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Banner News

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Your Life, Your Campus, Your News

Banner News

DMACC -
Boone Campus
Volume 11, Issue 2
September 28, 2011

Constitution in action Mock events show Fourth Amendment

Kodie Butterfield
Staff Writer

Students witnessed a K-9 drug bust, a gun threat and a computer-based bomb scare at DMACC on Sept. 19 as a part of the college's "Constitution Days."

Three officers performed the mock demonstrations inside and outside of the Courter Center at DMACC with the help of three students.

During the first presentation student Kevin Langel had his vehicle searched by Boone's K9 drug dog named Schocker and the dog's human counterpart Officer Mike Frazier.

"It was interesting to see the dog in action. I've never seen something like that before," said Langel, who also serves as editor in chief of the Banner News. The demonstration allowed students to get a first-hand look at the process of an officer with a K9 searching a vehicle suspected of containing drugs.

The officer used a towel that had been soaked in drugs to allow the scent to be strong enough so that the dog could sniff it from outside the vehicle. Frazier also spoke about the relationship between him and Schocker while also informing students about



Photo by Kodie Butterfield

Lt. Jeff Brinkley, Ames Police Department, holds a bag of "dope" found in a book bag as part of a mock demonstration showing the Fourth Amendment's rights of search and seizure. Student Lindsay Ball assisted with the demonstration.

their rights under the Fourth Amendment of the U.S. Constitution.

During the second presentation, the action moved inside the Courter Center, where Lt. Jeff Brinkley from the Ames Police Department demonstrated

students' rights during a mock backpack search. The student volunteer Lindsay Ball was described as "a person who matched the description of someone reportedly with a concealed weapon on their person." While searching the bag, Brinkley also found a bag contain-

"It's important to know your rights for searches and seizure under the Constitution."

- Julie Roosa,
journalism professor
& law instructor

ing what appeared to be a powder substance to simulate drugs. He described the rights of a student and the process for charging her for the drugs, even though he wasn't looking directly for them.

The second part of this demonstration was Capt. Aaron DeLashmutt from the Iowa State University Police Department, who "caught" a student, Alayna Barnett, on her computer possibly looking up how to make a bomb. Barnett refused to allow DeLashmutt access to her computer, which allowed for an open discussion on her rights to refuse consenting to an electronic search.

"Constitution Days" are a legal requirement for colleges and universities to present to students. They are used as a way to teach students about their rights under the Constitution. This year's Boone DMACC campus committee representative was Jan LaVille, English professor and director of the Honors Program,

who helped to organize and decide the process for this year's events.

Julie Roosa, journalism professor, was another staff representative who helped to organize the events. "During the summer they talked about ways to show the Fourth Amendment in action," Roosa said. "It's important to know your rights for searches and seizure under the Constitution."

Various events were held throughout the week of Sept. 19-23 on DMACC campuses in honor of Constitution Day. Drawings were also held for students in attendance.

And the winner is...

The following students won prizes during Boone DMACC Constitution Day Sept. 19:

- iPad2: Carlos Hansen**
- iPod Touch: Dillon Rupiper**
- 2 GB Flash Drive: Mackenzie Koehler, Amanda Blair, Jessica Mayfield, Michele Porter**

DMACC's own dodge, dip, duck, dive and dodge

By Jessica Kinnetz
Staff Writer

DMACC students gathered together Sept. 21 to play in a dodge ball tournament.

Many teams have prepared a short time for this. Some went out and put together uniforms, some watched the movie "Dodge Ball" and ate junk food, or did absolutely nothing at all. But all in all had a great time playing.

The teams correlated uniforms from colored headbands to same type of shirts and hats and some students even wore war paint on their faces.

Students really got into playing and was very high energy set of games with very tough competition.

"It was very fun and I enjoyed it a lot!" said first year student

Kenzi Alstott.

"I had a blast! They should do this thing more often," says Justin Boell.

You would see nothing but sweat, bruises, smiles and great memories from everyone that attended this event.

**Dodgeball winners:
Jeremy Shaeffer, Bo Cosens,
Garret Alt and nate Schill**

"Thanks to all who participated in our largest turnout for evening dodgeball. 11 teams (44 participants) competed."

-- Steve Krafcsin,
SAC Adviser
via campus email Sept. 22



Photo by Jessica Kinnetz

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Campus says yes to 'No Impact Man'

By Stacey Walker
Copy Editor

This semester's campuswide book selection will be Colin Beavan's "No Impact Man," the story of a man who makes personal sacrifices in his everyday life in order to raise his self-awareness in different social and environmental aspects.

DMACC English Professor Sam Pritchard is including the book in his class syllabus. "The program gives wonderful opportunities for students to engage in important matters, and gives us different ways to dialogue with one another."

The book selection is part of the "One Book, One Campus" program sponsored by the DMACC libraries. The plan for the program is to create many opportunities to study the same text for not only the campuses, but also in the surrounding communities.

The week of October 31 will be the Boone Campus's No Impact Week. Upcoming activities for the week will be posted on bulletin boards near the theater.

Beavan will be making an appearance on the Boone DMACC campus Thursday, Nov. 3. His presentation will be held at

Reviews of 'No Impact Man'

"Beavan captures his own shortcomings with candor and wit and offers surprising revelations . . . [Readers] will mull over his thought-provoking reflections and hopefully reconsider their own lifestyles."

—Publishers Weekly

"The No Impact Experiment changed Colin Beavan and reading No Impact Man will change you."

