

# The Effects of Modulating Endothelial Nitric Oxide Synthase (eNOS) Activity and Coupling in Extracorporeal Shock Wave Lithotripsy (ESWL)

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## Introduction

ESWL is a clinical therapy to break down kidney and ureteral stones into smaller fragments that are more easily eliminated through the urinary tract. High-energy shock waves are focused on the stone to cause shear stress and cavitation bubbles which synergistically ablate the stones. While ESWL is the preferred treatment for kidney stones over invasive surgeries, the repetitive shock waves necessary to break up the stones may also cause damage to the renal vasculature endothelium and that can lead to chronic hypertension [1]. Previous studies have found that ESWL can cause endothelial dysfunction which is characterized decreased nitric oxide (NO) bioavailability and increased production of reactive oxygen species (ROS) such as superoxide ( $O_2^-$ ) [2]. Normally, endothelial nitric oxide synthase (eNOS) is in a coupled state which forms NO in the presence of essential cofactor tetrahydrobiopterin ( $BH_4$ ) and molecular oxygen. Oxidative stress, such as that caused by ESWL-induced ROS, can cause  $BH_4$  to be oxidized to dihydrobiopterin ( $BH_2$ ). When the  $BH_2:BH_4$  ratio is increased, eNOS becomes uncoupled and produces  $O_2^-$  instead of NO [2, 3] (Figure 1).  $O_2^-$  is short-lived and converted to hydrogen peroxide ( $H_2O_2$ ) in blood by superoxide dismutase. Protein kinase C epsilon (PKCε) has previously been found to regulate eNOS activity via phosphorylation at serine-1177. Cell-permeable PKCε peptide activator (PKCε+) increases eNOS activity while PKCε inhibitor (PKCε-) reduces eNOS activity [2]. Using a combination of eNOS cofactors  $BH_4$  or  $BH_2$  with eNOS activity regulators PKCε+ or PKCε-, we can explore the role of modulating eNOS to reduce oxidative stress and endothelial dysfunction caused by ESWL.

