

4-8-2015

Banner News

Allison Anderson

Amanda Betz

Steven Stiegleder

Kari Boyer

Follow this and additional works at: https://openspace.dmacc.edu/banner_news

Recommended Citation

Anderson, Allison; Betz, Amanda; Stiegleder, Steven; and Boyer, Kari, "Banner News" (2015). *Banner News*. 1.
https://openspace.dmacc.edu/banner_news/1

This Book is brought to you for free and open access by the Student Work at Open SPACE @ DMACC. It has been accepted for inclusion in Banner News by an authorized administrator of Open SPACE @ DMACC. For more information, please contact rsfunke@dmacc.edu.



Team Taylor

Captain Sean Taylor, a DMACC professor, was deployed overseas in January with his Army Reserves unit. Taylor started the DMACC Boone campus In My Boots 5K Run Walk Ruck at McHose Park in Boone last year. Proceeds from the event support the Wounded Warrior Project and local veterans. This year faculty and students are planning the event in Taylor's absence. Meanwhile, Taylor will hold a shadow run abroad.

Photo contributed by Sean Taylor

Deployed DMACC professor expands Boone 5k to include shadow run abroad

More than 110 people already have registered for the second annual In My Boots 5K Run, Walk, Ruck, on Saturday, April 18, at McHose Park in Boone. Another 120 members of the military are planning two Shadow Runs in conjunction with the Boone event.

Online registration is open until April 15. On-site registration is also available on the day of the 5K at McHose Park.

The DMACC Boone campus is again hosting the event at the park, which starts at 9 a.m. More than 36 businesses and individuals have signed on as sponsors this year.

New this year are two Shadow Runs taking place overseas and in Texas in conjunction with the Boone event.

The Shadow Run abroad was created by Boone 5K event

Information & Registration: <https://go.dmacc.edu/boone/inmyboots5k/Pages/welcome.aspx>

director Captain Sean Taylor, a DMACC professor, who was deployed in January. He and his unit will complete their own version of the "Boone Campus In My Boots 5K Ruck" from abroad.

In addition the brother of a DMACC student is organizing a shadow run for his military unit in Texas in partnership with the Boone event.

"We've dubbed ourselves "Team Taylor" for those participating in the 5K here in Boone," said Julie Roosa, DMACC Journalism professor. Roosa and another DMACC professor, Nancy Woods, along with a DMACC Honors class and several other students are coordinating the race in Taylor's absence.

"This year's event is extra-

special because of Sean's deployment and the Shadow Runs."

Last year, nearly 250 people registered for the inaugural In My Boots 5K, raising more than \$5,000 for the Wounded Warrior Project. In addition, more than 60 duffle bags were filled with non-perishable food items and clothing for local Veterans Outreach groups.

The 5K event will be a loop around McHose Park. Participants are encouraged to bring their own ruck sack or backpack preloaded with up to 30 pounds of nonperishable food and clothing items that will be donated to local veterans after the event.

A military ruck consists of carrying a pack weighing 30 pounds at an alternating run and

walk pace for 5 to 15 kilometers. It's part of soldier basic training and a standard test of soldier endurance.

Current military members and veterans can participate in a team ruck-march competition. The first complete team to cross the finish line together will be awarded the "In My Boots-Team Ruck-March" award.

The registration fees for the In My Boots 5K are \$25 for individuals and \$30 after April 15, \$80 for a four-person ruck team of active/retired military only or \$100 for a four-person civilian team. Those who register by April 10 will receive a T-shirt.

Awards will be given to the overall male and female winners and the winning teams. There will also be certificates for winners in age categories. A raffle will be held for other donated items.

HBO streaming launches

By Meg James
Los Angeles Times

(TNS) The long-anticipated unbundling of cable TV packages has begun.

HBO Now, the stand-alone streaming service, launched Tuesday morning on Apple products, HBO said. Separately, Cablevision's Optimum Online customers also now have access to the subscription HBO service.

The service costs \$14.99 a month, although people who sign up in April receive the service free for one month. The groundbreaking move has been anticipated since HBO Chief Executive Richard Plepler unveiled the service during an Apple product conference last month in San Francisco.

"This is a transformative moment for HBO, and we are excited to introduce HBO Now to all of you," Plepler said at that event.

The service marks the first time that HBO programming is being offered directly to consumers. Before now, people had to subscribe to a pay-TV package offered by a cable or satellite TV operator and then pay extra for HBO's premium channels.

The subscription service will offer 2,000 programming titles, including "Game of Thrones," "Girls," and "Silicon Valley." The launch was planned to coincide with the April 12 season premiere of "Game of Thrones."

HBO Now is aimed at attracting customers who do not currently subscribe to a pay-TV bundle but have high-speed Internet service. There are an estimated 10 million homes in the U.S. with broadband Internet service but no pay-TV.

The TV landscape has become increasingly competitive. Apple, in an effort to woo new customers, lowered the price of its Apple TV device to \$69. Previously, the device cost consumers \$99.

INSIDE this ISSUE

- Bear Briefs, p.2
- Campus News, p.3
- Feature, p.4
- Earth Day is Coming*
- Sports, p.5
- Opinion, p.6
- Honors Columns*
- Lifestyle, p.7
- Entertainment, p.8
- Crossword*
- Horoscope*

BEAR BRIEFS (Boone Campus and Boone Community)

Income tax help on campus

Free income tax help will continue through April 10 each Friday from 9 a.m. to 3 p.m. at the DMACC Boone Campus. DMACC has been offering this service since 2008. DMACC accounting students who have been certified by the Internal Revenue Service will help prepare federal and Iowa individual income tax returns for qualified residents. Each year accounting students process and file approximately 150 federal and state income tax returns.

This service, called the Volunteer Income Tax Assistance (VITA) program, offers free tax assistance to those with low-to-moderate incomes (less than \$53,000 in annual personal income). VITA is particularly interested in identifying those taxpayers who are eligible for earned income tax credits (EITC), which is a refundable tax credit to those who are low wage earners.

All tax returns will be prepared on-site at the DMACC Boone Campus by trained and certified DMACC student volunteers using software provided by the Internal Revenue Service (IRS). Each return will be reviewed by the site coordinator and, after approval and signature of the taxpayer, will be filed electronically with the IRS and the Iowa Department of Revenue. There is no cost to eligible taxpayers for this service.

Persons interested in receiving this service should bring their W-2 forms, interest statements from banks (1099 forms), copies of last year's (2013) federal and Iowa tax returns, Forms 1095-A, B or C (Affordable Health Care Statements) and social security cards for all family members. Any other pertinent information regarding personal income and expenses for tax year 2014 should be included.

Individuals may call 515-433-5029 to schedule an appointment. Parking is available on the north side of the building, and people may enter through the northeast doorway. Service is by appointment only.

Help stock campus pantry

As the semester begins, please consider helping restock the campus food pantry.

Current needs include:

- Canned chicken
- Spaghetti sauce
- Canned fruit/Dried fruit/ Applesauce
- Rice
- Peanut butter
- Jam/Jelly
- Dried beans
- Oatmeal/Hot cereal mix/

Boxed cereal

- Bread/Muffin mix
- Oils (vegetable, olive, etc.)
- Toilet paper
- Bath soap and shampoo

Please drop off donations to Erin Neumann (Room 124) or Jane Martino's office (Room 122). All donations are greatly appreciated. The food pantry is available to any student who might need assistance. If a student has a more significant need for food/resources than a visit to our campus food pantry can assist with, please contact Erin Neumann, eaneumann@dmacc.edu.

