

“EFFICACY OF KETAMINE CO-INDUCTION WITH PROPOFOL FOR LMA INSERTION IN CHILDREN”

Dissertation submitted to
THE TAMILNADU DR. M.G.R. MEDICAL UNIVERSITY
in partial fulfillment for the award of the degree of

DOCTOR OF MEDICINE
IN
ANAESTHESIOLOGY

BRANCH X



BRANCH – X
DEPARTMENT OF ANAESTHESIOLOGY
MADRAS MEDICAL COLLEGE
CHENNAI – 600 003.

MARCH 2009

CERTIFICATE

This is to certify that the dissertation entitled, **“EFFICACY OF KETAMINE CO-INDUCTION WITH PROPOFOL FOR LMA INSERTION IN CHILDREN”** submitted by Dr.Omprakash.S, in partial fulfilment for the award of the degree of Doctor of Medicine in Anaesthesiology by the Tamilnadu Dr. M.G.R. Medical University, Chennai is a bonafide record of the work done by him in the Department of Anaesthesiology, Madras Medical College, during the year 2006 – 2009.

DR. T.P.KALANITI, M.D.,
DEAN,
MADRAS MEDICAL COLLEGE &
GOVT. GENERAL HOSPITAL,
CHENNAI – 600 003.

PROF. DR. KAMALINI SRIDHARAN,
M.D., D.A.,
PROFESSOR & H.O.D,
DEPT OF ANAESTHESIOLOGY,
MADRAS MEDICAL COLLEGE,
CHENNAI – 600 003.

ACKNOWLEDGEMENT

I am extremely thankful to **Dr. T.P. Kalaniti, M.D.**, Dean Madras Medical College, for his kind permission to carry out this study.

I am immensely grateful to **Prof.Dr.Kamilini Sridharan , M.D., D.A.**, Professor and Head of the department , Department of Anaesthesiology , for her concern and support in conducting this study .

I am very grateful to Associate Professors **Dr.T.Venkatachalam,M.D.,D.A.**, **Dr. C.R.Kanyakumari, M.D.,D.A.**, **Dr.Esther S Rajkumar,M.D.,D.A.**, **Dr.D.Gandhimathy, M.D.,D.A.**, Madras Medical college , for their constant motivation and valuable suggestions.

I am immensely grateful to **Prof.Dr.Shantha Parthiban M.D.,D.A.**, Professor , Department of Anaesthesiology, Institute of Child health , Madras Medical College, for her concern and support in conducting this study.

I am greatly indebted to my guide **Dr.Anuradha Vasudevan, M.D., D.A.**, for her inspiration, guidance and comment at all stages of this study.

I am thankful to all other Assistant Professor in the department, for their guidance and support.

I am thankful to all my colleagues, for their help in carrying out his dissertation.

Above all, I thank all the patients for willingly participating in this study.

CONTENTS

S.NO	TITLE	PAGE NO
1.	INTRODUCTION	1
2.	AIM	3
3.	REVIEW OF LITERATURE	4
4.	PROPOFOL	16
5.	KETAMINE	20
6.	LMA AND THE PEDITRIC PATIENT	24
7.	MATERIALS AND METHODS	36
8.	OBSERVATION AND RESULTS	42
9.	DISCUSSION	48
10.	SUMMARY	52
11.	CONCLUSION	54
	BIBILIOGRAPHY	
	PROFORMA	
	MASTER CHART	

INTRODUCTION

Propofol is commonly used as induction agent for insertion of LMA in children (3, 4). When used as a sole anesthetic agent children require a larger dose of propofol for insertion of LMA than adults (5, 6). This large dose needed for induction may be associated with hemodynamic and respiratory effects like hypotension, bradycardia, apnea or hypoventilation (7, 8, 9).

Combination of ketamine and propofol is additive and allows the use of a lower dose of propofol as well as reduces the incidence of hypotension and respiratory depression induced by propofol (10-12). This practice of administering a small dose of a sedative or other anaesthetic agent to reduce the total dose of induction agent is known as Co-induction and has been used with success in adult but with variable effect on recovery (1, 2, 11, 13-15).

The combination of ketamine and propofol in sedative doses has been studied in children under going cardiac catheterization UGIE and MRI (17, 18). These studies were able

to show the advantage of combining propofol with the low doses of ketamine in terms of preservation of hemodynamic parameters without prolonging recovery.

The present study was therefore aimed at studying the effect of co-administration of ketamine with the propofol on LMA insertion characteristics, hemodynamic changes and recovery in children undergoing day care surgery.

AIM AND OBJECTIVES

The primary aim of this study was to ascertain if a combination of propofol and ketamine prevents hypotension when compared to propofol alone, and to see if the combination improves LM insertion and recovery characteristics.

The main objectives are:

- 1) Laryngeal mask insertion characteristics
- 2) Hemodynamic changes
- 3) Duration of recovery in children

REVIEW OF LITERATURE

Co-induction of anaesthesia, the rationale ⁽¹⁾

Combination therapy with two or more different drugs, with the intention of reaching the same therapeutic goal, was heavily criticized for a long time. However, it is accepted today, especially when advantages over monotherapy can be shown. For the induction of anaesthesia or for long-term sedation in the intensive care unit, combination therapy may offer an improved effect profile, a more balanced ratio of desired versus adverse effects, an improved time-course of effect, simpler treatment requirements or lower costs. Midazolam and propofol have been investigated as potential partners for those two indications.

Animal experiments and clinical pharmacology studies have shown that midazolam and propofol have synergy with other centrally active drugs. It could be expected that the relationship between desired effects and adverse effects could be improved by skilful use of the synergism between midazolam and propofol. Co-induction of anaesthesia and co-administration in long-term sedation can offer improvements in therapeutic situations compared with monotherapy. These improvements are in terms of a more suitable effect profile, a more favorable ratio of desirable effects to side-effects, optimization of the time-course of effects and reduced costs.

Co-induction of anaesthesia: day-case surgery. ⁽²⁾

Planned co-induction of anaesthesia is practiced by anesthetists exploiting drug interactions, particularly synergism, principally between midazolam, fentanyl, sufentanil and alfentanil, and propofol. It can produce an improvement in all phases of anaesthesia, including induction, maintenance and recovery. There are

advantages in combining midazolam with propofol, thereby reducing the risk of awareness and also the dose of propofol and hence its side-effects and cost. Propofol is the principal intravenous induction agent for day-case anaesthesia. A major advantage is that by reducing the dose of propofol there is less chance of the severe bradycardia that is sometimes associated with the combined use of propofol and opioids, although this can be prevented by vagolytic agents. However, the use of opioids increases the incidence of post-operative nausea and vomiting. Another important drug is ketamine, the effects of which are often additive with other drugs. The combination of ketamine and midazolam is an important technique, particularly in the management of critically ill patients. The alpha 2-agonists, e.g. clonidine and dexmedetomidine, may also have a role in this context in the future. This paper presents the current approach to the co-induction of anaesthesia, particularly in relation to the reduced risk of awareness when using midazolam, and the

health economics in relation to the potential reduction in the dose and hence cost of propofol.

S.Goel et al.2008 ⁽¹⁰⁾

In their study they compared the efficacy of ketamine and midazolam co-induction with propofol and propofol alone for LMA insertion among 60 ASA I/II children undergoing day care procedure. They divided the sample into 3 groups; P group -- propofol alone, PK group – ketamine with propofol and PM group – midazolam with ketamine. The parameters they compared are hemodynamic changes, LMA insertion characteristics and the duration of recovery.

In their study they found that in propofol alone group(P), systolic blood pressure (SBP) showed a significantly greater decrease compared to group Propofol –Ketamine (PK) and group Propofol-Midazolam.(PM)($P < 0.005$). Only 5% of patients in groups PK and PM showed $>20\%$ fall in SBP compared to 89% in group P ($P < 0.005$).

More children in groups PK and PM had acceptable conditions for LM insertion compared to group P ($P < 0.05$).

The time to achieve Steward Score of 6 was longer in groups PK and PM compared to group P ($P < 0.005$).

They concluded that, in children, the combination of propofol with ketamine or midazolam produced stable hemodynamic and improved LM insertion conditions but with delayed recovery.

Srivastava, Sharma , Kumar , Saxena et al 2006 ⁽¹¹⁾

It was a double blind prospective randomized study comparing the efficacy of small dose of propofol, ketamine and midazolam co-induction with propofol. The study was conducted among 68 patients (ASA I and II) aged 20-40 years, undergoing elective general, orthopaedic, or gynaecological surgery.

In there study all patients were divided into 4 groups based on the co-induction agent as: (ketamine) group KP,

(midazolam) group MP, (propofol) group PP or, (normal saline 3 ml) group SP - control. Induction of anaesthesia was done by titrated dose of propofol preceded by 2 ml of lignocaine and they compared the hemodynamic effects and total propofol requirement.

They found that the dose of propofol required to induce anaesthesia was significantly lower in group KP (1.2 mgkg⁻¹), MP (1.4 mgkg⁻¹), and PP (1.6 mg kg⁻¹) compared to control group (2.7 mg kg⁻¹).

Fall in mean arterial pressure (MAP) from the baseline following induction was observed in all the groups being maximal (21%) in control group and minimal (4%) in group KP. Relative bradycardia was seen in all patients, but least in KP group. The group MP and PP had 13% and 11% falls in MAP respectively.

They concluded that all co-induction agents reduce the requirement of propofol compared to placebo and haemodynamic effects were dose dependent. In their study Ketamine appeared to be a suitable and safe alternative to midazolam co-induction. Propofol auto-co-induction does not offer any advantage over midazolam regarding cardiovascular stability.

Hui TW, Short TG, Hong W et al 1995 ⁽¹²⁾.

In their study they utilized propofol and ketamine as induction agent in 180 female patients to know the additive interactions between them. Quantal dose-response curves were determined in 180 female patients to whom the drugs were administered individually and in combination into three groups. They observed the incidences of apnea, arterial pressure, and heart rate changes during the first 5 min and were recorded.

They found that the addition of ketamine did not significantly alter the ED50 for apnea of propofol. There was a significant difference in the arterial pressures among the three groups ($P < 0.001$). Using the combination, the cardiostimulant effects of ketamine balanced the cardiodepressant effects of propofol. There was no change in arterial pressure or heart rate after the noxious stimulus.

