

## Des Moines Area Community College Open SPACE @ DMACC

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Banner News

Student Work

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9-27-2000

# Banner News

Melanie McCane

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Hollie Klein

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*See next page for additional authors*

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**Authors**

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## DMACC student participates in study abroad program

By **Melanie McCane**  
*Bear Facts Staff*

Have you ever wondered what it would be like to visit a foreign country? Do you think about all the costs involved: airline tickets, lodging, spending money, etc., and it doesn't seem possible? Something you might not know is that DMACC has a study abroad program through the American Institute of Foreign Study that allows students to go to school in another country and earn credits, while getting the opportunity to experience the culture at the same time.

Though the cost for a semester is approximately \$11,750 (according to the AIFS website and this price includes everything), it is very easy to get Financial Aid to help fund your trip, as many of the students do. This year, nine students from Iowa community colleges went to England to attend The American International University in London.

One of these students, Jesse Creydt, a student at DMACC, is currently living in a private home about half an hour away from his school in London. He is staying with a host family that provides him with all of the amenities of a hotel (except for the room service). He also has a roommate, another student from Iowa.

Jesse is taking four classes while in London ranging from British Life and Culture to mass communications, which is being taken directly through an instructor at the Ankeny Campus.

On top of going to class every day, Jesse also squeezes in as much culture as he can into twenty-four hours. Already he has taken several tours (including one about Jack the Ripper), seen numerous plays, visited pubs (drinking establishments) and night clubs, and even has plans to go to Scotland next weekend. He says

for him it's "not so much the buildings and historical points, though I do enjoy those, but more the culture and daily adventure of meeting the locals."

One of the people that Jesse has be-



**Jesse Creydt**

friendied, a vagrant (also an ex-veteran) named Ronnie, said he thinks "that if all Americans are like Jesse, then it must be the greatest country in the world."

According to Jesse, the British culture is not so very unlike the American, in that they too have McDonald's, tons of shopping venues and movies on Friday nights. However, he says they are also very different in many ways.

For example, the media in America tends to do more "human interest" stories, where the British media is centered around more general reporting and relies less on statistical information, as they are not

as exposed to the "issues" concerning them, according to a British journalist Jesse recently spoke with.

The exchange rate for American is money roughly \$1.50, to the British pound (aka "quid") and the prices tend to be much higher. For example, going to the movies costs ten pounds per person (roughly \$15). Students in the program are encouraged to take a large amount of spending money, as they can't be employed while they are there.

Overall, though Jesse has been in London for only two weeks, he says it has already been an "extraordinarily worthwhile experience." He will be studying there until the end of November, and after-

wards will travel around Europe for a couple of weeks before returning home.

If interested in learning about the study abroad program through DMACC, contact the head of DMACC Global Studies, Maura Nelson, or visit the AIFS website at [www.aifs.com](http://www.aifs.com).

## October is breast cancer awareness month

By **Michele Thamke**  
*Bear Facts staff*

Who is at risk of developing cancer? Anyone. According to the American Cancer society, chances of cancer increase as individuals age. This results in most cancer cases affecting people who are middle-aged or older. In the United States:

- Men have a one in two lifetime risk of developing cancer.
- Women have a lifetime risk of one in three.

The estimated new breast cancer cases in the United States for 2000 are:

- Females 182,800
- Males 1,400

The estimated number of breast cancer deaths in the United States for 2000 are:

- Females 40,800
- Males 400

Look for further information on breast cancer in October issues of Bear Facts.

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Developmental Psychology had baby day on Tuesday, September 26.



# Phi Beta Lambda installs officers

By Hollie Klein & Kim Miller  
Contributing Writers

A new year started for DMACC, Boone Campus, Phi Beta Lambda with the elections of officers. The ceremony to install new officers and induct new members was held on Friday, September 22.

The new officers are President, Beth Shultz; Vice President, Kim Cunningham; Secretary, Rosie Fuentes; Treasurer, Tammy Clark; Parliamentarian, Kim Miller; Historian, Marie Dostal; and Student Senate Rep, Nancy Thomas.

Following the officer election, the new members were inducted. The new members are Staci Biehn, Alissa Elsberry, Christine Harmening, Holly Klein, Kim Miller, Koki Nakagawa, Lelahni Potgieter, Marilyn Prim, Roxy Raulston, Tara Wesely, and Ashley Woodard.

Following the ceremony, the President Shultz welcomed the new members and held a short meeting. Shultz said, "I'm glad that the new members in PBL have the opportunity to serve the students of DMACC at the Boone Campus and the business community." If anybody has questions about PBL or would like to join the organization, please contact Linda Plueger at (515) 433-5080.



