

Des Moines Area Community College Open SPACE @ DMACC

Banner News

Student Work

11-30-1994

Banner News

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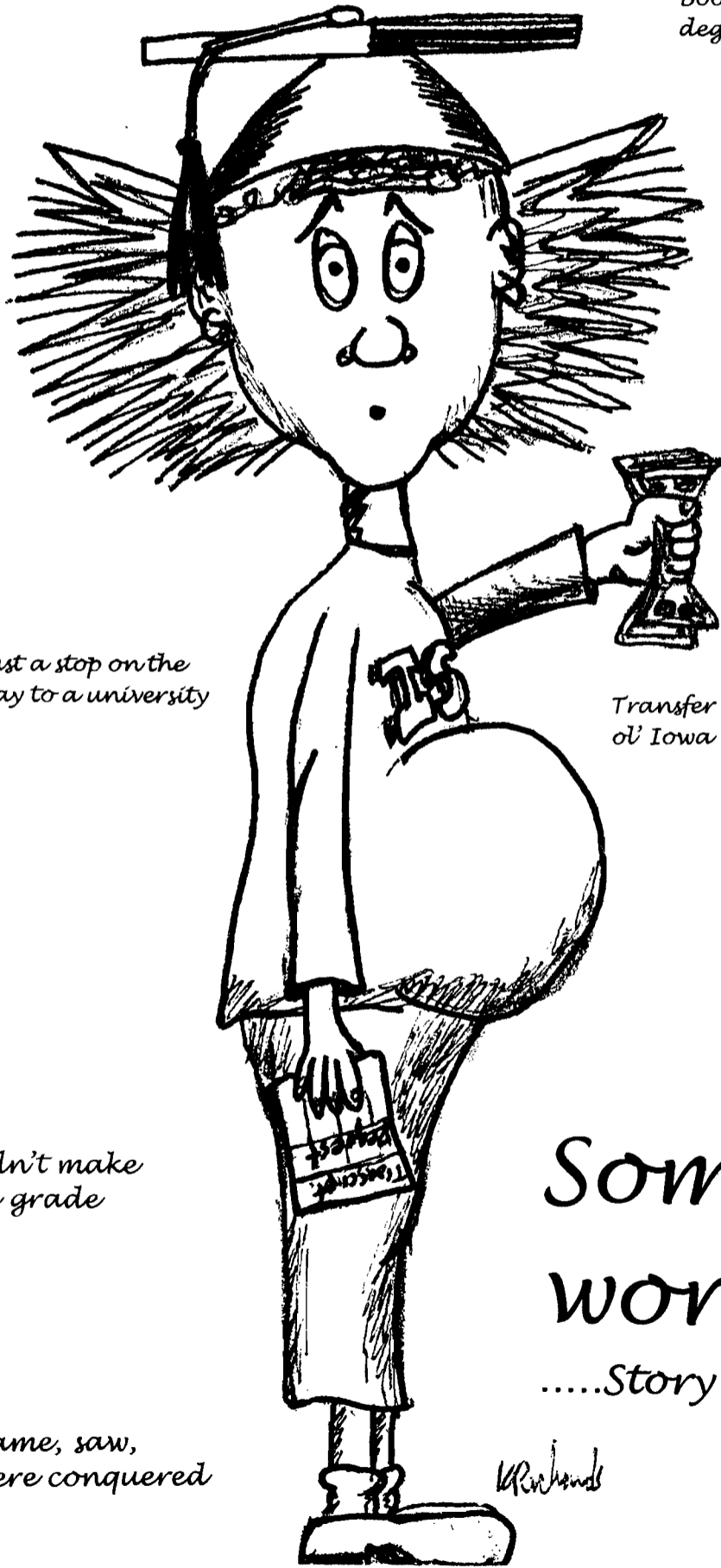
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Authors

Linda Smith, Rich Parizek, Tina Weir, Sonja Galvan, Angela Cherryholmes, Carie Hasselman, Sharon Nowlin, and Ryan Petersen

Bear Facts

Des Moines Area Community College-Boone Campus



Graduating from
Boone Campus
degree program

Stress sends
an SOS

No more dough

Just a stop on the
way to a university

Transfer to good
ol' Iowa school

Family problems
hold students back

Havin' a baby

Didn't make
the grade

Some students won't be returning

.....Story page 6

Came, saw,
were conquered

W. Richards



Photo by Kelly Plumb

Boone Campus evening students enjoy the free pizza provided by Student Action Board in an effort to recognize the night students on campus.

TONY'S PRESENTS

WET T-SHIRT CONTEST

Sunday Dec. 4th at 5:00p.m.

\$100.00 to First Place

Judging on: *Charisma, Appearance & presentation*
First 15 applicants will be accepted and must be 21 years or older

432-6030

BILDEN'S

SAV-MOR Drug
Ben Franklin

Boone's only

1 Hour Photo Lab

9:00 a.m. to 8:30 p.m. Monday-Saturday

Club to tour ISU

Ellen Fairchild from ISU Adult Student Office will speak to Rezoomers Club, Wed. Dec. 7, 10:30 to 1:00. The club will tour ISU. The van leaves DMACC at 2:30 and returns at approximately 4:30. Contact Maggie Stone, Rm 128 for reservations or more information.

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Close the Student Center Party

Thursday, December 1st

Musician and D.J. Tony Santi will be spinning compact discs in the student center from

11 a.m. until 1: p.m.

Eat to the beat!

Students are encouraged to bring their own favorites and close down the center with style!

