# A DESCRIPTIVE STUDY ON ECTOPIC PREGNANCY IN A

# **TERTIARY CARE CENTRE**

#### **DISSERTATION SUBMITTED TO**

THE TAMILNADU DR.M.G.R. MEDICAL UNIVERSITY

CHENNAI

*in partial fulfilment of the requirements for the degree of* 

#### M.S., OBSTETRICS AND GYNAECOLOGY

**BRANCH - VI** 



TIRUNELVELI MEDICAL COLLEGE HOSPITAL

TIRUNELVELI

APRIL-2015

# **BONAFIDE CERTIFICATE**

This is to certify that this Dissertation entitled "A DESCRIPTIVE STUDY ON ECTOPIC PREGNANCY IN A TERTIARY CARE CENTRE" is the bonafide original work of Dr.GOMATHI.M, during the period of her Post graduate study from 2012 – 2015, under my guidance and supervision, in the Department of Obstetrics and Gynaecology, Tirunelveli Medical College & Hospital, Tirunelveli, in partial fulfilment of the requirement for M.S., Obstetrics and Gynaecology (Branch VI) examination of the Tamil Nadu Dr.M.G.R Medical University will be held in April 2015.

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I hereby certify that this dissertation entitled "A DESCRIPTIVE STUDY ON ECTOPIC PREGNANCY IN A TERTIARY CARE CENTRE" is a record of work done by Dr.GOMATHI.M, in the Department of Obstetrics and Gynaecology, Tirunelveli Medical College, Tirunelveli, during her postgraduate degree course period from 2012- 2015. This work has not formed the basis for previous award of any degree.

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# DECLARATION

I solemnly declare that this dissertation titled "A DESCRIPTIVE STUDY ON ECTOPIC PREGNANCY IN A TERTIARY CARE CENTRE" submitted by me for the degree of M.S., Obstetrics and Gynaecology is the record work carried out by me during the period of 2012-2015 under the guidance of Dr.R. THAMIL KOTHAI, M.D., O.G., Asst. Professor, Department of Obstetrics and Gynaecology, Tirunelveli Medical College, Tirunelveli. The dissertation is submitted to The Tamil Nadu Dr. M.G.R. Medical University, Chennai, towards the partial fulfilment of requirements for the award of M.S., Obstetrics and Gynaecology Degree (Branch VI) examination to be held in April 2015.

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# **ABBREVIATIONS**

ART	-	Artificial Reproductive Techniques
PID	-	Pelvic Inflammatory Disease
β hCG	-	Beta human Chorionic Gonadotropin
USG	-	Ultrasound
YRS	-	Years
Hrs	-	Hours
PROKR 1	-	Prokineticin Receptor 1
GIFT	-	Gamete Intra Fallopian Transfer
ZIFT	-	Zygote Intra Fallopian Transfer
IVF	-	In Vitro Fertilization
IVF –ET	-	In Vitro Fertilization Embryo Transfer
IUCD	-	Intra Uterine Contraceptive Device
LNG	-	Levonorgestrel
EC	-	Emergency Contraception
LH	-	Leutinising Hormone
TSH	-	Thyroid Stimulating Hormone
mIU	-	million International Unit
UPT	-	Urine Pregnancy Test
TVS	-	Transvaginal Sonography
TAS	-	Transabdominal Sonography
PUL	-	Pregnancy of Unknown Location

СТ	-	Computed Tomography
MRI	-	Magnetic Resonance Imaging
IGFBP 1	-	Insulin Like Growth Factor Basic Protein 1
POD	-	Pouch of Douglas
HSG	-	Hysterosalphingography
MTX	-	Methotrexate
ASRM	-	American Society of Reproductive Medicine
TVMCH	-	Tirunelveli Medical College Hospital
Gynaec	-	Gynaecology
LMP	-	Last Menstrual Period
NK	-	Not Known
NA	-	Not Applicable
ND	-	Not Done
ST	-	Sterilisation
TAT	-	Total Abdominal Tubectomy
PS	-	Puerperal Sterilisation
LS	-	Laparoscopic Sterilisation
OCP	-	Oral Contraceptive Pills
РОР	-	Progesterone Only Pills
LAM	-	Lactational Amenorrhoea
Em. Pills	-	Emergency contraceptive pills
LSCS	-	Lower Segment Caesarean Section

H/O	-	History of
Prev	-	Previous
MTP	-	Medical Termination of Pregnancy
Hb	-	Haemoglobin
IMCU	-	Intensive Medical Care Unit
Gen.surgery	-	General Surgery
e/o	-	evidence of
B/L	-	Bilateral
Rt	-	Right
Lt	-	Left
RSO	-	Right Salphingo Oophorectomy
LSO	-	Left Salphingo Oophorectomy
D & C	-	Dilatation and Curettage
Chr. R	-	Chronic Rupture
R	-	Ruptured
UR	-	Unruptured
WB	-	Whole Blood
PCV	-	Packed Cell Volume
FFP	-	Fresh Frozen Plasma
PLTS	-	Platelets
ICU	-	Intensive Care Unit
Vent.support	-	Ventilatory support

HPE	-	Histopathological Examination
Ameno	-	Amenorrhoea
Pain	-	Abdominal pain
Bleed p/v	-	Bleeding per vaginum
Class.triad	-	Classical Triad
Abd	-	Abdomen
f.fullness	-	forniceal fullness
f.tenderness	-	forniceal tenderness
adnex. mass	-	adnexal mass
empty ut	-	empty uterus
PPV	-	Positive Predictive Value
NPV	-	Negative Predictive Value
O & G	-	Obstetrics and Gynaecology
P/V	-	Per Vaginum

# CONTENTS

1. INTRODUCTION	1
2. JUSTIFICATION OF THE STUDY	5
3. AIM AND OBJECTIVES	8
4. REVIEW OF LITERATURE	10
5. MATERIALS AND METHODS	66
6. RESULTS	68
7. DISCUSSION	112
8. CONCLUSION AND RECOMMENDATIONS	118
9. DATA SHEET	
10. BIBLIOGRAPHY	

11. MASTER CHART

### INTRODUCTION

Ectopic Pregnancy is originated from 'Ektopos', a Greek word. In ectopic pregnancy the fertilized ovum implants outside the endometrial cavity of the uterus [1]. The most common extra uterine pregnancy is the tubal pregnancy in which a fertilized ovum implants in the fallopian tubes. Tubal pregnancies account for 98% of all ectopic gestations. Other sites like ovary, cervix, horn of the uterus, caesarean scar and abdominal cavity are rare [2].

Incidence of ectopic pregnancy varies among different countries and also within the same country from place to place. The incidence is around 0.3 - 0.5% of deliveries in the U.S. and U.K, 4% of deliveries in Ghana and 2.1% of deliveries in Nigeria.  $_{[3,4,5]}$ .

In Shraddha Shetty K et al Study in India, the incidence was  $5.6 / 1000 \text{ deliveries}_{[6]}$ . In Rashmi Gaddagi et al study the incidence was 1:399 pregnancies [7]. In a study conducted by Porwal Sanjay et al, the incidence was  $2.46 / 1000 \text{ deliveries}_{[8]}$ .

In current century, the developed countries are facing with four fold rise in the occurrence of ectopic pregnancy (from 0.3 to 1.2%) [9,10]. This rise is mainly because of advanced techniques for diagnosing the ectopic pregnancy in earlier stage and increased prevalence of ART & PID [11] [12].

Ectopic pregnancy is a gynaecological emergency. In developing countries like India, late presentations with tubal rupture and haemodynamic instability are seen in most of the cases. In developing countries, ectopic pregnancy remains an important cause of first trimester maternal morbidity and mortality [13]. Fetal wastage, recurrence and impairment of subsequent fertility are the most important concerns [14].

Though maternal mortality has decreased and almost very rare nowadays, it has been reported by Arpita N et al that ectopic pregnancies account for 7.1% of all pregnancy related deaths in rural India [15]. The main causes of these deaths are due to wrong diagnosis, delayed diagnosis and late admissions with severe hypovolemic shock. Ruptured ectopic pregnancies with severe intra abdominal bleed may present with gastro intestinal symptoms like nausea, vomiting, diarrhoea and poses a great challenge in correct diagnosis [16].

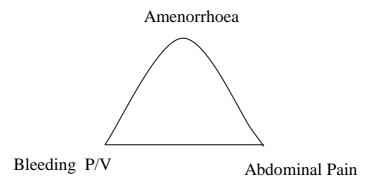
The management of ectopic pregnancies has been revolutionized in developed countries, because of the availability of laparoscopic techniques, medical therapy, uterine artery ligation and more advanced diagnostic modalities which help in early diagnosis, better conservation of future fertility [17], shorter hospital stay & reduced surgical morbidity.

Due to several factors like delay in seeking health care, absence of investigations (like hCG, progesterone assays, transvaginal sonography) and lack of suspicion in the diagnosis of ectopic of pregnancy by most of the inexperienced clinicians, early diagnosis is almost impossible in most developing countries [18].

In developing countries, many studies have shown that the ectopic gestation case fatality rate was 1 % - 3%. This is 10 times more than the case fatality rates reported in developed countries [19].

Although no risk factors have been identified in most of the cases with ectopic gestation, studies have highlighted that the awareness of risk factors associated with ectopic gestation helps in identifying the cases early  $_{[20]}$ . Main risk factor is the prior tubal damage due to any cause  $_{[20]}$ . Chlamydial infection was found to be the risk factor for 30 - 50% of all ectopic gestation  $_{[21]}$ .

Asymptomatic ectopic pregnancies are commonly seen in cases with early and unruptured ectopic gestation. When it ruptures symptoms could be acute or subacute [22]. Classical triad of ectopic pregnancy,



occurs only in 50% of the cases [23]. Because of the atypical presentations, the diagnosis remains a challenge to the obstetricians & Gynaecologists. Ectopic gestation is an important cause of maternal morbidity, presenting with acute symptoms like pelvic pain, bleeding p/v and long term complications like infertility [24].

The incidence of rupture has declined in the last decades due to the availability of quantitative hCG assays, transvaginal sonography and minimally invasive surgeries [25].

Early diagnosis of ectopic pregnancy helps to reduce the incidence of rupture. So, the physician can provide conservative medical and surgical treatments [26].

Since, ectopic pregnancy is an important health problem among the reproductive age group women, the study was aimed to determine the clinical profile of the patients as well as the risk factors so as to make recommendations in order to reduce the incidence of this life threatening event.

# JUSTIFICATION OF THE STUDY

Ectopic pregnancy is an important cause of maternal morbidity & mortality in early pregnancy on the one hand, there is a high chance of inaccurate diagnosis on the other hand, clinician might be faced with severe problems like life threatening haemorrhage. A variety of therapeutic options are available but there are no standard guidelines regarding the ideal management. Conservation of future fertility has priority while severe haemorrhage also needs to be prevented.

Ectopic pregnancy is a challenge for the clinician due to its bizarre clinical presentation. The diagnosis is complicated by the wide spectrum of presentations, from asymptomatic cases to acute abdomen and haemorrhagic shock.

Its ambiguous presentation may mimic most of the surgical and gynaecological emergencies.

The frequency of ectopic pregnancy has been increased during the last decades because of the increased incidence of sexually transmitted infections, advent of antibiotics, increased awareness and usage of various contraceptive methods and assisted reproductive technologies [27].

Prior damage to the fallopian tubes, resulting from previous ectopic pregnancy and previous tubal surgeries to relieve infertility or for sterilisation remains the highest risk factor for ectopic pregnancy [28].

A greater understanding of the etiology, an accurate history taking and relevant physical examination and its correlation with diagnostic techniques is critical for the development of preventive measures, early diagnosis and the development of novel treatments [29].

In developed countries, the management of ectopic pregnancies has dramatically improved, with less radical procedures performed with laparoscopy and medical management being increasingly utilised [30]. This is possible because majority of the patients are diagnosed early with the use of high resolution USG and improved biochemical detection of beta hCG. However, in developing countries like India salphingectomy by laparotomy still remains the main stay of treatment as majority of our patients present with tubal rupture. This is due to lack of awareness, ignorance, poverty, lack of adequate health services and difficulty in transportation [31].

Ectopic pregnancy could be considered as a public health indicator in the developing world, because ectopic pregnancy presents as an acute emergency and it is a life threatening event, providing an overall picture of a health system capacity to handle with the diagnosis and management of emergency situations.

Ectopic pregnancy is an emergency situation in which timely intervention will reduce the maternal mortality & morbidity. Clinical presentation varies from case to case and still there is a chance of missing

the diagnosis in a small proportion of patients even with the availability of advanced imaging techniques. For early diagnosis a clinician should be well aware about the various presentations of ectopic pregnancy. My study will provide a detailed clinical description on ectopic pregnancy.

# AIM OF THE STUDY

A detailed study on ectopic pregnancy over a particular time period in order to determine the incidence, risk factors, clinical features, diagnostic methods, treatments, morbidity and mortality associated with ectopic pregnancy in a tertiary care hospital and analysis of various aspects of ectopic pregnancy with a view to suggest interventions to join the global trend of early diagnosis and conservative management.

#### **OBJECTIVES**

- 1. To know the incidence of ectopic pregnancy.
- 2. To know the age group, parity, sterilisation status with respect to ectopic pregnancy.
- 3. To analyse the various risk factors associated with ectopic pregnancy.
- 4. To describe the clinical presentation of ectopic pregnancy.
- 5. To determine the sensitivity and specificity of amenorrhoea, abdominal pain and vaginal bleeding in diagnosing ectopic pregnancy among the suspected cases.
- To determine the positive and negative predictive values of amenorrhoea, lower abdominal pain and vaginal bleeding among the suspects.
- 7. To determine the sensitivity & specificity of cervical excitation test.

- To determine the sensitivity and specificity of UPT, culdocentesis & USG among the suspects.
- 9. To determine the factors associated with time delay between admission & onset of treatment.
- 10.To determine the factors associated with radical procedures over conservative management.
- 11.To apply medical management criteria for all cases of unruptured ectopic pregnancy.

### **REVIEW OF LITERATURE**

# Pathophysiology of ectopic pregnancy:

Ectopic pregnancy is a significant problem for reproductive age women and their health care providers [32, 33]. An ectopic pregnancy results from disruption in the tubal transport process and ectopic pregnancy complicates 2% of all pregnancies in western countries<sub>[34]</sub>. More than 98% of ectopic gestations develop in the fallopian tube [35]. Unfortunately, there are no effective means of prevention, prediction or treatment of tubal implantation [35,36]. Despite the intense research activities, the basic pathology of tubal ectopic pregnancy remains a mystery 137, 38, 391. This is in larger part due to our incomplete understanding of the complex molecular events behind muscle contraction, ciliary beating and tubal fluid micro environment changes during the gamete transport [39]. Disruption of any of these events results in abnormal interactions between the tubal cells & the early embryo and leads to tubal implantation [35].

The process of fertilization & earlier stages of embryonic development and implantation begins in the fallopian tube as a result of co-ordinated biochemical and physiological steps<sub>[40]</sub>. Tubal implantation may results from functional and molecular aberrations in the fallopian tubes, improper tubal fluid environment or abnormal sex steroid responsiveness [41].

### Abnormal tubal transport

Abnormal ciliary function or spasm in the muscular layer of the fallopian tube may arrest the forwarding movements of the fertilised ovum along the fallopian tube and may result in tubal ectopic pregnancy. Mechanical factors like congenital obstruction of the malformed fallopian tubes, local endocrine factors, emotional & psychosomatic problems and improper progesterone secretion are associated with abnormal tubal transport. Inadequate corpus luteal secretion of progesterone may be sufficient to disrupt the normal passage of an embryo along the fallopian tube (Hunter, 1988). The diameter of the sperm head is only 5-8 micron. But the oocyte is 100 micron in diameter. In a partially obstructed fallopian tube, sometimes sperms can pass through but the oocyte could not. This explains the occurrence of an ectopic pregnancy in the distal segment of a partially obstructed tube.

# **Tubal infections:**

Tubal infections, particularly chlamydial infection results in scarring of the fallopian tube and loss of patency (Sweet, 1982; Tuffrey et al., 1986). Tuberculosis and gonococcal infections may be involved in PID and complications at tubal level can arise following septic abortions. Inflammation arising from the bacterial infection leads to scarring of the fallopian tubes and results in partial or complete occlusion. Even if

patency has not been compromised seriously, the damage to endosalphinx results in surface alteration and favours ectopic implantation.

Ectopic pregnancy after sterilisation may result from operator errors or factors independent of operator errors [42]. Operator errors include,

- 1) Incorrect localisation of the sterilisation site.
- 2) Deviation from the recommended technique.
- 3) Failure to check the sterilisation method in a systematic way.
- 4) Transection of the fallopian tube partially or completely.
- 5) Application of two clips on each tube.
- 6) Improperly maintained mechanical occlusion device applicator.

Factors other than that of operator errors include,

- 1. Recanalisation of the tubes.
- 2. Formation of tubo peritoneal fistula, which may results from necrosis, tubal atrophy or endosalphingiosis<sub>[42]</sub>.
- 3. Spontaneous reapproximation of the ends of tubes associated with tubal reanastomosis & recanalisation [42].
- 4. Congenital malformations like uterus didelphys, presence of an accessory fallopian tube and pre -existing uterotubal fistulas [43].
  Other factors like tubal healing response of the individual, extent of

tubal avascularity, pre - existing proliferative tubal disease and the time

interval since operation are likely to affect the ability of tubal lumen to regenerate. [44,45,46,47,48,49].

### **Role of luminal fluids:**

At the onset of implantation, the metabolic support to an developing embryo is fulfilled by

- i) The cytoplasmic reserves of the oocyte.
- ii) Various nutrients in the luminal fluid and uterine fluid, particularly pyruvate, lactate and glucose (Leese et al., 1988;Tay et al., 1997).

These fluids are of characteristic composition regulated by the ovarian steroid hormones and developing embryo's metabolic requirements. The difference between tubal and uterine fluids are maintained by a formidable utero - tubal junction (Lee 1928; Flechon and Hunter, 1981). Glycoprotein secretions accumulating in the caudal portion of the isthmus also helps to maintain this difference. The tubal fluid also differs from region to region along and within the fallopian tubes (Leese, 1988, Nichol et al 1992). These factors help to maintain the tubal micro environment.

In reality both flexibility in substrate requirements of the embryo and overlap in the composition of uterine and tubal fluids could underlie the occurrence of an ectopic gestation (Lee 1928; Patek, 1974; Hunter, 1977, 1998). Infact, the development of an ectopic pregnancy at various sites within the abdomen demonstrates the tolerance of the human embryo in the initial fluid environment.

### Cellular and molecular mechanisms:

No biomarkers have been identified with high predictive value for tubal ectopic pregnancy [50] and the understanding of development of tubal ectopic pregnancy in humans at the cellular and molecular level is hampered by a lack of appropriate animal models [51].

17β estradiol, acting through estrogen receptors α & β may play a fundamental role in tubal cell homeostasis regulation and modulation of tubal physiological process. Fluctuations in the  $E_2$  level,  $E_2$  metabolism and the expression of estrogen receptor subtype in fallopian tube may play a crucial role in fallopian tube malfunction and development of ectopic pregnancy [52].

There is no animal model available for ectopic pregnancy, since it has not been reported in other organisms [53, 54]. Chlamydial infection is the main cause of ectopic pregnancy. So Chalmydial infection has been used in the mice to develop a model system for ectopic pregnancy. In this study, the muscle tone of the oviductal wall is reduced and the electrical pace maker potential which is required for the oviductal motility is lost [54, 55]. Thus tubal infection increases the incidence of ectopic pregnancy by impairing oviductal embryo transport. Endocannabinoids, such as anandamide and 2-arachidonyl glycerol are ligands for cannabinoid receptor (CB1) and (CB2) [56]. Fatty Acid Amide hydrolase (FAAH) is an endocannabinoid degrading enzyme, which is important for maintaining the adequate levels of anandamide in the uterine environment. An increased risk of tubal pregnancy has been reported in recent studies using FAAH or CB-1 deficient mice caused by a delay in embryo transport from the oviductal tube to the uterus [53, 57].

Micro RNAs (mi RNAs), are evolutionarily conserved, small, non coding RNAs containing 21 to 24 nucleotides. They have emerged as overall gene expression regulators [58]. It has been reported that micro RNAs are expressed differentially in human fallopian tubes [59, 60]. Recently, the expression of several circulating mi RNAs have been shown as novel biomarkers for the diagnosis of tubal ectopic pregnancy.

Despite the decades of research, there is still a crucial need for the comprehensive understanding of the underlying pathophysiology of tubal ectopic pregnancy that fully integrates cellular mechanisms, gene regulation and signalling pathways in the fallopian tubes [61].

