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Technique of Standing Up From Prone Position of a Soccer Robot

Nur Khamdi¹, Mochamad Susantok², Antony Darmawan³

¹Mechatronics Department at Polytechnic of Caltex, Indonesia

²Telecommunication Department at Polytechnic of Caltex, Indonesia

³Student of Mechatronics Department at Polytechnic of Caltex, Indonesia

Email : ¹khamdi@pcr.ac.id, ²santok@pcr.ac.id,

³antony15tm@mahasiswa.pcr.ac.id

Abstract

One of the humanoid robots being developed in the field of sports is a soccer robot. A soccer robot is a humanoid robot that can perform activities such as playing football. And a variety method fall down of robot soccer such: falling down toward the front direction, side direction, and rear direction. This paper describes the most stands up methods of a soccer robot from its prone position. The proposed method requires only limited movement with degrees of freedom. The movement standing-up of soccer robot has been implemented on the real robot. Tests we performed showed that reliable standing-up from prone position is possible after a fall and such recovery procedures greatly improve the overall robustness of a Soccer Robot.

Keywords: prone position; standing up; soccer robot

1. INTRODUCTION

In general, the movements of humans are very dynamic and skilled, the movements such as of walking, running, jumping, and dancing that have a high body balance point. All these movements have attachments between the body's balance points with the body's control system that control the human body. In the movement of walking or running imbalances occur that can lead to falling while walking or running. There are various conditions of falling down, such as the prone and supine posture positions. When in a state of falling, the system control will work to instruct members of the body to stand up.

Scientific technology in the field of robotics is growing rapidly. Scientists have developed robotic technology that can follow the movement of living beings on earth, such humans, insects, and animals. A humanoid robot is a robot that resembles the shape and movements of such humans and can do the work usually done by a human, such as the work of a housewife, a waitresses, and also a variety of sports. One of the humanoid robots being

developed in the field of sports is a soccer robot. A soccer robot is a humanoid robot that can perform activities such as playing football.

Falling down in the game of football is a matter of course. During a football match, a player can fall down which is caused by various reasons, such as clashing between players, tripping on the ground due to uneven field conditions and an imbalance in the body while running. These certainly happen in a soccer playing robot too. And a variety of methods of falling down by a soccer robot are such as falling down toward the front direction, the side direction and the rear direction. To solve these problems, the scientists must design a robot that can do things after falling; that it can stand up on its own without any help. This design includes mechanical and control system of a robot for all conditions and movements. This results in whole-body motions with sequences of support points. The many degrees of freedom of humanoid robots and the changing contact points make it difficult to apply the conventional motion-planning techniques. On the other hand, humans devise a variety of strategies to get up from the ground after falling [1][2]. The research will be focused on the movements of the soccer robot systems when standing up from the prone position.


2. RELATED WORKS

Standing-up after controlled going to the ground is performed by transitions between predefined states of contact between the robot's body parts and the surface. When the robot stands up from a prone position, the dynamic motion controller is applied to perform a short transition between kneeling and crouching. Dynamic motion is needed because the knees and soles of the robot can't have contact with the floor simultaneously. Kuniyoshi et al. [4] investigated the dynamics of standing-up from the supine posture by a roll-and-rise motion with humanoid robot K1 (150cm, 70kg, and 46DOF). The CycloidII robot by Robotic [5] (41.5cm, 2.4kg, 23DOF), for example, had some success in these competitions. It is capable of standing up statically from both the prone and supine posture due to its powerful Dynamixel actuators and disproportional long arms. Another humanoid that is able to get up from the ground is Sony's QRIO [6] (58cm, 7kg, and 38DOF). It checks its position after a fall, turns face up, and recovers from a variety of prone positions by static movements. There is a variety of smaller servo-driven humanoid robots, which have been designed for the RoboOne competitions [7], where robot fighters engage in martial arts and standing-up is an essential feature. And Very few humanoid robots are designed to survive a fall. Even the most advanced humanoids, like Asimo [8], have not been demonstrated to be able to go to the ground nor to get back into an upright posture. They focus on walking stability. Indeed, only few humanoid are able to stand up. The best known example is HRP-2P (154cm, 58kg, and 30DOF) [9], which have a lightweight backpack, strong arms, and wide ranges of motion in key joints. Kanehiro et al. proposed for it a motion controller that supports static motion and ZMP-controlled [10] dynamic motion.

