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10-28-2015

# Banner News

**Brad Grout** 

April Schumann

Jesse Rose

Travis Dillinger

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#### Recommended Citation

Grout, Brad; Schumann, April; Rose, Jesse; and Dillinger, Travis, "Banner News" (2015). *Banner News*. 4. https://openspace.dmacc.edu/banner\_news/4

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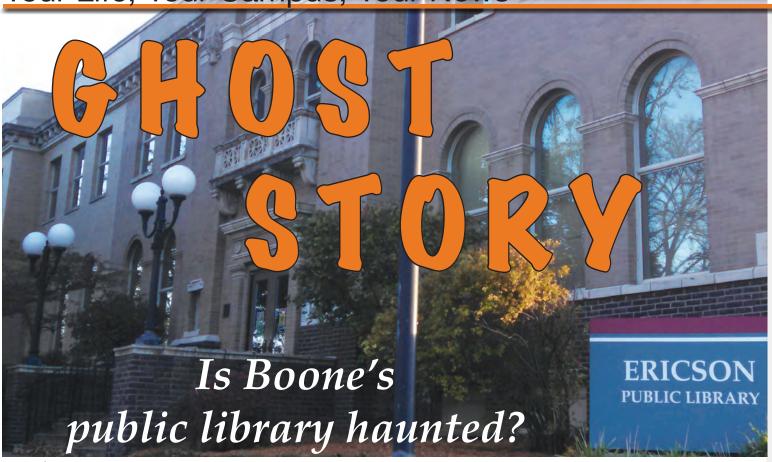
# Des Moines Area Community College | Boone Campus

# Banger Sews Your Life, Your Campus, Your News

Volume 15

10.28.15 Issue 2

bannernews.org



**By Brad Grout** Staff Writer

The next time you stop by the Ericson Public Library in Boone, you might stick around a little while and see who else besides the staff is present.

Staff, then and now, tell ghostly tales of the elevator doors opening and closing on their own, books falling off the shelves, someone or something brushing past them, and even a few claim to have heard disembodied mumblings, voices, and whistling.

Library Director Jamie Williams says she has been there as early as 5 a.m. and as late as 11 p.m. She says she has never once heard anything out of the ordinary nor felt a presence of any kind, and as far as she's concerned, the library is "ghost free".

Kate Sherrard of Boone, a former library employee working



for a previous director, reported hearing a loud sudden THUMP coming from behind the shelves on the second floor. This would happen on winter days when school was cancelled and no one dared venture outdoors. During similar occasions, the elevators would open and close, and Sherrard would call downstairs to ask if anyone might be using or playing with the elevator. The librarian at the front desk would reply, "No one's here but us, Kate."

In 2008, the Iowa Paranormal Advanced Research Team

(IPART) was asked to conduct paranormal investigation of the library. (NOTE: this investigation was conducted by permission of the previous library director, not Williams. The full report can be accessed at www. godlikeproductions.com, search term, "paranormal activity in Boone".) The report confirms some of the claims of staff stating, "...some investigators experienced whistling, mumbling, the sound of movement back among the bookshelves and the elevator doors seemed to open on their own." The team did not capture the elevator doors opening and closing, but the report says the doors opened as they walked towards it, almost as if it welcomed them forward.

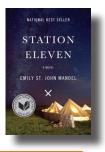
The team set up video and audio equipment in attempt to

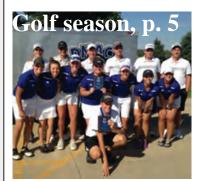
LIBRARY, see page 7

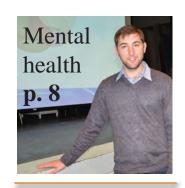
# INSIDE this ISSUE

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# Stage set for *Plaza Suite Nov. 6-7*



DMACC photo

DMACC presents Neil Simon's Tony nominated play, *Plaza Suite*. The curtain goes up on Nov. 6 and 7 at 7:30 p.m. in the Boone campus theatre. As the title suggests, the action centers on couples successively occupying a suite at the Plaza hotel.

The first act, "Visitor From Mamaroneck", introduces the notso-blissfully wedded couple Sam and Karen Nash, who take the suite while their house is being painted. Karen plans this revisiting of their honeymoon suite in an attempt to bring some love back into their tattered marriage. Her plan backfires and the two become embroiled in a heated argument.

The cast for "Visitor From Mamaroneck" includes Sarah Giese as Karen Nash, Keith Schreiber as Sam Nash, Dana Kokjohn as Jean McCormack, and Allen Waterbury as the bellhop.

In "Visitor From Forest Hills," Mimsie locks herself in the bathroom minutes before her wedding. Her parents, Norma and Roy Hubley, struggle to get her out of the bathroom and down to the ballroom where guests await. Norma pleads with Mimsie, "I want you to come out of that bathroom and get married! We can have it annulled next week."

The cast for *A Visitor From Forest Hills* includes Rachel Ellefson as Norma Hubley, Keith Schreiber as Roy Hubley, Allen Waterbury as Bordon Eisler, and Sarah Giese as Mimsy Hubley.

DMACC students receive free admission with their DMACC One cards. All other tickets are \$5 general admission.

# **HELP WANTED**

# Ski Area Seasonal **Full Time and Part Time Positions**

(Boone Iowa)

Seven Oaks is hiring for a variety of seasonal part time and full time positions for this winter season. We are looking for energetic, winter loving people that enjoy working with the public. All positions can be very fast-paced when customer traffic is heavy. At Seven Oaks, everyone helps anyone, regardless of the position. Applications due by November 7th and complete info can be found at:

http://www.sevenoaksrec.com/employment.html.

# Join the **BANNER NEWS** staff - Spring 2016 **All positions** bannernews@ dmacc.edu JOU122, 3 credits **J0U142, 2 credits** Workstudy jobs Freelance

# **BEAR BRIEFS**

# (Boone campus & community)

## Help stock campus pantry

Throughout the year, many DMACC Boone students utilize the campus food pantry, which is a resource for all Boone students. As the fall begins and the holiday season approaches, we anticipate an increased need for food in our food pantry. If you haven't already, please consider donating non-perishable food items at the boxes available in the nursing classrooms and main entrances of the Boone campus. Thank you for supporting the Boone campus community!

If a student has a more significant need for food/resources than a visit to our campus food pantry can assist with, please contact Erin Neumann, eaneumann@dmacc.edu.

#### Free money for school

Have you done farm work in the last two years? If so, contact Carrie at Proteus Inc. 515-271-5306 ext. 129

#### Childcare and **Transportation help**

A program called Iowa New Choices offers assistance with childcare and transportation for qualifying single parents and displaced homemakers (separated, divorced, widowed or spouse disabled.) For information, contact, Erin Neumann, Room 124, eaneumann@dmacc.edu. Or call 515-433-5037.