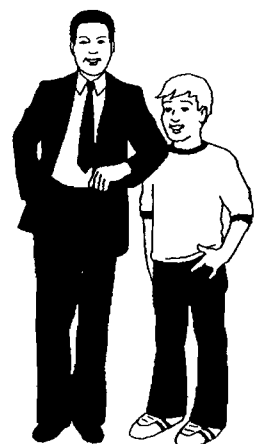
A Student Action Board Activity

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Leather Coats
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The price of knowledge... How much is it worth?

By Linda Smith
Bear Facts Staff Writer

In the search for truth, justice, and the American way, sometimes the searcher snags herself a loose thread that when pulled unravels like a bad sweater. This is one of those things.

Part-time teachers, who teach the same classes that full-time teachers get only about 1/3 of the pay allotted for full-time instructors. Does that mean a part-time teacher is only 1/3 as good as a full-time teacher? Does that mean a part-time teacher has only 1/3 of the responsibilities for teaching the same class? Do part-time instructors do less preparation for class? The answers are clear: NO, NO, and NO. So, why, then, are they paid such meager wages for doing one of the most important jobs on the planet?

WHY DOES IT HAPPEN?

One reason could be that part-timers are like ducks on a pond: easy to shoot, easy to replace. Onlookers might ask: Why don't teachers in that situation band together and fight? Easy, they need a job, and protest is one sure way to the unemployment line. For every part-time job advertised, it's not unreasonable to expect four dozen applications, says one part-time DMACC instructor.

These teachers also face other hardships. If travel is desired or necessary between DMACC campuses, turning in mileage is usually not an option. Also there are no perks like insurance or overload pay. Overload means, for every hour a full-time instructor works over his or her full-time contract, the teacher then makes what part-time teachers make for those additional hours. This year that amount is about \$26 per credit hour.

Part-timers are also restricted as to the number of hours they can teach. A part-time non-contracted teacher can never work more than half time. A full time teacher must teach a full load. For instance, this means that if a section of Comp II, assigned to a full-time

contracted teacher, doesn't fill up, a class from a part-time teacher must be taken away to fill the full-time teacher's contract. One hour over teaching half-time adds benefits, and that is something the DMACC administration doesn't want to do. Think of the very concept: DMACC would have to not only pay a fair wage to part-timers, they would need to pay into unemployment funds and retirement benefits, and that means getting to the root of all evil...money. DMACC is not alone in these business practices, but in the area of education should these money saving methods be so widely used?

THE FLIPPIN' ANALOGY

If two people started flipping hamburgers at McDoggles today, and the manager paid one of the burger flippers \$3,500 per burger and the other guy \$1,100 for flipping the same burger, shouldn't the second flipper be entitled to a 'beef'?

Part-time teachers must love to teach. Who else would flip burgers under these conditions? Why does DMACC do this to its employees? What ever happened to EQUAL PAY FOR EQUAL WORK? Where have we heard that cry before? I bet women readers will know! Speaking of women, what percentage of these part-time teachers are women? According to the Fall '94 schedule, four out of five part-timers in the English department are women. In the Social Sciences and Arts, there are three full-time staff, all male. The part-time count is nine female and six males. The Business department has five-full time staff three men and two women. Their part-time staff is two males and three females. In the math and science department the figures are four full-time males and two full-time females. Part-time numbers are eight males and 3 females.

SEARCHING FOR OPINIONS

When Bill Alley, spokesperson for the Iowa Higher Education Association was asked about the part-time teacher situation and if the union had anything to say in it Alley said, "When it comes to

bargaining, the full-time teachers back the part-timers, right up until the administration asks, 'Who is going to pay for it?' and then no one wants the pay to come out of their own pocket. DMACC nursing instructor Connie Booth current building representative for the teachers' union, said, "A teacher has to teach full-time or a part-time teacher needs a full-time contract to be in the union; however, it is not mandatory for full-time instructors to be in the union." Booth thought there were only two part-time instructors on staff with full-time contracts. Those teachers have full-time contracts without benefits. It is expensive to join the union, about \$400 a year. Booth continued by saying, "A part-time instructor gets the same money no matter what education the instructor may have. Part-time teachers also do not sit on hiring committees or need to keep office hours." When asked why they don't sit on committees, or be more involved, it was thought to be a matter of money.

A drawback to having the extra expense of more full-time teachers is money. Are students willing to give up a program or pay higher fees for classes to help support more full-time teachers? Would the benefits outweigh the costs? These are hard choices the administration must grapple with and the decisions cannot be taken lightly because the effects reach so far.

IS A SOLUTION POSSIBLE?

Maybe it's possible for a compromise on contracts. If there is a full time teacher who doesn't need the health insurance package because of coverage from another source, say a spouse for instance, that person could give up those benefits to a part-time teacher who does need them: same money, different recipient. There must be other options. Teachers who have the knowledge and experience to teach on the college level should be held in high regard, not held up! Maybe the government could really make education a priority. Less lip service and more action from Washington.

TIME TO WAKE UP

Since part-time teachers appear somewhat helpless to assist themselves, maybe it's time for students to take a stand. Speak now, speak clear, use this forum. Dust the cob webs off your first amendment beliefs and write to speak your mind, especially you students who are planning to be future educators. Someday an article like this one could be written in support of you.

The DMACC administration may be following the current business trend. Hiring temps may be smart in the business

world, but this is not only a business, it is an institution that should be committed to the education of its students first. More full-time instructors would mean more contact with teachers for students during regular office hours, a stronger continuity with staff and spreading the extra hours of commitment that full-time instructors now bear. It's important that the DMACC administration respond to these concerns and questions, because DMACC is a vital part of the community. As the campuses expand, so should the commitment of the administration to make it the best college it can possibly be.