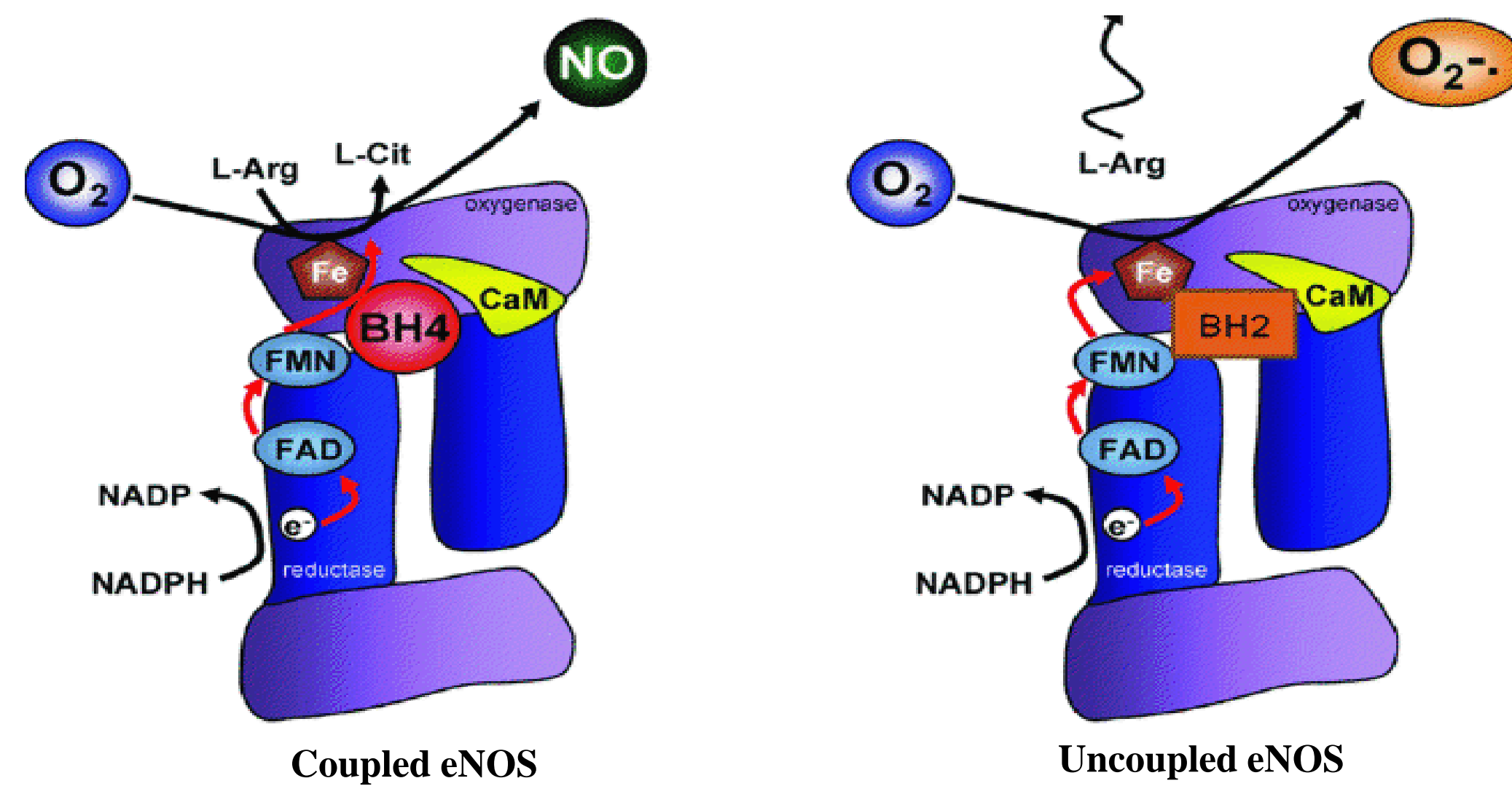


Figure 1. Coupled eNOS and Uncoupled eNOS.  $BH_4$  is the cofactor of coupled eNOS which results in NO production. ESWL-induced oxidative stress results in an increased  $BH_2:BH_4$  ratio.  $BH_2$  is the cofactor for uncoupled eNOS which produces  $O_2^-$  and subsequently  $H_2O_2$ .