#### Age

Age has a role in the occurrence of ectopic pregnancy & other pregnancy complications. A study conducted by Bouyer et al proved that age has an important role and increases the exposure to other risk factors<sub>[62]</sub>. The progressive loss of myoelectrical activity along the fallopian tube occurs due to aging. Age related changes in the tubal function and tubal diverticula predispose the older age group patients to develop ectopic pregnancy [63, 64].

In India, many studies have shown that the peak age of ectopic pregnancy incidence was between 20 - 30 years. (Samiya mufti et al, Majhi AK et al) [65, 66]. Westorm in swedon 3 in 1981 and Rubin et al in USA reported an increasing occurrence of ectopic pregnancy with age [67, 68]. Yuk JS et al showed that older age was associated with high occurrence of ectopic pregnancy in Korea [71]. This difference might be due to social factors. In India early marriage is common and most of the women finish their family before the age of 30 years. And also 20 - 30 years is the most fertile period with infrequent usage of contraception.

# Parity

There is also a relationship between the parity and the ectopic pregnancy risk. A study conducted in the department of general hospital 'George Gennimatas' in Athense, Greece showed the statistically significant positive association between parity and ectopic pregnancy rupture [69]. Samiya Mufti et al., Majhi et al., Smita Singh et al., showed the increased incidence of ectopic pregnancy in primigravida [65,66,70].

#### Socio economic status

Low socio economic status is associated with high incidence of ectopic pregnancy [71]. This may be due to increased prevalence of

sexually transmitted infections among the low socio economic group and their risky behaviour of delay in seeking health care facilities.

## **Tubal sterilisation**

When tubal sterilisation fails, the ectopic pregnancy is likely. The incidence of ectopic pregnancy after tubal sterilisation failure varies between 5-90% [72]. Tubal ligation with resultant tubal damage carries odds ratio of 9.3 for ectopic pregnancy in comparison with pregnant controls [73]. Tubal sterilisation is widely regarded as a highly effective method of contraception. In a large multicentre study, the risk of ectopic gestation among women who have undergone common methods of tubal sterilisation was found to be 7.3/1000 procedures. In the same study, it was found that the rate of ectopic pregnancy for all common methods of sterilisation combined in the 4<sup>th</sup> through 10<sup>th</sup> years after surgery was not lower than the rate of ectopic pregnancy in the first 3 years [74].

The risk of ectopic pregnancy depends on the method used for tubal sterilisation. All methods of tubal occlusion require correct application to maximize the effectiveness. The higher rate of failures are seen with spring clip application and bipolar coagulation that highlight the requirement of proper techniques in the use of these methods as demonstrated by Hulka & Reich,Soderstrom et al.,[75,76]. The failure rate of pomeroy's technique is estimated as 0.25-2.1[77].

The incidence of ectopic pregnancy is higher when tubal sterilisation is performed in the postpartum period because of the edematous, congested & friable fallopian tubes, which increases the chance of incomplete occlusion of the lumen [78].

The probable explanation for the occurrence of ectopic gestation after tubal sterilisation is recanalisation or formation of tuboperitoneal fistula. Sperms can pass through these fistulas but the fertilized ovum cannot. So, implantation of fertilized ovum typically occurs in the distal segment of the tube [79]. Recanalisation results in abnormal reconstruction of the tubal lumen with formation of slit like spaces & blind pouches. This may results in ectopic implantation [78]. Fluid movements within the remaining segments may also influence the implantation [78]. The risk of ectopic gestation may be higher after electro coagulation procedures, than any other methods. To avoid luteal pregnancy, sterilisation should be performed in the early follicular phase.

The ectopic pregnancy must not be disregarded in a woman who has undergone tubal sterilisation, particularly if two or more years have elapsed since the surgery [80].

### Previous caesarean section and other pelvic surgery

A recent Danish register based study found a moderately increased risk of ectopic gestation in women who have undergone emergency and elective caesarean sections [81]. A meta analysis by O'neil et al showed 5% increased odds of ectopic pregnancy among the studies included, but the estimate did not reach the statistical significance [82].

A case controlled study by michalas et al found that all types of pelvic surgeries increase the risk of ectopic gestation from a 2 fold increase for appendicectomy to a 9 fold increase for ectopic pregnancy [83].

#### **Tubal recanalisation surgery**

In a large series study from various hospitals, the risk of ectopic pregnancy after sterilisation reversal was reported to be 0.3 to 3% of all pregnancies [84].

Microsurgical techniques for reversal of sterilisation provide better results than conventional surgery<sub>[85]</sub>. The lower rate of ectopic pregnancy in microsurgical technique is associated with

- 1. Proper alignment of lumen,
- 2. Gentle handling of tissues and
- 3. Proper excision of all pathological tissues under magnification.

#### Prior pelvic inflammatory disease

PID is defined as the infection of endometrium, fallopian tubes and contiguous structures by the ascent of micro organisms from the lower genito urinary tract [86]. It is most commonly associated with sexually transmitted infections, especially Chlamydia trachomatis & neisseria

gonorrhoea. These organisms often initiate the inflammatory process and then replaced by other opportunistic bacteria including anaerobes, aerobes and mycoplasma species [87]. Sexually transmitted infections represent a growing problem worldwide [88]. This concern is not only due to increasing incidence but also due to improved diagnosis. More than half of these infections are seen in young sexually active women aged between 16-25 years.

Prior infection is a risk factor for current infection. With the development of repeated PID, the risk of ectopic pregnancy and subfertility is increased. Approximately 70% of Chlamydial infections are asymptomatic. A small proportion may present with Vaginal discharge, dysuria, lower abdominal pain, arthritis or post coital bleeding.

The significance of infectious diseases in ectopic pregnancy is well documented [89, 90, 91, 92]. There might be a causal link. Declining Chlamydial infection rates attributed to preventive strategies and fall in the ectopic pregnancy risk in Sweden [93].

Multiple sexual partners and the young age at first intercourse are associated with increased risk of ectopic pregnancy (Bouyer et al).

#### Smoking

Many studies have reported that smoking is a major risk factor for the occurrence of ectopic pregnancy (odds ratio  $1.7 - 3.9_{194}$ ). Studies in animals and humans reported the effect of smoke exposure on oviductal /

fallopian tube function [95, 96]. Inspite of these findings, the exact mechanism by which the cigarette smoking increases the ectopic pregnancy risk remains unclear.

A recent study has reported that cotinine (an active nicotine metabolite) increases the prokineticin receptor, PROKR1 expression in the fallopian tube, which is a regulator of smooth muscle contractility and a gene important for intrauterine implantation [97]. Cigarette smoking attenuates tubal PROKR 1 expression resulting in altered tubal function and provides the explanation for the link between smoking & risk of ectopic pregnancy.

Bouyer et al demonstrated a dose-effect relationship between smoking & risk of ectopic gestation [98]. Cessation of smoking reduces the ectopic pregnancy risk a level intermediate between that of current smokers & non - smokers. However, there was no trend observed for time since smoking cessation .

# **Obesity and infertility**

Obesity is a growing problem throughout the world and upto 25% of women in the reproductive age group are being obese (Balen and Anderson, 2007, Haslam and James, 2005). Obesity was found to be associated with reduced fecundity (Ramlau - Hansen et al 2007; vanden steeg et al, 2007). The obese women are more prone to anovulation and polycystic ovarian syndrome . (pasquali et al, 2007). In comparison to

normal weight women of reproductive age, obese women seek medical attention for their subfertility more often. (vahratian and Smith 2009). There are studies reported on the relationship between BMI and ectopic pregnancy.

- 1. Zhang et al, 2010
- 2. Sneed et al 2008
- 3. Mataliotakis et al, 2008
- 4. Fedorcsak et al, 2008
- 5. Wittemer et al, 2000.

None of the above mentioned studies found a significant difference between overweight and normal women. Bouyer et al ., 2003; Tanveer Shafquat et al., 2013 found that the ectopic pregnancy risk increased with the duration of subfertility [98, 99]. However, ectopic pregnancy is a risk factor for subsequent infertility [100, 101, 102]. The association between infertility and ectopic pregnancy seems to be mutual risk factors and are likely to be complex.

#### **Ovulation induction and ART**

The ovulation induction and other ARTs may be associated with increased risk of ectopic pregnancies [103]. There are many case reports of ectopic pregnancies following ovulation induction [104, 105].

ART is a known risk factor for ectopic pregnancy. The rate of ectopic gestation is higher in pregnancies resulting from ART than in

spontaneous conception with the incidence ranging from 2% to 8.6% particularly in gamete & Zygote fallopian transfer (GIFT and ZIFT)<sub>[106, 107]</sub>. Heterotopic pregnancies and bilateral tubal ectopic pregnancies, the rarest form of ectopic pregnancies have also been reported following IVF and embryo transfer (IVF - ET) and GIFT.

The presence of tubal pathology and PID could be the predisposing factors as with tubal pregnancies (Cohen et al 1999). Deep deposition of the embryos in to the uterine cavity [108] or the usage of large volume of culture fluid during the embryo transfer [109] may result in ectopic pregnancies. Ectopic pregnancies are significantly lower when single frozen thawed blastocysts are transferred compared with two blastocysts. (Yanaihara et al, 2008; Ishihara et al, 2010).

# **Previous ectopic pregnancies**

A prior history of ectopic pregnancy is a possible indicator of the pre existing tubal damage and hence a strong risk factor for recurrence [73]. This is because tubal pathology is always bilateral and there is a strong tendency for ectopic gestation to occur first on one side and then on the other side later [110]. The patients with recurrent ectopic pregnancies are more likely to experience a tubal rupture [111]. A study reported that women with history of an ectopic pregnancy had 13 times higher the chance for the second ectopic compared to women who had a first live birth [112].

#### Intrauterine contraceptive device use

Although IUCD users are supposed to be protected from both intrauterine and extra uterine pregnancy, it was found that a woman who conceives with IUCD in place is seven times more likely to have an ectopic pregnancy in comparison to a woman who conceives without IUCD [113]. Ectopic pregnancy is known to occur frequently in women who use certain types of IUCDs [114]. IUCD usage was found to increase the risk of ectopic pregnancy in a study conducted by Shaista [115] in Saudia Arabia and Bouyer et al [98] in France. Bouyer et al confirmed that previous intra uterine device use has increased risk of ectopic pregnancy per se not only through an association with pelvic infections as previously suggested [116, 117].

#### **Progesterone contraceptive pills**

Levonorgestrel - only emergency contraception is a well established emergency contraception. (Gemzell - Denielsson 2010). The risk of ectopic pregnancy should be kept in mind following LNG only emergency contraception failure. There are many cases of ectopic pregnancies reported in literature after the LNG only emergency contraception failure (Ghosh et al., 2009; Kozinszky et al., 2011). The rate of ectopic pregnancies following LNG only emergency contraception failure was 4.1% which was found to be higher than the incidence of 1.1% to 1.6% in spontaneous pregnancies (Varma & Gupta 2009).

In general estrogen stimulates the tubal myo - electrical activity and progesterone inhibits that [118]. Progesterone alters the tubal motility. Inversion of tubal peristalsis and reduced fimbrial beating may contribute to the delayed arrival of egg in the endometrial cavity, a fact resulting in ectopic pregnancy [119, 120, 121, 122]. Pharmacologic level of progesterone relaxes the tubal myo-electrical activity to an extent that the transport through the isthmus does not occur [123, 124]. Higher rates of failure are seen when emergency contraception is performed during the period close to ovulation [125].

# **Prior history of abortions**

Parazzini et al ., found that the rate of ectopic pregnancy was higher in women with history of prior induced abortions and also the risk increased with the number of induced abortions in comparison to women with history of no induced abortions [126]. Spontaneous abortions might have a causal effect, most probably mediated by pelvic infection [127]. Bouyer et al found an association between induced abortions and the risk ectopic pregnancy, with an odds ratio of 1.9 for women with history of two or more previous induced abortions [98].

# Sites of ectopic pregnancy

Nearly all ectopic pregnancies are implanted in the fallopian tubes (97%) and a common factor for the occurrence of such ectopics are the presence of a tubal pathology. 70% of ectopic pregnancies occur within

the ampulla. The rate of ectopic pregnancy in different parts of the tube also varies  $_{[128]}$  as mentioned below.

Ampullary	-	70%
Fimbrial	-	11%
Isthmic	-	12%
Interstitial	-	2.4%

# Fate of the tubal pregnancy

# 1. Tubal mole

The gestational sac with surrounding blood clot is retained within the fallopian tube.

# 2. Tubal abortion

This is more common if ectopic implantation occurs in the ampullary part of the tube. Separation of the sac and its expulsion into the peritoneal cavity via the tubal ostium occurs.

Rarely reimplantation of the products of conception may result in secondary abdominal pregnancy.

The bleeding usually stops if the expulsion is complete. Sometimes bleeding may persist in incomplete separation or bleeding from the site of implantation

#### **3.** Tubal rupture

This is more common in the isthmus, which is the narrower portion of the fallopian tube. Rupture may occur early in the anti mesenteric border and results in massive intra peritoneal haemorrhage. If rupture occurs in the mesenteric border of the fallopian tube, a broad ligament haematoma can occur.

Ectopic implantation can also occur outside the fallopian tubes, within the ovary, cervix, caesarean scars, uterine cornua and abdomen. These extra tubal implantations may not be associated with pre existing risk factor or tubal pathology.

## **Cervical pregnancy**

Cervical pregnancy accounts for less than 1% and the rarest of ectopic pregnancies implanted in the cervical canal below the internal os<sub>[128, 129]</sub>. Induced abortions, prior uterine curettage, leimyomata, Asherman's syndrome, IUCD, IVF are the predisposing factors. Raskin suggested that the ultrasound diagnosis of cervical pregnancy required the following 4 criteria [130].

- 1. Diffuse enlargement of the cervix
- 2. Enlargement of the uterus
- 2. Amorphous intra uterine echoes.
- 3. The absence of an intra uterine gestation.

Timor - Tristch et al., refined the criteria and included that the placenta and the chorionic sac containing pregnancy must lie below the linternal os and the cervical canal must be enlarged like a barrel [131].

Anticipation of significant bleeding and a plan to prevent / control haemorrhage can avoid hysterectomy.

## **Ovarian Pregnancy**

The incidence is 1 - 3%. The presenting signs & symptoms are like other ectopic pregnancies. It is difficult to make the pre operative diagnosis of an ovarian pregnancy. USG shows a walled cystic mass within or adjacent to the ovary. The differential diagnosis includes a corpus luteal cyst and a tubal implantation. The diagnosis is usually a pathological diagnosis made by histopathologic examination of removed adnexal mass based on the following speigelberg's criteria [132].

- 1. The fallopian tube should be normal and distinct from the ovary.
- 2. The gestational sac should occupy the normal anatomical position of the ovary.
- 3. There should be a connection between the gestational sac and the uterus by utero ovarian ligament.
- 4. The definite ovarian tissue should be demonstrable in the wall of the gestational sac.

Doppler USG cannot always distinguish the corpus luteal cyst from the ovarian pregnancy. Speigelberg's criteria cannot be established with ultrasound<sub>[133].</sub>

### Caesarean scar ectopic pregnancy

Although previously rare, the incidence of caesarean scar pregnancy is increasing worldwide [134]. This increase is presumably due to more number of caesarean sections and increased recognition. Caesarean scar ectopic pregnancy is surrounded by myometrium and the fibrous scar tissue completely and separated from the endometrial cavity and fallopian tube. Early diagnosis with ultrasound can avoid life threatening haemorrhage and uterine rupture.

### **Cornual ectopic pregnancy**

It is one of the most dangerous types of ectopic pregnancies with high maternal mortality. The incidence is 2 - 4% of all tubal pregnancies [135]. This type of pregnancy can be discovered with advanced gestational age due to the adjacent supporting myometrial walls and good vascular supply, particularly from the uterine artery [136, 137]. In case of rupture the bleeding can be fatal. Previous pelvic surgeries, uterine anomalies, ART, previous ipsilateral salphingectomy [138] are the risk factors.

# Isthmic tubal ectopic pregnancy

Upto 12% of ectopics are implanted within the isthmic portion of the fallopian tube [128]. The isthmic portion of the tube is narrow with a well defined muscularis layer. So, Isthmic ectopic pregnancies quickly invade the muscularis layer and rupture early [139].

### **Abdominal pregnancy**

It is an extremely rare and dangerous form of extra uterine pregnancy  $_{[140]}$ . Incidence is less than 1%. Many are due to secondary nidation within the peritoneal cavity after tubal rupture, tubal abortion or uterine rupture  $_{[141]}$ . Primary abdominal pregnancy should satisfy the following criteria of Studdiford<sub>[142]</sub>.

- 1. Tubes and ovaries should be normal.
- 2. There should not be any uteroplacental fistula.
- 3. The attachment to peritoneal surface early enough to exclude the possibility of secondary implantation. The placenta may be attached to bowel, mesentry, uterine wall, liver, spleen, bladder and ligaments. The placenta may separate at any time during pregnancy resulting in life threatening haemorrhage [143]. The maternal mortality rate can reach as high as 20% [144].

#### **Bilateral tubal pregnancies**

They are extremely unusual occurrence in the absence of preceding ovulation induction. More common are twin pregnancies in the same tube and heterotopic pregnancies [145]. Fishback described the criteria for diagnosing bilateral tubal pregnancies. He claimed that there should be description of the fetuses or fetal parts as well as of placental tissue [146]. Norris declared that microscopic identification of chorionic villi in each tube should suffice [147].

### **Clinical presentations of ectopic pregnancy**

Clinical manifestations of ectopic pregnancy usually appear six to eight weeks after the last menstrual period, but it can occur later depending upon the site of ectopic implantation [148]. The classic triad of ectopic pregnancy are

- 1) Abdominal pain,
- 2) Amenorrhoea and
- 3) Vaginal bleeding.

These symptoms can occur in both unruptured and ruptured cases. But unfortunately the classic triad is present only in 50% of patients [149].

Abdominal pain is the cardinal feature of ectopic pregnancy present in close to 100% of cases [150]. To start with dull pain caused by tubal stretching, sharp colicky pain follows.

About 75% of the patients present with amenorrhoea of less than 6 weeks. There is no history of amenorrhoea if rupture occurs in early weeks and if vaginal bleeding and pain starts around the next expected period. Amenorrhoea lasts even upto 16 weeks in case of cornual and interstitial pregnancies [151].

Abnormal vaginal bleeding or brownish vaginal discharge occurs in 50% of the patients  $_{[149]}$ . Early vaginal bleeding simulating uterine abortion is seen in caesarean scar pregnancy  $_{[151]}$ .

These symptoms overlap with the symptoms of spontaneous abortion. A prospective study found no statistically significant difference in the presenting features of patients with early intrauterine pregnancies versus those with unruptured ectopic pregnancies  $_{[152]}$ .

The patients may present with others common symptoms of early pregnancy including fatigue, nausea, breast fullness, heavy cramping and recent dyspareunia. Advanced abdominal pregnancy may present with painful fetal movements.

Late presentations after the rupture of the ectopic pregnancies are common in developing countries. They may present with dizziness, gastro intestinal symptoms like diarrrhoea, shoulder tip pain (due to massive haemoperitoneum), syncopal attacks and sudden cardiac arrest.

Some cases of intra peritoneal bleeding with pelvic haematocele could present with 'toilet signs', which include dysuria, urinary frequency and tenesmus. There are reported cases of patients with ectopic pregnancy fainting in the toilet or following sexual intercourse.

#### **Differential diagnosis of ectopic pregnancy**

The following conditions mimic the ectopic pregnancy in their clinical presentation [153].

- 1) Pelvic inflammatory disease
- 2) Dysmenorrhoea
- 3) Endometriosis

- 4) Ruptured corpus luteal cyst
- 5) Acute appendicitis
- 6) Typhoid perforation
- 7) Acute intestinal obstruction
- 8) Acute diverticulitis
- 9) Gastroenteritis.

# **Physical examination**

The physical examination findings of cases with ectopic pregnancies are highly variable and mostly unhelpful. Many patients present with stable haemodynamic status and benign examination findings, especially in unruptured ectopic pregnancy.

Careful assessment of vitals may show classical picture of haemorrhagic shock including tachycardia, pallor, hypotension and oliguria [149] in case of ruptured ectopic pregnancy.

Other signs include presence of abdominal tenderness/guarding/ rigidity, abdominal distension, forniceal tenderness, positive cervical excitation test, forniceal bogginess or presence of any adnexal mass [149,154].

Tachycardia may not present in all cases of ruptured ectopic [154, 155]. Abdominal tenderness/distension is not specific for ruptured ectopic pregnancy and it is present in almost all cases of surgical emergencies.