Left to right: Kim Miller, Marie Dostal, Nancy Thomas, Tammy Clark, Rosie Fuentes, Kim Cunningham, Beth Shultz

## Creative writing contest

DMACC BOONE CAMPUS--It's time again for DMACC's creative writing contest. Works may be submitted beginning Mon., Oct. 2 until midnight Mon., Dec. 4, 2000.

Eligibility: Any DMACC student registered for fall, 2000 may participate. Entrants are limited to 1 prize.

Awards: Tuition Scholarships. The Ankeny Campus SAB has generously provided 2 writer scholarships:

- Best Overall Writer will be awarded \$450 from the SAB. The Ankeny Campus Foundation will match that amount for a total scholarship of \$900.

- Runner-up Best Writer will receive \$225, which will be matched by the Boone Campus Foundation for a total award of \$450.

- Cash Awards include \$100 for best story and \$50 for runner-up; \$100 for best poem and \$50 for runner-up. We hope that all students, those returning as well as those graduating or transferring, will feel welcome to enter their work.

Publication: Award-winning manuscripts and those receiving honorable mention may be published in EXPRESSIONS.

Judging: Judges from DMACC will evaluate the manuscripts and award the prizes. They and the coordinator reserve the right to determine if prizes will be awarded in all categories. Entries will be judged, anonymously. Please keep copies of your work for we do not return entries.

Manuscript Standards:

- Number: Participants must sub-

mit at least 3 original manuscripts, and may submit up to 5. The purpose of this requirement is to select the best writers, not just the best works.

- Nature: Although no thematic guidelines must be followed, manuscripts must take the form of poetry, short fiction, or personal essay (only single, sustained narratives-not arguments, analyzes, or exposition). Or you may submit a combination of these genres.

- For those writers most interested in publication: the shorter the work, the more likely it's publication.

- Copy Requirements: Manuscripts must be typed (double spaced) and accompanied by a single cover sheet including: the titles of all the pieces, the author's name and social security number, college program, home address, and phone number, and a signed statement as follows:

"The following pieces of writing are solely my own work. I am currently a student at DMACC (if you're interested in the scholarships, add that you plan to be enrolled fall, 2001). I do not object to the publication of my writing if it is properly acknowledged."

- Title each piece at the top of its first page and leave your name off since each will receive a number to ensure your anonymity.

Routing: Send your work to DMACC Creative Writing Contest, %R.W. Chapman, Bldg. 2. If you have any questions, call 964-6535.

## Sally Courter named to DMACC Foundation Board

DMACC BOONE CAMPUS--The Des Moines Area Community College (DMACC) Board of Directors has unanimously approved the selection of Sally Hahn Courter of Boone to the DMACC Foundation Board of Directors.

Courter replaces Lois Lehmkuhl on the Foundation Board.

Sally Hahn Courter graduated from the University of Iowa in 1959 with a double major in psychology and elementary education. She has taught in the Cedar Rapids and Boone Community School districts and served as a volunteer teacher for the Talented and Gifted Program.

She is currently president of Lowell Development, L.C., which is a land development company for the northeast corner of Boone.

Sally Hahn Courter, wife of the late Lloyd Courter, who was a long-time member of the DMACC Board of Directors, remains active in the Boone community.

## Rezoomers to conquer test anxiety

Jinny Silberhorn, Director of the Academic Achievement Center, will be the guest speaker for the next meeting of the REZOOMERS CLUB, to be held Wednesday, October 4, between 11:30 a.m. and 1 p.m. in the conference room east of the Courter Center, room C110. She will speak at 11:45 a.m. on how to overcome test anxiety and how to properly study and prepare for tests.

All adult returning students (those who have been out of school between two or twenty years or more) are encouraged to attend.

## Fall play cast

On September 18, 2000, auditions were held for the fall play *Murder on the Rerun*.

Six women and two men auditioned.

The following students were cast:  
Jay Cue  
as Hugh  
Lawton;  
Emily



Milano as Betsy Randolph; Megin Colton as Valerie Vickers; Sarah Baker as Edwina Dunbar; Mike Hiltgen as Justin Wills; Melanie McCane as Jane Ackerly; and Heidi Hockett as Kitty.

The mystery/comedy will be held on November 10 and 11 in the DMACC Boone theater. Information on times and ticket sales will be covered in a future issue of the Bear Facts.

## DMACC bearing down

By Robin Duhn  
Bear Facts Staff

No more warnings! Beginning this week, tickets for vehicle violations will be given. The time for warnings is over.

DMACC authorities want to inform everyone who drives a car to school that parking permits are free. Drivers can get a permit at the main office.

When you get your permit, be sure to read the pamphlet that comes with it which covers the parking lot rules and regulations. For example, if you park in the student parking lot without a permit, you will be ticketed \$10. If you are charged with a moving violation, you will be ticketed \$25. If you park in a handicapped-parking stall illegally, you will be ticketed \$100.

The lot is checked daily, so be sure your car is parked where it should be.

