# GENERALIZED REGULAR GENUS FOR MANIFOLDS WITH BOUNDARY 

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We introduce a generalization of the regular genus, a combinatorial invariant of PL manifolds ([10]), which is proved to be strictly related, in dimension three, to generalized Heegaard splittings defined in [12].

## 1. Introduction.

Throughout this paper we consider only compact, connected, PL-manifolds and PL-maps.

The regular genus of a manifold is an invariant defined by Gagliardi in [7] (for closed manifolds) and [10] (for manifolds with boundary), by using 2-cells embeddings of "edge-coloured" graphs representing the manifold and satisfying some conditions of regularity.

More precisely, in the general case of non-empty boundary, the graphs are required to be "regular with respect to one colour", i.e. they become regular after deleting the edges of one fixed colour .

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In this paper, by introducing the weaker concept of "regularity with respect to a cyclic permutation", we extend the definition of the regular genus to a larger class of coloured graphs.

This generalized regular genus is always bounded by the regular one, but it turns out to be generally strictly less than it; this happens for example in the case of $T_{g} \times \mathbb{D}^{1}$, (resp. $U_{g} \times \mathbb{D}^{1}$ ), for each $g \geq 1$. In fact we construct coloured graphs representing these manifolds and regularly embedding into the orientable (resp. non orientable) surface with two holes and genus $g$.

Moreover we prove, as in the case of the regular genus, that a punctured 3sphere (i.e. a 3-sphere with holes) is characterized by having generalized regular genus zero.

For the case of 3-manifolds, it is known (see [2] and [3]) that the regular genus coincides with the classical Heegaard one. This result highly depends on the fact that a coloured graph, regular with respect to a colour and representing a 3-manifold $M$, defines a Heegaard splitting of $M$ (see [3] for details).

Montesinos, in [12], defined a generalization of the concepts of Heegaard splittings and Heegaard genus for orientable 3-manifolds; they coincide with the classical ones in the case of connected boundary. Later the constructions were extended to the non orientable case in [3].

In section 3 we investigate the relationship between coloured graphs representing a 3-manifold and satisfying our "weaker" condition of regularity and generalized Heegaard splittings of the same manifold; as a consequence we establish an inequality between the generalized Heegaard genus and the generalized regular genus of a 3-manifold with boundary.

## 2. Coloured graphs and the regular genus of a manifold.

An $(n+1)$-coloured graph (with boundary) is a pair $(\Gamma, \gamma)$, where $\Gamma=$ $(V(\Gamma), E(\Gamma))$ is a multigraph and $\gamma: E(\Gamma) \rightarrow \Delta_{n}=\{0,1, \ldots, n\}$ a map, injective on each pair of adjacent edges of $\Gamma$.

For each $B \subseteq \Delta_{n}$, we call $B$-residues the connected components of the multigraph $\Gamma_{B}=\left(V(\Gamma), \gamma^{-1}(B)\right)$; we set $\hat{\imath}=\Delta_{n} \backslash\{i\}$ for each $i \in \Delta_{n}$.

The vertices of $\Gamma$ whose degree is strictly less than $n+1$ are called boundary vertices; if $(\Gamma, \gamma)$ has no boundary vertices is called without boundary. We denote by $\partial V(\Gamma)$ the set of boundary vertices of $\Gamma$.

If $K$ is an $n$-dimensional homogeneous pseudocomplex, and $V(K)$ its set of vertices, we call coloured $n$-complex the pair $(K, \xi)$ where $\xi: V(K) \longrightarrow \Delta_{n}$ is a map which is injective on every simplex of $K$.

If $\sigma^{h}$ is an $h$-simplex of $K$ then the disjoint $\operatorname{star} \operatorname{std}\left(\sigma^{h}, K\right)$ of $\sigma^{h}$ in $K$
is the pseudocomplex obtained by taking the disjoint union of the simplexes of $K$ containing $\sigma^{h}$ and identifying the $(n-1)$-simplexes containing $\sigma^{h}$ together with all their faces.

The disjoint link $l k d\left(\sigma^{h}, K\right)$ of $\sigma^{h}$ in $K$ is the subcomplex of $\operatorname{std}\left(\sigma^{h}, K\right)$ formed by the simplexes which don't intersect $\sigma^{h}$.

From now on we shall restrict our attention to the coloured complexes $K$, such that:

- each $(n-1)$-simplex is a face of exactly two $n$-simplexes of $K$;
- for each simplex $\sigma$ of $K, \operatorname{std}(\sigma, K)$ is strongly connected.

Coloured graphs are an useful tool for representing manifolds (see [6] for a survey on this topic), due to the existence of a bijective correspondence between coloured graphs and coloured complexes which triangulate manifolds.

Given a coloured complex $K$, a direct way to see this correspondence is to consider a coloured graph $(\Gamma, \gamma)$ imbedded in $K=K(\Gamma)$ as its dual 1-skeleton, i.e. the vertices of $\Gamma$ are the barycenters of the $n$-simplexes of $K(\Gamma)$ and the edges of $\Gamma$ are the 1 -cells dual of the $(n-1)$-simplexes of $K(\Gamma)$. Of course the $(n-1)$-simplex dual to an edge $e$ with $\gamma(e)=i$ has its vertices labelled by $\hat{\imath}$. Furthermore, there is a bijective correspondence between the $h$-simplexes ( $0 \leq h \leq \operatorname{dim} K(\Gamma)$ ) of $K(\Gamma)$ and the $(n-h)$-residues of $\Gamma$, in the sense that, if $\sigma^{h}$ is an $h$-simplex of $K(\Gamma)$, whose vertices are labelled by $\left\{i_{0}, \ldots, i_{h}\right\}$, there is a unique $(n-h)$-residue $\Xi$ of $\Gamma$ whose edges are coloured by $\Delta_{n} \backslash\left\{i_{0}, \ldots, i_{h}\right\}$ and such that $K(\Xi)=l k d\left(\sigma^{h}, K\right)$.

See [6] for a more precise description of the constructions involved.
If $M$ is a manifold (with boundary) of dimension $n$ and $(\Gamma, \gamma)$ a $(n+1)$ coloured graph (with boundary) such that $|K(\Gamma)| \cong M$, we say that $M$ is represented by $(\Gamma, \gamma)$. In this case $M$ is orientable iff $(\Gamma, \gamma)$ is bipartite.

