Des Moines Area Community College Open SPACE @ DMACC

Banner News

Student Work

9-29-2004

Banner News

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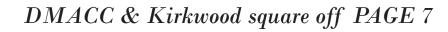
Recommended Citation

Cazavilan, Robin; Dudley, David; Kleinke, Brandon; Bregenzer, James; Crouthamel, Ashley; Moore, Jason; and Corbin, Jennifer, "Banner News" (2004). *Banner News*. 252. https://openspace.dmacc.edu/banner_news/252

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Des Moines Area Community College, Boone Campus

Volume 4, Issue 2 September 29, 2004

'Some days, the only thing that gets me through is praying'



The Banner

Donna Kelly, Boone Campus assistant holding a picture of her son Michael.

Robin Cazavilan Banner Staff

For those of us who are fortunate enough to continue our education, excel at our jobs and maintain our relationships, it is easy to take for granted the sacrifices made for us by our soldiers in Iraq.

For many here at DMACC, these last few years have brought us our first encounter with the brutalities of war. It really begins to hit you when you notice the vacancies in your classroom because your classmates are answering a sudden call of duty.

On the Boone DMACC campus, eight out of ten students asked say that they have a friend or have a family member who is fighting in Iraq. Many of the faculty and staff here have also been deeply affected by this war.

Donna Kelly, DMACC library assistant, will never forget the sacrifices made by our soldiers. She has a 24-year-old son, Michael, who has been in Iraq since the middle of June 2004. He will be serving there for a total of 18 months.

"When he first left, I really thought I was going to lose it. But then," Donna says. "He called and it was comforting to hear his voice, almost as if he were just across the street."

Michael did his training for 16 months in Arizona previous to his departure. He now works in the 1st CAV for the military intelligence. He is preceded in service by both his father (Bruce Kelly, political science instructor at Boone DMACC, and his uncle in Viet Nam.

"I support the war," Donna said. "I wish that more soldiers were sent earlier and that we had anticipated what it would take to complete our duties there. I believe that we are doing what we have to do. There is a mess to clean up now, and we can't leave the people there vulnerable. We have a responsibility to them."

"Some days, the only thing that gets me through," Donna adds, "is praying for him and knowing that people from my church are also in prayer for him."

We would like to feature DMACC students who are fighting in the war as well as their friends and families. If you have stories or pictures you would like to share with us, please email Robin Cazavilan at recazavilan@dmacc.edu.

Boone Campus breaks record for enrollment

PTK registers 65 students

David Dudley Banner Staff

Presidential candidates will address the issues that are important to the voting public. Therefore, the demographic with the most voters will have their issues resolved first.

"Only 33% of eligible voters age 18-24 voted in the last presidential election while 70% of retired citizens voted in the last election," said Nancy Woods a physics instructor at DMACC.

She is also the advisor of Phi Theta Kappa, the organization aiming to get more young voters to the polls. "As of Sept. 21 we had 65 students registered," numbers estimated by Woods as her organization approaches their goal of 250 DMACC students registered to vote.

Phi Theta Kappa students will continue to be in the Courter Center to provide students with a place to register. One of Woods' workstudy students, Stacey Randeris, Audubon is helping other students register. She said, "It's important to get our wishes heard. One vote changed the drinking age."

Another student who felt voting was important stopped and registered on Sept.



Stacey Randeris helps a fellow student, Luke Ahrendsen, register to vote.

21. Luke Ahrendsen, Panora, said that his better question than 'why vote?' would be reason for voting this year was because he hasn't in the past. "I wanted to vote this year," Ahrendsen said.

PTK is hoping more students feel the same way. "The registration form is quick and easy. It doesn't take any time at all. A 'why not vote?'" said Woods.

Voter registration will continue in the Courter Center and various other locations until two weeks before Nov. 2, 2004.

DMACC-Boone Campus set new new fall semester records measured both in head count and in credit hours with 1,526 students enrolled this fall compared to 1,461 students in the fall of 2003.

This is a 4.5 percent increase. Credit hours taken by students on the DMACC Boone Campus totaled 15,158, which is 3.5 percent higher than the 14,644 credit hours taken by students last fall.

Overall, fall semester credit head count enrollment is up 11.2 percent and credit hour enrollment up 8.1 percent on the six DMACC Campuses. Both are new DMACC records.

