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著者	Yamada S., Kubota R., Kubota K., Ishiwata K., Ido T.
journal or publication title	CYRIC annual report
volume	1990
page range	153-155
year	1990
URL	<a href="http://hdl.handle.net/10097/49597">http://hdl.handle.net/10097/49597</a>

### III.10. Efficiency of Grain Production in $^{18}\text{F}$ Micro-Autoradiography

*Yamada S., Kubota R., Kubota K., Ishiwata K.\* and Ido T.\**

*Department of Radiology and Nuclear Medicine, The Research Institute for Tuberculosis and Cancer, Tohoku University Cyclotron and Radioisotope Center, Tohoku University\**

#### Introduction

Macro-autoradiography (macro-ARG) which reveals the distribution of tracer at tissue level has played an important role in the interpretation of clinical PET images<sup>1</sup>). To obtain a further information of tracer distribution at cellular level, we developed a micro-ARG method for  $^{18}\text{F}$  in which a frozen section was directly mounted on a glass slide coated with nuclear emulsion<sup>2</sup>). The aim of this study is to measure the efficiency of grain production as influenced by the exposure time, and to decide the appropriate exposure time in the  $^{18}\text{F}$  micro-ARG.

#### Materials and Methods

##### Micro-ARG experiment

Normal male C57BL/6 mouse weighing 20 gr was injected i.v. with 7.5 mCi (277.5 MBq) of 2-deoxy-2- $^{18}\text{F}$ fluoro-D-glucose ( $^{18}\text{F}$ -FDG), and killed 5 min later when the liver uptake was the highest<sup>3</sup>). As the homogeneous in vivo sample, the liver was quickly removed and frozen on a flat dry-ice. Under the safety light in a darkroom, the frozen liver block was sectioned on a cryostat (-20 °C). Each 5  $\mu\text{m}$ -thick frozen section was directly mounted on a cooled glass slide coated with AR-10 stripping film (Kodak, U.K.), and exposed at -70 °C in an exposure box cooled by dry-ice for 1 to 10 hr with 1 hr interval. After the exposure, the autoradiograms were developed in Konidol-X (Konica, Japan), fixed in Fuji general purpose fixer (Fuji, Japan), washed in water and dried at 18.5 °C. The slides were counter-stained with Eosin.

##### Grain counting and radioactivity measurement

Grains on autoradiogram were counted using an 11.73  $\mu\text{m}$ -grid micrometer under a light microscope ( $\times 1000$ ). Counted grains per microgrid area were calibrated to those per 100  $\mu\text{m}^2$ . Net grains / 100  $\mu\text{m}^2$  were calculated by subtracting the back-ground grains / 100  $\mu\text{m}^2$  from the total grains / 100  $\mu\text{m}^2$ . Other 5  $\mu\text{m}$ -sections of the same sample were attached to

thin polyethylene films, air-dried and punched circularly 6 mm in diameter. The  $^{18}\text{F}$  radioactivity in the punched section was measured with a gamma counter. Cross calibration between the gamma counter and a well-type dose meter was performed for  $^{18}\text{F}$ . Radioactivity per  $100\ \mu\text{m}^2$  of the section was calculated and corrected for decay.

#### Efficiency of grain production

Efficiency of grain production can be defined by the number of grains produced for every one disintegration in the specimen. In  $^{18}\text{F}$ , the number of disintegrations during exposure time of  $t$ ,  $D(t)$ , is mathematically expressed to be a time integral of  $^{18}\text{F}$  radioactivity function of  $A(0)\cdot\exp(-\ln 2\cdot t/T_{1/2})$  ( $A(0)$ : radioactivity at starting time of exposure,  $T_{1/2}$ : half life of 109.7 min), that is to say, to an  $A(0)\cdot T_{1/2}/\ln 2\cdot [1-\exp(-\ln 2\cdot t/T_{1/2})]$ . When the counted grains at exposure time of  $t$  is  $G(t)$ ,  $G(t)$  is equal to  $K\cdot D(t)$  ( $K$ : constant). The  $K$  indicates an efficiency of grain production at exposure time of  $t$  and the values of  $K$  were calculated by solving the above equation using experimental data of counted grains.