Parking spaces are hard to come by some days, so be sure to schedule ample time to find a place to park that is legal.

When you register for your permit, you fill out a small slip of paper which allows the school to contact you if your lights are on, a car door is open, or if a dump truck has just totaled your parent's car.



## You get your money's worth at DMACC

By Aaron Forrester  
Bear Facts Staff

Assuming that most people who are reading this are either students or faculty at DMACC, I have a question for you: How would you rate the education that a student receives here at a two-year college as opposed to the education that one might get at a four-year college? This is also assuming, of course, that the student would be taking the same classes at a four-year college that they are now taking. Is the education level the same? Are the classes easier?

Almost anyone you ask will tell you that if you were taking the same classes at Iowa State University and at DMACC, they would be harder at ISU. This may well be very true, but there's a reason for that. There's no reason to believe that the material covered here at DMACC is any easier, but it is instead the style of teaching and the atmosphere in which the material is taught that makes it easier. How many students would find it easy to get the attention they need while sitting in a lecture hall with 200 of their not-so-closest friends?

Many students at DMACC have taken classes at a four-year college. Here's a scenario that many students can relate to at a major university. They can't understand the material in some of their classes with-

out spending hours upon hours outside of class trying to decipher a book that may as well have been written in hieroglyphics.

They find it too troublesome to try and get a hold of their professors outside of class at the same time as 200 other confused students. So, the students would instead try to reach their TA who is too busy doing his or her graduate work to tend to the students' needs.

When that fails they may try to get a tutor. The tutors don't cost a fortune, but it means that the students might have to work extra hours in order to fit a tutor into their budget. And working extra hours means they might have to cut into their study time. Then, when the students finally do find someone to help, they might have a hard time understanding what he or she was talking about through that thick Turkish accent.

And then there's dorm life. Anyone who expects to get any studying done with 50 people living next door, blaring their music, and partying all night is either very determined or not too bright. And many students, especially freshmen, don't feel incredibly determined all of the time.

It's a very different environment here at DMACC. Instead of sitting in a lecture hall, the students sit in a classroom where they can ask questions and get to know

the people in their classes just in case they ever need to ask their classmates for help. The instructors are actually in the building and available for help if they need it. The tutoring is free. It seems as though most of the students at DMACC are, in general, serious about getting an education. These things are what make the classes here seem easier than classes at four-year colleges. They're not; they just seem like it because of the staff and atmosphere, both of which foster a top-rate education.

A two-year college is also perfect for many students because they're not really sure what degree they're after. This is a place where students can try out many different classes and see if any of them spark their interest. Another big advantage to a smaller school is that students don't have to worry about wandering across campus in the freezing cold to get to some class they're really not interested in. At least here they can stay in the building on their way to that not-so-great class.

The next time someone asks you why you chose to come to DMACC instead of a four-year college, think about the many advantages it has to offer and not just about how much cheaper it is.

## From the Editor's Desk

By Arthur Davis  
Staff Writer

Every student wants to go to school cheaply. Well you can. There are places on the Internet where you can go and tailor fit a search for scholarships and grants. Access to these sites is free.

FinAid was the first place to help students, parents, and teachers find scholarships on the internet. Started in 1994 by Mark Kantowitz, FinAid has built a reputation for searching for scholarships. The New York Daily news called FinAid "the hottest site on the internet for financial aid tips." It is "the best place to begin a search" according to the Chicago Sun-Times.

Applicants must give a little background information about themselves, for example ethnic background, company you or parent may work for, or whether you or a family member was a veteran. These will help to round your search more to help you.

Students can receive scholarships and grants for all different kinds of reasons: if your dad fought in Korea, or if you had an ancestor who signed the Declaration of Independence or one that fought in the Revolutionary War.

On February 4, 1998, Kantowitz was awarded the "College Board Western Region Special Award" for helping to educate the public about fraudulent scholarship programs. Kantowitz and FinAid were nominated for the 1998 Webby Award. FinAid has won many other awards. The address is [www.finaid.org](http://www.finaid.org). At FinAid you will find links to other scholarship search engines.

Another site to take a look at is Fastweb. Fastweb was started in 1995 and today is the largest scholarship site on the Internet. Fastweb has an extensive college directory of more than 4,000 schools with information on admissions, financial aid, and general information. The address is [www.fastweb.com](http://www.fastweb.com).

Students need all the help they can get, and help at these places can put you through school for free if you apply for enough of them.



**Editor-in-chief**  
**Art Davis**  
**Hometown:**  
Keokuk

**Resides:** in Boone with wife Michelle. A nine-year old daughter, Brandi Botkin, lives with her

mother in Kansas.