#### Phi Theta Kappa

Phi Theta Kappa is the International Honor Society for two-year colleges. For more information, contact Nancy Woods, nawoods@dmacc.edu, 515-433-5061. Or Stacy Amling, slamling@dmacc.edu, 515-433-5089.

#### **Haunted Forest**

www.ameshauntedforest.com One block east of ISU football stadium In Ames, Iowa See web site for hours

# **DMACC Foundation** scholarships opportunity

If you are a DMACC student enrolled in 6 credit hours or more and have a 2.00 GPA, don't miss out on this great opportu-

The Spring/2016 DMACC Foundation Scholarship is NOW **AVAILABLE ONLINE!** 

\*Application deadline: Friday, October 30th at 4:00 p.m., Central Standard Time.

These scholarships may be applied toward charges for tuition, fees, and/or book charges at DMACC for the semester for which the award is given.

To learn about the specific award criteria and to apply online, visit: https://www.dmacc. edu/foundation/Pages/application.aspx.

If you have any questions, please contact Sue Rardin, Financial Aid Specialist-Scholarships, at 515-965-7179 or via email to: sgrardin@dmacc.edu.

# **Does This Describe YOU?**

**Enthusiastic Hard-Working** 

**Smart** Leader

**Motivated High-Achieving** 

If yes, then consider enrolling in DMACC's exciting Honors Program

# Why Join the DMACC Honors Program?

- · Notation of Honors degree and/or Honors course credits on your transcript
- Notation of Honors degree on your diploma
- Tuition awards for up to 20 credits of Honors
- Mentoring from Honors faculty
- Networking with other high-achieving, motivated
- Access to special Honors areas on almost every DMACC campus
- Priority registration (Honors Program students register one week before other students)
- Opportunity to transfer up to 6 DMACC Honors credits toward the Honors Program requirements at the University of Iowa and Iowa State University
- Opportunity to wear the Honors Program medallion at
- Opportunity to attend social, cultural and speaker series events, as well as regional and national Honors conferences

Deadline to apply: Nov. 4 by 5 p.m. Application is available at www.dmacc.edu/honors.

Questions? Please contact Dr. Sarah Waddle, the Director of the Honors Program, at stwaddle@dmacc.edu or 515.433.5091.



# **Start Now!** Visit the Writing Center

Fall Semester Hours

**Boone Campus**, Room 170 Monday-Friday 9-12 and 1-3

Ames Hunziker Center, Lobby Monday-Thursday 4:30-6:00



Writing Center to see how we can help you. You can also find more about us by visiting our website or finding us on Facebook.

https://go.dmacc.edu/boone/ writingcenter

Krystal Cox DMACC Boone Campus Writing Center Coordinator kncox@dmacc.edu 515-433-5212

Whether you're writing a research paper, completing journal entries, composing a personal narrative, or preparing a speech outline, the Writing Center is here to help all writers from any course. Writing Center consultants have a variety of writing and life experiences, making them knowledgeable and friendly. You're welcome to stop by any time during our hours to ask a quick question or to work on your writing.

This semester we're offering specialized, one-on-one sessions on the following topics:

- · Scholarship Essays
- Critical Reading Tips for Writers
- Life Hacks to Avoid Procrastination
- Microsoft Word Boot Camp Ways to Tackle a Research Assignment
- Résumés and Cover Letters

We look forward to meeting with you!

## Important Deadline:

DMACC Foundation Scholarships are due October 30, 2015. For details, please visit: https://go.dmacc.edu/foundation/Pages/scholarship

# **Transfer Program**

Have you heard about the University-College Transfer Program at DMACC? If not, check out the following website at https://go.dmacc.edu/uct/Pages/ welcome.aspx. The goal is to guide you through your two-year degree and to prepare you for the four-year college of your choice.

## Honors seeks applicants

The DMACC Honors Program is seeking highly motivated students to apply for honors. There are openings for current DMACC students who want to challenge themselves and graduate from the Honors Program.

If you have completed one college-level English and one college-level math class or are currently enrolled, will have completed a minimum of nine (9) college credits and fewer than fifty (50) credits at the end of summer with a cumulative GPA of 3.5 or higher, you are eligible to become a DMACC Honors Student.

To read more about Honors and submit an application, go to dmacc.edu/honors and get started on your way to a rewarding, challenging educational opportunity.

# BANNER NEWS

News produced by and for DMACC students at the Boone campus.

The Banner News serves the Boone campus of Des Moines Area Community College. We strive to cover Your Life, Your Campus, Your News. Our news operation is funded by advertising and student fees. We update our Facebook page daily, our website weekly and publish a print edition monthly during the fall and spring semesters. The print version is distributed free on campus with additional copies available for \$.50/each. Please contact us with your news tips, comments and corrections.

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# Campus

Station Eleven is focus of talk

**By April Schumann** *Banner News Staff* 

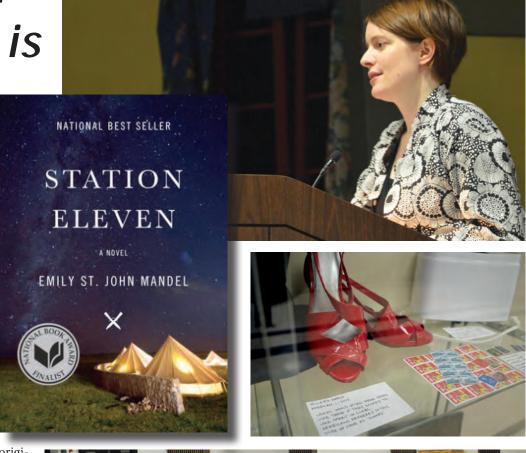
Award-winning author Emily St. John Mandel visited the DMACC Boone campus Oct. 22 to share her insights about her book *Station Eleven*, which was chosen for DMACC's One Book program for the 2015-16 school year.

Mandel is the author of four novels (and one in the works) the most recent being *Station Eleven*.

The book has a post apocalyptic theme with the original working title The Traveling Symphony. It gives the reader a look at a world without technology and many other things we are used to in our era. Chapter 6 of the book (which Mandel says is her favorite) is titled 'An Incomplete List' and names many things that no longer exist after the epidemic.

Mandel said she included the more distant (about twenty years later) future in the book because she felt that most dystopian fiction focuses on the events right after the disaster, the direct aftermath and not what happens as time continues. The traveling symphony from the story has a motto that says "Because Survival is Insufficient" which Mandel admits was inspired from an episode of Star Trek: Deep Space 9.