Old Codger



Last year about this time my wife went to Hawaii with her sister, the doctor. This year, my son gets taken to Florida for 10 days or two weeks with his aunt, my wife's sister, the doctor. So where does that leave me? Well, I will still be going to school (in the dead of winter) while my boy is lying out in the sun playing with his nephews watching the palm trees and green grass blow in the warm winds of one of our beautiful southern states. Of course, my wife will be going to school here too, but she loves the winter time. She loves all the blustery winds blowing all that waist deep snow around in the way below zero temperatures!

I'm seriously thinking about saving up all my social security checks for the year and taking off this next winter for some place where the sun shines all the time. Some place where the temperature never drops below 70 at night. Some place where the winds are calm and warm during the day. Some place where the fish leap upon your hook even if it's not baited. YA, RIGHT

On another tract, I was reading the Thursday *Register* this Thanksgiving week when I came across a very small article in the National News column. It seems the ALCU in Pennsylvania has stuck its

collective nose into another area of our business recently. In a small town in Pennsylvania, a school, not unlike any other school around the country, had as one of its rules of attendance that all students attending gym classes were to take showers at the end of the period. Well, I'm here to tell you the organization that helped defend the CHICAGO SEVEN, the organization that was in the fore front of the CIVIL RIGHTS movement, the organization that had as one of its guiding lights, Mr. Kuntzler; this same organization has become so desperate now that it has to involve itself with kids taking or not taking showers!

It seems, though, that this organization still has some clout left because the school district into which it foisted its collective nose concerning kids having to follow the rules of the school, not to mention just plain good hygiene, has agreed to change its rules and allowed the kids not to have to take a shower after the gym period. The premise on which the ruling was changed was that the ALCU said it would be unconstitutional

Know your job market

By Rich Parizek
Bear Facts Staff Writer

Being able to get ahead in today's job market is very important, and very helpful. One way to get ahead is to know your particular job market. That can be done by understanding the specific value of your two-year degree and using it to its fullest potential.

What You Know

The first step is putting what you know to good use. Use your career services or placement office counselors to help determine your skills and abilities. Learn how to analyze, evaluate and communicate your total work experience including paid, volunteer, and at-home experiences. Knowing your job market means knowing the range of possibilities. You may be tempted to take the first job that comes along. Don't take it... until you've checked out the market further. Set up at least five interviews to explore your job market. There will be less pressure to make a quick decision and you'll learn about yourself and your job market. According to Cynthia Wallace Love a Counseling and Placement expert, "The first two rules of marketing are intertwined: Know your job market and know what you have to market."

Who You Know

You may not realize who you know. Often when you ask people how they got their jobs, they often say, "A friend or relative told me about it." You know lots of people who, if they knew you were looking for a job, could give you lots of leads. Incorporate who you know and who knows you in your job

search plans. If graduating from a community college career program, you are probably local and intend to remain local. As an area resident, you have been living, working, and going to school within the context of your job market. Your current situation (part-time, volunteer, or practicum) may provide access to information about actual job openings. It is this access to information coupled with your own network of friends and relatives, that can give you a tremendous advantage in the job market. This access, which may have been overlooked until now, can become a valuable asset if you choose to use it.

Job Interviews

Once your interviews are lined up, now comes the time when you have to go through them. All recruiting experts agree that in order to get the interview off to a good start the candidate should be prepared, and have researched the company. According to one expert "I like candidates to read everything they can get their hands on before the interview. I want them to read the newspaper, have the latest stock price, read the annual report, he adds that "Prior research isn't my deciding factor. If all things are equal between one unprepared candidate and another who is prepared, then it might be."

Good communication skills make a good first impression. Always think out your answers before your blurt something out, answer clearly and concisely, and never ramble.

Candidates should try to relax and be confident in the interview. A candidate should project the image that they would be a team player, a good

person to work with, and contribute to the organization's success.

10 Steps to a successful interview

- * Arrive on time
- * Introduce yourself in a courteous manner
- * Read company materials while waiting
- * Have a firm handshake
- * Use body language to show interest
- * Smile, nod, give nonverbal feedback to the interviewer
- * Ask about the next step in the process
- * Thank the interviewer
- * Write a thank-you letter to anyone you have spoken to



Photo by Sonja Galvan

Lauzon joins staff

By Tina Weir
& Sonja Galvan
Bear Facts Staff Writers

If you have been around the office at all this semester, you probably have noticed someone new. Vicki Lauzon can help you with financial aid because she is now working at DMACC-Boone Campus as a bookkeeper /financial aid advisor.

Her duties include performing a variety of bookkeeping and clerical duties to ensure compliance with established business office procedures, state and federal financial aid regulations and to maintain accountability of all the money at this campus.

Vicki and her family reside in Jefferson but are currently looking for a house closer to where she and her husband work. Mike, her husband, is a laboratory technician 4 at the Department of Transportation in Ames. She also has two children, Jake, age 11, and Nicole, age 8.

Some of her favorite pastimes are being outside, going for walks, visiting family, and watching her children participate in their activities.

Vicki is a member of St. Joseph's Church and St. Joseph's Guild in Jefferson.

Before Vicki came to Boone, she worked for nine years at the Greene County Auditor's Office as an accountant for Greenc County. She also worked for one year as an appraiser in the County Assessor's Office.

