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Transient increases of histamine H₁ and H₂ receptor mRNA
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Abstract: In our previous studies, we found that behavioral sensitization evoked by repeated administration of methamphetamine (METH) was suppressed by the activation of the histaminergic neuron system in the brain. In continuation of these studies, we measured the levels of H₁ and H₂ receptor mRNAs in the rat striatum by semi-quantitative reverse transcription-polymerase chain reaction (RT-PCR). Seven days after the 21 consecutive administrations of METH (4 mg/kg, i.p.), the levels of both H₁ and H₂ receptor mRNAs in the rat striatum increased significantly. But 1 day and 14 days after the last administration, there were no significant changes in levels of either H₁ or H₂ receptor mRNA in the rat striatum. These transient increases of H₁ and H₂ receptor mRNA may have some relation to chronic METH abuse and its withdrawal.

Key Words: Methamphetamine; H₁ receptor; H₂ receptor; Semi-quantitative RT-PCR; Rat striatum.

Running Title: Histamine H1 and H2 receptor mRNA and methamphetamine.

A biogenic amine, histamine (HA), is widely distributed in the mammalian brain and has recently been suggested to be a neurotransmitter or neuromodulator[10, 11, 20]. Cell bodies of HA neurons are localized in the tuberomammillary nucleus in the posterior hypothalamic region, while their varicose fibers are found in almost all regions of the brain. The HA neuron system has been shown to be involved in diverse brain functions and behaviors through H₁, H₂, and H₃ receptors, such as arousal, sleep-wake cycle, appetite control, seizure, learning and memory, aggressive behaviors, emotion, and so on[10, 11, 13, 20].

It is well known that methamphetamine (METH) facilitates the release of dopamine via especially acting on a dopamine transporter, and induces increases of locomotor activity and stereotyped behavior[14, 15]. Repeated administration of METH causes a progressive and lasting augmentation of locomotion and stereotyped behavior called behavioral sensitization[14, 15].

With respect to relationship between METH and the HA neuron system, there were several reports that HA agonists inhibited METH-induced locomotor hyperactivity and stereotyped behavior in rodents, whereas HA antagonists potentiated METH-induced reinforcing effects and stereotyped behavior[5, 6]. Both H₁ and H₂ antagonists can potently increase DA levels in the neostriatum and nucleus accumbens of rats [1, 17]. In addition, acute administration of

METH increases the release of HA in the rat striatum via dopamine D₂ receptors [4]. Recently, our behavioral pharmacological study suggested that the HA neuron system had an inhibitory effect on the development of METH-induced behavioral sensitization through H₁ and H₂ receptors[5]. Moreover, after the METH-induced behavioral sensitization is formed, the release of HA and the HDC activity increases in the rat striatum [3, 4]. However there is no neurochemical report on changes of H₁ and H₂ receptors after the development of METH-induced behavioral sensitization is accomplished. In this study, we measured changes of H₁ and H₂ receptor mRNA levels in rat striatum after chronic administrations of METH by the semi-quantitative RT-PCR, because the striatum has close relationship with METH-induced stereotyped behavior and acute and chronic administrations of METH increase HA release in the rat striatum [4]. Male Wistar rats weighing 220-240g at the beginning of experiments were group-housed (four rats per cage) with free access to food and water in a room maintained at 22 ± 2°C and 65 ± 5% humidity under a 12-h light/12-h dark cycle (lights on at 6:00 a.m.).

In treatment of METH, rats were injected intraperitoneally (i.p.) with saline [0.9% (wt/vol) NaCl] (1 ml/kg) or METH (4 mg/kg) once daily for 21 consecutive days. METH (Dainippon, Japan) was dissolved in saline.

Rats were decapitated 1, 7 and 14 days after the last intraperitoneal injection of saline or METH. Total RNAs was prepared from the striatums using acid guanidium phenol chloroform extraction (ISOGEN, Wako, Japan). Total RNAs were treated by DNaseI to exclude contamination of genomic DNA as follows. Fifty to 100 μ g of total RNA were digested using 120-160 units DNaseI (Takara, Japan) in a solution containing 100 mM MgCl₂, 10 mM dithiothreitol, 25-100 units ribonuclease inhibitor (Wako, Japan) in a total volume of 200 μ l at 37 °C for 60 min. Then, we confirmed that there is no genomic DNA contamination by performing PCR with total RNAs as templates and H₁, H₂ and GAPDH primers at 40 cycles.