DMACC has a record 15,256 students are enrolled in credit courses at the six DMACC campuses this semester, compared to 13,719 students in the fall of 2003.

Students are enrolled in a record 133,565 credit hours of classes this fall compared to 123,573 credit hours in the fall of 2003.

DMACC's enrollment figures are the official figures reported to the Iowa Department of Education on the14th day after classes begin to reflect accurate yearto-year comparisons.

Athletes Walk as One Campus News, Page 2 PBL elects officers Campus News, Page 3

INSIDE ISSUE Live shows at Bali Satay Feature, Page 4

Why the high costs of textbooks? Opinion, Page 6

Campus News, Page 2 Volume 4, Issue 2 September 29, 2004



Dozens of Boone athletes 'Walk as One'

Brandon Kleinke Banner Staff

DMACC students and faculty appeared to have the overall largest turnout Sunday at Gray's Lake Park in Des Moines. Hundreds of people gathered to raise support for the National Conference for Community and Justice (NCCJ) by participating in the Walk as One-athon.

According to the NCCJ, the Walk as One is their largest and fastest-growing national fund raiser and brings participants together in the fight against bias, bigotry and racism.

"We want to do this," said Boone Campus Educational Advisor Rita Davenport. "We don't want to have people running around that don't understand about diversity and differences," she said.

Pledge-raising teams and individuals from different parts of the community,

places of worship, schools and government agencies all hiked through the park, benefiting local youth and community leadership programs.

DMACC was not the only school involved in the event, but did appear to have the largest turnout.

"I know Grandview and Drake were there," said Davenport. "DMACC had great participation. We were probably the largest group there, which is good considering the cause."

All DMACC students, faculty, and staff who attended the event received a t-shirt and lunch. Most of the Boone Campus participants were from the men's and women's basketball teams and the volley-ball team.

According to the NCCJ, \$50 pledges provided funds for the Understanding the Human Family reading and essay program. Another local program helped was the From Dreams to Action.

Pulitzer Prize winner compares U.S., Brazilian race relations



Dr. Carl Degler James Bregenzer JNAD 121 Student

Approximately 200 Boone Campus students and staff turned out Wednesday to hear one of the nation's esteemed historians and author, Pulitzer Prize-winner Dr. Carl Degler deliver his lecture,

Josh Hutt

News Editors

David Dudley

Jackie Duden

Feature Editor

Sports Editor

Copy Editor

Jason Moore

Megan Shadle

Reporter

"Brazil and the United States: Different, But Surprisingly Alike,"

The professor emeritus of American history at Stanford University told of the differences and similarities in several issues, race relations in particular, between Brazil and the United States as part of DMACC's Brazil Year Celebration.

Dr. Degler joked, after a lengthy introduction listed his extensive academic accomplishments: "I'm always glad to hear that because I'll never hear my own obituary."

Dr. Degler pointed out similarities between Brazil and the United States, including their geography, early settlement, culture, economy, social classes, and sociological issues such as race and sex.

Degler evaluated race relations in both countries by noting that discrimination is based on both color and class; people with darker skin have been subject to discrimination in both countries since settlement, and continues to be a fundamental problem within both societies.

of race relations.

ries of racial classes: black or white, put into practice in the United States. Even one "drop of African blood will make a person a negro," he said, referring to Unites States' race relations.

In Brazilian society, there is a definite hierarchal class system in place, structured on the colors of its members, instead of their bloodline. The amount of black heritage in one's ancestry defines what class an individual belongs in; mulattos and their children are considered higher class than those with no white lineage at all. "Brazilians' prejudice is about color, rather than about race," explained Degler.

There are other considerable differences between Brazil and the United States in regards to race relations. Brazil has never had an incidence of race riots, as the U.S. has. Also, the United States was home to

Degler concluded that in both countries, race relations continue to be a fundamental aspect of social structure, but in Brazil, society's view of race relations incorporates one major difference: the wide variety of recognized colors, instead of viewing people as either "all black," or "all white," as is done in the United States.

photo by Megan Shadle

Degler said, "For both Brazil and the English colonies in America, the true beginning of race relations was the convergence of a new, mixed population."

The lecture was "very informative," and "relevant to issues in today's society," according to several students and members of faculty leaving the lecture.

Degler, born in 1921, is best known for his work on the issues of race and sex in American life. In 1972, he won a Pulitzer Prize for his book, "Neither Black nor White: Slavery and Race Relations in Brazil and the United States."

