

Des Moines Area Community College Open SPACE @ DMACC

Banner News

Student Work

9-25-2013

Banner News

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Banner News

www.bannernews.org

Your Life, Your Campus, Your News

New Honors director settles in at Boone

By KayCee Purdy
Staff Writer

The new director of the DMACC Honors Program loves that her position gives her the opportunity to see the impact that the honors students are having on the community.

“Every day, the Honors students are working hard to strengthen DMACC as an institution and the communities we serve,” said Sarah Waddle, who began as the head of the program in May after the previous director retired. This is Waddle’s first fall semester at the Boone campus. “I am very excited about what the students are doing.”



Sarah Waddle

Waddle is not new to DMACC. She taught English at the West Des Moines campus for nine years and taught GED classes before that part time for six years.

She earned her bachelor’s degree in journalism and political science from Indiana University, a master’s in Regional Planning and Public Administration from the University of North Carolina at Chapel Hill and a Ph.D. in English from the University of Southern Mississippi.

See HONORS, page 3

Velkommen

By Jessica McNeece
Staff Writer

When it comes to volleyball, there is passion and then there is Justine Young.

Young’s love of the game is taking her halfway around the world to Norway where she will compete at the game’s highest level.

Young, an assistant volleyball coach and former DMACC player, left for Norway on Wednesday, Sept. 18. She will play for Stod, the Scandinavian country’s professional volleyball team.

“Of course there are people I don’t want to leave behind,” said Young. “The people that have your back through thick and thin, which is family, supportive friends, and of course the DMACC volleyball family (team). But when you have a desire and you go after it, there are always going to be sacrifices and hard decisions to make.”

Young started with the Bears coaching staff this fall after playing for a year with Team Iowa Ice, the first women’s professional volleyball team in Iowa.

Young played at DMACC her first two years of college. While at DMACC, she was one of two players named All-American. She continued on to Texas Tech for a year and then to Kennesaw State in Georgia for her final year



Assistant coach leaves DMACC to play in Norway



Justine Young

of college.

“Working hard and committing to the sport. It’s where my passion is so I took every opportunity to play,” said Young.

After playing for Iowa Ice, she decided to come back to DMACC to help give to other young aspiring athletes.

“I wanted to come back and coach because of the family

environment at DMACC and to encourage young women who are passionate about volleyball

to pursue their dreams. Seeing Darcy, an old teammate and roommate from DMACC was a surprise, Coach Patty, too,” said Young.

Assistant Coach Darcy Christensen is a former teammate of Young. They played together while at DMACC.

See YOUNG, page 4

What is your favorite fall activity?

Michael Grote



“Watching football because it is my favorite sport.”

Beau Backhaus



“Baseball because I enjoy it.”

Lexi Weese



“Going to the pumpkin patch because it’s a tradition in my family to all go together.”

Danny Philpott



“Hiking, I like being outside.”

Ashley Garland-Wheeler



“Fall softball, I’ve done it my whole life, it’s a tradition in my family.”

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Bear Briefs

Magician and Free Walking Tacos

Enjoy a free lunch: Walking tacos from 11 a.m. until gone in the Courter Center. Also, magician Nate Staniforth will perform at 12:10 p.m.

PBL Cookie Sale

Members of Phi Beta Lambda will be selling cookies in the Courter Center on Wednesday, Sept. 25 from 10 a.m. to 1 p.m. Proceeds from the sale will assist with PBL fundraising efforts for the semester.

Tennis Serve – Intramural

A tennis serve intramural is set for Thursday, Sept. 26, from 10:30 a.m. to noon at the campus tennis courts. Division winners get a free T-shirt. The divisions include male student, female student, and faculty/staff. Those who participate in four intramural activities get a free T-Shirt. Intramurals are sponsored by the Student Activities Council.

Phi Theta Kappa

Phi Theta Kappa is the International Honor Society for two-year colleges. Students are invited to attend to find out more about joint PTK. For more information, contact Nancy Woods, nawoods@dmacc.edu, 515-433-5061. Or Stacy Amling, slamling@dmacc.edu, 515-433-5089.

PTK Fall Induction Ceremony

The Boone Campus Fall 2013 Induction Ceremony will be Monday, Sept. 30, in the Boone Campus Theatre, Room 112, at 7 p.m.

Fall graduates

Students who complete their program requirements this fall term, must submit an application for graduation by Oct. 1. Applications and additional graduation information can be found online in the student handbook.

Healthy Walk

A healthy walk (one mile outside) is planned for the DMACC Boone campus on Wednesday, Oct. 9, at 12:30 p.m. Meet in the Courter Cen-

ter by entrance #3. This is a statewide event and the Student Activities Council would love for you to be a part of our healthy walk. If you would like to sign up (it's free), go to <http://www.iowahealthiest-state.com/walk/?w=8Y7K7SC>. Together we can make Iowa the healthiest state. If you have any questions, contact Steve Krafcsin, SAC, 433-5078 or Jenny Spry-Knutson, Prof., Fitness & Sports Management/GL 433-5205

World Food Prize lecturer to speak on Ankeny campus

Dr. Charity Kawira Mutegi, the World Food Prize lecturer, will speak on "How Can the World Provide a Safe and Sustainable Food Supply for a Population Growing to More than 9 Billion by 2040?" on the DMACC Ankeny Campus. Her presentation will be from 10:10 to 11:05 a.m. Wed., Oct. 16th in the Bldg. #6 Auditorium. Her presentation is free and open to all DMACC students, faculty, staff and the general public.

Dr. Mutegi is a scientist who made major breakthroughs in combating the deadly aflatoxin mold contamination that occurs in stored grain. Aflatoxin has been a serious problem in Africa and around the world for decades.

Childcare and Transportation help

A program called Iowa New Choices offers assistance with childcare and transportation for qualifying single parents and displaced homemakers (separated, divorced, widowed or spouse disabled.) For information, contact, Erin Neumann, Room 124, eanemann@dmacc.edu. Or call 515-433-5037.

Writing Center open for business

Writing Center consultants are available to help with any writing assignment, during any part of the writing process. With their experience in different types of writing (technical to creative writing) and a broad range of life experience (journalism, firefighting, novel writing, Hawaiian culture, literature, and veterans affairs), you're sure to find someone

that "gets you." Stop by any time during our hours. No appointments are necessary for this free service. For more information, contact Krystal Hering, WC coordinator, klhering@dmacc.edu. Or visit <http://go.dmacc.edu/boone/writingcenter/>

Hours

Room 170
Mon-Thurs 9 a.m.-4 p.m.
Friday 9 a.m.-3 p.m.

Ames Hunziker Center, Lobby
Monday-Thursday 4-6 p.m.

Health care workshops

2014 brings many changes to health insurance. Are you wondering what these changes mean for you? If so, plan to attend a free workshop sponsored by Iowa State University Extension.

Dates:

Thursday, October 17th - 6:30-8:30 p.m. - Madrid Public Library

Monday, November 18th - 6:00-8:00 p.m. - Ericson Public Library, Boone

Questions? Contact Boone County Extension at 515-432-3882

Small business awards

Watch the DMACC Small Business Awards on Mediacom Channel 22. DMACC recently held its first Small Business Awards banquet, honoring five Iowa businesses. Mediacom, the presenting sponsor, will air the awards ceremony, several times in September.