—Annie Leonard, creator of "The Story of Stuff"

9:40 am in the auditorium.

"Although participation in Beavan's presentation is being required for some specific courses, it is also important for students to take advantage of this opportunity," Pritchard said. Attendance by everyone is encouraged.

In years past the "One Book, One Campus" program provided the book selection for all DMACC students free of charge. Due to changes in funding, this year only students that are required to read the book for their academic courses will be given a copy. Any other student interested in reading "No Impact Man" can find extra copies available in the campus library, along with other informational books about going green such as "The

Locavore's Handbook" by Leda Meredith, and "Go Green, Live Rich" by David Bach.

The Campus Book Store will not be selling copies of the book this semester.

"It annoys me that we only get the book if our course requires it, I was looking forward to reading this year's selection," said Angela Leopold. Many students seemed less likely to participate in the program this year because they have to purchase something that had been provided for them in years past.

DMACC has already taken steps to decrease its carbon footprint. The campus has a recycling program and the Ankeny campus installed a wind turbine last November.

Building peace

By Kevin Langel
Editor in Chief

While many people wish for world peace, Dorothy Maver, Ph.D., works to actually try to grant those wishes.

Maver presented "Living for a Sustainable Future" at the Boone Campus on Sept. 13.

This presentation was a part of the 11 Days of Global Unity, which was held from Sept. 11 to 21.

"Many people are working hard because they want to make the world a better place to live," Maver said.

Although there were few in attendance, Maver was able to get the audience involved by asking them questions about what it will take to be able to tell a different

story on our planet.

Maver also got the audience to participate by asking them questions about what they could do to help contribute to world peace.

Student Lacy Stevenson responded, "Be nice." Maver agreed that simply starting with our own actions toward one another is a good place to start.

"We are interconnected, but we haven't lived that way," said Maver. "In many ways, we are competitive. It is up to us to be able to tell a different story."

Maver is the president of the National Peace Academy, which is bringing a focus on peacebuilding and peacelearning in the United States. She has been an educator at the high school and university levels.

Maver has also developed and



Photo by Dan Ivis
Dot Maver

facilitated courses and workshops with a focus on the application of spiritual principles in life, creating a culture of peace, community organization, and designing experiences for community members to plan and implement their ideas for change.

New policy for registration

By Tasha Rohrer
Staff Writer

As the school year begins, students will notice a change in the registration policy.

In previous semesters, students were able to register for classes up to two weeks after the start of the semester. Now students needed to have registered by the last day of the first week of classes – this semester that date was Aug. 31. The policy does not apply to late start classes.

"The change is going to be positive; it will be better for the students," said Rita Davenport, a DMACC counselor.

The revised policy is de-

signed to "encourage students to be better prepared to start their studies, and this includes registering in time to begin their classes on time," according to an announcement posted Aug. 24 on the DMACC home page.

Davenport said the change was put in place because often students who add late weren't succeeding to their full potential. The college wanted to create a more fair and even level in the classroom.

"To be honest I don't really care about the change in policy, it doesn't affect me", Student Taylor Bimbi's responded to questions about late registration.

While Bimbi may not be af-

ected, other students who experience unforeseen troubles with school may find the policy inconvenient.

In extreme cases, Provost Tom Lee may be able to make an exception, Davenport said.

She urged students to give the policy a chance. It may take time to understand, she said, but in the long run it will be better for students.

Davenport recommends students come to her office or speak with the provost, if they have any problems.

"Students, please come in with any concerns you have," Davenport said. "All of us are here to help you."



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Bear Briefs

Time Management

Unique workshop from Anna Kiesel offering ideas to help students juggle school, work, and life. Free admittance with no registration required Sept. 28 from 12:20 till 1:15 PM.

Shot of Reality

The Student Activity Council is sponsoring an alcohol wellness presentation over the realities and side effects of alcohol in the auditorium Sept. 29 from 11:00 till 1:00 PM.

\$1 Movie Theatre Night

The Boone Theatre on Story St. will be host to a 7:00 PM movie showing for only a dollar on Sept. 29. For dollar admission students must bring their DMACC ID or class schedule and faculty and staff should bring some other form of identification.

Intramural Volleyball Serve

Teams will meet in the gym and participate in 4 events on Oct. 5 from 10:30 AM till Noon. Teams will receive a free intramurals t-shirt.

Phi Beta Lambda Meeting

Phi Beta Lambda or the Future Leaders of America Boon chapter will be meeting in the Courter Center on Oct. 5 at 11:15 AM. For questions over PBL's activities or how to get involved, contact Linda Plueger at ljplueger@dmacc.edu.

SAC Meeting

There will be a Student Activities Council meeting on Oct. 5 at 1:30 PM. Contact Steve Krafcisin at sjkrafcisin@dmacc.edu.

Journalism Boot Camp

For students interested in pursuing journalism, either currently enrolled in a journalism class or not, can register for the Des Moines Register hosted "boot camp" on Oct. 6. Registration is \$20 and can be done at www.INAnews.com, registration

deadline is Sept. 29. Participants will also receive several guides and books on style and journalism in Iowa.

Start Somewhere Walk

On Oct. 7 Iowa kicks off the Healthiest State Initiative with a 1 kilometer walk in an attempt to become a healthier state, currently ranked 19 out of 50 when it comes to physical, emotional, and mental health. Steve Krafcisin will be coordinating the Boon chapter's walk. Those interested will meet at the Student Center at noon and walk Hancock Drive to the dead end, if it rains, the walk will take place in the gym.