The professor is regularly sought after to speak to students and organizations in regards to the several subjects he is expert to. He holds even degrees, has taught at seven colleges including Oxford and Stanford Universities, seven scholarly awards, including the Pulitzer Prize, member of editorial and executive boards of several academic journals, and has served numerous academic fellowships.

Lunches with students following lecture

At a luncheon directly following his lecture, Degler met with several of DMACC's administrative faculty, including Vivian Brandmeyer, DMACC's Boone Campus Provost, and Robert Denson, DMACC's President, as well as several DMACC students and members of the faculty.

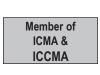
Continued on Page 3

Banner Staff

Boone Campus Banner is a student newspaper, published bi-weekly at Des Moines Area Community College, 1125 Hancock Dr., Boone, Iowa 50036 (515)433-5092. Boone Banner is distributed free to all DMACC students, staff and alumni. Subscriptions can be purchased at the annual rate of \$10 to the general public. The editorial office of Boone Banner is located in Room 219.

Boone Banner welcomes letters in an attempt to provide a forum for the many diverse views of the campus. The views expressed in Boone Banner are not necessarily the views or endorsements of Des Moines Area Community College or the Boone Banner editorial board. Letters should be no longer than 250 words, signed and brought to the editorial offices of Boone Banner or can be e-mailed to jwhutt@dmacc.edu or mailed in care of the college. Boone Banner reserves the right to edit as necessary for libelous content, profanity, copy-fitting, grammatical and spelling errors or clarity.

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Jessica Peel Reads from a script of the November production by the Boone Campus drama department : "Perfect Wedding." Peel will be playing the mother of the bride

Although alike in several ways, Degler emphasized that the fundamental differences between Brazil and the United States derive from their contrasting views

Degler said there are only two catego-

the Civil War.

Volume 4, Issue 2, September 29, 2004



Does having a job affect student GPA

Ashley Crouthamel Banner Staff

Working to pay rent, student loans, and bills are common links among college students. If you walk into Wal-Mart, Fareway, or stores in the mall, you're guaranteed familiar faces also seen right here in the halls of DMACC.

Although school is something that should come first, most full-time college students can't avoid having at least a parttime job. Does working too much effect student's study time and eventually their GPA?

Jennifer Ehmen, Jefferson, said she

works roughly 20 hours a week at her part time job at Fareway in Boone. "It's pretty easy to balance school and work, except when I get off at 11 at night," Ehmen said. When asked if she'd want to change her hours, she replied she likes what she works now.

Johna Olson, Boone, had a different opinion. Olson works full-time hours but splits it between two jobs. She's employed at the Elks Lodge and Heartland Health Center. She said, "Sometimes I don't have enough time to study, especially if I work both jobs in one day."

Not all students work 20-40 hours a week. Nathan Edwards, Boone, is

 Beterever

 Beterever



employed at McDonald's, and works roughly 10-15 hours each week. "I have enough time to study because I don't work that much and I have flexible hours," he explained. "But I usually wait to do homework until late anyway, I'm such a procrastinator."

Even with working part or full-time jobs, studying comes easy for some.

"I use my downtime at work to do some homework and study," Olson said.

"I have three or four hours between classes to study between school and going to work," Andrew Woollums, Madrid, said. He's employed at Hot Topic at Jordan Creek Mall and works about 25 hours a week, which he works mostly a night.

Ehmen, Edwards, and Jill Steffensmeier all agree that working too many hours a

week will eventually affect the GPA of students who are employed.

Steffensmeier, Boone, is also employed at Fareway and works between 20-25 hours weekly. She feels that balancing school and work is easy because she works most of her hours on Saturdays. "I wish I could get a few more hours, around 30 would be good," she said.

"So far, my GPA hasn't been affected, but eventually it probably will be," Steffensmeier added.

In the Orientation to College class, students are taught that for every hour you spend in class, you should have two hours of studying time outside of class. For example, someone, like Ehmen, who is taking 13 credit hours, should spend 26 hours a week studying. Does it really happen?

PBL elects officers

DMACC- Phi Beta Lamda elected the following offices at the first PBL meeting this fall on Tuesday, Sept. 7.

Megan Runge, elected President, majoring in administrative assistant, said, "PBL is the best. Being president is going to be the best opportunity for me."

