

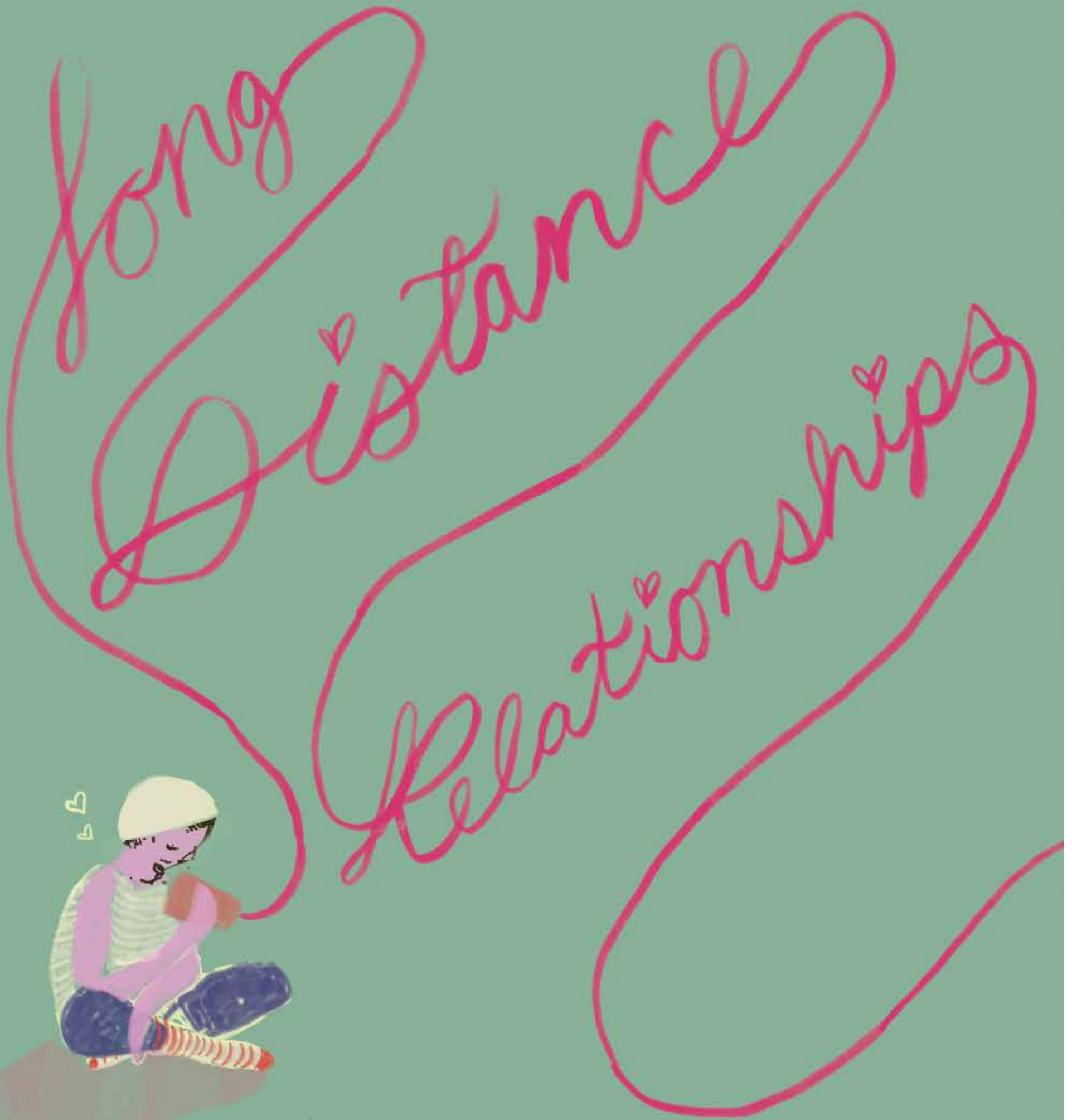
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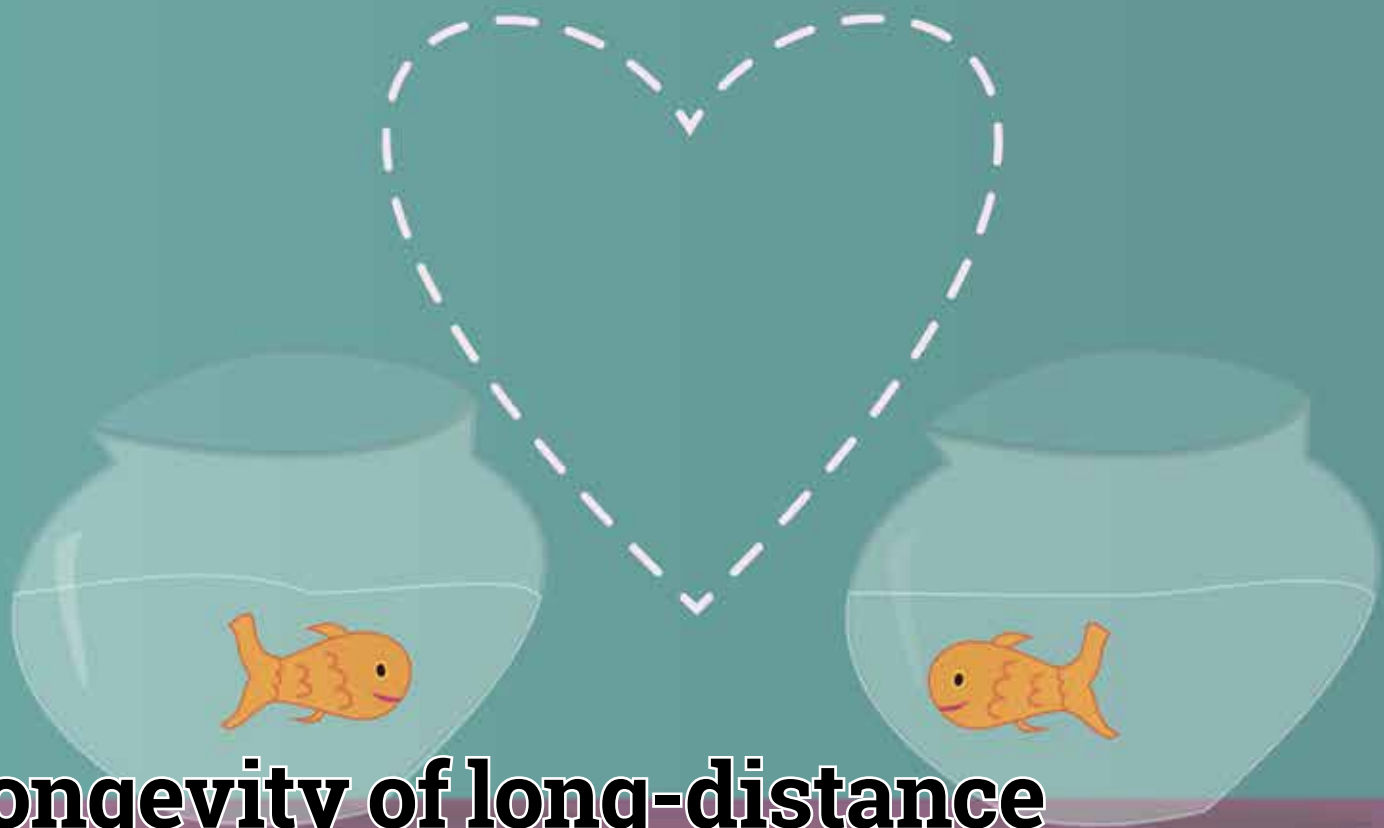
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The longevity of long-distance

This week our feature article tackles the hardships that come with a long-distance relationship, and a few key tips for making it work when it feels like there is—or if there *actually* is—a continent between the two of you.

Not to spoil too much from the feature (you can find it in our centre-spread, accompanied by a wonderful, hand-drawn illustration by our very own Cara Seccafien) but the writer Duncan, spent seven years (!!!) in a long-distance relationship with his partner before finally closing that Vancouver to Florida gap.

To that I say “congratulations” ...and also, “gad damn.”

I’m no stranger to planned phone conversations and the importance

of Snapchat. For roughly a year my current girlfriend/roommate and I were separated by the Pacific Ocean—or, more specifically, the small portion of the Pacific that sits between Vancouver and Victoria.

One shameful Google search later It’s called the Strait of Georgia.

So yeah, we were only 4.25 hours (depending on traffic and making that damn ferry) away from each other, but it still felt like a lot.

I’ve never been one to shy away from impulse, or allow myself to linger in a situation I felt I could improve through action. Normally I would have just packed up my bags, thrown a sleeping bag into the back of my truck, and taken off to Victoria to spend some time with

the Mrs.—everything else be damned.

But then I started going to college, and she was finishing up her degree, and another handful of reasons came up as to why we should just get through the long-distance stuff now so we can live together later.

Two semesters, half a summer, and countless ferry rides later, and we’ve managed to close that distance, just as ****HUGE SPOILER WARNINGS**** Duncan and his girlfriend did with their (much longer) time apart.

It really does go to show that if you can do it, it’s worth it. Three years ago I would have scoffed at the notion of dating someone that you can only see through a screen or who might be in a different time zone, but now it really does make

sense.

If it’s right, it’s right, and there’s always ways to make it work—whether that means scheduling vacations to Florida, or braving the deep dark waves of the Pacific Ocean—Strait of Georgia—because a good long-distance relationship usually becomes a great no-distance relationship.

Unless you’re being cat-fished, of course, then there’s really not much you can do.

Cheers,

Chandler Walter

the otherpress

Rm 1020 – 700 Royal Ave.
Douglas College
New Westminster, BC V3L 5B2
☎ 604.525.3542

🏠 theotherpress.ca
✉ editor@theotherpress.ca
📺 /theotherpress
📷 /DouglasOtherPress

Chandler Walter
Editor-in-Chief
✉ editor@theotherpress.ca

Jake Wray
News Editor
✉ news@theotherpress.ca

Davie Wong
Sports Editor
✉ sports@theotherpress.ca

Jessica Berget
Opinions Editor
✉ opinions@theotherpress.ca

Mercedes Deutscher
Social Media Coordinator
@theotherpress

Rebecca Peterson
Assistant Editor
✉ assistant@theotherpress.ca

Caroline Ho
Arts Editor
✉ arts@theotherpress.ca

Brittney MacDonald
Life & Style Editor
✉ lifeandstyle@theotherpress.ca

Klara Woldenga
Humour Editor
✉ humour@theotherpress.ca

Kwiigay iiwans
Layout Manager
✉ layout@theotherpress.ca

Angela Ho
Business Manager
Jacey Gibb
Distribution Manager

Joel McCarthy
Graphics Manager

Elizabeth Jacob
Production Assistant

Cara Seccafien
Illustrator

Colten Kamlade
Staff Reporter

Greg Waldock, Jillian McMullen, and Katie Czenczek
Staff Writers

Analyñ Cuarto
Staff Photographer

Jerrison Oracion
Senior Columnist

Lauren Kelly
Columnist

Braeden Mandrusiak, Ed Appleby, Cazy Lewchuk, Duncan Fingarson, Sameer Siddiqui, Joshua Toevs, Duncan Fingarson
Contributors

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Have an idea for a story?
✉ news@theotherpress.ca

NEWS

- ✔ Toronto doctor awarded \$100k to continue mental health research
- ✔ Advanced education minister meets student representatives

And more!



INTERNATIONAL MEET & GREET

The DSU hosted a meet-and-greet party to welcome international students on September 27. Our photographer, Analyn Cuarto, attended the event.



Photos by Analyn Cuarto

Analysis: Jagmeet Singh wins NDP leadership in historic victory

> New Democrat Party faces the future after surprise landslide

Greg Waldock
Staff Writer

Jagmeet Singh has won leadership of the NDP.

The Ontario MPP and former criminal defence lawyer is the first person of colour to hold leadership of a Canadian federal party. Singh won in a strong victory over the other candidates, earning more than 50,000 votes compared to the runner-up, Charlie Angus, who won only 12,000. His election shows a continued NDP focus on social issues, as Singh has been a vocal supporter of LGBTQ rights and protection of religious minorities.

Singh was a frontrunner choice soon after he started, but a viral video of him refuting an anti-Muslim citizen at a town hall went viral the week before the election, helping secure his position as a charismatic favourite. During his campaign, Singh talked less about the NDP's historically socialist economics than his competitors, instead focusing on his and the party's social justice activism, as did Nikki Ashton in her bid for NDP leadership. This is also similar to Singh's 2011 run for the Bramalea-Gore-Malton riding in Ontario, which he flipped for the NDP from an incumbent Liberal MPP.

The new leader of the party has been criticized within the NDP for being too moderate and not engaging

in the working-class socialism that influenced the party at its beginning. The economic issues that the NDP has traditionally engaged in were sidelined in Singh's campaign, with few mentions of minimum wage increases, cooperation with unions, or the concept of basic universal income. Leadership candidates Guy Caron, Peter Julian, and Charlie Angus leaned more on economic arguments during their campaigns, with Angus specifically calling out Singh for being supported by his personal charisma and likeability, not party policies supported by average Canadians. In a speech earlier in the year, Angus said that the NDP has previously won "by putting supporters on the ground, not by having someone come in and say 'I can do this all by myself.'"

