Liberty, Equality, Democracy? The supposed relationship between democratic institutions and income inequality

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ABSTRACT

The democratic process was always praised for it supposedly reduces inequalities. Indeed, the voice given to citizens in the democratic decision-making process, enables the less favoured part of the population to have the political system addressing their demands. Among them, reducing inequalities inherent to any given system is often to be found in politicians' electoral pledges. The democratisation of an unprecedented number of countries in recent history however, failed to produce expected results in terms of inequality reduction. Indeed, the United Nations find that that globally, income inequality rose steadily in the last two decades, whereas democracy has never been so widespread. This paper thus questions the presupposed existence of the role of democratic institutions on income inequalities reduction. A simple panel regression alone, does not seem to detect such an effect, however. The paper thus turns to possible causes of this insignificance, such as the endogeneity of democracy, and the reverse effect in the extreme cases. The resulting evidences do not provide for a consistent pattern either, it is argued. Hence, as a final specification, the sample is divided into regions with common or close history; regional patterns are uncovered, which suggests that although there is no systematic effect, when in specific conditions, the relationship may exist.

1. Introduction

When he wrote that "if all [men] are equal, some are more equal than others"², George Orwell shed light on a relationship that has always been assumed: democracies foster and promote equality among citizens. It is indeed a defining feature of a democratic system, to provide each of its citizens with equal grounds, in order for the democratic process to function. When a country democratises, it necessarily needs to liberalise first, enshrining equal opportunities and freedoms for all. Building on this milestone, the process carries on with representing citizens by installing inclusive political institutions (see Acemoglu & Robinson, 2012). Stable, legitimate political institutions in turn, provide for grounds to inclusive economic institutions stemming the responsiveness of political leaders to the citizenry (ibid). These economic foundations, such as property rights, create markets that provide a level playing field and gives the people freedom of opportunity and creativity, equality before the law and access to education.

Orwell's remark nonetheless calls for a critical reflexion on the Janus face of democratic systems: is democracy significantly reducing inequalities? In spite of democracy, it appears that some men remain more equal than others. Equality of opportunity is an ex-ante equality; it therefore cannot guarantee actual equality. For this reason, we witness countries with relatively high standards of democracy experiencing serious income inequality. The United States (USA), for instance, have long-established representative democratic institutions, and yet, income distribution is much more unequal than in some 'young' democracies, such as Eastern European countries. Brazil also experiences extreme income

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² In Animal Farm: A Fairy Story (1945). The original quote is "if all animals are equal, some are more equal

² In *Animal Farm: A Fairy Story* (1945). The original quote is "if all animals are equal, some are more equal than others". The book describes the pitfalls and rapid corruption of the democracy that animals seek to install in a farm after chasing away the human farmers.

inequality, while China, whose democratic institutions are questionable, faces a much more balanced income distribution – barely more unequal than the USA. In light of this, it seems reasonable to wonder whether the theory of 'more democracy means more equality' is not erroneous, or at least, if there is not more to it than simple causality. The aim of this paper is to empirically investigate this assumed relationship, using different techniques; and from different standpoints, to validate or falsify this relation. The paper ultimately questions whether democratic institutions systematically, independently from other factors, pressure income distribution so as to decrease income inequality.



Figure 1.1 World map of income inequality³.

In order to address this uncertainty, a model is built, stemming from existing theories linking inequality to democracy. This model is tested against data in a simple, standard setting. Then, instruments are introduced to investigate the causality – or lack thereof – stemming from the estimations. Subsequently, the model is estimated using a binary variable to disentangle contradicting effects. In the following part, the paper zooms in on different regions experiencing different relationships between inequality and democratic institutions. Finally, results are discussed and a conclusion is provided.

2. The role of democracy in the income distribution

As noted above, the link between (in)equality and democracy is widely accepted. However, it still needs some more specification since it necessarily conveys varying degrees of causality. This section establishes the theoretical framework on which this paper's analysis relies, first by restraining the concept of democracy to a certain definition, and then describing possible causality links.

2.1. On defining democracy

Democracy conveys plethora of meanings; In order to come up with a workable definition of democracy, we shall focus on a single approach to democratic institutions. In the context of income inequality, and

³ Data from the World Bank's World Development Indicators.



in line with Alesina and Perotti (1994), the most relevant feature of a state is the representation of citizens in the policy-making process, in contrast with autocratic regimes whereby the governing elite is not accountable to the citizenry, and therefore faces few constraints in deciding upon policies. In democracies, however, this representation exists and it is obtained through the process of elections, which make political representatives accountable and responsive to their constituencies. Obviously though, this electoral mechanism unfolds with different degrees of transparency, responsiveness, competition, and freedom in general. For instance, even though Russia's leadership is subject to elections every once in a while, there is no question whether Mr Putin will lose; whilst American elections often divides the citizenry and entertains suspense until the first Tuesday of November. Therefore, democracy is not modelled as a discrete, binary variable that differentiates between two possible states of affairs, but rather moves on a continuous dimension. Hence, unless specified otherwise, this paper understands democracy as the extent to which electoral process holds policy-makers accountable.

The notion of electoral democracy has to be dissected into several components. In this paper, we define these features as those of the 'electoral democracy' index developed by the Varieties of Democracy Institute (hereinafter V-Dem). First, the index includes a measure of freedom of association, which is fundamental to the political process as a vector of ideological exchange and formation of preferences. Next, it accounts for freedom of expression in the society, for the same reason as for freedom of association. It also takes into account the scope of suffrage, as a society in which only the members of a certain 'electoral elite' vote cannot be fully democratic, in the sense that preferences of all citizens are not represented. Moreover, V-Dem accounts for the extent to which elections are clean, i.e. not rigged in advance, so as to ensure the actual representation of citizen and not only a façade. Finally, it includes a measure of the degree of de jure election of the executive, whose justification is obvious.

