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Casco Bay Weekly

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Casco Bay Weekly : 10 June 1993

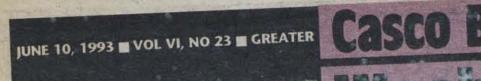
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The profits of misery

How the chemical industry profits from a breast cancer epidemic it may be causing

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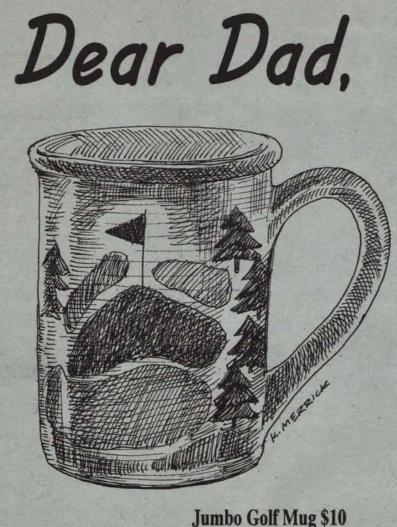
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COOKIN GOOD KATAHDIN

We need to extend a warm welcome and our congratulations to Martin Fizer. He has recently purchased the West Side on Pine St. He has been cooking at Portland's better restaurants for a number of years and at last has a place of his own. He has a new menu that promises to become one of the town's favorites.

Speaking of new menus, we have decided to make a few changes of our own. Some of our specials have been very popular, and diners have asked us to include them in our permanent offerings. In the area of first courses, we are adding a platter of smoked local seafood with onion marmalade and remoulade sauce, venison pate with green peppercorn mustard, and probably a vegetable dish. We will be adding homemade saffron pasta with chilled poached seafood and a sweet red pepper dressing, wild mushroom ravioli in a savory vegetable broth and a roasted chicken served with whole wheat linguine and a roasted garlic sauce.

Of course we will continue to offer our voluminous list of daily specials such as crispy spicy baked Pemaquid oysters, grilled marinated swordfish with a raspberry chambord butter sauce, spring asparagus and shrimp salad, grilled leg of lamb with garlic BBQ sauce, and roast breast of duck with Southern Comfort gravy.

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A conversation with Dave the Guesser

This summer Dave "the Guesser" Glovsky begins his 43rd year as a guesser in Old Orchard Beach. He guesses ages, weights, occupations, the last time a person made love and other facts.

The son of a Portland ice cream and junk peddler, Glovsky, 84, has also been a boxer, actor, ventriloquist, milkman, shipyard lead man, newspaper columnist and manager of a furniture moving company. In 1980 he retired from the moving business and devoted himself to becoming a guesser full-time. He charges a dollar a guess, as he has since 1973. Glovsky has no plans to retire.

What do people ask you to guess most often?

Age is number one, occupation and then weight. I'm the originator of anything other than age and weight. I originated that back in 1949.

How do you guess ages?

I'm an expert on ages, and I'll tell you why. I go by the under-eyes. Nature's timetable is underneath people's eyes. What I do is I make them laugh, and the wrinkles start to show. In the 30s, the wrinkle



forms around the side of the mouth going toward the

nose. Underneath the chin it starts to form in wrinkles in the throat in the late 50s, early 60s. After 80 I really have to guess, because one wrinkle goes over another and another and another.

How do you guess the last time someone made love?

I just guess. One time this woman came up to me, 65 or 70 years old. She had me guess the last time she had sex. I said, "A week ago," and she said, "No, I never had sex. I'm a nun."

You don't look 84. Do people have trouble guessing your age?

Ask anybody how old I am, they guess me

between 65 and 70. Not to be conceited, I have a better body than these young kids. Feel that arm. My body's the same way all the way through. What kept me in shape was I was a mover.

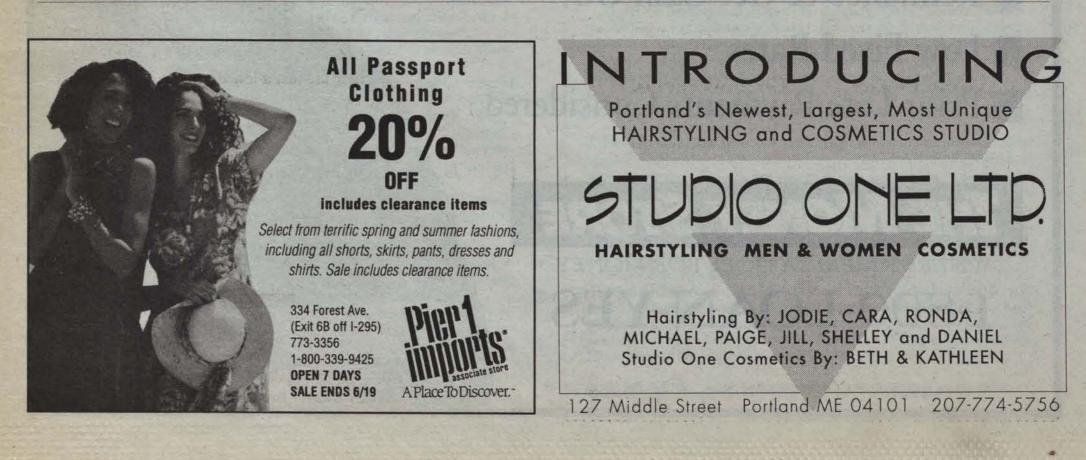
What's the most important thing to you now?

I think it's my wife. I'd be lost without her. I talked to her last night and she said something to me I haven't heard in a long time. She said, "I love you." My wife's a brilliant lady.

You only guess the present and the past, not the future. Why?

There's nobody in the world can tell you the future, you know that. If they say that, they're liars. Look. [He holds out his palms.] Who in the world can tell you the future in a hand? Nobody.

By Cheryl German, photo by Colin Malakie





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June 10, 1993 ' 5

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A review of the top news stories affecting Greater Portland June 1 through 8.

news diews

Bigelow Lab's move to Portland hit a snag. City and lab officials announced amid fanfare last December that the marine research company was negotiating to move from Boothbay Harbor to the largely vacant Cumberland Cold Storage building on Portland's waterfront. A decision on the move was due in June. But now, Bigelow Director Lewis Incze said the move has been postponed indefinitely.

"It's slowed down a lot," Incze said, "but I wouldn't interpret that as a death knell" for the move. He explained that the lab has to resolve two issues — building support among its employees who have homes and other investments in the Boothbay area, and garnering the financial resources it needs to make the move

Virginia Hildreth, Portland's economic development director, said the "ball is in Bigelow's court." According to owners of the Cumberland Cold Storage building, Bigelow needs about \$3 million to renovate the structure, Hildreth said. "The proposal is still on the table," she added.

Meanwhile, leaders in Boothbay Harbor's public and private sectors have been devising strategies to keep the lab, according to Gail Clark, director of the town's chamber of commerce. But Incze said, "It's hard to imagine how a great deal, involving more space would be provided" by the town.

Maine will pay dearly for tourists. The state Senate and House approved a bill that will funnel up to \$6 million into promoting the state's tourism industry over the next two years. Gov. John McKernan's bill, as amended by the Senate, will guarantee the Economic and Community Development Department an advance payment of at least \$2.2 million plus any revenues from sales tax on meals and lodging that exceed state budget projections. The bill now requires final approval by the Senate.

The bill comes when the Legislature is considering deep cuts in other state services to erase a potential deficit of several hundred million dollars in the next two-year budget cycle. But proponents of the bill said that aggressive advertising could return up to eight times the cost of the marketing campaign in new tourodollars.

A multimedia campaign is planned that will reach beyond traditional tourist markets in southern New England and eastern Canada to include national and international cities.

Maine spent \$344,000 promoting tourism last year, while other New England states spent three to five times that much, according to Mary Faye LaFaver, administrative director of the economic development department. "We've been out of the marketplace for nearly four years," LaFaver said.

Tourism generates approximately \$120 million state tax revenues, according to the State Planning Office. Tourism also employs about 42,000 Mainers, according to the U.S. Department of Labor.

School renovations started moving forward in Portland with the formation of a Middle School Building Committee. The committee consists of 13 people, who will oversee the \$14.8 million renovation to three middle schools. The renovations were approved by voters in May. The committee will meet within a month, according to co-chair Peter

O'Donnell. The committee's first task will be to hire architects. Pending final approval by the City Council, committee members include

O'Donnell; co-chair Nick Mavodones; Mayor Anne Pringle; City Councilor Charlie Harlow; Superintendent of Schools Tom Edwards; School Committee member Pandora LaCasse; Planning Board member Joe DeCourcey; at-large members Andrew Brooks, Nancy Troubh and Tim Marr; and Marjorie Shaw, Bruce Campbell and Claire Smith, who represent the King, Lincoln and Lyman Moore middle schools; respectively.

Brooks was the only person who applied to join the committee, O'Donnell said. Other members were selected because of their expertise and interest in the project.

Village Cafe workers won't join a union. Employees voted 67-28 June 3 not to form a local of the United Food and Commercial Workers union and become Maine's only unionized restaurant workers.

"We tried our damnedest to get people to go to the meetings, and they just didn't want to go," said Roger Douglas, a waiter and bartender at the restaurant who was active in the union drive. "I think the attitude was that it had never been done before in Maine, so why start now?"

Under federal labor laws, the employees can't petition the National Labor Relations Board for another union vote until next year. But Douglas expressed doubts that a second vote would be attempted. A bill designed to stop Harvey Prager and other felons from practicing law in Maine was proposed by Rep. Judy Foss of Yarmouth. Foss' bill aims to amend the Maine Bar rules, which presently require all aspiring barristers to prove they have "good moral character." The bill requires applicants with criminal convictions to show evidence of "complete rehabilitation." Foss said she filed the bill because her constituents were irate that Prager, a convicted drug smuggler, is studying law at the University of Maine.

The bill was held over until next January by the Judiciary Committee. "We ought to be careful before passing laws because of one person," said committee Chairman Gerry Conley. "You pass a law like that and you end up causing all sorts of problems."

University of Maine professor L. Kinvin Roth, an expert on the current rule, said the bill sounded redundant. "What's there now already places the burden of proving character on the applicant," Roth said.

A sick tick is on the march in southern Maine. Eleanor Lacombe of the Maine Medical Center's Lyme Disease Project said the deer tick, which sometimes carries Lyme disease, "is showing a real spread inland" in southwestern Maine. Lyme disease

> can cause arthritis and neurological or cardiac problems in humans. Last year, 16 cases of the disease were reported in Maine.

Mainers, especially in southern coastal areas, should take precautions against ticks if they're out in the woods, Lacombe said. Her advice: Wear your socks over pant legs, unroll those long sleeves and use tick repellent.

newsreal Al Diamon Profits of misery confronting cancer

It you do find a small flat insect embedded in your flesh, don't panic. The tick is most easily removed with fine tweezers, she said.

Identifying the tick is also important. Deer ticks are a dark reddish brown. Other ticks are usually lighter brown with white markings. They do not carry Lyme disease.

Still not sure? Bottle the tick in alcohol and bring it to the Lyme Disease Project lab. They can determine the species.

If you threw the tick away without identifying it, keep an eye on the bite. If it develops into a circle-shaped rash within 10 days, you should see a doctor, said Richard Dearborn of the state Insect and Disease Laboratory.

Baby bottles bearing the Diet Pepsi

logo prompted complaints by at least one Portland resident. Bart Cory, a University of Southern Maine nursing

student and father of two children, was shocked to see the bottles on display at the Shop 'N Save store at Back Cove. Cory feared that the bottles would lead some parents to nurse their children with the Nutrasweet-laced soda. So Cory started writing and calling the companies he thought were responsible for selling the bottles.

* THE WAY LIFE SHOULD BE

Seltzer & Rydholm, the local Pepsi bottling company, wrote back to Cory explaining that they had nothing to do with the baby bottles. But the company agreed with Cory's concerns, calling the bottles "deplorable."

The Pepsi-Cola Company wrote Cory, saying that they didn't market the bottles. A company called Munchkin Bottling had acquired the rights to use Pepsi's logo, a Pepsi official explained.

Munchkin Bottling also wrote Cory, claiming that he "underestimate[d] the intelligence of the average American parent. We have never received a call from a customer asking if soda was appropriate for infant feeding."

Hannaford Bros., the company that owns Shop 'N Save stores, has no plans to stop selling the bottles. "We're here to offer a wide variety of products and not to censor or take away choices from our consumers," said Ann-Marie Davee, the company's consumer affairs manager.

A family hit the moose-pot in the state lottery for moose hunting licenses. Aron Bishop, 14, his sister Rechelle, 12, and their mother Susan all were among the 1,000 winners chosen from a pool of 92,076 people who sought permits to hunt North America's largest game animal. The lucky trio live in Athens (pop. 808), about 20 miles north of Waterville.

Aron Bishop bagged his first moose — a 740-pounder — when he was 10. He said his family ate the moose in a variety of dishes. "We barbecued it, boiled it and made hamburgers — I mean mooseburgers," Aron recalled. "It tasted just like any other meat."

The state Department of Inland Fisheries and Wildlife allows children 10 or older to hunt moose as long as they are supervised by an adult and have obtained a Junior Hunting License. They are not required, however, to have passed any hunter safety courses to acquire a Junior Hunting License, which allows them to hunt any species that's in season.

Reported by Allan Dowd, Stephane Fitch, Paul Karr, Bob Young and The Associated Press; illustrated by John Bowdren.





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Single-payer system stalled

Universal health care won't be debated by the Legislature this year. Democrats on the Banking and Insurance Committee voted to hold the bill until next January, opting instead to recommend the creation of a special panel to reconsider Maine's health care needs.

The delay was driven by an impending veto from Gov. John McKernan, opposition from GOP legislators and the argument that Maine should wait for federal health care reform before enacting its own plan.

According to committee Chair Ed Pineau, the panel will invite input from all sides of the health care reform debate. "We want to put everything on the table," said Pineau - including the single-payer system that Sen. Dale McCormick and Rep. Charlene Rydell had proposed in their "Family Security Act" this year.

The Family Security Act would have guaranteed health care coverage for all Mainers. It would have also created a

newsreal

progressive taxes, to pay Mainers' doctors bills. The bill's backers claimed it would cut costs by banishing profitoriented health insurance companies and simplifying how people pay for health care.

It was loudly lauded by consumer groups, advocates for the poor and

disabled, and some doctors at public hearings the committee held this spring. But it was opposed by insurance lobbyists, the Maine Medical Association, the Maine Hospitals Association and Gov. John McKernan, who, according to his press secretary, would veto the act "any time, any place."

Pineau claimed McKernan's opposition to a single-payer system does not ring the death knell for a universal health care bill in Maine. Pineau said he hopes the panel will produce comparative cost studies of a single-payer system and other alternatives

But McCormick said "many [supporters of a single-payer system] are very disappointed in the results" of the committee's work on the bill. She fears that the panel — staffed by committee members, plus three McKernan appointees — will gut the proposal for a single-payer system.

Single-payer advocates expressed similar concerns. "[The Family Security Act] could be heavily diluted," agreed Harry Brown of the Maine People's Alliance and Consumers for Affordable Health Care.

"We're advocating a Vermont-style planning process," Brown continued, 'whereby two options - single-payer and managed care — are ultimately brought to the Legislature for a vote. That process retains a single-payer plan and offers a managed care alternative for Republicans."

Stephane Fitch

Cohen needled on health care

agency

funded

While Mainers are left waiting for health care reform from Washington, single-payer system advocates took the opportunity to put some heat on U.S. Sen. Bill Cohen

Cohen visited Portland on June 3 to hold a news conference on health care reform. But the senator was ambushed by universal health care proponents. Members of two grassroots groups the Maine People's Alliance and Consumers for Affordable Health Care - demonstrated at the conference by revealing the amount of money Cohen has taken in campaign contributions from the health and insurance industries and calling for him to make three pledges on health care reform.

Since Cohen's first term in the Senate in 1979, he has received \$190,091 from health and insurance industry professionals, lobbyists and political action committees (PACs), according to Citizen Action, a Washington watchdog group.

The largest contributors were the American Medical Association PAC (\$12,500), National Association of Life Underwriters (\$12,500) and American Dental PAC (\$10,000)

To show Maine voters that Cohen wants to be immune to the influence of the health and insurance industry lobbyists, the two groups demanded that the senator make the following pledges:

That he not accept any more campaign contributions from health and insurance industry PACs or donors until a national health care plan is passed into law.

That he not support a filibuster in the Senate on national heath care reform

That he not support any health care reform plan that has health and medical benefits that are any less than what he receives as a federal employee.

The demands met with a chilly reception from Cohen spokeswoman Kathy Gest. "To say what the senator won't or will do is premature at this point," Gest said.

Harry Brown of the Maine People's Alliance stressed that the group wasn't trying to single out Cohen. But Brown claimed that Cohen's Portland conference on health care presented too timely an opportunity to pass up, as activists start to press Congress for a single-payer system.

Activists will make similar demands and revelations about the other members of Maine's congressional delegation. For instance, Brown said

that Sen. George Mitchell has received \$355,533 from health and insurance industries, Rep. Olympia Snowe has received \$119,504 and Rep. Tom Andrews has received \$74,870.

Brown was also guick to praise Cohen for the strong stance he has taken against price-gouging by the pharmaceutical industry.

Activists also applauded Cohen for criticizing Gov. John McKernan's bid to reduce Medicaid benefits for senior citizens eligible for nursing home care in Maine.

Cohen wrote a letter to federal Health and Human Services Secretary Donna Shalala, citing "hundreds of complaints" from his constituents. He urged Shalala to proceed carefully in considering a Maine request for a waiver to allow the state to reduce what it pays out to subsidize nursing home care.

The nursing-home waiver is being counted on by the McKernan administration to produce more than \$42 million of \$150 million in savings that McKernan expects from a Medicaid overhaul package.

Bob Young

June 10, 1993 7



By Al Diamon

Buddy, gonna shut you down

The Legislature's Appropriations Committee is rapidly running out of gas. The powerful engine that once drove the budget process is now limping along in the breakdown lane with nobody at the steering wheel, and no idea how to reach the finish line.

If that situation doesn't change in the next three weeks, state government will once again be put up on blocks to rust.

Back in the good old days, the Appropriations Committee had all the horsepower it needed to set state spending priorities and make them stick. There was always enough cash to fill the tanks of projects backed by legislative leaders, powerful committee chairs and influential elder statesmen. In return for this service with a smile, these big shots would rev up the rank and filers to wave the checkered flag when the budget bill flew past.

Then came 1990's budget crisis. The election that year produced a governor most people hated and an Appropriations Committee filled with rookies. Lack of experience probably wouldn't have been a major problem if the committee had had strong leadership. But House Chairman Donald Carter of Winslow, driving home after a marathon negotiating session, hit a tree, and was killed. Carter may have been tradition bound, unimaginative and beholden to every special interest in Augusta, but he understood the budget process and politics. His replacements didn't. Spin out at Dead Man's Curve.

After a brief, but disastrous, period when the committee was run by House Speaker John (Strip the Gears and Roll Back the Odometer) Martin, the job of tuning down spending fell to state Sen. Michael Pearson (D-Kindergarten) and state Rep. Lorraine (Silence of the Lambs) Chonko of Topsham. This proved to be the equivalent of handing the keys to an Indy 500 race car to Calvin and Hobbes.

After one warm-up lap across the infield, through the grandstand and around the parking lot, Pearson went back to his tricycle. Chonko looked as if she were in shock, but, come to think of it, she looked that way before she took over the committee, too. State Sen. Joe (Easy Rider) Brannigan of Portland was brought in to steer, but never got the car out of the pit. Brannigan quit. Pearson returned to the hot seat. If there was a AAA wrecker service for state government, somebody would have called it.

Instead, legislators decided to create a new budget process.

Under the old rules, the Appropriations Committee built the budget by itself. If other committees complained, they were visited by a couple of big guys in greasestained overalls who explained that if the unhappy legislators ever wanted to see another dime of state money for their constituents, they would shut up and vote for this year's model.

That procedure worked fine as long as there was plenty of cash, but when the budget crisis hit, the grease monkeys no longer had the muscle to back up their threats. The Appropriations Committee sputtered.

The new budget process, instituted this year, called for every legislative committee to have a role. No longer would Appropriations build a mean machine all by itself. Instead, the tires would be manufactured by the Transportation Committee. The transmission would become the responsibility of the Taxation Committee The Human Resources Committee would build the back seat. Appropriations would then put it all together, and shine up the chrome.

Trouble is, Human Resources wanted to use fine Corinthian leather suitable for a luxury sedan. Transportation envisioned a mid-size model. Taxation constructed economy parts for a compact. Nobody built brakes. Everybody acted like an airbag.

When the Appropriations Committee tried to assemble this mess, there was no frame, nothing fit and the instructions from the various committees read like they had been translated from Japanese by someone who spoke only Swedish. Appropriations members, faced with a July 1st deadline, decided to send most of the junk to the scrap yard and start over, doing things more or less the old way.

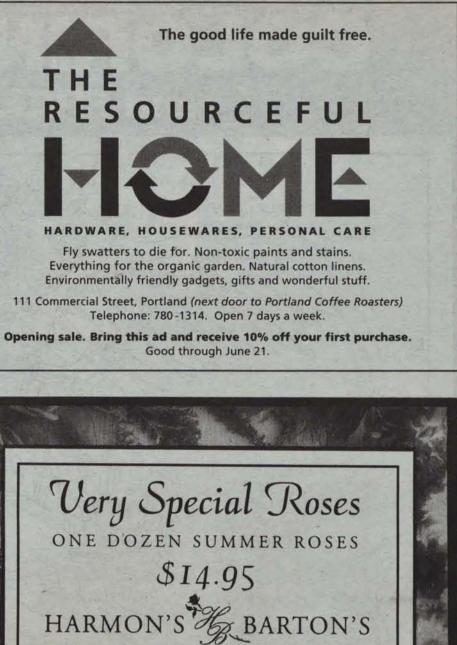
But the old days are gone, and nobody wants a Model T anymore. As Appropria tions rejects each committee's design suggestions, it's adding to the number of legislators ready to put sugar in the gas tank. Liberals swear they won't support deep cuts in human services. Conservatives vow to oppose tax increases. Moderates don't want to be left holding the bag.

Even this situation might be salvageable if somebody were showing signs of leadership. Instead, Gov. John McKernan has submitted a budget with four flat tires, a cracked block and a fouled carburetor. When this was pointed out to him, McKernan locked his keys in the car and disappeared. Speaker Martin has been too busy trying to keep folks from peeking in the trunk to worry about what's under the hood. Senate President Dennis Dutremble has bent over so far seeking compromise he's tangled his tie in the fan belt.

There are a couple of rank and file efforts to develop a workable budget. Conservative Democrats and moderate Republicans joined forces earlier this session to pass an emergency budget bill, and they claim this wasn't a fluke. They're ready to deal. No money down. No credit checks. No reasonable offer refused.

That long shot aside, this year's budget situation isn't very different from two years ago when the battery went dead and state government shut down for three weeks. Once again the warranty is about to expire and the insurance policy is being canceled. Voters know this crate won't pass inspection, but so far that message hasn't gotten through to those who dwell under the State House dome. Drag city.

Who did what to whom? Why aren't you telling us about it? How? By writing to this column. Where? Care of Casco Bay Weekly, 551A Congress St., Portland, ME 04101, of course. Or call 775-6601.

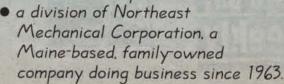






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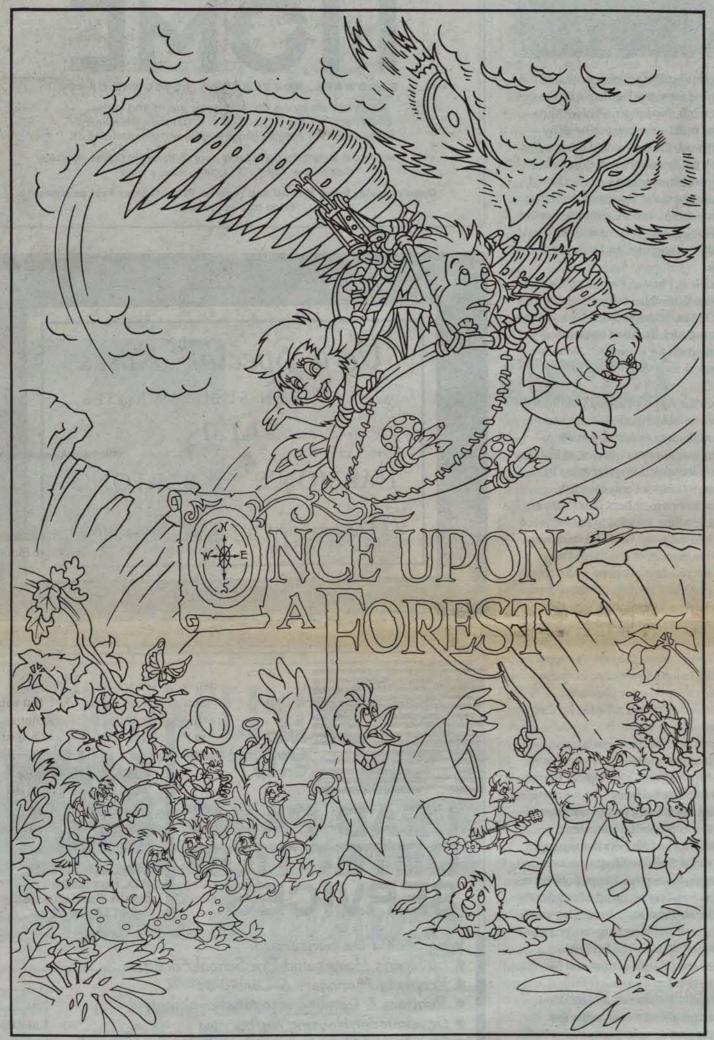
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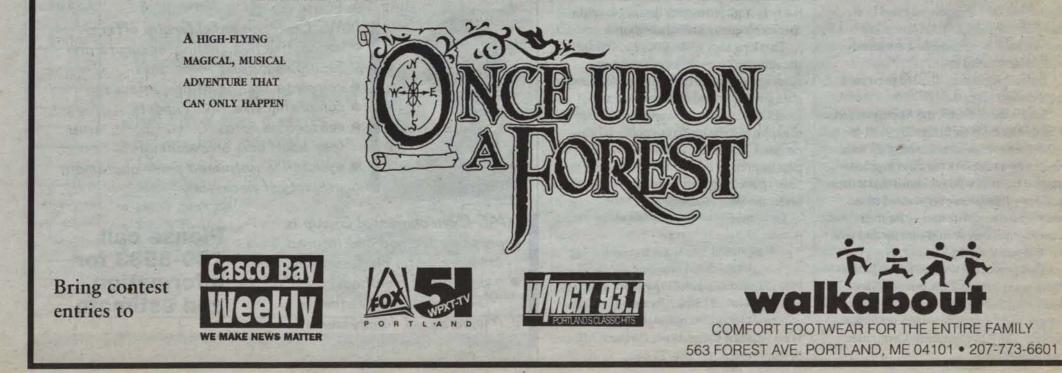


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FROM THE CREATOR OF "AN AMERICAN TAIL"





Drema Shaw of Gorham: "I guess I'm just the lucky one in nine."

Profits of misery

By Monte Paulsen

Drema Shaw doesn't know whether the cancer that claimed her right breast was caused by synthetic chemicals in the food she ate, by radiation from a high-powered mammogram she once had or by something else altogether.

Neither do her doctors.

Neither do the experts at the National Cancer Institute (NCI), which has close ties to the corporations that make those chemicals and which has systematically ignored the relationships between carcinogenic chemicals and cancer.

Neither do researchers affiliated with the American Cancer Society (ACS), which urges women to have regular mammograms despite evidence that radiation may cause breast cancer, and which routinely discredits those doctors and researchers who dare to dispute its orthodoxy.

And neither do the companies that make synthetic chemicals, such as Imperial Chemical Industries (ICI), which sells both the synthetic chemicals that may be causing breast cancer and a best-selling treatment drug for breast cancer victims.

No, Shaw, a 42-year-old Gorham resident and mother of four, doesn't know what caused her cancer. She only knows how that cancer caused her life to change.

"I don't think it matters how bad your cancer is," she says. "Once somebody tells you that word, your life changes."

The NCI and ACS have spent more than \$1 billion "combatting" breast cancer since President Richard Nixon signed the National Cancer Act into law and declared a "War on Cancer" in 1971.

Cancer is winning.

And breast cancer is leading the assault. This year, an estimated 183,000 Americans will be diagnosed with breast cancer. A third of them will die. In the two short decades since Nixon began shoveling money into the NCI, breast cancer has claimed more U.S. lives than the Vietnam, Korean and world wars put together.

"I don't think women's cancer is taken as seriously as it should be," says Shaw. "People don't want to talk about it. They don't want to deal with it."

Blaming the victims

"Fund Breast Cancer Research," "We Won't Be Silent Anymore" and "The Wife You Save Might Be Your Own."

These were among the placard messages carried to Washington, D.C., on May 2 by a small but angry crowd of women protesting an epidemic that

strikes one in nine U.S. women. The rally kicked off a summer-long effort by the 2-year-old National Breast Cancer Coalition (NBCC) to write letters and gather signatures calling for more federal support for breast cancer research. NBCC plans to present the letters and petitions to President Clinton in October, as part of National Breast Cancer Awareness Month.

"We have to be the obnoxious voice of breast cancer in this country," says NBCC co-founder Dr. Susan Love. (See "Nothing to hide," page 11.) These angry women join a gathering tribe of doctors, scientists, environmentalists and public health activists who criticize the NCI, the ACS and the nation's top cancer research centers — collectively referred to as "the cancer establishment" — for shortchanging research on the causes and treatment of breast cancer, and for virtually ignoring strategies to prevent the disease.

Breast cancer accounts for 32 percent of cancer cases in women, 16 percent of all cancer. But historically breast cancer has not received as much attention as cancers of the lung, colon and prostate — which predominantly strike men.

The ACS spent only 4.5 percent of its \$380 million 1992 annual budget on breast cancer research; the NCI, only 10 percent of its \$2 billion 1993 budget.

Today's treatments for breast cancer are the same ones available 50 years ago: surgery, radiation or chemotherapy — or slash, burn and poison, as bitter patients often call them. In many cases, these medieval techniques actually shorten the lives of patients. A 1990 study of the effectiveness of chemotherapy, the most exhaustive ever, concluded: "There is no evidence for the vast majority of cancers that treatment with these drugs exerts any positive influence on survival or quality of life in patients with advanced disease."

Even less progress has been made in identifying the causes of breast cancer. The cancer establishment Photo/Tonee Harbert

identifies three primary risk factors: heredity, hormones and diet. But each of these associations is problematic:

Women with a history of breast cancer in their family are statistically more likely to develop the disease themselves. But no study has established whether this is a result of genetic disposition or shared environment.

The experiences of women who migrate from cultures with lower rates of breast cancer to countries with higher rates suggest that a woman's environment is more important than her genes. Japanese women, for instance, develop far fewer breast cancers than do U.S. women. But when they immigrate here, they quickly develop breast cancer at rates comparable to U.S. women.

Also, genetic vulnerability does not explain the jump in breast cancer incidence during the last half-century — from one in every 20 women during the 1950s to one in nine today.

■ There's also a relationship between reproductive hormones and breast cancer: Women with higher levels of hormones such as estrogen are at greater risk.

The cancer establishment blames rising levels of estrogen in women's bodies on lifestyle trends. Many do not bear children until they are older and some use estrogen-based oral contraceptives for long periods of time. But these lifestyle changes do not explain the spiraling breast cancer epidemic. Nor do they explain why,

Continued on page 11



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To have your meeting or event listed in "Art & Soul," mail or fax complete information to Arts Editor Ellen Liburt. Include all the details and don't forget to include a phone number. Listing information must be received in writing by noon on the Thursday preceeding the issue in which the listing is to appear.

How to submit a letter

Casco Bay Weekly welcomes letters on all topics, but will not print unsigned letters or letters that have been sent to other publications. Letters are printed in the order they are received, on a spaceavailable basis.

Be brief and to the point. Letters of more than 300 words may be edited for length. Be sure to include your signature, full name, address and daytime phone number. (Addresses and phones are for verification only and will not be printed.)

How to submit a correction

Casco Bay Weekly strives to report the news fairly and accurately. If we have published a misstatement, we will endeavor to correct it quickly and in an appropriate place in the newspaper. Please contact News Editor Bob Young about mistakes in news stories. Please contact Arts Editor Ellen Liburt about mistakes in "Art & Soul."

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WE MAKE NEWS MATTER

June 10, 1993 11

Profits of misery

Continued from page 9

for instance, women are menstruating at a younger age.

The cancer establishment largely ignores environmental factors such as consumption of meat products containing animal growth hormones or exposure to hormone-mimicking industrial chemicals.

Dietary fat is the most controversial risk factor associated with breast cancer. In the 1960s, epidemiologists observed that nations in which people ate more fat had higher breast cancer rates, and that fat consumption in the United States and the incidence of breast cancer rose during the same period of time. They theorized that fat must promote breast cancer.

But numerous subsequent studies have failed to demonstrate a consistent relationship between breast cancer and dietary fat. And laboratory studies have not established any mechanism by which dietary fat could promote breast cancer.

One possibility ignored by cancer establishment researchers: Perhaps it's not the fat that increases risk, but chemicals in the fat. Many known carcinogens concentrate in animal fat. So people who eat more fat also absorb more chemicals.

"No one has any idea what's really

going on here," says Love. A growing number of doctors and biologists outside the cancer establishment have a radically simple proposal.

"Cancer," says Sandra Steingraber, a biologist at Columbia College in Chicago, "is caused by carcinogens.

"Astonishingly, you can read entire tracts about cancer published by the ACS and the word 'carcinogen' never comes up," says Steingraber. "These seemingly authoritative agencies have framed the cause of the disease as a problem of behavior rather than as one of exposure to disease-causing agents."