Mandel revealed that the film rights have been bought and that a script is in the writing process. When asked if there was to be a sequel to *Station Eleven*, her emphatic "no" was clear: There would be no *Station Twelve*, she explained. "I just feel I've said everything I want to about the end of the world."







# What is 'One Book'?

By April Schumann

Banner News Staff

Each year DMACC offers a program that applies the use of a single book to generate the possibility of critical and creative thinking as well as communication and interaction throughout all campuses and the communities they serve. This is referred to as the "One Book One College One Community" program.

"One Book" exposes DMACC faculty and students to books that may be challenging and that address important issues.

Last year's selection *Dead Man Walking* by Sister Helen Prejean examined capital punishment, and some students even came away with a different view of the issue after reading the book. The program also gives students the opportunity to interact with the authors and get a better understanding of what is involved in the issue as well as the writing process.

DMACC English Professor Dennis Thompson says that he "makes it a point to embrace each book selected and incorporate it into classes whenever possible."

This year's book *Station Eleven* by Emily St. John Mandel covers many relevant themes such as technology, loneliness and the arts as well as "what nurtures the soul," said Christine Whitney, Library specialist.

According to the DMACC website, the goals of the One Book program are as follows:

- Emphasize reading as a significant component of the college experience.
- Create a shared intellectual context for all students, faculty, staff, and community members.
- Cultivate reading and critical thinking skills that encourage engagement with ideas that students will employ throughout their academic life and beyond.
- Stimulate intellectual discussion and interaction among students in conjunction with faculty,
- staff and community members.
- Provide opportunities for participants to explore issues and ideas relevant to our community and our world.

Photos by April Schumann/Banner News

Photos, from top: (1) Emily St. John Mandel, author of *Station Eleven*, the DMACC 'One Book' selection for 2015-16, speaks to a crowd on Oct. 22 in the theater. (2) The book cover for *Station Eleven*. (3) Items mentioned in the book in a display case in the main hallway outside of the theater. (4) A student poses a question to Mandel. (5) Professor Dennis Thompson talk with Mandel during a luncheon after her presentation on the book.

**Kickball Tournament** 

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# Wednesday, October 28<sup>th</sup> 9pm in the Boone Campus Gym • 5 Person Teams • We must have a minimum of 8 teams • Single elimination tournament play \$40 Gift Card to Winning Team!! \*\*Must sign up — Please email Ashley Martin if interested asmartin@dmacc.edu \*\* \*Sponsored by Student Activities\*



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# DMACC volleyball team sweeps four matches

winning streak to five consecutive matches after sweeping four matches in the Triton Invite October 23 and 24 at Fort Dodge.

The Bears, ranked seventh in the National Junior College Athletic Association (NJCAA) Division II poll, defeated Cowley Community College (CCC) and the Grand View University junior varsity (GVJV) on Oct. 23 and got wins over Carl Sandburg College (CSC) and Kishwaukee College (KC) on Oct. 24. DMACC improved to 29-7 with the four wins.

Sophomores Shelby Schouten of Alton and Taylor Case of Preston, Minn., had 12 and 10 kills respectively to lead the Bears past CCC 27-25, 20-25, 25-11, 25-21. Sophomore Tatum Meyer of Algona contributed nine kills to the win and freshmen Amara Chappelear and Moriah Johnson, both of Ankeny, had eight kills apiece.

Freshman Peyton Benson of Tripoli had 45 assists in the win and freshman Jordyn Rittman of Ankeny led DMACC in digs with 31. Schouten finished with 15 digs, Case had 14 and sophomore Brooke Rasmussen of Lamberton, Minn., added

The volleyball team ran its current 13. Johnson and Meyer led DMACC in blocks with eight and seven respectively. Johnson had seven block assists and Meyer had five.

> Johnson's 12 kills and nine by Chappelear led DMACC to a 25-19, 25-6, 25-20 win over GVIV. Benson contributed 34 assists to the win and Rittman had a pair of ace serves. Case led DMACC in digs with 13 and Meyer had three block assists.

> Case had 11 kills and Schouten, Chappelear and Johnson finished with seven apiece as DMACC handed CSC a 25-14, 25-20, 25-18 loss. Benson finished with 35 assists and Rasmussen had two ace serves in the win. Rittman led the Bears in digs with 13 and Case and Benson added nine apiece. Chappelear's three block assists led DMACC in blocks.

> Schouten had 12 kills and Case and Chappelear added seven apiece as DMACC closed out the tournament with a 25-14, 25-12, 25-20 win over KC. Benson had 31 assists in the win and Rittman came away with a team-high 25 digs. Case added 10 digs and five block assists in the match.

# Bears take down Kirkwood Community College

Freshman Amara Chappelear of Ankeny had 12 kills and sophomore Taylor Case of Preston, Minn., added 10 as the Bears handed Kirkwood Community College (KCC) a 3-0 loss in a key Iowa Community College Athletic Conference (IC-CAC) matchup October 14 at Cedar Rapids.

DMACC, ranked seventh in the most recent Division II poll from the National Junior College Athletic



Amara Chappelear



**Taylor Case** 

Association (NJCAA), defeated the Eagles by scores of 25-21, 25-19, 25-17 to improve to 6-1 in the ICCAC and 24-6 overall. KCC, ranked 15th in NJCAA Division II, fell to 5-2

Freshman Peyton Benson of Tripoli recorded 39 assists in the match and freshman Jordyn Rittman of Ankeny led three players in double figures in digs with 21. Case had 20 digs and Benson came away with 12. Freshman Moriah Johnson of Ankeny led DMACC in blocks with eight, including six block assists and Chappelear added four block assists.

# Cross country team takes 9th at Loras College Invite

Sophomore Michelle Thayer of Des Moines finished 21st overall to lead the Bears cross country team to a ninth-place finish in the Loras College Invitational October 16 at Dubuque.

Thaver turned in a time of 25 minutes, 7 seconds over the 6K course as the Bears came away with 222 points in placing ninth. Central College took the team championship with 32 points and Fabiola Ortiz of the University of Dubuque won the individual competition with a time of 22:26.

Other DMACC results saw sophomore Shannon Mullnix of Williamsburg finish 32nd in 25:47. Freshman Blaire

Benshoof of Boone was 55th in 29:51, sophomore Molly Claman of Grimes also ran the course in 29:51 and finished 56th and freshman Emma Saddoris of Jefferson placed 58th with a time of 30:15.

DMACC freshman Kelly Anderson of Gilbert and sophomore Kendra Chapman of Adel also competed for the Bears. Anderson finished in 60th place with a time of 37:33 and Chapman was 61st in 40:35.

