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Banner News

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Wikity-split

WIKIPEDIA

Can we trust information that's at our fingertips?

Amanda Betz
Editor-in-Chief

Wikipedia has become the most well-known wikis on the web. It has become a popular resource for many research papers. But can you trust what information you find there? If not, what criteria must resources meet to be considered trusted or reputable?

First, start with the very basics. What exactly is a wiki? A wiki is simply a website that allows multiple people to work on one page. Anyone who visits the wiki can view and edit the text entered there. Some other popular ones besides Wikipedia are Wikihow, Wiki-Travel, and Wiktionary.

Since anyone who visits a wiki page can edit the content on it, who would want to use a wiki, and what kinds of advantages does a website like this have? Wikis are common to see inside of large corporations and organizations. A wiki would allow hundreds of employees to access information, and update others with information over a subject. For example, a large corporation starts using a new type of software, but the training for the software is lackluster. The corporation creates a wiki for the employees to visit and update so they can learn tips and tricks from each other. Employees can visit the wiki to find help and troubleshooting and also add in their tips. A new training guide could then be formed from the wiki that is more complete and current to the employees' needs.

One large and obvious disadvantage of a wiki is that anyone can edit the page and put anything on it. As a website grows, it is also harder to keep information organized. It takes collaboration between the users and an administrator to keep information orga-

nized and easy to understand and find.

So what does that mean for the reliability of the information found on Wikipedia? If anyone can type anything onto a wiki, can you trust any of the information you find there? What happens if someone abuses their editing power and writes something vandalistic or wrong?

The online community, including the administrators, writers, and editors, keeps a lot of the vandals and wrong information off of the webpages. If you were to edit a page in Wikipedia it would show up on the Recent Changes page, or it would show up on the watchlist. The watchlist is compiled of pages that you have added that you would like to keep track of. If someone changes anything on that page, it will be added to your watchlist and you will be notified. If someone adds anything to a page, the online community decides what they want to do with your edits. They can decide to keep them, change them, or even delete them all together. This helps keep wrong information and vandals in check.

If someone is caught habitually vandalizing a page(s), an administrator has the right to block or ban that users IP address, temporarily protect a page from being edited for a short period, or delete abu-

English
The Free Encyclopedia
4 675 000+ articles

Español
La enciclopedia libre
1 145 000+ artículos

Deutsch
Die freie Enzyklopädie
1 789 000+ Artikel

中文
自由的百科全书
801 000+ 條目

Português
A enciclopédia livre
857 000+ artigos

sive or inappropriate pages.

There are also pages on Wikipedia that are protected from being edited. If you would like to add an edit to a page you are prompted to send an edit request and an editor with the ability to edit the page will contact you.

When asked, 9 out of 10 students on campus admitted to using information from Wikipedia as part of a research project. Erin Burk, a business administration student, admits to using Wikipedia as a source. "Sometimes I just run out of time, or I don't want to put the effort into finding a journal or something. It's easy to put a subject into Google, and usually the first thing that pops up is Wikipedia."

"If professors don't want us to use Wikipedia, they should make that clear when assigning the paper," said an anonymous source. "I don't think it's fair to be punished for using a resource that is just as reliable as any other. If I'm going to write an 8 page paper, I'm going to make sure I can do it as quickly and (sic) easily as possible."

If Wikipedia is not considered a reliable resource, then what makes a resource

reliable? How can we tell as students what resources we should or shouldn't use for research?

According to the DMACC Library website, students should apply the CRAAP test when evaluating the reliability of a resource. **C** stands for currency. Is the information on the website current and has it been recently up-

dated and revised? **R** is for relevance. Is the information relevant to your topic, and does it answer your question? Is the information at the appropriate level for your needs, and would you be comfortable citing the source in your paper?

A stands for authority. Does the information come from a source that has renowned credentials? Did the author have the qualifications to write about the topic? The second **A** is for accuracy. Is the information support by reliable evidence? Has the information been reviewed or revised by others or peers in the field? Is the information written and presented in an unbiased voice? And finally, **P** is for purpose. Why does the information exist? Is it propaganda or is it fact. Does the information appear to be impartial and objective, or is it an opinion?

Iowa State's library page also points out that the design of a webpage

Русский
Свободная энциклопедия
1 172 000+ статей

日本語
フリー百科事典
938 000+ 記事

Français
L'encyclopédie libre
1 573 000+ articles

Italiano
L'enciclopedia libera
1 164 000+ voci

Polski
Wolna encyklopedia
1 082 000+ haseł

should also be taken into account. Does the page run well, or are there links that don't work? Visuals and design can be a tell-tale give away as to whether or not a source has professional credibility.

An Iowa State sociology professor had this to say about the use of Wikipedia in his class. "If you're going to use Wikipedia, fine. But don't expect to get a passing grade from me." When questioned after class about his reasoning he said that "Wikipedia is fine for per-

sonal enlightenment on a subject, but I expect students to act like this is college. Not high school."

Whether you're writing an eight page in-depth research paper, or a one page subject overview, the reliability of the resources used matters. Wikipedia may be OK for your own personal use, but it is best if left off of college level research bibliographies and works cited pages. "Resources should reflect the level of writing you are doing, and Wikipedia shouldn't even be an option in any college level literary work."



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Horoscope*

BEAR BRIEFS (Boone Campus and Boone Community)

Foundation Scholarships available

DMACC students who are enrolled in 6 credit hours or more and have a 2.00 grade point average are eligible for DMACC Foundation Scholarships.

The following DMACC Foundation Scholarship applications are now available on the DMACC Website:

Summer/2015: Application Deadline is 3/13/15 @ 4 p.m.

Fall/2015: Application Deadline is 4/24/15 @ 4 p.m.

*If you would like to apply for a Summer and a Fall scholarship, please only complete one application and make sure to mark both the "Summer" and the "Fall" boxes to indicate which semester you are applying for.

These scholarships may be applied toward charges for tuition, fees, and/or book charges at DMACC for the semester for which the award is given.

To learn about the specific award criteria and to apply online, visit: <https://go.dmacc.edu/foundation/Pages/district-wide-scholarship.aspx>.

If you have any questions, please contact Sue Rardin, Financial Aid Specialist-Scholarships at 515-965-7179 or via email at sgrardin@dmacc.edu.

Help stock campus pantry

As the semester begins, please consider helping restock the campus food pantry.

Current needs include:

- Canned chicken
- Spaghetti sauce
- Canned fruit/Dried fruit/ Applesauce
- Rice
- Peanut butter
- Jam/Jelly
- Dried beans
- Oatmeal/Hot cereal mix/

Boxed cereal

- Bread/Muffin mix
- Oils (vegetable, olive, etc.)
- Toilet paper
- Bath soap and shampoo

Please drop off donations to Erin Neumann (Room 124) or Jane Martino's office (Room 122). All donations are greatly appreciated. The food pantry is available to any student who might need assistance. If a student has a more significant need for food/resources than a visit to our campus food pantry can assist with, please contact Erin Neumann, eaneumann@dmacc.edu.