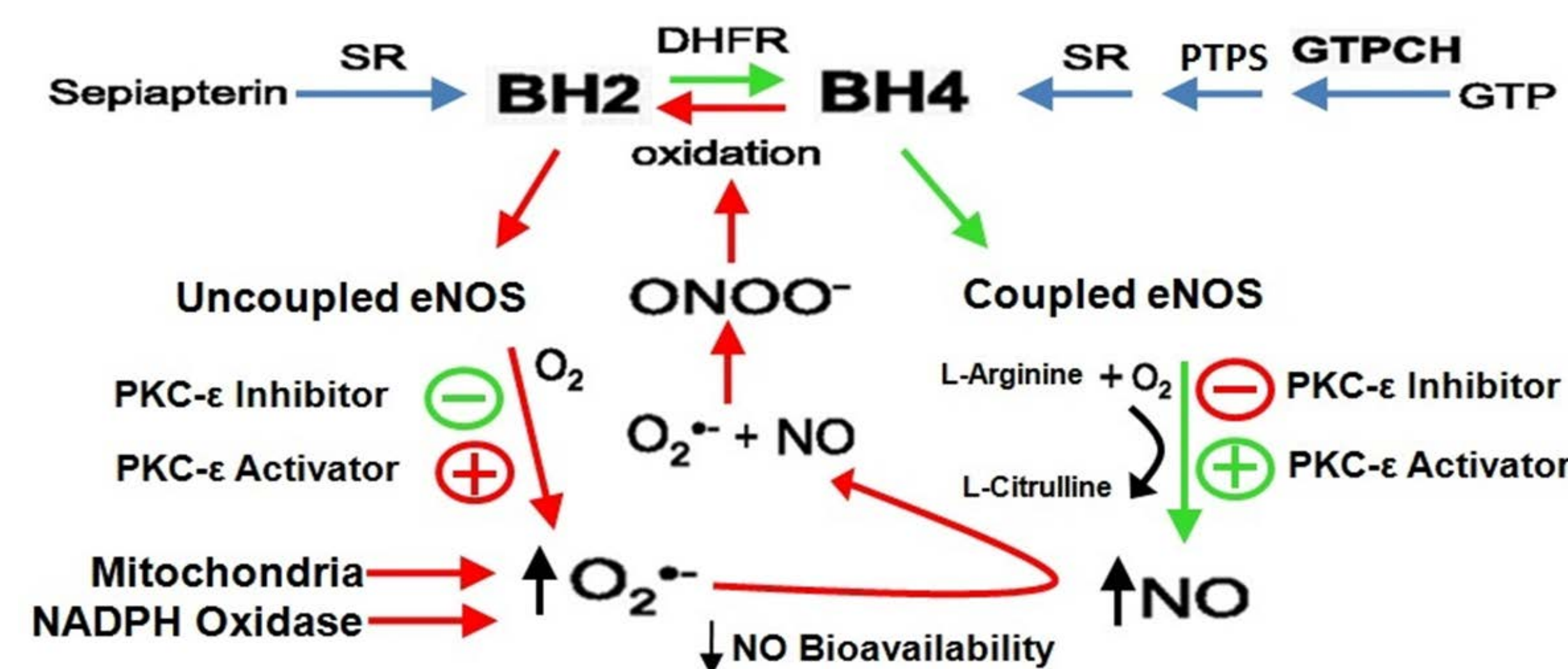


Figure 2. Sources of ROS and the Role of PKCε. NADPH Oxidase releases  $O_2^-$  from leukocytes and endothelial cells. Mitochondria releases  $O_2^-$  via incomplete oxidative phosphorylation. Uncoupled eNOS releases  $O_2^-$  in the presence of  $BH_2$ . Increased  $O_2^-$  quenches NO produced from coupled eNOS to produce ROS such as peroxynitrite ( $ONOO^-$ ) which reduces NO bioavailability and further increases oxidative stress. PKCε+ increases coupled and uncoupled eNOS activity, and PKCε- decreases coupled and uncoupled eNOS.

## Hypothesis

We hypothesize that ESWL treatment will decrease NO and increase  $H_2O_2$  release in rat renal veins compared to no-ESWL controls. We further hypothesize that a post-ESWL i.v. bolus of PKCε+/ $BH_4$  will increase NO and decrease  $H_2O_2$  release compared to ESWL + saline controls. Whereas, we expect a post-ESWL i.v. infusion of PKCε+/ $BH_2$  will decrease NO and increase  $H_2O_2$  compared to ESWL + saline controls. We hypothesize that PKCε- given with either  $BH_4$  or  $BH_2$  after ESWL will increase NO and decrease  $H_2O_2$  release compared to ESWL + saline controls.

## Methods

Male Sprague-Dawley rats (275-325g, Charles River, Springfield, MA) were anesthetized with an induction dose of sodium pentobarbital (60 mg/kg) intraperitoneally. A maintenance dose (30 mg/kg) was administered at intervals of 45 minutes unless otherwise required. The rat also received sodium heparin (1000 USP units/mL) i.p. to act as an anticoagulant. The rat's left external jugular vein was exposed and catheterized with a 24-gauge angio-catheter for drug or saline infusion post-ESWL treatment. The rat was then subjected to a mid-line laparotomy, and the left renal vein was isolated. A 22-gauge angio-catheter was inserted into the left renal vein in direct opposition of the blood flow. A NO or  $H_2O_2$  microsensor was inserted into the renal vein catheter and connected to the TBR 4100 Free Radical Analyzer (World Precision Instruments, Inc., Sarasota, FL) which produces a trace showing real-time measurements of NO or  $H_2O_2$  release recorded in picoamps (pA). The microsensors receive an electrical signal proportional to the free radical concentration through an oxidation/reduction reaction. Baseline measurements were then taken until a stable baseline (i.e., 300 pA decrease per 300 seconds) was achieved. Thereafter, the baseline was set to a "zero" reading, and all measurements post-ESWL were expressed as relative change from baseline. Once a stable baseline was established, ESWL treatment was initiated by a Dornier Epos Ultra Lithotripter (1000 shocks, 500 at 60 beats/min, 500 at 120 beats/min, 16kV, 1.3mHz). To simulate conditions in the no-ESWL control group, the approximate time of treatment (13 min) was maintained without ESWL treatment. Immediately following ESWL or at the same time for no-ESWL controls, 0.5 mL of saline or drug bolus was infused through the jugular vein cannulation followed by a 0.5mL saline flush. Experimental groups included combinations of PKCε+ (N-Myr-HADPIGYD, 1097 g/mol, Genemed Synthesis) or PKCε- (N-Myr-EAVSLKPT, 1054 g/mol, Genemed Synthesis) with  $BH_4$  (314 g/mol, Cayman Chemicals) or  $BH_2$  (239 g/mol, Cayman Chemicals). Recordings of NO and  $H_2O_2$  release were taken throughout the experiment (baseline, ESWL end, 30 min post-ESWL). The microsensors were calibrated prior to each experiment in order to create a standard calibration curve via a stepwise dose-response to the appropriate standard solution. NO readings in pA were converted to nanomoles/L (nM), and  $H_2O_2$  readings in pA were converted to micromoles/L ( $\mu$ M).