A standing-up routine is triggered when the robot has fallen over with high certainty. To determine this state, the attitude sensors are interpreted. If the robot is tilted more than 45° for more than one second, we assume that the robot has fallen. As our robots cannot lie other than facing upwards or downwards on a flat surface, we only have to inspect the sign of the sagittal tilt in order to recognize its posture.[2] The main problem of standing up from the prone posture is that the knees of a humanoid robot cannot be bent in positive direction. If it was possible, standing up from the prone posture would be similar to standing up from the supine posture.

In order to estimate the robot's center-of-mass position accurately, we additionally used an inertial parameter identification technique that fit mass and center-of-mass link parameters from measured force data. We employed a physics-based robot simulation to analyze the kinematics and dynamics of getting up. The standing-up routines have been implemented on the real robot as well and that reliable standing-up is possible after a fall and that such recovery procedures greatly improve the overall robustness of bipedal locomotion.[2]

To obtain as accurate an estimate as possible, we used an inertial parameter estimation technique to identify the mass and center of mass parameters of a 5 link planar robot model. We then used this model to estimate the robot's COM position during the motion.[11]



Joint	Axis	Range (driven)	Range (relaxed)
Shoulder	roll	$0^\circ \leftrightarrow +180^\circ$	n/a
	pitch	$-90^\circ \leftrightarrow +90^\circ$	n/a
Elbow	pitch	$-45^\circ \leftrightarrow +135^\circ$	n/a
Spine	pitch	$-40^\circ \leftrightarrow +90^\circ$	$-45^\circ \leftrightarrow +90^\circ$
Hip	roll	$-40^\circ \leftrightarrow +90^\circ$	$-60^\circ \leftrightarrow +90^\circ$
	pitch	$-40^\circ \leftrightarrow +90^\circ$	$-60^\circ \leftrightarrow +90^\circ$
	yaw	$-90^\circ \leftrightarrow +90^\circ$	$-90^\circ \leftrightarrow +180^\circ$
Knee	pitch	$-130^\circ \leftrightarrow 0^\circ$	$-150^\circ \leftrightarrow -45^\circ$
Ankle	pitch	$-65^\circ \leftrightarrow +65^\circ$	$-80^\circ \leftrightarrow +80^\circ$
	roll	$-30^\circ \leftrightarrow +30^\circ$	$-90^\circ \leftrightarrow +30^\circ$

Figure 1. Sagittal and lateral view of our robot Jupp and the range of motion for its joints at the table. [1]

Jupp is fully autonomous. It is powered by high-current Lithium-polymer rechargeable batteries, which are located in its lower back. The servos are interfaced to three tiny ChipS12 microcontroller boards. One of these boards is located in each shank and one board is hidden in the chest. Every 12ms, target positions for the servos are sent from the main computer to the ChipS12 boards, which generate intermediate targets at 180Hz. This yields smooth joint movements. The microcontrollers send preprocessed sensor readings back. In addition to joint potentiometers, Jupp is equipped with an attitude sensor. The attitude sensor is located in the upper trunk. It consists of a dual-axis accelerometer and two gyroscopes. We use a Pocket PC as main computer [12], which is located in Jupp's chest (see Fig. 1). This computer runs behavior control, computer vision, and wireless communication.

3. ORIGINALITY

Since in soccer games physical contact between the robots is unavoidable, the walking patterns are disturbed and the robots might fall. Using their attitude sensors, the robots detect a fall, relax their joints before impact, classify the prone or supine posture, and trigger the corresponding getting-up sequence. We designed the getting-up sequences in a physics-based simulator using sinusoidal trajectories. [1]

A standing-up routine is triggered when the robot has fallen over with high certainty. To determine this state, the attitude sensors are interpreted. If the robot is tilted more than 45° for more than one second, we assume that the robot has fallen. As our robots cannot lie other than facing upwards or downwards on a flat surface, we only have to inspect the sign of the sagittal tilt in order to recognize its posture.