Forniceal tenderness and cervical motion tenderness may present in PID and endometriosis other than ectopic pregnancy. So this sign is also not specific. An adnexal mass may be palpated, but it is difficult to differentiate the mass from the ipsilateral ovary. The patient's discomfort may preclude the adequate pelvic examination and overzealous assessment may result in iatrogenic tubal rupture.

In a study conducted in Mumbai abdominal tenderness was present in 59.69%, abdominal distension in 31.12%, forniceal tenderness in 71.43% and tender cervical movements in 69.89% and forniceal bogginess in 54%. Tachycardia and hypotension was seen in 52.55%. 13.7% patients had no abdominal signs [154].

# **Cervical motion tenderness / cervical excitation test**

Cervical motion tenderness is defined as an unpleasant sensation or response elicited on bimanual pelvic examination with movements of the cervix by the examiner's gloved hand, usually indicative of inflammatory process in the pelvic / adjacent organs that might be moved during such examination. (Stedman's part of Lippincott Williams &Wilkins).

Cervical excitation test is a controversial sign. The examiner put a finger each side of the cervix and push it from side to side which in turn stretches the tubes. The examiner has to look the patient's face for pain. Pushing the cervix forward or back may give false positive result. Cervical excitation test may be positive in ectopic pregnancy and PID. Role of this test in ectopic pregnancy is controversial because it might burst the unruptured ectopic pregnancy. So, this test should be done gently.

# Culdocentesis

Culdocentesis is an invasive procedure in which peritoneal fluid is aspirated from the cul de sac of a female patient. Spinal needle is introduced into the pouch of douglas through the vaginal wall.

Ultrasonography with its improved resolution and more availability has virtually replaced the culdocentesis as a procedure of choice. USG is an non invasive procedure and has sensitivity and specificity superior to that of culdocentesis in the diagnosis of haemoperitoneum.

### Indications

- 1) To diagnose suspected ruptured ectopic pregnancy in the following situations [156, 157, 158, 159].
  - a) Haemodynamically unstable patients.
  - b) When ultrasonography is not immediately available.
- 2) In place of diagnostic peritoneal lavage to diagnose haemoperitoneum following blunt trauma abdomen.
- 3) To diagnose ruptured ovarian cyst.
- 4) To obtain fluid for culture in the treatment of PID.

#### **Contra indications**

- Pelvic mass including tubo ovarian abscess, ovarian tumors, pelvic kidney and appendiceal abscess.
- ➢ Fixed retroverted uterus.
- Coagulopathy.
- Prepubescence.
- ➢ Non co-operative patient.

Culdocentesis is considered positive when more than 2 ml of non clotting blood is obtained. Approximately 80-95% of ruptured ectopic pregnancies display non clotting blood on culdocentesis [157].

A study by Romero et al reported that when both a positive pregnancy test and a positive culdocentesis were present, ectopic pregnancy was found in 99% of cases [160].

About 15% of ectopic pregnancies show negative or non-diagnosis results on culdocentesis [159]. The false positive results are seen in 2.9% of cases. A ruptured corpus luteum in the presence of an intrauterine pregnancy is the common cause of false positive result [161].

Complications are rare. However the following complications may occur.

- Rupture of an unsuspected tubo-ovarian abscess, ovarian teratoma, endometrioma or a malignant ovarian cyst.
- 2) Puncture of the bowel or pelvic kidney.
- 3) Rupture of tubal pregnancy.
- 4) Bleeding from the puncture site.

In the emergency situations culdocentesis can be a safe, simple and critical diagnostic procedure. In an unstable woman with a strong suspicion of a ruptured ectopic gestation, culdocentesis may facilitate the live saving surgery by conforming the diagnosis without waiting for the time consuming ultrasound exams. Many recent studies from developing countries have shown that this simple procedure helped in the diagnosis of tubal ectopic pregnancy in more than 70-80% of cases [66, 162].

### **Urine Pregnancy test**

The currently used urine pregnancy tests detect the monoclonal antibodies to the beta subunit of hCG. So, the possibility of cross-reaction with LH and TSH is reduced. However, the antibody reacts with both intact hCG, which is the major component in serum and also with the fragments of beta - subunit (beta core) which are the major form in urine. Small amount of hCG are detected in the blood and urine of non pregnant patients [163].

hCG is secreted from the implanting blastocyst and first appears in the blood around 6-8 days after fertilization, the levels rise progressively and reach a peak around 7 - 10 weeks. Most urine pregnancy test kits have sensitivity to detect as low as 25 mIU/ml of hCG in urine. Urine pregnancy test may become positive 3-4 days after the implantation; by 7 days (at the time of expected period), 98% will be positive [163]. A

negative result one week after the next expected menstrual period virtually says that the woman is not pregnant [163, 164].

A Urine pregnancy test for all reproductive age women experiencing vaginal bleeding or pelvic pain has been recommended [165, 166].

A systemic review conducted in 1998 reported that UPT was accurate (97.41%) when used by health care professionals. The accuracy fell to 75% when used by consumers due to failure to follow instructions [167].

A negative urine pregnancy test does not exclude ectopic pregnancy, because the placental implantation in tubal location can be either nonviable or compromised and therefore not able to secrete enough hCG for a positive pregnancy test. (Richard M. Soderstrom M.D). Around 5<sup>th</sup> to 7<sup>th</sup> week of pregnancy, urine concentration of the hCG beta core fragment, an hCG variant rise dramatically, interfering with hCG detection and can cause false negative test results [168].

#### **Serum** β**-hCG** concentrations

The most sensitive, gold standard test to diagnose the pregnancy is the quantitative serum  $\beta$ -hCG estimation. The hCG secretion begins no later than the blastocyst stage. The beta hCG levels vary according to the period of gestation. In a non pregnant woman beta HCG level is less than 10mIU/ml. The estimated serum  $\beta$ -hCG 14 days after ovulation in a singleton healthy pregnancy is about 100mIU/ml. The serum beta hCG level should double every 48-72 hrs in a healthy intrauterine pregnancy. The  $\beta$ -hCG levels are higher in multiple pregnancies [169]. A recent study reported that the minimum rate of rise in  $\beta$  hCG for a viable intra uterine pregnancy is 24% at first 24 hrs and 53% at 48hrs [170].

Failure of  $\beta$ -HCG values to double as expected, suggests that the pregnancy is unhealthy [169]. Possibilities include an ectopic pregnancy or a non-viable intrauterine pregnancy which will miscarry.

A rapid decline in serum concentrations of  $\beta$ -hCG usually by 21-35% or more over 2 days, is suggestive of spontaneous abortion [171] or a resolving ectopic gestation. The concentration of serum  $\beta$ -hCG has no definitive pattern in ectopic pregnancy [172]. However, in more than 70% cases the serial  $\beta$ -hCG values decrease more slowly than that of miscarriage and increase more slowly than that of a healthy intra uterine pregnancy [173]. An ectopic pregnancy is more likely when an intrauterine gestational sac is not seen by transabdominal scan when  $\beta$ -hCG concentration is above 6500 IU/L or by transvaginal scan at a  $\beta$ -hCG concentration of more than 1500 IU/L [174]. Combined transvaginal ultrasound and serial serum  $\beta$ -hCG estimation are approximately 96% sensitive and 97% specific for diagnosing an ectopic pregnancy [169].

#### **Role of ultrasound in diagnosing ectopic pregnancy**

Transvaginal sonography has revolutionized the approach to the diagnosis of ectopic pregnancy. TVS can confirm the diagnosis of an intrauterine pregnancy earlier than transabdominal ultrasonography (TAS). It has been reported that using transabdominal scan, an intra uterine gestational sac can be visualised when the serum  $\beta$ -hCG is >6500 IU/L [175]. However using TVS an intrauterine gestational sac can be visualized when the serum  $\beta$ -hCG is as low as 1000 IU/L [176]. Transvaginal sonography is able to identify the gestational sac at gestational age of 5.5 weeks with almost 100% accuracy [177, 178]. Intra uterine pregnancy is diagnosed definitely by sonographic visualisation of a yolk sac or an embryo in addition to the gestational sac [179, 180, 181]. An ectopic pregnancy may show 'Pseudosac', a fluid collection within the cavity of endometrium that may result from the breakdown of the decidualised endometrium. Pseudosac is centrally located inside the endometrial cavity compared to early gestational sac that is eccentrical [182]. Pseudosacs wont have a good hyper echoic decidual reaction around them and they are transient. In addition, the yolk sac and cardiac activity must be visualised clearly after 6 weeks of gestational age. So, it is important to differentiate the pseudosac from an empty intra uterine sac in early pregnancy.

The identification of an intrauterine gestation rules out the ectopic pregnancy unless a heterotopic pregnancy is strongly suspected [183]. The diagnosis of an ectopic pregnancy using the TVS is based on the positive visualisation of an extra uterine pregnancy [184]. It is classified as PUL if neither an intrauterine nor an extra uterine gestational sac is visualised on TVS. PUL should be followed until the final pregnancy outcome is known.

# **Tubal ectopic pregnancy**

It is the most common form of ectopic pregnancy. The ectopic mass is seen in the adnexa separately from the ovary [184]. There may be

- An extra uterine empty gestational sac with a hyper echoic ring sign.
- 2) Inhomogeneous adnexal mass.
- 3) An extra uterine gestational sac with yolk sac or/ and a fetal pole with or without cardiac activity [181,185].

It has been reported that an inhomogeneous adnexal mass may be seen in an early ectopic pregnancy or a resolving ectopic pregnancy [186].

### **Interstitial ectopic pregnancy**

An interstitial or cornual ectopic pregnancy can be diagnosed with the following criteria.

1) Absence of gestational sac inside the endometrial cavity.

2) Products of conception are seen outside the endometrial cavity and with a continuous rim of myometrium surrounding it  $_{[187]}$ .

# **Cervical ectopic pregnancy**

A cervical pregnancy is diagnosed by

- 1) Absent intrauterine gestational sac.
- 2) Enlarged and Barrel shaped cervix.
- 3) The gestational sac which lie below the internal cervical os.
- 4) Absent 'Sliding sign' (when probe pressure is applied to cervix, the gestational sac slides against the endocervical canal in a miscarriage but this sign is absent in cervical pregnancy).
- 5) Blood flow surrounding the gestational sac in doppler ultrasound

# **Ovarian pregnancy**

No specific criteria available for the sonological diagnosis of an ovarian ectopic pregnancy.

# **Caesarean scar ectopic pregnancy**

The diagnosis is made by

- 1) Absent intra uterine gestational sac.
- 2) The gestational sac is located at the level of the internal os anteriorly and covers the previous caesarean section scar.
- 3) Blood flow on doppler ultrasound.
- 4) 'Sliding sign' will be absent [189].

### The heterotopic pregnancy

In heterotopic pregnancy, an intra uterine pregnancy is present in conjunction with an ectopic pregnancy.

Many studies have shown that TVS has high diagnostic accuracy for ectopic pregnancy with 87 - 99% sensitivity and 94.99% specificity [190, 191, 192, 193].

False positives can occur if other structures like corpus luteum, bowel, a hydrosalphinx, a para tubal cyst or an endometrioma are mistakenly taken as an ectopic pregnancy. If the ectopic is small or concealed by uterine anomalies or fibroids or by bowel, it can be missed.

Around 80% of the ectopic pregnancies are seen on the same side as that of the corpus luteal cyst. We have to search for any adnexal mass in the presence of corpus luteum . Visualisation of free fluid in the pouch of douglas increases the suspicion of an ectopic pregnancy [194]. However a minimal collection due to increased vascular permeability in early pregnancy is common.

# **Role of CT and MRI in ectopic pregnancy**

Because of its lack of ionizing radiation and better soft tissue contrast, Magnetic Resonance Imaging is being frequently used in pregnant patients.

Sonography is the investigation of choice in diagnosing the early intra uterine pregnancy and ectopic pregnancy. Sometimes sonography

may fail to detect even an advanced ectopic pregnancy because of its inherent limited resolution, especially in patients with severe pain with non ideal body habitus. MRI can sometimes serve as a problem solving too  $1_{[195-196]}$ .

MRI should be reserved for haemodynamically stable patients in whom additional information is necessary for further management and that cannot be obtained using sonography [197,198].

MRI offers the following benefits as compared with sonography

- 1. Mutiplanar imaging,
- 2. Greater soft tissue contrast,
- 3. Lack of ionizing radiation and
- 4. More specific characterisation of tissues and fluids [199].

CT is frequently performed imaging modality in the evaluation of pelvic and abdominal pain of unknown cause. CT is certainly not a preferred modality to diagnose an ectopic pregnancy, particularly for a condition that can be imaged using other modalities. CT findings of ectopic pregnancy are not well recognized because CT is generally contra indicated in pregnant women due to its ionizing radiation.

Many classic sonographic features of an ectopic pregnancy have their CT and MRI correlates. So, the familiarity of various sonographic signs of ectopic pregnancy and their correlation with CT and MRI

findings facilitates prompt and accurate diagnosis and further management.

A recent study by Takahashi A et al proved that MRI is an effective modality for diagnosing the ectopic pregnancy with 91.3% sensitivity, 100% specificity and 100% positive predictive value [200].

# Serum Progesterone level

The estimation of serum progesterone level is useful in the assessment of PULs [201]. The level is more than 50ng/ml in a healthy intra uterine pregnancy. However, the measurement of serum progesterone levels could not differentiate an ectopic pregnancy from a case of early IUP or a miscarriage [202]. In case of pregnancy of unknown locations, progesterone level of <5ng/ml is used to differentiate the low risk patients who can be managed conservatively and the at risk patients who require definitive management [203].

### **Other serum biomarkers**

Although many other serum biomarkers like  $17\alpha$  hydroxy progesterone, Inhibin - A, IGFBP - 1 have been reported , none of these biomarkers are used in day to day practice [204] . A recent study by Andrew Horne et al showed that the placental growth factor is a key factor in neovascularisation and it is a promising biomarker for ectopic pregnancies [201].

# **Diagnostic laparoscopy**

When ultrasound is inconclusive but an ectopic pregnancy is suspected, a diagnostic laparoscopy may be done. Diagnostic laparoscopy is the gold standard investigation in the ectopic pregnancy. Delay in the diagnostic laparoscopy has been highlighted as one of the reason for maternal mortality [205]. However, sometimes small ectopic pregnancies may be missed during laporoscopy or laparotomy [201]. An alternative to diagnostic laparoscopy is serial USG examinations with  $\beta$ -hCG measurements or an endometrial biopsy or an empirical medical therapy.

# **Role of endometrial biopsy in ectopic pregnancy**

In selected cases of pregnancy of unknown locations, an endometrial sampling can be done and analysed for the presence or absence of chorionic villi. It is useful when performed after a negative diagnostic laparoscopy for a suspected case of an ectopic pregnancy (Vanitha N Sivalingam et al) [94].

### MANAGEMENT OF THE ECTOPIC PREGNANCY

An ectopic pregnancy can be managed by any of the following method

- 1) Expectant management.
- 2) Medical management.
- 3) Surgical management.
- 4) Surgically administered medical management.

# **Expectant management**

Sometimes, without any intervention ectopic pregnancies may regress to abortion with only minimal bleeding or they may be reabsorbed. The greater challenge lies in the identification of these cases in which intervention is not necessary.

Expectant management was first described by Lund (1955) in women with ectopic pregnancies [206]. He compared the expectant management versus the open surgery in a retrospective study. Surprisingly, the expectant management was successful in 57% of women.

### Inclusion Criteria (Elito et al, 2008)[207]

- 1) Patients with stable haemodynamic status.
- Falling beta-hCG levels of more than 15% in a time interval of 24 to 48 hrs.
- 3) Initial level of serum beta-hCG less than 1,500 mIU/ml.
- The size of the adnexal mass should be less than 3.5 cm and it should be extra ovarian.
- 5) There should not be any demonstrable embryonic cardiac activity.
- 6) The patients who want to retain their future fertility.
- 7) The patients willing to sign the consent form.

#### Follow-up

Weekly serum Beta-hCG levels should be done until the level becomes undetectable. Usually it will take around 3 weeks for the complete resolution of an ectopic pregnancy (4 to 67 days).

Routine transvaginal scan is not necessary during the course of falling beta-hCG. Transvaginal scan and haematocrit should be done in all patients with the complaint of severe and prolonged abdominal pain to rule out the rupture . Small amount of fluid collection in POD is a common finding in most of the patients. The amount of free fluid increases with the tubal abortion. But, the surgical intervention is recommended only in haemodynamically unstable patients and in patients with tubal rupture .The complete disappearance of the adnexal mass in scan may take as long as 3 months. During this time period , we should advise the patients to avoid pregnancy. Hysterosalpingography should be done after the disappearance of tubal mass in ultrasound.

# Predictive factors of success [208,209].

- 1) Declining level of beta-hCG over first 24 to 48hrs interval.
- 2) The level of initial serum beta hCG should be low.
- 3) No identifiable gestational sac like structure during ultrasound examination.
- 4) Longer the period of amenorrhoea.

### **Reproductive future**

The fertility of women after the expectant management of an ectopic pregnancy could be determined by hysterosalpingogram or a spontaneous conception following the treatment [210,211].

Hysterosalphingography is a good method to evaluate the patency of the tubes  $_{[212]}$ . HSG is considered as an important diagnostic procedure after the conservative management of an ectopic gestation (Mol et al., 1997)<sub>[213]</sub> Routine hysterosalpingography is usually advised 3 months after the completion of expectant management.

Elito et al. (2005a) reported the tubal patency rate of around 78% in expectantly managed women , and it was similar to the results of other studies conducted by Stovall and debby [214,215,211].

#### Medical treatment

#### Systemic treatment

Methotrexate has been used for treating the gestational trophoblastic disease since 1956<sub>[216]</sub>. MTX inhibits the dihydrofolate reductase enzyme which is important in the synthesis of active form of folate used in RNA and DNA precursor synthesis. Side effects are commonly seen with multiple doses of MTX. Side effects are usually minimal including gastritis, nausea, vomiting, giddiness and ulcerative stomatitis. But, severe complications like neutropenia, pneumonitis and reversible alopecia can occur rarely. Folinic acid, a MTX antagonist can

be used to reduce the side effects, especially when multiple doses of methotrexate are used [217].

The medical treatment of an ectopic pregnancy with multiple doses of intramuscular MTX started in 1982 by Tanaka et al., [218]. In 1989,Stovall et al., conducted an important study and they individualised the dosage of methotrexate to improve the patient compliance, to reduce the overall costs and to minimise the side effects like pneumonitis, which ultimately led to single-dose MTX regimen of 50 mg/m<sup>2</sup> body surface area intramuscular use without folinic acid [219].

# Selection criteria

Complete blood count, liver function tests, serum creatinine and blood grouping and Rh typing should be done in all patients before starting the treatment. Chest x-ray should be taken in patients with prior history of lung diseases.

Inclusion Criteria for Systemic Methotrexate treatment (ASRM Practice Committee, 2008; Elito et al, 2008).

- 1) Patients with stable haemodynamic status.
- The size of the adnexal mass should be less than 3.5 cm and it should be extra ovarian.
- 3) The patients who want to retain their future fertility.
- 4) The patients should sign the consent form.
- 5) The patients should be willing for follow up.

6) There should not be any severe or persistent abdominal pain.

Absolute Contraindications for Systemic Methotrexate treatment (

ASRM Practice Committee, 2008 ; Elito et al ,2008).

- 1) The presence of an intrauterine pregnancy.
- 2) Moderate to severe anaemia.
- 3) Thrombocytopenia (Platelets < 100000).
- 4) Leukocyte count less than 2000 Cells/ Cumm.
- 5) Sensitivity to Methotrexate .
- 6) Immuno compromised patients.
- 7) Active lung disease.
- 8) Active gastric ulcer.
- 9) Lactating women.
- 10) Renal and hepatic failure.

Relative Contraindications for Systemic Methotrexate treatment

(ASRM Practice Committee, 2008; Elito et al, 2008)

- 1) Detectable embryonic cardiac activity by ultrasound.
- 2) Initial beta hCG concentration of more than 5,000 mIU/ml.
- Falling beta-hCG levels of more than 15% in a time interval of 24 to 48 hrs.
- 4) Patients not willing for blood transfusion.
- 5) Patients not willing for follow-up.

#### Methotrexate protocols (single dose regime and multiple dose regime)

Single dose methotrexate regime and multiple dose methotrexate regime are two commonly used medical management protocols (Barnhart, 2009) [26].

In single dose methotrexate treatment 50mg/m<sup>2</sup> intramuscular dose of MTX is used without folinic acid [220,221]. Follow-up serum beta-hCG levels are done on days 1, 4 and 7 after MTX injection. Second dose of MTX (50mg/m2) should be given in patients with less than 15% fall in their initial beta hCG level between day 4 and day 7. Patients with more than 15% fall in their initial beta hCG level should be followed weekly until the level falls below 5 mIU/ ml. The term ''single dose'' actually describes the number of MTX injections planned, but the treatment may include additional doses of MTX injections of maximum 3 doses when the response is not adequate [220,26].

