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Banner News

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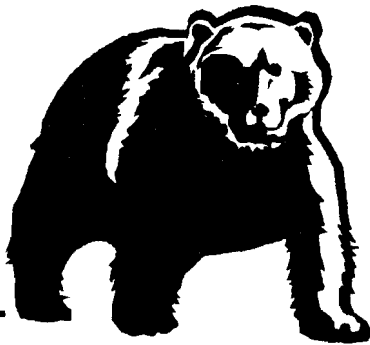
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BEAR FACTS



Volume 46, Issue 1

"The Voice of the DMACC Boone Campus"
Serving the Community Since 1956

Sept 13, 2000

DMACC to celebrate China Year

By Melanie McCane
Bear Facts Staff

"Knee chur le may yo?" Translation: "Have you eaten yet?" These might be the first words to come out of the mouth of a Chinese native had you been visiting him at home or just passing her on the street. Though not written in true Chinese text, that is how it would be pronounced by an American. Such an interesting expression, and if answered, "Cher bau," "I have eaten until my belly is full," would be the correct response.

The Chinese greeting is just an example of how unlike our expressions are from those in the Chinese culture, as a simple "hello" would suffice in the United States. As many of you may not know, DMACC studies a foreign country every year, and fortunately for us, China was chosen for the 2000-2001 academic year.

"How am I going to find time to study something else with all my classes and activities I am involved in?" The faculty makes it simple in that they have incorporated some of the Chinese influences right into many of our basic curriculum classes. Events and activities taking place this spring and fall on the five DMACC campuses include several speeches on China, films, musical performances, handicrafts, and even performances of Tai-chi (a form of martial arts).

Other activities planned for the Boone Campus include a bookclub featuring *The Concubines Children* and *Waiting*, a possible ride on the Boone train pulled by an authentic Chinese engine, a Yan Xin Qigong lecture and a China luncheon.

Already this past summer, DMACC sponsored a dragon boat team that Jan LaVille, Boone Campus instructor, participated in, and four of the faculty members

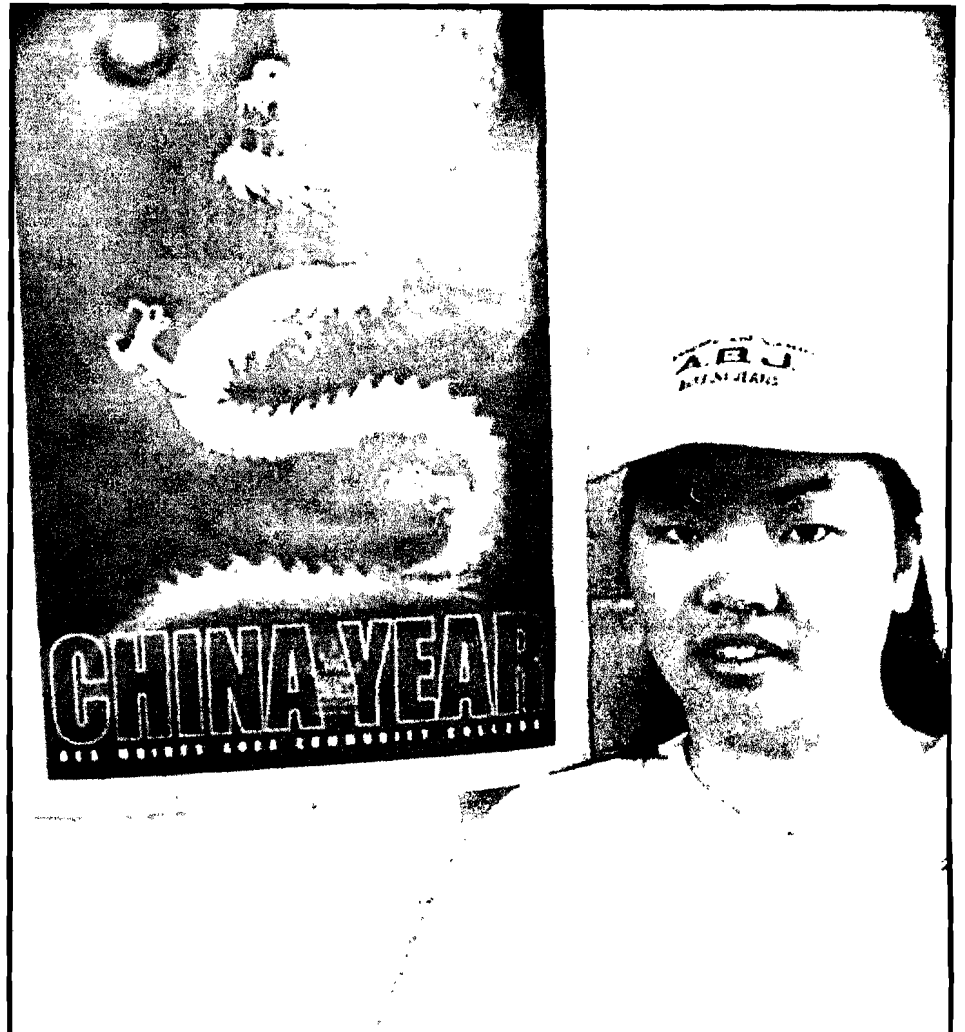
on the Ankeny campus even visited China for a couple of weeks.

Chair of the China Committee, Will Zhang, an English instructor at the DMACC Ankeny campus said, "China is a country with a 5,000 year history and over 1.2 billion people. Its culture is very different from the Americans, so it might be fascinating to us. However, most of us learn the Chinese culture only through Chinese restaurants and Chinese (people) in the U.S."

On the Boone campus, we have many foreign students, several of whom are actually from China. If you get the chance, sit down with one of them and chat awhile. You might find out some rather interesting facts about the country that has over fifty minorities alone. One of these students, Chin-Yen Chen, Taiwan, has volunteered to be the student coordinator for China Year activities on our campus. Chen has been in Iowa for two years and is studying management information systems here at DMACC. She has set the organizational meeting for Monday, September 18, 2000, at 1:30 p.m. in the Courter Center. Contact her or LaVille for further information.

And did you know that Iowa has a sister state in China? Grab a globe sometime and find Hebei Province, then amaze your family and friends with your knowledge.

The Bear Facts will keep you updated on the upcoming events later on in the year. If you want more information on China Year, check out Will Zhang's comprehensive website. To access it, just go to the DMACC homepage, click on instructors, go to Z for Zhang, and then enter his China Year website through his homepage. As for now, from all of us at the Bear Facts, "Zhaigh-gin!" (good-bye for now).



One of these students, Chin-Yen Chen, Taiwan, has volunteered to be the student coordinator for China Year activities on our campus. Chen has been in Iowa for two years and is studying management information systems here at DMACC. She has set the organizational meeting for Monday, September 18, 2000, at 1:30 p.m. in the Courter Center.

Enrollment for Fall 2000 surges

By Aaron Forrester
Bear Facts Staff

Registration for the fall semester at the Boone Campus of the Des Moines Area Community College is officially over. "The campus is seeing what may be record numbers this semester, both in terms of headcount and credit hours," said longtime Boone campus counselor George Silberhorn.

This is an encouraging sign for the campus, which ranks third in size out of five campuses. The Ankeny and Urban campuses have higher enrollment than the Boone campus, while the Carroll and Newton campuses have lower enrollment. Enrollment at all five campuses is up by a

total of two percent from last fall. The Boone campus, however, has seen an increase in headcount of over ten percent.

According to Bill Hitesman, Executive Dean of Boone Campus, the headcount as of Monday, September 11 at the Boone campus is 1254 students. This is up from last fall's total headcount of 1044. The number of credit hours taken is up as well. There were 9803 credits taken last fall, and that number has increased by 9.9 percent this fall.

While enrollment in general was up, two of the campus' newer programs fared especially well. According to Silberhorn, the enrollment for the civil engineering program is very good and the new exercise science program is full.