Phi Theta Kappa

Phi Theta Kappa is the International Honor Society for two-year colleges. PTK will host several informational meetings on the Boone campus. Students are invited to attend to find out more

about joint PTK. For more information, contact Nancy Woods, nawoods@dmacc.edu, 515-433-5061. Or Stacy Amling, slamling@dmacc.edu, 515-433-5089.

Honors seeks applicants

The DMACC Honors Program is seeking highly motivated students to apply for honors. There are openings for current DMACC students who want to challenge themselves and graduate from the Honors Program.

If you have completed one college-level English and one college-level math class or are currently enrolled, will have completed a minimum of nine (9) college credits and fewer than fifty (50) credits at the end of summer with a cumulative GPA of 3.5 or higher, you are eligible to become a DMACC Honors Student.

To read more about Honors and submit an application, go to dmacc.edu/honors and get started on your way to a rewarding, challenging educational opportunity.

Netherlands contest

As part of DMACC's celebration of the Netherlands during the 2014-2015 academic year, there is a contest in which each of three persons will win two tickets to the Netherlands Gourmet Dinner on Thursday, April 23, 2015.

Go to the Netherlands Year site for details.

Income Tax Help

Free income tax help will begin on Friday, Feb. 6 and continue through April 10 each Friday from 9 a.m. to 3 p.m. at the DMACC Boone Campus. DMACC has been offering this service since 2008. DMACC accounting students who have been certified by the Internal Revenue Service will help prepare federal and Iowa individual income tax returns for qualified residents. Each year accounting students process and file approximately 150 federal and state income tax returns.

This service, called the Volunteer Income Tax Assistance (VITA) program, offers free tax assistance to those with low-to-moderate incomes (less than \$53,000 in annual personal income). VITA is particularly interested in identifying those taxpayers who are eligible for earned income tax credits (EITC), which is a refundable tax credit to those who are low wage earners.

All tax returns will be prepared on-site at the DMACC Boone Campus by trained and certified DMACC student volunteers using software provided by the Internal Revenue Service (IRS). Each return will be reviewed by the site coordinator and, after approval and signature of the taxpayer, will be filed electronically with the IRS and the Iowa Department of Revenue. There is no cost to eligible taxpayers for this service.

Persons interested in receiving this service should bring their W-2 forms, interest statements from banks (1099 forms), copies of last year's (2013) federal and Iowa tax returns, Forms 1095-A, B or C (Affordable Health Care Statements) and social security cards for all family members. Any other pertinent information regarding personal income and expenses for tax year 2014 should be included.

Individuals may call 515-433-5029 to schedule an appointment. Parking is available on the north side of the building, and people may enter through the northeast doorway. There will be no free income tax help offered on February 20 or March 20.

**Skiing at Seven Oaks**

The Boone DMACC Seven Oaks Ski Night has been postponed until Feb. 12 and Feb. 27 due to unseasonably warm temperatures. The Student Activities Council will pay \$10 toward the \$16 lift ticket on Friday, Feb. 27. Each skier/snowboarder/snow tuber will need to pay their own rental and show their DMACC Student ID. Students may share this bargain with up to five family members or one guest.

Writing Contest Winners

Here are the winners in the DMACC District-wide Creative Writing Contest:

First Place Overall

Sierra Holstad
"Pale Blue Eyes" (fiction)
"Habits" (poetry)

Second Place Overall

Evan Bittner
"King of the Treehouse" (fiction)

Poetry

First: Jeffery Carter
"At Devil's Tower with the Boys"

Second: Becky Sterns
"Grandma's Closets"

Third: Mary Rowan
"Against Him"

Prose

First: Lisa Melchert
"Farewell Trip" (nonfiction)

Second: Hailey Dixon
"Rails" (fiction)

Third: Burt Hixenbaugh
"We Are All Turtles" (non-fiction)

Childcare and Transportation help

A program called Iowa New Choices offers assistance with childcare and transportation for qualifying single parents and displaced homemakers (separated, divorced, widowed or spouse disabled.) For information, contact, Erin Neumann, Room 124, eaneumann@dmacc.edu. Or call 515-433-5037.

Free money for school

Have you done farm work in the last two years? If so, contact Carrie at Proteus Inc. 515-271-5306 ext. 129

Writing Center open

Writing Center consultants are available to help with any writing assignment, during any part of the writing process. With their experience in different types of writing (technical to creative writing) and a broad range of life experience (journalism, firefighting, novel writing, Hawaiian culture, literature, and veterans affairs), you're sure to find someone that "gets you." Stop by any time during our hours. No appointments are necessary for this free service. For more information, contact Krystal Hering, WC coordinator, klhering@dmacc.edu. Or visit <http://go.dmacc.edu/boone/writingcenter/>.

Hours: Boone Campus, Room 170, Monday-Friday from 9:00 a.m.-12:00 p.m. and 1:00 p.m.-3:00 p.m.; Hunziker Center (Look for signs for our location.), Monday-Thursday 4:30-6 p.m.

Legal Aid

An attorney from Iowa Legal Aid will be on the Boone campus on Wednesday, Feb. 11 from 10 a.m. to 2 p.m. for individual appointments with DMACC students. Legal Aid provides free legal help with civil law problems for eligible low-income Iowans.

Legal Aid provides brief advice on several areas of law, including:

- Family Law
- Housing
- Consumer and Small Claims
- Public Benefits
- 60+ Elder Law
- Taxes

To schedule an appointment, contact Erin Neumann in Room 124, e-mail at eaneumann@dmacc.edu, or call 515-433-5037.

BANNER NEWS

www.bannernews.org

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The Banner News is student publication produced in print and online serving the Boone campus of Des Moines Area Community College. We strive to cover Your Life, Your Campus, Your News. Our news operation is funded by advertising and student fees. A print version of the newspaper is published and distributed for free on campus every other Wednesday starting the third week of the fall and spring semester. Additional copies may be purchased for \$.50/each. The Web site is updated more frequently. Please contact us with your news tips, comments and corrections.

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PLEASE RECYCLE

In the Spotlight

Meet Christine Whitney

Editor's note: This section will feature a student, staff member, or instructor from the Boone DMACC campus. Do you have a suggestion for someone we should feature? Send your ideas to bannernews@dmacc.edu

By Megan Olson
Staff Writer

DMACC Boone has added a new employee this school year. Christine Whitney joined the DMACC Boone Campus staff as a library specialist in August after working at the DMACC Ankeny Campus for two years prior. She joined the DMACC team in October 2012.

Whitney decided to apply for a job at DMACC after hearing about the opportunity from a friend of a friend.