In multiple-dose protocol 4 intramuscular doses of MTX (1mg/kg) are given on alternate days with 4 intramuscular doses of leucovorin (0.1 mg/kg). Serum beta-hCG levels are done on the day of MTX injection. MTX injections are continued until the level of beta-hCG falls by 15% from its peak concentration. Approximately 50% of cases won't require the full 8-day regimen course (Pisarka et al.,)<sub>[222]</sub>.

A meta-analysis by Bankart et al., showed 93% success rate for multiple-dose treatment and 88% for single-dose treatment [223].One study by Lipscomb et al., reported that medical management was successful in 78%–96% of selected patients [224].

#### Follow-up

Serum beta-hCG levels are monitored weekly until the level of beta-hCG becomes negative. It usually takes 2 to 3 weeks for the complete resolution of an ectopic pregnancy after MTX treatment in majority of the cases, but can take as long as 6 to 8 weeks which depends on the pre-treatment beta-hCG levels [221.223]. When falling beta-hCG levels rise once again, there is a possibility of persistent trophoblastic tissue.

The tubal mass may take 3 to 6 months for its complete resolution in the ultra sound [225]. Therefore, serial ultrasound evaluation after MTX treatment cannot predict the treatment failure, unless the tubal rupture is observed [226].

The following instructions should be followed after medical management

- Patients are advised to avoid the sexual intercourse until beta-hCG level becomes negative,
- Avoid alcohol use, non steroidal anti inflammatory drugs, foods and multi vitamins containing folic acid,
- 3) Avoid sun exposure to minimize the risk of dermatitis,

 Patients should not get pregnant for at least 3 months because of the risk of teratogenicity.

Life-threatening complications are rare. Many patients complain of pain between 3 to 7 days after the onset of treatment, but it usually resolves within 4 to 12 hours [227]. In acute onset of pain, tubal rupture should be ruled out .An emergency surgery should be performed if tubal rupture is suspected.

Signs suggesting treatment failure or possible rupture include

- 1) Increasing abdominal pain, regardless of the beta-hCG levels.
- 2) Haemodynamic instability and
- Rapidly rising beta-hCG concentrations after methotrexate treatment.

Some commonly encountered treatment effects of methotrexate are

- 1) Increase in beta-hCG level during the initial few days of therapy,
- 2) Increase in abdominal girth,
- 3) Bleeding or spotting per vaginum and
- Abdominal pain between day 3 to day 7 after the onset of treatment.

# **Predictive factors of success**

Initial beta-hCG level before the onset of treatment is the single most important factor in the prediction of treatment success. The invasion of the trophoblastic tissue in ectopic pregnancy can be predicted from the serum beta-hCG levels. The higher the serum beta-hCG level, the greater is the invasion of the trophoblastic tissue and the lesser is the treatment success with MTX [63]. If the serum beta-hCG level is low, then the chance of treatment success is high.

The increase in beta-hCG concentrations before the onset of treatment and following MTX treatment are the more accurate predictors of tubal rupture than the level of beta-hCG on the day of MTX therapy.

Ultrasound imaging is another important consideration. Better results are observed with haematosalpinx and the worse results are observed with a live embryo.

Other predictors of treatment success are

- 1) Size of the gestational mass less than 3.5 cm,
- 2) Endometrial thickness less than 7 mm, and
- 3) Absence of intra peritoneal bleeding [221,228].

Therefore, predictors of treatment failure include

- The presence of moderate or large amount of free fluid in the peritoneal cavity.
- 2) Initial beta-hCG levels higher than 5000 mIU/ml,
- The pretreatment rise in the serum beta hCG level of more than 50% over a 48 hours period,
- The presence of cardiac activity in the embryo (ASRM Practice Committee, 2008).

### **Reproductive future**

The fertility outcome of conservatively treated patients with MTX for an unruptured ectopic pregnancy can be evaluated by hysterosalpingography or by spontaneous conception [211,229] .The radiologically normal tubes after medical treatment are shown to be associated with less risk of ectopic gestation in future pregnancy. However, the normal radiological findings show nothing about the tubal function, where tubal dysfunction can also be a cause of ectopic pregnancy.

Lipscomb et al. (2000) reported that 65% of patients succeeded with subsequent intra uterine pregnancies after medical management. The incidence of recurrent ectopic pregnancy in the study population was around 13% [230].

# Surgically administered medical management

In a surgically administered medical management methotrexate is administered locally into the gestational sac either transvaginally under the ultrasound guidance or under the laparoscopic guidance. Local treatment is aassociated with less adverse effects of systemic methotrexate.

Drugs that can be used for local treatment are

- 1) Methotrexate 1mg/kg [231,232,233],
- 2) KCl

#### 3) Prostaglandins, and

#### 4) Hyperosmolar glucose.

Feichtinger and Kemeter first demonstrated the local treatment of an ectopic pregnancy with MTX in 1987 .They injected 10 mg of MTX into the gestational sac of tubal ectopic pregnancy transvaginally under the ultrasound guidance. That case was successfully treated without adverse effects [231].

#### **Selection criteria**

Surgically administered medical management is preferred in ectopic pregnancies with embryonic cardiac activity, particularly in cases of extra tubal ectopic pregnancies [207]. Systemic MTX treatment is preferred in ectopic pregnancies without embryonic cardiac activity. Local injection of MTX is comparatively safe and equally effective as systemic methotrexate, this local approach requires an additional invasive procedure which needs expertise and additional cost.

An important consideration is that the correct dose of MTX used for local treatment is yet to be determined [234,235,236]. Most commonly used dosage is 1mg/kg body weight.

Compared to local treatment, systemic methotrexate can be used easily. Therefore, local administration of MTX is restricted to non-tubal ectopic pregnancies with embryonic cardiac activity [237].

### Follow-up

Serum beta-hCG levels are done on day 4 and day 7 after the MTX injection. Any patient with less than 15% fall in beta-hCG levels between day 4 and day 7, should be given an additional 50 mg/m<sup>2</sup> intramuscular dose of MTX. Local treatment is less effective in patients with high initial levels of serum beta-hCG and an additional injection of systemic MTX will improve the results. Hysterosalphingography should be performed after 3 months.

### **Surgical Treatment**

Until the last 2 decades, ectopic pregnancies were usually treated by total salpingectomy (removal of the entire tube) via laparotomy. Today, laparoscopic surgery is preferred for treatment of ectopic pregnancies.

Laparotomy is reserved for

- Ruptured ectopic pregnancies with severe intra abdominal bleeding, or
- 2) In the presence of extensive adhesions.

If the ectopic gestation is diagnosed early, before the tubal rupture, a laparoscopic salpingostomy can be performed. In this technique, the fallopian tube is opened and the products of conception are removed while leaving the tube in place. The tube then heals on its own. A partial salpingectomy, also known as segmental resection can be performed in small ectopic gestation with the healthy fimbrial ends. In case of partial salphingectomy the remaining segments of the tubes can be reunited later using micro surgery.

If the tubes are extensively damaged, or if the ectopic pregnancy is large and bleeding profusely, a total salpingectomy should be performed.

In some cases when the ectopic gestation involves the ovary, a portion of the ovary or the entire ovary needs to be removed along with the fallopian tubes. This is called salphingo oophorectomy.

Surgical management should be done in all cases of ruptured ectopic pregnancy.

The laparoscopic surgery is preferred to an open surgery in haemodynamically stable patients. Laparoscopic surgery has many advantages as mentioned below.

1) Lower analgesia requirements,

2) Shorter operative times,

3) Less intra operative blood loss and

4) Shorter duration of hospital stay [238,239,240].

Laparotomy should be reserved for ruptured ectopic pregnancies with haemodynamic instability.

If the opposite tube is healthy, total or partial salpingectomy is preferred depending upon the condition of the tube.

Studies have reported that the subsequent rate of intra uterine pregnancy is not increased after salpingostomy compared to salpingectomy in patients with healthy contralateral tube. In addition, salphingostomy exposes the women to the risk of bleeding and persistent trophoblastic tissue [173]. According to current guidelines, the procedure of choice in the presence of a healthy contralateral tube is laparoscopic salpingectomy.[241]

In the presence of diseased contralateral tube, a laparoscopic salpingostomy should be considered if the patient desires future fertility. **Persistent trophoblast** is the problem of concern after salpingostomy. Persistent trophoblast should be considered in the following situations.

- 1) Where the size of the ectopic pregnancy is more than 2 cm,
- 2) Presence of active tubal bleeding and
- If serum β-hCG concentrations are more than 3000 IU/L or rising prior to the surgery [242].

Women with persistent trophoblast should be monitored with serial  $\beta$ -hCG estimation and sometimes systemic methotrexate therapy may be needed if there is inadequate fall [243].

Many clinicians prefer a salpingectomy because this procedure is easier to perform and less time consuming than a salpingostomy.

#### Management of an Interstitial ectopic pregnancy

The surgical management ranges from exploratory laparotomy and cornual wedge resection to hysterectomy in case of uncontrolled bleeding.

The ultrasound criteria for diagnosing an interstitial ectopic pregnancy are

- 1) Absent intrauterine gestational sac.
- 2) Eccentrically placed gestational sac,
- 3) The presence of a separate chorionic sac at least 1 cm from the lateral edge of the uterine cavity, and
- 4) The gestational sac with the surrounding myometrium with a thickness of atleast 5mm [244,245].

Haemodynamically stable patients with unruptured early interstitial pregnancies could be managed conservatively with intramuscular MTX injection or surgically administered medical treatment.

### Management of cervical ectopic pregnancy

The classical treatment for a case of cervical ectopic pregnancy is hysterectomy. But, hysterectomy is the cause of significant morbidity and infertility. There is high chance of massive bleeding and urinary tract injuries. The vaginal bleeding can be managed conservatively by

- 1) Local haemostatic stitches,
- 2) Curettage,
- 3) Uterine artery embolization and

4) Application of an intracervical balloon tamponade [246,247].

However, these conservative procedures are often ineffective and result in hysterectomy in majority of the patients.

The early asymptomatic cases of cervical ectopic pregnancies can be managed medically using local or systemic methotrexate [248,249].

Factors associated with the failure of systemic MTX treatment in cervical ectopic pregnancy are

- 1) The beta hCG levels more than 10,000 mIU/ml,
- 2) More than 9 weeks of gestation,
- 3) The presence of detectable embryonic cardiac activity and
- 4) The crown-rump length of more than  $10 \text{ mm}_{[250]}$ .

A combination therapy with intra-amniotic methotrexate injection increases the success rate.

#### Management of caesarean scar pregnancy

Period of gestation determines the management. A caesarean scar pregnancy can be managed by any of the following methods.

- 1) Expectant management,
- 2) Medical treatment and

3) Surgical management.

Laparotomy and hysterectomy is the management of choice for haemodynamically unstable patients presenting with shock. In haemodynamically stable patients the scar thickness should be assessed before the administration of medical management. Non-surgical procedure is appropriate when the trophoblast reaches the vesico-uterine space. Expectant management has high risk of subsequent rupture. In medical management, the methotrexate injection can be given locally, systemically or in combination.

The risk of scar rupture and heavy bleeding are seen in medical management. So it should be combined with either

- Intracervical vasopressin injection in combination with 18 Foley catheter balloon tamponade or
- 2) Bilateral uterine artery embolization [251].

#### Management of an Ovarian pregnancy

When diagnosed early, ovarian pregnancies can be managed by laparoscopic surgeries. Medical management with MTX can be used in carefully selected patients with ovarian pregnancy, but the selection criteria are not defined. The systemic MTX may also be used to treat the persistent trophoblastic tissue after laparoscopy [252].

63

#### Management of abdominal pregnancy

Treatment is easy in earlier stage of pregnancy. The following ultrasound criteria are suggested as diagnostic

- 1) Absence of an intrauterine pregnancy.
- 2) Absence of both tubal mass and a complex adnexal mass,
- 3) A wide mobility similar to fluctuation of the sac, evident with pressure of the transvaginal probe towards the POD.
- A gestational cavity surrounded by bowel loops and separated by peritoneum,

MRI is more reliable in the diagnosis of this condition.

Before surgery be ensure that

- 1) Multidisciplinary surgery team is ready,
- 2) Pre-operative arterial embolization done,
- 3) Blood and blood products are adequately available and
- 4) Bowel is prepared.

The traditional management was laparotomy and removal of the fetus with or without placenta [253]. Risk of torrential bleeding from the placental bed is an important consideration in removing the abdominal pregnancies after first trimester. Adjuvant methotrexate therapy along with the pre operative arterial embolization is suggested to control this bleeding [254].

## Management of heterotopic pregnancy

More than 50% of the heterotopic pregnancies present late after rupture. Surgery is usually required and MTX usage is contraindicated in heterotopic pregnancies [255,256]. In case of heterotopic pregnancies with a viable intrauterine pregnancy and a non-tubal pregnancy with embryonic cardiac activity, KCL can be injected locally under ultrasound guidance. But, the follow-up after medical management is difficult because serum beta-hCG cannot be used as a reliable marker and ultrasound is not a good method to follow up the patient.

## MATERIALS AND METHODS

## Study area

The study was conducted at Tirunelveli medical college hospital. TVMCH is a tertiary care centre and a teaching hospital for undergraduate and post graduate students. It is a main referral centre for all primary health centres and government hospitals, situated in Tirunelveli, Tuticorin and Kanyakumari districts.

#### Study design

The study was a cross-sectional study.

#### Sample size

The study consists of 'n' no of ectopic pregnancy cases attended Tirunelveli Medical College Hospital Obstetrics and Gynaecology department for a particular time period.

#### **Duration of the study**

From July 2012 to June 2014 for a period of 2 years.

#### **Inclusion criteria**

All cases of ectopic pregnancy / suspected ectopic pregnancy by clinical or sonological method.

#### **Exclusion criteria**

The study involved all cases of ectopic pregnancy. There was no exclusion criteria.

#### Methods and materials

Data collection tool was used to collect the different information. Face to face interviews were conducted using data collection tool by the investigator including detailed history taking and relevant physical examination.

A detailed history was taken from the patient ( if the patient was in shock the history was taken retrospectively). After taking history physical examination was done especially for vital signs, abdominal examination, per vaginal examination, cervical excitation test and culdocentesis when needed.

The basic investigations including haemoglobin, renal function test, blood grouping and Rh typing, urine pregnancy test and ultrasound examination were done in all patients. Additional investigations like serum beta hCG, doppler study, CT, MRI were ordered in case of doubtful diagnosis.

All data were collected on a structural data form (sample enclosed) and analysed for descriptive statistics. Information regarding patient profile , risk factors , sterilisation status , use of other contraceptive methods , presenting symptoms and signs , physical examination , ultrasound findings , types of treatment , per operative findings , no of transfusions , post operative morbidity and length of hospital stay were analysed.

67

Post operatively HPE reports were collected from the pathology department and final diagnosis was made.

Data were summarised in tables and figures. For calculation of sensitivity, specificity, positive and negative predictive values for the diagnosis of ectopic pregnancy, 2- by-2 contingency tables were used.

#### **Ethical clearance**

Ethical clearance was obtained from the TVMCH ethical committee. Permissions from the head of the departments of Obstetrics and Gynaecology, Radiology and Pathology were obtained in written form prior to the ethical clearance. All details of the patients remained confidential. All patients were treated according to the hospital protocol.

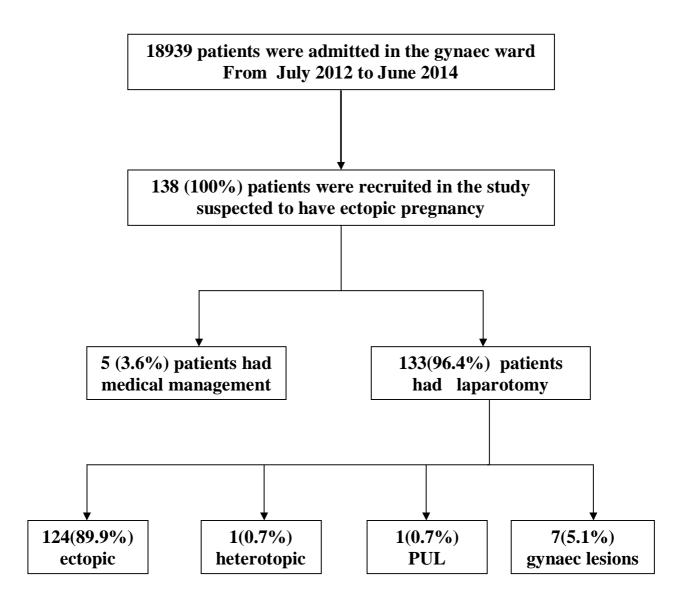
#### RESULTS

A total of 138 patients were recruited in the study. The study population was estimated to be 0.94% of total deliveries (14,688) and 0.73% of total gynaec ward admissions (18,939) during the study period.

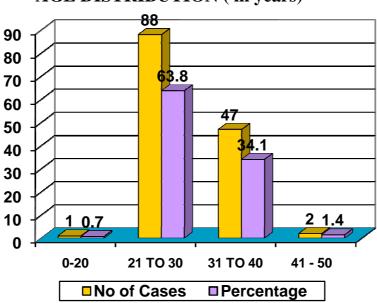
5 patients in the study had undergone medical management. Remaining 133 patients had undergone laparotomy. During laparotomy 124 patients were found to be having ectopic pregnancy which was confirmed by histopathology. One patient had heterotopic pregnancy. One patient had negative laparotomy. Remaining 7 patients had other gynaecological lesions.

68

# **ENROLLMENT CHART**



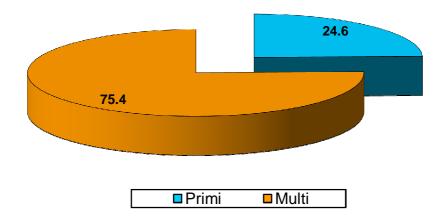
## AGE OF THE STUDY PARTICIPANTS



AGE DISTRIBUTION ( in years)

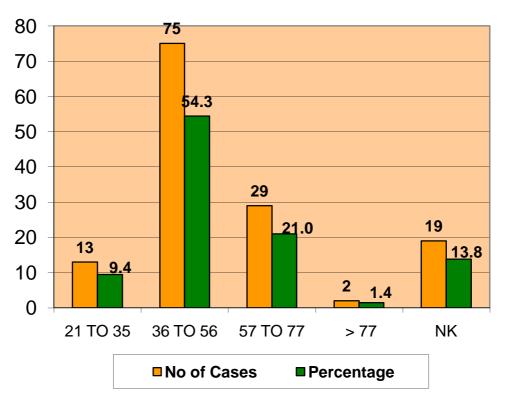
63.8% of the study population belongs to 21 to 30 years of age.49 (35.55%) patients were more than 30 years of age.

#### **OBSTETRIC CODE**



Among the study population 74.5% were multigravida and 24.6% were primigravida.

### PERIOD OF AMENORRHOEA



# PERIOD OF AMENORRHOEA (IN DAYS)

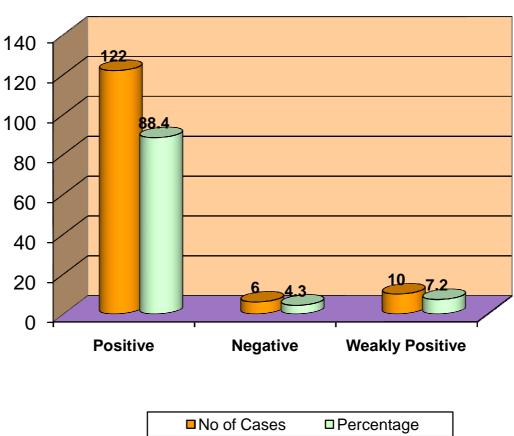
LMP was not known in 19(13.8%) patients.

75 ( 54.3%) patients were presented with >5 weeks to 8 weeks of amenorrhoea.

29 (21.0%) patients were presented with >8 weeks to 11 weeks of amenorrhoea.

2 (1.4%) patients had more than 11 weeks of amenorrhoea.

# **URINE PREGNANCY TEST**



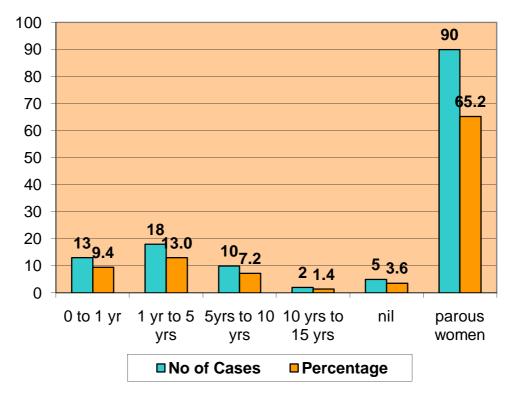
UPT

Urine pregnancy test was positive in 122 patients (88.4%).