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PBL attends National Leadership Conference

By Marie Dostal & Nancy Thomas
Contributing Writers

Phi Beta Lambda members who competed in the State Leadership Conference on DMACC Boone Campus in March and placed in the business events had the opportunity to attend the Phi Beta Lambda National Leadership Conference. This past July, seven students and adviser Linda Plueger, traveled to Long Beach, CA for a week. Plueger said, "Watching DMACC Boone Campus PBL students experience new adventures was enjoyable. Many had never attended a national convention, some had never flown, and some had never been to the West Coast."

Students attending were Beth Shultz, Sara Foderberg, Kim Cunningham, Amie Hull, Marie Dostal, Nancy Thomas, and Teri Hughes.

According to Shultz, "The conference was a great experience. I met a lot of interesting people from all parts of the country. I'm looking forward to next summer."

At the conference each PBL member competed in a business event along with over 2,000 other students from across the nation. They also attended different workshops.

The DMACC Boone Chapter received First Place Local Chapter Market Share Award North Central Region and Gold Seal Chapter Award of Merit. The Gold Seal Award is earned when a chapter completes several requirements, such as, doing a chapter report, having an entire class be

PBL members, doing service projects, being involved with businesses, participating in state and national PBL projects, and more.

For Thomas, the trip and people she met were the highlights. "I enjoyed looking out of the airplane seeing Hoover Dam and the Painted Desert. The PBL National Leadership Conference was a great experience because of all the things we had a chance to do. I had an opportunity to meet a person from a different country who goes to college in California, and we became pen pals."

Some students said it was an honor to get to attend. One remarked that California is so different from Iowa--the food, the people, and the humidity. When the group woke up in the morning, they saw swaying palm trees and the clear, beautiful blue ocean. Even though they had workshops, seminars, and competition in different categories, they had time for fun.

Foderberg and Dostal liked the sight-seeing and shopping. Dostal also said, "It was a wonderful learning experience and nice to have a 'mini vacation.'"

The people they met came from different parts of the world. They all seemed to think they learned something different. Cunningham summed up the trip this way, "I was glad to have the opportunity to attend the PBL National Leadership Conference in Long Beach, California. It was a very educational and fun experience."

PBL members will compete this school



Right to Left: Kim Cunningham, Beth Shultz, Amie Hull, Sara Foderberg, Linda Plueger-Advisor, Nancy Thomas-Treasurer, Teri Hughes, and Marie Dostal-President

year to attend the PBL National Leadership Conference next summer in Orlando, Florida.

Hitesman sets goals for Boone Campus

By Matt Rinker
Bear Facts Staff

In mid-June of this last summer, DMACC's Boone campus went through some big changes by bringing in new Executive Dean, William L. Hitesman.

With school in session for about three weeks now, Hitesman is very pleased with what he sees, from the staff to the students to the community. "There's tremendous

internal support, college wide," said Hitesman.

Hitesman has an extensive background. He acquired his master's degree in higher education from Iowa State University, a diploma in welding from Northeast Iowa Community College, and earned his bachelor of science in physical education from Winona State University. Hitesman's educational background is enough to get him many jobs, but it was his experience that got him here.

From 1982-85 Hitesman served as Admissions Coordinator at Northeast Iowa Community College in Calmar and Peosta. Then he moved to Southwestern Community College where he was involved in many ways, serving as Director of Student Services, Director of Admissions and Assessment, and Coordinator of Admissions. His experience doesn't stop there.

Since 1997 Hitesman has served as Executive Dean at the Indian Hills Community College, Centerville campus. "I'm getting older and the experience is paying off," said Hitesman.

Some long and short-term goals that Hitesman has in mind are campus expansion, new programs, remodeling, strategies to increase enrollment and improve retention and dorms.

Hitesman has, in his short time here, set up a list of "Boone Campus Goals" which he hopes will continue to better the school. They are as follows:

- * Support a campus culture that encourages communication and rapport at all levels
- * Deliver quality service to both prospective and current students that contributes to the successful completion of their education.
- * Provide opportunities for personal and professional development.
- * Monitor operational procedures to enhance effectiveness and efficient use of all resources.
- * Design programs and services for students to promote life skills.
- * Develop programs that enhance awareness and understanding of multi-cultural diversity.
- * Improve overall campus environment.
- * Promote continuous improvement in all areas.

Hitesman has been a very involved person throughout his years, from three-time All-American wrestler at Winona State, president of the Worrier Club, and the Iowa State University Community College Leadership Program.

Hitesman wants to interact with the students saying, "I'm not a closed door dean, say 'hi' - introduce yourself."

With his simple desire for all the students, the staff, and the community to gain from all the changes, he asks little in return. "Rewards are not immediate, when students come back and give a thanks, then the student is the reward," concluded Hitesman.

Rezoomers Club

By Maggie Stone

DMACC BOONE CAMPUS--If you've been out of school for two years or twenty years or even more, you are invited to join the REZOOMERS CLUB, the organization on campus for adult students who are resuming their education.

The informal meetings are held twice monthly, the first Wednesday and the third Tuesday of each month between 11:30 a.m. and 1 p.m. in the Courter Center.

The purpose of the meetings is to provide support to adults who have been out of the school setting for awhile. "Mostly, it's a way to get acquainted, make new friends, and discuss with others sharing similar experiences what it's like to be back in a school routine," said Maggie Stone, sponsor for the REZOOMERS.

"We generally have some speakers during the year offering tips for returning students. It can be a little overwhelming to juggle kids, a job, and school, too. Sometimes it just helps to talk it over with folks who have been there and done that," Stone said. "It's a great way to make new friends when you first start back. I encourage all new and returning adult students to join us at our next meeting, Tuesday, September 19, 2000. Feel free to stop in anytime between 11:30 a.m. and 1 p.m. in the Courter Center. A block of tables will be reserved for the club."

For additional information, contact Maggie Stone in room 124.



FEATURE

Sept 13, 2000

Freshman Money Trouble

Jensie Lauritsen
Bear Facts Staff

Okay, here's the scenario; First semester at college, first time living alone, first time having to budget your own money so that you're avoiding signing up for the next "Survivor" just to get some of the free rice! Everybody told you that it would be harder than you thought to make your money last through the month, and now you have begun to believe them.

This year's freshmen or first time "on their own-ers" have begun to feel the strain of life without parents. Most students do not realize how quickly their monthly funds disappear. Sadie Heimbaugh, freshman, said, "My money (from home) gets me through most bills and about two week of food." Some students mentioned a car payment or cell phone bills as an explanation, but most did not know where the money went.

Living on your own for the first time is usually a great experience! You can decide when things will or won't get done, what you will eat and if the dishes are washed that day. Living on your own brings a lot of new decisions to be made, and with those new choices comes new responsibility. This responsibility for cleaning, cooking, and laundry is not new for some students, but not having ready access to their parents vacuum, food, and laundry detergent is a new challenge. All of this costs money, and when the money is gone, so are the clean floors and clothes and the dirty dishes start piling up in the sink.

A lot of freshmen girls fear the "Freshman 15", a belief that all women gain about fifteen pounds when they go to college, but if they have no money for food they probably won't gain the weight.

Part of the problem that college students experience is they tend to buy prepared food such as freezer burritos and take-out pizza. Kevin Alberts, freshman, said, "We eat pizza about once a week." This food is not only higher in fat, while lower in nutritional value; it's also more expensive than basic foods from the grocery store.