Guit JB, Koning HM, Coster ML et al ⁽¹⁶⁾.

It was a prospective study in 18 patients who underwent noncardiac surgery. In their study they utilized ketamine as an analgesic during total intravenous anaesthesia with propofol. The study compared the combination of propofol and fentanyl with that of propofol/ketamine.

They concluded that the propofol/ketamine combination resulted in haemodynamically stable anaesthesia without the need for additional analgesics. They found Propofol to be effective in eliminating side effects of a subanaesthetic dose of ketamine in humans, as the postoperative behaviour was normal in all patients and none of the patients reported dreaming during or after the operation. They recommended the propofol/ketamine combination for total intravenous

anaesthesia for surgery when stable haemodynamic parameters were required.

Goh PK, Chiu CL, Wang CY et al ⁽¹⁵⁾.

This was a prospective, double-blind, randomized, placebo-controlled clinical trial on 90 adult patients. In their study they investigated the effect of ketamine co-induction with propofol. Hemodynamic profile and laryngeal mask airway (LMA) insertion conditions were observed. Ninety adult patients were randomly allocated into three groups: ketamine group, receiving ketamine 0.5 mg x kg⁻¹ (n = 30), fentanyl group (fentanyl 1 microg x kg⁻¹ (n = 30)) and group receiving normal saline (n = 30), before induction of anaesthesia with propofol 2.5 mg x kg⁻¹. Insertion of the LMA was performed 60s after injection of propofol.

In that study arterial blood pressure and heart rate were measured before induction (baseline), immediately after induction, immediately before LMA insertion, immediately after LMA insertion and every minute for three minutes after LMA insertion. Following LMA insertion, the following six subjective endpoints were graded by a blinded

anaesthetist using ordinal scales graded 1 to 3: mouth opening, gagging, swallowing, movement, laryngospasm and ease of insertion.

They observed that the Systolic blood pressure was significantly higher following ketamine than either fentanyl ($P = 0.010$) or saline ($P = 0.0001$). The overall insertion conditions were similar in the ketamine [median 7.0, interquartile range (6.0-8.0)] and fentanyl groups [median 7.0, interquartile range (6.0-8.0)]. Both appeared significantly better than the saline group [median 8.0, interquartile range (6.75-9.25); $P = 0.024$].

The incidence of prolonged apnoea ($> 120s$) was higher in the fentanyl group [23.1% (7/30)] compared with the ketamine [6.3% (2/30)] and saline groups [3.3% (1/30)].

They concluded that the addition of ketamine 0.5 mg / kg improves haemodynamics when compared to fentanyl 1 microg / kg, with less prolonged apnoea, and is associated with better LMA insertion conditions than placebo (saline).

Akin A, Esmoğlu A, Guler G et al ⁽¹⁷⁾.

This was a prospective, randomized, double blinded comparison of propofol-ketamine with propofol-fentanyl for sedation in patients undergoing elective UGIE. Ninety children of ASA I–II, aged 1 to 16-year-old were included in the study. The study compared the clinical efficacy and safety of propofol-ketamine with propofol-fentanyl in pediatric patients undergoing diagnostic upper gastrointestinal endoscopy (UGIE).

Patients were randomly assigned to receive either propofol-ketamine (PK; n = 46) or propofol-fentanyl (PF; n = 44). PK group received $1 \text{ mg}\cdot\text{kg}^{-1}$ ketamine + $1.2 \text{ mg}\cdot\text{kg}^{-1}$ propofol, and PF group received $1 \mu\text{g}\cdot\text{kg}^{-1}$ fentanyl + $1.2 \text{ mg}\cdot\text{kg}^{-1}$ propofol for sedation induction. Additional propofol ($0.5\text{--}1 \text{ mg}\cdot\text{kg}^{-1}$) was administered when a patient showed discomfort in either group.

Heart rate (HR), systolic arterial pressure, peripheral oxygen saturation, respiratory rate (RR) and Ramsey sedation scores of all patients were recorded perioperatively.

They concluded that Propofol/ Ketamine and Propofol/ Fentanyl combinations provided effective sedation in pediatric patients undergoing

UGIE, but the PK combination resulted in stable hemodynamics and deeper sedation though more side effects.

Tomatir E, Atalay H, Gurses E et al ⁽¹⁸⁾.

They investigated the effects of low dose ketamine before induction on propofol anesthesia for Forty-three children aged 9 days to 7 years undergoing magnetic resonance imaging (MRI).

The children were randomly assigned into 2 groups to receive intravenously either a 2.5 mg·kg⁻¹ bolus of propofol followed by an infusion of 100 µg·kg⁻¹·min⁻¹ or a 1.5 mg·kg⁻¹ bolus of propofol immediately after a 0.5 mg·kg⁻¹ bolus of ketamine followed by an infusion of 75 µg·kg⁻¹·min⁻¹. If a child moved during the imaging sequence, a 0.5–1 mg·kg⁻¹ bolus of propofol was given.

Systolic and diastolic blood pressures, heart rate, peripheral oxygen saturation and respiratory rates were the parameters monitored. Apnea, the requirement for airway opening maneuvers, secretions, nausea, vomiting and movement during the imaging sequence were noted. Recovery times were also recorded.

They found that the systolic blood pressure and heart rate decreased significantly in the propofol group, while blood pressure did not change and heart rate decreased less in the propofol-ketamine group. Apnea associated with desaturation was observed in three patients of the propofol group. The two groups were similar with respect to requirements for airway opening maneuvers, secretions, nausea-vomiting, and movements during the imaging sequence and recovery time.

They concluded that intravenous administration of low dose ketamine before induction and maintenance with propofol preserves hemodynamic stability without changing the duration and the quality of recovery compared with propofol alone.

Furuya A, Matsukawa T, Ozaki M et al ⁽¹⁹⁾.

They investigated efficacy of ketamine before induction with propofol produces in Twenty-two patients assigned to one of two groups to receive either propofol with ketamine (n = 11) or propofol alone (n = 11, control).

In their study anaesthesia was induced with 2 mg kg⁻¹ propofol and 0.5 mg kg⁻¹ ketamine or 2 mg kg⁻¹ propofol alone. Ketamine was administered 1 min prior to induction with propofol. Immediately after

induction with propofol, vecuronium (0.15 mg kg^{-1}) was administered. Four minutes after administration of vecuronium, tracheal intubation was performed. Anaesthesia was maintained using sevoflurane (0.5%) in 66% nitrous oxide until 3 min after intubation. Systolic, diastolic and mean arterial pressure and heart rate were recorded on arrival, directly before induction with propofol, prior to tracheal intubation, immediately after intubation and at 3 min after intubation.

They found that the administration of ketamine before induction with propofol preserved haemodynamic stability compared with induction with propofol alone.

PROPOFOL

Pharmacokinetic characteristics:

- pharmacokinetic data consistent with a three-compartment model
- High lipid solubility (loss of consciousness with one circulation time)

- Clearance greater in young children but recovery of consciousness following single dose is similar in all ages (depends on redistribution only)
- High hepatic extraction (cytochrome P450-CYP2C9 activity greater in children aged 3-10 y than in adults.
- Volume of distribution is very large (twice that in adults)
- Elimination half time: age-dependent but no clinical implication after a single dose.
- Decreasing dosage regimen needed to ensure stable drug concentration in central compartment during infusion of propofol.

Pharmacodynamic characteristics:

- Main effect: hypnotic

- Mode of action: not fully understood; affects GABA (A) receptor function.
- ED50 varies with age but less than with thiopental.
- Transient reduction in mean arterial blood pressure (more marked with thiopental) due to direct relaxant effect on systemic vascular smooth muscle.
- Little effect on normal pulmonary vasculature but decreases increased vascular tone.
- Less depression of myocardial contractility than with thiopental.
- Prolongs QT interval; may cause bradycardia , junctional arrhythmia, (despite atropine)
- Hemodynamic response to tracheal intubation, pharyngeal and laryngeal reflexes better suppressed than with thiopentone.
- Respiratory depression and incidence of apnea greater than with thiopental.

- Spontaneous excitatory movements are common during induction and recovery.
- Dose dependent CNS depression; reduces cerebral oxygen consumption.
- Reduces intracranial pressure by reducing cerebral blood flow.
- Anti-emetic.
- No effect on adrenal steroidogenesis or T- lymphocyte function.
- Recovery of consciousness and psychomotor skill faster than with thiopental.

Clinical use

- Suitable solution : 1% isotonic emulsion; chemically but not bacteriologically stable –do not store > 6 h at room temperature; add 1 ml lidocaine 1 % to 20 ml of propofol to reduce pain on injection.

- Contraindications: hypersensitivity to propofol, allergy to soybean oil or eggs.
- IV induction dose (give slowly):
 - 1 to 4 y, 3- 4 mg/kg;
 - > 4 y, 2.5 – 3.5 mg / kg;
 - Sleep state obtained in 30-40 sec;
 - Duration of action - 5 to 10 min
- Continuous infusion:
 - Initial maintenance phase (first 30 to 45 min), 18-20mg/kg/h;
 - Second maintenance phase – 9 to 11 mg/kg/h.

Adverse effects

- Cardiovascular: hypotension, arrhythmias.
- Respiratory: respiratory depression, apnea, larygospam, bronchospasm, hiccups.

- Neurological: headache, confusion, atypical seizures – like movements, opisthotonus.
- Other: pain on injection abdominal pain, fever.

KETAMINE

Pharmacokinetics characteristics:

- Pharmacokinetic data consistent with two compartment model
- Only moderate lipid solubility (loss of consciousness takes > 1 min)
- Clearance slightly increased in young children ;
Duration of anaesthesia is similar in all ages
- Relatively high hepatic extraction : extensive liver metabolism (reduced in neonates)
- Volume of distribution : no significant age – related variation
- Elimination half time : age-dependent but no clinical implication after a single dose

Pharmacodynamic characteristics

- Main effects: relatively poor hypnotic; produces intense analgesia, amnesic.