Inevitably, this index is flawed. Yet, no index is perfect; Thus, we will prominently use this one as a measure of democracy, but we will also look at how results change when using a different index for democracy. One other index is the Liberal Democracy Index, still computed by V-Dem. It "emphasizes the importance of protecting individual and minority rights against the tyranny of the state and the tyranny of the majority" (Dahlberg et al., 2016). As such, it takes into account the rule of law and the checks and balances that allow for the preservation of such individual freedoms. The third index used is the Voice and Accountability Index, in the World Bank's Worldwide Governance Indicators (hereinafter WGI). This index aggregates measures of political freedom and the extent to which the people is able to decide upon which politician is in power – it is similar to, but broader than, the Electoral Democracy Index.

2.2. Democracy and inequality: theoretical framework

The relationship between democracy and inequality has very deep roots. In fact, the very existence of democracy is (partly) explained by the desire for redistribution of the citizenry. Indeed, as described by Mueller (2003), the collective choice process induced by democratic representation and the enforcement of property rights and contracts by the state emerges from the need for a less anarchic process than markets. This principle dates back to Aristotle, who wrote that "when there is no middle class, and the poor greatly exceed in number, troubles arise, and the state soon comes to an end". Thus, the primary link between inequality and democracy is the arising of the state.

Furthermore, democracy paves the way for redistribution. Under a democratic regime, if the gap between rich and poor is very large (i.e. the median income is lower than the mean), the voter with the median income will have a stronger incentive to support redistributive policies (Meltzer and Richards, 1981, Alesina and Rodrik, 1994, Persson and Tabellini, 1994, Mueller, 2003). Thus, according to Acemoglu and Robinson (1998), democracy should lead to a more equal distribution of income. This model, however, assumes that all voters vote, and a one-person-one-vote system; these assumptions might prove to be unrealistic.

Finally, and in part because of this rule of the median voter, competition among politicians is increased in a democracy. They are thus more inclined to invest tax revenues in public services like education and healthcare, which serve as further, indirect channels of redistribution (Saint-Paul and Verdier, 1992), as will be made clear in the next section.

Another prominent line of argument states that the enforcement of property rights that goes along with inclusive political institutions, as characterised by Acemoglu and Robinson (2012), allows the poor to have access to the markets and to enjoy protection of their acquired capital. They also prevent the elites from erecting barriers to entry (Balcazar, 2015, Acemoglu, 2008). This access to credit and entrepreneurial freedom helps individuals to maximize the benefit from their own competences and fosters innovation, thus raising these individuals' income. Besides property rights, democratic institutions also enshrine the right to political participation, which lowers the costs of labour unions to partake in the policy-making process. They are thus more capable to press for less wage dispersion (Rodrik, 1999). This line of argument does not, however, consider directly the democratic electoral process. It will thus be quickly investigated, via V-Dem's Liberal Democracy Index, described in the previous paragraph.

Therefore, summing up these arguments, we would expect income inequality to be negatively affected by the level of electoral democracy, and by broader measures of democracy. In other words, the more democratic a country is, the more equal is its income distribution.

2.3. Through the looking glass: Reverse causality

On the other hand, there are counter-arguments to this relationship. A recurrent problem when using econometrics to assess the effect of a variable on another is that of presence of reverse causality. That is, determining whether democracy influences income inequality is difficult because inequality may affect the level of democracy; disentangling these opposite effects may prove to be complex. The way in which inequality can influence democratic institutions is through the control of elites on the franchise. In a very unequal society, the process of democratization can be hindered by the resistance of the elites in power, who do not want to see their privileges diluted through extended enfranchisement, and who have the means to prevent it. The case of Mexico, from its independence and the beginning of the Empire of Mexico to the proclamation of the Constitution in 1917, provides a historical example of this. In spite of the threat of revolution, and although the political system changed throughout the years, the same elites remained in power – take for instance Augustin de Iturbide, who was head of state seventeen times (Acemoglu and Robinson, 2012). Even when democracy is installed, like in England starting from



roughly the end of the Wars of Roses in 1487 to the Representation of the People Act in 1917, the franchise was based on *inter alia* the income of the citizen. It took more than four centuries to attain universal (men) suffrage, giving substance to the resilience of economic elites to give up power.

In a less unequal society, however, where the emergence of a middle class makes possible the strengthening of civil society, and thus imposes more checks and balances on the power of governing elites, the pressure of popular discontent leads to enlargement of the franchise, as a commitment device of the elites to the reduction of income inequality (Acemoglu and Robinson, 2000). Referring to the hypothesis of Moore (1966), the best way to exemplify this is by looking at the contrast between Russia and Western Europe in the nineteenth century. The middle class that had come into being in Europe through the Industrial Revolution forced the hands of the ruling elite in Britain and Sweden, for instance, whilst the failure of bourgeoisie to emerge in Russia led to the communist, authoritarian regime and did not supplant the autocratic rule of the tsars by a democratic process.