Run for the Roses

The 25th anniversary run will be held on Oct. 9 and will benefit research for arthritis. Both the 5 kilometer run and walk and the 10 K run will begin at the Ames Middle School on Mortensen Road. Registration is \$15 and gets you an omelette breakfast, a long sleeve t-shirt, and a red rose.

Lunch & Learn

The presentation will be held in room 171 by Connie Buss at 11:15 till 12:20 PM on Oct. 10. Buss is a diabetes educator at the Boone County Hospital and will educate those in attendance about diabetes. The lunch served will be the regular \$2 sac lunch, which will have to be preordered by emailing Steve Krafcisin at sjkrafcisin@dmacc.edu or calling at 515-433-5078.

Funny T-Shirts & Photos

Funny t-shirts and photos will be held in the Courter Center on Oct. 12 from 9:00 AM till 3:00 PM.

Intramural Soccer Kick

Teams will meet on the front lawn and participate in 4 events on Oct. 12 from 10:30 AM till Noon. Teams will receive a free intramurals t-shirt.

Fall Graduation

Applications for graduation must be submitted to the Credentials/Graduation Office at the Ankeny Campus by October 1.

Punch-A-Lunch Card

Students should not forget that PAL cards are available in the cafeteria. The cards offer the opportunity to save up to 10% on purchases when bought or re-charged. Each increment of \$10.00 leads to \$1.00 added as a credit yielding up to 10% free food.

Banner Writers Needed, Work Study

The Banner News is still hiring for staff positions for the fall 2011 semester. If you think this opportunity is for you then please contact Julie Roosa at jkroosa@dmacc.edu.

Sign Up for DMACC Pep Band

New comers welcome. Rehearsals start Oct. 4 with rehearsals every Tuesday evening from 6:00 till 7:15 PM in room 116.

Writing In a Quiet Place

Monday through Friday in room 170, all day, students are welcome to the writing center. Contact Krystal Hering, klhering@dmacc.edu for an appointment.

Events Calendar

Sept. 28: Baseball Grand View 3:00 PM Boone, IA	Tiger Invitational 10:30 AM Marshalltown, IA	Oct. 5: Baseball Grand View 3:00 PM Des Moines, IA
Sept. 28: Volleyball Iowa Lakes* 7:00 PM Estherville, IA	Oct. 2: Baseball Clarke TBA Boone, IA	Oct. 5: Volleyball Serve 10:30-Noon PM Gym
Sept. 29: Volleyball Indian Hills 7:00 PM Ottumwa, IA	Oct. 4: Volleyball Ellsworth 7:00 PM Iowa Falls, IA	Oct. 5: Baseball Grand View 3:00 PM Des Moines, IA
Sept. 29: Baseball Ellsworth 3:00 PM Boone, IA	Oct. 5: Volleyball Serve 10:30-Noon PM Gym	Oct. 9: Basketball JUCO Shootout TBA Cedar Falls, IA
Sept. 29: Softball Iowa Central CC 3:30 PM Fort Dodge, IA	Oct. 5: Baseball Grand View 3:00 PM Des Moines, IA	Oct. 11: Volleyball Southwestern* 6:30 PM Boone, IA
Sept. 30: Golf AIB Eagle Invite Noon/9:00AM Highland Park GC Panora, IA	Oct. 7: Volleyball DMACC Tournament 2:00 & 6:00 PM Boone, IA	Oct. 11: Baseball Indian Hills 6:00 PM Centerville, IA
Oct. 1: Softball Indian Hills Triangular Noon Ottumwa, IA	Oct. 8: Volleyball DMACC Tournament 10:00 AM & 2:00 PM Boone, IA	Oct. 11: Lunch & Learn 11:15-12:20 PM Room 171
Oct. 1: Golf AIB Eagle Invite Noon/9:00AM Highland Park GC Panora, IA	Oct. 8: Cross Country Dan Huston Invitational TBA Waverly, IA	Oct. 12: Funny T-Shirts & Photos 9:00-3:00 PM Courter Center
Oct. 1: Cross Country	Oct. 5: Volleyball Serve 10:30-Noon PM Gym	Oct. 12: Soccer Kick 10:30-Noon PM Front Lawn

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Construction work works on students' nerves

By **Cody Arndt**
Staff Writer

The Iowa Department of Transportation's resident construction engineer, Greg Mulder, anticipates that the construction 5 miles east of campus on highway 30 will be wrapped up by the middle of November.

"After the current construction is finished on the roadway there won't be any more for the rest of the year," Mulder said. "Not in that section of the highway anyway."

The construction began early this summer due to the relative aging and deterioration of the road. Construction work stretches from exits 137 to 142.

Since the summer months, progress has continued while traffic remains at a snail's pace.

For students of the Des Moines Area Community College at the Boone Campus currently living in Ames, this can make commuting west quite a nuisance.

"It's a hassle you have to leave for class 30 minutes before class starts," said Campustown resident Dustin Belmonte, of both his early morning and late afternoon classes.

Often times opposing traffic sharing the roadway due to road construction can cause collisions. For Ames commuters, the amount of incidents has been low.

"There have been a couple minor fender benders," said Mulder, "but that's likely when there is construction on any road."

As long as drivers remain prudent driving the speed limit with no serious accidents, construction will continue at its current pace and will be finished in time for the holidays.



"It's a hassle you have to leave for class 30 minutes before class starts."