Give blood and help someone in need

Did you know cancer patients are the number one recipients of blood products? Join the fight against cancer and donate blood!

Wednesday, April 8th
10:30 a.m.-1:30 p.m.

Schedule your appointment online at <https://www.donor-saves.org/index.cfm?group=op&expand=56842&z=50036>

Anyone who gives blood will receive a \$10 gift card to Subway.

Join the BANNER NEWS STAFF

**Summer & Fall 2015
All positions**

- * JOUI22, 3 credits
- * Workstudy positions
- * Freelance

bannernews@dmacc.edu

Phi Theta Kappa

Phi Theta Kappa is the International Honor Society for two-year colleges. PTK will host several informational meetings on the Boone campus. Students are invited to attend to find out more about joining PTK. For more information, contact Nancy Woods, nawoods@dmacc.edu, 515-433-5061. Or Stacy Amling, slamling@dmacc.edu, 515-433-5089.

Honors seeks applicants

The DMACC Honors Program is seeking highly motivated students to apply for honors. There are openings for current DMACC students who want to challenge themselves and graduate from the Honors Program.

If you have completed one college-level English and one college-level math class or are currently enrolled, will have completed a minimum of nine (9) college credits and fewer than fifty (50) credits at the end of summer with a cumulative GPA of 3.5 or higher, you are eligible to become a DMACC Honors Student.

To read more about Honors and submit an application, go to dmacc.edu/honors and get started on your way to a rewarding, challenging educational opportunity.

Writing Center open

Writing Center consultants are available to help with any writing assignment, during any part of the writing process. With their experience in different types of writing (technical to creative writing) and a broad range of life experience (journalism, firefighting, novel writing, Hawaiian culture, literature, and veterans affairs), you're sure to find someone that "gets you." Stop by any time during our hours. No appointments are necessary for this free service. For more information, contact Krystal Hering, WC coordinator, klhering@dmacc.edu. Or visit <http://go.dmacc.edu/boone/writingcenter/>.

Hours: Boone Campus, Room 170, Monday-Friday from 9:00 a.m.-12:00 p.m. and 1:00 p.m.-3:00 p.m.; Hunziker Center (Look for signs for our location.), Monday-Thursday 4:30-6 p.m.

DMACC offers Spring Europe trip

EF College Study Tour is offering a 20-day trip to London, Normandy, Paris, Berlin, Warsaw, Krakow, Prague, and Munich in May 2015.

This trip is an extraordinary chance to see so many of the sites and museums of the Second World War and the Holocaust with a very interesting group of travelers.

Any adult DMACC student, other college student, or community member can sign up, and please consider traveling with a friend or family member. DMACC History Professor and WWII Author Dr. Lisa Ossian will lead and coordinate this unique tour.

The travelers leave Des Moines on Sun., May 10th and return on Fri., May 29th or Sat., May 30th, (depending on return flight schedules) 2015. Payment arrangements are made with EF College Study Tours and these may be monthly or periodic installments.

This is an all inclusive tour: roundtrip international airfare, hotels, half the meals, tour buses, night ferry excursion, train fares, tour guides, museum entrance fees, and travel insurance.

For more information, contact Lisa Ossian at (515) 964-6568.

Childcare and Transportation help

A program called Iowa New Choices offers assistance with childcare and transportation for qualifying single parents and displaced homemakers (separated, divorced, widowed or spouse disabled.) For information, contact, Erin Neumann, Room 124, eaneumann@dmacc.edu. Or call 515-433-5037.

Netherlands contest

As part of DMACC's celebration of the Netherlands during the 2014-2015 academic year, there is a contest in which each of three persons will win two tickets to the Netherlands Gourmet Dinner on Thursday, April 23, 2015.

Go to the Netherlands Year site for details.

Transfer Program

Have you heard about the University-College Transfer Program at DMACC? If not, check out the following website at <https://go.dmacc.edu/uct/Pages/welcome.aspx>. The goal is to guide you through your two-year degree and to prepare you for the four-year college of your choice.

Foundation scholarships available

DMACC students who are enrolled in 6 credit hours or more and have a 2.00 grade point average are eligible for DMACC Foundation Scholarships.

The DMACC Foundation Scholarship application is now available on the DMACC Website. The deadline for application is 4/24/15 @ 4 p.m.

This scholarship may be applied toward charges for tuition, fees, and/or book charges at DMACC for the semester for which the award is given.

To learn about the specific award criteria and to apply online, visit: <https://go.dmacc.edu/foundation/Pages/district-wide-scholarship.aspx>.

If you have any questions, please contact Sue Rardin, Financial Aid Specialist-Scholarships at 515-965-7179 or via email at sgrardin@dmacc.edu.

Free money for school

Have you done farm work in the last two years? If so, contact Carrie at Proteus Inc. 515-271-5306 ext. 129

Creative writing contest winners announced

Boone DMACC student Lisa Melchert was awarded First Place for Prose in the DMACC Creative Writing Contest, and Boone DMACC student Mary Rowan was awarded Third Place for Poetry. The DMACC Creative Writing Contest includes all campuses.

On April 6th at the Beavertale Book Store in Des Moines, the contest winners did a reading at 6:30 p.m. There was also a Book Signing and Reading at 7 PM.

On Tuesday, April 7th, at 9:40 AM in the Boone Campus Auditorium, Bret Anthony Johnston, Fiction Writer, and Rebeca Hazelton, Poet presented.

BANNER NEWS

www.bannernews.org

News produced by and for DMACC students at the Boone campus.

The Banner News is student publication produced in print and online serving the Boone campus of Des Moines Area Community College. We strive to cover Your Life, Your Campus, Your News. Our news operation is funded by advertising and student fees. A print version of the newspaper is published and distributed for free on campus every other Wednesday starting the third week of the fall and spring semester. Additional copies may be purchased for \$.50/each. The Web site is updated more frequently. Please contact us with your news tips, comments and corrections.

bannernews@dmacc.edu Banner News, 1125 Hancock Drive, Room 115, Boone, IA 50036 515-433-5092

SPRING 2015**EDITORIAL STAFF**

Editor in Chief

Amanda Betz, akbetz@dmacc.edu

Reporters

Megan Olson, mlolson3@dmacc.edu

Ethan Lyle, ejllye@dmacc.edu

Copy Editor/Business Manager

Kaylee McDaniel, kamcdaniel2@dmacc.edu

Reporter/Social Media

Sarah Muller, samuller@dmacc.edu

ADVERTISING STAFF

Advertising Manager

POSITION AVAILABLE, bannernews@dmacc.edu

Advertising Sales Reps

POSITIONS AVAILABLE, bannernews@dmacc.edu

Marketing Manager

Kevin Barfield, kabarfield@dmacc.edu

CONTRIBUTING STAFF

KayCee Stickley, kmpurdy@dmacc.edu

Nick Noah, nanoah@dmacc.edu

OTHER

Web Editor

POSITION AVAILABLE, bannernews@dmacc.edu

Photographers

POSITIONS AVAILABLE, bannernews@dmacc.edu

Layout/Design

POSITIONS AVAILABLE, bannernews@dmacc.edu

Cartoonist

POSITION AVAILABLE, bannernews@dmacc.edu

We are always looking for talented students to join our staff. CONTACT US for more information, bannernews@dmacc.edu

Faculty Advisor

Julie Roosa, jkroosa@dmacc.edu

Member of Associated Collegiate Press
and the Iowa College Media Association

Printer
Wilcox Printing, Madrid

PLEASE RECYCLE

In business in paradise

Young Caymanian talks about BBQ

By Allison Anderson
Contributing Writer

GRAND CAYMAN, GUN BAY, EAST END—Owning a business on a tropical island sounds like a dream job to many people. Arvid Harris, 24, works in balmy weather everyday, with the ocean 10 yards away.

