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# Graduate Programs Commencement, 5th Class (2004)

Philadelphia College of Osteopathic Medicine

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# Philadelphia College of Osteopathic Medicine 2004



Graduate Programs Commencement



# Philadelphia College of Osteopathic Medicine welcomes you

to the

Graduate Programs Commencement Ceremony
honoring
the Classes of 2004

Doctor of Psychology in Clinical Psychology
Master of Science in Counseling and Clinical Health Psychology
Master of Science in Organizational Development and Leadership
Master of Science in Clinical Psychology
Master of Science in Biomedical Sciences
Master of Science in Forensic Medicine
Master of Science in Health Sciences - Physician Assistant Studies

Friday, July 30, 2004, 11:00 A.M. Verizon Hall, The Kimmel Center Broad and Spruce Streets, Philadelphia, Pennsylvania Philadelphia College of Ostropathic Medicine welcomes you

to the

Graduate Programs Commencement Ceremony

honoring

the Classes of 2004

Doctor of Psychology in Chinical Psychology
Master of Science in Counscing and Chinical Health Psychology
Master of Science in Chinical Dsychology
Master of Science in Chinical Psychology
Master of Science in Forensic Sciences
Master of Science in Forensic Medicine

Friday, July 30, 2004, 11:00 A.M. Verizon Hall, The Himmel Center Broad and Spruce Streets, Philadelphia, Pennsylvania







# The Fifth Annual Graduate School Commencement Ceremony July 30, 2004

While the PCOM of 2004 bustles with the intellectual activity of hundreds of graduate students in numerous masters and doctoral programs amid the environs of a large medical school, it has grown from a small seed planted more than a century ago. When osteopathic schools were forming throughout the country in the 1890s, two students at the Northern Institute of Osteopathy in Minneapolis, Mason W. Pressly and Oscar John Snyder, targeted Philadelphia as a future home for an osteopathic medical college. Although the city of brotherly love had a rich history of medicine, it had but one "osteopathist" by the time Pressly and Snyder graduated in 1898 and 1899, respectively. The two pioneering osteopathic physicians followed through with their vision, incorporating the Philadelphia College and Infirmary of Osteopathy on January 24, 1899. The first PCIO degree was awarded to a transfer student; the first PCIO class, comprised of two students, graduated in February 1900 from the fledgling college, then located at 21 South 12th Street.

The college prospered and moved through a number of sites in its first century, including 1715 North Broad Street, 832 Pine Street, 19th and Spring Garden, 48th and Spruce, and finally, the City Avenue Campus. During this growth period, the medical curriculum intensified, osteopathic research was initiated, and clinic and hospital services grew rapidly as the medical school's student body and faculty expanded dramatically.

After nearly a century of training physicians, PCOM opened its first graduate degree program, the Master of Science in Biomedical Sciences, in 1993. The first five graduates in June 1995 marked the beginning of yet another period of growth for the college - the development of a graduate school. Ten years later, nearly 500 graduate students are enrolled in PCOM's master's and doctoral degree programs.

PCOM's graduate students pursue studies at the master's level in biomedical science, counseling and clinical health psychology, organizational development and leadership, forensic medicine and physician assistant studies. Doctoral-level study is offered in clinical psychology and school psychology with certificate programs for professionals seeking respecialization in clinical psychology. Through innovative distance learning methods and modern telecommunications technology, PCOM extends its Psy.D. program to off-campus classes at East Stroudsburg University and the Dixon University Center in Harrisburg.

The faculty and administration are pleased that you are with us on this important day in our academic year as we celebrate our graduate students, their research and their future in the academic and professional community.

