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Banner News

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Bear Facts

Des Moines Area Community College-Boone Campus



Bear cheerleaders kick off fall season

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Guest D.J.

Student Action Board will be sponsoring a
CLOSE THE STUDENT CENTER PARTY

and will need a D.J. for 3 hours.
The event will be in about 4 weeks.

A cash award will be paid.
Contact Linda Smith board secretary or
any other board member. A message may
be left at ext.1043 Please include a way to
contact you!

Writing contest underway

Rick Chapman, Communications/Humanities teacher, announced DMACC's yearly creative writing contest. Works may be submitted until midnight Monday, December 5, 1994.

Any DMACC student registered for fall 1994 may participate. Award-winning manuscripts and those receiving honorable mention may be published in EXPRESSIONS.

PRIZES

Awards are tuition scholarships: the chief sponsor, the (Ankeny Campus) Student Action Board, has provided two writer scholarships in the following divisions:

Best Overall Writer will be awarded \$250 from the S.A.B. The Ankeny Campus Foundation will match that amount for a total scholarship of \$500. Runner-up Best Writer will receive \$125, which will be matched by the Boone Campus Foundation for a total award of \$250.

Cash awards include \$100 for best story and \$50 for runner-up; \$100 for best poem and \$50 for runner-up. All students, those returning, as well as those graduating or transferring, are eligible.

Judges DMACC will evaluate the manuscripts and award the prizes. They, and the coordinator, reserve the right to determine if prizes will be awarded in all categories. Entries will be judged anonymously, for each contestant's work will be number-coded during the evaluation process. Entries will not be returned.

ENTRIES

Participants must submit at least three original manuscripts and may submit up to five. The purpose of this requirement is to select the best writers, not just the best works.

No thematic guidelines must be followed; manuscripts must take the form of poetry, short fiction, or personal essay (single, sustained narratives only). For those writers most interested in publication, the shorter the work, especially narrative, the more likely its publication.

Manuscripts must be typed (double-spaced) and accompanied by a single cover sheet including. The titles of the pieces, the author's name and social security number, college program, home address, phone number, and a signed statement as follows must be attached: "The following pieces of writing are solely my own work. I am currently a student at DMACC (if you are interested in the scholarships, add that you plan to be enrolled fall, 1995). I do not object to the publication of my writing if it is properly acknowledged."

Title each piece, but leave your name off since each will receive your entrant number to ensure your anonymity. Send your work to:

DMACC Creative Writing Contest
R.W. Chapman, Contest Coordinator
Sciences and Humanities Department
Bldg. 2 Ankeny Campus
2006 S. Ankeny Blvd.
Ankeny, Iowa 50021

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Old Codger examines nude beaches, governor's race



In a discussion I was having with some of my fellow smokers the other day, the question came up that I hadn't thought about in quite a while, "WHY ARE THERE NO NUDE BEACHES IN IOWA?" One might have gone along in life, both academically and professionally, without ever having come up against this rather innocuous bit of trivia, so me being me and in my state of life at this time, I have chosen to pursue an answer.

First, I asked myself what states have NUDE BEACHES? I came up with Texas, whose coast line includes some of the most beautiful beaches facing the Gulf of Mexico. Yes, I believe they do have a NUDE BEACH or two. Next, I recalled that California has several NUDE BEACHES. Of course, we all know that California is full of really weird x-lowans, so that accounts for that! Thirdly, I have heard that the state of Florida has some NUDE BEACHES, both legal and illegal. Of course, sometimes it's difficult to tell which are legal and which are the illegal ones except that I think the illegal ones can be pretty well spotted by the small canoes, rafts, old tractor tires, leaking row boats, and so on washing against the sandy shores!

I think I remember New York having some NUDE BEACHES around a place called FIRE-ISLAND. This place should not be confused with Ellis Island, of course. And lastly, there's Arizona. You might wonder what Arizona would do with a NUDE BEACH. Well, I'll tell you. We cannot forget our senior citizens from Iowa who journey to the Sun Shine State to escape those cold, cold winters back here.

Now we return to the main question, "Why are there no NUDE beaches in Iowa?" Research has shown that Iowa is one of the, if not THE, most conservative state in the union. Its government is conservative, except for those few liberals

who have been taken as a token show of equality. Other than Iowa City, I can't think of a single village, town, city, or megopolis that isn't really conservative underneath that facade we call, "Good 'ol Iowa Friendliness." This being the case, I cannot find any information on there being even one NUDE BEACH in this state, so those of you who have to build high fences around your pools just so you can go nude, don't give out your address or you will be swamped with requests to rent your facility.

ON TO NAKED POLITICS

Since our two gubernatorial candidates have pledged to do this and to do that to win votes from all the prospective voters in the state, maybe they could garner the necessary amount to become governor if they would come out in favor of NUDE BEACHES! However, on second thought, they both have come out saying they want to cut this and cut that, so maybe, a NUDE BEACH wouldn't be such a good idea after all. "Governor for Life" Terry Brandstad, as my idol Donald Kaul calls him, has really skirted the issue of the state of Iowa running two sets of books for so long and now having only one set of books showing the state with a surplus of money.

I think he wants to keep the surplus and build on it. I watched the "D E B A T E" and came away thinking to myself, why was it every time he was asked a particular question on what he was going to do about this or that problem of public interest, he answered by telling us all the things he has done during his past administrations.

This is not to say Bonnie Campbell was all that much better at answering the same question, except she came a little closer to telling what it was that she was going to do if she was elected. PLEASE, don't think I don't want a woman for governor. It's just that I'm

from the old school of the forties when women took care of the really important things like husband, children, paycheck, meals, washing (or warshing depending on what part of the state you're from), shopping, and so on.

Mrs. Campbell wants to cut all the taxes that seem to have given us a surplus. But, I did notice that she didn't stress the theme that got the President and Mr. Clinton elected many years ago, or so it seems. And, I see where the President is going to fit Iowa into his tour of foreign countries to come show support for the Democratic candidate, Bonnie Campbell. Too bad he isn't coming to stump for the Republican candidate, then the voters might be convinced of the "Governor for Life" label!

I WILL VOTE. And, of course, my wife will vote. This means that my vote will count because I haven't told her that Ross what's his name isn't running this time! Maybe when she goes into the booth to make her selection, she won't see there's a woman running. (YA, RIGHT!) I'm not going to try to influence anyone on how to vote or whom to vote for, but I will ask you to examine all the issues the candidates are talking about and then look at what they are not talking about before you cast your gift.

It takes a lot of guts to stand up before perfect strangers and pretend not to be evading the real issues while at the same time telling how you think the state should be run, knowing all the time that it's the STATE LEGISLATURE that decides in the long run how the state will be run, when it will be run efficiently, and how many times it should be called into extra session to prove it!

