ( $m/z$  622), 1-steroyl-2-glutaryl-sn-glycero-3-  
311 phosphocholine; SGPC ( $m/z$  638). Chain-fragmented oxidised SLPC ions were identified as 1-  
312 steroyl-2-(9'-oxo-nonanoyl)-sn-glycero-3-phosphocholine; SONPC ( $m/z$  678), 1-steroyl-2-  
313 azelaoyl-sn-glycero-3-phosphocholine; SAzPC ( $m/z$  694). Oxidised ions of PAPC were  
314 identified as 1-palmitoyl-2-(5-hydroxy-8-oxo-6-octenoyl)-sn-glycero-3-phosphocholine);  
315 HOOA-PC ( $m/z$  648) and 1-palmitoyl-2-(5-keto-8-oxo-6-octenoic acid)-sn-glycero-3-  
316 phosphocholine; KOOA-PC ( $m/z$  648). Chain-fragmented oxidised PLPC ions were identified  
317 as 1-palmitoyl-2-(4-keto-dodec-3-enadioyl)-sn-glycero-3-phosphocholine; KDdiA-PPC ( $m/z$   
318 720), and 1-palmitoyl-2-(9-hydroxy-11-carboxy-undec-6-enoyl)-sn-glycero-3-  
319 phosphocholine; HDdiA-PC ( $m/z$  722) (**Supplementary Figure 1 and Supplementary table 1**).  
320 All oxidized lipids were separated from non-oxidized lipids by reverse-phase column  
321 chromatography (**Figure 2**).

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### 323 **3.2 Linear dynamic range, Intra-day and inter-day analyses of MRM-MS method for OxPCs**

324 To estimate the sensitivity of the method, we estimated the linearity, LOD and LOQ of the  
325 four commercially available OxPCs. The LOD and LOQ of the standard solutions were in the  
326 range 0.25 - 16pg and 0.5 – 37pg respectively with all correlation coefficients greater than  
327 0.99 (**Supplementary table 2**). Intra-day analyses were six consecutive analyses on the same  
328 day of QC plasma sample while the inter-day analyses were ten non-consecutive analyses  
329 over one month of the QC sample. The QC results show that the LC method is precise and  
330 reproducible with an intra-day assay %CV of 4-8 and the inter-day %CV of 6-14.  
331 (**Supplementary table 3**)

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333

### 334 **3.3 Percentage recovery, matrix effect and accuracy of oxPCs standards**

335 Supplementary table 4 shows the average and the CV of oxPC recovery with and without  
336 matrix; percentages are in the range 73-91% and 90-99% respectively with CVs <15%. The  
337 accuracy was also 97-102%. The precision and accuracy values were satisfactory. Precision is  
338 required to be within  $\pm 15\%$  and accuracy between 85- 115% [24].

339

### 340 **3.4 Analysis of plasma phospholipids and oxidised phosphocholines in CKD patients with** 341 **or without periodontitis.**

342 Plasma phospholipids were analysed for phospholipid as described. Total phospholipid  
343 concentration in plasma was not different between healthy and disease groups (**Figure 3**).  
344 The patient demographics are described in Table 1. The distribution of patients and healthy  
345 controls were not different for weight but significant changes were observed for body mass  
346 index (BMI), age and sex distribution between groups. The percentage of smokers were not  
347 significantly different between groups but there was a significant difference observed for  
348 ex-smokers between healthy and disease groups. The co-morbidity of diabetes was also high  
349 in patients with CKD. To account for these differences, multivariable regression models were  
350 constructed with measures of oxidative stress as dependent variables and clinical health  
351 parameters (healthy/ periodontitis only/ CKD only/ CKD and periodontitis), BMI, age, sex,  
352 smoking status and diabetes as independent variables. Significance was accepted as  $p < 0.05$ .