Harris is a Grand Cayman native who works as the co-founder and manager for his father's business, Big Tree BBQ. Harris also works part time at Morritt's Resort, where interviewing him became possible. After leaving the dance hall to escape the loud music and crowd, Harris spoke about starting the business.

"We started the business two years ago. The owner of the restaurant is my dad, it was his idea. I really wanted to help, so we both worked on it together."

Harris then spoke about how they attract customers to their restaurant. "The types of advertising we use through media to attract people is Trip Advisor, Facebook, Instagram, business cards, flyers, and through word of mouth."

Harris described the pros of being a manager, and explained why he loves his job.

"The pros of this job are the people that we meet. We love allowing people from around the world to have insight of how great Cayman is and what it's about and we make them feel comfortable. We also let them experience what real Caymanian food tastes like."

He then went on to describe the cons.

"The cons of the business is that there's competition and it's a risk taking idea whether the business would do well or not. You also have a lot of bigger, more established businesses that don't want you to interfere with their business knowing you're so small."

Along with being a manager, Harris is expected to carry out other duties, such as serving food, talking to customers, and promoting the business to anyone that comes by.

"I try to market the business to anyone on the street. I also have to restock on supplies, such as getting more turtle from the turtle farm. I make sure we have whatever else we need to produce our meals."

Harris wants customers to know that the business is all about the people.

"Owning a restaurant in a tropical environment is fun, especially being in Cayman. Our money comes from tourism, so our business provides for tourists and locals, but mostly tourists



Photo by Allison Anderson

Arvid Harris (at right)

who really want to experience the taste of all our flavourful food. You get to see what their opinions are and learn where they're from. You learn so much from feedback and we never discriminate. If you're black, white, asian, any race, we are always friendly."

When asked to give advice to aspiring business starters, he immediately replied: "If you have a dream or idea, stick with it. Follow it through, because you never know what could happen in the next few years."

While there have been setbacks for the young manager, he finished by saying, "We have started out slow and some days, I wonder why I'm even doing this. But just follow your dreams and passions, because it's possible to run your own business!"

Editor's note: Allison Anderson is a student in a Newswriting and Reporting class. She wrote this story as part of an "interviewing" assignment. For the assignment, students were instructed to talk to someone in a dream job. Allison and her family traveled to the Cayman Islands during Spring Break, which is where she conducted this interview.

In the Spotlight

Meet Ann Kiesel

Editor's note: This section will feature a student, staff member, or instructor from the Boone DMACC campus. Do you have a suggestion for someone we should feature? Send your ideas to bannernews@dmacc.edu

Story and photo
by Megan Olson
Staff Writer

This is Ann Kiesel's first year working fulltime at DMACC. She is the director of the Academic Achievement Center.

Kiesel has a staff of eight in her department. She does the scheduling and training for the staff. Her other duties include implementing new testing procedures, proctoring tests, and teaching reading and writing skills.

Prior to this year, she worked parttime at DMACC for 10 years as an adjunct instructor.

"I would have to say my favorite part of DMACC is the students and staff. I like the diversity of students. They differ in ages and ability levels," says Kiesel.



Ann Kiesel

Kiesel grew up in Newton, and went to Newton schools. In high school at Newton she was a member of the cross-country team. During her junior year she moved to Des Moines and attended Roosevelt High School.

At Roosevelt she was a synchronized swimmer. Her grandmother started the team in 1927. Her mother had also been a synchronized swimmer at Roosevelt. "I had the talent for it so I decided to go out," says Kiesel.

After high school, Kiesel went to the University of Iowa where she received her bachelor's degree in English. She then went to Iowa State where she received her master's degree in education.

Kiesel is married to Scott Kiesel. They have a son and daughter: Karen and Kevin.

Something interesting about Ann Kiesel is that she has climbed Uluru in Australia.

In her free time she enjoys reading. Her favorite evening would be dinner and a movie.

DMACC+2@SIMPSON

COMPLETION OF AN ASSOCIATE OF ARTS DEGREE WILL FULFILL ALL OF SIMPSON'S GENERAL EDUCATION REQUIREMENTS.

2+2 Programs Include:

- AA in CJ—Homeland Security to BA in CJ
- AA in CJ—Corrections to BA in CJ
- AA in CJ—Electronic Crime to BA in CJ
- AA in CJ—Law-Enforcement to BA in CJ

- AA in Management to BA in Management
- AA in Marketing to BA in Marketing
- AA in Business Administration to BA in Management
- AA in Business Administration to BA in Accounting
- AA to BA in Psychology

SIMPSON COLLEGE
SIMPSON.EDU/DMACC



FAFSA Fridays

It's time to file the 2015-16 FAFSA!

- Stop in during an upcoming FAFSA Friday to get free assistance with completing and submitting your FAFSA. (No appointment necessary.)

February 27: 9:00 a.m. – 1:00 p.m.

March 27: 9:00 a.m. – 1:00 p.m.

April 17: 9:00 a.m. – 1:00 p.m.

Location: DMACC Boone Campus Room 141

- Receive a FREE \$5 Subway card when you complete your FAFSA during FAFSA Friday.

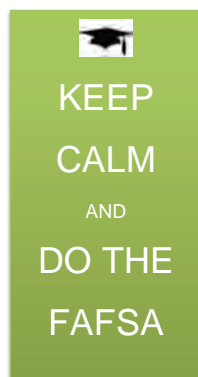
Students and Parents should bring the following items when possible to be prepared to complete the FAFSA:

- ✓ Social Security number, driver's license number, and date of birth
- ✓ 2014 federal and state tax returns
- ✓ W-2 forms and/or other records of income earned in 2014 (or your last pay stub from 2014 if you haven't filed yet).
- ✓ Current bank statements and investment records
- ✓ Records of untaxed income received in 2014 (e.g., veterans benefits, child support received, etc.)
- ✓ Alien registration number, if not a U.S. citizen
- ✓ If you have filed a FAFSA before, bring your federal personal identification number (PIN) if possible.

Source: Iowa College Access Network

FAFSA Fridays are open to all current, former, and prospective DMACC students as well as anyone needing assistance with the FAFSA, regardless of what college or university they will attend in 2015-16.

Questions? Contact Erin Neumann: 515-433-5037 or erineumann@dmacc.edu



WIN \$10,000 FOR YOUR BUSINESS

The DMACC Foundation Entrepreneurship Competition

The competition is open to DMACC students and alumni living in Iowa who have an existing business registered with the Iowa Secretary of State.

Check out the rules and apply at www.dmacc.edu/foundation

Apply today! Deadline is May 1, 2015

Winner announced September 17, 2015, at the DMACC Small Business Awards

The \$10,000 award was made possible by a generous anonymous gift through the DMACC Foundation

Foundation@DMACC.edu | 515-965-6229
800-362-2127 Ext. 6229



Let's go Green

BY ALICIA POTTER
FamilyFun magazine



Readers share 25 great green tips



What can one family do to protect the environment? Plenty. We invited our readers to share their top green tips for the home — simple actions they've taken to reduce their impact on the environment that other families could adopt. As you'll see, we received great advice from folks all over the country, but we owe special thanks to Julie Fuerstenberg of Sammamish, Wash., who appears **FamilyFun** six times on our list. Her family of five has made numerous small changes in their everyday routines to help keep the planet green.