By selectively emphasizing the roles of hormones and diet, the cancer establishment has shifted blame away from the producers of carcinogens to individual cancer victims. The so-called "new age" movement unwittingly supports the cancer establishment in this gambit by promoting the idea of personal responsibility for disease. And by emphasizing heredity, adds Steingraber, the cancer establishment encourages women to blame their mothers,

which many are wont to do anyway. Blaming the victim may be appropriate for diseases such as lung cancer where there is a clear connection to smoking — but it simply doesn't hold up against the facts about breast cancer. It is, however, a convenient way to avoid larger environmental questions.

The chlorine connection

"For the first time in the history of the world, every human being is subject to contact with dangerous chemicals," wrote Rachel Carson, "from the moment of conception until death."

Carson's 1962 book, "Silent Spring," was an environmental landmark. By highlighting the deadly effects of pesticides such as DDT, Carson gave birth to the modern environmental movement.

DDT and the other toxic chemicals uncovered by Carson are just a handful of the more than 10,000 manmade chemicals known as "organochlorines." (See "A chlorine primer," page 13.)

Organochlorines concentrate in the fatty tissues of animals. As those animals are eaten by others, the synthetic chemicals move up the food chain and their concentrations rise exponentially. Creatures at the top of the food chain accumulate high concentrations of organochlorines.

"In less than two decades of their use," wrote Carson, "these synthetic pesticides have been so thoroughly distributed throughout the animate and inanimate world that they occur virtually everywhere."

Including the human body: More than 177 organochlorines have been found in the tissues of the general populations of the United States and Canada. Organochlorines first attack reproductive systems in wildlife. They have been linked to epidemic health problems in fish, birds, mammals and reptiles. These effects include infertility, birth defects, embryonic mortality, immune system suppression, metabolic dysfunction, behavioral

disorders and hormonal abnormalities. And many of these chlorine-based

compounds are known human carcinogens, though the ways they promote cancer vary. Some, such as PCBs and vinyl chloride, cause cancer directly. Others, such as DDT, mimic or interfere with human hormones to promote existing cancers. A few, such as dioxins, suppress immune systems and enhance the carcinogenic effect of other chemicals.

Because these chemicals tend to strike reproductive systems first, and because many of them are known carcinogens, there is good reason to suspect they play a role in promoting

Continued on page 13

NOTHING TO HIDE

A call for an Amazon army

What if women descended upon Congress and demanded that the use of carcinogenic, fat-stored hormones in cattle-feed be outlawed? With an estimated 183,000 women developing breast cancer each year, and many of them undergoing mastectomies, this army could become a powerful force.

That vision of an Amazon army is from "The Cancer Journals," by poet Audre Lorde, who died last year after a 14-year battle with breast cancer.

But where are all the one-breasted or no-breasted women? Hiding behind breast implants, falsies, loose-fitting clothing, the hundreds of thousands of women who might make up this army are not likely to organize. And who can blame them? In a culture where breasts have such a distorted importance, is it any wonder that so many women feel they must pretend they still have them?

These cultural messages, however, are not only mixed up but also mixed. "Breasts are at once given too little due and made far too much of," says Zilah Eisenstein, author of "The Female Body and the Law." "Doctors, on the one hand, are cavalier about taking off a breast, and at the same time, no doctor seemed to be able to talk to me about mastectomy without talking about reconstructive surgery in the same breath."

Many women in breast cancer support groups echo this complaint. Said one: "All of them — the doctors, the Reach to Recovery women, the books — they all say, 'Here's your choice: reconstruction or prosthesis.' There's no one out there saying, 'You don't have to do anything.'"

Not surprisingly, the cancer establish-

ment encourages these same limited options. A pamphlet distributed by the NCI, "What You Need to Know About Breast Cancer," touts the supposed "choices" women have: "After a mastectomy, some women choose to wear a breast form (prosthesis). Others have breast reconstruction. Each choice has its pros and cons, and what is right for one woman may not be right for another. What's important is that nearly all breast cancer patients have a choice." The choice of doing nothing at all is never mentioned.

And as if amputating and then reconstructing the diseased breast isn't enough, in a booklet given to breast cancer patients, the ACS, in a section titled "Management of the Remaining

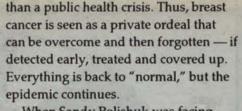
the wine of life").

Breast," suggests that because the new breast almost never matches the remaining one in terms of size, shape, projection and firmness, women may want to consider having the remaining breast "modified" to better match the reconstructed one.

Who are these reconstructed breasts or prosthesis really for? The late Jill Ireland once remarked that her prosthesis was for those looking at her. "It allows them to forget what happened to me."

By coming forward, many prominent women — from Betty Ford to Gloria Steinem — may have helped lessen the stigma attached to breast cancer. However, their "look good, feel better" attitude also contributes to the notion of cancer as an individual trauma, rather

Photo/Hella Hammid



When Sandy Polishuk was facing surgery for breast cancer, she got very angry. Writing in "1 in 3: Women and the Cancer Epidemic," she explains: "Angry that we are lulled into a false complacency because the monstrous number of one-breasted or even unbreasted women is concealed. Angry that my one-breastedness would be seen as an oddity when I knew it was, in fact, all too common."

Polishuk, a member of the Northwest Women's History Project who is currently working on oral histories of breast cancer survivors, says she couldn't understand why anyone would want a "numb bump on her chest, a thing that is not her but is attached to her, even under her own skin." She longed to shout at those women, 'Take off your prosthesis! Let the world know! Let us see each other. Let us know each other and demand a halt to this disease!"

Polishuk, and an increasing number of women like her, refuse to act as if they have something to hide, especially when that secret also keeps hidden the full extent of the breast cancer epidemic. She'd be an enthusiastic volunteer for that Amazon army.

Toni Swanger

The poster at left, along with information on Deena Metzger's books, tapes and workshops on healing, is available from TREE, P.O. Box 186, Topanga, CA 90290, (310) 455-1089.



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THE POLITICS OF CANCER

The cancer establishment's policy of ignoring the role of environmental carcinogens as causes of cancer is in large part a result of its rampant conflicts of interest.

"We have a cancer establishment that remains myopically fixated on obsolete 'blame the victim' theories about breast cancer," says Dr. Samuel Epstein, a professor of medicine at the University of Illinois and an outspoken critic of the cancer establishment, "while ignoring evidence that supports the role of environmental contaminants."

At the heart of the cancer establishment are a few non-profit organizations with powerful ties to polluting industries:

At the NCI, a three-member executive panel sets policies and priorities. During most of the '80s, this panel was chaired by Armand Hammer, the late chairman of Occidental Petroleum. Occidental is a leading manufacturer of chlorine and organochlorine-based chemicals. Among Occidental's many environmental disasters was the dumping of toxic waste that forced the evacuation of Love Canal, N.Y.

Under Hammer's leadership, the NCI voiced not even a peep of protest as the Bush administration gutted a 30-year-old law that banned the addition of carcinogenic chemicals to food. As a result, your grocer can now legally sell food containing significant residues of dozens of carcinogenic pesticides. By the NCI's own estimates, these residues contribute to tens of thousands of avoidable cancers each year.

Less than 3 percent of the NCI's \$2 billion 1993 budget is allocated for research on environmental carcino-

Similar conflicts exist at many of the nation's 20 top cancer research centers, such as Memorial Sloan-Kettering Cancer Center (MSKCC) in New York City.

The 1991 chairman of MSKCC's board of managers was Richard Gelb - who is also chairman of Bristol-Myers Squibb, the nation's largest producer of chemotherapy drugs. A 1988 analysis found that one-third of MSKCC's board was tied to the oil, chemical and automotive industries. (Among the others were top executives of major media companies, such as what is now Time-Warner, which may explain in part why you haven't read much about this.)

ACS also has a long history of close ties to industry. For example, it accepted a major grant from Coca-Cola in 1977, shortly before it lobbied the FDA to ignore the carcinogenic risks of saccharin-sweetened soda pop.

But the ACS's most intriguing role is as defender of the cancer establishment's status quo. Under the guise of protecting cancer patients from quackery, the ACS blacklists researchers who are not in their club. The ACS claims that its list, titled "Unproven Methods of Cancer Management," is not meant to stigmatize scientists.

"In fact, it resembles the list of 'subversive' organizations once maintained by the House Un-American Activities Committee," writes Ralph Moss, a former MSKCC employee and author of an expose titled "The Cancer Industry." "Merely including a scientist's name on the list has the effect of damning that researcher's work and putting the tag of quackery on him and his efforts."

Moss reports that the ACS's own investigations found that 11 percent of the blacklisted practices yielded positive results, another 16 percent were inconclusive and 44 percent were not even investigated.

In addition to being linked to industry, the major institutions of the cancer establishment are also closely tied to one another. In theory, the NCI is a government entity, independent from private interests and accountable only to Congress. But in fact, NCI advisory committees interlock tightly with those of ACS and private cancer centers.

Through these interlocking directorates, much smaller institutions like the ACS or the MSKCC are like "tails that wag the dog" of the NCI, according to Epstein.

For example: Prior to Armand Hammer's appointment to the NCI board, its long-standing chairman was Benno Schmidt, an investment banker, drug company executive and overseer of MSKCC. Not surprisingly MSKCC received many NCI grants during that period.

This sort of favoritism is rampant at the NCI, which annually hands out hundreds of millions of tax dollars for research. According to Moss, nine out of 10 members of NCI's peer review committee receive NCI money for their own projects. In any other branch of government, this would be illegal.

The same thing happens at the ACS, where in some years as much as 70 percent of its research dollars have gone to individuals or institutions who are personally affiliated with members of the ACS board.

Surprisingly little of the money donated for cancer research ever actually gets into researchers' hands.

A mere 26 cents of every dollar that the ACS's well-known legions of neighborhood fund-raisers raised last year went to cancer research. Some of the rest went to educational and promotional efforts, but most went for salaries, expensive offices and other costs associated with fundraising and administration.

(ACS funded 66 breast cancer research projects last year. They totaled less than \$17 million, and most focused on diet or treatment.) Likewise, the MSKCC, which takes millions in tax dollars and tiny private donations, pays its director \$2.2 million a year.

Laments Epstein: "I sometimes wake up in the morning and think I've landed in 'Alice in Wonderland.""

M.P.

June 10, 1993 13

Profits of misery

Continued from page 11

breast cancer. And the evidence confirms that suspicion:

Women in New York's Nassau and Suffolk counties, which were routinely blanketed with aerial sprayings of DDT during the 1950s, suffered among the highest rates of breast cancer in the nation.

Female chemical workers exposed to high levels of dioxin in a German pesticide plant experienced higher rates of breast cancer and double the cancer mortality rate of the German population as a whole, according to a 1991 study published in the British medical journal The Lancet. A study of U.S. chemicals produced similar results.

High rates of breast cancer have been found among women professional golfers, most of whom have played daily since their youth. Many of these women suspect they have been poisoned by the chlorine-based herbicides and pesticides with which most golf courses (and many home gardens) are saturated.

And according to a U.S. Environmental Protection Agency study, counties with hazardous waste sites were 6.5 times more likely to have elevated breast cancer rates than counties without such sites.

Even more statistically significant are recent studies that show the reverse relationship - high levels of organochlorines in women who already have breast cancer:

A study of 229 New York City women showed that those who developed breast cancer had substantially higher levels of DDE (a DDT byproduct) and slightly higher levels of PGBs in their blood than did the women who did not develop breast cancer. The study suggests that women with high levels of DDE are four times more likely to develop breast cancer. "These findings suggest that

environmental chemical contamination with organochlorine residues may be an important [causal] factor in breast cancer," concludes Dr. Mary Wolff, the study's principal author.

A 1990 Finnish study found similar results: 44 women with breast cancer had significantly higher concentrations of the pesticide hexachlorocyclohexane in their breast fat than did 33 women without cancer. The women with higher levels of the organochlorine were 10 times more likely to develop breast cancer.

And the sole exception to worldwide rising breast cancer rates also suggests an organochlorine connection.

Through the 1970s, Israeli breast cancer rates were among the highest and fastest-rising in the world - as were Israeli levels of organochlorine pesticides in human milk and tissue. Then, in 1978, Israel aggressively

phased out several pesticides. Levels of organochlorines in mother's milk dropped quickly, and after a decade the incidence of breast cancer among young women also began to fall. This, the study's authors claim, is strong evidence that the pesticide phase-out caused the decline: "The data seem to have a remarkable resemblance to a dose response curve."

None of these studies, on their own, prove a connection between organochlorines and breast cancer. But together they present a compelling argument that organochlorines are at least as important a cause of breast cancer as hormones and heredity - and may explain why family, diet and hormones are risk factors

Yet not one of these findings came from within the cancer establishment. Nor has the establishment taken much interest in them.

Continued on page 14

A CHLORINE PRIMER

Organochlorines are synthetic chemicals manufactured when chlorine gas is bonded to carbon-rich "organic" matter, of which all living things are made.

Most people think of chlorine as the chemical used to disinfect drinking water and swimming pools. And it is. But more than 99 percent of the 40 million tons of chlorine produced annually is used in other products, such as plastics, paper, industrial solvents and other chemicals.

Chlorine ions (Cl-) are abundant in nature. Salt (NaCl) is a chlorine ion. Chlorine ions do not seek to bond with carbon. But chlorine gas (Cl2), a man-made chemical that smells like household bleach, bonds tightly with carbon atoms, forming organochlorines. There are more than 11,000 different organochlorines. This large class includes a handful of the most toxic and carcinogenic chemicals anywhere, such as DDT, PCBs, CFCs and dioxin.

A growing chorus of doctors, scientists and environmental activists want to ban the industrial use of all organochlorines. They argue that by the time regulatory agencies consider each organochlorine one by one, these chemicals will have killed us all. In the spring of 1992, the Interna-

tional Joint Commission (IJC), an advisory board that addresses issues affecting the boundary waters between the United States and Canada, called chlorine a threat "to the environment and to human health" along the Great Lakes, and recommended that the two countries stop using it. Later that year, 13 European nations signed an agreement in Paris that also called for the elimination of chlorine-based chemicals.

These challenges represent a major threat to the chemical industry. Half of all commercial chemistry is based on chlorine. The world's largest producer of chlorine is the Michiganbased Dow Chemical Company. For more information about how industry uses chlorine, call The Chlorine Institute at (202) 775-2790.

A worldwide campaign to ban the industrial use of chlorine is being led by Greenpeace. For more information about how chlorine affects human health and the environment, call Greenpeace at (213) 666-3305. M.P.

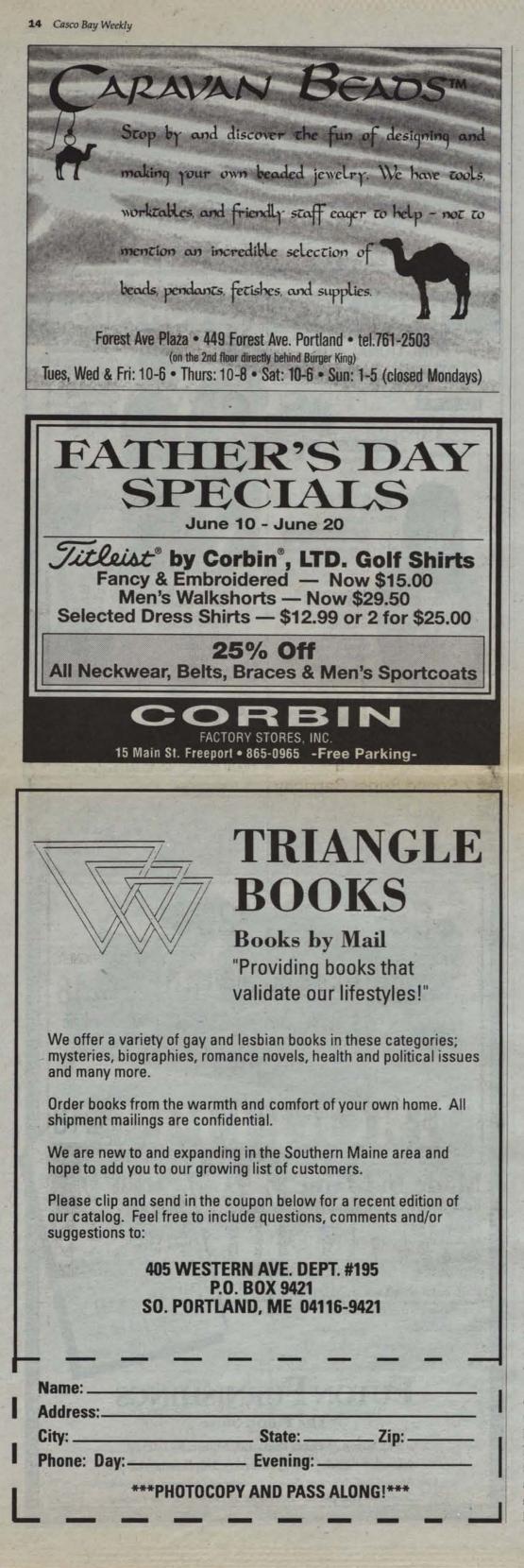


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Profits of misery

Continued from page 13

"The chemical agents of cancer have become entrenched in our world in two ways," wrote Carson, more than 30 years ago. "First, and ironically, through man's search for a better and easier way of life; second, because the manufacture and sale of such chemicals has become an accepted part of our economy and our way of life "

Rachel Louise Carson died of breast cancer in April 1964. She was 56 years old.

Conflicts of interest

"Early detection is your best protection. Don't be an easy target - get a mammogram now."

That's the message of National Breast Cancer Awareness Month (BCAM). And that message is the same every October, on every one of the hundreds of thousands of posters, pamphlets, radio spots, newspaper ads and promotional videos distributed by the event's sponsors.

But few of the well-intentioned women who participate in BCAM are aware of the international chemical giant that pays the event's bills and cashes in on its message: Imperial Chemical Industries (ICI).

ICI is one of the largest chemical companies in the world. Its annual sales exceeded \$26 billion in 1991. It stands among the world's largest producers of chlorine- and petroleum-based products, including plastics, explosives, pharmaceuticals and paint. ICI also has a dismal environmental record: One Quebec paint-pigment subsidiary single-handedly contributes a third of the toxic chemicals dumped into the St. Lawrence River, according to Environment Canada.

ICI co-founded BCAM nine years ago, together with Cancer Care, Inc. (a support group), and the American Academy of Family Physicians.

In the years since, ICI's pharmaceutical subsidiary has changed its name to Zeneca and BCAM has become fully integrated with the cancer establishment. Thirteen institutions are currently represented on BCAM's board, including the ACS and NCI. The event has become fashionable among private companies as well: Estee Lauder gave away 750,000 pink ribbons last October.

ICI has been the sole financial sponsor of BCAM since the event's inception. Altogether, the company has spent "several million dollars" on the project, according to a spokeswoman. In return, ICI has been allowed to approve - or veto - every poster, pamphlet and advertisement BCAM uses.

Not surprisingly, carcinogens are never mentioned in BCAM's widely distributed literature. "Researchers are investigating the role of heredity, lifestyle and diet," says one BCAM pamphlet. "But you can't assume that modifying your diet or lifestyle will make you safe from disease. Early detection is your best protection."

And what does ICI suggest women do to "protect" themselves? "Get regular mammograms. See your doctor regularly. Examine your breasts monthly." Monthly self-exams are a good idea. But mammograms are risky and of questionable value. And ICI's reasons for sending women to their doctors are highly suspect.

Regular mammograms do not improve survival rates for most women, according to several recent studies. By the time a tumor is detectable on a mammogram, it is already 6 to 8 years old — and would soon be detected through a breast self-exam.

"There is no evidence to support introduction of service mammography for women under 50," stated a recent editorial in The Lancet." And some may argue that there should be a moratorium on all mammography for symptom-free women in this age group ...

Why a moratorium? Because several studies suggest that the radiation accumulated through these yearly Xrays may actually be causing breast cancer. "These pamphlets give the impression that if you are a good girl and get your mammograms, you'll be OK," complains Steingraber. "But having a mammogram is not like flossing your teeth. A mammogram does not prevent breast cancer."

Nor does a visit to the doctor. But BCAM encourages regular visits. And ICI stands to profit every time a woman gets diagnosed with breast cancer. That's because ICI's spinoff, Zeneca Pharmaceuticals, sells the leading treatment drug for breast cancer.

Nolvadex is Zeneca's trade name for tamoxifen citrate, an anti-estrogen drug with annual sales of more than \$400 million. Tamoxifen doesn't cure the existing cancer, but can help prevent the spread of the disease in patients who are diagnosed early. As a result, "early detection" is not only good for women's health - it's also good for ICI's wealth.

ICI's sponsorship of BCAM is just one example of the many conflicts of interest that pervade the cancer establishment. (For others, see "The politics of cancer," page 12)

"'Underlying the cancer establishment's fixation with diagnosis, treatment and research into new drugs is an institutionalized alliance between interlocking professional and financial interests," explains Dr. Samuel Epstein, a professor of occupational and environmental medicine at the University of Illinois Medical Center in Chicago. "At the hub of this alliance is the highly profitable pharmaceutical industry."

As a result, the cancer establishment remains more interested in treating cancer than preventing it, more interested in developing drugs than finding carcinogens.

Even the NCI's much-publicized breast cancer "prevention" study is really just another drug-pushing deal in which perfectly healthy women are being given a known carcinogen to see if it will "prevent" breast cancer.

Last year, the NCI began recruiting 16,000 U.S. and Canadian women for the 10-year study called the Breast Cancer Prevention Trial. Half will receive a placebo. The other half will get tamoxifen. The idea is to see whether those on the anti-estrogen drug develop fewer breast cancers than those on the placebo.

"The tamoxifen study is particularly galling," says Epstein. "It is a scientific and ethical travesty. [The NCI's] conduct verges on criminal recklessness."

The NCI is conducting the experiment despite evidence that tamoxifen

may harm more women than it will help. Tamoxifen is known to cause blood clots, uterine cancer and liver cancer.

By the NCI's own estimates, tamoxifen will prevent breast cancer in only 62 of the 8,000 women who take it. The other 7,938 will risk uterine and liver cancers for the sake of "science." And for the benefit of ICI.

Nolvadex is already the number one selling cancer drug in the world. But if Nolvadex were approved for use as a preventative drug, ICI could sell even more. So ICI used its BCAM contacts to convince the NCI to spend \$70 million of taxpayer money on this prevention trial - no small feat, considering the NCI's entire annual budget for breast cancer research is only \$196 million.

If the Breast Cancer Prevention Trial proves tamoxifen effective in preventing breast cancer, Nolvadex will become a multibillion-dollar a year drug. Every woman on the planet would be a potential customer.

And in the meantime, ICI continues to sell almost a half-billion dollars a year worth of treatment for a disease that it may be causing by selling tens of billions of dollars a year worth of toxic chemicals.

These are the profits of misery.

The business of cancer

Brightly colored metal butterflies float across the walls of the large, airy kitchen that anchors the Shaw's Gorham home. There's a pile of wood in the back yard and a pile of muffins on the kitchen table.

Drema Shaw, a lithe woman with short reddish blond hair, sits comfortably as a huge orange cat named "Pat" rubs itself against her calf. She's free of cancer now. But she's still not free of what the cancer establishment did to her.

Shaw was diagnosed in the fall of 1991. After some debate, she chose a mastectomy over radiation because she didn't want to live wondering whether or not her cancer would return.

She wonders anyway.

"Every time I have an ache or pain, I'm certain it's back somewhere," says Shaw

"It's hard to watch the kids and wonder if I'll actually be here ... " Her voice trails off as her red-headed twin boys arrive home from school and trudge through the kitchen.

Shaw is still in pain from her operation of more than a year ago. She is sore from her elbow to her sternum. Her chest is numb, and itches uncomfortably. But she can't scratch an itch on a chest she can't feel.

"It's been hard for my husband and me," she says.

Shaw, who has no history of breast cancer in her family and has a houseful of kids, thinks her cancer may have been caused by a mammogram she had when she was 18. She knows that those older mammogram machines released far too much radiation. Only her right breast was X-rayed, and only her right breast developed cancer. Her husband thinks the synthetic growth hormones fed to cattle may have something to do with it.

"It doesn't really look that bad," she says, referring to her missing breast, hidden from view by a prosthesis. "It's the way I feel about it Sometimes I feel like a survivor. Sometimes I hate it."

Like many women who have survived cancer, Shaw felt victimized by her male doctors. Her surgeon argued openly with her oncologist over how to treat her. Torn between them, she sought out the opinion of another cancer specialist. He sent her home, telling her to "come back on Friday when you can get your emotions under control."

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After she complained about how hopeless he had made her feel, the oncologist summed up the cancer establishment's bottom line:

"I'm not in the business of hope." CBW

Monte Paulsen is the founding editor of Casco Bay Weekly. Additional reporting was provided by Ellen Liburt in Portland, and Betsy Dance in Washington, D.C.

WHAT YOU CAN DO

Endorse "A Woman's Cancer Agenda: Demands to the National Cancer Institute and U.S. Government." For more information contact the Women's Community Cancer Project, c/o The Women's Center, 46 Pleasant St., Cambridge, MA 02139. Or call (617) 354-9888.

Eat lower on the food chain. Toxic chemicals build up in the food chain to an alarming degree. Reduce your consumption of beef, fish and dairy products. For more information contact Beyond Beef at (202) 466-2823.

■ Join the fledgling "Stop the White Wash" campaign to expose the health and environmental dangers of chlorine bleaching in women's sanitary products and disposable diapers.

■ Join the movement for totally chlorine-free paper. Casco Bay Weekly publishes on chlorine-free recycled paper, and so can many other periodicals. Time magazine, for example, claims to be environmentally responsible - it's time they proved it. Phone Time at 1-800-843-8463, or write: Time/Life Building, Rockefeller Center, New York, NY 10020.

Consume consciously and consume less. Women own less than 1 percent of the world's wealth, but (in North America at least) buy more than 80 percent of day-to-day goods and services. This is enormous consumer clout. Refuse to buy toxic, disposable and overpackaged goods. Avoid plastics especially. The production and incineration of PVC plastics create dioxin, the most carcinogenic synthetic chemical known to humankind.

■ Join the grassroots movement calling for a national incinerator moratorium. Contact President Clinton and tell him to keep his campaign promise to impose a moratorium on incineration. Mobilize your city council, church, school, union or medical association to conduct a letter-writing campaign. Write: President Clinton, The White House, Washington, D.C. 20500. Or call (202) 456-1414.

Eliminate the use of pesticides on your lawn and in your community. Clean, safe alternatives for a healthy lawn can be easily implemented.

Support groups like the National Breast Cancer Coalition. For more information, contact the national office at (202) 296-7477. M.P. ANA LOWEST PRICES GUARANTEED Whirlpool Deluxe Whirlpool Side by Side Deluxe 22 cubic foot 18 cubic foot Refrigerator CHI New Energy New Energ Efficient Efficient Glass Shelves · Glass Shelv · Gallon Door Gallon Door Storage • Adj. Door Storage · Adj. Door Shelves Shelves Icemaker Water & Ice 628.88 \$1098.88 ETI18PKXAV **ALL AIR CONDITIONERS** 80 DAYS same as cash ALL MAJOR BRANDS **INCLUDING WHIRLPOOL** June 10, 11, 12 & 13 on G.E., Hotpoint, & RCA appliances h approved credit see store for details Through June 30th on Whirlpool FREE LOCAL DELIVERY **ALL JENN-AIR** ALL SONY RANGES ON SALE & ZENITH TVs · Self Cleaning **ON SALE** Electric
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June 10, 1993 15



Confronting the cancer establishment

The American Cancer Society estimates that some 6,700 Mainers will be diagnosed with cancer in 1993. Nine hundred of those Mainers - or about one in seven — will be diagnosed with breast cancer.

In this week's cover story, Monte Paulsen unearths some troubling facts about breast cancer. Breast cancer, it turns out, isn't just a medical issue involving doctors in white coats. The effort to find a cure and prevent its occurrence is far more complex.

Breast cancer is a political issue. Some of corporations profiting from breast cancer treatment may also be contributing to the epidemic by spewing carcinogens into the environment. Few who participate in Breast Cancer Awareness

itorial

Month (BCAM) are aware that Imperial Chemical Industries (ICI) is the founder and sole financial sponsor of BCAM. ICI generates \$26 billion in annual revenues as one of the world's largest

producers of chlorine- and petroleum-based products (and their carcinogenic byproducts). ICI also manufactures pharmaceutical products used in the treatment of cancer.

BCAM literature, distributed to thousands of women, says that researchers are investigating the role of heredity, lifestyle and diet in the development of breast cancer. The role of carcinogens is not mentioned. Women active in BCAM should press for the removal of ICI and the invisible strings it attaches to the event.

Breast cancer is a gender issue. Breast cancer will strike an estimated 183,000 women this year. Yet breast cancer doesn't get the research support it deserves. The American Cancer Society funded 66 breast cancer research projects last year, which cost less than \$17 million. That's just 4.5 percent of its \$380 million budget. The National Cancer Institute devotes only 10 percent of its funds to breast cancer.

One of the more obvious problems: Women aren't yet in the positions of power within the medical establishment to channel funds to more research. This is changing, but the process must be accelerated.

College

of Art

Con-

on

Portland potential

Portland, Maine, is at a definite crossroads. It could become within a few short years one of the finest small cities to live in in this country, or just wither, lose heart and become a battleground. Probably somewhere in between the two extremes. With work though we could very well attain a

very, very livable and enjoyable city. Some things already in place and other additions prove that Portland has a vital pulse: a baseball team at Hadlock Field; the bike and run and walk path on the eastern end of the city; trains from here, south; a hockey team at the Civic Center; Maine

gress Street; dance clubs popping up all over; jazz clubs coming into their own; renovations at City Hall; the reopening of the State Theatre; The Children's Museum; Portland Museum of Art; a train museum; a working waterfront; and a mixture of public participation. The continuing renaissance of Congress Street is grand. Art galleries all over the city, short and long-term.

Some insurance of our own survival and victory over neglect and apathy is in order. We should work to keep our very vocal and hardworking Chief Chitwood. Patrol the city with 10 policemen on bicycles to protect people and property. Cease and desist the unwarranted towing of people's vehicles. Lower property taxes and have much less waste of tax dollars. We have a wonderful city and it

has potential for being great.

Los Card Zoo Cain Portland



world

I'd like to make some comments on Al Hogan's letter (5.27.93). Mr. Hogan wrote a letter sharply criticizing Al Diamon for his comments regarding Concerned Maine Families' upcoming statewide petition drive to overturn the human rights ordinance and perpetuate discrimination against others of a different sexual preference.

experience with the press.

calling a reporter/commentator a bigot You called Al Diamon a bigot twice, prejudiced and radically extreme.

I find Al Diamon's column very good political commentary; nothing more, nothing less. Why he even said of CBW-endorsed City Council candidate Orlando Delogu, "this guy's toast" (5.6.93), after Delogu blew the recent election.

Before we have a be kind to Concerned Maine Families Week, let me say there is nothing wrong with private family values, except those of you who live in bedroom communities, never come out and refuse to believe discrimination exists.

When I asked the manager of the Hotel Everett last November why he was kicking me out, he said, "Because I feel like it." My last supervisor called me "a queer" right before he called his administrator to complain about me, and last year when I put two prochoice bumper stickers on my truck, my windshield was promptly broken. It's easy for political neophytes to

Welcome to the real

Welcome to the real world, Alfred. Sounds like you've just had your first

I haven't ever read of anyone

It would be too ironic to now say we should all practice Adamism, but one can't help but admire a person that so many of the raging "ism" causes of the world have evolved to become self-serving institutions, as group causes always do.

Breast cancer is an environmental issue. CBW ran a cover story last March on how chlorine-based products work their way into the biosphere, creating carcinogens such as PCBs and vinyl chloride.

Other chlorine-based products, such as dioxins and DDT, while not directly causing cancer, can interfere with human hormones to promote cancer that already exists, or enhance the carcinogenic effects of other compounds.

The simplest and best solution is to ban the use of chlorine in manufacturing. This approach has been endorsed by several groups, including Greenpeace and the International Joint Commission, an organization that addresses issues affecting the boundary waters between the United States and Canada.

Breast cancer is an economic issue. Don't expect the \$3 billion chlor-alkali industry to roll over when confronted by the movement to ban chlorine. Paper plants are fighting for the continued use of cheap chlorine-based bleaching agents, and plastics manufacturers for the use of chlorine-based chemicals to churn out all manner of products.

Manufacturers cynically claim that they are fighting for consumers, since replacing chlorine-based chemicals will be an expensive process. Those costs, they say, will be reflected in higher prices in the shops.

But the economics of health care today suggest that the phasing out of chlorine is a small price to pay. Consider: The average cost of terminal breast cancer treatment is estimated to be between \$60,000 and \$65,000. Multiply that by the 46,000 women likely to die of breast cancer this year and you've got a \$3 billion per year industry.

The public can't trust the people in the white lab coats to solve the breast cancer problem, since it's obviously not just a medical issue. A real change will come only when the public better understands the politics and economics behind the breast cancer epidemic, and works to effect change in the laboratories and in the board rooms of corporations and non-profit organizations around the globe. (WC)

become upset at their news coverage instead of looking inward and fielding criticism.

My hope is Concerned Maine Families will remain bitter as the reality of their position becomes clearer to them. water Pusso

Walter Russo Portland

Herb

Herb's the greatest ("The importance of being Herb," 5.27.93).



Squalid, but great fun

Thank you for your revealing profile of that Nabobess of letters, Djaylan Adams; those embroiled in the whole sordid affair, as well as those of your readers who are not shackled by that '90s sense of flaming self-importance must have been glad to gain insight into where she is coming from with her letters to CBW.

who thinks and feels for herself, now

It would seem that it takes a lot more courage and freedom for a woman to not fall in line with being the kind of person Feminist Stalwarts think she should be, than to simply comply with what in the final analysis is often as fascistic a group cause as any. Anytime a movement becomes politicized, it becomes inherently conservative in the true sense.

In his support of Ms. Adams, that Princess of Positivism, Mark Conrad Baratta (5.3.93) brings the whole squalid, seamy, salacious (but great fun) Djaylanist affair into focus: The human condition is vastly more complex than is portrayed by those immersed in pop, media-fied, mass culture; more complex than group movements can admit to and still forward their particular agenda.