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| Prelude Music   | by The Cathedral-Basilica Brass Quartet, Elin Frazier, Musical Director   |
|---|---|
| Processional  | "March from Athalie"<br>(Felix Mendelssohn)   |
| Faculty Marshals  |   |
| Invocation  | Richard M. Kriebel, Ph.D.   |
| President's Welcome   | Matthew Schure, Ph.D.   |
| The National Anthem   |   |
| Dean's Remarks and Introduction of Speaker Kenneth J. Veit, D.O., M.B.A.  |   |
| ADDRESS:  "Gifts Rediscovered and the Responsibility of Gratitude"  Arthur Freeman, Ed.D.  Professor, Department of Psychology  Philadelphia College of Osteopathic Medicine  |   |
| Presentation of Candidates for Degrees in Course  | Kenneth J. Veit, D.O., M.B.A.<br>Robert G. Cuzzolino, Ed.D.   |
| Doctor of Psychology in Clinical Psychology<br>Master of Science in Counseling and Clinical Health Psychology<br>Master of Science in Organizational Development and Leadership<br>Master of Science in Clinical Psychology<br>Master of Science in Biomedical Sciences<br>Master of Science in Forensic Medicine |   |
| Master of Science in Health Sciences – Physician Assistant Studies  |   |
| Conferring of Degrees   | Matthew Schure, Ph.D.   |
| Hooding of the Graduates  | Dr. DiTomasso, Dr. Freeman<br>Dr. Gosch, Dr. Kriebel, Mr. Cavenagh<br>Mr. Clinton, Mr. Screnci, Dr.Thornton                 |
| Remarks by Student RepresentativesRog   | Aisha Phillipson, Biomedical Sciences<br>er Oliver Beardmore, Psychology Programs<br>David Kon, Physician Assistant Studies |
| Closing Prayer  | Barbara Golden, Ph.D.   |

#### Arthur Freeman, Ed.D.

Professor, Department of Psychology Philadelphia College of Osteopathic Medicine

# "Gifts Rediscovered and the Responsibility of Gratitude"

Intellect, innovation and boundless energy characterize the founder of the psychology programs at Philadelphia College of Osteopathic Medicine. Arthur Freeman is Professor and the founding Chair of the PCOM Department of Psychology. He completed his doctoral work at Teacher's College, Columbia University, studied with Albert Ellis and completed a postdoctoral fellowship at the Center for Cognitive Therapy at the University of Pennsylvania under Dr. Aaron T. Beck. In 1994, Dr. Freeman established the Psy.D. program in Clinical Psychology at PCOM. In just ten years, the Department has grown to offer the doctorate in clinical or school psychology, master's programs in counseling/clinical health psychology, organizational development, and school psychology, educational specialist-level programs for school psychology state certification, and a wide variety of professional development seminars. Arthur Freeman built a department that is an exemplar of intellectual activity through research, teaching and publication, and was recognized in 2004 with accreditation by the American Psychological Association.

In addition to 50 book chapters, reviews and journal articles, Dr. Freeman has published 30 professional books and two trade books, *Woulda, Coulda, Shoulda: Overcoming Mistakes and Missed Opportunities*, and *The Ten Dumbest Mistakes Smart People Make*.

His professional and popular work has been translated into Bulgarian, Chinese, Dutch, German, Italian, Japanese, Portuguese, Spanish, and Swedish.

Dr. Freeman holds diplomates in clinical psychology, family psychology, and behavioral psychology from the American Board of Professional Psychology, a diplomate in Adlerian psychology, and is a fellow of the American Psychological Association, the American Psychological Society, the Academy of Clinical Psychology, and the Academy of Family Psychology. He is a distinguished founding fellow of the Academy of Cognitive Therapy and a former president of the Association for Advancement of Behavior Therapy and the International Association for Cognitive Psychology. Dr. Freeman has lectured in 24 countries during the past 20 years.

Dr. Arthur Freeman has retired from the Chairmanship and relocated to Fort Wayne, Indiana this year but continues to contribute to PCOM's psychology programs through teaching and mentorship of our students.



Degrees in Course July 30, 2004

# The Graduates and their Research

#### DOCTOR OF PSYCHOLOGY IN CLINICAL PSYCHOLOGY

All doctoral degree recipients also earned the Master of Science in Clinical Psychology, awarded by Philadelphia College of Osteopathic Medicine at the time of progression to doctoral degree candidacy.

Jessica Stewart Allen\*

Bridgewater, Massachusetts
B.A., Morehead State University
M.S., Ed., University of Pennsylvania
"Caregivers' Relationship Satisfaction and Perception of
Competency as Predictors of Quality of Life for ALS Patients"

#### L. Stewart Barbera Jr.\*

Huntingdon Valley, Pennsylvania
B.A., Loyola College in Maryland
M.A., Loyola College in Maryland
M.S.W., University of Pennsylvania
"An Evaluation of a Feasibility Study on Intervention
to Overcome Academic Underachievement."