Trudy Seidel elected vice-president, is also majoring in administrative assistant.

Sandy Anderson elected secretary, majoring in administrative assistant, said, "In the spring I was reluctant to be the secretary, but tried it anyway. I found it to be such fun that I'm doing it again!"

Lori Johnson, elected treasurer, is majoring in Administrative Assistant

Kathleen Crouse elected Parliamentarian, and majoring in Administrative Assistant said, "We have a lot of fun projects."

Bennett Stone elected historian, is majoring in finance/international business

is glad to add something to his to-do list. Jennifer Kruse, elected SAC repre-

sentative, is majoring in business administration.

PBL is the student-run business organization on campus.



Megan Runge PBL President

A n y DMACC stu-

dent who would like to join, may contact Linda Plueger, PBL adviser in Room 201, at ljplueger@dmacc.edu or at extension 5080, as well as any PBL member.

The next PBL meeting is Tuesday, September 21, 12:20 - 1:15 p.m. in the Courter Center. Join them if you want to find out more, and bring your own lunch.

Dr. Degler lecture from Page 1

Over a bowl of beef-vegetable soup, a small garden salad, Dr. Degler responded to several questions.Degler currently lives in faculty housing on the Stanford University campus, where the majority of his Pulitzer Prize-winning book was written. His inspiration for this book came after examining a number of his colleague's books brought back from a trip to Brazil, on Brazilian geography.

Degler feels very strongly about interpreting our past, as well as the past of other countries, to both be better prepared for, and make better choices in the future. He has visited Brazil three times, and is passionate about world-travel and experiencing the cultures of foreign countries. "I've taken each of my wives to Brazil," said Degler, smiling, recently married.

"Be alert with the world around you," said Degler, before whisked away to give the last of his four lectures, "Be doing what you can do here, but know that there is a bigger world out there."

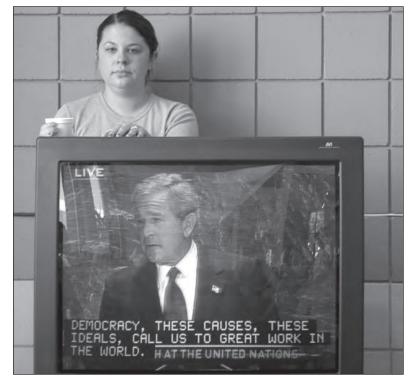
This was the third of four lectures given on the DMACC Ankeny, Boone, Carroll and Urban Campuses in a two-day visit to the Midwest.

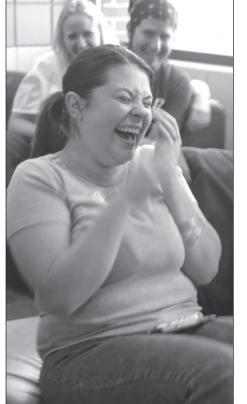
Brazil Year T-shirts, Sweatshirts & Posters are available. Contact Jan LaVille RM212 if interested.



The Price WAS Right

Andrea Eichmann's mom, dad, fiance and grandmother were all present. There were free donuts as promised and a small crowd of people. The television was set on the right channel and it was 10 a.m. Friends, family and curious onlookers had eagerly gathered to proudly watch our fellow DMACC peer kiss Bob Barker. However, on Tuesday morning, President George Bush's speech took precedence over watching Andrea "come on down."









"You want a quote?" Andrea said in jest. "I'm going to vote for Kerry now!" The viewers, who stuck around, though, were able to catch the last half hour of the show, including her winning the new kitchen set and most entertaining, her tearful reaction to her unexpected good luck. Story and Pictures by Robin Cazavilan

Showtime at Bali Satay in Ames

David Dudley Banner Staff

Boone campus students have a stage to have their voices heard. The Bali Satay House, located in Ames, Iowa, gives local amateur musicians a stage to perform. Not only will performers enjoy this venue but those who enjoy local underground acts will as well.

While Bali Satay is a restaurant by day, it transforms into a theater with a different musical focus each night. Tuesday is Reggae, Wednesday is open mic, Thursday alternates between Blues and local bands, and Friday and Saturday remains open to anything from local bands, live DJs, or dance parties. A wide variety of musical taste is represented.