**Age:** 31

**Year and status at DMACC?** Full-time sophomore

**Number of credits this semester?**

Thirteen

**Major:** Photojournalism

**A class that you would recommend to others?** Principles of Photography

**Where and how many hours are you**

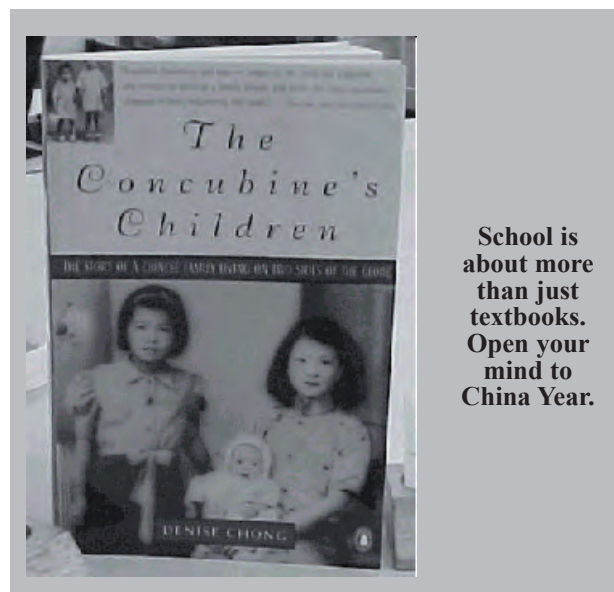
**working during the school year?** Working 40-45 hours a week at Hy-Vee.

**What do you do for fun?** Read, swim, hike, play billiards and computer games, and I take pictures.

**Which section of a newspaper do you read first?** Front page

**What event in history do you wish you could have reported?** The beginning of the American Government, from 1770-1785. From just before the fights up to the ratifying of the Constitution.

**Email address:**  
[calandryll@hotmail.com](mailto:calandryll@hotmail.com)



**School is about more than just textbooks. Open your mind to China Year.**



**Advisor Jan LaVille**  
**Resides in:**  
Ames  
**Age:** 54  
**Number of years teaching at the Boone Campus?** Ten years  
**Total years teaching?**

Thirty years

**Number of credits you are teaching?** Thirteen credits of teaching, plus five hours release for District Chair of Communications

**A class you have taken that you would recommend to others?** "I'm currently taking Spanish 101- I'd recommend it to anyone. I also took Personal Finance from Gary Stasko and wished I had known that stuff back in high school! It

should be required!"

**What do you do for fun?** Bike, swim, read, listen to music, and go to movies.

**Which section of a newspaper do you read first?** Front page, then local news, then editorials and letters to the editor.

**What event in history do you wish you could have reported?** The Beatles arriving in New York City for the first time. The whole civil rights movement, but especially following Martin Luther King, Jr.

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## ISU comes to DMACC

By Scott Anderson  
Bear Facts Staff

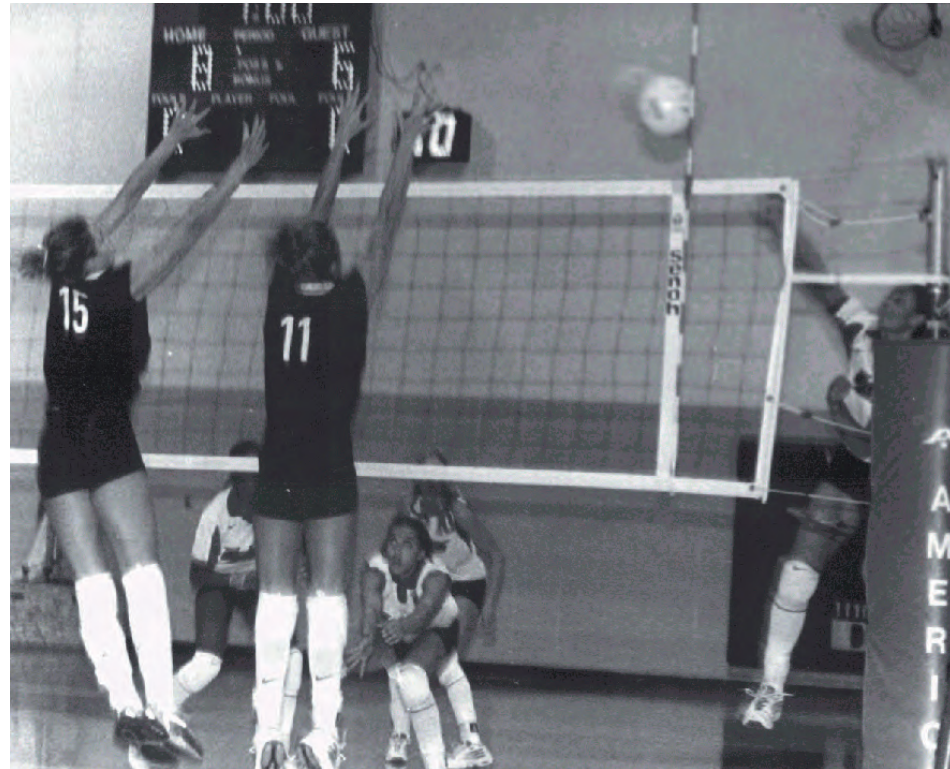
Wednesday September 20 was a big night for the Boone DMACC Campus. A major Division 1 volleyball match took place in the DMACC gym. The game pitted Iowa State University against University of Missouri. Missouri took the match winning, 15-8, 15-5, 15-5. Stacy Nicks of Iowa State had six blocks in the first set as Iowa State fought back from a slow start to get the lead at 8-6, but Missouri came back to tie it at 8-8 and then scored the next seven to take the set. Nicks finished the night with eight blocks including three solos blocks, and recorded the team high seven kills. Sarah Rollman had six kills and four digs, and Nanette Allen had four kills and four digs.