As all of our "ecofamilies" show, small steps — taken together — can add up to big benefits for the Earth.

1 We buy reusable shopping bags and use them for gift wrap. They are comparable in price to a paper gift bag, and they provide recipients with something that they can use.

— Carrie Turney
Independence, Ky.

2 We try to buy food grown locally or in the United States. This supports our economy and cuts

down on the fossil fuel used to transport food across the world.

— Julie Fuerstenberg
Sammamish, Wash.

3 I make my own laundry detergent from Ivory soap, washing soda and borax. It takes me less time to make 3½ gallons of detergent than it would take to drive to the store. I also stopped using fabric softener; I use vinegar in the wash, and skip the dryer sheets.

— Dawn Disney
Tucson, Ariz.

4 For gift-giving, our family has a rule: We purchase items only from garage sales. It keeps down costs for us and helps others find a good home for their used items. It's fun to see who finds the best gift or bargain.

— Stephanie Thompson
Gig Harbor, Wash.

5 Our two girls bring home tons of paper from school. I save the sheets that have printing only on one side and use them for crafts and for printing emails and recipes.

— Jeanine Martin
Voorhees, N.J.

6 We purchased a kilowatt tester that shows how much electricity is used by the different plug-in devices around our home. This enabled us to see where we were using the most energy — and where we could cut back.

— Julie Fuerstenberg
Sammamish, Washington

7 This past summer, I purchased cups with lids and a Brita water pitcher. Now, instead of using bottled water from the store, we just refill our cups with the water from our pitcher.

— Robyn Wilgis
Windham, Conn.

8 I got my son, Raymond, a bento lunch box from Laptop Lunches. It has five containers as well as a water bottle, fork and spoon, so it's really helped us cut down on waste. It's made making lunches more fun, as I've become creative with the

foods I put in the containers. We also bought reusable sandwich bags called Happysacks. They come in different sizes and cute patterns and are machine-washable.

— Heather VanMarten
Manahawkin, N.J.

9 During the summer, when we have the air conditioning on, we minimize the use of our stove and oven. We move our toaster oven and slow cooker to the screened porch and use those instead as much as possible. Less heat in the kitchen means less energy needed to cool the house!

— Kary Phillips
Mount Crawford, Va.

10 For my children's "no trash" lunches, I made reusable cloth napkins. For my 12-year-old daughter, I made napkins from fabric printed with flipflops and soccer and volleyball themes. My 4-year-old son has "Toy Story," "Batman," "Spider-Man," and race car-themed napkins. We all use cloth napkins at home too.

— Karyl Hoke
Redwood City, Calif.

11 My kids and I pick one or two days each week when we don't drive our car. If we need to do errands, we walk. This reduces our carbon footprint, supports our local businesses and gets us an extra dose of fresh air!

— Carolyn Thomas
Arvada, Colo.

12 We signed up for the free National Wildlife Federation Backyard Habitat program (<http://www.nwf.org/How-to-Help/Garden-for-Wildlife.aspx>). This helped us change our backyard to make it more welcoming for wildlife. Our yard now has a butterfly garden and an owl house, and we have added native plants that provide food for butterflies and birds.

— Liza Ayuso
Miami Shores, Fla.



Water collected from faucets or showers while waiting for them to heat up can be used for pets, plants and more.

13 We keep empty pitchers in our kitchen and bathroom and collect water from the faucet or shower while we are waiting for it to get hot. We use this water for plants, pets, bird-baths and more.

— Sandi Horning
Grayslake, Ill.

14 My girls, Kenzie and Laney, and I are avid crafters. Instead of buying scrapbooking chipboard, we cut cereal boxes into shapes and cover them in patterned paper.

— Kimmie Young
Levittown, Penn.

15 Our kids are environmentally minded but had a bad habit of using lots of paper towels. No matter how much I nagged, our family went through almost a roll a day. So I gave a roll to each person and told them it was a contest to see who could make their roll last the longest.

— Claire McLaughlin
Rochester, N.Y.

16 We have a row of rain barrels hooked up to collect rainwater from our roof gutters. We then use it to water our garden and flower beds.

— Julie Fuerstenberg
Sammamish, Wash.

17 We shop for kids' clothes, toys and books at thrift stores, consignment shops and on Craigslist.org. We're not afraid of hand-me-downs; after a quick clean, they often look as good as new and work just as well!

— Caroline Hudders
Seattle

18 We installed a laundry line. We live in the Southwest, so we can line-dry our clothes year-round. As a bonus, my older kids (ages 8 and 10) and their dad help hang and take down the laundry. Less work for Mom, everyone spends time outside and we save on the electric bill!

— Lynn Wilson
Albuquerque, N.M.



19 Instead of buying fruits and vegetables that have been shipped across the country, we buy a share in a local CSA (Community Supported Agriculture) farm. Its organic fruit and veggies taste great, so my kids eat more of them, and we love to visit the farm and see where our food comes from.

— Leslie Harris
Glenview, Ill.

20 We keep a second recycling can upstairs in the bathroom. This makes it convenient for our family to recycle tissue boxes, magazines, toilet paper tubes, packaging and shampoo bottles instead of throwing them into the trash.

— Julie Fuerstenberg
Sammamish, Wash.

21 I help organize a Put & Take in my church community. People donate household items and clothes that they no longer want, and others take what they need. Instead of used things being thrown away, they go to people who need them. It benefits everyone.

— Trisha Luong
Las Vegas

22 Our electric water heater is the biggest energy user in our home, so we put kitchen timers in each bathroom. This way, we can make sure our family of five keeps their showers five to 10 minutes long. We also bought a timer for our water heater and set it to heat water for 4 hours a day, rather than 24. We have yet to run out of hot water, and we've reduced our electric bill by 30 percent.

— Julie Fuerstenberg
Sammamish, Wash.

23 Last Christmas, my husband and I picked out hooded animal towels for our three children. A local seamstress embroidered the kids' names on the backs. The towels were an instant hit! The kids know to hang up their towels after using them so that they are dry and ready to use for the next bath. This has significantly cut down on the amount of laundry we do.

— Tracy Knudsen
Spicer, Minn.

24 Styrofoam is not readily recyclable where we live. We crush ours into small pieces and use it as filling in our beanbag chairs! We also use crushed Styrofoam pieces as packing material.

— Julie Fuerstenberg
Sammamish, Wash.

25 We live in Florida, and we keep solar flashlights among our hurricane preparedness supplies. We don't ever have to worry about replacing batteries.

— Liza Ayuso
Miami Shores, Fla.

