# Factoring a Quadratic Operator as a Product of Two Positive Contractions 

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## Recommended Citation

Li, C. K., \& Tsai, M. C. (2016). Factoring a quadratic operator as a product of two positive contractions. Canadian Mathematical Bulletin, 59(2), 354-362.

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# Factoring a Quadratic Operator as a Product of Two Positive Contractions 

Chi-Kwong Li and Ming-Cheng Tsai

Abstract. Let $T$ be a quadratic operator on a complex Hilbert space $H$. We show that $T$ can be written as a product of two positive contractions if and only if $T$ is of the form

$$
a I \oplus b I \oplus\left(\begin{array}{cc}
a I & P \\
0 & b I
\end{array}\right) \quad \text { on } \quad H_{1} \oplus H_{2} \oplus\left(H_{3} \oplus H_{3}\right)
$$

for some $a, b \in[0,1]$ and strictly positive operator $P$ with $\|P\| \leq|\sqrt{a}-\sqrt{b}| \sqrt{(1-a)(1-b)}$. Also, we give a necessary condition for a bounded linear operator $T$ with operator matrix $\left(\begin{array}{cc}T_{1} & T_{3} \\ 0 & T_{2}\end{array}\right)$ on $H \oplus K$ that can be written as a product of two positive contractions.

## 1 Introduction

There has been considerable interest in studying the factorization of bounded linear operators (see $[2-5,15]$ ). For example, a $2 \times 2$ matrix $C$ can be written as a product of two orthogonal projections if and only if $C$ is the identity operator or $C$ is unitarily similar to $\left(\begin{array}{cc}a & \sqrt{a(1-a)} \\ 0 & 0\end{array}\right)$ for some $a \in[0,1]$. For more results about products of orthogonal projections, one may consult $[1,7,8,11]$. Note that one can write an $n \times n$ matrix $C$ as a product of two positive (semi-definite) operators exactly when $C$ is similar to a positive operator (see [14, Theorem 2.2]). However, in the infinite-dimensional case, the product of two positive operators may not be similar to a positive operator (see [12], [15, Example 2.11]). For more development in this direction, one may consult [12,14,15].

In this paper, we study the problem when a bounded linear operator $T$ on a complex Hilbert space $H$ can be written as a product of two positive contractions. In this case, $T$ must be a contraction, and we have that

$$
-I / 8 \leq \operatorname{Re} T \quad \text { and } \quad-I / 4 \leq \operatorname{Im} T \leq I / 4
$$

(see [10, Theorem 1.1 and Corollary 4.3]). In Proposition 2.4, we give a necessary condition for this problem when $T$ has operator matrix

$$
\left(\begin{array}{cc}
T_{1} & T_{3} \\
0 & T_{2}
\end{array}\right) \quad \text { on } \quad H \oplus K
$$

In such a case, $T_{1}$ and $T_{2}$ must also be products of two positive contractions. This is an extension of the result of Wu in [14, Corollary 2.3] concerning the finite dimensional

[^0]case. However, even for a $2 \times 2$ matrix $C$, it is not easy to determine when it is the product of two positive contractions. For example, consider
\[

C=\frac{1}{25}\left($$
\begin{array}{cc}
9 & 3 \\
0 & 16
\end{array}
$$\right)
\]

The diagonalizable contraction $C$ is similar to a positive operator. Thus, it is a product of two positive operators. Moreover, $C$ satisfies $-I / 8 \leq \operatorname{Re} C$ and $-I / 4 \leq \operatorname{Im} C \leq I / 4$. However, we will see that $C$ cannot be written as a product of two positive contractions by Lemma 2.1.

Let $B(H)$ be the algebra of bounded linear operators acting on a complex Hilbert space $H$. We identify $B(H)$ with $M_{n}$, the algebra of $n \times n$ complex matrices, if $H$ has finite dimension $n$. Recall that a bounded linear operator $T \in B(H)$ is positive (resp., strictly positive) if $\langle T h, h\rangle \geq 0$ (resp., $\langle T h, h\rangle>0$ ) for every $h \neq 0$ in $H$. As usual, we write $T \geq 0$ (resp., $T>0$ ) when $T$ is positive (resp., strictly positive).

