

Des Moines Area Community College Open SPACE @ DMACC

Banner News

Student Work

10-5-1994

Banner News

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Bear Facts

Des Moines Area Community College-Boone Campus



What's your drinking GPA?

"Students who drink today... do it for the sole purpose of getting drunk." -Rich Parizek
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TONY'S
PRESENTS A GOOD TIME EVERY NIGHT
DMACC SPECIALS
 MON. Free Pizza 8p.m. to 10p.m.
 TUES. & Thurs. Hamburgers 75 cents 6 to 10p.m.
 All the tap beer you can drink from
 10p.m. to 2a.m. only \$4
 WED. Tacos are only \$1.60 to 10p.m.
 FRI & SAT. live music 9 to 1p.m. NO COVER!
 Karoke every other Sunday night starting Oct. 16th 7 to 11 p.m.

"MAIL FOR MILITARY" BOOSTS MORALE

This year's "Mail for our Military" program is now underway! Mail from participants in every part of the U.S. will be combined and then separated into more than 1,000 packages of varying size sent to units, bases and support agencies (USOs, Armed Services YMCAs, hospitals, ect.) all across the U.S. and around the world.

"Thank you for... The Christmas cards your organization sent to us... This was an important boost to morale!", wrote a Navy chaplain. And from the first sergeant of an Air Force hospital: "The program you have established is very important and useful to boosting the morale of our... Personal... I would like to express my personal thanks... please continue in your efforts and your support."

"Mail for our Military" is a terrific project for students and campus groups, of interest in every locale from which someone is serving, or where anyone is interested in the morale of our men and women in uniform. Scores of individuals, groups, churches, military, schools and colleges are so "into" this program that they send more than 1,000 cards and letters each. To find out what the excitement is all about, and how to help boost morale and spirits at more than 1,000 places all across the U.S. and around the world, interested readers should send a first-class postage stamp for return postage (a stamped, self-address, to: MAIL FOR OUR MILITARY, P.O. BOX 415, FORT CAMPBELL, KY 42223-0415.

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DRAMA-LOGUE



Vanessa Kaufman joins satirical 'Sirens' at the Comedy Store

COMEDY BIT: Vanessa Kaufman, a Comedy Store regular, will join a bunch of funny gals, including Penny Wiggins and Sharon McNight, in the next Sirens Of Satire showcase April 11. Of late, she's noted a distinct change in police enforcement:

"Now that cops have their own show, they seem to be developing an attitude. Don't get me wrong. Cops is a great show. You can actually watch your friends being arrested on TV. Every week I watch. It's like, 'Whoa, I'm glad I left that joint early!'"

Appearing
Oct. 17
11 am
Campus Center
 sponsored by the S.A.B.

Cruise Ship Jobs
 Students earn \$2,000 + monthly, summer-fulltime. Caribbean-Hawaii
 Tour Guides, Gift Shop Sales, Deck Hands, Casino Workers.
 No experience
 (602) 453-4651

Courter, Quinn, Doran & Anderson

Attorneys At Law

809 8th Street
 Boone, Ia.
 (515) 432-1355

From the Displaced Homemakers Office DMACC Boone Campus

If you are a single parent or displaced homemaker (divorced, widowed or spouse is disabled), contact Maggie Stone, Coordinator of the Displaced Homemakers Center --Room 128, to determine if you are eligible for financial assistance towards your childcare and/or transportation costs. Transportation assistance is also available for eligible single pregnant women whose income is limited and who commute from out of town to the Boone Campus. Office hours are 8 a.m. - noon and 12:30 - 4:30 p.m. Monday, Tuesday, and Wednesday.

FREE PIZZA
 SPONSORED BY
BOONE CAMPUS STUDENT ACTION BOARD
 Tuesday, October 11th
 10:30 to 12:30
 In the Student Center

Carlson Travel Network

Boone Travel Agency Inc.
 Charter bus trip
MALL OF AMERICA
\$28
 One day trip to the mall
November 19th
 Leaving 6a.m. from the parking lot at 9th & Keeler
 Returning to Boone by midnight
 For reservations call 432-8033

Something Missing?

Maybe we can help you find it!

You can find other college students at the First Evangelical Free Church
 1407 Kate Shelley Drive, Boone
 432-7690
 and at our college class called
TWENTYSOMETHING
 which meets every Sunday at 9:45 a.m.

Old Codger:



Photo by Sonja Galvan

Ruminations of...The Old Codger

I was sitting outside in the bright sun at one of the tables without those killer bees. At the same table were a couple of our more advanced-thinking students having a discussion, of sorts, into which I juxtapositioned myself. "Irony" was the topic and thoughts were being hashed over. It seems one of the people had been subjected to a sample of irony and was trying to embellish on the experience so as to express amazement at having had to suffer this phenomenon.

That's ironic!

Well, being the partially shy, not so desiring of exhibitionistic actions person that I am, I asked a question. "How do you figure?" That is, how do you figure your experience constitutes "Irony?" Opening the door for just about anything that would come out of the student's mouth, I listened to a scenario of a discussion the student was a part of on "Banned Books" when he was accosted by another student. Here was my friend spouting his views on banned books, when all of a sudden he was assailed with a... 'Why don't you just shut up?', or something to that effect.

