"A STUDY ON HOMOEOPATHIC MANAGEMENT OF

OPPOSITIONAL DEFIANT DISORDER IN CHILDREN"

A DISSERTATION SUBMITTED IN PARTIAL FULFILLMENT OF THE REQUIREMENT

FOR THE AWARD OF THE DEGREE OF

DOCTOR OF MEDICINE IN HOMOEOPATHY: M.D. (Hom.)

IN

PAEDIATRICS

By

Dr. REVATHI T.R

Under the guidance of

Dr. P.R SISIR, M.D (Hom.)

Professor& Head

Department of Paediatrics



SARADA KRISHNA HOMOEOPATHIC MEDICAL COLLEGE, KULASEKHARAM, KANYAKUMARI DISTRICT, TAMIL NADU



SUBMITTED TO

THE TAMILNADU Dr. M.G.R. MEDICAL UNIVERSITY, CHENNAI

ENDORSEMENT BY THE HEAD OF THE DEPARTMENT AND

THE INSTITUTION

This is to certify that the Dissertation entitled " A STUDY ON

HOMOEOPATHIC MANAGEMENT OF OPPOSITIONAL DEFIENT

DISORDER IN CHILDREN" is a bonfide work carried out by **Dr. REVATHI**

TR, a student of M.D.(Hom.) in DEPARTMENT OF PAEDIATRICS in the

SARADA KRISHNA HOMOEOPATHIC MEDICAL COLLEGE under the

supervision and guidance of.DrPR SISIR,MD (Hom) & Professor& Head

Department of Paediatrics in partial fulfillment of the Regulations for the award

of the Degree of **DOCTOR OF MEDICINE (HOMOEOPATHY)** in

PAEDIATRICS. This work confirms to the standards prescribed by THE

TAMILNADU DR. M.G.R. MEDICAL UNIVERSITY, CHENNAI.

This has not been submitted in full or part for the award of any degree or

diploma from any University.

Dr. P.R SISIR M.D (Hom.)

Dr. N.V SUGATHAN, MD

(Hom)

HOD, Dept. of Paediatrics

PRINCIPAL

Place: Kulasekharam

Date:

CERTIFICATE BY THE GUIDE

This is to certify that the Dissertation entitled " A STUDY ON

HOMOEOPATHIC MANAGEMENT OF OPPOSITIONAL DEFIENT

DISORDER IN CHILDREN" is a bonafide work of **Dr. REVATHI. TR.** All

her work has been carried out under my direct supervision and guidance. Her

approach to the subject has been sincere, scientific and analytic. This work is

recommended for the award of degree of DOCTOR OF MEDICINE

(HOMOEOPATHY) in **PAEDIATRICS** of THE **TAMILNADU**

DR.M.G.R MEDICAL UNIVERSITY, CHENNAI.

Place: Kulasekharam

Dr. P.R SISIR, MD(Hom.)

Date:

HOD & Professor, Dept. of Paediatrics

DECLARATION

I, **Dr. REVATHI T R** do hereby declare that this Dissertation entitled

''A **HOMOEOPATHIC STUDY ON MANAGEMENT OF**

OPPOSITIONAL DEFIENT DISORDER IN CHILDREN" is a bonafide

work carried out by me under the direct supervision and guidance of **Dr.P.R**

SISIR, M.D. (Hom.) Professor & Head Dept. of Paediatrics, in partial

fulfillment of the Regulations for the award of degree of DOCTOR OF

MEDICINE (HOMOEOPATHY) in PAEDIATRICS of The Tamil Nadu

Dr. M.G.R Medical University, Chennai. This has not been submitted in full

or part for the award of any degree or diploma from any University.

Place: Kulasekharam

Dr. REVATHI T.R

Date:

ABSTRACT

BACKGROUND

Oppositional defiant disorder comes under disruptive behavioural disorder. In DSM IV- TR it is mentioned as behavioural disorder. The population undertaken for this study are students with oppositional behaviour in children.

AIM AND OBJECTIVES

- To study the efficacy of homoeopathic management of oppositional defiant disorder in children.
- To assess the clinical course of oppositional defiant disorder during homoeopathic treatment.

METERIALS AND METHOD

The awareness program has conducted and screening has done to identify oppositional defiant disorder. The screened students are taken to unit in college. About 500 cases of behavioural problems were recorded since last 6 months of which 50% of cases are affected with oppositional defiant disorder.

Awareness program was conducted in all the schools in Kanyakumari district, for both parents and teachers. Clear instruction regarding screening was given to them. The students are screened by the performer with Vand erbilt parent rating scale. Thereafter, select ted students with oppositional defiant disorder. Preassessment was done using Vanderbilt parent rating scale. Thereafter, homoeopathic case taking was done. Medicine was prescribed based on individualization. Post assessment was done after 6 months.

RESULT

Homoeopathic medicine are effective in treating oppositional defiant disorder. calcarea carbonicum was the remedy which came first as constitutional medicine

DEDICATED TO MY BELOVED PARENTS

ACKNOWLEDGEMENT

With a devoted heart I thank **Almighty God** whose grace strengthens me to complete this work with maximum involvement.

I express my sincere thanks to my guide **Dr. P.R SISIR, M.D.** (**Hom.**), Head of Department of Paediatrics, Sarada Krishna Homoeopathic Medical College, Kulasekharam, for the valuable thoughts, guidance and suggestions given throughout the period of study.

I convey my respectful regards to **Dr. C. K. MOHAN B.SC., M.D.** (**Hom.**)

Chairman, Sarada Krishna Homoeopathic Medical College, Kulasekharam for providing the opportunity to study in this Institution and for providing necessary facilities in the making of this work.

I am thankful to **Dr. N.V.SUGATHAN M.D.** (Hom.), Principal and Medical Superintendent

Dr. WINSTON VARGHEESEM.D. (Hom), PG coordinator, Sarada Krishna Homoeopathic Medical College, Kulasekharam for their support throughout my study.

I am thankful to **Dr. SIJU.V** M.D. (Hom) (Head of department of Forensic medicine and toxicology. And Head of learning disability unit) Mr. VIJILAN.P.V D. Ed SE (MR)., B.Ed SE (MR)., M Ed SE (MR). Osmania University, (SARS), MA (Child Care & Edu)., MA (MC & JR). MBEH., B. Sc Psy., MSc Psy., M. Phil Rehabilitation Psychology. Osmania University (NIMH). Dr. RESHMA RAGHU, M. D (Hom) medical officer of learning disability unit and also I thank Mr. THANA SHEKAR.B.O.T, DR (O.T) AND Mrs. ANITHA

I express my sincere thanks to the Directors, chief medical officers

Dr. RAMASUBRAMANYOM MD (PAED), Dr. PRATHEEP MD (PAED) other Medical Officers and Staffs of Gerdi Gutperle Agasthiyar Muni Child Care Center, Vellamadam, for their kind support during my curriculum. I also extend my thanks toDr. JAYA GAUTHAM MD (PAED) for her support during my curriculum. And Dr. JAYARAMAN M.D. (Hom).

I would like to extend my thanks to my teacher DR. C.V. CHANDRAJA for their timely support and encouragement. I express my heart full thanks to my respected and beloved teacher Dr. A. S. SUMAN SANKAR, M.D. (HOM.), Department of Repertory, for his timely support and sensible advices during my curriculum and dissertation work. I express my heart full thanks to my beloved teachers Dr. SREEVIDHYA, M.D. (Hom.) Dr. MAHADEVI A.L. MD. (Hom.) and Dr. BENCITHA HORRENCE MARY, M.D. (Hom.),

Dr. BHINDHU SARAN, M.D (Hom) for their timely support and encouragement.

It is my duty to express my sincere thanks to all my kind teachers who lit the lamp of knowledge in me.

I regard my thanks to librarians and all college staffs for providing the ample support in the collection of the data and towards the preparation of the work. I am thankful to all the registration staff and other hospital staff of our hospital, especially the valuable support they had provided in the completion of this work.

I also extend my thanks to all my batch mates, my colleagues, Dr. ABHIJITH RANJAN, Dr. CHINCHU GS, Dr. RAVEENA R LAKSHMI, Dr. SOUMYA GOPAL, Dr. VINEETHA SREEKUMAR lovable friends, seniors, juniors, interns and all my well-wishers for their prayers and immense support.

I extend my sincere love and gratefulness from the bottom of my heart to Dr. GEETHU.G, Dr. ANINA MARRIAM VARGHEESE, Dr. G. KAUSALYA, for his guidance, support and for providing me all the materials which are needed for the study.

I express my heart ful thanks to the management, principal and staff of ST.

MARY'S HIGHER SEC SCHOOL, KALIYAL for their immense support to conduct this study. I also extend my prayers and thanks to all patients and their parents who had participated in the study.

I would like to express my love and gratitude to my father Mr. T.K RAJENDRAKUMAR and mother Mrs. K.S.SREEDEVI who has supported me throughout my studies. Then, I would like to extend my sincere love and great fullness from the bottom of my heart to my husband Mr. T.N SREEJITH, my lovely son AADESH SREEJITH, beloved mother in law Mrs. RATHNAVATHY P.M and all other family members of me who bolstered up me in the course of my studies.