353 Individual estimates of specific OxPC showed significant differences (**Figure 4 and Table 3**)  
354 between healthy and disease groups. Compared to healthy subjects, patients with  
355 periodontitis, CKD and with both diseases had significantly higher levels of HDdIA-PC  
356 ( $P < 0.005$ ; Figure 4L). SAzPC levels were significantly higher only in CKD group compared to  
357 healthy subjects ( $P = 0.001$ ; Figure 4H). In periodontitis; POVPC ( $P = 0.016$ ; Figure 4A), PONPC  
358 ( $P = 0.029$ ; Figure 4C) and SOVPC ( $P = 0.043$ ; Figure 4E) were significantly higher compared to

359 the healthy group and KOOA-PC was significantly higher in patients with both diseases than  
360 in healthy controls ( $P < 0.001$ ; Figure 4J).

361 Conversely, some oxPCs were found to be significantly lower in CKD plasmas; SGPC ( $P = 0.026$ ;  
362 Figure 4F), and in the presence of both diseases; PAzPC ( $P = 0.047$ ; Figure 4D).

#### 363 4. Discussion

364 This study has focused on developing a method to simultaneously quantify, with high  
365 sensitivity, a panel of 12 oxPCs in biological fluids and applying the method to plasma  
366 samples from patients with CKD and chronic periodontitis as a comorbidity for the first time.  
367 We optimised chromatography conditions and included in-house oxidised lipid standards to  
368 cover a panel of oxPCs. With the use of the Lunar Omega polar C18 column (Phenomenex,  
369 UK), this method achieved high selectivity for polar oxidised phosphocholine lipids without  
370 diminishing important non-polar interactions. By combining column characteristics with the  
371 solvent system, the current method decreased the retention time of the analytes from 44  
372 minutes to 24 minutes compared to our previously published method [21].

373 We and others have shown the presence of systemic inflammatory burden in periodontitis,  
374 induced by periodontal bacteraemia activating peripheral blood neutrophils to release ROS  
375 (6). Thus, a measure of periodontitis that captures this infectious-inflammatory exposure is  
376 required. The measure used, cumulative probing depth, can be readily calculated from  
377 routinely collected periodontal measurements and approximates the extent of the  
378 periodontal wound. It can be used to differentiate measures of previous disease experience,  
379 such as recession and clinical attachment loss, which may not influence the patient's current  
380 systemic health. The current, commonly used case definitions of periodontitis may not be  
381 able to achieve this, as has been reported by other researchers [29, 30]. Cumulative probing  
382 depth also accounts for tooth loss in a way that other measures, such as mean probing  
383 pocket depth (PPD), do not.

384 Dyslipidaemia and disturbances in lipid metabolism are reported previously in patients with  
385 CKD who are pre-dialysis and who are receiving long-term renal replacement therapy with  
386 haemodialysis [31, 32]. Many other studies have investigated the lipid parameters including  
387 total cholesterol, high density lipoprotein cholesterol (HDL-C), Low density cholesterol (LDL-  
388 C), and triglycerides in CKD. These studies indicated that dyslipidemia can increase the risk  
389 of atherosclerotic cardiovascular diseases in patients with CKD [32, 33]. We have previously  
390 demonstrated that dyslipidaemia is associated with oxidative stress in diabetes patients  
391 with periodontitis, relative to people with diabetes alone [34]. We have also shown the  
392 damaging effects of oxidised lipids (from oxLDL) including oxidised cholesterol (27-  
393 hydroxycholesterol), using an *in vitro* neuronal cell culture system [35] and on endothelial  
394 cells [36].

395 Plasma lipoproteins carry hydrophobic and water insoluble lipids to be delivered to tissue  
396 and cells. Phospholipids residing at the surface layer of lipoproteins constituting ~20–25%  
397 of the particle by weight [37] are primary targets of oxidative damage with formation of  
398 oxidised phospholipids. Primary oxidation products generated from the most abundant  
399 molecular species of PCs (PAPC, SLPC, PLPC and SAPC) are present in LDL [38, 39]. Reis et al.,  
400 previously compared the molecular lipidomic profile of LDL in patients with non-diabetic,  
401 advanced renal disease to that of age-matched controls [40]. The study indicated  
402 significantly lower levels concentrations of PCs in LDL particles. A study conducted by Yang  
403 et al., described changes to the urinary phospholipid profile in CKD patients [41].  
404 Collectively, this work suggested an important link between phospholipid profiles and CKD.