In order to perform you must contact the booking agent, Jeff Hart. He can be contacted by phone: (641)-777-4921 or email: heavyhart37@hotmail.com. "We try to provide a venue for local people to perform," said Hart. "I'm almost booked until early November, so if anyone wants to perform they need to contact me and et a demo in pretty early."

Three bands performed Thursday Sept. 16. Aaron Alcott, the lead singer on one of the bands, known as the numeral "1100," stopped to talk about his experience performing at the Bali Satay. "They always treat us really well." "Sometimes they give us appetizers and drinks and they have their own soundboard."

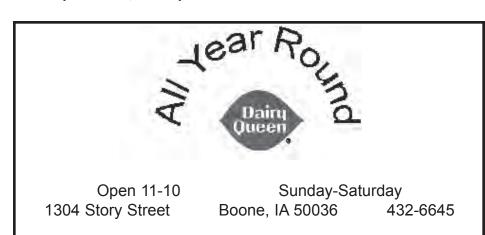
Christopher Hyde, also known as DJ Zero, sponsored and headlined a show on Saturday, Sept. 25. The show called Dziner Muzik is "a monthly event dedicated to future music, club culture, and the icarus experienced through dance," said Hyde.

"We try to create an atmosphere where the music just lets you sit back, close your eyes, forget your name, forget the world, and forget the people."

Bali Satay has open arms to many types of musical expression. If you are interested in performing or experiencing the performances contact Jeff Hart.



BAND "1100" above. Johnny, Matt, Erin, Aaron, and Joe stand outside Bali Satay. Chris Hyde, below, known as DJ Zero, spins records at Bali Satay. Photos by David Dudley







Barenaked for the Holidays

Jason Moore Banner Staff

Just in time for... Halloween? Although it'll only be October 5th, those five quirky guys from Canada, the Barenaked Ladies, are releasing their ninth major album entitled Barenaked for the Holidays. Mixing Christmas, Hanukkah, and general holiday fun, the Barenaked Ladies never cease to amaze in this collection of 20 holiday favorites.

Ranging from Christmas classics such as Jingle Bells, O Holy Night, and Sleigh Ride, they also include Hanukkah classics such as I Have A Little Dreidel and Hanukkah O Hanukkah.

Also on the album, Barenaked Ladies hook up with fellow Canadian artists such as Sarah McLachlan on the song God Rest Ye Merry Gentleman and Michael Bublé who's featured in the song Elf's Lament.

So with a wide range of music styles, BNL puts energy back into the holidays with this very original holiday album. It's available through www.amazon.com for \$13.99 and through www.walmart.com for \$14.88 as well as numerous other CD stores.

Campus Visits Representives from the following colleges and universities will be in the L.W. Courter Center to help students planning to transfer:

Friday, October 1 Grandview College Thursday, October 14 Iowa State University Tuesday, October 19 University of Northern Iowa Thursday, November 4 University of Iowa

Work Study Students Wanted

The Banner is looking for dedicated students to work for \$7.50 per hour if qualified for the work study program.

> If interested e-mail Jan LaVille at jrlaville@dmacc.edu

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Volume 4, Issue 2, September 29, 2004

Opinion, Page 6

旧书 Solution to expensive textbooks

Why are text books so expensive?

Text books guide us through our higher education. They help us study and follow with the instructor. But to pay \$102.75 for a used Chemistry book you use for a few months is a little harsh. If you take Principals of Biology you can get your book for a low price of \$126 but when you include the extra \$90.75 for the lab manual, you have just spent \$216.75 for one class. If you get a \$96 math book, a \$62.75 Composition II book and a \$16.75 AP stylebook, you have spent \$392.25 on text books alone.

They aren't books you passed down from generation to generation. You have these books for a semester; you may look at them briefly, depending on your study habits. After the semester is over you might be lucky to sell the book back for pennies on the dollar. You could sell it to another student for next semester if the class still uses the same book. But,

Don't waste time

Josh Hutt Banner Staff

We seem to take advantage of it but we're all slaves to it. We try to take, lose, waste, burn, and even kill it. No matter what we do, it is always around. Nobody ever thinks of time as a metaphor to life. Eventually, you'll run out of both.

We try to make deadlines, due dates and write schedules based on clocks and calendars. These decisions make our lives and help us stay on track. The only time "time" stops is when you're dead.