Dr. REVATHI T.R

TABLE OF CONTENTS

Sl	CONTENTS	PAGE
No		.NO
1	INTRODUCTION	
		1
2	AIMS AND OBJECTIVES	4
3	REVIEW OF LITERATURE	5
4	MATERIALS AND METHOD	17
5	OBSERVATION,RESULTS,AND STATISTICAL ANALYSIS	20
6	DISCUSSION	34
7	LIMITATION AND RECOMMENDATIONS	37
8	CONCLUSION	38
9	SUMMARY	39
10	BIBILIOGRAPHY	40-41
11	APPENDICES	42

LIST OF FIGURES

Fig.NO	DESCRIPTION	Page .No
1	Distribution of cases according to age	20
2	Distribution of cases according to sex	21
3	Distribution of cases according to pre and post assessment	22
4	Distribution of cases according to co-morbid factors	24
5	Distribution of cases according to constitution remedies	25
6	Distribution of cases according to potencies	27
7	Distribution of cases according to the improvement criteria	28

LIST OF ABBREVIATIONS

SL. NO	ABBREVIATION	EXPANSION	
1.	%	Percentage	
2.	<	Aggravation	
3.	>	Amelioration	
4.	=,A/F	Ailments from	
5.	D	Dose	
6.	Dr	Doctor	
7.	F	Female child	
8.	M	Male child	
9.	H/O	History of	
10.	mnths	Months	
11.	No.	Number	
12.	OPD	Outpatient department	
13.	IPD	In patient department	
14.	SL	SaccharumLactis	
16	yrs	Years	
17	Kgs	Kilograms	
18	i.e.,	That is	
19.	NR	Nothing Relevant	
20.	Σ	Sum	
21.	m	Meter	
22.	LD	Learning Disability	

23.	Sl.No	Serial Number	
24.	ADHD	Attention Deficit Hyper	
		Active Disorder	
25.	NE	Nocturnal Eneuresis	
26.	AD	Anxiety disorder	
27	ODD	Oppositional Defiant	
		Disorder	
28	CD	Conduct Disorder	
29	&	And	

LIST OF APPENDICES

Sl.No	APPENDICES	Page .No
1.	Annexure I (Vanderbilt parent rating scale)	51
2.	Annexure- II (Case sheet format)	43
3.	Annexure- III (Sample case)	59
4.	Annexure – IV(Concent form)	55
5.	Annexure – V(Master Chart)	70

1.0 INTRODUCTION

Behavioural problems is defined as the symptomatic expression of emotional inadequate adjustment especially in children.^[1]

Oppositional defiant disorder is one of the behavioural problems under descriptive behavioural disorder. Oppositional defiant disorder is one of the mental health problems in children and adolescents.

Evidence suggests that between 1 and 16% children have oppositional defiant disorder. It is a pattern of disobedient, hostile, argue with adult, [2]

Child is angry, irritable, recent ful, they blamed other for her mistakes ,non obedient, arguementative ,and defiant behaviour,repeated tantrum throwing, verbal aggression, spiteful or vindictive. This type of behaviour may be due to certain factors such as hereditary, emotional, pre natal factors. [3]

If oppositional defiant disorder is not treated it can progress to conduct disorder and child can changes to an anti social adult.

DEFINITION

In DSM-IV-TR oppositional defiant disorder is defined as a recurrent pattern of negativistic ,Oppositional , defiant, disobedient and hostile behaviour towards authority figures^{-[6]}

In oppositional defiant disorder can be occur due to hereditary factors, lack of parental care, emotional factors. Lack of awareness of parents.

Oppositional defiant disorder is a repetitive and persistent pattern of opposition, defiant, disobedient and disruptive behaviours towards authoritative figures for at least 6 months [9]

Prevalence:

Defiant Disorder is one of the most common behavioural problems and in tamilnaduabout 11% of children present the symptoms of oppositional defiant disorder. Males are more prevalence than female. latest researches in India observed that children had an oppositional behavioural rate of 33.3% and grade retention rate of 30.7% psychatrists have conducted a survey recently and observed that approximately 1 in 10 children under 5 yrs of showed signs of oppositional defiant disorder. A study published in journal of child psychology and psychiatry shows the prevalence of oppositional defiant disorder is estimated to be 10.2% Another study published in journal of abnormal psychology vol 119,Nov 2010 states that a great smoky mountain study a longitudinal data with over 8,000 observation of 1,420 individuals 56% males covering age 9 -18 yrs. [12]

Risk factiors:

Oppositional defiant disorder can be due to genetic cause leading to some neurological changes in brain^[3]

- lack of proper parental supervision, discipline, child abuse, or child neglect can also cause oppositional defiant disorder in children^{.[3]}
- certain pregnancy and birth problems are also linked with oppositional defiant disorder. Malnutrition, protein deficiency, lead poisoning, alcohol or nicotine by mother during pregnancy are also linked with oppositional defiant disorder^[3]

1.1 NEED OF THE STUDY:

Essential features of oppositional defiant disorder are a recurrent pattern of negativistic, defiant ,and hostile behaviour towards authoritative figures. Whereas the essential features of conduct disorder are a repetitive and persistent pattern of behaviour in which the basic rights of others and rules are violated. [23]

If Oppositional defiant disorder—is not treated properly the personalities will be changed in to conduct disorder. Oppositional defiant disorder and conduct disorder continue to be predominant juvenile disorders in mental health. Research in recent years shows that the course of antisocial behaviour from child hood through adult hood. [23]

1.1 AIMS AND OBJECTIVES

- To study the efficacy of homoeopathic management of oppositional defiant disorder in children.
- To assess the clinical course of oppositional defiant disorder during homoeopathic treatment.

3.0 REVIEW OF LITERATURE

Disruptive behavioural disorders are common and are associated with impairment for both children and their families. Disruptive behavioural problems are also associated with increased cost to society, it is estimated that individual with antisocial behaviours in child hood.^[5]

Behavioural problems is defined as the symptomatic expression of emotional inadequate adjustment especially in children^[1]

Oppositional defiant disorder is one of the behavioural problems under descriptive behavioural disorder. Oppositional defiant disorder is one of the mental health problems in children and adolescents. Evidence suggests that between 1 and 16% children have oppositional defiant disorder .It is a pattern of disobedient, hostile, argue with adult^[2]

child is angry, irritable, resentful, they blamed other for her mistakes ,non obedient, arguementative ,and defiant behaviour, repeated tandrum throwing, verbal aggression, spiteful or vindictive. This type of behaviour may be due to certain factors such as hereditary, emotional, pre natal factors ^[3]

If oppositional defiant disorder is not treated it can progress to conduct disorder and child can changes to an antisocial adult.

3.1 DEFINITION:

According to Diagnostic Statistical Manuel (DSM-IV-TR) oppositional defiant disorder is defined as a recurrent pattern of negativistic, defiant, disobedient and hostile behaviour towards authority figures^{.[6]}

Oppositional defiant disorder is a repetitive and persistent pattern of opposition, defiant, disobedient and disruptive behaviours towards authoritative figures for at least 6 months^[9]

3.2 ETIOLOGY:

- Dysfunction of brain plays an important role in disruptive behavioural disorders. All mental process is derived from operations of brain. Genes and their protein products are important determinants pattern of interconnections between neurons in the brain. genes contribute to behaviour. So behaviour and social factors can exert action on the brain and its function by modifying the expression of genes. [6]
- Way of upbringing: lack of proper parental supervision, discipline, child abuse, or child neglet can also cause oppositional define disorder in children^[3]
- Emotional factors: certain pregnancy and child problems are also linked with oppositional defiant disorder. Mal nutrition, protein deficiency, lead poisoning, alcohol or nicotine by mother during pregnancy are also linked with oppositional defiant disorder^[3]
- Neuro biological factors also played a role in the initiation of the disruptive behavioural disorders. and also play a role in maintenance of this disorder [6]

3.3 EPIDEMOLOGY:

Oppositional defiant disorder is one of the common childhood disorder.
 With an estimated prevalence of 2% to 10%. Data from world health organisation and world mental health survey indicates that prevalence of oppositional defiant disorder widely across country.

- It is more common in boys than girls.
- Symptoms are stable between the age of 5 and 10.
- According to British child and adolescent mental health survey (2000-2003) age group between 5-10 yrs out of this boys 4.8% and in girls 2.1%. the great smoky mountain study (Costello et al,2003- three month prevalence age group between 9 -16 yrs, boys 3.1% girls 2.1%. the Bergen child study(munkvold et al, 2009) age group between 7-9 years, boys 2.0% girls 0.9%. [5]

3.4 PATHOGENESIS:

Various researches assume that this condition is caused by a combination of brain dysfunction and bio chemical imbalance.

Specific areas of brain impairment include amygdale (emotional control centre) pre frontal lobes of neo cortex and right caudate and globuspallidus which form the main neural circuit by which the cortex inhibit behaviour.