Well, those are the ruminations of this Old Codger for now. I hope you all enjoy the *Bear Facts* now. The staff and crew (one in the same) work really hard as a team to give you lots of variety along with a new look each issue.

Letter to the Editor

Dear Editor,

In recent weeks concern about the effectiveness of the Student Action Board has been expressed. The board feels this concern should be addressed by the newly elected officers. This new board is dedicated to providing students with more information and easier access to the board.

A suggestion box will be provided near the front office so the board can get input from the students it serves in a simple, quicker manner. Another goal for the board is to spend monies provided in a better way, to ensure the greatest number of students benefit from what we do.

We, the Student Action Board, sincerely want this year's board to be the best it can possibly be and to make Boone Campus a distinctive place to learn.

Your Boone Campus S.A.B.
Anita Dargy, Dan Olena
Linda Smith, Theresa Roes

Safety questioned

Students are expected to conduct themselves in an adult manner, but what if a student would enter the building with a gun, similar to what happened in Iowa City? Safety comes to mind when a dangerous situation occurs. How safe is DMACC? How safe is it for the people in the bookstore at night?

We protect ourselves against tornado's, working hazards, and others to the best of our abilities. We do have a campus Safety and Security Services pamphlet. Also, tornado safety plans are posted, yet a few students question the safety of those working in the bookstore. If someone would fire a gun or if a fight were to begin, do instructors have any training to protect themselves against harm?

Looking at the chart below, you will see there were only two threatening situations at the five DMACC campuses during this past year.

Occurrences of Selected Crimes ... August 1, 1992 thru July 31, 1993 & August 1, 1993 thru July 31, 1994										
	ANKENY		BOONE		CARROLL		NEWTON		URBAN	
YEAR	93	94	93	94	93	94	94	94	93	94
Homicide	0	0	0	0	0	0	0	0	0	0
Rape	0	0	0	0	0	0	0	0	0	0
Robbery	0	0	0	0	0	0	0	0	0	0
Aggressive Assault	0	0	0	0	0	0	0	0	0	0
Burglary	0	1	0	1	0	0	0	0	0	0
Motor Vehicle Theft	0	0	0	0	0	0	0	0	0	0
Arrests for Selected Crimes										
Alcohol Violations	0	0	0	0	0	0	0	0	1	0
Drug Violations	0	0	0	0	0	0	0	0	0	0
Weapons Violations	0	0	0	0	0	0	0	0	0	0

The bookstore is isolated in the back hall and open during evening hours, yet the entrance is unlocked for everyone's use. Why not put the bookstore and new student center closer together? It would be easier for students to get supplies. The traffic pattern during evening classes would stop the isolation and bring safety to the workers.

Written by Sharon Nowlin
for the Bear Facts Staff

Students say "doing fine"

By Sonja Galvan
Bear Facts Staff Writer

It's that time of the year again. Midterms have been sent out, and everyone has a clearer idea on how they are doing in their courses. I asked several students how they are doing in their classes. The results were pretty positive. It seems that most everyone is doing fine. I heard a lot of "o.k.s" and "pretty well."

A few student that I spoke to told me they did get one midterm slip, but they weren't that worried about it because they only got one and their other

classes were fine.

Why is everyone doing so good? Maybe it's because we have such a swell school system, or maybe the teachers are just really good. Maybe we just have a pack of really smart student this semester.

Ann Watts, the librarian, told me that attendance has a lot to do with grades. "The more you come to class the better your grades will be." She also told me the more students try the better their grades are in her courses.

Jinny Silberhorn, Academic Achievement Center, said, "Attendance has been good and

students are doing fairly well." I asked Jinny Silberhorn if the learning center had had more people in since midterms were sent out, and she told me they had had more people, but she wasn't sure if it was because of midterm grades, publicity of the AAC in the *Bear Facts* or just because it's the time of the semester where people may need extra help.

Jan LaVille informed me that her classes were going pretty good until the last few

weeks when students began missing classes.

AA members talk to psychology class

By Sharon Nowlin &
Sonja Galvan
Bear Facts Staff Writers

Dr. Robert Taylor's Abnormal Psychology class recently heard from two recovering alcoholics. The female speaker is in Alcohol Anonymous (AA) and told of her experiences with alcohol. With alcohol she had no friends; plus her home environment wasn't good.

At twelve years old she ran with a fast crowd, drank, and was admitted to a hospital psychiatric ward. She recalled sometime between fourteen and sixteen years old, she was drinking Everclear at six a.m. in a small room with no windows.

*She was drinking
Everclear at 6:00 a.m.*

When she attended AA meetings, she saw people who were happy, sober, and had an "about normal life." The AA fellowship was a new way of life for her.

Today her craving for alcohol is psychological not physical. She deals with life on a day to day basis.

She talked about the twelve steps in AA. Changing thinking and actions in line to the way they should be helps. The speaker told of her sponsor, a person who has been through the same problem. The sponsor walks a person through the steps and is a source of support whenever needed.

The male speaker told of his drug and alcohol addiction. He has been clean since January 1990. "I came to share and strengthen hope," he said. "I never measured up to adults, so I picked on people," he added.

At twelve years old, he took marijuana and loved it. By thirteen years old he was drinking Everclear at church camp to "feel better." He was a paperboy, so he could pay for his developing habits. "It didn't take much to get a greater feeling," he explained.

In high school he was in trouble, rebellious, skipping work and school. He took off in his father's car, got caught, and brought back to Iowa. He stopped everything for two months, but as a senior, he started drinking and doing more drugs: acid, speed, and crank for a bigger high.

He finished school, got a job but still felt inferior. He did mostly drugs, cocaine mainly.

He did his best at his job because it was a source of self-esteem and gave him a paycheck to buy more drugs. He was mean to people emotionally and spoke harshly.

**"The pride wore off,
and I took more drugs
to cover up the guilt."**

Being a dealer gave him a sense of pride and helped him buy more drugs. "The pride wore off and I took more drugs to cover up the guilt," he told the students.

He lost his driver's licenses by hitting another car. His home was raided for drugs, and in a panic he decided to turn himself in.

He was given a fine, one year probation and treatment. His wife left him, and he moved back home. He continued to drink; when in bars, he drank a six pack to .4, almost a coma state.

In treatment he refused to admit that alcohol was a problem for him. Then after a while he admitted he was an alcoholic. He went through the twelve steps, learned to deal with his problems, and reunited with his wife.

Both speakers agreed it is a "living disease".

Toll-free numbers

Save the following list of toll-free numbers. Consumers can call these numbers for recorded data, referrals, printed material, and, in some cases, personal counseling for a variety of health concerns and diseases.