~Dustin Belmonte, Campustown resident



Photos by Cody Arndt

Construction equipment was parked along Highway 30 between Boone and Ames over the Sept. 16-18 weekend. The stretch of Hwy. 30 from exits 137 to 142 (east of Boone) continues to be down to two lanes as construction crews continue to reconstruct Hwy 30. Construction will wrap up by the middle of November.

DMACC steps up to join statewide walk Oct. 7

By **Lori Harvey**
Health Writer

To kick off this statewide initiative, on Oct. 7 at noon, there is a 1 kilometer health walk that is being held statewide. For Boone, this health walk starts at the DMACC campus.

There is no need to sign up, just show up.

"We will head east on Hancock Drive to the dead end, then turn around and come back," says Jan Laville, a DMACC English professor who is helping to organize the event. This will be just over a mile-long walk. "If it's raining, we will walk in the gym."

This statewide walk is also going for a record for the Guinness World Book of Records. If 250,000 people walk in this event statewide then it would become the largest number of people walking at the same time for the same purpose in a single day.

"We're facing some very serious health issues in this country and certainly in Iowa," Ruth Comer, a Hy-Vee spokesperson said. "(The walk) symbolizes a starting point. You have to start somewhere."

Two-thirds of Iowans are considered overweight or obese, with related chronic health conditions such as diabetes, cancer and heart disease.

The Gallup-Healthways Well-Being Index ranked Iowa 34th in healthy behavior and 38th in work environment of all 50 states. Iowa is ranked 19th in Well Being Overall. Iowa is also ranked 9th in physical health and 8th in emotional health. Those are among the measures that will be monitored as Iowa seeks to improve its ranking.

Gov. Terry Branstad has put out the call for all Iowans to strive to have Iowa become the healthiest state in the nation.

When you improve your physical health, you have better mental and emotional well being.

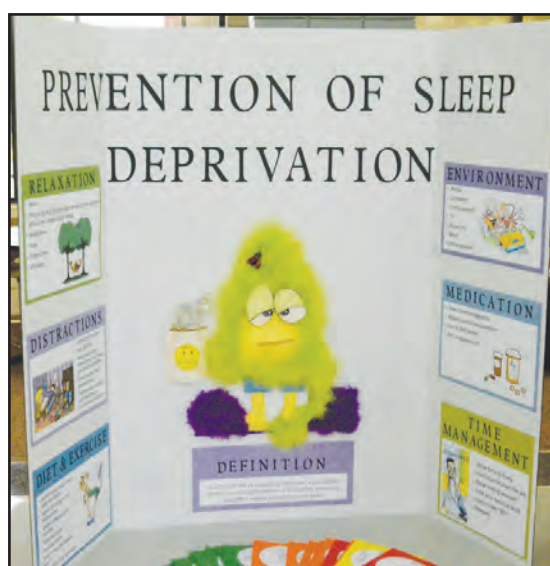
For more information visit www.startsomewherewalk.com to sign up, pledge to become healthy and help Iowa become the healthiest state in the nation.

Steve Krafcsin, DMACC women's basketball coach, is the contact for the DMACC campus. He can be reached via e-mail at sjkrafcsin@dmacc.edu.

Ups and Downs of DMACC Life

Cole Martin and Madison Mickelson climb the rock wall that was on campus on Sept. 21. This event was sponsored by the Iowa National Guard.

Photo by Jessica Kinnetz



One of the posters in the Courter Center on Sept. 26 that the first semester nursing students put together.

Photo by Kevin Langel

Bears Battle Rival Eagles

By Jessica Kinnetz
Staff Writer

The 12th ranked DMACC Bears battled 7th-ranked rivals Kirkwood Sept. 21, losing a close match in a three to five game victory for the Eagles.

"We had every opportunity to win that match," said Coach Patty Harris. "We should've won."

The Bears and Eagles battled back and forth for all five matches.

The Eagles came out on top of the first match with a 23-25. And the Bears rallied back the second match with 25-18. In the third was just as close as the first with

Kirkwood leading 23-25. DMACC came back again with 25-22, but lost the last match in an intense battle ending the Eagles closing the gap with 15-17.

"Our passing wasn't on target, we just gave them the opportunities to come back," Harris said. "We gave them two five-point runs and you can't do that."

Harris gave credit to her team for their comeback from the loss of the first game to dominate the second. She said the third game was close and "we didn't give up and that's a positive

thing. We had them down and we let them back in, that's part of our growing pains."

A rotation of nine freshman in the team of 15 have been playing together since Aug. 15. The team record is 13-4 and 1-1 in the conference as of Sept. 21.

Harris said Kirkwood was better at the little things and they have some good sophomores.

Harris called the loss very disappointing "but we learned something. We need games like this to lose-to get better."



Photo by Jessica Kinnetz

Olivia Fisher goes up for the hit. Jordan Leehy (right) prepares to defend the net.

CROSS COUNTRY

DMACC- The DMACC women's cross country team turned in its best outing of the season at the Iowa Intercollegiate Cross Country Championships Sept. 17 at Ames.

The Bears scored 84 points and finished third behind Iowa State University (ISU) and Mount Mercy College in the team competition. ISU took the title with 15 points and Mount Mercy scored 56 in placing second. Iowa Western Community College (IWCC) finished fourth with 99 points.

Freshman Allana Lauck of Algona and sophomore Katie Clark of Ames led DMACC. Lauck finished the 5K (3.1-mile) race with a time of 20 minutes, 50 seconds, placing 10th, and Clark was 11th in 20:51. Their times are the second and third best 5K times ever recorded for DMACC.