# Iris Rae Baughman\*

State College, Pennsylvania
B.A., The Pennsylvania State University
M.A., Slippery Rock University
"Freeman Quick Screening for Personality Disordered Behavior."

# Roger Oliver Beardmore

Dayton, Ohio
B.A., Duke University
M. Div., Gordon-Conwell Theological Seminary
"A Normative Study of the Mahan and DiTomasso
Anger Scale in an Outpatient Clinical Sample."

#### Claudia A. Blackburn\*

Lancaster, Pennsylvania
B.S., Millersville State University
M.S., University of Scranton
"Alcohol-related Attentional Bias Among Alcohol Dependent Men and Women in
Residential Treatment"

#### Marian Bova\*

Camp Hill, Pennsylvania
B.S., The Pennsylvania State University
M.S., University of Scranton
"Attributional Style and Sleep Disturbance in Combat Veterans with
Posttraumatic Stress Disorder."

#### Sara J. Camaerei\*

Sciota, Pennsylvania
B.A., The Pennsylvania State University
M.S., Chestnut Hill College

"The Relationship between Self-reported Weight Management Behaviors and Perceived Norms Weight Management Behaviors in Scholastic Wrestlers."

#### Flora Casallas\*

Lansdale, Pennsylvania B.A., Temple University M.S., Chestnut Hill College

"A Feasibility Study of a Cognitive Behavioral Smoking Cessation Intervention for Adolescents in Residential Treatment."

# Ray W. Christner\*

Hanover, Pennsylvania B.A., California University of Pennsylvania M.S., California University of Pennsylvania

"The Development and Validation of the Freeman Impediments to Change Scale–Educational Version: A Study of Children and Adolescents with Emotional Disturbance."

#### Dawn Gullette-Crosson\*

Philadelphia, Pennsylvania
B.A., The Pennsylvania State University
M.S., The Pennsylvania State University
"The Effects of After-school Programs on Academic Performance and the Self-Concept."

#### Beth Arburn Davis\*

York, Pennsylvania B.A., Stephens College M.S., Millersville University "Development and Validation of a Scale of Perceived Control Across Multiple Domains."

# Michael T. Degilio\*

Jim Thorpe, Pennsylvania
B.A., Allentown College of St. Francis de Sales
M.S.W., Marywood University

"Juveniles Who Have Sexually Offended: Can Diagnostic Assessment Instruments
Predict Offender Profiles?"

#### Michael J. Dolan

Ashland, Pennsylvania
B.A., The Pennsylvania State University
M.A., Kutztown University
"Assessment of the Revised Stage of Change Model."

#### Sherri R. Edelman\*

Maple Glen, Pennsylvania B.S., Temple University M.S., Hahnemann University

"A Comparison of Attitudes about Aggression, Sexuality and Social Support in the Peer Relationships of Sexually Abused and Nonabused Female Adolescents."

#### Sharon Elwell\*

Omaha, Nebraska B.M., Drake University M.M., Eastman School of Music M.Ed., Temple University

"Anxiety Sensitivity: Validity of the Anxiety Sensitivity Profile on a Clinical Sample."

Christina Esposito\*
Butler, Pennsylvania
B.S., Gannon University
M.S., University of Pittsburgh
"The Impact of Chronic Illness in Children's Academic Functioning:
The School Psychologists' Perspective."

# Degrees in Course

#### Antoinette Hamidian\*

Moscow, Pennsylvania B.S., Marywood University M.S., Bloomsburg University

"Case Manager's Perceived Need for Services and the Actual Frequency of Services Provided in the 0-3 Early Intervention Program in Pennsylvania."

# Carmen Lynn Hodges\*

Trenton, New Jersey B.A., Drew University M.A., Rider College

"An Evaluation of a School-Based Youth Services Mental Health Program: The Benefit of Connectedness in Moderating Adolescent Risk Behaviors."

### Kathleen M. Jansen\*

Dover, Pennsylvania
B.S., York College of Pennsylvania
M.S., Millersville University

"Correlation Between Demographic Variables and Levels of Stress in Law Enforcement Officers."