Negative in 6 patients (4.3%).

Weakly positive in 10 patients (7.2%).

### **DURATION OF SUBFERTILITY**

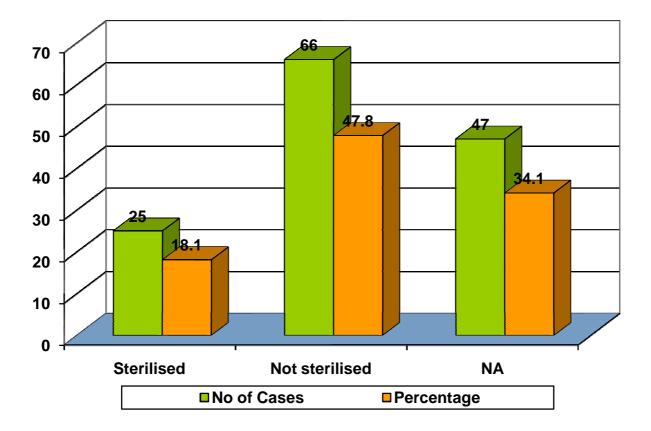


# **DURATION OF SUBFERTILITY**

13% of women had 1 to 5 yrs of subfertility.

- 7.2% of women had 5 to 10 yrs of subfertility.
- 1.4% of women had 10 to 15 yrs of subfertility.
- 3.6% of primi gravida conceived immediately after marriage.
- 9.4 % of primi gravida conceived within one year.
- 65.2% of patients were parous women with atleast one live child.

#### **STERILISATION STATUS**

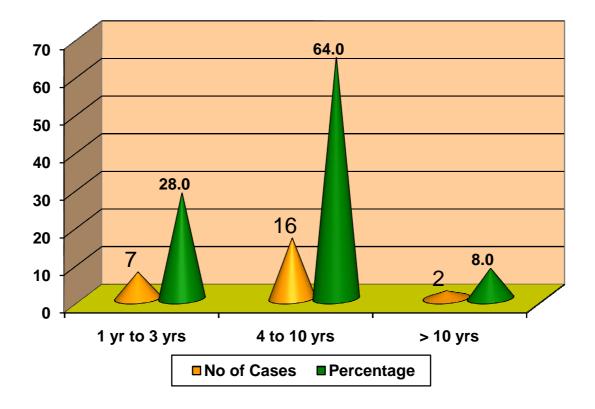


# **STERILISATION STATUS**

Among the parous women with atleast one live child 25(18.1%) were sterilised and 66 (47.8%) were not sterilised.

NA- not applicable.

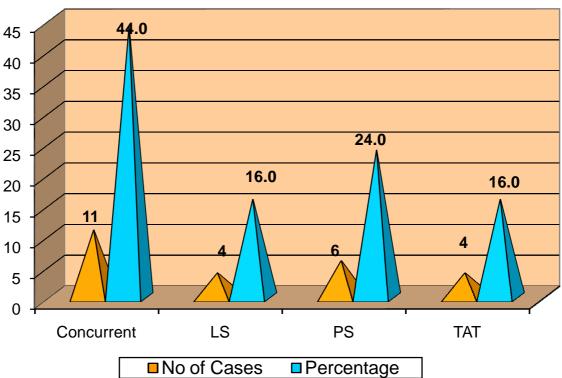
47 (34.1%) patients are primi gravida and multi gravida with no live child.



TIME SINCE ST (YEARS)

The duration between the sterilisation and the occurrence of ectopic pregnancy was 1-3 yrs in 7 (28%) patients, 4 to 10 yrs in 16(64%) patients , > 10 yrs in 2(8%) patients.

#### **METHOD OF STERILISATION**

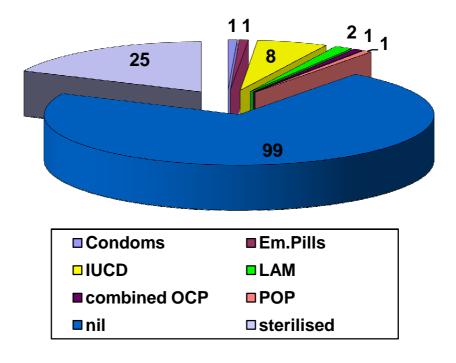


**METHOD OF ST** 

Among the sterilised women 11(44%) patients had concurrent sterilisation,

4 (16%) patients had laparoscopic sterilisation, 6 (24%) patients had puerperal sterilisation and 4(16%) patients had total abdominal tubectomy.

## OTHER CONTRACEPTIVE USE



#### OTHER CONTRACEPTIVE USE

99 patients did not use any contraceptive method .

8 patients gave history of IUCD use, but only one patient conceived with IUCD in situ.

1 or 2 patients gave history of usage of condom, emergency pills, oral contraceptive pills.

2 patients were conceived during lactational amenorrhoea.

## **RISK FACTORS**

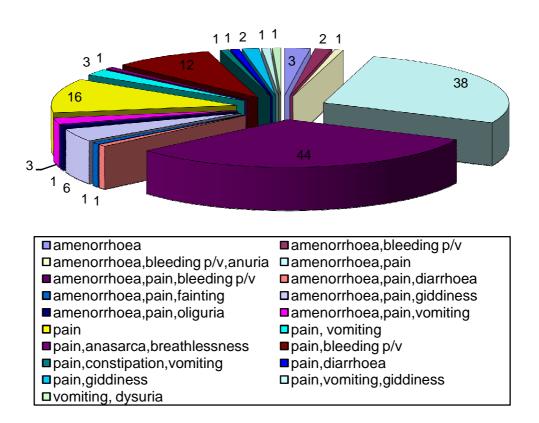
s. no	Risk factors	No of patients
1	Prior H/O abortions	25
2	Prev LSCS	44
3	Sterilisation	25
4	Tubal recanalisation	1
5	Other pelvic surgeries	1
6	Prev ectopic	6
7	PID	19
8	Ovulation induction	7
9	ART	3
10	IUCD	8
11	Emergency pills	1
12	MTP pills	6
13	Combined OCP	1
14	РОР	1
15	No risk factors	37

Previous LSCS was the most common risk factor followed by tubal surgeries, abortions and PID. In some cases more than one risk factor was seen.

No risk factors were identified in 37 (26.8%)cases.

One or more risk factors were identified in 101 (73.2%) cases.

# PRESENTING SYMPTOMS.



## **CLINICAL SYMPTOMS**

Classic triad of ectopic pregnancy was seen only in 44 cases.

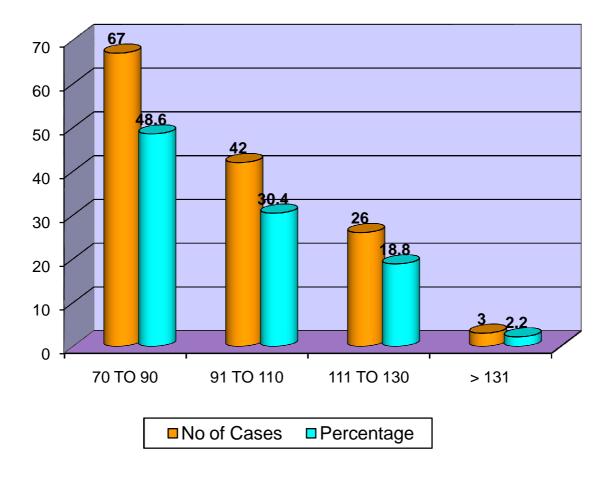
Gastrointestinal symptoms , urinary symptoms and vaso vagal

symptoms were reported in some cases.

# **CLINICAL SYMPTOMS**

S.NO	CLINICAL SYMPTOMS	NO OF PATIENTS	Percentage out of 138 pts
1	Amenorrhoea	100	72.5
2	Abdominal pain	131	94.9
3	Bleeding p/v	59	42.8
4.	Amenorrhoea, abdominal pain	94	68.1
5	Amenorrhoea, bleeding p/v	47	34.1
6	Abdominal pain , bleeding p/v	56	40.1
7	Amenorrhoea , abdominal pain , bleeding p/v	44	31.9
8	Vaso vagal symptoms	10	7.2
9	Gastro intestinal symptoms	11	8.0
10	Urinary symptoms	3	2.2
11	Anasarca, breathlessness	1	0.7

# **PULSE RATE**



Tachycardia was present in 71(51.4%) patients.

# **PULSE VOLUME**

Pulse volume	No of patients	percentage
Normal	129	93.5
feeble	9	6.5

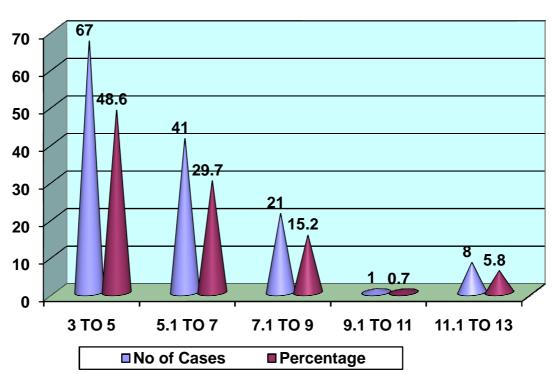
## **BLOOD PRESSURE**

Blood pressure in	No of Patients	Percentage	
mmHg			
< 90/60	17	12.3	
90/60 or more	121	87.7	

Hypotension was present in 17 (12.3%) patients.

Among them 9 (6.5%) patients were presented with shock.

# HAEMOGLOBIN LEVEL



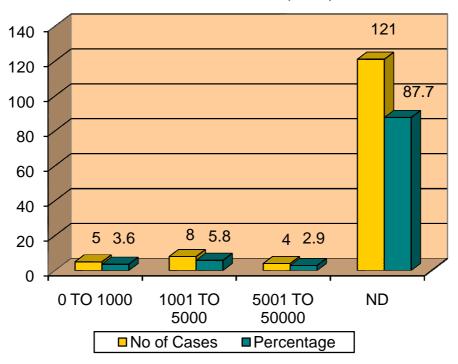
Hb%

67 (48.6%) patients had 3 to 5 gm% of Hb.

41 (29.7%) patients had Hb concentration between 5.1 to 7 gm%.

In total, 108 (78.3%) patients were severely anaemic. 21 (15.2%) patients were moderately anaemic. 1 (0.7%) patient was mild anaemic. 8 (5.8%) patients were not anaemic.

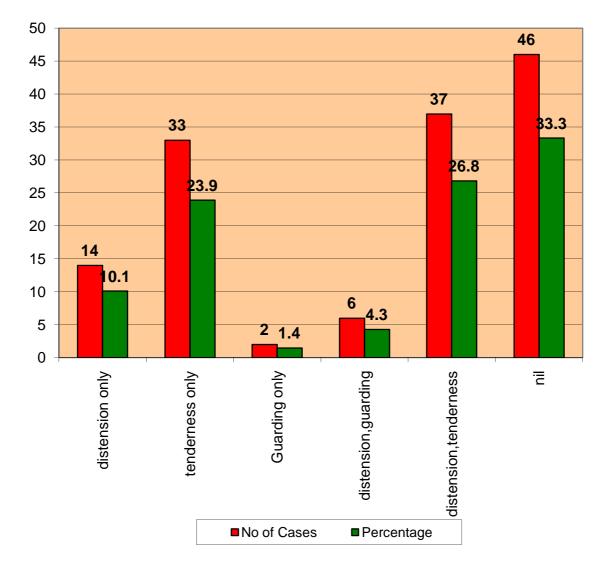
## SERUM BETA hCG



Serum Beta hCG (IU/L)

Sr. beta hCG was not done in 121 (87.7%) patients . Sr. beta hCG was done in 17 (12.3%) patients with doubtful diagnosis. Among them 13 patients(9.4%) had value of < 5,000 IU/ L and 4 (2.9%) patients had >5,000 IU / L.

### PER ABDOMINAL EXAMINATION FINDINGS



**P/A FINDINGS** 

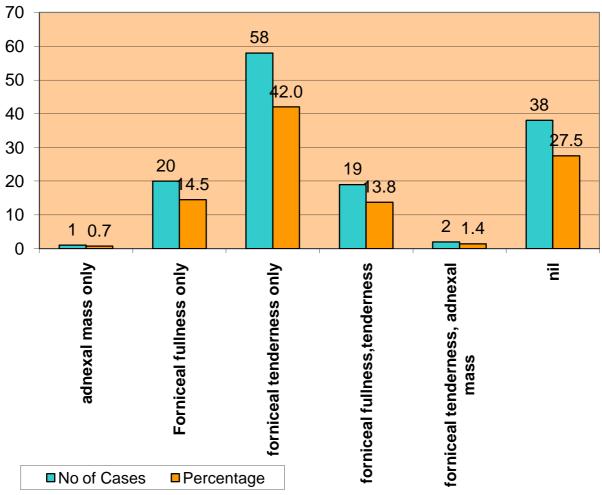
46 (33.3%) patients had no abdominal findings. Others had one or more abdominal findings as mentioned above.

Abdominal distension was present in 57 (41.3%) patients .

Abdominal tenderness / guarding was present in 78 (56.5%) patients.

Abdominal distension with tenderness / guarding was present in 43 (31.2%) patients .





**P/V FINDINGS** 

On per vaginal examination 38 (27.5%) patients had no positive findings . Others had one or more positive findings as mentioned above .

Forniceal fullness was present in 39 (28.3%) patients.

Forniceal tenderness was present in 79 (57.2%) patients .

Adnexal mass was present in 3 (2.8%) patients.

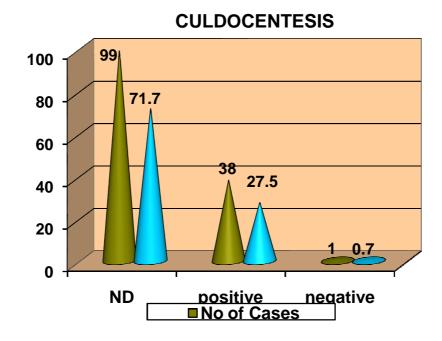
Forniceal fullness and tenderness was present in 19 (13.8%) patients.

Forniceal tenderness and adnexal mass was present in 2 (1.4%) patients .

# **CERVICAL EXCITATION TEST**

Cervical excitation	No of patients	Percentage	
test			
Positive	100	72.5	
negative	38	27.5	
total	138	100	

Cervical excitation test was done in all 138 patients.



Culdocentesis was not done in 99 (71.7%) patients .

Culdocentesis was done in 39 (28.3%) patients . Among them 38 (27.5%) patients were positive and 1 (0.7%) patient was negative .

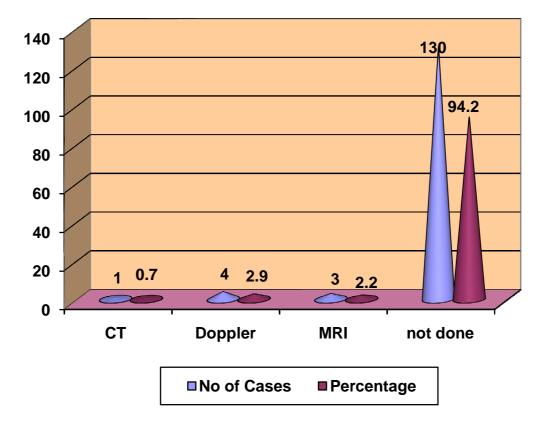
# ULTRASOUND FINDINGS

Routine ultrasound examination including both transabdominal and transvaginal scans were done in all patients on admission .

Ultrasound findings	No of patients	Percentage
Empty uterus, adnexal mass	15	10.9
Empty uterus, free fluid	34	24.6
Empty uterus, adnexal mass, free fluid	68	49.2
Normal study	2	1.4
Bicornuate uterus with free fluid	1	0.7
Bicornuate uterus with no G.sac	1	0.7
Bicornuate uterus with G.sac in both horns	1	0.7
Intra uterine G.sac with free fluid	1	0.7
Empty uterus, Extra uterine G.sac with FP	7	5.1
and FHR		
Empty uterus, extra uterine G.sac with FP	1	0.7
without FHR		
Empty uterus, extra uterine G.sac without	3	2.2
FP		
Empty uterus with ovarian follicle	2	1.4
IUCD in situ, adnexal mass, free fluid	1	0.7
Empty uterus, adnexal mass, localised fluid	1	0.7
collection		
Total	138	

# **ADDITIONAL IMAGINGS**

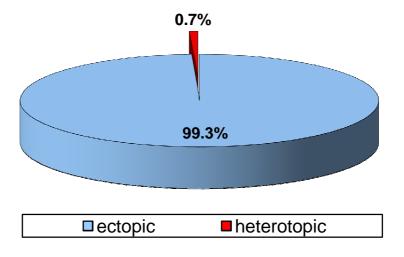
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# ADDITIONAL IMAGING

In addition to routine ultrasound done in all patients, CT was taken in one patient, Doppler was done in 4 patients. MRI was taken in 3 patients

## **CLINICAL DIAGNOSIS**



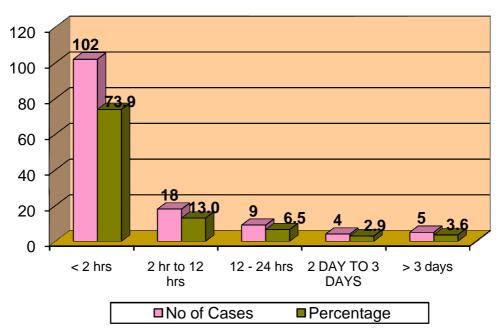
# **CLINICAL DIAGNOSIS**

Clinical diagnosis was made after history taking , physical examination , urine pregnancy test , routine ultrasound examination and , if necessary additional imagings and culdocentesis in some cases.

Clinical diagnosis was ectopic pregnancy in 137 ( 99.3%) patients and heterotopic pregnancy in 1 ( 0.7%) patient .

# TIME INTERVAL BETWEEN ADMISSION AND ONSET OF

#### **DEFINITIVE TREATMENT**



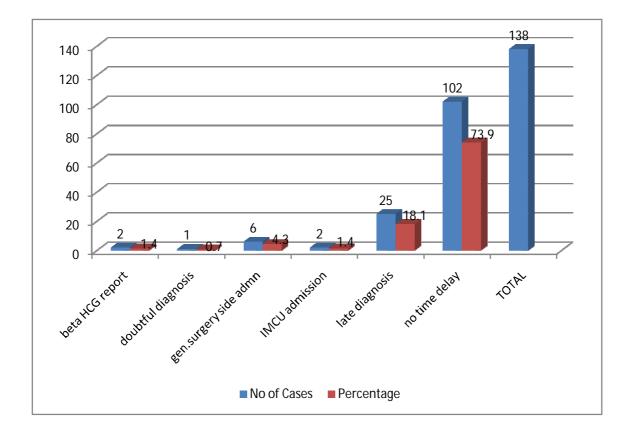
TIME INTERVAL

The definitive treatment by either laparotomy or medical management of ectopic pregnancy started within 2 hrs in 102 (73.9%) patients .

Time delay for more than 2 hrs was present in 36(26 %) patients.

Definitive treatment was delayed for more than 3 days in 5 (3.6%) patients .

## **REASONS FOR TIME DELAY**



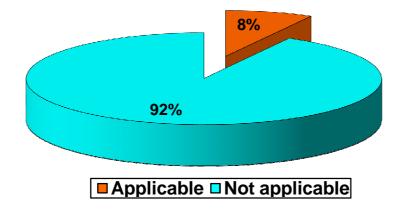
Most common cause of time delay was late diagnosis, which was present in 25 (18.1%) patients .

Other causes for time delay are waiting for beta hCG report, admission in other wards and doubtful diagnosis.

There was no time delay in 102 (73.9%) patients in whom definitive treatment started within two hours .

# MEDICAL MANAGEMENT CRITERIA

# Medical management Criteria



Medical management criteria was applicable in only 11 ( 8%) patients .

Medical management criteria was not applicable in 127 (92%) patients .

# MANAGEMENT

Management	No of patients	Percentage
Rt partial salphingectomy	21	15.2
Rt total salphingectomy	19	13.8
Lt partial salphingectomy	21	15.2
Lt total salphingectomy	10	7.2
RSO	10	7.2
LSO	10	7.2
RSO + LSO	1	0.7
RSO + Lt salphingectomy	13	9.4
LSO + Rt salphingectomy	3	2.2
B/L total salphingectomy	16	11.6
Rt cornual resection	2	1.4
Removal of Rt horn ectopic	1	0.7
Hysterectomy	1	0.7
Rt total salphingectomy + Rt ovarian	1	0.7
cystectomy		
Lt total salphingectomy + MVA	1	0.7
Lt ovariotomy + D&C	1	0.7
B/L ovarian cystectomy	1	0.7
Negative Laparotomy + D&C	1	0.7
Medical management, MTX -	5	3.6
multidose		
Total	138	

Medical management criteria was applicable in 11 patients . Medical management was done in 5 patients .