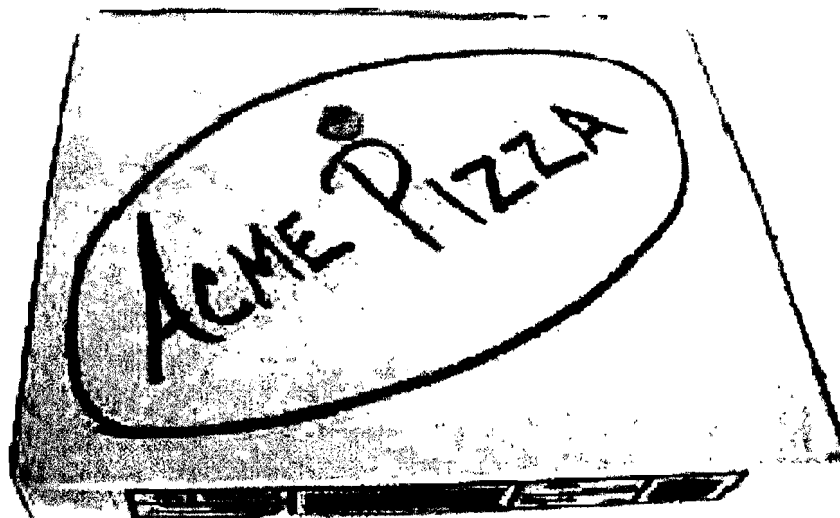
A medium pizza from any local pizza place will cost you between \$8 - \$15. With this same amount, let's say \$12.50, at the local grocery store, you can buy one gallon of milk, a loaf of bread, one pound of deli sliced ham, two small tubs of margarine, a jar of peanut butter, one dozen eggs, five pounds of potatoes, and everyone's favorite; seven packages of ramen noodles.

Things to stay away from in the grocery store are boxed cereals, prepackaged meals, and snack foods. This is just one suggestion of ways to save money.

There are a lot of ways to control your spending but the easiest way might be to write down what your'e spending money on. Once you know where your money is going, it will be easier to find sensible solutions for making your money last.



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Students find parking inadequate

By Sadie Heimbaugh
Bear Facts Staff

Most freshmen probably showed up for their first class with plenty of time to spare. Little did they know that it would take much longer than 15 minutes to find a place to park in the DMACC Boone Campus parking lot.

After arriving at the school, they possibly discovered that not only was the parking lot filled, but the grass surrounding the school and the block that circles the campus were filled with cars. Surprisingly enough many may have been late to class.

Not only are students running into this problem, but faculty members as well are experiencing the same difficulties. This is a problem that has increased year after year, especially with record enrollments. The parking lot is simply not adequate for the number of students and faculty on the Boone Campus. While the number of computers has increased with the number of students, the capacity for parking has not changed.

A call to serve

By Stephen E. Sachs
Harvard Crimson

(U-WIRE) CAMBRIDGE, Mass. -- "So to the young people watching tonight, I say: This is your time to make new the life of our world. We need your help to rekindle the spirit of America. Believe in our country. We believe in you."

These words, delivered by Vice President Al Gore (Harvard University '69) near the end of his acceptance speech at the Democratic National Convention, were but meager inspiration for one of the most politically uninvolved generations in history. The phrases were unremarkable -- making new the life of the world gets repetitive every four years -- and seemed out of line with a family-centered rhetoric and platform that paid little attention to young adults.

On the other hand, Texas Gov. George W. Bush's acceptance speech contained no similar apostrophe to the young, except for a promise that Social Security reform would let younger workers accumulate "sound, responsible investments" into a retirement nest egg "over 30 or 40 years." Perhaps both parties have written off the youth vote this year, choosing to aim at demographics that have less apathy, more concrete demands and bigger pocketbooks to vote with. After all, in the 1996 presidential election, only one third of those 18- to 24-years-old cast a ballot.

Unfortunately, politicians have misread the attitude of younger voters. The problem today is not apathy, it's distrust. Today's youth do not shy away from the problems of their community; instead, they shy away from politics as a solution to those problems, choosing to help through private initiative and community

The unpredictability of the parking is also a problem. One day you may pull up and find several parking spaces. The next day a student may show up and circle the campus numerous times looking for a spot. Students and faculty can never be quite sure whether they should leave their house five minutes before class begins or if they should leave twenty minutes early.

Some nights, when youth soccer programs are underway, night parking is also difficult for students and staff.

Numerous solutions have been offered to cure this increasing problem. One solution is to extend the parking lot. Other possible solutions include a city bus that students could use instead of driving their own vehicles to school. The Boone DMACC campus population is growing each year, which means the number of cars driven here each semester is increasing as well. The parking, however, has stayed the same; something must be done to meet the needs of the students and the faculty.

service with a dedication that could, with some effort, be diverted into the public sphere.

A recent and groundbreaking study conducted by students affiliated with the Institute of Politics documented this commitment to public service. After surveying 800 students nationwide, the study's authors found that only one of six college students had joined a political or issues-related organization, and less than one in 15 had chosen to volunteer on a campaign -- yet more than half had decided to give back to their community by participating in public service. But this surge of public service is combined with a strong distaste for the political process. The vast majority of students -- 85 percent -- feel that voluntary action is more effective than political engagement at solving local problems, and a full 60 percent have come to believe that the same is true at the national level. Politics has become a dirty word; those who enter the political process are labeled as self-serving rather than committed by a margin of three to one. Community service sometimes brings instant gratification, with plenty of friendly faces and beaming kids. Political involvement is a thankless task in which good work is easily lost amid petty differences and the lust for power.

There is no reason to sneer at commitment to the community. But to think that government action can be effectively replaced with private initiative is dangerously shortsighted. (Remember the successes of that great champion of voluntary action, Herbert Hoover.) For all its faults, politics is also a means by which the mighty power of government can be turned to good ends rather than bad. For

The sounds of music

By Patrick Fleming
Bear Facts Staff

Welcome back DMACC students and faculty, how was your summer? Mine was wonderful, I went to some fabulous shows, and got some wonderful albums that I will be sharing with you in the upcoming semester. I would also like to welcome any new students we have here and try my very best to inform them on where to go for live music in the area so here we go!

Album Review

This summer I was introduced to an amazing band from Omaha, Neb., that is turning the heads of music critics alike and Japanese teenagers everywhere. Bright Eyes is a group led by 21-year-old singer/songwriter prodigy Conor Oberst. At this very moment, Conor is being praised for his band's new album *Fevers and Mirrors*. This album is a true test of the listener's emotions. The album flows in a depressing matter, "I kissed the girl with a broken jaw that her father gave to her. Now and again, it seems worse than it is, but mostly the few is accurate," is just an example of the heart-wrenching lyrics that are cried out on *Fevers and Mirrors*.

The album's sound is truly unique; it may be like nothing you have ever heard before! But trust me, it's also a sound that may not grab the everyday radio listening fan. The production is lo-fi yet so well done that you can't find one bad thing about the album.

Fevers and Mirrors is my second favorite album of 2000, so far. It's one of the most emotional albums I have ever heard in my entire life! Here's what the College Music Journal had to say about the album: "Fevers and Mirrors is a superb album, articulate and powerful...the breakout moment of a first-rate lyrical voice." - CMJ (New York, NY)." If you're interested in picking this album up, you can buy it at People's Music in Ames. Or you can go

young Americans to neglect political involvement in favor of private measures, deciding not to vote because they gave at the office, is to invite those with special interests to raid the public treasury and subvert the public good.

Phillips Brooks House is not the White House. No matter how many cases the Small Claims Advisory Service takes on, it couldn't counteract another 75 percent cut in the Legal Services budget from the GOP Congress, nor could ExperiMentors train a new generation of scientists from schools with inadequate lab equipment. A personal commitment to the environment won't veto laws drafted by industry lobbyists; only a presidential commitment can do that. Government doesn't need to be the only solution, but it must be part of the solution -- or we will quickly find it, as the saying goes, to be part of the problem.

So one must wonder what politics might look like if young voters were offered more than appeals to vague tasks of renewal or to raw self-interest -- especially in an election like this one,

right to the source at www.saddlecreek.com.

Concert Review

On September 6, I hopped into my car with five friends and headed north to Minneapolis, Minn., to see one of our favorite bands, WEEZER. WEEZER performed two sold-out shows at the world famous First Ave. Nightclub (which is owned by the Artist now known again as Prince).

We arrived early enough to catch both shows, but we decided to stand outside the venue, as the first show's line ended. We decided to just go to the second show that we already had tickets for. This was one of the smartest things I have done in my 20-year-old life. We got two WEEZER performances for the price of one. We listened to the entire first show from outside of the club, and that was good enough for me, hearing seventeen perfectly crafted power-pop songs played as beautifully as they were recorded just a few years ago.