"People here have been great. It's an opportunity for us because the people

of Boone are great volleyball fans," said ISU coach Linda Gensing of the experience at DMACC. DMACC volleyball coach Lori Slight is good friends with ISU coach Gensing and assistant coach Karen Weatherington.

"I did some volunteer coaching and assisted with club volleyball with coach Weatherington, and helped out with Iowa State's practices," said Slight.

Hilton was unavailable to the team, and so the game was held at DMACC. "Iowa State is a young up and coming team," said Slight. "Missouri had a lot more experience, but Iowa State will learn and with more experience will be a good team. I'm glad to be near Iowa State," said Slight. "The coaches at ISU have really helped me develop the volleyball program here at DMACC."



Branson and Myers of the Missouri Tigers Volleyball Team go up for the block against Iowa State University.

## A letter from the Athletic Director



Being back in this environment has been exciting for me, especially with the students returning to campus. I am impressed by the enthusiasm and vitality of the

students and faculty. Also, the diversity of the student body adds to the atmosphere. It is personally refreshing to be a part of this.

My goal as athletic director and basketball coach is to establish competitive and accountable programs. I realize that some of our athletic programs have not had success in recent years and have suffered with the reputation that comes with losing. Our coaches have committed their energy

toward producing winning and exciting teams in the future. This college deserves to have athletic programs that are represented on the playing field as well as in the classroom. Athletics at this level should and can be a fun and positive process for the school and community.

This year's volleyball team has gotten off to a good start. Lori Slight and her team have worked extremely hard and have built a program that is having success in only their second year of existence. She and her squad have high expectations and have put in the necessary time and effort to compete on a regular basis. I hope that our students and faculty come to watch and support them!

By the way students are admitted free with a DMACC library ID card.

**Orv Salmon, DMACC Athletic Director**

## Gym open to students

By Scott Anderson  
Bear Facts Staff

Have you wondered what the gym is used for when DMACC athletics aren't using it? DMACC is starting a program so all students can use the gym. Through an intramural program, students can use the gym and weights at no cost. DMACC began by having open gym from 6 to 9 p.m. There has been talk of a recreational coed volleyball league, but student participation will ultimately affect any decisions. "Intramurals adds to the campus atmosphere and student involvement, and gives individual benefits to the students," said athletic director Orv Salmon.



## Bears volleyball team plays double header



Photo by Arthur Davis

Emily Brooks goes up for a spike.

By Kevin Alberts  
Bear Facts Staff

The Women's Volleyball team had a double header last Tuesday Night, September 19, 2000. The Bears played against Indian Hills in their first game and their second game was against Ellsworth.

In the first game against Indian Hills the Bears came out firing with plenty of help from the crowd. The Bears started out with an 12 - 4 lead in the first game against Indian Hills, but Indian Hills didn't give at all and somehow managed to tie the game up at 13 - 13. Indian Hills then came up with big plays and managed to overpower the Bears, winning the first game 15 - 13. The Bears were determined to get back at Indian Hills in the second game. This was a close game also and very exciting. Again, the Bears had the lead against Indian Hills but just couldn't seem to finish them off. Caitlin Jacobsen made some big plays offensively when the team needed it the most and Bears open hitter Victoria Rowley made some big time strikes in the game. Stephenie Henderson also had a solid game offensively and defensively, but this wasn't enough to get the Bears through to the third game. Indian Hills won both games 15-13 and 15-14.

Coach Slight said, "Our team started off great, but I think we lacked confidence in ourselves to finish off the game against Indian Hills because they are a division 1 team". Overall Coach Slight says, "She was happy with the team's performance".

Indian Hills then played against Ellsworth and defeated them quite easily.