"I have a lifelong passion for working with books. So, I decided to apply," says Whitney.

Prior to working at DMACC, Whitney worked at Barnes and Noble. She also previously worked at Sticks Incorporated in college, and was a teaching assis-

tant in the United Kingdom.

Whitney lived in the United Kingdom for 4 years while working to earn her master's degree of Victorian Studies from The University of Exeter. Along with being a teaching assistant in the United Kingdom she also worked with an internship in publishing.

Before moving to the United Kingdom, Whitney received her bachelor's degree in English Literature at Iowa State University, then moved on to earn her BFA in Drawing Painting and Print Making (DPP).

Whitney is from Clive, a suburb of Des Moines. She graduated from Valley High School.

She is a practitioner of capoeira. Capoeira is Brazilian martial arts. "It is a great work out."

Whitney enjoys DMACC because "I love the people I work with. The students and staff are friendly and welcoming. It has been a great experience," says Whitney.

"Anyone is welcome to stop by the library. I am always available and happy to help."



Photo by Megan Olson/Banner News

Christine Whitney
DMACC Librarian Specialist

'Dear White People' playing on campus

By Megan Olson
Staff Writer

In honor of Black History Month, the Student Activities Council is playing a movie called "Dear White People."

"A biting satire of racial politics," says Jada Tuam.

There are two showings remaining on February 12 at 9 a.m. and 6 p.m. in the auditorium.

"I could have shown something like Purple Haze, but I thought this was a much more modern and interesting movie," says Steve Krafcsin, SAC adviser.

There have been three showings so far. At the first showing at 9 a.m. on Monday, one student was present.

This movie is not only about racism, but also sexual differences. One of the characters, Lionel, is a black homosexual college student who is writing a story about the racial tension within a college.

Sam White is another main character. She is fighting for what she believes in along with having the struggle of finding herself. She is caught between two men; a white man that she loves and a black man who looks good with the position she is in.

Coco is a black woman that wants the world to know her name. She creates a blog that is a hit on the Internet.

Troy is another character followed throughout the movie. He is the Dean of Students' son and is expected to be with the perfect girl, be a leader within the college, and do no wrong. Troy does not want the same future his father wants for him. He struggles to stand up to his father.

This movie talks about modern time and college students. There are many differences discussed that students can relate too.

"It is not what I was expecting when hearing the title, but I was pleasantly surprised," says Krafcsin.

Survey finds freshman party less, worry about money more

(TNS)

LOS ANGELES _ The current crop of college freshmen showed up at school as less experienced party animals than their older peers but with more mental health and emotional issues, according to a national survey by the University of California, Los Angeles researchers.

At the same time, the new college students _ who entered their teens when many of their parents grappled with the recession's economic fallout _ are more concerned about financial success and aspire to attend graduate schools to enhance their career prospects, the annual American Freshman study found.

The survey suggests that the incoming freshmen "were buckling down prior to college and taking their academics more seriously," said Kevin Eagan, interim managing director of UCLA's Higher Education Research Institute, which has administered the poll for 49 years.

However, it remains unclear whether these students will prove on average to be a tame group, Eagan said. In fact, he said their relative abstinence during high school may mean they could be more tempted to binge drink and get into other trouble as social newbies away from the constraints of home.

That risk, along with reportedly higher levels of depression and other emotional problems, will challenge colleges to provide enough counseling support and substance abuse education, he said.

Nearly 11 percent of respon-

dents said they spent six hours or more a week at parties during their senior year of high school, down from 23 percent a decade ago, the survey found. Additionally, 61 percent reported that they spent only an hour or less a week at parties, up from 39 percent 10 years ago.

Along the same lines, those who said they occasionally or frequently drank beer dropped to 33.5 percent, compared with 45.5 percent a decade before and 69 percent in 1984. Just 39 percent of current freshmen said they drank wine or hard liquor in the last year, compared with about 52 percent 10 years ago and 68 percent in 1987, when the poll addressed the issue.

Colleges around the country are struggling to meet higher demands for psychological and crisis counseling, heightened by fears that their campuses could face incidents of violence and suicide.

The survey, which was taken by 153,000 students mainly during last summer's orientations at 227 four-year colleges, bolstered those concerns. Nearly 12 percent of the freshmen rated their mental health as worse than most others their age; that compared with roughly 7 percent about a decade ago and 3.5 percent in 1985, when the question was first asked. In addition, 9.5 percent said they frequently felt depressed, up from the 6 percent low point, recorded in 2009.

"This is signaling that students are bringing with them some emotional struggles, some mental health issues" and those

issues could make it harder for students to stay in school and earn a college degree, said Eagan, who is an assistant professor of education at UCLA.

Yet whatever problems the freshmen have, a lack of ambition is not one of them. A record 82 percent said that it was very important or essential that they become well-off financially, compared with nearly 77 percent in 2008 before the recession hit and almost double what it was 40 years ago during the countercultural era.

Similarly, the share of students entering college with plans to eventually earn a master's degree increased to about 44 percent, also a record and up from 28 percent four decades ago. Fresh-

men who indicated they wanted to earn a doctorate or professional degree also was at a new peak: nearly a third, compared with 21 percent four decades ago. Interest in medical school has increased in the last decade while the popularity of law school has dropped a bit.

Freshmen saw the economy crash in 2009 and many knew of college-educated people who lost jobs. As a result, they are entering early adulthood believing "they need more money to be comfortable and seeing that a bachelor's degree may not be the end of their educational journey," Eagan said. Plus, worries about college costs and student debt heighten desires for a good salary after graduation, he said.

H.A.I.R. *it is*

How dye choice can color our perceptions

EDITOR'S NOTE: This story originally appeared in the *Iowa State Daily* on Feb. 6. It is reprinted with permission. The reporter, Sarah Muller, is a student at ISU and DMACC. She works for the *Daily* and the *Banner News*.

By Sarah Muller
Staff Writer

Blondes have more fun, or so they say.

For years, people have dyed their hair different colors. But by changing their hair color, they may also be changing their societal stereotype as well.

"Any time you take a stereotype and apply it to a group of people, it's not going to be accurate at all. There is hardly going to be any truth to it," said Kevin Blankenship, associate professor in psychology and communication studies. "There is the idea of a kernel of truth that maybe there was something there initially."

Stereotypes are summary beliefs or characteristics we have about people generally, Blankenship said.

"We tend to have stereotypes about people we have never met and probably never will encounter," said Kristi Costabile, assistant professor in psychology and communications studies. "It's probably not from interacting with people that we learn these stereotypes. [Instead], it's from getting information from others."

Different things can contribute to stereotypes. Blankenship explains that one way is direct experiences, which means having an experience with someone with some type of characteristic and associating that with a quality that stands out in that person.

People can indirectly see rewards or punishments for particular behaviors or appearances.