We call $T \in B(H)$ a quadratic operator if $(T-a I)(T-b I)=0$ for some scalars $a$, $b \in \mathbb{C}$. Every quadratic operator $T \in B(H)$ is unitarily similar to

$$
a I \oplus b I \oplus\left(\begin{array}{cc}
a I & P \\
0 & b I
\end{array}\right) \quad \text { on } \quad H_{1} \oplus H_{2} \oplus\left(H_{3} \oplus H_{3}\right)
$$

for some $a, b \in \mathbb{C}, P>0$ (see [13]). In this paper, we prove the following theorem.
Theorem 1.1 A quadratic operator $T \in B(H)$ with operator matrix

$$
a I \oplus b I \oplus\left(\begin{array}{cc}
a I & P \\
0 & b I
\end{array}\right) \quad \text { on } \quad H_{1} \oplus H_{2} \oplus\left(H_{3} \oplus H_{3}\right)
$$

for some $a, b \in \mathbb{C}$ and $P>0$, can be written as a product of two positive contractions if and only if $a, b \in[0,1]$ and

$$
\|P\| \leq|\sqrt{a}-\sqrt{b}| \sqrt{(1-a)(1-b)}
$$

## 2 Proof

First we consider the $2 \times 2$ case so that we can identify $B(H)=M_{2}$ and $H=\mathbb{C}^{2}$.
Lemma 2.1 Suppose $C=\left(\begin{array}{ll}a & z \\ 0 & b\end{array}\right)$ with $z \geq 0$. Then $C$ is a product of two positive contractions if and only if $a, b \in[0,1]$ and

$$
z \in S=\{c: 0 \leq c \leq|\sqrt{a}-\sqrt{b}| \sqrt{(1-a)(1-b)}\}
$$

If the above equivalent conditions hold, then there are continuous maps $a_{i j}(z), b_{i j}(z)$ for $1 \leq i, j \leq 2$ with

$$
\begin{array}{lll}
0 \leq a_{i i}(z), & a_{12}(z)=a_{21}(z) \geq 0, & 0 \leq\left(a_{i j}(z)\right) \leq I \\
b_{i i}(z) \leq 1, & b_{12}(z)=b_{21}(z) \leq 0, & 0 \leq\left(b_{i j}(z)\right) \leq I \tag{2.1}
\end{array}
$$

such that

$$
\left(a_{i j}(z)\right)\left(b_{i j}(z)\right)=\left(\begin{array}{ll}
a & z  \tag{2.2}\\
0 & b
\end{array}\right), \quad z \in S
$$

Proof We first prove the sufficiency. Without loss of generality, we can assume that $0 \leq a \leq b \leq 1$. If $a=b$ or $b=1$, then $z=0$ and $C=\operatorname{diag}(a, 1) \operatorname{diag}(1, b)$. In the sequel, we may assume $0 \leq a<b<1$, and consider two cases.
Case 1. $0=a<b<1$. For $z \in S$, we have that $z^{2} \leq b(1-b)$, and hence $\left(z^{2} / b\right)+b \leq$ $(1-b)+b=1$. Consider

$$
A=\left(\begin{array}{ll}
a_{11}(z) & a_{12}(z) \\
a_{21}(z) & a_{22}(z)
\end{array}\right)=\left(\begin{array}{cc}
z^{2} / b & z \\
z & b
\end{array}\right) \quad \text { and } \quad B=\left(\begin{array}{ll}
b_{11}(z) & b_{12}(z) \\
b_{21}(z) & b_{22}(z)
\end{array}\right)=\left(\begin{array}{ll}
0 & 0 \\
0 & 1
\end{array}\right)
$$

Then $A$ is rank 1 with eigenvalue $\left(z^{2} / b\right)+b$, and $C=A B$. Evidently, $a_{i j}(z)$ and $b_{i j}(z)$ are continuous maps for $1 \leq i, j \leq 2$ and satisfy (2.1) and (2.2).
Case 2. $0<a<b<1$. For $z \in S$, we have

$$
a+b-\frac{z^{2}}{(1-a)(1-b)} \geq a+b-(\sqrt{a}-\sqrt{b})^{2}=2 \sqrt{a b}
$$

Let $\lambda_{1}(z) \geq \lambda_{2}(z)$ be roots of the equation

$$
\lambda^{2}-\left(a+b-\frac{z^{2}}{(1-a)(1-b)}\right) \lambda+a b=0
$$

Then $a \leq \lambda_{2}(z) \leq \lambda_{1}(z) \leq b$ and $\lambda_{1}(z), \lambda_{2}(z)$ are continuous maps on $z \in S$. Note that

$$
\lambda_{1}(z) \lambda_{2}(z)=a b, \quad \lambda_{1}(z)+\lambda_{2}(z)=a+b-\frac{z^{2}}{(1-a)(1-b)} .
$$