Mediacom Ch. 22 show dates and times: Sept. 27, Noon, Sept. 29, 8 a.m.

Award winners:

Most Innovative Company, Substance Architecture, in downtown Des Moines.

Young Entrepreneur of the Year, Mike Draper, 31, founder of RAYGUN in the East Village, Des Moines.

Top Growth Company, Iowa Beef Systems, an agricultural construction company based in Huxley.

Dennis Albaugh Award, CR Painting, started by DMACC graduate Caleb Roney.

Small Business of the Year, Puck Enterprises, a manufacturer of Drag Hose manure application equipment based in Manning.



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Constitution Day draws a crowd

Speakers discuss gun control issues

By KayCee Purdy
Staff Writer

A political science professor at Iowa State and a state legislator weighed the pros and cons of gun regulations as part of Constitution Day events on the Boone DMACC Campus on Thursday, Sept. 19.

Steffen Schmidt, also known as Dr. Politics, and State Rep. Chip Baltimore spoke about the Second Amendment, which is the right to bear arms.

"[This subject] is more timely than ever," Schmidt said, referring to the mass shootings at the Navy Yard in Washington, D.C. two weeks ago; at an elementary school in Newtown, Conn., last winter; and at the movie theater in Aurora, Colo., last summer.

Schmidt summarized both sides of gun control, past, present, and future and took questions from an audience of about 135 people.

For his portion of the presentation, Baltimore spoke about local issues regarding gun control, and answered student questions.

Included at the event were door prizes, cookies, copies of the Constitution and a drawing for a \$500 scholarship.

In conjunction with a PowerPoint presentation, Schmidt explained the evolution of the U.S. Constitution, and emphasized that it is the oldest constitution still being used. "Originally, the framers of the Constitution believed that the Constitution would have to be re-written every 10 years," Schmidt said.

The Second Amendment states "A well regulated Militia, being necessary to the security of a free State, the right of the people to keep and bear Arms, shall not be infringed."

Schmidt commented that the framers could have written the Second Amendment for the benefit of a "well-regulated militia," rather than individual liberties. He mentioned recent tragic events, landmark gun control cases over the years and divulged that he was a gun owner and member of the NRA (National Rifle Association).

Expressing concern over the few gun policies we have today, Schmidt acknowledged that the only real gun regulations in place are not comprehensive enough, but still believes in an individual's right to own and carry a gun.

"The Constitution sets the perimeters based on the Second Amendment," he said. Schmidt emphasized that people miss the fine print also included in the Second Amendment: "Congress, the 50 states and the Supreme Court can decide what is actually constitutional. And that is the way everything is....everything is ultimately interpreted by the Supreme Court and ruled upon."

Schmidt answered several student-submitted questions and he took additional questions from the audience. Before he turned the floor over to Baltimore, he drew a name from the student-submitted questions for the scholarship award. Andrew Erb was selected. Schmidt also happily accepted a DMACC T-shirt, which he put over his dress shirt immediately.

Baltimore spoke about more local issues. In particular, who should have the right to carry a gun in Iowa. He spoke about a bill proposed in Missouri that would ban the blind from carrying a gun. A similar version of the bill for Iowa landed in the statehouse, and was thrown out. "It was an infringement upon a dis-

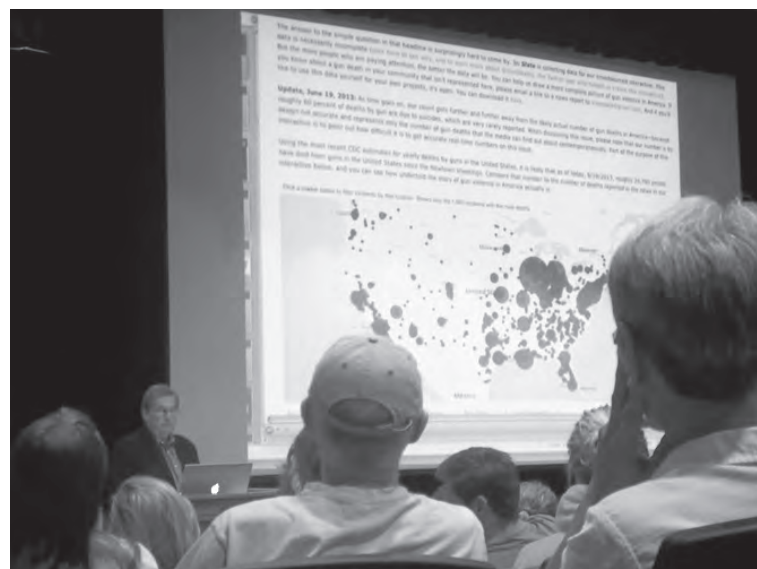


Photos by KayCee Purdy

Iowa State Professor Steffen Schmidt answers student-submitted questions posed by DMACC student Cainon Leeds. Schmidt was the keynote speaker for DMACC's Constitution Day activities on Sept. 19 at the Boone campus.



Above: Steffen Schmidt talks with State Rep. Chip Baltimore after their presentations. At right: Schmidt uses a slide to show where an individual is more at risk of being shot.



abled person's inalienable right to carry," he said. He acknowledged that the term "blind" is ambiguous, stating that there are "many different levels of blindness, not necessarily limited to a person 100 percent without vision."

Stressing the importance of rights vs privileges, Baltimore said that the most difficult aspect of gun control was how to create laws based on individual circumstances (such as blindness or mental disabilities), and doing so in a way that is practical for society and feasible for government.

"The Constitutional right to carry...should only be infringed when absolutely necessary for the protection of the

public," Baltimore said. "The huge debate is where and when it's 'absolutely necessary.'" He said lawmakers face the challenge of creating reasonable gun control. "The question is: how much of a burden is regulation on responsible gun owners to protect the public against those who aren't [responsible]?" After Baltimore's presentation, DMACC student Jordan Hansen posed several questions and shared his concerns about gun regulations.

"We have a problem fixating on the non-important issues such as the blind's right to carry," said Hansen. "We need to focus in order to fix govern-

ment issues and policies regarding gun control. I am for responsible gun ownership and rights." Another student joined Hansen in further discussing the issue one-on-one with Baltimore.

James Peterson, a pre-engineering student in his second semester at DMACC, said he was a Veteran and is licensed to carry a gun. "I believe that tragic events could be mitigated by the fast response of responsible gun owners. I am 100 percent for responsible gun ownership and policies regarding an individual's right to carry, but I am against restrictions on where you can carry a gun."

DMACC Honors program offers opportunities for students

HONORS, from page 1

Waddle grew up in Cincinnati, Ohio, and has been married to her husband, a minister, for 17 years. They have a 6-year-old son.

Waddle's office is in Building 1309, the southeast student apartment building, where the Honors Program is housed.

The program recently hosted an open house, which drew more than 50 people.

Honors student JJ Hue worked alongside Waddle on the event. Hue believes Waddle is the kind of leader everyone would enjoy working with.

"She is always so kind and understanding," Hue said. "She is always ready to help and serve students."

Spanish Professor Stacy Amling had a similar opinion.

"I have enjoyed working with Sarah more closely so far this year now that she's on the Boone Campus," she said. "She has done a great job [being] there for students and faculty and serving as our liaison with administration



Submitted photo

Honors student Phil Porter, Honor's Director Sarah Waddle, and Honors students JJ Hue and Grant Booth all served on the Constitution Day planning committee.

to work out the behind-the-scenes details."

