

Tribute to Noémie

Judy Coldoff, PhD*[†]; Stanley Blicher, MD[‡]; Marie Wilson, PhD[‡]

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As many of you already know, this issue will be the last one with Ms. Noémie Aubert Bonn as Managing Editor of the *Journal of Mind–Body Regulation*. Noémie accepted an internship with The Cochrane Collaboration: Cochrane Editorial Unit in London, UK. She also plans to further pursue her graduate studies in Norway. From our experience with Noémie, we know that she certainly deserves this prestigious appointment. We offer the open letter below to express our feelings both about her work with MBR and her relationships with those of us fortunate enough to have met and communicated with her.

Dear Noémie:

On behalf of all the members of the Canadian Federation of Clinical Hypnosis, we would like to express our profound appreciation for the great contribution you have made to the establishment of our online journal: *The Journal of Mind–Body Regulation*. Launching a new journal is a difficult challenge, and we can only wonder how you managed the multitude of tasks involved in getting it off the ground: contacting authors, receiving articles, communicating about editing, seeking peer reviews and a host of other duties—large and small. But, through it all, your competence, professionalism and especially your sweetness made it a singular pleasure to work with you.

Noémie, we are most fortunate to have had you as part of the MBR team, and, needless to say, you have left some very big shoes to fill. However, sorry as we are to lose you, we wish you a world of success as you head towards what we think will be a very bright future indeed.

Yours sincerely,

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Setting Sail to the North: A Thankful Farewell

The moment has come and I am copy-editing my own last words in the *Journal of Mind–Body Regulation* (MBR). As I pass the helm to my colleagues, Mr. Mathieu Landry and Ms. Liana Corber from the Raz Lab, I reflect on my experience to date... Had you asked me to describe my MBR experience few months ago, I would have described my involvement in its inception, early infancy, and evolution into self-sufficiency. Answering the same question

now, I can see that MBR groomed me: held my hand during my first steps in academia, helped me notice, identify, and follow my genuine passion for the academic publication process. MBR travelled with me through my academic quest, challenging me with ever new dilemmas and adventures.

I am proud and grateful to have worked with such bright minds as those who have collaborated and contributed to MBR over the past few years. In particular, I thank Drs. Judy Coldoff and Stanley Blicher without whom MBR would have remained an ephemeral idea. Special and heartfelt thanks also goes to Dr. Amir Raz, Editor-in-Chief of MBR, and to our former journal manager, Ms. Natasha Campbell, whose collective guidance and support shaped my current professional trajectory. Propelled by their expertise, confidence, and enthusiasm, I had the opportunity to undertake this life-changing journey; I feel genuinely indebted to them for this priceless opportunity.

I have now set sail to pursue research ethics and scientific publication ethics. MBR served as the *magnetic north* that directed my personal compass, and I am certain it would keep on strengthening its force field over the coming years.