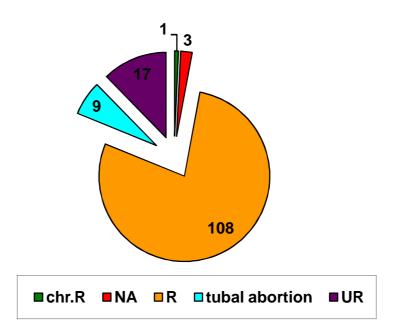
Unilateral partial salphingectomy was done in 42 patients .unilateral total salphingectomy was done in 31 patients . B/L total salphingectomy was done in 16 patients.

Unilateral salphingo oophorectomy was done in 36 patients. B/L salphingo oophorectomy was done in 1 patient.

One patient had hysterectomy.

One patient had negative laparotomy.

## **TYPES OF ECTOPIC PREGNANCY**



#### **Ruptured / Unruptured**

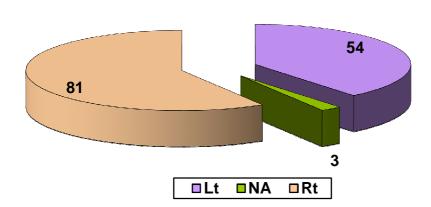
Per operatively 108 (78.3%) patients were found to be having ruptured ectopic. 1 (0.7%) patient had chronic ruptured ectopic .

17 (12.3%) patients had unruptured ectopic.

9 (6.5%) patients had tubal abortion.

In remaining 3 (2.2%) patients, 1 patient had negative laparotomy and 2 others were found to be having ovarian cyst per operatively.

SIDE OF THE ECTOPIC PREGNANCY



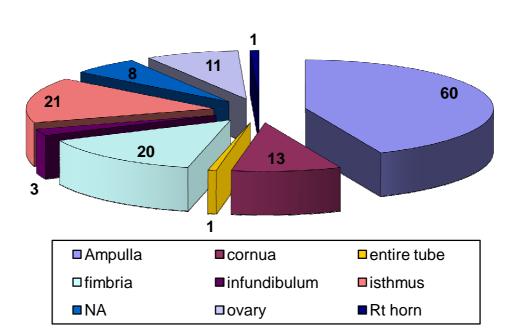
SIDE

81 (58.7%) patients were found to be having right sided ectopic pregnancy.

54 (39.1%) patients were found to be having left sided ectopic pregnancy.

In remaining 3 (2.2%) patients, 1 patient had negative laparotomy and 2 others were found to be having ovarian cyst per operatively.

#### SITE OF THE ECTOPIC PREGNANCY



SITE

Site	No of patients	percentage
ampulla	60	43.5
cornua	13	9.4
fimbria	20	14.5
isthmus	21	15.2
infundibulum	3	2.2
Entire tube	1	0.7
ovary	11	8.0
Rt horn	1	0.7
Not applicable (NA)	8	5.8
total	138	

Most common site was ampulla followed by isthmus and fimbria .

Site could not be identified in medically managed patients.( 5 patients).

In remaining 3 ( 2.2%) patients , 1 patient had negative laparotomy and 2 others were found to be having ovarian cyst per operatively. So site was not applicable in 8 patients (5+3).

Haemoperitoneum	No of patients	percentage
in ml		
0-500	48	34.8
501-1000	31	22.5
1001-1500	23	16.7
1501-2000	13	9.4
2001-3000	4	2.9
Nil	14	10.1
NA	5	3.6
total	138	

AMOUNT OF HAEMOPERITONEUM (ml)

Amount of clotted blood were weighed and converted into ml to simplify the data collection and analysis .

5 (3.6%) patients were managed medically. So per operative finding of haemoperitoneum was not applicable.

In remaining 133 (96.4%) patients , 40 (29%) patients had haemoperitoneum of more than one litre.

14 (10.1%) patients had no haemoperitoneum.

# **OTHER PER OPERATIVE FINDINGS**

S.no	Other per operative findings	No of patients
1	Nil	62
2	e/o recanalisation	1
3	Active bleeding	2
4	Adhesions	26
5	Cystic ovaries	7
6	Haemorrhagic Rt ovary	1
7	Uterine anomalies	3 (2-bicornuate,1- arcuate)
8	Corpus luteal cyst	5(2-same side,3-opposite side)
9	Fimbrial cyst	2 (opposite side)
10	Endometriosis	1
11	B/L hydrosalphinx	1
12	Haematosalphinx	1
13	B/L dermoid cyst	1
14	Ovarian cyst	4 (1-complex,
		1-twisted,
		1-haemorrhagic,
		1-simple)

No of units of blood &	No of patients
blood products	
nil	36
1 WB	36
2 WB	32
3 WB	13
4 WB	6
1 WB,1 PCV	1

1

1

1

1

2

2

1

1

1

1

2

138

#### BLOOD AND BLOOD PRODUCTS TRANSFUSION

2 WB, 1 PCV

2 WB,2 PCV

3 WB, 4 FFP

3 WB,3 FFP

4 WB,2FFP

4 WB,4 FFP

5 WB ,3 FFP

1 PCV

2 PCV

Total

4 WB, 4 FFP,4 PLTS

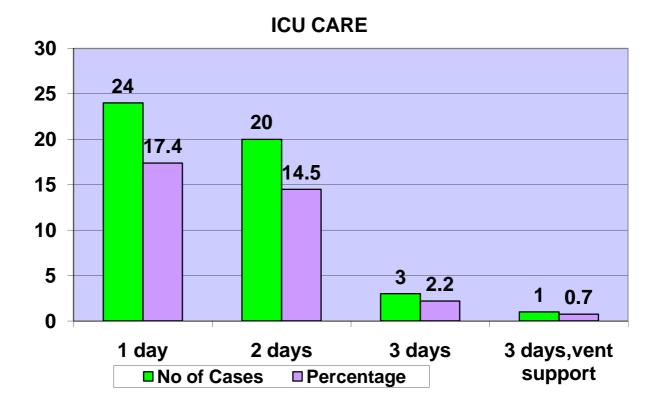
5 WB,4 FFP,2 PLTS

36 (26.1%) patients required no blood transfusion.

65 (47.1%) patients required more than one unit of blood / blood products transfusions.

14 (10.1%) patients required more than 3 units of blood / blood products transfusions.

#### ICU CARE



90 (65.2%) patients required no ICU care.

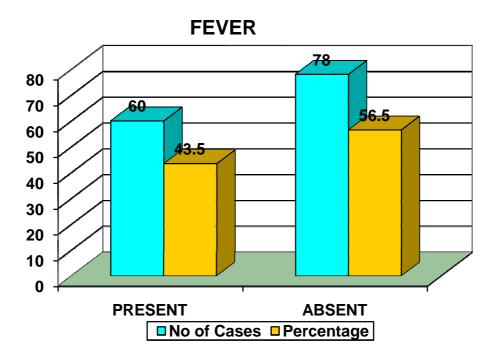
48 (34.8%) patients required ICU care. Most of them required ICU care

for one or two days.

Only 4 (2.9%) patients required ICU care for more than 2 days .

One patient required ventilator support.

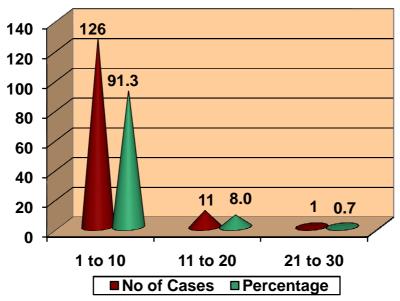
#### **FEVER**



Among the study population 60 (43.5%) patients had fever, especially post operatively.

78(56.5%) patients had no fever during the hospital stay.

# DURATION OF HOSPITAL STAY

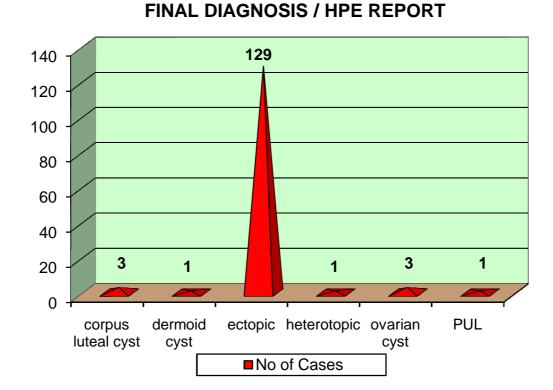


**DURATION OF HOSPITAL STAY IN DAYS** 

Most of the patients were discharged on 7<sup>th</sup> or <sup>8th</sup> post operative day after suture removal.

126 (91.3%) patients were discharged within 10 days.

12 (8.7%) patients required prolonged hospital stay for more than 10 days.



#### **FINAL DIAGNOSIS**

Out of 138 patients, the final diagnosis of ectopic pregnancy was made in 129 patients, which was confirmed by HPE reports in 124 patients. 5 patients underwent medical treatment. So, tissue was not available for HPE diagnosis. But all 5 patients were responded to medical management and treated successfully.

corpus luteal cyst was diagnosed in 3 patients only after HPE reports.

1 patient had dermoid cyst, which was confirmed by HPE.

Location of pregnancy was not identified in one patient.

Heterotopic pregnancy was confirmed by HPE in one patient .

1 patient was diagnosed to be having an ovarian cyst per operatively.

Final diagnosis of ovarian cyst was made in 2 patients only after HPE report .

# SENSITIVITY , SPECIFICITY, POSITIVE AND NEGATIVE PREDICTIVE VALUES OF SYMPTOMS FOR DIAGNOSING ECTOPIC PREGNANCY

Patient's	ectopic		sensitivity	specificity	PPV	NPV
Symptoms	pregr	nancy				
_	yes	no				
amenorrhoea						
yes	95	5	73.6	44.4	95.0	10.5
no	34	4				
abdominal pai	n					
yes	124	7	96.1	22.2	94.7	28.6
no	5	2				
bleeding p/v						
yes	59	0	45.7	100	100	11.4
no	70	9				
ameno – pain						
yes	90	4	69.8	55.6	95.7	11.4
no	39	5				
ameno- bleed	p/v					
yes	47	0	36.4	100	100	9.9
no	82	9				
pain-bleed p/v						
yes	56	0	43.4	100	100	11.0
no	73	9				
class-triad						
yes	44	0	34.1	100	100	9.6
no	85	9				

# SENSITIVITY, SPECIFICITY, POSITIVE AND NEGATIVE

# PREDICTIVE VALUES OF SYMPTOMS FOR DIAGNOSING

Patient's	ectopic	sensitivity	specificity	PPV	NPV	
Symptoms	pregnancy					
	yes	no				
amenorrhoea						
yes	95	5	73.6	44.4	95.0	10.5
no	34	4				
abdominal pa	ain					
yes	124	7	96.1	22.2	94.7	28.6
no	5	2				
bleeding p/v						
yes	59	0	45.7	100	100	11.4
no	70	9				
ameno – pain	1					
yes	90	4	69.8	55.6	95.7	11.4
no	39	5				
ameno- bleed	l p/v					
yes	47	0	36.4	100	100	9.9
no	82	9				
pain-bleed p/	v					
yes	56	0	43.4	100	100	11.0
no	73	9				
class-triad						
yes	44	0	34.1	100	100	9.6
no	85	9				

# **ECTOPIC PREGNANCY**

# SENSITIVITY, SPECIFICITY, POSITIVE AND NEGATIVE

# PREDICTIVE VALUES OF EXAMINATON FINDINGS FOR

Examination	ect	opic	sensitivity	specificity	PPV	NPV		
findings	pregi	nancy						
	yes	no						
abd distension								
yes	55	2	42.6	77.8	96.5	8.6		
no	74	7						
abd tenderness	5							
or guarding								
yes	74	4	57.4	55.6	94.9	8.3		
no	55	5						
abd distension								
&tenderness								
or guarding								
yes	42	1	32.6	88.8	97.7	8.4		
no	87	8						

#### DIAGNOSING ECTOPIC PREGNANCY

# SENSITIVITY, SPECIFICITY, POSITIVE AND NEGATIVE PREDICTIVE VALUES OF P/V FINDINGS FOR DIAGNOSING ECTOPIC PREGNANCY

Per vaginal	ecto	opic	sensitivity	specificity	PPV	NPV
findings	pregnancy					
	yes	no				
forniceal						
fullness						
yes	36	3	27.9	66.7	92.3	6.1
no	93	6				
forniceal						
tenderness						
yes	75	4	58.1	55.5	94.9	8.5
no	54	5				
adnexal mass						
yes	3	0	2.3	100	100	6.7
no	126	9				
f.fullness &						
tenderness						
yes	19	0	14.7	100	100	7.6
no	110	9				
f.tenderness						
& adnex.mass						
yes	2	0	1.4	100	100	6.6
no	127	9				

# SENSITIVITY, SPECIFICITY, POSITIVE AND NEGATIVE PREDICTIVE VALUES OF ULTRASOUND FINDINGS FOR DIAGNOSING ECTOPIC PREGNANCY

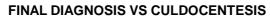
Ultrasound	ectop	ectopic pregnancy		specificity	PPV	NPV
findings	pregi					
	yes	no				
empty ut &						
adnex.mass						
yes	13	2	10.7	77.8	86.7	5.7
no	116	7				
empty ut &						
free fluid						
yes	33	1	25.6	88.9	97.1	7.6
no	96	8				
empty ut,						
adnex.mass						
& free fluid						
yes	64	4	52.7	55.6	94.1	7.1
no	65	5				

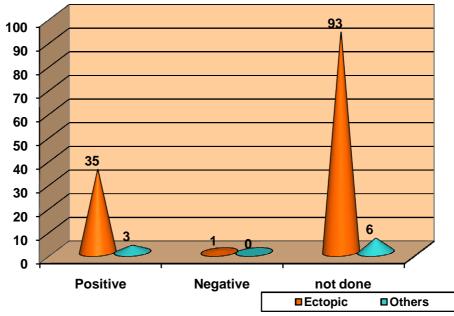
# SENSITIVITY , SPECIFICITY, POSITIVE AND NEGATIVE

# PREDICTIVE VALUES OF UPT AND CEVICAL EXCITATION

Ех	amination	ectopic		sensitivity	specificity	PPV	NPV
fir	ndings	pregnan	су				
		yes	no				
U	PT						
	positive	127	5	98.4	44.4	96.2	66.7
	negative	2	4				
ce	rvical						
ex	citation						
te	st						
	positive	96	4	74.4	55.6	96.0	13.2
	negative	33	5				

#### TEST FOR DIAGNOSING ECTOPIC PREGNANCY





	<u>&lt;</u> 35	36-56	> 57	Not	Total
	days	days	days	known	n (%)
	n (%)	n (%)	n (%)	n (%)	
Ampulla	5 (4.5)	32 (29.4)	6 (5.5)	5 (4.5)	48 (43.9)
Fimbria	2 (1.8)	6 (5.5)	6 (5.5)	3 (2.8)	17 (15.6)
Isthmus	1 (0.9)	11 (10.1)	4 (3.7)	4 (3.7)	20 (18.4)
Infundibulum	0 (0)	1 (0.9)	1 (0.9)	0 (0)	2 (1.9)
Ovary	2 (4.8)	5 (4.5)	1 (0.9)	1 (0.9)	9 (8.3)
Cornua	1 (0.9)	3 (2.8)	5 (4.5)	3 (2.8)	12 (11.0)
Rudimetary horn	0 (0)	0 (0)	1 (0.9)	0 (0)	1 (0.9)
Total	11 (10.1)	58 (53.2)	24 (22)	16 (14.7)	109 (100)

#### **GESTATIONAL AGE AT RUPTURE FOR SPECIFIC SITES**

Total no of ruptured ectopic was 109 including 1 chronic ruptured ectopic .

Most of the ectopic pregnancies were found to be ruptured between 6 to 8 weeks.

#### $\geq$ 1.5 L OF HAEMOPERITONEUM FOR SPECIFIC SITES OF

	No of cases	Percentage
Ampulla	7	29.15
Isthmus	7	29.15
Fimbria	1	4.20
Cornua	9	37.50
Total	24	100.00

# ECTOPIC PREGNANCY

Ruptured Cornual ectopic pregnancies were most commonly associated with massive haemoperitoneum followed by isthmic and ampullary pregnancies .

#### MORBIDITIES ASSOCIATED WITH RUPTURED AND

#### **UNRUPTURED ECTOPIC PREGNANCIES**

	Ruptured	Unruptured	Tubal abortion
Total no of cases	109	17	9
Fever	56	1	3
Anaemia	43	1	0

Ruptured ectopic pregnancies were associated with higher morbidities.

#### DISCUSSION

In the present study, the incidence of ectopic pregnancy was 8.7 per 1000 deliveries. In a study conducted by shraddha shetty k et. al in mangalore, the incidence was 5.6/1000 deliveries<sub>[6]</sub>. In a study conducted by Rashmi et.al the incidence was 1: 399 pregnancies <sub>[7]</sub>. In a study conducted by porwal sanjay et al, the incidence was found to be 2.46 per 1000 deliveries<sub>[8]</sub>.

Majority of the patients (63.8%) were in the age group of 21 to 30 years in our study. Similar results were found in Smita singh et.al and Samiya Mufti et.al studies<sub>[70,65]</sub>. This corresponds to the age of peak sexual activity and reproduction. There are studies stating that age related tubal changes increase the incidence of ectopic pregnancy<sub>[63,64]</sub>.

In our study multigravida (75.4%) were found to be more prone to have an ectopic pregnancy. This result was similar to other studies conducted by Shraddha Setty et.al and Laxmi karki et  $al_{[6,257]}$ . In Laxmi karki study 61% were multiparous women.

Majority (54.3%) of the patients presented with 5 to 8 weeks of amenorrhoea representing the time period required for the growing ectopic gestation to distend the tube and cause symptoms. This results are consistent with those from Tang BD et.al and Panti A et.al<sub>[10,13]</sub>.

Among the nulliparous women 62.5% had history of subfertility for more than one year .Similar findings were obtained in Tanveer Shafquat et.al study<sub>[99]</sub>.

The commonest risk factors among the study population were previous LSCS, tubal surgeries, previous ectopic pregnancies, prior H/O abortions, H/O infertility and pelvic inflammatory disease. Similar risk factors were noted in various other studies<sub>[6,8]</sub>. The increasing trend in caesarean section was found to be associated with increased risk of ectopic pregnancy . 6 patients had H/O MTP pills intake. The significance of this risk factor needs further studies . 7 patients gave history of ovulation induction. Advancement in infertility treatment was associated with significant risk of ectopic pregnancy.

In our study 25 (18.1%) cases were post sterilisation ectopic pregnancies. Among the sterilisation methods, concurrent and puerperal sterilisation were found to be associated with higher number of ectopic pregnancies. Ectopic pregnancies most commonly occurred 3 to 10 years after the sterilisation surgery.

The most common presenting symptom was abdominal pain which was found in 94.9% of patients , followed by amenorrhoea in 72.5% of the patients. The classic triad was present only in 31.9% of cases . In porwal sanjay et al study , 90% reported amenorrhoea and 87.5% reported abdominal pain [8]. In some cases gastrointestinal and vaso vagal

symptoms are the presenting complaints. In our study the classic triad has 100 % specificity and positive predictive value, but low sensitivity.

The most common examination findings were tachycardia (51.4%) and hypotension (12.3%) . 6.5% of the patients presented with shock. Tachycardia was not present in all cases of ruptured ectopic pregnancy. 48.6% of patients were severely anaemic with Hb less than 5 gms%.

In per abdominal examination abdominal tenderness (56.5%) was the most common finding. In per vaginal examination forniceal tenderness (57.2%) was the most common finding. Cervical excitation test was positive in 72.5%. Culdocentesis was done only in 39 patients. Among them 38 were positive. In p/v the presence of adnexal mass has highest specificity and positive predictive value (100%).

Urine pregnancy test and ultrasound examination were done in all patients. Serum beta hCG was sent only in haemodynamically stable patients with unruptured ectopic pregnancy to decide for medical management and in doubtful cases. UPT has highest (98.4%) sensitivity, but the specificity was low. In ultrasound examination empty uterus, adnexal mass and free fluid were strongly suggestive of ectopic pregnancy, especially in the presence of positive UPT.

Medical management criteria was applicable in 11 patients. Among them only 5 patients had medical management. Remaining were multiparous women who wanted definitive surgery rather than medical

management. Multi dose methotrexate regimen was used in all 5 patients and were treated successfully.