Those who feel that Ms. Adams should be disowned by the sisterhood because of her views perhaps should have the word egalitarian stricken from their vocabularies, since it seems to be already stricken from their minds.

Jeff Christiansen

Gorham

Casco Bay Weekly welcomes your letters. Please limit your thoughts to 300 words, include a daytime phone number and address to: Letters, Casco Bay Weekly, 551A Congress St., Portland, ME 04101

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June 10, 1993 17

Call me Wyland Stalking the great greenback whale

"Robert Wyland is very controversial in the cetacean art community." So said Paul Gold, former executive director of the American Cetacean Society, a California-based group dedicated to saving the whales. His comments caused some ears around CBW to perk up. Not because of a possible controversy over the much-touted whale muralist, but because it never occurred to us that there was a whole group of people who painted whales, and they considered themselves a community.

When CBW called around to inquire about the controversy, we got an earful from several whale artists, who didn't think too highly of Wyland. Robin McKowski of Florida expressed reservations about the accuracy of Wyland's depictions of marine life. "Wyland's animals don't even come close!" she said. "He gets away with it because he appeals to the ignorant masses."

McKowski reserved most of her venom for Wyland's positioning himself as a committed and concerned conservationist. "He flaps his jaws about sharing, but he doesn't produce," she said, adding, "I wouldn't have a problem with the man if he would just say he was in it for the money."

Others were somewhat more charitable. "My own sense is that marketing is more important [to him] than the benefits to the community," said whale artist Randy Puckett of California about the whale walls. "But to my way of thinking, it beats all hell out of looking at a Scotch billboard."

That's a hard point to argue. Whales even beat all hell out of looking at the

Fighting the good fight

Recalling the heady days of North Country, Portland's original alternative

By Harlan Baker

The occasion of Casco Bay Weekly's fifth anniversary was an event to mark not many alternative weeklies in Portland have survived their infancy. But while attending the fifth anniversary bash at Zootz last month, I couldn't help remembering that this event corresponded with another anniversary — the 20th anniversary of the demise of North Country, an alternative Portland newspaper that debuted in the late 1960s.

I was 22 years old, one year out of college and living at Higgins Beach between jobs. One of the few people I knew was Pierre Shevenell, an anti-poverty warrior who resembled one of the Fabulous Furry Freak Brothers of underground comics fame. He introduced me to the paper, which had a loose and freewheeling style both in content and graphics. But it did have an impact on the community. The paper generated controversy with its "Slumlord of the Month" feature, along with its views on poverty, racism, the Vietnam War and Portland's City Council.

My involvement with the paper was through the back door, starting with a protest over the lack of available housing. Our group, the Portland Liberation



Association, met in a living room on Cumberland Avenue and schemed to take over an abandoned house on Summer Street. The takeover was planned

to coincide with then-Attorney General (and Republican gubernatorial candidate) Jim Erwin's publicized tour of Portland's slums. The group vowed to get busted to make its point.

On a sunny June morning we stormed the building, renaming it the High Water Hotel, a Free House for a Free People. The attorney general arrived, followed by the news media. When the media left, the police closed in, ready to arrest the 20 or so trespassers. Except somehow only two of us were left - myself and a young man named Mylie Durham.

Mylie was outfitted in the full 1960s regalia: beard, long hair, head band, beads, tie-dyed shirt, torn jeans. In contrast, with my short hair and neat clothes, I looked fairly straight. A plainclothesman placed his hand on Mylie's shoulder and said, "You're under arrest." He then turned to me and said, "You can go."

I felt my stomach get woozy and my mouth turn dry. "If you arrest him, you'll have to take me," I announced. The officer looked at me in amazement. "Look we don't want to arrest you," he said. I made one more attempt to convince him that I was just as guilty, but to no avail. I was escorted off the property, while Mylie was handcuffed and led off to the paddy wagon. Mylie gave the clenched fist salute as he was loaded into the wagon.

I wrote an account of the whole escapade, making no attempt at objectivity but concentrating on glorifying the people's struggles. I left the article at the office of North Country. The paper soon ran the story under the headline, "The Summer Street Raid."

I had entered the world of underground journalism. I eventually wound up as the paper's resident historical columnist, pocketing the sum of \$10 per article.

North Country folded in June 1973. (It was revived briefly in 1974). The same month brought the closing of the Gate Coffee House, a Congress Street mecca for

Portland's 1960s street people. Those two events symbolized for me the end of the era of the 1960s. And those events entered my mind as the noise of the band rang in my head at

Zootz.

Harlan Baker of Portland has never been arrested but did spend 10 years in the Maine House of Representatives.

dreary side of the Bath Iron Works building. In fact, the mural gives the otherwise lifeless space the welcoming feel of a courtvard.

But some of McKowski's comments seemed to echo around that space when the artist was in action. The whole endeavor, while certainly containing an element of civic mindedness, reeked of unsurpassed self-promotion.

When some CBW staffers wandered down to watch the mural take shape, they weren't so much amazed at the scale of the wall as the scope of the marketing. Salespeople who made Jolly John seem timid were hawking Wyland's limited edition prints (some limited to 950 copies) and sculptures for thousands of dollars.



Posters and books were hot commodities, with salespeople assuring people that Wyland himself would be happy to sign them. And Wyland himself rode the cherry picker with paint gun in hand, his

every move followed by an army of young fans as if he were Axl Rose. Sitting on a bench at the state pier, watching all the commotion and bother, it was hard not to admire the whole enterprise as a high-profile bit of hucksterism orchestrated by one slick operator. The whale art community may not embrace Wyland, but he's managed to install himself as the CEO of his own one-person whale art industry. Not since Tom Sawyer has anybody been so clever in putting paint on a wall. (WC)

Close the Supermax

Maine taxpayers have paid enough for the maximum security prison

By Kevin O'Kendley

The State of Maine, which has no money to waste, wasted \$16 million on the new future-shock prison in Warren. This joint, which opened last autumn, is commonly referred to as the Supermax and, according to state officials, will cost at least \$4 million to operate annually.

Like the proverbial platoon of workers changing a single light bulb, 85 guards keep an eye on some 55 inmates. The ventilation system in the Supermax is of poor design and many inmates suffer respiratory problems. Cell lights remain on 24 hours a day. Inmates share common razors. Reading material is severely and bizarrely restricted. And inmates are allowed out of their cells for only a couple of hours each day.

Maine Corrections Commissioner Donald L. Allen told the Bangor Daily News that "the Supermax is the thing that holds the whole [prison] system together. Its very presence has a positive effect on inmate behavior and conduct." In other words, the prison is a \$16 million threat that encourages inmates in other facilities to behave. The implication is that without this expensive bogeyman, Allen has lost control of the system.

Do the crime, do the time; An eye for an eye. Yes, criminals should be punished. But theory should always be tempered by reality. I doubt that anyone who lives for any length of time within the violent, sexually warped confines of a maximum security prison will come out a better human being. U.S. prisons are the



grounds for the destruction of every inmate's humanity, and as a school for criminal training. It's in our best interest to treat prisoners hu-

most violent in the world. They serve as breeding

manely and to prepare them to be constructive — or at least not destructive members of society. The Supermax does not attempt to achieve this. National statistics show that seven out of 10 convicts return to prison once

they're released. What of the other three? Some corrections experts would like us to believe that they became law-abiding citizens. But don't believe it. It's likely that the other three only got better at crime.

At any rate, if the assumed rehabilitation ratio of 30 percent were translated into a private business, the whole concept of Prison America would be thrown out as an abject failure — along with the people who work in the system.

In Maine, under the tightening corrections budget, tough choices must be made about which programs and methods of punishment are to survive. Providing \$16 million to build a George Jetson space jail means the loss of rehabilitation programs that might have delivered long-term results benefitting all.

How to better spend the \$16 million capital costs and the \$4 million operating costs? The Maine Youth Center doesn't have any money and needs it badly. Many other programs that aid abused, misused and poverty-stricken children are also badly underfunded. Such programs can help those who might find a life of crime an alluring option.

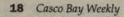
Funding might also be boosted for probation programs, halfway houses, minimum security beds and counseling. Such programs would directly affect far more inmates than the handful of cons in Warren now being treated like caged Hannibal Lecters.

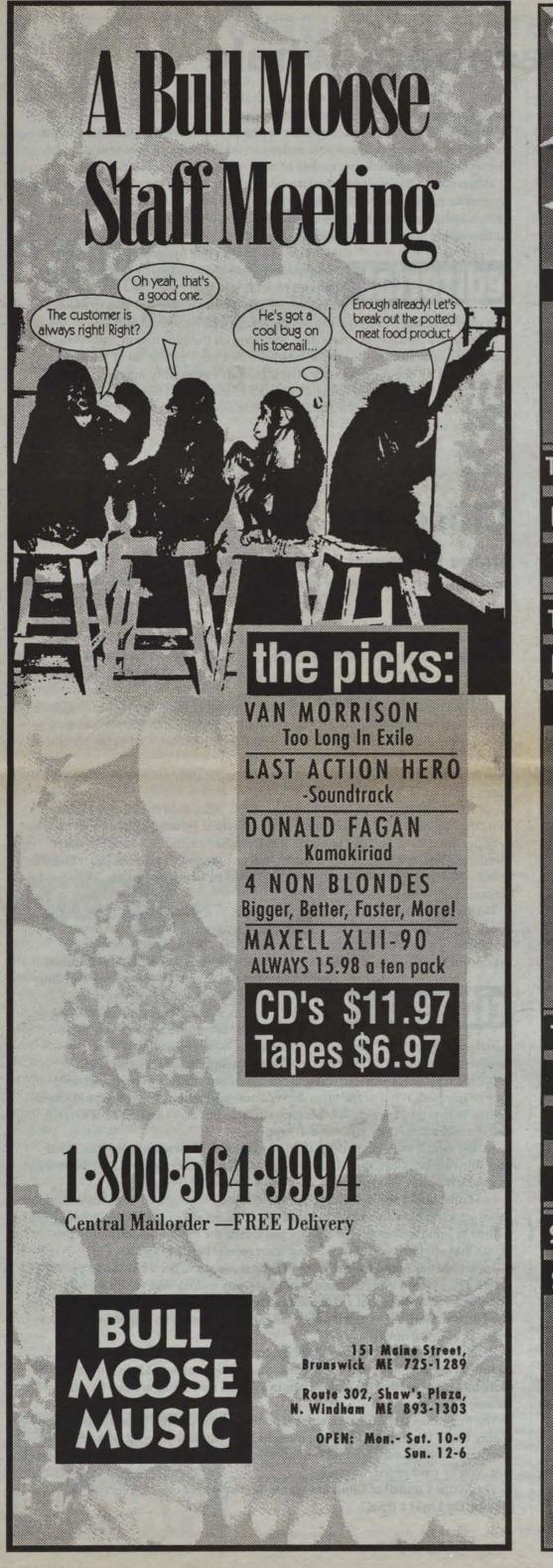
The Supermax is a dismal mistake. Treating an inmate like a monster will only ensure that if the inmate isn't yet a monster, he soon will be. And when 55 monsters are released from that human vault, someone's got to pay. I hope it's not you. You've paid enough already.

The Maine Council of Churches wants the Supermax closed. I second the motion. Do I hear a third?

Kevin O'Kendley is a freelance writer in Bridgton.











silver screen	
Sly on the rocks	
10-day calendar	
stage	1
Maine bluesmen	

June 10, 1993 19

Mad Horse rides a Mad mag

Bizarro cartoon characters people "House of Blue Leaves"



By Margot Brown McWilliams

Comedy exists on the edge of pathos. Maintaining this balance is the artistic endeavor of playwright John Guare. The question in Mad Horse Theatre's current production of Guare's "House of Blue Leaves" is whether he succeeds or simply wallows in slapstick and voyeurism.

Continued on page 25





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silver screen

Art & Soul continued from page

Aladdin The animated tale of a poor teenage boy who wins the love of the sultan's beautiful daughter with the help of a genie (the voice of Robin Williams). Features six new songs from the late Howard Ashman, Academy Award-winning composer of "Beauty and the Beast.

Benny & Joon Aidan Quinn stars as Benny, an auto mechanic who's put his life on blocks to care for his mentally unbalanced sister Joon (Mary Stuart Masterson). His role as his sister's keeper is threatened when Joon falls for an unconventional stranger (Johnny Depp).



Cliffhanger A sophisticated group of thieves hijacks a Treasury plane containing \$15 million. In an attempt to pull off a midair transfer over the Colorado Rockies. one of the planes crashes. Faced with the awesome task of recovering the money, the hijackers shanghai a couple of forest rangers to lead them to the loot. Unfortunately for the baddies, one of those forest rangers is mountain man extraordinaire Gabe Walker (Sylvester Stallone). Also stars Janine Turner. Warning: Stallone did major script rewrites - himself. Cop and a Half A 10-year-old boy witnesses a crime

refuses to testify unless he's allowed to be a cop for a day. Burt Reynolds stars as his unenthusiastic partner against crime. Directed by Henry Winkler. Dave An ordinary guy named Dave Kovic is asked to double for U.S. President Bill Mitchell at a public

appearance. When President Mitchell has a stroke, Dave is forced to continue his masquerade. Stars Kevin Kline and Sigourney Weaver. Directed by Ivan Reitman ("Ghostbusters"). Kline's comic timing is deft, as are numerous cameos by capitol politicos. Ethan Frome Adaptation of Edith Wharton's 1911 novella about the tragic romance between a New

England farmer and the young woman who's caring for his invalid wife. Stars Liam Neeson, Patricia Arquette, Joan Allen and lots and lots of snow. Groundhog Day Bill Murray plays an egotistical

weatherman who is forced to pay the karmic price for his self-centeredness when he is sent to Punxsutawney, Pa., to cover Groundhog Day. Once there, he gets stuck in time so that every day is Groundhog Day. Needless to say he becomes a shadow of his former self. Also stars Andie MacDowell, with Chris Elliot. Directed by Harold Ramis.

Guilty /s Sin Rebecca De Mornay stars as Jennifer Haines, an ambitious young attorney who agrees to defend a charming and manipulative man (Don Johnson), accused of pushing his rich, elderly wife out a window. Soon Jennifer becomes the object of her client's pathological pursuit. Moral: Never trust pushy men. Will she become "Jennifer 9"? Directed by Sidney Lumet

Homeward Bound A dog, a puppy and a cat, known to their closest friends as Shadow, Chance and Sassy, are inadvertently left home alone when their owners move. In an attempt to be reunited with their lost, if forgetful, family, the animals take it upon themselves to make the long journey across the perilous Sierras, during which they encounter grizzlies, cougars and nasty men

Hot Shots, Part Deux Former flying ace Topper Harley (Charlie Sheen) reluctantly returns to action at the behest of U.S. President Tug Benson (Lloyd Bridges) in this "Rambo" send-up. He joins a commando team sent to Iraq to rescue American POWs who were captured and secretly held by Saddam Hussein. Also stars Valeria Golino.

Indecent Proposal A yuppie architect (Woody Harrelson) and his wife (Demi Moore) travel to Las Vegas in a desperate attempt to win enough money to save their dream house from being foreclosed There they meet an eccentric millionaire (Robert Redford), who offers the couple a million dollars for one night alone with the wife. And she actually has a hard time deciding.

Jurassic Park Entrepreneur John Hammond (Richard Attenborough) finances the creation of genetically engineered dinosaurs in hopes of opening the ultimate amusement park. Who wouldn't want to spend the day with a bunch of huge reptiles? The thrills and chills become a bit much when Tyrannosaurus rex et al. break out of their carefully constructed environment and run amok, as dinosaurs are wont to do. Stars Sam Neill, Laura Dern and Jeff Goldblum. Directed by Steven Spielberg.

The Last Days of Chez Nous Beth, a novelist by profession and a smoother-over by nature, is trying to hold her disintegrating Australian household togethe This requires her to be the wife of an envious and nomesick Frenchman, mother to a teenage daughter, advisor to a visiting sister and daughter to a disagreeable father. Directed by Gillian Armstrong ("My Brilliant Career").

Life with Mikey Michael J. Fox plays a former child star, though not a big one, reduced to running a third-rate talent agency for children. He stumbles upon a precocious little con artist (Christina Vida), whom he hopes will be his ticket to the big time. Also stars Cyndi Lauper.

Like Water for Chocolate Mexican screenwriter Laura Esquivel's surrealistic look at the mores of turn-ofthe-century Mexico. In accordance with ancient Mexican tradition, Tita (Lumi Cavazos), the youngest daughter in a family of three women, is denied the right to marry and instead must serve as cook and caretaker for her domineering mother - who has married off Tita's young man to her older sister. The only control Tita exerts is in her kitchen: When she cooks, her wishes flavor the food.

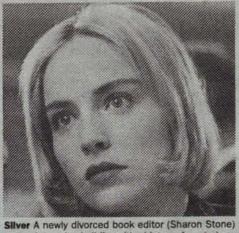


dent black business woma goes to a sperm bank and asks for the best they have: "smart, black, not too tall." The result is her beautiful daughter Zora (Nia Long). At the age of 17, Zora decides to discover her roots, so to speak, and finds out her father is Hal Jackson (Ted Danson), the diotically demonstrative used-car dealer who lominates the cable TV airwaves. What's more, he's white. Let the hijinks begin.

Menace II Society A hard-edged depiction of the realities of life for young black Americans. Caine (Tyrin Turner) is an accomplice to a murder, sells dope, gets wounded in gang warfare and shoots a rival gang member point-blank. His only hope of redemption is the girlfriend of his mentor, the guy who introduced Caine to liquor and guns. Directed by 21-year-old twins Albert and Allen Hughes.



veteran who rebels against the small-town life prescribed for him after he loses his sight. With the help of a 17-year-old prep student who's been hired o take care of him, he escapes to New York City. Directed by Martin Brest ("Midnight Run"). Pacino at his lascivious, electric best



moves into a ritzy building with a history of mysterious deaths. After she starts dating fellow tenant and younger man Zeke Hawkins (William Baldwin) and pulp fiction writer Jack Lansford (Tom Berenger), she begins to suspect the crimes might be the so work of one of the men. Loosely based on a book by Ira Levin ("Rosemary's Baby").

Strictly Ballroom Paul Mercurio, a principal dancer with Sydney Dance Company, stars as Scott Hastings, a rebel dancer participating in a heated compo and stifled by the strictly ballroom rules he is forced to follow. Tara Morice co-stars as the ugly duckling partner who helps Scott break "footloose" and wins his heart in the process.

Super Mario Bros. Two ordinary plumbers from Brooklyn, Mario (Bob Hoskins) and Luigi (John Leguizamo), enter a parallel universe where they are forced to battle 8-foot-tall Goombas, deadly fireballs and a lizard king in order to save a princess named Daisy (Samantha Mathis). Also stars Dennis Hopper Based on the popular Nintendo game.

Unforgiven Clint Eastwood plays an aging gunslinger who leaves his secure (but sloppy) life as a pig farmer to pursue the \$1,000 bounty placed on the heads of two men who disfigured a young prostitute. He and his ex-pardner (Morgan Freeman) are joined by a oung, would-be bad guy who wants to shoot n sight but is practically blind. With its thoughtful examination of violence and other earmarks of the genre, "Unforgiven" is the Western to end all Westerns, Also stars Gene Hackman and Richard Harris.

what's where

Owing to scheduling changes after CBW goes to press, movie goers are advised to confirm times with theatres.

General Cinemas

Maine Mall Maine Mall Road, S. Portland 774-1022 Dates effective June 11-17 *Midnight shows Fri & Sat only

Dave (PG-13) 12:35, 2:50, 5:10, 7:25, 9:40, 12* Sliver (R)

1:30, 4, 7, 9:25, 12* Guilty as Sin (R) 12:25, 2:40, 5, 7:25, 9:50, 12* Life with Mikey (PG)

1, 3:10, 5:20, 7:40, 9:45, 12* Jurassic Park (PG-13) 11:30, 1:15, 2:15, 4, 5, 7, 7:40, 9:40,

Hoyts Clark's Pond

10:15, 12:15*

333 Clark's Rd., S. Portland 879-1511 Dates effective June 11-17 Indecent Proposal (R) 12:40, 3:10, 6:30, 8:55 Like Water for Chocolate (R) 1, 3:30, 6:50, 9:15 Hot Shots, Part Deux (PG-13) 1:40, 4:10, 7:30, 9:55 Cliffhanger (R) 12:30, 3, 7, 7:45, 9:25, 10

Made in America (PG-13) 12:50, 3:20, 6:40, 9:05 Super Mario Bros. (PG) 1:10, 3:40, 7:10, 9:35 Menace II Society (R) 1:20, 3:50, 7:20, 9:45 Aladdin (G) 1:30, 4, 6

The Movies

10 Exchange St., Portland 772-9600 Matinees Sat & Sun Ethan Frome (PG) June 16-22 Mon-Fri 7, 9; Sat-Sun 1, 3, 7, 9 The Last Days of Chez Nous (NR) June 16-22 Mon-Fri 7, 9; Sat-Sun 1, 3, 7, 9

Nickelodeon

Temple and Middle streets, Portland (12-9/51 Dates effective June 11-17 *No second shows Mon-Fri

> Groundhog Day (PG) 1, 4:20*, 7:05, 9:40 Unforgiven (R) 6:40, 9:20

Homeward Bound (G) 12:45. 4* Strictly Ballroom (PG)

12:30, 3:30*, 6:50, 9 Scent of a Woman (R) 12:20, 3:20*, 6:30, 9:30 Benny & Joon (PG) 1:15. 3:45*. 7:30. 10

Cop and a Half (PG) 1:30, 4:10*, 7:20, 9:50

Pride's Corner Drive-In 651 Bridgton Road, Westbrook

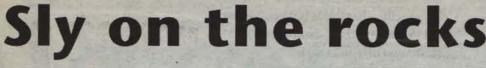
797-3154 Dates effective June 11-13 Aladdin (G)

8:35 Homeward Bound (G)



Art & Soul continued on page 24

June 10, 1993 21



Back on May 29, 1953, Edmund Hillary, along with his faithful Sherpa guide, Rusty, made history by reaching the summit of the world's highest peak, Mt. Everest, thereby proving once and for all that man will go to any lengths to impress chicks.

Why else do you think he did it? Why does anyone want to climb atop a big

hunk of rock - because it's there? That's not a good enough reason (although it's the same one used by Pee See "Cliffhanger" at General Wee Herman when asked to Cinemas, Maine Mall, Maine explain why he pulled his Mall Rd., S. Ptld. 774-1022. "seventh-inning stretch" routine in the back of that Florida movie -

theater). To me, mountain climbing is just another one of those wacky things people do for thrills when they have way too much free time on their hands. It ranks right up there with skydiving, bungeejumping or having an affair with a married woman whose husband likes to make things out of empty Schlitz cans.

Then again, maybe I'm being a little bit unfair to mountain climbers. It's probably because one of my two greatest fears in life happens to be heights. (The other's the fear of having a Chihuahua run up my pants leg.)

Anyway, to commemorate the 40th anniversary of Hillary's celebrated climb to the top - that's Sir Edmund's, not Mrs. Clinton's — comes the newly released, \$70 million action-adventure, "Cliffhanger," starring Sylvester Stallone.

Sly plays Rocky Mountain ranger Gabe Walker (i.e., John Rambo with a \$200 haircut). But Gabe is a troubled soul. See, he's developed a bad case of the guilts after botching the wedding plans of fellow ranger Hal Tucker (Michael Rooker) by accidentally dropping the bride-to-be from the top of a 13,000-foot mountain. (After that, well, it's really hard to look good in a tailor-made wedding gown. Though after taking a 13,000-foot fall, you might not look half bad spread on the salted side of a Ritz Cracker.)

Meanwhile, there's a whole bunch of plot goin' on at the other end of the movie: A group of terrorists hijacks a U.S. Treasury plane carrying three suitcases, each holding \$30 million in cash and coupons. It looks like easy pickings until the American Touristers fall out of the plane, which crash lands somewhere in the hostile Colorado landscape.

(I say "hostile" because we all know about Colorado. It's that intolerant,

rectangular-shaped state out West where the homophobic legislature has pig-headedly refused to grant the gay community's

impassioned plea to make "Rocky Mountain oysters" Colorado's official state entree.)

The terrorists are lead by archvillain Eric Qualen (John Lithgow) - one of the meanest, coldest, most heartless human beings you're ever likely to meet anywhere outside the DMV office. He tricks the two mountain boys into coming to the group's "rescue" and then uses them to help track down the lost luggage.

However, Gabe manages to escape, and then teams up with helicopter flygirl Jessie Deighan (Janine Turner). Together, the two secretly follow Qualen & Co., hoping to thwart the group's evil plans and save their pal Hal in the process.

It's at this point that Sly starts to get that look in his eye and his nipples start to harden with anticipation. It's that time. Time to switch into the "Rambonian mode." And we all know by now what that means: The movie's body count is going start piling up faster than empty condom wrappers at the Kennedy compound.

Overall, "Cliffhanger" is not nearly as good as the previews on TV would lead you to believe. But it is entertaining, especially the first 10 minutes. A real white-knuckler, let me tell ya. Just make sure the person sitting next to you doesn't mind you digging your fingernails into his thigh. And just make sure that is his thigh.

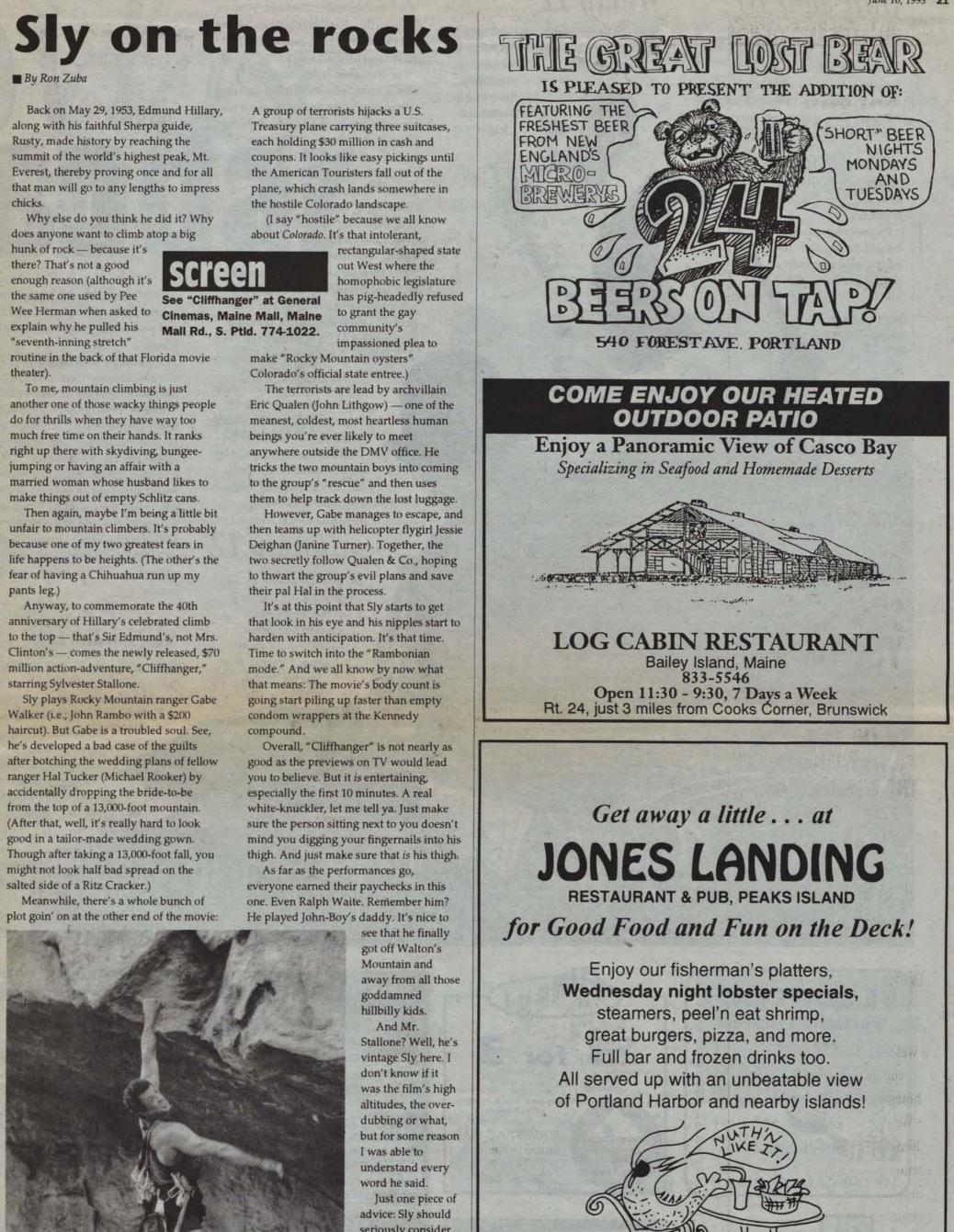
everyone earned their paychecks in this one. Even Ralph Waite. Remember him?

And Mr.

Stallone? Well, he's vintage Sly here. I but for some reason

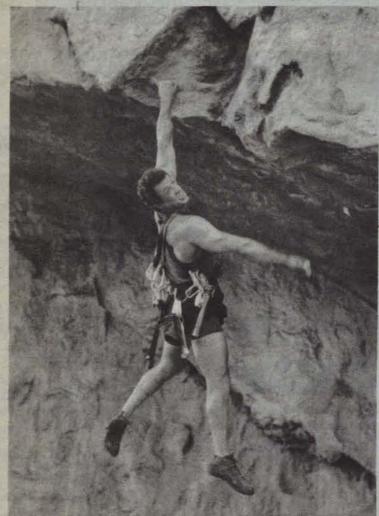
Just one piece of advice: Sly should seriously consider laying off the weights for awhile. I mean, really. Walking around all puffed up and veiny like he does, the man's starting to look like a twolegged erection.

Just wait until they get a load of that in Colorado. CBW



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Sly's fallen - but can he get up?

As far as the performances go,

He played John-Boy's daddy. It's nice to

see that he finally got off Walton's Mountain and away from all those goddamned hillbilly kids.

don't know if it was the film's high altitudes, the overdubbing or what, I was able to understand every word he said.



thursday 10

Have a grape time: Drink for a great cause when the American Heart Association holds a wine tasting tonight, featuring a wide selection of wines from several different vineyards. Alberta's Cafe will supply hors d'oeuvres. The event (which takes place from 5-8 p.m. at Portland's Mariner's Church Banquet Center, 368 Fore St.) also includes a silent auction featuring New England getaways.

Proceeds from the \$25 tix benefit the research and educational programs of the association's Maine affiliate. 781-7610.

Don't quit yer wining, Thursday, June 10.

friday 11

You'll laugh, you'll cry, you'll crawl on your belly like a reptile: AUM Interaction

Workshop, described by workshop leader

David Kaufman as a "social meditation," has arrived in Portland. Who can say exactly what this is but you've just got to trust anything that originated at Humaniversity in Holland.

The workshop is described by Kaufman as "one of the more amazing things you'll ever do," and we see no reason to argue. The AUM experience consists of 11 stages: "I Hate You"; "I Love You"; "Second Wind" (mattresses and cushions are removed in this phase); "Shaking"; "Freak Out"; "Dancing"; "Crying"; "Laughing"; "Pornodancing" (return of the mattresses and cushions?); "AUM"; and finally, "Namaste and Hugging." This exercise in developing awareness, understanding and meditation was created by Osho Rajneesh, who gave it to Veeresh, who for years has been leading AUM marathons all over Europe. (Sheesh! Is it a meditation, a cult orgy or a breath mint?) Only you can say, if you show up in loose clothing, with \$12 (\$5 for students with ID, sliding scale also available) at the Expressive Therapy Center, 150 St. John St., Portland. Feel free to bring a friend. Reservations: 721-0163.

saturday 12

Art AIDS programs: Get yourself some mighty fine art (minus a gallery commission) while supporting a great cause. Proceeds from "Spring for Life," The



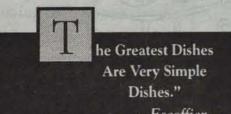
AIDS Project's seventh annual art auction, benefit the project's AIDS care and prevention programs in southern Maine.

Last year's auction raised over \$50,000. This year well over 100 Maine artists are expected to contribute paintings, photography, sculpture, ceramics and jewelry. Among them are Brett Bigbee, Dozier Bell, Marguerite Robichaux and Fred Lynch. So spring over to Holiday Inn by the Bay at 88 Spring St. from noon till 5 p.m. today for a preview. A silent auction begins at 6:30 p.m. Rob Elowitch raises his gavel on the live auction at 8. Admission is \$5. Call The AIDS Project at 774-6877 for further details.

sunday 13

Something old, something new: Pam Baker presents a selection of old blues and contemporary folk today from 1:30-3:30 p.m. at Raffles Cafe and Bookstore, 555 Congress St. Baker, an able songstress, accompanies herself on acoustic guitar and holds an audience's







Sunday Brunch, and Dinne

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many dear and precious friends. We must keep our hearts open for those who remain and awaken for those to come!" Paul M. Rodrigue Contributing Artist

THE AIDS PROJECT 7th Annual Visual AID Art Auction **Rescheduled** To: Saturday, June 12, 1993 Holiday Inn By The Bay Portland

Preview Begins at Noon Silent Auction 6:30 P.M. Live Auction 8:00 P.M. Admission \$5.00

For More info call 774-6877

attention ina manner reminiscent of Garland, Holiday

and Fitzgerald. Her performance is free. 761-7057.