WEEZER is most notably known for their MTV hits, "Buddy Holly" and "The Undone Sweater Song," but their second album, *Pinkerton*, is by far their most astonishing accomplishment ever. Few people actually own this concept album that was released in 1997 off Geffen records, but the ones that do, listen to it religiously.

I was happy to see that the band played a good deal of this marvelous album that is maybe the most underrated album ever! The band was as tight musically as I have ever seen a band be. Their nerdy-guy-next-door stage presence made the crowd of 1,100 people a smiling manifesto of pure happiness. Look for a new album by WEEZER sometime this winter.

Well it's good to be back, and I would love to hear any feedback about music that you may have. If you would you like me to review your favorite record, or just talk about music, send me an e-mail; my address is wheatlord1@yahoo.com. Thanks.

where there is such a stark contrast on issues like the environment, equal rights and social justice that attract the energy of new voters. Imagine if the candidates at the conventions had read the IOP survey, had listened to its recommendations and had said: "To the young people watching tonight, I say: "Many have called you an apathetic generation. I know that is untrue. I know you are committed to helping others through public service. That is why my administration will be firmly dedicated to opening the political process to you, promise that the second bill that I will send to Congress -- after campaign finance reform -- will create for you new avenues of participation in the political process. It will streamline the process for voter registration and for absentee ballots, so you can vote more easily from college; it will offer stipend awards to those who take summer jobs to work in the political process; and it will provide additional

(continued on page 12)

FROM THE EDITOR'S DESK

By Arthur Davis
Bear Facts Staff

This semester has brought many new faces to the DMACC campus. I can imagine that many of you may be looking for help or wondering where to find that help.

Students should use all of the services available here on campus. Some of these services are found in the Academic Achievement Center (AAC), in the library, and through the academic advisors.

The AAC offers a quiet place to study, peer tutors, access to computers or you can obtain help on most of your subjects.

The library can help you to find research material, a book to read, a video or c.d. to help you relax or the staff can help with the computers.

The academic advisors will help you schedule your classes for spring, to figure out where you want your academic career to go or what major you may want to pursue.

Students should also register for classes as early as possible. If you think that you need to drop a class, do so as soon as possible, before the drop date, November 6.

Talk to Vicki Lauzon or Joanne Temple in the Business/Financial Aid Office about scholarships or grants to lighten your financial burden here at school. George Silberhorn, counselor in the main office, can also be of service for questions concerning scholarships.

Ask questions of all the faculty or staff members here on campus. Most are open people who will lend a helping hand to a student.

And last, but not least, read The Bear Facts newspaper. There are always helpful tips or upcoming events mentioned in the paper.



Distributed by Collegiate Presswire Features Syndicate

The Doctor Is In

Top 10 study tips for success

By Dr. Jane Martino, Boone Campus Psychology Instructor
Contributing Writer

The field of psychology offers some clear information about learning. This information can be applied to help students to successfully study. Some students do need to study longer, but most need to learn how to be more effective learners.

1. Set realistic goals. Students often want to earn good grades. See that you have the background which the course demands as well as clock hours to fulfill course requirements. Course goals are set on what you can do with your current life demands. Then be content when you achieve your goal. It may difficult with other demands in your life to say you "MUST" have a 4.0 GPA.
2. If at all possible study daily. The human brain works better if stimulated on the same information within 24-hour periods.
3. Carefully organize course information into one study source. Combine needed information from class notes, your text and any other suggested sources into one. Study from that synthesized set of notes. People associate sources and the information contained. It is difficult in a tense test situation to put together information from diverse sources.
4. Allow enough time to study. Generally college courses require two hours out of class for each hour within the classroom. Another way to state this is that students generally must review the same material ten times before they actually know it.
5. Attend at least 90% of all your class sessions. Instructors often give students needed information during the class. During the class session, the instructor may emphasize or organize information in a way that helps you understand differently.
6. Read and study in an environment that is "word quiet." Words interfere with other

words. Instrumental background music may actually help you study if it blocks out other conversations or the television.

7. Study in the same state you plan to take the test. People remember information they study when alert better when they are again alert. The same holds for fatigue, hunger, and even alternative states of consciousness.

8. Use your natural talents to improve your scores. Some students learn better through listening; others through taking notes and others through reading. Learn how you learn best and utilize those skills. If you are an auditory learner, ask to bring in a tape recorder and play back the lecture in your car on the way to and from school. If you have difficulty taking notes but need to see the lecture, ask a friend if you can copy their notes. If you need to write down the information, then do so, even using a variety of colored pencils for emphasis.

9. Get regular physical exercise, eat a healthy diet and get an average of at least seven hours sleep a night. These typical nags from childhood seem to make a big difference over the months of study time that lie ahead. Occasional late nighters certainly are part of a college career. However, if these become the norm, long term retention may be compromised.

10. If individual classes or school in general becomes confusing, ask for help. You are paying for these classes, so don't be afraid to ask questions. Each instructor has office hours. They can often put students on the right track through conversing about the material. When you visit with the instructor, bring in what you have tried to do, so the instructor can see how you are studying as well as what you are studying.

Coaches pumped for upcoming season

By Kevin Alberts
Bear Facts Staff

Lori DeJongh-Slight is currently entering her second season as the head coach of the women's DMACC Volleyball Team. Coach DeJongh-Slight and her assistant coach Don Gromala are both pumped for a great season.

DeJongh-Slight coached volleyball for about eight years. She coached at Colo-Nesco High School as an assistant coach in 1994, and then became the varsity coach in '95. She transferred from Iowa State to Buena Vista University in 1996, where she worked as the assistant coach. DeJongh-Slight coached women's volleyball at Aurelia High School in 1997, while student teaching. Then in 1998, she became the head coach at Storm Lake

High School.

Gromala is currently enrolled as a mechanical engineering major at Iowa State University. He played volleyball in his high school club in Illinois, which he said is known for excellent volleyball programs. He also was the team captain for the men's Iowa State Club team. Gromala has coached other junior college teams also.

Coach DeJongh-Slight says, "Having Don as an assistant coach is a real big help for me because when I can't make a practice, I can always rely on him to take over."

She went on to say, "The recruiting this year was excellent. We have sixteen participants this year, compared to last year's eight. We have recruited a lot of Boone High School students. We have

recruited all intra-state players except one, who is from Milwaukee. There are also six players returning from last season."

"The bonding has been wonderful," said DeJongh-Slight, "and the players have been getting along well, while having fun." The volleyball team's goal is to make it in the top three in their conference.

The teams height and defensive style of play tends to be a great strength in their game. Coach DeJongh-Slight said, "I would like the team to be a stronger offensive team. If we combine our offense, our defense, and our blocking, we should be unstoppable!"

The first home games are on Sept. 19, against Indian Hills and Ellsworth at 6 pm.

Volleyball returns six players for Bears

By Kevin Alberts
Bear Facts Staff

The women's volleyball team at DMACC has six players returning for the season: Leslie Howerton, Colo-Nesco; Emily Brooks, Boone; Victoria Rowley, Moravia; Stephenie Henderson, Ballard-Huxley; Wendy Johnson, Ankeny, and Tracy Shaw, Bondurant-Farrar.

The team said that their top goal this year is to win their conference and make it to the Nationals. They just want to play well together, show people that they can play ball and have a winning record.

Compared to last year's team, this is larger in numbers, taller, physically stronger, and some members of the team say they hold higher standards.

The coach has high expectations for them, and the players believe that that is exactly what they need.

The freshmen appear to be hard working and mentally strong. They also have physical strength, which is a big help for the team.

The six returning players cannot wait for the first home opener on Sept. 19 against Indian Hills and Ellsworth at 6 pm.