405 Based on these measures, we sought to investigate whether increased oxidative stress may  
406 have contributed to differences in the circulating profile of phosphocholines in patients with  
407 CKD with or without periodontitis. Elevated peripheral oxidative stress has been reported in  
408 periodontitis, arising from peripheral blood neutrophil activation by periodontal  
409 bacteraemia, including extracellular release of reactive oxygen species [42]. While the  
410 damage to macromolecules, including phospholipids are inevitable, so far none of the  
411 studies have investigated oxidised phospholipid profiles in periodontitis. To our knowledge,  
412 this is the first time fragmented oxPCs have been analysed in the plasma of patients with  
413 CKD with periodontitis as a comorbid inflammatory disease. This paper has focused on the  
414 oxidative modification to PAPC, PLPC, SAPC and SLPC classes of lipids.

415 HDdiA-PC levels were significantly increased in all patient groups tested and the keto acid  
416 analogue, KOOA-PC was significantly higher in the presence of periodontitis or comorbid  
417 with CKD. These oxPCs share a common structural moiety possessing sn-2 esterified  $\gamma$ -  
418 hydroxy (or oxo)- $\alpha,\beta$  unsaturated carbonyl-containing fatty acids. This suggests that they  
419 represent limited oxidation before chain fragmentation to form shorter fatty acid moieties,  
420 which may relate to the concentration or nature of radical species involved in oxidation.  
421 Eugene et al., described the generation of this family of truncated PCs using unilamellar  
422 vesicles in the presence of the myeloperoxidase (MPO)- $\text{H}_2\text{O}_2$ - $\text{NO}_2^-$  system [43]. MPO is most  
423 abundantly expressed in neutrophil granules and released either into the phagosome or the  
424 extracellular space where it catalyses the conversion of  $\text{H}_2\text{O}_2$  and chloride in to  
425 hypochlorous acid. Therefore, it is possible that neutrophil hyperactivity in chronic  
426 periodontitis [42, 44] has a key role in generating this family of PCs.

427 PCs with an acyl chain at the sn-2 position are known to have high affinity for the  
428 macrophage scavenger receptor, CD36 [45]. Chain fragmented oxPCs, such as POVPC, were  
429 less effective in binding to the CD36 receptor. Moreover, altering the sn-2 esterified group  
430 by repositioning of the  $\gamma$ -hydroxy moiety by one methylene group or completely losing  $\gamma$ -  
431 hydroxyl moiety significantly reduced CD36 binding ability. The work by Eugene et al.  
432 highlighted the highly conserved nature of the critical structural elements required for  
433 oxidised phospholipids to serve as ligands for CD36 and uptake by macrophages [46]. It is



434 established that LDL loaded macrophages can lead to exacerbation of inflammation and  
435 involvement in cardiovascular disease pathologies via foam cell formation. The altered oxPC  
436 profile observed here may contribute to increased risk for CVD, as observed in patients  
437 comorbid for CKD and periodontitis, due to altered clearance by CD36 and binding to pro-  
438 inflammatory TLRs [16].