Amling said that the position of Honor's Director is a "big job," because the program extends to all six DMACC campuses.

Waddle said she always has had an affinity for the Boone campus, especially now as the Honors director.

"I am a huge baseball fan, and I LOVE that I can watch DMACC's baseball team practice from my office. This spring, if you can't find me at my office, come to the baseball field because I will

be at a Bears baseball game!"

Waddle said she ultimately decided to take the position as director because the DMACC honors program is the only community college program in Iowa.

The fact that the program is located at the Boone campus gives her the added bonus of being a "warm and friendly place to be." She also liked the athletics and that students live on campus.

With Honors, DMACC students learn how to structure and showcase their abilities and are better able to stand out in na-

tional competitions. So far, 17 students have completed the program, now in its second year.

As of today, 70 students are enrolled throughout all DMACC's campuses. Any academically high-achieving students are eligible to apply.

"I love that about our program," she said. And they've already been busy, doing an "outstanding job" coordinating the Constitution Day events district wide, she said. Presenting a session about DMACC Honors at the National Collegiate Honors Council in New Orleans will be three Boone Campus students and Honors Professor Stacy Amling.

Waddle also mentioned some future projects that Honors will be working on, including "the initiative to bring a Community Garden for the City of Boone, right here on the Boone Campus. And, district wide, the Honors students are collaborating with Phi Theta Kappa students to share information to American Honors Society members in area high schools."

Waddle said honors offers financial, academic and social benefits to students. "In their first year of the program, Honors students receive scholarships of \$1,000 toward their DMACC tuition for their first and second semesters. They receive \$400 for their third semester."

Students in the program can reapply for these scholarships their second year.

Several four-year institutions have agreements with DMACC that benefit DMACC honors graduates. For example, Simpson College offers a scholarship of \$34,000 (\$17,000 each for a student's junior and senior years) and the University of Iowa's Honors Program lets students count up to six hours of DMACC Honors credit toward the Honors Program requirements.

Waddle encouraged students who "like to have fun, learn a lot and have opportunities come their way" to apply for the honors program.

For more information, visit the honors homepage.

DMACC coach pursues volleyball dream



By Breonnhia Bailey

Assistant Coach Justine Young hits at the women's volleyball team in practice

YOUNG, from page 1

"It is great. We were able to relive all our memories. The fact that we played together at DMACC and we get to coach together and help the girls have the same success as we did is awesome," said Christensen.

Head Coach Patty Harrison also was a part of Young's journey to success. Harrison was her head coach and mentor at DMACC her freshman and sophomore years.

"I feel blessed to have her as part of the team and in my life. I feel such gratitude because she wants to give back to DMACC and me. To have a player go Division 1 and into the professional world and have her come back



Assistant Coaches Justine Young and Darcy Christensen back in 2009 making it to the National Tournament when they both played at DMACC in college.

shows a lot about our program and her loyalty to us," said Harrison.

Along with Young wanting to give back, Harrison does what she can to help Young continue with her goals, providing the same sense of support and encouragement as Young's family.

"I think part of it is how she is raised. Her parents made her set high goals. When she got down, they told her to get up and work harder. She strives and does everything she can to reach those goals. If there are barriers, she works to get around them," said Harrison. "She gives respect and loyalty to her coaches and for that we try to give everything

back. It's her work ethic; she has a dream and she dreams big."

Young has set high goals for herself and she continues to work hard for those goals. She plans on playing until she can't anymore.

"It's my passion, it's something I love to do. My desire has always been to play at the highest level of competitive volleyball that I can," said Young.

Christensen could see Young's passion when she played with her and knows how important playing is to Young. She is also supportive of all Young's decisions.

"Her passion for volleyball is 100 percent. She lives for volleyball, whether it's playing or

coaching; she has had big dreams all her life to go far," said Christensen. "It will be more stressful for Coach and I now that she is gone. Also, a third opinion helped to always give us a different perspective. Her experience will be greatly missed."

Harrison also knows it will be difficult without her but is thankful for the time she spent with the team.

"I think she set the tone and the expectations. Her presence not being here is a void but not closure, her spirit and heart is still here at DMACC. The team is just going to work harder. We should feel blessed that she wanted to be here," said Harrison.

Christensen sees the disappointment of her absence but knows that the team needs to stay focused and push towards their goals.

"It will be hard; she was a huge part of us. We always knew this was something that could happen. She will be missed but we are still working towards our goals of Nationals," said Christensen.

Young sees the obstacles and the people she will miss at home but understands that there are sacrifices that have to be made sometimes.

"I'm just thankful to have those special people in my life that make the decisions hard."

Back-to-school is high season for child identity theft

(MCT)

As you prepare to send your child back to school, your to-do list will include immunizations to protect against illness. Don't forget to also immunize them against identity theft.

Unfortunately, the mountain of paperwork you have to fill out for such things as after-school programs and sports team physicals leave your children prime targets for identity theft.

According to a 2012 study by Javelin Strategy and Research, 2.5 percent of U.S. households with children younger than 18 experienced child identity theft. In reality, the number is higher because many young victims may not realize their identity has been stolen until they become adults.

"Parents may also be responsible for some underreporting of this issue because a family member they are trying to protect, or

they themselves, committed the crime," Javelin said.

It's beyond amazing to me that a parent or another family member would commit such a crime that has lifelong consequences for a child.

"In the past two years, we've seen the issue of child identity theft garner media and consumer attention, but there are many misunderstandings about this crime and more work needs to be done to educate consumers," said Steve Schwartz, president of Partner Services at Intersections, which provides consumer and corporate identity risk management services.

The No. 1 thing that identity thieves are after is a child's Social Security number; the primary component of crimes that utilize a synthetic ID, the Javelin report said.

Criminals create a synthetic ID by combining a child's Social

Security number with a different date of birth to fabricate an identity that can be used to commit fraud.

"Synthetic identities are very difficult to detect," the study said.

Guarding your child's Social Security number is critical to protecting his or her identity.

"When someone asks for a date of birth or a Social Security number in connection with a child - whether it's preschool or kindergarten - you really need to ask them, what do you need it for and what are you going to do with it and who else is going to see it? How do I know that it's protected?" said Adam Levin, founder of Identity Theft 911, which provides identity management and identity theft recovery services for businesses.

"The thing parents have to remember is that this is an asset. Failure to properly guard it exposes your child to what could

be over a decade of credit abuse that they're not even aware of until they get old enough to actually apply for something. Then, they're suddenly unpleasantly surprised."

Here are some tips for protecting your child's identity:

—Don't carry your child's Social Security card around with you.

—Use a cross-cut shredder to destroy documents with your child's full name and other identifying details, including date of birth.

—Teach your children the importance of protecting their personal information on social media. "Children should never post their full name, address, date of birth or other details on social media sites," said Equifax, one of the three major credit bureaus.

—Make sure your kids use passwords for their smartphones and tablets. Also, teach them the

importance of changing passwords frequently and never sharing passwords with others.

—If you're notified by letter that your child's personal information has been compromised, first confirm that the letter is legitimate. If so, take advantage of any free identity protection services offered and contact the three credit bureaus.

—If you have several children and one is a victim of identity theft, closely monitor the personal information of your other children.

"Criminals are opportunistic, thus likely to target multiple children in the same household," said the Javelin study.