3. Charlemagne knew it: The role of human capital

The most important control variable when discussing inequality and democracy is human capital. In its most common form, educational achievement, it strongly depends on democracy and largely shapes the income distribution. Education is supported by the democratic process because of its important role as a redistribution channel (Saint-Paul & Verdier, 1993). Indeed, public education, the public good through which all – or almost all – citizens have access to knowledge, is funded by taxes levied by the State. It then works as a sort of lump-sum transfer to every citizen of the country, since every one of them has access to the same amount of education, or at least the same opportunity to benefit from it. To the extent that taxation is not regressive, public education then corresponds to the basic Meltzer-Richards (1981) definition of redistribution from the rich to the poor, and thus is subject to the same median-voter mechanic as other redistribution channels. Furthermore, subsidized public education implies a relatively large tax burden on the rich, who are likely to resist (Birdsall, 1999). If the franchise is limited, or if the affluent have more weight in the policy-making process, education policy may wind up being underfunded. Thus, education is conditional on the quality – or even presence – of democracy.

The equal access to opportunity described in the previous paragraph partly explains the effect of education policy on equalisation of the income distribution. Indeed, as the supply for skilled labour meets demand, the wage compression effect enters into play and wage disparities shrink, as shown by Park (1996). This impact is even more striking when reversing it. In a society with a skewed distribution of education, the set of opportunities for a young adult born in a wealthy family, who can thus afford an education, is much larger and much more diverse than that of someone born poor: she can choose to be a lawyer, a doctor, a hedge fund manager or even a farmer. A broader education policy offers this set of opportunities to a larger fraction of the income spectrum, thus allowing prospects of –and actual – upward mobility in the income ladder, reducing the income gap.

However, the relationship between education and income inequality is two-fold, and the second possible effect is the inverse of the first one. Indeed, in economies demanding ever more highly skilled labour, as well as in those with very low levels of education, an increase in educational attainment is likely to raise the income of the educated. Thus, the skew of the income distribution increases, and inequality rises as

a consequence of education increase. Brought together, these two sides of the causality suggest an inverted-U shape for the relationship (Knight & Sabot, 1983). However, due to the multicollinearity arising from the use of a quadratic functional form for educational achievement, and since it is beyond the scope of this paper to thoroughly investigate the relationship between education and inequality *per se*, we will only use a linear specification for human capital.

4. Does it fit? The model against the data

4.1. Specification and data

The model we estimate attempts to explain the level of inequality by democracy, and accounts for human capital, as described in the previous sections. All these variables are expressed in levels, and for the sake of simplicity of the model we assume a linear relationship. Furthermore, the model contains a lagged value of the level of inequality, to capture the inertia present in the variable. Indeed, the level of inequality is a slow-moving variable: it is hardly possible to dramatically change it overnight – even over a year. The relationship described is summarised by Equation 4.1 below, in which INEQ, EDU and DEMO are respectively measures for the level of inequality, educational achievement and the level of democracy in country *i* at time *t*, μ_i is a country-specific, time-invariant error and $\varepsilon_{i,t}$ is the random error term.

$$INEQ_{i,t} = \alpha_0 + \alpha_1 INEQ_{i,t-1} + \alpha_2 EDU_{i,t} + \alpha_3 DEMO_{i,t} + \mu_i + \varepsilon_{i,t}$$
(4.1)

The measure of inequality we use in the estimation is the Gini index as reported by the World Bank. It is the most widely used measure of income inequality, and estimates the area between the Lorenz curve and the 45-degree line, expressed as a percentage. Table 4.1 presents the summary statistics of the index. The strength of this estimator is its availability and simplicity. Indeed, other measures of inequality are somewhat more accurate, like the Zenga index or the 90/10 ratio, but are either computationally burdensome or very scarcely available, and with a limited number of observations. Human capital is approximated by education, as described in Section III. In this equation, we use the average number of years of education at age 25, as reported by Barro & Lee (2013) (hereinafter B&L). The index for democracy, or electoral democracy as described in Section III, is the Electoral Democracy Index as computed by the Varieties of Democracy Institute. The B&L data and the V-Dem index are retrieved from the Quality of Government Institute dataset. All together, our dataset covers 132 countries, over the period 1980-2012.

Table 4.1 Summary statistics of the Gini index

		Gini Index (interpolated)			
Percentiles	10%	25%	50%	75%	90%	
	28.7	32.68	39.32	48.18	54.69	
Mean			40.179			
Std. Dev.			9.781			

Given the missing values in some series, the data had to be linearly interpolated, that is, the change between two values was spread over the missing values in between these. Generally, this technique tends to bias the data, however, in these series, given the inertia inherent to democracy, inequality and education, it is reasonable to assume that no large change occurred between two values, and that the series are stable enough so that the evolution unfolded linearly (or at least smoothly). However,



obviously, we cannot extrapolate the data, so if the observations only start after 1980, it is impossible to retrieve the missing observations. After this, the democracy series contains 6787 usable observations, there are 2428 data points for the Gini index, and 5692 for education.

Furthermore, the presence of unobserved country-specific heterogeneity, such as culture, historical and regional influence, or ideology, biases the estimation. Thus, we use the fixed-effects panel data estimator, which is equivalent to estimating the equation using ordinary least squares, but including a dummy variable for each country, absorbing away the country fixed effects. Technically, for each series, the fixed-effects estimator subtracts the time mean of the country from the observations. This cancels the unobserved heterogeneous term and the estimation bias vanishes, at the cost of degrees of freedom. Given the relatively large sample size, we can afford losing some degrees of freedom in order to achieve more precision. A Hausman specification test, that tests the null hypothesis that the random-effects estimator is appropriate (i.e. consistent), confirms the need for a fixed-effects estimator: with a $\chi^2_{(3)}$ -distributed statistic of 216.65, the null hypothesis is unequivocally rejected.

4.2. Empirical results

The results of the fixed-effects regression are displayed in Table 4.2. The first column shows the results with the Electoral Democracy Index, the second, with the Liberal Democracy Index, and the third, with the Voice and Accountability Index of the WGI.