When asked what she likes most about DMACC, she replied, "One of the most enjoyable parts about DMACC, is the wide variety of people you meet and encounter on a daily basis." Vicki also wanted to

thank everyone who has answered her thousands of questions while she learned her new position. "I couldn't have asked for a better group of co-workers," she stated.

SAB speaks to student body

Open letter to students:

Some of you may be concerned about the upcoming changes in your lives due to construction. As of Dec 5 there will be no student center or food service as we know it. Godfathers will be bringing food Monday for student purchase. Kriss Philips, Boone Campus Dean, has approved other vendors but scheduling is not complete.

The auditorium lobby will be the new student center during construction. There has been a meeting with TAVCO Vending.

They will be installing more vending machines, located in the new temporary student center. There will be no coffee or hot chocolate dispenser until January because there is no water hook up.

At this time there are no definite plans for breakfast service; however, the Student Action Board has made recommendations for this service to the dean.

The S.A.B. has felt as though more could have been done in the making of preparations to cause as little inconvenience as possible

during construction. A memo from the dean's office asked for suggestions, however few were offered. If anyone has suggestions or concerns, please notify any S.A.B. member or put comments in the suggestion box located in the main office.

Sincerely,
Anita Dargy, president
Linda Smith, secretary
Dan Olena

Established 1971

November 30, 1994

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Linda Smith—Business Manager, Robert Plumb—Columnist, Sonja Galvan—Reporter, Rich Parizek—Reporter, Carie Hasselman—Reporter, Angela Cherryholmes & Ryan Petersen—Co-Sports Editors, Sharon Nowlin—Columnist, Erin Ellis—Copy Editor.

Bear Facts Advisor—Jan LaVille Executive Dean—Kriss Philips

Printed by *Boone News Republican*

DMACC grad draws athletes Richards' prints a hit

By Angela Cherryholmes
Composition I, Sec. BF

The fine lines and curved edges of a masterpiece had been completed. All that remains is the journey to Indiana for the ultimate completion. The autograph of Don Mattingly would be the final addition added to Kevin's drawing of Mattingly. This was part of the continued puzzle that surrounded Kevin Richards' life.

Kevin's out-going personality, young and vibrant smile, sports awareness, and attitude of adventure could lead him to his dream. The dream of entering the world of sports as an artist.

As a young boy growing up in Boone, Iowa, Kevin loved sports. During high school Kevin participated in track, tennis, and baseball. The strong American tradition of baseball captured this young man's mind and soul. Kevin dreamed of playing pro-baseball for the Yankees. As he became older, Kevin soon realized he was not going to accomplish his dream, but he still had a dream tucked away.

After graduating from high school Kevin attended Des Moines Area Community College in his hometown. He took the necessary classes in order to transfer to Iowa State University to receive his art degree, that would allow him to teach elementary students. After transferring to ISU, Kevin then had to basically start over in their program. He had to take four years of art to reach the qualification for his degree. The time spent reaching his degree was time consuming and frustrating, but it was time well spent at both DMACC and ISU.

Kevin Richards' first and current job is teaching at Jefferson-Scranton. At this school he has a rather unusual schedule because he is a shared teacher with another school district. This allows Kevin to see hundreds of kids throughout the day. One morning he will be at the Jefferson-Scranton middle school or at Jaques Elementary School in Jefferson, or at East Greene Elementary School in Rippey. Kevin finds the routine to be very stressful and tremendously challenging. But being with the students makes it

all worthwhile.

Kevin's spare time, when he has some, is spent doing what he loves to do. He loves to draw pictures. These are not ordinary pictures of sunsets or of birds. The pictures are of star athletes: Magic Johnson, Michael Jordan, Nolan Ryan, Will Clark, Frank Thomas, Shaquille O'Neal, Don Mattingly, George Brett, and many more. The one currently on the drawing board is of B.J. Armstrong. Kevin draws the pictures then has reprints made in Newton, IA. This also had proved to be money-making hobby. Kevin travels around Iowa, to Omaha, Kansas City, and even Minneapolis to sell his reprints of the stars.

In many of Kevin's journeys has been very successful at promoting and profiting off of his love of art and sports. Kevin's prints are 16" by 20". They are all the same size and done in black and white. In exception for one, the Jordan drawing is colored in, in the apposite red and black. For this added extra the price for Jordan is \$20. The rest of Richard's line-up is \$15. Kevin believes sports fans in general enjoy collecting different memorabilia of their favorite star athletes. Considering he is a