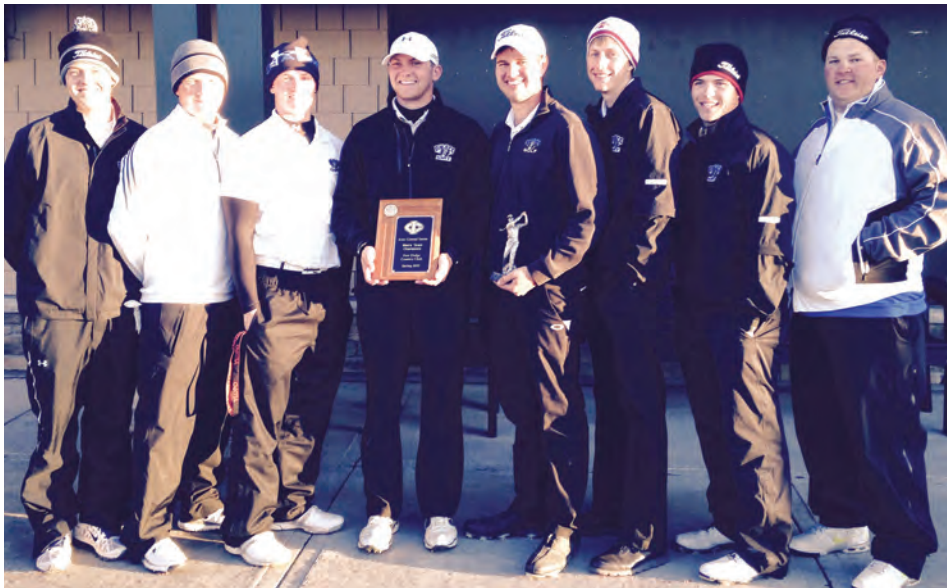


DMACC golf teams win Iowa Central Invite



Contributed photo

The DMACC women's golf team won their first team championship of the 2015 spring season, taking the Iowa Central Invitational April 2 and 3 at Otter Creek Golf Course in Ankeny. DMACC finished 38 strokes ahead of runner-up Iowa Central Community College (ICCC).



Contributed photo

The DMACC men's golf team pose with the trophy they received after winning the Iowa Central Invitational April 2 and 3 at Otter Creek Golf Course in Ankeny. DMACC defeated Kirkwood Community College (KCC) by two strokes in winning the team championship. The Bears' Hunter VanVeen took medalist honors with a two-under-par 140.

DMACC Sports Calendar

- April 8: Softball vs. Southwestern* 2PM
- April 9: Baseball vs. Iowa Western, Council Bluffs, IA 2 PM
- April 11: Softball vs. Ellsworth, Iowa Falls, IA 1 PM
- April 11: Baseball vs. Ellsworth* 1 PM
- April 12: Men's Golf vs. Iowa Central, Ft. Dodge CC - Ft. Dodge 10 AM
- April 12: Women's Golf vs. Iowa Central, Ft. Dodge CC - 10 AM
- April 12: Softball vs. Iowa Lakes, Estherville 12PM
- April 15: Softball vs. Iowa Central, Fort Dodge, IA 2 PM
- April 18: Softball vs. Willian Penn J.V.*12 PM
- April 18: Baseball vs. Southwestern* 1 PM

*denotes home game at Boone



Follow the Bears at www.dmacc.edu/athletics

Volleyball League Boone Campus



- 9pm in the Boone Campus Gym
- 4 Person Teams
- We must have a minimum of 8 teams \$40 Gift Card to Winning Team!!
- **Must sign up - Please email Ashley Martin if interested asmartin@dmacc.edu **

Dates of Play (9 pm)
 Monday, April 6th (First Night)
 Thursday, April 9th
 Monday, April 13th
 Thursday, April 16th (Final Night)

Sponsored by Student Activities

Softball sweeps doubleheaders

The DMACC softball team swept doubleheaders from Southeastern Community College (SECC) and North Iowa Area Community College (NIACC) April 3 and 4 to improve to 33-6 overall.

The Bears defeated SECC by scores of 12-8 and 9-8 on April 3 and took 9-0 and 11-0 decisions from NIACC on April 4. The wins kept DMACC atop the Iowa Community College Athletic Conference (ICAC) with a 13-1 record. The Bears, ranked fifth in the National Junior College Athletic Association (NJCAA) Division II poll, are tied with Kirkwood Community College (ICC) for the lead in the ICAC.

Sophomore April Brown tossed a six-hitter, hit a pair of home runs and drove in five runs to lead the Bears past SECC in

the opener on April 3. Sophomore Marisa Graslewicz of Omaha, Neb., and freshman Sydney Weldon of Albia drove in three runs apiece in the win. Freshman Brittney Roby of Knoxville sparked DMACC's 12-hit attack with three hits and Brown, Graslewicz and Weldon had two hits apiece.

DMACC led 8-2 after five innings, but SECC scored six times in the top of the sixth to knot the game at 8-8. DMACC came away with the win behind a four-run rally in the bottom of the sixth.

Brown pitched five and a third innings, allowing eight runs. She struck out three and walked three. Freshman Holly Hinkel of North Liberty threw the last inning and two-thirds, allowing three hits and striking out two batters.

Baseball splits four-game series

DMACC could do no better than split a four-game series with North Iowa Area Community College April 3 and 4.

NIACC took the opener on April 3, 8-5, and DMACC won the nightcap, 16-6. NIACC also won the opener on April 4, 15-12, and DMACC took the second game, 16-13. The split gives the Bears a 17-14 overall record and a 6-6 mark in the Iowa Community College Athletic Conference (ICAC).

Freshman Brad Mathiowetz of Rochester, Minn., had a pair of hits and drove in three runs in the loss on April 3. Sophomore Anthony Mroska of Coon Rapids, Minn., and freshman Jacob Adams of Brandon, S.D., had three hits apiece in the game and sophomore Chris Kelly of Boone joined Mathiowetz with two hits.

Freshman Cole Jackson of Polk City

pitched the first five innings for DMACC and suffered the loss, his second of the season against two wins. He allowed eight runs on nine hits, struck out three and walked six. Freshman Robert Hansen of Des Moines pitched two innings and struck out three batters.

Mroska had three RBIs and Kelly, freshman Zac Repinski of Prior Lake, Minn., and Adams drove in two runs apiece to lead DMACC to the win in the second game on April 3. Kelly led the Bears' 11-hit attack with three hits and Mroska, Repinski and Adams had two hits apiece.

Freshman Michael Peters of Coal Valley, Ill., pitched six innings and got his fourth win of the season against two losses. He allowed six runs on seven hits, struck out 10 and walked six.

UPPER IOWA UNIVERSITY - Des Moines Center

YOUR DEGREE. YOUR WAY.

- Courses that fit your busy lifestyle – classroom, online and self-paced
- Regionally accredited, non-profit university
- Year-round schedule with 8-week terms
- Personal academic and financial aid advising
- Easy transfer of up to 90 college credits

From the Editor



Amanda Betz,
Editor-in-Chief
akbetz@dmacc.edu

There are only two issues left this semester including this one. I can't believe time as gone so quickly!

Even though there is only a month left in the semester, there is still a lot going on on campus. Today the bloodmobile is back on campus for a blood drive and I hope everyone who is eligible to donate does. Personally, I have had to rely on blood products, and I appreciate everyone who donates. What you do helps save lives, so go out and be a hero! Donate!

The In My Boots 5k is also soon approaching. You can still go online and register to run online. The fee is \$25 for individuals. The proceeds go to help veterans and their families. What better way is there to show the men and women who protect us that we care than to help take care of them when they come home? And don't forget, Professor Sean Taylor and others in his military unit will be shadow-running with us overseas.

Hang in there my friends! The end is soon approaching! Then a short interlude and back to the bump and grind for summer classes. Keep your heads up, we're almost there!

Have a great two weeks, and I'll see you for the last issue of the semester on April 22.

Tell us what you think!

Submit a letter to the editor or your own opinion column to **bannernews@dmacc.edu**

Submissions must be:
-DMACC student or locally related
-Well informed (sources cited)
-Approximately 500-700 words



Violence: Know what to do

Editor's Note:
This column was written by a DMACC Honors student for a capstone class.



by Steven Stiegleder
Guest Columnist

Not many people in this world know what to do when confronted with a violent individual. Sure, many think they know what to do, but in truth, no one knows until they are faced with the issue.