These results lead to the following observations. Firstly, our intuition about the inertia in inequality appears to be coherent with the data: the first lag of inequality enters with a highly significant coefficient, not too far from 1. Secondly, in the first two columns, both educational achievement and the two indices for democracy have the wrong sign, although not statistically different from zero. A restriction test allows no rejection of the null that both coefficients are zero, thus the high value of the F-statistic is driven by the inertia present in income inequality.

However, when we use the WGI indicator as a proxy for democracy, both coefficients turn negative and educational attainment is statistically significant. This results calls for caution however, because of the way WGIs are constructed. They do not allow for time comparison, because they are standardized every year (with mean zero and variance of one). Nonetheless, as Kaufmann *et al.* (2006) did not find a time trend in similar indices that allow for time comparison, it is still possible to use them in this context. At any rate however, this negative sign only signals that the effect sought here might indeed exist. The next sections are based upon this hint, and aim at discovering this effect by disentangling it from other, contradicting effects and avoiding some shortcomings.

Table 4.2 Basic equation estimation results

Dependent variable		INEQt	
	(1)	(2)	(3)
INEQ _{t-1}	0.8327***	0.83299***	0.77797***
	(0.00966)	(0.0096)	(0.01629)
EDUt	0.00708	0.01188	-0.24443***
	(0.04737)	(0.04762)	(0.09525)
DEMOt	0.26902		
	(0.40406)		
LIBDEMt		0.14823	
		(0.41613)	
WGIACCt			-0.89197
			(3.57234)
Constant	6.614***	6.65972***	10.7563***
	(0.50021)	(0.49368)	(1.10567)
R ² (overall)	0.9762	0.9763	0.9697
F-statistic	2509.37	2508.79	770.89
# observations	1779	1779	1297
#countries	107	107	109
Std. Err.	1.383	1.383	1.33

5. One way or another: Causality and the instrumentation of democracy

The striking insignificance of the results presented above can be the consequence of one of two causes. The first option is that there is no relationship at all between income inequality and democracy, which contradicts most of the theory presented above. The second option is that two opposite forces are at work, and that their effects cancel each other. Empirically showing that there is no relationship is not only difficult, it is virtually impossible. What is possible, however, is to investigate the causal effect of democracy on inequality. If there is indeed a causal effect, we can argue with somewhat more tangible support that the second option prevails.

Investigating causality in non-experimental econometrics is usually done by instrumenting the variable that is believed to have an effect on the other. The instrumental variable, shortly referred to as instrument, is supposed to be correlated with the instrumented regressor, but not with the dependent variable. The sequel of this section describes several possible instruments for democracy. Once instruments are found, we use a two-stage least-squares fixed-effects estimator to compute coefficients. The idea is to use the instruments to remove the unobservable part of the regressor that is correlated with the error term due to endogeneity, and then estimate the equation with obtained predicted values instead of democracy itself. The results of this regression are presented at the end of this section.

5.1. Incidence of malaria

Acemoglu *et al.* (2001) uncovered a beautiful result, when they used settler mortality rate as an instrument for institutions. The problem of settler mortality, however, is that it can only be applied to countries that were actually colonised – there were no settlers in Europe. Incidence of malaria, however,



has the nice property of being computable for every country, whether zero or not, and the argument underlying its use is similar to that of settler mortality. Threat of malaria was a driver of the decision not to settle and only create extractive institutions in order to send resources to the metropolis. As institutions tend to persist (see e.g. Chaney, 2012, or Acemoglu *et al.*, 2001), one can argue that extractive political institutions today were inherited from the past. Thus, we expect incidence of malaria to be relatively highly correlated with democratic institutions, but much less with income inequality – as it is supposed to affect income inequality only through its impact on the level of democracy. Table 5.1. displays the correlations and confirms this intuition only to some extent.

	MALARIAt	DEMO _t	INEQ _t			
MALARIAt	1.00					
DEMO _t	-0.2878	1.00				
INEQt	0.1401	-0.0862	1.00			

Table 5.1. Correlations with malaria

5.2. Lagged democracy

The important inertia that characterises the democracy variable presents one advantage: it causes the variable to have a very high correlation with its own lag. This makes the lag of democracy a good instrument for the level of democracy, as it barely correlates with inequality and highly with democracy, as can be seen from Table 5.2.

	DEMO _{t-1}	DEMOt	INEQt
DEMO _{t-1}	1.00		
DEMOt	0.9786	1.00	
INEQt	-0.0847	-0.0862	1.00

5.3. Child mortality

Child mortality is one of the focuses of health policies. However, we expect to be much less likely to find comprehensive health policies under an extractive, autocratic political regime, than under a democracy. Infant mortality should thus correlate negatively with the level of democracy. Furthermore, even through some particular and unlikely demographic channel, child mortality can hardly have a significant direct influence on the level of inequality. Table 5.3. displays the correlations and gives support to these claims.

Table 5.3 Co	orrelations	with	infant	mortality
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	CHILDMORT _t	DEMO _t	INEQ _t
CHILDMORT	1.00		
DEMOt	-0.5258	1.00	
INEQt	0.2114	-0.0862	1.00

5.4. Results and discussion

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First and foremost, one should keep in mind that relevance of instruments does not necessarily imply a causal relationship between the instrument and the instrumented variable. That is to say, the level of democracy is not directly caused by incidence of malaria or infant mortality rate. Rather, as an instrument is only a variable with some nice properties, we should not make the mistake of interpreting the results as more than a simple correlation, as emphasized in this context by Rodrik *et al.* (2004). The important feature is whether the instrument has an effect on inequality *only* through its correlation with democracy.