## Results

The mean  $^{18}\text{F}$  radioactivities of the 5- $\mu\text{m}$  liver sections of the mouse injected 7.5 mCi of  $^{18}\text{F}$ -FDG was 321 fCi/ $100\ \mu\text{m}^2$  at the starting time of exposure. The counted grains and the values of  $K$  as a function of exposure time are given in Table 1. The counted grains in the autoradiogram increased with the extension of exposure time until 6 hr, and then, decreased rapidly for next 1 hr followed by a gradual decrease. Background grains were constant over the experimental exposure ( $0.66 \pm 0.11/100\ \mu\text{m}^2$ ). The values of  $K$  were constant during the first 6 hr, rapidly decreased for next 1 hr followed by a gradual decrease.

## Discussion

Our  $^{18}\text{F}$  micro-ARG is a frozen section method to avoid the translocation of tracer during the sampling and ARG process.  $^{18}\text{F}$  is a short-lived positron emitting radionuclide and its half-life is approximately 2 hr. The grain production is related to the number of emitted positrons, that is to say, the duration of exposure time and the radioactivity<sup>4</sup>). If there is no latent image fading which reduces the developed grains, the value of  $K$  as an indicator of efficiency of grain production is constant and does not change with time. In this experiment, the grain production increased with time until 6 hr, however, rapidly decreased at 7 hr. The value of  $K$  at each exposure time was constant during the first 6 hr, however, rapidly decreased for the next 1 hr. These results indicate that the latent image fading occurred, at least, during 7 to 10 hr. In AR-10 stripping film, the efficiencies of grain production in  $^{32}\text{P}$  ( $E_{\text{max}}= 1.7\ \text{MeV}$ ),  $^{131}\text{I}$  ( $E_{\text{max}}= 0.82\ \text{MeV}$ ),  $^{59}\text{Fe}$  ( $E_{\text{max}}= 0.46\ \text{MeV}$ ),  $^{14}\text{C}$  ( $E_{\text{max}}= 0.15\ \text{MeV}$ ) and  $^3\text{H}$  ( $E_{\text{max}}= 0.018\ \text{MeV}$ ) are 0.39, 0.9, 0.8, 0.9 and 0.43 grains/disintegration, respectively<sup>5</sup>), however, the efficiency in  $^{18}\text{F}$  ( $E_{\text{max}}= 0.635\ \text{MeV}$ ) is

not known. In this experiment, the average efficiency during the first 6 hr were  $0.32 \pm 0.02$  grains/disintegration and was lower than those in  $^{131}\text{I}$  and  $^{59}\text{Fe}$  which maximum energies of emitted beta particles are close to that in  $^{18}\text{F}$ . There are some factors affecting the efficiency, such as the temperature, oxygen tension and humidity<sup>4</sup>). In  $^{18}\text{F}$  micro-ARG, the exposure at low temperature of  $-70^\circ\text{C}$  may be a main factor for the low efficiency. From views of the efficiency and the grain production, it can be concluded that 4 to 6 hr (twofold to threefold half life of  $^{18}\text{F}$ ) is preferable for the appropriate exposure time in the quantitative  $^{18}\text{F}$  micro-ARG.

## References

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Table 1. Counted grains and K values.

Exposure time (hr)	(321fCi/100 $\mu\text{m}^2$ )		
	Counted grains (unit:*1)	K value (unit:*2)	Back-ground grains (unit:*1)
1	12.1 $\pm$ 2.3	0.34	0.6
2	16.9 $\pm$ 6.4	0.28	0.7
3	22.8 $\pm$ 7.9	0.30	0.6
4	28.6 $\pm$ 4.8	0.32	0.8
5	32.5 $\pm$ 9.7	0.34	0.8
6	33.2 $\pm$ 4.9	0.33	0.7
7	28.3 $\pm$ 3.8	0.27	0.6
8	26.2 $\pm$ 9.9	0.24	0.6
9	23.5 $\pm$ 4.1	0.22	0.6
10	21.9 $\pm$ 1.9	0.20	0.6

\*1: grains/100 $\mu\text{m}^2$ , \*2: grains/disintegration,  
Values are mean $\pm$ S.D or mean.