We have

$$
\begin{equation*}
z=\sqrt{\frac{(1-a)(1-b)\left(\lambda_{j}-a\right)\left(b-\lambda_{j}\right)}{\lambda_{j}}}, \quad j=1,2 . \tag{2.3}
\end{equation*}
$$

We will construct
$A=\left(\begin{array}{ll}a_{11}(z) & a_{12}(z) \\ a_{21}(z) & a_{22}(z)\end{array}\right)=\left(\begin{array}{ll}a_{1} & a_{2} \\ a_{2} & a_{3}\end{array}\right) \quad$ and $\quad B=\left(\begin{array}{ll}b_{11}(z) & b_{12}(z) \\ b_{21}(z) & b_{22}(z)\end{array}\right)=\gamma\left(\begin{array}{cc}a_{3} & -a_{2} \\ -a_{2} & a_{4}\end{array}\right)$ such that $A$ has eigenvalues $1, \lambda_{1}, B$ has eigenvalues $1, \lambda_{2}$, and $C=A B$. First, we set

$$
\begin{equation*}
\gamma=\frac{\lambda_{2}}{b}=\frac{a}{\lambda_{1}}<1 \tag{2.4}
\end{equation*}
$$

Because $1-b-\gamma+b \gamma=(1-b)(1-\gamma)>0$, we can let

$$
a_{3}=\frac{b-a}{1+b \gamma-\gamma-a}<\frac{b-a}{b-a}=1
$$

so that by (2.4),

$$
\begin{aligned}
a_{3}-\lambda_{1} & =\frac{(b-a)}{(1+b \gamma-\gamma-a)}-\frac{a}{\gamma}=\frac{\gamma b-\gamma a-a-\gamma a b+\gamma a+a^{2}}{\gamma(1+b \gamma-\gamma-a)} \\
& =\frac{\frac{1}{\gamma}(\gamma b-a)(1-a)}{(1+b \gamma-\gamma-a)}=\frac{\left(b-\lambda_{1}\right)(1-a)}{(1+b \gamma-\gamma-a)} \geq 0 .
\end{aligned}
$$

Then we can let $a_{1}=1+\lambda_{1}-a_{3}>0$ so that $a_{1}+a_{3}=1+\lambda_{1}$, and

$$
a_{2}=\sqrt{a_{1} a_{3}-\lambda_{1}}=\sqrt{\left(1+\lambda_{1}-a_{3}\right) a_{3}-\lambda_{1}}=\sqrt{\left(1-a_{3}\right)\left(a_{3}-\lambda_{1}\right)}
$$

so that $a_{1} a_{3}-a_{2}^{2}=\lambda_{1}$. As a result, $a_{1}+a_{3}=1+\lambda_{1}$, $\operatorname{det}(A)=\lambda_{1}$, and hence $A$ has eigenvalues $1, \lambda_{1}$. Further, let

$$
a_{4}=\frac{1}{a_{3}}\left(\frac{\lambda_{2}}{\gamma^{2}}+a_{2}^{2}\right)
$$

so that $\gamma^{2}\left(a_{3} a_{4}-a_{2}^{2}\right)=\lambda_{2}$. Then by (2.4),

$$
\begin{aligned}
\gamma\left(a_{3}+a_{4}\right) & =\gamma a_{3}+\frac{\gamma}{a_{3}}\left(\frac{\lambda_{2}}{\gamma^{2}}+a_{2}^{2}\right)=\frac{\gamma}{a_{3}}\left(\frac{\lambda_{2}}{\gamma^{2}}+\left(a_{3}-\lambda_{1}+\lambda_{1} a_{3}\right)\right) \\
& =\frac{\gamma}{a_{3}}\left(\frac{\lambda_{2}}{\gamma^{2}}-\lambda_{1}\right)+\gamma\left(1+\lambda_{1}\right)=\frac{\gamma}{a_{3}} \frac{(b-a)}{\gamma}+\gamma\left(1+\lambda_{1}\right) \\
& =1+b \gamma-\gamma-a+\gamma+\gamma \lambda_{1}=1+\lambda_{2} .
\end{aligned}
$$