Table 5.4 displays the results of various two-stage least-squares regressions. The first column recalls the outcome of the fixed-effects regression without instruments. The next three columns show the estimations using each instrument separately. The last three display regressions using combinations of the three instruments. The first and most evident observation is that the inertia in inequality is confirmed by any and all instruments. Education starts with a positive, but not statistically significant coefficient. This result is neither robust nor stable, as the estimate changes signs depending on the instruments used. Nonetheless, only negative values of the coefficient are consistently significant.

The estimation of the coefficient of the level of democracy yields puzzling results. In the noninstrumental equation, it has its usual positive but insignificant coefficient. Then, depending on the instrument, it remains positive or turns negative. The most disturbing result is the highly significant positive estimate, also high in absolute value, in column two, when using only the incidence of malaria as an instrument. Apart from this specification of instruments, the estimated coefficient is consistently negative, albeit not significant. The last two equations seem to be the ones that yield what is closest to an expected result. However, looking at the tests specific to IV estimation, even though the F-statistic is significantly higher than 10 for all instruments and combinations thereof, the over-identifying restrictions test fails to confirm the exogeneity of the instruments in specifications 5 and 6. The statistic is obtained by first estimating the structural IV equation, computing the residuals thereof, and then regressing these residuals on all the exogenous variables. Then, multiplying the F-statistic that tests the null that the coefficients of exogenous variables are all zero by the number of instruments, we obtain the J-statistic, that has a χ^2_{n-k} distribution, where n is the number of instruments, and k the number of endogenous regressors. Rejection of the null means that the regressor variables are correlated with the residuals (and hence endogenous), which appears to be the case in column 5 and 6. By definition, it is impossible to know for certain whether a single instrument is exogenous or not, therefore this statistic cannot be reported for the single-instrument specifications (2 to 4). Nevertheless, the fact that this test only fails to reject the null of exogeneity in the last column, where incidence of malaria is not taken into account, suggests that this variable may not be exogenous. This would partly explain the surprising result of the second column, where the endogenous instrument could give rise to collinearity and thus to results that cannot be trusted. Also, the high correlation (0.787) between incidence of malaria and infant mortality prevents us from running a two-stage least-squares regression with only these two instruments.

Dependent variable				INEQ			
	(1)	(2)	(3)	(4)	(5)	(9)	(2)
INEQ ^{t-1}	0.8327***	0.712313***	0.8442***	0.8335***	0.73827***	0.73858***	0.83378***
	(0.00966)	(0.02937)	(0.01394)	(0.00967)	(0.02402)	(0.02403)	(0.00968)
EDU	0.00708	-0.39129**	0.2203	0.02663	-0.27361**	-0.27117**	0.02713
	(0.04737)	(0.15778)	(0.18402)	(0.04848)	(012684)	(0.1269)	(0.04848)
DEMO	0.26902	21.1678***	-5.01811	-0.21566	-0.2233	-0.66577	-0.22805
	(0.40406)	(7.38675)	(4.4139)	(0.47717)	(1.6286)	(1.6331)	(0.47706)
Instruments							
MALARIA		-0.2714***			-0.22708***	-0.18537***	
		(0.05327)			(0.04811)	(0.04135)	
CHILDMORT			-0.001***		0.00047*		-0.00021
			(0.00026)		(0.00028)		(0.00014)
DEMO _{t-1}				0.77865***	0.61676***	0.61418***	0.77704***
				(0.01195)	(0.02576)	(0.02575)	(0.012)
Statistics							
Nb. observations	1779	951	1779	1779	951	951	1779
Nb. countries	107	104	107	107	104	104	107
R ² (overall)	0.9762	0.6646	0.9612	0.9762	0.9650	0.9635	0.9762
Std. Err.	1.38317	1.63144	1.45238	1.38377	1.35398	1.35456	1.3838
Relevance (F-stat.)		25.96	14.79	4245.69	209.09	311.28	2163.39
Over-ident. restr.					28.92	10.48	3.60
		Table 5.4.	Results of two-sta	ge least squares reg	ressions.		

Once again, the results derived in this section allow no conclusive statement about the relationship between the level of democracy and income inequality. The causal effect of democracy is hinted at by the negative coefficient that the level of democracy receives in most IV regressions, but this only makes it *plausible*; it does not prove this effect: the result is not robust to other specifications and is not significant anyway. Other indicators of democracy, such as the Liberal Democracy Index and the WGI Voice and Accountability index, discussed in the previous section, give the same inconclusive results.

6. Investigating the cross-sectional relationship

A pitfall of the methodology presented so far is the difficulty to exploit the cross-sectional variation. The information contained in this variation is discarded by the fixed-effects estimator to the profit of the time variation. In order to exploit this aspect of the data as well, we use yet another instrument that allows for comparison across countries and that, due to data limitations, would not be usable in a time-series context.

6.1. Visa liberalisation as an instrument

On the roadmap to democracy of the European Union, stands the process of visa liberalisation. In other words, in order to become a democracy in the eyes of the EU, a state needs to negotiate a waver of the visa requirements for nationals of the EU member states, and the other way around. This gives birth to the idea that the more democratic a country is, and the more the rule of law and the civil liberties are respected and enforced, the more visa-waving agreements it should have with other countries. Indeed, intuitively, democratic regimes are less keen to negotiate this kind of agreement with authoritarian regimes, and same goes for autocratic regimes amongst themselves. Thus, we expect the liberalisation of visa requirements to be positively correlated with the level of democracy. However, there is no direct way in which the visa-free travel opportunities of nationals influence the level and the structure of inequality, thus we expect a low correlation between these. As a proxy for visa liberalisation, we use the number of destination countries to which a national can travel without the need for a visa, or where the visas are delivered upon arrival, in 2015. Table 6.1 displays the correlations and substantiates the intuition described above.