Let $(\Gamma, \gamma)$ be a $(n+1)$-coloured graph such that the set of its boundary vertices is $\partial V(\Gamma)=V^{(0)} \cup V^{(1)} \cup \ldots \cup V^{(n)}$ where, for each $i \in \Delta_{n}, V^{(i)}$ is formed by the vertices missing the $i$-coloured edge (of course it can occur that $\left.V^{(i)}=\emptyset\right)$.

We call extended graph associated to $(\Gamma, \gamma)$ the $(n+1)$-coloured graph $\left(\Gamma^{*}, \gamma^{*}\right)$ obtained in the following way:

- for each $v \in V^{\left(i_{1}\right)} \cap \ldots \cap V^{\left(i_{h}\right)}$ add to $V(\Gamma)$ the vertices $v_{i_{1}}, \ldots, v_{i_{h}}$; we call $V^{*}$ the set of these new vertices;
- for each $v \in V^{\left(i_{1}\right)} \cap \ldots \cap V^{\left(i_{h}\right)}$ and for each $j=1, \ldots, h$ add to $E(\Gamma)$ an edge $e_{i_{j}}$ with endpoints $v$ and $v_{i_{j}}$ and the obvious coloration.

A regular imbedding of ( $\Gamma, \gamma$ ) into a surface (with boundary) $F$, is a cellular imbedding of $\left(\Gamma^{*}, \gamma^{*}\right)$ into $F$, such that:
(a) the image of a vertex of $\Gamma^{*}$ lies on $\partial F$ iff the vertex belongs to $V^{*}$;
(b) the boundary of any region of the imbedding is either the image of a cycle of $\left(\Gamma^{*}, \gamma^{*}\right)$ (internal region ) or the union of the image $\alpha$ of a path in $\left(\Gamma^{*}, \gamma^{*}\right)$ and an arc of $\partial F$, the intersection consisting of the images of two (possibly coincident) vertices belonging to $V^{*}$ (boundary region);
(c) there exists a cyclic permutation $\varepsilon=\left(\varepsilon_{0}, \ldots, \varepsilon_{n}\right)$ of $\Delta_{n}$ such that for each internal region (resp. boundary region), the edges of its boundary (resp. of $\alpha)$ are alternatively coloured $\varepsilon_{i}$ and $\varepsilon_{i+1}\left(i \in \mathbb{Z}_{n+1}\right)$.

From now on, to avoid long notations, we write $\Gamma$ for a $(n+1)$-coloured graph instead of $(\Gamma, \gamma)$.

For each $i, j \in \Delta_{n}$, let us denote by $\dot{g}_{i j}(\Gamma)$ the number of cycles of $\Gamma_{i, j}$, by $p(\Gamma)$ (resp. $q(\Gamma)$ ) the number of vertices (resp. of edges) of $\Gamma$.

Given a cyclic permutation $\varepsilon$ of $\Delta_{n}$, a $(n+1)$-coloured graph $\Gamma$ is regular with respect to $\varepsilon$, if for each $i \in \mathbb{Z}_{n+1}, v \in V^{\left(\varepsilon_{i}\right)}$ and $w \in V^{\left(\varepsilon_{i+1}\right)}, v$ and $w$ don't belong to the same connected component of $\Gamma_{\left\{\varepsilon_{i}, \varepsilon_{i+1}, \varepsilon_{i-1}\right\}}$.

In particular, since it can be $v=w$, each vertex of $\Gamma$ can't miss two colours which are consecutive in $\varepsilon$.

Remark 1. Note that, if there exists $i \in \Delta_{n}$ such that $V^{(j)}=\emptyset$, for each $j \neq i$ (i.e. $\Gamma$ is regular with respect to the colour $i$ in the sense of [10]), then $\Gamma$ is regular with respect to any cyclic permutation of $\Delta_{n}$.

For each $i \in \Delta_{n}$, let us denote by ${ }^{2} g_{\varepsilon_{i}}(\Gamma)$ the number of closed walks in $\Gamma$ defined by starting from a vertex belonging to $V^{\left(\varepsilon_{i}\right)}$, following first the $\varepsilon_{i+1}$ coloured edge and going on by the following rules:

- if we arrive in a vertex $w$ by a $\varepsilon_{i+1^{-}}$(resp. $\varepsilon_{i-1^{-}}$) coloured edge, then we follow the $\varepsilon_{i-1^{-}}$(resp. $\varepsilon_{i+1^{-}}$) or the $\varepsilon_{i}$-coloured edge whether $w \in V^{\left(\varepsilon_{i}\right)}$ or $w \notin V^{\left(\varepsilon_{i}\right)}$;
- if we arrive in a vertex by a $\varepsilon_{i}$-coloured edge $e$, then we follow the $\varepsilon_{i+1^{-}}$ or the $\varepsilon_{i-1}$-coloured edge whether the edge we met before $e$ is $\varepsilon_{i+1}$ - or the $\varepsilon_{i-1}$-coloured.

Proposition 1. Given a ( $n+1$ )-coloured bipartite (resp. non bipartite) graph $\Gamma$, and a cyclic permutation $\varepsilon=\left(\varepsilon_{0}, \ldots, \varepsilon_{n}\right)$ of $\Delta_{n}$ such that $\Gamma$ is regular with respect to $\varepsilon$, there exists a regular embedding of $\Gamma^{*}$ into the orientable (resp.
non orientable) surface with boundary $F_{\varepsilon}$ with Euler characteristic:

$$
\chi\left(F_{\varepsilon}\right)=\sum_{i \in \mathbb{Z}_{n+1}} \dot{g}_{\varepsilon_{i} \varepsilon_{i+1}}(\Gamma)-q(\Gamma)+p(\Gamma)
$$

and hole number:

$$
\lambda_{\varepsilon}\left(F_{\varepsilon}\right)=\sum_{i \in \mathbb{Z}_{n+1}}{ }^{\partial} g_{\varepsilon_{i}}(\Gamma)
$$

