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Brit Burnam

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Who Really Knew - Brit Burnam

We always want more. We can never be happy with what we have. Sometimes we think we will never be good enough. I believe all of these aspects have to do with a personality that is sociable or non sociable. "On the Social Nature of Nonsocial Perceptions" written by James K. Beggan, University of Louisville says, research in social psychology has focused predominantly on how individuals think and feel about other people."

For instant someone with a sociable personality seems to have more confidence in themselves, so therefor they also think positive of others. Being social shows that one believes enough in his or her thoughts and feelings that he or she is not afraid to talk or tell all about them. Whereas non social people seem to be afraid because they have never had the assurance that they are truly good enough to express themselves. Non social humans have issues with asking questions even when an answer is needed. They are afraid that others will think they are not intelligent or maybe they are not good enough.

Not only does sociability play a huge role in the way we feel about ourselves, but it also plays a huge role in being outgoing. Humans that have a hard time talking to others have the tendancy to lock themselves up in their room, and not be involved. Social people like to be leaders and go out in the world to make a difference, but that is because they grew up with a family that always believed in them and supported them in all they did. When a non social person even thinks of trying to be a leader they immediately think of all the flaws they have. They constantly say bad things about themselves and never see any good. I truly believe that could be due to a family that always expected more. They never made their children feel good enough, or from a family or group of peers that have always spoken negative words of others that are out going. When a child feels as if he or she is not good enough and has no confidants in themselves, then that is where we start getting issues with students not working to their fullest potential.

Students really start realizing how unsociable they truly are when they are in college and do not have mom or dad there anymore doing everything for them. When students are going through college it is up to them to get involved and to take action in things that will better their future. Freshmen in college get this misleading idea in their mind as if they are alone and that they are the only ones going through whatever it is that they are going through. Of course they are not alone; there are thousands of first year college students that are just as lost. The difference between some is that the more social students find answers to their millions of questions whereas a student that is not as sociable feels inadequate of doing so. They think they are going to be thought of as dumb! (which they have probably heard that said about others before.) That is where success starts or ends! If a student feels as if they are not good enough to ask for help in college then what makes them think that they could be successful one day! Non sociable humans have so much ability and potential that they do not even realize it. They just play the poor poor pitiful me game, which is a key to failure.

Humans with all kinds of personalities need to realize that they are not alone. There are others in the world that are just as afraid and do not really know what the next step in the life is and they are just as lost as their neighbor is. A non social person is like a fish out of water, a person that is uncomfortable out of his or her comfort zone. Social persons are like wild flowers that have bloomed and are ready to explore the world! I guess, sometimes we just have to stop and realize that non social humans need to hear that they are good enough, because it never hurts to give others a bust of confidants!

Work Cited

Beggan, James K. "On the Social Nature of Nonsocial Perception: The Mere Ownership Effect." Vol. 62: 229-237. 1992. Web. 19 Nov. 2013.