We developed standing-up routines for the Robot Soccer domain from the prone position under the following assumptions:

- The surface is flat carpet (soft, moderate friction).
- No obstacles conflict with the robot's motion during the standing-up routine.
- The robot is lying straight on the surface with all joints moved to zero positions.

Motion Generation: The standing-up motions are generated by setting target positions for individual joints. We use sinusoidal trajectories, which are smooth and natural for static movements, whereas for dynamic motions the distinctive points of target velocity and acceleration being zero or maximal are obtained easily from the waveform itself.

4. SYSTEM DESIGN

Using kinematic of 3 methods for the movement of stand up from prone position. And each method is divided into 4 phase proceses of movement of prone to stand up position, difference of phase of this movement which in analysis.

4.1 First Method Prone Fall

Phase I. Move the upper body into a sit-up posture and move the arms into a supporting position behind the back.

Phase II. Move into a bridge-like position using the arms as support.

Phase III. Move the COM over the feet by swinging the upper body to the front.

Phase IV. Move the body into an upright posture.

During Phases I and II the robot moves into an advantageous, bridge-like starting position for Phase III. To be able to bend the trunk in, the arms are angled by rotating the elbow and shoulder pitch joints. Additionally, the shoulder roll joints are moved to enlarge the distance of the elbows to the ground by moving the arms outwards. Now, the robot can sit up. The ankle pitch joints are rotated such that the feet lay flat on

the surface, while the hip and the spine pitch joints are bent in. Meanwhile, the elbow has to be rotated further to prevent the forearms from touching the ground. As soon as possible, the elbows start moving back to straighten the arms, while the shoulder pitch joints are rotated further into negative direction. The shoulder roll joints are moved back to zero. This brings the arms into a backward position, which will support the later bridge-like position. During the alignment of the arms, when the hip pitch joints and the spine have reached their target positions, the legs are bent in by folding the knees to their negative limit. The twist of the hip is compensated by rotating the spine further, such that the robot remains sit-up. In Phase II, the arms are straightened in the elbows, and the hip pitch and spine joints are moved to zero, such that the hip is lifted. The ankle pitch joints rotate positively to let the hip and the knees shift forward.

4.2 Second Method Prone Fall

Phase I. Expand the left leg to the side

Phase II. The hands push the robot body, so that the robot in squat position.

Phase III. In the squat position, the robot legs push the body to stand up.

Phase IV. The body is standing position.

When the robot falls, the leg automatically split by expanding left leg to the side, ready for Phase II. In Phase II, the hand is pushing the ground then pushes the body, making it possible for foot to touch the ground fully. In this Phase the robot is in squat position. Then in Phase III the hips moves the body perpendicular from the ground. Then in Phase IV the arm stays freely by sides and the knees extended, making the body elevated and stands firmly.

4.3 Third Method Prone Fall

Phase I. The robot hands fold up and face to the ground.

Phase II. The robot hands push the ground.

Phase III. The robot in squat position.

Phase IV. The robot legs push the body stand up.

In Phase I, the hips bring the foot closer to the body. In Phase II the arm push the ground together with the hips bringing the robot up making it to the Phase III to the squatting position. Then last Phase the hips elevated and rise the body up.

5. EXPERIMENT AND ANALYSIS

We designed the proposed routines using the simulation and transferred them to the real hardware, programming those using Arduino Mega series. We performed extensive tests in our lab. Under normal circumstances, appropriate battery voltage, the routines worked very reliably at high

success rates of 100 percent. In order to find the most useful method, we conduct a test to all the methods found (3 methods was used in this project).

