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Ultralow noise optical pulse generation in an actively mode-locked quantum-dot semiconductor laser

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We report excellent noise performance of an external-cavity actively mode-locked laser based on quantum-dot gain medium. Optical pulse trains with less than 7.5 fs residual timing jitter (1 Hz to 10 MHz) for a 12.8 GHz harmonically mode-locked ring laser were obtained. This result represents, to our knowledge, the lowest residual jitter reported from actively mode-locked semiconductor lasers, and shows that quantum-dot mode-locked lasers are promising as sources of ultralow noise optical pulse trains. © 2006 American Institute of Physics. [DOI: 10.1063/1.2190443]

Low noise mode-locked lasers have important uses in high-bit-rate optical communications, optical sampling, optical clock distribution in optical interconnects, microwave signal generation, and precision metrology. Extensive research has been performed for developing and understanding quantum-well (OW) and bulk-based low noise mode-locked lasers.^{1–7} Recently, lasers and semiconductor optical amplifiers (SOAs) based on quantum-dot (QD) gain media have attracted much attention as next-generation light sources. The QD lasers have shown remarkable properties, such as temperature-insensitive operation, suppression of beam filamentation, reduced sensitivity to optical feedback, etc. Theoretical investigations show that OD SOAs may exhibit superior characteristics compared with conventional QW/bulkbased SOAs (Refs. 8 and 9) owing to the low loss, highly inverted population and ultrafast gain recovery time. High saturation output power, large gain, and lower noise figure have been verified experimentally.¹⁰

In this Letter, we investigate the performance of an actively mode-locked laser based on a QD SOA as a gain medium, for the first time to our knowledge. A unidirectional ring laser is employed for low noise optical pulse generation in order to avoid the spatial hole burning detrimental to wavelength stability in the SOA.¹¹

The QD amplifier epistructure was grown with molecular beam epitaxy (MBE) on an n+GaAs substrate. The active region consists of ten layers of self-assembled InAs/GaAs quantum dots, covered with 5 nm In_{0.15}Ga_{0.85}As. SOAs with a 3.2 mm length and a 4 μ m ridge waveguide width were fabricated. The waveguide is tilted at an angle of 7° relative to the cleaved facet to minimize the backreflection from the facet. Both facets were antireflection (AR) coated, and the device is mounted p side up. The SOAs were kept at 20 °C using a thermoelectric cooler control.

Figure 1 shows the schematic of the ring laser. The unidirectional ring laser was constructed using the QD SOA described above, a low loss Mach-Zender intensity modulator, an isolator, an output coupler, and polarization controllers. The cavity length was approximately 6 m, corresponding to a fundamental cavity mode spacing of 25 MHz. The loss-modulated mode locking is achieved by dc biasing the SOA and applying the rf synthesizer signal to the high-speed intensity modulator, driven at 12.8 GHz. Active mode locking with low noise was well maintained over a broad range of dc bias conditions, ranging from 120 to 200 mA. Mode locking was optimized for the lowest noise operation at a dc bias of 170 mA on the QD SOA, with an average output power of \sim 1 mW from the oscillator. The laser output was amplified through another QD SOA to boost the optical power into the photodetector for further diagnosis. After amplification, the optical power was \sim 6.2 mW.

Figure 2(a) shows the optical spectrum of mode-locked pulses showing stable optical combs with more than 10 dB mode contrast, limited by the resolution of the spectrum analyzer. The number of combs contained in the full width at half maximum (FWHM) bandwidth of 2 nm (370 GHz) is 29. The modulation of ~0.3 nm period imposed on the spectrum is due to the polarization cross talk of the intensity modulator. The mode-locked pulse trains were detected by a high-speed photodetector (50 GHz bandwidth) and are shown in Fig. 2(b). The pulse width ranges from 24 to 28 ps in the low noise operating regime. The time bandwidth product (TBP) is ~10, implying that the pulses are highly chirped.

Figure 3(a) shows the rf spectrum near the carrier frequency of 12.8 GHz. The supermode¹² spurs at offset frequencies of multiples of the fundamental cavity frequency \sim 25 MHz are seen around the prominent carrier. The effect



FIG. 1. Schematic of the unidirectional QD ring laser. QD SOA: quantumdot semiconductor optical amplifier, I: isolator, AM: amplitude modulator, OC: 20% output coupler, PC: polarization controller, rf: rf driving signal, and M: mirror.

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FIG. 2. (a) Optical spectrum and (b) mode-locked pulse trains.

of rf detuning away from the minimum noise point with respect to the supermode spur power is shown in Fig. 3(b). The supermode noise power level was less than -120 dBc/Hz, and was maintained over an 80 kHz detuning range. Beyond this range, the contrast in optical frequency combs is reduced, while the noise spur level increases dramatically, indicating that many longitudinal mode groups are involved in the mode-locking process.

Figure 4 shows the single-sided phase noise L(f) and integrated timing jitter at the optimum condition, measured with the Agilent E5505 phase noise measurement system. Two distinctive features of this QD laser are noticed. First, substantially lower phase noise (>10 dB) is obtained at lowfrequency offsets, as compared with QW-based lasers.¹³ Second, the phase noise of the supermodes is suppressed down to -136 dBc/Hz. We note that this level of supermode noise has been obtained by employing high-finesse Fabry-Pérot etalons inside laser cavities as a supermode suppression mechanism in QW-based mode-locked lasers.^{11,13}

At low offset frequencies less than 10 kHz, the phase noise is predominantly 1/f, while the white noise behavior beyond 5 MHz is considered primarily the signal-spontaneous beat noise owing to optical amplification, rather than the laser output itself. The bump between 10 kHz and 1 MHz has been observed in both QW- and QD-based low noise lasers at the same position with a similar synthesizer, where the position of the bump and noise level coincide with the phase noise specification of the Agilent rf synthesizer E8247. Our analysis¹⁴ shows that the bump is a result of incomplete cancellation of the synthesizer phase noise in the local oscillator (LO) and rf port of the mixer used as a phase detector, due to a damping of the high-frequency phase noise component in the laser. The utilization of a quieter oscillator as a mode-locking frequency source is expected to lower this



FIG. 3. (a) rf spectrum and RBW, resolution bandwidth, and (b) supermode noise level vs rf frequency detuning.

bump level and improve the measurement accuracy. The timing jitter calculated through

$$\Delta t = \frac{1}{2\pi f_{\text{mod}}} \sqrt{2 \int_{f_{\text{min}}}^{f_{\text{max}}} L(f) df}$$

gives \sim 7.5 fs integrating from 1 Hz to 10 MHz, which is the lowest residual timing jitter reported from an actively mode-locked semiconductor laser. This result shows that quantum-dot mode-locked lasers are promising as sources for ultralow noise optical pulse trains.

In summary, we studied the characteristics of an activemode-locked laser cavity based on quantum-dot SOAs. The



FIG. 4. Residual phase noise and integrated timing jitter.

enhanced performance of the QD laser over conventional QW/bulk-based lasers in terms of phase noise properties was obtained. The supermode phase noise is suppressed down to -136 dBc/Hz, and stable optical combs are observed. The residual timing jitter is less than 7.5 fs (1 Hz to 10 MHz), limited by driving synthesizer noise. This result shows that quantum-dot gain media are promising as sources for ultralow noise optical pulse generation.

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