Christine A. Jenkins\*
Reading, Pennsylvania
B.A., Alvernia College

M.A., Kutztown University

"A Correlational Study of the Relationship between Locus of Control and the Severity of Sexual Crimes Committed by Juvenile and Adult Male Sex Offenders."

# Michael J. Kinney

Mechanicsburg, Pennsylvania B.A., St. Vincent College M.A., Bucknell University

"Realism or Distortion in Predicting and Evaluating Exam Performance among Depressed and Nondepressed Students."

# Julia Kay Jones-Lau\*

Hummelstown, Pennsylvania B.S., Oakland University M.A., Oakland University

"The Relationship Between Social Support, Family's Relocation, Developmental Age, and Eating Disorder Symptomology."

Wendy Sue Lawson\*

Tamaqua, Pennsylvania

B.S., Kutztown University

M.S., Chestnut Hill College

"Learning Disabled Students Self-Perceived Social Competency when Mainstreamed into Regular Education."

### Casey Lehman

Pittsburgh, Pennsylvania

B.S., University of Pittsburgh

M.S., Shippensburg University

"The Relationship between Severity of Personality Disorder Traits, Number of Personality Disorder Traits, and Presence of Axis I Disorders on Marital Satisfaction."

#### Valerie Ann Lemmon\*

Harrisburg, Pennsylvania

B.A., Gettysburg College

M.S., Millersville University

"Differences in Coping among Employed and Unemployed Visually Impaired Adults."

#### Darlene Davis Link

King of Prussia, Pennsylvania

B.A., Bloomsburg University

M.A., West Chester University

"The Role of Motivation to Change on Treatment Outcome in Individuals with Anorexia Nervosa."

#### Stephen Ernest Mack\*

Philadelphia, Pennsylvania

B.S., Cheyney State College

M.A., Villanova University

"Predictors of Occupational Burnout among Substance Abuse Treatment Clinicians."

#### Nancy E. Madden

Ambler, Pennsylvania

B.S.N., Gwynedd-Mercy College

M.S., Rutgers University

"Psychologist's Skepticism and Knowledge about Diagnosing Adolescents with Dissociative Identity Disorder."

Carolyn E. Rutherford\*
Hatboro, Pennsylvania
B.A., Temple University
M.Ed., Temple University
"Life Care Plans: A Resource for Caregivers"

### Judith R. Stern\*

Philadelphia, Pennsylvania
M.H.S., Lincoln University

"Lesbian Mothers and Their Children: Parent's Conception Stories and Children's
Reactions"

Stacey A. Summers\*

Drexel Hill, Pennsylvania B.A., Millersville University M.A., Immaculata College

"The Gender Effect on the Working Alliance as Measured by the Working Alliance Inventory with Standardized Patients."

# Jack Truschel\*

Mountain Top, Pennsylvania B.A., Kings College M.A., Marywood University M.P.A., Marywood University Ed.D., Temple University

"The Comparison of Specific Personality Characteristics of Undeclared Versus Declared College Students."

#### Barbara M. Turk\*

Harrisburg, Pennsylvania B.A., University of Pittsburgh M.S., Shippensburg University

"Assessment for the Presence or Absence of Attention Deficit/Hyperactivity Disorder in Adolescent Females Presenting for Treatment of Depression."

#### Jordan Keith Weisman

Wynnewood, Pennsylvania B.A., Dickinson College M.A., LaSalle University

"The Compliance of Wrap around Clinicians in Philadelphia, Pennsylvania to the Clinical Practice Guidelines for Attention Deficit Hyperactivity Disorder."

Beverly Phillips White\*

Philadelphia, Pennsylvania B.A., Connecticut College

M.S.W., Hunter College

"Defining the TAT's Popularity: Its Current Prevalence of Use and Clinical Utility."

Karyne B. Wilner\*

Altoona, Pennsylvania

B.A., Carnegie Mellon University

M.A., Syracuse University

M.A., University of Pennsylvania

"An Investigation of Anger Management Techniques for Essential Hypertension Patients: A Single Case Study"

<sup>\*</sup> Pending completion of requirements and/or degree conferral by the Board of Trustees.