Proof. Let us write $\varepsilon_{\hat{\iota}_{1} \ldots \hat{l}_{h}}$ for the cyclic permutation of $\Delta_{n-h}$ obtained from $\varepsilon$ by deleting $\varepsilon_{\iota_{1}}, \ldots, \varepsilon_{\iota_{h}}$.
We shall prove first the orientable case.
We can define a 2-cell embedding of $\Gamma$ into a closed surface $S_{\varepsilon}$ by means of a rotation system $\Phi$ (see [14]) on $\Gamma$ as follows:
let $B, N$ be the two bipartition classes of $\Gamma$, for each $v \in V(\Gamma)$ let us set

$$
\begin{aligned}
& \text { if } v \in B \quad \Phi_{v}= \begin{cases}\varepsilon_{\hat{l}_{1} \ldots \hat{\iota}_{h}} & \text { if } v \in V^{\left(\varepsilon_{\iota_{1}}\right)} \cup \ldots \cup V^{\left(\varepsilon_{\iota_{h}}\right)} \\
\varepsilon & \text { otherwise }\end{cases} \\
& \text { if } v \in N \quad \Phi_{v}= \begin{cases}\varepsilon_{\hat{l}_{1} \ldots \hat{l}_{h}}^{-1} & \text { if } v \in V^{\left(\varepsilon_{\iota_{1}}\right)} \cup \ldots \cup V^{\left(\varepsilon_{\iota_{h}}\right)} \\
\varepsilon^{-1} & \text { otherwise }\end{cases}
\end{aligned}
$$

As a consequence of the condition of regularity on $\Gamma$, the 2-cells of the regular immersion of $\Gamma$, defined by the above rotation system, can only be of two types: either the cell is bounded by edges coloured alternatively $\varepsilon_{i}$ and $\varepsilon_{i+1}\left(i \in \mathbb{Z}_{n+1}\right)$, or it is bounded by edges coloured $\varepsilon_{i-1}, \varepsilon_{i}$ and $\varepsilon_{i+1}$.

In the first case the boundary of the cell contains no vertices belonging to $V^{\left(\varepsilon_{i}\right)}$, in the other case it contains vertices belonging to $V^{\left(\varepsilon_{i}\right)}$, but, by the regularity conditions, not to $V^{\left(\varepsilon_{i+1}\right)}$.

Let us call $A_{\varepsilon_{i}}^{1}, \ldots, A_{\varepsilon_{i}}^{r_{i}}$ the cells whose boundary contains vertices of $V^{\left(\varepsilon_{i}\right)}$. Obviously $r_{i}={ }^{\partial} g_{\varepsilon_{i}}(\Gamma)$. For each $i \in \Delta_{n}$ and $j=1, \ldots, r_{i}$, let us consider a disk $D_{\varepsilon_{i}}^{j}$ in the interior of $A_{\varepsilon_{i}}^{j}$. We can add to $\Gamma$ the vertices $v^{*}$ on the boundary of $D_{\varepsilon_{i}}^{j}$ and the "missing" $\varepsilon_{i}$-coloured edges (in a suitable order) in the interior of $A_{\varepsilon_{i}}^{j}$, thus obtaining a regular embedding of $\Gamma^{*}$ into the surface $F_{\varepsilon}$ obtained by deleting from $S_{\varepsilon}$ the interiors of the disks $D_{\varepsilon_{i}}^{j}$.

The formulas for the Euler characteristic and hole number are straightforward.

If $\Gamma$ is not bipartite we use, instead of a rotation system, a generalized embedding scheme (see [13]) $(\phi, \lambda)$ associated to $\varepsilon$, where $\phi$ is the rotation system defined for each $v \in V(\Gamma)$ as

$$
\phi_{v}= \begin{cases}\varepsilon_{\hat{\iota}_{1} \ldots \hat{\iota}_{h}} & \text { if } v \in V^{\left(\varepsilon_{\iota_{1}}\right)} \cup \ldots \cup V^{\left(\varepsilon_{\iota_{h}}\right)} \\ \varepsilon & \text { otherwise }\end{cases}
$$

and $\lambda: E(\Gamma) \longrightarrow \mathbb{Z}_{2}$ is defined $\lambda(e)=1$ for each $e \in E(\Gamma)$.
The (bipartite) derived $(n+1)$-coloured graph $\Gamma^{\lambda}$ has vertices $V(\Gamma) \times\{0,1\}$ and for each $v, w \in V(\Gamma), i, j \in \mathbb{Z}_{2}, k \in \Delta_{n}$ the vertices $(v, i)$ and $(w, j)$ are $k$-adjacent in $\Gamma^{\lambda}$ iff $v$ and $w$ are $k$-adjacent in $\Gamma$ and $i+j=1$.

Note that $\Gamma^{\lambda}$ is regular with respect to $\varepsilon$, since $\Gamma$ is.
Moreover $\phi$ induces a rotation system $\phi^{\lambda}$ on $\Gamma^{\lambda}$ as $\phi_{(v, 0)}^{\lambda}=\phi_{v}$ and $\phi_{(v, 1)}^{\lambda}=\phi_{v}^{-1}$ (see [10]).

Let $\iota_{\varepsilon}$ (resp. $\iota_{\varepsilon}^{\lambda}$ ) be the regular embedding of $\Gamma$ (resp. of $\Gamma^{\lambda}$ ) into the nonorientable (resp. orientable) closed surface $S_{\varepsilon}\left(\right.$ resp. $\left.S_{\varepsilon}^{\lambda}\right)$ associated to $(\phi, \lambda)$ (resp. to $\phi^{\lambda}$ ).

An easy calculation shows that the number of 2-cells of $\iota_{\varepsilon}^{\lambda}$ is double of the number of 2-cells of $\iota_{\varepsilon}$, therefore $\chi\left(S_{\varepsilon}^{\lambda}\right)=2 \chi\left(S_{\varepsilon}\right)$ and we can use the same arguments as in the orientable case to obtain the formulas for the surface with boundary $F_{\varepsilon}$.

Let us define $\chi_{\varepsilon}(\Gamma)=\chi\left(F_{\varepsilon}\right), \lambda_{\varepsilon}(\Gamma)=\lambda\left(F_{\varepsilon}\right)$ and

$$
\varrho_{\varepsilon}(\Gamma)= \begin{cases}1-\frac{\chi_{\varepsilon}(\Gamma)+\lambda_{\varepsilon}(\Gamma)}{2} & \text { if } \Gamma \text { is bipartite } \\ 2-\chi_{\varepsilon}(\Gamma)-\lambda_{\varepsilon}(\Gamma) & \text { if } \Gamma \text { is not bipartite. }\end{cases}
$$

The generalized regular genus $\varrho(\Gamma)$ of $\Gamma$ is the minimum $\varrho_{\varepsilon}(\Gamma)$ among all cyclic permutations $\varepsilon$ of $\Delta_{n}$ such that $\Gamma$ is regular with respect to $\varepsilon$.