First strand complementary DNA (cDNA) mixture was made by random priming from RNA samples containing 4 μ g total RNA by using Superscript II system (GIBCO BRL, Bethesda) and the procedures recommended by the manufacturer. All PCR reactions were carried out in a total volume of 30 μ l of solution containing 10 μ l of cDNA mixture, 0.75 unit of AmpliTaq Gold polymerase (Perkin Elmer, New Jersey), 0.2 mM dNTP mixture, and 1 μ M specific sets of H₁, H₂ and GAPDH primers[2, 12, 18] (H₁ receptor: sense primer, 5'-CTGGTGGTGGTTCTCAGTAGTATC, positions 88-111; antisense primer, 5'-CAGCATAAGCAAAGTGGGGAGGTA-3', positions 598-621; H₂ receptor: sense primer, 5'-AATGGCACAGTTCATTCCTGCT-3', positions

10-31; antisense primer, 5'-ATCCGTTTGGCCTGCTCCCTGGCAA-3', positions 620-644; GAPDH: sense primer, 5'-ACTGTGGATGGCCCCTCTGGAAA, positions 583-605; antisense primer 5'-AGGTTTCTCCAGGCGGCATGTCA-3', positions 758-780). Cycling conditions are 9 min of pre-PCR incubation at 95 °C, 1 min of denaturation at 94 °C, 1 min of annealing at 60 °C (H₁ and GAPDH) or 65 °C (H₂), and 1 min of extension at 72 °C for 17-40 cycles at 2-cycle intervals. Then products were electrophoresed on a 2 % agarose gel containing ethidium bromide. Quantitations of PCR products were carried out as described by Nakayama et al.[9]. The intensity of the ethidium bromide luminescence was recorded using CCD image sensor FOTODYNE FOTO/Analyst Archiver Eclipse system (FOTODYNE, Wisconsin) and analyzed by computer software 1-D Basic (Advanced American Biotechnology, California). Reaction cycle-PCR product yield curves of each reaction were plotted on semilogarithmic graphs. From the graphs, we decided the numbers of cycles that each clone could exponentially be amplified. As an internal control, we also measured the rat GAPDH mRNA in the same manner. Data were analyzed by one way ANOVA, followed by Duncan's test. In all cases, p values less than 0.05 were considered statistically significant.

When PCR with H₁ primers were performed for 17-40 cycles at 2-cycle intervals, the amount of products increased exponentially with each cycle until cycle 33. To compare the levels of H₁ mRNA, we performed PCR at cycle 30-32. As shown in Figs. 1 and 2, 7 days after the last administration of 21 consecutive administrations, the level of H₁ receptor mRNA in the rat striatum increased significantly. On the other hand, 1 day and 14 days after the last administration, there were no significant changes of H₁ mRNA level in the rat striatum, being lower than that 7 days after the last administration.

When PCR with H₂ primers were performed for 17-40 cycles at 2-cycle intervals, the amount of products increased exponentially with each cycle until cycle 31. To compare the levels of H₂ mRNA quantitatively, we performed PCR at cycle 28-30. As similarly as H₁ receptors, Fig. 1 and 3 show that the mRNA level of H₂ receptor in the rat striatum increased significantly 7 days after the last administration, whereas there were no significant changes of H₂ receptor mRNA level in the rat striatum 1 day and 14 days after the last administration.

The H₁ receptor is moderately expressed in the striatum [8]. On the other hand, the H₂ receptor mRNA is abundant in the basal ganglia [19]. Nevertheless, the amount of total RNA isolated from the rat striatum is

relatively small, semi-quantitative RT-PCR was more useful for detecting the H₁ and H₂ mRNA than Northern blot[9].

In this study, we measured the mRNA levels of histamine receptors 1, 7, and 14 days after the last administration, because the HA content increased immediately after the chronic administrations of METH[3], and the release of HA increased 7 days after the last administration[4], and behavioral responsiveness persists for at least several weeks[14]. We found that 7 days after the chronic administrations of METH for 21 consecutive days, both H₁ and H₂ receptor mRNA levels increased significantly, but one day and 14 days after the last administration, there were not significant changes in either H₁ or H₂ receptor mRNA level. Thus, these increases at the day 7 were transient, and the levels of H₁ and H₂ receptor mRNAs returned to almost the same levels as those of control group by the 14 days after the last administration of METH. Chronic administration of METH increased HA levels, HA release and HDC activity in the rat striatum [3, 4]. Because these consecutive increases of HA release and HDC activity in the rat striatum are abolished by the cessation of METH treatment, it seems likely that mRNA levels of H₁ and H₂ receptors are subjected to the up-regulation.

We have recently reported that pretreatment with a precursor of HA, L-His, inhibited the development of METH-induced behavioral sensitization, whereas

pretreatment with an inhibitor of HA synthesis, α -fluoromethylhistidine, an H₁ antagonist pyrilamine or an H₂ antagonist zolantidine enhanced it [5]. H₁ antagonists have an addictive effect in combination use with opioids [16]. For example, in USA, the H₁ antagonist tripeleennamine has been used illicitly in combination with pentazocine by many heroin addicts known as “T’s and blues”[7, 10]. Thus, the HA neuron system has an inhibitory effect on the development of psychostimulant abuse through H₁ and H₂ receptors. It is well-known that the behavioral sensitization which remains for long time after the drug administration is completed shows the vulnerability for relapse of psychostimulant abuse and psychostimulant-induced psychosis. However, increases of H₁ and H₂ receptor mRNA levels during the lasting period of METH-induced behavioral sensitization are transient, and are consistent with a period of METH withdrawal. Thus, our results in this study may be related to withdrawal state of chronic psychostimulant abuse rather than maintenance of behavioral sensitization or psychostimulant abuse itself.