# MASTER OF SCIENCE IN COUNSELING AND CLINICAL HEALTH PSYCHOLOGY

Oubah Abdalla Philadelphia, Pennsylvania B.A., Temple University

Keena T. Donald Philadelphia, Pennsylvania B.S., Temple University

Justin Michael McCormick Bridgeton, New Jersey B.A., Rowan University

Nicole Lynne Oppenheimer Whiting, New Jersey B.A., Georgian Court University

> Jeffrey A. Ronald North East, Maryland B.S., Widener University

Melissa A. Scalzo Conshohocken, Pennsylvania B.A., West Chester University

Maria Teresa Stella Toms River, New Jersey B.S., Muhlenberg College

Dana Lauren Weiss Turnersville, New Jersey B.A., Rowan University

# MASTER OF SCIENCE IN ORGANIZATIONAL DEVELOPMENT AND LEADERSHIP

Dené L. Brogdon Philadelphia, Pennsylvania B.S., Millersville University

Mary M. Clark
Philadelphia, Pennsylvania
B.S., Hahnemann University
A.S., Hahnemann University

Christopher Peter Conklin Fort Washington, Pennsylvania B.A., Beaver College

> Deborah Helen Erdner Sea Isle City, New Jersey B.A., Wilkes University

David M. Hoene Lafayette, New York B.A., Beaver College A.B., Onondaga Community College Juanita Maria Smith Pressley
Sewell, New Jersey
B.A., Wilberforce University
M.S., University of Pennsylvania

Adam Sean Warren
Phoenixville, Pennsylvania
B.S., The Pennsylvania State University

Nancy Madison-Lewis Philadelphia, Pennsylvania B.S., Rosemont College A.S., Peirce College

Michael McGarrigle Springfield, Pennsylvania B.A., Neumann College

Kelly Anne McGhee Deptford, New Jersey B.S., Rowan University

#### The Graduates and Their Research

# MASTER OF SCIENCE IN BIOMEDICAL SCIENCES

#### Norrell Kristin Atkinson

Philadelphia, Pennsylvania
B.A., University of Pennsylvania
"Protein Kinase C Beta II and Zeta Inhibition Exerts
Cardioprotective Effects in Ischemia/Reperfusion Injury"

# Tonja Denise Bennett

Atlanta, Georgia

B. S., Georgia State University
"Estrogen Receptor Alpha Neurons Contribute to Sex Behavior in Male Mice"

#### Richard Brue

Sioux Falls, South Dakota
B.S., University of South Dakota – Vermillion
"Individual Effects of Protein Kinase C Beta II or Zeta Inhibition in
Polymorphonuclear Leukocytic Induction of Myocardial
Ischemia/Reperfusion Injury"

# Julie Caffrey

Bowie, Maryland
B.S., Salisbury University
"Age Effect on Dissemination of Clamydophila Pneumoniae into the Olfactory
Bulb of BALB/C Mice"

#### Beth A. Chekemian

Sewell, New Jersey
B.A., Rutgers University-Camden
Organizational Development and Leadership Concentration

John D. Chico

Chicago, Illinois B.A., Villanova University

"Lutein Supplementation in Patients with Retinal Degenerative Diseases"

Alissa M. Cohen

Pittsburgh, Pennsylvania B.S., University of Delaware "Hystersis as a Measure of Ankle Dysfunction"

#### Samantha DeCouto

Warwick, Bermuda B.A., Franklin & Marshall College M.S. Miami University

"Effect of Anti-Tumor Necrosis Factor on the Loss of Body Cell Mass in Female Patients with Rheumatoid Arthritis"

## Daniel J. Doyle

Carlisle, Pennsylvania
B.A., University of Pittsburgh-Main
Organizational Development and Leadership Concentration

# Christina Johnson

Philadelphia, Pennsylvania B.A., Ursinus College

"The Spatial and Temporal Distribution of Laminin, Collagen Type III and Collagen Type IV Relative to that of Alpha 1 Integrin in Chick Skeletal Muscle"

#### Michelle Lee

Irvine, California

B.A., University of California, Berkeley

"The Effects of Chlamydophila (Chlamydia) Pneumoniae Infection on ß-Amyloid and Tau Proteins in Neuronal Cells"

#### Richard Lin

San Francisco, California
B.S., University of California, Davis
"The Severity and Extent of Chlamydophila Pneumoniae Dissemination in Young and Old BALB/C Mice"

# Susan McCaughan

Wilmington, Delaware

B.S., University of the Sciences in Philadelphia Pharm.D., University of the Sciences in Philadelphia "The Effects of Exercise on Gait in Men and Women with Multiple Sclerosis"

#### Georgie Mathew

Philadelphia, Pennsylvania B.A., Temple University

"The Impact of the Healthy Lifestyle Intervention Program on Obesity and Health in African-American Women"

#### Shannon Kimberly Monk

Virginia Beach, Virginia B.S., Salisbury University

"Development of an In Vitro Model of the Blood Brain Barrier: Examining Potential Mechanisms of Viral Spread into the Central Nervous System"

Edgar C. Moore Jr.