Children shouldn't start their adult lives the innocent victims of a crime that could prevent them from establishing a firm financial foundation. Guard their identities like you do their lives.

Bears are still hungry

Volleyball team in hunt for National Tournament



DMACC volleyball team poses at the Ledges State Park for a photo shoot for a poster.

By Trevor Gutknecht
Staff Writer

The DMACC Volleyball team currently sits at 13-6 and 3-1 in the conference.

After a tough tournament in Champagne, the team's coach remains optimistic.

"It's that time of year. We're playing better competition," said Coach Patty Harrison.

With losses to Illinois Central and Parkland, ranked fifth and second in the nation respectively, they bounced back with wins over Vincennes out of Indiana and Owens out of Ohio. Owens will be hosting the National tournament this year.

"We have lost some games we should have won," said Mackenzie Grimm, right side hitter. "With every loss it teaches us something."

Staying focused and consistent is something that both Harrison and Grimm brought up. "We need more consistency and bring that high level every game," said Grimm.

The biggest goal of the season is to win the conference and go to the National Tournament. "We always expect to win the conference, and go deep in the National Tournament," said Harrison.

With only two returning starters to this year's team that hurdle seemed just a bit higher. "But that's something we have to deal with every year with a two



Sara Jesse sets up ball to at DMACC gym (Above), Sheila Menezes avoids block as she attempts to kill the ball (Top right), Jessica McNeece and Sarah Frisch reach to block the ball against Southwestern Community College (Bottom right)



year program is the turnover," said Harrison.

Team chemistry is also a detail that is important to every team and Grimm summed it up this way. "We work well together. I feel really close with my teammates."

Harrison posed it this way, "we need everyone to come together and accept their roles."

Fun is something that can't be overlooked. "We are having fun when we win," said Grimm.

Formerly ranked 13th in the nation was nice but Harrison is looking for more out of the team.

"We should be in the top ten but we had some losses we can't have."

With four consecutive home matches, first on Sept 26th against Iowa Lakes, then both Iowa Western and Dakota County on the 27th and lastly NIACC on the second of October, the Bears will have opportunities to put together a win streak and what could be a confidence boost.

The National Tournament this year being held in Toledo, Ohio on November 21st through the 23rd.

Several DMACC Bears take game to next level

10 former men's basketball players continue college play this season

Des Moines Area Community College (DMACC) men's basketball coach BJ McGinn will not only be developing his 14 players, he'll also be keeping track of 10 former DMACC Bears who are taking their game to the next level this season.

"I'm so proud of these guys and our program," said McGinn. "Not only has their hard work paid off, but the fact that this many former Bears are playing at the next level showcases the caliber of talent we are recruiting and

developing here at DMACC."

Three former Bears will be playing at the NCAA Division I level during the 2013-14 season at the University of Idaho, Norfolk State University and Sam Houston State University. Two former Bears are playing NCAA Division II, two are playing NAIA Division I and three are playing NAIA Division II.

"All ten student athletes earned their degree from DMACC and received scholarships to continue their education at a four-year school,"

said McGinn. "That's the best part of the story."

The DMACC Bears kickoff the 2013-14 season Oct. 6 at the JUCO Jamboree in Warrensburg, MO.

The Bears return 3 all-conference players from a team that finished 17-14 last season and advanced to the quarterfinals of the National Junior College Athletic Association (NJCAA) Region XI tournament.

Sports Round Up

By Trevor Gutknecht
Staff Writer

Men's Golf

DMACC Men's golf takes a fourth place in the Clarke University Fall Classic Tournament on Sept. 15 and 16 at the Thunder Hills Country Club in Peosta.

Sophomore Tanner Ludwig shot a six-over-par 148 to lead the Bears; he tied for third in individual competition. The team closes out the season on Sept. 27 and 28 with the AIB Tournament at Lake Panorama National Golf Course in Panorama.

Women's Golf

The DMACC Women's golf team gets second place finish in the Simpson Fall Invitational Sept. 16 at Indianola Country Club in Indianola. Molly Geick, a freshman from Pomeroy, shot an 89 and took fourth place. The women's team also closes the season with AIB Invitational Sept 27 and 28 in Panorama.



Cross Country

The cross country team came in 12th at the Les Duke Invitational Sept. 14 at Grinnell. Competing against 10 four-year schools and universities. The team was led by freshman Kim Teno of Albia. She finished 54th with a time of 26:25. DMACC will run at the Viking Invitational in Des Moines on Sept 20th. The next tournament will be the Fighting Bee Invitational in Bettendorf on Oct 12.

Volleyball

The DMACC volleyball team traveled to Champagne the weekend of the 21st for the Parkland tournament. They come back with two victories and two losses, with the two losses coming from the second ranked team in the nation in Parkland and the fifth ranked team in Illinois Central. That brings their record to 13-6 and 3-1 in the conference.

Sports Calendar

Volleyball

Sept 26 Iowa Lakes @ Home 6:30 PM
Sept 27 Iowa Western @ Home 3:00 PM
Sept 27 Dakota County @ Home 5:00 PM
October 2 NIACC @ Home 6:30 PM

Women's Golf

Sept 27 AIB Tournament @ Lake Panorama
Sept 28 AIB Tournament @ Lake Panorama

Men's Golf

Sept 27 AIB Tournament @ Lake Panorama
Sept 28 AIB Tournament @ Lake Panorama

Cross Country

Oct 12 Fighting Bee Invitational @ Bettendorf, IA

Baseball

Sept 26 Ellsworth @ Cedar Rapids 10:00 AM
Sept 28 Millhouse @ Home 1:00 PM
Oct 1 AIB @ Home 3:00 PM

Taking the lead**Leaders defined by actions, not personality types****By Cainon Leeds***Columnist*

The word 'leadership' gets thrown around quite a bit, especially in the upper ranks of academia. I'm told by parents, teachers, peers and the media that I'm supposed to rally behind leaders, do as they tell me to and if I'm good at that, maybe I can aspire to be a leader someday. There are even classes that teach students how to become effective leaders.

But what does leadership look like and what are leaders made of? I think King Thorin, the king of the dwarves in Tolkien's *The Hobbit*, summed the spirit of leadership up well when he said, "Loyalty, honor, a willing heart. I can ask no more."

However, that's not the prevalent message today. When I hear about this rare and gifted breed of super humans called 'leaders,' I tend to think of people like Julius Caesar, the President of the United States or a successful student with great communication skills. People like them become the senators, the CEOs, the doctors, the lawyers, the star quarterbacks, the public speakers, the record breakers. People like them are 'leaders,' not me, because I can't rally an army, I can't direct a nation and I can't deliver the next Gettysburg Address.

That being said, I think we as a society focus too much on the attributes of a 'true leader' and pay little attention to the character of one who will take initiative regardless of rank, social status or talent. We put so much emphasis on what we are that we completely lose sight of who we are.

For example, after taking the Myers-Briggs personality test twice a year apart and getting the exact same score both times, I found that I was labeled a hopeless 'introvert.' An introvert is someone who prefers working alone to working with a group. An extrovert, on the other hand, is your stereotypical leader, com-

plete with great people skills and usually good looks too.

However, the test and faculty who distributed it tried to make it clear that being an introvert isn't a bad thing, it's just that I tend to act more like Spock and less like Captain Kirk. Notice that Kirk is the captain and not Spock. Although Spock is not above Kirk in rank, I see them as equal on the 'leadership' scale because they both display the character of leaders: they are loyal to their cause and their team, they have honor or a moral code they follow and they are willing to brave the dark depths of space.