I inquired as to his reaction to a statement such as this and was told, "I kept on talking!" The irony was obviously the fact that he was expressing his views on banned books and free speech when an attempt was made to abridge his right of expression. Now, my friend isn't married or otherwise he would have been

accustomed to being abridged almost every day or at least once a week in his home. His children might have the tendency to ignore him because they wouldn't tell him to "shut up" or his wife might say to him something like, "That doesn't make sense!"

And he obviously wasn't on a bowling team where his fellow bowling teamers express themselves a little more strongly to him in their choice of words attempting to abridge his right to express himself with the three or four gutter balls he's thrown. Or certainly he doesn't work for a boss who has this gargantuan way of telling him his ideas on how his job should be performed are as welcome as a sack of --- thrown on his porch during Halloween. This student's awe at the irony that was suffered goes on every hour of every day of every week of every month of every year in a person's life; at least, it does in mine...How about yours?

To audit or not to audit

And speaking of "IRONY." I came upon a discussion where one student was telling of how many credits she was taking this semester and that because of the load and homework and the instructor, she was considering dropping the course. She didn't want to exactly drop the course because of how it would effect her grade point nor did she want to continue with the course because she was certain to fail it which would cause damage to her grade point, too. Talk about irony! In the handbook you receive with your registration there is a little-read paragraph

about AUDITING a class you're having difficulty with.

To audit a class all you have to do is go to the front office (before it's closed off due to construction) and pick up a drop-add slip. Fill it out as to which class you want to AUDIT as if you were going to drop it, only write A U D I T on it and give it to the instructor concerned, take it back to the office and give it to one of the fine women at the desk and your STRESS IS OVER! Why? The "IRONY" of it is that you don't have to take any of the tests given in the class, you can attend without having to do the assignments, you will receive no grade to affect your GPA, but you can repeat the class another semester with a better understanding of the material.

Now listen up! YOU DON'T GET A REFUND ON THE CLASS, but, NEITHER DO YOU HAVE TO TAKE A GRADE THAT WILL THROW YOUR GPA DOWN THE TOILET. Be sure to see your counselor or George Silberhorn before you take this step! There may be effects by taking this action that you don't want to happen. I only bring it up because I have heard the conversation I related to you more than several times this semester. GOOD LUCK!

Que pasa?

Well, I'm tutoring Spanish again this semester. I have a wonderful, attentive group of students who are constantly challenging my abilities. They are doing just what they are supposed to do; ask questions. I only hope the answers I give are of help. I can say this about that; I have seen a lot of improvement in their knowledge and thinking about the language over the past week or so. It's very rewarding to be able to share some small amount of knowledge with them in order to try to help them better understand what they want to know.

Well, those are the ruminations of this Old Codger for now...My own classes seem to be going well (at least, those I haven't AUDITED!) Halloween is almost upon us which means the year is almost over for 1994. I can hardly believe that the President and Mr. Clinton have been in office

for just two years! To me it seems as if it's been a lifetime since I voted against him. I hope his decision to run again for the office or not will not take the form of the on again, off again foreign policy we have all come to know and love so much! And, ahem, and again I say, "Ahem," hoping to get the attention of all those looking forward to winter break this year.

What do you think of the governor's race?

Brenda Schultz --

I don't like the idea of the death penalty as the only main issue. I think Branstad is pushing it so much since it's an election year.

Alyssa Pringle --

We need a new governor. He hasn't done anything and change is a good thing.

John Turner --

It's time for a change. Branstad has been there long enough and just about anyone will do better than him.

Matt Karwoski --

The race has been focused on the crime issue. Campbell doesn't have the experience that Branstad has and may not be able to run the state as well.

Shirley Cloud --

They are both being very childish. They should be more interested in the platform rather than bickering with each other.

Staff Editorial

Just recently the Student Action Board held their first meeting of the year; why it took them over one month to arrange this is rather unusual. Normally an organization such as this one, should have already met and possibly organized themselves for the upcoming year.

Once they did meet, there were only a few major topics discussed. The SAB did however decide to have a free pizza feed next week. That was only one of the very few topics that actually concerned the DMACC students. Other major topics on hand was the exciting trip the SAB was taking at the end of the month. And how it would be so much fun and basically inexpensive to the members. The reason for the trips and conventions that the SAB attend are to help become better leaders and communicators. The results of this have yet to be seen.

The leadership of the Student Action Board is lacking in the communication it has with the students and faculty. If they try to work with them then maybe they would be a little bit more successful. As for the objectives of the SAB, possibly they should consider the students and school instead of self gain and enjoyment. Remember the organization has the word action in it, something that obviously has not yet been taken or seen.

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October 5, 1994

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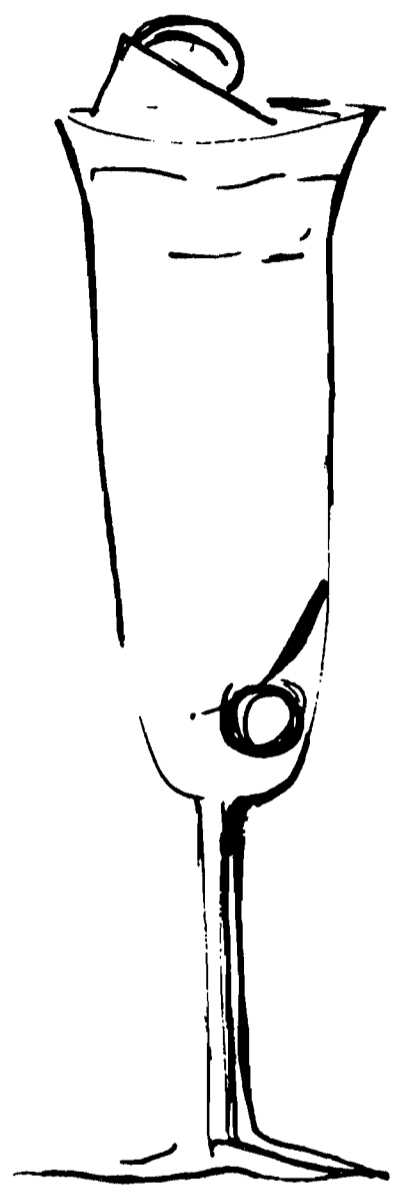
Executive Dean—Kris Phillips