- Mode of action: NMDA receptor antagonist; interact with other CNS receptors.
- Spontaneous involuntary movements not uncommon ; poor muscle relaxation.
- Decrease EEG amplitude and frequency , although polymorphic delta activity may be increased intermittently (but no epileptic seizures) .
- No increase in CBF or ICP in patients with reduced intracranial compression (adults)
- Decrease contractility but MAP usually maintained due to sympathomimetic action
- Perceptual illusions, vivid dreams, and other emergence reactions less common than in adults, but can be reduced by concomitant administration of midazolam.
- Higher incidence of postoperative emesis (give regular ondansetron)

- Potent bronchodilatory effects (can be used to treat status asthmaticus)
- Hypersialorrhoea (always give antisialagogues)
- FRC and minute volume usually maintained , although CO₂ response slightly reduced
- Greater retention of protective pharyngeal and laryngeal reflexes than other agents
- Recovery from anaesthesia is difficult to evaluate due to psychodysleptic effects

Clinical use

- Solution : 2.5% (pH 10.5) ; dilute for neonates ; chemically and bacteriologically stable for more than 24 h at room temperature
- Contraindications : acute porphyria , arterial hypertension , allergy to ketamine (unusual) , myocardial dysfunction , psychiatric / addictive disorders

- Induction dose : IV (slow injection) , 2.5-4 mg/kg ; IM , 10 mg/kg ; rectal (not usual) , 8-10 mg/kg ; oral (not usual) , 3-6 mg/kg
- Maintenance dose , half the initial dose every 7-10 min ; continuous infusion , 30-45 mcg / kg / min for first 20 min then halve the rate.
- Single IV dose : sleep state obtained in < 60 sec ; duration of action , 5-12 min
- Single IM dose : sleep state obtained in 3-5 min ; duration of action 15-30 min
- Single rectal dose : sleep state obtained in 4 -7 min ; duration of action , 15 – 40 min
- Single oral dose : sleep state obtained in 20 min ; duration of action , 120 min

LMA AND THE PEDIATRIC PATIENT

The infant larynx is very delicate, and avoiding the potential trauma of endotracheal intubation appears attractive if the patient's condition and surgical procedure permits use of the LMA. It provides a reliable airway, permits positive pressure ventilation, facilitates an unimpaired operative field, and prevents aspiration of oropharyngeal secretions or blood. Many procedures that are unique to the children and that require the administration of anaesthesia, such as diagnostic or quick peripheral procedures, lend themselves quite well to use of the LMA as opposed to the face mask or endotracheal intubation.

Specific LMA uses in pediatric population:

Radiation therapy

Computed tomographic scanning

Magnetic resonance imaging

Burn reconstruction

Out patient dental anaesthesia

Extracorporeal shock wave lithotripsy

Adenotonsillectomy

Newborn resuscitation

Diagnostic flexible bronchoscopy

Intraoperative bronchoscopy during thoracotomy

Difficult airway

- Airway rescue
- Arthrogryposis
- Burn contractures
- Cervical spine anomaly
- Cri du chat syndrome

- Diagnostic laryngobronchoscopy
- Down syndrome
- Edwards syndrome
- Freeman – Sheldon syndrome
- Goldenhar's syndrome
- Hurler syndrome
- Kenny – Caffey syndrome
- Mucopolysaccharidoses
- Neck contracture
- Obstructed hydrocephalus
- Pierre robin syndrome
- Schwartz – Jampel syndrome
- Tongue tumor
- Tracheostomy
- Treacher Collins syndrome

The advantages of the LMA over the face mask include:

- 1) Freeing the anesthesiologist's hands to perform other procedures (e.g., insertion of intravenous catheters, performing regional nerve blocks),
- 2) Improved oxygenation and ventilation,
- 3) Improved ventilation in children with acquired and congenital airway abnormalities,
- 4) Protection from aspiration of nasal and oral secretions,
- 5) Ensured airway patency when the patient head is inaccessible(e.g., during MRI or RT),
- 6) Less manipulation of the head and neck and
- 7) Decreased contamination of the operating room environment with inhaled anesthetics.

The advantages of LMA over Endotracheal tube include:

- 1) Elimination of the need for muscle relaxant for airway insertion, which decreases the drug exposure and reduces the cost,
- 2) Less trauma to the airway,
- 3) Lesser hemodynamic response to insertion and removal,
- 4) Stable intraocular pressure dynamics,
- 5) Better patient toleration of the airway during lighter levels of anaesthesia , there by providing a more secure airway during the emergence from anaesthesia,
- 6) Reusability.

LMA size and types:

Size availability of different types of LMA:

LMA size	LMA- classic	LMA- flexible	LMA – unique	LMA- fastrach
-----------------	-------------------------	--------------------------	-------------------------	--------------------------

1	+			
1.5	+			
2	+	+		
2.5	+	+		
3	+	+	+	+
4	+	+	+	+
5	+	+	+	+

Description of LMA sizes:

Mask size (mm ID)	Patient weight (kg)	ID (mm)	Cuff volume (ml)	Max ETT
1	<5	5.25	<4	3.5 uc
1.5	5-10	6.1	<7	4.0 uc
2	10-20	7.0	<10	4.5 uc
2.5	20-30	8.4	<14	5.0 uc
3	30-50	10	<20	6.0c
4	50-70	10	<30	6.0c
5	>70	11.5	<40	7.0c

A fibreoptic bronchoscope can pass through an ET with an internal diameter ID at least 1mm larger than the outside diameter of the bronchoscope.

c – Cuffed; uc – uncuffed

Induction techniques:

Unique to the pediatric population is the higher incidence of induction with inhaled anaesthetics. An adequate depth of anaesthesia and suppression of pharyngeal reflexes is necessary before insertion of LMA. The most frequently used inhaled anaesthetics for induction in children are sevoflurane and halothane both of which are satisfactory for LMA when the depth of anaesthesia is adequate. Isoflurane is less suitable for induction than sevoflurane or halothane; however isoflurane is a good choice for maintenance of anaesthesia with the use of LMA. Desflurane produces a high incidence of breath holding and coughing and is a poor choice for the induction of anaesthesia in either children or adults.

When compared with thiopental, propofol produces greater depression of pharyngeal and laryngeal reflex activity ⁽²⁰⁾ thus resulting in more suitable condition of LMA insertion. Propofol 3.5 mg/kg mixed with lidocaine 0.5 mg/kg provides good condition for LMA insertion in 95% of

unpremedicated children⁽⁶⁾. Intravenous propofol 4 mg/kg with lidocaine 1mg/kg alone or followed by the inhalation of 4% to 5% halothane also provides adequate condition for insertion of LMA ⁽²¹⁾. There are also reports of ketamine being used in combination with halothane- enriched air to facilitate LMA placement in children ⁽²²⁾.

Neuromuscular blocking agents can be administered before LMA insertion, but they are seldom required, eliminating the need for muscle relaxants to facilitate endotracheal intubation avoids the risks associated with these drugs in children.

The LMA can also be inserted in awake children after adequate topical anaesthesia to the pharynx. This method has been reported in children with known difficult airways.

Insertion techniques:

The most efficient insertion technique is the standard technique described by Brain. ⁽²²⁾. The mechanism of insertion parallels the action of swallowing a bolus of food ,

with index finger imitating the action of the tongue .The following basic steps are recommended for insertion of the LMA in pediatric patients .

- 1) Deflate the cuff and lubricate the upper surface of the tip of the LMA ;
- 2) Establish an adequate depth of anaesthesia with the loss of pharyngeal reflex ;
- 3) Flatten the tip of the LMA against the anterior part of the hard palate immediately posterior to the upper incisors. position the index finger at the junction of the shaft and the mask ;
- 4) Advance the LMA in one continuous motion while applying the pressure along the palatopharyngeal curve with the index finger. the initial force vector should be directed cranially , not posteriorly ;

- 5) Press the LMA along the soft palate as the cuff passes along the posterior pharyngeal wall until the LMA tip is seated in the hypopharynx ;
- 6) Inflate the cuff with the minimum volume of air required to achieve an effective seal. Do not exceed the maximum recommended volume.
- 7) Attach the breathing circuit , and confirm the ability to deliver the positive pressure ventilation ;
- 8) Place a soft gauze roll as bite block next to the shaft of the LMA;
- 9) Tape the LMA in place ; and
- 10) Auscultate the neck, checking for upper airway obstruction and confirming the cuff seal.

The other approaches are Diagonal approach, upside – down approach and laryngoscope approach ⁽²³⁻²⁵⁾.

Correct positioning of LMA can be assessed by observing synchronous movements of the chest, abdomen, and respiratory system. Breath sounds should be equal upon auscultation. In addition, pulse oximetry, capnography, and airway pressure monitoring will confirm the adequacy of ventilation. If the child is not ventilating well spontaneously, then gentle assisted ventilation, keeping the peak inflation pressures below 20cm H₂O, can be performed. Problems that may be encountered during insertion of the LMA in children include coughing, laryngospasm, hypoxemia, breath holding, vomiting, partial obstruction and excessive salivation. When an inadequate airway is detected after LMA insertion, the device should be removed and reinserted correctly.

Maintenance and Monitoring:

Sevoflurane, isoflurane and halothane and total intravenous anaesthesia with propofol have all been used successfully with the LMA for general anaesthesia in children

(26,27). Toddlers and older children generally do well with spontaneous ventilation, although mild hypercapnia may develop (26,27).

End – tidal carbondioxide measurements from an LMA in a pediatric patient weighing more than 6 kg are as accurate and reliable as those obtained when an endotracheal tube is used.

Removal of LMA:

The timing for the removal of the LMA at the conclusion of anaesthesia in pediatric patients remains controversial. Some anaesthesiologist recommends leaving the LMA in place until it is expelled spontaneously by the awake child (28). Others however, suggest that there are fewer complications if the LMA is removed under anaesthesia (29-31). Finally, there are studies suggesting that there is no difference in the incidence of complication between either of these methods. The reported incidence of complications following removal of the LMA is 10% to 13% and includes

coughing, laryngospasm, retching, vomiting, breath holding, stridor, desaturation and excessive salivation .^(28-30, 32)

Whether to remove the LMA with cuff inflated or deflated is also controversial. Deflation of the cuff before removal may permit aspiration of oropharyngeal secretions that have pooled above the cuff. Allowing the awake child to spontaneously expel the LMA with cuff inflated reduces the risks of aspiration or oropharyngeal secretions. The incidence of sore throat following minor pediatric surgery appears to be unaffected by the choice of an LMA or endotracheal tube. If other than physicians, LMA removal in children should be performed only by trained personnel.

Other specifications which require mention here are:

LMA can be used as a conduit for endotracheal intubations, Neonatal resuscitation, for ENT procedures, conduit for fibre optic bronchoscopy.