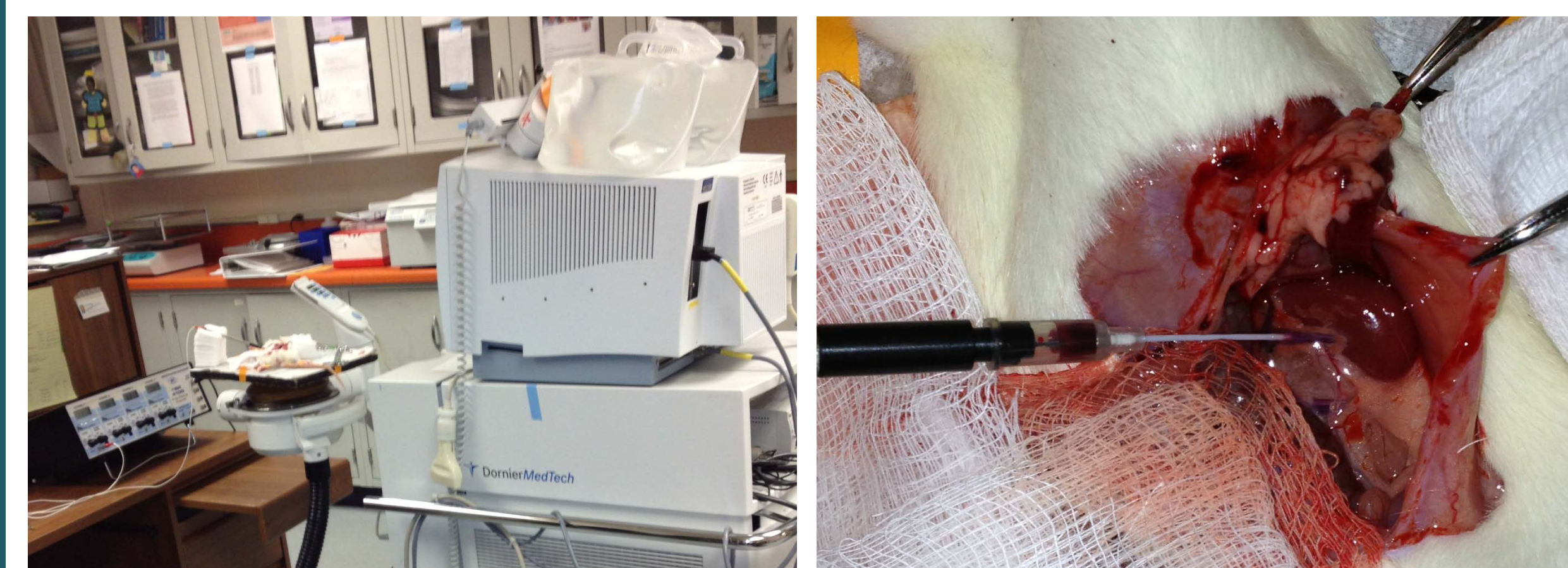


Figure 2. The rat was placed supine on a working board with the left kidney in the focal point of the lithotripter. The microsensor was supported by a catheter in the left renal vein, and the microsensor tip was positioned so that it was in direct contact with the renal vein blood flow.