The Bears went into the game against Ellsworth pretty confident, after their performance against Indian Hills. As expected the Bears came out firing with a 10-3 lead against Ellsworth. Stephenie Henderson had a good blocking game. The Bears took out the first game 15-11. The Ellsworth team was determined to win the second game and they did come out with lots of confidence. Ellsworth tied the game at 7-7 which involved big hits and smart plays by Ellsworth. During the game the Bears' starting setter Wendy Johnson dislocated her ankle, which was a big blow for the Bears. The Bears came through and played tough and blew Ellsworth away, winning the second game 15-8.

Coach Slight said, "They came in pretty confident knowing they could beat Ellsworth, because they beat Ellsworth earlier this season. "Overall", she said, "we played as a team and that's why we won".

## New swing to golf

By Sadie Heimbaugh  
Bear Facts Staff

Golf with a twist: transforming a golf club into an arm, a golf ball into a disc, and a little hole into a larger sized basket or pin. With all these qualities what else would one expect but disc golf?

Disc golf is quickly becoming a favorite sport among college students. The number of DMACC students playing disc golf is on the rise and is not expected to level off anytime soon. "I didn't even know what disc golf was when I first moved here, but now it is all I do with my free time," said sophomore Heath Gravert.

The origin of disc golf is unknown, but it is known that it has been around for several decades. The first organized disc golf tournament took place in 1969 in Brookside Park in Pasadena, California. It was organized and run by George Sappington. Several years later in 1976, the professional disc golf association was founded. It is a non-profit organization that promotes disc golf around the world. There are approximately 16,000 members who live and play in more than twenties countries and five different continents. PDGA members write rules for disc golf.

With the rising number of students playing disc golf, one question continues to be asked: will disc golf become a collegiate sport? Sophomore Jensie Lauritsen would like to see disc golf become a college sport, but she also believes that the lack of courses will prevent it from happening any time in the near future.

There are also several different types of courses that a player can play on. On the Kalamazoo College Campus, disc golf has been around since at least 1976, and since then players have seen many changes come and go on a particular course. They

have also seen many different courses come and go. The first course's tee-off site was in the stairwell in Trowbridge Hall on the fourth floor overlooking the parking lot. The hole was the lamppost on the other side of the parking lot. Kalamazoo's campus disc golf course is considered to be one of the best in the country, but players in this area are also fortunate. Ames has one of the best courses in Iowa.

In disc golf, a player throws a disc, like a Frisbee, and tries to get it in a basket, unlike golf where a person swings a club at a small ball and tries to get it in a small hole in the ground. Although the two sports differ, there are still similarities. The languages used on both courses are for the most part the same. Words such as "Fore," "Birdie," and "Eagle" can be heard while stepping onto a course.

No matter if a player is out for a championship or just for a good time, one thing is evident: disc golf is increasing in popularity.

## Getting to know your Bears



**Name:** Jill Dubberke  
**D.O.B:** 02-17-82  
**Place of Birth:** Ames, IA  
**Height:** 5' 7"  
**Nickname:** Jilly  
**Sports Hero:** Marion Jones  
**Fav Food:** Baked Potatoes  
**Fav, Movie:** Romeo & Juliet  
**Major:** Elementary Education



**Name:** Stacy Britson  
**D.O.B:** 08-07-81  
**Place of Birth:** Ames, IA  
**Height:** 5' 5"  
**Nickname:** Martha Stewart  
**Sports Hero:** Chris Shivers  
**Fav Food:** Fetticini Alfredo  
**Fav Movie:** Notting Hill  
**Major:** Family & Consumer Science Education

## Alzheimers-Science corner

**By Jessica Darrow**  
*Contributing Writer*

Who am I? Where am I? Who are you? What was I just doing? Can you imagine having to ask yourself these simple questions, over and over every day? These seem like pretty basic questions right? Well, to someone with alzheimers disease, these are very common and frustrating questions.

Alzheimers is a disorder that decreases your mental functions because of changes in your brain tissue. This disease usually affects elderly people, but has been known to affect people as young as 30 years of age. The disorder occurs more often in females, but is very common among elderly men as well. The cause of alzheimers is unknown.

I have personally experienced the effects that this disease can have on a family. My grandfather died over five years ago with this disease. Some of the effects that I witnessed were, my grandfather going to the store to get a carton of milk, and as soon as he set the milk on the counter, he would turn around and start to walk out the door to go buy a gallon of milk. He would also get lost walking around town, a town that he lived in all of his life (57years) and was only one mile by two miles in diameter.

As the disease got worse, he had to be committed to a nursing home because my grandmother could no longer

take care of him. When we would go to visit him at the nursing home, he would forget our names, and he would talk to my mother as if she were his sister, not his daughter. He would also get very angry if we tried to correct him.

One night my grandfather fell out of bed and broke his hip, so they had to take him to the hospital for x-rays and surgery to repair his hip. While on the x-ray table, he tried to get up, forgetting that he had already broken his hip, and fell and broke the other one as well.