For example, Penny, a blonde character in the show "The Big Bang Theory," is depicted as ditzzy or not as intelligent as the other females in the show, who are brunettes.

"It does make sense that there are certain stereotypes that hold to certain aspects of people," Costabile said. "Hair color could be the sort of thing that men and women are treated differently. You might notice that hair color might have an interaction with race."

Blankenship said he thinks there are conscious cues that men may pick up on in a social atmo-

sphere with women, making them more or less approachable.

He added that men may use those stereotypes to determine who they are attracted to or likely interested in. He said he believes people who have a preference in one hair color could be seen as bias or prejudice, however, it's a personal choice.

"They could be straining the potential dating pool or friendship pool by doing something like that. I'm not sure if it explicitly harms those who are excluded," Blankenship said.

Costabile said she believes that age might contribute to the way women and men are treated with different hair colors.

"It's possible that as a woman ages, she starts getting treated differently," Costabile said. "Maybe when she's younger, people are more interested in her potentially as a romantic partner, but as she gets older, people think she is someone to hang out with."

As for joking matters, Blankenship addressed the use of humor where there are two perspectives. Any time someone makes light of a stereotype — such as hair color by saying, "blondes have more fun" — it justifies or validates the stereotype.

"It's sneaking a way to make fun of or discriminates against a group," Blankenship said.

The other perspective is quite the opposite. Some believe to make light of or draw attention to these differences that may or may not exist is a positive step. People who use this method may believe that this is a healthy way to make a dialogue of stereotypes.

"I'm sure people do take [stereotypes] seriously, I guess. I've never meant them seriously if I've said them," said Marcie Stevenson, a graduate student in sustainable agriculture. "If people say them to me, I usually take them jokingly, but I'm a little more lighthearted about things like that."

However, people's intentions can affect how the jokes are perceived.

"Stereotypes are often really insidious, which means you don't know when they are affecting your judgments," Costabile said. "Even people who think they can make these jokes in good fun, it's definitely possible they could treat people differently."

In order to remove some of these predetermined ideas, Blankenship said he believes people should consider others on a more



"We tend to have stereotypes about people we have never met and probably never will encounter."

Kristi Costabile,
ISU assistant professor in psychology and communications studies

individual level, thinking about the qualities they possess and moving on from superficial aspects.

There are two effective ways to dissolve stereotypes in society, Costabile said.

One is presenting counter-stereotypical people in the media. Once society is exposed to more and more people who don't fit the stereotype, the people are typically willing to see there are exceptions.

The second way is the called the contact hypothesis, which is making people interact more so they can realize how similar everyone is.

When asked if hair stereotypes mattered, freshman Todd Price said that it shouldn't. However, he said he believes that hair stereotypes were gender-bias.

"When it's redheads, it's more men [being stereotyped], but when it's blondes, it's more women," Price said. "If anyone takes that seriously, they are an ignorant person. I feel like people would know better than to judge people on [hair color]."

Q&A: Elliott Defreitas

By Sarah Muller
Staff Writer

Hometown: Essex, England
Major: Sports Management
Year: Sophomore



Q. What brought you to DMACC?

A. *I had previous experience playing at DMACC and was offered a scholarship.*

Q. What does the next few years look like?

A. *"After this, I hope to go to a division one or division two school and then hopefully overseas after that. I'm speaking to a few school right now, like Eastern Illinois and North Texas but no Iowa schools right now."*

Q. What has been the biggest change coming to the States?

A. *"Basketball-wise, the game is a lot quicker here. It took me like a year to adjust to that. With the people, it was basically the accents. I had to change my accent quite a bit so people could understand me. Last year, no one could understand me."*

Q. Why did you decide to play with DMACC Bears?

A. *"Coming out of high school I had a couple offers. Basically, my high school coach came here to DMACC in 2000, so I just followed in his footsteps."*

Q. What has been the best part of being with the Bears?

A. *"Well, we win a lot, so that's obviously a good feeling. My high school team didn't win too much. [I've liked] coming here and winning a lot of games and gaining some experience."*

Q. What have you learned from your team?

A. *"[I've learned] leadership skills, back home basketball wasn't that serious, while here if you don't produce results, you don't really get on the court. My first year I didn't really play that much and then this year I'm beginning to play a lot more."*

4 on 4 Basketball League

Come to WIN IT ALL or just have FUN!
Teams can be co-ed, all women or all men (all play in same league).
\$50 Fareway gift card to the winning team.
SIGN UP by emailing asmartin@dmacc.edu with names of teammates or show up at 9pm in the DMACC Boone Campus Gymnasium. Must bring proof that all teammates are DMACC students/faculty/staff.



Dates of Play (9 pm)

- Monday, Feb 16th (First Night)
- Thursday, Feb 19th
- Monday, Feb 23rd
- Thursday, Feb 26th (Final Night)

Sponsored by Student Activities

DMACC Sports Calendar

- Feb. 11: Women's Basketball vs. NIACC, Mason City 5:30 p.m.
- Feb. 11: Men's Basketball vs. NIACC, Mason City 7:30 p.m.
- Feb. 13: Baseball vs. #15 Murray State, Tishomingo OK 5 p.m.
- Feb. 14: Baseball vs. Allen County, Tishomingo OK 1 p.m.
- Feb. 14: Women's Basketball vs. Southwestern, Creston, 1 p.m.
- Feb. 14: Men's Basketball vs. Southwestern, Creston 3 p.m.
- Feb. 18: Women's Basketball vs. Southeastern* 5:30 p.m.
- Feb. 21: Women's Basketball vs. Iowa Central, Fort Dodge 1 p.m.
- Feb. 21: Men's Basketball vs. Iowa Central 3 p.m.
- Feb. 25: Women's Basketball vs. Kirkwood* 5:30 p.m.
- Feb. 25: Men's Basketball vs. Kirkwood (Soph Night) * 7:30 p.m.
- Feb. 28: Women's Basketball vs. Ellsworth, Iowa Falls 1 p.m.
- Feb. 28: Men's Basketball vs. Ellsworth, Iowa Falls 3 p.m.

**denotes home game at Boone*

Bears beat Iowa Lakes, 72-59

Sophomore Aarias Austin of Gurnee, Ill., scored a game-high 24 points to lead the Des Moines Area Community College (DMACC) men's basketball team to a 72-59 win over Iowa Lakes Community College (ILCC) February 7 at the DMACC gymnasium.

The Bears, ranked fifth in the National Junior College Athletic Association (NJCAA) Division II poll, overcame poor shooting to improve to 20-4 for the season and 6-1 in the Iowa Community College Athletic Conference (ICCAC). DMACC made just seven of 27 field goal attempts in the first half, opening up a 27-22 margin at halftime. The Bears outscored the Lakers 45-37 in the second half when they hit 11 of 25 field goal attempts.