*National AIDS Hotline (800) 342-AIDS

*Alcoholism and Drug Addiction Treatment Center (800) 382-4357

*Alzheimer's Disease and Related Disorders Association (800) 621-0370

*Asthma and Allergy Foundation of America (800) 7-ASTHMA

*Arthritis Foundation Information Line (800) 283-7800

*American Council of the Blind (800) 424-8666

*Cancer Information Service (800) 4-CANCER

*National Child Abuse Hotline (800) 422-4453

*American Diabetes Association (800) ADA-DISC

*Dial a Hearing Screening Test (800) 222-EARS

*National Kidney Foundation (800) 622-9010

*Meat and Poultry Hotline (800) 535-4555

*Sexually Transmitted Diseases Hotline (800) 227-8922

Nurses attend convention

Connie Booth, Lou Blanchfield, Karen Packer-Steig, and 50 associate degree nursing students recently attended the state convention for the Iowa Organization of Associate Degree Nursing in Des Moines. The theme for this year's convention was "ADNs: Launching of Tomorrow's Health Care". Over 500 nurses and nursing students attended this year's convention.

Keynote addresses were from motivational speaker David Okerlund, who presented "Obtaining Altitude Through Attitude" and nurse entrepreneur Dr. Lon Butikofer, who spoke on "ADNs Exploring Health Care Transformation." Other informative sessions included "The Challenges and Opportunities of Long Term Care," "Building Attitude Survival Kits," "Developing an Eclectic Model for Nurse Entrepreneurs," "The Therapeutic Touch Connection," "Defining Practice: Protocols and Standards," "Nurses in the Church," "Role of the Board of Nursing in Public," and "Rehabilitation Nursing."

IOADN is an organization promoting and speaking for Associate Degree Nursing. Its membership consists of individuals, groups, or institutions interested in promoting the goal of the organization.

Mark your calendar
**DMACC-Boone Campus
Drama Department will be
presenting the play "Love,
Sex and the I.R.S." at 7:30
p.m., November 17, 18 and
19 in the DMACC Boone
Campus Auditorium. The
cost is \$2 for DMACC
students and high school
students and \$4 for the
general public. Tickets can
be purchased at the door.**

Suggest ways to curb intolerance

Make a stranger smile...Be an exception to somebody's stereotype of you...Be slow to anger, slow to accuse, quick to tolerate...Be charitable toward rude people; they don't know better...Learn about your neighbor's culture...Learn another language...Don't hit anyone...Use courtesy; it's disarming...Be responsible for your own actions...Respect each person's individuality...Try not to use the word "they" or phrases like "you people"...Don't retaliate...Be worthy of respect...Be fair...

Learn to walk in another's shoes...Refuse to hate...Don't litter...Pick up trash even if it isn't yours...Speak out against hate...Dress in ethnic clothing from your own background or someone else's for a day...Let someone get ahead of you in line or traffic...Organize an international food fest at your church, at your school, or in your neighborhood...Get to know one person who was raised in a culture different than yours...Learn to appreciate the rich assortment of different peoples this country offers...Say "no" to jokes about racism, women, rape, minorities, religions, nationalities...Watch your own anger. Talk it out, write it out, sing it out, but don't act on it...

Perform random acts of kindness...Live simply so others may simply live...Keep a journal; write down your worries and frustrations, good things, too!. Contact a local university. Ask an international student to spend a holiday with your family...Relax by exercising or taking a walk...Ride a bike...Take a deep breath and count to ten...Meditate...Mediate conflict...Practice patience...Find a way to help people in need. Service is the "rent" we pay for living...Learn about your own cultural heritage from your parents or grandparents...Practice the Golden Rule: Treat others the way you want to be treated...

Dare to get involved...Use humor...Avoid a conflict. Usually it's not worth it to argue...Fix the problem, not the blame...Keep on trying...Change comes slowly...Don't get discouraged. "Hope is like a road in the country. There never was a road, but when many people walk the same path, a road comes into existence."

Think of the six women closest to you.

Now guess which one will be raped this year.

One out of six college women will be sexually assaulted this year. But you can change the odds of it happening. Simply by trying to avoid situations that leave you or your friends vulnerable.

For starters, follow security measures. Don't prop residence hall doors open. Walk with a friend after dark. And be aware that date rape is a major problem on college campuses. With many of these rapes involving drinking.

Then share these facts with six of your friends. And maybe none of them will become another statistic.

© 1990 Rape Treatment Center, Santa Monica Hospital.

Think abstinence to protect self from death

By Bobbi Sweet
DMACC-Boone Campus
Contributing Writer

For the last decade, since the AIDS virus was discovered, the message most widely spread throughout the United States is to practice safe sex: use a condom. The message should have been: abstinence is far superior to condoms when protecting yourself from death.

We have been misled into believing it is permissible to have sex outside of marriage. As long as we use a condom, we are safe. This is a misrepresentation. We are *not* safe using a condom for

protection. The *Des Moines Register* says a study written up in literature from Pharmacia Company, states the failure rate of male condoms is fifteen percent. The female condoms have a failure rate of twenty-six percent. This percentage is high when you consider eighty-six percent of men and seventy-six percent of women have had sexual intercourse by the time they are twenty.

Who uses condoms? To find out the answer to this question I went to a restaurant I frequent often. I asked the five waitresses, who are between the ages of seventeen and thirty and all single, if they use condoms

when they have sex. Three of the waitresses do not use condoms at all because it is not a top priority at the time. All three also stated they usually do not worry about getting AIDS. One of the waitresses uses a condom sometimes, but it depends on who she is with at the time. The last waitress, the youngest, uses a condom every time.

With the AIDS epidemic running wild in our society, shouldn't we have more public service announcements on television promoting abstinence? The *Des Moines Register* states only two out of nine advertisements on television

promote abstinence as the best way to protect yourself against AIDS.

How are we teaching young people today to say no to sex? Joanne Gough, founder of Parents for the Restoration of Values in Education, supports abstinence-based programs in our schools. "It's not a Nancy Reagan, 'Just Say No,' cutesy thing," says this mother of a high schooler on Staten Island.

Parents need to speak with their children about AIDS to make sure they know the consequences that go along with sex. As a parent, who has raised two teenage foster daughters and two teenage daughters of my own, I have

been through the experience of explaining these consequences a few times. I have emphasized over and over again abstinence is the foremost protection against AIDS. However, if my children are having sex, I certainly want them to use a condom. If my children are not having sex, then I did my job well. If my children are having sex without a condom, I had better prepare myself for them to die.