Ultimately we all have an hour glass in our bodies that tells us how long we have left. Some glasses are big, some are small, but what you get out the sand is entirely up to you.

The problem is people pay attention to clocks with hands and digital numbers without paying attention to their own clocks. You try to make a deadline for tomorrow and next thing you know, a year goes by. Finally you sit back and realize you've just seen four years go by. Have you ever stopped what you're doing and realized how lucky you are? Or do you have enough time to think?

No matter the situation you're in, hether you are in financial trouble, working odd hours at your jobs, trying to make a deadline, or stressed out of your mind, you are a very lucky person at this moment

It can all end in an hour, tomorrow, next year or 80 years from now. We really don't know.

A great man name Ferris Bueller said it best, "Life moves pretty fast; if you don't stop and look around once a while you could miss it."

you'll be lucky to make half your money back. That's if anybody reads the bulletin boards.

Even if you baby your book you would still get the same price for it as you would if it had been beaten around.

You can get used books. American History 1976-present cost me \$56 used. The corners were bent and the cover was creased, and all we did with it is look at the pictures as the instructor lectured.

Text books should be handed out in class. A small fee would be attached to the class for renting the book. The books would the students' responsibility. They would return the books at the end of the semester after their final. If the book is damaged, they would receive an incomplete for a grade until a fine is paid.

You would see better conditioned books and students will have a few more bucks in their pocket. They wouldn't have to work extra hours to cover fees or replace their savings accounts.

If the cost isn't the reason for changing to this method, it should be the wasted space on the book shelves at the homes of students. You can't sell text books at garage sells, and Goodwill doesn't accept them. You can burn the books at the end of the semester, but that would be depressing to see a \$114 Biology text book go up in lames, no matter how much you hate the subject.

Ultimately renting text books would be the best method for college students.

People also say "Its just one vote,

what difference is one vote going to

make." One vote can make a big differ-

ence. As shown on a flyer down in the

student Courter Center, it was one vote

that made the difference and got Texas

to do something a lot different. I am

taking my kids with me to the poll, to

show them what it is like when you go

to vote. I am hoping at a young age to

get my kids interested in our govern-

ment and see democracy in its best

form. Have your voices heard too. On

November 2, 2004, go to your voting

location and if you have kids, take them

and show them what it is all about.

This year when I vote, I am going

The opinions expressed in the Banner staff editorial are supported by staff. It is not necessarily expressed by those of the college or the student body.

Parents' Corner THE IMPORTANCE OF VOTING

who is in charge.

voted into the union.

Jennifer Corbin Contributing

I am sure most of you noticed all the students running around asking anyone and everyone if they were registered to vote. I think this was a wonderful thing!

It is very important to vote. Voting is our right, and all of us should practice this right. Some people say "It is just as much my right not to vote." In some countries where citizens have the right to vote, if they don't practice this right they get fined. A fellow classmate from Korea said that in Korea they make it a holiday so that everyone can get the opportunity to vote. I have always felt that if you don't vote you don't have the RIGHT to complain about

Letter to the Editor

I can remember very few things about the library at my high school, mostly because I was never in it, but there are two distinct things that I can remember very clearly. One being the really hot librarian who supposedly had a home made adult movie floating around the student body, and the other being told to be quiet all the time. While I would love to discuss such teenage fodder as a naughty librarian skin flick, my quest for today is to find out, "What ever happened to whispering in the library?"

On many occasions both last year and this year I've attempted to study in the library with minimal success. From groups of students talking loudly about anything but schoolwork, to people talking on their cell phones on the way from the computer lab to the hallway, I have struggled to find the proverbial silence I yearn for. I don't mind asking someone to bring it down a notch, but isn't that the job of the librarians? Oh wait, on occasion they talk aloud too! It is obvious that all across the board students and faculty need to be more respectful of others and keep it to a whisper in the library?

If the need arises that a person needs to study in a group, allow me to recommend a fabulous facility known as the Courter Center. It is there at your disposal and nobody cares how loud you are. I have spoken with others that share my sentiment and it would be a great benefit to all DMACC Boone students if the whisper rule was observed.

Thank you to all who are already quiet, and to those who soon will be. If my request is not good enough reason for you to whisper, just remember what a librarian might be capable of doing.