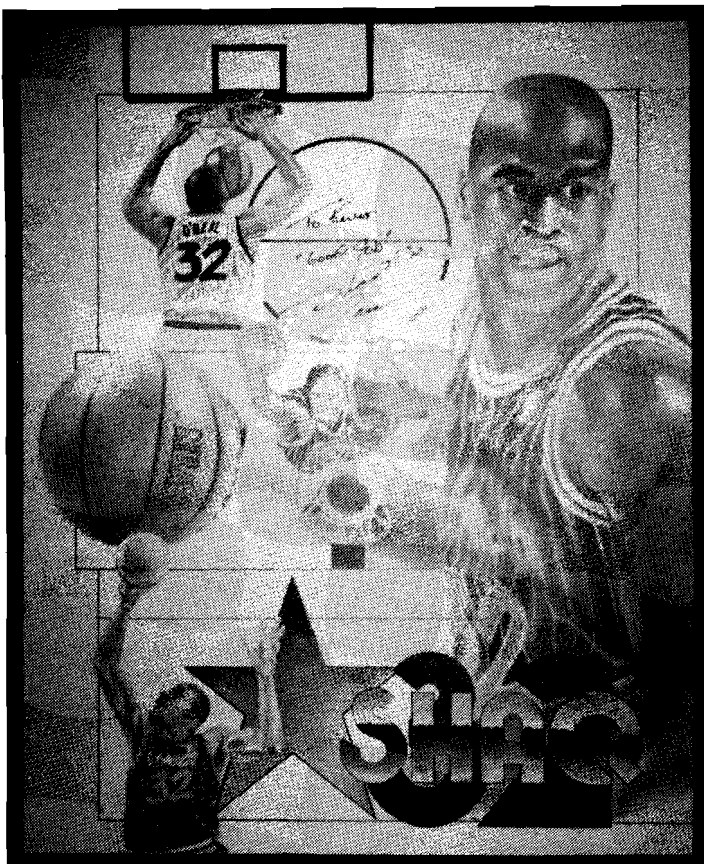
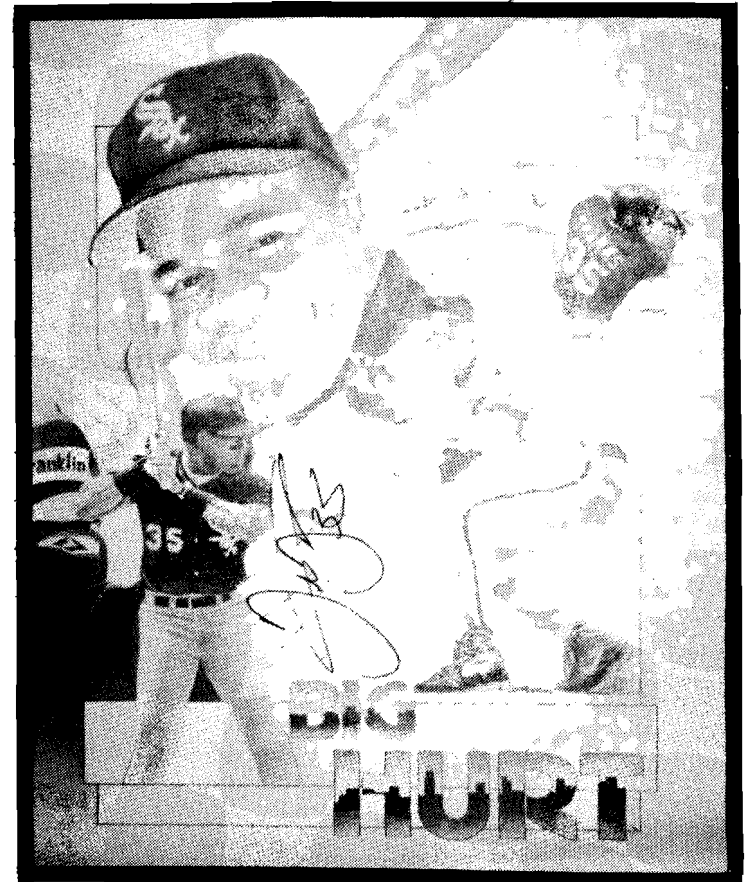
very big sports fan himself, he loves to do that, too. Of all the drawings Kevin does, he tries very hard to show the athlete. He has been successful many times. One that he is very proud of is the drawing of Shaquille O'Neal. This past winter, Kevin traveled to Minneapolis, where the Magic was taking on the hometown favorite Timberwolves. Kevin's hopes were to capture the autograph to the Orlando center. The autograph was given to Kevin, along with a much appreciated comment from Shaq. Incidents such as that have occurred many times, when Kevin approaches the stars that are subject to his artwork.

Kevin has made contact

with many star athletes on the same scale as Shaq, including Don Mattingly, Nolan Ryan, Kirby Puckett, Frank Thomas, and many more. Overall Kevin feels the athletes are very polite and impressed with his drawings. "I usually go to the hotel the team is staying at and wait for the players to come down from their rooms to the lobby. The majority of the time the athletes will ask questions about the drawing or simply have a normal conversation with you. That makes the trip special and time spent at the drawing board worthwhile."

Kevin's explanation for his assertiveness about his drawings and autographs is simply the idea that he hopes they will open a door into the world of sports art. With his talent and creativity the possibilities are endless. Entering the career field as a sports artist is relatively safe. Even if its not, Kevin has the a secondary career to fall back on. A job that he enjoys doing, teaching art to students.

**Bear Facts staff
wants to thank
Jefferson-
Scranton art
teacher, Kevin
Richards, for the
cover drawing.**



9 reasons students "drop out"

By Carie Hasselman
Bear Facts Staff Writer

As DMACC students begin to think about finals, some interesting questions come to mind: What classes will I take? What instructors will I take from? and Who will be in my classes next semester?

Unknown to each of us is the possibility that our classmates may not return next semester. After speaking with many students about their plans, nine common reasons students don't return became clear.

1 Possibly the best reason is that the student has completed his/her study plans here and will be graduating. For many, this has been the final stepping stone to the career they desired.

2 For others, this stop at DMACC is just that, a stop on the way to another university or college. They may have completed the core requirements and are able to graduate and move on to another university or college.

3 For some this was the beginning of their schooling. After proving to themselves or the admissions board that they have what it takes to be effective in post-secondary education, they hope to continue in their field of study at another school.

4 Some students came, saw, and were conquered. They tried this post high school experience and are tired of school or bored already.

5 Some must drop out because of stress. The constant grind to produce papers, study for tests and quizzes is more difficult than they were prepared to do.

6 Some are dropping because of family problems, or problems with daycare.

7 Some are dropping for just a semester because they need a break (or are having a baby) and will join the ranks of students next fall with a fresh approach on studenthood.

