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Something So Simple as Breathing

For Emmanuel

by Ani Tuzman

In Cardiac Intensive Care, the chambers of my son's blue heart swell under translucent skin, no wall of bone. They bulge and roll into each other, the muscle kneaded by invisible hands.

Days pass, measured only by the beating of his unsheltered heart, while I sit on a tall orange stool, my heavenly post, trying to keep my balance without holding my breath or this baby—

his veins saturated, tiny plastic hoses burrowing into his wrists, ankles, and chest, a mechanical box giving him breaths he cannot take on his own. Something so simple as breathing.

I stroke small patches free of IVs, a place on his thigh, his forehead, sing to him while he resists his sedated sleep. For months, I guard his hours, vigilant on my fence: Death on one side.

Life on the other. Until my fear and my faith, on opposite sides of that fence, jump it—to meet in my heart and dance with each other like this was a celebration, not a vigil.