MATERIALS AND METHODS

This study was conducted in Department of Anaesthesia, Institute of Child Health, an attached institution of Madras Medical College, Chennai between June 2008 and August 2008 on forty patients, posted for day care surgery. This study was done after institutional approval and written informed consent was obtained from the parents of each child included in the study.

A prospective, randomized, controlled study - Conducted on 40 ASA I and II children of either sex, age 1-8 years undergoing general or urogenital surgery lasting 45 to 60 min were randomly allocated in to two groups – group P (saline and propofol) and group PK (ketamine co-induction with propofol)

Inclusion criteria:

- 1) children belonging to ASA I and II
- 2) children between ages 1 and 8
- 3) child undergoing general and urogenital surgery lasting for 45 to 60 mins.

Exclusion criteria:

- 1) full stomach
- 2) allergic to egg
- 3) hyper reactive airway disease
- 4) difficult airway
- 5) obese
- 6) features of raised intracranial pressure
- 7) parent refusal and
- 8) sepsis

MATERIALS:

2 LMA classic of 2 size and one LMA classic 1.5 size of Laryngeal mask co.Ltd. (LMCL), Inj.propofol , Inj.ketamine

METHODS:

After getting parental informed consent and ethical committee clearance, all patients underwent pre-operative assessment, investigations and evaluation. Children were fasted 6 h for solids and 4 h for fluids. Children were premedicated with inj.atropine 20µg /kg im 30 min prior to the induction of anaesthesia. I.V access was obtained in dorsum of the hand with 22 G cannula.Co-loading done at rate of 15 ml/kg/hr with ringers lactate.

In operating room, baseline recording of heart rate (HR) and blood pressure (NIBP) and oxygen saturation (SPO₂) was obtained. Patients elected by randomization by sealed envelope. Pre-dosing with the test drug was performed 2 min prior to the administration of the induction dose of propofol in all the groups. Equal volumes of Drug A (normal saline) and Drug B (ketamine 0.5 mg/kg) were given as test drugs in

groups P and PK respectively. In group P 5 ml of saline is taken as test drug and in PK group calculated ketamine dose was diluted to 5 ml volume .After giving the test drug intravenously child was preoxygenated 100% oxygen for 2 min. Both the groups were induced with i.v. propofol bolus of 2.5 mg /kg mixed with lignocaine 0.5mg/kg over 5 s. The syringe containing propofol was covered with white paper to mask the dose given.

An experienced anaesthesiologist who was also masked to the dose of propofol as well as co-induction agent inserted LMA 30 s after giving the propofol bolus. The insertion of LMA was categorized by the anaesthesiologist who inserted it as:

Excellent - if the jaw was relaxed, there was no coughing, gagging, swallowing, no limb movements or laryngospasm;

Satisfactory - if the jaw was relaxed, there was no coughing, gagging, swallowing or laryngospasm and little limb movements;

Unsatisfactory - if there was coughing or gagging or swallowing or laryngeal spasm. In unsatisfactory cases additional boluses of 0.5mg/kg Propofol was given and further titrated to facilitate insertion of LMA.

Caudal block of 1ml/kg of 0.25% bupivacaine was administered for analgesia in all groups. Patient did not receive any narcotics intraoperatively. The failure of caudal block was assessed by hemodynamic response (increase in HR and SBP by 20 % of baseline to surgical incision). The children with failed caudal block were excluded and intraoperative analgesia in these children was supplemented with I.V. narcotics. Anaesthesia maintained with Nitrous oxide (50%) + oxygen (50%) with Propofol infusion at rate of 10mg /kg /hr delivered through syringe infusion pump. The maintenance of propofol was modified based on hemodynamic changes intraoperatively; the infusion was

increased or decreased by 50 µg / kg / min with increase or decrease of systolic blood pressure by 20 % from the baseline respectively.

The children were monitored intraoperatively for HR, NIBP, ECG, SpO₂ and ETCO₂. The Heart and blood pressure was recorded immediately after propofol bolus, then every minute till 2 min after LMA insertion and then every 5 min during the course of the surgery.

The children were also monitored for hypoxemia, respiratory depression, laryngospasm and increased secretions. Propofol infusion was stopped 5 min before the expected end of surgery. The total propofol dose used for induction was also recorded. LM was removed in the deep plane of anesthesia. Recovery was assessed using Steward's Postanaesthetic Recovery Score measured every 5 min (20). The time to recovery was defined as time from stopping propofol infusion to a score of 6 on Steward's Postanaesthetic Recovery Scale.

Steward's Postanaesthesia Recovery Scale:

Parameter	Finding	Points
Consciousness	Awake	2
	Arousable and responding to stimuli	1
	not responding to stimuli	0
Airway	coughing on command or crying	2
	maintaining good airway and breathing easily	1
	airway requires maintenance	0
Movement	moving limbs purposefully	2
	non-purposeful movements	1
	not moving	0

(STEWART'S POST OPERATIVE RECOVERY SCORING; MINIMUM SCORE -0, MAXIMUM-6)

OBSERVATION AND RESULTS

40 ASA I /II children divided in to two groups P and PK were enrolled into the study. None of the children enrolled in the study was excluded. Two groups were similar for age, weight, duration of procedure and types of surgical procedures performed. Table 1a & 1b.

Table 1a: Demographic profile

Variable	P	PK
Gender M:F	19:1	18 :2
Age (yrs)	3.1 (1.6)	3.9 (1.9)
Weight (kg)	11.8 (2.7)	12.5 (2.8)

Duration of surgery (min)	41 (4.7)	38.5 (5.4)
----------------------------	-----------	--------------

All data are mean and (SD)

Table 1b: Types of surgical procedures between 2 groups

Procedure	P	PK
Herniotomy	8	5
Circumcision	8	10
Orchidopexy	-	3
Urethroplasty	2	-
Hydrocele	2	2

All these procedures were done electively under day care list.

Procedures in both the groups were similar.

Hemodynamic changes:

In this study there is no significant difference in mean baseline MAP between P and PK group and the MAP (after bolus) decreased significantly at most of the time of observation after propofol bolus in both the groups P and PK. 20 % of the patient (4/20) had MAP fall (MAP 2) > 20 % than the **base line MAP** (MAP 2) in PK group compared to 45% (9/20) in P group .The % decrease in MAP between the **base line MAP** (MAP 1) and **After bolus MAP** (MAP 2) were statistically analysed between two groups P and PK .This was

not statistically significant between two groups P and PK.
(Table -2).

Table-2: Hemodynamic changes

Mean arterial pressure Base line mean (SD)	89.5 (13)	90.35 (9.9)
After induction mean (SD)	72 (11)	79 (9.5)
% fall from base line mean (SD)	19.45 (10.7)	14.4 (9.96)#
Pulse rate /min Base line mean (SD)	120.3 (7)	125.7 (10.4)
After induction mean (SD)	118.75 (8.7)	118.8 (7.7)#

- (p value > 0.05)

Heart rate decreased all the times of observation when compared to baseline in the propofol group .In PK group fall in the heart rate was not significant. Difference in the HR between 2 groups at all time intervals was not significant.

Insertion characteristics:

In this study both excellent and satisfactory condition of LMA insertion as acceptable and analysed accordingly. In the PK group only 3 patient had acceptable condition and in P group none .All the patient in P group and most of patient (17) in PK group received additional boluses of propofol for attaining optimal insertion condition (Table -3).

Table -3 Frequency distribution of grades of LMA insertion

Groups	Excellent	Satisfactory	Unsatisfactory
P	-	-	20 (100%)
PK	-	3 (15 %)	17 (85%)

The total propofol bolus required for LMA insertion between 2 groups were analysed statistically:

The mean induction dose required in P group was 55mg (4.7mg /kg) with SD of 10.4 mg which is comparable with PK group requiring 39 mg +/- 9.2 (3.1mg/kg) TABLE – 4 which is statistically significant (p <0.005).

Table 4: Total induction dose of propofol and co-induction agent

Parameter	P	PK
Median dose of co-induction agent (mg)	—	6.5
Total dose of propofol	55.25 (10.4)	39(9.2)*
Mean (SD)	55	37.5
Median		
Induction dose (mg/kg)	4.73 (0.51)	3.17 (0.36) *

* - (p value < 0.005)

Recovery characteristics:

The mean time to achieve Steward Score of 6 was significantly different in 2 groups. The time to achieve Steward Score of 6 was longer in PK group (58.5 min) compared to P group (44.5 min) {p value < 0.05) (Table -5).

Table 5: Time taken to attain Steward's recovery score of 6

Parameter	P	PK
Duration of recovery (min)	44.5 (14.7)	58.5 (25) **

** - (p value < 0.05)

There were no episodes of hypoxemia, respiratory depression, increased secretion, laryngospasm and hallucination in any of children during this period.

DISCUSSION

Children require a large dose of propofol compared to adults because of a larger volume of distribution and higher cardiac output ⁽³³⁾. the combination of propofol-ketamine is additive and has been shown to reduce dose of propofol required for LMA insertion in adults ^(12,16).Therefore we decided to use 2.5 mg/kg of propofol for inducing in group were ketamine is used. Studies of unpremedicated children suggest that although there are age related differences in induction dose (ED 50) of propofol, these are not pronounced as those for thiopentone. Children between 6-12 yrs of age have ED50 dose requirements of propofol similar to these for adults, and for the purpose of standardizing the dose, propofol dose is kept 2.5mg/kg in propofol alone group.

The peak effect of ketamine occurs at 1 min ⁽³⁴⁾ we therefore administered these drugs 2 min prior to the administration of induction dose of propofol.

Tomatir et al ⁽¹⁸⁾ utilized a combination of ketamine (0.5mg/kg) and propofol 1.5mg/kg followed by 75 µg/kg for sedation in children undergoing MRI study. They found the i.v administration of low dose ketamine with propofol preserves hemodynamic stability .Similarly Akin et al ⁽¹⁷⁾ investigated that effect of propofol-ketamine combination on hemodynamics, recovery and sedation level in children undergoing cardiac catheterisation. They found this combination to decrease propofol dose and maintain MAP better without prolonging recovery time.

S.Goel et al ⁽¹⁰⁾ used a combination of ketamine 0.5mg/kg and propofol 2.5mg/kg followed by propofol infusion of 150µg/kg for LMA insertion in children undergoing day care procedures. They found that i.v. administration of low dose ketamine with propofol preserves hemodynamic stability and improves the LMA insertion characteristics.