Within the next decade, I hope they find a cure for AIDS. Even if they do not, I hope the new message widely spread is: "Abstinence is far superior to condoms, when protecting yourself from death."

Sports get under way at Boone

Cheer squad has big plans

By Merridith Stone
Bear Facts Staff Writer

This year the DMACC cheerleaders are ready to cheer on the Bears. The squad is planning to make posters for the Ankeny Campus as well as the Boone. The squad is worried about students supporting the team. "We feel that a school should support their athletes and show school spirit," said Kerri Roberts from the Boone Campus. There are eight cheerleaders this year. Six of members are from the Ankeny Campus.

Gena Hoffman, is from the Ankeny Campus. She has been attending the Ankeny Campus for two years. She played sports all through high school, and this

will be her first year as a cheerleader for the Bears. She is majoring in liberal arts and would like to get a degree in counseling.

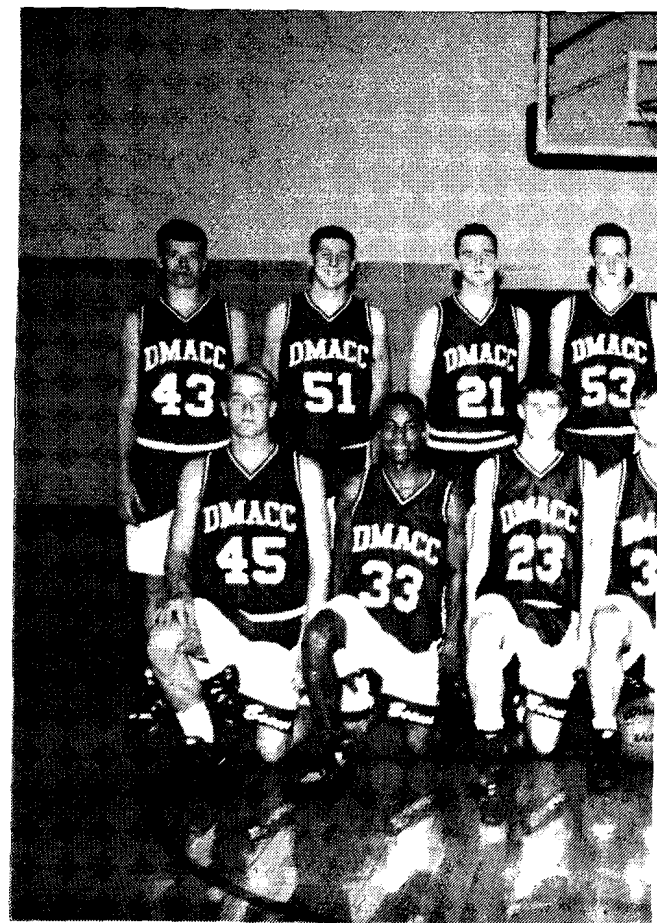
Kerri Roberts is from the Boone Campus. She is in her second year here at DMACC. Kerri is majoring in education prep and will be transferring to Iowa State next fall. She graduated from Boone High, where she was a cheerleader, and this will be her second year cheering for the Bears.

Michelle Moreland, is also a student at the Boone Campus. She has an undeclared major. This is Michelle's third year as a cheerleader. Michelle was a cheer leader all through high

school at Woodward-Granger schools, and this is her first year cheering for DMACC.

The following cheerleaders were added just as of last week, so there will be no profiles on them. Missy Starmer, Christena Blauvelt, Andy Walz, Jeff Rullman, and Jeff the Mascot, all from Ankeny Campus.

According to the new cheerleaders, the team needs more support than they have had in the past. The cheerleaders are doing what they can to increase school spirit, so encourage the fans to show up to some games and cheer on the Bears.



Front row: l-r Ed Heller, Malcolm Holman, Eric Olson, Chad Schleppe, Albert Fiel Larson, Kelly Gray, Jason Rau, Andre Dembo, Marlon Page, Mike Sprecher. Coa

Brothers compete to battle substance abuse

By Angela Cherryholmes
Bear Facts Staff Writer

Friday's up coming men's basketball game between Des Moines Area Community College and Athletes Against Substance Abuse will be the season opener for the home court favorite Bears. This game is sure to include all the elements needed for a great basketball game from the opening tip-off at 8:00p.m. in the Boone Campus gymnasium.

With veteran players such as Howard Eaton, Ron Bayless, Doug Collins, all from Iowa State, Mike Morgan from University of Iowa, Doug Lampe and Dave Schmitz from Drake, Todd Krueger from Southern Illinois, Brian Sanford, a past player with Lewis & Clarke, and finally Beau Bear from University of Virginia; this team should be stiff competition for the Bears. As for the DMACC team, this is an opportunity to show what they can do against this experienced opponent and hopefully walk away with a mark in the victory column.

This game will be very a

special one for two players involved. Brothers on opposite teams will come head to head with one another. Albert Fields a freshman at DMACC will be playing against his older brother Howard Eaton. This is not the first time the two brothers have met one another as competitors. The first was during a summer league called Center Court. Fields and Eaton were not the only two playing together that will participate in the game Friday.

They were accompanied by Bayless and Collins. Fields and Bayless were teammates while Eaton and Collins were teammates. Out of the two games played between the teams each one walked away with a victory. Possibly the game Friday could be considered a tie breaker between the brothers.

Fields and Eaton's hometown of Helena, Arkansas is where both of their basketball careers began. Each one participated at the high school level in the small rural town in Arkansas. Their basketball talents brought them both eventually north to play junior college basketball. Eaton played

two years at Three Rivers Junior College in Polar Bluff, Missouri. There he established his talents to the point where he earned a scholarship to Iowa State University under the coaching of Johnny Orr. At ISU, Eaton entered the program with three outstanding freshmen: Fred Hoiberg, Julius Michlik, and Loren Meyer.

Fields seems to be following in his older brother's foot steps. Eaton was a major influence on Fields's decision to play junior college basketball here in Iowa. "I wanted to be closer to my brother," Fields said. "Besides, I really like the school and especially the basketball program."

When both Fields and Eaton were asked how each felt about playing each other Friday. The responses were identical: "Playing against Howard is like playing back home, and we are going to win!" Fields said very confidently.

On the other hand, Eaton's response was, "Albert will get more out of the game. I intend to play him hard." Each brother has the same idea of winning and good sportsmanship.

Not only has Eaton influenced Field's school decisions, but he has helped him be the best person and basketball player he can be. Considering Eaton was the first out of a family of seven to attend college and graduate, he feels he has a lot to offer his younger brother. "Try to be the best on the team; be a complete player, and work on everything," was on the top of Eaton's advice list for Fields.