439 The biological activity of circulating oxPCs is extensive and has been reviewed previously  
440 [13, 17]. Using an in vitro approach, Gargalovic et al., have shown that oxPCs at non-toxic  
441 concentrations (50 µg/ml) can regulate >1000 genes in endothelial cells [47]. OxPAPC  
442 disrupts endothelial barrier properties and activates both pro- and anti-inflammatory  
443 pathways [48]. OxPAPC altered endothelial transcriptome analysis revealed the complexity  
444 of various regulatory pathways [48]. Using a systems level network approach, Hitzel et al.,  
445 described oxPC regulated amino acid metabolism in endothelial cells [49]. They further  
446 demonstrated that oxPAPC induces a gene network regulating serine-glycine metabolism  
447 with the mitochondrial methylenetetrahydrofolate dehydrogenase/cyclohydrolase  
448 (MTHFD2), which is active in atherosclerotic plaque material with implications ~~in~~ for  
449 cardiovascular disease.

450 Taken together, this work highlights the importance of accurate measurement of oxPCs  
451 within biological fluids and possible implications of disease comorbidities on  
452 phosphocholine profile.

453

## 454 **5. Conclusion**

455 We have developed a quantitative oxPC lipidomic method for application in plasma analysis.  
456 This sensitive, accurate and improved method is able to detect differences between healthy  
457 people and patients with oxidative stress related diseases. The signature of OxPC found in  
458 our study of CKD, with or without periodontal comorbidity, discriminated between the two  
459 conditions. This study has potential to help understand any role of oxPCs in the  
460 complications of CKD and indicates their potential use as biomarkers for diagnosis,  
461 prognosis and treatment.

462

463

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474

475 **Declarations of interest:** none

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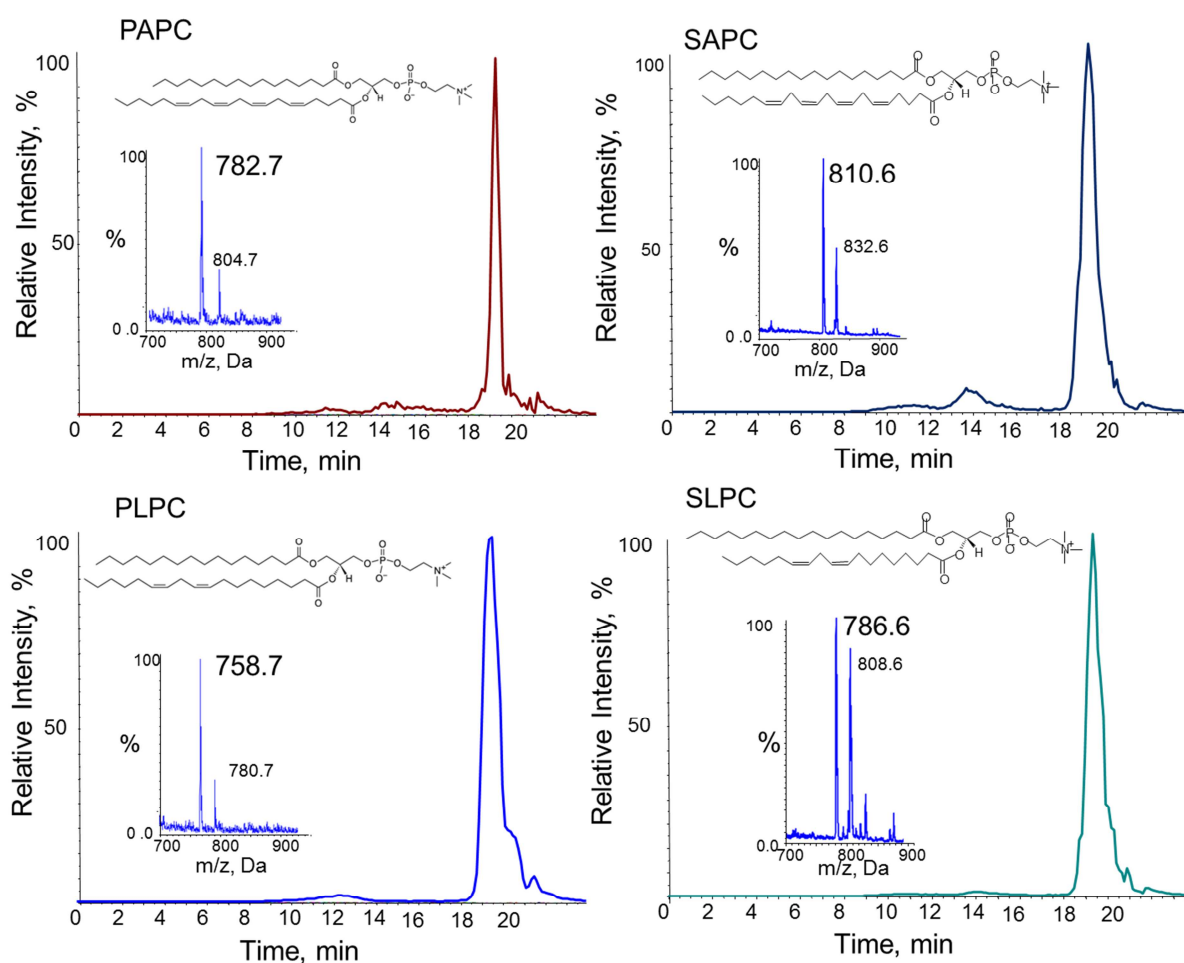
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618 **Figures**