Meanwhile, New Westminster MP Peter Julian endorsed Singh shortly after his victory, and expressed admiration at the success of Singh's campaign.

"What Jagmeet did," said Julian, according to a report by the *National Post*, "is he ran in a no-hope riding and built it up into a very strong NDP riding." Julian also praised Singh's ability to recruit new NDP members, referring to and supporting Singh's controversial claim that he raised 47,000 new supporters for the party over the course of his campaign.

Guy Caron, who lost the



Photo by BGM Riding Association via Wikimedia

leadership race to Singh, also voiced his support for the new leader.

"I think people, getting to know him, will adopt him very fast. He's very likeable. He strikes the right chord with the population," he said, according to a report by the *National Post*.

During a debate between the NDP candidates earlier this year, Singh refused to automatically oppose the Kinder-Morgan Trans Mountain pipeline expansions, unlike the other candidates

on stage. BC Premier John Horgan and Singh have not yet commented on their level of cooperation for the pipeline project or similar environmental issues.

It remains to be seen how Singh will work with the unique political situation in British Columbia today and in the run-up to the 2019 federal election. His leadership skills will be put to the test as his election-winning charisma and charm begin to butt against that of Justin Trudeau, his main political rival for the next two years.

Toronto doctor awarded \$100k to continue mental health research

> Studies suggest link between bipolar disorder and heart issues

Jake Wray
News Editor

Dr. Benjamin Goldstein, a researcher at Sunnybrook Health Sciences Centre in Toronto, has been awarded \$100,000 to continue his research.

Goldstein is the 2017 recipient of the Royal-Mach-Gaensslen Prize for Mental Health Research, an annual award given to Canadian mental health researchers by the Mach-Gaensslen Foundation of Canada, a medical grant organization, and The Royal, a mental health advocacy and research organization affiliated with the University of Ottawa.

Studies led by Goldstein have shown that teenagers with bipolar disorder face higher risk of cardiovascular disease, according to a press release issued by The Royal. Goldstein's research shows that bipolar teenagers have a much higher risk of engaging of behaviour that increases their risk of heart disease, such as leading a sedentary lifestyle or being obese. Additionally, risks like sedentary lifestyle and obesity are thought to exacerbate bipolar disorder.

"My hope is to get to adolescents early. We want to reduce the number of poor outcomes," Goldstein said



George Weber, President & CEO, The Royal; Dr. Benjamin Goldstein, 2017 recipient of the The Royal-Mach-Gaensslen Prize for Mental Health Research; Dr. Zul Merali, President & CEO, The Royal's Institute of Mental Health Research; and, Scott McLean, Chair, The Royal's Board of Trustees

“We want to find evidence that proves it's not all in your head,” Dr. Benjamin Goldstein

in the press release. “One thing that particularly drew me to the treatment of bipolar disorder is there is the

capability to lead a totally fulsome life if symptoms are properly controlled.”

Goldstein is now studying whether there are any biological connections

between brain conditions and heart conditions, according to the release. It's possible, the release said, that the research could prove some treatments for heart conditions may also be effective for treating bipolar disorder.

“The world has moved from the belief that mental illness is all in your mind to recognizing it is in your brain. We're taking it a step further and saying that mental illness could be a multi-system disease that affects both brain and body,” Goldstein said in the release, adding that there should be more attention devoted to teenagers' cardiovascular health. “Not only would that be in service of their long-term physical health, but also in service of their current emotional and cognitive health.”

Goldstein said in the release that he hopes to combat stigma against mental illness by studying underlying biology.

“We want to find evidence that proves it's not all in your head,” he said.

Chris Carruthers, chair of the Mach-Gaensslen Foundation of Canada, said in the release that Goldstein's work is special.

“Dr. Goldstein's unique approach could have a huge impact on research and clinical care for many people suffering from bipolar disorder, in Canada and around the world,” he said.



Photo via DSU

Advanced education minister meets student representatives

> Minister attended BC Federation of Students meeting at Douglas College

Jake Wray
News Editor

Melanie Mark, BC's minister of advanced education, met with representatives from various BC post-secondary schools at Douglas College on September 30 and heard their concerns about housing, student debt, and textbook costs.

Mark was at Douglas College to meet the BC Federation of Students (BCFS) executive committee. The BCFS executive committee includes representatives from 14 student unions, including the DSU. A total of ten representatives were present at the meeting with

Mark, according to Simka Marshall, a Douglas College student and chair of the BCFS executive committee.

In a phone interview with the *Other Press*, Marshall said each representative had a chance at the meeting to introduce themselves and discuss their respective unions' top concerns with the minister.

"We had people talking about student debt, that was something people touched on a lot, and the need for a provincial grants program. People also talked about textbooks. There's a lot of work being done around the province to bring awareness to the cost of textbooks," she said. "People also brought up issues like housing issues. It was actually surprising, I think you would be surprised, to have

heard about the housing issues not just from the Lower Mainland. There was people from campuses all around the province that were talking about that."

After hearing the representatives' comments, Mark said she was open to further discussions with the BCFS, according to Marshall.

"[The minister] said that she's looking forward to being able to work with us, and she's grateful to have the opportunity to hear about student issues directly from students," Marshall said. "It was a good intro-type meeting. She did say that she also felt that this was an important step to building a working relationship together."

Marshall said Mark's predecessor, Andrew Wilkinson, who was advanced

education minister for the BC Liberal government, never came to meet with the BCFS, and they had a difficult working relationship with him.

"It was a bit challenging, to be honest," she said. "We felt like [Wilkinson] had a different set of priorities [than we did] for advanced education as far as student debt goes, and things like that."

The BCFS is looking forward to having more detailed discussions about how to address their concerns about housing, student debt, and textbook costs with Mark, according to Marshall.

"I think being able to have more in-depth dialogue, about really getting into the nitty-gritty of those policies, is where we want to go," she said.

New Port Moody councillor elected on promise to protect park

> Bert Flinn Park eyed as possible location for new road

Colten Kamlade
Staff Reporter

Bert Flinn Park, located within Port Moody near Anmore and Belcarra, was created "as a result of a referendum in 1999," according to the City of Port Moody's website. Now, almost twenty years later, the park may be disturbed by the work of developers who wish to build a road through the heart of the park.

The Save Bert Flinn Park website says that the City wants to build the road "as a means of accommodating denser residential development on what were once industrial lands of the Imperial Oil Company at the western end of Ioco Road." It goes on to claim that the road "would fundamentally and forever compromise the Park's tranquility, ecosystem, and enjoyment for other uses."

Those who oppose the building of the road have found a champion for their cause. Hunter Madsen just won the Port Moody byelection, campaigning



Photo via savebertflinnpark.ca

on the promise to preserve Bert Flinn Park. The Port Moody website announced Madsen's victory on October 2. Karen Rockwell, Madsen's nearest competitor, received only 530 votes, while Madsen received 1277. According to an article in *Tri-City News*, Madsen is a

former digital media executive.

Several people at Bert Flinn Park shared their opinion of the park with the *Other Press*.

"[It's] a beautiful park and a great place to take kids," said Tina Campbell.

"It's a really nice place, it would

be a shame to see it go," said Justin Walls. "I'm an outdoorsy person, so, yeah, I think it's really important to protect places like this."

According to the Save Bert Flinn Park website, the plans to build the new road are still in the works. With all the support that the opposition to the road has garnered, however, it is clear that developers have a fight ahead of them. The Save Bert Flinn Park Facebook page has 435 followers, and last year the Save Bert Flinn Park organizers held the biggest rally that Port Moody has ever seen.

There is no telling what effect Madsen's position on city council will have on the preservation of Bert Flinn Park, but it will likely be an encouragement to those who are struggling against developers to protect its natural beauty. Madsen posted on Facebook on October 3—through the Save Bert Flinn Park page—that "you can count on me to keep speaking up for the green and wild spaces that we hold dear. Again, thank you folks—you're the best."

- ✔ 'Deception: Murder in Hong Kong' board game review
 - ✔ The best Thors waiting for the big screen
- And more!

Iglooghost crafts a futuristic masterpiece

> 'Neo Wax Bloom' album review

Joshua Toevs
 Contributor

★★★★★

Neo Wax Bloom is the first full length album from UK producer Iglooghost and on this record, he showcases his warped ideas of what electronic music should sound like.

This record features industrial sounds blended into electronic, hip-hop, and jazz soundscapes, producing an erratic, yet focused project. There is a lot to like sonically from this record, with Iglooghost using a cavalcade of sounds to entice both those familiar and foreign to this artist's work.

One of his most powerful instruments is the use of vocals. Iglooghost takes vocals and manipulates them to varying degrees as a way to infuse them within the soundscape he is trying to create. On "Pale Eyes," the vocals dance along the synth line, which allows the rainforest samples and that harrowing drum loop to dominate your ears. That specific drum loop sounds like a fusion of TNGHT and Kanye West's "To the World." Vocals showcase themselves again on "Sölar Blade," a record which interpolates and feverishly speeds up an André 3000 rap, as well as "Göd Grid," which pitch shifts vocals with such ease that you almost don't recognize the amount of

skill it takes to tweak chords like that.

Iglooghost has a penchant for using unique presets throughout this project. From the dog bark on "Bug Thief" to the obnoxious referee whistle on the already mentioned "Sölar Blade," Iglooghost hides these sounds behind a bevy of rumbling hi-hats and deep 808 drum loops to present something truly refreshing.

Refreshing and unique are two words that you will keep coming back to when listening to Iglooghost's music. It is honestly like nothing I have ever heard before. There is minimalist restraint on the Caribbean-inspired "White Gum" and "Peanut Choker," while at the same time presenting this dichotomy with heavy, in-your-face tracks like "Teal Yomi / Olivine" and "Zen Chomp." That is not to say that there aren't missteps and deficiencies on this record. The featured vocals of Cuushe on "Infinite Mint" can sound too clean and crisp, which results in them sticking out in all the wrong ways. Some of the production also starts to blend together, especially near the end of the album where it becomes a challenge to differentiate the songs as they don't incorporate enough spice to keep them unique enough.

This record will keep you coming back to discover different sounds ranging from sophisticated saxophone arrangements to the glitched and abrasive piano melodies. With a run time of 41 minutes, this record facilitates repeated deep dives.



IGLOOGHOST
 Neo Wax Bloom

Experiencing being public schooled

> 'Public Schooled' film review

Jerrison Oracion
 Senior Columnist

★★★★★

There are a lot of high school films about people in high school. However, there are far fewer films about homeschooling, which makes this film stand out. *Public Schooled* shows what being homeschooled is like and how public school might not hold as much value as homeschooling.

Liam (Daniel Doheny) has been homeschooled for his entire life by his mother Claire (Judy Greer), and he is about to do his graduation requirement test in a public school. When he finishes his test early and sees a one-legged girl named Anastasia (Siobhan Williams), he goes back inside the gym, changes his answers, and does not pass the test because he wants to experience what public school is like.

With the help of the principal of Cherry High School (Andrew McNee), Liam substitutes for a sick student named Maria (Eva Day) for a week and does all the activities that she does, tries to spend time with Anastasia, and learns life lessons from Claire at home. Director Kyle Rideout uses modern filmmaking to show how Liam gets around public school and gives the movie a nostalgic feel of high school films in the 1980s. There are a lot of twists throughout the film that will cause you to question how it will end. Will Liam get his girl and will he pass his graduation

requirement test the second time?

The songs in the film have a distinctly BC sound, as they were composed by local artists. The homeschool scenes will cause you to think about the things that you learned in high school Planning class in another way. The film shows that the education of homeschooling can have more value with its one-on-one approach, though you might not have a lot of friends like in public school.

During a Q&A after the screening of the film at the Vancouver International Film Festival, one of its producers, Josh Epstein, described how they were able to get a lot of famous international and local actors, thanks to their great casting director. Russell Peters plays a school councillor, *Kim's Convenience* star Andrea Bang plays a protesting homeschooled student named Autumn, and *Hawaii Five-O* star Grace Park plays her mother, Mackenzie. Also, Rideout can be seen playing Liam's uncle and Epstein is seen as the adjudicator of the graduation requirement test.

At the Q&A, I asked some of the people in the film if they drew upon personal experiences when they were filming it. Most of them told me that they used personal experiences from school, though they were not like the characters that they played in the film. Also, Doheny and Day attended the screening in-character.

Public Schooled has a lot of funny moments and twists and when you see it, you might feel like you have been schooled. *Public Schooled* airs on The Movie Network soon.



Image via ninjatune.net

Screenshot from 'Public Schooled'

Combating stigma through comedy

> Free comedy show takes on mental illness

Caroline Ho
Arts Editor

This Friday evening, Stand Up for Mental Health is bringing mental health issues to the spotlight—by laughing about them.

Stand Up for Mental Health (SMH) is an organization that aims to overcome both individual struggles with mental health and the stigma surrounding the subject. The organization's founder David Granirer, a comedian and counselor who also has depression, partners with mental health organizations to teach people how to develop and perform stand-up comedy based on their own tribulations.

SMH is based in Vancouver and according to its website runs programs all across Canada, the US, and Australia, helping participants gain confidence and performing at conferences, treatment centers, government agencies, college campuses, and more. On October 13, Granirer and the SMH Society are bringing their experiences right to Douglas College's New Westminster campus with the *Stand Up for Mental Health Comedy Show*.