Though Eaton's collegiate career has ended, he continues to play basketball. Not only does he participate with Athletes Against Substance Abuse, but he is also a member of Team Pella. That team competes against Division I and Division II schools.

The key to being the best player Fields can be for the Bears he says is, "Playing a lot of defense and rebounding." Advice from his older brother: excellent team work and good coaching are all keys to the teams' and Field's success. With all the qualities the 1994-95 DMACC Bears possess they are certain to be fierce competitors in the JUCO.

Baseball begins November 7

By Angela Cherryholmes
Bear Facts Staff Writer

The DMACC Bears baseball team begins practice Monday, November 7, in preparation for a 56-game schedule for the 1994-95 season. The Bears are lucky to return eleven players from last year's team and along with several newcomers. The Bears are planning a spring trip to Oklahoma to participate in a series of scrimmages. They are scheduled to play between 12 and 14 games in Oklahoma. The games will be played with other junior colleges from Mississippi, Oklahoma, and Kansas.



s, Shawn Cleveland, Darvis Daniel. Back Row: Eric Keiner, Chris
1 Russ Jones

**Coach Russ Jones
(center) gets his
scoreboard
ready for play.**



Coach learns from mistakes

**By Chris Larson
Comp I, Section BC**

When Russ Jones was growing up all he wanted to be was a veterinarian, but a lot has happened since then. He lived a very adventurous life in his hometown of East Peoria, Illinois. This adventurous spirit was the cause of many accidents, which resulted in nine broken bones during his childhood. Russ lived, "the basic American childhood". In that childhood he developed a love of sports, a love that has never left him. He would play baseball or shoot baskets every possible chance that he had. All the practice and dedication would pay off.

Baseball made him a standout at his high school. Russ was also a standout in the classroom. He carried a 3.89 GPA to the University of Iowa State to pursue his love of animals and become a veterinarian. Russ found college to be extremely different from the security of high school. "College was one big wake up call." His college life compared to high school was night and day. He would not go to class and the classes he took he had to go if he wanted to pass.

He was on his own except for his frat brothers at the Farmhouse. There the rule was to party first and the rest would come. Russ took that carefree style to the college baseball field. He played for the Cyclones his first year and hated

it, mostly because of the coach. At practices he would go half heartily, but the few times he got into the games he would bust his butt. "I was better than half the players out there, but my attitude really stunk."

Russ' bad attitude wasn't confined to the field, but the classroom also. He was almost expelled from Iowa State for cheating. He decided to skip an important chemistry lab. He had a fraternity file with all the labs that the frat brother had done before, and the lab that he missed was in there. He filled out the lab and handed it in. His teacher knew he wasn't in class and questioned him on it. He denied it at first but then admitted that he did cheat. Russ believes if he hadn't been truthful with his teacher, he would have been suspended.

When Russ did go to class, he had a problem staying awake. He would get bored or was tired and would fall asleep. All this added up to was him flunking out. He was forced to sit out a semester before he could go back to Iowa State.

Russ decided to get his act straight and go back to Iowa State. On his second try he changed and attended classes and paid attention. He wanted a new start and although his baseball career was over, he decided that coaching was the right career for him. Russ got onto coaching because he loved sports. He missed the competition and the glory. He changed his major to physical education with a minor in sports psychology. He obtained his B.S. in five years then got his M.S. in sports administration, all from Iowa State.

His first job was a freshmen basketball assignment in Ames. But his love was still with baseball, so when he was offered the assistant baseball job at DMACC, he took it. Russ took that job four years ago and loves it. Then last year he was offered the head men's basketball at DMACC. He took that program over and started to rebuild it.

"The program is getting on the right track." Russ never wants to suffer through another season like last year's, when the Bears went 4-26*(uncertain)*. "There is a lot more talent and better attitudes on this year's team." With the better talent and attitudes he believes that DMACC can achieve its first winning season in sixteen years. "I'm very motivated in the things I like... especially basketball." Russ' motivation has paid off. Along with being very motivated, he is very competitive and hates to lose. He feels that a coach must have these characteristics to achieve success in coaching at the college level. He also cares about his players and takes the time to listen to them.

Russ may not have been a model student in college, but he feels that it only helped him. Russ knows the temptations out there and how it can hurt a person. He has seen what can happen if a student skips class or parties too much. His advice is simply, "Go to class and just stay awake." He stresses not to cheat or be a part of anyone who does. He has been there and knows how frustrating it is to flunk out, but unlike other before him he turned it around and made it into a positive.

Athletic director returns following heart attack

**By Ryan Petersen
Bear Facts Staff Writer**

It has been 30 years since Harold Johnson first came to DMACC to teach. He has been a major contributor to the science program by teaching biology and zoology and also in the athletic program where he currently serves as Athletic Director.

On Sept. 29, 1994, Johnson had blockage of his right coronary artery and suffered a heart attack. He didn't work for about a month and just recently returned but can only work two hours a day.

On Nov. 7 he will begin teaching two of his classes again and will return to teaching his full load of classes on Nov. 21.

"I feel bad for the students," said Johnson. "I feel that they had to shift classes in the middle of the stream. I'm just anxious to get back to the students and the classroom, and I really appreciate the people who have taken over for me."

Johnson plans on possibly retiring at the end of the school year. Despite his heart attack, he will teach for the rest of the year and wants to continue to take care of the athletic program. "I get the most satisfaction out of seeing my students become successful. I take pride in that and put a lot of my energies into helping them achieve their success," he stated.

PHYSICAL EDUCATION

PHYE133 BOWLING	1 CR
BA TR 01/26-04/25 11:15A-12:40P BN TBA HUGHES \$49.65+	
PHYE136 CHEERLEADING	1 CR
BA TR 01/17-05/11 12:50P-01:50P BN GYM SILBERHORN \$49.65+	
PHYE136 WEIGHT TRAINING	1 CR
BA MW 01/18-05/11 TBA BN GYM HUGHES \$49.65+	
PHYE137 RECREATIONAL SWIMMING	1 CR
BA TBA 01/17-05/11 TBA BN TBA HUGHES \$49.65+	
AT HEARTLAND HEALTH CENTER	
PHYE138 VARSITY MEN'S BASKETBALL	1 CR
BA TBA 01/17-05/11 TBA BN GYM JONES \$49.65+	
PHYE139 VARSITY WOMEN'S BASKETBALL	1 CR
BA TBA 01/17-05/11 TBA BN GYM CRINER \$49.65+	
PHYE140 SPORTS OFFICIATING	3 CR
*BA T 01/17-05/02 06:30P-09:30P BN 02-04 HUGHES \$148.95+	
PHYE142 VARSITY BASEBALL	1 CR
BA TBA 01/17-05/11 TBA BN GYM SMITH \$49.65+	
PHYE143 VARSITY WOMEN'S SOFTBALL	1 CR
BA TBA 01/17-05/11 TBA BN GYM SCHROEDER \$49.65+	
PHYE144 INTRO TO PHYSICAL EDUCATION	3 CR
BA MWF 01/18-05/11 11:15A-12:10P BN 02-06 HUGHES \$148.95+	
PHYE150 FITNESS TESTING/PROGRAMMING	3 CR
*BA T 01/17-05/02 07:00P-10:00P BN TBA STAFF \$148.95+	
PHYE161 AEROBICS	1 CR
BA MW 01/18-05/11 12:20P-01:15P BN GYM HUGHES \$49.65+	
PHYE162 TENNIS I	1 CR
BA MWF 01/18-05/11 01:25P-02:40P BN TBA HUGHES \$49.65+	
PHYE163 BADMINTON I	1 CR
BA MWF 01/18-05/11 01:25P-02:40P BN TBA HUGHES \$49.65+	

