

# Augustana College Campus Kitchen: Food Friends

Baillie Brooks

*Augustana College, Rock Island Illinois*

Lauren K. Becker

*Augustana College, Rock Island Illinois*

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# Food Insecurity and a New Sticker Program



Sponsored by Augustana's Campus Kitchen

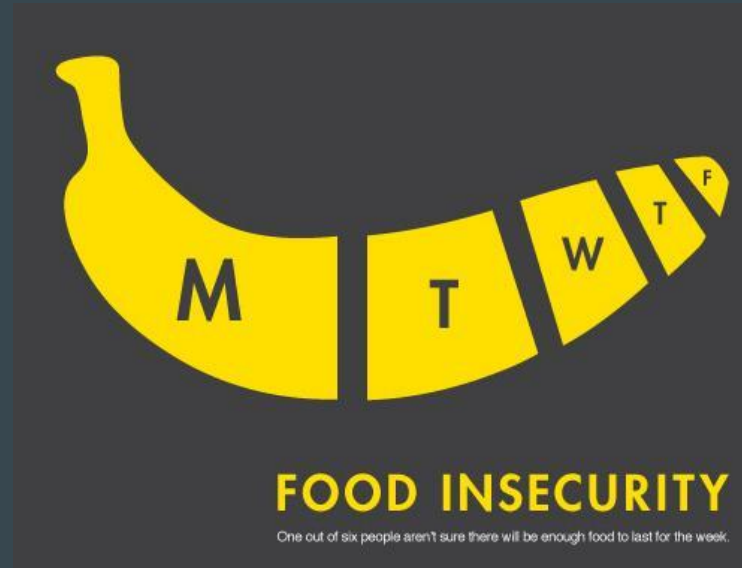


# Food Insecurity



“The lack of reliable access to sufficient quantities of affordable, nutritious food”

- Short Term- A one time occurrence, possibly due to sudden event that causes divergence of money usually used for food.
- Long Term- Insufficient access to food, spanning more than one instance.



# College Food Insecurity Nationally



- Based on a 2016 study published in October by the College and University Food Bank Alliance, 48% of college students reported food insecurity within the past month.
- Empty stomachs lead to empty seats. Half the students in the study reported additional financial issues that lead them to miss classes, or were unable to purchase textbooks necessary for their class.



# Quad Cities Food Insecurity

Data collected from the latest study of national food insecurity

- Rock Island County has been identified as a “food desert”
- 1 in 8 individuals in the Quad City area experience food insecurity
- Effects nearly 13% of the Quad City population and almost 22% of the children in the area



# Augie Food Insecurity



Data Collected by Mark Salisbury for the this academic year:

- 793 Students do not pay for a meal plan
- 251 of those students qualify for the Pell Grant
- Assessed this population for first generation and financially independent students
- Final conservative estimate is around 150 students on Augie's campus are highly vulnerable to experience food insecurity



# #StarvetheStigma



Stigmas that come with Food Insecurity on a college campus:

- Mac & Cheese and Ramen
  - The College Student Culture
- Growing Pain
  - A Right of Passage
- Outsider Effect
  - Me vs. Them





Augustana's Campus  
Kitchen Leadership  
Team





# Campus Kitchens



What is Campus Kitchens?

- National Non-profit
- Recover, Repurpose, Serve food in community

What does Augustana's Campus Kitchen do?

- Hot Meals
  - Next Meal: May 9th
- Campus Cupboard
- Sticker Program

# Resources: On and Off Campus

- Campus Kitchens
- Campus Cupboard
- Campus Collaborators
- River Bend Foodbank
- Anyone on campus with this sticker →



# What Can You Do?



- Continue the Conversation
- Take part in the Sticker Program
- Volunteer at Campus Kitchens Hot Meals
  - Recovery Shift
  - Cooking Shift
  - Serving Shift
- Support the Campus Cupboard

Questions or  
Comments?