As a result, $\operatorname{tr} B=1+\lambda_{2}$ and $\operatorname{det}(B)=\lambda_{2}$. Therefore, $B$ has eigenvalues $1, \lambda_{2}$. Denote by $(A B)_{i j}$ the $(i, j)$ entry of $A B$. By (2.4),

$$
(A B)_{11}=\gamma\left(a_{1} a_{3}-a_{2}^{2}\right)=\gamma \lambda_{1}=a, \quad(A B)_{22}=\gamma\left(a_{3} a_{4}-a_{2}^{2}\right)=\gamma\left(\lambda_{2} / \gamma^{2}\right)=b
$$

Clearly, $(A B)_{21}=\gamma\left(a_{2} a_{3}-a_{3} a_{2}\right)=0$. By (2.4) and (2.3),

$$
\begin{aligned}
(A B)_{12} & =\gamma a_{2}\left(a_{4}-a_{1}\right)=\gamma \sqrt{\left(1-a_{3}\right)\left(a_{3}-\lambda_{1}\right)}\left(\left(a_{3}+a_{4}\right)-\left(a_{3}+a_{1}\right)\right) \\
& =\frac{\gamma \sqrt{(1-b-\gamma+b \gamma)\left(b-\lambda_{1}\right)(1-a)}}{(1+b \gamma-\gamma-a)}\left(\frac{\left(1+\lambda_{2}\right)}{\gamma}-\left(1+\lambda_{1}\right)\right) \\
& =\frac{\sqrt{(1-b)(1-\gamma)(1-a)\left(b-\lambda_{1}\right)}}{\left(1+b \gamma-\gamma-\gamma \lambda_{1}\right)}\left(1+\lambda_{2}-\gamma-\gamma \lambda_{1}\right) \\
& =\sqrt{(1-b)(1-a)(1-\gamma)\left(b-\lambda_{1}\right)}=\sqrt{\frac{(1-b)(1-a)\left(\lambda_{1}-a\right)\left(b-\lambda_{1}\right)}{\lambda_{1}}}=z .
\end{aligned}
$$

For the converse, since $A$ and $B$ are positive contractions with $\sigma(C)=\sigma(A B)=$ $\sigma\left(B^{1 / 2} A B^{1 / 2}\right) \subseteq[0, \infty)$, we have $0 \leq a, b \leq 1$. Without loss of generality, we may assume $a \leq b$. First, consider $\|A\|=\|B\|=1$. Then the assumption $C=A B$ implies $C$ is unitarily similar to

$$
\left(\begin{array}{cc}
\alpha_{1} & 0 \\
0 & 1
\end{array}\right)\left(\begin{array}{ll}
b_{1} & b_{2} \\
b_{2} & b_{4}
\end{array}\right)=\left(\begin{array}{cc}
\alpha_{1} b_{1} & \alpha_{1} b_{2} \\
b_{2} & b_{4}
\end{array}\right)
$$

where $\left(\begin{array}{cc}b_{1} & b_{2} \\ b_{2} & b_{4}\end{array}\right)$ is unitarily similar to $\left(\begin{array}{cc}\alpha_{2} & 0 \\ 0 & 1\end{array}\right)$ for some $0 \leq \alpha_{1}, \alpha_{2} \leq 1, \alpha_{2} \leq b_{1}, b_{4} \leq 1$ and $b_{2} \geq 0$. Thus, we have $1+\alpha_{2}=b_{1}+b_{4}, a+b=\alpha_{1} b_{1}+b_{4}, a b=\alpha_{1} \alpha_{2}=\alpha_{1}\left(b_{1} b_{4}-b_{2}^{2}\right)$, and $a^{2}+b^{2}+z^{2}=\alpha_{1}^{2}\left(b_{1}^{2}+b_{2}^{2}\right)+b_{2}^{2}+b_{4}^{2}$. These imply that

$$
z^{2}=\left[\alpha_{1}^{2}\left(b_{1}^{2}+b_{2}^{2}\right)+b_{2}^{2}+b_{4}^{2}\right]-\left[\left(\alpha_{1} b_{1}+b_{4}\right)^{2}-2 \alpha_{1} \alpha_{2}\right]=\left(1-\alpha_{1}\right)^{2} b_{2}^{2}
$$