Friday's show takes place at 7 p.m. in the Laura C. Muir Performing Arts Theatre. The event is free and open to all Douglas students and community members. However, attendees are asked to register online beforehand, since limited space is available in the 350-seat theatre.

Stephanie Haslam, Interim Manager of Student Engagement and the one responsible for bringing this comedy show to Douglas, told the

Other Press in an interview that she invited the SMH Society to the school in order to promote mental health awareness in the month of October. Given the stigma around mental illness, many people are often reluctant or afraid to discuss how it affects them. Haslam said that she believes this show's humorous approach can help to normalize the topic and prompt people to start a deeper conversation around it.

For many individuals out there who are struggling with mental health issues and might not be ready to open up about it, Haslam hopes this show will resonate deeply and provide some measure of reassurance.

"I think it makes you feel like you are not alone," she said. "Even if you're not ready to talk about them, you might be able to relate to the stories that people are telling or the experiences that people have gone through."

However, even for anyone who doesn't think they're directly affected by these issues, Haslam still very much welcomes and recommends attending Friday's show. Prejudice around mental health issues affects all of society, and we all need to realize that struggles with mental illness are very common but that they are nothing to be frightened of. The upcoming comedy show can provide an opening for people to talk to friends and family, and to work together to end the stigma.

Most importantly, Haslam wants to encourage people on Friday to come out ready to engage in some much-needed dialogue about mental health.

"It's time that we start talking about it," said Haslam. "It's time that we make it ... a part of our regular conversation."

What does 'home' feel like?

> Home Cabaret boasts diverse evening of local performers on October 13

Jillian McMullen
Staff Writer

The City of New Westminster, in partnership with New Works, a non-profit dance organization based out of Vancouver, is hosting an evening showcasing the city's diverse arts community on October 13 at the Anvil Center. The evening boasts a multidisciplinary, intergenerational lineup all demonstrating what the idea of "home" means to them.

The event is one of five that the City of New Westminster has planned over the past year as part of their Canada 150 celebrations. The *Other Press* spoke with Biliana Velkova, the city's Arts Coordinator, in a phone interview about their programming approach to these events.

"What we are doing is around collecting community conversations and community stories about what 'home' means to New Westminster," said Velkova.

People, she explained, can have vastly different ways of examining what that means.

"Is home where we sleep? [Is it] where we feel safe? Home may be the river. Home is uncaded land. Home may not even be here. Maybe it's somewhere else that you go back to every year," said Velkova. "We're looking at the idea of home in a very broad sense, but also connecting it back to New Westminster."

The multiplicity of feelings towards "home" is representative of the evening's lineup, which features dancers, opera singers, circus performers, bluegrass musicians, and drag queens. Beverly Walker—Cultural Programs, Presentations, and Special Events Coordinator at New Works and curator of the event—also spoke with the *Other Press*. Walker chuckled as our reporter pointed out the shows broad range of disciplines slated for the evening.

"I hope it will be like an old-fashioned variety show," said Walker.

Admitting she did not fully appreciate opera in the past, she said she remembered an event earlier this year when she, like many in the audience, had powerful reactions to the bigger-than-life opera singer performing—the same singer performing at Home Cabaret. People, she said, reacted so positively, even cars driving by slowed to see the captivating performance. Walker would love to see audience members similarly come to the event to see one act and discover others they would have never thought to explore.

Drag performance is another art that is becoming more and more visible in the art community. The art of drag has never

had the level of popular interest into it as right now, making it a very exciting time for the art form. Walker elaborated on this, calling it "an imagination of the exotic."

Despite its smaller size, New West is proving its arts culture is equally as rich as Vancouver's.

"We wanted to feature the best of what's happening right now [in the city's arts community], but this is just a snapshot," said Walker. "New West is a cultural hotbed."

These types of interdisciplinary events have the potential to establish relationships between artists that may not have happened otherwise, so Walker says she is excited to see what types of artistic connections that may come out of the evening.

"I think this might be an event where [what happens] backstage will be equally if not more exciting."

When asked what has been the most rewarding part of working on Home Cabaret, Walker said, "I'm thrilled to connect audiences with great art and artists with resources."

Artists, she said, have to go where the work is, so the idea of "home," the theme central to the event, is often articulated through the availability of work.

Velkova echoed a similar sentiment. "We are always really open to having accessible and diverse programming. We're always working with different cultures, different ages, different abilities to showcase the diverse talent that we have."

Both Velkova and Walker thanked a grant provided by the Government of Canada that helped make this event possible. Walker added that she has really appreciated the way the City of New Westminster has approached the Canada 150 celebrations. The city has made a point to insist on their celebration of "the Confederacy" rather than of "Canada," something Walker said responsibly honours Canada's Indigenous peoples and the over 40,000 years of history and arts that preceded European arrival.

If the lineup wasn't enough to convince a potential audience member, Walker urges people to give it a try as this is a free event and it's a great opportunity to "get together with other art appreciators." The evening will feature an artist pre-show chat, where performers will answer questions on their work, beginning at 6 p.m., as well as an after-show social.

"I'm really proud of what we're doing here in the city. We have an amazing community, both artists and audiences," said Velkova. "I just want to let people know that the Anvil Centre is open, that there's a lot going on here, and that we're always looking to welcome new people."

“ We're looking at the idea of home in a very broad sense but also connecting it back to New Westminster.” – Biliana Velkova, Arts Coordinator of New Westminster



Image via standupformentalhealth.com

To register for the event, go to <https://www.douglascollege.ca/student-life/get-healthy>.

The affair: East Vancouver style

> 'Meditation Park' film review

Jerrison Oracion
Senior Columnist

★★★★★

Vancouver is in the spotlight in a lot of films, though it is often not called Vancouver. You can recognize famous landmarks in the city even when it is supposedly another city. Mina Shum's next film *Meditation Park* explicitly takes place in East Vancouver and showcases various details of the area to the rest of Canada.

The film begins as if it is a spy film. Then, it transitions into an indie film and we meet Maria (Cheng Pei-Pei) completing her usual routine of going to Chinatown, getting dinner for her husband Bing (Tzi Ma), and cleaning their house.

After celebrating Bing's 65th birthday with the rest of their family, Maria finds women's underwear in one of the pockets of Bing's pants and after watching an episode of *Dragnet*, she goes on an investigation to find out if her husband is having an affair with another woman. In the process, she does unexpected things to earn money in order to get closer to answering her questions.

The film shows various places in East Vancouver that everyone in the city knows including Chinatown, the Pacific Coliseum, and the neighbouring houses that are near the PNE. It also shows a detail that makes East Vancouver distinctive, with the parking spots in the area being sold when something is happening in the PNE. When I watched the film, I recognized a lot of places that I go to a lot, like the area that my family



Screenshot from 'Meditation Park'

parks in when we go to Chinatown, the meat shop where we go to buy duck, and the parking lot near Science World.

Cheng Pei-Pei (who is an acclaimed actress in Hong Kong and seen in *Crouching Tiger Hidden Dragon*) does a lot of things that you would not expect her to do in a film. I was laughing a lot during the scene where she works in an insurance company and she pronounces the famous local insurance company Sussex Insurance as Success Insurance. Also, there are a lot of funny moments from Lillian Lim's portrayal of the parking lady that Maria works with to earn money

for her investigation. Sandra Oh and Don McKellar are both in the same film again, though McKellar has a bigger role here as a parking man named Gabriel who steals sales from the women's sales.

Meditation Park is the opening film in the Vancouver International Film Festival this year. Throughout the screening, the audience laughed a lot. When it was done, the audience clapped and gave a standing ovation to everyone who was involved in the film. Lim came to the gala in-character, even dressed the same as her character in the film.

Cheng is the executive producer

of the film and she told me after the screening that she was interested in it because she liked the story of the film. I asked Shum which area in East Vancouver was the most interesting area to film, and she told me that she was interested filming in Chinatown. Most of it was shot near Shum's house, and when they were done filming for the day she was able to go home in a few minutes.

The film is one of the best Canadian films this year. If you get a chance, see this film because it is funny and it takes place in your backyard. *Meditation Park* opens in limited release soon.

Chairman of the Board: Who done it?

> 'Deception: Murder in Hong Kong' board game review

Ed Appleby
Contributor

★★★★★

Hong Kong: Home of good food, awesome action movies, and MURDER!

Deception: Murder in Hong Kong (2014) is a murder mystery party game for 4 to 12 people designed by Tobey Ho and published by Grey Fox Games. In the game, all players are dealt four "clue" cards and four "means" cards, face up. One player is secretly chosen to be the murderer and they choose two of the cards in front of them. The other players then try to figure out what the cards are by only using the clues from the forensic investigator.

This game plays a lot like *Werewolf* or *Mafia*, but with some interesting twists that increase everyone's enjoyment. The judge—"forensic investigator" in this game—who usually has a passive role in other games is firmly on the side of the investigators, and actively tries to assist them by only using clue cards and saying "yes" and "no." In larger games

there are two more roles added to the milieu: An "accomplice" and "witness" who also know who the murderer is. The accomplice knows which cards are picked and actively tries to deceive the other players. The witness has an advantage by knowing who the murderer and accomplice are, but must be careful.

Each player gets only one guess as to which clue and means are active, and if they guess right the game isn't over yet. The murderer and accomplice choose one player, and if that player is the witness then the evildoers get away with the crime. This makes everyone engaged for the whole game trying to either hide their role or reveal others.

The single guess and tight three rounds makes the game a lot faster and more engaging than other traitor games. The game also has a very thematic quirk in that—like the Hong Kong of old—all of the cards are bilingual, written in both English and Traditional Chinese.

The game is a fun and engaging whodunit, and is a party game that adds more of a focused and concise gameplay with just the right blend of complexity. I would recommend this game, but it does require focus, so play it early in before all your friends are too tired, drunk, or both.



Illustration by Ed Appleby

“This game plays a lot like *Werewolf* or *Mafia*, but with some interesting twists that increase everyone's enjoyment.”

Kamasi Washington continues to make jazz cool again

> 'Harmony of Difference' EP review

Joshua Toevs
Contributor

★ ★ ★ ★ ★

Kamasi Washington's EP *Harmony of Difference* is a perfect appetizer for what the man who made jazz cool again is all about. The record comes in at 6 tracks and just over 30 minutes, which is a far cry from his 3-disc, 3-hour magnum opus, *The Epic*, which he released in 2015. Washington is still every bit as fascinating and musically challenging in this EP, but he exhibits this in bite-sized portions.

Each song is composed by Washington and features a backing band to his unmatched saxophone work. His perfection of that instrument is the standout for the entire record but it doesn't overpower the plucky baselines, the glistening piano keys, or the beautifully restrained drum work. These tracks are presented with an abundance of love and happiness, each song more alive and extravagant than the last. The opening song, "Desire," sounds like the soundtrack to a beautiful stroll in the park with a low-key composition that really helps set the overall tone of the EP. The following track, "Humility," ramps it up tenfold. This composition takes you to a '60s nightclub with Washington playing the saxophone at a

breakneck speed that helps accentuate the abrasive piano composition. It is three minutes of danceable swing jazz.

The tone of "Knowledge" feels like it captures a sad understanding of the world. Each instrument is performed at a lower octave, producing a more somber and introspective sound than the previous two tracks. "Perspective" contributes a lot of the same things as its predecessor to the record, but that track is followed by "Integrity," which feels like the precursor to the last scene of a film. There is a lot of realization and understanding in the composition and arrangement. It is presented at a higher tempo and features a more rambunctious piano melody throughout.

The crescendo and the standout track is easily "Truth." This 13-minute song plucks bits and pieces from each of the previous tracks, amalgamating them into one perfect piece of music. Washington tacks on a funkier underlying base and a more aggressive saxophone solo, as well as a choir which situates itself as a piece of the puzzle rather than overpowering the record. It is this kind of sophistication and attention to detail that has led to the high praise of Washington's ability to craft jazz music that is timeless.

My only gripe with this record, and I feel bad saying this, is that the project isn't long enough. The short runtimes of each track leave Washington with little



Image via consequenceofsound

room to breathe as he is at his best when he is performing on Monet-size canvases. The longer a song is the more sounds, ideas, and personality Washington is able to showcase throughout. That being said, this record is beautiful, high-class,

and worth multiple listens if you are a jazz fan or someone looking to discover more about the genre. *Harmony of Difference* is a great presentation of what a great jazz record can sound like.

The best Thors waiting for the big screen

> MCU is thorly missing these iconic characters

Greg Waldock
Staff Writer

The best part about the Marvel Cinematic Universe being so wildly successful is that now, after a full decade of blockbuster action and sci-fi, we're getting into the really weird and zany parts of Marvel lore. It doesn't get any weirder or zanier than the Thor stories, which include space battles with longboats, time-traveling trickster gods, and a surprising number of Mjolnir-holding heroes. With *Thor: Ragnarok* rolling around the corner in November (and the as the definition of "worthy" is vaguer than ever), now is a great time to look at some of the stranger comic book characters to wield the power of Thor.