The cross country team will compete in the National Junior College Athletic Association (NJCAA) Region XI Championship Nov. 1 at Fort Dodge.

For weekly updates: Banner News online www.bannernews.org

# Women's golf finds success

**By Jesse Rose** Staff Writer

The women's golf team finished the fall season with victories in three of the five meets they participated in.

"I would call it a very successful season with how we performed," head coach Larry Briley said. "We played nine days and shot a team score of 330 or under in five of those days. That is a very good score and to shoot it consistently was phenomenal."

The Bears scored victories in the Augustana Highland Invitational, the Ottawa Invitational, and the Iowa Lakes Invite. The Bears added a runner-up finish in the Iowa Central Invite and a third-place finish in the NIACC Invitational.

Sophomore Ashley Dumler led the way for the Bears. "She played at very high quality at every meet and was very consistent," Briley said.

Dumler was the Bears' lowest shooter in four of the five meets. She scored two individual thirdplace finishes in the Augustana Highland Invitational and the Ottawa Invite.

It wasn't just Dumler who stood out for the Bears according to Briley. "Everybody was very consistent and solid. I had eight players that I could stick into our rotation and count on to perform at a high quality. We competed against four-year schools as much as we did two-year schools, and we won three of the five meets.

"We had a great fall. We gained a lot of experience as we got to golf at some very great and challenging courses."

- Emmali Sweeney, sophomore



DMACC Photo

The members of the DMACC men's and women's golf teams celebrate after both were victorious in the Iowa Lakes Invite on Sept. 21.

That is a very successful fall in my mind. Our real season is in the spring though, and we will continue to gear up for that."

Sophomore Emmali Sweeney added: "We had a great fall. We gained a lot of experience as we got to golf at some very great and challenging courses. We also played some tough competition and held our own against them as we won three of our meets."

# Men look to spring season

**By Jesse Rose** Staff Writer

The men's golf team finished up a mediocre fall season.

"It was a very up and down season, very erratic at times. We had our highs and lows," head coach Larry Briley said.

One of the low moments for twas when team leader Braxton Risetter broke his hand in the Bears' first meet of the fall season. "It was a very unfortunate injury. The team just wasn't the same without him as it was tough for everybody to adjust," Briley said.

One of the players who adjusted the best was sophomore Devon Woody. "He really stepped up and golfed consistently our lowest scores after Risetter's injury. He just had a great attitude about the situation and worked hard," Briley said.

The Bears scored one victory this fall, that coming in the Iowa Lakes Fall Invite. DMACC added a runner up finish along with a third place finish.

"We are just looking ahead to the spring league now. We had four guys that really stepped up and separated themselves from the pack as far as earning a spot for spring goes. We are going to have some really good competition for the fifth spot," said Briley

"We didn't play to our potential this fall," said sophomore Brett Romig. "We are looking forward to the spring time and are ready to rebound from this."

# Opinion: Iowa Hawkeyes deserve respect



**By Jesse Rose** Staff Writer

This season the Iowa Hawkeyes football team is kicking ass and making a name for themselves along the way.

Many fans and analysts alike look at the Iowa Hawkeyes' early season success and shake their heads and make up excuses. The biggest and most used excuse is the fact that the schedule is too weak and the team has not yet played any real competition nor will they the rest of the season.

To me this completely ridiculous to say or assume.

I agree that this year's schedule is weaker than it could have been and other teams may have faced tougher competition. But people act like that is Iowa's fault. It is not.

This is the schedule the Big Ten conference gave the team. The Hawkeyes are just dealing -and winning -- with the cards that they have been dealt. I believe Iowa has proven themselves even with the schedule and circumstances they have been given.

The schedule at first glance is weak, but if you look deeper than that it really is not as weak as you think.

Iowa is sitting at 7-0 and three of those wins have come against teams that are ranked in the top 25 right now or at the time Iowa played them. Iowa beat two of those three ranked teams on the road. That is no easy task and only two teams have done that this year: Alabama and Iowa

People also make the excuse that the two ranked teams Iowa beat, Wisconsin and Northwestern, fell out of the top 25 so those wins were not that impressive. You know why those teams aren't ranked anymore? Because Iowa embarrassed them and knocked them out.

Iowa's seven wins have not come easy as they have dealt with the injury bug all season. Before the game against Iowa, Northwestern had not allowed a running back to rush for more than 100 yards this season. Iowa's Akrum Wadley rushed for 200 yards against what many called one of the best defenses in the country before the game. Wadley entered the season as the Hawk-

eyes' fourth string running back and only got playing time because two of the three ahead of him on the depth chart fell to injuries. Wadley rushed for the most yards that Northwestern had given up all year, but he was not the only Hawkeye running back that did damage to Wildcats' defense. Third string running back Derrick Mitchell gained 74 yards on the ground, which was the second most yards Northwestern has given up to a running back, second only to Wadley.

Not only was Iowa playing behind their third and fourth string running backs as both of the offensive tackles were also playing off the bench due to injuries. Iowa not only beat one of the most highly acclaimed defenses in the nation but did so with mainly their backup offensive unit.

Some look at the stats and still say that they are invalid because of the weak schedule. Iowa is not alone with playing with a "weaker schedule". According to Jeff Sagarin's Strength of Schedule rankings through games played October 17, Iowa has a stronger schedule than six of the top ten ranked teams in the country including top ranked Ohio State and second ranked Baylor.

The upcoming schedule is not as easy as it may look either. Iowa

faces Indiana, whose 4-4 record may be deceiving as the Hoosiers only lost to top ranked Ohio State by seven. Iowa also faces a stout but unlucky Nebraska team, who has lost five games by a combined 13 points.

The Hawkeyes are undefeated and have a great shot at running the table the rest of the season. Why make excuses when you can just enjoy the ride? Don't put a team down over a schedule they had no input on who they'd play.





are your friend. Sites such as PunchBowl.com and Evite. com offer quick, free ways to get the word out. Facebook lacks the flair and creativity of a bona fide invite, but it makes up for it in ease of use. And, chances are, that's how you'll get the fastest replies.

## THINK-OUTSIDE-THE-COFFIN THEMES

Political party: What's more horrifying than the current state

of American politics? Well, almost nothing, some might say. Use this theme to make a political statement and rib your friends seated — politically — across the aisle. Put the presidential debates on loop to add fright to the night. "The Walking Dead": AMCs hit post-Zombie-apocalypse series just returned with season 6, and still boasts monster ratings. So, chances are, you won't need to do to much explaining to find a group of friends ready to transform into Rick, Daryl, Michonne, Maggie and Glenn. Want to delight with fright? Tell your guests that walkers are welcome. Harry Potter: Perfect for witches and wizards of all ages. Impress your guests with traditional treats like Bertie Bott's Every Flavor Beans and Butterbeer.