5.1 First Method Prone Position

When the robot falls to the front, the limit switch is activated. By activating limit switch, the program to standing up from the prone falls is activated. This program makes both arm pinched between the armpits. Then rotate the arm so the lower arm faced the ground directly. Next the lower arm is extended, and the feet is facing the ground directly, making it possible for the robot to stand on its knees. Then left arm is extended to the back, as precaution from falling to the front again by the unstable load. Next, the left foot is extended to the left side, and the right foot is elevated in the same time. Next the left arm swings to the front sides, making it has enough of momentum to be in squatting position. And then both arm stays freely by the sides, on standby position. Then the left hand swings a little bit to the front while the right leg arise , continued by left leg. And last, both legs slowly rising until estimated position then begin walking.

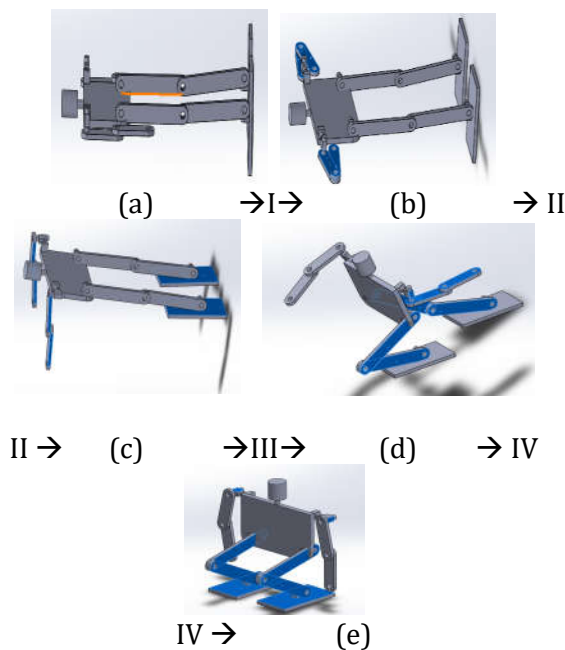


Figure 2. (a) – (e) starting and end position of phases I – IV when standing up from prone position of first method



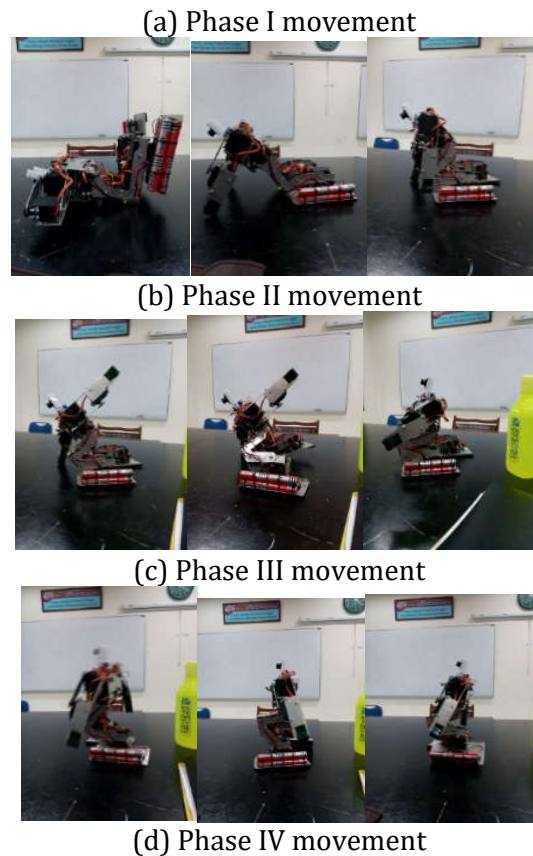


Figure 3. Image sequence showing dynamic standing up from prone position of first method

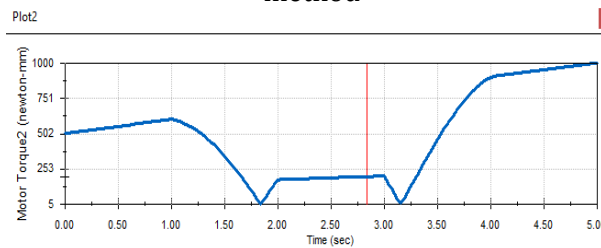


Figure 4. Analysis torque at first method with solid works software

With using motion analysis in solid works application, first method for prone position motion get result for robot's knee motor torque as shown in the figure 4. For five seconds working time, shown that the highest torque needed for the robot knee is 1000Nmm. If the value convert to KgCm as the national standard of motor servo torque.