Be informed,

get involved

& stay amused.

monday 14

A boaters' pole: Broaden your canoe horizons. Just imagine! You can do anything with a pole you can do with a paddle — and much, much more! Learn how to propel yourself along with a 12-foot pole — as fast or faster as with a paddle — in a course offered by L.L. Bean from 8:30 a.m.-4 p.m. today at Camp Winona, Bridgton. The fee (which includes canoes, paddles, life preservers and lunch) is \$75. 1-800-341-4341, ext. 2509.

tuesday 15

String your kids along: Take them to a kite-making class at The Children's Museum (142 Free St., Portland) today at 3:30 p.m. You and your kids will create a kite and learn what makes it fly. The class is geared to kids 5 years and older. Admission is \$2 for museum members, \$3 for nons. 828-1234.

wednesday 16

■ You can go home again — briefly when Union of Maine Visual Artists presents "Lost and Found: Images from Childhood," opening today from 5-7 p.m. at 19 Mason St., Brunswick. Curated by Brunswick artist Marjorie Moore, the show includes the work of

10 artists from Maine, Massachusetts and New York. Paintings, works on paper, sculpture and an installation all combine the innocence of childhood with an adult perspective. Contact Moore at 729-8661 for details.

thursday 17

Hear the big boppers: BOP (harvey) - a seven-piece band that mixes rock, reggae, African, soca, Calypso, juju, jazz, ska and blues — appears tonight at Granny Killam's Industrial Drinkhouse (55 Market St., Portland). "One of the most infectious and danceable gumbos imaginable," said The Detroit Monthly. "I like 'em but I think their nomination has no future," said President Clinton. Admission's \$5 for tonight's 9:30 show. 761-2787.

friday 18

Wolves, witches and giants, oh my! What happens after "happily ever after"? Find out when Maine State Music Theatre, Maine's only professional music theatre, opens its 35th season with "Into the Woods." Stephen Sondheim's Tony Awardwinning musical takes celebrated fairy tale characters - Cinderella, Little Red Riding Hood, Jack and the Witch and brings them together for an even-

ing of melodic madness. You'll know the snows are truly gone for another year as soon as you step out of your car in Brunswick and stroll



31 Forest Ave. Portland 773-8187 Fridays are now

CHEM-FREE with dj's LArRé. TAbOo & GUESTS SPECIAL 1/2 price on June 18th HappY SummeR VAcaY!

Sat 6.12 LiVinG TrEE RoductION& PRESENTS LOOSE CABOOSE JAMACIAN REGGAE AT ITS BEST! w/ Spencer DJ Taboo Spinning after 'til 2:30

9:00 PM . \$5 . 21+ (Mon 6.14) TRIBE8 The Brood HAVE NOT 7:00 pm ALL AGES • \$6 Bar opens after show for 21+

Th 6.17 Caroline Records recording stars Walt minK across the lush, green campus of Bowdoin College to Picard Theatre for a show that offers all the lush exuberance of summer. Even people who don't like musicals like Maine State Music Theatre. Tix for tonight's show are \$20 or \$26; call 725-8769 for reservations. See Stage for other show times and prices.

saturday 19

Meet some real tweeties on a birdwalk today at Scarborough Marsh.

Usually the early bird gets the worm; in this case, if you're the early bird, you'll get the birds. The walk begins at 7 a.m. at the Scarborough Marsh Nature Center, Route 9, Scarborough. It costs \$3 (\$6 if you bring your tweetie, of course). 781-2330.

Submissions for Art & Soul must be received in writing on the Thursday prior to publication. Send your Calendar and Listings information to Ellen Liburt, Casco Bay Weekly, 551A Congress St., Portland, ME 04101.



"We have met the enemy and he is us"

Take a vacation without leaving town when the Chamber of Commerce of the Greater Portland Region sponsors its annual Residents' Tourist Day Sunday, June 13. The event offers Greater Portland residents a free opportunity to visit more than 40 local historic sites, art galleries, museums, parks and tourist attractions.

But first: Don a flashy pair of sunglasses and some loud madras shorts. Grab your Instamatic and get ready to push and shove

anyone who gets in your way. Then pick up a Residents' Tourist Day badge and a visitor guide at the Chamber of Commerce, 145 Middle St., or at the Convention and Visitors Bureau, 305 Commercial St.; in Westbrook at Show Me Video, 821 Main St. Badges and visitor guides will be available at all three at 10 a.m., and also at Scarborough Public Library, on Black Point Road, beginning at 11 a.m.

Next stop: Paris. Call 772-2811 to make your travel plans.





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Schedule of Events

June 12 & 13, 9 am-5 pm

Weekend-long Events

17 Bow Street Brunswick, Maine 729-6051 1-800-640-6051

"All Things Bright and Beautiful" SonLight Dance Company, a multi-generational Christian dance troupe presents a choral/dance performance June 13 -Sun 2 pm — at St. Luke's Cathedral, 143 State St. Portland. Donation. 773-1648.

Art & Soul continued from page 20

"The Case of the Missing Woman" Port*Star productions serves up dinner theater at The Baker's Table Restaurant, 434 Fore St, Portland. You'll get to eat and find out what happened to tantalizing starlet Lola Kane. Shows every Saturday at 7:30. Tix: \$27.95 (includes dinner). 775-0303.

Comedy Connection Jackie Flynn, Mike Bent and Nancy Munro present an evening of comedy June 11-12 — Fri 8:45 pm, Sat 8:30 pm — at 434 Fore St, Portland. Tix: \$7.50. 774-5554.

"Death With Father" Try to figure out who killed Judy Tremont and who stole the money from the "Bingo Till Ya Burst" tournament at Father Patrick O'Sullivan's orphanage during the Mystery Cafe Dinner Theatre, No Tomatoes Restaurant, 36 Court St, Auburn. Shows every other Saturday at 8 pm. For info and reservations call 1-800-370-7469.

"House of Blue Leaves" Mad Horse Theatre Company presents the story of Artie, a would-be song writer, his girlfriend Bunnie who wants to be rich and his sister Bananas who eats out of a dog dish and their fervent desires and deepest needs May 20-June 20 — Thurs-Sat 8 pm, Sun 7 pm — at 955 Forest Ave, Portland, Tix: \$16, \$14 seniors and students with ID. During the run of the show there will be a daily silent auction from 2-5 pm and during all performances.797

3338 "Into the Woods" Maine State Music Theatre presents a musical that takes our favorite fairy tale characters and mixes them together in a melodic romp June 15-26 — Tues-Sat 8 pm (both weeks) and Wed, Fri & Sun 2 pm (1st week), Tues, Thurs & Fri 2 pm (2nd week) - at the theater on Bowdoin College campus, Brunswick. Tix: \$14-\$26. 725-8769. "Murder at Prom '63" Vote for the Prom Queen and solve the murder at the James M. Hoffa High School during the Mystery Cafe Dinner Theatre, Sonesta Hotel, 157 High St, Portland. Shows every Saturday at 8. For info and reservations call 1-800-370-7469. "1776" The Schoolhouse Arts Center presents a teen production about the founding of our country June 18-July 3 - Sat 8 pm, Sun 5 pm - at Schoolhouse Arts Center at Sebago Lake, Junction of

Routes 114 & 35. Sebago Lake Village. Tix: \$7, \$5 seniors and students with ID. 642-3743. "Stop the World I Want to Get Off" The Portland Players present a musical that tells the life story of Little Chap May 28-June 19 — Fri-Sat 8 pm, Sun 2:30 pm — at 420 Cottage Road, So. Portland. Tix: \$13, \$10 opening night (May 28). 799-7337. "Tuscaloosa" Dinner theater featuring New York Stories set to music at A City Squire Restaurant, 50 Wharf St, Portland. Shows every Tues at 8 pm. Tix: \$8. 775-7994.

auditions

Actors Theatre of Maine (AToM) auditions male and female actors for paid positions. The touring company presents over 200 performances throughout New England each year (Sept-June). To schedule an appointment, send resume and photo to AToM, RR#1, Box 900, Leeds, ME 04263.

Italian Folk Ensemble seeks an accordionist, a guitarist and singers to perform traditional Italian folk music. Proficiency in Italian not essential. 839-8178 for audition.

AMAANTA concerts friday 11

Mid-Coast Woodwind Quintet, String Works & Others ("An Evening of Chamber Music") 7:30 pm, Unitarian-Universalist Church, 15 Pleasant St, Brunswick. Tix: \$6 in advance, \$7 at door. 729-8515.

saturday 12

The Oratorio Chorale (Beethoven) 8 pm, United Church of Christ, Congress Avenue, Bath. Tix: \$10, \$5 kids and students with ID. 725-7103. William Pint and Felicia Dale (folk) 7:30 pm, The Curtis Little Theater at The Chocolate Church, 804 Washington St, Bath. Tix: \$8 in advance, \$10 at door. 729-3185.

monday 14 Tess Aldrich (violin recital) 7 pm, St. Albans Episcopal Church, 885 Shore Road, Cape Elizabeth. Free. 799-

tuesday 15 Forteplano Quartet (classical) 8 pm, Meetinghouse, Hillside Street, Yarmouth. Tix: \$14, \$12 seniors, \$5 full-time students with ID. 846-6259. Proceeds benefit

the Yarmouth Historical Society.

this weekend. Family Archery Weekend.

Join Special Guests: **Tom Jennings** Mark Johnson Eric Hall Larry Smith

June 12 & 13

It's no wonder that archery is enjoying increased popularity. This wonderful sport is safe, fun and not limited to a season. On June 12 and 13, L.L.Bean is offering the opportunity for the entire family to discover this exciting sport and hone existing target shooting skills. Whether you're an experienced archer or have never pulled back a bow, there's something for everyone: from free lessons or demos by top manufacturers, to advanced clinics with well known archery experts. Plus you'll have the chance to win some great door prizes. For more information, see our schedule of events, or call 1-800-341-4341, ext. 7801.

Casco St. Fitts Parking Lot, Freeport Free lessons for children and beginning adults Try out 1993 bow models from Hoyt, Jennings, P.S.E., XI and others Test your skills at our 3-D Target Range, featuring Delta targets · Product displays from top manufacturers Archery Clinic Schedule-Sunday only, 11 am-3 pm Casco St. Conference Center, Casco Street, Freeport 11 am-Noon The Road to Becoming a Champion Eric Hall—3-Time World and National Archery Champion, PR Staff Shooter for PS.E. Creating a Bow Design Noon-1 pm Tom Jennings-Compound Bow designer, innovator, and member of the California Archery Hall of Fame Tuning and Sighting in Your Bow Mark Johnson-U.S. National Archery Team Member, 1-2 pm Winner of the Atlantic City Archery Classic, and 6-Time New England Champion Bow Fishing and Why We Miss Game at Close Range 2-3 pm Larry Smith-Winner of over 80 archery Championships; has held two world distance records Bowsigning by Tom Jennings at the Retail Store, Saturday & Sunday, 2-3 pm Bring your bow and have it signed by this reknowned expert! The chance to win Weekend Giveaways! Door Prizes given away by Bear Archery, XI, PS.E., Browning, Delta, Hoyt and Loggy Bayou Treestands L. L. Bean FREEPORT, MAINE

"HOUSE OF BLUE LEAVES"

Continued from page 19

The answer: He does both. Guare takes a Mad Magazine approach to playwriting. His characters are garish caricatures, so excessive that it's impossible — almost — to take them seriously. Even the names of the characters (Bunny Flingus, the crass, leopardskin-clad girlfriend of Artie Shaughnessy, the play's main character; or Bananas, his mad wife) point up their cartoonishness rather than their reality. So you settle in, ready (albeit a little hesitant) to be amused by some madcap entertainment.

But as the play evolves, the problems these characters face are so pathetic and so real that the humor becomes darker and sicker, until you start to feel ashamed of yourself for being there, joining in this studied mockery of the afflicted.

The year is 1965, the year that Pope Paul VI visited New York and said

mass in Yankee Stadium (a concept in itself that should have come from the skewed pages of Mad rather than from the annals of history). Readying themselves for this papal visit is a lineup of characters with failed lives.

Artie Shaughnessy (Walt Dunlap) works at the zoo, where he's an enormous success. But in his "real" life, Artie's a songwriter who's never been recognized. Shaughnessy lives in a bleak New York City apartment with barred windows and the cheerless prison-like ambience of a lunatic asylum which, it turns out, is exactly what it is. For dragging around in a filthy nightdress (when not crawling around on all fours, thinking she's a dog) is Shaughnessy's crazed wife Bananas (Deborah Hall).

Why Bananas has gone bananas is not clear, though it seems to have something to do with the fact that her son is in the army, and there's an ugly war going on in Vietnam. It also seems to stem from an atternoon long ago when Bananas was driving downtown in New York. Stopped at a red light, she suddenly noticed a famous person at each of the corners of the intersection. She rushed to each of them, claiming to be a gypsy cab, and told them she'd "take them anywhere they want to go." Ignored by them all, she comes to the thundering realization that she's "nobody," and goes mad.

The state of being nobody is, in fact, the theme of the play and a condition shared by all of its characters. Shaughnessy's girlfriend, Bunny (Cynthia Barnett), who has some gumption, has finally gotten sick of

upcoming

Schooner Fare 6/19/93 (folk/celebration for "SALT" ne) 8 pm, State Street Congregational Church, 159 State St, Portland. Tix: \$10. 761-0660. Androscoggin Chorale 6/20/93 (Cole Porter) 4 pm, Universalist Meeting House, Route 231, New Gloucester. Donation. 926-4469.

Papa Loves Mambo 6/22/93 (tropical rhythms) 7:30 pm, Deering Oaks Park, Portland. Free. 874-8791.

being a nobody. In her misguided belief that Artie has it in him to be "somebody" — Artie has bragged to her that his best friend is Billy Einhorn (Greg Titherington), a famous Hollywood director who could get Artie into the limelight — she has pinned her hopes on becoming "somebody" with him.

Shaughnessy's son Ronnie (Paul Blaney) is also a nobody. Ignored as a child by the self-absorbed Artie, Ronnie had pinned his own hopes on Billy Einhorn, when years ago Einhorn had launched a search for a boy to play Huckleberry Finn in his next film. But Billy had ignored Ronnie too, thinking that the boy was mentally retarded. To remedy his state of nobodyness, Ronnie is now planning to kill the pope.

Even Billy Einhorn's girlfriend, the famous actress Corrinna Stroller (Kathleen A. Weddleton), a glamorous

stage

See "House of Blue Leaves" by John Guare, directed by Michael Rafkin, through June **30 at Mad Horse Theatre** Co., 955 Forest Ave. See Stage for performance dates & times. 797-3338.

"everybody," lives in terror that someone will discover she's deaf, and that Billy's been hanging out with a hearing-impaired "nobody."

star recognized by

All this despairing lack of identity is underscored by the

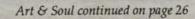
presence of fame. In the background of the play's action lurks the pope, with thousands struggling to see him On the wall of the Shaughnessy apartment are photos of the pope and JFK (with one of Ronnie - who just might become famous - squeezed in between). Struggling to reconcile their own lives with their belief that being famous equates with being real, they despair of their own unreality.

The Mad Horse cast, directed by Michael Rafkin, handles this bizarre script well. Dunlap is effectually ineffectual. Hall is convincingly mad. Blaney gives a frightening portrayal of the prototypical, attention-seeking assassin. Titherington adeptly handles a role with no depth. Barnett is highly successful in creating the vulgar-butendearing Bunny, and Weddleton is hilarious as the blond babe who's just lost her her hearing transistors, and so answers everybody inappropriately. Michael Reidy's stark set well

reflects the barrenness of the characters' lives, as does Michael Shiff-Verre's equally stark lighting. Susan Pichnich's costumes perfectly reflect their wearers.

"House of Blue Leaves" maintains its balance by keeping the audience in imbalance, as crassness is neatly interspliced with pure human passion and compassion. CBW

Next Voice 6/23/93 (folk) 8 pm, Western Prom, Portland, Free, 874-8791. Christine Lavin 6/25-26/93 ("What Was I Thinking?") 8 pm, Portland Performing Arts Center, 25A Forest Ave, Portland. Tix: \$14. 774-0465. Spin Doctors 6/25/93 (alternative) 7:30 pm. Cumberland County Civic Center, 1 Civic Center Square, Portland. Tix: \$19.50. 775-3481.







Art & Soul continued from page 25

clubs thursday 10

Outside Balance (straight ahead jazz) cafe no, 20 Danforth St, Portland. 772-8114. Musician's Nite Out (??) Geno's, 13 Brown St, Portland, 772-7891

Thanx to Gravity (power acoustic) Granny Killam's Industrial Drinkhouse, 55 Market St, Portland. 761-X-Men (rock) Leo's Billiards, corner of Exchange and

Fore streets, Portland, 780-1111. Lime Rockets (rock) Moose Alley, 46 Market St. Portland, 774-5246

No Real Neighbors (rock) Old Port Tavern, 11 Moulton St, Portland. 774-0444. Rog 'n' Ray (folk) Seamen's Club Restaurant, 1 Exchange Street. 772-7311.

Tuanis (rock) Shamrock, 436 Fore St, Portland. 780-1111

Don Campbell & Dave Rowe (acoustic) Spring Point Cafe, 175 Pickett St, S. Portland. 767-4627. Nevada Blues (blues/rock) T-Birds, 126 N. Boyd St,

Laser Karaoke with Deejay Greg Powers (karaoke) Tipperary Pub, Sheraton Tara Hotel, S. Portland. 775-6161. Open Mic with Chris Goett (acoustic rock) The

Wrong Brothers' Pub at Port Billiards, 39 Forest Ave, Portland, 775-1944. Deejay Bob (cutting-edge dance) Zootz, 31 Forest Ave, Portland, 773-8187.

friday 11 Bob Bachand (acoustic) Bramhall Pub, 769 Congress St, Portland. 773-9873.

Either Orchestra (big band jazz) cafe no, 20 Danforth St, Portland. 772-8114. lving Impaired, Desolate, and Perpetual Doom

thrash rock) Geno's, 13 Brown St, Portland. 772-Only Motions (rhythm & groove) Granny Killam's Industrial Drinkhouse, 55 Market St, Portland, 761-

2787 Deejay X (dance) L-beez, 939 Congress St, Portland.

Skeleton Crew (rock) Leo's Billiards, corner of Exchange and Fore streets, Portland, 780-1111. Tom Dhyrberg (acoustic) Little Willies, 36 Market St, Portland, 773-4500.

Lime Rockets (rock) Moose Alley, 46 Market St, Portland, 774-5246. No Real Neighbors (rock) Old Port Tavern, 11 Moulton St. Portland, 774-0444

Jimmy & the Soul Cats and The Blue Flames (R&B) Raoul's Roadside Attraction, 865 Forest Ave, Portland.

Rog 'n' Ray (folk) Seamen's Club Restaurant, 1 Exchange Street, Portland. 772-7311. Tuanis (rock) Shamrock, 436 Fore St, Portland, 780-

Kahtunes with Pete Gleason (rock) Spring Point Cafe, 175 Pickett St, S. Portland. 767-4627. Jenny Woodman (rock) T-Birds, 126 N. Boyd St,

Portland, 773-8040. Tara Hotel, S. Portland. 775-6161.

Psychovsky (power funk) The Wrong Brothers' Pub at Port Billiards, 39 Forest Ave, Portland, 775-1944.

saturday 12

Gary Wittner Trio with Nat Magovaro and Jimmy Cameron (jazz) BeBops, 548 Congress St, Portland. 828-6551.

TBA cafe no, 20 Danforth St, Portland. 772-8114. The Cowlix and The Streams (pop rock) Geno's, 13 Brown St, Portland. 772-7891. Rippopotamus (funk) Granny Killam's Industrial

Drinkhouse, 55 Market St, Portland, 761-2787. Citizen Kane, Bakalisk and 3 Band (heavy rock) Lbeez, 939 Congress St, Portland, 879-0525.

Skeleton Crew (rock) Leo's Billiards, corner of Exchange and Fore streets, Portland. 780-1111. Tom Dhyrberg (acoustic) Little Willies, 36 Market St. Portland, 773-4500.

Psylicye and X-Men (rock) Moose Alley, 46 Market St Portland, 774-5246. No Real Neighbors (rock) Old Port Tavern, 11 Moulton

St, Portland. 774-0444. The Upsetters (rock) Raoul's Roadside Attraction, 865 Forest Ave, Portland. 773-6886.

Rog 'n' Ray (folk) Seamen's Club Restaurant, 1 Exchange Street. 772-7311. Tuanis (rock) Shamrock, 436 Fore St, Portland, 780-

1111. Kahtunes with Pete Gleason (rock) Spring Point Cafe, 175 Pickett St, S. Portland. 767-4627. Jenny Woodman (jazz) T-Birds, 126 N. Boyd St. Portland, 773-8040.

Straight Lace (pop/rock) Tipperary Pub, Sheraton

Tara Hotel, S. Portland. 775-6161. Psychovsky (power funk) The Wrong Brothers' Pub at Port Billiards, 39 Forest Ave, Portland, 775-1944. Deejay Taboo (dance mix) Zootz, 31 Forest Ave, Portland, 773-8187

sunday 13

Tall Richard & the Niteowis (blues) Gritty McDuffs, 396 Fore St. Portland. 772-2739. Hell No and Garden Varlety (heavy metal) L-beez. 939 Congress St, Portland. 879-0525. Totem Soul (rock) Old Port Tavern, 11 Moulton St.

Portland. 774-0444. Tuck & Pattl (jazz-inspired sound) Raoul's Roadside Attraction, 865 Forest Ave, Portland. 773-6886. David Good (folk) Seamen's Club Restaurant, 1

Exchange Street. 772-7311. D.J. Landry (acoustic) Spring Point Cafe, 175 Pickett St. S. Portland. 767-4627

National Headliner Comedy with Teddy Bergeron (comedy) T-Birds, 126 N. Boyd St, Portland. 773-8040

Jim Duffy (acoustic) Wharfs End, 52 Wharf St, Portland. 773-0093. Deejay Bob (request night) Zootz, 31 Forest Ave.

Portland. 773-8187.

monday 14

Totem Soul (rock) Old Port Tavern, 11 Moulton St Portland. 774-0444. So.Me. Blues Society (blues jam) Raoul's Roadside Attraction, 865 Forest Ave, Portland, 773-6886. Open Mic with Ken Grimsley (acoustic) Wharfs End,

52 Wharf St, Portland. 773-0093. Guest Deejay (alternative industrial grunge) Zootz, 31 Forest Ave, Portland, 773-8187.

tuesday 15 Open Jazz Jam (jazz) BeBops, 548 Congress St.

Portland. 828-6551. State Street Traditional Jazz Band (New Orleans jazz) Cybele's Bistro, 57 Wharf St, Portland. 774-2321

Some Plg (alternative rock) Granny Killam's Industrial Drinkhouse, 55 Market St, Portland. 761-2787. Kevin Midgley (blues originals) Gritty McDuffs, 396 Fore St, Portland. 772-2739. Bicycle Thieves (rock) Old Port Tavern, 11 Moulton

St. Portland, 774-0444. Open Mic with Peter Gleason (b.v.o. jam) Spring Point Cafe, 175 Pickett St, S. Portland. 767-4627. Solstice (acoustic & electric) Wharfs End, 52 Wharf St. Portland, 773-0093.

wednesday 16

Bar-B-Q Blues Boys (country blues) cafe no, 20 Danforth St. Portland, 772-8114. Cool Shade of Blue (blues) Granny Killam's Industrial Drinkhouse, 55 Market St, Portland, 761-2787. Pan Ghla (jazz/blues/fusion) Gritty McDuffs, 396 Fore St, Portland. 772-2739.

Bachelors' Night (topless) Moose Alley, 46 Market St, Portland, 774-5246. Bicycle Thieves (rock) Old Port Tayern, 11 Moulton

St. Portland, 774-0444. Tinsley Ellis (guitarist blending blues, rock and rockabilly) Raoul's Roadside Attraction, 865 Forest

Ave, Portland, 773-6886. Dan Stevens (folk) Seamen's Club Restaurant, 1 Exchange Street. 772-7311.

Michael O'Brien (Irish night) Shamrock, 436 Fore St, Portland, 780-1111.

Paradise City with Graff-x (Guns 'n' Roses tribute) T-Birds, 126 N. Boyd St, Portland. 773-8040. Open Mic with Till It's Bone (b.y.o. jam) The Wrong Brothers' Pub at Port Billiards, 39 Forest Ave, Portland. 775-1944

dancing

Gotta Dance, Inc., locations to be announced. Smokeand chem-free dances with swing, Latin & ballroom music Fridays from 9-12 pm & Sundays from 3-6 pm. \$5.773-3558.

Maine Ballroom, 614 Congress St, Portland. Every Sat 9-midnight. Cost: \$5. No reservations required. 773-0002

The Moon, 427 Fore St, Portland. Open nightly, 8 pm

on... Naked Thirstdays: no cover, drinks \$1.25 & drafts 25¢. 772-1983. Salutes, 20 Milk St, Portland. Open nightly until 1 am. No cover. 774-4200. T-Bird's, 126 N. Boyd St, Portland. Sun: comedy

night; weekdays: special events; Fri & Sat: rock & roll, dance. 773-8040. Zootz, 31 Forest Ave, Portland. Wed: chem-free; Thurs: cutting edge dance; Fri: live national acts; Sat: dance mix 9 pm-2:30 am; Sun: request night (no cover); Mon: alternative/grunge guest deejay in the Cave. 773-8187

1000L

Art & Soul continued on page 28

Maine bluesmen play Texas licks and Chicago slick

Covering the blues spectrum with Jimmy and the Soul Cats and The Blue Flames

By Patti Lanigan

If you don't dig the blues, you've got a hole in your soul, goes an old saying. When Jimmy and the Soul Cats and The Blue Flames combine forces for a show at Raoul's June 11, they'll provide plenty of soul-patching blues to dig.

Both Jim Junkins, lead vocalist and guitarist of Jimmy and the Soul Cats, and Dave Gill, who sings and plays harmonica and saxophone in The Blue Flames, have been blues devotees most of their lives. Despite geographical liabilities (they come from Maine instead of Texas or Illinois), both have learned from the greats and compose their own songs. Junkins, originally from Lisbon Falls, favors Texas-style blues. Gill, from Waterville, favors Chicago-style blues. And both love the emotion and truth they find and feel in the blues.

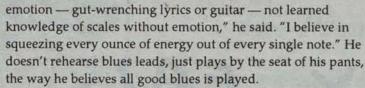
"I think the blues will stick around now — it's always been in and out - because I think people are tired of all the bullshit, said Junkins. "There's nothing in rock 'n' roll. Nirvana, what the hell is that? It's awful."

His guitar heroes include Freddie King (Texas), T-Bone Walker (Texas), Buddy Guy (Chicago) and Stevie Ray Vaughan (Texas), because they moved the guitar from its role as an accompaniment instrument to the forefront of the blues sound. To Junkins, Texas-style blues is characterized by heavy guitar and a rough edge.

"It's big and in your face — like Texas," he said. Chicagostyle blues sounds jazzier and slicker to him, often featuring saxophone. Taking an approach similar to Vaughan's, Junkins writes songs heavy on traditional and progressive blues and influenced by rock and occasionally, Cajun.

Junkins got a Sears Silvertone acoustic guitar when he was seven and has been playing ever since (he still owns that 1963 guitar). He sang and played country, folk and some blues into his early teens. When he was old enough to drive, he headed for Boston to buy blues records. At 18, Junkins bought his first electric guitar, a Fender Stratocaster.

Though he took guitar lessons as a kid, Junkins quit trying to read music and started playing and singing in bands and at blues jams. He worked in some rock bands but always preferred the blues. "I've always been drawn to music that has real raw



Junkins formed Little Jimmy and the Soul Cats in Portland two years ago, calling himself Little Jimmy because at 6 feet he was the shortest member of the band. Within six months the personnel had changed, and he was no longer the shortest. He tried to drop Little from the band's name but has had trouble getting rid of it. Jimmy and the Soul Cats have opened for

Buddy Guy, Asleep at the

among others.

Wheel, The Eddie Burks Band,

At Raoul's Junkins will be

backed by Neil Sattin, a young

blues fanatic and bass

music

See Jimmy and the Soul Cats and The Blue Flames Fri., June 11, at Raoul's Roadside Attraction, 865 Forest Ave.,

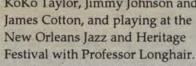
guitarist; Joe Simon, a veteran Ptld. 773-6886. organ and piano player in the vein of Professor Longhair and other New Orleans boogie woogie legends; and Bob Noyes, the drummer for The Blue Flames.

On the Chicago-style end of the blues spectrum is Dave Gill of The Blue Flames. After paying dues as a blues player in Maine and spending time in Chicago in search of the right gig, Gill recently took time out to tour Europe with Zora Young, a Chicago-based blues artist he met a couple of years ago at a local show sponsored by the Southern Maine Blues Society.

Gill started playing harmonica as a youth because a friend gave him one. "I used to hang out on the train tracks and try to imitate the sound of the train. I didn't know what I was doing," he said. Friends who were forming a band invited him to play, so he listened to records and copied what he heard to the best of his ability.

Eventually, he and Doug Wainoris, guitarist and vocalist for The Blue Flames, put together The New England Blues Prophets. That band recorded and performed for six years,

opening for Muddy Waters, Sonny Terry and Brownie McGee, KoKo Taylor, Jimmy Johnson and

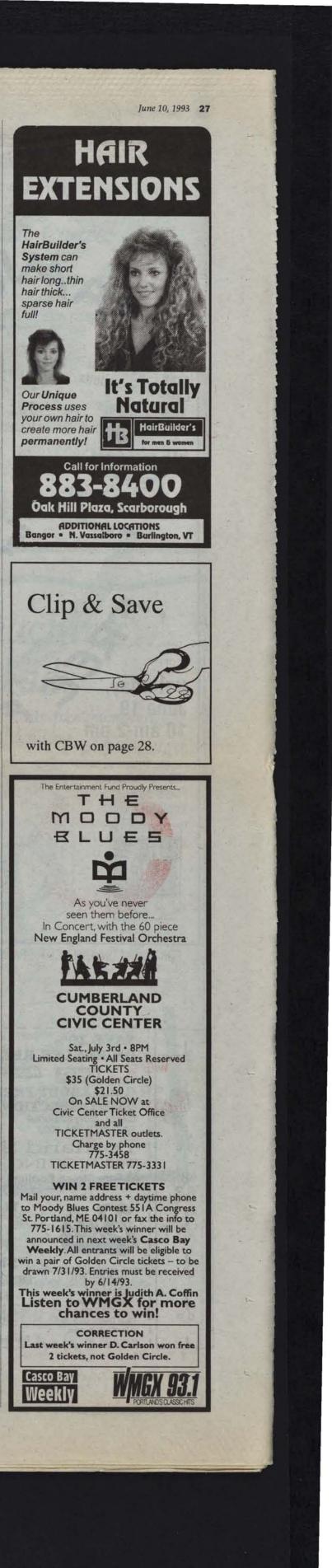


After the Prophets disbanded in 1981, Gill and Wainoris founded The Blue Flames the following year. They were joined by Jack Tukey on bass and Bob Noyes on drums and Jake Isaacs on piano. The band plays its own arrangements of Chicago blues, New Orleans rhythm and blues, rockabilly, West Coast rhythm and blues, and a little swing, according to Gill. The Blue Flames are recording material for their first CD, scheduled for release in the fall.

"I write some traditional Chicagosounding blues and some funky instrumentals," said Gill. "Most of them use harp [harmonica] and vocals, but I incorporate the sax."

He aims at sociopolitical statements heavy on humor. "Love Bomb" plays with the idea of building and dropping a love bomb, not a killing bomb, from the B-2 Bomber. Others deal with relationships, compulsive shopping and the dreaded day job of dishwashing. "The blues can be the truth, the best vehicle for getting honest feelings into music," Gill said.

He likes to build emotions in the audience to the point where people let go of their inhibitions and become part of the blues experience. "As part of the Afro-American culture, blues is dance-oriented music," he said. "The ultimate compliment for me as a musician is for people to dance." CBW





The Blue Flames (I. to r., Dave Gill, Bob Noyes, Doug Walnoris and Jack Tukey) learned the cool blues in Maine. Photo/David Leaming, Waterville Morning Sentinel





Art & Soul continued from page 26

art opening

Icon Contemporary Art 19 Mason St, Brunswick. Opening reception June 16 from 5-7 for sculpture by Fom Chapin, paintings by Mary Hart and wall pieces by Lucy White. This exhibit shows through July 24. "Recent Memory," abstract paintings by Portland painter Larry Hayden show through June 12. Hours: Mon-Fri 1-5, Sat 1-4. 725-8157. F.O. Balley Antiquarians 137-141 Middle St, Portland. Opening reception June 11 from 6-8 for "Tomorrow's Antiques '93," works by Maine artists combining artistry and craftsmanship of past and present Works include leaded glass by Orlando De Avi, decoupage by Scott Potter and mosaics by Marc Gup. On exhibit through July 9. Hours: Sun 12-5, Mon-Fri

9-5, Sat 10-4, 774-1479. Museum of Art Olin Arts Center, Bates College, Lewiston. Opening reception June 11 from 7-9 for "Paper from Fiber to Form," an exhibition of sculpture, vessels, wall collages, basketry and other works by Martha Blowen, Lissa Hunter, Richard Lee and Georgeann Kuhl and "Artworks III," an exhibition of

works by local artists with disabilities. Both exhibitions show through Aug 20. Museum hours: Tues-Sat 10-5, Sun 1-5, 786-6158. Union of Maine Visual Artists, Inc. 19 Mason St. Brunswick. Opening reception June 16 from 5-7 for "Lost and Found: Images from Childhood," the works of ten artists from Maine, Massachusetts and New York, including paintings, works on paper and sculpture. This exhibit shows through July 24. Gallery hours: Mon-Fri 1-5, Sat 12-4. 737-4749.

around town

African Imports and New England Arts 1 Union St. Portland. Traditional African art and sculptures and distinctive contemporary pieces. Authenticity guaranteed. Hours: 10-9 Mon-Sat, 12-6 Sun. 772-

The Art Gallery at Six Deering Street 6 Deering St, Portland. Paintings by Ann Grimm. On view through June 26. Gallery hours: Tues-Sat 11-5 the first two weeks of the month; thereafter by chance or appointment. 772-9605.