PHYSICAL SCIENCE

PHYL106 SURVEY OF PHYSICAL SCIENCE	4 CR
BA MWF 01/17-05/11 11:15A-12:10P BN 02-23 WOODS \$198.60+	
T 01/17-05/11 11:15A-01:15P BN 02-23	
*BB MW 01/18-05/11 06:00P-08:30P BN 02-23 STAFF \$198.60+	

PHYL112 P COLLEGE PHYSICS II

BA MWF 01/17-05/11 09:05A-10:00A BN 02-23 WOODS \$198.60+	4 CR
T 01/17-05/11 09:05A-11:05A BN 02-23	

PHYL122 P CLASSICAL PHYSICS II

BA MWF 01/17-05/11 09:05A-10:00A BN 02-23 WOODS \$297.90+	6 CR
TR 01/17-05/11 09:05A-11:05A BN 02-23	

POLITICAL SCIENCE

PLSC111 AMERICAN NATIONAL GOVERNMENT	3 CR
BA TR 01/17-05/11 11:15A-12:40P BN 02-07 KELLY \$148.95+	
*BB W 01/18-05/03 06:30P-09:30P BN 02-07 KELLY \$148.95+	
PLSC112 STATE & LOCAL GOVERNMENT	3 CR
BA MWF 01/18-05/11 09:05A-10:00A BN 02-06 KELLY \$148.95+	

PSYCHOLOGY

PSCH101 GENERAL PSYCHOLOGY	3 CR
BA TR 01/17-05/11 08:05A-09:30A BN 02-06 MARTINO \$148.95+	
BD MWF 01/18-05/11 09:05A-10:00A BN 02-07 TAYLOR \$148.95+	
BF TR 01/17-05/11 11:15A-12:40P BN 02-06 MARTINO \$148.95+	
BG MWF 01/18-05/11 11:15A-12:10P BN TBA STAFF \$148.95+	
BE TR 01/17-05/11 12:50P-02:15P BN 02-07 BLEYLE \$148.95+	
BB MWF 01/18-05/11 02:30P-03:25P BN 02-06 PEDERSEN \$148.95+	
*BC M 01/23-05/11 06:30P-09:30P BN 02-09 BENDER \$148.95+	
PSCH103 P DEVELOPMENTAL PSYCHOLOGY	3 CR
BA TR 01/17-05/11 12:50P-02:15P BN 02-06 TAYLOR \$148.95+	
BC MWF 01/18-05/11 02:30P-03:25P BN 02-06 TAYLOR \$148.95+	
*BB R 01/19-05/04 06:30P-09:30P BN 02-09 PEDERSEN \$148.95+	
PSCH106 PSYCHOLOGY OF HUMAN RELATIONS	3 CR
BA MWF 01/18-05/11 10:10A-11:05A BN 02-07 STAFF \$148.95+	
PSCH108 HUMAN SEXUALITY & GENDER ROLES	3 CR
BB TR 01/17-05/11 09:40A-11:05A BN 02-06 TAYLOR \$148.95+	
BA MWF 01/18-05/11 11:15A-12:10P BN 02-07 TAYLOR \$148.95+	
PSCH109 EDUCATIONAL PSYCHOLOGY	3 CR
BA MWF 01/18-05/11 12:20P-01:15P BN 02-04 PEDERSEN \$148.95+	

READING

READ088 PA DEVELOPMENTAL READING II	3 CR
BL TR 01/17-05/11 11:15A-12:40P BN 01-16 ROTH \$148.95+	
ADAPTOR COURSE-CANNOT BE USED TO FULFILL DEGREE REQUIREMENTS	

SOCIOLOGY

SOCY101 INTRODUCTION TO SOCIOLOGY	3 CR
BA MWF 01/18-05/11 08:00A-08:55A BN 02-07 MCNAIR \$148.95+	
BD TR 01/17-05/11 08:05A-09:30A BN 02-03 MCNAIR \$148.95+	
BB MWF 01/18-05/11 12:20P-01:15P BN 02-09 MCNAIR \$148.95+	
*BC T 01/17-05/02 06:30P-09:30P BN 02-03 FOLSOM \$148.95+	
SOCY102 SOCIAL ISSUES	3 CR
BA TR 01/17-05/11 09:40A-11:05A BN 01-16 MCNAIR \$148.95+	

SPANISH

SPAN102 P ELEMENTARY SPANISH II	4 CR
BA MTRF 01/17-05/11 10:10A-11:05A BN 01-15 STAFF \$198.60+	
BB MF 01/17-05/11 11:15A-12:10P BN 01-15 STAFF \$198.60+	
TR 01/17-05/11 11:15A-12:10P BN 02-09	

SPEECH

SPCH110 FUNDAMENTALS OF SPEECH	3 CR
BA MWF 01/18-05/11 08:00A-08:55A BN 02-03 SILBERHORN \$148.95+	
BB MWF 01/18-05/11 09:05A-10:00A BN 01-16 MUELLER \$148.95+	
BC TR 01/17-05/11 09:40A-11:05A BN 02-04 MUELLER \$148.95+	
BD MWF 01/18-05/11 12:20P-01:15P BN 02-06 MUELLER \$148.95+	
BE MWF 01/18-05/11 01:25P-02:20P BN 02-07 STAFF \$148.95+	
*BE T 01/17-05/03 06:30P-09:30P BN 01-15 STAFF \$148.95+	
SPCH117 INTERPERSONAL & SMALL GRP COMM	3 CR
BA MWF 01/18-05/11 10:10A-11:05A BN 02-23 MUELLER \$148.95+	
*BB R 01/19-05/04 06:30P-09:30P BN 02-07 STAFF \$148.95+	

What's the value of a four year degree?