In conclusion, our study shows that after the chronic administration of METH, levels of H₁ and H₂ receptor mRNA in the rat striatum are increased transiently, and the increase may have some relation to withdrawal state of chronic psychostimulant abuse.

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Figure 2

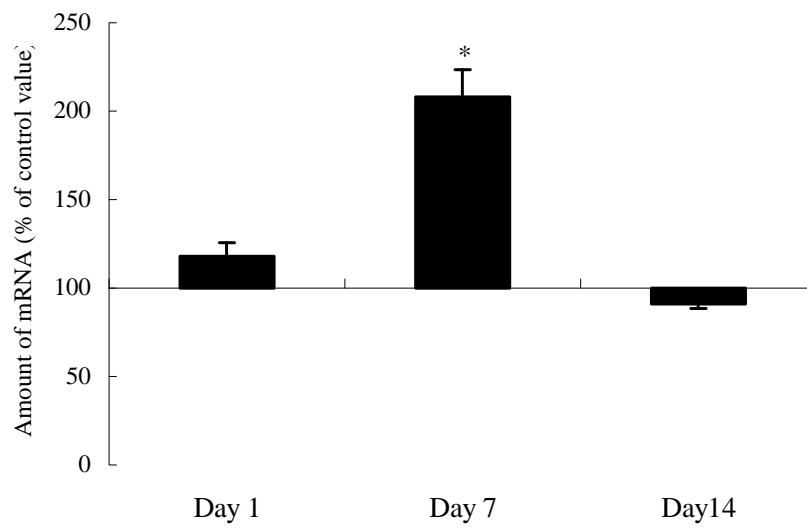


Figure 3

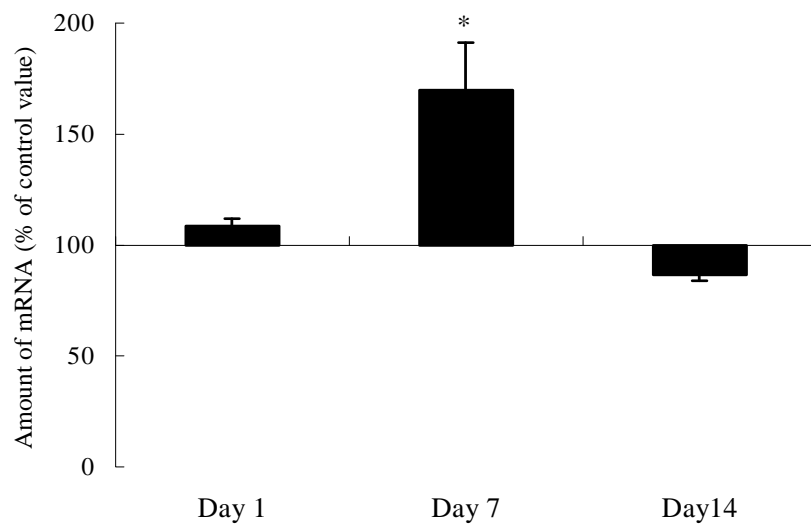


Figure legends

Fig. 1. H1 and H2 receptor mRNA expressions in the rat striatum 7 days after the last administration of saline or METH captured by the CCD image sensor. Rats were injected intraperitoneally with saline [0.9% (wt/vol) NaCl (1 ml/kg)] as control or METH (4 mg/kg) once daily for 21 consecutive days, and decapitated 7 days after the last injection, and measured mRNA level by semi-quantitative RT-PCR. The GAPDH gene was used as internal control for evaluation of the amount of cDNA synthesized.

Fig. 2. Effect of chronic administration of METH on mRNA levels of H₁ receptor in the rat striatum. Rats were injected intraperitoneally with saline [0.9% (wt/vol) NaCl (1 ml/kg)] or METH (4 mg/kg) once daily for 21 consecutive days, and decapitated 1 (n = 7), 7 (n = 6) and 14 (n=8) days after the last injection, and measured the H₁ receptor mRNA level by semi-quantitative RT-PCR. The average value of saline injected group is taken as 100%. Results are mean values, and their standard errors are shown as vertical bars. Statistical analysis was performed by means of ANOVA (* p < 0.05).

Fig. 3. Effect of chronic administration of METH on mRNA levels of H₂ receptor in the rat striatum. Rats were injected intraperitoneally with saline

[0.9% (wt/vol) NaCl (1 ml/kg)] or METH (4 mg/kg) once daily for 21 consecutive days, and decapitated 1 (n = 7), 7 (n = 6) and 14 (n=8) days after the last injection, and measured the H₂ receptor mRNA level by semi-quantitative RT-PCR. The average value of saline injected group is taken as 100%. Results are mean values, and their standard errors are shown as vertical bars. Statistical analysis was performed by means of ANOVA (* p < 0.05).

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