I believe that everyone

should know what to do to keep themselves safe in any hazardous situation. Knowing what to do means learning several things: self-defense, evacuation skills to get out of the way of danger, and other tools to stay safe in the event of violent individuals.

I have served for more than six years in the United States Marine Corps and have received valuable training for these types of scenarios.

I have concerns with the fact that we do not train the population on how to deal with dangers such as active shooters or other violent individuals. We see it more and more in the news these days. People all around the world and even in our own country are being hurt or worse because of violent people doing terrible things.

There is a system in place from the Department of Homeland Security that all DMACC campuses use, known as A.L.I.C.E, but there are very few students who know what that

means or how to put it to action.

I believe there should be a readily available course or seminar to teach students what to look for as far as a potential threat. I feel that if the student body were educated to spot the indicators of a violent individual, it would help to mitigate events or keep students on their toes. Though I think it would be safe to say that most of the population may never see such a scenario unfold in their life, I am a firm believer in being prepared no matter what life throws at us.

Another thing that students could do to keep themselves safe in dangerous situations would be to take self-defense courses. To have a course such as that available to the general student body would help keep them safe in the world. Students would learn skills that they could use when out with friends at a club, walking to their vehicle late at night, or when just traveling to new places.

Outside of the campus, a few different places offer self-defense

training, like the Ames Family Martial Arts Center or Iowa State University's collegiate martial arts programs.

In the end, I think that students and the public in general need to better educate themselves in self-defense for situations that are unavoidable in the world. No matter what, all people should have proper training and instruction to counter situations involving violent individuals or dangerous scenarios. I strongly advise taking a course in self-defense or other means of learning and practicing self-defense techniques and methods.

Steven F. Steigleder is a 24-year-old Iowa native. He is a Sergeant in the U.S. Marine Corps and has served since 2009. Steven is attending DMACC for an Associate of Science degree and will transfer to Iowa State University in Spring 2016 to pursue a degree in chemical engineering.

Making a case for cursing

Editor's Note:
This column was written by a DMACC Honors student for a capstone class.



by Kari Boyer
Guest Columnist

We've all heard it before. "Freaking shoot!" Sigh. We all know what you mean. So just say it! Go ahead... let it out. It feels good, right? There's a reason for that: science!

First, let me clarify. I'm not talking about racial slurs, or any other derogatory words concerning groups of people. Also, I'm aware of the hypocritical nature of this opinion-editorial. Because of the social construct of what's deemed appropriate or proper, I don't feel comfortable enough to come out and write "F@%k!" (Even though that would be

immensely gratifying). I wish it wasn't this way. While I tend to curse quite freely in my personal daily life, I understand that my doing so here may make some people uncomfortable.

I'm here to ask: Why is this the way it is? What about the whole "Words have the power you give to them" argument?

Personal anecdote - I don't put restrictions on my boys' (age 8 and 10 years) vocabulary when it comes to expression. Again, as I mentioned above, racial slurs and expressions of hate are another matter: my boys have been taught that those words cause pain to a person or group of people. We don't use those words for that reason. But otherwise I tell them that if they want to use a curse word then use it, but use it in the correct context. Don't run around cursing just to curse. These words should be treated just as any other word. And guess what? I don't have two little sailors running around my house. In fact, when what seems to me to be an opportunity to curse "in the correct context", 99% of the time my boys don't do it anyway. So here I'll say it again: Words have the power you give to them!

The words themselves for the most part have an interesting commonality. You will find that almost all of them have frica-

tives (sounds like sh or ch for example) and hard consonants (-k or -t). Wonderful sounds for perfectly conveying frustration or anger. When a person replaces these sounds with softer ones (fudge, crap, etc.) it doesn't really pack such a satisfying punch. As to why curse words are "bad words", we can go back to the very dawn of human civilization. You can chalk it up to good old sexual taboo and consecration of what is sacred. Some of them have always been offensive - "F#ck" for instance.

Let's drop a little more science here... From Wikipedia - "Research into the hypoalgesic (sic) effect of swearing has shown that the use of profanity can help reduce the sensation of pain". Psychologists at Keele University in the UK conducted the study in 2009. What they did was instruct some college student volunteers to immerse their hands in ice cold water and see how long they could stand it. The students during the exercise, were to either repeat their favorite expletive or chant a neutral word. Those who chose the expletive lasted, on average, about 40 seconds longer than their neutral word chanting counterparts. "Swearing is such a common response to pain that there has to be an underlying reason why we do it", said the lead researcher, psychologist Richard

Stephens.

How this effect comes about is somewhat unclear, but the theory is that expletives, unlike normal language, stimulate structures in the right brain such as the amygdala, which is "... an almond shaped group of neurons that can trigger a 'fight or flight' response in which our heart rate climbs and we become less sensitive to pain", as stated by Frederik Joeling in his Scientific American piece on the subject. In addition to mild pain relief/increased pain tolerance, cursing is a coping mechanism for handling stress and frustration. It's much healthier to drop a couple of F-bombs than to punch a wall... or a face.

See? Science!

What I'm trying to say is that not only is it "good" for you to just say the word, but also that not doing so and replacing it with "shoot" or "fudge" comes off as insincere and lame. If you don't want to curse, that's fine; find another way to express yourself. Either say it or don't say it, but whatever you do, OWN IT. You give words their power.

Kari Boyer is a Boone native. She is finishing up her final semester in the Medical Laboratory Technology program at DMACC and will graduate in May.



Fire pits can spark health problems

(TNS)

With summer approaching, many of us are eagerly anticipating the first night we can gather with loved ones under the stars around our backyard fire pits. But neighbors might have not-so-warm feelings about wood smoke entering their yards and homes. According to the U.S. Environmental Protection Agency, wood smoke is a complex mixture of gases and microscopic particles, and when these microscopic particles get into your eyes and respiratory system, they can cause health problems such as burning eyes, runny nose and bronchitis.

As part of its "Burn Wise" program, EPA warns that people who have heart or lung disease, such as congestive heart failure, angina, chronic obstructive pulmonary disease, emphysema or asthma, should especially limit their exposures to wood smoke. If you're concerned about smoke emitting from a neighbor's fire pit, speak to your neighbor about the matter. If the smoke remains an issue, contact your local health or fire department to determine further action.

If you're in the market to buy a fire pit and would like to avoid having smoke drift into your neighbor's yard or home, some models are specially designed to reduce smoke output. The American-made Backyard Firefly fire pit, for example, utilizes a vertical design that causes the smoke to be combusted in the fire and the remainder to rise vertically, reducing air pollution by over 50 percent from conventional campfires. There are also a multitude of beautifully designed natural gas fire pits currently available. Natural gas fire pits won't produce smoke, will instantly light and won't have to be cleaned like wood-burning fire pits that accumulate ash and soot residue.

If you already own a wood-burning backyard fire pit, you can replace conventional wood with certain varieties of Duraflame Logs. Duraflame Stax logs are shaped like split wood and burn with the same charred appearance and crackling sounds of a wood fire, but with half the hazardous air pollutants of an equivalent wood fire. Duraflame Campfire Roasting Logs cre-

ate hot coals safe for roasting marshmallows, hot dogs or cooking other campfire foods and produce 60 percent less particulate emissions than an equivalent wood fire. No trees are cut down to produce these logs and they are made of 100 percent renewable resources.