Given a $n$-manifold $M$ the generalized regular genus of $M$ is the nonnegative integer $\overline{\mathscr{E}}(M)$ defined as the minimum $\varrho(\Gamma)$ among all $(n+1)$ coloured graphs $\Gamma$ representing M and regular with respect to at least one cyclic permutation $\varepsilon$ of $\Delta_{n}$.

Given a $n$-manifold $M$, we denote by $\mathcal{E}(M)$ the regular genus of $M$ ([10]).
As a direct consequence of the above definition, Remark 1 and the definition of regular genus, we have:

Proposition 2. For each n-manifold $M$,

$$
\overline{\mathscr{E}}(M) \leq \mathscr{E}(M)
$$

Now we are going to prove that the generalized regular genus is generally strictly less than the regular one.

In [11] a 4-coloured graph is shown which represents $\mathbb{T}_{1} \times \mathbb{D}^{1}$ and regularly embeds into the bordered surface of genus 1 , while the regular genus is known to be 2 (see [10]).

In the following, for each $g \geq 1$ (resp. $h \geq 1$ ) we shall construct a bipartite (resp. non bipartite) 4-coloured graph $\Gamma_{g}$ (resp. $\Gamma_{h}$ ) representing $T_{g} \times \mathbb{D}^{1}$,
where $T_{g}$ is the closed orientable surface of genus $g$ (resp. $U_{h} \times \mathbb{D}^{1}$, where $U_{h}$ is the closed non orientable surface of genus $h$ ) and regularly embedding into the orientable (resp. non orientable) surface with two holes and genus $g$ (resp. $h)$. In both cases the graph is such that $\partial V=V^{(2)} \cup V^{(3)}$ and $V^{(2)} \cap V^{(3)}=\emptyset$.

The graphs are as follows:

- $\Gamma_{g}\left(\right.$ resp. $\left.\Gamma_{h}\right)$ has $6(2 g+1)$ (resp. $\left.6(h+1)\right)$ vertices labeled as $A_{1}, \ldots, A_{2(2 g+1)}, a_{1}, \ldots, a_{2(2 g+1)}, B_{1}, \ldots, B_{2(2 g+1)}\left(\right.$ resp. $A_{1}, \ldots, A_{2(h+1)}$, $\left.a_{1}, \ldots, a_{2(h+1)}, B_{1}, \ldots, B_{2(h+1)}\right)$
- for each $i=1, \ldots, 2(2 g+1)($ resp. for each $i=1, \ldots, 2(h+1)) A_{i} \in V^{(2)}$ and $B_{i} \in V^{(3)}$
- the 0 - , 1- and 2-adjacency are drawn in Figure 1 for the orientable case; the non orientable is analogous;

$\qquad$

$$
\ldots----\quad 1
$$

Figure 1.

- the 3-adjacency are:
for each $i=1, \ldots, g, A_{2 i}$ with $A_{4 g-2 i+3}, A_{2 i-1}$ with $A_{4 g-2 i+2}$ and $A_{2 g+1}$ with $A_{2(2 g+1)}$ (resp. for each $i=1, \ldots, h, A_{i}$ with $A_{2 h-i+2}$ and
$A_{h+1}$ with $\left.A_{2(h+1)}\right)$ The 3-adjacency of the $a_{i}$ 's are analogous.
We claim that $\Gamma_{g}$ represents $T_{g} \times \mathbb{D}^{1}$ (resp. $\Gamma_{h}$ represents $U_{h} \times \mathbb{D}^{1}$ ). In fact the above construction comes from an easy generalization of the one in [8] for $T_{1} \times \mathbb{D}^{1}$ and $U_{1} \times \mathbb{D}^{1}$, together with a permutation of the colours on one of the boundary components.

Let $\varepsilon=(0132)$, then for each $g \geq 1$ (resp. $h \geq 1$ ), $\Gamma_{g}\left(\right.$ resp. $\left.\Gamma_{h}\right)$ is regular with respect to $\varepsilon$ and it is easy to see that:
$g_{01}=g_{02}=g_{23}=2 g+1, \quad g_{03}=g_{12}=g_{13}=1$
(resp. $g_{01}=g_{02}=g_{13}=h+1, \quad g_{03}=g_{12}=g_{23}=1$ ).
Since $\chi_{\varepsilon}\left(\Gamma_{g}\right)=-2 g$ (resp. $\chi_{\varepsilon}\left(\Gamma_{h}\right)=-h$ ) and the number of holes is 2 both in the orientable and the non orientable case, we have $\varrho_{\varepsilon}\left(\Gamma_{g}\right)=g$ (resp. $\left.\varrho_{\varepsilon}\left(\Gamma_{h}\right)=h\right)$.

Therefore $\overline{\mathscr{E}}\left(T_{g} \times \mathbb{D}^{1}\right) \leq g<\mathcal{E}\left(T_{g} \times \mathbb{D}^{1}\right)=2 g$ and $\overline{\mathscr{E}}\left(U_{h} \times \mathbb{D}^{1}\right) \leq h<$ $\mathscr{E}\left(U_{h} \times \mathbb{D}^{1}\right)=2 h$ (see [1]); actually the first are equalities, since we can establish the following theorem:

Theorem 3. $\overline{\mathcal{E}}\left(T_{g} \times \mathbb{D}^{1}\right)=\overline{\mathscr{E}}\left(U_{g} \times \mathbb{D}^{1}\right)=g$
Before proving the theorem let us fix some notations.
Let $\varepsilon=\left(\alpha \alpha^{\prime} \beta \beta^{\prime}\right)$ be a cyclic permutation of $\Delta_{3}$ and $\Gamma$ a 4-coloured graph representing a 3 -manifold $M$ and regular with respect to $\varepsilon$. We denote by $\partial_{i} K(\Gamma)(i=1, \ldots, r)$ the $i$-th boundary component of $K(\Gamma)$ and by $V_{i}(\Gamma)$ the subset of $\partial V(\Gamma)$ formed by those vertices whose dual 3-simplices have a face on $\partial_{i} K(\Gamma)$.