Oppositional defiant disorder also linked with abnormal amount of several neurotransmitters, including serotonin, nor epinephrine, and dopamine. Neurotransmitters help nerve cells in the brain communicate with each other. If these chemicals are not working properly messages are not comes out properly thus leads to the symptoms of oppositional defiant disorder and emotional problems. [7]

3.5 CLINICAL FEATURES:

Sometimes it's difficult to recognize the difference between a strong-willed or emotional child and one with oppositional defiant disorder. It's normal to exhibit oppositional behaviour at certain stages of a child's development.

Signs of Oppositional defiant disorder generally begin during preschool years. Sometimes Oppositional defiant disorder may develop later, but almost always before the early teen years. These behaviors cause significant impairment with family, social activities, school and work. [13]

DSM –IV OPPOSITIONAL DEFIANT DISORDER SYMPTOMS: [5]

- Angry and resentful.
- Argues with adults.
- Easily annoyed with others.
- Loses temper.
- Deliberately annoys and irritates others.
- Blames others for his/her mistakes.
- Often spiteful and vindictive.

3.5 DIAGNOSIS:

DSM- IV criteria for oppositional defiant disorder require 4 or more symptoms to be present for at least 6 months. Key features of oppositional defiant disorder by ICD 10 includes persistent pattern of provocative, hostile and non complaint behaviour. [5]

DSM-5 DIAGNOSTIC CRITERIA FOR OPPOSITIONAL DEFIANT DISSORDER:

A pattern of angry/irritable mood, arguementative/defiant behaviour, or vindictiveness lasting at least 6 months by at least 4 symptoms from any of the following:

a. Angry/irritable mood

- Often losses temper.
- Often touchy or easily annoyed.
- Often angry and resentful.

b. Argumentative /defient behaviour

- Often argues with authoritative figures, for children, adolescence, with adult.
- Often deliberately annoyed by others.
- Blames others for his or her mistakes.
- Vindictiveness.

3.6 RISK FACTORS

Oppositional defiant disorder is complex problem possible risk factors for Oppositional defiant disorder includes:

- **Temperament** a child who has a temperament that includes difficulty regulating emotions, such as being highly emotionally reactive to situations or having trouble tolerating frustration
- Parenting issues a child who experiences abuse or neglect, harsh or inconsistent discipline, or a lack of parental supervision
- Other family issues a child who lives with parent or family discord or has
 a parent with a mental health or substance use disorder

Environment — oppositional and defiant behaviors can be strengthened and

reinforced through attention from peers and inconsistent discipline from other

authority figures, such as teachers

3.7 COMORBIDITY:

3.7.1 ATTENTION DEFICIT HYPER ACTIVE DISORDER

Attention Deficit Hyperactive Disorder (ADHD) is one of the comorbidities of

oppositional defiant disorders. Attention deficit hyperactive disorders affects

childrens and theenage groups.

children may be hyperactive and unable control there impulses.it is more

common in boys than girls^[15]

Symptoms [15]

Inattention, makes careless mistakes.

Forgets about daily activities.

Often loses things.

Easily distracted.

TYPES: [15]

Attention deficit hyperactivity disorder is divided in to three different types:

Inattentive type

• Hyperactive –impulsive types

Combination type.

3.7.2. LEARNING DISABILITY:

10

Learning disability is a neurological disorder. It results

from a difference in the way a person's brain is "wired" [16]

Types of learning disorders include:

• reading (dyslexia)

• mathematics (dyscalculia)

writing (dysgraphia)

The unknown factor is the disorder that affects the brain's ability to receive and process information. [17]

Causes:

Some causes of neurological impairments include:

• Heredity and genetics:

Learning disabilities are linked through genetics.

• Problems during pregnancy and birth:

Result from anomalies in the developing brain, illness or injury. Risk factors are low birth weight, these children's are more likely to develop a disability in maths or reading.

• Accidents after birth:

Learning disabilities can also be caused by head injuries, malnutrition, or toxic exposure.[17]

3.7.3 ANXIETY DISORDERS:

The word anxiety is derived from Latin" Anxietas" and comprises behavioural, effective and cognitive response to the perception of danger. Anxiety stimulates an anticipatory and adaptive responses to challenging or stressful events.

Classification:

In DSM IV includes the following major categories of anxiety disorders:

- Panic disorder (with or without agoraphobia)
- Social phobia (social anxiety disorder)
- Specific phobia (fear of strangers)
- Generalized anxiety disorder
- Post traumatic stress disorder
- Obsessive compulsive disorder.

3.7.4 STUDIES RELATED TO OPPOSITIONAL DEFIANT DISORDER IN CHILDREN

1. Prevalence of oppositional defiant disorder in primary school children

- Duncan et al in 1990 reported that 8.3% of 52 children with oppositional behaviours. School mental health survey provide an good opportunity for estimating prevalence of child hood psychiatric disorders.
- Further interviewing children with parents, according to DSM-1V-TR 25.45% having psychiatric morbidities, of the total students in the study population, those who are found positive through parent rating scale

- total males were 137 and females 93 the prevalence of oppositional defiant disorder was found to be 7.73%. [14]
- Lacuna of studies on oppositional defiant disorder the prevalence of oppositional defiant disorder among primary school children was found to be 7.73% and found to be equal among male and female.
- 2. A study published in journal of child psychology and psychiatry shows the prevalence of oppositional defiant disorder is estimated to be 10.2%
- 3. DSM IV disorder these result supports the study of oppositional defiant disorder prospective and experimental study are needed [11].
- 4. Another study published in journal of abnormal psychology vol 119,Nov 2010 states that a great smoky mountain study a longitudinal data with over 8,000 observation of 1,420 individuals 56% males covering age 9 -18 yrs.

 [12]
- 5. Another study published in journal of J Fam med2019, A comparative study on effectiveness of individual and group play therapy on symptoms of oppositional defiant disorder result shows marked decrease in oppositional defiant disorder symptoms in experimental group based on parent rating scale.
 - This research shows the efficacy of individual and group play therapy for oppositional defiant disorder the effects at 2 month follow-up.
- 6. Another study published in the journal child and adolescent mental health 2015 states that the prevalence of oppositional defiant disorder dimention and subtypes in a highly disturbed adolescence offender sample, in DSM 5, findings confirm the effectiveness of oppositional defiant disorder.

7. Another study published in journal child psycho psychiatry 2014,this study shows four classes of oppositional defiant problems in two latent class analysis irritable, defiant symptoms class had increased frequency of

childhood diagnosis of oppositional defiant disorder.

8. Another study published in journal Hamilton SS,Am Fam physician 2008 the

research supports the effectiveness of parent training and collaborative

problem solving its aims to develop child's skill in tolerating frustration.

3.8 HOMOEOPATHIC PRESPECTIVE:

According to Hahnemann, the aphorism 225 of organon of medicine states that, A

few emotional diseases which have not mearly been developed in to corporeal

disease, but which an inverse manner, the body slightly indisposed originate and

are kept up by emotional cause, such as anxiety, worry, this kind of emotional

diseases destroy corporeal health. [11]

3.9 RUBRICS RELATED TO VARIOUS REPERTORIES:

REPERTORY OF HOMOEOPATHIC MATERIAMEDICA by DR JT KENT

DR JT KENT had coined mind rubrics f rom these can be considered in case of

oppositional defiant disorder^[19]

MIND-ANGER violent

MIND- CONTRADICT disposition to

MIND-MALICIOUS

MIND-QUARRELSOME

14

SYNTHESIS- REPERTORIUM HOMOEOPATHICUM SYNTHETICUM [20]

MIND-ANGER-violent

MIND- ANGER, throwing things around

MIND-CONTRADICTION-disposition to

MIND- MALICIOUS

MIND-QUARRELSOME

MIND-REPROCHING OTHERS

3.10 BEHAVIOURAL PROBLEMS AND MATERIA MEDICA

Modern medicine has no treatment in case of behavioural problems. But homoeopathy has specific remedies which acts in dynamic plane. The few important drugs for behavioural problems they are:

Calcarea carbonicum:

Obstinacy, slight mental effort produce hot head^[22]

Lycopodium:

• Extremely sensitive, little things annoy, head strong [22]

Silicea:

• Obstinate, head strong in children^{.[22]}

Sulphur:

• Child peevish in growing people, irritable^[22]

Tuberculinum:

• Irritable, obstinate in children. [22]

Tarentula:

• Extreme restlessness, destructive impulses, easily angered. [22]

Staphysagria:

• Marked irritability, peevish. [22]

Arsenicum album:

• Irritable,peevish, restless, full of anguish^{.[21]}

Aurum metalicum:

• Anger, contradiction^[21]

4.0 MATERIALS AND METHODS

4.1 STUDY SETTING

A sample of 30 cases presenting with oppositional defiant disorder obtaining from school health program conducted by Sarada Krishna Homoeopathic Medical College.and also from the OPD, IPD and rural centers of Sarada Krishna Homoeopathic Medical college.

4.2 SELECTION OF SAMPLES

- Sample Size 30 cases
- Sampling Technique Simple Random Sampling.