For those who own a wood-burning fire pit and would like to continue using conventional chopped wood, the EPA Burn Wise program advises to use only properly dried wood, because wet wood can create excessive smoke. To allow wood to properly dry, stack wood away from buildings on rails in a single row with the split side down. Cracked ends on the wood typically means its dry enough to burn, or you can purchase a moisture meter to test the moisture level in the wood. "Moisture meters that allow you to test the moisture level in wood are available in all sizes and can cost as little as \$20," the EPA states. "Properly dried wood should have a reading of 20 percent or less. Dry wood creates a hotter fire. Hotter fires save wood – ultimately saving you time and money."



TNS File Photo

Film tackles tragedy of sex assaults on campus

(TNS)

At the heart of the problem of sexual assault on college campuses, there is what activist Kaethe Morris Hoffer terms "a tragic paradox." A rapist and his victim likely know each other; the attacker is someone whom his victim has chosen to spend time with and whom the college has chosen to enroll.

"It's so shocking because everything they have been led to believe by society up until that moment has been: Rapists are monsters, I would know one if I saw one," said Morris Hoffer, executive director of the Chicago Alliance Against Sexual Exploitation. "What they discover is no, somebody who rapes can be this guy who up until five minutes ago I really liked him and then they know, oh my God, I have to tell everybody else that this guy I used to really like is a rapist? But the only reason I know he's a rapist is I got into this situation of vulnerability where I saw a totally different side. But he's never going to show that side to everybody else."

Already traumatized by an attack, the aftermath can be brutal in other ways as victims weigh whether to alert authorities and push for college administrators to take action, experts say. A new documentary "The Hunting Ground," showcases myriad barriers that student victims of rape must overcome in an attempt to get justice, one being a sometimes-inhospitable attitude toward reporting the attack.

"One of the first responses that any survivor of sexual assault gets is 'Are you sure? This is going to be really hard; are you sure you want to tell?'" Hoffer said.

Part of that response is genuine concern for the victim's

emotional well-being, Morris Hoffer said; part of it also could be disbelief: "Nobody wants to think their precious community is a community that has ugly problems inside of it."

Per the Clery Act, schools that participate in federal aid programs are required to publicize data about crimes that occur on - and sometimes near - campus, including the number of reported sexual assaults. Five prominent Chicago area universities - Northwestern, University of Chicago, UIC, Loyola and DePaul - each reported only a handful of sexual assaults occurred on their campuses in 2013, the most recent year for which data is available.

Experts told RedEye it is extremely likely those numbers underrepresent how many assaults actually happened, as many victims don't report the attack.

"All the research says that sexual assault in every community is underreported," Morris Hoffer said. "In fact, it is becoming understood that increased reporting of rape is a sign that a community is doing a better job, not a sign that the community is becoming more dangerous."

And federal reporting requirements are not comprehensive, said Sharmili Majmudar, executive director of the advocacy group Rape Victim Advocates. Off-campus crimes involving students largely are not counted, and Majmudar said universities also have leeway in deciding what "on or near campus" means.

"The Clery Act is really a starting point, but it does not guarantee that we know exactly how many assaults-or crimes, period-have actually happened," she said.

When RedEye asked the five

schools how many of their reported sexual assaults resulted in disciplinary hearings, all but one declined to release that information. The University of Illinois at Chicago noted five reported cases of sexual assault, none resulted in disciplinary proceedings.

That is not uncommon, said Majmudar. "It happens more often than we would like," she said. "There's a pretty significant degree of discretion for each college and university, and there are a lot of discretionary points, from what happens when a student tells anyone affiliated with a university to what next steps are."

Those next steps can vary widely between institutions; many initiate hearings that rely on testimony of both the alleged attacker and the victim, or designate a college official to investigate the incident.

When the disciplinary process is inhospitable to victims, it can go very wrong, Majmudar said.

"There have been ample stories about how the disciplinary hearing process, for example, goes on so long that the perpetrator has already graduated," she said. "It may be an issue of whether or not the hearings happen at all."

The result, Morris Hoffer said, is that "colleges and universities, like many institutions, are not places in which the majority of that minority of men who engage in rape actually fear any consequences."

Which is a shame, since as semi-isolated and independent communities, colleges are free to set standards that are higher than that of the criminal justice system, which handles rape accusations extremely poorly, she said.

"The college itself has a right

to say that we expect people, in exchange for the privilege of being a member of this community, we expect and demand that members of this community interact in ways that rise to a certain standard," she said. "Whether or not somebody has violated a law is very much a question for the state and the criminal system or the civil system to make a decision about. So colleges that clearly understand this and embrace a philosophy that they want their students to conform to higher standards than the basic expectation that they won't commit the crime of rape, I think have an easier time of responding to sexual assault."

And most victims of campus sexual assault are seeking consequences that fall short of suspension or expulsion, Morris Hoffer said, fearing harsh backlash from

fellow students.

"When men get kicked out of college campuses as a consequence of the college campus going, 'We've looked at it and we think your conduct constitutes sexual assault, you're out of here, buddy,' it is very predictable that many members of the community will treat the survivor with enormous hostility and contempt," she said.

Expelling attackers may not even be in the best interest of the school itself, Morris Hoffer said.

"I'm very troubled by presumptions that the only good response that a university can make is to completely excise them from the community," she said. "Frequently, as soon as the university takes the step of saying, 'you are out of here for good and forever,' they have absolutely no leverage over that person anymore."

Academic Achievement Center, Room 102

Spring Semester Tutoring Services

Walk-ins welcome! Free!

Advanced/General Math

9:00-3:00 M/W/F
8:00-1:00 T
9:00-1:00 R

General Math/Basic Accounting

4:00-8:00 M-R

Advanced Accounting

By appointment only (433-5096)

Chemistry/Physics

10:00-2:00 T/R
9:00-3:00 W

Reading/English/Study Skills

8:00-8:00 M-R
8:00-3:00 F

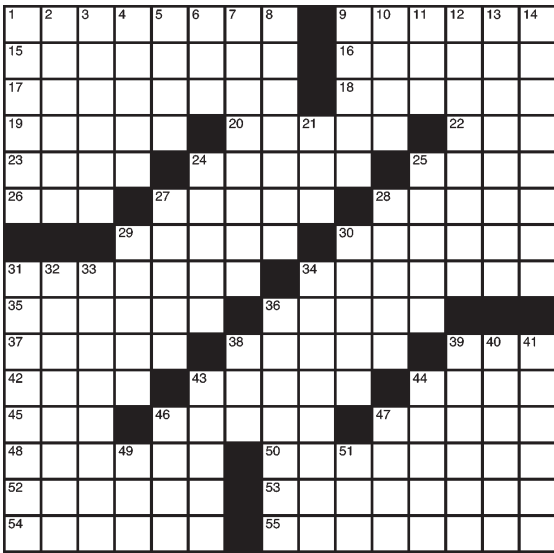
Computer Skills

8:00-8:00 M-R
8:00-3:00 F

Los Angeles Times Daily Crossword Puzzle

Edited by Rich Norris and Joyce Lewis

- ACROSS**
- 1 Staples Center team
 - 9 Not flat
 - 15 Minor issue?
 - 16 Brazilian ballroom dance
 - 17 Tiny cylindrical structure
 - 18 Without a key
 - 19 B's 5 and C's 6
 - 20 Home entertainment option
 - 22 Label for the Poison album "Poison d!"
 - 23 Links acronym
 - 24 Crawford of the NBA's Clippers
 - 25 40% of DX
 - 26 Common doo-wop soloist
 - 27 Radar screen blip
 - 28 It has a ring to it
 - 29 Shoe attachment?
 - 30 Clubby type
 - 31 Works up
 - 34 Places to see arrows
 - 35 Sat for a bit
 - 36 Semblance
 - 37 Kitchen additions?
 - 38 Prepare for winter flight, in a way
 - 39 Energy Reorg. Act of 1974 creation
 - 42 Pounds
 - 43 Elegant
 - 44 Krombacher output
 - 45 Keats' "Sylvan historian"
 - 46 Farm deliveries
 - 47 "Taxi" actor
 - 48 "Soon"
 - 50 "You've got to be kidding me!"
 - 52 Debussy's "Suite"
 - 53 Title I of the Agricultural Act of 1956
 - 54 Dug
 - 55 Betrays
- DOWN**
- 1 Outdoor sitting areas