Tabernacle, New Jersey

B.S., Ursinus College

D.O., Philadelphia College of Osteopathic Medicine "Intravenous, Intranasal, and Intercerebral Inoculation of Mice With Mouse Hepatitis Virus Strain A59"

# Brian Todd Morgan

East Brunswick, New Jersey
B.S. Carnegie Mellon University
Organizational Development and Leadership Concentration

# Oludare Ajayi Martin Ogunsola

Birmingham, Alabama

B.A., Loyola College in Maryland

"Does Infection with Chlamydophila (Chlamydia) Pneumoniae Affect Neuronal Serotonin Receptors?"

# Didi Ehidiame Omiyi

Uromi, Edo State, Nigeria B.S., Creighton University "Protein Kinase C Beta II Peptide Inhibitor Exerts Cardioprotective Effects in Ischemia/Reperfusion Injury"

# Sheryl Gopal Patel

Cherry Hill, New Jersey

B.S., University of Massachusetts-Amherst
"Effects of Chlamydophila (Chlamydia) Pneumoniae Infection on the Beta
Amyloid Precursor Protein in a Human Neuronal Cell Line"

# Aisha Phillipson

South Plainfield, New Jersey
B.S., Rutgers University-New Brunswick
"PKC Zeta Peptide Inhibitor Exerts Cardioprotective Effects in
Ischemia/Reperfusion Injury"

#### Scott Andrew Shainker

Andover, Massachusetts B.S., Muhlenberg College

"Incidence of Pathology of the Long Tendon of the Biceps Brachii and Associated Shoulder Pathology: An Anatomical Study"

# Charlene E. Talley

Camden, New Jersey
B.A., Franklin and Marshall College
"Accelerated Deterioration of Cultured Lymphoblast Cells by l-Carnosine"

# Thomas L. Zickgraf

Miramar, Florida

B.S., University of Miami

D.O., Philadelphia College of Osteopathic Medicine
"Factors Contributing to Increased Emergency Department Use Among Patients
with Chronic Conditions"

#### MASTER OF SCIENCE IN FORENSIC MEDICINE

Gretchen A. Barbour\* Rochester, New York B.S., Eastern University

Sharon Natalie Baugh Odessa, Florida B.A., Temple University

Amy Bernodin Ashland, Pennsylvania B.S., King's College

Brenda Lee Black\*
Youngstown, Ohio
B.S., Pennsylvania College of Technology
A.A., Youngstown State University

Shannon Lee FitzPatrick\* Glenside, Pennsylvania B.S.N., Salisbury State University

John Edgar Garnett
Philadelphia, Pennsylvania
B.A., The Pennsylvania State University
M.D., Methodist Theological School
M.A., Methodist Theological School

Jennifer L. Herman\*
Parkesburg, Pennsylvania
B.S., East Stroudsburg University

Suzanne Mahoney Hunt\*
Turnersville, New Jersey
B.S., Rutgers University
B.S.N., Methodist Hospital School of Nursing

E. Caesar Jarrett

New York City, New York B.A., John Jay College of Criminal Justice M.S., University of New Haven

Ciara Naté Johnson Philadelphia, Pennsylvania B.S., The Pennsylvania State University James P. McCans Havertown, Pennsylvania B.S., Neumann College

Mistye J. Wagner-McGee\*
Flourtown, Pennsylvania
B.S.N., Widener University School of Nursing

Carlene M. McLaughlin\*
Boothwyn, Pennsylvania
B.S., Villanova University
M.S., Hahnemann University
B.S.N., Thomas Jefferson University
M.S.N., MCP-Hahnemann University

Stephanie A. Padoan\* Mount Laurel, New Jersey B.S.N., Thomas Jefferson University