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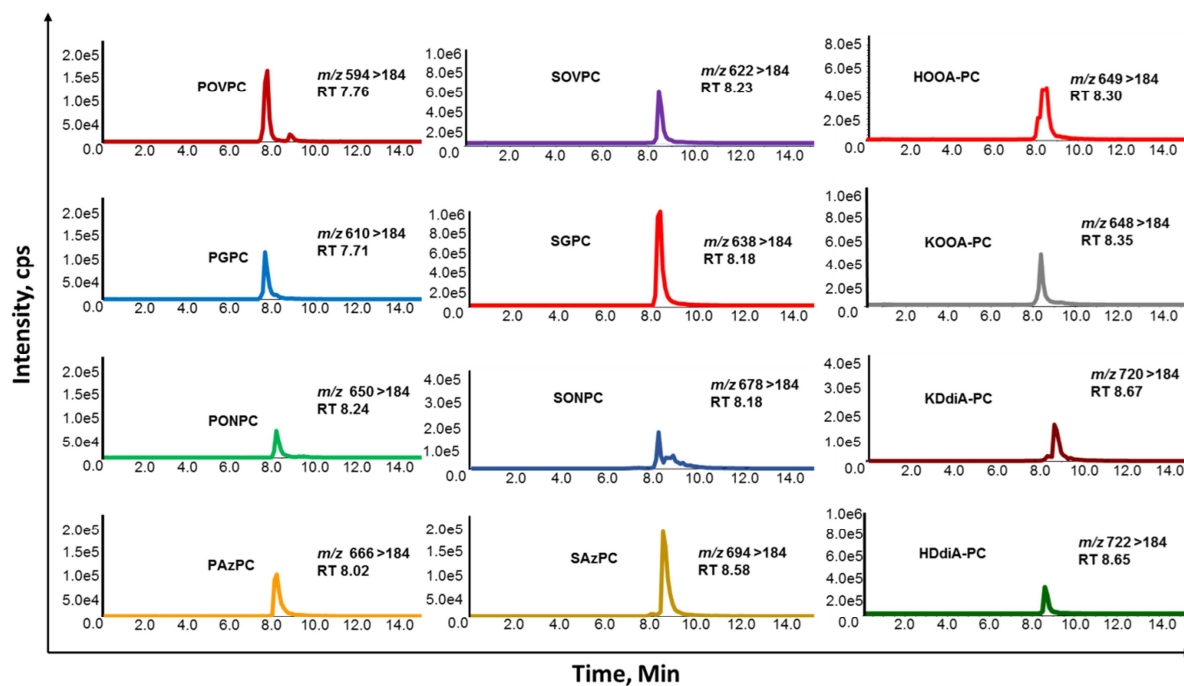
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621 **Figure 1: Chromatographic separation of native PAPC, SACP, PLPC and SLPC standards.**