Congress Square Gallery 42 Exchange St. Portland. Group show featuring works by Heidi Prior Gerquest, Melita Brecher, Philip Barter, Margaret Gerding, Henry Isaacs, Paul Niemiec, Meg Peyson Brown and Jill Hoy. Gallery hours: Mon-Sat 10:30-5. 774-3369. Dos Locos 31 India St, Portland. "Images of Mexico,"

photographs by George Riley currently show. Hours: Sun-Thurs 11-10, Fri-Sat 11-midnight. 775-6267. June Fitzpatrick Gallery 112 High St, Portland. Sculpture by Wally Warren on exhibit through June 19. Gallery hours: Tues-Sat 12-6, Thurs 12-8, 772-

Frost Gully Gallery 411 Congress St, Portland, Work of gallery artists. Gallery hours: Mon-Fri 12-6, or by ntment. 773-2555.

Greenhut Galleries 146 Middle St. Portland, Works by Tom Hall, Anne Gresinger, Glenn Renell, Barbara Sussman, Thomas Conolly, Heidi Daub, Sarah Knock and others show through June 15. Gallery hours: Mon-Fri 10-5:30, Sat 10-5. 772-2693. Hendrick's Studio 164 Middle St. Portland. Oil paintings of Civil War heroes and classical sculptures. Hours: Sun-Fri 9-5. Jewelers Work 30 Exchange St, Third Floor, Portland,

Cooperative showroom of original, contemporary jewelry designs by nationally exhibited artists. Hours:

10-6 daily. 773-6824. Jewell Gallery 345 Fore St, Portland. Works by gallery artists, including Bill Jewell and Cynthia McMullen currently show. Gallery hours: Mon-Sat 10-5, or by appointment, 773-3334 Lewis Gallery Portland Public Library, 5 Monument

Square, Portland. "Jazz on Canvas," paintings by Rumford artist/musician Steve Sechak show through the month of June. 871-1758.

Meander Gallery 40 Pleasant St, Portland. * Ancestor Spirits: The Art of Aboriginal Australia," Aboriginal art showing through August. Gallery hours: Tues-Sat 12-6, or by appointment. 871-1078. Thos. Moser Cabinetmakers 415 Cumberland Ave, Portland. Colored pencil drawings by Marguerite Lawler show June 2-July 11. Hours: Mon-Sat 9-5. 774-3791.

Photography Co-op 547-A Congress St, Portland, "Maturnity Ward," a series of photographs of the Vinohradsky Hospital in Prague by Kerstin Hacker. Shows through June 10 . Hours: Tues 10-6 or by appointment. 781-4578.

Pine Tree Shop and Bayview Gallery 75 Market St, Portland, Paintings by Consuelo G. Balley, Ron Goyette and Blaikie Hynes show through the month of June. Gallery hours: Mon-Sat 9:30-5:30. 773-3007. Portland Chamber of Commerce 145 Middle St. Portland. Solo exhibition by Portland artist Michael Waterman shows June 14-July 5. Paintings by Tina Ambrose, Chris Sheridan, Doris Anne Holman and Joyce Coleman show through June 11. Gallery hours: Mon-Fri 8-5. 772-2811, ext. 223. Portland Coffee Roasting Company 111 Commercial

St, Portland. "Detritus Series," paintings incorporating technological and natural street findings by Richard Holleman show through July 20. Hours: Mon-Thurs 7-7, Fri 7-9, Sat 8-9, Sun 9-6, 761-9525. Portland Museum of Art Seven Congress Square, Portland. Hours: Tues, Wed, Fri & Sat 10-5, Thurs 10-9, Sun 12-5. Admission: adults \$6, senior citizens and students with ID \$5, youth 6-18 \$3.50, children

5 and under are free. Museum admission is half-price 10-noon the first Saturday of the month. 773-

*Artists You Love: Monet, Renoir and Other Masters Works by European masters of the past two centuries from the Joan Whitney Payson Collection and other private lenders. Ongoing.

*The Scott M. Black Collection A sampling from Scott Black's 19th- and 20th-century paintings and sculptures, including works by Chagall and Toulouse-Lautrec. Ongoing. *Vincent's Journey A porcelain life mask sculpture

by Paul Rodrigue commemorating the struggles of people living with AIDS. Ongoing. *Generations of Change: The Legacy of Maine's

McLellan Family Personal and business artifacts belonging to the family who built the museum's McLellan-Sweat House. Shows through July 25.

*Energies in Contrast and Artist's Choice: Works on Paper Large-scale works on paper by Gregory Welch dealing with scale, movement, texture and luminosity and selections from the museum collection chosen by Welch to echo his work. Shows through June 20.

*Portsmouth Furniture: Masterworks from the New Hampshire Seacoast Sixty pieces of furniture in the Baroque, Rococo and Neoclassical styles made in Portsmouth, New Hampshire, during the city's golden age. Shows May 1-July 11.

*Declarations of Independence: Masterworks of Casco Bay Style from the Maine Historical Society Collection This exhibition features a first-edition copy of the Declaration of Independence — one of only 25 known copies printed in Philadelphia on the evening of July 4, 1776 - and other Colonial artifacts. Shows May 1-July 11.

Portland Wine and Cheese Company 57 Exchange St, Portland. "Toys for the Eyes," statements in oils by Al Waterman, show through June. Hours: Mon-Sat 10-2. 772-4647.

5. Mon-Tues & Fri 9:15-5:30, Wed-Thurs 9:15-8. 761-3930.

Portland. Nineteenth-century paintings, marine antiques, 18th- and 19th-century Oriental furnishings and sterling silver. 773-3334.

Ahead: Looking Back," the work of Maine artists shows through June 12, 772-7311.

Impressionistic works in oil and mixed media by Brian Currier. Hours: Mon-Sun 11:30-10. 773-4340. The Stein Gallery 20 Milk St, Portland. "Billie Holiday Jazz Series," new cast glass works by Leah Wingfield show through July 15. Gallery Hours: Mon-Sat 11-6,

Victoria Mansion 109 Danforth St. Portland, One of Maine's most significant historic sites and collection of 19th-century decorative arts and interior architecture. Hours are 10 am-4 pm Tues-Sat; 1-5 pm Sun. 772-4841

Westbrook College Gallery Westbrook College, Stevens Ave, Portland. Major retrospective exhibition of works by Laurence Sisson show May 13-July 11. Hours: Tues-Sat 10-5, Sun 12-5, 797-7261, ext.

out of town

Bowdoin College Museum of Art Walker Art Building, Bowdoin College, Brunswick. The museum is open to the public free of charge. Hours: Tues-Sat 10-5, Sun 2-5. The Walker Art Building will be closed to the public from June 7-October 14 for renovations. 725-3275.

Center for the Arts at The Chocolate Church, 804 Washington St, Bath. Works in paper by Evelyn Winter and sculpture by Stephen Parmley. On view through June 26. Hours: Tues-Fri 9-4, Sat 12-4. 442-

Chebeague Island Inn Chebeague Island. Black and white photographic portraits by Amanda Jones show through July 1. 846-5155.

Cry of the Loon Art Gallery Route 302, S. Casco. Critters," farm animals by Bill Irvine, wildlife by Marjorie Moore and Wendy Newcomb and pets by Diane Bowie Zaitlin. Shows through July 11. Gallery hours: daily 9:30-5:30. 655-5060.

Kristina's Restaurant 160 Center St. Bath. Prints and paintings by Stuart Ross show through June 27. 442-8577.

Maine Maritime Museum Maritime History Bldg, 243 Washington St, Bath. Gallery hours: daily 9:30-5, 443-1316. Fathers admitted for free on Father's day, June 20.

*Patterson in Maine Charles Robert Patterson's paintings of Maine and Maine-built ships, including four large paintings of the Bath-built ship Henry B. Hyde. Shows through Sept 19.

*The Maritime Folk Art of A. De Clerck Paintings by Belgian artist portraying the coastal and deepwater vessels that entered the ports of Antwerp and Liverpool in the last days of sail. On view through the year.

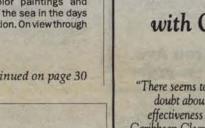
*New Worlds: North Atlantic Seafaring in the Era of Discovery Rare world maps and nautical charts, early navigation instruments, illustrations of fine art and archaeological material bring together the Old and the New Worlds in the Age of Discovery and beyond. On view through the year.

*Born from Coasting This exhibit includes watercolor paintings, drawings, sketches and oils by John Faunce Leavitt, focusing on his made-from-memory renditions

of the last generation of coasting schooners that plied the coast of New England until the late 1930s. On view through the year. *Shipwreck! Oil and watercolor paintings and

photographs review the perils of the sea in the days before modern radio communication. On view through January 1994.

Art & Soul continued on page 30



Raffles Cafe Bookstore 355 Congress St, Portland. Oil paintings and pen and ink drawings by Valerie Wallace on display through June 30. Hours: Sun 12-

Renalssance Antiques and Fine Art 345 Fore Street,

The Seamen's Club 1 Exchange St, Portland. "A Step

Silver Street Grille 164 Middle St, Portland.

Sun 11-5. 772-9072.

See some motion pictures

O'Farrell Gallery invites you to the opening reception June 16 from 5-7 p.m. for "Set in Motion," an exhibit of new paintings by Eileen Gillespie. According to the artist, the paintings are "glimpses of a time, or time, maybe a split second, a moment, an hour, infinity. There are elements; earth, air, fire, water." Hey, what more do you want?

If you can't get to the opening, you can see the show through July 24 at the gallery, 58 Maine St., Brunswick. Gallery hours are Monday-Saturday from 10 a.m.-5 p.m. 729-8228.



"There seems to be little doubt about the

(International Independen Laboratories) "We can truly say the Caribbean Clear automatic pool purifier

is the answer to our swimming pool problems. Our pool has never been so clear

and the harsh chlorine odor has been eliminated." General Manager,

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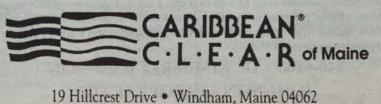
Mark Spitz, 9-time Olympic Gold Medal winner

The Caribbean Clear System is based on the NASA-developed ionization I ne Canobean Clear System is based on the NASA-developed ionization process. A computer monitors the water condition and electrode wear and then introduces minute amounts of copper and silver ions into the water. Copper is an excellent algaecide and the EPA reports that extremely small amounts of silver are sufficient to starilize water.

When you use this system as part of our complete pool care program, you will have a beautiful, sparkling-clear pool. The copper and silver levels in your pool are approximately one-fifth of what the EPA allows in drinking water. And, copper and silver are not absorbed through your skin like chlorine.

The copper-silver electrodes last in excess of 5 years and are easy and inexpensive to replace. Typical electricity cost is less than 2 dollars a year. Now you no longer need high levels of harsh chemicals in your pool.

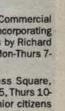
Caribbean Clear is a computer driven technology developed by NASA that will render your swimming pool equal to the EPA's standard for drinking water. Chlorine is Dangerous! Now you can protect your family, save \$ and eliminate the hassles of chlorine forever.

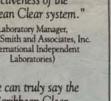


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June 10, 1993 29







effectiveness of the Caribbean Clear system." Laboratory Manager, Wilbur Smith and Associates, Inc.



"I would highly

recommend the

product to other pool

owners and managers.

The pool members even commented on

the sparkling clarity of

Aquatics Director, YMCA

"This park has 371

sites and our pool gets

We are most happy to

tell you that the

Caribbean Clear

system really works!'

Manager, Florida travel resort

very heavy use . . .

the water."



76 Main Street, Yarmouth

Evening and Emergency Appointments Available

Art & Soul continued from page 29

O'Farrell Gallery 58 Maine St, Brunswick. "Jazz," the paintings of Elizabeth Turner Hall. This exhibition shows through June 12. Gallery hours: Tues-Sat 10-5. 729-8228.

Sabbathday Lake Shaker Museum Route 26, New Gloucester, An exhibit of Shaker furniture is currently featured. Hours: Mon-Sat 10-4:30.926-4597. Sebascodegen Artists Gallery Route 24, Great Island.

Works by 21 Maine artists. Gallery hours: Tues-Sun 10-5. 833-5717. York Institute Museum 371 Main St, Saco. "Boom

on the Saco: 300 Years of Logging on the River," an exhibition examining the lumber industry on the Saco River from its beginnings in the 1630s to the massive log drives of the 1940s. Hours: Tues, Wed & Fri 1-4, Thurs 1-8. 282-3031.

other

Antique Show Come to one of Maine's finest antique shows June 19-20 from 10 am-5 pm at the Portland Exposition Building, 239 Park Ave, Portland. Exhibitors include long-time favorites as well as fresh faces and fresh merchandise. Sponsored by the Maine Antique Dealers Associatio

Architecture Tours Portland Museum of Arts offers tours of its Federal-period McLellan-Sweat House and the L.D.M. Sweat Memorial Galleries, a Beaux-Arts structure. Tours are conducted Fri at 2 pm and Sat-Sun at 1:30 pm through Labor Day. Paid museum admission required. 775-6148.

Creative Arts Program Portland Recreation offers classes in drawing and painting for senior adults Tues and Fri from 9:30 am-12:30 pm at Northfield Green Community Room, 147 Allen Ave, Portland. 874-8793.

Excursion Through the Arts Classroom teachers, art specialists and school administrators in need of rejuvenation should pack their comfortable clothes and head for Orono for U Maine's "Summer Excursion Through the Arts" program. The three-credit course runs from noon on June 25 until noon on June 30 on the Orono campus. Call 581-3142 for registration and info.

Furniture Demonstrations The Portland Museum of Art presents "From Forest to Furniture," furnituremaking demonstrations Sat afternoons at 4 pm from June 5-26. The museum is located at 7 Congress Square, Portland, Paid museum admission 775-6148.



Love Letters The Gallery at The Chocolate Church invites all artists to participate in "Love Letters," its juried show open to all media including photography. Artists are encouraged to explore their own personal relationship with the theme. Deliver your work ready for hanging on June 29. Cost: \$10 for three pieces, \$8 for two, \$5 for one. Free for CACC members. 442-

Widgeon Cove Classes Artist Georgeann Kuhl offers two workshops this month at the Widgeon Cove Studios, RR1, So. Harpswell. "Marbling and Decorative Papers" experiments with different types of sizings and colors, including the basics of carrageen moss sizing, Suminigashi/Japanese marbling and paste papers, June 13 from 10 am-4 pm. "Introduction to Papermaking" includes hands-on experience with pulp preparation, sheet formation and lamination June 19 and July 10. Cost: \$40 for each (includes materials). People age nine to 18 are welcome to attend with parental permission. 833-6081.

Open Silde Night The Union of Maine Visual Artists (UMVA) invites artists, craftspeople and anyone interested in the UMVA to attend an open slide night the second Friday of each month at 7:30 pm at Jay York Affordable Photo, 58 Wilmot St, Portland. Artists are encouraged to bring slides for discussion/ feedback. 773-3434.

Portland Camera Club meets every Mon at 7:30 pm at the American Legion Hall, 413 Broadway, S. Portland. Public is welcome.

Portland Chamber of Commerce is looking for Maine artists to share their work. 772-2811, ext. 22.

Save Outdoor Sculpture! Volunteers are needed throughout the state of Maine to locate, describe, photograph and assess the condition of outdoor sculptures and monuments. For information call or write Abbe Levin at SOS, c/o Maine Arts Commission, State House Station 25, Augusta, ME 04333. 287-

Senior Sidewalk Art OceanView hosts a senior sidewalk art show June 19 on its grounds at 52 Falmouth Road, Falmouth. Artists age 55 and over are invited to participate. Display locations are available. 781-4460 for brochure and info concerning fees, judging and awards.

Sidewalk Art Show Come to the sidewalk art show June 12 from 9 am-4 pm at the Topsham Fair Mall, Route 196, Topsham. Rain or shine. Spring For Life Due to the blizzard on March 13, the

Visual AID Art Auction to benefit The AIDS Project has been rescheduled to June 12 at Holiday Inn by The Bay, 88 Spring St, Portland. Preview from 12-5 pm, silent auction at 6:30 pm, followed by live auction at 8 pm. Admission: \$5, 774-6877.

sense

Creative Writing Workshop Authors Winter Robinson and Martha Lostrom invite "would be" authors to a two-hour workshop designed to get the creative juices flowing June 17 from 7:30-9:30 pm in Buxton. Cost: \$19.93. 929-6960

Fiction Workshop Kristina Neihouse offers an ongoing weekly writing workshop concerning anything from sudden to short fiction, starting out or works in progress. Cost: \$10 per session. 874-0224. Find Your Voice Singer-songwriting group now forming. Holistic approach to expressing oneself through original songs performed solo acoustic, solo electric, with keyboard or a capella. Meeting time to be arranged. Cost: \$20 for two-hour session. 774-

Freeing the Astrologer Within A six-week course to teach you the principles of astrological interpretation, focusing on identifying deep patterns of fear, delusions

and emotional wounds, as well as identifying genius and creativity. classes are ongoing. Cost: \$50. 772-Freeing the Writer Within An eight-week course designed with the spirit of Natalie Goldberg's book

"Writing Down the Bones." Develop the capacity to write deeply and passionately. Classes are ongoing. Cost: \$40. 772-6351. Health Care Reform The U of Maine Cooperative

Extension sponsors a two-part discussion series on health care reform. Two sessions are offered: June 15 & 22 from 10-11:30 am in Room 301, Luther Bonney Hall, USM/Portland, and June 16 & 23 from

7-8:30 pm in Room 1 Payson Smith Hall, USM/ Portland. Reserve a space and a parking permit. 780-4205 or 1-800-287-1471. Leave a message. Language Tables Students and community members

are invited to participate in informal sessions to mprove their French, German, Portuguese, Russian and Spanish skills, 780-4390. Lending Library USM's Portland Women's Center

seeks donations of women's literature, both fiction and nonfiction, to stock their lending library. Donations may be made Mon-Fri from 8 am-2 pm at the center in Room 40, Payson Smith, Falmouth Street. 780-4996.

Lesblan History Edna Ward, author of "Celebrating Ourselves: A Crone Book Ritual," speaks on "Thinking About Lesbian History" at the next meeting of the Matlovich Society June 10 from 7:30-9 pm in Rines Auditorium, Portland Public Library, 5 Monument Square, Portland. Free. 773-1209.

Lotus/IBM Learning Centers The Small Business Development Center at the University of Southern wollotus /IBMI earning Co to help people in business learn how to use Lotus 123, One-Write Plus, Lotus Works and WordPerfect 5.1 software. Learning centers are available Mon-Fri. Evening hours available on Tues & Thurs from 5-7 pm, Free, 780-4420.

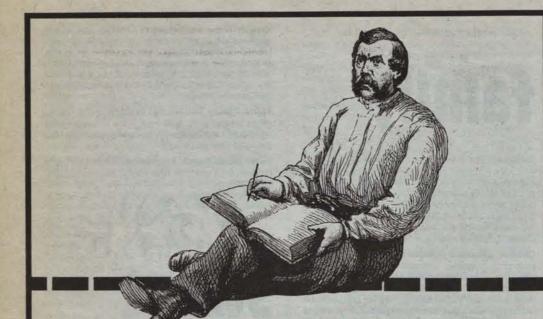
Perceptions of the North The Peary-MacMillan Arctic Museum and Arctic Studies Center in Hubbard Hall, Bowdoin College, Brunswick, has opened a new exhibit examining major themes in Arctic exploration from 1880-1910. Museum hours: Tues-Sat 10 am-5 pm, Sun 2-5 pm. 725-3256.

Poems Wanted Dorrance Publishing Company is accepting poems for submission to its Contemporar Poets of America and Britain poetry contest. First prize is \$1,500, Second prize is \$500, thirds prize is \$100 and 97 honorable mentions will get \$30 each. All winners are published in the Winter 1994 anthology. interested poets may submit one poem, 20 lines or less, any style or subject to: Contemporary Poets of America and Britain, Dept. NR-W94, 643 Smithfield Street, Pittsburgh, Pennsylvania 15222. Submission deadline is August 31.

Poetry Contest The National Library of Poetry invites any poet, whether published or not, to participate in this year's open poetry contest. Every poem entered has the chance to be published in a deluxe, hardbound anthology. To enter, submit one poem, 20 lines or less, any style or subject to: National Library of Poetry, 11419 Cronridge Drive, P.O. Box 704-XZ, Owings Mills, MD 21117. The poet's name and address should appear at the top of the page. Submission deadline is June 30.

Rinpoche Video See "Living Up to Death," a Sogyal che video based on his book "The Tibetan Book of Living and Dying" June 10 at 7 pm at 501 Cumberland Ave, Portland, Donation, 655-4263. Writing for Movies Television and movie writer Michael Kimball teaches "Writing for Movies and TV," a workshop for beginning scriptwriters, June 12 from 11 am-4 pm at the Maine Writers Center, 12 Pleasant St, Brunswick. Cost: \$45, \$34 MWPA members. 729-6333.

June 10, 1993 31



Maine course at Cook's

Meet your favorite authors June 11-13 when the Bookland at Cook's Corner, Brunswick, hosts a celebration of Maine authors to benefit the Maine Writers and Publishers Alliance (MWPA), a group that supports the creative efforts of Maine writers and publishers.

Poet Richard Elderidge, mystery writer Charlotte MacLeod and many others will be in attendance. They'll read excerpts from their works, sign books and do who knows what else — all to benefit a great cause. Ten percent of the proceeds

from all book sales this weekend benefit MWPA. Call 725-2313 for a complete schedule.

weilness

Abundant Living Support Group Do you want more health, more money, more love and more joy? Abundant Living Support Group meets weekly to share spiritual practices to align with the abundant flow of the spirit Thurs evenings from 6:30-8:30 pm at 16 Columbia Road, Portland. 767-3662. Accent Reduction Classes beginning soon for foreign

accent or for regional dialect. Offered by a certified speech/language pathologist. Jean Armstrong offers free screenings for adult and child speech, language, voice, and stuttering. 879-1886. Adult Screening Clinic on the last Wed of every

month for blood pressure and testing for sugar, anemia and cholesterol, from 11:30 am-1 pm at the Peoples United Methodist Church, 310 Broadway, S. Portland. Fee for services. 767-3326.

Alkido is a martial art used to increase flexibility. stamina and promote a sense of well-being. Adult classes: Mon and Wed, 5:30-6:15 pm and 6:30-7:30 pm; Fri, 6:30-7:30 pm; Sat, 2:30-3:30 pm and 3:45-4:45 pm. Children's classes: Sat, 1:15-2:15 pm. Classes held at Portland Aikido, 25A Forest Ave, Portland, 772-1524.

AUM Workshop Experience "Social Meditation," an unusual evening of exceptionally vital, direct ways of acting and relating June 11 at 7:30 pm at The Expressive Therapy Center, 150 St. John St, Portland. Wear loose clothing and bring a friend. Cost: \$12 per person, \$5 students with ID. 721-0163 for info & registration

Buddhist-Oriented Meditation Group meets every Sun from 10-11 am at 1040 Broadway, S. Portland. Small donation. 839-4897.

ency Program The De Veterans Affairs offers outpatient substance abuse treatment for veterans. They will provide community outreach, individual care, education, evaluation, referral and support, 780-3577 or 780-3578.

Child Health Clinic Visiting Nurse Association and Hospice of So. Portland offer a well child clinic for kids age two months to two years the first Friday of every month from 8:30 am-noon at First Congregational Church, Cottage Road, So. Portland. Services include immunizations, lead tests and physicals. Medicaid accepted. By appointment only. 767-3326.

Children's Health Screenings Community Health Services offers health screenings for kids in Cumberland and Oxford counties during the month of June. The program includes comprehensive physical exams, immunizations, and screenings for vision, hearing, lead and anemia. The services are offered at the following locations: June 10 from 9-11:30 am at E.A. Center Memorial Clinic, Route 113, Steep Falls; June 16 from 9 am-2 pm at St. Joseph's Church, High Street, Bridgton; June 18 from 9 amnoon at the First Congregational Church, 167 Blackpoint Road, Scarborough; June 22 from 9 am-noon at Casco Village Church, Main Street, Casco; June 30 from 9-11:30 am at the Westbrook-Warren Congregational Church, 810 Main St, Westbrook. Fee for services. By appointment only. 1-800-479-4331

Chiropractic Discussions Dr. Roger Nadeau presents chiropractic health care discussions Tues from 1-1:30 pm and Thurs from 7:30-8 pm at Saco Island, Suite 1214, Saco, Free, 284-7760.

Concerned About Lead?... To learn about lead and the risk it poses to your family, request a lead fact sheet prepared by the U Maine Cooperative Extension Services. 1-800-287-1471 or 780-4205. For information about childhood risk and screening, call 287-3259.

E.A.T. Women who have problems with eating, food, weight or body image are invited to participate in an eight-week course in eating awareness therapy (E.A.T.) beginning June 14 from 7-8:30 pm at the Expressive Therapy Center, 150 St. John St, Portland, 865-6027 or 529-5264 for more info.

Free Introductory Kripalu Yoga Class Treat yourself to a mini-vacation in the rich landscapes of your body, mind and spirit. Ten-week session begins June 22. Free class June 19 from 9-10:30 am at Suite 202, 10 Exchange St, Portland, 772-9812

Friends of the Western Buddhist Order invite all interested individuals to a period of meditation and study of Buddhist concepts and practice. Meetings are on Mon eves, from 7:15-9:15 pm. 642-2128.

Hatha Yoga for People with AIDS is available every Wed and Fri from 12:45-2 pm at 22 Monument Square, Portland, Cost: \$1, for those who can afford it. 797-5684 Healing for Healers Psychotherapists, physicians,

teachers, nurses and others in the healing professions are invited to attend an intensive two-day experimental workshop June 19-20 from 9 am-5 pm at 150 St.

John St. Portland. Cost: \$190. 846-3341. Heartline Cardiac Rehabilitation USM Lifeline offers an exercise program for people who have had a heart attack, angina, bypass surgery or angioplasty or are at risk for heart disease. Classes are ongoing Mondays, Wednesdays and Fridays at 7:30 am and 6 pm at Portland Campus Gym, Falmouth St, Portland. 780-4649.

Herbal Workshops Crystal Springs and Hermes Herban Acres offer a variety of herbal and educational workshops, plant walks, gatherings and retreats at its farm in Dayton. Upcoming programs include "Summer Foraging" June 18 from 3-6 pm (cost: \$25); "The Path of Herbs/Eat Your Medicine Weeds" June 25 from 4-6 pm (cost: \$10); "Cooking and Doing with Herbs" June 27 from 1-4 pm (cost \$25). 499-7040.

athic Study Group Learn about an alternative medicine that works! Study group meets one Sunday afternoon each month from 2-4:30 pm. Small donation welcome. Call 865-9220 or 725-0408 for info.

My Choice Pregnancy Resource Ctr offers counseling, referrals and housing for women and teens experiencing an untimely pregnancy. Counseling

focuses on the options of parenting or adoption. A birth mother support group is offered to any woman who surrendered a child for adoption or is considering doing so. 772-7555.

Natural Foods Solutions Learn all about the purchase and preparation of whole foods vegetarian meals in your home. Classes, presentations and consultations are also available. 774-8889.

Ninjutsu Learn realistic self defense, physical fitness and body and mind awareness. Beginning classes starting soon. Call 767-5077 or stop by 10 Exchange St, Suite 202, Portland, Sundays at 2:30 or 4:30.

Planned Parenthood Free pregnancy testing and male services now offered at Planned Parenthood's 500 Forest St clinic in Portland. This is in addition to annual exams, birth control information and supplies (including Norplant), and testing and treatment for STD's and infections, Teen Walk-In Clinic Fri, 1-4:30 pm and Sat, 9 am-noon. Fees based on ability to pay. 874-1095.

Pulmonary Rehabilitation USM Lifeline offers a program designed for individuals with various lung ases Tues and Thurs from 11:15 am-noon at the USM Portland Campus Gym, Falmouth St. 780-4170

Red Cross Courses The Portland Chapter of the American Red Cross offers several courses over the next few weeks: Standard First Aid; Community CPR Infant & Child CPR; Infant & Child First Aid; CPR fessional Rescuer Course; and Instructor Training. All courses have a payment fee and require advanced registration. Call 874-1192 for info and registration. Sahaja Yoga Meditation Experience thoughtless awareness Wednesdays at 7:30 pm in the Faculty Lounge, USM at Portland. Free. 767-4819.

peaking Out! An empowering voice seminar for who must speak with authority and credibility s offered in Portland June 14 & 15. 775-6558 or 781-7101 for info.

Spinal Exams Chiropractors in Partnership with the Community offer free exams in exchange for canned goods and clothing, which will be donated to the Portland Preble Street Resource Center. 879-5433 (Portland), 846-1481 (Yarmouth) or 883-5549 (Scarborough).

Sufl Meditation Join the Portland Sufi Order for meditation sessions based on the works of Hazrat nayat Khan and Pir Vilayat Inayat Khan. Experienced teachers offer sessions working with creative visualization, breath, sound, light and divine qualities Sessions ongoing and open to all; no experience necessary. Bring a meditation pillow or bench if desired. No fee, but donations accepted. Sessions at Expressive Therapy Center, 150 St. John St, Portland, 657-2605.

T'al Chi Ch'uan is an ancient Chinese martial art based on mental and physical balance. Excellent for spiritual growth, radiant physical health and reducing the effect of stress and tension. Beginners through advanced classes ongoing, 772-9039,

The Teen/Young Adult Clinic is a place to go if you have a health concern or medical problem, need a sports/school physical done, or have birth control issues to deal with. Open to anyone 13-21, every Monday from 4-8 pm, at Maine Medical Center, 22 Bramhall St, Portland. Walk-ins seen if they arrive by 7 pm. 871-2763.

Vegetarian Potlucks and information sharing the third Monday of every month at 6 pm at Southern Maine Vegetarians, 35 Saunders St, Portland, 773-6132

Visiting Nurse Service offers several clinics this inics are June 14 from 9 am-noon at 15 Industrial Park Road, Saco; June 21 from 9 amnoon at 161 Main St, Sanford. Adult Health Clinics are June 11 from 9:30-11 am at Salvation Army, OOB; June 16 from 9-10 am at Lord Pepperell Apts., Saco. 1-800-660-4VNS for appointment.

Wishcraft/Teamworks Support team of motivated people who want to make things happen. Through giving support, ideas, accurate steps and the faith in ne another's ability to succeed, we won't let you auit. 773-6226.

Women's Meditation Workshop Learn to listen to your inner voice. 767-1315.

Women Over 50 A support group facilitated by Louise Bennett will explore this vital time of life and those that follow, 772-1910.

Yoga Weekend Spend an lyengar yoga weekend with Gabriel Halpern of Chicago June 18-20 at Rockcraft Lodge on Sebago Lake. Co-sponsored by the Portland Yoga Studio and The Yoga Center. 797-5648, 775-0957 & 799-4449 for info and registration.

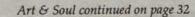




Hair & Beyond

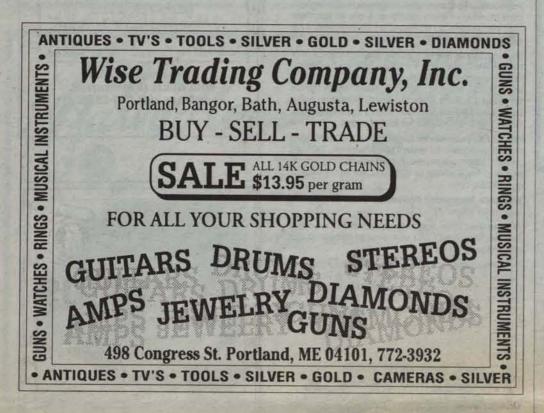
773-4457 ON THE CORNER OF MIDDLE & EXCHANGE STREETS IN THE OLD PORT











This Father's Day Give Him The World

Forego the tie this year and give dad the gift of travel with a special travel gift certificate from Hewins. We have great getaway packages to tropical destinations, Europe, and special cruise prices on the top cruise lines.

For dads (and moms) over 62, Hewins has 4- and 12-month senior travel passes for unlimited air travel around the country or around the world. For \$549.00 you can give a four-coupon senior flight booklet for domestic or international travel. So make this Father's Day special, give him the world.

HEWINS / Carlson Travel Network



1041 Washington Ave., Portland, 878-8741

Art & Soul continued from page 31

family

Children's Fun Pass What's the best way to keep your kids busy this summer? With a Children's Fun Pass that allows over \$500 worth of free admission at 51 of Maine's premier attractions for kids 12 and under when accompanied by a paying adult. Cost: \$15. Available at all Home Vision Video locations. Proceeds benefit the American Lung Association of Maine. 1-800-499-LUNG.

Children's Museum of Maine invites kids to enjoy the upcoming programs: cartooning workshop for kids age nine and older to learn how to create original characters and stories June 12 from 10 am-2 pm; make your own flag or banner for Flag Day June 14 from 10-11 am (ages three to six) and 3:30-4:45 pm (ages six and older); kite making workshop for kids age five and older and their parents June 15 at 3:30 pm; "Mr & Mrs. Fish," a performance about the exploration of marine life June 20 at 1:30, 2:30 & 3:30 pm. Come and explore the night sky with Sheldon Chartier and a 20-minute planetarium show each Wed at 2, 3 & 4 pm. The museum's located at 142 Free Street, Portland, Admission's \$3.75, 828-1234

Critter Camp Greater Portland YMCA sponsors a program that allows kids agesthree to five to develop hips, enjoy new experiences and have fun. Call 874-1111 for info.

Drums and Songs Edith Barnard Doughty offers a five-session class for kids ages three and four to learn dancing, singing, acting, drumming and puppetry starting June 30 from 3:15-4 pm at 88 String Guitar theater, 100 Front St, Bath. 443-9603.

Family Counseling A Center for the Awareness of Pattern offers counseling to people and their families on a sliding fee scale. Call 865-3396 or write P.O. Box 407, Freeport, ME 04032.

Family Night The Greater Portland YMCA hosts Friday Night Family Night every Friday from 6:30-9 pm at 70 Forest Ave, Portland. Enjoy swimming, open gym, game room, weight room and walleyball. Cost: \$5 per family, free for YMCA members. 874-1111. Friday Night Special Portland Recreation offers organized gym programs for middle school children at Riverton Community Center, 1600 Forest Ave, Portland,

Gym & Swim Portland YMCA offers gym & swim for preschoolers to develop beginner dance, gymnastic and swimming skills through guided discovery and play. The YMCA is located at 70 Forest Ave, Portland. 874-1111.