Nick Schieffer Boone Campus Student

Behind the Desk Don't be shy Make new friends

Ashley Crouthamel Banner Staff

Sitting in class, or even looking into rooms as I pass, I've noticed empty chairs between students. It seems that because this isn't high school anymore and we don't know everyone in our classes, people seem to be afraid to acknowledge those they don't know. Why?

Is it because we're all shy or afraid to talk to new people? Most likely they don't know anyone else in that class either. So why not start up a conversation? Ask what classes they are taking, how classes are going for them, or even where they're from. I admit I did it to, up until recently I was one of the quieter ones.

Then, the other day, a girl in my psychology class came in, sat down in her seat next to mine just like every other day and started asking how my day was and how my classes were going. It was then I realized I needed to start talking to new students and try to make new friends.

That's what I did-I started talking to a few guys who sit near me in composition, and the people surrounding me in Spanish. It works!

Just a little small talk at first is something, and who knows? Maybe by next weekend you'll have plans to hang out with that girl that sits behind you in accounting or the guy sitting near you in chemistry. In time, you may even make friends with their friends too.

You're friends aren't always going to be around, but that doesn't mean you have to leave them behind—just make some new ones. So next time you walk into human biology or your computer class, look around, sit next to someone you don't know, and just start talking.

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Anything on your mind? Comments about the paper? Write a Letter to the Editor

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Disappointment in the den

David Dudley Banner Staff

Five games of suspense.

DMACC and Kirkwood squared off Monday, Sept. 27 in Boone. The teams are bitter rivals and also conference foes. The Bears fought hard against a good team but fell short.

Game one, of the best of five, saw DMACC get off to a slow start. However, the Bears found composure with four straight points. The Eagles responded with a run of their own, forcing the Bears into a timeout. After the timeout Danielle Pegram,Des Moines, came up big with a kill and an ace that got the Bears on pace.

The action went back and forth until the Eagles pulled away 27-28. Bailey Saal then stepped up and took over as she scored three straight points that

straight points that gave the Bears a victory in the first game.

"I'm disappointed that we

didn't finish strong and just

gave them the match."

Game two saw the Bears come out fast and strong with Kirkwood having to answer back. Saal came up big with three straight aces giving the Bears momentum they never lost as they coasted to a lopsided victory. The Bears were then one game away from a match victory.

"Games one and two we did alright, but three through five we didn't talk much and let balls drop. We came in excited but we were a little nervous. I don't know when we play them [Kirkwood] again, but we want revenge," said Pegram.

Game three saw the Eagles come out strong as their backs were against the wall. Good solid setting and leadership by Molly Hankins, sophomore from Moline, IL, settled the Eagles down. The Eagles played smart while the Bears were riddled with mistakes and miscommunication. This time the Eagles were on the better half of a one-sided victory.

In game four both teams came out focused and sharp. The Eagles then gained an advantage and pulled away. The Bears started a run to get back into the game only to see the Eagles, sparked by excellent hitting by Jodi Schulte, Waukon, answer right back and stretch their lead. After an Eagles timeout with them leading 25-28, the Bears came up with three



straight points capped with an ace by Pegram. The Eagles then dropped a dink in to get to game point.

Saal then stepped up and saved two game points with blistering kills. Amanda Meyer, Tripoli, who had been setting well all game, made a huge play at the net as she came up with a solo block to save another game point. With the Eagles leading 32-33, Saal sent the crowd into a frenzy with another game point-saving kill. However, the large crowd was then stunned as the referees ruled a back row attack. This reversed the point and gave the game to the Eagles.

Game five started much like four with both teams playing tight and trad-

ing points. The Bears then made a critical return error and gave the Eagles momentum. Saal came up with another thunderous kill in an attempt to stop the Eagles momentum. However, it didn't work

as the Eagles continued to pass well and communicate on their way to a thrilling victory after being down two games to none.

DeAnn Woodin, second year coach of the Eagles, was pleased with the victory. "We stepped up when we needed to. We have to continue to fight for every point and gain confidence," Woodin said. Molly Hankins, setter and co-captain, set the tone for the Eagles. "It all starts with our passing. We have to learn how to stay focused on every point," said Hankins.

"Overall we fought hard and I just tried to come in and do my best," said Jodi Schulte who also had a standout performance for the Eagles.

Second year DMACC coach Lisa Mathes wasn't pleased with the outcome. "I'm disappointed that we didn't pass and serve well," she said. "We need to start using our middles more and closing blocks. I'm disappointed that we didn't finish strong and just gave them the match,"said Mathes.