In this study the combination of propofol and ketamine was studied in children undergoing urogenital and general surgery procedures under day care. The children in all group

of our study showed a similar fall in HR .This has been postulated to be due to loss of resting vagal tone, which is higher in children. Similar findings have been reported by Tomatir et al ⁽¹⁸⁾ and S.Goel et al ⁽¹⁰⁾

In this study a clinically significant fall in MAP (> 20% fall) was seen in 20 % of patient in group PK compared to 45% in group P.A high dose of propofol produces a greater decrease in blood pressure possibly because of decrease in after load . It can also be due to decrease in cardiac output secondary to a reduced preload as a result of vasodilatation of capacitance vessels ⁽³⁵⁾. Comparably stable hemodynamics in the ketamine group may be due to the compensation of the sympatholytic effect of propofol with the sympathomimetic action of ketamine ^(15, 19) and ,the lesser amount of propofol used in that group.

In this study none of the patient in the P group (0/20) had acceptable condition for LMA insertion compared to the group receiving propofol-ketamine (3/20). All the patient in the propofol group received additional boluses of propofol

for LMA insertion compared to 85% patient requiring an additional bolus in PK group. S.Goel et al ⁽¹⁰⁾ found the overall LMA insertion conditions to be better in ketamine- propofol than in propofol group in children.

The improved LMA insertion condition in 3 cases in group receiving ketamine as co-induction agent in this study may be related to deeper level of anaesthesia. Ketamine by itself does not have any role in improving mouth opening or suppressing airway reflex.

S.Goel et al ⁽¹⁰⁾ found in their study that recovery was significantly prolonged in groups PK compared to propofol group P .In this study similar to the above study recovery was delayed in PK group (58.75 min) compared to P group (44.5min) .this finding was significant as seen by other authors ⁽¹⁰⁾.In this study, prolonged recovery may probably be due to greater depth of anesthesia using ketamine.

During the study side effects like increased secretions, laryngospasm and hallucinations with ketamine were not

observed. Recent studies have shown that the combination of ketamine and propofol prevents psychomimetic side effects of ketamine, in addition to prevention of cardiorespiratory depression and providing analgesia ⁽¹⁷⁾.

SUMMARY

Objectives:

Use of ketamine lowers the induction dose of propofol (co- induction) producing hemodynamic stability.

Background:

Large doses of propofol needed for induction and laryngeal mask (LMA) insertion in children may be associated with hemodynamic and respiratory effects. Co-induction has the advantage of reducing dose and therefore maintaining hemodynamic stability.

Methods/Materials: A prospective, randomized, double-blind, controlled study was conducted in 40 ASA I/II children, age 1-8 years. Normal saline, Ketamine 0.5 mg/kg were administered in P (propofol) and PK (propofol-ketamine) group respectively, 2 min prior to administration of the induction dose of propofol. Propofol 2.5 mg/kg given as induction in groups (P and PK), LMA inserted 30s later and insertion conditions assessed. Heart rate and Blood pressure were recorded immediately after propofol bolus, then every min till 2 min after LMA insertion. Recovery was assessed using Steward's score.

Results: 20% of the patient in PK group had MAP fall > 20 % compared to 45 % in P group .This difference was not statistically significant and thus ketamine propofol co-induction for LMA insertion produce no better hemodynamic stability compared to propofol alone .

ketamine co induction with propofol produced comparably better condition for LMA insertion(3/ 20) than propofol alone (0/20) and significantly reduced the total induction dose of propofol {39 +/- 9.2 ,(3.1 mg/kg) } compared to propofol alone { 55.2 +/- 10.4 ,(4.7 mg/kg)} for LMA insertion [p <0.005]. , but this is at the expense of recovery time with PK group (58.7+/- 25) taking significantly longer recovery time compared to P group (44.5 min +/- 14.7) {p < 0.05}.

CONCLUSION

The result of this study showed that the co-induction with ketamine prior to propofol induction for LMA insertion in children decreases the total dose of propofol used for induction, however this advantage is at the expense of prolonging the recovery time. Ketamine co-induction with propofol showed no better significant hemodynamic stability compared to propofol group.

BIBLIOGRAPHY

1. Armein R, Hetzel W, Allen SR. Co-induction of anaesthesia, the rationale. *Eur J Anesthesiol* 1995; 12(12): 5-11.
2. Co-induction of anaesthesia: day-case surgery. [*Eur J Anaesthesiol Suppl.* 1995].
3. Morton NS, Johnston G, White M et al. Propofol in paediatric anaesthesia. *Paediatr Anaesth* 1992; 2: 89–97.
4. Morton NS, Wee M, Christie G et al. Propofol for induction of anaesthesia in children: a comparison with thiopentone and halothane inhalational induction. *Anaesthesia* 1988; 43: 350–355.
5. Martlew RA, Meakin G, Wadsworth R et al. Dose of propofol for laryngeal mask airway insertion in children: effect of premedication with midazolam. *Br J Anaesth* 1996; 76: 308–309.

6. Allsop E, Innes P, Jackson M et al. Dose of propofol required to insert the laryngeal mask airway in children. *Paediatr Anaesth* 1995; 5: 47–51.
7. Short SM, Aun CS. Haemodynamic effects of propofol in children. *Anaesthesia* 1991; 46: 783–785.
8. Claeys MA, Gepts E, Camu F. Haemodynamic changes during anaesthesia induced and maintained with propofol. *Br J Anaesth* 1988; 60: 3–9.
9. Purcell Jones G, Yates A, Baker JR et al. Comparison of the induction characteristics of thiopentone and propofol in children. *Br J Anaesth* 1987; 59: 1431–1436.
10. S.Goel et al: Efficacy of ketamine and midazolam as co-induction agents with propofol for laryngeal mask insertion in children., *Pediatric Anaesth* 2008 18: 628–634. .:

11. Srivastava, Sharma, Kumar, Saxena: small dose propofol or ketamine vs midazolam as co-induction to propofol. Indian J. Anaesth. 2006; 50 (2): 112 – 114
12. Hui TW, Short TG, Hong W et al 1995: Additive interactions between propofol and ketamine when used for anaesthesia induction in female patients. Anesthesiology 1995; 82: 641–648.
13. Driver I, Wilson C, Wiltshire S et al. Co-induction and laryngeal mask insertion: a comparison of thiopentone versus propofol. Anaesthesia 1997; 52: 698–700.
14. Driver IK, Wiltshire S, Mills P et al. Midazolam co-induction and laryngeal mask insertion. Anaesthesia 1996; 51: 782–784.
15. Goh PK, Chiu CL, Wang CY et al. Randomised double-blind comparison of ketamine-propofol, fentanyl-propofol and propofol-saline on haemodynamics and

laryngeal mask airway insertion conditions. *Anaesth Intensive Care* 2005; 33: 223–225.

16. Guit JB, Koning HM, Coster ML et al. Ketamine as analgesic for total intravenous anaesthesia with propofol. *Anaesthesia* 1991; 46: 24–27.
17. Akin A, Esmoğlu A, Güler G et al. Propofol and propofol ketamine in pediatric patients undergoing cardiac catheterization. *Pediatr Cardiol* 2005; 26: 553–557.
18. Tomatir E, Atalay H, Gürses E et al. Effects of low dose ketamine before induction on propofol anaesthesia for pediatric magnetic resonance imaging. *Pediatr Anesth* 2004; 14: 845–850.
19. Furuya A, Matsukawa T, Ozaki M et al. Intravenous ketamine attenuates arterial pressure changes during the induction of anaesthesia with propofol. *Eur J Anaesthesiol* 2001; 18: 88–92.

20. Mckeating K, Bali IM, Dundee JW .The effects of thiopentone and propofol on upper airway integrity. *Anaesthesia* 1998 ; 43 : 638-640.
21. Robinson DN, sheikh L, Best CJ. Laryngeal mask airway placement in paediatric patients: a comparison of two general anaesthetic techniques. *Paediatric Anaes* 1994; 4: 371-374.
22. Brimacombe JR, Brain AJ, Berry AM .Paediatrics and neonatal resuscitation. In: *The Laryngeal mask airway: a review and practical guide*. London W.B. Saunders Company Ltd, 1997; 216-226.
23. McNicol LR .Insertion of the laryngeal mask in children; *Anaesthesia correspondence* 1991; 46; 330.
24. Chow BM, Lewis M, Jones EF. Laryngeal mask airway in children: insertion technique. *Anaesthesia correspondence* 1991; 46; 590-591.

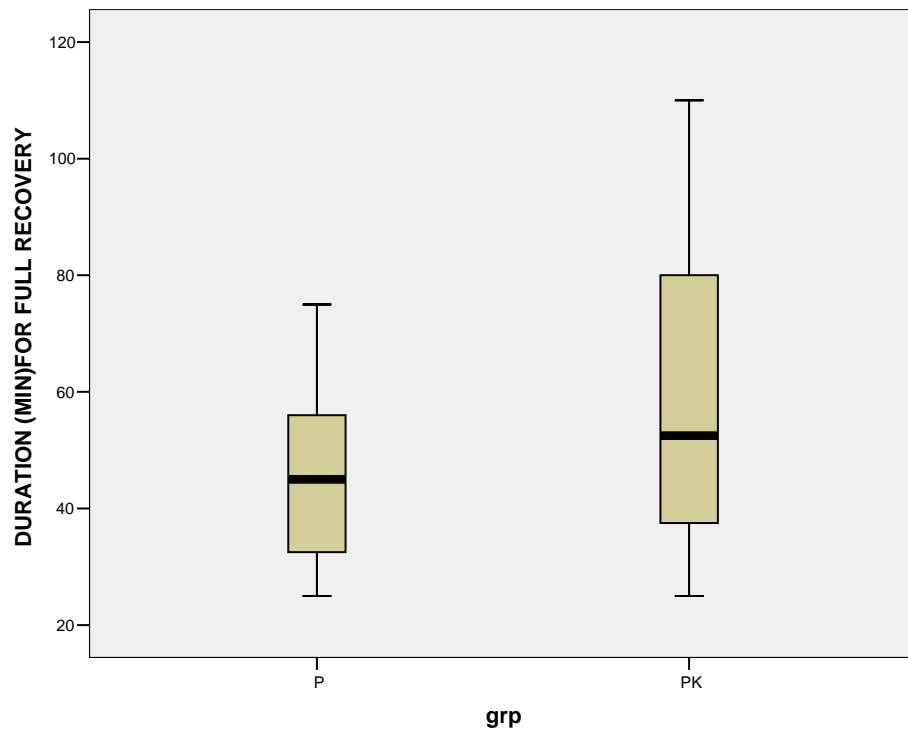
25. Elwood T, Cox RG. Laryngeal mask insertion with laryngoscope in pediatric patients. *Can J anaesth* 1996; 43, 435-437.
26. Komatsu H, Chujo K, Morita J, et al. Spontaneous breathing with use of a laryngeal mask airway in children: comparison of sevoflurane and isoflurane. *Paediatr Anaesth* 1997; 7:111-115.
27. Spahr-Schopfer IA, Bissonnette B, Hartley EJ. capnometry and the paediatric laryngeal mask airway . *Can J anesth* 1993; 40: 1038-1043.
28. Parry M, GlaiserH,Bailey P. Removal of LMA in children. *Br J Anaesthesia*1997; 78:337-344.
29. Varughesa A,McCulloch D , Lewis M, stokes M. Removal of LMA in children:awake or deep? *Anesthesiology* 1994; 81:A1321.
30. Laffon M, Plaud P, Dubbouset Am, et al.Removal of laryngeal mask airway:airway complications in children,

anaesthetized versus awake. paediatric anaesthesia
1994;4:35-37.