8 However, the biggest reason and the one which seems to hold the most weight is the loss of financial aid or loss of income to the household. As the end of the semester comes, the books are balanced and people take a good look at the positives and negatives of continuing.

Although many students receive financial aid, some are looking at their checkbooks to see if they will have enough

funds to cover another semester of part-time work while being a full time student.

9 Last but not least, some just didn't make the grade. Although the last day to drop classes was Nov. 9, they choose to stick it out and finish the semester, and now they are sure they are not the student type.

Not all of these reasons are good or bad but may become very personal as you finish this semester and look forward to the future. If you need more schooling, go get it and if it can be at DMACC, keep up the good work. If you must move on, keep moving and don't let the stress of life keep you from reaching the goals you have for yourself. Keep on keeping on.

Old Codger....Continued from page 3

traumatic for the kids to be forced to expose themselves naked in the shower to other kids their own age.

I can remember having to take showers starting in jr. high and continuing into high school. I can remember kidding the other kids and being kidded by my peers during those times in the shower. However, I cannot remember anyone being of the mind that their constitutional rights not to be naked were ever brought up either by the students or faculty or the school board. I don't remember anyone being of a mind to file a suit saying it would be traumatically unconstitutional for us kids to expose ourselves to one another in the shower after participating

in the sports and gym curriculum set up by the district school board.

Oh well. It seems times have changed and the ALCU is once again in the fore front of making sure our kids don't have to go through the same kinds of experiences many of you of my generation had to suffer. It's enough to make a person question the values, standards and moral codes that guided us and our parents, isn't it?

On a lighter and more intelligent note. Here we are into December with only a very few days left of this semester. Christmas is just around the corner and we're all looking forward to the coming spring semester. I know I am especially when it will be my last semester here at good old DMACC-BOONE. This coming event is already causing trauma to my constitution because I will soon join the ranks of the diplomed. Although in my case I will not have to face the challenge of finding employment to live, I will truly have a difficult time filling in the hours I used to spend studying and preparing for exams and agonizing over whether I passed the test or not. It will be a real difficult challenge to sleep past six or seven in the morning! It's going to be traumatic not having to crack the books at night reading or doing exercises for the next days class.

As I told a friend of mine some time back, I have already begun to put to use the lesson I learned here at school about allocation of time. I have set down on paper an outline for my days after DMACC. I have come up with a tentative schedule for myself during my days out of school while in retirement. I will share it with you with the idea in mind that you may come up with some revisions. 1. Get up in the morning, oh around, elevenish. 2. Do morning duties. 3. Look at list of TO DO'S. 4. Have a



Jason Reese (left) and Jim Anderson (right), first year nursing students, help Anita Dargy (center), vice-president of Nursing Students United, promote the blood drive held yesterday on the Boone Campus.

Nursing Students U sponsor drive

Blood is used by hospital patients on a daily basis in operating rooms throughout central Iowa. These patients rely on volunteer donors to donate blood so that they may use this blood for surgery. This is important because more than 95% of all Americans reaching age 72 will need blood (or one of the products that can be derived from blood) in their lifetime.

It's volunteer blood donors like those found in the community of Boone that help Central Iowa hospital patients. Dedicated members of the DMACC Nursing Students United sponsored the successful blood drive on Nov. 29, 1994. They reported that 69 people registered to donate blood.

Each drive, organizers strive to find new donors to help meet the increasing demands for

blood, and to replace previous donors who become ineligible to donate or those who have moved away.

The Blood Center of Central Iowa, an independent blood center serving 27 central Iowa hospitals, is thankful to have an organization such as the Nursing Students United with so many caring people who are willing to share their life and good health so others may continue to live.

**NEED HELP
WITH FINALS?**

**STUDY SKILLS
LAB IN AAC**

M-W-F 1:00-3:00

**TEST-TAKING TIPS
AAC M-W-F
1:00-3:00 P.M.**

Bear Facts Health Survey

By Sharon Nowlin
Bear Facts Staff Writer

Recently a Bear Facts Health Survey was taken. The survey pertained to gym usage and what interest students would have in using it. Of the 48 people who responded, 20 were male and 28 were female.

AGES	18-25	26-35	36+
RESULTS	36	6	6

33 would use the gym
28 would use the weight room
29 would use the open gym

28 would use walking track
30 would use the treadmill
2 would like aerobics

Thirty-one students felt the gym would be better used if it were staffed. The most convenient hours, according to the survey were from 1:00 to 3:00 P.M.



Homecourt advantage suffering

Ryan Petersen
Bear Facts Staff Writer

While sitting in the DMACC gym, I was consumed by my thoughts and began contemplating the meaning of life. This worried me because it was half time of one of the DMACC basketball games. This is not because the game was not exciting but because the gym was extremely quiet. It was so quiet that when I sat there, I could hear the seconds ticking by on the scoreboard. This happened because of the simple fact that almost no one was there.

I don't think that many people at this college and in this community realize what kind of opportunity they have. There is the chance to see some quality basketball for the admission price of only three dollars. For the price of a value meal at McDonalds, they can see the same buzzer beating, slam dunking excitement that is on television every day. There are also no traffic jams or fighting for a spot in the parking lot, and you have your choice of almost any seat in the gym. So what are you waiting for?

This is all nice and good, but the simple fact is that these ball players have worked hard all through the off-season and deserve your support. There is such a thing as a home court advantage in any sport, but this only applies when they have the crowd in their favor.