By David C. Duncan Dekker

Friday's Puzzle Solved



©2015 Tribune Content Agency, LLC

- 2 Dame of mystery
- 3 Former heavyweight champ
- 4 Knock for
- 5 Little beavers
- 6 Cassowary cousin
- 7 Trunk structures
- 8 trunk
- 9 Insignificant
- 10 How some busy people run
- 11 Maker of Steel kitchen products
- 12 Scaly reproductive organ
- 13 Free West Coast daily
- 14 Gets the job done
- 21 Pound sound
- 24 Wasn't serious
- 25 Leek relative
- 27 Sacks of diamonds?
- 28 Presence
- 29 Soft
- 30 Risqué
- 31 Seat of Peru's Constitutional Court
- 32 Made a comeback?
- 33 Repeated musical pattern
- 34 1994 film about a scandal
- 36 Demand to split
- 38 Calendario entry
- 39 Time to flip the sign, perhaps
- 40 Change in boundaries
- 41 Stimulates, with "up"
- 43 Like many boats on lakes
- 44 Tale of a whitetail
- 46 Big affair
- 47 Birdbrain
- 49 Douglas
- 51 Labor gp. that initially supported FDR

Upcoming Events

Date	Event	Location
April 8, 2015	Blood Drive	Bloodmobile 10:30am-1:30pm
April 8, 2015	Grandma Mojo's Moonshine Revival	ISU M-Shop Doors open @ 10pm \$1 Admission
April 9-12	American Sniper	ISU Carver 101 -Free Admission 7pm & 10pm
April 14, 2015	Open Mic Night	ISU M-Shop, 8pm
April 16-19	Taken 3	ISU Carver 101 -Free Admission 7pm & 10pm
April 16, 2015	Cyclone Voice	Great Hall, ISU Memorial Union 8pm
April 18, 2015	In My Boots 5k	Registration currently open online @ http://getmeregistered.com/InMyBoots5k
April 22, 2015	Grandma Mojo's Moonshine Revival	ISU M-Shop Doors open @ 10pm \$1 Admission

Your Horoscope this Week

(TNS)
Aries (March 21-April 19)
Pay attention to dream symbolism. Your routine gets increasingly effortless now that Jupiter's direct (in Leo). Practicing something you enjoy doing gets easier and more fun. Romance sparks spontaneously. Contribute and participate. Share what you love.



Projects that were delayed begin to gain momentum, now that Jupiter is direct. Step into renewed leadership. Take charge professionally, and step lively. Practice for the test.

Sagittarius (Nov. 22-Dec. 21)
Focus on personal matters today and tomorrow. Don't respond automatically to unexpected communications. Just listen. Travels, adventures and studies take new ground now that Jupiter stations direct. Launch an exploration. Visit uncharted territory. Expand your terrain.

Capricorn (Dec. 22-Jan. 19)
Conserve resources, but don't worry about the money. Now that Jupiter is direct, it's easier to save money. Grow your family fortunes with close observation and steady contributions. Work together to realize a dream.

Aquarius (Jan. 20-Feb. 18)
Don't let financial constraints stop you. Work together. Resolve a miscommunication between friends. Advance to the next level in a partnership. Sign contracts and agreements. Teamwork comes easier, now that Jupiter's direct. Collaborate, negotiate and compromise.

Pisces (Feb. 19-March 20)
Investigate a wild claim. Focus on your career today and tomorrow. The workflow falls into a steady, productive rhythm now that Jupiter's direct. Put in structures to manage increased demand for your services. Strive to provide excellence.

Taurus (April 20-May 20)
Don't overspend ... not even for a good cause. Let your partner do the pushing. Loved ones are more supportive now that Jupiter's direct. Things that seemed stuck at home now flow with greater ease. Household improvements flourish.

Gemini (May 21-June 20)
Controversy arises. The next two days are good for negotiations and compromise. Grow a partnership. Communications that seemed blocked or stifled flow freely with Jupiter direct. Open new channels and conversations. Network and strengthen communities. Grow creative collaborations.

Cancer (June 21-July 22)
Time to get busy! No more procrastination. Avoid an obvious error. Finances improve markedly, now that Jupiter's direct. There's more work, and more profitable opportunities. Share the wealth, and stash some for later. Fortune blesses your

endeavor.
Leo (July 23-Aug. 22)
Take more time for play today and tomorrow. Put on your super suit and fight for what you believe in. Confidently strive forward with a project you love. You've got the power to make things happen.
Virgo (Aug. 23-Sept. 22)
Home seems extra cozy today and tomorrow. Handle chores. Your intuition seems heightened, now that Jupiter's direct. Discover amazing insights through introspection. Review past successes and errors before charting your future course. Meditate on love.

Libra (Sept. 23-Oct. 22)
Surprising communications require thoughtful response. Collaborations leap forward now that Jupiter is direct. Friendship and community ties bring opportunities and benefits. Get social and play together. Support each other's creative projects. Talk about practical applications and details.
Scorpio (Oct. 23-Nov. 21)
Fill orders and rake in the pasta. Cash flow improves now.

Movie picks

Tribune News Service	Chicago Tribune	Minneapolis Star Tribune	Philadelphia Inquirer
PG Home	★ ★ ★ ★ ★	★ ★ ★ ★ ★	★ ★ ★ ★ ★
PG Second Best Exotic Marigold Hotel	★ ★ ★ ★ ★	★ ★ ★ ★ ★	★ ★ ★ ★ ★
PG Insurgent	★ ★ ★ ★ ★	★ ★ ★ ★ ★	★ ★ ★ ★ ★
R Fifty Shades of Grey	★ ★ ★ ★ ★	★ ★ ★ ★ ★	★ ★ ★ ★ ★
PG Cinderella	★ ★ ★ ★ ★	★ ★ ★ ★ ★	★ ★ ★ ★ ★
R Focus	★ ★ ★ ★ ★	★ ★ ★ ★ ★	★ ★ ★ ★ ★

music downloads

Week ending March 31, 2015



#1 Album
To Pimp a Butterfly
Kendrick Lamar

Top tracks

- 1 **Bitch Better Have My Money**
Rihanna
- 2 **Uptown Funk**
Mark Ronson
- 3 **Earned It**
The Weeknd
- 4 **Love Me Like You Do**
Ellie Goulding
- 5 **Thinking Out Loud**
Ed Sheeran

Source: iTunes

Tribune News Service

NOW HIRING



STARTING AT \$11.00 PER HOUR
PRODUCTION OPERATIONS TECHNICIANS

- Full & Part-Time; All Shifts Available
- Paid Training and Benefit Options
- High School/GED Diploma Required

apply.smjobs.com JOB CODE: 7510A

staff management | smx
a TRUEBLUE company



Seen a good flick or heard some good tunes lately?
Submit your reviews to bannernews@dmacc.edu