31. McGinn G, Haynes S, Morton NS. An evaluation of the laryngeal mask airway during routine. paediatric anaesthesia 1993; 3:23-28.
32. Kitching AJ, Blogg CE. Removal of the laryngeal mask airway in children: Anaesthetised versus Awake. Br J Anaesthesia 1996; 76:874-876.
33. Hannallah RS, Baker SB, CaseyWet al. Propofol: effective dose and induction characteristics in unpremedicated children. Anesthesiology 1991; 74: 217-219.
34. Sear JW. General pharmacology of intravenous anaesthetics. In: Prys-Roberts C, Brown BR, eds. International Practice of Anaesthesia. Oxford: Butterworth-Heinemann, 1996; 15: 1-21.

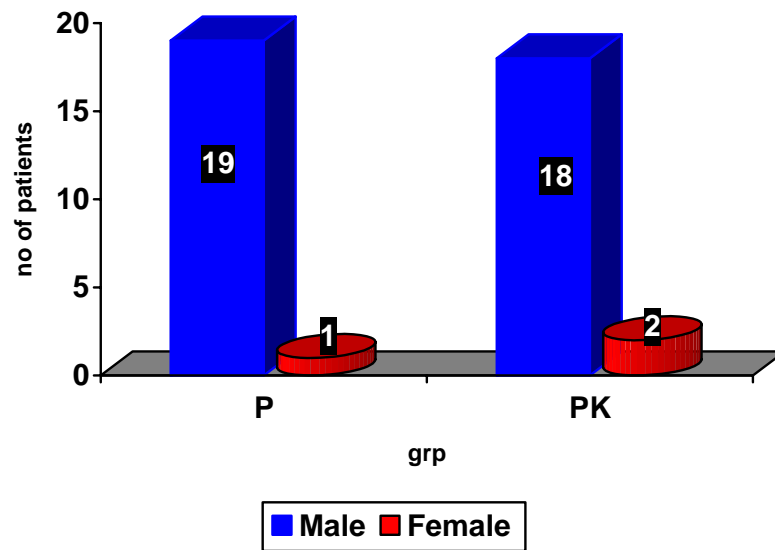
35. Goodchild CS, Serrao JM. Cardiovascular effects of propofol in the anaesthetised dog. *Br J Anaesth* 1989; 63: 87–92.

COMPARISON OF RECOVERY CHARACTERISTICS BETWEEN TWO GROUPS



DEMOGRAPHIC PROFILE :

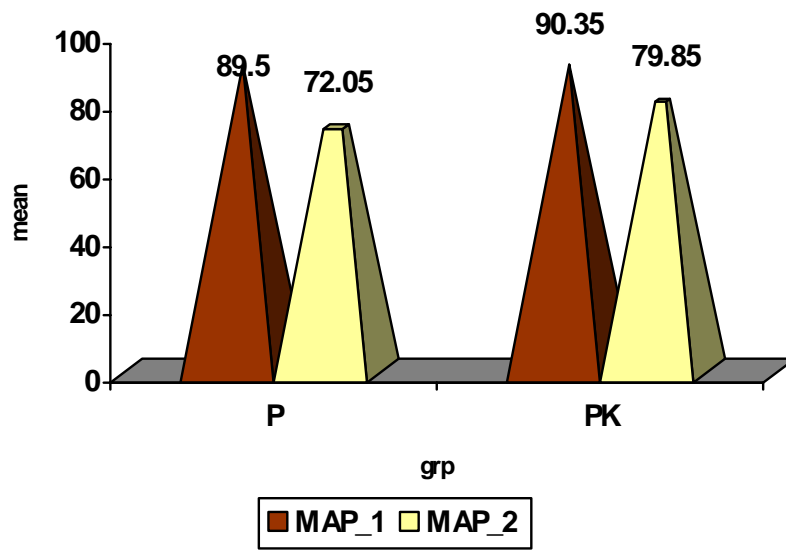
WITH SEX RATIO AMONG THE GROUP:



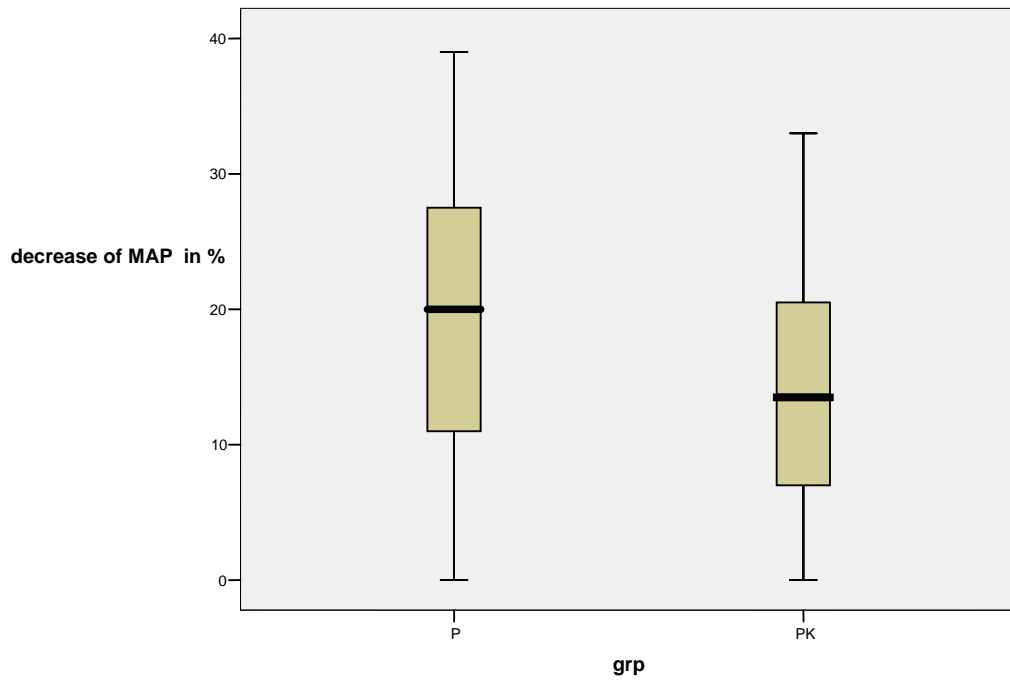
COMPARISON OF HEMODYNAMIC PARAMETERS :

baseline and after bolus MAP comparison between the

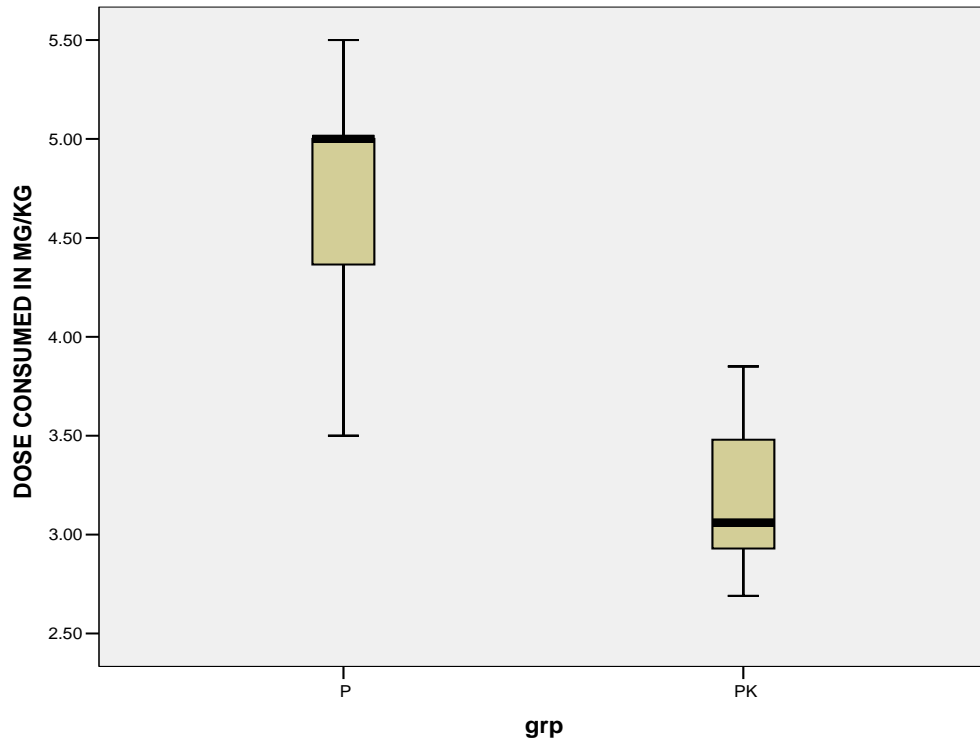
Groups:



COMPARISON OF PERCENTAGE FALL BETWEEN MAP1 AND
MAP2 IN BOTH THE GROUPS



COMPARISON OF PROPOFOL CONSUMPTION BETWEEN
GROUPS



PROFORMA

Name : Informed written Consent :
 Age : Diagnosis :
 Sex : Surgery :
 ASA : Weight :
 MPC : Comorbid Conditions :
 IP no: :