DMACC Volleyball 2000 Schedule

August

Monday	28	Scrimmage W/ICCC	Fort Dodge	4:00
Wednesday	30	Kirkwood	Cedar Rapids	7:00

September

Friday	1	Indian Hills Tournament	Ottumwa	5:30
Saturday	2	Indian Hills Tournament	Ottumwa	9 am
Friday	8	NW-SCC Tournament	Muscle Shoals, AL	tba
Saturday	9	NW-SCC Tournament	Muscle Shoals, AL	tba
Wednesday	13	NIACC & Waldorf	Mason City	6:00
Saturday	16	Iowa Central	Fort Dodge	2:00
Tuesday	19	Indian Hills & Ellsworth	Boone	6:00

Wed. 20 IOWA STATE VS MISSOURI BOONE 7:00

Tuesday	26	Iowa Lakes	Boone	6:00
Thursday	28	SWCC & SECC	Boone	6:00
Friday	29	Iowa Western Tournament	Council Bluffs	1:00
Saturday	30	Iowa Western Tournament	Council Bluffs	9 am

October


Wednesday	4	Southwestern	Creston	7:00
Monday	9	NIACC	Boone	6:30
Friday	13	Iowa Central	Boone	7:00
Saturday	14	Ellsworth	Iowa Falls	11 am
Wednesday	18	Kirkwood & Waldorf	Boone	6:00
Friday	20	Iowa Central Tournament	Fort Dodge	4:30
Saturday	21	Iowa Central Tournament	Fort Dodge	9 am
Wednesday	25	Iowa Lakes	Estherville	6:00
Friday	27	SE-NEB. Tournament	Beatrice, NE	tba
Saturday	28	SE-NEB. Tournament	Beatrice, NE	10 am

November

Friday	3	Regional Tournament	Creston	10 am
Saturday	4	Regional Tournament	Creston	11 am

Monday	13	NJCAA Championships	Battle Creek, MI	tba
Tuesday	14	NJCAA Championships	Battle Creek, MI	tba

Strike up the Band!

 If you play a musical instrument and would be interested in volunteering your talents, please stop by the Financial Aid Office and leave your name, phone number, and the kind of instrument you play. Maggie Stone or other members of the Pep Band Committee will contact interested individuals to determine the best time for an organizational meeting.

Punch Cards

Now available

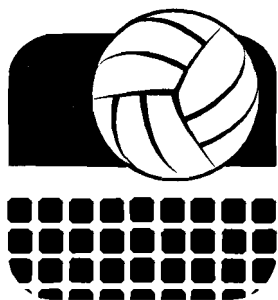
Campus Cafe

For those who prefer not to carry cash!

SPORTS

Sept 13, 2000

DMACC VOLLEYBALL 2000



Name	Pos.
#5 Leslie Howerton	OH
#6 Emily Brooks	MH
#13 Victoria Rowley	OH
#2 Stephenie Henderson	MH
#4 Wendy Johnson	Setter
#3 Tracy Shaw	DS
#9 Caitlin Jacobsen	MH
#14 Amanda Murphy	Setter
#15 Stacy Britson	OH
#16 Jill Dubberke	DS
#7 Beth Danilson	OH
#8 Shonelle Kudrna	OH
#10 Cindy Grundstad	DS
#11 Heather Behn	OH
#1 Erin Rice	Setter
#12 Laura Stolte	OH

Head Coach: Lori DeJongh-Slight
Assistant Coach: Don Gromala

Salmon named athletic director

BY SCOTT ANDERSON
Bear Facts Staff

Last spring, the DMACC Boone Campus named Orv Salmon, long-time Drake assistant coach and broadcaster, to serve as the college's athletic director and men's head basketball coach. Salmon succeeds Terry Jamieson, who resigned to accept a position in Missouri.

"I'm excited for the opportunity to develop a quality community college basketball program," said Salmon. "With 12 years experience in college athletics, the idea of administration appealed to me," he said on the motivation to take the athletic director position.

As athletic director, Salmon will oversee the four major sports programs at DMACC in men's and women's basketball, volleyball, and baseball. "Because of the size differences, you have to wear many hats," said Salmon on the challenge of going from Division I to the junior college level. "The general goal will be to establish credibility with our athletic teams," said Salmon.



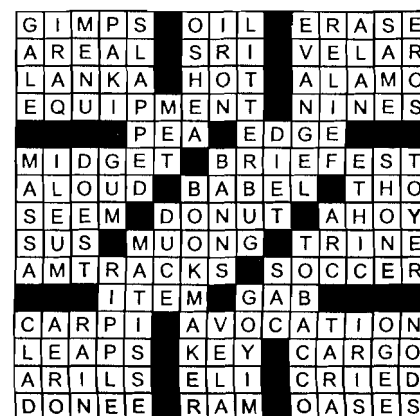
Orv Salmon

Salmon has been an assistant at Missouri Western and Moberley Community College and was head coach at St. Joseph Community Schools from 1977-79. He was a television and radio analyst for Drake from 1986-97. Recently he was an assistant for the Manchester Giants in England and was an assistant coach at Drake last year under Kurt Kanaskie.

Salmon grew up in Cedar Falls and is a 1973 graduate of the University of Missouri-Columbia. He has an M.A. in education administration from Truman State University.

Salmon's wife, Betty has been a Biology teacher for 20 years. They have twin sons, Marc and Nick, who are CPA's in Minneapolis.

Salmon is excited about the future of DMACC athletics. "We have outstanding coaches in John Smith, Bob Terrones, and Lori Slight, who are committed to DMACC and their student athletes."



Home Opener September 19 against Indian Hills CC and Ellsworth CC



photo by Arthur Davis

The 2000 DMACC Bear Volleyball Team took 3rd at the Northwest Shoals Community College Tournament in Muscle Shoals, Alabama. Bottom row L to R: Coach Slight, Caitlin Jacobsen, Laura Stolte, Leslie Howerton, Amanda Murphy, Victoria Rowley, Stacy Britson, Emily Brooks, Wendy Johnson Top row L to R: Erin Rice, Stephenie Henderson, Beth Danilson, Tracy Shaw, Shonelle Kudrna, Cindy Grundstad, Jill Dubberke, Heather Behn.

DMACC's sociology department's new enforcer

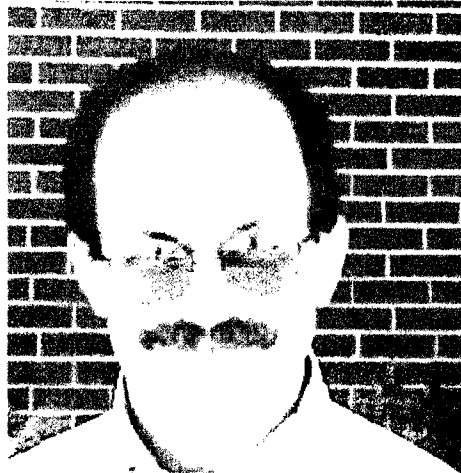
By Michele Thamke
Bear Facts Staff

Pete Conis, newly hired sociology instructor, is new to the Boone Campus; however, DMACC is not new to him. Dr. Conis is both an Ankeny DMACC and Iowa State University graduate, so he knows first hand what a lot of Boone DMACC students are experiencing.

Many non-traditional students have worked jobs and then attended or returned to college. Dr. Conis is no exception. He was a part time student for sixteen years, while he has worked full time in law enforcement for a total of twenty-seven years.

Dr. Jane Martino, group leader for the social sciences department, said, "We are extremely fortunate to have Dr. Conis as a member of our full time staff. While he has worked part time for DMACC, he also is recognized throughout the state and nation for his work in the area of sociology. His expertise and experience will be a tremendous asset to our campus."

What makes Dr. Conis' addition to DMACC in the sociology department such an asset is the man himself. In the past, Dr. Conis has taught at the Law Enforcement Academy in Des Moines, with his focus on violence against women and criminal deviance. He said, "There is a strong overlap



Pete Conis

between law enforcement and sociology, with both careers building the other." Sociology is constantly changing, so Dr. Conis is always learning. This only reinforces his law enforcement training.