Hence we may assume $\alpha_{1}<1$. In addition, we also obtain that

$$
a+b=\alpha_{1} b_{1}+b_{4}=\alpha_{1} b_{1}+1+\alpha_{2}-b_{1}=1+\alpha_{2}-\left(1-\alpha_{1}\right) b_{1}
$$

and hence

$$
\begin{aligned}
b_{1} & =\frac{1}{1-\alpha_{1}}\left(1+\alpha_{2}-a-b\right)=\frac{1}{1-\alpha_{1}}\left[(1-a)(1-b)-a b+\alpha_{2}\right] \\
& =\frac{1}{1-\alpha_{1}}\left[\alpha_{2}\left(1-\alpha_{1}\right)+(1-a)(1-b)\right],
\end{aligned}
$$

where the last equality follows from $a b=\alpha_{1} \alpha_{2}$. Let $c=(1-a)(1-b) /\left(1-\alpha_{1}\right)$. Then $b_{1}=\alpha_{2}+c$ and $b_{4}=1-c$. By a direct computation, we see that

$$
\begin{aligned}
z^{2} & =\left(1-\alpha_{1}\right)^{2} b_{2}^{2}=\left(1-\alpha_{1}\right)^{2}\left(b_{1} b_{4}-\alpha_{2}\right) \\
& =\left(1-\alpha_{1}\right)^{2}\left[\left(\alpha_{2}+c\right)(1-c)-\alpha_{2}\right] \quad\left(\text { because } \alpha_{2}=b_{1} b_{4}-b_{2}^{2}\right) \\
& =c\left(1-\alpha_{1}\right)\left[\left(1-\alpha_{1}\right)\left(1-\alpha_{2}\right)-c\left(1-\alpha_{1}\right)\right] \\
& =(1-a)(1-b)\left[(a+b)-\left(\alpha_{1}+\alpha_{2}\right)\right],
\end{aligned}
$$

where the last equality follows from $c=(1-a)(1-b) /\left(1-\alpha_{1}\right)$ and $a b=\alpha_{1} \alpha_{2}$. Since $a b=\alpha_{1} \alpha_{2}$, we have $\alpha_{1}+\alpha_{2} \geq 2 \sqrt{\alpha_{1} \alpha_{2}}=2 \sqrt{a b}$. This implies that

$$
z \leq|\sqrt{a}-\sqrt{b}| \sqrt{(1-a)(1-b)} .
$$

In general, since $C=\alpha\left(\begin{array}{cc}a / \alpha & z / \alpha \\ 0 & b / \alpha\end{array}\right)=\alpha\left(\frac{A}{\|A\|}\right)\left(\frac{B}{\|B\|}\right)$, where $0<\alpha=\|A\|\|B\| \leq 1$, the scalars $a, b, z$ in the above can be replaced by $a / \alpha, b / \alpha, z / \alpha$, respectively, to get $0 \leq a / \alpha, b / \alpha \leq 1$ and

$$
\frac{z}{\alpha} \leq \sqrt{\left(1-\frac{a}{\alpha}\right)\left(1-\frac{b}{\alpha}\right)}\left|\sqrt{\frac{a}{\alpha}}-\sqrt{\frac{b}{\alpha}}\right| .
$$

This shows that $0 \leq a, b \leq \alpha \leq 1$ and

$$
z \leq|\sqrt{a}-\sqrt{b}| \sqrt{(\alpha-a)\left(1-\frac{b}{\alpha}\right)} \leq|\sqrt{a}-\sqrt{b}| \sqrt{(1-a)(1-b)} .
$$

This proves the necessity.
In order to prove Theorem 1.1, we need the following fact; see, for example, [9, p. 547].

Lemma 2.2 Let A be a bounded linear operator of the form

$$
\left(\begin{array}{ll}
A_{11} & A_{12} \\
A_{12}^{*} & A_{22}
\end{array}\right) \text { on } H \oplus K,
$$

where $H$ and $K$ are Hilbert spaces. Then $A$ is positive if and only if $A_{11}$ and $A_{22}$ are both positive and there exists a contraction $D$ mapping $K$ into $H$ satisfying $A_{12}=A_{11}^{1 / 2} D A_{22}^{1 / 2}$.