Head Start is accepting applications for sessions to start in September. 874-1140 (ext. 360) or 800-698-

Host Families World Learning Homestay/USA offers you the unique opportunity to host a student from Spain from July 28-August 26. 773-1357 or 729-

Kid's Softball Clinic Karen & Kathy Bailey co-host two softball clinics June 13 at the So. Portland Boys & Girls Club, 169 Broadway, So. Portland. Session I is for advanced players age 13 and older (10-11:30 am) and Session II is for beginning players age nine to 12 (12-2 pm). Cost: \$5 per session. 874-1070. Maine Jazz Camp offers a summer music camp for students in grades 10-12 each July at UMF. The camp concentrates on jazz and includes ensembles. music classes, ear training and jazz history. Interested persons can call 874-0269 or write Main Jazz Camp, 716 Washington Ave, Portland, ME 04103.

Munjoy Branch Library offers a public story hour for children ages 3-5 each Tuesday at 10:30 am at 44 Moody St. Portland. 772-4581.

Open House at Camp Ketcha Learn everything you've ever wanted to know about Camp Fire's co-ed camp or kids age four and a half to 16 June 5 from 10 am-2 pm. Camp Ketcha's located on Black Point and Spurwink roads in Scarborough. 883-8977.

Parenting Classes Portland YMCA presents a series of parenting classes on the last Friday of the month from 6:30-7:30 pm at 70 Forest Ave, Portland. Free for YMCA members; \$2 per family for non-members. 874-1111.

Performing Arts Program Director Louis-Philippe leads two four-week sessions of performing arts workshops for kids ages six and older at the Warren Library Auditorium, 479 Main St, Westbrook, Sessions run July 5-29 and August 2-26. Class sizes are limited so register now. Cost: \$12 per four-week session. 854-5891.

Portland Public Library invites children to enjoy its upcoming programs: Tales for Twos June 11 at 10:30 am; Preschool Story Time June 14 at 10:30 am; Finger Fun for Babies June 16 at 9:30 am; Preschool Story Time June 16 at 10:30 am: Tales for Twos June 18 at 10:30 am; used children's books sale June 19 from 9 am-3:30 pm. The library's located at 5 Monument Square, Portland. 871-1700.

Portland Summer School offers a variety of academic courses for high school students as well as a sports camp for kids ages seven to 12 and art camp for kids in grades K through six. Register for programs June 25. All programs begin June 28. 874-8169.

Riverton Library offers Toddler Time for 1- to 2-year olds, including games, stories and songs, Wed at 10:30 am & Fri at 9:30 am; Preschool Story Hour for ages 3 to 5, Fri at 10:30 am. The library's located at 1600 Forest Ave, Portland. 797-2915.

Silly Saturdays The Portland YMCA presents a series of workshops for pre-schoolers. 874-1111. Story Hour Munjoy Branch Library invites children

age 3-5 to its story hour each Tues at 10:30 am. The library's located at 44 Moody St. Portland. 772-

Teen Open Gym Teens ages 13-18 play basketball, whiffle ball, floor hockey and more Mons & Weds from 7:30-9 pm at Reiche Community Center, 166 Brackett St, Portland. Cost: 50¢. 874-8873.

Theater Class Edith Barnard Doughty invites kids age five to 15 to participate in "Aladdin and the Magic Lamp," a theater class teaching dancing, acting, singing mime and cooperative skills. Classes start June 28 from 4:30-5:30 pm and run Mons and Weds through July 28 at 88 String Guitar Theater, 100 Front St. Bath, 443-9603.

YMCA Camps The Greater Portland YMCA Camps offers programs for kids ages three through seven. Adventure, friendship and fun are guaranteed. Call 874-1111 for brochure

Youth Indoor Soccer Program at Portland YMCA for children 6-11 years of age. Registration is ongoing. 874-1111.



Adult Coed Volleyball The Portland YMCA is accepting registrations for its volleyball league. 874-1111. Aerobics Ongoing classes at Reiche Community Center, 166 Brackett St, Portland, 797-0484. American Putting Classic The Maine Mall hosts "Pars, Birdies & Eagles," a unique golf game that allows participants to play 18 holes of golf in five minutes June 17-19 in the Sears wing of the Maine Mall in So. Portland. Everyone can play regardless of age or athletic ability. Proceeds benefit the American Heart Association. Cost: \$1. 774-0303. **Back Country Bike Excursions Get connected to the**

pedal of nature and take the ride of your life through the foothills of the White Mountains on a weekend bike tour with Back Country Bike Excursions. Next trip starts June 22. Cost: \$55. 625-8189. Baseball League The Southern Maine Men's

Basketball League welcomes new players all the time. Call 883-9797 for info.

Basketball for Adults Pick-up games every Mon & Wed from 5:15-7:15 pm at Reiche Community Center 166 Brackett St; Tues & Thurs from 6-9 pm at Riverton Community Center, 1600 Forest Ave; and Tues 6:30-8:30 pm at Peaks Island Community

Bird Walk Series The Maine Audubon Society offers a series of birdwalks throughout the summer. Upcoming walks include: "Coastal Bird Watching at Crescent Beach State Park" June 12 at 7 am (meet at parking lot across from Hattie's Deli); Birding Scarborough Marsh June 19 at 7 am (meet at Scarborough Marsh Nature Center). Cost: \$3. Reservations not required. 781-2330.

Bird Watch Fundralser Join USM Biology Professor Ray Riciputi June 12 from 7:30-11 am for bird watching along the Presumpscot. Bring binoculars and bug dope. Proceeds benefit the Presumpscol River Watch. Cost: \$5, free for kids under 12. Reservations, 773-1896.

Bodyshop Program USM Lifeline offers a bodyshop program with fitness evaluation and personal orientation and training. Equipment includes Lifecycles, Lifestep, Concept II and Liferower, treadmills, Nordic Track, Schwinn AirDyne and Universal and free weights. Ongoing registration. 780-4170 for info and brochure. Boomerang Club meets every Sunday at 10:30 am on the High Plains at Fort Williams Park, Cape

Elizabeth. 775-0411. Canoe Symposium L.L. Bean offers a special weekend canoe festival June 11-13 at Camp Winona in Bridgton. Events include educational workshops and instructive seminars ranging from white water self-rescue to

stroke techniques, Call 1-800-341-4341, ext. 2509. for info concerning activities, food and lodging and registration fees.



Casco Bay Bicycle Club meets every third Tues at 7 pm at the Walker Library, Maine Street, Westbrook. Call 774-1118 or 854-5029. The following weekly rides are offered this season: Mon: 25-mile ride at Dunston School Restaurant at 6 pm (283-0380); Tues: 10- to 15-mile papoose ride at Fort Williams Park at 6 pm (767-4235); Wed: 2 -mile morning ride at No. Windham Shaw's Plaza at 8:30 am (892-5922); 20-mile country classic ride at Yarmouth Shop 'n Save at 6 pm (926-4225); 20-mile ride in York County at 6 pm (499-2048); Thurs: Pizza ride at Scarborough Oak Hill Shop 'n Save at 6 pm (883-0148). Weekend rides are also scheduled. Coastal League Baseball League for men over the age of 30 plays Sunday morning baseball games in Biddeford, Saco and OOB. Anybody who really wants to play baseball in a fun-oriented league can call Phil Hatch at 282-7753.

Contact Improvisation and movement jam every Wednesday from 6-8 pm at United Methodist Church Dance Studio, 168 Elm Street, off Broadway, So. Portland, 775-4981.



- Billboard

Fri & Sat, June 25 & 26, 8 PM

Portland Performing Arts Center

Call 774-0465 to charge or at Amadeus Records

Sponsored by Physics Consultants and WCLZ.

25A Forest Avenue

Tickets \$ 14



Contradance with Crooked Stovepipe Band every third Fri at 8:30 pm at the Presumpscot Grange 1844 Forest Ave, Portland (across from Tortilla Flat Restaurant). All dances taught. Singles always welcome, Cost: \$4, 774-3392.

Contradance with Ellen & the Sea Slugs the first Sat of each month at 7:30 pm at Saco River Grange Hall Salmon Falls Rd, Bar Mills. Cost: \$4, \$2 kids, \$10 family max, 929-6472.

Cricket Club The Maine Cricket Club is under way for the '93 season. Regular practices and matches scheduled. Players of all abilities welcome. 761-9678.

Dance From the Inside Out Expressive movement for dancers and non-dancers to discover your body's innate wisdom. Five ongoing classes meet weekly. Cost: \$7 and \$9.772-7549 or 883-1035 for info and

Fifty-Five & Fit The Greater Portland YMCA offers fitness classes and programs for active older adults who love to get involved and treasure their independence. 874-1111 for more info.

First Step and Beyond USM Lifeline offers a personal fitness evaluation for the first-time exerciser through to the performance athlete. Program includes body fat composition, muscular strength and endurance, flexibility and cardiovascular endurance. 780-4649 for info & brochure.

Fly Fishing Schools L.L. Bean offers a series of introductory fly fishing schools at the Fogg House in Freeport. Upcoming sessions are June 11-13. Call 1-800-341-4341, ext. 2666, for info and registration. Golf Benefit Attention all golfers! Here's your chance to win \$1,000,000 with a hole-in-one and help the March of Dimes fight birth defects. Join other golfers in the First Annual Maine Bank and Trust Million Dollar Hole-in-One Golf Classic June 18-20 at the Long Shot Golf Range, 305 Bath Road, Brunswick. Qualifying rounds take place June 18 from 6-10 pm, June 19 from 9 am-10 pm and June 20 from 9 am-2 pm. Final round begins June 20 at 3 pm. 871-6377

or 725-6377 Golf Challenge Tee up for the Fourth Annual Hole-in-One Golf Challenge June 12 from noon-4 pm at the Muddy Rudder Restaurant, Route 1, Yarmouth. Proceeds benefit the Kidney Foundation of Maine. Grand prize is a 1993 Ford Explorer and a new set of golf clubs. Rain date: June 13. 846-3082.

Hunger Walk Portland area Weight Watchers walk the boulevard June 12 from 10 am-2 pm in Portland to raise funds for the West End Food Pantry. Cost: \$5 registration fee. In addition, Weight Watchers is collecting non-perishable food items for distribution to local food banks until June 12. Collection boxes are located at all meeting sites. 1-800-640-0146. Indoor Soccer Pick-up games every Fri from 6-8 pm at the Reiche Community Center, 166 Brackett St, Portland. Cost: \$2 residents, \$3 non-residents. Call 874-8873.

Maine Outdoor Adventure Club brings together people who enjoy the outdoors. MOAC offers trips and events to people of all skill levels, beginner to expert. Upcoming: June 12-13 Black Angel Trail maintenance (846-5936); June 12 Speckled Mt (865-1612); June 17 paddle to Fort Gorges (797-8535); June 19 Alpine Gardens hike (846-1590); June 19 family version of Alpine Gardens hike (828-1532); June 19 Jewell sland day sail (637-2216); June 21 Limington bonfire and BBQ (637-2216); June 25-27 annual Baxter State Park weekend. Mt. Katahdin climb (781-5033) For updated trip info, call the Outdoor Hotline at 774-

1118. For club and membership information call

Row Row Row Your Boat White-knuckled female sailors are invited to attend "Sail Yourself Safely Home," a two-day course in boat handling and emergency procedures for women at the Portland Yacht Club, Old Powerhouse Road, Falmouth. Three sessions are offered: June 24 & 25; 26 & 27; 28 & 29. 1-800-342-9295

Spring Point Salling School offers a variety of sailing courses this summer. Program options include basic sailing, refresher course and private lessons. Instruction covers sailboat rigging, tacking, gybing, weather, navigation and safety. Call 767-9528 for schedule and info.

Saturday Dance Dance the night away every Saturday at Maine Ballroom Dance, 614a Congress St, Portland. Dancing for beginners from 8-9 pm; all others dance from 9-12 pm. Cost: \$5, \$3 for beginners dance. 773-0002.

Scuba Lessons Portland Recreation offers ongoing lessons at Riverton Pool, 1600 Forest Ave, Portland 799-7990.

Senior Fitness for Men & Women 55+ USM Lifeline offers classes Mondays, Wednesdays & Fridays from 10:30-11:15 am at the USM Portland campus gym on Falmouth Street. Program consists of progressiv exercises. Registration is ongoing. 780-4170. Senior Stretch & Step S. Portland Parks & Recreation

offers stretch & step exercise classes on Mondays and Fridays. Call 767-7650 for details. Small Boat Seminar SMTC offers a one-day course

on small boat handling June 12, 13, 19 & 20 from 9 am-5 pm at the Deck Shop, SMTC, So. Portland. Course covers rudimentary navigation, float plans, boating laws and safety equipment. Cost: \$75. Registration. 767-9528.

Sports of All Sorts The Boys & Girls Clubs of Greater Portland offers a variety of activities for adults including swimming, basketball and volleyball at 277 Cumberland Ave, Portland. 874-1070.

Step Aerobics Plus USM Lifeline offers its next 10week session of step aerobics plus beginning June 28. Classes are Mon, Wed & Fri from 6:15-7:15 an, 4:30-5:30 pm and 5:30-6:30 pm at the Campus Gym, Falmouth Street, USM/Portland. Register by June 18. 780-4638.

Swimming Lessons Portland Recreation is accepting registrations for its first session of summer swimming lessons at the Kiwanis pool starting June 21 at 9 am at the pool on Douglas St, Portland. Classes begin June 28. 772-4708.

Thirty Somethin' Soccer People 30+ meet to play soccer Sunday evenings at 6 pm on Middle School field, Scott Dyer Road, Cape Elizabeth. Events include pick-up games, challenge matches and occasional tournaments. 799-8669.

Trek Across Maine Bicyclist looking for challenging, adventurous cycling are invited to register for the three-day Trek Across Maine benefitting the American Lung Association June 18-20. The ride takes cyclists from Sunday River to the Sea. 1-800-499-5864 for info and registration.

Volkssmarch A year-round Volkssmarch, a free and non-competitive walk open to every one, is held every day of the year. The walk starts at the Ramada inn at 1230 Congress St, Portland and offers a six-mile tour of Portland. 797-8726.

Volleyball Pick-up games every Tues & Thurs from 7:30-9:30 pm at the Reiche Community Center, 166 Brackett St; Wed 7-9 pm at Peaks Island Community Center, Peaks Island. Cost: \$2 residents, \$3 nonresidents. Call 874-8793.

Walleyball Casco Bay Bike Club hosts informal walleyball games every Thurs at 6:30 pm at the Racket and Fitness Center, Outer Congress Street, Portland. Cost: \$5. 772-8465.



Toon up at the **Children's Museum**

Do your kids love to doodle their time away? The Children's Museum offers a "Cartooning Workshop" June 12 for kids 9 and older who love to draw or who just love cartoons. They will learn how doodles, shapes and simple lines form the basis of original cartoon characters.

Through game playing and simple drawing exercises, children will discover their own cartooning styles. The workshop runs from 10 a.m.-12 p.m. at the museum, 142 Free Street, Portland. The cost is \$2 for members, \$3 for nons. Call 828-1234 to pre-register.

Wells Reserve The Wells Reserve offers a variety of activities. Hike on seven miles of trails through fields, forests, marsh lands and the open coast dail from 8 am-5 pm or visit the exhibits at the Visitor's Center Mon-Sat 10 am-4 pm, Sun noon-4 pm; tour the estuary Sat & Sun at 1 pm; see bird-banding Neds 8 am-noon; enjoy a bird walk June 19 at 7 am. The reserve's located at Laudholm Farm off Route 1 north of Wells, 646-1555.

Whitewater Ratt Registration The State of Maine limits the number of rafters each day to protect the quality of Maine's rivers. Raft Maine, an association of nine whitewater outfitters, offers a toll-free central reservation number. Call 1-800-359-2106 to make reservations.

Women's Rugby The Portland women's rugby team velcomes new and old players. Call 865-4419 or 871-0796 for more information.

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Book Sale Merrill Memorial Library holds its used book sale June 19 from 10 am-2 pm at the library on Main Street in Yarmouth. Book donations can be made June 18 at the Falmouth Shaws and the Yarmouth Shop 'n Save and June 19 at the library. Proceeds benefit Merrill Memorial Library.

Book Sale Volunteers are needed to sort and price books in preparation for Goodwill's super book sale. Volunteer anytime Mon-Fri from 7:30 am-4:30 pm at 353 Cumberland Ave, Portland. 774-6323.

Community Grant Programs The Junior League of Portland is now accepting requests for grant applications for community projects to be funded starting in January of 1994. The Junior League has chosen to concentrate all of its resources for an extended period of time on addressing the problems surrounding child abuse and neglect. There will be an mational meeting June 17 at 6:30 pm at One Portland Square, 4th floor, Portland. For grant applications, please contact Martha McElroy, 14 Orland St. Portland, ME 04103.

Commuters Riders are wanted for a self-supporting commuter van from Portland to Augusta. Regular and occasional riders welcome. Stops in Freeport and Yarmouth. 287-2271.

Drivers Needed The Regional Transportation Program needs volunteer drivers from the Greater Portland area for a United Way agency. Interested people should have a safe driving record, references and a car. 774-2666 or 1-800-244-0704.

Falmouth Celebration The town of Falmouth invites you to celebrate its 275th anniversary June 18-19 starting with a dance at Harmony Hall June 18 in North Yarmouth. Saturday activities include a parade at 9 am, opening ceremonies at 10 am followed by booths games, food and music and a chicken barbecue at 4 pm and country family dancing from 6-

Fish Wish The South Portland Library seeks the donation of a ten-gallon (or larger) fish aquarium to house their hermit crabs. Cracks or leaks don't matter. 767-7660.

Flea Market Shop for great bargains every Sunday from 9 am-4 pm at the flea market at the National Guard, Stroudwater Street, Westbrook. Items include crafts, collectibles and antiques, Call 854-0810 for table reservation.

Gorham Lion's Club needs new and used items. antiques and gift certificates for its annual auction. Call for free pick-up. 839-3257.

Host Families ASSE International Student Exchange Program is currently interviewing potential host families for exchange students from Russia and the newly formed independent states. 1-800-677-2773. Land Trust Meeting The Freeport Conservation Land Trust holds its next meeting June 17 at 7 pm at the South Freeport Church, So. Freeport. Learn more about the Casco Bay Estuary Project with speaker Sherry Hansen. All are welcome to attend. 865-

Maine Audubon Society is looking for volunteers to be trained as naturalist guides for the annual Spring Walks Program at Scarborough Marsh Nature Center. 781-2330.

Multi-Family Yard Sale Amnesty International Group #355 holds a multi-family yard sale June 12 from 8-11 am at 8 Foreside Rd, Cumberland Foreside. Museum Volunteers The York Institute Museum seeks volunteers to be termed docents, provide

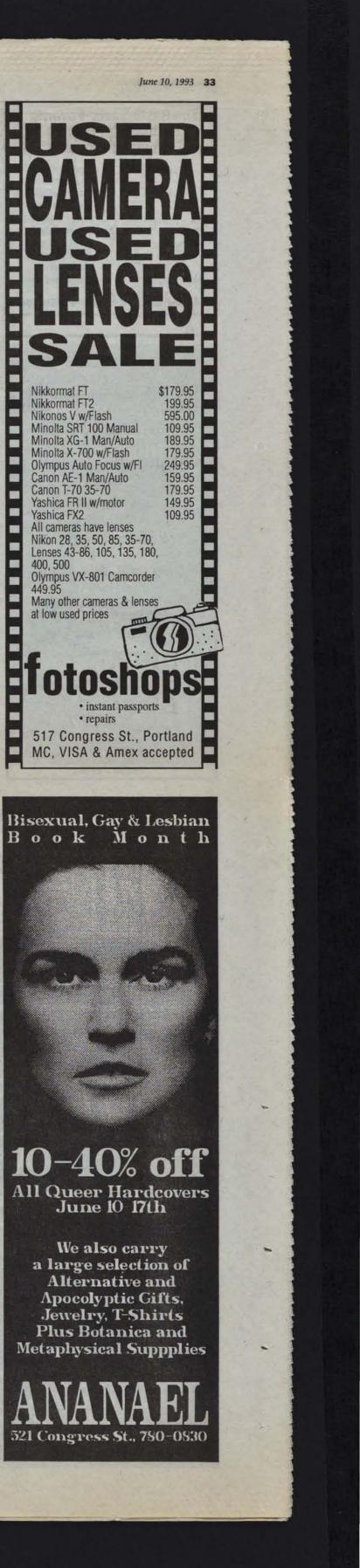
tours, perform office duties and help with openings and school tours. The museum's located at 371 Main St, Saco. 283-3031. Musicians Wanted The Deering Oaks Family Festival

is looking for bands and musicians from the Greater Portland area to play at the festival this July 20-25 in Deering Oaks in Portland. Interested musicians car send a demo tape to Deering Oaks Family Festival, 145 Middle Street, Portland, ME 04101.

Observatory Guides Greater Portland Landmarks seeks volunteers to conduct guides at the Portland Observatory. Training provided. 774-5561.

Pleas for Fleas The Scarborough Lions are looking for items to be donated for their flea market/auction this August. The organization would like books, old dishes and china, useable furniture, sport equipment, serviceable tools and product and service certificates. 883-3677.

Art & Soul continued on page 34







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ACT UP/Portland Join us in the fight for universal rights! Get active on local, state and national issues of education, discrimination, access to health care, and AIDS services. Straight or queer, boy or girl, HIVpositive or negative, black, brown or white. Act on your belief in a dynamic, non-violent grassroots organization dedicated to direct action to end the AIDS crisis. Meetings every Sunday at 7 pm at the YMCA, 87 Spring St, Portland. Wheelchair accessible. Drop by our workspace on Mondays from 6-8 pm at 142 High St, #222, Portland, ME 04101. 828-0566. Adopt a Greyhound Meet greyhound placement service volunteers and retired racing dogs June 12 from 11 am-3 pm at The Kennel Shop, Pine Tree Shopping Center, Portland. 846-5759.

At the Planetarium Enjoy the following programs during the month of June at Southworth Planetarium: June 12: Alligator in the Elevator at 3 pm, Native American Nights at 7 pm, Pink Floyd's Dark Side of the Moon at 8:30 pm; June 13: Tour of the Solar System at 2 pm, Laser Gold (music of the '50s and '60s) at 3:30 pm; June 19: Stars, dragons and Me at 3 pm, Tour of the Solar System at 7 pm, Best of Pink Floyd at 8:30 pm; June 20: The Birth and Death of Stars at 2 pm, Pink Floyd's Dark Side of the Moon at 3:30 pm; June 26: Alligator in the Elevator at 3 pm, The Mars Show at 7 pm, Led Zepplin at 8:30 pm; June 27: Tour of the Solar System at 2 pm, Best of Pink Floyd at 3:30 pm. The planetarium's located at USM/Portland, 780-4249.

Book Signing Edith Hazard and Wallace Pinfold, authors of "Rising to the Occasion," sign copies of their books June 19 at 1:30 pm at Bookland, Cooks Corner, Brunswick. 725-2313.

Bridai Fashion Show The residents and clients of the Barron Center invite you to bring back fond wedding memories at a bridal fashion show June 16 at 1:30 pm in the Bernstein Room of the Barron Center, 1145 Brighton Ave, Portland. Wedding gowns from the '40s through the '90s will be modeled by staff. Free. 774-2623.

Business intuition Workshop Dawn Andersen offers a workshop for women, "Developing Intuition for Increased Business Success," June 12 from 9 am-4 pm in Portland. Learn how to use this powerful force in your own business or where you work, 775-6913 for info & registration.

Celebrate Maine Writers Bookland Brunswick hosts a celebration of Maine authors to benefit the Maine Writers & Publishers Alliance June 11-13 at Cooks Corner, Brunswick. The following authors will be signing books and reading from their works: June 11: Ken Textor & Roger Duncan from 7-8:30 pm; June 12: Anne Wescott Dodd from 10-11 am; Raquel D, Boehmer & Patricia Turcotte from 11 am-noon; Mark Maxwell Dalton & Charlotte MacLeod from noon-1 pm; Charles and Samuella Shain & Richard Aldridge from 1-2 pm; H.R. Coursen, Sanford Phippen & Denis Ledoux from 2-3 pm; June 13; John Pullen, James Mundy & Beverly Hayes Kallgren from 2-3 pm. Ten percent of total book sales benefit MWPA. 725-2313.

Cuisine Art The Freeport Historical Society invites you to attend "Graters, Grinders and Gadgets: the Kitchen of c. 1900." See everything from the raisin seeder to the coffee grinder Mon-Sat from 10 am-5 pm and Sun from 12-5 pm. The society is located at

45 Main St, Freeport. Free. 865-3170. Curtis Campers The Susan L. Curtis Foundation seeks former campers who attended Camp Susan Curtis between 1974 and 1987. If you attended camp during those years or know of someone who did, please call 774-1552 or write the Susan Curtis Foundation at P.O. Box 821, Portland ME 04104. Divorce Perspectives Discuss "The Ex's New Friends and Your Kids" in small group discussions June 16 at 7:30 pm. Support group for people facing problems in divorce meets year-round Weds at 7:30 pm in Woodfords Congregational Church, 202 Woodfords St, Portland. Donation of \$1.50 requested. 774-HELP.

Drumming Classes Learn the rhythms and songs of Afro-Caribbean music with percussionist Michael Wingfield every Sun from 7:30-9 pm at Casco Bay Movers Dance Studio, 151 St. John St, Portland. Cost: \$15/single class, \$50/four week session. 871-0509 for registration.

Elderhostel The University of New England offers more than 20 different one-week learning holidays this summer for area seniors. Upcoming programs include: "Great Personalities of Renaissance Italy," "Italian Renaissance Opera," "Galileo: The Not-So-Young Upstart" and "Beacons of the Maine Coast" May 30-June 5. 283-0171. Enriched Golden Age Center invites men and women

60 and over to daily luncheons at 297 Cumberland Ave, Portland. Meal at noon. The following programs are offered at 12:30 pm: Father's day celebration and line dancing demonstration June 16; medicine information update with speaker Mark Durgin June 23; June birthdays with music by Beau and Dave June 30. Donation: \$2.50. 774-6974.

Feminists Against Rape (FAR) meets Tues at 7 pm for discussion and planning. Join us if you are a feminist determined to help make Portland a city free of sexual violence. 799-7242 or 772-5941. Fight Discrimination The Maine Civil Liberties Union is interested in hearing from any Portland resident

who feels that she or he has been illegally discriminated against in housing, employment or credit on the basis of sexual orientation, 774-5444.

Explore Seguin Island, home of one of Maine's oldest and highest lighthouses, when Maine Maritime offers a day cruise to the island Saturday, June 12, from 9 a.m. 2 p.m. Friends of Sequin Island will narrate the tour, focusing on the flora and fauna found on this.64-acre rock island. Discover why the island is known as a bird watcher's paradise. The cost is \$25 per person. Reservations are required. The museum is located at 243 Washington St., Bath. 443-1316.



Looking for that perfect book for the beach? Whether you like racy trash or scholarly tomes, you'll find the book of your dreams at Merrill Memorial Library's annual used book sale Saturday, June 19. The browsing begins at 10 a.m. and lasts until 2 p.m. All proceeds benefit the library, which is located on Main Street in Yarmouth. 864-4763 or 846-4715.

Freeport Historical Society presents "New and Recent Additions to Our Collections," from 10 am-5 pm at the society's Harrington House, 45 Main St, Freeport. 865-3170.

Friends of the Maine Youth Center are interested in meeting with others who are concerned about the effects of budget cuts on the center. 854-9872.

Gems, Minerals & Fossils The Maine Mineral and Geological Society sponsors its tenth annual Gen, Mineral & Fossil show June 12-13 (9 am-5 pm both days) at the Westbrook College Gym, 716 Stevens Ave, Portland. Admission: \$1.50 donation. Activities and demonstrations.

Grant Proposals The Maine Aquaculture Center invites firms, municipal shellfish committees and individuals interested in developing new ways of growing shellfish for commercial markets to apply for mini-matching grants. Submission deadline is June 25. Call 866-0161 for grant info.

Institute on False Allegations of Sexual Abuse Support and education for those falsely accused of sexual abuse or those victimized by false memories of sexual abuse. 772-6351.

Island Cruises Enjoy the flora, fauna and natural beauty of Seguin Island on the Seguin Island cruise June 12 from 9 am-2 pm. Cruise from Bath around Swan Island June 19 from 9 am-1 pm. Cost: \$25 (for each cruise). Reservations. 443-1316.

King Mural The Martin Luther King mural depicting the people and events of the civil rights movement for many generations is on display in the Kenneth T.H. Brooks Student Center, USM/Gorham. Free. 780-5470.

Literacy Services Project LINK links you to the people and programs that can help you do what you want with your life. The service offers free information, referrals and support to all Cumberland County residents in reading, math, job skills and higher education. For more information call 874-1140 or 1-800-698-4959 X341.

Magic Drum The Swedenborgian Church invites you to an evening of drumming, singing, chanting and dance the first Thurs of each month at 302 Stevens Ave, Portland. Bring drums, shakers, bells, rattles and other instruments for making sacred sounds; and readings, songs and meditations to share. Cost: \$5 donation. 799-9269.

Music Recreation Facilitator provides one hour of free entertainment for non-profit organizations who want visibility. Entertainment includes sing-a-longs, circle dancing, novelty actions, and hands-on build-a-band. 772-5653.

Music Swaps Portland Folk Club invites you to share a song or a story in a supportive atmosphere every first and third Tues at 7:30 pm at Swedenborgian Church, 302 Stevens Ave. Cost: \$1 donation. 773-9549.

Names Project/AIDS Memorial Quilt holds a panelmaking workshop the first and third Sun of each month. 774-2198.

People Against Crime provides classes in personal defense strategies at 565 Congress St, Suite 207, Portland, 799-0607.

Playshop Edith Barnard Doughty offers a five-week playshop for adults in singing, storytelling and acting starting June 28 from 7-8:30 pm at 88 String Guitar Theater, 100 Front St, Bath. 443-9603.

Portland Camera Club meets Mondays at 7:30 pm at the American Legion Hall, 413 Broadway, S. Portland. Monthly events include B&W, color print and color slide competition.

Portland Observatory Greater Portland Landmarks has opened the Portland Observatory for the summer season. Climb the observatory's 102 steps, see spectacular views of Portland and enjoy "Over Portland," photographs by Lloyd Ferris. Hours for June are Fri-Sun 1-5 pm. Admission: \$1.50, \$.50 kids. The observatory's located at 138 Congress St. Portland.

Ralifare The Maine Narrow Gauge Railroad Company & Museum promises something for everybody at this year's Railfare June 19 from 10 am-5 pm at the museum at 58 Fore St, Portland. Attractions include model layouts, railroad art, antiques, book and papers and crafts. Cost: \$5, \$2 kids, \$10 family max. 828-0814. River Monitors Needed The Presumpscot River Watch will train you to become a volunteer water sampler/ lab worker at the kick-off meeting June 17 from 6-8 pm in Room 203, Science Building, USM/Portland. No experience necessary. 854-2819.

SCORE Service Corps of Retired Executives, a volunteer organization supporting small business, holds "How to Buy a Business" June 15; "Marketing — Advertising — Promotion" and "Survival in the '90s" June 17; "How to Really Start Your Own Business" June 22. Seminars are from 1-4 pm at 66 Pearl St, Room 211, Portland. Cost: \$20.772-1147. Seashore Trolley Museum The museum displays trolleys from all over the world and offers rides on authentically restored electric trolley cars. Open daily from 10-5 (through October 17), at Log Cabin Road, Kennebunkport. Cost: \$6 adults, \$5 senior citizens, \$4 children 6-16. Free admission for all dads and grandads on Father's day June 20 when accompanied by one or more children. 967-2800.

SMTC Elderhostel Courses open to people age 60 and older are offered at So. Maine Technical College in So. Portland. "Downeast Cooking" and "Woodworking" are offered June 20-26 and August 1-7. 767-9528 for info and registration.

Social Seniors is a senior adult program encompassing activities, contemporary classes and events for men and women 55 and older at the Jewish Community Center, 57 Ashmont St, Portland. 772-2234 for info.

SOMEDOG The Southern Maine Development Officers Group (SOMEDOG) holds its spring meeting June 17 from 11:30 am-2 pm at Daggett Lounge, Bowdoin College, Brunswick. Featured speaker Scott M. Schultz, a partner at Schultz & Williams in Philadelphia, discusses "The Giving Climate: How the Changes Will Affect You" and Peggy Fuller, public service

director at 6 Alive!, addresses "The Do's & Don't's for Local Image Building." Cost: \$8.50, register by June 7, 871-2669. Springfest '93 Calling all women! Don't miss the

second annual New England Festival for Women June 10-13 nestled in the Maine woods on a beautiful lake with 33 acres of privacy. Activities include live music and workshops. It's a great time to come together, share, enjoy the great outdoors, experience personal growth and make new friends. 743-2787 for info and reservations.

Sweet Adelines invite interested women to weekly rehearsals Thurs at 7:30 pm at the Frank Harrison Middle School, McCartney Street, Yarmouth. 846-4726.

Training Resources If you are one of Maine's unemployed, are a resident of Cumberland County, meet federal low income guidelines and are strongly motivated to work, you may qualify for employment training from the Training Resource Center. For further info, call 1-800-244-5891.

Unemployed Professionals Group of Southern Maine meets June 15 from 9 am-noon in Room 250, Husson College South, 222 St. John St, Portland. Kay Rand, VP for Governmental Relations for The Maine Alliance, discusses how to lobby for legislative change. Ask questions, network and meet area professionals. Free. 822-0141.

Wine Tasting Sample a wide selection of delightful wines and enjoy hors d'oeuvres from Alberta's Cafe June 20 from 5-8 pm at the Mariner's Church Banquet Center, 368 Fore St, Portland. Proceeds benefit the American Heart Association. Cost: \$25, 781-7610 for tickets.