Note that, since $\Gamma$ is regular with respect to $\varepsilon$, then for each $i=$ $1, \ldots, r, V_{i}(\Gamma) \subseteq V^{(\alpha)}(\Gamma) \cup V^{(\beta)}(\Gamma)$ or $V_{i}(\Gamma) \subseteq V^{\left(\alpha^{\prime}\right)}(\Gamma) \cup V^{\left(\beta^{\prime}\right)}(\Gamma)$.

The proof of Theorem 3 requires two lemmas.
Lemma 4. Given a 3-manifold with $r$ boundary components $M$, a cyclic permutation $\varepsilon$ of $\Delta_{3}$ and a 4 -coloured graph $\Gamma$ representing $M$ and regular with respect to $\varepsilon$, then there exists a 4-coloured graph $\Gamma^{\prime}$, representing $M$, and satisfying the following conditions:
(1) $\varrho_{\varepsilon}\left(\Gamma^{\prime}\right)=\varrho_{\varepsilon}(\Gamma)$;
(2) $\forall v \in V\left(\Gamma^{\prime}\right)$, deg $v \geq 3$ and $\forall i=1, \ldots, r, \quad V_{i}\left(\Gamma^{\prime}\right) \cap\left(V^{(\beta)}\left(\Gamma^{\prime}\right) \cup V^{\left(\alpha^{\prime}\right)}\left(\Gamma^{\prime}\right) \cup\right.$ $\left.V^{\left(\beta^{\prime}\right)}\left(\Gamma^{\prime}\right)\right)=\emptyset$ or $V_{i}\left(\Gamma^{\prime}\right) \cap\left(V^{(\alpha)}\left(\Gamma^{\prime}\right) \cup V^{(\beta)}\left(\Gamma^{\prime}\right) \cup V^{\left(\beta^{\prime}\right)}\left(\Gamma^{\prime}\right)\right)=\emptyset$.
Proof. Let $i \in\{1, \ldots, r\}$ be such that $V_{i}(\Gamma) \cap V^{(\alpha)}(\Gamma) \neq \emptyset$ and $V_{i}(\Gamma) \cap$ $V^{(\beta)}(\Gamma) \neq \emptyset$, and let $w$ be a $\alpha$-coloured vertex of $\partial_{i} K(\Gamma)$.

Let us consider the 4 -coloured graph $b \Gamma$ obtained by performing a bisection of type $(\alpha, \beta)$ around $w$ (see [9]) i.e. we perform a stellar subdivision on each edge having as endpoints $w$ and a $\beta$-coloured vertex and colour $w$ by $\beta$ and the new vertices by $\alpha$, keeping the colours of $K(\Gamma)$ for the remaining vertices (see [9]).

Note that $\operatorname{card}\left(V_{i}(b \Gamma) \cap V^{(\alpha)}(b \Gamma)\right)=\operatorname{card}\left(V_{i}(\Gamma) \cap V^{(\alpha)}(\Gamma)\right)-1$.
We claim that $\varrho_{\varepsilon}(b \Gamma)=\varrho_{\varepsilon}(\Gamma)$.
In fact, let $\Lambda_{w}$ be the $\widehat{\alpha}$-residue of $\Gamma$ representing the disjoined link of $w$ in $K(\Gamma)$.

We have:

$$
\begin{array}{ll}
\forall j \neq \beta, & \dot{g}_{\alpha j}(b \Gamma)=\dot{g}_{\alpha j}(\Gamma)+\dot{g}_{\beta j}\left(\Lambda_{w}\right) \\
\forall i \neq \alpha, & \dot{g}_{\beta i}(b \Gamma)=\dot{g}_{\beta i}(\Gamma)-\dot{g}_{\beta i}\left(\Lambda_{w}\right)+q^{(i)}\left(\Lambda_{w}\right)
\end{array}
$$

where $q^{(i)}\left(\Lambda_{w}\right)$ is the number of $i$-coloured edges of $\Lambda_{w}$.

$$
p(b \Gamma)=p(\Gamma)+p\left(\Lambda_{w}\right) \quad q(b \Gamma)=q(\Gamma)+q^{\left(\alpha^{\prime}\right)}\left(\Lambda_{w}\right)+q^{\left(\beta^{\prime}\right)}\left(\Lambda_{w}\right)+p\left(\Lambda_{w}\right)
$$

Therefore:

$$
\begin{aligned}
\chi_{\varepsilon}(b \Gamma) & =\dot{g}_{\alpha \alpha^{\prime}}(b \Gamma)+\dot{g}_{\alpha^{\prime} \beta}(b \Gamma)+\dot{g}_{\beta \beta^{\prime}}(b \Gamma)+\dot{g}_{\beta^{\prime} \alpha}(b \Gamma)-q(b \Gamma)+p(b \Gamma)= \\
& =\dot{g}_{\alpha \alpha^{\prime}}(\Gamma)+\dot{g}_{\beta \alpha^{\prime}}\left(\Lambda_{w}\right)+\dot{g}_{\alpha^{\prime} \beta}(\Gamma)-\dot{g}_{\alpha^{\prime} \beta}\left(\Lambda_{w}\right)+q^{\left(\alpha^{\prime}\right)}\left(\Lambda_{w}\right)+\dot{g}_{\beta \beta^{\prime}}(\Gamma)- \\
& -\dot{g}_{\beta \beta^{\prime}}\left(\Lambda_{w}\right)+q^{\left(\beta^{\prime}\right)}\left(\Lambda_{w}\right)+\dot{g}_{\beta^{\prime} \alpha}(\Gamma)+\dot{g}_{\beta \beta^{\prime}}\left(\Lambda_{w}\right)-q(\Gamma)-q^{\left(\alpha^{\prime}\right)}\left(\Lambda_{w}\right)- \\
& -q^{\left(\beta^{\prime}\right)}\left(\Lambda_{w}\right)-p\left(\Lambda_{w}\right)+p(\Gamma)+p\left(\Lambda_{w}\right)=\chi_{\varepsilon}(\Gamma)
\end{aligned}
$$

Moreover, note that, for each $i \in \Delta_{3}$, if $j$ is the colour non consecutive to $i$ in $\varepsilon$, ${ }^{\partial} g_{i}(\Gamma)$ equals the number of $j$-coloured vertices in the components of $\partial K(\Gamma)$ missing colour $i$.