622 Native PAPC, SACP, PLPC and SLPC in a positive ion mode revealed single chromatographic  
 623 peaks that corresponded to the protonated molecule at  $m/z$  782.7,  $m/z$  810.6,  $m/z$  758.7  
 624 and  $m/z$  786.6 respectively; with their respective spectra in the inserts. Ions observed in LC-  
 625 MS spectra at  $m/z$  804.7,  $m/z$  832.6,  $m/z$  780.7 and  $m/z$  808.6 corresponded to sodiated  
 626 adducts ( $[MNa]^+$ ) of each analyte.

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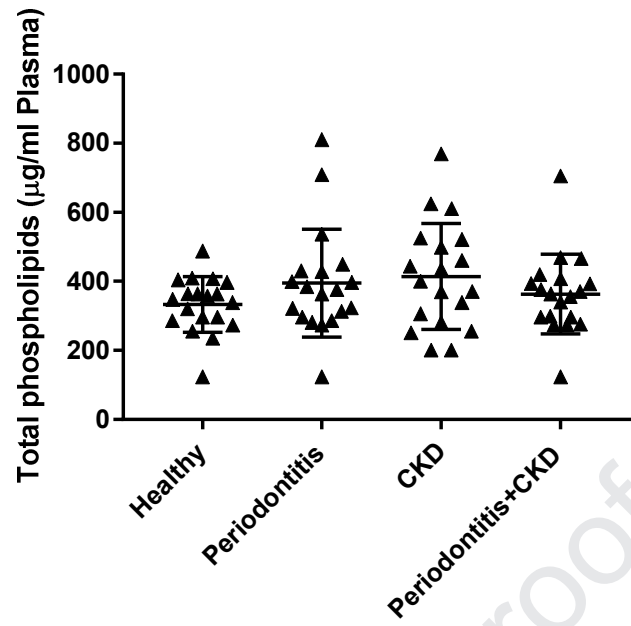
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630 **Figure 2: Extracted ion chromatograms (XIC) of individual molecular species of four**  
 631 **commercial synthetic standards and eight chain fragmented oxPCs.** MRM method developed  
 632 for 12 oxPCs, which consist of four commercially available standards (POVPC, PONPC, PGPC,  
 633 PAzPC) and eight iron oxidised products of SAPC and SLPC lipids; namely SOVPC (1-stearoyl-  
 634 2-(5'-oxo-valeroyl)-*sn*-glycero-3-phosphocholine), SGPC (1-stearoyl-2-glutaryl-*sn*-glycero-3-  
 635 phosphocholine), SONPC (1-stearoyl -2-(9'-oxo-nonanoyl)-*sn*-glycero-3-phosphocholine)  
 636 SAzPC (1-stearoyl-2-azelaoyl-*sn*-glycero-3-phosphocholine), HOOA-PC (1-palmitoyl-2-(5-  
 637 hydroxy-8-oxo-6-octenoyl)-*sn*-glycero-3-phosphocholine), KOOA-PC (1-palmitoyl-2-(5-  
 638 hydroxy-8-oxo-6-octenoic acid)-*sn*-glycero-3-phosphocholine), KDdiA-PPC (1-palmitoyl-2-(4-  
 639 keto-dodec-3-enadioyl)-*sn*-glycero-3-phosphocholine), and HDdiA-PC (1-palmitoyl-2-(9-  
 640 hydroxy-11-carboxy-undec-6-enoyl)-*sn*-glycero-3-phosphocholine)