Signs of the disease are: loss of memory, both short term and long term, mood swings, and loss of language skills. All of these symptoms get worse as the disease progresses. Eventually, the person's short-term memory becomes so diminished that the person forgets things that they were doing only moments ago, like my grandfather.

There is no known cure for the disease and no way to prevent it. There are treatment options for the symptoms that occur. As the disease progresses, the only treatment is 24-hour supervision of the person, and some medications help control the aggressive behaviors.

If you have questions or concerns about this disease, talk to any health care provider.



## What to do, what to do

By Patrick Fleming  
Bear Facts Staff

How many times have you been sitting at home bored out of your mind with your friend on the other side of the phone saying, "I don't know. What do you want to do? I don't know; there is nothing." From my experience, this conversation happens all the time. But all you have to do is look around you and you will find countless things to do in Boone, Ames, or heck you can drive to Des Moines.

I am probably the last person in this entire school to give advice on what there is to do in the surrounding towns on nights when you do not have any homework or in the other case, money. I usually spend my nights sitting in my basement. But you, my fellow students, have lives and this is the best time to go out and live them.

Let's start with weekdays. There is always something playing at the countless movie theaters around. My favorite is the Ames dollar theater, which is located inside the mall. I mean heck, I saw High Fidelity four times for a total of four bucks. How can you beat that?

Another great thing to do if you're low on cash is get together with some friends and play old board games that you haven't played in year, such as Candy Land or Chutes and Ladders. What could be bet-

ter than that?

Or hey, go out and join an organization. There are many churches around the area that meet once a week with college-age students and provide them with a free (there's that word we all love) meal and a good, old, family-like environment.

If you're into music like me, the Maintenance Shop in Ames is the best place in Iowa to see shows! I honestly think that. Hey, all the shows are for all ages, and if you bring proof that you go to DMACC (your free laminated library card), you get a dollar off your ticket! How great is that?

I know. All of us are different, and none of these things may interest you at all. The one thing we all have in common is we are all students and or staff at DMACC. So let's all get together and support our school athletic programs by heading to volleyball, basketball, or baseball games this year! They're all free, and why not show support for the teams that are representing each and every one of us in the games?

So, hey, stop reading this and go live your life. It's a beautiful time of year, and you're free to do what ever you want. Just make sure your homework's done first!

## From Behind the Chair

By Michele Thamke  
Bear Facts Staff

When is it time to change your hairstyle? Some clues are:

- When your friends and family, who haven't seen you in ten years, can recognize you because of your hairstyle.
- Your hairstylist asks if you want the usual, then cuts your hair from memory... with his or her eyes closed.
- Year after year, your hairstyle is the same in your family's holiday picture. The only way you can tell the year is by the outfit you are wearing.
- Some further tips for changes...
- If you are basically happy with your hairstyle, altering it moderately is best.
- If you are tempted to change your

hairstyle because of someone else's opinion... don't cut.

- Don't ever make a decision to cut your hair when you are emotional. If you are upset with someone significant to you and cut your hair to punish him or her, you'll be the one growing your hair out the next two years.
- Change is good, but only for the right reasons.

If you have any questions or need some advice, please call the BEAR FACTS phone @ 433-5092 and leave me a message.



Tripping Daisy

## The Sounds of Music

By Patrick Fleming  
Bear Facts Staff

### Music Review

*Tripping Daisy* is the fourth and final album from Tripping Daisy, an amazing power pop group from Dallas, Texas. Daisy's lead guitarist Wes Berggren, died in his home on October 27, 1999, at the age of 28 due to a drug overdose. The band chose to call it quits instead of replacing one of their original members, but not before polishing up the album that is *Tripping Daisy*, most of which was penned and recorded before Berggren's untimely death. *Tripping Daisy* opens with a bang with "Community Mantra," a florid, Yes-like prog-rocker that was the very last song the band recorded with Berggren.

Another excellent track is a song by the name of "Soothing Jubilee," in which Berggren's father actually plays the triumphant organ opening to the song. The track was not even going to be on the album until Berggren's father's part was added. The rest of the album winds down a psychedelic-power-pop road, paved with swirling guitars, spacey vocal harmonies and crashing build ups of raw guitar beauty.

This album as a whole is remarkable. If you're just starting your Tripping Daisy collection, start off with *Jesus Hits Like the Atom Bomb*. This album picks up right where that tremendous album left off, and both are worth every penny you will spend on them.

### Concert Review

In the past week, I attended an amazing show at the Maintenance Shop in Ames. On Saturday the 16, Man Planet and the Frogs took the stage for the first time together. Who could have picked a better one-two punch for an interesting evening?