Bailey Saal added, "The first and second games we had a good effort and good chemistry, but three through five we had lulls at bad times and had bad communication. We need to learn to not give up and keep pushing."

Their next game is against Clinton on Wednesday Sept. 29 at 7 p.m. here at DMACC. Both coach Mathes and Pegram promise the team will be ready to win. The DMACC Bears fell to a record of 15-8 overall and 5-1 in the conference. The Kirkwood Eagles improved to a record of

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photos by Brandon Kleinke

HEARTBREAKER - Danielle Pegram looked on in disappointment as the Bears couldn't hold on against the Kirkwood Eagles.

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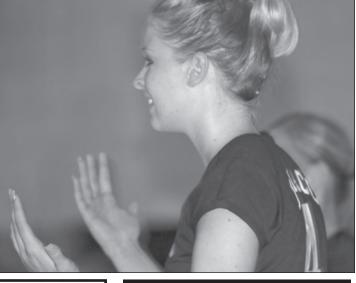
Member FDIC

Hands up -Bailey Saal #4 puts her hands up after a call by the lead official. The match went to five games; the Bears took the first two but lost the last three to the Eagles. **Game Scores:** 30-28, 30-21, 19-30, 32-34, 9-15.

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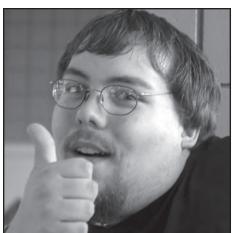
The Other Side of the Courter by Robin Cazavilan What is more important than sleep?



Andrew Bircher Luther "Socializing and the occasional video game"



Amber Smith Jefferson "Reading and talking with my boyfriend on the phone."



Jason Grabau Boone "Working on my comic ideas and doing my other nerdily nerdy stuff."



Jusin Dye Guthrie Center "Late night snowboarding, reading, video games and driving."

Sleep on it Robin Cazavilian ule. According to the University of

Banner Staff

What is the first thought that goes through your head when you get up in the morning?

If it isn't, "I feel ready to take on the day!" you need to read this article... and if that IS the first thing that goes through your head, you are probably getting as much sleep as DMACC student Shawn Ward. "I get about eight hours of sleep every night. When I wake up in the morning, I feel good."

That's not the case for DMACC student Jessica Daugherty who says, "I get six or less hours each night and I feel fine in the morning... it is in the afternoon that I feel like crap."

Andrea Hicks gets an average of five or six hours of sleep each night and wakes up feeling very tired and usually very stressed.

It is unbelievably important to have an adequate and consistent sleep sched-

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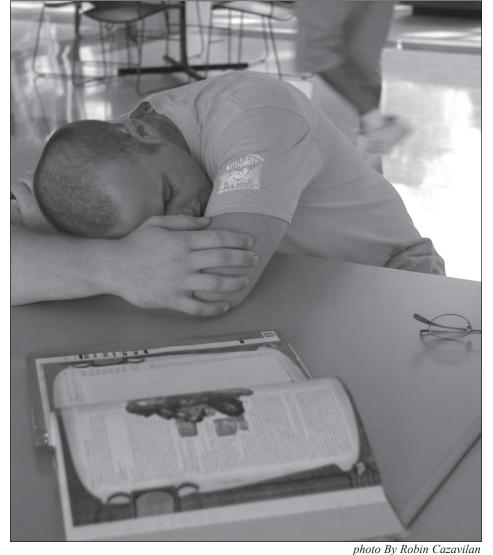
ule. According to the University of Colorado's health website, "New Site Sleeping Around," http://www.colorado. edu/studentgroups/wellness/NewSite/ SleepingAround.html, many experts believe that being exhausted is as dangerous as being drunk... therefore; driving exhausted (which many of us do) is as dangerous as drunk driving. As many as 1500 deaths are caused each year by drivers falling asleep at the wheel. According to the National Center on Sleep Research, college students who don't get eight or nine hours of sleep each night build up a sleep deficit until necessary sleep is obtained.

If that's not enough to convince you that sleep is more important than "The Late Late Show," the amount of sleep you get can also effect weight gain, mood swings and concentration. Looking better, feeling better and doing better at school may all be within an arm stretch, about the distance it takes to reach your remote, shut

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Randell Chamberlin rests before class

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