Students in Dr. Conis' class soon discover that he draws them in, as well as drawing their respect. Upon visiting his class, it was apparent that he makes eye

contact with each student in the class and is aware of everything that is going on, without using intimidation. Within the second class meeting, he has made the effort to personally reach out to each student. By asking questions, observing body language, looking at and reading the faces of his students, he appears to reach out to them effectively. Dr. Conis said, "My work in law enforcement has trained me to read a situation quickly and effectively." He seems to do this very naturally.

Dr. Conis' teaching philosophy is to have students get to know the subject during class time. "If students can instill the terms they need to know right away, it makes the subject real to them," he said. His method of teaching is to begin each class period by giving the students vocabulary words from their textbook and actual class time to work on them. At the end of each class period, he gives the students a study guide with ten true/false and multiple-choice questions on it. Again, Dr. Conis gives the students class time to work.

Instead of packing up, expecting to leave or not working on the study guides, the students stay and quickly work. What he has implanted in two class periods to his students is to do this particular work in class, ask him questions if they need to, and ultimately, apply the knowledge right away.

Dr. Conis' advice to traditional and non-traditional freshman is to "Ask questions from someone who can give you answers."

Boone campus Executive Dean, Bill Hitesman, said, "When we hire faculty at DMACC, we consider several things: 1) academic preparation 2) relevant expertise in the field and 3) any licensure issues. We also try to identify strengths in communication with students and ability to work effectively with colleagues, community, and students. I think Dr. Conis will be an outstanding asset to this campus and DMACC."

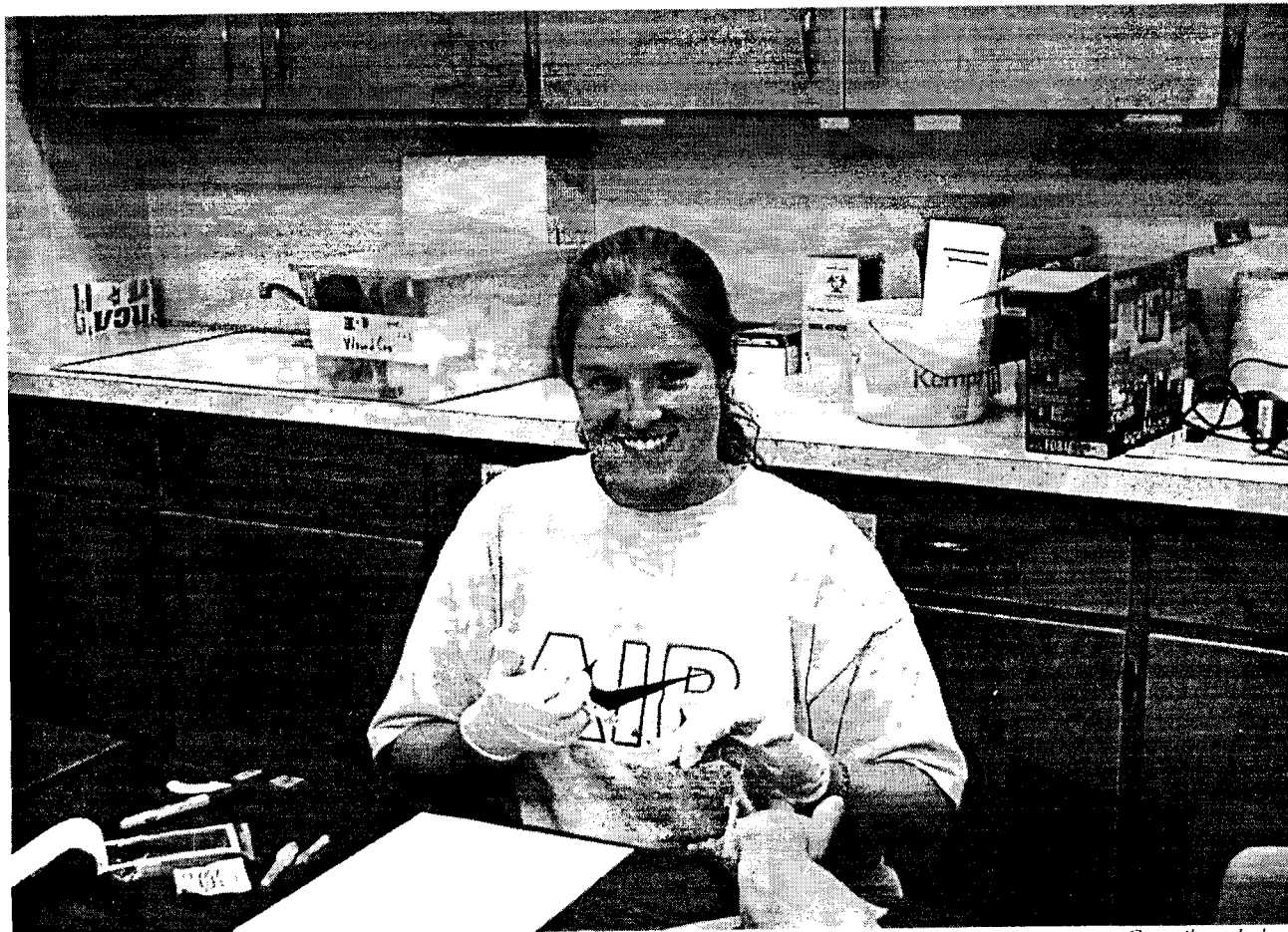
Dr. Conis lives in Ames with his wife. They have three children and one four-year-old grandson who lives in Story City with his parents. In the past, Dr. Conis and his wife competed in weight lifting. Now, he is content to lift weights and ride horses non-competitively.

PLAY TRYOUTS

DMACC Boone Campus--Auditions for the comedy-mystery, *Murder on the Rerun* by Fred Carmichael will be held Mon. Sept. 18 at 3 p.m. in the theatre (room 112). Production dates are Nov. 10 & 11. Rehearsals are usually held weekday afternoons and some Sunday evenings.

The curtain rises to find Jane, an author, dead at the bottom of the stairs in a ski lodge. Her husband and four friends say she fell. However, Jane, in ghost form, maintains that she was pushed. The scene is fast-forwarded to the present, three years after the murder. Jane, assisted by Kitty—a wanton adviser from above, has assembled the same group in the ski lodge with the hopes of identifying the murderer. The five suspects for reasons of their own band together to keep the possible murder quiet but their relationships burst apart as the distrust abounds. Suspects include Betsy, an ambitious ingenue; Hugh, Jane's husband; Valerie, an aging Hollywood star; Edwina, a gossip columnist; and Justin, a movie director.

Anyone interested in assisting with the show (including set work, lights, sound, etc.) should come to auditions or contact Kay Mueller, office 132, 433-5094



Contributed photo

DMACC nursing students have returned to campus to master the second year of the nursing program. Jenny Fry is practicing the skill of starting an intravenous (IV) infusion.