Sophomores Jamar Hurdle of Milwaukee, Wis., and Trey Sampson of Cedar Rapids joined Austin in double figures with 16 and 11 points respectively.

Hurdle's nine rebounds, eight from sophomore Elliott DeFreitas of Essex, England, and seven by Sampson helped the Bears to a 44-35 advantage on the boards. Sophomore Jon Fuqua of Maywood, Ill., had six rebounds and three assists for DMACC and Sampson contributed three assists and two steals to the win.

DMACC travels to Mason City Feb. 11 to face North Iowa Area Community College (NIACC). The Bears defeated the Trojans 88-51 when the two teams played Jan. 14 at the DMACC gymnasium.

Women drop 66-63 decision

The Des Moines Area Community College (DMACC) women's basketball team saw its record fall to 16-9 overall and 4-4 in the Iowa Community College Athletic Conference (ICCAC) following a 66-63 loss to Iowa Lakes Community College (ILCC) February 7 at the DMACC gymnasium.

Freshmen Kiana Peterson of Madrid and London Vais of Adair led the Bears with 13 points apiece and freshman Ashley Dumler of Dike added 11 points. DMACC trailed 34-30 at halftime.

ILCC came away with a 42-32 advantage on the boards with freshman Cassie Geopfert of Sioux City topping

DMACC with eight rebounds to go with seven points. Peterson, Vais and sophomores Latasha Harmon of Milwaukee, Wis., and Tiana Thompson of Tama had four rebounds apiece.

Peterson dished out five assists to go with her 13 points and Thompson, Geopfert and sophomore Chelsea Anderson of Gowrie had two steals apiece.

DMACC travels to Mason City Feb. 11 to face North Iowa Area Community College (NIACC). The Trojans are tied for the lead in the ICCAC with a 7-1 record and are 18-4 overall. They defeated the Bears 95-87 on Jan. 14.

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From the Editor



Amanda Betz,
Editor-in-Chief
akbetz@dmacc.edu

I hope everyone has been having a great last couple of weeks. It's that time during the semester where tests are starting to come around, and I hope you're all managing well. I know it's hard, at least for me it is, to balance everything in life and keep up in studies. Sometimes I wonder why all the tests have to happen at once. Do the professors get together and have a conference on when the best time to schedule tests are? It feels like it.

We have a lot of fun stuff in this issue. Megan went and saw the free showing of *Dear White People*, and she gives us a good review of what the movie is all about as we celebrate black history month.

Sarah introduces us to one of our international student athletes, and I finally get to grace the front page with a story about the use of Wikipedia as a resource, and what makes a good resource. Personally, I don't use Wikipedia for anything academic, but I have found some useful information about almost anything I could ever want by searching it.

Did you watch the Grammy's this weekend? If not, there's a short list of Grammy winners on page 7 for those of you who missed it. And for those who didn't, what did you think about Kanye? I think he has a little bit of a crush on Beyonce if you ask me.

Have a great week, and I hope you're all lucky in love for the coming Valentine's day.

Vaccination talk off-limits on online forums

(TNS)

Heather Crist Paley loved the private Facebook page where she could seek advice from other mothers on such topics as finding a good nanny and the safety of raw milk.

There was only one subject she knew was prohibited vaccines.

But when another member linked to an article on measles, Paley, of Los Feliz, Calif., couldn't help but chime in.

Within minutes, Paley was banned.

Internet forums such as Mommy2Mommy gathering places for parents to discuss child-raising are restricting or banning discussion of vaccination, sometimes banishing offenders.

"For the moment we ask you to refrain from posting about vaccines or measles," read an updated rule for the Moms of Inglewood and Surrounding Communities page. "It's a very heated topic that rarely gets debated but instead gets personal and even hurtful."

But for Paley and other young mothers who said they enjoy the free-flowing conversation, turning off the microphone feels like censorship.

"Everyone's all adults," Paley said. "They can handle themselves even if conversations do get heated."

The current measles outbreak has put vaccines back in the spotlight. Although the



"BOBBY HAS MEASLES! HOW IS THAT POSSIBLE? I'VE BEEN GETTING MY MEDICAL ADVICE FROM THE FINEST C-LIST CELEBRITIES IN THE FIELD OF PEDIATRIC MEDICINE!"

medical and public health communities are unified in their endorsement of vaccines, a minority continues to challenge that thinking.

The Internet is brimming with pro- and anti-vaccine sentiments.

There are "Vaccine Zombie" and "Immunize (Vaccine Anthem)" music videos. Articles are posted with headlines such as "Benefits of Contracting Measles" and "Harm Measles Can Cause Even Worse Because Its Preventable." And there are online order forms for "DNT VCN8" and "Fully Vaccinated" T-shirts.

For Michelle Turner of Los Angeles, the online forums were a "lifesaver" as she navigated the many questions of raising twin girls.

So when Turner saw warnings that vaccine-related posts would be prohibited on Mommy2Mommy and Moms of Inglewood and Neighboring Communities, she was infuriated.

"I like to read the different opinions," said Turner, whose daughters are vaccinated but who follows forums on natural

alternatives for a range of issues. "I like to be educated and challenged in my thinking."

As the number of confirmed measles cases rose in recent weeks, pro-vaccine parents increasingly expressed concern or anger that choosing not to immunize children harms the community overall.

The broad conversation has been "very ugly and very unpleasant," said Santa Monica pediatrician Dr. Jay Gordon, who advocates for parents' right to choose whether to vaccinate.

Gordon said that even some politicians have begun demonizing parents who question immunization. He urged pro-vaccine parents to try to understand the other side.

"Coercion doesn't work, shaming doesn't work," he said.

Orange County pediatrician Dr. Bob Sears, who recommends a delayed timetable for parents who choose to vaccinate their children, agreed.

"We do not need to hate them and ostracize them and, frankly, discriminate against them," Sears said of the sharp

criticism of so-called anti-vaxers.

Sears posts a daily message on his Facebook account, which has more than 39,000 "likes," and said he will "ban the haters on both sides" if users' comments include name-calling or hurtful language.

them all on one submarine and send them far away, that would be awesome!," one commenter wrote in response to Sears' post on why both sides

Even for Atlanta-based advocacy group Voices for Vaccines, conversations come close to "going off the rails," said Karen Ernst, who leads the group and oversees its Facebook page.

"No human was ever born with a needle in them!" wrote one Facebook user. "This guinea pig practice is rooted in Nazi Germany...Our mad medical regime has successfully hijacked the collective mind of our nation."

Ernst, a former teacher, said she attempts to keep the conversation civil and on course by filtering out profanity, forbidding people to post just links and steering commentators back on topic.

"I don't want to turn away dissenting viewpoints, even though my perspective is that those viewpoints are not based in science," she said.

In the Los Angeles-area family forum Peachhead.net, founder Linda Perry typically moves lengthy or ugly threads about vaccines off the main page.