As you glance in the stands, the only people you see are the parents of the players and a few dedicated

students. If this small number of fans can't even drowned out the ticking of the scoreboard then how can they be expected to give DMACC any kind of home court advantage?

Please show your support and attend any of the remaining home games this season. By the way, there is a women and men's double header tonight at 6:00 p.m. against Central College J.V. in the DMACC gym. I hope to see you there.

Dear Editor,

Everyone does not have the ability or the desire to play collegiate sports, but most of us enjoy participating in an occasional pick-up game of basketball or volleyball where the element of fun is more important than winning. "Fun" is what DMACC intramurals is all about.

The intramural program at the Boone Campus had been discontinued last year with the loss of certain key personnel and limited funding. However, Director of Student Activities George Silberhorn and Athletic Director Harold Johnson were determined to reactivate the program for the benefit of incoming DMACC students for Fall Semester. Enter Kriss Philips, Dean of Students.

Philips had always been active in the local community and had been a long-time member of Heartland Health Center in Boone where he could be seen almost daily walking briskly around the indoor track.... However, he also noticed that from time to time Heartland was limited for space because of the many different youth and adult activities that it promoted as part of its agenda which conflicted with each other... space was at a premium....

Philips conferred with Silberhorn and Johnson about the feasibility of a recreational alliance between Heartland and DMACC whereby DMACC might utilize Heartland's personnel and organizational skills and Heartland might benefit from scheduled use of the DMACC gym facilities and services of both Heartland and DMACC to more people.

When I was first contacted about the proposal, I was immediately excited about the prospect of having access to the DMACC gym to be able to better serve the recreational needs of people in the community. The possibility of developing a new intramural program for DMACC was equally exciting.

The proposed alliance became a reality shortly after the start of the Fall Semester. DMACC students have been participating in the basketball leagues Tuesday evenings and enjoying open basketball and volleyball on Thursday and Sunday evenings in the DMACC gym. They are also playing volleyball in the Heartland gym on Monday evenings and on Sunday afternoons.

Participation by DMACC students has been limited so far because many students are unaware that the cost of participation is already included in their student activity fee. All DMACC students are welcome to join in the intramurals at no additional cost.

The current intramural season expires on Dec. 15 with the end of the Fall Semester and will be resumed shortly after the start of the next semester on Jan. 17. For further information about the intramural program, contact Cristi Dorsch at 432-5925 or just show up on one of the intramural nights and join in the fun! It's a great way to unwind after studying all day and meet some of your fellow students in a less "cerebral" setting.

Jim Evans
Executive Director
Heartland Health Center

Meet the teams II

By Ryan Petersen
& Angela Cherryholmes
Bear Facts Staff Writers

This is the second half of the two part series introducing the 1994-95 Women's and Men's DMACC basketball players:

Courtney Arringdale, freshman - Courtney started for the Boone High team for the last three years and joined the DMACC team after practice had already started due to some late recruiting by Coach Criner. Her inside play and shooting skills should help the team a lot.

Casy Jones, freshman - Casy also played for Boone High and was one of Coach Criner's first recruits for this season. Casy is also the tallest player on the DMACC team and should help their inside play because of her shot blocking skills.

Shawn Cleveland, freshman - He is from Chicago where he accomplished an Honorable Mention selection and was the top rebounder in his conference. "The team should go undefeated; if everyone stays focused, we'll have a successful season," said Shawn.

Marlon Page, freshman - In his hometown of Springfield, Ill, Marlon was Central State Eight All-conference and an All-Star for the Prairie State AAU Games. "If the team plays together, they could be really good," said Marlon. "We need to work on our defense though."

Albert Fields, freshman - While playing at Helena High School in Arkansas, Albert was nominated Honorable Mention in the 4A East Conference. As for himself as for the team. "We want to win the conference and hopefully win the championship before I leave," Albert said.

Jason Rau, freshman - This is Jason's first year of playing organized basketball since his junior year of high school so he wants this to be a learning year for him. "This year I'd like to work on my inside game and my strength. We'd also like to have a winning record and do as well in

Eric Olson, freshman - While attending Gilbert High School, Eric was selected to the Heart of Iowa Conference first team for his junior and senior years. He also made Honorable Mention all-state and was the Mid Iowa Player of the Year during his senior year. "This year we'd like to win 20 games and also prove game wherever the team needs it."

Chris Cundiff, freshman - Chris went to high school in Harlan and made all-conference his junior and senior years and also made all-state during his senior year. "I'd like to play Division 1 basketball after a year or two at DMACC. As a team we'd like to win around 20 games and play together as a team."



Photo by Sonja Galvan
 Scott Kelly and Michelle Jors build a roller coaster for their interdisciplinary science project. Kelly and Jors were just two of the many students participating in this project, which involved science, composition, and business English classes this fall.

Trip to France planned

In celebration of France Week, there will be a trip to France for interested DMACC faculty, staff, and students in May of 1995. The 10-day trip will cost \$1,865 per person, based on double occupancy.

The cost includes six nights stay in a three-star hotel in Paris, all breakfasts and dinners in Paris,

round-trip airfare on major airline, TGV train travel, all excursions and a farewell evening dinner and tour.

In St. Etienne, DMACC guests will stay with host families, so there will be no hotel costs.

The itinerary is as follows:
 May 13 -- Depart from Des Moines.