**Goosebumps:** This popular children's horror fiction novella series just hit the big screen with "Goosebumps," starring Jack Black. You, too, can bring life to your favorite charac-

Thriller: I can trace my roots of being terrified to one instance: watching Michael Jackson's "Thriller" video. The gory '80s costumes are sure to be a hit, completed only by the pop icon's hit song pulsing in the background.

Looking for something a little more traditional? Party441. com offers these themes that'll never die.

- Halloween house party
- 80's horror movie
- Sexy
- Dead rock star
- Not-so-scary (for kids)
- Dress up from the neck up

net positive. Sites such as Instructibles, Pinterest and DIYcrafts.com should be your place to start.

## COSTUMES

You're sure to score originality points for crafting a creative costume by hand. But, if holding a pair of scissors and a sewing needle sounds like your version of a nightmare, there are plenty of local and online retailers vying for your business.

Party City spokeswoman Olivia Abbazia says Halloween keeps their stores pretty busy, especially when it falls on a Saturday. She said the store gleans costume ideas from pop culture, analyzing "the latest fashion trends and Hollywood blockbusters to determine the year's biggest costume trends." Big hits, she says, come from "celebrity-inspired costumes — such as Katy Perry, Taylor Swift and Beyonce — to new movie releases — like 'Jurassic World' and 'Avengers: Age of Ultron' — and hit television shows — 'American Horror Story: Freak Show' and 'SpongeBob Squarepants.'"

Abbazia says top kids costume ideas include:

- Teenage Mutant Ninja Turtles
- My Little Pony
- Nickelodeon's "Paw Patrol" cast
- "Despicable Me" characters

"Halloween is a great opportunity for kids to dress up like their favorite characters," says Abbazia.

For moms, she suggests "mommy and me" items for those who want to celebrate in matching style. "'Mommy and me' looks inspired by Disney include dressing as a Disney villain, like Ursula, Cruella De Vil and Maleficent," she says.

For men, Abbazia says, the force is strong with Star Wars characters ahead of the Dec. 18 release of "Star Wars: Episode 7 The Force Awakens." Superheroes are also very popular, she says.

done, so have a little fun with the food. But don't get carried away. Everyone wants a bit of brains, not the whole head Plus, you want to mingle, not go head-first into the oven. So, try for small treats. Bonus points if they fit your theme. Pinterest, allrecipes.com, FoodNetwork.com and Martha Stewart.com will get you cookin'.

## **GROOVIN'-FROM-THE-GRAVE TUNES**

Set your party off to the right beat. The iconic radio station KROQ has compiled this vintage-punk-heavy playlist that could be just the audio backdrop you're looking for. Here's a sampling from their list.

- "This is Halloween," Marilyn Manson
- "Halloween," The Misfits/AFI
- "Dead Man's Party," Oingo Boingo
- "Surfin' Dead," The Cramps
- "Halloween," Dead Kennedys
- "Pet Cemetery," Ramones
- "Psycho Killer," Talking Heads ■ "Scarecrow," Strung Out
- "Among the Dead," Tim Armstrong
- "Dracula," Gorillaz ■ "People are Strange," The Doors
- "Bark at the Moon," Ozzy Osbourne
- "Phantom of the Opera," Me First and the Gimme Gimmes
- "Frankenstein," New York Dolls
- "Werewolves of London," Warren Zevon
- "Monster Mash," (cover) Misfits







# Ericson Library: from page 1

capture any activity. However, although the report does not make mention of any findings, Dan Berger, leader of the IPART team, he said in an email: "We got good EVPs." An EVP is an electronic voice phenomenon--recordings of disembodied voices.

"My favorite was of a little girl saying 'it's a field trip," he said. "Most likely in reference to when the library was a museum and school kids took field trips. That was recorded on (the) 2nd floor by the books that were claimed to have been mysteriously found on the floor."

The investigators concluded, as recorded in the report, "Ericson Public Library is experiencing a 'residual haunting'...(which) occurs when over a period of time in the past, someone has performed a certain action or task over and over. The 'residual' events that are experienced later in time after their death [are] not actually the person's spirit performing the task or action, but it is the person's leftover energy playing out the same task or action just as the person did in life...It is comparable to a VHS tape that continually loops a certain it, today, 114 years old. On May 16, 1993,



Photos by April Schumann/Banner News Halloween decorations haunt the lawns of houses in the city of Boone.

segment over and over."

Investigators believe the energy or "ghost" is that of Bessie Moffat, director of the library for over 30 years. She died in the 1930s. Given her work and daily tasks, this, perhaps, parallels the accounts of books falling off the shelves and sounds of mumbling experienced by the library staff.

The report also mentions an "attachment" haunting, which is more akin to what people understand as a "ghost". The team believes this ghost to be that of Senator CJA Ericson, who built the library in 1901 and died in 1910. He donated the library to the city of Boone. Ten years later, his daughter gave the city money to build an addition. This would explain the other activities, such as the elevator opening and closing on its own, and the mumblings, whistling, and feelings of someone brushing past them.

The problem when trying to prove the existence of the supernatural boils down to-evidence. It's easy to say you heard a voice or saw a shadow. But if no one else can support the claim, if you're the only witness, for all intents and purposes, it may as well have not happened. For those of a skeptical mind, the mere claim of such a happening does little to satisfy, without a shadow of a doubt, the existence of anything paranormal in nature.

In response to the question of "if" the library is haunted, Sandy Madden of Boone says, "An old building after dark can have a creepy feel to it," but she does not believe there are spirits at work there.





the library held an "open house" after ongoing renovations including an addition that now can hardly even be noticed. Old light fixtures stored away were brought out, polished and re-installed. The stairway as you enter the building was restored to its former luster.

All in all, IPART leader, Dan Berger says, "The library is a beautiful building full of rich history that should be shared with everyone. Playful spirit energy, residual The library was built in 1901, making and intelligent, is actively present and is not deemed malevolent or harmful."



# Beary Scary Halloween Spooktacular

## Festivities will include:

- O Special Guest, Charles Irwin (h. come of Becne)
- O Treepy Trafts
- O Peculiar Pumpkin Decoration
- O Specky Snacks
- O Tell Your Own Spine-tingling Stories of Specters

Join us for this Haunted occasion on: Wednesday, October 28th from 6:30p.m. - 7:30p.m. First Floor Lounge, In the DMACC Honors Building. Sponsered by DMACC Boone Student Activities and Fitness Sports Manage







# **Halloween Costume Contest** \$25 Gift Card for best costumes in EACH DIVISION! Male Student, Female Student, Faculty/Staff 12:15pm **DMACC Boone Campus Courter Center** \*Sponsored by Student Activities\*

**Halloween Costume Contest** 

# Campus



Photo by April Schumann/Banner News

Mental health advocate, Sean Campbell, shares his message about overall wellness with students n the auditorium on Oct. 5.