Printed by *Boone News Republican*

Going Over The Dange

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- One in three college students now drinks primarily to get drunk.
- 8% of college students drink an average of 16 or more drinks per week.
- The average college student imbibes 34 gallons of alcoholic beverages a year.
- Estimates of alcoholism range from 10-15% of the college population.
- Studies indicate that some one million students are genetically predisposed to becoming alcoholics.
- Each year, students spend \$5.5 billion on alcohol, more than they spend on soft drinks, tea, milk, juice, coffee, and books combined.
- On a typical campus, per capita student spending for alcohol--\$446 per student--far exceeds the per capita operating budget of the college library.



By Rich Parizek
Bear Facts Staff Writer

"We must teach our children that alcohol is a drug."

-- George Bush

The way students drink has changed in the last twenty years. Though students have always socialized and consumed alcohol on a Saturday night, students who drink today are more likely to consume up to and more than five drinks in one sitting, and not just on the weekends. Students now go on "binges" several nights a week. Students who drink today, drink with greater quantity and with greater frequency than ever before, and do it for the sole purpose of getting drunk.

Binge drinking is defined as the consumption of five or more drinks in one sitting. Experts are especially worried about people who consume eight drinks and up per sitting, but five is the cutoff for some very good reasons.

When an average person consumes five drinks their body changes, whether they realize it or not. Physically the body wants more alcohol, and judgement becomes impaired. Also, this is about the time the blood alcohol content hits that magic number of .10. For those of you who don't know in the State of Iowa when your B.A.C. reaches .10 you are legally drunk.

Central Iowa within national figures

On the average 42% of all college students have engaged in a bout of heavy drinking in the last two weeks. According to Charles Cychosz, Coordinator of Alcohol Education and

Substance Abuse at Iowa State University, "Ames and Central Iowa fall very close within these national figures, usually within 2% plus or minus." Cychosz added that schools in the Midwest and in the East typically have higher drinking rates than schools elsewhere.

It appears that college students are not the only ones who participate in binge drinking. According to statistics 33% of high school seniors engage in binge drinking at least once every two weeks, and 4% drink on a daily basis.

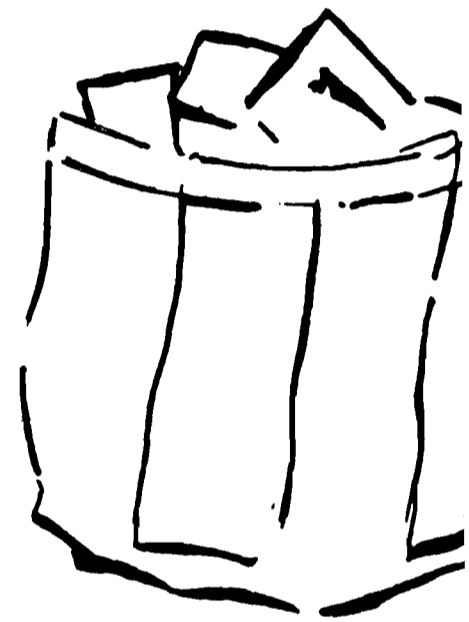


Table 1

Avg. # of Drinks / Week by Grade Average

Grade Avg.	# of Drinks / Week
A	3.6
B	5.5
C	7.6
D or F	10.6

Source: 1991 Core Survey Data

% of Drinkers Who Report Problems Related to E

Drinking Problem	1982
Had a hangover	72.4
Vomited as a result of drinking	44.6
Missed class because of a hangover	22.7
Gotten into a fight after drinking	11.4
Damaged property, pulled false fire alarm	9.2
Gotten a lower grade because of drinking	4.7
Gotten into trouble with school authorities	1.9

Hansen and Engs 1992

ers of Binge Drinking



Binge drinking is becoming such a problem that some states have changed their drinking laws. The state of Illinois has outlawed off-price specials and done away with the "happy hours." Off-price specials are when a bar offers an all you can drink special for a specified amount of time, for a specified price. This encourages the patrons to drink excessive amounts in a short period of time. At first there was resistance to the new laws, by bar owners and patrons alike, but since all bars were effected by the new laws, soon they were accepted.

Bars on a level playing field

According to Cychosz, "The problem of binge drinking with college students is not coming from the bars, but with unregulated drinking i.e. off-campus parties." Bars try to establish a regulated drinking atmosphere. Employees are taught to recognize people who have had too much to drink and refuse service to them. Bars also have other alternatives to just drinking. Almost every bar has a pool table and dart boards, some even have dance floors.

Most bars also offer late night food specials to their patrons.