- May 14 -- Arrive in Paris/ afternoon tour of the city.
- May 15 -- Free morning/ afternoon Lourve tour.
- May 16 -- Excursion to Chartres Cathedral and Loire Valley Chateaux.
- May 17 -- Free day in Paris.
- May 18 -- Morning excursion to Versailles/ free afternoon.
- May 19 -- Free morning/ afternoon TGV train ride to St. Etienne.
- May 20 -- Day in St. Etienne with host families.
- May 21 -- Morning in St. Etienne/ afternoon TGV to Paris. Special evening meal and illumination tour of Paris.
- May 22 -- Return to Des Moines. (If interested in staying longer, for an additional \$125 you can return on a different day.)

Space is limited, so please make reservations early. Applications and information are available from Maura Nelson at x7032 and Randy Jedele at x6417 both on the Ankeny Campus. A \$410 deposit is due with the application, and the application deadline is Dec. 20.

DMACC FINALS SCHEDULE FALL '94

Thurs. Dec. 15, 1994 (Tues/Thurs classes)

- 8:05 a.m. - 9:30 a.m.8:00 a.m. - 10:15 a.m.
- 11:15 a.m. - 12:40 p.m. ...10:30 a.m. - 12:45 p.m.
- 2:25 p.m. - 3:50 p.m.1:00 p.m. - 3:15 p.m.

Fri. Dec. 16 (Mon/Wed/Fri or more classes)

- 8:00 a.m. - 8:55 a.m.8:00 a.m. - 10:15 a.m.
- 10:10 a.m. - 11:05 a.m. ...10:30 a.m. - 12:45 p.m.
- 12:20 p.m. - 1:15 p.m.1:00 p.m. - 3:15 p.m.
- 2:30 p.m. - 3:25 p.m.3:30 p.m. - 5:45 p.m.
- 4:40 p.m. - 5:35 p.m.3:30 p.m. - 5:45 p.m.

Mon. Dec. 19 (Mon/Wed/Fri or more classes)

- 6:55 a.m. - 7:50 a.m.7:00 a.m. - 9:15 a.m.
- 9:05 a.m. - 10:00 a.m.9:30 a.m. - 11:45 a.m.
- 11:15 a.m. - 12:10 p.m. ...12:00 p.m. - 2:15 p.m.
- 1:25 p.m. - 2:20 p.m.2:30 p.m. - 4:45 p.m.
- 3:35 p.m. - 4:30 p.m.3:30 p.m. - 5:45 p.m.

Tues. Dec. 20, 1994 (Tues/Thurs classes)

- 6:30 a.m. - 7:55 a.m.6:30 a.m. - 8:45 a.m.
- 9:40 a.m. - 11:05 a.m.9:00 a.m. - 11:45 a.m.
- 12:50 p.m. - 2:15 p.m.11:30 a.m. - 1:45 p.m.
- 4:00 p.m. - 5:25 p.m.2:00 p.m. - 4:15 p.m.

Evening classes finals--last regular class meeting.

- Last Monday night classDecember 19
- Last Tuesday night classDecember 13
- Last Wednesday night classDecember 14
- Last Thursday night classDecember 15
- Last Mon./ Wed. night classDecember 19
- Last Tues./Thurs. night classDecember 15
- Last Saturday classDecember 17

Tax"shop" planned

Des Moines Area Community College's Holst Farm Management Institute will be holding a Farm Tax Workshop beginning December 1 at the DMACC-Boone Campus.

Basic farm-related tax saving strategies will be discussed, including tax

implications related to marketing loans and other uses of the government program.

The cost is \$15 per person. Pre-registration is strongly encouraged.

The class will meet on December 1 and December 8 from 7 to 9:30 p.m. For more information, contact Gary Stasko at (515) 432-7203 Ext. 1036.

Sweatshirts encouraged

To generate interest in and support of DMACC's international week activities, DMACC faculty, staff and students are encouraged to wear any DMACC International Week T-shirt or sweatshirt on the first Friday of every month starting Nov. 4. France Week T-shirts are now being sold on all DMACC campuses. See Bruce Kelly for details.

STUDY SKILLS LAB

For the remainder of the semester, the staff in the Academic Achievement Center will be providing a study skills lab on Monday, Wednesday and Friday between the hours of 1:00 to 3:00 P.M. They will be providing study methods to help eliminate test anxiety and improve objective and essay test taking.

Dear "Right Hand"

Dear Right Hand,

I have been really stressed out lately. Everything seems to be piling up on me. I don't know what to do. I feel like crying all the time.

School is getting so hard, and work never seems to end. As for the rest of my life, well it just doesn't seem like I have a life anymore. All I ever do is school work and go to work. I just don't seem to have any time for any thing else.

I wish there was a way to change my life, so it was less stressful. I wish I had a real life. Is there anything you can say to help?

signed - sick of life

Dear Sick of Life,

I suggest you make a list of problems and possible solutions. Decide what should be most important down to the least important. Start to solve or seek answers or help to solve these problems. Take it a day at a time. Find someone who will listen to you as you explain your problems and feelings.

Dear Right Hand,

I am a divorced mom of two girls. I live in low-income housing but have wanted to get into a larger apartment or house. I have applied for the city's housing program, but because I live in low-income housing I can't get a house.

I could move out of my apartment for 2 or 3 months into a full-priced apartment, and then I would qualify for city housing. This seems dishonest, but then I could get a house. Should I start looking for an apartment? Both of my girls would like to have a "yard" to play in.

signed - Boxed In 2 Tight

Dear Boxed In 2 Tight

First check to see if there is a waiting list and all the details of getting a house. Check to see if you can afford the rent of an apartment, and if you'll need to sign a lease. There may be sources to help pay rent and utilities in your area. List your advantages and disadvantages. If a house is affordable to you, go for it and good luck!