4.3 INCLUSION CRITERIA:

- Patients of age group between 3-17 years of age which are diagnosed as oppositional defiant disorder.
- Children of both sexes.

4.4 EXCLUSION CRITERIA

- Patients below 3yrs and above 17 years of age.
- Patients with chromosomal disorder.
- Patients of unwilling parents.

4.5 STUDY DESIGN

• Screening will be done in school based on Vanderbilt parent rating scale.

- The study will be carried out in Sarada Krishna Homoeopathic Medical College Hospital and rural centers of Sarada Krishna Homoeopathic Medical College.
- Data will be collected according to pre-structured SKHMC case format.
- Pre and post treatment analysis is done using Vanderbilt parent rating scale.
- Medicines will be prescribed according to the individualization of the case.
- The patients will be monitored before and after administration of medicine.
- It is a 6 month to one year study, therefore the data will be assessed at regular intervals.

Results will be subjected to statistical analysis and hypothesis will be tested using paired t- test.

4.6 INTERVENTION:

- Case taking, medicine selection and administration according to homoeopathic principles.
- Intervention will be constitutional management after totality of case and repertorisation.
- Potency will be selected according to susceptibility of the patient.
- Follow up should be done.

4.7 SELECTION OF TOOLS:

- Samples are selected by using Vanderbilt parent rating scale.
- Pre structured SKHMC case format.

4.8 BRIEF OFPROCEDURES:

- 30 cases are obtained for the study from patients, parents, and bystanders by physicians observation.
- Potency selection and repetition were prescribed according to principles of homoeopathy according to organon of medicine.
- Screening and improvement pattern are diagnosed through observation, symptomatology of the patient.
- Improvement was monitored after 6 months of the administration of the medicine by recording the variations of Vanderbilt parent rating scale.
- Pre and post treatment analysis was done according to Vanderbilt parent rating scale.
- Observations were noted in tables and graphical presentations.
- Statistical analysis was done and results were noted.

4.9 OUT COME ASSESSMENT:

- Oppositional defiant disorder improvement criteria
- Homoeopathic prescription based on improvement done by demographic test
- Over all performance of the patients is also assessed.

DATA COLLECTION:

- Selection of 30 cases which are collected from the OPD,IPD,RHC of SKHMC.
- Case taking based on according to organon of medicine.

STATISTICAL TECHNIQUESAND DATA ANALYSIS:

- Pre and post test assessment.
- Paired t- test
- Data presentation including ,charts ,diagrams and tables.

ETHICAL ISSUES (IF ANY):

Ethical clearance has been obtained from sarada Krishna homoeopathic ethical clearance committee

5.0 OBSERVATIONS AND RESULTS

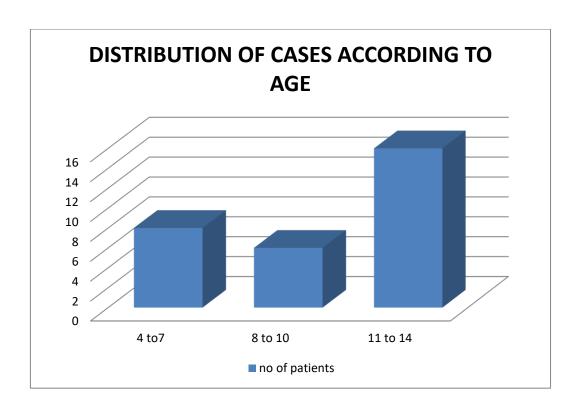
A sample of thirty cases obtained by screening the students from the patients who attend the OPD and IPD of Sarada Krishna homoeopathic medical college and hospital was taken for this study. The children with the positive result in Vanderbilt parent rating scale for screening of oppositional defiant disorder. And start constitutional medicine. Again screen for 6 months. All the thirty cases were follow up for a period of 6 months and were subject to statistical study. The results are presented on the basis of data obtained from study group. The following tables and charts reveal the observations and results of this study.

5.1 DISTRIBUTION OF CASES ACCORDING TO AGE

Out of 30 cases 8patients of 26.6% between the age of 4-7 years,6patients of 20% between the age of 8-10years, 16 patients of 53.3% between the age of 11-14 years.

Table No 1.0 – classifying cases according to the age

AGE	NUMBER OF PATIENTS	PERCENTAGE
4-7	8	26.6%
8-10	6	20%
11-14	16	53.3%

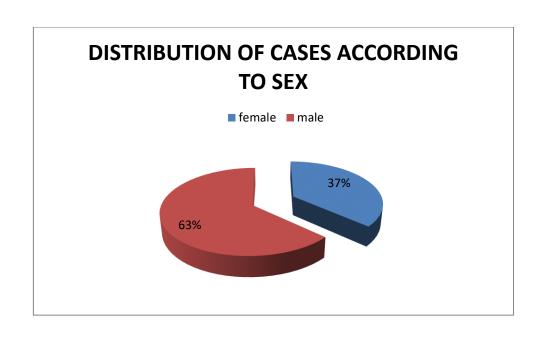


5.2 DISTRIBUTION OF CASES ACCORDING TO SEX

Among 30 cases 11 were (36.6%) are female19(63.3%) were male.

Table No- 1.1 Classify cases according to sex

GENDER	FEMALE	MALE	TOTAL
NUMBER OF	11	19	30
PATIENTS			
PERCENTAGE	37%	63%	



5.3 DISTRIBUTION OF CASES ACCORDING TO PRE AND POST ASSESSMENT OF VANDERBILT PARENT RATING SCALE

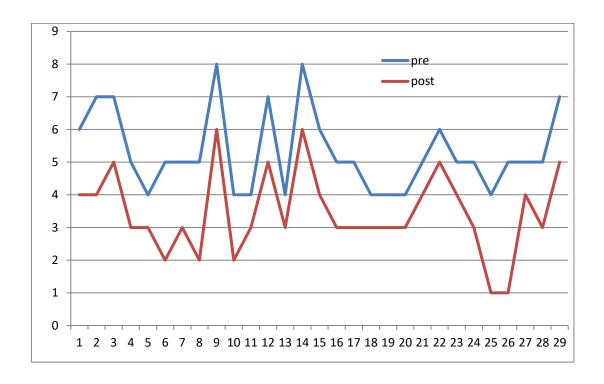
Table no -1.2 According to pre and post assessment of

Vanderbilt parent rating scale

SL NO	PRE	POST
1.	6	4
2	7	4
3	7	5
4	5	3
5	4	3
6	5	2
7	5	3

8	5	2
9	8	6
10	4	2
11	4	3
12	7	5
13	4	3
14	8	6
15	6	4
16	5	3
17	5	3
18	4	3
19	4	3
20	4	3
21	5	4
22	6	5
23	5	4
24	5	3
25	5	3
26	4	1
27	5	1
28	5	4
29	5	3
30	7	5

DISTRIBUTION OF CASES ACCORDING TO PRE AND POST ASSESSMENT OF VANDERBILT PARENT RATING SCALE



5.4 DISTRIBUTION OF CASES ACCORDING TO COMORBID FACTORS

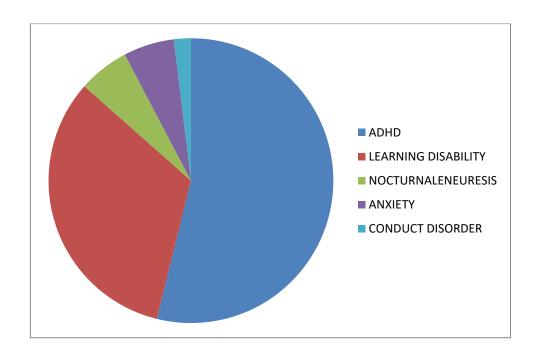
Out of 30 cases Attention deficit hyper active disorder was present in 26 percentage learning disability 18 percentage nocturnal eneuresis 4 percentage, anxiety disorder 2 percentage.

Comorbidity	Number Of Patients	Percentage
ADHD	28	93%
LEARNING DISABILITY	17	56.6%

NOCTURNALENEURESIS	3	10%
ANXIETY	3	10%
CONDUCT DISORDER	1	3%

DISTRIBUTION OF CASES ACCORDING TO

CO-MORBID FACTORS



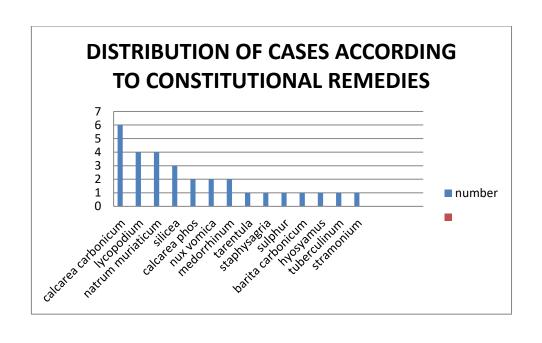
5.5 DISTRIBUTION OF CASES ACCORDING TO CONSTITUTIONAL REMEDIES

Out of 30 cases calcarea carbonicum in 6 patients and 20 percentage, lycopodium in 4 patients and 13 percentage, natrum muriaticum in 4 patients and 13 percentage, silicea in 3 patients and10 percentage, calcarea phos in 2 patients and 6.6 percentage, nux vomica in 2 patients and 6.6 percentage, medorrhinum in 2 patients and 6.6 percentage, tarantula in 1 patient and 3 percentage, staphysagria in

1 patient and 3 percentage, sulphur in 1 patient and 3 percentage, barita carbonicam in 1 patient and 3 percentage, hyosyamus in 1 patient and 3 percentage, tuberculinum in 1 patient and 3 percentage. And stramonium in 1 patient and 3 percentage.