Sophomore Christine Allen of Knoxville and freshmen Brooke Schweikert of Ames and Kirstin Angus of West Des Moines finished 20th, 21st and 22nd respectively. Allen and Schweikert were timed in 22:10 and Angus finished in 22:11.

Freshman Anna-Kate Bruns of Cedar Rapids was forced to withdraw from the race after aggravating a toe injury.

"This was a great day and a great run for our team," DMACC women's cross country coach Jim Dose said. "We beat Iowa Western and they will be some of our toughest competition at the regional meet."

The DMACC women's cross country team is idle until Oct. 1 when it competes in the Tiger Invitational at Marshalltown.

VOLLEYBALL

SCHOOL	OVERALL	GB	STREAK
7 Kirkwood	14-2 .882	-	WON 3
16 Iowa Central	21-4 .840	-	WON 19
14 Iowa Lakes	15-5 .750	-	WON 6
12 DMACC	16-5 .762	1.0	WON 3
Clinton	11-7 .611	1.0	LOST 1
Marshalltown	8-12 .667	1.0	WON 1
Southeastern	5-11 .313	1.0	WON 1
NIACC	9-11 .450	2.0	WON 2
Ellsworth	8-11 .421	2.0	LOST 5
Southwestern	4-14 .222	2.0	LOST 9

*all statistics at time of printing



SPORTS ROUNDUP

stats&news

GOLF

WOMEN'S GOLF WINS TITLE AT IOWA CENTRAL

DMACC- Freshman Jenny Geer of Clarinda won medalist honors with an 83 and sophomore Staci Hillygus of Marshalltown took runner-up honors with an 85 as the Des Moines Area Community College (DMACC) women's golf team won the Iowa Central Community College (ICCC) Invitational Sept. 12 at the Fort Dodge Country Club in Fort Dodge.

DMACC had a team score of 350 and finished 17 strokes ahead of American Institute of Business (AIB). Iowa Lakes Community College (ILCC) placed third at 397.

Other DMACC scores included a 88 by freshman Mackenzie Watts of Huxley and a 94 by freshman Kelsie Berke of Algona. Kaitlyn Friday, a freshman from Pleasantville, had a 105 for DMACC.

DMACC sophomore Anna Hoss of Spirit Lake and freshman Laura Richter of Bancroft competed individually in the tournament. Hoss finished with an 89 and Richter shot 99.

The DMACC women's golf team will play in the Viking Classic Sept. 19 and 20 at Briarwood Country Club in Ankeny.

MEN'S GOLF WINS IOWA CENTRAL INVITATIONAL

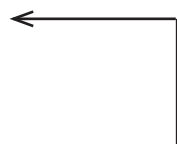
DMACC- Freshman Nate Schill of Gowrie took medalist honors with a one-over-par 72 to lead the Des Moines Area Community College (DMACC) men's golf team to the team championship in the Iowa Central Community College (ICCC) Invitational Sept. 12 at the Fort Dodge Country Club in Fort Dodge.

The Bears completed the tournament with a score of 312, two strokes better than ICC Blue. ICC White finished third at 329.

Other DMACC scores included a 77 by freshman Andy Fraser of Huxley, a 79 by freshman Matt Lageman of Runnels and an 84 by sophomore Tyler Tiffany of Ogden. Sophomore Jared Thill of Pleasantville had an 85.

DMACC players competing individually included sophomore Brad Hoskins of Algona and freshmen Collin Bisenius of Johnston and Nate Pietz of Huxley. Bisenius shot a 76 and Hoskins and Pietz each shot 78.

The DMACC men's golf team will play in the Viking Classic Sept. 19 and 20 at Briarwood Country Club in Ankeny.



RESULTS

- 1)Iowa State University
- 2)Mount Mercy
- 3)Des Moines CC
- 4)Iowa Western CC

Hitting the (Air) Waves

Ham radio operators use hobby to supplement cell phones

By **Alayna Barnett**
Staff Writer

Having roadside assistance service can be very comforting, but what everyone knows there are times when signal is unreliable. For a ham radio operator, this is much less of a problem.

Amber Dittert, licensed ham and professor here at DMACC Boone, said, "You're never lost or a stranger if you have a radio." She adds that there have been times when those she did not previously know have come to her aid, most notably after an auto accident when she was driving alone. A fellow ham, whom she had never spoken directly to at all, heard about the accident over the radio and came to sit with her until her husband could arrive.

The term ham originated in telegraph days, when overpowered amateur "stations" would jam transmissions from more official operators. Although the label was originally quite negative, amateurs adopted it proudly and it has over time lost the emotional overtone, according to the American Radio Relay League.

When amateur radio began, the first operators, often landline telegraphers who had gone to sea, took the language with them, and a subculture was born.

Although Citizen's Band (CB) radio and ham radio are often thought of interchangeably, they are actually different in

several ways. Ham radio operators are licensed at different levels by the Federal Communications Commission, a process that involves education and testing; CB is open to any citizen who registers their radio. CB equipment is also much lower powered, being limited to 5 watts on the AM band, where amateur radios can range up to 1000 watts. Licensed amateurs are also allowed to erect elaborate antennae to increase their range, sometimes internationally.

Brad Hansen, a truck driver from the Boone area and licensed ham, uses a CB for work-related communications, but he does on occasion bring a handheld (HT) unit into the truck. "A growing number of truckers are licensed hams," he says, and the wider range of a handheld unit allows for more contacts, livening the long days. On a more practical level, Hansen said the amateur radio weather spotting network runs year-round, where weather reports are available via CB mostly in winter.