To her surprise, the topic hasn't been a problem this year, but she said commenters usually like to have the last word — an often futile desire in a group of more than 15,000.

"I feel like at this point you've heard everybody's opinion and it's never going to end," she said.

Are electric cars greener? That depends on where you live

(TNS)

Long thought a thing of the future, electric cars are becoming mainstream. Sales in the United States of plug-in, electric vehicles nearly doubled last year. Credible forecasts see the number rising within a decade to half a million vehicles per year, which would easily exceed sales of the Toyota Camry today.

Although the technology for electric cars is improving quickly, the industry still depends heavily on public policy such as the \$7,500 subsidy that the federal government gives everyone who buys one. The rationale for such aggressive policy support is, in part, rooted in the idea that these cars cause less pollution. Indeed, conspicuously "green" consumers dominate sales of electric vehicles, just as they did initially for hybrid vehicles such as the Toyota Prius.

But whether electric cars are actually greener depends on where the electricity comes from. Our research, along with other studies, finds that electric cars are not necessarily the environmentally friendly choice when it

comes to the emissions of carbon dioxide the pollutant of greatest concern for climate change.

It is true that electric cars have no tailpipe emissions (they don't even have tailpipes!), which means they can help clear local air. But the electricity used to charge these vehicles comes mainly from power plants that burn coal or natural gas, with coal being the biggest emitter. Other sources of electricity wind, solar, hydro and nuclear generate zero emissions.

Figuring out whether the electricity is more environmentally friendly than just burning gasoline directly in cars depends on statistical sleuthing to estimate changes in emissions within the overall electricity grid in response to the additional electricity needed to charge an electric car. We've done this using data on every hour of every day for recent years across the nation, and the results are striking.

Where and when electric cars are charging affects how their emissions compare with the alternatives of a conventional or hybrid car. In some places and at

some times, electric cars generate more emissions. We find, for example, that charging an electric car at night in the upper Midwest will generate more carbon dioxide per mile driven than the average conventional car that burns gasoline. In contrast, electric cars in the western United States and Texas always generate lower emissions than even a hybrid, and this arises because natural gas rather than coal tends to be used for generating the additional electricity in these regions.

Our findings are based on how electricity is actually generated and current technologies that determine the efficiency of vehicles. But how might things change in the future to affect whether electric cars will reduce emissions and therefore help address climate change? We know the fuel economy of non-electric cars will increase in the coming years. The U.S. Environmental Protection Agency has nearly doubled the average fuel efficiency goal for cars by 2025. Meanwhile, the manufacturers of electric cars are seeking to significantly increase the distance

that one can drive on a charge.

But the critical driver of electric-car emissions is how the electricity is generated. And this is where the future of electric cars as a means for addressing climate change is related to the future of power plant regulations. The EPA is in the process of developing its "Clean-Power Plan" to reduce emissions from power plants. This, along with other rules, will make the electricity sector cleaner and help ensure that electric vehicles are the green choice down the road.

More than 100 years ago electric vehicles were the dominant and most promising technology for powering personal automobiles. But oil won that battle and reigned over the 20th century. Now electricity is poised to make a comeback, and might yet power the transportation sector this century. The push is due in large part to concerns about climate change, so it is important to have policies that ensure electric cars are part of the solution rather than the problem.

Tell us what you think!

Submit a letter to the editor or your own opinion column to **bannernews@dmacc.edu**

Submissions must be:
-DMACC student or locally related
-Well informed (sources cited)
-Approximately 500-700 words



DMACC'S TOP TWEETS FOR THE WEEK

"These Iowa basketball players are ugly as sin buy by god are they playing like all stars right now" -@NickNoah412 2/8/15 4:09 PM

"Just watched someone stop pick up snow and eat it #DMACC" -@MattHislop 2/9/15 12:16 PM

"Forgot to do my hour assignment. So I did it before class in the 10 minute period dmacc gives you in between classes. Lol." -@7_kono 2/9/15 9:20 AM

"Dmacc in Boone is neat Hott Chicks every where!" -@BoroughsCory 2/9/15 8:13 AM

"Really sick and tired of this bullshit dmacc wifi" -@BrittanyNash 2/5/15 9:50 AM



TNS File Photo

Who took home Grammy's this weekend? Here's the short list....

Record of the year

• *Stay with me*, Sam Smith

Song of the year

• *Stay with me*, Sam Smith

Album of the year

• *Morning Phase*, Beck

Best new artist

• Sam Smith

Best Rock album

• *Morning Phase*, Beck

Best Rap album

• *The Marshall Mathers LP2*, Eminem

Best R&B album

• *Love, Marriage & Divorce*, Toni Braxton & Babyface

Best Country album

• *Platinum*, Miranda Lambert

Source: National Academy of Recording Arts & Sciences

The fashion do's and don'ts for this coming Valentine's day

by Sarah Muller,
Staff Writer

Do:

Wear his favorite color: Remember that time your significant other complimented you in the blue button up blouse? Just because it isn't the sanctioned colors of Valentine's day doesn't mean they will hate it. Pair it with a nice skirt before you hit dinner and a movie.

Pull out former Christmas wear: As long as it doesn't declare anything Christmas related, the sweater you purchased for family photos can be reused for a special date with your special someone.

Wear hearts: There is no shame in pulling out the cliches, such as a heart covered dress. However,

this is the only time it is acceptable.

Don't:

Use costumes: The cheap sexy nurse costume is a little inappropriate. Save the money and pull out a nice dress that has been waiting to be recognized. It's time to keep it classy.

Wear fishnets: Unless you are Madonna out of the 80's, you have no excuse to pull these out.

Don't do drag: Just because it's the most romantic day of the year doesn't mean it requires the most make up. Your significant other likes you for you, not how much make up you caked on.



StyleIt app takes the guess work out of your wardrobe

(TNS)

Alicia Silverstone's character in the 1995 chick flick "Clueless" had the right idea: Let a computer program pick out your outfits so you never have to stress about what to wear again.

Now there's an app for that, thanks to software engineer and Carnegie Mellon University grad Henry Kang.

His San Mateo, Calif.-based company Peekabuy is behind StyleIt, an iOS-compatible app that suggests outfits for women based on pieces already in their closet. The China native, now in his early 30s, came up with the concept a few years ago while he was a doctoral student at CMU and his wife, Shawna Shu, also from China, was studying at Duquesne University.

"Every morning she would

repeat the same question," he says. "What can I wear today?"

This was his a-ha moment, he says, that made him decide to apply his research to coming up with a 21st-century version of the "Clueless" wardrobe builder.

Here's how it works: Download the app and take a photo of a piece of clothing you own. Within three seconds the app will pull available items from more than 450 retailers such as Macy's, Nordstrom and American Eagle to curate 10 different outfits to go with the photographed piece. If a user likes the suggestions, she can purchase them through the app, and Kang's business earns a commission for the sale. If it's not to her taste, she can swap the selections for new ones.