Table 1.3 Classify cases according to constitutional remedies

Constitutional remedies	Number of patients	percentage
Calcarea carbarbonicum	6	20
Lycopodium	4	13
Natrum muriaticum	4	13
Silicea	3	10
Calcarea phosphoricum	2	6.6
Nux vomica	2	6.6
Medorrhinum	2	6.6
Staphysagria	1	3
Sulphur	1	3
Baryta carbonicum	1	3
Hyosyamus	1	3
Tuberculinum	1	3
Tarantula	1	3
Stramonium	1	3

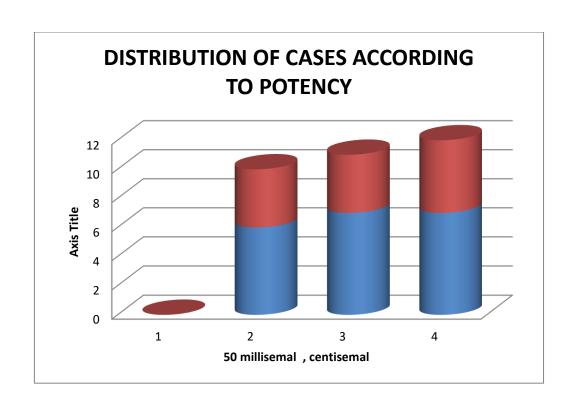


5.6 DISTRIBUTION OF CASES ACCORDING TO POTENCY

Out of 30 cases 6 cases of 20 % cases are 50 millisimal scale 11 cases are millisimal scale of 36.6% and 13 cases are centesimal scale of 43.3%

Table no 1.4 classify cases according to potency selected

Potency	50Millesimal	Centecimal
Number of	6	24
patients		
Percentage	20	80

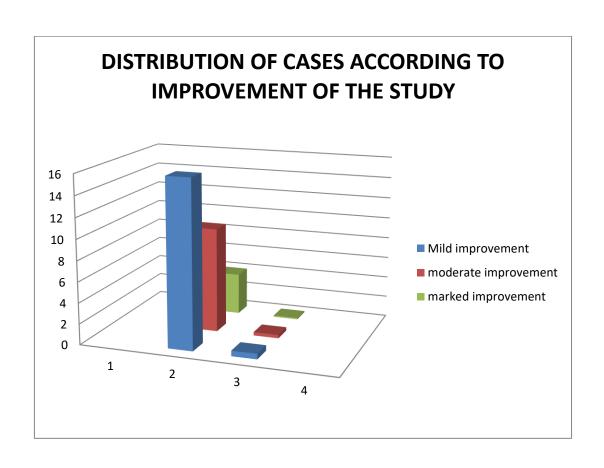


5.7 DISTRIBUTION OF CASES ACCORDING TO IMPROVEMENT OF THE STUDY

Out of 30 cases, 16 cases with mild improvement of 53%, 10 cases with moderate improvement with 33% and 4 cases with marked improvement of 13% percentage.

Table no -1.5 Improvement status

MILD	MODERATE	MARKED
16	10	4
53%	33%	13%



5.1. STATISTICAL ANALYSIS

SL. No.	X	Y	$\mathbf{d} = \mathbf{x} \cdot \mathbf{y}$	d - d	$(\mathbf{d} - \mathbf{d})^2$
1	6	4	2	0.14	0.01
2	7	4	3	1.14	1.29
3	7	5	2	0.14	0.01
4	5	3	2	0.14	0.01
5	4	3	1	-0.86	0.73
6	5	2	3	1.14	1.29
7	5	3	2	0.14	0.01
8	5	2	3	1.14	1.29
9	8	6	2	0.14	0.01
10	4	2	2	0.14	0.01
11	4	3	1	-0.86	0.73
12	7	5	2	0.14	0.01
13	4	3	1	-0.86	0.73
14	8	6	2	0.14	0.01
15	6	4	2	0.14	0.01
16	5	3	2	0.14	0.01
17	5	3	2	0.14	0.01
18	4	3	1	-0.86	0.73
19	4	3	1	-0.86	0.73
20	4	3	1	-0.86	0.73
21	5	4	1	-0.86	0.73
22	6	5	1	-0.86	0.73
23	5	4	1	-0.86	0.73
24	5	3	2	0.14	0.01
25	5	3	2	0.14	0.01
26	4	1	3	1.14	1.29
27	5	1	4	2.14	4.57
28	5	4	1	-0.86	0.73
29	5	3	2	0.14	0.01
30	7	5	2	0.14	0.01

X = Score before treatment

Y= Score after treatment

D = Mean difference

A. Question to be answered:

Is there any difference between the scores taken before and after the Homoeopathic treatment?

B. Null Hypothesis:

There is no difference between the scores taken before and after the Homoeopathic treatment.

$$\sum d = 56$$

$$\overline{d} = 56/30 = 1.86$$

$$\sum d - \overline{d} = 17.4$$

$$\sum (d-\overline{d})^2 = 17.18$$

C. Standard error of the mean differences:

The mean of the differences, $\overline{d} = \Sigma d/n = 251/30 = 8.36$

The estimate of population standard deviation is given by,

SD =
$$\sqrt{\Sigma (d1 - \bar{d}1)^2}/n - 1$$

= $\sqrt{17.18/29}$ = $=\sqrt{0.5924} = 0.76$

The estimate of standard error of mean, Standard error (S.E)

$$= S.D/\sqrt{n} = 0.76/\sqrt{30} = 13.89$$

D. The test statistics is Paired t:

Critical ratio,
$$t = \frac{\bar{d}}{S.D/\sqrt{n}}$$

= 1.86/0.138

= 13.69565217

t-Test: Paired Two Sample for Means

	Variable	Variable
	1	2
Mean	5.3	3.433333
Variance	1.458621	1.564368
Observations	30	30
Pearson Correlation	0.801251	
Hypothesized Mean		
Difference	0	
df	29	
t Stat	13.17411	
P(T<=t) one-tail	4.54E-14	
t Critical one-tail	1.699127	
P(T<=t) two-tail	9.08E-14	
t Critical two-tail	2.04523	

E. Interpretation of results:

Comparison with the tabled value:

On comparing the score before and after treatment the means were 5.3 and 16.43333 and the variances were 1.458621 and 1.56436830 respectively. The data showed a positive correlation of 0. Since the calculated value is greater than the

tabled value at 5% and 1% the null hypothesis is rejected at 95% significance and hypothesis that Homoeopathy is effective in treating Oppositional defiant disorder in children.

Inference:

This study provides an evidence to show that there is significant improvement in oppositional defiant disorder in children with Homoeopathy.

6.0 DISCUSSION

The study was conducted in a systematic way to achieve the aims and objectives of the study. A sample case of 30 cases were selected after proper screening from OPD and rural centers of Sarada Krishna Homoeopathic Medical College and also from different school health programmes conducted in and around kanya kumari district. The childrens were screened for oppositional defiant disorder using Vanderbilt parent rating scale and selected as per inclusion and exclusion criteria. Data collected were recorded in the pre -structured format. Cases were processed according to Homoeopathic principles followed by case analysis, evaluation and totality were constructed. Prescriptions were done with the reference of repertory, Materia Medica, Organon of medicine. Potency selection and repetition were done according to the demand of each case. Improvement of each case was assessed using the Vanderbilt parent rating scale during the follow up after 6 months. Pre and post assessment was done. Observations were recorded. Observations were recorded, before treatment scores were compared with after treatment scores were compared with after treatment with after treatment and paired t test was done to study the of homoeopathic medicines in managing oppositional defiant effectiveness disorders in children. Based on the analysis from 30 cases of oppositional defiant disorder following observations are made with comparison of available literature.

AGE AND SEX

In my study out of 30 cases 8 patients of 26.6% between the age of 4-7 yrs, 6 patients of 20% between the age of 8-10 yrs, 16 patients of 53.3% between the age of 11-14 yrs.

There is no gender difference in my study. Among the 30 cases 11 of 36.6% cases are females and 19 cases of 63.3% cases are males.

VANDERBILT PARENT RATING SCALE:

Out of 30 patients 16 patients of 53% mild 10 patients of 33% moderate,4 patients of 13% marked depending up on pre and post assessment scale. The tool consist of 19- 26 are oppositional defiant disorders according to DSM -IV classification criteria.

COMORBIDITY:

Majority of cases have learning disability, attention deficit hyperactive disorders, nocturnal eneuresis, and anxiety.