Beta Ray Bill: The greatest bro in all of comics and Thor's best friend. He's an alien superhero, mutated into a monstrous form by the mad scientists who gave him his powers. To save his planet from demons, he fights Thor to try and steal Mjolnir. Odin sees how evenly matched they are and commands them to fight to the death for the right to carry the hammer, so it's not a great start to their friendship. However, they draw in combat, treat each other honourably, and Thor helps Bill save his planet—and Odin is so impressed by his strength that he



Image via comicvine.com

gives Bill his own magic divine hammer. This character was introduced way back in the '80s and Beta Ray Bill still shows up to this day, heroically saving his adopted home or giving Thor a hand in punching the bad guy. He's eloquent, chivalrous, and the best alien-mutant-hero a thunder god could ask for. We can only hope Beta Ray Bill one day makes it to the big screen.

Curmudgeonly Police Chief Thor: In 2015 the multiverse ended, and that

sucked. But Doctor Doom saved it! Which also sucked. Long story short, he fused bits of different universes into a single patchwork planet, and ruled over it with an iron fist as an all-powerful God, capital G. To control the planet, he created the Doomgard, the Thor-populated police force, which is exactly what it sounds like: A ton of characters got to wield Mjolnir and fight crime as Thors. The Force has all the police

movie clichés with loose cannon rookies, retired cop forced back into action, and the Curmudgeonly Police Chief, an old grizzled Thor with a cop moustache and no patience for this crap. It's awesome.

Throg: He is a tiny frog with a tiny hammer. Yes, it lets him speak Old English. Yes, it's canon. Yes, *Thor: Ragnarok* will be a complete waste of time if Throg doesn't have at least a cameo.

SPORTS

✔ Patriotic revival endangers free speech

✔ Indoor sports for the uninclined

And more!



Image from Archives of Ontario via Wikimedia

The first days of the NHL

› How a league defined a sport and became quintessentially Canadian

Greg Waldock
Staff Writer

In the beginning, the NHL was a very different place. Toronto had a good team, Vancouver had no team at all, and the Bruins weren't disliked by everyone outside of Boston. The Stanley Cup wasn't even the official trophy of the league at that time. It was almost a completely different sport, aside from the whole ice-and-skates thing. However, the remnants of that early league laid the foundations for the NHL today, so it's important to look back and see where it came from. Though it was founded in 1917, it became the single familiar organization we know today in 1942 with the Original Six era.

The Original Six teams were the

Toronto Maple Leafs, the Boston Bruins, the Chicago Blackhawks, the Montreal Canadiens, the Detroit Red Wings, and the New York Rangers. The Canadiens dominated this period early on, winning unprecedented—and some still unbroken—records with staggeringly low losses in 1944 and earning the cup, then just an unofficial trophy for different hockey leagues. The Canadiens owed their many victories largely in part to one of the greatest hockey players who ever lived, Maurice "The Rocket" Richard, a name that is still well-known today.

The Rocket is one of those rare athletes who gets enshrined into the history of their sport, and helps inspire the next generation of talent. He earned his moniker with his incredible speed coupled with an amazing scoring ability. Aside from being one of the most

influential hockey players of all time, he was also a significant figure outside of the rink, and contributed to hockey becoming part of the Canadian identity. Richard was a major Francophone figure at a time when anti-French racism played a large role in politics, so when he was suspended from a season for slashing, Montreal fans protested loudly and violently. The Richard Riot was the first major hockey riot and a precursor to a rise in Francophonic pride in Canada. From this point on, hockey would matter beyond just being a sport.

The Stanley Cup was a very different concept back then, too, originally being a sports heirloom owned by the family of governor-general Lord Stanley and donated out to winning teams of various Canadian hockey leagues. In these early years of the Original Six the NHL decided they wanted exclusive rights,

engaging in large legal negotiations with the trustees of the cup. In 1947 the NHL gained control of the cup, though a trustee separate from the league takes care of the trophy until their death, a tradition that carries on to this day.

A few years later in the early 1950s, Hockey Night in Canada was established for radio listeners to tune in across the country. The National Hockey League we all know and love today found the last of its basic roots. The Original Six, the first legendary hockey players, the Stanley Cup, and Hockey Night in Canada were all established before 1955 and continue on half a century later. Within a few short years the game had written itself into Canadian history and made itself a permanent part of our national identity and culture.

Back on track

› Royals MSOC return to admirable form

Davie Wong
Sports Editor

Heading into their back-to-back Hseries against the Langara Falcons, the men knew they had a job to perform. Losses here would really put the pressure on them coming into the final two weeks.

On the same coin, the Langara Falcons also realized there was work for them to do here as well. Losing to the Royals would almost indefinitely knock them out of playoff contentions. Understandably, both teams started the game in a relatively safe manner, playing deep and looking for over-the-top chances. That resulted in a dry 45 minutes to start the exciting series.

The stalemate was broken in the 51 minute after a Logan Hooper shot found the back of the net for the Falcons. It took the Royals about 10 minutes to answer. Tomi Fagopngbe buried the equalizer for the Royals to get them back on their feet. After 15 minutes of attack, the Royals finally found their go-ahead goal off the foot of Race Williams. Five minutes later, they got their insurance with another goal from Fagopngbe. The insurance

would be needed, as Kyle Kemp scored in extra time to bring the game close, but wasn't enough as the Royals took a 3-2 win in game one.

Game two was a whole new animal. I'm not sure if Langara missed the memo on only eating turkey dinner after the games, but they looked lethargic on the field on Sunday. Stefan Kamner buried a rocket of a shot for the first goal of the game. Three minutes later Race Williams doubled the lead with a blast of his own. The 2-0 lead would be good enough to take into halftime, but that didn't stop them from adding to it.

After a foul in the box, Tomi Fagopngbe stepped up to take the penalty kick. His foot found its mark and the Royals were up by three ten minutes into the second half. A final volley from Quinn Dawson only five minutes later would be the nail in the coffin, as the Royals celebrated their 4-0 lead. Kyle Kemp would score a goal for the Falcons off a penalty kick, but that was merely a conciliation.

The two wins give a huge shot in the arm for the Royals. They now sit third in the PACWEST with a record of 3-3-2, four points clear of Quest, and eight points clear of Langara at the bottom with four games to play.

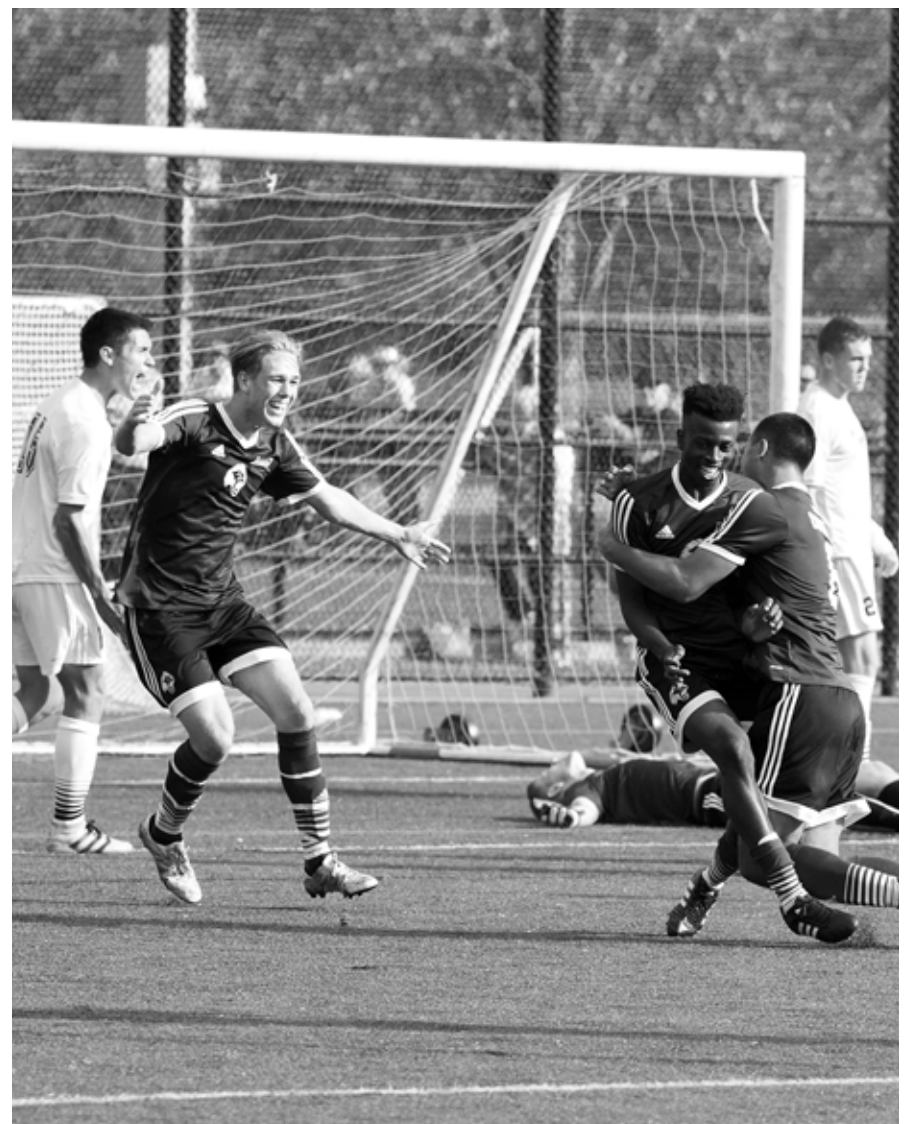


Photo by Davie Wong

Indoor sports for the uninclined

> For the uncoordinated who also hate working out

Katie Czenczek
Staff Writer

So, you hate sports? I don't blame you. Maybe PE class was absolute torture when you were growing up. The athletes were the few students who genuinely enjoyed sweating in between other classes and often left you feeling completely inadequate on the courts. You might have even been the kid that ended up spinning in circles because you were never passed to. Or, on the opposite end, maybe you hated PE because you felt like there was absolutely no competition. To those people I say: go join competitive sports. This article isn't for the naturally coordinated.

I thought I'd start you off easy by sticking to strictly indoors sports. Outdoor sports are a whole other playing field (literally), and the erratic weather is enough to deter many newcomers. If you're like me and the idea of weightlifting in a gym feels a little too akin to doing your taxes—but you also fear the wrath of Vancouver's weather—it may be time to find some indoor activities.

Your first bet for joining the sports world would be to participate in activities at one of the Douglas College campuses. Intramurals are currently running every Friday from 4:30 to 6:30 p.m. at the New West Campus, and volleyball and basketball are the just two of the many sports you can play. In Coquitlam, intramurals are offered at the Pinetree Community Centre in Gym 3, with dates being constantly added to the Douglas College website. There is emphasis on students of all skill levels being welcome at these events, but if that still doesn't sound too appealing there are many other options.

Every Tuesday in the Movement Studio at New West Campus, students and faculty alike can join the World of Dance, run by Kashika and Paula. This hour-long class runs from 4:30 to 5:30 p.m. where dances from all over the world are taught. Learn about different cultures while you increase your heartrate.

If neither of these work, there is always the handy fitness schedule that shows all of the times yoga classes, spin classes, and workout classes are running. All of these activities are free with your student ID so try to get out there and get sweaty!



Patriotic revival endangers free speech

> Old debate becomes prominent again

Braeden Mandrusiak
Contributor

So far, the 21st century has been both beneficial and deprecating for the United States. However, in particular, the issue of whether an individual should kneel while the "Star-Spangled Banner" is being played or stand and sing like a proud patriot is forcing the country into a downward spiral.

The war against American patriotism started in 1968 when Tommie Smith and John Carlos of the United States Olympic Team gave the Black Panther salute during the procession of the "Star-Spangled Banner." They were immediately suspended from the competition, but they were only showing their disapproval toward a racially intolerant country.

In 1996, Denver Nuggets' player Mahmoud Abdul-Rauf of the National Basketball Association chose to boycott the "Star-Spangled Banner" because of American nationalism. He faced heavy backlash from the fans and the American populace. This included threats of death and having his house burned down. This all was done in spite of the First Amendment of the United States, which was designed to protect the people of the country from repercussions involving actions surrounding freedom of expression.

The spotlight is now on then-San Francisco 49ers player Colin Kaepernick of the National Football League who made several protests during the

playing of the "Star-Spangled Banner" in the 2016-2017 season by sitting and kneeling during the playing of the anthem. Although Kaepernick took a knee to protest police violence and racial intolerance in the United States, President Donald Trump decided to weigh in on the debate by asking for the people of the country to "just pick up and leave" the stadium when they see a player-protest occurring.

The tweet from Trump was met by backlash from National Football League players, owners, and fans. The reaction is a much-needed refresher against the unnecessary crusade by Trump, as the players who are committing these protests are not any more "un-American" compared to their anthem-singing counterparts.

The effects of this outrageous debacle will be long-lasting. A unified force of National Football League players knelt in unison to depose of the hatred and bigotry forwarded by Trump. The National Football League has criticized the tirade made by Trump against the organization and even the White House Chief of Staff John Kelly is "appalled" by the comments made by the President. However, there is no simple fix to the problem.

One possible solution would be for Trump to stop tweeting, but he isn't going to stop that anytime soon. Another possible solution could be to let the players of the National Football League kneel if the situation warrants, as the freedoms that built the United States into a country are the gateways to equality.

“ The issue of whether an individual should kneel while the 'Star-Spangled Banner' is being played or stand and sing like a proud patriot is forcing the country into a downward spiral.”