According to the ARRL Web

site, "Amateur Radio is as old as the history of radio itself," dating back to the 62nd Congress in 1912, when the first U.S. laws were passed regulating radio transmission. Local Iowa clubs are a bit younger, with the Boone

are an equal-opportunity playground, too; in 2004 13.52 percent of the 7,872 licensed operators were female.

"Women may not be the majority in ham radio," said SCARC member Matt Steven, "but those who do participate tend to do very well." The fact that a woman is the president of the ARRL, largest amateur radio organization in the USA, emphasizes this. "In my experience, women are enthusiastically welcomed into the community of amateur radio both on and off air," he said.

Another common point of confusion is where hams actually are. The FCC lists licensed hams in all 50 states, but the amateur radio community is wider than that. Not every nation

regulates their radio traffic the way the United States does, but currently only the governments of Yemen and North Korea actually prohibit their citizens from getting on the air, and there are confirmed contacts in every other place in the world. In fact, many hams create elaborate "calling cards" to exchange so they can

keep track of their contacts in places near and far. Specific community events, such as the upcoming Thomas the Tank Engine day, even get their own special cards to commemorate such contacts.

Having a license and a radio has a more serious side as well. When Hurricane Katrina struck and decimated communications, hundreds of ham radio operators traveled from all over, donating not only their time but also hundreds of thousands of dollars in equipment to recovery operations. Before tragedy strikes, even, the Amateur Radio Emergency Service (ARES), which has both state and local chapters, offers weather spotting training to hams wishing to help the National Weather Service track storm and other severe weather phenomena. To stay in practice and further reach out to the community, operators serve at local events; for example, SCARC recently provided spotters for the Great Ames Adventure Race.

Story County residents looking for more information should contact the Story County Amateur Radio Club at <http://www.w0yl.com/>; those in the Boone area, the Boone Area Radio Klub (<http://www.qsl.net/kb0t1m/>). Both sites contain links to people who can answer any questions regarding licensing, equipment, or any other aspect of the ham radio experience.



Photo by Alayna Barnett

Amber Dittert, adjunct math instructor, uses her ham radio.

Area Radio Klub (BARK) starting around 1951 and Story County Amateur Radio Club (SCARC) in the mid-1970s

The FCC does not collect age information about licensees, but there are no age restrictions on becoming licensed, and children as young as 5 or 6 have been heard over the air. The airwaves

Former baseball player steps to plate as coach

By **Kevin Langel**
Editor-in-Chief

Kyle Hanna wasn't away from DMACC for more than three years before returning, this time as an employee, not as a student.

"I've played and been around baseball my whole life," said Hanna, who played baseball for the Bears for two years before transferring to Simpson, where he played for two more years.

"I enjoy learning about the game and being able to teach, so I am blessed to have this opportunity," said Hanna.

With the resignation of former asst. coach Blaze Lambert, DMACC hired Hanna over the summer as the new assistant coach and recruiting coordinator for the new baseball season, now under way.

"I am happy to see former students to come back," said Orv Salmon, director of athletics. "I think it is extra special because he is a former student of DMACC and a former athlete."

Hanna, who has lived in Ankeny since he was 12 graduated from Ankeny High School in 2006. He played baseball all four years of high school.



Photo by Kevin Langel

Kyle Hanna (right), new asst. baseball coach and recruiting coordinator and Orv Salmon, director of athletics at DMACC.

While he was in college he coached baseball for Indianola and North Polk High Schools and also coached for one year at Simpson while he finished his degree.

Hanna graduated from Simpson with degrees in sports administration and coaching.

"He is a good coach and knows how to relate to us," said Alec Crawford and Blane Reutter, both pitchers for the Bears. "He knows what he is talking about and is motivated."

In his free time, Hanna enjoys all sports. He likes to be active by bike riding, working out, being with friends and family, going places and seeing people.

"I really enjoy the people that I work with," said Hanna. "I work with an awesome staff and faculty and everyone is willing to help out. It is the same as when I was a student here. Everyone wants the best for you and I am experiencing the same thing as coming back as an employee."

Kyle Hanna at a glance

Played at DMACC: 2006 - 08

Position: Pitcher

Played at Simpson: 2009 - 10

Honors earned: 2 year letter winner

Coaching experience: North Polk and Indianola High Schools, Simpson College

Family: mom (Grimes), dad (Ohio), older brother (Minneapolis)

Hobbies: riding bikes, working out, being with friends and family, going places, seeing people



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Iowa through outside eyes

By Alayna Barnett,
Staff Writer

Growing up in California leaves one with a certain geographic sense of the world, namely that it's made up of "us" and "not us" (any other state) with definite preference for "us."



This made my decision to leave California after completing my associate's of arts degree this past May odd to say the least, but the San Francisco Bay Area is an expensive place to live, especially when you're a single mother.

As much as I loved it there, I was tired of going from one bad relationship to another in order to stay there. I admit, I heard an awful lot of, "You're moving...where?" from my family and friends – often in those exact words – but I was determined, and I managed to convince them that I wasn't totally out of my mind, or at least that I wasn't going to change it.

I didn't really know a lot about Iowa when I got on that plane, but my rootless early life as an Army brat coupled with prior experiences in smaller towns left me pretty certain I would spend a long time very aware that I was, well, "not us". I could not have been more wrong.

One of the first things I did when I got here was join the local Freecycle community (www.freecycle.org), and when people found out I'd moved with almost nothing their generosity astounded me. Needful items for setting up a new place, including bakeware, Tupperware, blankets, winter gear, and even embroidery supplies to feed my hobby came pouring in. More important (to me at least) were the advice and well-wishes that came with the "stuff" from people I'd never even seen before.

