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Your Loneliness

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Your Loneliness

by Ani Tuzman

"Don't Surrender Your Loneliness Too Quickly..." —14th-century Persian poet Hafiz

Tonight, don't expect too much.

Don't overindulge melancholy or lament loss of control.

Just do what you have to do putting one foot in front

of the other. Talk little. Go to sleep early as you can

savoring your aloneness. Don't be noisy in thought.

Easy. Gentle. Love knows you are here

without any commotion.