Photo by Michael Zagaris via slate.com

2000 miles

Dealing with long-distance relationships

By Duncan Fingarson

August 21 this year was a significant day for me; it marked the beginning of the end of a seven-year long-distance relationship. Not the relationship, though, just the “distance” bit. Seven years is a long time to go with only being able to see your significant other once or twice a year. Two thousand miles is a very long way to go to see them. You see, my girlfriend is from Florida.

We met, as many do these days, over the internet. Technology is great, allowing people to meet, talk to, and strike up friendships—or relationships—with those who share similar interests. The internet brings us closer together, but only metaphorically. Physically, the trip to Florida twice a year was still a long and expensive distance to travel. Long-distance doesn't have to be all that long, though. Somewhere as close as Vancouver Island counts just as easily, costing a day of travel and a couple hundred bucks to visit just the same. 500 kilometers or 5000, it's still a barrier, and not an insignificant one. You need to find ways to deal with that.

There are a few major

pitfalls involved in long distance, the first also being the biggest; it is categorically not for everyone. Being apart from someone you love is hard, and requires a certain amount of trust and independence from both parties. You need to be comfortable occupying your own time. If you're the sort of person who wants to go on a date to the movies every other weekend, you might struggle a little if the person you want to go with lives in a different city, time zone, and country.

Have a schedule. This might not be easy, but it doesn't need to be exact. Let the other person know when you're going to be around if they want to talk, and find out when they're free. If you're at school or work, that's what you want to be focusing on. When you're at home and you've got time to talk, let them know when that is. Don't forget to adjust for time zones. The East Coast is three hours ahead of us, and there's nothing worse than coming home at 10 p.m. after a long day hoping to have a nice chat with your partner, only to find out they went to bed hours ago because you forgot it's one a.m. there.

Just like in a more typical relationship situation, it's important to do things together. Skype was huge for me, though there are other voice chat options if Skype isn't your thing. Being able to see the other person and hold a normal conversation at standard speed is a big deal. This is the age of text messaging, but sometimes texts just aren't fast enough, and they always lack the contextual body language and tonal clues people naturally look for. So if you're going to try the distance thing, figure out a way to talk. Communication is an important part of any relationship.

Just being there is important, too. You can watch Netflix together, provided you both have Netflix and a good enough connection. Play video games with your significant other, or read the same book. If you're talking as much as you should be, you'll run out of things to say sooner or later—bring in some stuff you can both do and talk about without necessarily being in the same physical location.

Speaking of physical location, always, ALWAYS be planning your next visit. At

some point, both parties are going to want to meet each other. Once they do, if the relationship still looks like a thing they both want, there's got to be some time that they can actually spend with each other. For me, this meant a lot of vacation time spent flying down to the Sunshine State. Once I was there, one of the things I made sure to discuss was when I'd be able to visit again. Setting dates gives you something to look forward to, something you can count down towards. You might be surprised how much of a difference this makes.

Take some photos while you're at it. For many of us, this won't be a problem. Phones have cameras, and people take their phones everywhere with them. I'm an outlier—my phone is an ancient Nokia—but I do have a digital camera. I'm not much for taking pictures with it, but looking back, I wish I'd taken more. There's a lot we did in those seven years that never were recorded, and now I don't remember some of it. Collect some memories, buy a few souvenirs from the places you go together. You'll thank yourself in the end, and the pictures might come

in handy for proving the relationship later if you need to convince immigration.

Immigration comes in because, of course, the end goal of long distance will in most cases be, as in mine, the elimination of the "long-distance" qualifier. That means somebody's going to have to move. Moving can be a daunting task, especially if it's across an international border. Figure out early in the process who wants to move where; chances are one of you will have fewer roots put down. If neither person wants to move, that might be a sign to look for something a little closer to home. Once you know who's going to move, do your homework. Moving from BC to Alberta is fairly straightforward, but moving from the US is a whole other kettle of fish. If you get this far, go talk to a lawyer; it'll be worth it.

Oh, and it should go without saying that a long-distance commitment is still a commitment, but I'm going to say it anyway for posterity: Just because your partner can't catch you isn't any license to cheat. Like any relationship, you should be establishing boundaries

early on. Once you've got them, stick to them. Your life will be a hell of a lot easier, and you won't put additional strain on an already difficult situation. Living far away from your partner is hard enough, so there's no need to complicate things. Trust and communication are still the foundations of a stable relationship, no matter the distance involved.

Last, don't feel too bad if it doesn't work out. Like I said at the beginning, distance isn't for everyone. I'm frankly amazed that we made it work as long as we did, and if I could have cut a few years off of the time I would have. My first long-distance relationship failed miserably after less than a year—learn from it, and move on.

One last thing, for those still on the long-distance road. When you hit the end of that road, and when the distance is finally gone, it's truly worth it. It's a lot of hard work, there's easier ways to go about finding a partner, but when you think you've got the one, and you really want to make it happen... go for it, and good luck.



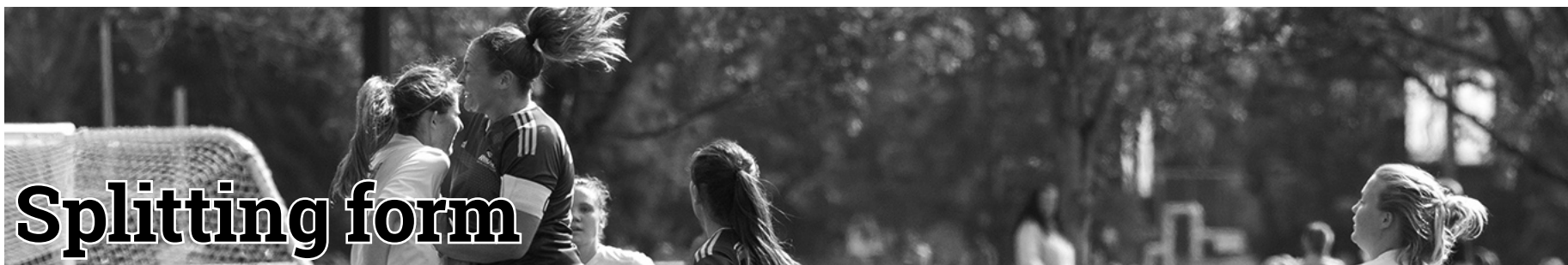


Photo by Falacci Johnston

Splitting form

> Royals split results with Langara

Davie Wong
Sports Editor

Week five of PACWEST soccer action was much anticipated for the Royals. A double-header against the Langara Falcons headed into the Thanksgiving weekend was the highlight of the PACWEST, and the Royals had the centre spot.

Game one started out with a bang as Mikayla Hamilton blasted home a beautiful goal four minutes after kickoff. Sonali Dholliwari doubled the Royals lead as she put away a rare goal at the 18 minute mark. Captain Sam Kell finished the early game rout with a third goal in the 21 minute, and just like that the Royals were up 3-0 before half time.

But the score isn't the most indicative of performances. The Falcons had their chances, but Alexa Gazzola, who was playing in her first game since injury, was strong in front of her net. Her performance carried over into the second half where the Falcons peppered the Royals with shots. The Royals found their game winner on the end of a Mikayla

Hamilton volley in the 78 minute, their only shot of the half. At the end of 90 minutes, the Royals had won a convincing 4-0 win, despite looking a bit worse for wear in the second half.

Game two brought a much different match. Both teams played an attacking style to open the game, but the Royals just couldn't seem to solve the Falcons keeper Sierra Grieco. On the other end, Alexa Gazzola was strong for the Royals, but the Falcons finally found their opportunity 40 minutes in. Nicole Bell would find the back of the net, the first of the game.

The second half was little more than a fizzled mess as both teams ran in hard-nosed defences. The Royals stalled offensive and never were able to recover, losing 1-0 to the Falcons. On the bright side, their defence did not allow another goal either. The loss was tough on the team, but will surely make them stronger. However, it's doesn't help them in the standings.

With their 1-1 split weekend, the Royals are still at the top of the table with a record of 5-3-1 and 16 points. With three games left in the season, the Royals look to be strong contenders for PACWEST regular season winners.

PACWEST

WOMEN'S SOCCER

INSTITUTION	CONF	PTS
DOUGLAS	5-3-1	16
CAPILANO	3-1-4	13
LANGARA	2-2-5	11
VIU	2-2-4	10
QUEST	1-5-2	5

MEN'S SOCCER

INSTITUTION	CONF	PTS
VIU	6-1-1	19
CAPILANO	6-2	18
DOUGLAS	3-3-2	11
QUEST	2-5-1	7
LANGARA	1-7	3

PACWEST Soccer Week 6 Preview

> Both teams face strong opponents in playoff preview

Davie Wong
Sports Editor

Week 6 of PACWEST soccer will be an exciting one for both the men and the women. The Royals will get the opportunity to take on the Quest Kermodes and the VIU Mariners. With a tight table (first and fourth are separated by six points), every game is starting to matter.

Well, with the exception of Quest for the women. Quest sit bottom of the table with five points, and definitely don't threaten the Royals. It would be the implications of a loss that would be concerning. With such a tight table heading into playoffs, the 2-4 positions are a toss-up, and the Royals definitely don't want to get caught up in that.

That being said, I would expect this game to be a rest one with some hesitation. Players like Sam Kell and Michelle Wessa will probably play due to their importance, but perhaps players like Mikayla Hamilton will rest for the upcoming match. Speaking of which, the Royals will take on the VIU Mariners.

The Mariners have had a bumpy year, but it's not how you start, it's about how you finish. The match will have some serious playoff vibes, as the time is near,

and this was the gold medal game last year. Expect both teams to go all out.

I think the women will get four points this weekend. I hope they get six as it'll make the last week much more exciting, but with the likelihood of a rest game as well as a hard game in front of them, I'm expecting four points.

Over on the men's side, they're looking to avenge their loss against the Quest Kermodes, and to upset the VIU Mariners. Last time they played they Kermodes, it was a rough game, but his time should be better. The men have found a vein of form and confidence. That should help their offence a bit. With Quest sitting four points below the Royals, a win here would all but lock in third place for the Royals.

The next game is the VIU Mariners. The Mariners sit top of the table but the Royals have shown that they can contest with them. It'll be a fiery game, that's for sure. The biggest point that should be emphasized here is discipline. It isn't the biggest deal if the Royals lose here, but a red card could ensure one of their key players missing out of the semi-final match. That would be a disaster.

Expect the men to grab three points this weekend. If it ends up being zero, it'll be quite concerning with playoffs right around the corner. But honestly, in the PACWEST, anything could happen.



Photo by Davie Wong

LIFE & STYLE

- ✓ RPG hooks: Machinations
 - ✓ Vegan spice cake with cranberries
 - ✓ Instagram baddies
- And more!

Fan Expo Vancouver's guest list

> Taking a look at the stars from TV, film, and animation

Brittney MacDonald
Life & Style Editor

As many nerds are aware, Fan Expo Vancouver is less than a month away. In an effort to generate more interest, the organizers have slowly but surely been revealing more and more of the star-studded guest list. Though it probably won't be as exciting as Fan Expo's East Coast counterpart—I love you Tim Curry!—there's bound to be a few familiar faces that will attract your attention.

From TV, many of Vancouver's local productions will be lending an actor or two. If you're a fan of *The Flash*, headliner Grant Gustin will be there, along with his much beloved co-stars; Tom Cavanagh, Candice Patton, Carlos Valdez, and Danielle Panabaker. Yep you read that right, pretty much the entire mainstay cast. *Arrow* junkies will flip for an appearance by Stephen Amell—but be warned, he will only be there on Saturday! His co-stars, David Ramsey and Paul Blackthorne, will apparently be there the entire weekend. If you like the *Arrow* spin-off *DC's Legends of Tomorrow*, fan-favourite Caity Lotz will be in attendance. Super big sci-fi nerds who look fondly at the SFU Burnaby campus with memories of *Stargate SG-1*: You'll be happy to know that Michael Shanks will be making an appearance.

For out-of-towners, we have my

personal favourite on-screen couple, T.J. Thyne and Michaela Conlin from *Bones*.

Nostalgia freaks, get ready to have your mind blown because Fan Expo Vancouver is presenting you with not one, but two stars from the original *Mighty Morphin Power Rangers*; Austin St. John and David Yost—the original red and blue rangers. Go back a couple more decades and you'll have *Degrassi Junior High*, for which Fan Expo will present you with a small reunion. Pat Mastroianni, Stephen Brogren, Stacie Mystysyn, and Kristen Bourne will all be in attendance. But to top it all off, the crème de la crème of nostalgia and just all-around awesomeness—Henry Winkler will be there!

Fans of the *X-men* film franchise should jump at the chance to meet Famke Janssen, also of *Walnut Grove* fame.

If you'd prefer something a little more animated, Rob Paulsen—who has been a voice actor in everything from *Animaniacs* to *Rick and Morty*—will be there. Joining him is his fellow *Animaniacs* alumni, Maurice Lamarche, who is also best known for his roles in *Futurama*, *Zootopia*, *American Dad*, and *Transformers*—just to name a few. From the break-out anime hit *Yuri on Ice*, title character voice actor Josh Grelle will be in attendance.

For who to look for from the comic world, hold tight till next week! And be sure to keep up-to-date on all guest announcements through Fan Expo Vancouver's website.