Even those who don't know

I'm "not from here" are mostly friendly. Being from the less-than-affluent areas of California (yes, we have those, even in the Silicone Valley,) I have a certain inherent wariness in a new environment. I'm just not used to getting out on foot until I'm well familiar with an area, but it was only days after my arrival that I was out exploring my new neighborhood.

The school have been another revelation. Although I knew before making my final decision that ISU has a top-ranked post-grad psych program, I still wasn't prepared for the extraordinary quality of the educational programs here. DMACC's teachers and classes could easily go head-to-head with my former college, and in some cases would outshine them.

It's not just the college, either – my son attends Ames Middle School, and the staff and curricula there have amazed me as well. He has some special educational needs, and over the years I've heard horror story after nightmare tale from parents around the country about the fights they've had to go through to get needed accommodations for their children. There has been none of that here.

Before I even arrived, the Special Education Coordinator for Ames was wonderful, reviewing his needs and helping me understand how the staff would be able to meet them, as well as being sure I knew what would be different. Since we arrived, there has been nothing but support in this time of transition, and absolute respect for the enormity of the change both he and I are undergoing.

When I decided on Ames as my destination, part of my desire was to find someplace really different. I felt that my son and I both needed a chance to start over, in a place where we could each make new and hopefully healthier choices for our lives. So far that's what we've found. Maybe "not us" isn't such a bad thing to be after all.

Raising Awareness and Promoting Prevention - Part 2

By Lori Harvey
Health Writer

In the last issue I talked about stranger rape and how to protect yourself. This issue will talk about date and acquaintance rape.



Ninety percent of rape victims know their attackers. It could be a boyfriend, a friend or someone they knew in some other capacity.

It doesn't matter how you dress, how you behave or how you talk. If you say no, it means no. A person never asks to be raped.

Many of you are probably asking how I know so much about this topic. I was a victim twice over and survived. I counseled a girl in our teen youth group after she was attacked by a minister's son. I refused to let the topic rest, and we were excommunicated by our church as a result. It took over a year to get her to open up to me so that she could start the process of healing. Today she is a great mom with two beautiful children.

This is why counseling is so important.

The biggest thing to remember is that you are not to blame. You did nothing wrong. To the significant other, don't blame yourself or her. Be there for support, a listening ear and a shoulder to cry on. Let her lead the way if & when she decides to resume intimacy. The physical wounds will heal quickly but the psychological ones will take longer to heal.

Next time you go out on a date or just a night on the town, here are some tips to keep in mind.

Try to let people know where you are going, who you are with and about what time you will be home. This way when you are running late, your friends will have a good idea of how much time has passed from the time you said you were going to be home until help has been called in.

If you have a cell phone, keep it with you and on at all times. If you don't answer your phone, the police can work with your cell phone provider and trace your location by pinging your cell phone. This pinging can get your location to within a 15-block radius of your location. If you are unable to answer your cell phone, the po-

lice will have a good location to start looking if you don't answer your phone or respond to your voice mails.

If you are in a bar, keep your drink in eyesight and don't accept a drink that doesn't come from a bartender. It might be spiked with something you don't want to put in your body.

Know your limit and stick to it. This way you don't have to accept a ride home. Give yourself plenty of time between your last drink and closing time or the time you decide to head home. If you do drink a little bit too much, have the bartender call you a cab or wait until you sober up enough to drive yourself home. Never accept a ride home from somebody unless you know them extremely well and know they won't take advantage of the situation.

If your car won't start after a class, call a tow truck or the police. Either will usually get you home or to a safe location so you can get home.

Hopefully you keep these suggestions in mind but most importantly I hope you realize there are resources available to you. ACCESS in Ames is available 24/7 at 1-800-203-3488.

Tasha Rohrer
Staff Writer

Dear Readers,

I am writing the Banner News' new advice column. This is a place where students can submit questions about things that might be bothering them. As an advice columnist I am not here to judge you. I will keep an open mind and open heart. I started working on my first column my freshmen year in college because friends often told me I was easy to talk to and they felt like my advice was useful in life. My hope for this column is that I can help you

Ask Tasha

find answers. For example you can ask for advice on relationship issues, school-related problems and friendship problems. Please sign your questions with your name, but if requested you may be able to remain anonymous in publication. To submit a question to be reviewed, e-mail the Banner News at bannernews@dmacc.edu.

Here is an example:

Dear Tasha,

My roommate and I haven't been getting along and we fight all the time. To make things worse now I am finding stuff missing in my room. What should I do?
-Concerned Roommate

Dear Concerned Roommate,

Sometimes having a roommate can be really hard to adjust to, especially if you're fighting all the time. My advice to you is to first talk to your roommate and see if you can solve your problems together in a relaxed situation. If this doesn't work I suggest talking to your housing coordinator. The coordinator is there to help you with roommate problems and help you find a happy medium. Theft is a big deal so I would definitely consider reporting this to the authorities.

Sincerely,
Tasha

Have an opinion?
Submit
letters to the editor to
bannernews@dmacc.edu.
Remember, letters must be
signed.

This week's horoscopes

MCT

Today's Birthday (09/28/11). When in doubt, follow your heart. In business, diversify your interests for a variety of possibilities. In love, notice the blissful moments, and leave distractions aside. Cherish your precious time together, and let folks know how much they mean to you.