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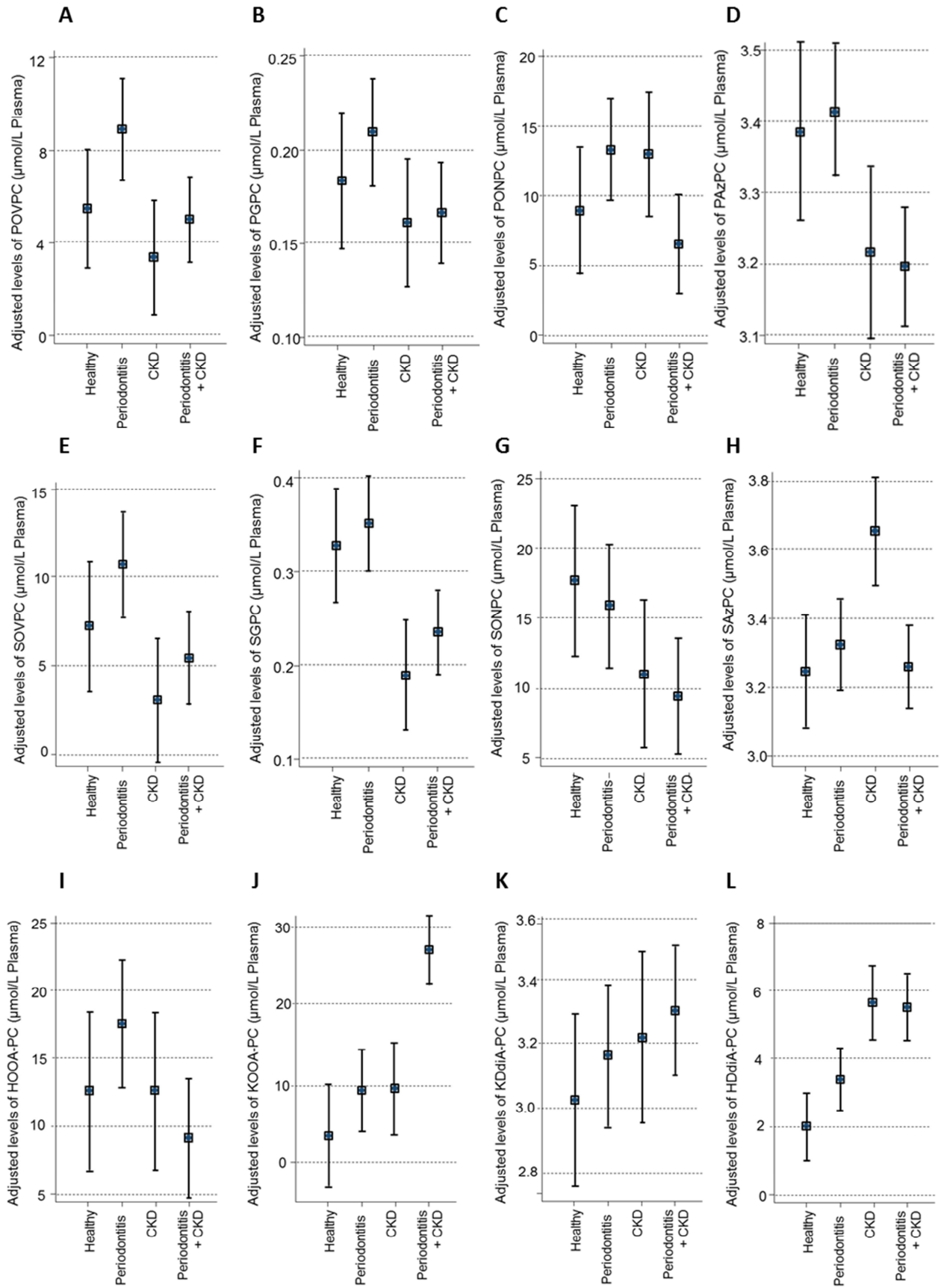
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645 **Figure 3: Total phospholipid content in disease groups.**

646



648 **Figure 4. OxPC concentrations ( $\mu\text{mol/L}$  plasma  $\pm$  SEM) measured in plasma from healthy**  
 649 **control, patients with periodontitis, patients with CKD and patients with CKD comorbid**  
 650 **with periodontitis.**