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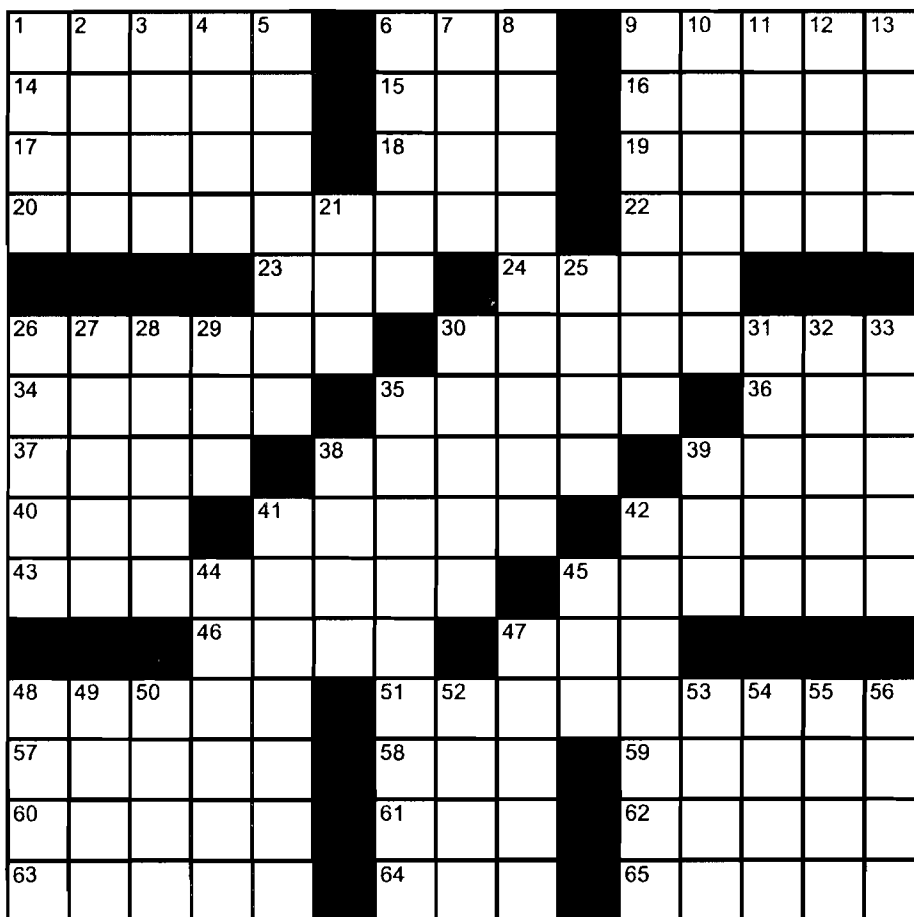
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ENTERTAINMENT

Sept 13, 2000



ACROSS

- 1. Walks with an impairment
- 6. OPEC product
- 9. Clean slate
- 14. Sectional
- 15. With 17 across, South Asia country
- 16. Pertaining to soft palate
- 17. See 15 across
- 18. Torrid
- 19. "Remember the ____"
- 20. Rig
- 22. Dressed to the ____
- 23. Legume
- 24. Advantage
- 26. Football league
- 30. Description of a bikini
- 34. How mom reads to baby
- 35. Tower of ____
- 36. Informal adverb spelling
- 37. Appear
- 38. A dunking pastry
- 39. Mariner's greeting
- 40. Prefix for pending
- 41. Annamese language
- 42. Triad
- 43. Railroads
- 45. World Cup sport
- 46. Entry
- 47. Chal
- 48. Wrists
- 51. This isn't my real job!
- 57. Vaults
- 58. Solution
- 59. What is laded
- 60. Seed coverings
- 61. Hebrew judge
- 62. Sobbed
- 63. Gift getter
- 64. Dodge truck
- 65. Watering places

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- 6. Irish NY stadium
- 7. Mineral supplement
- 8. Costly and annoying insect
- 9. Bringing "good news"
- 10. What "Rolaids" spells
- 11. Robert Alan's son
- 12. Identical
- 13. Statue in Picadilly Square
- 21. NY baseball player
- 25. Japanese legislative body
- 26. Italian city with marble industry
- 27. Part of the intestine
- 28. Archaic 2nd person singular of do
- 29. Chewy wad
- 30. Announcement of intended marriage
- 31. Moral principles
- 32. What the moon did when it was full
- 33. One who trifles with another's affections
- 35. Illegal bet taker
- 38. Il ____ (Mussolini)
- 39. Bow
- 41. Impressionist painter
- 42. Virginia product
- 44. Fudge ____ ice cream
- 45. Former Air Force acronym
- 47. Gentile
- 48. Wearing clothes
- 49. Prefix for naut
- 50. Moisture falling from above
- 52. Brand of mint
- 53. The O'Hara homestead
- 54. Eye part
- 55. Double curved molding
- 56. Show an affirmative

DOWN

- 1. A force wind
- 2. Arab country
- 3. Key on a computer
- 4. British Indian immigrant
- 5. Gave a sharp blow

Answers

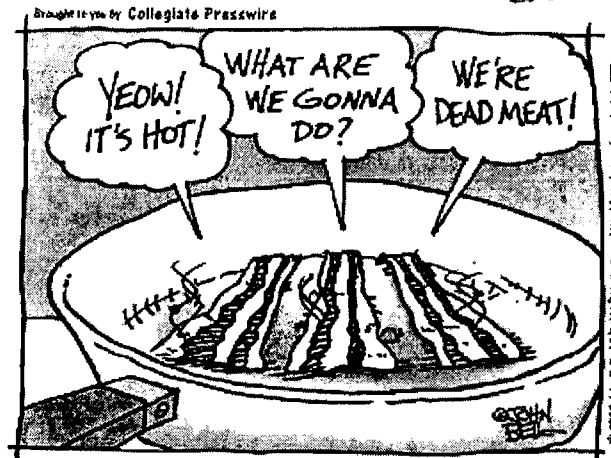
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The Bell Curve



IF GOLIATH HAD A SLING TOO.

The Bell Curve



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Introducing Renee White

By Patrick Fleming
Bear Facts Staff

Sometimes you meet people who you know will do wonderful things or have already lived an interesting life. Renee White, a new face at the DMACC Boone campus, is one of these individuals.

Her time at Iowa State University, to her life in Japan, to her 2nd degree black belt in Tae Kwon Do shows this. White teaches civil engineering technology and is the Iowa Department of Transportation coordinator between Iowa colleges and the DOT for educational programs.

White is a graduate of Iowa State University. She graduated with a degree in construction engineering. At the age of 22, she married a naval pilot and crossed the ocean to Japan, where she lived and substitute taught K-12 students for four years on the United States Sub Naval Base. This kept her busy while her husband was out at sea. She admitted, as a twenty-two year old, living alone in a foreign country was one of the biggest challenges of her life. White also taught seminars while in Japan.

Some of White's favorite memories at the Naval base were when the other naval wives and she would meet their husbands for three-day weekends in some of the world's most beautiful places. White's favorite place was the country of Thailand.

Another interesting aspect of White's life has been her quest of perfection in the art of Tae Kwon Do. She is a 2nd degree black belt, which she accomplished in only



six years of training. Along with her continuing training, she would love to learn to fly. Currently, her husband is a commercial airline pilot.

White believes her time at DMACC will be a wonderful experience. "The school has a lot to offer and the administration has welcomed me with open arms."

Her goals for the upcoming year at DMACC are to "continue to expand the Engineering Dept. and form a Pep Band." White plays the Alto Sax and would love to see the DMACC students and faculty get their horns and play them for school pride.

Let's hope this chapter of her life at DMACC will be a very interesting one as well.

Behind the chair

By Michele Thamke
Bear Facts Staff

All students, no matter where you are from or what age you are, have one thing in common... we all have hair on our heads. Long, short, curly, straight, natural, gray or... shall we say... thinning? I've been a hairstylist for the past twelve years, and I'd like to give some advice on how to choose to whom you'll trust your hair when you can't go to your usual hairstylist or barber. Just remember... this is from the hairstylist's point of view!

Ladies, the first time you go to someone new, have him or her cut your bangs only. This way, if that person makes you look like you cut your hair yourself, it's just your bangs that will look bad. Your entire hairstyle won't be affected.

Guys, whenever you go to a stylist instead of a barber, don't be concerned about making sure the stylist knows where you want your hair parted. Hairstylists are

more concerned with how you want your 'burns and if you want whitewalls around your ears.

If you do take in a picture, take in more than one. No one can look exactly like another person. Maybe you like the bangs on that hairstyle, how the back looks on a different hairstyle. Taking in a single picture usually sets you up for misunderstandings and frustrations with your new stylist. With your usual stylist, you know what to expect, but with a new stylist, there are lots of unknowns for you both.

A good sign of a salon you should not return to is one where the stylist or barber lights up a smoke during the time your hair is being shampooed or being wet down.

Good luck on finding that new stylist or barber! If you have any hair issues you'd like answered in upcoming issues of Bear Facts, please leave me a message at the Bear Facts news office phone @ 433-5092.