On the flip side, off-campus parties are just the opposite. At these parties there is just one option, and that comes out of a sixteen gallon keg. This unregulated atmosphere is where a lot of problems come from. It's almost guaranteed that a majority of the people will be under age and drinking heavily since once you buy your cup, it's yours for the night. Since 80% of college students are under age and cannot get into bars, their only option is to go to the off campus parties.

Did you know that if you consume two beers a day and not increase your exercise level that you may gain 31 pounds a year!

Who profits from binge drinking?

College students are major targets of breweries and alcohol distilleries. College students are heavy drinkers of alcohol and more importantly are at the age where brand-name identification can pay off for the breweries. A college freshman who becomes sold on one brand can expect to produce \$15,000 in beer sales for that brand over the student's expected lifetime, and that is in today's dollars. Allowing for modest inflation, that student will produce over \$50,000 in sales for that distributor. In the words of one marketing executive, "Getting a freshman to choose a certain brand of beer may mean that he will maintain his brand loyalty for the next 20 to 35 years. If he turns out to be a big drinker, the beer company has bought itself an annuity."

Police cracking down

Police are also starting to crack down on binge drinking. In Iowa there has been a long standing law that only one keg at

a party may be tapped at once. In the past the police have been lax on the rule giving the tenant a warning. However in the past year the police have been strictly

enforcing the law and confiscating both kegs and taps from the unlawful students.

Another little known law that has been getting a lot of attention lately is the charge of bootlegging. According to the books, no one may sell or distribute alcohol without a liquor license. So when people throw parties and charge three dollars a cup, they are in fact selling liquor without a license. When someone gets to drink unlimited beer for a one-time charge, bad things will happen. There have been several arrests made in the Ames area on bootlegging charges.

Academic Problems

Not only may a student end up in jail because of his drinking problem, he may also be asked to leave school for academic reasons. According to Table 1 students who drink responsibly will get decent grades. But when that number of drinks creeps above eight per week, the grades start slipping and the temporary enrollment notices start flying. As stated earlier, five drinks in one sitting is considered bingeing, but when that person starts consuming eight or more drinks, that's when the problems start and the grades start to drop.

Preventing sips from becoming slips

By Victoria L. Contie
Reprinted from *BrainWork*,

Recovering alcoholics know that they should never underestimate the power of a single drink. One slip often leads to a binge and a return to old behaviors. But mounting evidence suggests that the drug naltrexone, which blocks the brain's opiate receptors, improves the outcome of psychotherapy by helping to prevent relapse and reduce alcohol-induced feelings of euphoria when alcoholics backslide. The drug also appears to diminish craving in abstinent alcoholics, according to data from ongoing clinical trials at the University School of Medicine.

These and similar studies in animals are helping researchers to understand the complex neuropharmacology of alcoholism, a disorder that affects more than ten million Americans. Although researchers are not yet close to reaching a consensus regarding the genetic and biochemical factors that drive alcohol abuse, several neurotransmitters including dopamine and a class of compounds known as beta-endorphins, or endogenous opioids, are considered to be key players.

To date only one drug, disulfiram (Antabuse), has been approved for the treatment of alcoholism in the United States. This drug blocks the effects of an alcohol-dismanting enzyme and leads to the buildup of acetaldehyde, a toxic by-product of alcohol metabolism. Antabuse thereby makes users sick when alcoholics fail to take their prescribed remedy.

A Yale team headed by Stephanie S. O'Malley found that patients who received a combination of naltrexone and coping skills for reducing stress without the use of alcohol, had substantially fewer relapses after a single drink compared to patients who were given other treatment combinations.

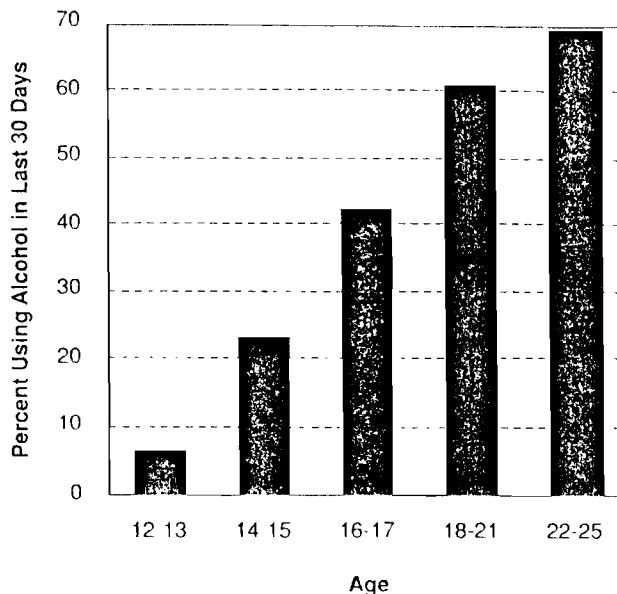
Naltrexone is generally well-tolerated, although nausea, the most common side effect, can be severe, causing 10-20 percent of patients to drop out of the studies. These symptoms usually appear soon after the start of treatment and can sometimes be alleviated by reducing the dose of naltrexone.

The scientist emphasize that naltrexone should be considered a complement to, and not a replacement for, psychotherapy, which is an essential component of recovery. "There is no magic bullet for treating alcoholism," O'Malley states.

Drinking

1985	1988	1991
73.3	73.9	75.1
77.1	50.1	52.4
77.0	25.9	28.5
41.8	14.7	16.9
29.8	11.0	10.3
16.1	5.8	6.6
11.8	2.7	2.4

When Do Kids Start Drinking?