	VISA	DEMO _t	INEQt
VISA	1.00		
DEMOt	0.8072	1.00	
INEQt	-0.1865	-0.0862	1.00

Table 6.1 Correlations with visa-free destinations

6.2. Cross-sectional results

The visa variable is observed in 2015, however, the other series do not go up until this far, and the first year in which there is enough data to run a regression is 2010. As visa agreements are neither easily nor quickly brought to existence, and as the exit from such an agreement is clearly not a straightforward manoeuvre, it is reasonable enough to assume that the number of visa-waving agreements did not change much over five years. Thus, the cross-sectional sample includes the visa-free travel variable in 2015, and the other variables measured in 2015. The results of several regressions are displayed in Table 6.2. Column 1 shows the outcome of a simple, cross-sectional OLS regression in 2010.

12 Marble Research Papers

Dopondont variable		1	INEQ _t	
Dependent variable	(1)	(2)	(3)	(4)
INEQ _{t-1}	0.99638***	0.98979***	0.99101***	
	(0.01613)	(0.01894)	(0.01905)	
EDU	0.07332	0.06139	0.11015	-1.89164***
	(0.05545)	(0.08044)	(0.01905)	(0.48551)
DEMOt	-1.26864*	-0.54952	-1.49692*	8.02163
	(0.6862)	(1.0009)	(0.83257)	(6.74422)
Instruments				
VISA		0.00478***	-0.00004	0.00527***
		(0.00046)	(0.00017)	(0.00054)
MALARIA			-0.02088	-0.79497*
			(0.08476)	(0.42021)
DEMO _{t-1}			0.98961***	
			(0.02418)	
CHILDMORT			0.00001	0.00503**
			(0.00041)	(0.00199)
# observations	87	75	72	72
R ² (adjusted)	0.9826	0.9795	0.9796	0.1581
Std. Err.	1.1756	1.2376	1.242	7.9723
Wald test statistic	1617.92	1178.04	1135.33	9.18
Relevance (F-stat)		107.98	1295.48	41.59
Over-identifying restr.			1.945	0.35024

Table 6.2 Results of cross-sectional 2SLS regressions

Column 2 and 3 exhibit the results of two-stage least-squares regressions, using first only VISA as an instrument, then combining it with the three others described in the previous section. The last column shows the results of the estimation of a static specification, i.e. without lagged inequality, which allows to look at the very long run. Indeed, the first three specifications are close to difference equations, given the coefficient of lagged inequality.

The first striking result is the negative, significant coefficient on democracy in the first regression already. However, even if it is reassuring to some extent, the small sample size does not allow for certainty. Next to this observation, the introduction of visa-free travel as an instrument for democratic institutions does not help in any way on its own, despite the relevance of the instrument (stemming from its statistical significance). When it is included along with the other, previous instruments, however, the coefficient of democracy is larger in absolute value, and also significant at the 10% level. The F-statistic for the relevance of the instruments is 1295.48, much higher than the benchmark of 10 usually employed, thus corroborating the relevance of the instruments, and the J-test statistic of the four instruments is 1.945, allowing no rejection of the null – thus confirming the exogeneity of the instruments. Roughly the same results hold for the two other indices.

Nonetheless, these results bring little to our investigation. They only hint that indeed, there might be a cross-sectional dependency of inequality on democracy. In 2010 at least, the more democratic countries are also somewhat less unequal. However, 2010 appears to be a special year, since repeated cross-

sectional regressions for different points in time, with or without instruments, do not consistently yield the same kind of results.

It becomes evident that cross-sectional regressions do not yield any more insight from the plot depicted in Figure 6.1. The scatter plot displays the inequality levels for all sample countries against their democracy score. The mild pattern that appears in the regression for 2010 (values in orange), that is, a slightly decreasing slope, is barely detectable on the graph. As this pattern vanishes in other years, it appears to be only an illusion – in other words, the scatter does not give any hint of a cross-sectional relationship to be uncovered.



Figure 6.1. Scatter plot of the Gini index against democracy in selected years.

7. Autocracies vs. democracies

An important counter-example of the theory described and tested above is Suharto's authoritarian regime in Indonesia. The regime hinged on the reduction of income inequality to survive (Booth, 2000). This example underlines a broader possible pattern. The higher the inequality, the stronger the discontent amongst the poorer part of the citizenry. This unhappiness then induces a threat to the regime, and the stronger this menace, the more the autocratic leader will wish to diminish the income inequality to protect his reign. Thus, the effect that we have been looking for may be offset by a negative relationship between the *absence* of democracy and the level of inequality. To address this possible cancelling out of the two effects, we use a dummy variable to sort out the democracies from the authoritarian regimes. This section first describes how the democracies and non-democracies are sorted, and then investigates the relationship between inequality and democracy in each separate case.

14 Marble Research Papers

7.1. The world in black and white: the use of binary variables

A binary classification of states, of course, is simplistic and certainly inaccurate. Everyone can agree that there is more to democracy than a 'yes' or a 'no', and it is also our belief. However, using two different types of classification allows us to somehow reduce the bias – and, to some extent, the inaccuracy – that they may contain. The first way to separate democracies and non-democracies is to use a binary variable constructed by Cheibub *et al.* (2010). The democracy dummy is based on the definition of a democracy as a regime in which "the executive and the legislature [are] directly or indirectly elected by popular vote, multiple parties are allowed, there is de facto existence of multiple parties outside of regime front, there are multiple parties within the legislature, and there has been no consolidation of incumbent advantage" (Dahlberg *et al.*, 2016). The variable takes value 1 if the regime meets these criteria, and 0 otherwise. The other specification that we use is simply to identify as a non-democratic regime, every regime that scores less than 0.5 in the Electoral Democracy Index of V-Dem. Its score in the index is replaced by zero if it is the case, one if not.