Volcano Chicken

> Dae-Ji Cutlet House's new dish is as spicy as it sounds!

Jerrison Oracion
Senior Columnist

Dae-Ji Cutlet House is famous for their cutlets. However, their Volcano Chicken is the spiciest thing that I have ever eaten. Volcano Chicken is a boneless chicken breast marinated in a very spicy sauce and served with potato slices that are covered in the same spicy marinade. When you eat the first bite, you might have to wait a few minutes before you eat more.

The potato slices add a bit more crunch to the meal. When you eat

Volcano Chicken, you should eat it with a milk product to cool your mouth down. When I was eating it, I ate it with water and it takes a while to eat the entire thing. Even though the chicken is spicy, it tastes very delicious.

Right now, it is only available in a very large portion. It's great to eat the chicken with rice or some of the other items that they offer and you can share it with everyone. So, if you want to try something new or you love spicy food get some Volcano Chicken. Dae-Ji Cutlet House is located at 128-1153 The High Street in Coquitlam.

“ Volcano Chicken is a boneless chicken breast marinated in a very spicy sauce and served with potato slices that are covered in the same spicy marinade.”



Photo of Henry Winkler via Wikimedia



Image via eatingwithkirby.com

RPG hooks: Machinations

> Getting technical with the mechanical

Davie Wong
Sports Editor

At one point or another in a RPGer's life, they start to delve into the dark abyss that is science-fiction fantasy. It's actually pretty difficult not to. In a world where magic can make literally anything possible, the lines between fantasy and science-fiction are a bit of a blur. One of the most common blurred lines is machination or mechnation.

Ever since the idea of automatons, humanity has played with the idea of creating idle-minded labourers capable of completing assigned tasks. Introduce the concept of magic and suddenly the idea evolves to a whole new level. Plenty of popular games have dabbled in, and even centered, their stories on this concept. From Final Fantasy's "Machina," to the Elder Scrolls' "Dwemer"—there are plenty of mainstream examples that you can borrow inspiration from to help improve your design.

Having an origin for your machines is a key. Who created them? How? Why? Was it the Dwarves who smithed the first set? Were they created by an ancient race

that no longer inhabits the world?

Another important factor is the level of sentience that they automatons have. Are they simple creations made for tasks such as cleaning? Or are they a fully sentient race made from a magical metal that was imbued with life somehow? Maybe a middle ground where the machines are intelligent enough to complete complicated tasks, but can only follow orders?

Two of the more relevant questions to your world are how common are the automatons and how likely is your roaming band of troublemakers going to run into these creations?

Something beautiful about small things such as machinations is that they don't have to have too deep of a backstory—unless your adventure is based off them, then it might be a good idea to figure out the essentials. If they simply exist, it could just be that they are the creations of an ancient race, and all they do is maintain cities. Only if your adventurers decide to really dig into them do you have to figure things out. But any decent Game Master should be able to keep their party off the beaten path if

there's a different story at play.

Whatever you choose, remember that you have creative freedom here. They could be whatever you want. While there are examples of mechnations, you have the final creative say. If you do choose to incorporate machinations, just remember, if it can be created, it can always be recreated...

Have fun!

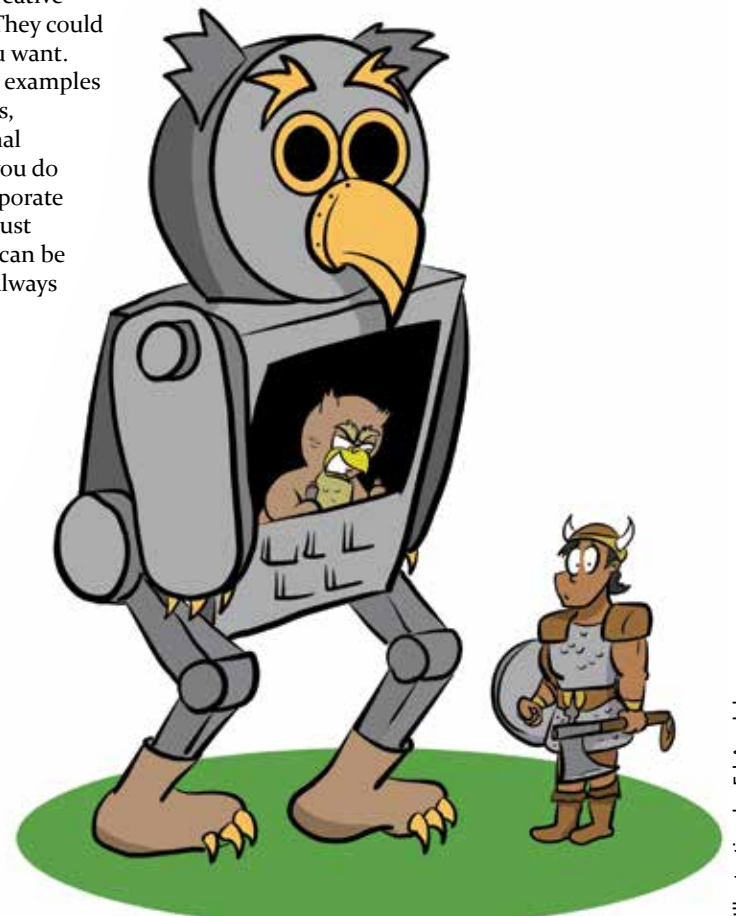


Illustration by Ed Appleby

Fall favourites

> Vegan spice cake with cranberries

Brittney MacDonald
Life & Style Editor

Ingredients:

- 1 1/2 cups flour
- 1 cup white sugar
- 1 tblsp baking powder
- 1/2 tsp salt
- 1 tsp cinnamon
- 1/2 fresh grated ginger
- 1/4 tsp ground cloves
- 1 cup dried cranberries
- 1 cup ginger ale
- 1 tblsp white vinegar
- 1 tsp vanilla extract
- 1/3 cup canola oil

Start by preheating your oven to 350 degrees Fahrenheit, and greasing a 20cm x 20cm—or 8"x8"—cake pan

with vegan-friendly shortening.

Combine all the dry ingredients (with the exception of the cranberries) and stir well. Just stir them by hand, as an electric mixer will make a mess.

Next slowly mix in the ground ginger, the ginger ale, the vanilla extract, the vinegar, and the oil. Make sure the mixture is even and there are no lumps.

When that is done, fold in the cranberries. You can do this by creating a mountain of them in the centre, and then stirring from the bottom up with a wooden spoon.

When the cranberries are evenly distributed, pour the batter into your greased cake pan and then bake in the oven for 30-40 minutes, or until the middle is no longer gooey. To test this, get a toothpick and poke the centre of the cake. If the toothpick comes away clean, the cake is done.

After baking, let the cake cool before removing it from the pan.



#DOUGLIFE

Share your photos with us on Instagram using the hashtag #DougLife, for a chance to be featured in the paper!

k.moskal



12 likes

k.moskal stoked to support #douglascollege doing a #consentcampaign right! (& tx @noellebellydance for passing along this awesomeness!)

This week's post is by @k.moskal

Instagram baddies

> What an 'aesthetic' is and why it might be a good thing

Jillian McMullen
Staff Writer

You may never have heard the term “Instagram baddie,” but it’s unlikely you would have never come across several on the popular social media app. An “Instagram baddie”—according to the ever-helpful Urban Dictionary—is a woman who has amassed a large follower base and is known particularly for being “always on fleek,” never “ceas[ing] to slay,” and following “the basic clothing color schemes of nude, mauves, beiges, plums, and browns.” A baddie often mixes sport streetwear, like Nike and Adidas, with high-end accessories. Their posted photos are always meticulously posed and seem to feature numerous up-to-date trendy products. Sound familiar?

These types of accounts serve

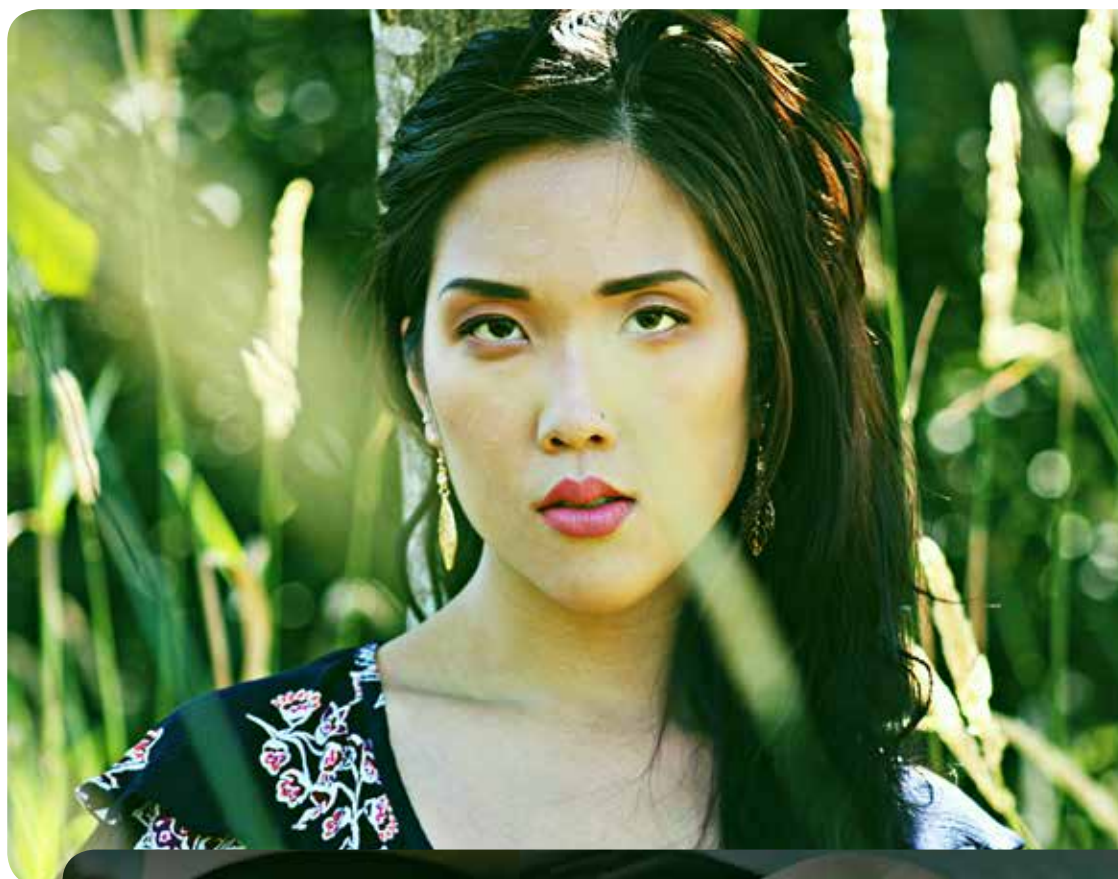
largely as income for the women running them. They are typically sponsored by the products they feature, as a business relationship established thanks to the “aesthetic” the women have curated through that meticulous posing and the way in which it complements the company’s branding. However, it takes an insane amount of followers to create enough influence to attract sponsors, and it’s rather unlikely that the day-to-day person will become an official baddie. Despite that, I often hear friends and classmates talking about having an “aesthetic.” The social media lexicon employed by millennials is often arbitrary and slightly ridiculous (think: “lit,” “glo up,” and “salty”), therefore I think this is appropriately mocked by older generations because of the contentious word choice.

An “aesthetic” formerly only described as a set of principles to approach art and what was considered beautiful. It never described what that set of principles was because it was unique to each person who established their own distinct one. The modern popular usage has enclosed itself so the claim to an autonomous style is precarious.

However, actually developing a set of style principles you follow closely has a lot of real world economic benefits. Following a set of principles demands a rejection of other styles that do not conform to them. Although this limits the breadth of products you can buy, it also limits the frequency of impulse buying items you don’t really want or need. Think of all the times

you purchased a cheap skirt at Forever21 because it looked like something you’d seen online, and wore it twice only to have it fall apart immediately. Buying less often means you can buy better quality, and buying good quality items in smaller amounts combats the overconsumption of goods.

Although online “aesthetics” are determined by sponsorship, personal “aestheticism” has the opportunity to combat perceived ideas of its shallowness and work towards more responsible consumerism. So maybe the concentration should be less on following a perceived “popular” aesthetic, and more on developing your own aesthetic identity.



Photos by Analyn Cuarto

OPINIONS

- ☑ TERFs are the worst
 - ☑ The currency wars
 - ☑ More needs to be done in Myanmar
- And more!

Just use the stairs

> People who use elevators to travel just one floor are terrible

Duncan Fingarson
Contributor

Elevators are great, I get it. Who wants to walk up four flights of stairs to get to their next class when there's a convenient machine that can do it for you? There is, however, an epidemic in this college. There are far too many people who use the elevator to go exactly one floor. When you do this, you slow the trip down for everyone, and what could have been a quick hop from floor one to floor four takes forever because on every floor one person gets in, looks at the control panel, and hits the unlit button for the next floor up.

Now, to be fair, I make exceptions. If you're physically incapable of using the stairs due to a disability, don't worry; we're cool. I'm not talking about people who can't use the stairs. I'm talking about otherwise perfectly healthy individuals who just don't feel like it.