# A crucial conversation Speaker encourages students to seek balance, stay healthy

**by April Schumann** Staff Writer

Mental health is a phrase many people associate with terms such as 'illness' or disorders such as bi-polar or schizophrenia. On Oct. 5, Sean Campbell visited DMACC Boone campus to explain how a more important word to associate with the term mental health is 'wellness' because that is really the idea behind addressing the issues of mental heath.

Maintaining mental health wellness is vital to having a successful and enjoyable college experience, Campbell said.

"One hundred percent of us have feelings; whether they are happy or sad, excitement or grief all of our feelings have an impact on our daily lives." Out of the 100 percent 20 to 25 percent will personally experience a mental health disorder in their life. However less than half of those will seek treatment within 10 years-if at all

Factors that affect mental health are both biological and environmental and for everyone it is different. Campbell explained how both protective factors and risk factors are at play in the equation by giving a view into his life and what he experienced growing up with a father who suffered from alcoholism and bi-polar disorder. The first thing he pointed out is that things can look fine on the outside while the person really has no ability to deal with stress and symptoms internally.

Campbell grew up in the Catholic faith and thought things were OK until he started to notice that the appearance the family gave in the outside world was different from what went on inside the home. As Campbell grew up, he said he started to recognize some warning signs in himself and through a member of the church was able to get access to support.

When his father learned of this, Campbell worried at first that it would be the end of the help he was getting. Instead his father told him that if he wanted to seek help, he would be willing to take him to someone.

Campbell has used his life's experiences in facing mental health issues to educate himself, and, in turn, others on the need to raise awareness of mental health wellness.

One statistic he shared with the audience is that it tends to be more difficult for men to talk about these problems or seek help. As a result 81 percent of suicides involve men. This is a difficult issue to explain as most men think being strong means "facing life head on." In reality the opposite is true, Campbell said facing mental health needs head on is the real sign of toughness.

Sadly two years ago Campbell lost his father in what he describes as a "tragic impulsive suicide" after his father battled his alcoholism and mental illness for years.

In the end Campbell's advice was simple: don't explain your problems in terms of your diagnosis, rather describe how it feels and what you are going through.

He also pointed out the need to deal with both sides of the brain when getting treatment, telling us that art therapy uses the right half of the brain while talk therapy uses the left side. Treating the whole mind is going to have a better chance at success, he said.

When Campbell was asked his advice for DMACC's students getting ready to start their new stage in life, he commented after his presentation that the most important piece of advice he could give was to "believe that you have the ability to help and serve others."

we're online: bannernews.org and on Facebook

#### **Local Mental Health Resources**

DMACC Counseling dmacc.edu/boone/Pages/studentservices.aspx 515-432-7203

NAMI Central Iowa
National Alliance on Mental Illness
Educate-Advocate-Support
416 Douglas, Suite 203, Ames, IA
50010
(515) 292-9400
www.namici.org
NAMIofCI@gmail.com

Wellness Center-Educational Classes-Support Groups Wellness Center Hours: Mon-Fri 1-4pm

Community & Family Resources (866) 801-0085 www.crfhelps.org

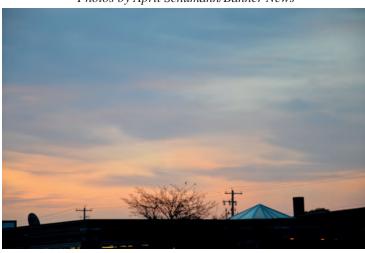
Substance Abuse, OWI, Gambling, & Mental Health Evaluations Residential Services Treatment Groups Counseling Prevention Psychiatry Detox

Services provided in Boone, Calhoun, Hamilton, Humboldt, Pocahontas, Story, Webster & Wright Counties





"Fall in Boone"
Photos by April Schumann/Banner News



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# Land that job: Here's what employers want

Editor's note: This column is written by a student in the DMACC Honors Program as part of an Honors Capstone course.



**by Travis Dillinger** Guest Columnist

As you scroll through the job postings, a certain one seems to reach out and grab you. It's perfect! This is the job you went to school for, it's close to where you grew up, and it's with a reputable company with great benefits. But one thing lurks in the back of your mind: What are they really looking for?

This is a question that has nagged at me when applying and interviewing for positions. So to help you, and myself, I interviewed several hiring managers at my place of employment -- Danfoss Power Solutions in Ames, Iowa -- to find out "what they were really looking for" in the perfect job candidate.

Danfoss Power Solutions is a global leader in mobile off-road hydraulics. I interviewed seven managers from several different departments. Their combined experience at Danfoss added up to 117 years and their departments included Human Resources, Operations, Systems Applications,

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locally related
-500-700 words
-Truthful & accurate



and Engineering.

First, I asked what stood out to them in a resume. The one answer that almost all the interviewees gave was "experience." What kind of experience does the candidate have? Is it only classroom experience, an internship, hands-on, or extra certifications? The other common answer was "Is the candidate active in extracurricular activities?" This really stands out to hiring managers. Honors Programs, volunteering, and sports are all examples of what these managers are looking for. These activities show you are active in a team environment.

Engineering Manager, Jeff Hansell said, "I can teach the right candidate hard skills, but I can't teach them soft skills like communication and being a team player."

Should you make it through the resume process and get a call back for an interview, there are some things you can do to prepare for that step. Human Resources Generalist, Nicole Boeding says, "look professional," and to "be prepared." Don't be afraid to ask questions during your interview. This helps to show you have serious interest in the position and the company.

The most common answer given when asked what the they were trying to determine during an interview was "Do you have good problem solving skills?" Don't be surprised if you are asked in an interview to complete a task or to answer an off-thewall, behavioral-based question. These are all ways to see how you will mesh with the team.

When it comes down to the final selection, there are many things the hiring managers look for. The most common, however, is "fit." How well you will fit within the team or organization is very important. Internships, research studies, or any other kind of hands-on experience are skills you are going to want in your corner. Also, send a thankyou after your interview. Nicole Boeding told me of a situation where they had two equally qualified candidates. The one who sent the thank-you got the

When asked if they had any advice for students who want to "get the job," I had many excellent responses. Operations Manager, Brad Larson, advised: "Think before you answer, and don't feel that you need to fill any silence." Engineering Managers Jeff Hansell and Russ Peters both advised to "be honest." Russ also added "Don't be afraid to say 'I don't know,' but to tell how you would go about getting the answer."