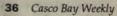
Wolfe's Neck Nature Programs Wolfe's Neck Woods offers nature programs on Sundays and holidays during the month of June. Enjoy the upcoming programs: "Insects, Disease and Trees" June 13: "Osprey Watch" June 20; "Nature's Medicine Chest" June 27. All programs are presented at 2 pm. Free. Women's Business Development Corporation holds a mid coast area meeting June 16 at 6:15 pm at the Coastal Journal, 316 High St, Bath. 234-2019. Yarmouth Radio Club meets the third Sunday of the

Yarmouth Radio Club meets the third Sunday of the month at 1 pm at the Yarmouth Community House, East Main Street, Yarmouth. 846-0700.



June 10, 1993 35









bulletin board

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-M. and C.

Arts Editor

Casco Bay Weekly is looking for an arts editor who understands that writing about the arts is much more than stringing together a bunch of adjectives. CBW's arts editor is responsible for assigning and editing stories appearing in the paper's "Art & Soul" section. The Arts Editor works closely with staff and freelance writers to provide lively and intelligent coverage of local arts and entertainment; compiles and writes the 10-day calendar, supervises the listings editor, and writes an occasional cover story. The ideal candidate will have a proven flair for language, a keen interest in the arts and an ability to work well under tight deadlines. At least one year's experience in writing and/or editing is required. Interested? Send a résumé, three writing samples and a

Casco Bay 551 A Congress St., Portland ME 04101 Mookly Attn: Arts Editor Search

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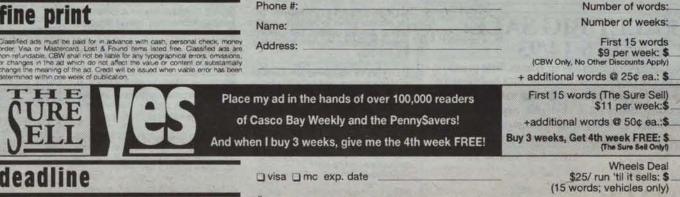
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getting rattled is crucial. A journalist's fascination with local politics and the arts is helpful. If you have the talent and skills and would enjoy the challenge of

week, send us your resume and a letter outlining why you'd like to work for Casco Bay Weekly

> Attn: Wayne Curtis, Editor Weekly Attn: Wayne Curtis, Editor CBW is an Equal Opportunity Employer

Art Director Casco Bay Weekly is looking for a talented and energetic art director. The ideal candidate will have experience in page layout and design, and e comfortable working with a team of editors, photographers, illustrator and writers to give CBW a consistently distinctive and bold look. The Art Director will be responsible for designing CBW's cover and the

Essential skills include experience with PageMaker and Aldus FreeHand on the Macintosh, a mastery of production techniques and strong interpersonal skills. The ability to work under tight deadlines without

creating a visually striking publication circulated to 30,000 people each

Casco Bay 551A Congress St., Portland ME 04101

or call 775-1234. 15 words or less, 1 week only.

Throughout the season, The Sure Sell Classifieds will publish your garage/yard sale absolutely FREE! Send your ad to The Sure Sell, 551-A Congress Street, Portland, Maine 04101

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HAPPY HOME SETTING for your child. Central

AREA- Small home daycare, full/part-time openings available. Flexible hours, meals snacks provided. Rea

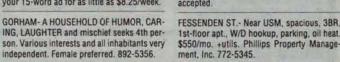
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preferred. \$300/mo, +utils., sec.dep. 772 0502. Available now. FEMALE ARTIST & N/S CAT looking for re-

FIND A ROOMMATE IN THE SURE SELL

CLASSIEDS- Call 775-1234 now and place FAX YOUR AD TODAY! 775-1615. Visa/MC your 15-word ad for as little as \$8.25/week. accepted. GORHAM- A HOUSEHOLD OF HUMOR, CAR- FESSENDEN ST.- Near USM, spacious, 3BR, ING, LAUGHTER and mischief seeks 4th per- 1st-floor apt., W/D hookup, parking, oil heat.



PLEASANT AVE.- Sunny, comfortable, large FESSENDEN ST./USM- Spacious, modern 4-2BR apt. \$300/mo. heated, plus utils. 772- 5BR, 1.5 baths, dishwasher, laundry, gas heat. off-street parking. \$850/mo. 284-2359.

Total: \$___



apts/rent

GRANT ST. (98)- Spacious 2BR condo in ARTIST OR CRAFTSPERSON- 1400 sq.ft., 2 secure building with hardwood floors. \$550/ mo. Includes H/HW. Phillips Property Mngt., \$550/mo heated. 773-1814 weekdays. Inc. 772-5345.

MAINE MALL AREA- Modern, spacious, 2BR sive, tin cellings, artists sinks, high energy apartments. Eat-in kitchen includes micro- environment. Darkrooms/suites w/views. wave, disposal & dishwasher, W/W carpets, private balcony. Clean & bright. \$575/mo. \$125-\$250/mo. 799-4759. cludes heat. 761-2881.

MAINE MED AREA- Large 5 rooms, 1st floor, quiet building, newly painted, \$475, gas heat. 799-8895.

NEAR DEERING AVE.- 1BR, sundeck, closets, storage, parking \$10. \$375/mo., everything included. WORKING STUDIO- Private, lights and heat included- almost 200 sq.ft. 317 Cumberland Ave. 772-6527.

OCEAN PARK- Charming year-round beach house, 2BR, bar, W/D. \$270/mo., heat. Call 934-4028

PAYSON PARK AREA- Efficiency, small, nice, quiet. \$85/wk. including all utils. Call 871-

9065, leave message. PORTLAND, PARK AVE.- 1BR efficiency, pine floors, skylights, \$415/mo heated, 767-2844/ 780-4642.

SACO- SPACIOUS & SUNNY 2BR, 1.5 bath townhouse. Deck, cellar, designer kitchen, gas heat, parking. \$600/mo. King R.E. 934-

UNIQUE ARTIST LOFT w/Michelangelo angels. Intown with tremendous harbor views, 2BR, kit., bath, heat & hot water, storage kit., bath, heat & hot water, storage, closets. \$495. Call 828-1426

WEST END, SPRUCE ST.- Nice 1BR w/addi-DO YOU HAVE A HOUSE FOR SALE? Why not advertise it through THE SURE SELL? Call tional small BR/study, deck, gas heat, parking. \$500/mo. +utils. N/dogs, N/S. 879-7120. WEST END, TYNG ST.- Spacious 3BR, hdwd FREE 3BR, 1-BATH HOME- Remodeled up-

floors, LR, kitchen, pantry, large deck w/great harbor views, lots of parking, lots of storage, laundry. \$585. Call 828-1426. WEST END- Sunny, sunny, sunny 1BR, hdwd

flrs, new kitchen, parking, laundry, white walls, laundry. \$410. Call 828-1426.

WESTEND-2BR townhouse, modern kitcher washer/dryer in apt., 14X20 deck overlookin ocean, cathedral ceilings, skylights, parking, heated. \$775. Call 773-8422.

WESTEND- Thomas Street, very large, elegantly remodeled 18R, 30x15 livingroom, working fireplace with beautiful mantel, hard-wood floors, tile bath with modern shower and a claw tub, eat-in kitchen, new appliances private porch, storage, laundry, heated, parkng. \$875. Call 773-8422.

seasonal/rent

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AN AI LOG CABIN at Mount Abrams- 3BR \$500/mo. 934-1453. CASCO BAY- LONG ISLAND. Very private 2/

BR home all conveniences. \$450/wk or monthly. Call 797-4452.

FOREST LAKE COTTAGES- Beautiful lakeside beach & dock. Weekly, seasonally, or yearround, furnished. Rates vary. 20 mins. to Portland. 774-4255.

offices/rent

FOR THE RIGHT PERSON: Sept. 1st (flexible), office space available in established office suite, downtown Brunswick. Three LCSWs committed to creating a healing environment seek holistically-oriented, licensed practitio- Brownville, 2BR, kitchen, LR, bath, screened ner. \$550/mo.; many extras including group room, peer supervision and referrals. 729- down. Price was \$57,000, now \$47,000. 965- discuss. 839-4399.

mobile homes

MOBILE HOME 14X70, immaculate with new NEW GLOUCESTER- 1978 mobile home, deck, monitor heating system, private, wooded park lot. Asking \$32,000. Call Laura Byther lot. \$75,000. Call 829-5265. ERA Homesellers 774-5766/839-2294. MOBILE HOME. Must Sell! \$9,000 negotiable. 12X65, includes new washer/dryer. Call Laura Byther, ERA Home Sellers, 774-5766/839-



A REALLY BIG SALE: ENDS 6/14/93 Save \$3,900 to \$5,400 off list on all our homes. Sale prices on

14 wides run from \$13,995 for a Redman 70' 3 bedroom to \$26,191 for an 80' 4 bedroom with Glamour bath, whirlpool, Fireplace, vinyl siding, dishwasher, skylights, bay window, even a stereo. Double wides, 28 wides from Champion is \$29,995 to the gorgeous 60x28 Redman for \$41,995

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STUDIOS: ARTISTS ONLY building. All inclu-

TWO DANCE STUDIOS- One with mirrors,

Richard Dodge

HOUSE TO RENT for 2 weeks, end of July of

HOUSE in country. Privacy, quiet a must. Excellent references, 729-3686.

AVAILABLE OWNER FINANCING on 2-3-4 unit

great shape. \$58,000 & up. R.A. Dodge, ERA

stairs and down, 2-story, Building new home and must move. FREE for the moving. Call

LIKE NEW: HOME IN SCARBOROUGH ON

2ACRE LOT country atmosphere, 5minutes from Maine Mail.\$97,000. Option of extra lot

NEW LISTING- South Portland \$119,500.

Sunset Park, immaculate, beautifully land-

scaped, 2 or 3BR Cape Cod w/enclosed

sunporch & backyard. 1.5-car garage, lilacs, flowering apple trees & rhododendrons. This

baths, LR w/fireplace, DR, sunporch. \$108,000.

OPEN HOUSE- Sunday, June 13, 1-3pm. #3

Lamplighter Lane. (Payne Road to Puritan to Lamplighter) SCARBOROUGH- 11 years of TLC make this house a home. Attractively

landscaped gambrel, breezeway, garage, 4BR, 2 baths, FHW heat, large deck, private cul-de-

RESTAURANT FOR SALE- 3000 so.ft., full

basement, seating for 80, 88-90 Exchange St.

START HERE! 3BR home. Needs cosmetics.

Great back yard. Quick sale. \$68,900. Marie

Law, ERA Home Sellers, 774-5766/839-1080.

WATERFRONT COTTAGE, SCHOODIC LAKE,

OLD ORCHARD BEACH- Large wooded lot.

sac, \$145,900. FMI call 883-9696.

with grandfathered shop. 839-6077.

apt, buildings, fully-occupied, makes money

real estate

Home Sellers, 774-5766

657-4639 after 6pm.

F.M.I. 878-2122.

773-3431.

5766/893-1080.

Nancy Bartlett Long Island or Chebeague. 773-6733. has your SMALL OFFICE SPACE NEEDED- Willing to share. League of Women Voters. 797-4578. **Island** Retreat USM PROFESSOR SEEKS YEAR-ROUND

> Access to over 100 prime, affordable Island homes & lots.

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LIVE OVER WATER

in luxury 2+ BR, 2.5 bath townhouse. Chandler's Wharf.

\$145,000

774-5766

ERA Home Sellers

Ask for Nancy Akers Real Estate 766-5526 774-8300

land for sale

HOLLIS, SACRES in beautiful, private subdivision. Small brook, south-facing, charming. \$36,500,772-2177

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ADULT SINGING, STORY-TELLING AND ACT-ING CLASS. Play-shop for adults who are kids at heart. Begins 6/28 7:00-8:30. Call Edie Doughty 443-9603. Realty. ASTROLOGY & PSYCHIC "Readings & Pre-dictions"- Love, career, health, finances, friend-ships... Houseparties or appointment. 775-

NORTH DEERING- 8y.o. 3BR Gambrel, 1.5 3805 CONTRACEPTIVE BLUES? The tried & true

cervical cap is here! FDA approved. Comfort. Spontaneity. Effective. Affordable. A barrier Bay Midwifery and Well Women Care, 799

DEEP MUSCLE MASSAGE- Karen Austen, M.A., L.M.T., Licensed Massage Therapist. Alleviate chronic backaches, headaches, neck and shoulder stiffness, sciatica, stress, in prove flexibility, muscle tone, circulation, ath-

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soon. Covering positive gay identity, coming out, homophobia, spirituality, personal growth. 879-0757 IN THE LIGHT OF TRUTH, The Grail Message

ABD-RU-SHIN- Is anybody in the Portland area reading the book, has read it, or is inter-ested in reading it? Looking to form a group of ngs to read together, study, and

INTRODUCTORY TAROT CLASS- Eight-week classes begin week of 6/28. \$125 Call Jeanne Fiorini 799-8648. CIVIL MARRIAGE

ntion, recovery work, and relax ation, Andrea Price, LMT. 871-0121. WISDOM DIALOGUES- Bi-weekly seminar with mates. Call Kelly, 828-1745. Volfson Richards sponsored by Learning Rites

and Wisdom's Way. Upcoming seminar: 6/16, 7-8:30pm. Williston-West Church, 32 Thomas Street, Portland. 823-8602.

#1 DATELINE IN MAINE-Single Men & Women. Get their home #'s NOW! 1-900-443-6473, x44, \$1.98/min, 18+.

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This summer, plant your business card in our Gardening & Landscaping Guide and watch your business grow!

If you have a green thumb gardening tip to share with our readers, call 775-1234 and ask for Sheila or Diana.

COOPTIN

sign/installation of gardens, walls and fences.

MOVING BUILDINGS plus complete founda-

ble rates, Free estimates, Master Flec-

licensed, insured. Call Mystic Indian (Trees).

landscaping, tree work, rubbish removal

for price list to S. Hadziewicz, P.O.Box 3445,

estimates, low rates. 761-0193.

September, 1993.

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bit operformance. By appointment, 865-072. DIET MAGIC-Loose up to 30 lbs. in 30 days for 773-9766. BEAR'S LAWN SERVICE-Mowing, raking, trim-ming, weeding. Excellent prices! Call Bear at 773-9766. IMAGINE A BUSINESS CARD, logo or bro-chure created just for you. Call By DESIGN, 799-9787.

includes equipment, quality ingredients, inhome lesson in your kitchen, and more! Call mates 883-6617. for mailer: 727-3687.

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ings, original designs. 'Just Because' Cre-CIVIL MARRIAGE CEREMONY- Authorized 8746/799-0689.

official will perform your civil marriage cer-THERAPEUTIC MASSAGE & BODYWORK for emony, Call 879-8938, leave message. tion work, jacking, post & fill work & carpen CLOSETS TOO FULL? No time for laundry? Try. Insured. 30 years experience. 839-4296/ w/freestanding cage, \$150/B.O. 324-4472.

We'll organize & clean your home. Free esti- 839-6077. CREATIVE CARPENTRY- Custom interior on service changes, "Fuses to Breakers", 100 AMP, \$375-\$425. Ceiling fans- you buy, I GUARANTEES ARE ONLY AS GOOD as the

rations, post & beam. Steven Bauer, 761-2488 DUSINESS SERVICES D&R HANDYMAN- Light hauling, drywall, trician, insured. Gerry's Electric, 773-5897.

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DECORATING/DESIGN CONSULTANT- Need 775-2511. DIRTY, HARD-TO-CLEAN BATHTUB? Restore Call us anytime. 929-3968. any bathtub. Easy cleaning, no toxic odor, no

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A.W. SWETT WOODWORKING- Cabinets, countertops, cabinet doors, finished carpen-try. Top quality work that is guaranteed. 892-1615.

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friendly, flexible & thorough. Low rates. Ann 874-9081. ROTO-TILLER with attachments. \$65, 774-YARD CARE UNLIMITED- For your total yard

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Casco Bay

BEER BREWING FOR BEGINNERS- Package KING WINDOW WASHER- Residential and PROBLEMS GETTING CREDIT because of late payments, repos, bankruptcies, etc.7 Call 11:00am-9:00pm, C.F. Agency, 1-800-395commercial cleaning also available. Free esti-

> LOCAL/LONG DISTANCE MOVERS w/trucks stuff for sale

cleaning & repair. Captain Video, Oakhill Plaza, dangerous limbs, tops or complete trees. De- Scarborough. 883-6424. Certified Arborist/Landscaper, Insured. 883- APPLE II-GS COMPUTER SYSTEM, color monitor, 5.25, 3.5 drives, printer and software

included. \$900. 7999-8306.

FRESH PINE POINT CLAMS- Call John at 883 NEED ELECTRICAL WORK DONE? Best deals 4990, leave message. assemble and hang. Anything electrical, no company that offers them. Watch out for job too big or small. Quality work at very "money back" offers from unknown compa-

nies. JVC 125 W.P.C. AMPLIFIER. Technics turn-SPECIALIZING IN LEAKS- Repair/replace. table, rock album collection, aerobic stepper, Roof, chimney, cellings, walls, gutter. Carpen- squat racks, bench, 300# Olympic weights try/paint. 28 years experience. References. gym quality cable machine. Call Bill, 883-4149

or evenings, 284-1355. STUFF cleaned and hauled efficiently from KENTTILE FIRE WOODSTOVE- Excellent con-BARNS, CELLARS, ATTICS, and GARAGES. dition, \$550. Also, Surdiac coalstove, \$300. Call 883-5314.

TIRED OF CLEANING YOUR HOME OR OF- KEYBOARD "RHODES ARE 73" Single amp. FICE? Great rates. Excellent references. Call electric plano, vintage. Appraised @ \$600,

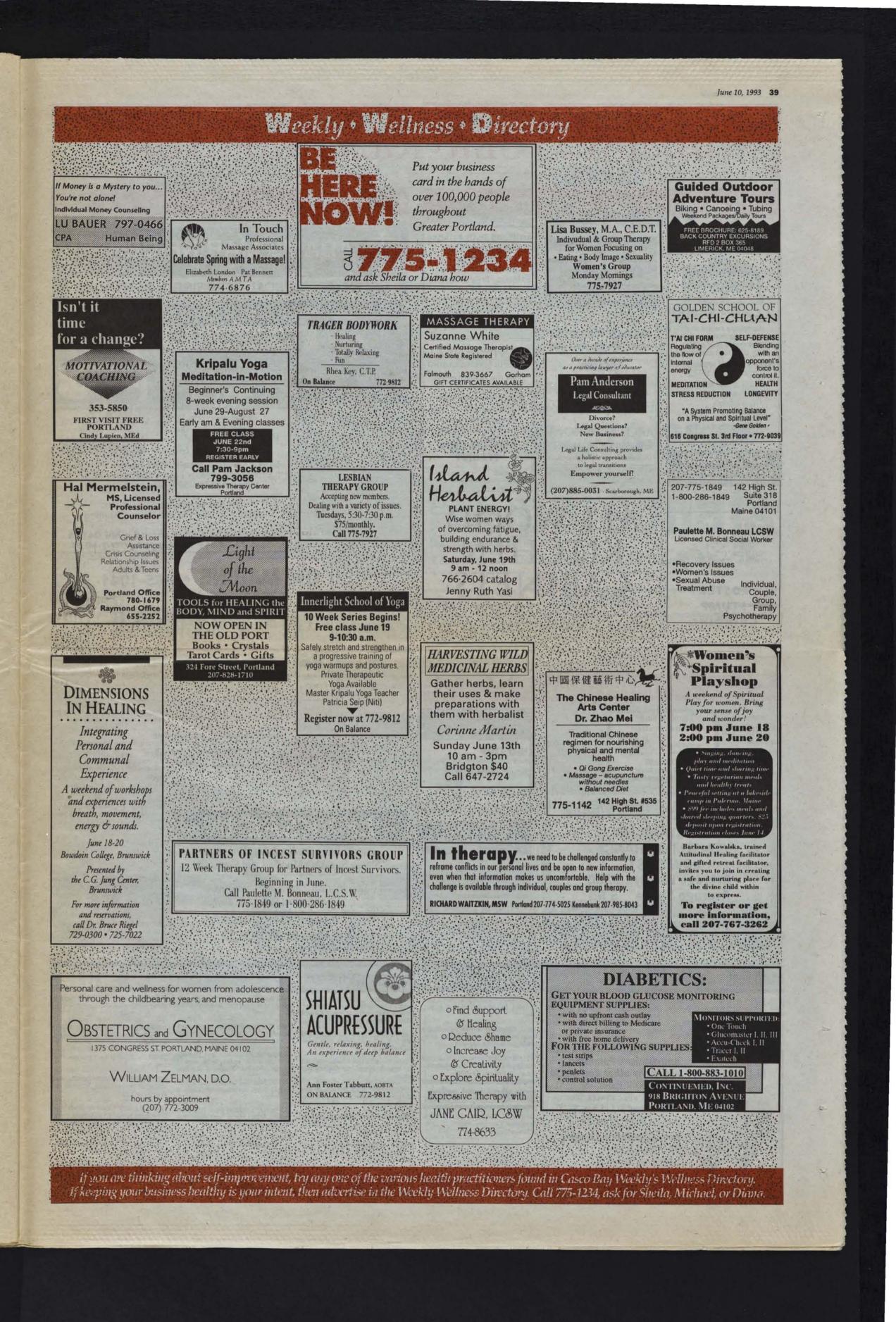
asking \$400/b.o. 828-0927. TREES cut, removed, pruned. Free estimates, LADIES PANASONIC 10-speed Bicycle- Good condition, hardly ridden- \$200, Radio Shack TRS-80 model III Microcomputer- 48K RAM. two 5 1/4 drives, includes printer, plotte

TUCKER'S LIGHT TRUCKING, maintenance & instruction books and cassettes, \$300. 892furniture moving. Painting, house-cleaning, 9304. handywork. Cleaning attics, basements. Free MATTRESSES, BOXSPRINGS- Twin, full queen. Complete warehouse liquidation. Best prices! 772-5737/776-8122.

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Windham, ME 04062. PC/AT COMPUTER- 2mb RAM, 8mb HD, EGA, Portland, ME 04104. Bookings taken now for 1.4/1.2mb floppies, mouse, 2400 modem, DOS 5.0 loaded w/software, Excellent starter/ student system. \$500/B.O. 774-0029.





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garage/yard sales wheels YARD SALE- Gas weed wacker, caller ID, CHEVY PICK-UP 1970. 40,000 miles on 1987 18' SILVERLINE FIBERGLASS "V" hull, full child's roll top desk. 306 Brackett St. 9-1. engine, 3-speed standard. \$700 or B.O. 883-Sunday 13th. CORVETTE, 1986- Black, auto., low miles. MOORING-off Spring Point, S. Portland, deep water, 250 lbs. \$300/season, 883-2693. antiques

OPENING IN BUXTON: Rt. 22 & 202- DELTA 88, 1983- 2-door, good condition, YESTERYEAR'S Antique & Flea Market. Locked cabinets & booths available for rent. Call 282-5434 or 247-4796.

give away

FREE TO A GOOD HOME- Brown loppy eared bunny. Good with pets and kids. Please cal 772-7821. TAPPAN ELECTRIC STOVE- w/wooden cabinet, 4 burner, eye level oven. Free for taking. 774-1567.

wanted

SCASH WAITINGS for your clean, street motorcycle. Call Steve. (603)528-5108.

GMC EL CAMINO, 1986- A RARE FIND! V-6. ANTIQUES & QUALITY CONSIGNMENTS! automatic, air, stereo/cassette, sunroof, rear naugahyde cover, mint condition, 63,000 miles. Buying estates & households or one item. A Scarborough Fair, 883-5999. \$6,500. 883-1664, L/M. APPLE LAPTOP COMPUTER NEEDED! I'm

GRAND AM, 1987-68 IL, auto, PS/PB, sunroof, looking for a Mac portable right away, and I'll listen to all offers. Call Paul at 775-6601. rear defrost, new brakes, exhaust, shocks. Asking \$3375. 839-3742. AQUA TERRA SEA LION KAYAK w/rudde

Good condition and price. Call Bill @ 871-ONE-HUNDRED WIRELOBSTER TRAPS fished miles. \$11,400 or B.O. Call 883-9772.

less than 2yrs. Will pay \$15-\$20 depending on condition. 797-9025. STREET MUSICIANS! BARTLEY'S DOCKSIDE, by the Kennebunkport bridge, is looking for

alented musicians to play free, outside. High raffic/tip area, electric included. Call Brian at

TUCKER'S USED FURNITURE 235 Congress St. Buying used furniture in good condition. Bureaus, tables & chairs, dressers, couches and bedroom sets. Also some used app ances, antiques, housewares. Call 761-0193 or 775-7972.

music

HAMMOND ORGAN FOR SALE- X-77, com plete with speakers, \$795. Please call 772

wheels

\$9,800/B.O. 829-3155.

1987 CHEVROLET NOVA, grey, great shape, new tune-up, sticker dependable, \$1,800,774-

ower, A/C, tilt-wheel, Am/Fm cassette.

Tahoe package, clean and very good condi-tion, loaded, 68K miles. Priced below book for

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BARRY " John Mooney's NEW CD TEStimony "IS A GROWE!"LYNDAR

I AM TRYING TO DO IT. SMOKEY SAID

HE' GIVE ME \$25.00 FOR PAINTING

SMOKIN' SMOKEHOUSE. MY FIRST JOB

Releventer

YOU KNOW THAT SAYING "LET IT ALL

HANG OUT ?" THAT IS GOOD ADVICE.

THE GIRLS BATHROOM AT THE

AS AN ARTIST. TT

UST TT ALL

quick sale. \$6,995 or B.O. 775-0800.

1991 CORSAIR 32 5th wheel, like new, large bathroom, fully-equipped; 1990 Ford 1-ton to haul it. As package \$33,000/B.O. 443-3095. BMW 535IA 1990- Sunroof, carphone, leather interior, all power, loaded, am/fm/cassette, 75k+ miles. Excellent condition. \$21,000.985-

WHEELS DEAL OF THE WEEK:

MGB Convertible, 1976-Many new parts,

well-maintained at AutoLab. Summer fun

We'll run your vehicle 'til it sells with

The Wheels Deal, 15 Words, \$25. Call 775-1234

for \$3,500, 846-0703.

STILL RUNNING (ROUGHLY)- Toyota Tercel, BUICK ELECTRA, 1990-53K miles, loaded, all

WINNEBAGO WARRIOR, 1982- Sleeps 4, stove, fridge, shower, awning, well-maintained, 54,000 miles. Call 775-7738.

MOTORCYCLE: 1989 ROUTE 66, 4500 miles. great shape, \$1,500 firm. Call Mike, 799-OLDS CUTLASS CALAIS 1986 BEIGE 4-DOOR. Automatic, 52,000 miles, A.C., PS/PB AM/FM stereo cassette. \$3,250. 774-9452.

SAAB 1980; DODGE ARIES 1985- Both run-

new parts. Will take best offer. 828-5418. SUBARU 4x4, 1982- New exhaust and brakes Runs well, 5-speed. \$850/B.O. 761-0915 after

CAMARO, 1978- Rebuilt 350, new brakes, paint, shocks, transmission, battery. Mint! Asking \$2,500. Call 883-9047. tires. \$2,200. 874-9086. CHEVROLET S-10 BLAZER, 1988- 5-speed

By Lynda Barry

ISUZU XS PICKUP '89 4X4- Midnight blue, low mileage, 5spd, am/fm, sunroof, exc. cond. \$4995/B.O. 799-9883. JEEP WRANGLER, 1992- Hardtop/softtop, 15,000 miles, \$10,000. Days- 774-6318, nights- 854-1969, ask for Rob. MAZDA 626 DX, 1988-Standard, stereo/cassette air, new tires, brakes. One owner. Asking \$4,250. 772-4939(e)/878-7430(d).

MERCURY SABLE 1992 LS Station wagon, loaded, airbags, ABS, 15,500 miles. Exc. cond. \$16,750. 725-8436. MGB CONVERTIBLE, 1976- Many new parts, well-maintained at AutoLab. Summer fun for

\$3,500. 846-0703. MOTORCYCLE- HONDA GOLD WING ASPENCADE, 1983- 25K original miles, bur-gundy, very clean. B/O. 878-7430/772-4939.

Consider interesting '60s-'70s muscle car in partial trade. Best reasonable offer. 774-3643

88,000 original miles. \$1,400. 883-6207.

DODGE GRAND CARAVAN LE, 1989- A/C,

fully-maintained, excellent condition, 75,000

miles (mostly highway), \$9,200. 772-8085.

FORD BRONCO II 1988 XI T 4X4- a/c auto r

w. 2-tone, trailer hitch, exc cond, \$7850, 772-

FORD DUMPTRUCK, 1971- 6 yard capacity

New power take-off on dump, with only 18K

FORD F-600 DUMPTRUCK, 1968- Good run-

FORD LTD STATION WAGON 1981- 10 pas-

senger, V8, loaded, 135K, good driving condi-tion. \$750. 283-4097 leave message.

ing condition. New tires, brakes, exhaust

original miles. \$2000. Please call 799-3631

0479(d), 839-2918(e).

\$3000/B.O. 247-4932.

ning condition, body fine, \$950/b.o. each,

1986, with no rust. Standard, 107K, plenty of

VOLVO 264, 1980- Diesel, deluxe 4-door sedan, forest green, dependable, 170K, new



boats

cover, 120h.p., Merc cruiser, trailer, \$2,900/ B.O. 625-3021.

SAIL BOAT- \$13.9K. 27' bucaneer fiberglass

10hp, Volvo, diesel, low hours, custom trailer

cruise equipped, 3 sails, roller fig., compass,

orand, VHF, CB, depth, many more extras!

HORSEBACK RIDING- Over the river and

through the woods. \$12/hour. By appoin ment. Horsefeathers Stables, 839-2243.

summer camps

DANCE FOR KIDS- One week workshops. 7

lyrs, 8/2+6. 8-11 yrs, 8/9-13. 12-14 yrs, 8

~MAINE JAZZ CAMP~

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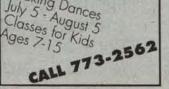
High School July 11-17

Ir. High July 18-24

6-20. Daily 9:30-1. Casco Bay Movers, 871

Call 767-2601/799-7213.

recreation



learning

darkroom technique, various concepts, as-pects, aesthetics of photography. Beginning-Advanced. In-town. Flexible schedule. Photography Co-op, 797-0649. Darkroom avail-

animals HUSKY SHEPHERD MIX, 3-1/3yr., neutered male needs loving home. Great hiking/swim-

but not cats. 693-3978. ass this paper on to a friend

campgrounds

RENOVATED

IT'S REALLY GOOD TO HAVE A THING

TAKE MY UPTIGHT MIND OFFOF HOW

BAD I WANT TO KISS EMMETT. JULIE

WILSON THE WEIRDO FREAK TOLD

ME NO OFFENSE BUT SHE THINKS

EMMETT MIGHT BE A DRIP DRY DRAG

DO YOU KNOW A GUY NAMED OF

PROFESSOR LONGHAIR? TBENMIN

MIST COPU

TO DO BECAUSE IT HELPS ME

Harvey's Lake Cabins/Campound, Box 26E, West Barnet, VT, 05821 802-633-2213. New lakefront, furnished log abins, fishing, swimming, RV's, pop-up tents, 53 large private wooded campsites



DIRECTIONS: Maine Tpke, to Exit 4 Biddeford, Pay toll, turn left 1 mile to lights, stay in the right hand lane, cross us Rt. I to West Street between the cometery & Burger King, 4.5 Miles to Shamook R.V. Park on th left. MAKE YOUR RESERVATIONS SOON Formerly Bob-Kat Campground Ici Nous Parlons Francais

GEMINIL HShot What you look Like When yours doing What yours doing USA

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nepsnna Casco Bay CALL 1-900-370-2041 TO RESPOND TO ANY CBW PERSONAL Calls cost 1.49/min. Must be 18 or over. Touch-tone phones only. Casco Bay Weekly 207-775-1234

Nomen 🖝 men

PLAY THE DATING GAME AT LITT WILLIE'S every Thursday evening from 5-7 with WCLZ and Casco Bay Weekly Personals. 36 Market St. in The Old Port.***

A LONGER AD WORKS WONDERS! On FAX absolutely FREE! Fax# is 775-1615.

ADVENTUROUS, TALL, SLIM FEMALE, 35, enjoys dancing, swimming, other physical activities. Seeking intelligent males, tall, 20-activities. Seeking intelligent males, tall, 20-d0, physically fit, clean, attractive, discreet, GENUINE, FUN-LOVING PROFESSIONAL with GENUINE, FUN-LOVING PROFES

ANNIE HALL SEEKS Alvie Singer. No, how about: Mrs. Robinson seeks Benjamin Braddock. Definitely not! Film junkie, 26, seeks same. N/S, L/D. 1 3854 (7/5)

ATTITUDE IS EVERYTHING- SWF, 25, volupous, tall blonde. Search of: professional man, good dresser, long expensive dinners, good-hearted. 2 3790 (6/28)

ATTRACTIVE, PETITE, 30s MOM looking for serious, hard-working, conservative, happy, N/S interested in building relationship leading to marriage/ children someday. CBW Box 208. ATTRACTIVE, SLIM, personable, intelligent, nice, creative SWF seeks good-looking man

between 35-50. 2 3793 (6/28) AVID CYCLIST, 25, intense artist with limited

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ash flow seeks zany, active, independent SM for summer hoopla. 2 3672 (6/21) BIG BEAUTIFUL DWF Br/BI looking for conident S/DM who does not need a barbie doll

on his arm. Want to come exploring with ne? 🕿 3856 (7/5) BRIGHT ATTRACTIVE DF. 31, wants to share

and life, N/D, # 3792 (6/28) CREATIVE & INDEPENDENT PROFES-

SIONAL DWF 34 Believes in living life to its fullest, balancing fun & adventure with quie moments. Seeking tall attractive S/DWM 30's, financially secure, N/S, L/D to share interests and transferred film, art, staying fit, and exploring great out-doors. 27 3847 (5/7)

CUTE, BLUNT SWF seeking caring man for monogamous relationship. You must have a sense of humor and a desire for adventure. No cigarettes, light drinker. 1 3799 (6/28)

DANISH SCORPIO enjoys music, dancing, theater, walking, sharing and comm teking same in adventurous male, D/S, 45-53. 2 3794 (6/28)

DWF PROFESSIONAL- Emotionally and financially secure. Sincere, honest, fun-lovking special man with zest for life to share it's adventures. Prefer S/DWM, 40-52, N/S. # 3761 (6/21)

FLUSIVE, BUBBLY BLONDE enjoys hiking, walks on beach, dining, movies, travelling mor, moolight. Kind of shy of bears, CNN, music, movies. 2 3797 (6/28) but will accommodate. 1 3749 (6/21)

EVERYTHING IN MODERATION-SF. 36, health seeks mature, sensitive, intancialy secure man willing to spend some of those "Big Bucks" on me. Must have a sense of humor. \mathbf{T} 3862 (7/5) \mathbf{T} 3869 (7/5) lifestyle. 2 3878 (7/5)

FREE

FOUR-WEEK

How to respond to a personal ad:

Just call 1-900-370-2041 any time, 24 hours a day, from any touch-tone to the greeting, then leave a response. (An advertiser may not have recorded a greeting by the time you call. You may still leave a message on that person's YOUI Ad: first 25-words FREE with Personal Call® line.) The date at the end of the ad is the last day to reply to that ad. You may also choose to "browse" through all ads in a specific category (companions and others not available to "browse"). Calls cost \$1.49/min. You must be 18 or over

To respond to a CBW Box #, address mail to Casco Bay Weekly, 551A Congress St., Portland, ME 04101, making sure to print the three-digit CBW Box # clearly in the lower left-hand corner of the envelope.