Lemma 2.3 Suppose $a_{11}(z), a_{22}(z), a_{12}(z)=a_{21}(z)$ are continuous real-valued functions defined on $S \subseteq[0, \infty)$ such that

$$
A=\left(\begin{array}{ll}
a_{11}(z) & a_{12}(z) \\
a_{21}(z) & a_{22}(z)
\end{array}\right) \geq 0
$$

for all $z \in S$. Then

$$
\left(\begin{array}{ll}
a_{11}(P) & a_{12}(P) \\
a_{21}(P) & a_{22}(P)
\end{array}\right) \geq 0
$$

on $H \oplus H$ for all positive operators $P \in B(H)$ with spectrum in $S$.
Proof Since $A \geq 0$, we have $a_{11}(z), a_{22}(z) \geq 0$, and

$$
0 \leq a_{12}(z) a_{21}(z) \leq a_{11}(z) a_{22}(z), \quad z \in S
$$

Define $h(z)$ by

$$
h(z):= \begin{cases}\frac{a_{12}(z)}{a_{11}^{1 / 2}(z) a_{22}^{1 / 2}(z)} & \text { if }\left|a_{12}(z)\right|>0 \\ 0 & \text { if } a_{12}(z)=0\end{cases}
$$

Then $h(z)$ is a bounded Borel function on $S$ with $|h(z)| \leq 1$ that satisfies

$$
a_{12}(z)=a_{11}^{1 / 2}(z) h(z) a_{22}^{1 / 2}(z)
$$

By the spectral theorem, for all positive operators $P \in B(H)$ with spectrum in $S$, we have $a_{11}(P) \geq 0, a_{22}(P) \geq 0, a_{12}(P)=a_{21}(P) \geq 0$, and

$$
a_{12}(P)=a_{11}^{1 / 2}(P) h(P) a_{22}^{1 / 2}(P)
$$

for the contraction $h(P) \in B(H)$. Our assertion follows from Lemma 2.2.
In the finite dimensional case, Wu [14, Corollary 2.3] has shown that if $C=\left(\begin{array}{cc}C_{1} & C_{3} \\ 0 & C_{2}\end{array}\right)$ is a product of two positive operators, then so are $C_{1}$ and $C_{2}$. Proposition 2.4 gives another proof, which holds for both finite and infinite dimensional Hilbert spaces. In fact, it is also true that positive operators are replaced by positive contractions.

Proposition 2.4 Let $T$ be a bounded linear operator of the form

$$
\left(\begin{array}{cc}
T_{1} & T_{3} \\
0 & T_{2}
\end{array}\right) \text { on } H \oplus K
$$

where $H$ and $K$ are both Hilbert spaces. If $T$ is a product of two positive contractions, then so are $T_{1}$ and $T_{2}$.

Proof By our assumption and Lemma 2.2, we may assume that $T=A B$, where $A$ and $B$ are of the form

$$
\left(\begin{array}{cc}
A_{1} & A_{1}^{1 / 2} D_{1} A_{2}^{1 / 2} \\
A_{2}^{1 / 2} D_{1}^{*} A_{1}^{1 / 2} & A_{2}
\end{array}\right) \quad \text { and } \quad\left(\begin{array}{cc}
B_{1} & B_{1}^{1 / 2} D_{2} B_{2}^{1 / 2} \\
B_{2}^{1 / 2} D_{2}^{*} B_{1}^{1 / 2} & B_{2}
\end{array}\right) \quad \text { on } H \oplus K
$$

respectively, such that $0 \leq A_{1} \leq I_{H}, 0 \leq A_{2} \leq I_{K}, 0 \leq B_{1} \leq I_{H}, 0 \leq B_{2} \leq I_{K}, D_{1}$ and $D_{2}$ are contractions from $K$ into $H$. From $T=A B$, we obtain that

$$
\begin{gather*}
T_{1}=A_{1} B_{1}+A_{1}^{1 / 2} D_{1}\left(A_{2}^{1 / 2} B_{2}^{1 / 2} D_{2}^{*} B_{1}^{1 / 2}\right),  \tag{2.5}\\
A_{2}^{1 / 2}\left(D_{1}^{*} A_{1}^{1 / 2} B_{1}^{1 / 2}\right) B_{1}^{1 / 2}=-A_{2}^{1 / 2}\left(A_{2}^{1 / 2} B_{2}^{1 / 2} D_{2}^{*}\right) B_{1}^{1 / 2},  \tag{2.6}\\
T_{2}=\left(A_{2}^{1 / 2} D_{1}^{*} A_{1}^{1 / 2} B_{1}^{1 / 2}\right) D_{2} B_{2}^{1 / 2}+A_{2} B_{2} .
\end{gather*}
$$