651 **Tables**

652 **Table 1:** Demographics of patients and healthy control individuals. Data presented is mean  
 653 (SD) unless otherwise stated

	Healthy control (n=20)	CKD (n=13)	Periodontitis (n=17)	CKD and periodontitis (n=20)	P<0.05
Weight (Kg)	74 ( 17)	78 (19)	79 (15)	87 (23)	No
BMI (Kg/m <sup>2</sup> )	25 (4)	29 (6)	27 (4)	31 (8)	Yes
Age (years)	37 (9)	74 (13)	48 (5)	62 (9)	Yes
Gender (% female)	60	15	59	30	Yes
Periodontal Health	0	0	1	1	
Current smokers (%)	5	10	12	10	No
Ex-smokers (%)	10	65	59	30	Yes
Diabetic (%)	0	40	0	45	Yes

654

655

656 **Table 2:** Selected multiple MRM parameters (Q1/Q3 transition pair, declustering potential  
 657 (DP), collision energy (CE), exit quadrupole potential (CXP), retention times (min) used in the  
 658 analysis

Analyte	MRM transitions	Dwell Time (ms)	DP (V)	CE (V)	CXP (V)	Retention time (min)
POVPC	594.5/184.0	100	96	33	18	7.76



PGPC	610.0/184.0	100	10	37	26	7.71
PONPC	650.0/184.0	100	10	39	14	8.24
PAzPC	666.0/184.0	100	10	37	16	8.02
SOVPC	622.0/184.0	100	26	45	18	8.23
SGPC	638.0/184.0	100	16	35	10	8.18
SONPC	678.0/184.0	100	16	43	18	8.97
SAzPC	694.0/184.0	100	21	37	24	8.58
HOOA-PC	649.0/184.0	100	31	41	10	8.30
KOOA-PC	648.0/184.0	100	26	41	24	8.35
KDdiA-PC	720.0/184.0	100	6.0	45	16	8.67
HDdiA-PC	722.0/184.0	100	21	37	28	8.65
DMPC (d13)	691.0/481.0	100	96	38	12	9.53

659

660 **Table 3: Multivariable regression analysis of oxPCs between disease groups.** Groups were  
661 analysed with measures of oxidative stress as dependent variables and clinical health  
662 parameters (healthy/ periodontitis only/ CKD only/ CKD and periodontitis), age and sex as  
663 independent variables. Significance was accepted as  $p < 0.05$ .

664

	POVPC	SOVPC	HOOA-PC	PONPC	SONPC	KOOA-PC	PGPC	SGPC	HDdiA-PC	PAzPC	SAzpc	KDdiA-PC
Perio vs Healthy	0.016	0.043	0.083	0.029	0.526	0.052	0.096	0.331	0.005	0.848	0.238	0.372
CKD vs Healthy	0.653	0.376	0.577	0.104	0.195	0.162	0.909	0.026	0.000	0.112	0.001	0.266
CKD+Perio vs Healthy	0.760	0.788	0.946	0.864	0.061	0.000	0.969	0.065	0.000	0.047	0.595	0.051
CKD vs Perio	0.010	0.006	0.445	0.851	0.281	0.932	0.109	0.001	0.003	0.034	0.002	0.529
CKD+Perio vs Perio	0.049	0.025	0.091	0.027	0.106	0.000	0.095	0.003	0.009	0.013	0.623	0.152
CKD+Perio vs CKD	0.240	0.307	0.335	0.006	0.618	0.000	0.895	0.250	0.604	0.889	0.000	0.402

665

Highlights:

- We describe a targeted mass spectrometry method to simultaneously quantify an expanded panel of 12 oxidised phosphocholines in plasma.
- This method reproducibly and sensitively quantified oxidised phosphocholines in the individuals with chronic kidney disease and with periodontitis as a co-morbidity.
- Patients with chronic kidney disease and periodontitis as a co-morbidity, have altered oxidised phosphocholine profiles in plasma compared to healthy controls.

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