REMEDY:

Out of 30 cases were given 6 patients were calcarea carbonica, 5 patients were lycopodium, 4 patients were nux vomica, 3patients were silicea terra, 2 patients were staphysagria, 2 patients were sulphur, 1patient were stramonium, 2 patients were natrum muriaticum, 2 patients were terentula, 2 patients were calcarea phosphoricum.

According to remedy analysis, individualized homoeopathic medicines are effective in managing oppositional defiant disorder in children. Among these medicines calcarea carbonica, lycopodium, sulphur are mostly used remedies.

IMPROVEMENT CRITERIA:

The improvement was assessed after duration of 6 months after homoeopathic treatment using individualized Homoeopathic medicines.

Out of 30 cases 4 patients of 13% are marked improvement, 10 patients of 33.3% are moderate improvement, 16 patients of 53.3% are mild improvement.

7.0 LIMITATIONS

- Number of samples used in this study is very small. Therefore, generalization of the result and inferences of the study need to be done cautiously.
- Selections of cases were difficult since many of the cases were irregular for reporting, some of them even dropped out and the patients after relieving from complaint mostly will not get follow up.
- There was no control group since the sample size was small.

7.1 RECOMMENDATIONS

- Bigger sample size with extended time of research would provide better results.
- It will be always scientific if control (placebo) group would have been kept simultaneously to verify the effectiveness of treatment.
- Limited number of researches are reported in oppositional defiant disorder.
 so more research needed in this field.

8.0 CONCLUSION

A sample of 30 cases selected after screening studentsfrom different for school health programs and patients who visited the OPD of Sarada Krishna homoeopathic medical college and hospital were selected as per the inclusion criteria. Conclusions were made after a statistical analysis of cases with oppositional defiant disorders. The following conclusions were drawn from the study as follows:

- Majority of patients belong to age groups 11 years to 14 years
- Majority of screened students were males 19 males and 11 were females.
- Calcarea carb is the most suited constitutional remedies
- Homoeopathy shows effectiveness in managing oppositional defiant disorder.
- Limited number of researches are reported in oppositional defiant disorder.
 so more research needed in this field.

9.0 SUMMARY

A sample of 30 cases from the patients who visited Sarada Krishna Homoeopathic Medical College and Hospital OPD and IPD were selected randomly as per the inclusion and exclusion criteria. The screening was done .consitutional prescribtion was given to student with positive oppositional defiant disorder. The cases were followed for a period of 6 months. The study was subjected to statistical analysis and results were made from the observations. On the basis of comparison of before treatment and after treatment scores in improvement criteria, it shows that homoeopathy is effective in managing oppositional defiant disorder.

10.0 BIBILIOGRAPHY

- 1.http://www.meriam-webster.com
- 2. ODD- A guide for families by the American Academy of child and Adolescent Psychiatry(AACAP.ORG)
- 3. The Homoeopathic Herritage DEC-2016 by Jayesh Dhingreja.p15-p16
- 4.Parthasarathy, Anupama .S. Borker, second edition 1st Jan2013, Parthas Fundamentals of Paediatrics , p 513
- 5.Katiequy&Argyrisstringaris, Externalising Disorders Oppositional Defiant Disorder,IACAPAP Text book of child and adolescent Mental Health.p2-p4
- 6. Walter M atthys&John. E.Lochman ,oppositional and defiant disorder in childhood- P5
- 7.Laurence.E.Sharpero, PHD, Instant help for children with Oppositional Defiant Disorder p2 -p4
- 8.Robert .M. Klieg man, 20th Edition 2015, Nelson Text Book of Paediatrics p 171
- 9.Paul,Bagga, GHAI Essentials paediatrics- 8th Edition-2013,p62
- 10. Organon of medicine -6th Edition-1921,Samual Hahnemann, p 256
- 11. Journal of child psychology and psychiatry vol 48,7 july 2007,p703-713
- 12.Rowe,Richard,castello, E Jane, journal of abnormal psychology vol 119,nov 2010.
- 13. http://www. Med net.com.org
- 14. J Indian Acadamy of Forensic medicine july-sep 2014 vol 36 no 3 p 247-248.

15. http://www.webmed.com

16.http://www.idonline.org

17. http://www.wikkipedia.org

18. Indian journal psychiatry 2010 Jan, 52 suppli $_{\rm S2}10$ $_{\rm S2}$ 18 JK Thrivedi& pawan kumar Guptha

19. Kent Tyler James Repertory of the Homoeopathic Materia Medica.

20. Frederik Schroyens Synthesis Repertorium Syntheticum Edition 8.1

21. H.C.Allen Allen's Keynotes Rearranged and Classified with Leading Remedies of the Materia Medica and Bowel Nosodes 10th edition

22. William Boericke, Pocket Manuel of Homoeopathic Materia Medica and Repertory.

Appendix - V

"Case records are our valuable asset"

SARADA KRISHNA

HOMOEOPATHIC MEDICAL COLLEGE & HOSPITAL

KULASEKHARAM, KANYAKUMARI DIST, TAMIL NADU- 629161

	O.P. N	No: UNI	T:	Date:	
Name:					
Age: So	ex: Religion:	Nationality:			
Name of	father/Spouse/	Guardian/Sor	n/Daughter:		
Marital s	tatus:				
Occupati	on:				
Family si	ze:				
Diet:					
Address:					
Phone No	o (Mobile):				
FINAL I	DIAGNOSIS:				
Homoeop	pathic				
Disease					

2. INITIAL PRESENTATION OF ILLNESS						
PATIENT'S NARRATION PHYSICIAN'S PHYSICIAN,S						
(in the very expressions	INTEROGATION (details	OBSERVATION				
used by him/her)	Regarding symptoms narrated					
		•				

3. PRESENTING COMPLAINTS

LOCATION	SENSATION	MODALITY	CONCOMITANTS

4	HISTORY	\mathbf{OF}	PRESEN	ITING	III	NESS.
٠.		\ / I '		1 1 1 1 1 1 1		ハー・ハン・フ・

- 5. HISTORY OF PREVIOUS ILLNESS
- 6. HISTORY OF FAMILY ILLNESS
- 7. PERSONAL HISTORY

A. LIFE SITUATION

Place of birth:

Socio- economic status:

Nutritional status:

Dwelling:

Religion:

Educational status:
Marital status:
Family status:
Father:; Mother: Siblings: Male: Children:
B. HABITS & HOBBIES
Food:
Addictions:
Sleep:
Artistic:
C. DOMESTIC RELATIONS
With family members:
With other relatives:
With neighbours/friends/colleagues:
8. LIFE SPACE INVESTIGATION
9. MENSTRUAL HISTORY:
10. OBSTETICAL HISTORY:
11. GENERAL SYMPTOMS:
A. PHYSICALS
I. FUNCTIONAL
1. Appetite :
2. Thirst:
3.Sleep:
II. ELIMINATIONS
1. Stool:
2. Urine:
3. Sweat:

1.Time	2:
2.Ther	mal:
3.Seas	on:
4.Cove	ering:
5.Bath	ing:
6.Desi	re:
IV . C	ONSTITUTIONAL
B. ME	ENTAL GENERAL
12. PF	IYSICAL EXAMINATION
	A) GENERAL
•	Conscious:
•	General appearance:
•	General built and nutrition:
•	Anaemia:
•	Jaundice:
•	Clubbing:
•	Cyanosis:
•	Oedema:
•	Lymphadenopathy:
•	Pulse rate: Resp rate: B.P:
•	Temp:

III . REACTIONS TO

B.SYSTEMIC EXAMINATION

1.Respiratory system:

2.Cardiovascular system:					
3.Gastro Intestinal system:					
4.Urogenital system:					
5. Skin and glands :					
6. Musculoskeletal system					
7.Central Nervous system:					
8 . Endocrine:					
9.Eye and ENT:					
10.Others:					
C.REGIONALS					
13. LABORATORY FINDINGS					
14. DIAGNOSIS					
Provisional Diagnosis:					
Differential Diagnosis:					
 Final Diagnosis (Disease 	e):				
15 .DATA PROCESSING					
A . ANALYSIS OF CASE					
COMMON	UNCOMMON				

B. EVALUATION OF SY	YMPTOMS/TOTALITY OF S	SYMPTOMS					
C.MIASMATIC ANALY	SIS:						
PSORA	SYCOSIS	SYPHILIS					
	ZMDTOMS						
D. TOTALITY OF SYMPTOMS							
E. HOMOEOPATHIO	CDIAGNOSIS						
16 .SELECTION OF MEDICINE							
A. Non Repertorial Approach							
B. Repertorial Appr							
B. Repertorial Appro	oucii						
7. SELECTION OF PO	TENCY AND DOSE						
A. Potency							
B. Dose							

19.GENERAL MANAGEMENT INCLUDING AUXILLARY MEASURES

- A. General/Surgical/Accessory:
- **B.** Restrictions (Diet, Regimen etc.):

Disease	Medicinal

20. PROGRESS & FOLLOW UP

Date	Symptoms Changes	Inference	Prescription

APPENDIX -II

VANDERBILT PARENT RATING SCALE:

Childs Name:		Todays date:		
Date of Birth:		Age:		
Grade:				
Each rating should be your child.	e considered	in the context of wh	at is appro	priate for the age of
Frequency code:	0= Never	1= occasionally	2= often	3=very often

BEHAVIOUR	NEVE	OCCASIONALL	OFTE	VERYOFTE
	R	Y	N	N
Does not pay attention to				
details or makes careless				
mistakes				
Has difficulty sustaining				
attention to tasks or				
activities				
Does not seem to listen				
when spoken to directly				
Does not follow through				
on instruction				
And face to finish school				
work(not due to				
oppositional behaviour				
or failure to understand)				
Has difficulty organising				
tasks or activity				

Avoids, dislikes, or is		
reluctant to engage in		
tasks that require		
sustained mental effort		
I and the same and		
Loses things necessary		
for tasks		
andactivity(school		
assignments,pencil,or		
books.		
Is easily distructed by		
extraneous stimuli		
Is forgetful in daily		
activities		
Fidgets with hands or		
feet or squirms in seat		
Leaves seat when		
remaining seated is		
expected.		
Runs about or climbs		
excessively in situations		
when remaining seated is		
expected.		
Has difficulty playing or		
engaging in leisure/play		
activities quietly		
Is "on the go" or often		
acts as if "drive by a		
motor"		
Talks too much		
Blurts out answers		
before questions have		
been completed		
Has difficuly waiting		
, y		

Interrupts or intrudes on others
others
Outer 1
Argues with adults
Loses temper
Activity defies or refuse
to complywith adults
requests or rules
Deliberately annoys
people
Blames others for his or
her mistakesor
misbehaviours
Is touchy or easily
annoyed by others
Is angry or resentful
Is spiteful and vindictive
Bullies threatens,or
intimidates others
Initiates physical fights
Lies to obtain goods for
favours r to avoid
obligations
Is truant from school
with out permission
Is physically crual to
people
Has stolen items of non
trivial value
Deliberately destroy
others
Has used a weapon that
can cause serious

harm(bat,knife,brick,gun		
)		

SCORING

OPPOSITIONAL DEFIANT DISORDER:

Screened by 4 of 8 behaviours (scores of 2 or 3 are positive) 19 through 26

FORM - 4 : CONSENT FORM (A)

INFORMATION FOR PARTICIPANTS OF THE STUDY

- 1. The title of my study is "A study on Homoeopathic management of oppositional defiant disorder in children"
- 2. Name of the investigator/guide:

Dr.P.R Sisir,

Professor & Hod,

Department of paediatrics,

Saradakrishna Homoeopathic Medical College,

Kulasekharam.

- 3. The purpose of my study: To study the effectiveness of Homoeopathic Medicines in managing oppositional defiant disorder in children.
- 4. The procedures include Patient presenting with Oppositional Defiant Disorder symptoms in any of the OPD and Peripheral Health Centers of Sarada Krishna Homoeopathic Medical College & Hospital will be subjected to detailed case taking after obtaining consent from their parents. Detailed case taking and recording of cases in standardized pre structured case record format. Clinical examination with investigations where-ever necessary. Erecting a totality of the case. Prescription will be based on the totality, with the aid of a suitable repertory (as per the case) after referring standard textbooks of MateriaMedica. Potency selection and repetition will be done according to the principles laid down in the Organon of Medicine 5th and 6th edition. Tabular representation of the observations. Pre-test and post-test assessment followed by statistical assessment will be done on monthly basis until symptom relief or for a period of 6months to one year.
- 5. **Expected duration of the subject participation**: 6- 1 year with follow up

6. The benefits to the subjects or others, reasonably expected

from research are (1)The participants are investigated to find out

whether he/ she is having Oppositional Defiant Disorder, (2)If a

participant is identified to have Oppositional Defiant Disorder or is a

known patient with Oppositional Defiant Disorder in both cases he/ she

will be given an awareness about the risk factors of Oppositional Defiant

Disorder, (3) Thus study is a benefit not only to the participant but also to

the society as a whole.

7. The records are maintained highly confidential. Only the

investigator has the access to the subject's medical records. Participants'

identity will never be disclosed at any time, during or after the study

period or during publication of the research. Securely store data

documents in locked locations and encrypted identifiable computerized

data. All information revealed by the patient will be kept as strictly

confidential. Free treatment for research related injury is guaranteed.

Compensation of the participants not only for disability or death resulting

from such injury but also for unforeseeable risk is provided, in case

situation arises.

Contact for trial related queries, rights of the

subject and in the event of any injury:

8. Address and telephone number of the investigator and co-

investigator/ guide:

Investigator: Dr.Revathi T.R, (P.G. Scholar)

Department of Paediatrics,

Sarada Krishna homoeopathic medical college and hospital,

Kulasekharam, Mobile no: 9489285632

Guide: Dr.P.R.Sisir

Professor & Head of paediatrics,

Sarada Krishna Homoeopathic Medical College,

Kulasekharam, mobile no:9443474941

56

There will not be any anticipated prorated payment to the subject for participating in the trial. The responsibilities to the participant in the trial are; they must disclose all about their complaints, participants must strictly stick on to the scheduled diet and regimen.

The participation is voluntary, that the subject can withdraw from the study at any time and that refusal to participate will not involve any penalty or loss of benefits to which the subject is otherwise entitled.

9. Signature of investigator:

CONSENT FORM (B)

Participant consent form

Informed Consent form to participate in a clinical trial

-	•	athic Management of Oppositional defiant
Subjec	Number:	ect's Name:
	8	Please initial
		Box (Subject)
i.	I confirm that I have read and	l understood the information sheet dated
		ady and have had the opportunity to ask
ii.	question. I understood that my particip []	ation in the study is voluntary and that I am
	free to withdraw at any time' medical care or	without giving any reason. Without my
iii.	sponsor's [] behalf the Ethics Committee	of the clinical trial, others working on the and the regulatory authorities will not need my
	permission to look at my health records l further research	both in respect of the current study and any
iv.	agree to this access. However revealed in any information r	tion to it, even if I withdraw from the trial. I r, I understand that my identity will not be eleased to third parties or published. of any data or result that arise from this study
v.	[] Provided such a use only for I agree to take part in the abo	± ± ' '
٧.	1 agree to take part in the abo	ve study.
_	are (or Thumb impression of t	
	entative:/	
	ory's Name:	
	are of the Investigator:	
_	Investigator's Name: DrRevat	
-		Date:/
Signat	are of the Witness	Date//

Appendix – v

"case records are our valuable asset"

SARADA KRISHNA

HOMOEOPATHIC MEDICAL COLLEGE & HOSPITAL

KULASEKHARAM, KANYAKUMARI DIST, TAMILNADU – 629161

CHRONIC CASE RECORD

OP.NO: 7153/17 UNIT: LEARNING DISABILITY

DATE: 9-9-17

Name: J. ASHMIKA

Age: 9yrs Sex: F Religion: HINDU Nationality: INDIAN

Name of father/spouse/guardian/son/daughter: Mr. R. JAYASINGH

Marital status:- -

Occupation: STUDENT

Family size: NUCLEAR

Diet: NON-VEG

Address: MATHOOR, ARUVIKKARAI

Phone no (mobile): 9855101858

FINAL DIAGNOSIS:

HOMOEOPATHIC	CHRONIC MIASMATIC DISEASE - PSORA
DISEASE	OPPOSITIONAL DEFIANT DISORDER

RESULT	Cured	Relieved	Referred	Otherwise	Expired
RESCEI	Curcu	Refleved	Referred	Other wise	LAPITCU

2. INITIAL PRESENTATION OF ILLNESS

PATIENT'S	Physician's interrogation	Physician's observation
NARRATION (in the very	(details regarding	
expression used by	symptoms narrated)	
him/her)		
The patient said that she is	What is your complaint?	Dark complexion
having weakness of	William Is your complaine.	restless
memory, poor		restress
concenteration, she gets		
easily angered, argue with		
adult, and restless		
addit, and restress		

3. PRESENTING COMPLAINTS

LOCATION	SENSATION	MODALITY	CONCOMITANTS
(A)			
Chief complaints	Easily angered		
MIND	Obstinacy		
	Restless		
	Argue with adult		
	Weakness of		
	memory		
	forgetful		
	Poor concentration		
	Difficulty in		
	understanding		

4. HISTORY OF PRESENTING ILLNESS:

The patient has the complaints of weakness of memory, poor in understanding, and also obstinate, easily get angered, argue with adults and also restless. She did not took any other treatment.