7.2. Results and discussion

Table 7.1 displays the results of fixed-effects regressions using these dummies or interactions between them and the level of democracy. The endogeneity of the dummy variables should not be a problem, and that of interactions is most certainly not, as the correlation between residuals of the equation and the corresponding interaction is virtually zero. Furthermore, as the previous sections showed, instrumentation of democracy does not bring much to the results; therefore, the regressions presented here are simple fixed-effects regressions.

Dependent variable		INE	EQ _t	
	(1)	(2)	(3)	(4)
INEQ _{t-1}	0.82183***	0.82212***	0.83304***	0.83348***
	(0.01031)	(0.01027)	(0.0097)	(0.00967)
EDUt	0.05952	0.05235	0.02224	0.02076
	(0.05161)	(0.05241)	(0.04635)	(0.04676)
DUM1 _t	0.21381			
	(0.16589)			
DUM2t			-0.07648	
			(0.14182)	
DUM1 _t *DEMO _t		0.37303		
		(0.24934)		
DUM2t*DEMOt				-0.04273
				(0.21765)
# observations ⁴	1608	1598	1779	1779
# countries	108	106	109	107
R ² (overall)	0.9742	0.9741	0.9761	0.9762
Wald statistic	2139.66	2164.39	2484.28	2508.63
Std. Err.	1.4124	1.4044	1.38997	1.3833

Table 7.1	Results of	^r rearessions	with	dummy	v variables	and	interactions
	results of	regressions	VVICII	uummi	y variables	unu	interactions

⁴ Given that the first dummy, computed by Cheibub *et al.*, is absent for some countries in the sample, the number of observations varies between the first two and the last two columns. The interaction in the second column has less observations because of some missing values in the Electoral Democracy Index.

As usual, the first lag of inequality is important and has a coefficient close to one. Education does not help much, its coefficient being consistently positive but insignificant. The use of the second dummy, or its interaction with democracy, yields a negative (albeit insignificant) coefficient in both cases. However, this result is not robust to the use of the other dummy or its interaction with democracy, which both enter with a positive, insignificant coefficient. Therefore, as in previous sections, the negative effect of democracy on income inequality is plausible, but neither persistent in the results nor proven. The contradictory effects in a democracy and in an autocracy, if they exist, cannot be disentangled at this stage, thus this specification with two separate groups does not bring any more insight to the analysis conducted so far.

8. Through the magnifying glass: Regional effects

All of the above was built upon the assumption of country-specific effects; that is, characteristics that are unique to each and every country. It might then be fruitful to somewhat restrict further this assumption and assume regional effects instead, in order to capture the fact that the countries of some regions of the world are subject to the same kind of evolutions and suffer the same consequences of historical events, by allowing for differences in the slope of each region. Moreover, when regressing with country-wise fixed-effects, one tries to derive a relationship independent of the conditions present in each nation. This might fail to acknowledge that some specific context is needed in order to achieve such a relationship, a context that is not necessarily present in every state. This could be history, structure of the economy, ideology, legal framework, religion — who knows. The bottom line is that the relationship might not be independent of exogenous, observable or not, factors. The result of regressions including interactions between dummies for regional groups of countries and the level of democracy, as measured by V-Dem's Electoral Democracy Index, are presented in Table 8.1.

The first column displays the results of a pooled regression with only regional interactions. As always, the inertia in the level of inequality is high. Then, turning to the interactions, significant differences appear in the estimates. Eastern Europe, with its communist past and its recent, rapid and massive democratisation, shows a negative effect of the level of democracy on income inequality. This fully supports the theory laid out in Section II: democratisation equalises the income distribution. Western Europe (and the U.S.A. and Canada) and Scandinavian countries also experience this relationship, albeit less significantly for the Western world. Industrial economies usually being long-established economies, the effect is still somewhat present in their income distributions: more voice given to the people leads to less inequality.

However, both Latin American and Sub-Saharan African interactions have a significant positive coefficient. The fact that virtually all of the Sub-Saharan African countries in the sample either became a democracy in the second half of the time span or remained a dictatorial regime in the whole sample could be a hint that the inverse relationship described in the beginning of the last section could have some support: a less democratic regime would induce more equality. Latin America is a more puzzling case. Most countries in this group did undergo a democratisation process in about the same period as Eastern Europe. However, they did not come from the same background: the communist ideology in the Soviet Block was not present in Latin America.