While there are lots of apps out there that aim to help women

maximize their wardrobe, the technology behind StyleIt and the speed at which it functions are what make it unique.

"The technical difficulty of what he is doing is significant," says Martial Hebert, a Carnegie Mellon University professor and the director of its Robotics Institute who served as one of Kang's Ph.D. advisers.

To make the outfit suggestions, the app crawls thousands of fashion blogs and uses algorithms to master how these experts approach style and put together ensembles. The app also learns more about what's on trend based on how users interact with it, Kang says.

Colleagues and professors from CMU have supported him along the way. Kang has worked with a few other CMU grads

as the app has evolved, and his company's first investment came from another one of his advisers, Takeo Kanade, a professor and former director of the Robotics Institute. StyleIt has acquired a strong following among current CMU students, too, Kang says.

The fashion and tech industries also have taken notice. The startup has been spotlighted by Wired.com, Yahoo Style and CNBC and was featured as one of the best new apps in the Apple App Store. And StyleIt is just getting started, Kang says. He has big visions for the app, including an Android adaptation and eventually the ability to offer fashion tips for men, too.

"People at different ages always have the need for style," he says. "It can really impact a lot of users."

Exercise now! The 5 immediate benefits of regular exercise

(TNS)

By now, we all know that getting our sweat on does wonders for our physical and mental health. But that doesn't make it any easier to get us off the couch, pause our Netflix marathon, and get our blood pumping especially when six-pack abs don't happen overnight. When asked, people give lots of reasons for why they work out: to gain more strength and endurance, manage weight, and look better.

Those motivators the model-hot looks (or at least some improved definition) and health impacts (avoiding dad's coronary bypass) are the long-term benefits. But the reality is that it's hard to get excited about long-term benefits. That's just not the way our brains are built we're wired for instant gratification.

We struggle with delayed gratification in all parts of life, not just when it comes to achieving our fitness goals. In the famous Stanford marshmallow experiment, children were given the choice between eating a small snack now, or waiting 15 minutes for a larger snack. Two-thirds ended up eating the smaller snack that was in front of them rather than waiting for the bigger promised snack.

Similarly, in economics, researchers have found that when people are offered \$50 now versus \$100 a year later, most will opt for the instant reward.

I WANT IT NOW! 5 IMMEDIATE BENEFITS OF EXERCISE

While the long-term benefits of breaking a sweat are definitely worth the wait, there are also some powerful perks you'll experience right away. And for many of us, those are much more likely to convince us to head to the gym right now (or at least after finishing this article).

1. Boost your mood

You don't need an hour-long, high-intensity workout to trigger a grin. Just 20 minutes of jogging has been found to elevate mood — and surprisingly the intensity doesn't matter. In fact, there's reason to believe that pushing yourself too hard delays or reduces the lift in your mood. So choose a workout you're comfortable with and ride that (exercise) high for hours.

2. Sleep like a baby

The secret to a better night's sleep could lie in a visit to the gym. In an Italian study, folks who worked out in the morning fell asleep quicker, slept longer,

and woke up less frequently.

If you're looking to maximize your zzzs, stick to cardio. While strength training helped study participants have a good night's sleep, cardio impacted sleep quality even the next night.

Other research has shown that exercise leads to more deep sleep, which is not so surprising when you consider that growth hormone the thing that repairs tired and torn muscles spikes during deep sleep.

3. Increase your self-esteem

We all want to feel like we're on top of the world, and working out can be just the thing to boost your confidence. Researchers in Norway found that children who exercised regularly showed signs of improved self-esteem in the short term after working out

Other research has found that achieving a goal (whether it be doing a few push-ups or learning to do a handstand) has a positive benefit on the way we view ourselves. And we don't even have to be aware that we have that goal in the first place. Meeting unconscious goals like that vague intention to work out that you're feeling right now also gives a self-esteem boost.

4. Think more clearly

Moderate aerobic exercise (like running or cycling for 30 minutes) can make us ninja-like with our reaction speed and improve our problem solving abilities just the things you need for a productive day at the office! But try not to push too hard too fast. High-intensity interval training has been found to cause physical fatigue that also makes your reactions slower.

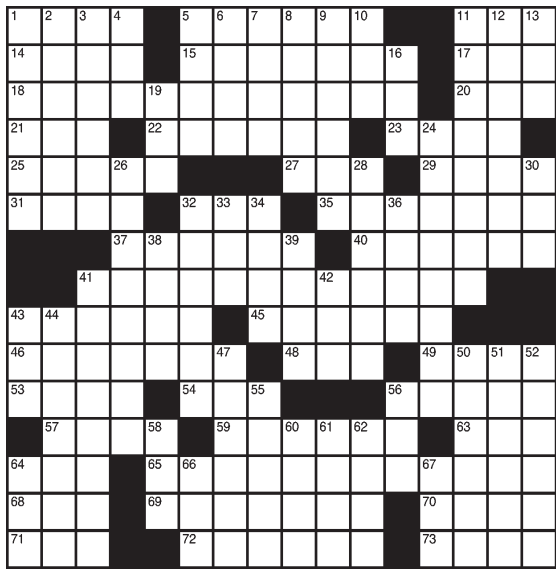
5. Have fun! (And forget whatever's looming on your to-do list)

The days of aching, sore muscles that inevitably follow a return to the gym can make it hard to remember one of the best parts of working out: It can be a lot of fun. Research has found that minimizing pain (or perceived pain) from working out can be as simple as thinking about the activity as something you'll actually enjoy. After all, liking a specific workout is a strong predictor of whether you'll return again. One quick trick to make exercise more fun: Make sure you're listening to some bumping beats throughout your workout. This kind of enjoyable distraction can double the mood-enhancing impact of exercise.