Investigations

Hb/pcv: BT CT BL.Sugar: Bl.Urea :

Sr.Creatine:

.....i.v. cannula in dorsum of upper limb

Premedications:

Inj. atropine 20mcg/kg-----i.m

HR	NIBP	SP02

Baseline Monitoring:

predosing with test drug 2 min before induction

P	Propofol	NORMAL SALINE
PK	Ketamine co-induction	INJ. KETAMINE 0.5mg/kg i.v.

induced with Inj. propofol 2.5 mg/kg bolus

P	PK
----------	-----------

--	--

LMA INSERTED AFTER 30 SECS --Insertion characteristics

Jaw relaxation	Coughing	Gagging	Swallowing	Limb movements	laryngospasm

EXCELLENT

SATISFACTORY

UNSATISFACTORY

(Nil above parameter)

(Little limb movement)

(Above parameters)

ADDITIONAL BOLUS OF INJ. PROPOFOL..... Titrated to satisfactory

SUPPLEMENTED WITH CAUDAL EPIDURAL OF 1ml/kg of 0.25% bupivacaine

----- ml

Maintained with nitrous oxide (50%) and oxygen (50%) and Propofol infusion 10 mg /kg /hr

Intraoperative Hemodynamics

Time	HR	NIBP	SaO2	RR	Etco2	Manipulation in Propofol infusion
After bolus						
1 Min						
2 Min						
5 Min						
10 Min						
15 Min						
20 Min						
25 Min						
30 Min						
35Min						
40 Min						
45 Min						
50 Min						
55 Min						
60 Min						
65 Min						
70 Min						

Fluids	
Volume (ml)	

Postoperative Hemodynamics

Time	HR	BP	SaO2	RR
0 Min				
5 Min				
10 Min				
15 MIN				
20 min				
25 min				
30 min				
35 min				
40 min				
45 min				

Perioperative Complications

	Intraoperative	Post Operative	Treatment Given
LARYNGOSPASM			
BRADYCARDIA			
HYPOTENSION			
TACHYCARDIA			
DESATURATION			
SECRETIONS			

Parameter	Finding	Points
consciousness	Awake	2
	arousable and responding to stimuli	1
	not responding to stimuli	0

airway	coughing on command or crying	2
	maintaining good airway and breathing easily	1
	airway requires maintenance	0
movement	moving limbs purposefully	2
	non-purposeful movements	1
	not moving	0

name	Age(yr)	Sex	ASA	MPC	Diagnosis	Surgery	Weight(kg)	Co morbid Con ditions	IP NO	Hb/PC V	BT	CT	inj .atropine 20 mcg/kg l.m	Baseline heart rate	B.P	MAP	SPO2	group	inj .ketamine .5 mg/kg i.v	propofol	inse rtion charact eristics	additional bolus	LMA SIZE	total induc.dose	DOSE CONSUMED IN MG/KG	0.25% bupivacaine 1ml/kg caudal	maint. O2:N2o5 0%
GOWTHAM	5 M	I	I		UDT	ORHIDOPEXY	13 nil		77482	11 3 20	4 05		0.3	124 128/81	96	100	PK	7.5	35	UNSATIA	10	2	45	3.46	13	INF.PRO	
SANTOSH	3 M	II	I		PHIMOSIS	CIRCUMCISION	10 nil		2259/08	11 3 25	5 40		0.2	136 118/62	81	100	pk	5	25	US	5	1.5	30	3	10	INF.PRO	
VASANTH	8 M	I	I		PHIMOSIS	CIRCUMCISION	15 NIL		3456/08	12 4 10	5 40		0.3	124 124/76	92	100	PK	7.5	40	US	10	2	50	3.33	15	PROPOF	
ABISHEK	4 M	II	I		RIH	HERNIOTOMY	14 NIL		2670/08	10 2 30	4 50		0.3	112 114/72	86	100	PK	7	35	US	10	2	45	3.21	14	INF.PRO	
MADHUMITHA SHANMUGAM	5 F	II	I		B/LIH	HERNIOTOMY	15 NIL		50258	9 8 2 30	4 32		0.3	120 110/76	87	100	PK	7.5	40	US	5	2	45	3	15	INF.PRO	
JEGAN	3 M	II	I		UDT	ORCHIDOPEXY	10 NIL		615106	11 3 20	4 32		0.2	126 116/72	86	100	PK	5	25	US	10	1.5	35	3.5	10	INF.PRO	
SHWETA	4 M	II	I		LIH	HERNIOTOMY	13 NIL		575/08	9 8 2 50	4 15		0.3	120 140/61	87	100	PK	6.5	35	SATIs	NIL	2	35	2.69	13	INF.PRO	
KAMELESH	4 F	II	I		RIH	HERNIOTOMY	14 NIL		234/08	9 8 3 12	5 02		0.3	124 120/80	93	100	PK	7	35	US	5	2	40	2.86	14	INF.PRO	
VENKATESAN	2 M	II	I		PHIMOSIS	CIRCUMCISION	11 nil		2257/08	9 2 2 20	5 40		0.3	140 114/63	80	100	PK	5.5	30	SATIs	NIL	2	30	2.72	11	INF.PRO	
SANTOSH NANDHA KUMAR	2 M	II	I		PHIMOSIS	CIRCUMCISION	10 NIL		904/08	10 2 20	4 50		0.2	136 121/76	91	100	PK	5	25	US	5	1.5	30	3	10	INF.PRO	
KALI	3 M	II	I		HYDROCELE	LIGATION	10 nil		890/08	9 6 1 50	4 10		0.2	154 108/69	82	100	PK	5	25	US	10	1.5	35	3.5	10	INF.PRO	
SURESH RAJ	2 M	II	I		HYDROCELE	LIGATION	10 nil		1106/08	10 1 55	4 30		0.2	116 85/55	65	100	PK	5	25	US	5	1.5	30	3	10	INF.PRO	
DHANUSH	8 m	I	I		PHIMOSIS	CIRCUMCISION	16 nil		613615	11 3 30	5 05		0.3	116 123/84	97	100	PK	8	40	US	10	2	50	3.12	16	INF.PRO	
BALAJI	2 M	II	I		PHIMOSIS	CIRCUMCISION	8 nil		1736/08	9 6 2 30	5 32		0.2	118 111/74	86	100	PK	4	20	US	10	1.5	30	3.75	8	INF.PRO	
DINESH	3 M	II	I		PHIMOSIS	CIRCUMCISION	11 nil		921/08	10 2 30	4 50		0.2	114 110/80	90	100	PK	5	30	SATIs	NIL	1.5	30	2.72	11	INF.PRO	
VARADHA	8 M	I	I		PHIMOSIS	CIRCUMCISION	20 nil		789/08	10 2 50	5 20		0.4	118 133/87	104	100	PK	10	50	US	5	2	55	2.75	20	INF.PRO	
MONISH	3 M	II	I		UDT	ORCHIDOPEXY	13 nil		675/08	11 2 45	4 50		0.3	124 128/81	96	100	PK	7.5	35	US	10	2	45	3.46	13	INF.PRO	
MANOJ KUMAR	4 M	I	I		RIH	HERNIOTOMY	15 nil		1250/08	10 2 30	4 30		0.3	124 124/79	94	100	PK	7.5	40	US	15	2	55	3.67	15	INF.PRO	
SIVA	3 M	II	I		PHIMOSIS	CIRCUMCISION	13 nil		1245/08	10 6 3 35	5 00		0.3	136 138/94	109	100	PK	6.5	35	US	15	2	50	3.85	13	INF.PRO	
PRAVEEN	2 M	II	I		PHIMOSIS	CIRCUMCISION	10 nil		1024/08	10 3 10	6 00		0.2	132 128/94	105	100	PK	5	25	US	5	1.5	30	3	10	INF.PRO	
ASWANTH	4 M	II	I		RIH	HERNIOTOMY	10 NIL		2107/08	9 3 40	5 40		0.2	118 110/74	86	100	P	0	25	US	10	1.5	35	3.5	10	INF PRO	
TAMILARASU	3 M	II	I		HYPOSPADIAS	URETHROPLAST	13 NIL		2234/07	11 4 00	5 00		0.3	126 100/70	80	100	P	0	30	US	25	2	55	4.23	13	INF PRO	
MANIKANDAN	3 M	II	I		RIH	HERNIOTOMY	13 NIL		1223/08	11 2 00	5 00		0.3	122 92/45	61	100	P	0	30	US	25	2	55	4.23	13	INF PRO	
ESTHER	4 M	II	I		LIH	HERNIOTOMY	13 NIL		2618/08	10 2 55	4 56		0.3	132 98/72	80	100	P	0	30	US	35	2	65	5	13	INF PRO	
SUMANTH	2 M	II	I		HYPOSPADIAS	CORRECTION	10 NIL		222/08	9 8 2 00	4 50		0.2	112 135/95	107	100	P	0	25	US	25	1.5	50	5	10	INF PRO	
N	8 M	II	I		HYDROCELE	PVSAC LIGATION	20 NIL		2009/08	11 3 11	5 20		0.4	112 144/75	88	100	P	0	50	US	30	2	80	4	20	INF PRO	
VISHWA	5 F	I	I		RIH	HERNIOTOMY	15 NIL		1826/08	10 3 10	4 30		0.3	112 132/87	102	100	P	0	40	US	30	2	70	4.66	15	INF PRO	
RUTHRAN	3 M	I	I		PHIMOSIS	CIRCUMCISION	12 NIL		905/08	9 7 2 10	4 20		0.3	112 138/95	109	100	P	0	30	US	30	2	60	5	12	INF PRO	
YUGENDREN	2 M	II	I		PHIMOSIS	CIRCUMCISION	12 NIL		899/08	11 3 20	5 55		0.3	116 100/60	71	100	P	0	30	US	30	2	60	5	12	INF PRO	
RAJESH	6 M	I	I		PHIMOSIS	CIRCUMCISION	16 NIL		2024/08	9 3 15	5 10		0.3	112 110/80	90	100	P	0	40	US	25	2	65	4.1	16	INF PRO	
SATISH	2 M	II	I		PHIMOSIS	CIRCUMCISION	10 NIL		4543/07	12 2 55	4 30		0.2	124 100/70	80	100	P	0	25	US	20	1.5	45	4.5	10	INF PRO	
VIGNESH	3 M	I	I		PHIMOSIS	CIRCUMCISION	10 NIL		1122/08	9 8 2 20	4 30		0.2	122 127/84	98	100	P	0	25	US	30	1.5	55	5.5	10	INF PRO	
HARISH	2 M	II	I		PHIMOSIS	CIRCUMCISION	10 NIL		1324/08	10 2 30	4 30		0.2	132 116/80	92	100	P	0	25	US	30	1.5	55	5.5	10	INF PRO	
SIVAPRAKASM	2 M	II	I		LIH	HERNIOTOMY	10 NIL		2210/08	10 3 45	5 00		0.2	122 122/71	88	100	P	0	25	US	25	1.5	50	5	10	INF PRO	
	2 M	II	I		LIH	HERNIOTOMY	8 NIL		2212/08	9 2 50	4 10		0.2	124 107/82	90	100	P	0	25	US	15	1.5	40	5	10	INF PRO	
	2 M	II	I		LIH	HERNIOTOMY	10 NIL		2329/08	11 4 3 30	5 20		0.2	130 126/108	114	100	P	0	25	US	25	1.5	50	5	10	INF PRO	
	2 M	II	I		PHIMOSIS	CIRCUMCISION	10 NIL		495/08	9 1 55	3 40		0.2	112 131/88	102	100	P	0	25	US	25	1.5	50	5	10	INF PRO	
	2 M	II	I		RIH	HERNIOTOMY	10 NIL		1353/08	11 2 3 00	5 00		0.2	124 92/71	78	100	P	0	25	US	25	1.5	50	5	10	INF PRO	
	2 M	II	I		PHIMOSIS	CIRCUMCISION	11 NIL		513/08	10 3 00	4 55		0.2	112 102/71	80	100	P	0	25	US	25	2	50	4.9	11	INF PRO	
	3 M	I	I		CONGENITAL HYDROCELE	PVSAC LIGATION	13 NIL		371/08	11 3 52	4 32		0.3	130 148/67	94	100	P	0	35	US	30	2	65	5	13	INF PRO	