How to place your personal ad:

To place a FREE ad with Personal Call®, fill out the coupon and mail or FAX it (775-1615) to us. (If faxing, please photocopy the coupon first and then fax it. The newsprint doesn't reproduce well.) The deadline for placing personal ads is Friday at noon. FREE personals ads are 25 words or less (including headline), and run four weeks. Others, Companions, and Lost Souls ads are 2-week ads and run at a cost of 50¢ per word. Personal Call® ads with more than 25 words cost 50¢ per additional word. We'll send you a four-digit a number (to appear in your ad) and a security code for exclusive access to your responses through an 800-line at no cost to you. Ads without Personal Call® cost .50 per word plus mail-forwarding or P.O. Box charges. CBW Box #s and P.O. Box #s cost \$20 per two-week ad. Ads may be paid

for with Visa, MasterCard, local check or cash. How to use your Personal Call® mailbox:

After you receive your # number and private security code, you may record your personal introduction. Use your introduction to tell more about Guidelines: reviewed by CBW and go on line within 24 hours.

EXCEPTIONAL WF, PRETTY health profes- SW COWGIRL, 20s, BI/BI, petite, flamboysional, athletic, fit, energetic, adventurous, sincere, caring, 40's. Enjoys hiking, biking, sea kayaking, animals, travel. Seeks active, tall T 3743 (6/21) professional S/DWF 40s. 2 3853 (7/5)

Frequent activity: dusting passport; Greatest wants you now, (and so do I). If dual person-

loved, adored, catered to. Signed: Goldilocks. hol. 2 3907 (7/12) Object: 1-on-1 relationship. 2 3745 (6/21) a sense of humor, seeking male professional, 30-40, who wants more than a status symbol hiking, rollerblading & working out. Seeking 36 Market St. in The Old Port.*** on his arm, 2 3795 (6/28)

GODDESS SEEKS CONSORT- You, amerindian pagan, 25-33, long dark hair, muscular and ticklish. Me, redheaded pagan, 27, 5'3', 100#, pre-law student. Both enjoy heavy metal, Trek, bonfires, dancing. 2 3852 (7/5)

I WANT YOU IF YOU ARE TALL, S/DWM, 45-55, who likes dances, movies, walks, kids, and a tall, pretty, blue-eyed blonde for a real relationship. 2 3747 (6/21)

If YOU'RE LOOKING for some quality time with a beautiful woman, I'd like to be her! # 3746 (6/21)

IN SEARCH OF MR. COULD BE-SWF. 21, 5'7'. BI/BI, seeks SWM, 21-35, with varied inter ests. Humorous and fun-loving. Must like music. 1 3932 (7/12)

MAKE ME A DECENT PROPOSAL! Pretty Woman, new at Blind Dates. Casual Sex? NOT! No Hellraisers or Fatal Attractions. I'

Every Which Way But Loose. 2 3916 (7/12) MEN. MEN. MEN. MEN! Is it perfectly clear what I want! I'm extremely perky, have a healthy, interdependent relationship. I love spirituality, children, animals, self-discovery 5'2' brown eyes/ blonde w/brunette intelliwond lerful sense of humor, and want what gence. Take me now! # 3866 (7/5)

> GUY, 40-50, who's emotionally, financially self-sufficient. This blonde, attractive health interests. 2 3798 (6/28)

physical meat on his bones for spiritual 3848 (7/5) Saturdays & sensuous Sundays, Green Mountain mornings & Blue Mountain reggae VERY ATTRACTIVE SWF, 28, seeks attractive, well-proportioned SWM looking for a good

PETITE AND FIT- Long to be a gladiator, I'll lots of fun. 2 3763 (6/21) whip your butt (in every sense of the word) Let's play. Call at work. 2 3748 (6/21)

ROGUISH, SHIFTY, WISEMAN who knows the way from Boulder to Birmingham and recipe for bluebird wine sought by cowgiri 2 3764 (6/21) with Tom Thumb's blues and good inten

tions. 2 3876 (7/5)

ness, spectator sports, friends, family, Clinton,

SWEET, SENSUAL, SENSITIVE, SEXY Soft- "COME IN, SHE SAID, I'll give ya shelter from

achievement: remaining silent once. Spirited SWF, 40+, writer/traveler, seeks sidekick for a zillion pastimes. **1** 3742 (6/21) IN We're looking for love in all the wrong places, (and right places, too.) **1** 3863 (7/5) IN Structure of the second se REE THURSDAYS you can have 45 words FULL-FIGURED DWF SEEKS SBM- Sexy, SWF, 22, MOTHER OF ONE seeks SWM, 27- DWM, 28, seeks fit and funny female to mutual growth and freedom. I'm easy to talk

ctive bear, 29-50, who's not afraid to be music, dining, quiet times. No drugs or alco- and verbs. 2 3754 (6/21)

similar S/DWM, 27-33. # 3906 (7/12)

personals

connection

Thursdays 5-7pm

Little Willie's

36 Market St. Portland

transportation (no baldies, beerbellies or bil

relationship, possibly more. Many interests

WANTED: MATURE, YOUNGER MAN- Sensu-

dreamer. 2 3791 (6/28)

PERSONAL

in the second se

WCLZ 98.9 THE PORT

Casco Bay

Weekly

men 🖝 women

FAVORITE POSSESSION: AUSTRALIAN HAT; spoken, loud, over-bearing, obnoxious woman the storm". Lean, bluesy man, looking for sensual, slim, attractive female. Musician a

***PLAY THE DATING GAME AT LITTLE yourself! 2 3930 (7/12)

tion at Little Willie's,

ARE YOU WAITING FOR THAT special per- DWM, 36, 5'11", FUN, HONEST, handson? so am I. While we're waiting wouldn't it some, home-person seeking female who be nice to spend time enjoying some safe, exciting, physical love with no emotional at-fun, responsible and close to Gray/N.G./ tachment? I am a very safe, professional, mature, handsome, hardbody SWM, 30, into exercise and healthy lifestyle. Seeking a fe-male, 20-30s, who is fit, healthy and safe, with lots of energy. 2 3753 (6/21)

'TIS TOUGH CREATING AN ELOQUENTLY ATTRACTIVE, PLAYFUL SWM, 36, N/S, childriptive ad in 25 words. Athletic less. Very open, honest, and supportive of EASY TO PLEASE, seeking F, 30-42, for green-eyed blonde, 41, looking for dark, at- 35. Need to be honest, caring, like kids, enjoy help find the missing adjectives, nouns with, romantic, wise, gentie, and a bit mischievous. I love deeply and passionately while tinn individuality, Risk a little, call, be 23918 (7/12)

> and sniff the fresh air. Spring has sprung for this blue jean-wearing pr No commitment. Pure lust! 2 3803 (6/28)



WANTED: CEREBRIAL LUNACHIC-Night and day playmate for dancing sports, movies, raves, midnight snacks, long walks, music. All sober! Got energy to burn? I love playin' with fire! **a** 3926 (7/12)

Each week, a Casco Bay Weekly personal ad is chosen as CBW's "Person of the Week" and is awarded a prize package.

SWF. 43, SEEKING DATE FOR UPCOMING 40 AND IN GOOD HEALTH Looking for a busty CLAPTON CLONE REFUSES TO SING THE share), seeks open-minded, trim, kind, attrac-MODERN WOMAN SEEKING OLD-FASHION EVENT- Must be: SWM, 40+, run-of-the-mill, sexy attractive lady for a camping trip on the BLUES- Into ultra-health and the present salt & pepper hair, 5'8' or taller and have own Saco River. # 3855 (7/5) lionaires, please). RSVP ASAP # 3796 (6/28) A COMPANIONABLE FRIEND TO SHARE mu- # 2873 (4/5)

UNIQUE SITUATION-*Sensitive 49 y.o. WF common interests, affection. We love beach, OLD FASHIONED GIRL FROM IPANEMA loves cooking, arts, outdoors. Looking for summer swims, dancing (top-40), BBOs, eveated WM, slim, 5'10', 45-50 y.o. nings at home. We are 40+ extroverts, wellgroomed, friendly, attractive. Let's talk. Sebago sive music. 2 3925 (7/12) area. 1 3928 (7/12)

> resting company wanted for Down East cruise (multiple yachts) to help appreciate beauty, navigate, trim sails, mix drinks, cook, explore. ous, fit DWF, 30, seeks tall, fit, humorous, photograph, learn, and socialize. Attractive, athletic partner to hike, bike, camp, dance, warm, athletic man seeking tall, educated, photograph, learn, and socialize. Attractive, warm, intelligent, attractive, 6'3' thin, seeks warm, athletic man seeking tall, educated, bright, in-shape lady, 24-34, with get-up-and-go and outdoors agility. Sailing expertise won-derful but optional. Please write or call. CBW me. **12** 3756 (6/21) laugh with, cook for and spoil. I'll be waiting! bright, in-shape lady, 24-34, with get-up-andgo and outdoors agility. Sailing expertise won-WOMAN WHOSE BIOLOGICAL CLOCK IS Box 209. 2 3935 (7/12)

TICKING looking for man to set the alarm. I'm SEEKING LIFEMATE, 40-50something DWM "making a difference" in life, for attractive "making a difference" in life, for attractive blonde health professional. Enjoy sailing, fit- little zany. You're honest, intelligent, loving, hiking, mountain biking, triathalons, tennis, mor. Call to find out more. 🕿 3880 (7/5) secure, not afraid of committment, and a seeking SF who enjoys same or is willing to try something new. 3817 (6/28)

SOPHISTICATED, FUN-LOVING WOMAN ZESTY, VIVACIOUS 9 1/2 weeks kind of lady. ARE YOU BORED AND LONELY? Life is get-

WITH

moment. Lookin' for lady with guts, forss, Brooke Shields' spirit of integrity.

COME FLY WITH ME! SM, 24, athletic Navy romantic, I'm 25 y.o. SBM. Photo appre land, ME 04104 1 3865 (7/5) ambitious SF, 21+, who also loves progres-

CREATE MAGIC ... with a SWM, 27, attrac- first mate. If you sail, great!... If not, let me ADVENTUROUS PRETTY LADY WANTED: In- tive, fun to be with, seeking someone to be your sailing coach. The boat's ready, the utdoor and indoor activi beer's on ice, and the lobster are cooking. **3** 3919 (7/12) share with! I love or ties. Call all! # 3802 (6/24) DANCE WITH ME, PLEASE- Bachelor, 40, LIFE IS GOOD! Even better with you. Happy,

DWM 38 SEEKS petite to medium frame

woman30-42. Enjoy boating, bowling, rac-quetball & tennis. 2 3851 (7/5) Hardworking, professional man, Wicked good

son, # 3801 (6/28)

PERSONAL Category/Rates:

FREE 4-WEEK ADS 50¢/WORD, 2-WEEK ADS 🗋 women 🖝 men others 🗋 men 🖝 women companions 🗋 women 🖝 women lost souls 🗆 men 🖝 men

Confidential information:

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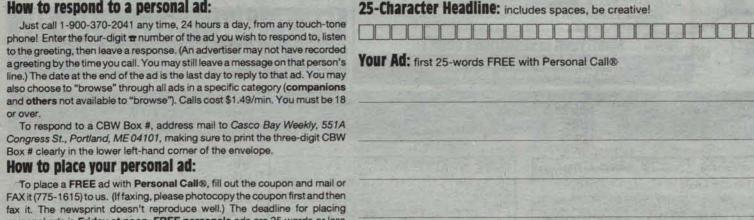
Without Personal Call® all words @ 50¢ each:

others, lost souls, or

companions @ 50¢/word: CBW Box or P.O. Box (add \$20):

Total:

yourself than your ad does. Give your first name, but DON'T give your last Personal ads are available for single people seeking relationships. Ads seeking to buy or sell sexual name, phone number or address. Make sure you ask your callers to leave their services will be refused. No full names, street addresses or phone numbers will be published. Ads names, phone numbers and the best times to call them. All introductions are containing explicit sexual or anatomical language will not be published. We reserve the right to edit, refuse or recategorize any ad. Advertisers must be over 18 years of age.



AD



Windham. # 3807 (5/28)

DWM, 44, 5'11", WITH HERPES seeks intell gent, attractive, romantic S/DWF with Herpes, N/S, N/D, who likes walks in the rain, the ocean, movies and hugs. 2 3819 (6/28) togetherness, fun times, Enjoy boating

board games, cards, pool, movies, BBQs and parties. I'm 6', 220#, ready. And you? **ENTERTAINMENT-ORIENTED GUY- 6'1' Tom** Arnold look-alike. Love movies, music, writ-

ing, good TV. Walking, laughing, flea markets. I'm 30s, any age or race is fine. **1** 3908 (7/12) GO AHEAD AND CALL, and be sure and leave message! Just because the advertiser has left a greeting on-line yet doesn't mean that they don't want to hear from YOU! 1-900-370-

2041 (\$1,49/min, 18+).

discreet. 2 3923 (7/12)

HEALTH CONSCIOUS, attractive SWM, 5'8". black hair/Br, enjoys brisk walks on Back Bay working out, beach, cooking, hugs and fur times. I'm caring, affectionate, fun-loving and honest. I'd cherish the prospect of spoiling someone very special to me. 2 3931 (7/ HELPI I'M LONELY, SWM, 22, mellow ye intense, shy but outgoing, lover of music, literature, and in need of some damn good

conversation. 2 3844 (7/5) HOPELESS ROMANTIC- Easygoing SWM, 25, in good shape, likes indoor and outdoor activiles. Looking for someone to share fun, adve ture and romantic times. 2 3924 (7/12)

HORSE WITHOUT A RIDER Drifting aimlessly Seeking companion. Hopefully more. Interests are watching karaoke, bowling, darts, evenings with freinds. I'm 6'2', 230 lbs., BRN/ BRN, 35 years old. # 3873 (7/5) NEED PERSONAL ATTENTION- WM. 38.

tive F to share deep moments, fantasies, fui LET'S CROSS THE LINE TOGETHER and feel our curiousity. Must be healthy, clean and

tion guaranteed, P.O. Box 11432 Poi LET'S GO SAILING! DWM, 43, looking for

houghtfulness, love and romance. Brunswick area. 2 3755 (6/21) LOOKING FOR OUTDOOR COMPANION to spend time beaching, camping, boating, golf, uiet times, laughs, sunsets a Nature calls, so let's play. # 3760 (6/21) LOVELY, LOVEABLE, LADY LAWYER-

CALL®

FREE

men 🖝 women

MAN, 30, NOETIC, POETIC, original thinker, seeks wealthy, mature woman for subliming esty, sincerity, shar ing and caring. 2 3809 (6/28)

MATURE WOMAN WANTED- Tall, dark, & travel, reading, beaches, music, dancing, dinvery handsome Italian male, 26, 1804, seeks fit, attractive, sexy, older woman, mid-30s to attractive, childless, college/career type SWF. mid-40s. 2 3808 (6/28)

OUTDOORSMAN, 32, looking for an tractive, N/S and humorous. Seeking a woman who possesses the same qualities **2** 3868 (7/5)

PATIENTLY SEARCHING for a quality S/DWF with Christian values and character. Prefer ably very atractive, fit, intelligent, BI/BI, 5'2"-5'7', 32-39, N/S, with a strong appreciation of nature. Solid energies and creative human kindness appreciated. I am a DWM, a bit older, professional, very attractive, fit, and possess Christian character. Kindly call if the spirit

moves. 2 3806 (6/28) READ THIS CAREFULLY, OK? I know you're still not truly happy. SWM, 25, Bd/Bl, happy, employed, sober. Desires similar, spandexanteed goosebumps. 8 3757 (6/21)

REAL NICE GUY, handsome.too; with intentions pure and true; athletic, fit, please be the 23758 (6/21) same; have no desire to indulge in games; early 30s, into health; does not dream of fame and wealth: if you're attractive, fit and sweet; give a call so we can meet. 2 3857 (7/5) SEEKING DOWN-TO-EARTH SWF wanting

country lifestyle, honesty, romance, long-term relationship with attractive, caring, single Dad. Likes spoiling, dining, dancing, humor, mooi light, motorcycles. **1** 3909 (7/12) SENSITIVE, HANDSOME, "ATHLETIC" young

male, going to medical school, seeks young o older female to help me brush up on my female anatomy and bedside manner. 2 3815 (6/28) SEXY FITGENTLEMAN, 25, chem-tree, financially stable, seeks S/DF, 21-29, for laughs,

ion, equality, tennis. Tired of bar-crawlino? # 3810 (6/28) SIMPLE AD- GREAT GUY, professional, in-

telligent, 40+, attractive, N/S seeks younger, professional, slim woman who, like me, loves to laugh but enjoys serious stuff, too. 2 3818 (6/28) SLIM, FIT, SEXY, ATTRACTIVE SWM, 40, look-

ing for spring-fling with slim, busty, sexy, attractive lady who knows how to please. No strings attached. **1** 3805 (6/28)

SPRING IS FOR LOVERS and new beginnings, so this steadfast romantic is looking for someone to share sunsets, beaches, woods, conversation, hugs, snuggles and exploration. **1** 3814 (6/28)

SUMMER IS HERE and this buck is looking for a playful doe to roam the forest of life. DWM. usic, cooking, camping, and kids T 3921 (7/12)

on beaches, swimming, movies, theatres, bowling, dancing, kisses, maybe? Within 10, 15, 20 miles from my town. CBW BOX 204

for a good looking woman for a hot summer. T 3849 (7/5)

nipulate my body and mind in ways I never thopught possible. I have br/bl, 6'1' with hunger for fun. 2 3861 (7/5)

paths that lead to originality. Fun-lovingly energetic, dreaming for lady 21-24. Call Box 210. 2 3936 (7/12) today. 2 3804 (6/28)

The next generation of

several bad reruns at once.

Using the various sets and

characters at the right, see if

on our screen (left to right).

you can identify all 12 programs

television receivers will feature

PIP (picture-in-picture) technol-

ogy, which allows you to watch

SWM, 28, 5'10', 195#, Br/Hz, professional, attractive, N/S. Seeking attractive SWF, 22- throughout Saco, OOB and Biddeford, but 32, who enjoys dancing, dining out, sports, the beach, laughter. Meet for happy hour? T 3812 (6/28)

SWM. 28. N/S. 5'10", 195#, BR/HZ, attractive, medium build, never married, adolescent coun selor. Enjoy movies, fitness, camping, BBO's, 21-35, Portland and south, with great SOH, seeking I-I-R. # 3846 (7/5)

outdoorswoman, 25-35, I'm athletic, at- SWM, 32, ATTRACTIVE, 6', 165#, Br/Br, respectful of others, enjoys hiking, skiing, ca- BIWF LOOKING FOR BIF to challenge socinoeing in Northern Maine, seeks down-to earth, bright, honest SWF. 2 3752 (6/21)

> SWM 32 dark hair, tanned, green eyes, very ties. Like to travel weekends (with your company). Many romantic endeavors imagined, cuddling, dancing close. Are you feminine, awaiting only an attractive, energetic, adven- with a sense of humor, gentle, compassion turous, positive attitude, you. No whimps or ate? Dislike drugs, head whiners. Be honest! 2 3934 (7/12)

male, outdoor-loving, beach-walking, book-reading New Ager to share conversation, cold beer, or a laugh. 12 3811 (6/28) entrepeneur looking for a woman who triuy likes herself, capable of giving/receiving love, care & companionship. Absolutely N/S, N/D. beer, or a laugh. 🕿 3811 (6/28) SWM, 33, 6'2", 190#, like water sports, skiing

and the outdoors. Looking for SWF, 25-35, tall and foxy, for summer fling, Please reply soon!

SWM, 34, 6, 200#, like skiing (water or snow), fishing, hunting. Country boy, seeks SWF, 25-35, 5'6"-5'9", toxy, well-endowed, SEEKING SOLID FUTURE- Are you a sensitive, kes dining-in, movies, animals, country, sex. 🕿 3759 (6/21)

TALL, DARK AND HANDSOME DWM (have 13 v.o. boy) seeks confident, poised, beautiful, Must dress for success. Let's do coffee or cocktails. 2 3911 (7/12)

THIS WELL-TRAVELED SWM, mid-40s, ex- dinner and talk! # 3740 (6/21) cellent condition, looking for natural SWF with appetite for the outdoors, 20s-30s. Must enjoy exotic travel during winter 5'2', enjoys music, movies, walks. I'm lookmonths. # 3913 (7/12) UNFORGETTABLE PRODUCER, 35, SWM, in- time together. 2 3741 (6/21)

telligent, broad shoulders, ex-athlete. Seeks attractive, slick, busty, financially secure woman, 45-58, with dark hair for steamy romance and adventure. Let's sip imported coffee at poolside, play golf, watch foriegn films. Must be aggressive, humorous and open-minded. 1 3800 (6/28)

VELVETEEN RABBIT, already real, seeking special woman who doesn't mind uddling someone whose fur is a little BIWM LOOKING AGAIN 35 y.o. 6'2' 220 lbs. worn. 2 3864 (7/5)

VERY ATTRACTIVE SWM with a body to match. want to be, for you and me. Not for them. Call, talk. 1 3822 (6/28) Seeking S/DWF in her 30s who is also very let's talk. 2 3843 (7/5) attractive with a body to match for fun, togeth erness, dating, and possible relationship. For more info call 2 3874 (7/5)

VIRGIN SWM, 27, 6'1', N/S, athletic-build, intamacy under the stars. US: attractive, mas short dark hair, blue eyes. Professional. Actu- culine, like outdoors & kids, N/S, open mind. SWM 37 SEEKS COMPANION- Lonely N/S, N/ ally abstinent one year. Seeking honest, at-D looking for friendly lady who enjoys walks tractive, active female around 20-30. Pleas send photo/phone. Box 152, Newcastle, N.H. 03854 2 3929 (7/12)

SWM 40, GOOD LOOKING, strong. Looking for a good looking woman for a bol summer 30ish, educated, classy woman; golfer would gence. Be cool. 2 3828 (6/28) be a bonus. I'm 26, handsome, mature, daring, a gentleman, new at this. 2 3816 (6/28) SWM SEEKING SEXY athletic female to ma- WARM, GOOD-LOOKING, happy, tall, monoga-

mous man, secure, professional, seeking lady, intellectual pursuit, travel. You: supportive

DUZZIE By Don Rubin

WHERE ARE YOU? I've been looking for you you've found a great hiding place! SWM, 32, 5'10", BI/BI. Interests include: bicycling, hiking, walks, movies, animals, children and day os. I'm attractive, down-to-earth, a "nice guy", somewhat old-fashioned, a little shy at first, honest and caring. Searching for S/DWF 30 or under, preferably with brown hair, who to share all the important things th has to offer. Let me know where you are and we'll hide together! 2 3812 (6/28)

women 🖝 women

ety with. The goal: A three-sided relation-ship with a man. Write or call. CBW Box 206. 2 3912 (7/12)

outdoor-oriented, enjoy most outdoor activi- COME STEAL MY HEART- GWF, 30s, would like to meet G/BWF. Do you love the ocean, ames? Then I'm waiting for you! 2 3820 (6/28)

SWM, 32, LAID-BACK CANCER, seeks a fe- FRINGE-DWELLING MUSICIAN, Unitarian, **2** 3875 (7/5)

> GF. 24. ENERGETIC, ATLETIC with feminine flare. A bit shy, seeking outgoing, energetic person to urge me to bring out my carefree and outgoing qualities. I nterested, call so we can chat and possibly get together. 2 3842 (7/5)

sweet, gentle, lonely woman who misses share ing, dreaming and planning, snuggling, intimacy as well as a committed mo typelife vs. hovering over the flowers? Are you educated, feminine with an athletic flair? Are brave WF, 30-40, for possible relationship. you lovely to look at? Are you a nature-lover who also enjoys good music, theatre, etc.? Are you between 40-60 years old? I am all of the above. Call me. Perhaps we can have

> SWL SEEKS ROMANTIC LIFE-MATE- 28. ung for someone who is feminine, sensu-ous, honest and finds quality in spending then who knows. **1** 3870 (7/5)

WANTED: CEREBRIAL LUNACHIC- Night and day playmate for dancing, sports, movies, raves, midnight snacks, long walks, music. All sober! Got energy to burn? I love playin' with fire! # 3926 (7/12)

men 🖝 men

BR/BL. I meet someone that made me see, there is someone for you and me. Be who you fun! Is commi

CANOE NAKED under a NH sunset. Camp counselor seeks renezvous w/other gay men over summer for adventures in White Mtns. & **2** 3859 (7/5)

CHILLED TO THE MAX! Very strong personality. Must be able 2 deal with eccentricity. Very WANTED: SLIM, ATTRACTIVE BLONDE, 20-Like songwriting, music, art, poetry & intelli-

FIRST TIME AD, GWM, 27, 5'10", 150 lbs... seeks normal gay men, 21-35, who are straight appearing and acting for freindship, possible relationship. I'm just your normal boy next mous man, secure, professional, seeking lady. 24-34, spirited, slim, into outdoors, exploring. door type of guy who enjoys many outdoor activities. Please call soon. **1** 3879 (7/5)

> 25-35, with same qualities. Must like children. 5 3915 (7/12)



GWM, 28, interested in meeting others in MUSCLE/BB NEEDED- You: 35-45, top; Me: the Greater Portland area for friendship/ 5'7", 135#, Br/Br, bottom. Seeking short or companionship. Do you enjoy conversation, walks, dining out, drives, etc? Let's taik. 2 3917 (7/12)

GWM, 35, 5'10", 160#, interested in meeting straight-acting/appearing GWM, 25-35, for fun, friendship, possibly more. Call me. and good freind: 23860 (7/5) T 3739 (6/21)

GWM, GOOD LOOKING, TRIM, outgoing, warm, tired of jerks, flakes, losers. I enjoy road trips, outdoors, mountains,

HIV+ ATTRACTIVE 25 GWM seeking to meet other gay men that are HIV+ for a sharing, lasting relationship, love, companionship Many interests. Straight acting, UB2. Dise tion assured. Let's talk soon. 2 3845 (7/5)

Br, sensitive, intelligent, fun, romantic, good-looking. Looking for romance or new friend. Are you him? # 3827 (6/28)

This late, late-30s, 6', 180#, wants occasiona

KENNEBUNK AREA- GWM, youthful 51, 5'10", 180#, attractive, successful professional, wellw/similar qualities as above, for friendship meet. 2 3914 (7/12) and relationship. Write or phone. CBW Box 203. 2 3825 (6/28)

26. You: 25-35, good-looking, "gay". Like to meet. Get to know each other. Call me. 2 3824 (6/28)

LOOKING FOR ONE GOOD MAN! RU relationship-minded? Tired of personal ad roulette? ING, professional & discreet seeks Want more than one-night stands? Ready for the real thing? I'm tall, slim, blond. UB proportionate. 🕿 3826 (6/28)

SWM, 25, SEES HIS MIND as a maze of paths that lead to originality. Fun-lovingly energetic, dreaming for lady 21-24, Cali ater, cooking, cuddling. Enjoy trying things and good looking, I'm the daddy of your and ideas. 1 3922 (7/12)

four-week span. Only one entry is

All entries for this week's puzzle

June 16. The solution to this week's

must be received by Wednesday.

puzzle will appear in the June 24

issue of Casco Bay Weekly. Send

Real Puzzle #179

Casco Bay Weekly

This week, Leslie Allen and Alicia

Sayers will take in a movie at The

Movies at Exchange Street.

551A Congress Street

Portland, ME 04101

your best guess to:

allowed per person per week.

others long-term relationship. 2 3823 (6/28) MUSCULAR STRAIGHT ACTING GWM Look ATTRACTIVE MWC SEEK SAME 28-35, for ing for bearded or mustached men who mutual visual entertainment, exhibition enjoy hours of good conversation, cuddling style, new at this, discretion expected and and good freindship. No fats or fems please. assured. No drugs, let's have fun! CBW Box 205 2 3858 (6/21)

Single Professionals

Join us for "The Dating Game"

SINGLEGM, 30s, professional, educated, hon-MWC, 34, working professionals. We are an est, compassionate, mature, seeking someattractive, down-to-earth couple looking for one with similar qualities who enjoys romance, an attractive male, 18-35, to double her plea the outdoors, bearded men, good conversasure. You must be clean, discreet, attractive, a committment, and willing to take the time to purture our friendship. Lat's mail. The next nurture our friendship. Let's meet. The poss NEED SOMETHING MORE? Attractive, clean bilities are endless. 2 3821 (6/28)

STREETWALKER, BOOKWORM, GM, 80, seeks cuddling intellectual w/brain, any age, as long-OK. Discretion assured. 23 3910 (6/28) on (sic)lover, sharer cheap joint explorer of questionable choices in re-I WANT THE FAIRY TALE- GWM, 19, 6', Blk/ maining decades. # 3738 (6/21)

TALL, DARK, AND HANDSOME, over 35, edu BUNNY! Your chairs & I miss you. There's a cated, great body. Looking for friendship, maybe more. Description close? Call to find pack of American Spirits a-waitin', so hurry IT'S SUMMERTIME AND ... I'm easy! (Woops) out about me. 45, 6', 175 lbs. 2 3872 (7/5) back, you big ol' goob! XO -Johnnyboy. LOST MESSAGE left May 25 for #3745. Please tment necessary?!, Call, let's TENNIS ANYONE? GWM seeks G/Bi tennis call back. 2 3841 (7/21) artners, USTA 3.0-4.0 for practice skills & drills. Portland and south. 2 3933 (7/12) S.C.A. 8558- Nothing compares 2 U. 3905 (6/28)

ealthy, straight WM seeks S/MF

FAX FREE

THURSDAY!

775-1615

45 words and

Personal Call®

FREE BY FAX

Thursday

Only

lost souls

LOOKING FOR LOVE- GWM, 5'8', 140#, 18-30. My interests include the outdoors drives, movies, quiet times, and more. Call to see if we click. 2 3920 (7/12) WM 27, 61, MASCULINE, GOOD LOOK

> friends for good times, work-outs and? You be masculine, good looks, 21-30. Let's beach it! # 3871 (7/5)

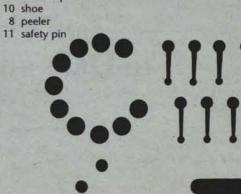
dreams. 1 3877 (7/5)

THIS IS WHAT I WANT: 18-24 y.o., cleanadjusted, straight-appearing, caring, affection-ate, likes travel, cars, boat, out-of-doors and good companionship. Seeking GWM, 30-50, widmillike analities a beam for transferior cut male who wears boxer shorts and has a great personality. I'm 21, 5'7', 160#, clean-cut and straight-acting. So call and let's WANTING TO MAKE CONTACT with another human being. GWM, 24, seeks same between

MAN'S MAN WANTED: Interesting GWM, 26, YOU WON'T COME UP TO ME IN A BAR. I

Solution to **Real Puzzle #177**

- 4 diskette
- 2 modular jacks
- 7 parmesan dispenser
- 12 audio equalizer
- 10 shoe 8 peeler

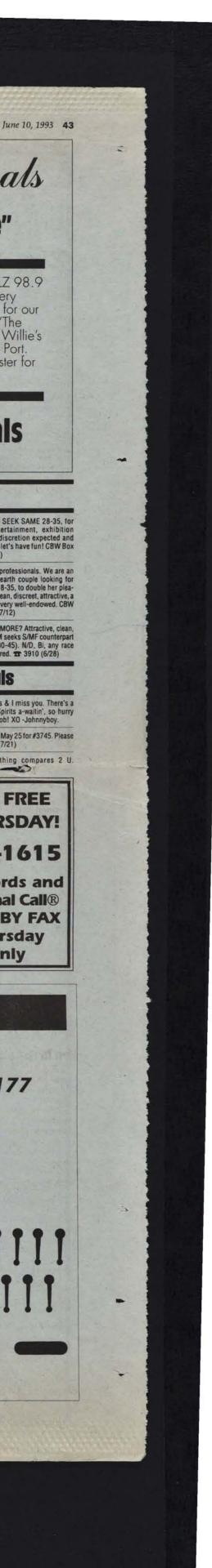


(Don Rubin's book BRAINSTORMS, was recently published by Harper Collins.)

Can you solve the Real Puzzle? There are two free passes to The Movies at Exchange Street for two winners, who will receive their prizes in the mail. Drawings are done at 3 potato masher random. Contestants are ineligible 9 revolver to win more than one prize in a



- 6 turner/spatula
- 1 hasp







• GOURMET COFFEE