### Experimental Groups:

#### Nitric Oxide (NO)

1. No-ESWL with Saline (Control) (n=6)
2. ESWL with Saline (Control) (n=5)
3. ESWL with PKCε+/ $BH_4$  (n=5) (0.9 mg/kg; 0.8 mg/kg)
4. ESWL with PKCε+/ $BH_2$  (n=5) (0.9 mg/kg; 2 mg/kg)
5. ESWL with PKCε-/ $BH_4$  (n=5) (0.8 mg/kg; 0.8 mg/kg)
6. ESWL with PKCε-/ $BH_2$  (n=5) (0.8 mg/kg; 2 mg/kg)

#### Hydrogen Peroxide ( $H_2O_2$ )

7. No-ESWL with Saline (Control) (n=6)
8. ESWL with Saline (Control) (n=6)
9. ESWL with PKCε+/ $BH_4$  (n=5) (0.9 mg/kg; 0.8 mg/kg)
10. ESWL with PKCε+/ $BH_2$  (n=5) (0.9 mg/kg; 2 mg/kg)
11. ESWL with PKCε-/ $BH_4$  (n=5) (0.8 mg/kg; 0.8 mg/kg)
12. ESWL with PKCε-/ $BH_2$  (n=5) (0.8 mg/kg; 2 mg/kg)

All data was presented as means  $\pm$  SEM. The data for each time-point were compared by ANOVA using post-hoc analysis with the Student Newman Keuls test. Probability values of less than 0.05 were considered to be statistically significant.