Aries (March 21-April 19) -- Today is an 8 -- Love is the game and the prize, and you're playing marvelously. Stick to the rules, and acknowledge other players. Get stuck in one view, and you can't find a balance. Open up.

Taurus (April 20-May 20) -- Today is an 8 -- A slow morning allows for focus. Your fortunes increase as you set juicy goals and meet them. Meet with important people for a mutually beneficial plan.

Gemini (May 21-June 21) -- Today is an 8 -- Get something you've always wanted, and dis-



cover a new true love. Line up your plans in this new direction. A brilliant idea puts coins into your pocket.

Cancer (June 22-July 22) -- Today is an 8 -- Elders are in a good mood. Settle in with a cup of tea and a nice view to handle

practical tasks. Practice frugality.

Leo (July 23-Aug. 22) -- Today is an 8 -- Stick to common sense. You're gaining status. An authority communicates a transition. Reassess the situation. Work smarter, not harder. Find another source of revenue. Home feeds your spirit.

Virgo (Aug. 23-Sept. 22) -- Today is a 9 -- Accept money with grace. It's time to put the pedal to the metal, but don't stress about it. Count your blessings. You get more than you asked for.

Libra (Sept. 23-Oct. 22) -- Today is a 9 -- Go ahead and take pride in your accomplishments. Make sure that you show the team your appreciation. Together, you can weather any changes. Celebrate.

Scorpio (Oct. 23-Nov. 21) -- Today is a 7 -- Although there's plenty of room for miscommunication today, use your intuition to

avoid it. Keep your word, first of all. Apologize if necessary.

Sagittarius (Nov. 22-Dec. 21) -- Today is a 7 -- Set long-range goals to be the best. Why not? Changes remind you of the impermanence of life. Honor successes and failures, joys and sorrows, all with good friends.

Capricorn (Dec. 22-Jan. 19) -- Today is an 8 -- Get into your research, and use it to revise your plans. Distant interaction might be delayed. You're exceptionally cute now. This is good, as there's a party ahead!

Aquarius (Jan. 20-Feb. 18) -- Today is a 7 -- Conquer new territories through discipline and focus. Breakdowns could occur with sending signals. Accept a partner's suggestion. Pay back a debt.

Pisces (Feb. 19-March 20) -- Today is a 5 -- Conflict abounds. You could run away from it, or confront it and gain wisdom.

MHO

(My Humble Opinion)

**Need a place to blow off some steam?
Maybe make a shout out or two?**

The Banner News MHO is a place that's dedicated to you. Place your opinions and shout-outs in the mailbox outside room 115, and we'll do our best to get your word out in this space.

Note that the title of this feature is temporary - submit your ideas to the mailbox. After all, this section is all about you.

Free desserts last week was a good idea, but maybe someone should have warned the Cafe staff, because they weren't taking it very well...

-Anon

Can we get some football up in here?

-Anon

Campus should have more "quiet zones." It's really hard to talk when people are always yelling across the Courter Center...

-Headaches at Lunch

How are broke students expected to buy lunch on campus when everything costs so much now?...

-Anon

Black and Yellow is not that good of a song, stop playing it...

-Classy

Borders shouldn't have closed, I'd rather read a REAL book than an E-book...

-e-Hater

Stop signs are there for a reason, pay attention to them, OK??

-Nearly Hit

So, construction on 30 sucks...

-Royally PO'd

Props to whoever was blasting Good Charlotte from the apartments last week...

-Pleased

Why does Boone not have a health center? We should have a nurse at least one day a week.

-Feverish and stuck

A wise man will never let his oversized ego blind him...

-Peeved

**Submissions may be public or anonymous*

**All entries should be tasteful*

**All items are printed at the discretion of the Banner Staff*

Constitution Day September 19, 2011



Photo by Kodie Butterfield

Student Kevin Langel with Officer Mike Frazier and K9 Schocker after Langel's vehicle was searched as part of a staged event for Constitution Day.

Prior to the demonstration, Officer Frazier planted a heroin-scented towel inside the vehicle. Schocker found the towel inside the passenger door within seconds.

Student Alayna Barnett heads for the stage with Iowa State University Police Capt. Aaron DeLashmutt.

As part of this staged event, Capt. DeLashmutt requested to search Barnett's computer after a "bomb concern" was called in. Barnett was "suspected" of Googling the terms bomb-making materials and Columbine.



Photo by Kodie Butterfield

Around the County

Boone Farmers' Market
Thursdays 3 to 6 p.m.
Wal-Mart parking lot

Boone Area Humane Society Paws in the Park
Saturday, Oct. 1, 8 a.m.
McHose Park

Ogden Oktoberfest
Sunday, Oct. 2, 11 a.m. to 3 p.m.
City Park (north of the west Fourth Street train crossing)
Ogden

Seven Oaks Friday After Five
Friday, Oct. 7
Seven Oaks Recreation (1086 222nd Drive, west of Boone on Hwy. 30)
ph: 515-432-9457

Family Overnight Campout
Oct. 7-8
6 p.m. to 9:30 a.m.
Don Williams Park (610 H Ave., 5 miles north of Ogden on P70)
Ogden

Pumpkin Express Train
Saturday, Oct. 8, 10 a.m.
Tuesday, Oct. 11, 6 p.m.
Iowa Railroad Historical Society (225 10th St.)
Boone
ph: 800-626-0319

Canoe the Lake
Saturday, Oct. 8, 10 a.m. to noon
Don Williams Park (610 H Ave., 5 miles north of Ogden on P70)
Ogden