Treatment delay for more than 2 hrs was present in 36 (26%) patients. The most common reason for time delay was late diagnosis of ectopic pregnancy .In these cases diagnosis was misguided by atypical presentation, wrong referral diagnosis and atypical ultrasound findings. 8 patients had admitted in wrong wards and then transferred to O &G ward . Time delay was found to be associated with more morbidity.

In surgically managed group all 132 patients underwent laparotomy. Total/partial salphingectomy and salphingo oophorectomy were the common surgeries performed. In developing countries open method by laparotomy still remains the most commonly used management for ectopic pregnancy. But the trend is changing towards the laparoscopic surgery and conservative management. In Samiya Mufti et.al study the surgical management was by open method in all cases [65].

During laparotomy 109 (79%) cases were found to be ruptured including one chronic rupture. In developing countries still majority of cases present late with rupture. This was evidenced by many studies<sub>[6,7,65]</sub>.

Ampulla was the most common site of the ectopic pregnancy found in 43.5% of the patients . This result was similar to other studies  $_{[7,70]}$  . During laparotomy 124 patients were found to be having ectopic pregnancy. One patient was found to be having a rare variety of

pregnancy known as heterotopic pregnancy. One patient had negative laparotomy. One patient was found to be having dermoid cyst. One patient had ovarian cyst. Remaining 5 patients were diagnosed as ectopic pregnancy per operatively, then diagnosis was changed to gynaec lesions (3 corpus luteal cyst and 2 simple ovarian cyst) after HPE report.

Additional findings during laparotomy were corpus luteal cyst in 5 patients, fimbrial cyst in 2 patients, uterine anomalies in 3 patients, ovarian pathology in 13 patients, endometriosis, haematosalphinx and hydrosalphinx each in 1 patient. Adhesions were found in 26 patients.

Only one patient had hysterectomy for uncontrolled bleeding from the ruptured site of cornual ectopic pregnancy. Only one patient required post operative ventilatory support. No maternal mortality was found during the study period. This result was consistent with Rashmi et.al study<sub>[7]</sub>.

40 (29%) patients had haemoperitoneum of more than one litre. 65(47.1%) patients required more than one unit of blood transfusion .Massive haemoperitoneum was most commonly found in cornual and isthmic ruptured ectopic pregnancies.

Post operative anaemia and fever were found to be more common in ruptured ectopic pregnancies when compared to unruptured ectopic pregnancies.

12 (8.7%) patients required prolonged hospital stay for more than 10 days. The factors associated with prolonged hospital stay were medical management, anaemia correction, post operative fever and late diagnosis.

#### **CONCLUSION AND RECOMMENDATIONS**

- Ectopic pregnancy is famous for its diversity of clinical presentations and atypical presentations. Strong suspicion is required for its early diagnosis.
- Amenorrhoea is not necessary for the diagnosis of ectopic pregnancy. UPT and ultrasound should be advised to all reproductive age group patients presenting with abdominal pain , bleeding p/v with or without amenorrhoea.
- Sterilisation could not rule out the possibility of an ectopic pregnancy.
   So, we should advise the patients to come for check up if she misses the periods as early as possible.
- 4. The recommended sterilisation techniques should be followed strictly.
- 5. To join the global trend of conservative management for ectopic pregnancy, early diagnosis before rupture is important.
- 6. Ultrasound is the simple and gold standard diagnostic method for ectopic pregnancy in low resource settings.
- 7. Routine first trimester ultrasound should be done in all pregnant women at the booking visit itself.
- 8. UPT kits and sonographic equipments should be made available in all primary health centres and emergency gynaecological units.
- 9. Staffs should be trained adequately to use and interpret the sonographic images.

- 10.Early diagnosis and referral is the key factor in reducing the maternal morbidity and in preserving the future fertility.
- 11.Because of the high incidence of tubal rupture in our set up, community education is required to inform the women to attend the health facilities as early as possible once they have symptoms .

# DATA SHEET

# **PATIENT PROFILE**

Name :		Age :	I.P.no:		
Address	:				
Socio economic status	:				
Date and time of admission	:				
Mode of admission	:	Referral /Self			
In case of referral the referral diagnosis :					
Mode of transport	:				
Obstetric code	:				
LMP	:				
Period of amenorrhoea	:				
UPT	:	Positve/ Weakly positive	e/ Negative		
Married since	:				
Duration of subfertility	:				
Past obstetric history	:				
<ul> <li>Miscarriage</li> </ul>					
Normal vaginal delivery					
Caesarean section					
Previous ectopic gestation					
Gestational trophoblastic disease					
Sterilisation status :					
Sterilised / not sterilised					
If sterilised, by what method					
1) Concurrent sterilisation					
2) Puerperal sterilisation					
3) Laparoscopic sterilisation					
4) TAT by open method					

#### TIME SINCE STERILISATION :

### **OTHER CONTRACEPTIVE USE :**

- 1) Barrier method
- 2) Intra uterine devices
- 3) Oral contraceptive pills

Combined pills / POP / Emergency contraceptive pills

4) Others

# **RISK FACTORS :**

Previous LSCS

H/O abortion

H/O infertility

Ovulation induction

Artificial Reproductive techniques.

Previous ectopic pregnancy

Pelvic inflammatory diseases

Sterilisation

Tubal recanalisation surgery

Other pelvic surgeries

Intrauterine contraceptive device use

Combined oral contraceptive pills

Progesterone only pills

Emergency contraceptive pills

MTP pills

Smoking

Others

#### **PRESENTING SYMPTOMS :**

- Abdominal pain
- Amenorrhoea
- Bleeding p/v
- Vasovagal symptoms
- Gastro intestinal symptoms
- Shoulder tip pain

Others

#### **EXAMINATION :**

Puse rate

Pulse volume

Blood pressure

Temperature

Consciousness

Pallor

Tachycardia

# PER ABDOMINAL FINDINGS

Abdominal distension

Abdominal tenderness

Guarding

#### PER VAGINAL EXAMINATION

Forniceal tenderness

Forniceal fullness

Adnexal mass

Others

CERVICAL EXCITATION TEST

CULDOCENTESIS

- : positive / negative
- : positive / negative / not done

#### **INVESTIGATIONS**

Haemoglobin Renal function test Liver function test Blood grouping & typing Serum beta hCG **ULTRASOUND** Transabdominal / Transvaginal / Both : **ULTRASOUND FINDINGS:** Empty uterus Free fluid Adnexal mass with size Extra uterine gestational sac with size Embryonic cardiac activity Other findings OTHER IMAGINGS : Doppler scan /CT/ MRI / not done CT/ MRI /Doppler findings, if taken : CLINICAL DIAGNOSIS TIME INTERVAL BETWEEN ADMISSION AND ONSET OF DEFINITIVE TREATMENT : TIME DELAY : yes / no **REASONS FOR TIME DELAY** 1) Late diagnosis 2) Waiting for beta hCG / CT/MRI reports 3) Admissions in other wards 4) Doubtful diagnosis 5) others MANAGEMENT : Medical / Surgical MEDICAL MANAGEMENT : Single dose MTX / Multiple dose MTX SURGICAL MANAGEMENT : Laparotomy / Laparoscopic

#### Date and time of surgery :

# Type of surgery :

- 1) Partial salphingectomy unilateral / bilateral
- 2) Total salphingectomy unilateral / bilateral
- 3) Salphingo oophorectomy
- 4) Salphingostomy
- 5) Hysterectomy
- 6) Cornual wedge resection
- 7) Others

# Per operative findings :

- 1) Rupured / unruptured / chronic rupture / tubal abortion
- 2) Side
- 3) Site
- 4) Amount of haemoperitoneum
- 5) Other findings
  - Adhesions
  - Corpus luteal cyst same side / opposite side
  - Ovarian cyst
  - Uterine anomalies
  - Endometriosis
  - Tubal pathology
  - Other findings

# **Duration of surgery :**

# **Complications during surgery :**

# NUMBER OF UNITS OF BLOOD AND BLOOD PRODUCTS

TRANSFUSED :

ICU CARE ( In days ):

VENTILATORY SUPPORT REQUIRED / NOT

FEVER : Present / Absent

DURATION OF HOSPITAL STAY ( IN DAYS):

:

HPE REPORT

FINAL DIAGNOSIS :

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ovula	abortion,	t.	prev l			abo			μ.	prev l		prev o		prev			prev		-				- the	pin pre		ovula	prev	prev				ч.		prev			~	abortio			-	prev ec		tubal	ahorfo				Risk
tion induction	n J.SCS, tubal se	tubal surgery	prev LSCS,MTP pills	prev LSCS	2	abortionJUCD	prev LSCS	PID	abortion PID	prev LSCS,MTP pills	IUCD	octopic,PID,ART	2	USCS, tubal se	PID	ni	LSCS, tubal se	2	MTP pills	2	ni	man ISUS	tion I one p	prev LSCS,POP	IUCD	ovulation induction	prev LSCS, tubal sx	LSCS, tubal	IUCD	abortion	IUCD	prev ectopic	prev LSCS	nil nil	2	2	abortions	abortion JSCS,tubal sx	PID	prev LSCS	prev LSCS	ectopic, prev		balsurgery	fon ISCS tubal	MTP pills	2	2	sk Factors
lion	xs lite		pills			Ŭ			-	pills		ART		8			x5					5	5 3	2 3		tion	8	22						x				val sx				LSCS			ounger y				
AMLAP	AMJ,AP,BPV	LAP	AMLAP,giddi	AMUAP,BPV	LAP	AMJ,AP,BPV	LAP, BPV	AMJ,AP,BPV	AWTW5'86A	AMJJAP,BPV	AM	AMLAP	AMJJAP,BPV	AM	AMLAP	AMLAP,giddi	UAP,BPV	LAP, BPV	AMLAP	AMLAP	LAP diam	ANALAD BDV		AMJAP,BPV	AMLAP	AMLAP	AMLAP	AMLAP	AMLAP	LAP,gidd	AMJ,AP,BPV	AMLAP	AMJJAP,BPV	AMLAP.BPV	LAP	AMLAP	AMJ,AP,vomit	AMLAP	AMLAP	AMLAP	LAP, BPV	LAP	AMLAP	AMLAP	LAD	LAP	LAP.BPV	AMJJAP,BPV	Clinical Symptoms
80/40	110/70	100/60	80/60	100/60	140/70	130/70	120/70	120/80	120/80	90/60	120/60	110/70	110/70	90/60	100/70	90/60	100/70	120/80	110/60	100/60	90/70	110/90	07/001	120/20	110/70	80/50	100/70	120/60	120/70	130/60	120/70	120/70	100/70	90/60	130/80		80/40	120/70	90/60	120/80	100/70	110/70	110/80	120/80	00/20	120/70	110/70	110/80	B.P( in mmHg)
>120,F	8	82	126	8	102	8			92 IU	105	88	8	102	72	81	126	76		×120	8	×120	8 8		95					104	100	82	92	8 2	8 8	78	8	>120,F	s 18	114	84	82	84				76	106	8	P.R( per minute)
31	11.5	11.5	-	11.6	9.3	11.8		_	6 6	-	9.6 2		6.5	12.7	10.6	5.7	11	<u>с</u>		-	45 g			76	12 1	-			7.5	6.4	10	N	-	7.4	= 5			6 2	7.7	11.7	9 2	10	8.6	= :	-	12 2		88	Hb % Sr.β HcG( M
ND D,G	ND nil	ND nil		ND nil	ND nil	440 nii	ND T	39,738 T	T GN	T DN	2356 nil	ND G	ND D,G	ND nil	ND T	ND D	ND nil	10			ND DT -	ND 10				ND D,T			ND D,T	ND D,T	ND T		ND D,T	ND D,T	- U		ND D,T	5 NO	ND D,T	ND nii	2126 T	ND T	ND T	T GN			ND D	ND D,T	Sr.p HcG( M IU/ml) P/A Findings
FF	2	FF		2	1	2	FI	2	FF I			Ч	FT	ni	Ы	EL'EE	In I		_				Ì						FT FT	r ni	FI	п	FF :	L EL				FT FT	T FF.FT	I FF	FT	FT,FF	F	а :		- 		, H	P/V Findings
φ	z	z	P	z	z	z	z	z	70 T		z	P	P	z	P	P	N	P	P	. q					-	P	P	P	P	P	P	ъ		0 0	ъ	Ð		 v v	7	P	P	P	P	ъ .			z	ъ	Cervix Excitation Test
ND EU JI	ND EU LI A. r	ND EU JI		ND EU.R	ND IUCD	ND EU.s			ND EU,R				ND EU,R	ND EU.Rt 1	ND EU JI	ND EU R	ND EU R	ND EU,Rt A.	P IUP.5	ND Bloom					ND EU.R		ND EU.R		ND EU.R	P EU.R	P EU,R	ND EU R				P EU.Rt /	P EU,R	P EU.A	P EU.R	N EU R	P EU.	P EU.L		ND EU JI A		ND EU R		P Bioor	Culdocentesis
EU,I.t.A. mass,FL	t A. mass,FL	EU J.I A. syst.FL	,-	EU,Rt A. mass,FL	IUCD in situ, Rt A. mass,FL	.small RtA. mass	EU ,Rt ovary - multifallides	EU ,Rt ovary- 1cm fallide	L AL MASSEL		EU ,Rt A.sac , live 6wks fetus	6S.FL		t tubal ring, viable 7wks	EU LI A. mass.FL	1	EU,Rt A. mass of 5.7cm	t A. mass,FL	wks.FL	n. ut with G.sac	EU LI A massEl	EII DI A mass of 4.5 cm	A maso El	EU,Rt A. mass,FL FI I I t.A. mass,FI	EU,Rt A. mass of 3 om	EU,Rt A. mass,FL	EU,Rt A. mass.FL	t A. mass,FL	EU,Rt A. mass.FL		EU ,Rt A. mass.FL		t A. mass,FL	EU .Rt A. mass.FL EU .Rt A. mass.FL	EU,Rt A.mass of 2.5cm	t A. mass.FL	L	EU.R. FILITA massFI	EU ,Rt A. mass,FL	,-	EU J.t A. mass.FL	EU J.I. A. mass.FL		LA. mass/FL	FII DF A mass FI	EU.Rt A. mass of 4.5 cm	EU J.t A. mass.FL	loam ut, FL	Ultrasound Findings
ND	ND	CT-pelvic cyst.8 cm	ND	ND	ND	ND	ND	N	ND ND	s ND	ND	ND	ND	ND	ND	ND	ND	ND	м.	MRI-heterotopic	N i	5 8	5 8	N ND	ND	ND	ND	ND	ND	ND	ND	N	N e	N N	ND	N	ND	8 8	ND	ND	ND	ND	ND	N i	5 8	ND ND	N	ND	Additional Imaging
ectopic	octopic	ectopic	ectopic	ectopic	ectopic	octopic	ectopic	octopic	ectopic	ectopic	ectopic	octopic	ectopic	octopic	ectopic	octopic	ectopic	ectopic	octopic	heterotop	ectopic	actoria	or topic	ectopic	octopic	ectopic	octopic	ectopic	ectopic	ectopic	ectopic	ectopic	ectopic	ectopic	ectopic	ectopic	ectopic	ectopic	ectopic	ectopic	octopic	ectopic	ectopic .	ectopic	ortonic	ectopic	ectopic	ectopic	Clinical Diagnosis
20 min	40 min	24 hrs	30 min	12 his	30 min	2 days	4 hrs	7 days	35 min	1 hr 30 min	11	6 hrs	25 min	1 hr 10 min	2 hrs	лı	μι	40 min	1hr15mi	c 9 days	15 min	1 br 20 m	3 .	1 hr	6 hrs	15 min	20 min	1 hr	30 min	16 his	30 min	45 min	30 min	15 min 4 hrs	1 hr 30 mir	25 min	20 min	30 min	20 min	1 11	40 min	30min	1 hr 15 min	20 min	and a	20 min	7 hrs	21 his	Time Interval Between Admission and Onset of
5	5				5	ys late	_	_	5 5	min	-	_	5	min	s	r		5	2	vs :	5		5 .	5		ii.	5		5		ŝ	5		_	min	ŝ	5 1	5 5	5	-	5	5	min	5 '		• 5	_		definitive Treatment
NA	MA	late diagnosis	NA	late diagnosis	NA	e dagnosis	late diagnosis	ate diagno sis	NA NA	NA.	ŅĄ	late diagnosi:	NA	NA	NA	NA	NA	NA			\$ 3	3	5	NA NA	hOG report	NA	NA	NA	NA	sxside admn	NA.	N	NA NA	NA.	NA	NA.	\$	5 K	NA	NA	MA	NA	NA	ş,	N6 3	NA NA	sx side admn	late diagnosi	Time Delay Due to
NA	NA	NA	NA	NA.	NA	A	NA	NA I	NA NA	NA.	Þ	NA	NA	NA	MA	AN A	MA	NA	Ņ	NA I	N 3	5	N 3	NA NA	A	NA	NA	NA	NA	NA	NA	NA	-	NA NA	NA	NA	A S	NA NA	NA	Ņ	NA	NA	NA	N S	5		NA	NA	Medical Management Criteria
Rt total salphingectomy	RSOL1 salphinge	RSO & LSO	B/L total salphingectomy	RSO	RSO	Medical, MTX	Rttotal salphingectomy		Rtpartial salp		150	Rtpartial salphingectomy	Rtpartial salphingectomy	B/L total salphingectomy	Lt partial salphingectomy	Lt partial salphingectomy	RSOL1 salphin gectomy	Rtpartial selp	Rttotal salph	Lt to tal sale hingestomy MVA	Lt consultresection	Di total salobi	251 select tricont	Rttatal salphingectomy	Medical, MTX- multi dose	Rttotal salphingectomy	B/L total salphingectomy	RSO	Rt total salphingectomy	B/L total salphingectomy	hysterectomy	Lt partial salphingectomy	Rtpartial salphingectomy	B/L total salphingectomy Rt comutal resection	Rtpartial salphingectomy	Rtpartial salp	Lt partial salphingectomy	RSOL1 salphingectomy	RSO	Lt total salphingectomy	LSO	Lt total salphingectomy	Rt total salphingectomy	LSO,R1 selphingectomy	BSO I t calobi	Rt total salphingectomy	Lt total salphingectomy	Lt partial salphingectomy	Management
ngectomy	igotomy	.50	ingectomy			MTX- multi dose	ngectomy		selphingectomy	ingectomy			ingectomy		ingectomy	ingectomy	ngectomy	salphingectomy	alphingestomy	stomy.MVA	reaction	martine	ngooson ng	ngectomy	multi dase	ngectamy	ingestomy		ngestomy	ingestomy	lamy	ingectomy	ingectomy	ingectomy .	ingestomy	salphingectomy	ingectomy	ngectomy				ngestamy	ngectomy	ngestormy	ngenong	ngectomy	ngestomy		
R	R	R		R	R	R			~ ~		irtion		R	tubal abortion is	R	R	R							cher R					R	R	R			~ ~				~ ~		tubal abortion	R	~				5 5		tubal abortion	Ruptured (R) / Unruptured (UR)
Rt cornua	Rt fimbri	Rt fimbria			Rt overy	Rt NA			Rt Ampulla	Lt isthm	Lt Ampulla		Rt Ampulla	Rt Ampulla	Lt infundib	Lt Ampulla	Rt fimbria					Di Amoudia		Rt cornua		~		Rt overy	Rt Ampulla	Lt isthmus	Rt cornua			Rt Ampulla Rt comus	Rt Ampulla			Rt overy	Rt fimbria	Lt fimbria	Lt Ampulla	Lt Ampulla	Rt Isthmus	Lt Ampulla		Rt infundio		Lt Ampulla	Side
006Z er	fia 200					Ņ			058 ell	900				fila 100	dib 250	alla 1350	ria 50	w				a 100		4 1000					illa 1150	us 1300				Jila 1200				* Y		ria 100	ila 400			500				illa 150	Haemoperitoneum (in ml)
Lt corpus luteal cyst	E/OST on Lt side	adh		Rt tube &overy adherent		NA	adhesions	n	nil	ni	ozzing from left ovary	Lt tube absent	ni	ni	nil	nil	adhesions			uterus en		oray was assessed		Rt corpus luteal cyst			Rt ovar	ad	nil	Rt fimbrial cyst		Rtovary		E/OST on Lt side				e/o ST on both sides		ni	adhesions	Rt tube absent	n	adhesions	adhosions	nll	2	arcuate uterus	Other Findings
5 WB,3FFP	liu	1MB	4W8,4FP,4PLTS	1MB	2WB	nil	III	nil	2WB	2WB	nil	1 PCV	2WB	nil	Ш	BM E	ШU	1WB	4W8,2FP	4 WB	4W8.2FP	nii	2000	4WB	nil	3/VB,3FP	2WB	1WB	2WB	3MB	5WB,4FP,2PLTS	1WB	BML	2 WB 3 WB4FFP	nii	1WB	4WB,4FP	2W8	3 WB	nil	BML	1WB	1WB	BML	1/182	nii	2WB	1 WB	No.Of Units of Blood / Blood Products Transfusion
3 days	2		b)	2	a	2	2	2	2 2	2	2	2	1 day	2	n	2 days	n	2	2 days	ldav	2 daws	n ing	1 i	nil	2	2 days	1day	n	1 day	lday	S 2 days	n	n lin	1 day 2 daws	2	n.	2 days	2 2	2days	a	2	2	2	2 1	2 8	2 2	2	ni	ICU Care
AB	AB		_	AB	AB	AB	AB	AB	AB 48	AB	AB	AB	-	AB	AB	PR	AB			_	_	AB 77	_	8 3	-	-	-	-	PR	78	78	28		AB 98	-			AR PR	-	PR	78	28	AB	78 2	AB 70	a PR	38	AB	Fever
10	8	8	8	80	80	12	7	7		7	1	7	7	7	L	6	1	7	9	18	۰ و	7	•	8 9	14	8	8	80	8	80	10	00		8 9	7	8	10	20 00	9	8	8	80	7	8		7	13	7	Duration of Hospital Stay (in Days)
ectopic	ectopic	ectopic	ectopic	ectopic	corpus luteal cyst	ectopic	ectopic	ectopic	ectopic	ectopic	ectopic	ectopic	ectopic	ectopic	ectopic	ectopic	ectopic	ectopic	ectopic .	heterotopic	ectopic	artonir	our transfer	ectopic	ectopic	ectopic	ectopic	overian cyst	ectopic	ectopic	ectopic	ectopic	ectopic	ectopic	ectopic	ectopic	ectopic	corpus luteal cyst	ectopic	ectopic	ectopic	ectopic	ectopic	ectopic	or topic	ectopic	ectopic	ectopic	Final Diagnosis/HPE report
					-1						1	1	1	1	1		I			1	1	1	1			1	1	1	I					1	1	L		st	1	ш							1	1	