Dependent variable		INEQ _t	
	(1)	(2)	(3)
INEQ _{t-1}	0.9464***	0.83308***	0.94171***
	(0.00517)	(0.00971)	(0.00548)
EDU _t	-0.00151	-0.00486	0.00754
	(0.01491)	(0.04745)	(0.01578)
EAST_E	-0.33891**	-0.22236	-0.33119
	(0.17137)	(0.87998)	(0.53524)
WEST	-0.36833*	33.427	0.43277
	(0.21895)	(48.0168)	(3.77729)
SCANDI	-0.68674**	0.34337	8.93718
	(0.32393)	(9.05349)	(6.22211)
LATIN_AM	0.8132***	0.24787	-0.31417
	(0.16752)	(0.66449)	(0.45866)
SUBS_AFR	0.54094**	0.14917	0.74242***
	(0.22727)	(0.92731)	(0.24896)
ARAB	-0.24156	0.44343	0.27311
	(0.40912)	(2.83786)	(0.52837)
SE_ASIA	0.25219	1.87917**	-0.34579
	(0.26175)	(0.90183)	(0.94062)
Estimation	Pooled	Fixed-effects	Regional dummies
# observations	1779	1779 (107 countries)	1779
R ²	0.9768 (adj.)	0.5890 (overall)	0.9768 (adj.)
Std. Err.	1.4812	1.38376	1.4798
Wald statistic	8310.20	836.25	4996.47

Table 8.1 Regional interactions regressions

Those regimes that were in place were installed by military coups after decolonisation and did not serve an ideology about equality – on the contrary. The effect may in fact very well be there, but other forces are at work, that could hide what we are looking for: market liberalisation, openness to trade, limited access to credit, the plague of corruption, which are all characteristics of Latin American countries, may be at least as important as democracy itself. On top of this, these results raise an important point, also made by Alesina & Giuliano (2011): ideology matters. In the former communist, equality-driven Eastern Europe, the effect of democracy is highly significant; whilst in the West, it is less important. The omnipresent liberalism in this part of the world could arguably be a reason for this attenuated effect.

Instructive is also the difference between the pooled regression and the fixed-effects regression summarized by column 2. It forces us to hit the brakes when interpreting the results of the first column: they are not completely robust to a different estimation technique. In spite of some scarce coherence in the sign of the coefficients, they all lose significance (except South-East Asia, which actually becomes significant). It is essential to note that the fixed-effects regressions presented above allow for different intercepts for each country, and estimate one slope, whilst the regression with regional interactions allows for different slopes, with the same intercept which makes coefficients in column 1 subject to omitted-variable bias. Consequently, the results displayed in columns 2, that combines fixed effects and regional interactions, allows for both different slopes, and different intercepts for each country. Column

3, in which, instead of the fixed-effects model, we use regional dummies, restricts this assumption further by allowing for different intercepts for each region, rather than country.

This helps preventing omitted variable bias. The results are similar to the second column, only Sub-Saharan Africa receives a positive, highly significant slope coefficient, confirming the intuition underlined above.

9. Concluding remarks

The aim of this paper was to investigate the alleged negative relationship between democracy and income inequality. As the simple fixed-effects regression did not yield conclusive results, we tried different models to disentangle the possible counter-effects and to overcome the issue of the endogeneity of democracy. The latter was done by instrumenting democracy, both in panel and cross-sectional settings, which both induced mixed interpretations. The inverse effect that dictatorships induce more equality was tackled by separating the sample into two groups, democracies and autocracies, yet this specification did not yield more consistent results. In a nutshell, the findings presented in this paper allow to conclude that there is no systematic or uniform effect of democracy on the income distribution.

This conclusion might have been very different, had this paper been written twenty or thirty years ago. Income inequality was at an all-time low, democracy was blooming in regions of the world as the third wave of democratisation broke on Latin America and Eastern Europe. Since then, however, income inequality has risen in the Western world, virtually composed only of democracies, whilst it has not been moving much in autocracies. There are of course factors affecting the level of inequality, such as the low voter turnout among the poor, and obstacles standing in the way of equalisation of incomes, such as the well-anchored ideology of free market capitalism. Indeed, as the level of inequality increased and the democratic character of the political process did not decrease, the skew of the income distribution has to be explained by other factors than democracy *per se*. The financial deregulation that happened through the 1980s and 1990s is a possible explanation, as are the decreasing turnout in elections and the arguably larger share of political power of economic elites. Nonetheless, the fact remains that democratic institutions in themselves do not lead to lower inequality, nor do they prevent it from rising.

As stems from the last section of this paper, and is hinted by the previous paragraph, however, this relationship may exist, whether positive or negative: it is conditional on the economic, ideological and societal circumstances of the country. The fact that the poor are less inclined to go to the voting booths and that immigrants do not have the right to vote may reduce the demand for redistribution, as the median voter's income rises. Thus, countries with low turnout in the lower income groups are likely to experience a higher degree of inequality. So are countries where the democratisation occurred parallel to market liberalisation and on which corruption still casts its shadow. Countries in Latin America, for instance, score poorly on most measures of fight against corruption, which suggests that the wealthy may have a larger influence on the policy makers. Since the markets also opened to globalisation in the last decades, inequality went through the roof as lobbying and bribes prevented redistribution. The opposite effect is true for Eastern Europe, however. This could be explained by the ideology that was present in the former Soviet Union and its (fading) persistence in the minds of the citizens. Their



democracy having evolved from a system favouring perfect equality – communism –, this could help explain the lower inequality in spite of relatively high market freedom. These are, of course, hypotheses that have not been investigated in this paper, and we leave this to future research.

However, there are some limitations to the present paper that need be considered. First, the definition of democracy is a broad definition, and indices always destroy some aspects of the concept that may be relevant. Inequality also has several definitions, and there are several types of inequality, depending on its structure. Thus, by choosing indices and using them for drawing conclusions, all ins and outs of the issue may not be considered, and other definitions, other indices can lead to different conclusions – this is how science works. Second, democracy and inequality are two variables that rarely experience large shifts, let alone jumps. Actually, they barely move: both take time to adjust and only vary in the medium to long run. It is therefore difficult to draw inference on the effect of one on the other, because of this lack of variation, which is another likely reason why results presented in this paper are mixed and cannot allow us to conclude that there is a systematic effect of democracy on inequality.

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