Therefore

$$
\begin{array}{lll}
{ }^{\partial} g_{\alpha}(b \Gamma)={ }^{\partial} g_{\alpha}(\Gamma)+1 & { }^{\partial} g_{\alpha^{\prime}}(b \Gamma)={ }^{\partial} g_{\alpha^{\prime}}(\Gamma) \\
{ }^{\partial} g_{\beta}(b \Gamma)={ }^{\partial} g_{\beta}(\Gamma)-1 & { }^{\partial} g_{\beta^{\prime}}(b \Gamma)={ }^{\partial} g_{\beta^{\prime}}(\Gamma)
\end{array}
$$

and $\lambda_{\varepsilon}(b \Gamma)=\lambda_{\varepsilon}(\Gamma)$.
Finally we have that $\varrho_{\varepsilon}(b \Gamma)=\varrho_{\varepsilon}(\Gamma)$
By performing a finite number of bisection of type $(\alpha, \beta)$ on the components of $\partial K(\Gamma)$ missing $\alpha$ and $\beta$ and, similarly a finite number of bisection of type $\left(\alpha^{\prime}, \beta^{\prime}\right)$ on the components missing $\alpha^{\prime}$ and $\beta^{\prime}$, we obtain the graph $\Gamma^{\prime}$.

Suppose now that $\Gamma$ is a 4-coloured graph satisfying condition (2) of Lemma 4, with respect to a cyclic permutation $\varepsilon$ of $\Delta_{3}$ and suppose that $\partial|K(\Gamma)|$ has $r$ connected components. Let us choose one of them, say $\partial_{i} K(\Gamma)$. Then there exists $j \in \Delta_{3}$ such that for each $k \in \Delta_{3}-\{j\}, V_{i}(\Gamma) \cap V^{(k)}(\Gamma)=\emptyset$.

Let us denote by $\Gamma_{i}^{(j)}$ the 4 -coloured graph obtained from $\Gamma$ by the following rule:

- $\forall v, w \in V_{i}(\Gamma) \cap V^{(j)}(\Gamma)$, join the vertices $v$ and $w$ by a $j$-coloured edge iff $v$ and $w$ belong to the same $\{j, j+1\}$-residue of $\Gamma$.
It is easy to see that, if $\Gamma$ represents a 3 -manifold $M$ with $r$ boundary components, $\Gamma_{i}^{(j)}$ represents the singular 3-manifold obtained from $M$ by capping off the $i$-th boundary component by a cone over it.

Moreover, we have

Lemma 5. $\varrho_{\varepsilon}\left(\Gamma_{i}^{(j)}\right)=\varrho_{\varepsilon}(\Gamma)$
Proof. We have

$$
\begin{aligned}
& p\left(\Gamma_{i}^{(j)}\right)=p(\Gamma) \quad q\left(\Gamma_{i}^{(j)}\right)=q(\Gamma)+\frac{p_{i}^{(j)}(\Gamma)}{2} \\
& \dot{g}_{k k+1}\left(\Gamma_{i}^{(j)}\right)=\dot{g}_{k k+1}(\Gamma) \quad \forall k \in \Delta_{3}-\{j-1, j+1\} \\
& \dot{g}_{j j+1}\left(\Gamma_{i}^{(j)}\right)=\dot{g}_{j j+1}(\Gamma)+\frac{p_{i}^{(j)}(\Gamma)}{2} \quad \dot{g}_{j-1 j}\left(\Gamma_{i}^{(j)}\right)=\dot{g}_{j-1 j}(\Gamma)+{ }^{\partial} g_{i}^{(j)}(\Gamma)
\end{aligned}
$$

where $p^{(j)}(\Gamma)=\operatorname{card}\left(V_{i}(\Gamma) \cap V^{(j)}(\Gamma)\right)$ and ${ }^{\partial} g_{i}^{(j)}(\Gamma)$ is the number of closed walks defined as for ${ }^{2} g_{i}(\Gamma)$, whose boundary vertices belong only to $V_{i}(\Gamma)$.

Then

$$
\begin{aligned}
\chi_{\varepsilon}\left(\Gamma_{i}^{(j)}\right) & =\sum_{k \in \mathbb{Z}_{4}} \dot{g}_{k k+1}\left(\Gamma_{i}^{(j)}\right)-q\left(\Gamma_{i}^{(j)}\right)+p\left(\Gamma_{i}^{(j)}\right) \\
& =\sum_{k \in \mathbb{Z}_{4}} \dot{g}_{k k+1}(\Gamma)+\frac{p_{i}^{(j)}(\Gamma)}{2}+{ }^{\partial} g_{i}^{(j)}(\Gamma)-q(\Gamma)-\frac{p_{i}^{(j)}(\Gamma)}{2}+p(\Gamma) \\
& =\chi_{\varepsilon}(\Gamma)+{ }^{\partial} g_{i}^{(j)}(\Gamma)
\end{aligned}
$$

Moreover $\lambda_{\varepsilon}\left(\Gamma_{i}^{(j)}\right)=\lambda_{\varepsilon}(\Gamma)-{ }^{\partial} g_{i}^{(j)}(\Gamma)$. Therefore $\varrho_{\varepsilon}\left(\Gamma_{i}^{(j)}\right)=\varrho_{\varepsilon}(\Gamma)$.
Proof. (Theorem 3) Let $M=T_{g} \times \mathbb{D}^{1}$ or $M=U_{g} \times \mathbb{D}^{1}$. Suppose $\overline{\mathscr{E}}(M)<g$.
Let $\Gamma$ be a 4 -coloured graph representing $M$ such that $\Gamma$ is regular with respect to a cyclic permutation $\varepsilon$ of $\Delta_{3}$ and $\varrho_{\varepsilon}(\Gamma)<g$.

By Lemma 4, we can suppose, without loss of generality, that $\Gamma$ satisfy condition (2) of the Lemma. Moreover we can also suppose, up to a change of colours, that $V_{2}(\Gamma) \subseteq V^{(3)}(\Gamma)$ (i.e. the vertices corresponding to one of the boundary components miss colour 3).