Source: National Household Survey on Drug Abuse, 1988

S.A.B. reps named

By Erin Ellis
Bear Facts Staff Writer

Candidates for the 1994-95 DMACC-Boone Campus Student Action Board are Isha Anderson, Anita Dargy, Chad Miller, Daniel O'Lena, Duanna Vinchattle and Linda Smith. "These students are dedicated to the Boone Campus student body," said S.A.B. faculty advisor, George Silberhorn. Nomination papers were filed and the candidates collected student signatures to indicate support. These were due Sept. 19.

Elections for the S.A.B. will not be held this year due to the low number of nominees. Six students were nominated for six available seats. The deadline for nominees was extended with no further interest shown.

The student body was informed of nominations through the electronic message center, posters in the hall and also an announcement went out to the activity advisors.

The S.A.B. will attend a leadership conference Nov. 4-6 in Des Moines, for all community college campuses in Iowa. A turnout of 180-200 students are expected. The conference features motivational speakers and seminars on time management, marketing, parliamentary procedure, multi-cultural student bodies, trusting others and diversity.

The first meeting of the S.A.B. was Oct. 3. They plan to schedule activities and entertainment, plan the 1995-96 student budget, and attend the leadership conference.

Abnormal psych studies eating disorders

By Merridith Stone
Bear Facts Staff Writer
Notes by Sharon Nowlin

Margaret Powers Wallis, talked with the developmental psychology class about her experience of having Anorexia. Wallis, herself, is anorexic, and talked about how she has gone from weighing 97 lbs to 115 lbs after getting help.

The first things she talked about were the few signs that an anorexic may show. One of the first signs is in appearance. An anorexic person tends to wear layered clothing to cover up his/her body. This person is critical of personal appearance and avoids mirrors. An anorexic also has very low self esteem.

Another sign would be a large weight loss in a short amount of time. Anorexics tend to have strange eating rituals, like cutting their food into small pieces to give the appearance that there is more food on their

plate. It usually takes the person five to ten minutes to eat a meal.

A person with this eating disorder will begin to binge and purge, which means they eat a lot in a short time and then induce vomiting because they feel guilty for eating all the food. This may lead to secret eating, containing meals of three hundred calories or less, and waiting until early morning or late at night to eat.

An anorexic will also exercise heavily for long periods of time to work off the food they have eaten, in a quest for that perfect body.

Anorexia is an eating disorder, and if not treated, a person can eventually die of malnutrition. If you know a person who has these signs, you should get them help. This

person needs to get a physical right away to find out what damage has already been done.

Art department takes trip



By Sharon Nowlin
Bear Facts Staff Writer

Photo by Sharon Nowlin

Kay Baldus a new instructor at DMACC-Boone Campus teaches drawing and painting class and art appreciation. Recently, she took her students to tour the Blanden Memorial Museum in Fort Dodge.

Baldus shows her own work at the Iowa State Fair, MacNider Museum at Mason City; Tempe, Arizona, and Blanden Art Museum.

Meg Beshey is the museum educator at the Fort Dodge museum. The neoclassic building frames some local and distant artists. The 1994 Fort Dodge Juried Exhibition was on display along with artists Jo Phillips (wife of Dean Kriss

Philips), Setsy Rice, Richard Hanson and Maureen Seamond.

One artist, Irene Mors, is vision and hearing impaired. With the help of a magnifying glass and sense of touch, she creates beautiful ceramic objects.

DMACC-Boone Campus students on the trip included Dee Onnen, Rachel Ostenberg, Sherri Murken, Karolyn Bennett, Holly Seifert, Sandi Wikstrom, Daric Wolf, Valerie Iverson, Matt Hovar, Janette Jorgenson and Sharon Nowlin.

Future trips are being planned to the Des Moines Art Center and Brunnier Gallery at I.S.U.

Entrance off limits 3-4 weeks

By Adam Wile
Bear Facts Staff Writer

The building project on DMACC-Boone Campus, is seeming to go very well. According to Dean Kriss Philips, "The Boone campus remodeling and expansion project is progressing well and appears to be on schedule. It is exciting to watch the progress unfold each and every day.

"There has been very little inconvenience to students and employees thus far. However, any time after this week, we can

expect the construction workers to begin working on the new south entrance just outside the admissions office. Therefore, this area will not be accessible for three or four weeks. Access to the building will be available from the west patio entrance and the north entrance.

"As we go through this phase of the project, hopefully you will keep in mind that this small inconvenience is necessary to cause a timely completion of the Boone campus expansion and remodeling." Everyone's cooperation is very much appreciated, stated Dean Philips.

Rotaract: Here to help

By Sharon Nowlin
Bear Facts Staff Writer

"There are many areas that we could use help in. We need new members with new ideas and help with the old ideas. We are a club of helpers. We have fun doing it, and it's a family affair," states Bev McPhillen, vice-president of Rotaract Club.

This year Rotaract Club is active with the Rotaract Steak Fry, food pantry drive, student banquet, campus cleanup and scholarship. Planned events include a Halloween potluck with door prizes, mitten and hat box, senior angel adoption, and nursing home decoration.

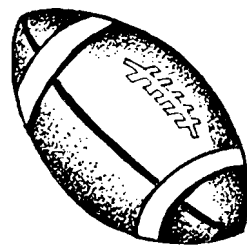
Rotaract helps many causes locally and overseas. Dan O'Lena is president of the Boone Campus chapter. Lee McNair is the Boone Campus advisor.