5. HISTORY OF PREVIOUS ILLNESS:

Nothing relevant

6. HISTORY OF FAMILY ILLNESS:

Grand mother – asthma

7. PERSONAL HISTORY:

A. LIFE SITUATION

Place of birth: Mathoor

Socio-economic status: Good

Nutritional status: good

Dwelling: Mathoor

Religion: Hindu

Educational status: 4th STD

Marital status: -

Family status: nuclear

Father: alive Mother: alive Sibilings: 1 Male: - female: 1 Children: -

B. HABITS AND HOBBIES:

Food: Non Veg

Addiction: -

Sleep: good

Artistic: interest in drawing

C. DOMESTIC RELATIONS:

With family members: good

With other relatives: good

With neibours/ friends: good

8. LIFE SPACE INVESTIGATIONS:

9. GYNAECOLOGICAL HISTORY:NIL

10. OBSTETRICAL HISTORY: NIL

11. GENERAL SYMPTOMS

A. Physicals

FUNCTIONAL (i)	ELIMINATIONS (ii)
Appetite: Normal	Stool: Regular
Thirst: Normal	Urine: Normal
Sleep: Good	Sweat: increased on hands while writing
Dreams: not specific	Breath:
	Discharge:

(iii) Reactions to:

	Aversion	Desire	Intole	Aggravation	Ameliorati
			rence		on
Season		rainy			
Fanning		✓			
covering		✓			
Food		Cold food &			
&drinks		drinks, spicy			
		food,sweets++			

Thermal: hot

B. MENTAL GENERALS:

- Obstinate
- Easily angered.
- Restless
- Interested in drawing
- Memory weak

12. PHYSICAL EXAMINATION:

• Dark complexion

• Ht: 130cm wt: 28 kg

• Anaemia: No pallor Clubbing: Nil

• Jaundice: Not icteric Lymphadenopathy:Nil

• Cyanosis: Nil Oedema: Nil

PR: 78/min

Temp: A febrile

RR: 18/min

SCREENING TEST ADMINISTERED FOR ASSESSMENT

VANDER BILT PARENT RATING SCALE:

Scoring for questions: 19-26 = 7

Score: 7/8

DIAGNOSIS:

Provisional diagnosis:

Oppositional defiant disorder

Differential diagnosis:

Aattention deficit hyper active disorder

A. ANALYSIS OF THE CASE:

COMMON	UN COMMON
Obstinacy	Desire rainy season
Easily angered	Desire spicy food
Restless	Desire cold food and drinks
	Desire sweets++
	Sweat increased on palms

B. EVALUATION OF SYMPTOMS:

Mental generals: physical generals

Easily angered sweat: increased on palms

Obstinacy desire: rainy season

Restlessness desire: cold food and drinks.

Foreget fullness Desire sweets++

C. Miasmatic analysis:

	PSORA	SYCOTIC	SYPHILIS	PSEUDO PSORA/TUBERCULAR
Mind	Easily angered, restlessness			obstinate
Body	Sweat increased Thermal: hot			

D. Totality of symptoms: Easily angered Obstinate Restlessness Interest in drawing Concentration difficult Sweat increased on palms Desire cold food and drinks Desire sweets++ E. Homoeopathic Diagnosis: Chronic Miasmatic Disease - psora **REPERTORIAL TOTALITY:** MIND - RESTLESSNESS MIND-FORGETFUL MIND - DULLNESS GENERALS -FOOD AND DRINKS - SWEETS PERSPIRATION – PROFUSE REPERTORIAL RESULT SULPHUR 15/5, LYCOPODIUM 13/5, CALCAREA CARB 13/5,

MERCURIUS 13/5,SEPIA 12/5, ARSENICUM ALBUM 11/5

THERMAL MODALITY: HOT

FIRST PRESCRIPTION:

Rx SULPHUR 200/1D

FOLLOW UP:

DATE	SYMPTOM CHANGES	INFERENCE	PRESCRIPTION
23-09-2017	Anger slightly better than before Obstinacy better than before Concentration slightly improved		Rx SAC. LAC
25-10-17	Obstinacy slightly reduced Anger slightly reduced Concentration slightly improved Obstinacy slightly better than before		Rx SAC LAC -1D
11-11-17	Anger slightly reduced Concentration slightly improved Obstinacy better than before		Rx SULPHUR 200/1D

03-01-18	Anger better than before	
	Argue with adult better	Rx
	than before	SULPHUR
	Concentration better than	200/1D
	before	
	Obstinacy better than	
10- 02-18	before	
	Anger better than before	
		SULPHUR
	Concentration better than	200/1D
	before	
15-03- 18		
		Rx
		SAC.LAC 1D
	Obstinacy better than	
20.7.15	before	
20- 5-18	Anger better than	
	before	
	Concentration better	
	than before	
	Concentration better	
	Concentration better	

	Anger better than befo		
04-08-18	Obstinacy better than before		
	Concentration better than before Anger better than before		
	Obstinacy better than before		
	Vanderbilt parent rating scale		Rx SULPHUR 200/
	Post assessment: 04-08- 18 Scoring for questions: 19-	Inference: improved	1D
	26 SCORE: 5/8 Score difference: 2 marks		

APPENDIX V

MASTER CHART

SL No	OPNO	AGE/SE X	PAST HISTORY	FAMILY HISTORY	SCORING		COMORBIDITY	PRESCRIPTION	POTENCY	INFERENCE
1	1087/18	12/M	CHICKEN POX,MEASELS,DERMA TITIS	F:DM,Mr: rheumatism	Pre 6	Post 4	ADHD,LD,ANXIETY	Medorrhinum	1M	Moderate Improvement
2	7250/14	4/F	R/A COUGH &FEVER	F: EPILEPSY Mr: hypothyroidis m	7	4	ADHD,NOCTURNAL ENEURESIS	Cal Carb	1M	Moderate Improvement
3	7153/17	10/F	NR	M.Grm asthma	7	5	LD,ADHD	Sulphur	200	Moderate Improvement
4	2594/16	10/M	R/A OF COLD	P.Grm DM	5	3	ADHD,CD	Medorrhinum	50 millisimal	Moderate Improvement
5	7805/16	12/M	NR	NR	4	3	LD,	Nux Vomica	1M	Mild Improvement
6	8379/16	10/F	NR	NR	5	2	LD,ADHD	Cal Carb	1M	Marked Improvement
7	7179/16	11/M	CHICKENPOX	NR	5	3	LD,	Silicea	50 millisimal	Moderate Improvement
8	8389/17	11/F	MEASELS	NR	5	2	LD,ADHD	Stramonium	200	Marked Improvement
9	10915/4	14/M	NR	Mr: hypertn	8	6	LD,ADHD,NOCTUR NAL ENEURESIS	Tuberculinum	1M	Moderate Improvement
10	6028/17	13/M	CHICKEN POX	Mr: Asthma Fr: hypertn	4	2	ADHD,NOCTURNAL ENEURESIS	Calc Carb	50 millisimal	Moderate Improvement
11	6677/16	12/M	PRIMARY COMPLEX	M.grm: thyroid	4	3	ADHD	Barita Carb	200	Mild Improvement

12	6949/17	13/F	NIL	NR	7	5	ADHD,LD	Natrum Mur	1M	Moderate Improvement
13	5947/17	6/M	DENGUE	Gm: DM	4	3	ADHD,LD	Natrum Muriaticum	200	Mild Improvement
14	5970/18	12/M	MEASELS	NR	8	6	ADHD,LD	Lachesis	200	Mild Improvement
15	6305/18	6/M	CHICKENPOX	NR	6	4	ADHD	Calc Phos	200	Mild Improvement
16	6521/18	13/M	TYPHOID	Gmr: DM	5	3	ADHD	Calc Carb	200	Mild Improvement
17	7140/18	5/F	NR	NR	5	3	ADHD	Silicea	200	Mild Improvement
18	1517/18	7/F	MEASELS	Fr: hypertn	4	3	ADHD,LD	Calc Phos	200	Mild Improvement
19	6028/17	11/M	CHICKENPOX	Fr:DM	4	3	ADHD,LD	Calc Carb	50 millisimal	Mild Improvement
20	10502/1 6	12/M	PNEUMONIA	NR	4	3	ADHD	Hyosyamus	1M	Mild Improvement
21	6956/17	13/M	NR	NR	5	4	ADHD	Calc Carb	1M	Mild Improvement
22	8203/16	8/M	CHICKEN POX	Fr:DM	6	5	ADHD,LD	Tarentula	1M	Mild Improvement
23	11106/1 4	13/M	NR	Gr :GM	5	4	ADHD,LD	Nuxvomica	200	Mild Improvement
24	7478/18	4/F	TYPHOID	GM:DM	5	3	ADHD,LD	Lycopodium	200	Mild Improvement
25	5070/18	6/M	MEASELS	Mr: asthma	5	3	ADHD,LD	Lycopodium	1M	Mild Improvemenent
26	9403/16	8/F	NR	Fr: hypertn	4	1	ADHD	Silicea	200	Marked Improvement
27	12732/1 6	5/M	CHICKEN POX	Mr: hyper tn	5	1	ADHD,ANXIETY,LD	Natrum Mur	10M	Marked Improvement

28	7839/16	10/M	PRIMARY COMPLEX	Asthma,	5	4	LD,ADHD	Lycopodium	50 millisimal	Mild
				hypertension						Improvement
29	6784/17	11/M	HEPATITIS	NIL	5	3	ADHD,LD	Lycopodium	200	Moderate
										Improvement
30	8449/16	13/F	CHICKEN POX	NR	7	5	ADHD	Staphysagria	1M	Moderate Improvement