Man Planet is from Minneapolis, and is a mix between Devo-esqu synth pop and indie power pop. Each member of

the band was a different color, (example the bass player had a red jump suit, red hair, a red amp, and a red guitar do you get the point?) Anyway, they were utterly amazing. The songs were upbeat and very catchy, but the one thing that sets them apart from any other weird bands--stage explosives. I was in the front row, and I had to step back more than once to avoid getting hit by a stream of fire shooting from a guitar or actual bombs going off onstage! Let's just say, it was a great show and I didn't know how the Frogs would follow it up!

But of course, they did. The Frogs are a three-piece-Indie group from Milwaukee, Wisconsin. They have toured with such acts as the Smashing Pumpkins and Pearl Jam. They have written some of the most vulgar and strange songs of the past 20 years. Their claim to fame is that the two brothers of the group Dennis Frog and Jimmy Frog have "written a combined 2000 songs in the past twenty years and all of them are great!"

As for the Frogs' live show it was typically filled with arguments on stage, crowd participation, and lots of stage happenings. I mean, after all Jimmy Frog wears 8-foot wings! The show was really cool! I got to see them play all my favorite songs, including, "Gwendolyn McCray," a track that puts Jimmy Frog in the position of a father whose daughter is missing. In the songs he hopes she misses him and doesn't get raped. They're hilarious, but vulgar. You may not want to bring one of their albums home for grandma to listen to. But if it sounds interesting to you, check them out. If you have any questions or comments, you can reach me at wheatlord1@yahoo.com.

## BEAR FACTS

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Bear Facts is a student publication published bi-weekly at Des Moines Area Community College, 1125 Hancock Drive, Boone, Iowa. 50036 (515) 433-5092.

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### Editorial Policy

Bear Facts welcomes all letters in an attempt to provide a forum for the many diverse views of the campus. The views expressed in Bear Facts are not necessarily the views or endorsements of Des Moines Area Community College or the Bear Facts editorial board.

Letters should be no longer than 200 words, signed and brought to the editorial offices of Bear Facts or can be e-mailed to jrlaville@dmacc.cc.ia.us or mailed in care of the college.

Bear Facts reserves the right to edit as necessary for libelous content, profanity, copy-fitting, grammatical and spelling errors or clarity.

**Editor-in-Chief:** Art Davis; **Staff Writers:** Kevin Alberts, Scott Anderson, Patrick Fleming, Aaron Forrester, Sadie Heimbaugh, Carol Henning, Jensie Lauritsen, Melanie McCane, Matt Rinker, and Michele Thamke. **Typist:** Robin Duhn

**Adviser:** Jan LaVille

**Executive Dean:** William Hitesman

**Publisher:** Boone News-Republican

## The other side of the Courter

Photos and text by Aaron Forrester

Have you been watching the Olympics, and if so what is your favorite sport?



"Soccer. I'm from Poland and soccer in Poland is like football in the United States. It is very big."

**Gregory Popko**  
Part-time Student



"My favorite sports are gymnastics and volleyball but hearing the results before I see the actual competition bothers me."

**Tara Wesely**  
Freshman



"I haven't been watching because I work during prime-time and the other stuff is on too late at night."

**Josh Doran**  
Part-time Student



"Water polo. I want to know how they stay afloat for so long. I would like to see more boxing, though."

**Brian Gilmore**  
Freshman

## China year bookclub

By Michele Thamke  
*Bear Fact Staff*

The Concubine's Children by Denise Chong has been chosen as the China Year fall book club selection.

In her novel, Chong tells the story of her grandmother, brought from China as a young concubine by a Chinese peasant, who left his homeland to seek his future in the New World, leaving his wife and children behind. The author tells of her incredible discovery of those children six

decades later.

The New York Times called it "Beautiful, haunting, and wise."

Students and staff interested in participating in the book club may check out The Concubine's Children for one week (with renewal for a second week) available now at the Boone Campus Library. Ask for a copy at the circulation desk.

Students and staff will meet at the end of October to discuss this book. Look for further details in October issues of Bear Facts.

### Six elected to SAC

On Monday and Tuesday elections for the Student Action Council were held. Eight people ran for the six positions available.

The six at-large-members elected were Heather Behn, 52 votes, Jodi Daigh, 33, Jill Dubberke, 43, Stephanie Henderson, 49, Erin Rice, 45, and Tracy Shaw, 44.

According to PBL that tabulated the results as well as worked at the polls, 103 people voted and each person could vote for up to six people.

Others on the ballot were Theodore Herrick and Mandy Olson. The council decides the president and treasurer at a later date. All clubs and organizations on campus that would like to have representation must send a member to each council meeting to have a voice.

## Get back on Schedule

Wed Sept. 27

\*Discount book fair - L.W. Courter Center 10:00-2:00

\*PTK Honors Society Meeting 7:30-8:00

Sun Oct. 1

\*Fall Graduation Deadline - Contact Ankeny Graduation office at 964-6647, 964-6507, 800-362-2127

Mon Oct 9

\*Rotarac Steak Fry in the Boone Community Building at the Fairgrounds