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Long-Term Outcomes after Robotic-Assisted Ivor-Lewis Esophagectomy

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Introduction/Purpose

- Esophageal cancer is the 6th leading cause of cancer-related deaths worldwide¹
- Surgery remains the mainstay for treatment- lvor-Lewis esophagectomy being the most common
- Robotic assistance (RAIL) affords better visualization and degrees of freedom
- Elucidate the long term outcomes of robotic assisted Ivor-Lewis esophagectomy

Methods

We performed a retrospective review of 112 consecutive patients undergoing RAIL surgery at our institution.

Table 1. Patient Demographics		
Patient Characteristic	Number of Patients	%
Age (Mean [SD])	63.1 [9.41]	
Male BMI (Mean [SD])	90 27.13 [5.70]	80.4
Neoadjuvant Therapy	82	73.2
Smoking History	87	77.7
Pre-operative Albumin (Mean [SD])	3.66 [0.49]	
Hypertension	62	55.4
Coronary Artery Disease	18	16.1
Diabetes	33	29.5
Gastroesophageal Reflux Disease	58	51.8
COPD	19	17
Pre-operative J Feeding Tube	15	13.4
Pre-operative G Feeding Tube	3	2.7
Pre-operative Dysphagia	86	76.8

Methods - Surgical Technique

- Laparoscopic gastric mobilization and creation of the gastric conduit
- Robotic transthoracic esophagectomy and anastomosis above the level of the azygous vein utilizing a linear stapler for the posterior wall and manual suture for the front wall.

Results

Table 4. Postoperative Complications			
	Number of		
Postoperative Complication	Patients	%	
Arrhythmia	30	26.8	
Anastomotic Leak	9	8.0	
Stricture Requiring Dilation	18	16.1	
Myocardial Infarction	0	0.0	
Pneumonia	12	10.7	
Vent Dependent Respiratory			
Failure	10	8.9	
Reintubation	15	13.4	
Acute Renal Failure	5	4.5	
Surgical Site Infection	4	3.6	
Pleural Effusion	15	13.4	
Chylothorax	2	1.8	
Deep Vein Thrombosis	2	1.8	
Stroke	0	0.0	
Delayed Gastric Emptying - 6			
Months*	16	18.4	
Delayed Gastric Emptying - 12			
Months*	3	4.2	
30-day Mortality	1	0.9	

Table 2. Tumor Type		
Histologic Type	Number of Patients	%
Adenocarcinoma	98	87.5
Squamous Cell Carcinoma	3	2.68
High Grade Dysplasia	2	1.79
Other	9	8.04



Discussion

- Robotic surgery did not compromise surgical margin
- 16% of our patients developed a stricture requiring at least one dilation, this is lower than the 23-42% of stricture rates reported in literature after an open esophagectomy^{2,3}
- 30 day mortality rate of 0.9%
- Overall survival and disease free survival results are comparable to thoracoscopic minimally invasive esophagectomy data⁴
- Limitations

Conclusion

- Demonstrate the feasibility and safety of a RAIL esophagectomy
- Outcomes are similar to other non-robotic esophagectomies

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