Summer scholars announced

President's List

DMACC BOONE CAMPUS--Des Moines Area Community College President Dr. Joseph A. Borgen recently released the names of students eligible for the Summer Semester President's List. To be eligible, a student must have earned a 4.0 grade point average. The following students met those requirements:

Michael Anthony, Liberal Arts, Des Moines; Cassandra Bracklein, Liberal Arts, Boone; Hilary Caffrey, Accounting Paraprofessional, Woodward; Liang-Hung Chen, Liberal Arts, Ames; Leng Cheong, Liberal Arts, Boone; Heather Cline, Accounting Paraprofessional, Madrid; Carrie Cook, Liberal Arts, Boone; Kaci Crim, Accounting Information, Stratford; Kedra Dodd, Liberal Arts, Ames; Scott Dunkin, Liberal Arts, Ames; Jacqueline Foster, Liberal Arts, Ames; Amie Hull, Administrative Assistant, Boone; Deanna Kepley, Accounting and Bookkeeping, Boone; George Kockler, Liberal Arts, Nevada; Alyssa Lewis, Liberal Arts, Boone; Ryan Niemeyer, Liberal Arts, Ames; Peter Sima, Liberal Arts, Story City; Susan Thyng, Liberal Arts, Ames; Debra Westerberg, Liberal Arts, Ames; and Widiyanto Widiyanto, Liberal Arts, Ames

Dean's List

To be eligible for the Dean's List, a student must have earned a 3.5-3.99 grade point average. The following students met this criteria:

Liaquat Ali, Mgt Information Systems, Ames; Caleb P. Anderson, Liberal Arts, Boone; Barbara Bailey, Civil Engineering, Boone; Ila J. Bertrand, Nursing Associate Degree, Woodward; Helen Branch, Liberal Arts, Ames; Thai P. Burke, Mgt Information Systems, Des Moines; Wei-Fan Chen, Liberal Arts, Ames; Jhun-Heung Chong, Liberal Arts, Ames; Connie Colle, Liberal Arts, Boone; Melissa Copelin, Nursing Practical, Boone; Charles Crusan, Mgt Information Systems, Perry; Lauri Davey, Nursing Associate Degree, Dayton; Steven Dunnick, Liberal Arts, Boone; Amanda Foster, Liberal Arts, Boone; Jenny Fry, Nursing Associate Degree, Nevada; Rosie Fuentes, Administrative Assistant, Boone; Dave Gammon, Civil Engineering, Nevada; Tami Gano, Liberal Arts, Boone; Christina Graham, Liberal Arts, Boone; Melinda Groat, Liberal Arts, Nevada; Merrick Havens, Mgt Information Systems, Ames; Matt Heinen, Liberal Arts, Ames; Nathan Hill, Business Administration, Ames; Benjamin Howe, Liberal Arts, Boone; Dawn Krause, Accounting and Bookkeeping, Boone; Mi-Kyoung Lee, Nursing Associate Degree, Ames; Timothy Legg, Mgt Information Systems, Ames; Mary Maben, Administrative Assistant, Boone; Crystal Meyer, Liberal Arts, Ogden; Nichole Norland, Liberal Arts, Kenswick; Najiah Ommaid, Liberal Arts, Ames; Mauriceka Peady, Liberal Arts, Ames; Marilyn Prim, Liberal Arts, Boone; Sarah Trueblood, Liberal Arts, Ogden; Shu-Ting Tsao, Liberal Arts, Ames; Karen Vincent, Nursing Associate Degree, Nevada; Rhonda Walrod, Accounting Information, Boone; Samantha Wilcox-Zimmer, Liberal Arts, Story City; Sze-Mun Yau, Liberal Arts, Ames

SCIENCE CORNER

Independent projects yield results for student scientist

By Michelle Davis
Contributing Writer

Mice, Obesity, and Saccharin

The purpose of this independent study on mice, I conducted last spring on the Boone Campus, was to test if saccharin given to mice in their water would cause obesity.

Twenty-four mice were split into two groups of twelve mice each. The control group was given water only. The experimental group was given two ounces of saccharin water.

The study was conducted over a one month time period.

At the end of this time, the study was

found to be inconclusive because an unknown virus swept through the colony. The Hamster Project

The purpose of this second study was to

test if the genes for fur color and eye color in Dwarf Campbell's Russian Hamsters were linked or not.

One hamster family

was followed for three generations. At the end of the third generation, it was concluded that the two genes were indeed linked in these hamsters.



	HAIR AFFAIR	We welcome all DMACC students
	228 Mamie Eisenhower 432-4587	Chery Mohman Dee Wiscup Staci Prokop

Funds available for single parents, displaced homemakers

DMACC BOONE CAMPUS--If you are a single parent (with custody or joint custody of a minor child or children), a displaced homemaker (separated, divorced, widowed, or your spouse is disabled), or a single pregnant woman and are attending classes at least half-time on the Boone Campus, check with Maggie Stone in Room 124 to see what assistance might be available to you.

Iowa New Choices, the Displaced Homemakers Center, has funding to help with childcare and transportation costs for eligible students. For example, a family of three with the above criteria and a household income of \$21,225 could be eligible for assistance with either childcare or transportation or both.

According to Stone, coordinator of the Center, "We have a little more money this year than in the past, and we want to be sure to serve all who qualify." Stop in any-

time between 8 a.m. or 4:30 p.m. Monday through Wednesday to see if you qualify. For evening students, use the in-house phone and call extension 5037, leaving a message where and when you can be reached, and an evening appointment will be arranged to meet with you to determine eligibility.

The Displaced Homemakers Center is beginning its 14th year on the Boone Campus. In addition to the childcare and transportation assistance, other services include career assessment and counseling; academic, pre-enrollment, and financial aid counseling; pre-employment counseling; referral to appropriate supportive agencies and personal and career development workshops.

For additional information, call 433-5037 or 1-800-362-2127, ext. 5037 or stop by Room 124 Monday through Wednesday 8 a.m. - 4:30 p.m.

BEAR FACTS

September 13, 2000

Volume 46, Issue 1

Bear Facts is a student publication published bi-weekly at Des Moines Area Community College, 1125 Hancock Drive, Boone, Ia. 50036 (515)433-5092.

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The editorial offices of *Bear Facts* are located in Room 210, on the second floor of the Boone campus.

Editorial Policy

Bear Facts welcomes all letters in an attempt to provide a forum for the many diverse views of the campus. The views expressed in *Bear Facts* are not necessarily the views or endorsements of Des Moines Area Community College or the *Bear Facts* editorial board.

Letters should be no longer than 200 words, signed and brought to the editorial offices of *Bear Facts* or can be e-mailed to jrlaville@dmacc.cc.ia.us or mailed in care of the college.

Bear Facts reserves the right to edit as necessary for libelous content, profanity, copy-fitting, grammatical and spelling errors or clarity.

Editor-in-Chief: Art Davis; **Staff Writers:** Scott Anderson, Kevin Alberts, Patrick Fleming, Aaron Forrester, Sadie Heimbaugh, Jensie Lauritsen, Mel McCane, Matt Rinker, and Michele Thamke.

Adviser: Jan LaVille

Executive Dean: William Hitesman

Publisher: Boone News-Republican



Contributed photo

DMACC nursing students have returned to campus to master the second year of the nursing program. Lauri Davey and Crystal Myers are learning psychiatric concepts with Barb Gano, instructor.

Punch Cards

Now available

Campus Café

For those who prefer not to carry cash!

Student Activities Council Elections

- Nomination papers available at Student Services Office
- Must be turned in by Wednesday, September 20 by 4 p.m.
- Elections held on Monday, September 25-Tuesday, September 26
- All Boone Campus students are eligible to vote
- Voting times: 9 a.m. – 1 p.m. and 6 p.m. to 8 p.m.

(continued from page 4)

A call to serve

scholarships and college loan forgiveness programs for students who promise to enter public service. It will offer you a chance to make politics part of your public service, an opportunity to use the full power of government to comfort the afflicted and to afflict the comfortable. To the young people watching tonight, I say: This is your call to serve." Will it work?

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