Spock, General Lafayette and Jesus of Nazareth are great examples of the servant leader concept. According to Robert Greenleaf, the founder of the modern servant leadership movement, a servant leader is someone who serves others and then aspires to a leadership role through that service. It is a style of leadership that focuses on the power of contribution over rank and it is attainable by anyone regardless of position, talents or personality traits. All they need is a little loyalty, honor and willingness. And I believe that's all any leader truly needs to be great.

Guest opinion**\$100,000 scholarship winner shares secrets to success****By Josh Stevens***DMACC Alum*

How does \$1000, \$1250, \$3000, \$16000 or \$110,000 sound to you, absolutely free, to pay for tuition, books and fees, transportation, living expenses and more? Scholarships are one thing that tends to spark interest in all college students. It's free money if you are willing to put in the effort to take it, but how?

During my final year at DMACC, I had the honor of winning many scholarships, including the top scholarship available to transfer students, The Jack Kent Cooke Undergraduate Transfer Scholarship worth up to \$110,000. In addition, before the JKC Scholarship, I had received the Coca-Cola All Community College Silver Scholars Team award and the All Iowa academic team scholarships. The Coca-Cola award gave me full in state tuition for two years, and the All Iowa team awarded me an extra \$3000 over two years; each applied to any public in state university. A private college that I looked at offered me the Samuel J. Longfellow Scholarship, the most prestigious scholarship that Cornell College has to offer, totaling over \$23,000 and, if I hadn't won the JCK scholarship, I would have received the Roy Carver Scholarship, which is a \$7000 scholarship. So how did I get my next two plus years of college paid for? Here is the formula for getting involved: talk to professor Nancy Woods, enlist an army and find the teachers who are invested in you.

If you are a freshman, sign up for and get involved in Phi Theta Kappa, join the DMACC Honors program, ask about Leadership Iowa University and volunteer. Everything you get involved with works to build your resume. It could be the difference in winning the scholarship or not.

One of the biggest challenges is finding out about the scholarship and if you are a good candidate. Find the gatekeeper; seek out professor Nancy Woods and ask her for help. She's the one who was most knowledgeable when it comes to scholarships and whose criteria you best fit. Nancy will do the dirty work, reading the fine print and setting you up for the best chance for success, or

simply letting you know it's not worth your time and energy.

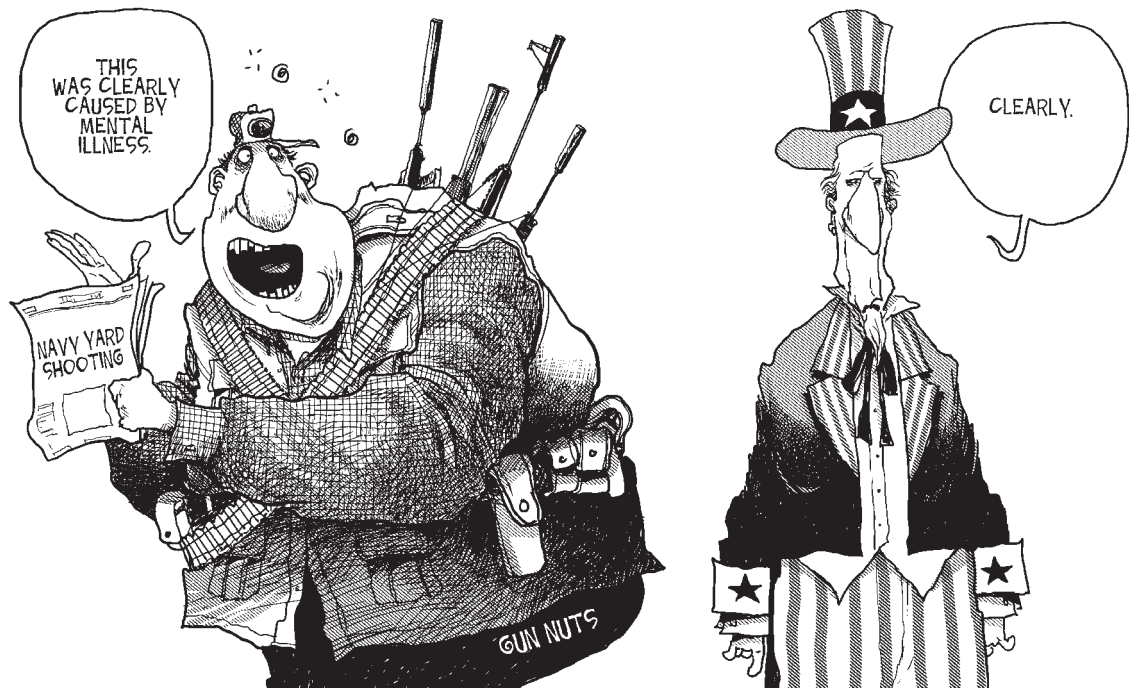
You need to understand many of these scholarships are judged by a panel of people who don't know you on a personal level and judge who deserves their scholarship not only by grades and letters of recommendation, but their picture of you, which comes mainly from the written essays you provide. This brings us to our next step.

Enlist an army. You need to seek out guides in the writing department, and as many as you can get. I personally started and finished each essay with Sam Pritchard. Pritchard helped me by sitting down and going over the prompts. Prompts are questions asked by the scholarship foundations. They are meant to discover something about you, which determines whether you are who they want to invest in. Pritchard and I debated on their perspective and we developed a plan of attack. I then used the Writing Center, working with Krystal Herring, Brett Ross and other instructors who helped shape my voice in each essay. I would then bring it back to Sam and we would go over the work. Sam is the master of eliminating words and pushing you to the designated word count of each essay. If you have multiple essays for a scholarship, now is the time you need to step back and look at how each essay fits individually into the overall picture.

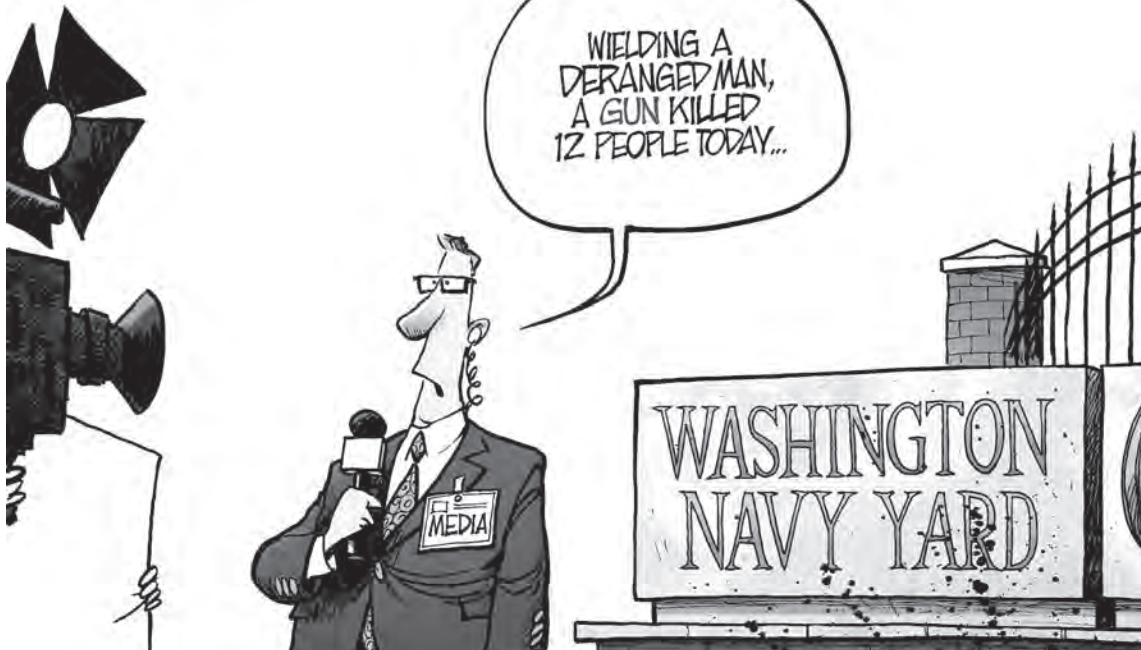
Lastly, find teachers who care about your future. It has to be someone whom you are close with. Ask them for the letter of recommendation and have Nancy review. Make sure they are comfortable with the process up front so they understand what you are asking of them.