> Dianne E. Rogomentick\* Mullica Hill, New Jersey B.S., Immaculata University

Deborah Gloria Roundtree Philadelphia, Pennsylvania B.S., Delaware State University

Barbara A. Rushworth Chalfont, Pennsylvania B.S., Delaware Valley College

Lisa M. Sgarlata Norristown, Pennsylvania B.S., Gwynedd-Mercy College A.S.N., Gwynedd-Mercy College

Eva Frances Santos-Ventrella\*
Manhattan, New York
B.S., College of Mount Saint Vincent
B.S., City University of New York

<sup>\*</sup> Pending completion of requirements and/or degree conferral by the Board of Trustees.

#### The Graduates and their Research

# MASTER OF SCIENCE IN HEALTH SCIENCES PHYSICIAN ASSISTANT STUDIES

#### Marissa L. Bauck

Marlton, New Jersey

B.A., Lafayette College

"What is the Safety and Efficacy of Divalproex Sodium Versus Naproxen Sodium in the Prophylactic Treatment of Migraine Headaches in Adults?"

#### Stephanie R. Bey

New Castle, Delaware

B.S., University of the Sciences in Philadelphia

B.S., Lincoln University

"How Safe and Effective is Warfarin Plus Aspirin Versus Aspirin Alone in Reducing Major Cardiovascular Events and Death in Patients with Unstable Angina?"

#### Melissa C. Buttrill

Port Washington, New York

B.S., Trinity College

"Is the 585mm Pulse Dye Laser Safe and Effective in Improving Cosmesis for Patients with Hypertrophic Scars?"

# Linda K. Capelli

Hamilton Square, NJ

B.S., Muhlenberg College

M.A., The College of New Jersey

"Is Coenzyme Q Safe and Effective in Delaying the Progression of Functional Decline in Patients with Parkinson's Disease?"

#### Kristina Marie Carlisle

Irondequoit, New York

B.A., Arcadia University

"What is the Safety and Efficacy of Grisefulvin Versus Terbinafine in the Treatment of Tinea Capitis in Children Caused by M. Canus and T. Tonsurans?"

## Michael Anthony Caromano

Blue Anchor, New Jersey B.S., Old Dominion University

B.S., University of the Sciences in Philadelphia

"Is Continuous Positive Airway Pressure (CPAP) a Safe and Effective Treatment for Reducing Symptoms and Complications of Sleep Disordered Breathing in Patients with Congestive Heart Failure?'

#### Barbara Chalom

Rockville, Maryland

B.A., George Washington University

"Is Combination Topical Clindamycin with Benzoyl Peroxide Gel as Effective and Tolerable Compared to Topical Clindamycin or Topical Benzoyl Peroxide Alone in the Treatment of Mild to Moderate acne Vulgaris?"

# Jaime Ryan Chandler

North Adams, Massachusetts B.S., Union College

"Are Steroids Safe and Effective in the Treatment of Hyperemesis Gravidarum?"

#### Nikki Chokshi

Syosset, New York

B.A., New York University

"Are Paclitaxel Coated Stents Versus Bare Metal Stents Safe and Effective in Reducing Morbidity and Mortality in Patients with Coronary Artery Disease?"

#### Cara C. Cimilluca

Xenia, Ohio

B.S., University of Michigan

"Is Nitazoxanide Safe and Effective in Resolving Cryptosporidium Parvum Diarrhea in HIV+ and HIV- Patients"

# Preethy Cyriac

Upper Darby, Pennsylvania

B.S., University of the Sciences in Philadelphia

"How Safe and Effective is Naltrexone in the Treatment of Autism in Children?"

#### Patrick H. D'Arco

Oak Ridge, New Jersey B.S., The Pennsylvania State University

M.Ed., Temple University

"Does Therapeutic Knee Taping Decrease Knee Pain and Improve Function in Patients with Patellofemoral Pain?"

### Megan Joy Delaney

Lancaster, Pennsylvania

B.S., University of the Sciences in Philadelphia "What is the Optimal Dosage and Duration of Coumadin Therapy for the

Prevention of Recurrent Deep Venous Thrombosis?"

