

# Dust-Off the ECMO, My Patient Just Inhaled 1,1-difluoroethane

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#### Introduction

- Dust-Off® computer cleaner containing 1,1difluoroethane (DFE) is frequently cited in cases of inhalation abuse.
- Malignant cardiac dysrhythmias are a well-recognized complication of DFE toxicity.
- We describe a patient with prolonged ventricular irritability following DFE inhalation, who was successfully treated with a central α-2 agonist and extracorporeal membrane oxygenation (ECMO).

## **Discussion**

- > Fatal dysrhythmia associated with inhalational abuse of hydrocarbons is often described as "sudden sniffing death".
- > Inhaled hydrocarbons may sensitize the myocardium to catecholamines.
- > Peripheral sympatholysis using  $\beta$ -blockers may be a treatment option.
- > Central α -2 agonists (e.g. clonidine) have been utilized for symapatholysis.
- > DEX is a central  $\alpha$  -2 agonists that has an indication for sedation.
- > ECMO has been utilized to support perfusion until cardiotoxicity resolves.

## **Case Description**

- >A 23-year-old alcoholic with symptoms of EtOH withdrawal, self-medicated by inhaling Dust-Off®.
- > She had a witnessed seizure followed by a pulseless ventricular tachycardia (VT) arrest.

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- > She demonstrated severe ventricular irritability with frequent recurrent VT. Echocardiography (Echo) demonstrated an ejection fraction (EF) of 5%.
- Sedated with dexmedetomidine (DEX)
- > Treated with an esmolol infusion and therapeutic hypothermia.
- > Received extracorporeal membrane oxygenation(ECMO).
- ➢After one week her EF was 65% and ECMO was discontinued . On hospital day 27 she was discharged to a rehabilitation facility.

#### **Conclusion**

>Central  $\alpha$ -2 agonism may be considered as an adjunct therapy to decrease sympathomimetic output.

>ECMO may be considered for supportive care for cardiotoxicity associated with inhalation abuse.