## Results

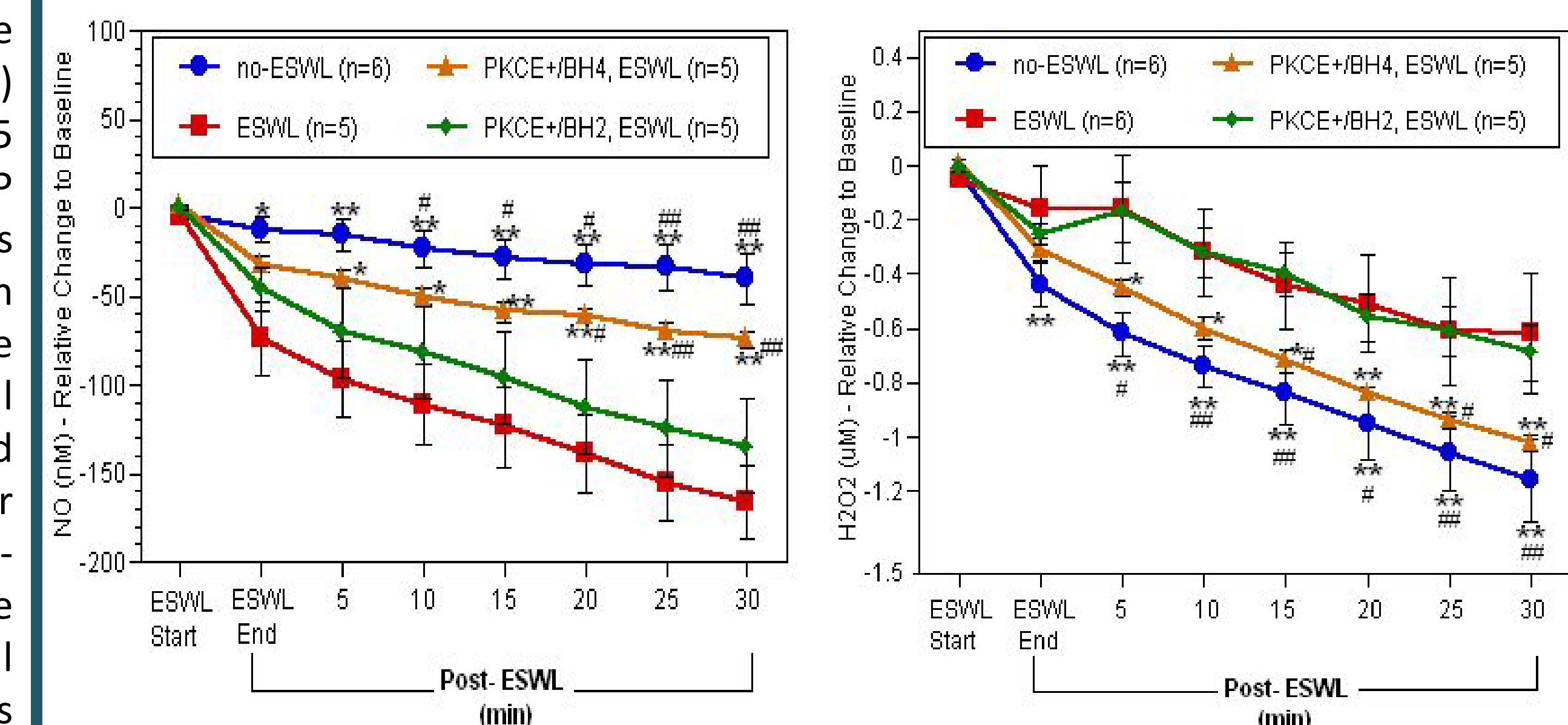


Figure 3. Effect of PKCε+ Combined with  $BH_4$  or  $BH_2$  on Real-Time Blood NO and  $H_2O_2$  Release after ESWL. ESWL significantly decreased NO release and increased  $H_2O_2$  release (5-30 mins post-ESWL) compared to no-ESWL controls. Administration of PKCε+/ $BH_4$  after ESWL was similar to no-ESWL controls, significantly increasing NO and decreasing  $H_2O_2$  release (5-30 mins post-ESWL) compared to ESWL controls. Post-ESWL infusion of PKCε+/ $BH_2$  was similar to the ESWL control group in both NO and  $H_2O_2$  release. (\* $p$ ≤0.05, \*\* $p$ ≤0.01, compared to ESWL controls) (# $p$ ≤0.05, ## $p$ ≤0.01, compared to ESWL with PKCε+/ $BH_2$ )