So to land that dream job, you should volunteer, be prepared and informed, ask questions, and do those extra little things. All of this "Is What They are Really Looking For."



Photo by April Schumann/Banner New.

A display in the Boone DMACC Library highlights Banned Books Week.

# Don't tell me what I can't read

**by April Schumann** Staff Writer

Banned Books Week is a program designed by the American Library Association (ALA) to draw attention to and promote the reading of banned books. This year the dates were Sept. 27-Oct. 3. Many libraries including our campus library support Banned Books Week in an effort to raise awareness of the issue of censorship and to point out the infringement on our First Amendment rights caused by banning books.

There have been a lot of people who have, in their communities raised a challenge to what's on the shelves of the libraries. They cite parts of the material and claim it is inappropriate for whatever reason they are personally against the book in question. After a complaint is made to library administration, school board or whatever institution the individual is taking up their position against. it is then up to the committee to make a decision on how to respond.

If you didn't want your child watching a certain cartoon that you thought was inappropriate, would you try to tell every other parent in the community that their child is not allowed to watch it either? That is what citizens need to ask themselves before attempting to tell all people in the community what they can and can't read. Banned Book Week is a great way to celebrate different ways of thinking.

Christine Whitney, our library specialist on the Boone campus, told me she had the opportunity to work in a situation where Barnes & Noble bookstore was able to stop the banning of one book. She was an employee of the store where the complaint was lodged against the book *And Tango Makes Three* by Justin Richardson and Peter Parnell. After reviewing the complaint the store decided to order more copies instead of banning it.

"It felt good to stand on the side of intellect, freedom and everyone's right to read," says Whitney.

# **Frequently Challenged Books**

The ALA's Office for Intellectual Freedom (OIF) receives reports from libraries, schools, and the media on attempts to ban books in communities across the country. According to OIF, they compile lists of challenged books in order to inform the public about censorship efforts that affect libraries and schools.

# Top 10 most frequently challenged books of 2014

1) The Absolutely True Diary of a Part-Time Indian by Sherman Alexie

Reasons: anti-family, cultural insensitivity, drugs/alcohol/smoking, gambling, offensive language, sex education, sexually explicit, unsuited for age group, violence. Additional reasons: "depictions of bullying"

2) Persepolis by Marjane Satrapi

Reasons: gambling, offensive language, political viewpoint. Additional reasons: "politically, racially, and socially offensive," "graphic depictions"

3) And Tango Makes Three by Justin Richardson and Peter Parnell

Reasons: Anti-family, homosexuality, political viewpoint, religious viewpoint, unsuited for age group. Additional reasons: "promotes the homosexual agenda"

4) The Bluest Eye by Toni Morrison Reasons: Sexually explicit, unsuited for age group. Additional reasons: "contains controversial issues"

5) *It's Perfectly Normal* by Robie Harris Reasons: Nudity, sex education, sexually explicit, unsuited to age group. Additional reasons: "alleges it child pornography"

6) Saga by Brian Vaughan and Fiona Staples Reasons: Anti-Family, nudity, offensive language, sexually explicit, and unsuited for age group. Additional reasons:

7) *The Kite Runner* by Khaled Hosseini Reasons: Offensive language, unsuited to age group, violence

8) The Perks of Being a Wallflower by Stephen Chbosky Reasons: drugs/alcohol/smoking, homosexuality, offensive language, sexually explicit, unsuited for age group. Additional reasons: "date rape and masturbation"

9) A Stolen Life Jaycee Dugard Reasons: drugs/alcohol/smoking, offensive language, sexually explicit, and unsuited for age group

10) *Drama* by Raina Telgemeier Reasons: sexually explicit

# Campus safety procedures discussed at forum

By Jesse Rose Staff Writer

The DMACC Boone campus and the Boone Police held a special joint meeting for staff and students on Oct.12 to discuss safety in the school and what to do if a gunman would enter the school.

"We have a really good relationship between the police force and DMACC," said Boone Chief of Police William Skare. He said that they have frequent conversations about how to keep the school safe in case of an emergency.

If a tragedy would strike, Skare and the rest of the police force have a game plan. "Communication is key. We will be looking for the location of the bad guy so we can stop the threat as soon as possible. Our goal is keep to as many people safe as possible."

Officer Dave Powers added this: "We have to look past the news and the media. Schools are still some of the safest places to be." He said that the police force is ready to protect the school and has the appropriate training to do so. "We obviously hope we never have to deal with this, but we need to have the knowledge in case we do."

Powers said that students need to be ready and be aware of what to do if a emergency, such as a school shooting, would take place at DMACC.

"Anyplace you are, you need to be aware of all the exits in case you would have to run in case of an emergency."

Powers said that if people don't have the opportunity to run, the next options would be to hide or fight.

Powers said it is important for students to have the necessary training to deal with an active shooter. The ALICE training program has been made available to DMACC staff and students. ALICE stands for alert,



Officer Dave Powers

lockdown, inform, counter, evacuate. Information about the ALICE training program is available on the DMACC webpage at the security link.

DMACC student Alison Meehan said this of the presentation on Oct. 12: "It was really good to hear about shootings and other emergencies from a cop's perspective. It made me feel a little better knowing what I can expect and what's really the best option and plan of action if something like that were to ever happen here."

DMACC scheduled the program in the wake of a recent shooting at Umpqua Community College in Oregon on Oct. 1.

\*This story originally appeared online on 10/14/15.



Photos By April Schumann/Banner News

Boone Provost Tom Lee, Police Chief William Skare, Officer Dave Powers

# **DMACC Safety Information**

www.dmacc.edu/safety/Pages/ welcome.aspx

DMACC has active Safety/Building Captain Teams that represent all staff and facilities within the college. Committee members are comprised of individuals with the responsibility and authority to act on safety concerns, and are typically Provosts, Deans, Managers and Directors. The Safety/ Building Captain Teams are chaired by the Director of Campus Safety & Emergency Management. Safety concerns can be addressed to any Safety/Building Captain Team member, or the Director of Campus Safety& Emergency Management at ext.



**Police Chief William Skare** 



## STEPPING UP

Healthy Walk Oct. 7

DMACC students and staff take time for a one-mile walk at noon as part Healthiest State Initiative.