Winners announced

Recently, Rotaract staged a contest where Boone Campus students were given a chance to win prizes for guessing the number of toothpicks in a jar. The number of toothpicks, for all you who ventured a guess, was 1,863. The winning number was guessed by Manda Kraft, Boone, who won a three foot submarine sandwich donated by Subway of Boone. Amy Glenn, Ames, won two tickets to see Lee Greenwood in concert donated by Jan LaVille, DMACC instructor. Other prizes went to Saeed Elmoutawakel, Ames, 10 gallons of gas donated by Condon's Services of Boone; Janelle Greiner, Ames, Wildheart Cologne, donated by Bilden's Sav-Mor Drugs of Boone; Dodah Dunane, Ames, Red Cologne for Men, donated by Rotaract; Theresa Davis, Carroll, Russell Stover

Caramels, donated by Rotaract; Debra Svaleson, Madrid, wildlife bird feeder, donated by Rotaract; Amjad Farhan, Ames, decorated one-fourth sheet cake donated by Fareway Stores of Boone; and Susan Johnson, Perry, 1,863 toothpicks, donated by Rotaract.

Women's hoops get jumping



By Angela Cherryholmes
Bear Facts Staff Writer

"In the first week of practice we will be focusing on conditioning," said Coach Criner. He looks forward to working with three area players. They are Casey Jones of Boone, Nickie Feeney of Boone, and Jill Duncan of Woodward-Granger. All three of these athletes signed with Coach Criner previous to this upcoming season.

Coach Criner has two returning players and eleven newcomers, and he still could use two or three more players added to the team. If anyone would be interested in playing for the Lady Bear's call Coach Criner at 1-515-432-7482.

The DMACC Women's Basketball team's first game of the season is here at home against Kirkwood Community College on Nov. 16 at 6:00 p.m.

This may be only the first week in October, but soon we will again be hearing the familiar sounds of basketball practice: The sound of the ball bouncing off of the hard-wood floor, the echoing squeak of shoes grabbing for traction and the swoosh of the net after a made shot. All three of these characteristics can be found on Oct. 10, the first day of DMACC women's basketball practice.

According to Coach Dick Criner the first week of practice will be held in Ankeny. The next will then be in Boone. Practices alternate throughout the season because of the players coming from all the different DMACC Campuses.

DOE science and engineering research semester offers cutting edge research

If you are a sophomore studying computer science, engineering, physics, environmental and life sciences, mathematics or physical science, the Science and Engineering Research Semester (SERS) offers you the unique opportunity to do hands on research with some of the nation's top scientists at one of seven national research laboratories during the academic year.

The U.S. Department of Energy (DOE) is sponsoring the program to encourage undergraduate students to continue their studies in science and engineering. More than 400 students annually receive SERS appointments at one of the participating laboratories. These laboratories include Argonne located outside Chicago; Brookhaven on Long Island, N.Y.; Lawrence Berkeley near San Francisco; Lawrence Livermore at Livermore, Calif.; Los Alamos National Laboratory in New Mexico; Oak Ridge National Laboratory located in Tennessee; and Pacific Northwest in Washington state.

Participants become members of research teams engaged in long-range, intensive investigations at these outstanding facilities. Fields of study include but are not limited to artificial intelligence, biomedicine, basic and applied chemistry, earth and space sciences, environmental and life sciences, mathematics and computer sciences, high energy and nuclear physics, reactor physics, engineering, geophysics, waste technology, nuclear medicine, and automatic inspection/measurements system. A more detailed listing of research area at all participating laboratories is available

in the application brochure.

While the emphasis of the program is hands-on research, SERS also includes an educational enrichment component. Participants attend seminars and symposiums sponsored by the divisions at their laboratory and have the option of enrolling in a course at a nearby university or college. Students are also encouraged to arrange for the granting of academic credit by their home institutions for the research semester, thus staying on track for graduation.

To be eligible for participation in SERS, students must have completed the sophomore year at an accredited U.S. community college or a four-year college or university. Applicants must be a

U.S. citizen or permanent resident aliens interested in pursuing a degree in computer science, engineering, environmental or life sciences, mathematics, or physical sciences. A limited number of appointments are also available within six month after graduation for student not enrolled in graduate school. Guidelines suggest an overall grade point average of 3.0 or higher, based on A=4.0. While in the program, SERS participants will receive a weekly stipend of \$225 per week, housing, and travel reimbursement for one round trip to the appointment site.

For more information on the SERS program, contact: Science and Engineering Research Semester; 901 D Street; Suite 201 A; Washington, DC 20024; (202)488-2426.

The application deadline for the 1995 spring semester is October 20. The 1995 fall term deadline is March 15, 1995.

Pigskin Picks

Minnesota at New York Giants
Chicago at New Orleans
Miami at Buffalo
Detroit at San Francisco
Kansas City at San Diego

Turn in your picks to room 210, the Bear Facts room, by Friday October 7. Weekly prizes are given for the most correct responses and winners will be announced in the next issue.

Intramurals offered for students

By Angela Cherryholmes
Bear Facts Staff Writer

In a recent press release Kriss Philips, Dean of the Boone Campus, and Jim Evans, Executive Director of Heartland announced that Heartland will organize and administer the DMACC intramural program. The program will consist of a Men's Basketball league and co-ed volleyball league.