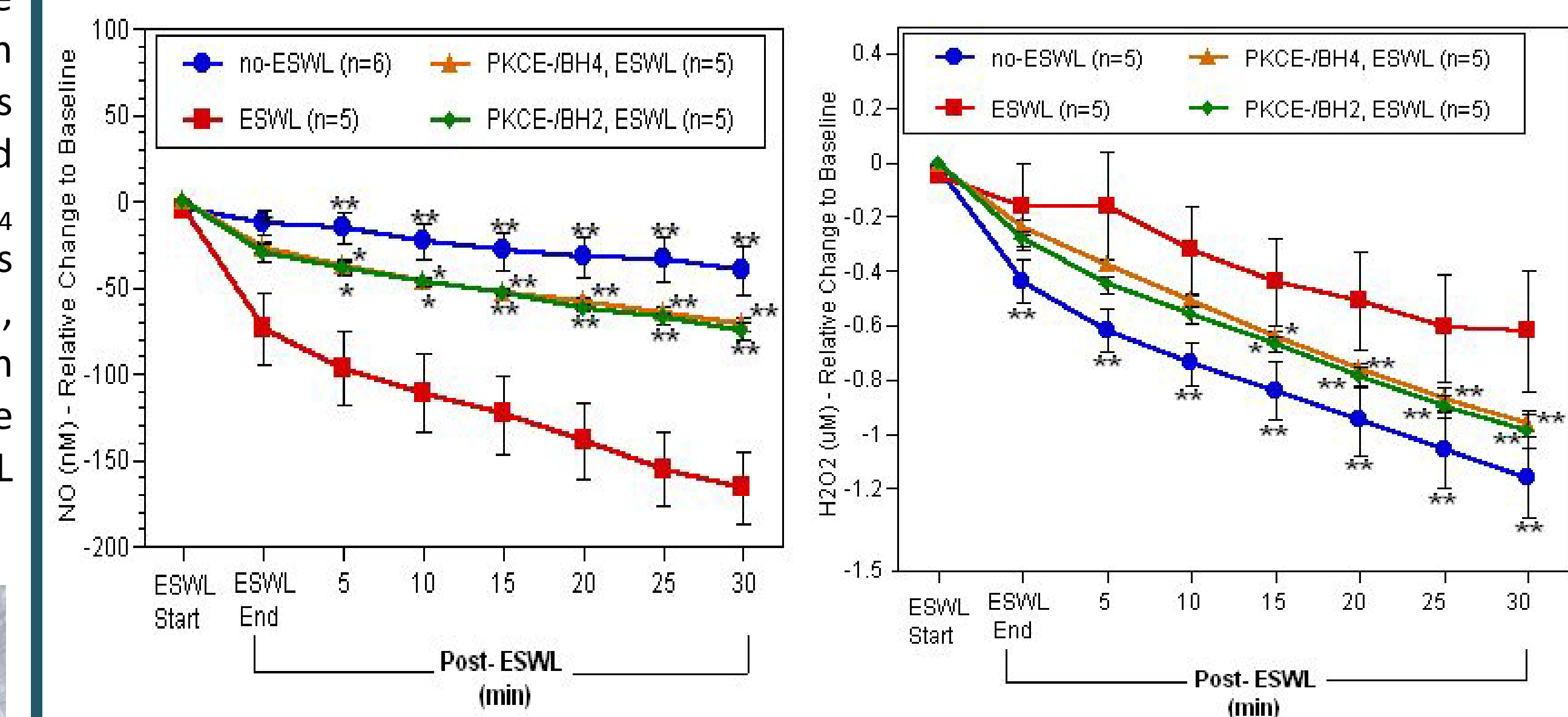


Figure 4. Effect of PKCε- Combined with  $BH_4$  or  $BH_2$  on Real-Time Blood NO and  $H_2O_2$  Release after ESWL. Post-ESWL infusions of PKCε-/ $BH_4$  or PKCε-/ $BH_2$  are both similar to no-ESWL controls, significantly increasing NO release (5-30 mins) and decreasing  $H_2O_2$  release (15-30 mins) compared to ESWL controls. (\* $p$ ≤0.05, \*\* $p$ ≤0.01, compared to ESWL controls)

## Conclusions

ESWL treatment decreased NO and increased  $H_2O_2$  blood levels compared to no-ESWL controls. This supports our hypothesis and previous findings in this lab that ESWL causes oxidative stress and reduced NO bioavailability. Post-ESWL PKCε+/ $BH_4$  significantly attenuated the adverse effects of ESWL by increasing NO and decreasing  $H_2O_2$  release compared to ESWL+saline. This suggests that this combination enhances eNOS in its coupled state. Whereas, post-ESWL PKCε+/ $BH_2$  was similar to ESWL control in  $H_2O_2$  and NO, suggesting that  $BH_2$  is nearing saturation to the eNOS binding site. In contrast, post-ESWL PKCε- with either  $BH_4$  or  $BH_2$  resulted in increased NO and decreased  $H_2O_2$  compared to ESWL+saline. This suggests that PKCε- attenuates eNOS uncoupled activity after ESWL. Potentially, this study can help to develop therapeutic uses for PKCε+/ $BH_4$  or PKCε- in the attenuation of vascular endothelial dysfunction following ESWL treatment and possibly eliminate or reduce the acute renal complications that may lead to chronic conditions such as hypertension.

## References

1. McAteer JA and Evan AP. (2008) The Acute and Long-Term Effects of Shock Wave Lithotripsy. *Seminars in Nephrology*, 28(2), 200-213.
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3. Chen, Q., Kim, E. E. J., Elio, K., Zambrano, C., Krass, S., Teng, J. C., et al. (2010) The role of tetrahydrobiopterin and dihydrobiopterin in ischemia/reperfusion injury when given at reperfusion. *Advances in Pharmacological Sciences*, 2010, 1-11.