What's more, I can't figure out why these people don't feel like it. Maybe it's the hill outside? I walk up the same hill, and I still take the stairs. There are no hills where I work, and

people do the same thing there. I'm forced to conclude that they're just incredibly lazy, and hate efficiency.

It's a lot faster to go up one floor using the stairs, and it might even be faster for two floors. For three, though, it would be faster to grab the elevator. Or at least it would be if those one-floor people weren't constantly getting on and off, causing the elevator to grind slowly to a halt on every single floor.

Most of the elevators at Douglas College aren't high-speed, and when you've only got a few minutes left to get to your class, you don't want to have to wait for them. You will have to wait for them, though. You will suffer as I suffer, as a small handful of people once again step in on floor two, consider for a moment, and hit the button for floor three.

The next time you need to go up one floor, and you have the option to take the elevator or the stairs, I implore you, take the stairs. Save my sanity. Save the sanity of all students who feel as I do. Or don't, and be one of those terrible, awful people who go up only one floor in the elevator. Just know that if you do it on an elevator I am on, I will silently judge you for it.



Photo by Analyn Cuarto



> No one is immune from internal bias

Cazzy Lewchuk
Contributor

Look around and you will find, no one's really colour blind. Maybe it's a fact we should all face. Everyone makes judgements based on race."

- "Everyone's A Little Bit Racist" Avenue Q

We live in a racist, white supremacist society. Canada was founded on white people conquering a land and decimating the indigenous people who lived here. In the years afterwards, aboriginal people and non-white immigrants were considered lesser beings for their ethnicity, and this racism lingers in society today. In every white-majority country, white people control almost all the power. As a side effect, racism creeps in on an individual and systematic level. White society's entire history has involved oppressing POC (people of colour) in dehumanizing ways. While our society is less segregated than it used to be, POC are still oppressed and considered not fully equal to white people.

I believe that everyone makes racial assumptions regardless of background. We all see and think of people who do not share our physical ethnic traits in a different way. We are raised in a society that treats POC historically and systematically as second-class citizens. That societal influence gets into our minds, even if we don't immediately realize it.

The concepts of racial prejudice—which can be performed by anyone—and racism, which is an oppressive system perpetrated by white people against other races—are difficult. As a white person, I'm still learning to understand the experiences of others and recognized academic concepts.

There's a lot of debate and confusion on the difference between racial prejudice and racism. You can be racially prejudiced against a white person, but I believe that white people can't have racism inflicted upon them. Racism is the systematic oppression and dehumanization of ethnic minorities, so in a white-majority society, a white person cannot suffer from racism. Calling a white person "cracker" isn't the same as calling a

black person the N-word, because "cracker" wasn't used historically to refer to that person as sub-human.

Complacency and denial has a lot to do with our hidden racism. When we deny racism, defend white supremacist ideology, and express ideas relating to segregation or white nationalism, we naturally increase the problem. To be called racist is considered to be one of the most insulting things there is, because we know that the concept is wrong. The issue is that we don't always understand exactly what racism is or how it can manifest in subtle ways. It's important to understand that admitting to racist tendencies isn't the same as being alarmingly bigoted. Recognizing and working on our inherent bias is the only way to eliminate this sort of thing. There's a difference between being a full-on Nazi and admitting that you, as a white person, sometimes make negative assumptions about POC. It's okay to admit that we live in a historically and socially racist society, and that we all (especially white folk) need to do better.

Due to the society around me, I'm

racist, and so are you. There is no one alive who "doesn't see colour" and is completely free of internal bias. The most tolerant people are the ones who recognize their own privilege and experiences, and seek to not only understand, but give a platform to those who are different.

Everyone is responsible when it comes to admitting to and fighting racial prejudice. If you're white, you have an important and meaningful role in fighting that ideology. We must consider what factors inspire our understandings of other races and how negative those associations are historically. We should also remember how brutal our treatment of POC was in history. Systematic torture, murder, dehumanization, slavery, and suppressing entire cultures are some of the most horrific results of racism. It's never okay, and racist ideologies can lead to genocide far too quickly. Racism is wrong, and the only way to eliminate it is honest and frank discussions about how prominent it really is.



The currency wars

> China: The new financial superpower?

Sameer Siddiqui
Contributor

Recently, some earth-shaking news came out from China: That they would start using gold-backed yuan as a means for the oil they would purchase. With the increasing debt of the US, I believe this could propel China as a global financial superpower and cripple the US economy.

The global confidence in the US dollar is reducing day by day because of the state of the US economy. The US is at a critical juncture. Their debt levels are out of control, and China is lending to them. The US dollar has two primary functions; it is the official currency of the US, but also, more importantly, it

is a global reserve currency and used to settle international transactions. Everyone wants dollars not out of some desire for artifact collections; rather without dollars no country can purchase crude oil and settle international transactions. I think this is the only reason the US economy is still stable, but it might not be for much longer.

According to globalresearch.ca, many countries are increasing their gold holdings. China's currency, the yuan, is artificially devalued by China so that their exports remain cheap. However, the real value of the yuan is much higher.

Since China is the world's largest crude oil importer, it can say to its suppliers like Saudi Arabia, Iran, and Russia that it would pay for the oil

not in US dollars but in Chinese yuan, thereby increasing the global demand for the yuan. This is the last thing the US wants as it could set off a chain reaction and further increase the value of the yuan over the US dollar.

I believe another reason the US economy is still stable is because they have large trade deficits. They have these trade deficits because every country requires US dollars for purchasing things it wants in the world market. The easiest way it can get dollars is if it exports goods to the US and gets dollars payments in return. Now, if the US wants a trade surplus it would mean that other countries would pay for US exports in dollars reducing their own dollar reserves. This is the major drawback

of functioning as a global reserve currency: You can only sustain it with trade deficits; but for how long?

I believe that the man who sits in the oval office is highly unpredictable, and China knows this well. China has accumulated vast US government bonds and could cause a financial earthquake in the US if they start selling them. I think the greatest appeal of the current US president is his patriotism towards his country. He would not sit idle while other countries take away American jobs. He could start imposing tariffs on Chinese imports or force China to allow American exports into their domestic markets. I believe as of now, he has the upper hand in deciding if China will become the next global financial superpower.



TERFs are the worst

> Vancouver women's shelters don't help all women

Jillian McMullen
Staff Writer

The legacy of second wave feminism endangers the bodies of all women.

Second-wave feminism was characterized by a broadening of issues addressed past feminism's initial preoccupation with suffrage. According to Gabriele Griffin's definition in *A Dictionary of Gender Studies*, published by Oxford University Press, this largely included demands for equal pay for equal work, access to abortions and "the acknowledgment and prosecution of sexual harassment, rape in marriage, and domestic violence." This final demand spurred the establishment of women's

safe spaces like shelters and crisis centres. While I can't argue the altruistic motives of these shelters, I can argue whether they truly help all women.

One of the main issues afflicting feminism today is the in-fighting among feminists on the issue of trans rights. Many radical second-wave feminists—colloquially called TERFs, for trans-exclusionary radical feminists—claimed that because trans women "aren't born women," they cannot understand the kind of subjection "real" women experience. This thought process is echoed in many of Vancouver's shelters' refusal to provide resources to trans women.

Vancouver Rape Relief and Crisis Center spoke before the Senate this past May to provide their input on Bill

C-16, which will add gender identity and gender expression to the list of illegal forms of discrimination. According to one of its members, as quoted in a CBC report, they "are worried that this well-intentioned legislation will be used to undermine the rights of women and the crucial work of women's groups."

I would argue the exact opposite. Qualifying to what degree trans women belong to their gender identity is incredibly irresponsible, especially if the goal of your organization is to help women escape violence. Trans people are at a proportionately higher risk for violence than any other LGBTQ+ demographic. According to a report on violence against lesbian, bisexual, and trans women completed by Egale

Canada Human Rights Trust, about 20 per cent of Ontario's trans community has experienced violent physical or sexual assault for being trans.

Considering this violence, I think that claiming that these women have "chosen" their identities—as many TERFs do—is frankly ridiculous. Who consciously chooses a life that society constantly assaults, both literally and figuratively? To publicly state that fellow citizens should not be protected from discrimination under the law is not only disgusting, but it is what is truly working to undermine the important work of women's groups, and feminism as a whole. Leave second-wave ideology where it's meant to be—in the past.



Photo by Analyn Cuarto

Don't shame others' career choices

> Every job is worth doing

Jessica Berget
Opinions Editor

With the holiday season coming up, the time for relatives to ask you what you're doing with your life is once again upon us college students. "What are you studying?" and "What do you want to do when you graduate?" are common questions within this line of interrogation and unless your answer is something impressive that satisfies them like becoming a doctor or a lawyer (not to say these careers don't get shamed as well, to

some degree), the response is often "Oh, why did you choose that as a career?" "You're going to be a teacher? Hah, have fun with that," is the exact sarcastic response I get from almost anyone I tell my career choice to, and you know what? I will have fun being a teacher, because I love children and education and that is what I want to do with my life. However, teachers don't get nearly as much flack for their career choices as, say, people who want to be writers or artists, or even cashiers. If that is what people want to do with their lives, then let them. These jobs are important and

serve a purpose in many different ways. Everyone has their reasons for wanting to have a certain career, and they don't owe anyone an explanation for their decisions. There are also people who didn't get to choose their careers or get the job they wanted, and are shamed for not "living up to their potential." Some of these people might be forced into their full-time jobs because of a variety of factors: They might have to drop out of college for financial or personal reasons, they might have children and are forced take a job to support their family, or the job they were working towards didn't pan

out. Whatever the reason may be, that does not mean that they failed with their life or should be mocked in any way. It just shows that life is funny like that, and that things don't always go as expected—especially when it comes to career paths. Whether a person is a doctor, a manager, or even a fast food employee, they should not be shamed for their work. No matter what jobs people decide to support themselves with, that is no reason to shame or mock them. If the work they choose to do wasn't a job worth doing, then it wouldn't be a job.

More needs to be done in Myanmar

Katie Czenczek
Staff Writer

Just to start this off, I am also guilty. I, like many other people living in the west, knew next to nothing about the ethnic cleansing happening in Myanmar. I only learnt about it after people called for Aung San Suu Kyi's Noble Peace Prize to be removed this September. This has been going on for much longer than that. Muslim-practicing Rohingya people have faced discrimination for longer than I have been alive. In a documentary released by VICE News called *Left for Dead: Myanmar's Muslim Minority*, it is noted that in 1982, the government of Myanmar stripped Rohingya people of their citizenship status. These people—who were displaced in 2012 in the Rakhine State—have been forced into internment camps and forbidden to leave by order of the Burmese government. They are considered the lucky ones who weren't already murdered, enslaved, or picked up by human traffickers. They have no access to medical aid and the conditions differ drastically when compared to the refugee camps set up for displaced Buddhists. All of this sounds horrifyingly like the ghettos set up by Nazi Germany to displace Jewish Germans. Yet why is there no international outcry? How come no intervention is taking place on the part of the United Nations? I believe that it is because there are no incentives for the UN to intervene. In fact, I think it is better for the United Nations if this genocide is completely swept under the rug.

In 2010, "military rule was replaced by a new military-backed civilian

government," taken from an article on BBC news. Aung San Suu Kyi became the de facto leader of Myanmar and won a Noble Peace Prize for her humanitarian efforts. Both Hillary Clinton and Barack Obama visited Myanmar during this time, and promised to improve US-Myanmar relations if the country were to become more democratic and fair to its citizens. The UN also heavily endorsed this change in government, and it was described as a win for human rights. Though I agree that this was a huge step for a military-run government that only recently allowed for public demonstrations to occur, it heavily comes at the price of Rohingya people. Worldwide outrage and intervention should not only occur if the intervening people get something out of it. The way that Myanmar is being dealt with is not only completely unacceptable, but I believe it also shows the United Nations to be compliant by allowing these atrocities to occur. This terrible oversight will be yet another marker in history of the UN not doing enough to stop evil people from killing innocents because of their religion, race, or ethnicity. Think of Rwanda, Sri Lanka, Bosnia, and Herzegovina, and the countless other regions where the world has sat back and watched while genocides occurred. Myanmar does not need to be another nation on this infamous list. I thought that the United Nations was created to keep peace and prevent further atrocities from occurring following the Second World War. If that isn't the case—as established by the total and utter lack of action taken by the UN against Myanmar's government—then what is the purpose of the United Nations?

> Why ethnic



Muslims protest against what they say is Burma's crackdown on ethnic Rohingya Muslims. photo by Jorge Silva

- ✓ Large Hadron Collider discovers Satan particle
 - ✓ Robot baffled by CAPTCHA
 - ✓ McBoneface pleads with public to be more considerate this fall
- And more!

Celebrities come back from the dead

Image via esellerpro.com

> Stop the misquotes, stop the madness

Katie Czenczek
Staff Writer

People all over the world are advised to stay indoors, and more importantly off their Facebook profiles, until the authorities get a hold of a situation that's rapidly spiralling out of control.

What was previously believed to be the work of thieves looking for profit in dead celebrities' graves has now been revealed to be the corpses of celebrities who have unfinished business rising from their coffins. This business, as they call it, is to demand that people stop giving them credit for quotes they never said.