"It just made sense to work together and combine our resources for the benefit of the whole community," said Philips. "With Heartland's tradition of organized recreation and DMACC's outstanding physical facilities, it just seemed like a good marriage."

Men's Basketball leagues will be scheduled on Tuesday evenings from 7:30 p.m. at the DMACC gym. Sign-ups will be through Saturday, Oct. 8. Co-ed volleyball will be scheduled on Monday evenings at the Heartland gym and Thursday evenings at the DMACC gym.

The cost of participation in the basketball and/or volleyball leagues for DMACC students is already included in their student activity fee. Leagues will play through December 15 to coincide with the end of the Fall semester for DMACC on December 20. For further information call Heartland Health Center at 432-5925.

Interest shown in Bear recruits

By Ryan Petersen
Bear Facts Staff Writer

There is a certain excitement as the men's basketball team prepares to step onto the hardwood again. A new coach and more participation fuel the team's enthusiasm.

Tryouts started three weeks ago and 27 athletes showed up to compete. This was a huge improvement over last year when only 13 people tried out for the team and only nine were still competing at the end of the season.

Along with this interest there comes the chance of disappointment. Only 15 players make the team, which means that many of these players are cut. This decision is made by having tryouts through Oct. 1.

"During the tryouts, I look for a combination of good team play and overall skill," said Coach Russ Jones. "It's more important to look for that now than when they were in high school. They can get away with

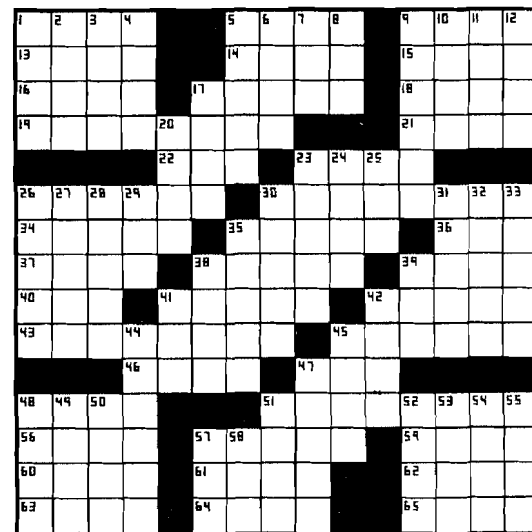
having only one good player, where we need all five to be at that level."

Part of the reason that there is an increase in participation is because of the improvements in recruiting. Recruiting is done by going and watching the ballplayers perform during games and also through a scouting service magazine. This magazine is a monthly publication that reports on basketball recruits throughout the country. This allows the coaches to get to know the players' skill and academic level even before they meet them or watch them play.

DMACC's season begins on Nov. 4, at 8 p.m. where they will play an exhibition game at home against the Athletes Against Substance Abuse. This team features former Division 1 athletes, which include some former Iowa, Iowa State, and Drake ball players. The Bears' regular season begins at home on Nov. 16 at 8 p.m. against Kirkwood.

GRAY OR GREY?

- | | | | |
|---|--|------------------------------|--------------------------------------|
| ACROSS | was one | 9 Gray _____ brain | 38 "_____ me up." <i>Star Trek</i> |
| 1 "Do it or _____!" | 57 Hurled | 10 Instrument | 39 Greyhound |
| 5 Use an ax | 59 "The old gray _____, she ain't what she used to be" | 11 _____ Gray Game, football | 41 Metric units (abbr.) |
| 9 Disorderly crowds | 60 _____ Grey tea | 12 Conf. per. | 42 Window glass |
| 13 Oolong and green | 61 Topnotch (hyph.) | 17 Rodents | 44 _____ gray _____ of Hercules |
| 14 Gray _____ mark of age | 62 _____ mater | 20 _____ Grey, actor | 45 Hunger _____ |
| 15 Skillful | 63 If this fits, wear it | 23 Boxer Max's | 47 French painter |
| 16 Take _____, swim (2 wds.) | 64 See 47A | 24 One Kennedy (2 wds.) | 49 <i>Planet of the _____</i> , film |
| 17 Assembly | 65 Close by | 25 Sis or bro. | 49 Ark man |
| 18 39D says "Leave the driving _____" (2 wds.) | | 26 Prophetic signs | 50 Before dynamics or gram |
| 19 _____ Grey, Henry VIII wife (2 wds.) | DOWN | 27 Cattle roundup | 51 New Mexico tribe |
| 21 Golf needs | 1 And others (abbr., 2 wds.) | 28 Farewell | 52 Federal agent (hyph.) |
| 22 Hall-of-famer Mel | 2 Queen of Sparta | 29 Asian lunar New Year | 53 Odd breathing sound |
| 23 Mother Hubbard's cupboard | 3 Spoke | 30 Gray _____, sea mammal | 54 Autnor Bombeck |
| 26 Speaks pompously | 4 Giance | 31 Worshipped ones | 55 365 days |
| 30 Using a hose | 5 Simple melody | 32 Doctor's assistant | 57 Swed. airline |
| 34 Prototype | 6 Revolutionary Nathan | 33 Heredity units | 58 Gehrig or Asner |
| 35 "_____ of Fortune," game show | 7 Follows motor or vegetable | 35 Allergic reactions | |
| 36 Owing | 8 Snoop | | |
| 37 Proofread | | | |
| 38 Gray _____, oldster | | | |
| 39 Brought to life | | | |
| 40 Society page word | | | |
| 41 See 44D | | | |
| 42 Rhythmic beat | | | |
| 43 Compatible one (2 wds.) | | | |
| 45 _____ the buck, shirks | | | |
| 46 Doctrines | | | |
| 47 With 64A, <i>The _____ in the Gray Flannel _____</i> | | | |
| 48 Gray's sci. bk. | | | |
| 51 Western author (full name) | | | |
| 56 Thomas Gray | | | |