Photos by Jesse Rose/Banner News





# Play Time Outdoor piano set up on campus

Boone's traveling outdoor piano was set up on campus Oct. 12-19 outside Door 3. To encourage everyone to play, the Boone Student Activities Council sponsored a contest: Take a selfie playing the piano. The top photos would be published in the Banner News on our Facebook page and in print. The lucky pianists also received a \$5 gift card to Subway. The contest was open to anyone who wanted to play. Thanks to all who participated.



**Dustin Reis** 

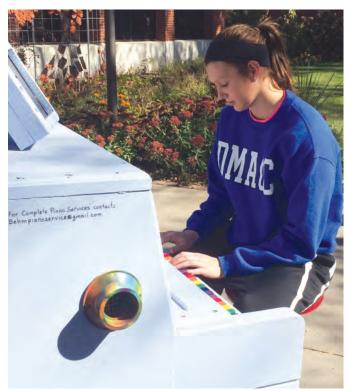


**Mackenzie Fuller** 

**April Schumann** 



Shayla Dean and Angel Agoth



KelseyPretz



**Professor Mary Beth Hanlin** 

# ntertainment

## **Los Angeles Times Daily Crossword Puzzle**

Edited by Rich Norris and Joyce Lewis

- **ACROSS** 1 Lose brightness 5 Sonic the
- the Ball Game" instrument
- 14 High-resolution film format
- 15 Spanish cross
- 16 Lariat loop
- nickname for the Pacific states
- 19 Up and about 20 Catch in a snare 21 Departs
- 23 Tiler's calculation 25 Civil War side:
- Abbr. 26 Deep voice 29 Mexican seafood entrée
- 35 European peak 36 Delivered from
- the womb 38 Trix or Kix 39 Rubber roller
- 41 Puccini title soprano whose name is an anagram of the ends of the four
- longest puzzle answers 43 Designer Schiaparelli
- 44 Nevertheless 46 Geological timespans
- 48 Put a match to 49 Protective botanical layers
- 51 Uneven, as a leaf's edge
- 53 Everything 54 "Gone With the
- Wind" plantation 56 When the cock crows 61 Gospel writer
- enshrined in a Venice basilica 65 To no \_
- fruitlessly 66 Foppish 68 Esther of "Good
- Times' 69 Bendable joint 70 Lake on New

Hedgehog developer 9 "Take Me Out to 17 Political

#### By Jerome Gunderson

- 71 140-charactersor-less message 72 Like much cheese and wine
- 73 Scream
- DOWN 1 Submit one's
- taxes 2 "You said it!"
- 3 Inane 4 Crowd scene actors
- 5 Mouthwash brand 6 Significant time
- 7 Speak effusively 8 Early Mexicans 9 At the movies,
- perhaps 10 '90s candidate H Perot
- 11 Attend 12 "Yeah, sure" 13 Soft ball maker
- 18 Chocolate
- substitute 22 Waste receptacle 24 Dr. J hairstyle 26 Motel in a
- Hitchcock classic
- 27 Energetic
- 28 Shopping frenzy 30 Map in a map 31 "\_\_ you coming?"
- INASEC SCULPTURE
  - 56 Blowgun projectile
- 32 String quartet member 33 Fertile desert spot
- 34 Pool table slab 37 "Becket" star Peter 40 Come to a close 42 Price
- 45 Miss in the game of Clue 47 Mattress choice 50 49th state

52 Jazz pianist Lewis

55 Showed curiosity

- 57 Swear to be true 58 Third-oldest U.S. 59 Irascibility
- 60 Mattress choice 62 Good-sized backyard 63 Churn up "Power Hits"
- series record 67 Robert E.

# Your weekly horoscope

(TNS) Aries (March 21-April 19) -- Today is an 8 -- The next two days favor communications, transportation and research. You're especially clever under the Gemini Moon. Craft plans, outlines and sketches. Detail logistics. Produce and promote upcoming events. Participate in a bigger conversation.

# Taurus (April 20-May 20)

-- Today is an 8 -- Keep track of all the money flowing in today and tomorrow. Don't just spend it all. Stash some for home improvements and feed the rainy day kitty. Resist the urge to splurge. Get items in the budget.

Gemini (May 21-June 20) -- Today is a 9 -- You're especially strong and confident today and tomorrow. Ask for what you want. Be bold for a cause. Take on something larger than yourself. Focus on a broader goal. Motivate others to get involved.

Cancer (June 21-July 22) -- Today is a 6 -- Finish a project in private today and tomorrow. Slow down and consider options. Look back to acknowledge the ground taken. Assemble files and photos. Take time for spiritual reflection and meditation. Brilliant ideas come when you're relaxed.

Leo (July 23-Aug. 22) -- Today is an 8 -- Your friends come through for you the next couple of days. Your team is on your



side. Get the word out about a group project. Together you can surpass obstacles. Love melts all barriers.

Virgo (Aug. 23-Sept. 22) --Today is an 8 -- Consider your career over the next two days. New opportunities have you tantalized. Which to choose? Forge ahead into the spotlight. Your work is receiving attention. Clean up your presentation. Step up to the next level.

Libra (Sept. 23-Oct. 22) --Today is a 7 -- Today and tomorrow favor travels and studies. The news or weather may affect your decisions. Update your itinerary and keep in touch with home. Learn about new cultures and viewpoints by visiting in person. Try another way.

Scorpio (Oct. 23-Nov. 21) -- Today is a 9 -- Sort, organize and file financial documents. Contribute to managing family money and benefits over the next few days. Gentle persuasion works best. Check investments and manage accounts for growth. Collaborate and get everyone pumped up.

Sagittarius (Nov. 22-Dec. 21) -- Today is a 7 --You're entering a two-day partnership phase. Compromise. Negotiate for a win-win situation. Emerge victorious on a shared goal. The two of you are far more powerful together than either separate. Advance to the next level, and celebrate.

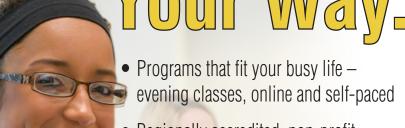
Capricorn (Dec. 22-Jan. 19) -- Today is a 9 -- Begin a new two-day phase in your work. Your services are in increasing demand. Put in structural supports to manage it ... delegate and divert the flow. A rising tide floats all boats. Work smarter,

Aquarius (Jan. 20-Feb. 18) -- Today is an 8 -- Have fun today and tomorrow. Play games and devote yourself to favorite activities with favorite people. Share a meal with someone entertaining. Take advantage of a harmonious mood. Relax and indulge in delicious romance.

Pisces (Feb. 19-March 20) - Today is a 6 -- Home projects take on a life of their own today and tomorrow. Keep expenses reined in. Spend what you've budgeted to make improvements. Settle into your newly feathered nest and get comfortable with homemade baked goods.

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