By Rich Parizek
Bear Facts Staff Writer

College graduates who enter the labor force in the 1990's and the early 2000's are expected to face a more competitive job market than that encountered by graduates during the 1980's. Nearly twenty-nine million workers with four or more years of college education were in the work force in 1990. Of that total, more than twenty-three million or eighty percent, were employed in jobs requiring a four year degree. The other twenty percent were employed in jobs not requiring a degree or unemployed.

The question being asked today by students is, how much college is enough college? According to the Hudson Institute, of all new jobs created

IS THE ASSOCIATE DEGREE WORTH IT ?	
AVERAGE MONTHLY INCOME BY EDUCATION LEVEL	
EDUCATION LEVEL	EARNINGS
BACHELOR'S DEGREE	\$1,829
ASSOCIATE DEGREE	\$1,458
POSTSECONDARY VOCATIONAL SCHOOL	\$1,088
SOME COLLEGE, NO DEGREE	\$1,088
HIGH SCHOOL DIPLOMA	\$921

* ASSOCIATE DEGREE GRADUATES EARN 58 PERCENT MORE THAN THOSE WITH JUST A HIGH SCHOOL DEGREE

* ASSOCIATE DEGREE GRADUATES EARN 34 PERCENT MORE THAN THOSE WITH SOME COLLEGE BUT NO DEGREE

between 1984 and 2000, more than half will require one to three years of college. On-the-job experience or 1 to 2 years of technical training is still valued above a four year college degree in many occasions, such as in managerial positions in small retail, service or construction establishments.

In the performing arts, demonstrated ability, rather than a degree, is most important. Dancers and musicians are hired on auditions; artists and photographers are judged by their portfolios; and athletes are recruited based on observed physical talent and skill.

However, a college degree is an attractive investment. Those holding a college degree enter the labor force with a higher level of pay, and the difference increases with years

in college. According to government statistics, the lifetime earnings of a college graduate are some fifty percent higher than for a high school graduate.

For example, of all homes headed by a high school graduate, less than one out of five had earnings of \$50,000 or more. For homes where the head holds a college degree, the ratio is two out of every five; while for those who have acquired a graduate degree, the proportion is just over three out of five.

Graduates who prepare themselves for jobs requiring specific skills, such as bookkeeper, mechanic, or technician, will fare better than those whose lack of specialized training leave them vulnerable to competition with college graduates.



Men's Basketball November / December

Date	Opponent	Time
Nov. 4	Athletes Against Substance Abuse	8:00
16	Kirkwood C.C.	8:00
18	AT Indian Hills Tournament	8:00
30	Central College JV	8:00
Dec. 3	NIACC-Mason City	2:00
5	AT Ellsworth C.C.	8:00
7	SWCC-Creston	8:00

Women's Basketball November / December

Date	Opponent	Time
Nov. 16	Kirkwood C.C.	6:00
18-19	AT ICCF-Fort Dodge Tournament	
21	ICCC-Fort Dodge	6:00
30	Central College JV	6:00
Dec. 3	AT NIACC-Mason City	2:00
5	AT Ellsworth C.C.	6:00
7	SWCC-Creston	6:00

Roundball teams ready to play

By Ryan Petersen
Bear Facts Staff Writer

Attention DMACC, the time is almost here. After months of preparation, the DMACC men's and women's basketball teams are finally ready to show their skills on the court.

The men's basketball team has narrowed its roster down to fifteen players and are led by captains Chad Schlepp and Mike Sprecher. With a talented group of freshmen joining the team and

a new coach in Russ Jones, they plan on being a stronger and more successful team than last year's squad.

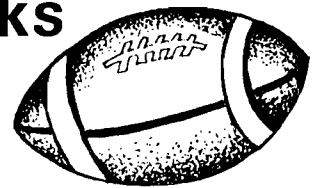
Their first game is an exhibition game on Friday, Nov. 4, at 8 p.m. when they'll take on the Athletes Against Substance Abuse. This team will be a good early season challenge for the Bears since it is made up of former Division I ball players.

DMACC's first regular season game is at home against

Kirkwood C.C. on Wednesday, Nov. 16, at 8 p.m.

The women's team started off the season short on players, but with some late season recruiting, Coach Dick Criner has filled out his roster quite nicely. The team had already shown its aggressive style of play during practice and is ready to take it to a more competitive level. The women also open at home on Wednesday, Nov. 16, at 6 p.m., and will be the first half of a women's and men's double header. The women's team will also play on Nov. 18 and 19 in the Iowa Central Community College Tournament in Fort Dodge.

Pigskin Picks



By Ryan Petersen
& Angela Cherryholmes
Bear Facts Co-Sports Editors

Last issues "Pigskin Picks" winner was Regina Reedy. Please contact the Bear Facts sports editors in room 210 for your free lunch. This issues Pigskin Picks for Nov. 13, 1994 are as follows:

- Jets at Green Bay
- San Diego at Kansas City
- Dallas at San Francisco
- Cleveland at Philadelphia
- Chicago at Miami
- Buffalo at Pittsburg
- Arizona at Giants

Please turn in your picks to the Bear Facts Office by Friday Nov. 11, 1994.

WANTED

The Student Action Board is seeking a new board member to fill an opening. A student who is carrying a minimum of 6 credit hours and is from the athletic department is needed to round out the board. Please deliver a letter of interest to the S.A.B. mail box in the main office by Nov. 7, 1994

Cardinal Cleaners

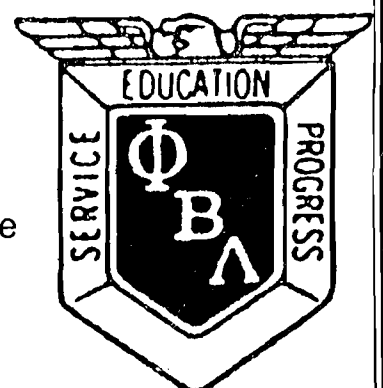
909 8th Street Downtown Boone

Better Believe B's

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F	A	T	A	L	I	S	O	R	E	P	E	E
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**You're Invited To Join
PHI BETA LAMBDA**

- Conferences
- Campus Activities
- Association Magazine
- Monthly Meetings



Open To Students In Secretarial, Accounting And Business Oriented Programs.

HOROSCOPE

By Tina Weir
Bear Facts Staff Writer

LIBRA: Find yourself today. A night out will help relieve stress, but don't forget to crack down on the books when you are done.

SCORPIO: Believe in yourself; that major test will come easy to you if you take your time to study. Reward your self for a job well-done.

SAGITTARIUS: Your love one tries to pick a fight with you; just walk away, go for a long walk, you will find out that it will help out. Visit the library tonight.