$$T = \frac{1000 \text{ Nmm}}{9,81 \frac{\text{m}}{\text{s}^2} * 10 \text{ Cm}}$$

$$T = 10,19 \text{ KgCm}$$

The motor servo that used for the robot's knee has the highest torque 13Kgmm. The way the robot stand up for the first method of prone position

doesn't break the motor servo's torque limit as shown in the first method motion analysis

5.2 Second Method Prone Position

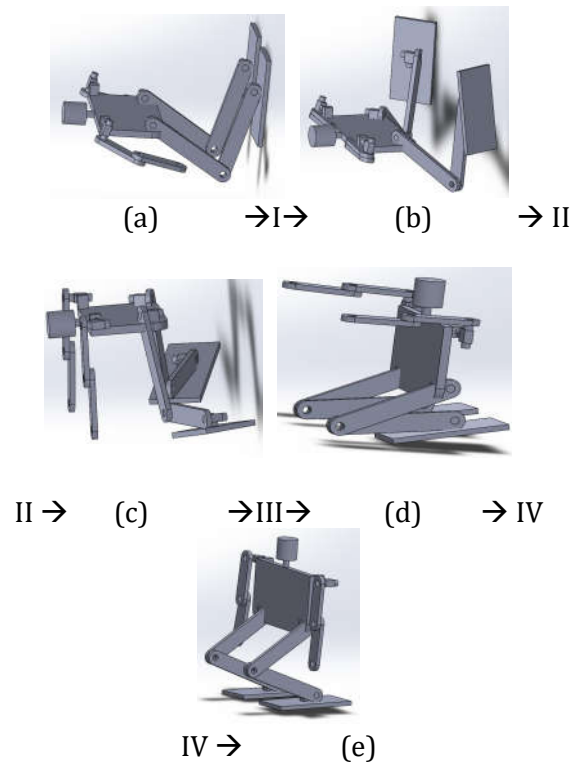
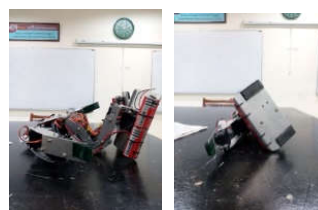
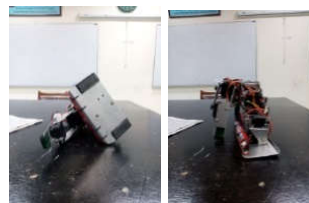


Figure 5. (a) – (e) starting and end position of phases I – IV when standing up from prone position of second method



(a) Phase I movement



(b) Phase II movement

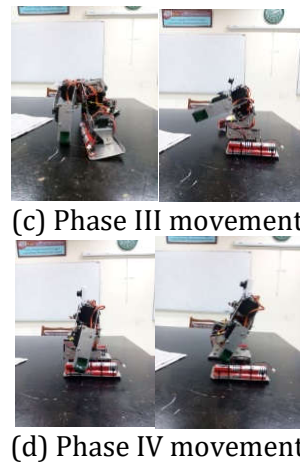


Figure 6. Image sequence showing dynamic standing up from prone position of second method

In this method, when the robot falls, the leg automatically split. And in that position the hand is pushing the ground, making it possible for foot to touch the ground fully. Next the hip moves the body to be perpendicular by the ground. Then the arm stays freely by sides and the knees extended, making the body elevated and stands firmly. This method is not fully recommended, because when the arm pushing the ground, the robot is still unstable due to the splitting leg.