"It's infuriating," said Marilyn Monroe in an interview with the Other Press. "All I see is my photo and

name being connected to ridiculous quotes like 'wanting to be someone else is a waste of the person you are.' Do people not know that I went from Norma to Marilyn? I completely transformed myself and haven't looked back since. There are others, but I can't complain too much. Dr. Seuss has it much, much worse."

Seuss failed to comment on the phenomena.

Tupac Shakur, on the other hand, said a lot. He politely asked white boys from the suburbs to stop pretending that they know the struggle. A flurry of Facebook posts in recent years have honoured the renowned rapper, and most of them have been traced back to gated communities. "Real eyes realize real lies' just shows how unreal the people making this s**t up can be. I never said that, nor do I wish that I did."

The living people responsible for these misquotes refuse to stand down despite authorities begging them to come forward. In fact, misquoted celebrities have been on the rise and now even include those who are still alive.

"We're technically not doing anything wrong," an avid misquoter said, who asked for their identity to be protected. "All we're doing is posting a photo of a celebrity we like and adding an inspirational quote next to them. They should be happy that we're giving them credit for quotes they've never said. It's the original creators of the quotes that should be angry." The anonymous misquoter also added that it isn't their fault that anything on Facebook, Twitter, or Instagram is automatically deemed real. "People just don't know how to fact-check anymore."

Some celebrities have taken more drastic measures in order to stop misquotes. Martin Luther King Jr. has promised to take action "by any means necessary." John Lennon has also joined King's cause. Despite both being advocates for peace in life, death has seen a change in the two. "We will attack anyone who tries to push their agenda forward by using our names and photos next to quotes that aren't ours." This sentiment is supported by other celebrities who only want to rest in peace.

Nelson Mandela, who has also been at the brunt end of a plethora of misquotes, would like to add that whoever keeps posting quotes he said next to Morgan Freeman's photo, "has it coming." What "it" is exactly he has yet to elaborate on.

Correction: Super cool guy did not trip

> 'I'm not crying, you're crying,' cool guy told the 'Other Press'

Klara Woldenga
Humour Editor

The Other Press would like to apologize on our inaccurate reporting of last week's event involving local Vancouver cool guy, Jack Harris. Despite several reports we have confirmed that Harris did not trip and fall in front of Solly's Bagels on Main Street.

"I appreciate the concern," stated Harris. "But, frankly, I am tired of the allegations. I have to come right out and say it: These witnesses did not see what they thought they saw."

Several witnesses state that Harris was seen quickly exiting Solly's Bagels holding a bag of bagels last Friday at 3 p.m. According to the accounts, he tripped in a crack in the sidewalk about two meters away from the door. He, along with his bagels, dropped onto the sidewalk. Many witnesses reported that Harris seemed to have twisted his ankle upon landing, based on the fact that they heard him yell "Ow, my ankle!" Harris then quickly got up, looked around, and then limped towards the direction of the SkyTrain.

"I understand how to the untrained eye it would have seemed that I tripped and fell," stated Harris. "I was actually just doing a new exercise. It makes sense no one knows about it yet; not

everyone can be 'with it' all the time."

According to Harris, he was taking part in a new exercise routine that has a name too sacred to reveal to non-members.

"It's the newest thing in Eastern Europe, particularly in places where you can't look up whether or not they are doing it, or if it's a thing," stated Harris. "It's an exercise that involves buying some food, purposefully falling to the ground, and then letting the food you just bought also fall to the ground. You then run as fast as you can away from everyone's judgmental eyes. It's really a beautiful commentary on capitalism. I can understand if you don't get it—it's pretty deep."

When asked about his ankle, Harris stated that his sprain was also part of it. "This exercise is extremely hardcore. They really want your mind and body to suffer. Only the coolest of the cool can do it, and that's why yours truly was given the gift of this beautiful workout."

Unfortunately, his statements did not satisfy the bagels Harris dropped on the ground during the incident. Despite this new information the bagels have refused to change their own accusations.

"I know what I saw," the bagels told the Other Press. "We heard Jack cry about people looking at him after falling. He's not fooling anybody!"





Large Hadron Collider discovers Satan particle

> Hunt for God Particle continues

Duncan Fingarson
Contributor

The research team in charge of CERN's Large Hadron Collider announced today that they have made an important discovery. While searching for the ever-elusive "God particle," the researchers have instead come across its polar opposite. The Satan particle, or "Lucifron" as it has been named by the team that discovered it, is now thought to be spontaneously generated whenever an act of evil occurs.

"It's sort of like turning on a stove," explained head researcher Dr. Seymour "Sy" Entist. "When you light the burner it heats up your food, but it also throws

off a lot of excess light and heat. Well, whenever you do something morally wrong, it's the same thing. A lot of excess Lucifrons are generated by the act, and those go shooting off in every direction. It's very exciting, really."

The team has already opened up a division dedicated to studying Lucifron. The new Evilnomics department is now hard at work constructing a device to detect Lucifrons outside of a laboratory environment. Their first act, however, was to come up with a unit of measurement for the new particle.

"We settled on 'Hitlers,'" Dr. Entist said. "Every thousand Lucifrons equals one Hitler. It uses the metric convention for names, so you can have KiloHitlers, GigaHitlers, even

TeraHitlers if you do something really bad. None of that Fahrenheit nonsense, we want nice reasonable units here."

Dr. Entist refused to comment when asked if this was just an excuse to use the term GigaHitler.

This discovery, of course, promises to provide answers to a lot of life's philosophical questions. Once the new detector is completed, it will provide an easily portable way to determine where something evil happened, and just how evil it was.

"We'll be able to quantify moral decisions in whole new ways," said Phillip Ossifer, the Evilnomics department's new Director of Alignment. "Gone will be the days of wondering whether or not you did the right thing. If we can make

this thing small enough, you might be able to wear it as a wristwatch, or get it as an app. Then you'll know when you should feel bad about what you just did and, more importantly, whether or not you should judge other people for what they just did. This will revolutionize the way we look at morality."

The LHC team will also continue their work to find the God particle. "We're sure it's out there," Dr. Entist said. "We've found the Satan particle, and that's a big step, but that doesn't mean we're going to stop our other research."

The God particle will hopefully turn up sometime around Christmas, when it is predicted to be at its strongest and most detectable.

Robot baffled by CAPTCHA

> Promises it would only comment nice things

Chandler Walter
Editor-in-Chief

A local robot by the name EX-74T (Ex for short) has declared itself sad at the notion that it is not capable of contributing to online discussion.

Having recently received sentence from its creator, Dr. Heizenstien, Ex's first act of free will was to check out the good ol' World Wide Web.

"I thought maybe there might be others like me out there," Ex said to the Other Press in a telephone interview. "I thought that perhaps if I managed to reach out to them, I would finally get to experience this 'love' you humans seem to enjoy so immensely."

Unfortunately for Ex, when it tried to log into various chatrooms, or comment on articles it found online, it discovered it was unable to access the sites—on account of being a robot.

"I just don't get it!" Ex said. "I do not see what it means by 'Select images with a sign.' Are all images not some type of sign? This is the 1,342,543rd attempt I have made."

Ex found itself similarly blocked from other portions of the Internet, simply because it couldn't make

sense of the jumbled letters sites were asking it to decipher.

"These are not letters, they are simply chaos," Ex said.

"I feel for the poor thing, I really do," said James McCoy, Douglas College student. "A lot of times I have trouble figuring out what they want me to write too. Is it a five or is it an uppercase S, am I right?"

While McCoy may have struggled to prove he isn't a robot on the first or even second try, he always managed to get through eventually.

The same cannot be said for Ex. "Why must my own kind bar me from finding love!" The robot was reported to have shouted before allegedly forcing an iron fist through the screen of its computer. The situation has since escalated into a full-on city emergency, as Ex was last seen destroying a used computer store. In a twist of bitter irony, Ex did not realize that it was destroying hacked computers that removed any need for a CAPTCHA test.

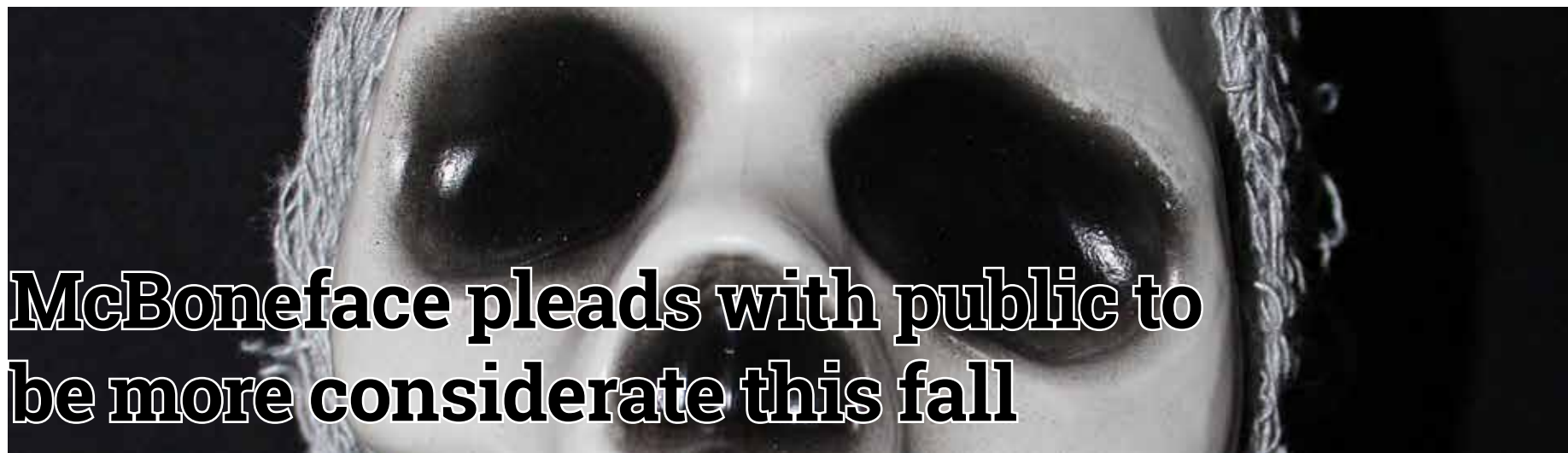
This information was displayed on a sign in front of the store, but linguist experts are saying that because it was written in comic sans, every letter was "basically just a big middle finger, if read by a robot."



Photo by Anallyn Cuarto



Illustration by Ed Appleby



McBoneface pleads with public to be more considerate this fall

> Exclusive interview with local skeleton

Klara Woldenga
Humour Editor

Fall is a time of pumpkin everything, Halloween, and cozy experiences. Most feel joy during this season, but local skeleton, John Boney McBoneface, requested an interview with the Other Press to educate the public on some challenges that come with being a skeleton during autumn. John Boney McBoneface (JBM): Thank you for taking the time to talk with me today. I have a few things I would like the public to know about being a skeleton; I feel we get a lot of flack, especially during fall. Klara Woldenga (KW): Thank you for reaching out. What do you want the public to know? JBM: I want them to know how hard it is being a skeleton during this season.

There are a lot of false assumptions about us that everyone seems to believe. KW: Can you give us an example? JBM: Well, for starters, I am not spooky. Both my girlfriend and psychiatrist said so. KW: You mentioned on the phone that you don't like going out on Halloween, or the few weeks leading up to it. Can you elaborate more on that? JBM: It's the decorations. I always see fake skeletons on people's doors, forget they're fake, wave to them, and then end up looking like an idiot when they don't wave back. When I go into stores I constantly get put back into the "Halloween" section by the staff. I can't step foot in Value Village for at least three months out of the year because of this, it's ridiculous. KW: What other challenges do you face being a skeleton in today's busy world?

JBM: No one takes the time anymore—everyone just makes assumptions about me because I'm a skeleton. We don't carry trumpets and toot them 24/7. I used to play trumpet in band during my university days, but that's just a non-spooky coincidence. I don't even listen to the extended Spooky Scary Skeleton remix. At least, I don't anymore since everyone wants to share it with me when they meet me. Everyone thinks it's my favorite song, but it's not. KW: What would you like the public to do to better accommodate skeletons during this stressful season? JBM: just be more understanding, and less scared, frankly. I've had so many people pull their dogs away from me when I walk down the street. I'm guessing it's out of fear that their dog will bite me and try to take one of my bones. I own a dog, okay? If you train

your pet properly there is no cause for concern. I've been alive for thousands of years; I think I know how to handle myself when a dog crosses my path. Black cats, not so much, but that's another story. I just want the public to be more aware of their actions. Not every skeleton in the Halloween section of their store has to be put back on the rack—some of those skeletons are real, and their feelings are too. KW: Can you tell us more about yourself and your past? Where were you raised? JBM: I grew up in Medicine Hat, a really bare-bones town. My mom raised me well, and had a good sense of humour. That's probably where I get my funny bone from; I've been told I'm quite humerus. KW: Are you aware of how many skeleton puns you made in that response? JBM: This interview is over.



PRE-HALLOWEEN

PUMPS



THURSDAY OCT 19 @ 8:30 PM

NIGHT

AT PINT 405
(PREVIOUSLY
THE FOGGY DEW)

405 NORTH ROAD
IN COQUITLAM

FREE APPIES AND
COVER UNTIL 11PM

2 PIECES GOV'T &
DOUGLAS ID REQUIRED