ž	137	136	135	134	133	132	131	130	129	128	127	126	125	124	123	122	121	120	119	118	117	116	115	114	113	112	11	110	109	108	107	106	105	SLNo
3 solvarani	r padma	Shanthi	bysmmal	balammal	3 nalvelkumari	2 thangase Mi	babitha	) jeyalakshmi	P Inirumalaise M	3 4	7 sukirtha	sudha	5 selvi	Rama prabha	muniammal	Bikshmi	karp agavalli	) sugirtha	9 shanthi	Bamalakshmi	r eskkiammal	5 parvathy	5 padma	diandra	sathya	2 Stavi	munugeshwari	) muthulakshmi	subbulakshmi	3 muppidathy	<sup>7</sup> Jeyalakshmi	muthuseMi	5 kannika	Name
32 3	24 3	33 3	31 3	34 3	24 3	25 3	24 3	26 2	31 2	27 2	27 2	35 2	30 1	33 Z	32 1	25 1	25 1	30 1	29 1	29 1	30 8	25 7	29 6	26 6	26 6	23 4	23 4	21	33 1	39 7	35 7	35 7	30 7	Age( in years)
33390 18	33817 20	33713 X	32374 14	32933 10	32919 10	30204 00	30213 03	26805 19	26157 18	24257 00	23663 00	21300 21	19723 13	22006 Z	19677 13	7284 3	16591 22	15916 24	14199 10	3990 14	8410 15	7197 0	6719 00	6473 0	6120 00	4867 22	4485 22	75 0	1307 08	75756 31	74440 22	74441 23.1	3966 21.	LP.No
18.06.14 G2	20.06.14 G3	20.06.14 G	14.06.14 G3P	16.06.14 GSP	16.06.14 G2	03.06.14 G3	03.06.14 G	19.05.14 p	15.05.14 G3	06.05.14 p	03.05.14 G2	21.04.14 p	13.04.14 G	25.04.14 G&P	13.04.14 G2	31.03.14 G	28.03.14 G	24.03.14 p	16.03.14 G3P	14.03.14 p	15.02.14 p	09.02.14 G2	06.02.14 p	05.02.14 G3	03.02.14 6.2	28.01.14 G3	25.01.14 G3P	01.01.14 p	08.01.14 G	31.12.13 GJ	23.12.13 p	2.13	12.13	D.O.A
G2P1L1 14.0	G3P2L2 01.0	G2A1 26.0	1L1A1	GSP 21.2A2 01.0	G2P1L1 11.05.1	G3P2L2 N	G3A2 20.0	primi 25.0	G3P2L1 27.0	primi 04.0	G2P1L1 22.03.14	primi 23.0	G4A3 03.0	1L1A4	G2P1L1 28.0	G3A2 N	G2A1 05.0	primi 21.0	G3P1L1A1 03.02.1	primi 05.0	primi 24.1	G2P1L1 17.1	primi 19.1	G3P2L2 N	G2P1L1 02.1	921.2 N	1L1A1	primi 18.1	G2A1 22.1	G7P6L2 15.1	primi 24.1	G4P3L3 N	G2P1L1 N	Obstetric Code
14.04.14 65	05.14 5	04.14 5	09.05.14 3	.05.14 4	4	NK P	0.04.14 44	5.03.14 55	.03.14 4	.03.14 63		3.02.14 57	03.03.14 41	NK P	1.02.14 44	NK P	.02.14 51	.01.14 62	02.14 41	02.14 37	12.13 53	17.11.13 84	12.13 4	NK P	12.13 6	NK N	17.11.13 69	18.11.13 44	11.13 4	11.12	10.13 6	NK P	NK P	Period of Amenorrhoea (in
D P	50 P	95 P	36 WP	46 P	36 P	NK P	Þ	5 WP	49 P	3 P	42 WP	7 P	P	NK P	A P	NK P	P	2 P	1 P	7 P	а Р	P P	49 P	NK P	63 P	NK P	9 P	P	47 P	46 WP	60 Р	NK WP	NK P	Amenorrhoea (in Days) UPT
NA	NA	4y	NA	NA	NA	NA	2y	1.5y	NA	3y	NA	2y	10 y	NA	NA	2.5y	ly	10 y	NA	6m	4m	NA	Ĵт	NA	NA	NA	NA	11m	14y	NA	8y	NA	NA	Duration of Subfertility
NS	NS	NA	NS	s	NS	s	NA	NA	NS	NA	ß	NA	NA	NS	NS	NA	NA	NA	NS	NA	NA	SN	NA	s	NS	S	NS	NA	NA	s .	NA	s .	NS	Sterlisation Status Time Since ST
NA NA	NA NA	NA NA	NA NA	5Y con	NA NA	4Y PS	NA NA	NA NA	NA NA	NA NA	NA NA	NA NA	NA NA	NA NA	NA NA	NA NA	NA NA	NA NA	NA NA	NA NA	NA NA	NA NA	NA NA	7Y PS	NA NA	3Y 000	NA NA	NA NA	NA NA	10Y PS	NA NA	14Y LS	NA NA	(Years) Method of ST
n II	nil	nii	ni	n NA a	nil	NA	ni -	nil	nii	ni	ni	ni	n	ni	nil	ni	ni	ni	ni	nii	ni	nil	nil	MA	1	NN n	n l	ni	n	NA	nil	NA	LAM	Other Contra Ceptive Use
prev LSCS	prev LSCS	abortion	abortion,LSCS	bortion.LSCS,tubal sc.PID	prev LSCS	tubalsurgery	abortion,ovul.induction	ni	prev LSCS.PID	ovulation induction	prev LSCS	2	abortions,prev ectopic	abortions.LSCS	prev LSCS	abortions	abortion	ovulation induction	prev LSCS	nl	2	prev LSCS	PID	tubal surgery /PID	prev LSCS	prev LSCS, tubal sx	abortion,LSCS,PID	2	Ovulinduction/recanse	tubal surgery	ART	PID,tubal surgery	MTP pills	Risk Factors
AMLAP,BPV	AMJLAP.giddi	AMJ,AP,BPV	LAP	AMLAP	LAP,vomit	LAP.giddi	AMILAP, BPV	AM,BPV	AMJ,AP,BPV	AM JAP,Giddi	AMJAP,vomit	AMJ, AP, giddi	AMJ,AP,BPV	LAP	AMJAP ,oliguria	LAP,anasarca	AMLAP	AMLAP	AMLAP	AMLAP	AMILAP, BPV	AM,BPV	AMJ,AP,BPV	Nd8'dV1	AM,BPV,anuria	LAP	AMJ,AP,BPV	AMILAP, BPV	AMJ,AP,BPV	AMLAP	AMJ,AP,BPV	LAP.const.vomit	LVb'BbA	Clinical Symptoms
80/40	100/60	140/90	120/70	90/60	110/70	110/70	110/70	120/80	110/70	100/70	110/70	100/70	100/60	150/90	80/60	80/40	130/90	100/70	90/60	110/80	110/80	100/60	110/70	110/70	110/70	100/60	130/80	120/70	110/70	120/80	100/70	90/70	110/70	B.P( in mmHg)
130,F	8	8	92	108	122	100	120	8	8	102	8	92	8	8	124	140,F	10	92	88	8	112	92	84	120	116	92	28	76	82	72	8	8	8	P.R( per minute)
6.5	9.7	12	6	Ŷ	Ξ	10	7.4	12	8.9	з	12	81	Ξ	10.9	6.3	3.1	10.2	8.8	10.5	Ξ	7.6	4	9.4	12	9.2	9.2	9.5	14	9.4	Ξ	9.8	Ξ	6	Hb %
ND	ND	ND	1784	ND	ND	ND	ND	956	ND	46193	1126	ND	ND	ND	ND	ND	ND	ND	ND	ND	ND	dN	dN	ND	ND	dN	386	872	ND	ND	ND	508	ND	Sr.β HcG( M IU/ml)
D	2	2	2	D,G	۵	2	D,T	2	2	<u>n</u>	2	D,G	-1	-1	D,T	D,G	-1	D,G	Ð	n	D,T	ni	D,T	D,T	2	Т	2	2	D,T	D,T	D,T	ם	-1	P/A Findings
FT	2	EL'EE	FF	2	FT,FF	FT	÷	2	2	2	2	Ы	FT	FT,FF	FT	ы	FT,FF	EL'EE	FF	2	Ħ	ni	FT	2	⊒	ni	⊒.	2	FT	ы	FT	FF	Ы	P/V Findings
P	р	P	z	P	P	р	P	z	z	z	z	P	p	P	P	ъ	P	P	P	z	P	z	p	P	z	2	z	z	p	ъ	P	z	P	Cervix Excitation Test
PE	ND EU	ND b	NDn	PEU	P EU	P EU	ND EU	ND EU	PEU	P EU	ND EU	ND EU	ND EU	ND E	ND EU	ND EU	ND EU	ND EU	ND EU	ND EU	PE	ND EU	ND E	ND EU	ND EU	ND EU	ND E	ND E	ND E	ND E	ND EU	ND EU	PE	Culdocentesis
EU.R.	U,Rt A. mass,FL	bicom.ut.no G.sac	normal study	UR	U,Rt A. G.sac , FP 7 wks.FH +	U,Rt A. mass,FL	U.R.	U,Rt A.sac of 1cm,FP+,no FH	UR	UR	U,Rt A. sec 1.3 cm,Rt overy cyst	U.R.	U,Rt A. mass,FL	EU J.I A.mass,FL	U.R.	U,Rt A. mass,FL	U.R.	U.Rt A.mass.FL	U,Rt A. mass,FL	U,Rt A. G.sac,FP 7 wks,FH +	EU J.I A. mass.FL	U.Rt A. mass,FL	EU,Lt A. G.sac of 1.6 cm,no FP	U,Rt A. mass,FL	U.R.	U,Rt A. mass,FL	EU,It A. mass, local fluid	EU Lt A. mass of 3.2 cm	EU,Lt A. ring,FL	EU J.I. A. mass.FL	U,Rt A.mass,FL	U.Rt A.mass.FL	U,Rt A. mass,FL	Ultrasound Findings
ND	ND	ND	doppler-ring of fire	ND	ND	ND	ND	ND	ND	MRI-Rt comual ectopic	ON	ON	ON	ON	ON	ON	DN	ND	ON	ND	DN	ND	ND	ND	ND	ND	ND	doppier-Lt A.cyst.no flor	ON	ON	ON	ND	ON	Additional Imagin
ectopic	ectopic	ectopic	ectopic	ectopic	ectopic	ectopic	ectopic	ectopic	ectopic	ectopic	ectopic	ectopic	ectopic	ectopic	ectopic	ectopic	ectopic	ectopic	ectopic	ectopic	ectopic	ectopic	ectopic	ectopic	ectopic	ectopic	ectopic	/ ectopic	ectopic	ectopic	ectopic	ectopic	ectopic	Clinical Diagnosis
20 min	2 hrs	1hr45 min	5 days	30 min	18 hrs	7 hrs	30 min	1 day	3 hrs	45 min	12 hrs	40 min	50 min	18 hrs	3 hrs	20 min	۱r	20 min	45 min	1 hr	20 min	38 hrs	4hrs 30 min	١h	40 min	35 min	48 hrs	3 days	1 hr 20 min	45 min	45 min	21 hrs	40min	Time Interval Between Admissio and Onset of definitive
NA	NA	n NA	doubt	NA	sx side admr	IMCU admn	NA	late diagnosis	late diagnosis	NA	late diagnosis	NA	NA	late diagnosis	sxside admn	NA	NA	NA	NA	NA	NA	late diagnosis	n hOG report	NA	NA	NN	late diagnosis	late diagnosis	n NA	NA	NA	late diagnosis	NA	Treatment Time Delay Due t
NA	NA	MA	A	NA	mn NA	nn NA	NA	osis A	osis NA	NA	osis A	NA	NA	osis NA	mn NA	NA	NA	NA	NA	NA	NA	AN sizo	A IX	NA	NA	NA	osis NA	osis A	NA	NA	NA	osis NA	NA	Medical Management Criteria
150	Rt total salphingectomy	Lt partial salphingectomy	Negative laparo lomy, D&C	B/L total salphingectomy	Rt total salphingectomy	RSOLt salphingectomy	Lt partial salphingectomy	Medical, MTX- multi dose	Lt partial salphingectomy	Rt total salphingectomy	R1 to tal salphingectomy,R1 ovarian cystectomy	Rtpartial salphingectomy	Rtpartial salphingectomy	LSO	Lt partial salphingectomy	Rtpartial sephingectomy	Lt partial salphingectomy	Rttotal salphingectomy	RSO	Rtpartial salphingectomy	Lt partial salphingectomy	removal of Rt hom ectopic	Modical, MTX- multi dose	RSOL1 salphingectomy	150	RSOL1 salphingectomy	Lt partial salphingectomy	Medical, MTX- multi dose	LSO	LSO,Rt salphingectomy	Rtpartial salphingectomy	B/L total salphingec tomy	RSOLt salphingectomy	Management
70	R	70	NA	70	R	R	R	UR	tubal abortion	R	UR	R	R	R	R	R	R	70	R	UR	R	R	UR	R	R	R	tubal abortion	UR	R	R	R	R	R	Ruptured (R) / Unruptured (UR)
Lt isth	Rt Amp	Lt Amp	NA N	Rt fim	Rt fimi	Rt overy	Lt Ang	Rt N	Lt Amp	Rt On	Rt oon	Rt isthmus	Rt Ampulla	Lt fim	Lt Ampulla	Rt Amp	Lt Ang	Rt fim	Rt infu	Rt Amp	Lt isthmus	Rt Rthorn	Rt N	Rt Amp	11 80	Rt con	Lt Amp	=	Lt Amp	Lt overy	Rt isthmus	Rt isthmus	Rt Amp	Side
isthmus 20	Ampulla 7	Ampulla 2	NA r	fimbria 9	fimbria 8		Ampulla 8	NA Z	Ampulla 5	oornua 25	oornua r			fimbria 5		Ampulla 2X	Ampulla 4	fimbria 14	infundib 9	Ampulla r			NA N	Ampulla 6	cornua 16	cormua 15	Ampulla 7	NA N	Ampulla 5				Ampulla 3	Haemoperitoneun
2000	750	250	2	8	800	1400	8	NA	8	2500 a	⊒ 0	1600	250	550	1550	2000	450	1450 2	8	2	30	1000	NA	650 e/	1600	1500	75	NA	550	250	1700	700	300	(in ml)
ni	nil	2	n	e /o ST ,/resh bloeing	nil	e/o ST on both sides	2	NJA	2	active bleed at rupture site	comp.Rt av. cystof 6x4cm	n	Lt -only proximal tube +	Lt tube & orary adherent	리	Rt ovary cystic	ni	active bleed from finibria	Rt tube & overy adherent	nil	ni	bicormuate uterus	NA	e/oSTonLt,Rtovary friable	Adhesions	e/o ST on Lt side	Lt corpus luteal cyst	NA	bicorn uterus,adhesions	E/O recanalisation on Lt	uterus &boweladherent	E/OST on Lt ,ovary cystic	Rt tube & overy adherent	Other Findings
3 WB	2 WB	1WB	nil	ZWB, IPCV	1WB	2 WB	2WB	nil	nil	3 WB	nil	3 WB	1 WB	1WB,1 PCV	4WB	4W8,4FP	1WB	3 WB	2WB	nil	2 WB	2MB,29CV	nil	2 WB	2 PCV	2WB	nil	nil	1WB	1WB	3WB	1WB	1WB	No.Of Units of Blood / Blood Products Transfusion
2 days	nil	2	n	1 day	nil	1 day	2	nil	2	2 days	n	1 day	2	n	2 days	3 days,V	2	1 day	n	nil	2	2 days	nii	2	1 day	1day	리	2	2	2	1 day	nil	n	ICU Care
PR	AB	AB	AB	38	AB	PR	AB	AB	AB	28	AB	78	AB	AB	78	8	AB	AB	AB	AB	AB	AB	AB	78	AB	AB	AB	AB	AB	AB	78	AB	78	Fever Duration of
¢	8	7	12	-00	8	8	∞	15	7	۰	00	9	7	00	÷	10	7	-00	00	7		9	15	00	00	8	7	14	-	8 COT	÷	7	7	Duration of Hospital Stay (ir Days)
ectopic	ectopic	octopic	PUL	ectopic	ectopic	ectopic	octopic	ectopic	ectopic	ectopic	ectopic	ectopic	ectopic	ectopic	ectopic	ectopic	ectopic	ectopic	ectopic	ectopic	ectopic	ectopic	octopic	ectopic	octopic	ectopic	ectopic	ectopic	ectopic	corpus luteal cyst	ectopic	octopic	ectopic	Final Diagnosis/HPE report

## **KEY TO MASTERCHART**

D.O.A	-	Date of admission
I.P.NO	-	In patient number
LMP	-	Last menstrual period
NK	-	Not known
ND	-	Not done
UPT	-	Urine pregnancy test
Р	-	Positive
Ν	-	Negative
WP	-	Weakly positive
Y	-	Year
m	-	month
hr	-	hour
min	-	minute
S	-	Sterilised
NS	-	Not Sterilised
А	-	Applicable
NA	-	Not applicable
F	-	Feeble
PR	-	Present
AB	-	Absent
Rt	-	Right
Lt	-	Left

R	-	Ruptured
UR	-	Unruptured
ST	-	Sterilisation
LS	-	Laparoscopic sterilisation
PS	-	Puerperal sterilisation
TAT	-	Total abdominal tubectomy
Con	-	Concurrent sterilisation
IUCD	-	Intrauterine contraceptive device
EC	-	Emergency contraception
COC	-	Combined oral contraceptive
POP	-	Progesterone only contraceptive
В	-	Barrier method
LAM	-	Lactational amenorrhoea
MTP	-	Medical termination of pregnancy
PID	-	Pelvic inflammatory disease
ART	-	Artificial reproductive technique
Sx	-	Surgery
LSCS	-	Lower segment caesarean section
AM	-	Amenorrhoea
LAP	-	Lower abdominal pain
BPV	-	Bleeding per vaginum
D	-	Abdominal Distension
Т	-	Abdominal tenderness
FF	-	Forniceal fullness

FT	-	Forniceal tenderness
A.mass	-	Adnexal mass
EU	-	Empty uterus
FL	-	Free fluid
G.sac	-	Gestational sac
Bicorn.ut	-	Bicornuate uterus
FP	-	Fetal pole
FH	-	Fetal heart
RSO	-	Right salphingo oophorectomy
LSO	-	Left salphingo oophorectomy
hCG	-	human chorionic gonadotropin
Infundib	-	Infundibulum
WB	-	Whole blood
PCV	-	Packed cell volume
PLTS	-	Platelets
FFP	-	Fresh frozen plasma
V	-	Ventilatory support