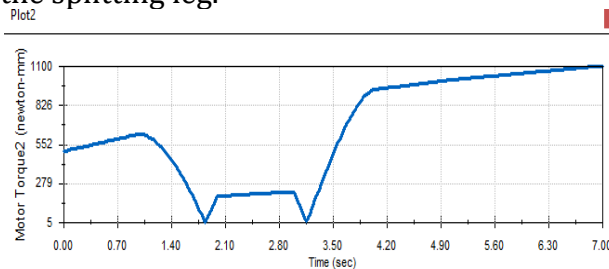


Figure 7. Analysis torque at second method with solid works software

With using motion analysis in solid works application, second method for prone position motion get result for robot's knee motor torque as shown in the figure 8. For seven seconds working time, shown that the highest torque needed for the robot knee is 1100 Nmm. If the value convert to KgCm as the national standard of motor servo torque.

$$T = \frac{1100 \text{ Nmm}}{9,81 \frac{\text{m}}{\text{s}^2} \cdot 10 \text{ Cm}}$$

$$T = 11,21 \text{ KgCm}$$

The motor servo that used for the robot's knee has the highest torque 13Kgmm. The way the robot stand up for the second method of prone position doesn't break the motor servo's torque limit as shown fig 7 motion analysis.

5.3 Third Method Prone Position

When the body falls to the front, the hand is brought to the sides, when the feet facing the ground. Then the hands set position to push the ground, bringing the body up. Then the knees bend a little, making the body a little more stable. A next knee is bended, making it in squatting position. And last the hips raising the body. This method is not fully recommended, because the way the hips bended, the head is at risk of being crooked, and in the worst possibility, snapped.

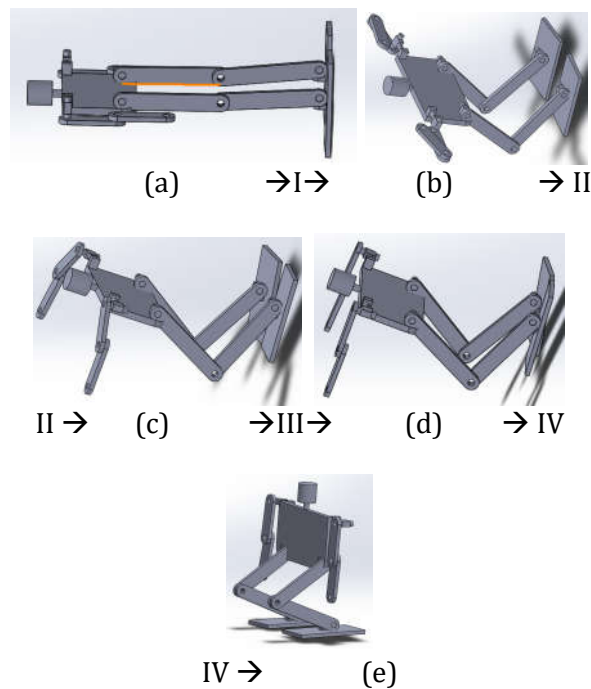
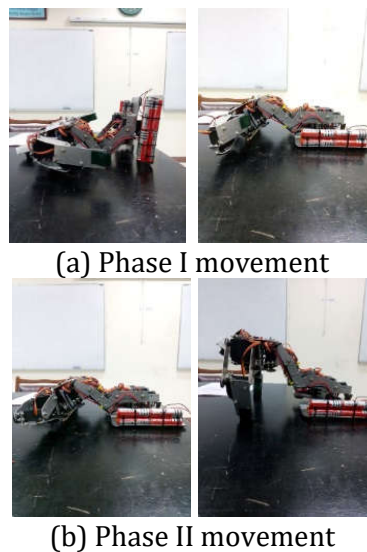
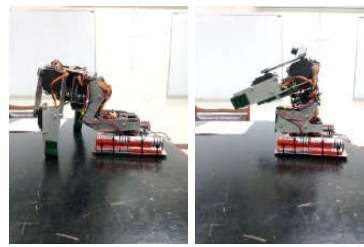
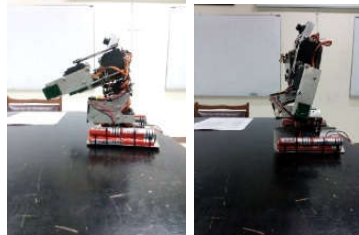