If also $V_{1}(\Gamma) \subseteq V^{(3)}(\Gamma)$, then the graph is regular with respect to the colour 3 and $\mathscr{E}(M) \leq \varrho_{\varepsilon}(\Gamma)<g$, which is clearly impossible.

If, on the contrary, $V_{1}(\Gamma) \subseteq V^{(2)}(\Gamma)$, let us consider the graph $\Gamma_{1}^{(2)}$. Then $\tilde{M}=\left|K\left(\Gamma_{1}^{(2)}\right)\right|$ is obtained from $M$ by capping off one boundary component by a cone, i.e. it is a cone over the surface $T_{g}$ or $U_{g}$.

Since $\Gamma_{1}^{(2)}$ is regular with respect to the colour 3, by Lemma 5, we have $\mathscr{\sim}(\tilde{M}) \lesssim \varrho_{\varepsilon}\left(\Gamma_{1}^{(2)}\right)<g$; on the other hand it is well-known ([10]) that $\mathscr{E}(\tilde{M}) \geq \mathscr{E}(\partial \widetilde{\widetilde{M}})=g$, since $\partial \widetilde{M}=T_{g}$ or $\partial \widetilde{M}=U_{g}$.

If $g=1$ the previous result is a corollary of the following theorem, which gives a characterization of punctured 3 -spheres.

Theorem 6. Let $M$ be a 3-manifold with boundary and let $r$ be the number of its boundary components, then

$$
\overline{\mathscr{E}}(M)=0 \Longleftrightarrow M \text { is a sphere with } r \text { holes (punctured } 3 \text {-sphere). }
$$

Proof. If $M$ is a punctured 3 -sphere, its generalized regular genus is clearly zero since its regular genus is zero (see [4]). Conversely let $M$ be a 3-manifold such that $\overline{\mathscr{E}}(M)=0, \varepsilon$ a cyclic permutation of $\Delta_{3}$ and $\Gamma$ a 4-coloured graph representing $M$ such that $\Gamma$ is regular with respect to $\varepsilon$ and $\varrho_{\varepsilon}(\Gamma)=0$.

Again by Lemma 4, we can suppose, without loss of generality, that $\Gamma$ satisfy condition (2) of the Lemma. Therefore we can consider the 4coloured graph (without boundary) $\widetilde{\Gamma}$ obtained from $\Gamma$ by joining, $\forall j \in \Delta_{3}$ and $\forall v, w \in V^{(j)}(\Gamma)$, the vertices $v$ and $w$ by a $j$-coloured edge iff $v$ and $w$ belong to the same $\{j, j+1\}$-residue of $\Gamma$, i.e. $\widetilde{\Gamma}$ is obtained by performing $r$ times the operation involved in Lemma 5.

Therefore $\widetilde{\Gamma}$ represents the singular 3-manifold $\widehat{M}$ obtained from $M$ by capping each component of $\partial M$ by a cone.

By Lemma 5 we have that $\varrho_{\varepsilon}(\widetilde{\Gamma})=\varrho_{\varepsilon}(\Gamma)=0$ and by [4] (Corollary $3_{3}$ ), $\widehat{M} \cong \mathbb{S}^{n}$; therefore for each $i=1, \ldots, r, \partial_{i} M$ is a sphere and $M$ is a punctured 3 -sphere.

Remark 2. The proof of Lemma 4 tells us that, as far as 3 -manifolds are concerned, we can always suppose that the generalized regular genus is obtained by a 4 -coloured graph satisfying condition (2). Let us denote by $\bar{G}_{4}$ the class of such graphs.

For each $\Gamma \in \bar{G}_{4}$ we can define a "boundary graph" $\partial \Gamma$ in the following way:

- $V(\partial \Gamma)=\partial V(\Gamma) ;$
- $\forall i=1, \ldots, r, j \in \Delta_{3}$ and $\forall v, w \in V_{i} \cap V^{(j)}$ join $v$ and $w$ by a $c$-coloured edge $\left(c \in \Delta_{3}\right)$ iff $v$ and $w$ belong to the same $\{c, j\}$-residue of $\Gamma$.
Note that $\partial \Gamma$ is not a 3 -coloured graph, but has $r$ connected components $\partial_{1} \Gamma, \ldots, \partial_{r} \Gamma$ each of them being a 3 -coloured graph with colour set $\Delta_{3}-\{j\}$ for some $j \in \Delta_{3}$. Of course, for each $i=1, \ldots, r, \partial_{i} \Gamma$ represents $\partial_{i} M$.

Remark 3. Note that, as proved by the graphs we constructed in this section for $T_{g} \times \mathbb{D}^{1}$ and $U_{h} \times \mathbb{D}^{1}$, the generalized regular genus, still unlike the regular one (see [10]), is generally strictly less the sum of the genera of the boundary components.

## 3. Regular embeddings of 4-coloured graphs and generalized Heegaard splittings.

In this section we shall show that there exists a correspondence between regular embeddings of 4-coloured graphs in $\bar{G}_{4}$, representing a 3-manifold, and generalized Heegaard splittings of the same manifold. We briefly recall the basic concepts about generalized Heegaard splittings.

We shall denote by $S_{g}$ either the orientable closed surface of genus $g$ or the closed non orientable surface of genus $2 g$.

A hollow handlebody of genus $g$ is a 3-manifold with boundary $X_{g}$, obtained from $S_{g} \times[0,1]$ by attaching 2- and 3-handles along $S_{g} \times\{1\}$. We call $S_{g} \times\{0\}$ the free boundary of $X_{g}$.

Note that the orientability of $X_{g}$ depends on that of $S_{g}$ and conversely.
A generalized Heegaard splitting of genus $g$ of a 3-manifold with boundary $M$ is a pair $\left(X_{g}, Y_{g}\right)$ of hollow handlebodies of genus $g$, such that $X_{g} \cup Y_{g}=M$ and $X_{g} \cap Y_{g}$ is the free boundary of both $X_{g}$ and $Y_{g}$.