This is the formula I used and the results speak for themselves. It's not a solo mission. You need to enlist the talent and expertise this school has to offer. I am proof of this school's ability to guide you to the prize. The process demands time and a lot of work, but it's worth every minute invested. Even if you don't win, I guarantee you will develop better writing skills.

Josh Stevens, from Boone, is a Jack Kent Cooke Undergraduate Transfer Scholar, DMACC Honors program graduate, former member of DMACC Boone's Phi Theta Kappa chapter and former news reporter for the Banner News. He is currently majoring in pre-med at the University of Iowa and hopes to become a family physician in the future. He wrote this opinion piece as part of his Honors Capstone course this summer at DMACC Boone.



Bill B. THE COLUMBUS DISPATCH
COLUMBUS, OHIO



MCT

The Bear Essentials

Suffer a little saving for long term success



By Zach Kowalik
Columnist

If we were lucky, there was a person in our family who hounded us from a young age about the importance of saving. That person might have said things like “save for a rainy day,” or “a penny saved is a penny earned.” While this conventional wisdom may have been lost on the tiny heirs of their advice, our family members had great intentions. As we grew up, and became responsible for more of our expenses, we quickly learned why they pleaded with us as youngsters to put some money away. Now, as college students, those adages are seemingly as unrealistic as they are dated. If then, only out of respect for our elders, let’s take a further look at what they were talking about and how we might be able to pull it off, even as broke college kids.

Contrary to the conventional cliché, the benefits of saving money rarely come to fruition as the result of wet weather (I’ve never had to take out a loan for an umbrella). All joking aside, the biggest incentive to save money is to prevent ourselves from going into debt. Data from the U.S. Bureau of Economic Analysis, wonderfully illustrated in this graph, shows a strong negative correlation between savings and debt. As the average amount of personal saving decreases, debt increases. In the eighties Americans were saving about 12% of their income. Today we save only about

6%, hitting rates as low as 0.9% in 2007. Reversing this trend is essential to ensure personal financial health.

With the “why” illustrated below, the next question to answer is the “what”? The difficulty of saving is that we often don’t know what we are saving for, and therefore it is hard to determine how much we should put away. Things like an expensive vehicle repair, unexpected medical bill, or even a big traffic ticket are exactly the kinds of liabilities that we can hedge ourselves against with savings. Any of these could become financial burdens if we are unprepared, and without cash set aside for these emergencies we’d end up borrowing money from creditors or parents, or not paying the bill at all.

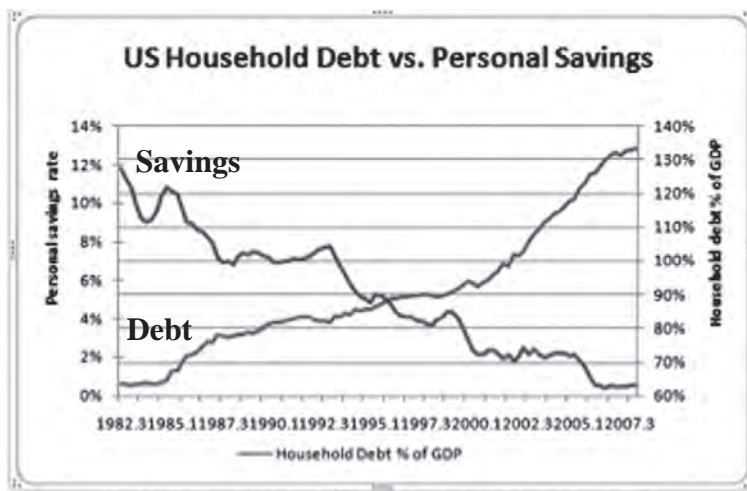
So how much should we set aside for these costly anomalies? As I mentioned in an earlier column, financial guru Dave Ramsey recommends saving an emergency fund of \$1,000, but for us college students \$500 should be fine. It might sound like a lot of money, but we don’t have to get there all at once. By setting up a budget that includes systematic saving we can build up enough cash to reach that \$500 goal.

The easiest way to save is to set aside a specific amount each month. It can be as little as \$20 as long as we are doing it on a regular basis. As students, we usually have low incomes in the first

place, so if setting some extra money aside is impossible without cutting back, there are a few places we can save a significant amount of money by going without.

By cutting the cable TV bill out of our budget we can save as much as \$100 per month. With this technique we’d reach our \$500 goal in as little as five months. Transportation can be spendy too and carpooling or public transportation can both be a great way to help offset this cost (if you are interested in shuttle routes to and from Ames we’re trying to set one up with HIRTA). The costs of going out to eat or to the movies can add up quickly. Try packing a lunch every day and opting for low-cost entertainment like Redbox or dollar movies. These ideas and many others can provide us with some extra cash to stash away for a rainy day.

Whether we have some extra income to set aside already, or even if we must make sacrifices to do it, saving should be a priority to all students. Acquiring healthy financial habits with little money with pay dividends as our incomes (hopefully) increase with time. Reversing the trend on personal saving is our responsibility and we see an immediate benefit when we do so. Saving sucks, but the long-term benefits far outweigh any short-term enjoyment and we just might be better off for it.



President Denson voices appreciation for levy vote

On Tuesday, September 10th two DMACC levies passed with the highest positive margin in our history, and we thank you. It was gratifying to work on the campaign with the support of legislators, both political parties, chambers, unions, religious and community-based organizations, DMACC alums, school superintendents and many others.

In his book “The Coming Jobs War”, Chairman of Gallup Jim Clifton says that: “what everyone in the World wants is a good job”. In Iowa, we know that

about 60% of the good jobs are called “middle skill” and require more than a high school diploma but no more than a DMACC diploma or degree. There are many good jobs in Central Iowa right now and we are working hard to recruit, educate and train those workers that businesses need. You also know that we do an exceptional job preparing our students to complete their 4-year degree before entering a profession.

Nationally, student debt is a major issue. Your vote also helps keep the DMACC tuition rate

one of the lowest in Iowa.

By your vote, you have provided DMACC the ability to continue developing and expanding our facilities and equipment so our students can be educated for good jobs, allowing Central Iowa employers the opportunity to grow their businesses. As our campaign emphasized, we are your College and all of us at DMACC are grateful for your continued support!