Figure 8. (a) – (e) starting and end position of phases I – IV when standing up from prone position of third method





(c) Phase III movement



(d) Phase IV movement

Figure 9. Image sequence showing dynamic standing up from prone position of third method

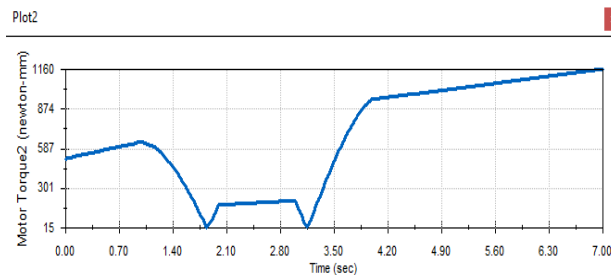


Figure 10. Analysis torque at second method with solid works software

With using motion analysis in solid works application, third method for prone position motion get result for robot's knee motor torque as shown in the fig 10. For seven seconds working time, shown that the highest torque needed for the robot knee is 1160 Nmm. If the value convert to KgCm as the national standard of motor servo torque.

$$T = \frac{1160 \text{ Nmm}}{9,81 \frac{\text{m}}{\text{s}^2} * 10 \text{ Cm}}$$

$$T = 11,82 \text{ KgCm}$$

The motor servo that used for the robot's knee has the highest torque 13Kgmm. The way the robot stand up for the third method of prone position doesn't break the motor servo's torque limit as shown fig 10 motion analysis.

6 Prone Position Method Analyst

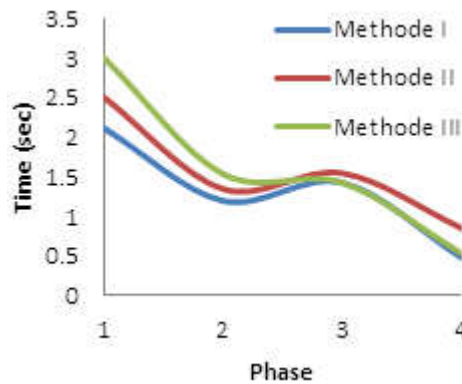


Figure 11. timing respond of phase for I – III methods

Fig 11 show timing response of highest in phase I, this is due to torque movement of motors in phase 1 largest. And timing response of lowest in phase IV, when in position phase IV motor movement to move the body of the humanoid robot does not require a large torque so that the timing response is fast. Overall movement of the motor in each phase of the three methods, timing response of fastest on method I for standing up from prone position in method I.

The main problem of standing up from the prone position is that the knees of a humanoid robot cannot be bent in the forward direction due to movement limitation of motor. If it was expected, standing up from the prone position would be similar with supine position. From the three methods in this paper, makes both arm pinched between the armpits. Then rotate the arm so the lower arm faced the ground directly. Next the lower arm is extended, and the feet is facing the ground directly, making it possible for the robot to stand on its knees. Then left arm is extended to the back, as precaution from falling to the front again by the unstable load. Next, the left foot is extended to the left side, and the right foot is elevated in the same time. Next the left arm swings to the front sides, making it has enough of momentum to be in squatting position. And then both arm stays freely by the sides, on standby position. Then the left hand swings a little bit to the front while the right leg arise , continued by left leg. And last, both legs slowly rising until estimated position then begin walking.

6. CONCLUSION

Of the three methods in this paper, we proposed once methods for standing up from the prone position at a humanoid robot. Of the three methods analyzed, the method gets a good response to standing up from the prone position starting with four steps:

- 1 Move the upper body into a sit-up posture and move the arms into a supporting position behind the back.
- 2 Move into a bridge-like position using the arms as support.
- 3 The motor servo that used for the robot's knee has the highest torque 13Kgmm.
- 4 Move the COM over the feet by swinging the upper body to the front.
- 5 Move the body into an upright posture.

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