The generalized Heegard genus of a 3-manifold $M$ is the non negative integer
$\overline{\mathscr{H}}(M)=\min \{g \mid$ there exists a generalized Heegaard splitting of genus $g$ of M$\}$.
Let $\Gamma$ be a 4-coloured graph of $\bar{G}_{4}$, regular with respect to a cyclic permutation $\varepsilon$ of $\Delta_{3}$ and such that the "boundary" colours are consecutive in $\varepsilon$. Then, up to a change of colours, we can suppose that
$(*) V^{\left(\varepsilon_{0}\right)}=V^{\left(\varepsilon_{1}\right)}=\emptyset$
We can state the following
Proposition 7. Let $M$ be a connected 3-manifold, $\Gamma \in \bar{G}_{4}$ a 4-coloured graph representing $M$, regular with respect to a cyclic permutation $\varepsilon$ of $\Delta_{3}$ and satisfying condition (*), then there exists a generalized Heegaard splitting for $M$ of genus $\varrho_{\varepsilon}(\Gamma)$.
Proof. To avoid long notations let us suppose $\varepsilon=i d$.
Given the graph $\Gamma$, representing $M$ and regular with respect to $\varepsilon$, we know, from the proof of Theorem 6, that there exists a 4-coloured graph without boundary $\widetilde{\Gamma}$ such that $\varrho_{\varepsilon}(\widetilde{\Gamma})=\varrho_{\varepsilon}(\Gamma)$ and $\widetilde{\Gamma}$ represents the singular 3-manifold $\widehat{M}$ obtained from $M$ by capping off each boundary component by a cone.
$\widetilde{\Gamma}$ is obtained from $\Gamma$ by adding a 3 -coloured edge (resp. 2-coloured edge) between two vertices $v, w \in V^{(3)}$ (resp. $v, w \in V^{(2)}$ ) iff $v$ and $w$ belong to the same connected component of $\Gamma_{\{0,3\}}$ (resp. $\Gamma_{\{1,2\}}$ ).

Let $K^{\prime}$ (resp. $K^{\prime \prime}$ ) the 1-dimensional subcomplex of $K(\widetilde{\Gamma})$ generated by its 0 - and 2 -coloured (resp. 1- and 3 -coloured) vertices and $H$ the largest
subcomplex of $S d K(\widetilde{\Gamma})$ (where $S d$ means first barycentric subdivision) disjoint from $S d K^{\prime} \cup S d K^{\prime \prime}$; then $H$ splits $S d K(\widetilde{\Gamma})$ into two subcomplexes $N^{\prime}$ and $N^{\prime \prime}$ such that $N^{\prime} \cap N^{\prime \prime}=\partial N^{\prime} \cap \partial N^{\prime \prime}=H$. Set $\mathcal{A}^{\prime}=\left|N^{\prime}\right|, \mathcal{A}^{\prime \prime}=\left|N^{\prime \prime}\right|$ and $S=|\underset{\sim}{H}|$. $\mathcal{A}^{\prime}$ and $\mathcal{A}^{\prime \prime}$ are handlebodies, $\mathcal{S}$ is a closed connected surface of genus $\varrho_{\varepsilon}(\widetilde{\Gamma})$, where $\widetilde{\Gamma}$ regularly embeds.

Let $C$ be a collar of $\delta$ in $\mathcal{A}^{\prime}$; let $C_{0}, C_{1}$ be the surfaces corresponding to $\mathcal{S} \times\{0\}$ and $\mathcal{S} \times\{1\}$ respectively. For ech 1-simplex $e$ of $K(\widetilde{\Gamma})$ whose endpoints are 0 - and 2-coloured, let $H_{e}^{02}$ be a regular neighbourhood in $\mathcal{A}^{\prime}$ of the 2-cell dual of $e$ (see Figure 2).


Figure 2.
Set $X=C \cup\left(\bigcup_{e} H_{e}^{02}\right) . X$ is a hollow handlebody, since the $H_{e}^{02}$,s are 2-handles attached along $C_{1} \cong S \times\{1\}$.

Moreover $\overline{\mathcal{A}^{\prime}-X}$ is the union of regular neighbourhoods of the 0 - and 2-coloured vertices of $K(\widetilde{\Gamma})$.

Let $\widetilde{X}$ be the hollow handlebody obtained by adding to $X$ the neighbourhoods corresponding to non singular vertices.

Similarly we can define a hollow handlebody $\widetilde{Y}$ by starting from a collar of $S$ in $\mathcal{A}^{\prime \prime}$ and attaching on it:

- the 2-handles $H_{e}^{13}$ dual to the 1 -simplexes of $K(\widetilde{\Gamma})$ having endpoints coloured by 1 and 3 ;
- the 3-handles corresponding to the neighbourhoods of the non singular 1and 3-coloured vertices.
We have that $\tilde{X} \cup \widetilde{Y}=M$ and $\widetilde{X} \cap \widetilde{Y}=\varsigma$.

Therefore $(\tilde{X}, \tilde{Y})$ is a generalized Heegaard splitting for $M$ of genus $g(S)=\varrho_{\varepsilon}(\widetilde{\Gamma})=\varrho_{\varepsilon}(\Gamma)$.

As a consequence of Proposition 7 and Lemma 4, we have the following:
Corollary 8. For each 3-manifold $M$, $\overline{\mathscr{H}}(M) \leq \overline{\mathcal{E}}(M)$.
Proof. Let $\Gamma$ be a 4-coloured graph representing $M$ and $\varepsilon$ a cyclic permutation of $\Delta_{3}$ such that $\Gamma$ is regular with respect to $\varepsilon$ and $\overline{\mathscr{E}}(M)=\varrho_{\varepsilon}(\Gamma)$.

By Lemma 4 we know that we can always suppose that $\Gamma$ misses at most two colours.

If these colours are non consecutive in $\varepsilon$, then, by means of suitable bisections, we can obtain a new graph, still representing $M$, with the same genus as $\Gamma$ and missing only one colour, i.e. a graph regular with respect to a colour, that we can always suppose to be 3 .

In this case by Lemma 1 of [2] there exists a proper ([2]) Heegaard splitting of $M$ of genus $\overline{\mathscr{E}}(M)=\boldsymbol{\mathcal { E }}(M)$.

On the other hand, if the "boundary" colours are consecutive in $\varepsilon$, we can apply Proposition 7 to get a Heegaard splitting of $M$ of the required genus.

Note that the splitting is always proper in the case of $M$ having connected boundary. In this case $\overline{\mathscr{E}}(M)=\mathcal{E}(M)=\mathscr{H}(M)=\overline{\mathscr{H}}(M)$ (see [3]).

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