Rob Denson
DMCC President

Grand Theft Auto doesn't lead to grand auto thefts



By Brian Osborn
Contributing Writer

Video games and violence: don’t they just go together like explosions and Michael Bay films? The two always spark controversy. One side says violent video games are corrupting and desensitizing youth. The other side says there is no correlation and everyone needs to calm down.

With “Grand Theft Auto 5” being released last Tuesday and earning over \$1 billion in sales on the first day alone, many of the discussions are popping up again.

I believe violent video games aren’t as bad as some make them out to be.

Yes, there are times where games can go a little to the extreme. When you can go on a rampage of death like in GTA 5, running down the street, hitting a guy in the head with a baseball bat, jumping into a car, running over a bunch of people, jumping into a helicopter, and raining down missiles on unfortunate police officers who happen to be in the way, that might seem like a bit much.

But does that mean everyone who plays a violent game will have anger issues and go on a shooting spree?

I like to have a more optimistic outlook on society (although I do get down a lot.) Don’t get me wrong: I do feel violent video games desensitize people. But there is a big difference between seeing violence and not being phased by it and being the person to actually pull the trigger.

I like to think of it like this: I

have been playing GTA 5 for six hours straight and I finally decide to call it quits and do something else. My roommate happens to walk by and step on my foot. I have two options. I can 1.) knock him out, take him outside, curb stomp him, then shoot my other two roommates for just being in the area and not doing anything about it, or 2.) say a quick expletive, walk it off, and go about my day. The great majority of people would choose the latter.

Deciphering between seeing and thinking about a violent act and actually carrying it out is not a hard thing to do in my eyes. For those who do have trouble with it, there are other, more important factors in the equation like mental stability.

People who object to my stance also use the evidence from previous terrible acts such as the shootings at Sandy Hook or Columbine. In those events, the shooters played violent video games and that was floated as a factor in why they did what they did.

I find that to be absolutely ridiculous.

Going back to GTA 5, the new game costs about \$60. So that means more than 16 million people bought the game on the first day alone. Sales are even higher now. That means a majority of the population is playing this game. So, going by that logic, we all better get our heads down and take cover.

Plus, we live in a world today where you can’t go five minutes without being bombarded by something violent or sexual whether from the news, newspapers, TV, or movies. Even walking down the street can bring its own level of desensitization. To put the blame on just violent video games is nonsense.

We as a society need to stop looking for things to blame and realize bad things are always going to happen. Sometimes there isn’t much we can do about it.

Now, if you will excuse me, I have things to blow up.

Opinions Wanted

Submit a letter to the editor at
bannernews@dmacc.edu

-or-

publish your own columns through the Banner News.

Column submissions must be:

-DMACC student or locally related

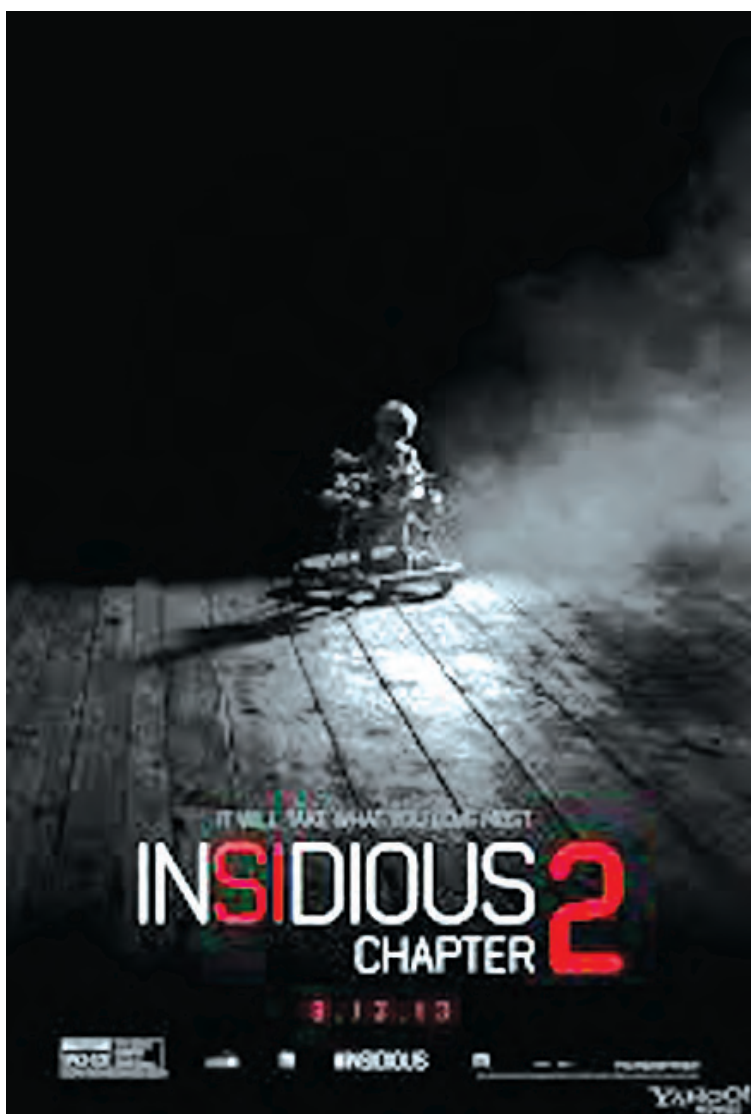
-Well informed (facts stated must be cited)

-Approximately 500-700 words in length

Please email us or stop by room 115 for submissions.

Movie of the week

This week's horoscopes


Iowa State Daily
(reprinted with permission)

The first “*Insidious*” was a fun haunted house movie with an interesting mythology that left me wondering what was actually going on. The second one brings a lot of the same things to the table, but it didn’t quite live up to the solid scares and sense of mystery the first had.

The movie starts where the last film left off. The still haunted Lambert family has found yet another creepy house to live in and things still are pretty bananas. After Renai (*Rose Byrne*) gets slapped across the room by a ghost who looks like Marilyn Manson’s mom, she attempts to convince her husband Josh (*Patrick Wilson*) that something is still going on. Strangely, Patrick is set against making the terrifying daily experience of living with a ghost a big deal, so Renai and Josh’s mother Lorraine (*Barbara Hershey*) go behind his back to find out the truth of what’s happening in the house and why Josh is acting like a crazy person.

Overall, I think the film was a little bogged down by explanation. Part of why I liked the first movie was because it slowly revealed what was happening to the family rather than directly explain certain aspects like was done in “*Insidious 2*.” On the other side of this, they did connect the two movies together in a pretty creative way that I did appreciate. This is one sequel that demands you see the original to know half of what is happening. The second half of the film is much more interesting than the first, so the overdone exposition does end up having a satisfying finale.

As for scares, the film wasn’t quite as creepy as the first movie was. There are some solid jump scares thrown in, and the spirit

world was still done well, but some of the ghosts in the film come off as almost cartoony. It depends on the viewer, but the theater I was in laughed at some of the moments between Renai and the ghostly woman haunting her family. The film falls victim to plenty of horror clichés (self-playing instruments, creaky doors, etc.), but it does bring a pretty original lore for why the ghosts exist that puts it above a lot of the generic ghost films found in the genre.