Let $E_{1}$ be the restriction of $A_{2}^{1 / 2}$ to $\left(\operatorname{ker} A_{2}^{1 / 2}\right)^{\perp}$; then $E_{1}$ is injective. Since $0 \leq A_{2}^{1 / 2} \leq I_{K}$, so we can consider the (possibly unbounded) inverse

$$
E:=E_{1}^{-1}: \operatorname{ran} A_{2}^{1 / 2} \longrightarrow\left(\operatorname{ker} A_{2}^{1 / 2}\right)^{\perp}
$$

such that $E A_{2}^{1 / 2}=P_{0}$, where $P_{0}$ is the orthogonal projection from $K$ onto $\overline{\operatorname{ran} A_{2}^{1 / 2}}$. Hence by (2.6), we derive that

$$
A_{2}^{1 / 2} B_{2}^{1 / 2} D_{2}^{*} B_{1}^{1 / 2}=P_{0}\left(A_{2}^{1 / 2} B_{2}^{1 / 2} D_{2}^{*} B_{1}^{1 / 2}\right)=-P_{0}\left(D_{1}^{*} A_{1}^{1 / 2} B_{1}\right) .
$$

Moreover, substitute this into (2.5) to get

$$
\begin{aligned}
T_{1} & =A_{1} B_{1}-A_{1}^{1 / 2} D_{1}\left(P_{0}\left(D_{1}^{*} A_{1}^{1 / 2} B_{1}\right)\right)=\left[A_{1}^{1 / 2}\left(I_{H}-D_{1} P_{0} D_{1}^{*}\right) A_{1}^{1 / 2}\right] B_{1} \\
& =\left[A_{1}^{1 / 2}\left(I_{H}-\left(P_{0} D_{1}^{*}\right)^{*}\left(P_{0} D_{1}^{*}\right)\right) A_{1}^{1 / 2}\right] B_{1} .
\end{aligned}
$$

Note that $\left\|P_{0} D_{1}^{*}\right\| \leq 1$ implies that

$$
0 \leq\left(I_{H}-\left(P_{0} D_{1}^{*}\right)^{*}\left(P_{0} D_{1}^{*}\right)\right) \leq I_{H} .
$$

Therefore, $T_{1}=\left[\left(A_{1}^{1 / 2} P_{1}^{*}\right) P_{1} A_{1}^{1 / 2}\right] B_{1}$, where $P_{1}^{*} P_{1}=I_{H}-\left(P_{0} D_{1}^{*}\right)^{*}\left(P_{0} D_{1}^{*}\right)$ for some positive contraction $P_{1}$ on $H$. This shows that $T_{1}$ is a product of two positive contractions. Similarly, we can show that $T_{2}^{*}$ is a product of two positive contractions, and hence so is $T_{2}$. This completes our proof.

Now we are ready to give the proof of Theorem 1.1.
Proof of Theorem 1.1 We first prove the necessity. By assumption, we can focus on the part

$$
\left(\begin{array}{cc}
a I & P \\
0 & b I
\end{array}\right) \in B\left(H_{3} \oplus H_{3}\right)
$$

for some $P>0$. Now, consider a $2 \times 2$ matrix $\left(\begin{array}{cc}a & z \\ 0 & b\end{array}\right)$ with $a, b \in[0,1]$ and

$$
z \in S:=\{c: 0 \leq c \leq|\sqrt{a}-\sqrt{b}| \sqrt{(1-a)(1-b)}\} .
$$

Then by Lemma 2.1, there are continuous maps $a_{i j}(z), b_{i j}(z)$ for $1 \leq i, j \leq 2$ with $a_{12}(z)=a_{21}(z) \geq 0, b_{12}(z)=b_{21}(z) \leq 0$ and satisfying

$$
0 \leq\left(a_{i j}(z)\right) \leq I_{2}, \quad 0 \leq\left(b_{i j}(z)\right) \leq I_{2}, \quad\left(a_{i j}(z)\right)\left(b_{i j}(z)\right)=\left(\begin{array}{cc}
a & z \\
0 & b
\end{array}\right), \quad z \in S .
$$