Los Angeles Times Daily Crossword Puzzle

Edited by Rich Norris and Joyce Lewis

- ACROSS**
- 1 Burst into tears
 - 5 Wander off the point
 - 11 Rainy
 - 14 Hodgepodge
 - 15 In the plane's cabin, say
 - 17 New Year's ___
 - 18 Pennsylvania borough in today's news
 - 20 Clinton's instrument
 - 21 Ambulance VIP
 - 22 '50s nuclear experiments
 - 23 Founded, on signs
 - 25 Foe
 - 27 Approved, briefly
 - 29 Pop singer Diamond
 - 31 Henry VIII's sixth wife Catherine
 - 32 Conk out
 - 35 "Make up your mind!"
 - 37 Germany's Republic, 1919-'33
 - 40 Flip-flops
 - 41 What we'll have of 3-Down, according to folklore, if 18-Across 62-Down sees his 50-Down on 65-Across
 - 43 Puppies
 - 45 Bahamas capital
 - 46 Thick fog metaphor
 - 48 Dirt road groove
 - 49 Amt. on a new car window
 - 53 Venus de ___
 - 54 Mess of hair
 - 56 Employee handing out playbills
 - 57 Stoolie
 - 59 Workshop grippers
 - 63 Word after Iron or Stone
 - 64 Corp. leader
 - 65 February 2, every year
 - 68 Coffee hour vessel
 - 69 Asian language in a region famous for tigers
 - 70 ___ vault
 - 71 Letter before tee
 - 72 La Brea discovery



By Warren Stabler
2/2/15

- DOWN**
- 1 Girl who lost her sheep
 - 2 Barnard graduate
 - 3 Cold season
 - 4 Bagel go-with
 - 5 Landslide victory
 - 6 Poker pot starter
 - 7 Corp. execs' degrees
 - 8 Bend before in reverence
 - 9 Lucky Luciano cohort Meyer
 - 10 Before, in poetry
 - 11 Cowboy movies
 - 12 Shirking, as taxes
 - 13 LBJ's home state
 - 16 Salon coloring
 - 19 Speak
 - 24 Sweetie pie
 - 26 Dennis the Menace's grumpy neighbor
 - 28 Hate
 - 30 Part of UCLA
 - 32 Chinese appetizer
 - 33 "I think ..." in texts
 - 34 Make, as money
 - 36 Mets' old stadium
 - 38 Old Montreal baseballer
 - 39 Back

Saturday's Puzzle Solved



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- 41 Flipped aquarium attractions
- 42 Sch. with a Spokane campus
- 43 Typist's stat.
- 44 Some young cows
- 47 Pennsylvania raceway
- 50 Sundial casting
- 51 Entertain in style
- 52 Victimized, with "on"
- 55 Outlet inserts
- 56 GI show gp.
- 58 USSR secret service
- 60 Santa ___: West Coast winds
- 61 1551, to Caesar
- 62 Given name of the critter in today's news
- 64 Billiards stick
- 66 NBA official
- 67 Dean's list no.

Upcoming Events

Date	Event	Location
February 11, 2015	Grandma Mojo's Moonshine Revival	ISU M-Shop Doors open @ 10pm \$1 Admission
February 12-15	The Best of Me	ISU Carver 101 -Free Admission 7pm & 10pm
February 13, 2015	Bonne Finken & the Collective	ISU M-Shop, 9pm \$10 admission, \$8w/ ISU ID, \$2 increase day of show
February 14, 2015	Valentine's Day	All Day
February 17, 2015	Open Mic Night	ISU M-Shop, 8pm
February 19-22	Insterstellar	ISU Carver 101 -Free Admission 7pm & 10pm
February 22, 2015	SUB Comedy Night w/ Sara Schaefer	ISU M-Shop, 9pm Free admission
February 20, 2015	Varieties Finals	ISU Great Hall, MU, 9pm Buy tickets online at http://www.midwestix.com/organizations/iowa-state-memorial-union
February 20, 2015	DMACC In-Service	No classes

Your horoscope this week

(TNS)
Aries (March 21-April 19)

Costs may be higher than expected. Hunt for a bargain. Recent mental gyrations give way to direct communication, now that Mercury's direct. Values shift. Deliver a message of love. Reconnect with a distant friend or relative.

Taurus (April 20-May 20)

It's easier to concentrate. Artistic impressions play a role. Balance work with fun. Play with the big kids. You're irresistible, and partners buzz. Salary talks move forward now, with savings growth possible. Rules undergo substantial change.

Gemini (May 21-June 20)

It's easier to learn, with Mercury direct. Creative efforts take a leap forward. A legal or partnership agreement comes together. Re-affirm a commitment. Optimism returns. Plans can advance quickly. Serve up love, beauty and deliciousness.

Cancer (June 21-July 22)

Launch new projects now that Mercury's direct. You can see clearly the future you want to create. Study. Solidify the steps to take to meet your goals. Work faster for higher income. Words flow like water.

Leo (July 23-Aug. 22)



Communication with your partner creates new possibilities at home. Resolve a breakdown. It could get intimate and lovely. Don't spend beyond your budget or gamble, though. Creativity infuses the air. Harness it for beautiful results.

Virgo (Aug. 23-Sept. 22)

Cash flows in a more positive direction now, although a potentially expensive moment lies ahead. Look farther away for your answer. Creative solutions emerge. Friends believe in you. It's easier to reach consensus and compromise.

Libra (Sept. 23-Oct. 22)

The game is getting fun (and profitable), despite setbacks. It's easier to get your message out and advance to the next level now that Mercury's direct. You're exceptionally persuasive now. Agree on terms and send invoices.

Scorpio (Oct. 23-Nov. 21)

Take extra time for yourself today. Travel and transport flow

with renewed ease, but home comforts tempt. A new style or look suits you. Indulge in a little personal pampering. A bubble bath by candlelight soothes.

Sagittarius (Nov. 22-Dec. 21)
Rest and think things over. A glass ceiling dissolves. All is not as it appears to be. Indulge an urge to daydream. Long-distance connections come together. Consider, and then ask for what you want.

Capricorn (Dec. 22-Jan. 19)

Brainstorming gets more productive with Mercury direct. Negotiations go well. Sign contracts, make agreements and file papers. Adapt to deviations in the plan. Collaboration sparks like fireworks. Organize the action. Work together for mutual benefit and profit.

Aquarius (Jan. 20-Feb. 18)

Travel plans advance, despite an obstacle. A test requires your full attention. Proceed with caution. A raise in status is possible. It's easier to ask for money. Stretch yourself emotionally. Collaboration is a good idea.

Pisces (Feb. 19-March 20)

A barrier to your objective is dissolving. Pack your bags, and get moving! Curtail extravagance. Words and traffic flow better with Mercury direct. A potential disagreement could disrupt things. Express love. A change in scenery delights.

Movie picks

Tribune News Service

Chicago Tribune

Los Angeles Times

Philadelphia Inquirer

R	Cake	★	★	★	★
R	American Sniper	★	★	★	★
R	A Most Violent Year	★	★	★	★
R	Inherent Vice	★	★	★	★
PG-13	Selma	★	★	★	★
PG-13	Imitation Game	★	★	★	★

Tribune News Service Source: iTunes Tribune News Service

music downloads

Week ending Feb. 3, 2015

#1 Album
Handwritten (Deluxe)
Shawn Mendes

Top tracks

- Uptown Funk
Mark Ronson
- Thinking Out Loud
Ed Sheeran
- I'm a Ruin
Ed Sheeran
- Work It
Missy Elliott
- Get Ur Freak On
Missy Elliott

Source: iTunes

Seen a good flick or heard some good tunes lately?
Tell us about it.
Submit your reviews to bannernews@dmacc.edu

GREEN APPLES by Jeff Harris