after bolus - HR	B.P	MAP	% decrease	duration of surgery	IVF/hr	reco score end of surgery	FULL RECOVERY	intra opI events	post op events	intaop hr	1min	2	5	10	15	20	25	30	35	40	45	50	BP	1	2	5	10	15	20	25	30	35	40	45	50				
112 101/64	76		31%	40	180	1 out of 6		30 nil	nil	111	112	112	104	112	110	111	112	110	112	114			104/64	78/60	96/61	98/61	98/60	100/60	102/64	104/66	104/60	102/70	98/70						
124 97/52	67		18%	35	150	1		75 nil	nil	124	122	123	124	122	122	122	123	123	124					97/52	97/56	101/70	102/68	100/67	102/67	101/70	102/68	100/67	102/67						
128 96/66	77		17%	40	200	1		100 nil	nil	126	122	120	122	120	116	118	118	119	119	118			96/77	96/61	98/61	98/60	100/60	102/64	104/66	104/60	102/70	98/70	112/78						
112 114/70	84		2%	45	200	1		110 nil	nil	112	121	122	130	116	112	116	114	112	113	114	115		114/70	110/72	110/68	112/70	107/70	107/70	116/73	118/76	112/76	113/70	112/76	112/70					
112 108/67	78		11%	40	225	1		30 nil	nil	112	110	108	109	110	109	110	102	110	106	107			97/52	97/56	101/70	102/68	100/67	102/67	101/70	102/68	100/67	102/67							
126 109/71	82		4%	50	150	1		35 nil	nil	123	122	120	123	114	116	112	113	114	115	116	112		110	96/77	96/61	98/61	98/60	100/60	102/64	104/66	104/60	102/70	98/70	112/78	108/72	114/68			
113 116/77	95		0%	40	195	1		80 nil	nil	113	112	114	120	121	102	104	122	111	111	112			116/77	114/70	114/72	100/65	98/64	94/60	98/58	97/57	94/70	95/74	100/60						
112 112/68	82		12%	40	210	1		85 nil	nil	112	112	111	116	118	117	116	113	114	109	110			112/68	114/70	116/86	112/70	107/70	107/70	116/73	118/76	112/76	113/70	112/76						
119 97/47	69		14%	30	165	1		40 nil	nil	119	115	113	112	110	112	114	112	114					97/47	95/58	96/52	93/54	85/60	88/62	89/54	90/60	88/64								
125 101/69	79		13%	30	150	1		80 nil	nil	125	125	124	126	123	124	122	123	123					101/69	96/61	98/61	98/60	100/60	102/64	104/66	104/60	102/70								
136 115/89	97		0%	45	150	1		40 nil	nil	136	134	132	133	134	135	125	126	124	128	122	128		115/89	112/70	101/61	102/64	103/60	104/60	102/63	110/70	108/68	106/66	108/64	102/70					
116 100/56	71		22%	40	150	1		85 nil	nil	116	114	118	112	115	116	118	119	120	112	116			125/72	100/56	100/60	102/64	103/60	104/60	102/63	110/70	108/68	106/66	108/64						
120 105/61	78		20%	35	240	1		50 nil	nil	120	112	112	116	110	117	118	100	92	102				123/84	105/67	90/58	93/54	85/60	88/62	89/54	90/60	88/64	100/70							
114 101/70	80		7%	30	120	1		70 nil	nil	114	114	118	112	113	117	116	118	114					101/70	101/62	100/70	98/68	96/74	96/78	94/80	97/57	94/70								
107 107/70	82		9%	35	165	1		45 nil	nil	107	112	110	112	113	111	110	109	108	112				107/72	108/72	101/61	102/64	103/60	104/60	102/63	110/70	108/68	106/66							
118 124/79	97		7%	40	300	1		50 nil	nil	118	116	117	115	116	118	116	117	114	116	114			124/79	110/70	101/72	112/68	111/71	116/70	115/67	112/66	114/72	106/74	115/76						
112 104/64	76		21%	45	195	1		30 nil	nil	112	112	111	113	114	112	111	110	109	106	104	112		106/64	112/70	101/61	102/64	103/60	104/60	102/63	110/70	108/68	106/66	108/64	102/70					
114 84/55	65		31%	40	225	1		60 nil	nil	114	116	112	116	117	118	116	114	115	114	112			88/48	95/58	96/52	93/54	85/60	88/62	89/54	90/60	88/64	94/62	96/62						
126 126/76	92		16%	35	195	1		55 nil	nil	126	124	122	126	125	126	114	117	118	120				126/76	125/72	100/56	100/60	102/64	103/60	104/60	102/63	110/70	108/68							
130 98/57	70		33%	35	150	1		25 nil	nil	130	129	123	124	122	121	122	129	126	121				96/77	96/61	98/61	98/60	100/60	102/64	104/66	104/60	102/70	98/70							
116 100/61	74		14%	45	150	1		35 nil	nil	116	114	112	112	111	120	122	114	111	112	112	113		100/61	98/64	98/61	98/60	100/60	102/64	104/66	104/60	102/70	98/70	98/72	99/64					
126 90/67	50		37%	50	195	1		40 nil	nil	126	122	132	130	126	122	112	124	115	112	113	116		116	90/67	99/62	100/60	88/54	80/48	90/60	85/60	88/62	89/54	90/60	88/64	85/60	88/62			
128 90/32	51		17%	40	195	1		25 nil	nil	137	128	122	124	123	116	112	114	116	116	118			78/26	92/45	95/58	96/52	93/54	85/60	88/62	89/54	90/60	88/64	92/64						
112 78/44	55		31%	45	195	1		30 nil	nil	112	114	112	116	118	116	118	112	117	116	118	118		116	78/45	78/50	84/52	95/58	96/52	93/54	85/60	88/62	89/54	90/60	88/64	92/64				
110 86/55	65		39%	40	150	1		25 nil	nil	110	112	115	106	108	109	110	112	107	108	107			86/55	96/66	101/64	78/62	80/52	92/62	93/54	85/60	88/62	89/54	90/60						
112 106/64	78		22%	50	300	1		25 nil	nil	112	114	113	114	116	108	110	112	108	106	105	108		106	106/64	107/58	101/61	102/64	103/60	104/60	102/63	110/70	108/68	106/66	108/64	102/70	106/72			
124 113/75	80		22%	40	225	1		45 nil	nil	124	122	126	120	118	117	119	116	114	118	112			113/75	112/68	114/70	116/86	112/70	107/70	107/70	116/73	118/76	112/76	113/70						
116 118/76	90		18%	35	180	1		45 nil	nil	116	118	114	116	112	110	110	111	109	108				118/76	117/75	118/70	111/71	116/70	115/67	112/66	114/72	106/74	115/76							
116 105/57	73		0%	40	180	1		45 nil	nil	116	112	113	110	111	112	110	109	110	108	109			105/57	111/61	101/62	101/61	102/64	103/60	104/60	102/63	110/70	108/68	108/64						
118 90/60	70		23%	35	240	1		60 nil	nil	118	116	112	110	118	114	112	110	111	112				90/60	92/60	100/65	98/64	94/60	98/58	97/57	94/70	95/74	100/60							
116 98/63	74		7%	35	150	1		30 nil	nil	116	118	122	120	122	124	126	122	126	124				98/63	89/53	90/54	92/53	90/54	92/56	92/66	94/63	98/65	96/68							
116 107/65	79		20%	35	150	1		60 nil	nil	116	118	112	114	118	120	124	122	123	126				107/65	107/72	108/72	101/61	102/64	103/60	104/60	102/63	110/70	106/74							
127 116/74	86		9%	40	150	1		60 nil	nil	127	126	128	126	125	126	128	124	128	127	125			116/74	112/70	116/86	112/70	107/70	107/70	116/73	118/76	112/76	113/70	112/76						
116 101/60	74		6%	45	150	1		48 nil	nil	116	118	117	112	114	115	114	117	116	114	113	112		101/60	98/58	95/58	96/52	93/54	85/60	88/62	89/54	90/60	88/64	92/64	90/76					
112 93/55	68		25%	40	120	1		75 nil	nil	112	116	118	120	112	112	116	112	123	120	118			94/65	96/65	97/66	98/64	94/60	98/58	97/57	94/70	95/74	100/60	95/65						