Being a horror movie, most of the other actors mainly needed to be scared and concerned, which they did well. Rose Byrne always looks worried to me, and in “*Insidious 2*,” she didn’t need to travel far from that line. Patrick Wilson’s performance was especially impressive as Josh Lambert, who delivered an honestly scary performance as a man rotting away both physically and mentally. He could go from all American dad to serial killer with the right lighting and expression. His scenes near the end of the film are full of rage and intensity, and it works.

Overall, I give “*Insidious 2*” a 3/5. It was fun, but a little too exaggerated to be scary and not cheesy enough to be comparable to “*Evil Dead 2*,” even though “*Insidious 2*” did remind me of it a bit. One thing I wish they focused more on was the two paranormal researchers they hire that were in the first film. They were more interesting than the family themselves, and I would love to see a continuation of their adventures fighting ghosts and being generally interesting people. Other than that, the film was worth a watch but doesn’t compare to the originality and legitimate scares of its predecessor.

3/5

Aries: March 21-April 19
Inventive planet Uranus is shaking things up. You’ll want to bring a spirit of experimentation to your relationship. Change your romantic routine with your partner. Take a weekend trip or turn off the phones and the TV to just focus on each other at home.

Taurus: April 20-May 20
A friendly moon is making you confident. If you’re single, this is a great week to get out and meet some people. If you’re in a relationship, you’ll take the initiative in the bedroom and offer your partner new levels of sensual pleasure.

Gemini: May 21-June 21
You might encounter someone who is aggressive, intelligent and dramatic. Usually you’re drawn to people who are more mellow, but something about this person could be fascinating. Mars is encouraging you to explore your chemistry with this person.

Cancer: June 22-July 22
Your emotions could be all over the place, courtesy of a sensitive moon. Don’t jump to conclusions. If you doubt your romantic relationship, maybe you’re just tired and generally burned out. Take good care of yourself and get some rest.

Leo: July 23-Aug. 22
Mars is increasing your need for appreciation. If you and your

partner haven’t been able to be together lately, you’re ready to schedule some quality time as a couple. Make it clear that you need your honey’s exclusive attention.

Virgo: Aug. 23-Sept. 22
A spirit of imagination is in the air thanks to the moon. You’ll want to do something creative and sweet for your honey. Write your guy a love poem and pin

mitment to each other. If you’re already married, you might be thinking about having kids or adopting a pet.

Sagittarius: Nov. 22-Dec. 21
Partnership is a big theme now as Venus encourages you to be a better team player. You could be trying to make a partnership work, either in your personal life or your business life. With your dominant Fire sign personality, try to be a good listener.

Capricorn: Dec. 22-Jan. 19
It’s time to let go of any bitterness you have about a past relationship. It’s not worth holding on to all of that stress. The moon is bringing in a lighter energy, and this will help you to feel more optimistic and forgiving than you have in ages.

Aquarius: Jan. 20-Feb. 18
Don’t let other people walk all over you. Right now, somebody could be taking advantage of you. Maybe your honey has borrowed too much money from you or a coworker is taking credit for all your hard work. Mars says stand up for yourself.

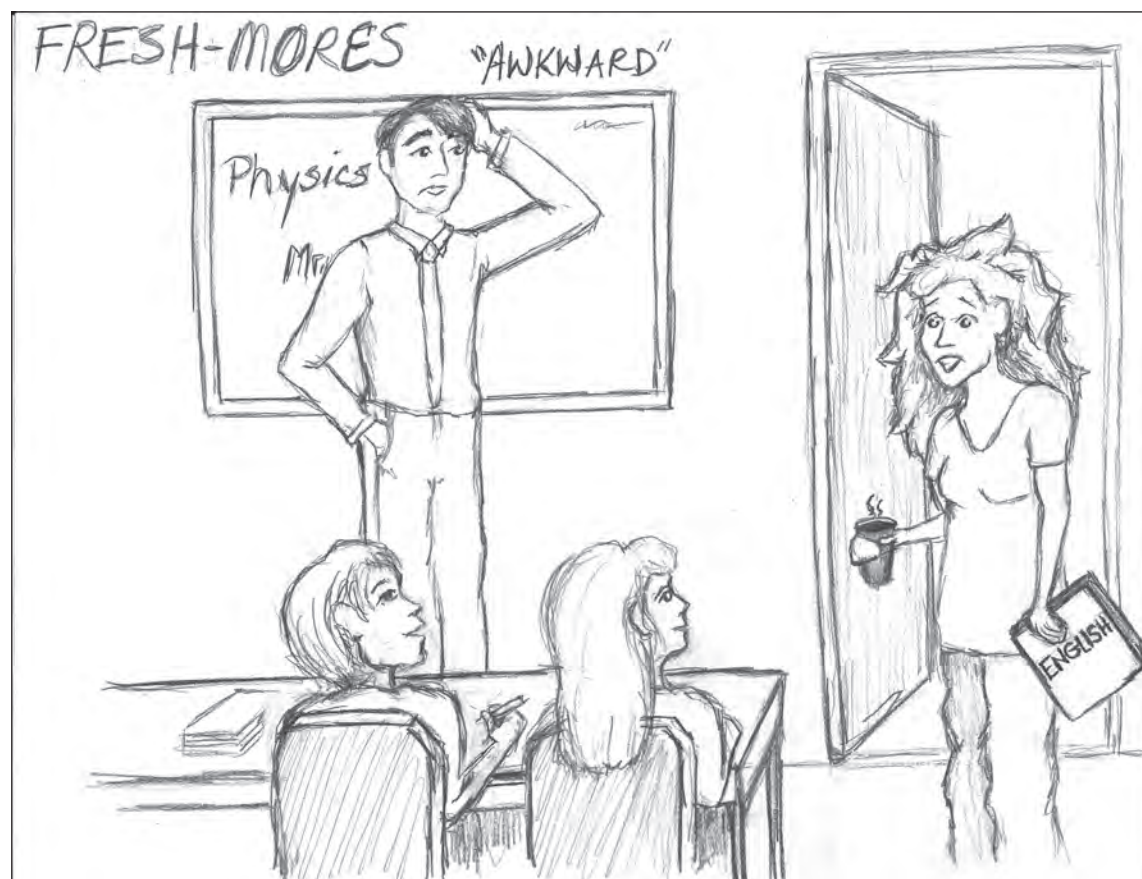
Pisces: Feb. 19-March 20
You could receive some good news, thanks to Saturn. Maybe you’ll finally get a hot job interview. Or perhaps you’ll learn that someone you’re madly attracted to is also interested in you. Things are looking up.



it to his pillow. Draw a sketch of your girl and have it framed. Express your artistic side.

Libra: Sept. 23-Oct. 23
You might feel like things will never come together for you romantically. Don’t panic. Jupiter is creating some temporary setbacks, but they won’t last long. In the meantime, focus on spending fun time with friends who make you laugh.

Scorpio: Oct. 24-Nov. 2
Saturn has you seeking firmer ground in your relationship. If you’ve just been dating for a little while, you’re wondering if it’s time to make an exclusive com-



Banner News cartoonist Erica Brown, from Boone, is a student at the Boone DMACC campus. She is majoring in Human Services. Her cartoon series is called “Fresh-Mores,” representing the freshman and sophomore students that tend to make up the DMACC campus. Email her with your comments and ideas for future cartoons. ebrown11@dmacc.edu

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