Roth returns from stay in Costa Rica

By Sonja Galvan
Bear Facts Staff Writer

Jeanne Roth, a teacher at DMACC-Boone, lived in Costa Rica, the capital and largest city in Central America, for about five weeks last winter. Her husband Jim was on a faculty exchange with the University of Costa Rica. Jeanne and her family, 18-year-old Claire, 14-year-old David, and 4-year-old Emily went along. According to Jeanne, it was a great opportunity for her children to experience living in a different culture.

She said it was very different being a minority. She felt it was a good experience for the whole family.



Photo contributed by J. Roth

Jeanne Roth's daughters, Claire and Emily, enjoy a walk on the beach in Costa Rica. The Roth family lived in Costa Rica for five weeks during the spring semester.



Photo by Sonja Galvan

Jeanne Roth

Jeanne had a hard time communicating with the Costa Ricans because she knew so little Spanish. She also had difficulties doing daily things such as grocery shopping and taking the bus or taxi. Very few people spoke English, so she rarely heard a word of it. "I came back to the U.S. with a much better understanding of what our international students go through," Jeanne said.

The family took Spanish classes while they were there. The rest of the day, Jeanne helped her children with their school work, cleaned her apartment, and spent a lot more time than usual cooking. This was because there was few appliances and she really missed her toaster and vacuum.

Two things that surprised Jeanne about Costa Rica were the way they write their addresses and how they run elections.

All the addresses were given in reference to a landmark. Jeanne's address was 50 meters east and 100 north of the Catholic Church in San Francisco de Dos Rios.

The family also enjoyed watching the elections. They only have elections every four years and all elected officials are replaced at that time. Everyone from age two years old to grandmas and grandpas were campaigning and rallying for their candidate. "It really made American elections look dull,

and it made Americans look cynical and uninterested in our politics," according to Jeanne.

Jeanne's favorite things about Costa Rica were the beaches and the weather. There are wonderful beaches on both the Pacific and Atlantic Oceans, in Costa Rica. Since they were there during the dry season, it was perfect 75 degree weather the whole time. Now that she is back in the U.S., she spends her time teaching developmental reading and writing skills. She also works in the Academic Achievement Center. In her spare time she enjoys reading, gardening, riding bikes, and dreaming about her time in Costa Rica.

Gray or Grey?

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S	H	O	E		S	U	I	T		N	E	A	R	

HOROSCOPE

By Tina Weir
Bear Facts Contributing Writer

- LIBRA (Sept. 23-Oct. 23)** A last minute decision becomes a major event. Go slow and enjoy the ride. Follow your instincts; they are right about your new love.
- SCORPIO (Oct. 24-Nov. 22)** There are two sides to every story. Today might be a good day to be by yourself. This could be one of those days.
- SAGITTARIUS (Nov. 22-Dec. 21)** Take time off today, you need it. You'll find a special love tonight. Slow down for romance.
- CAPRICORN (Dec. 22-Jan. 19)** Control events today instead of having them control you. Tolerate a bossy co-worker/friend, but don't let them bring you too far down.
- AQUARIUS (Jan. 20-Feb. 19)** It's a long road today, keep your chin up. New love sweeps you off your feet this weekend. Be prepared for a long night.
- PISCES (Feb. 20-March. 20)** Get a lot of exercise today. Work hard at what you are doing. A big promotion is in the forecast.
- ARIES (March 21-April 19)** Invite friends over tonight for a gathering. A person who goes out of their way to help other should get to be rewarded.
- TAURUS (April 20-May 20)** A customary gesture is all it takes to win over your special loved one today. Stay in doors and cuddle up with a blanket. Read a love novel.
- GEMINI (May 21-June 20)** Don't be so negative to others today. You will find respect when you give it! Take time out tonight to be with a close one.
- CANCER (June 21-July 22)** Build your new business this week. Profits are rising high today. Go spend money on yourself. You deserve it for a change.
- LEO (July 23-Aug. 22)** Everything you wanted is coming your way for a change. You'll find your special one this weekend. Keep a hold of this one, it might be the one!
- VIRGO (Aug. 23-Sept. 22)** Now is the time to get the thing you need done. A good worker always gets noticed. Look straight ahead and you will find what you are looking for.

New computers for DMACC

By Merridith Stone
Bear Facts Staff Writer

This year there are 23 new computers for student use. These computers were replacements and come with a variety of computer programs. One program available, Grammatic, is available on Wordperfect. Other programs will be available for students next semester.

If students needing to use a computer, can find some available in rooms 202, 212, 215, 218, and 219. You will need a disc, which you can find in the book store, and your social security number, which you need to know to login. If you would like details about an individual program, you can go through the menu after you log in.



FACT

Every twelve hours, Americans create enough garbage to fill the Louisiana Superdome.

TIPS

When shopping, use your own fabric shopping bag which can be used over and over. Or, reuse your old bags.

Please send your tip to:
GREENTIPS, 4830 W. Kennedy Blvd.,
Suite 280, Tampa, FL 33609

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