By Lemma 2.3,

$$
0 \leq\left(a_{i j}(P)\right) \leq I \quad \text { and } \quad 0 \leq\left(b_{i j}(P)\right) \leq I .
$$

By the spectral theorem on positive operators,

$$
\left(a_{i j}(P)\right)\left(b_{i j}(P)\right)=\left(\begin{array}{cc}
a I & P \\
0 & b I
\end{array}\right) .
$$

To prove the converse, suppose there is a factorization of the quadratic operator $T \in B(H)$ with operator matrix $a I \oplus b I \oplus\left(\begin{array}{cc}a I & p \\ 0 & b I\end{array}\right)$ for some $P \geq 0$ as the product of two positive contractions. By Proposition 2.4, we know that

$$
T_{1}=\left(\begin{array}{cc}
a I & P \\
0 & b I
\end{array}\right)=A B \quad \text { for some } \quad 0 \leq A, B \leq I, A, B \in B\left(H_{3} \oplus H_{3}\right) .
$$

We may use the Berberian construction (see [6]) to embed $H_{3}$ into a larger Hilbert space $K_{3}, B\left(H_{3}\right)$ into $B\left(K_{3}\right)$. Suppose

$$
A=\left(A_{i j}\right)_{1 \leq i, j \leq 2}, \quad B=\left(B_{i j}\right)_{1 \leq i, j \leq 2} \in B\left(H_{3} \oplus H_{3}\right) .
$$

Then $P, A$, and $B$ are extended to $\widetilde{P} \in B\left(K_{3}\right), \widetilde{A}=\left(\widetilde{A}_{i j}\right)_{1 \leq i, j \leq 2} \in B\left(K_{3} \oplus K_{3}\right)$, and $\widetilde{B}=\left(\widetilde{B}_{i j}\right)_{1 \leq i, j \leq 2} \in B\left(K_{3} \oplus K_{3}\right)$, respectively, such that the following conditions hold:
(a) $\widetilde{P} \geq 0$ with $\|P\|=\|\widetilde{P}\|$ such that all the elements in $\sigma(\widetilde{P})$ are eigenvalues of $\widetilde{P}$.
(b) $0 \leq \widetilde{A}, \widetilde{B} \leq I$ such that $\widetilde{T}_{1}=\left(\begin{array}{cc}a I & \widetilde{P} \\ 0 & b I\end{array}\right)=\widetilde{A B}$.

Since $\widetilde{P} \geq 0$ and $\sigma(\widetilde{P})$ are eigenvalues of $\widetilde{P}$, the quadratic operator $\widetilde{T}_{1}$ is unitarily similar to $\left(\begin{array}{cc}a & \|P\| \\ 0 & b\end{array}\right) \oplus T_{2}$ admitting a factorization as the product of two positive contractions. By Proposition 2.4, we see that $\left(\begin{array}{cc}a & \|P\| \\ 0 & b\end{array}\right)$ is a product of two positive contractions. Thus,

$$
\|P\| \leq|\sqrt{a}-\sqrt{b}| \sqrt{(1-a)(1-b)}
$$

Remark 2.5 Inspired by a comment of the referee, we see that if one considers the set of operators of the form $\left(\begin{array}{cc}a I & P \\ 0 & b I\end{array}\right)$ with respect to a fixed orthonormal basis, then our proof of Theorem 1.1 shows that the decomposition depends continuously on $P$, and therefore continuously on $T$.

Acknowledgment Li is an honorary professor of the University of Hong Kong and the Shanghai University. His research was supported by USA NSF grant DMS 1331021, Simons Foundation Grant 351047, and NNSF of China Grant 11571220. The Research of Tsai was supported by the National Science Council of the Republic of China under the project NSC 102-2811-M-110-018. M.-C. Tsai would like to thank Pei Yuan Wu and Ngai-Ching Wong for their helpful suggestions and comments. Some results in this paper are contained in the doctoral thesis of Ming-Cheng Tsai under the supervisor of Pei Yuan Wu to whom Tsai would express his heartfelt thanks. The authors would give their thanks to the referee for useful comments.

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[^0]:    Received by the editors January 12, 2015; revised May 16, 2015.
    Published electronically January 13, 2016.
    AMS subject classification: 47A60, 47A68, 47A63.
    Keywords: quadratic operator, positive contraction, spectral theorem.