CAPRICORN: Your dreams can come true if you follow the path. Keep on studying, you will soon be finished with your dream.

AQUARIUS: Your best friend need help. Take some time to listen to them. Get a tutor to help out with that nasty problem.

PISCES: You will find that today is a nice day to do all the things you have wanted to do for a long time. Take the time out to do all of it.

ARIES: You need to start spending a little time with the family. You need them right about now. Get help with the problems you are having.

TAURUS: Study is the only answer for you. Times are hard and you have to crack down. Go to the AAC for the help you need. You'll find out that it really helps.

GEMINI: A long lost love comes your way. You will have to decide what you want to do! Remember your future lies in your hands.

CANCER: It is time to start having fun. Don't play too many mind games with that special person. You might be the one who will lose.

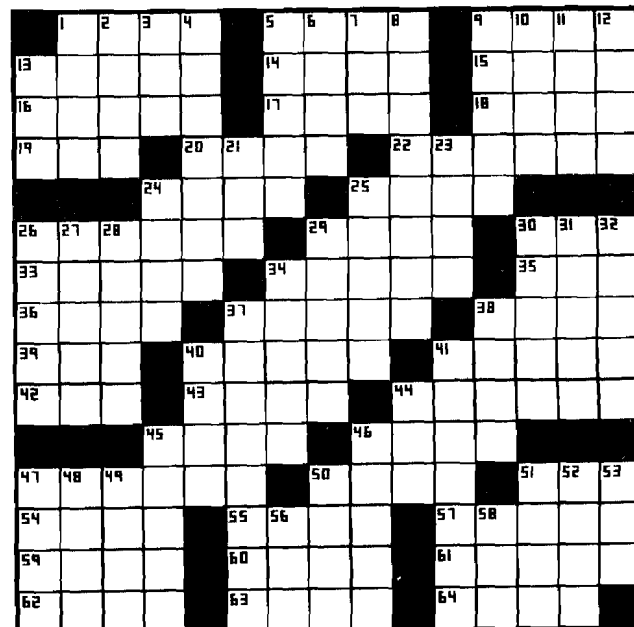
LEO: It is your turn to be in the spot light. Go to the play next weekend. You might find that special someone there who will please you.

VIRGO: The ACC and the library are there to help you. Use them and notice that they can really help you achieve what you want to do in the future. Spend a little time with your loved one.

BETTER BELIEVE B's

- ACROSS**
- "Mary had a little _____"
 - Sacks
 - Whale hunter
 - Misrepresent
 - General Robert _____ (init. + last name)
 - _____ out on
 - Causing death
 - "Is you _____ is you ain't . . ." (2 wds.)
 - Fencing sword
 - Much _____ About Nothing*
 - Italian river
 - Suits
 - Male deer
 - Makes a lap
 - Conviction
 - Black or brown animal
 - Expression of contempt
 - Antelope
 - Swiss capital
 - RR abbr.
 - Stare in wonder
 - Complaints (sl.)
 - "_____, winds, and crack your cheeks"
 - Not his or hers
 - Thrashes
 - Blessings
 - Society page word
 - Building wings
 - Baseballer Reese
 - Remove water from boat
 - Fermented beverage
 - Urgent request
 - Make a _____
 - Military (abbr.)
 - Style, flair
 - Pedal digits

- Tennis match division (2 wds.)
- Buzzers(?)
- Art deg.
- England's WW II aces (abbr.)
- To be, for Pierre
- _____ qua non, essential part
- Medieval servile class
- Start
- Make joyful
- Backslide
- Red veggies
- Beneath
- Make amends
- Part of ship
- _____ and end all (2 wds.)
- Disparage
- Dutch colonist, South Africa
- Arthur and Richards
- Straight course
- Split-_____ soup
- "_____ too bold," Spencer (2 wds.)
- Attack from all sides
- "To _____ not to be," Hamlet (2 wds.)
- Besides
- Dutch painter Frans
- Lucy's partner
- Intend
- In regard to (2 wds.)
- _____ *Miserables*
- Oxford Eng. Dict.
- Sci. study, inquiry



Dear "Right Hand"

Dear Right Hand:

I have a problem and I was wondering if you can help solve it. There is this person in school who seems to want to be my friend, but she is not the type of person that I like to hang with. She makes me nervous. I am afraid to tell her that I don't want to be her friend because I don't want to hurt her feelings, but I don't know how else to get rid of her. What do you think I should say to her? Please help get this creep off my back.
Signed "Unfriendly"

Dear Unfriendly,

Sit down and explain your feelings to the person. See if there is a way to become friends. You may choose to be "busy" when that person comes around. After saying "hi" in passing a few times, maybe the unspoken message will reach the unwanted friend. I

Dear Right Hand:

I need some advice. I'm pregnant, and my boyfriend wants to get married before the baby comes. I am not sure I want to make that mistake again. I've already been married and divorced.

I love my boyfriend a lot, but I don't know if I want to spend the rest of my life with him. I know I'm having his baby, but does that mean I have to marry him?

He's told me before if we don't get married, we are history. I want to think it isn't right for the baby to begin its life in a real family. I'm not sure marriage is the right answer.

What do you think? Should I marry him or not?
Please help me - I need it.
Signed "I do" or maybe "I don't"



Dear I do or Maybe I don't,

Make a list of the pro's and con's of marriage for both of you. Talk to him and show him the list. Explain to him that he should make a list, too. If you feel you don't want marriage, then don't get married! There is a happy medium for both of you, so keep looking. Maybe you both could talk to a marriage counselor for advice.

Dear Right Hand:

My life is a mess! There are these two guys that I care deeply about. One is older and more responsible than the other, but I'm not sure who I want to be with. I've dated both of them and I'm happy when I'm with either one. They used to be friends, but now they hate each other. I feel like it's all my fault. I don't want to hurt anyone or make anyone mad, but I can't make up my mind who I want to be with, and they want an answer now! What should I do?

Signed "Confused"

Dear Confused,

You must decide which man fits your life now and in the future. There are good advantages to both sides; weigh carefully the feelings you have and once you decide, stick to your decision. Good luck!!!

CHILDCARE, TRAVEL FUNDS AVAILABLE

If you are a single parent or displaced homemaker (divorced, widowed, or spouse is disabled), contact Maggie Stone, Coordinator of the Displaced Homemakers Center -- Room 128, to determine if you are eligible for financial assistance towards your childcare and/or transportation costs. Transportation assistance is also available for eligible single pregnant women whose income is limited and who commute from out of town to the Boone Campus. Office hours are 8 a.m. - noon and 12:30 - 4:30 p.m. Monday, Tuesday, and Wednesday.