# Rolando de Luna Jr.

Houston, Texas

B.S., Texas Christian University

"Are SSRI's Safe and Effective for the Treatment of Depression in Post-Myocardial Infarction Patients?"

#### Mark L. Denzine

Chardon, Ohio

B.A., University of Vermont

"Is Pseudoephedrine a Safe and Effective Decongestant for Patients with Hypertension?"

#### Kelli Ann McManis-DiPatrizio

Philadelphia, Pennsylvania

B.S., University of the Sciences in Philadelphia

"Are SSRI's Safe and Effective in Decreasing Hot Flashes in Menopausal Women?"

#### Danielle Elsie Eades

Broomall, Pennsylvania

B.A., Virginia Wesleyan College

"Are T-Cell-Selective Nonsteroidal Cytokine Inhibitors Safe and Effective in Reducing Symptom Severity and Reducing the Incidence of Recurrent Flares of Atopic Dermatitis in Children?"

# Megan Ann Flynn

Columbia, Maryland B.S., Salisbury University

"How Safe and Effective is Uterine Artery Embolization Versus Hysterectomy in Patients with Primary Postpartum Hemorrhage?"

#### Jean Foster

Silver Spring, Maryland B.S., University of Delaware M.S., East Stroudsburg University

"Are Steroid Otic Solutions as Safe and Effective in the Treatment of Acute Otitis Externa as Steroid-Plus-Antibiotic Otic Solutions?"

### Julia Freeman

Wayne, New Jersey

B.S., University of the Sciences in Philadelphia

"Is the Combination Therapy of Tazorac and a Topical Corticosteroid Safer and More Efficacious Than Either Component as a Monotherapy in the Treatment of Psoriasis?"

#### Leslie Garman

Las Vegas, Nevada

B.A., Loyola Marymount University

"Are Oral Contraceptives Safe and Effective in the Treatment of Mild to Moderate Acne Vulgaris?"

# Benjamin D. Giancaterino

Norwood, Pennsylvania B.S., West Chester University

M.S.A., West Chester University

"How Safe and Effective is Immunotherapy in the Treatment of Feline Allergy Symptoms in Adults with and without Feline Allergy-Induced Asthma?"

#### Sean Thomas Guinane

Howell, New Jersey

B.S., University of the Sciences in Philadelphia
"Is Sibutramine (Meridia®) Safe and Effective for the Treatment of Obesity in
Hypertensive Patients?"

# Degrees in Course

# "Sabra" Jane Hammond

Atlanta, Georgia

B.A., University of Rochester

J.D., Northeastern University

"Is Lactobacillus/Acidophilus a Safe and Effective Treatment for Bacterial Vaginosis?"

#### Heather N. Hickman

Fairview Heights, Illinois

B.S., University of Illinois - Urbana-Champaign

B.A., University of Illinois - Urbana-Champaign

"Is Uterine Artery Embolization Safe and Effective for the Treatment of Symptomatic Uterine Fibroids?"

# Amy C. Iseminger

Constantine, Michigan

B.S., Abilene Christian University

"How Safe and Effective is Infliximab in the Treatment of Patients with Moderate to Severe Crohn's Disease?"

# Lauren R. Janney

Elkton, Maryland

B.S., Washington College

"How Safe and Effective is the Use of Unrelated Donor Cord Blood Transplantation in Treating Adults with Leukemia?"

#### David Kon

Cherry Hill, New Jersey

B.A., Rutgers University

"How Safe and Effective are Selective Serotonin Reuptake Inhibitors in the Treatment of Irritable Bowel Syndrome."

#### Meenal Kothari

East Brunswick, New Jersey

B.S., University of the Sciences in Philadelphia

"Is a Vaginal Hysterectomy Versus Abdominal Hysterectomy Safe and Effective in Reducing Hospital Stay and Increasing Recovery Time in Patients with Benign Uterine Disease?"

#### Jason David Kuchta

Natrona Heights, Pennsylvania

B.S., Marietta College

"Are Saline-Bloused Intra-Articular Injections Safe and Effective for the Prevention of Anterior Shoulder Dislocations in Patients with a Previous History of Anterior Shoulder Dislocation?"

# Degrees in Course

#### Rebecca M. Lanford

Baltimore, Maryland

B.A., Northwestern University

"Is Alendronate in Combination with Calcium and Vitamin D Therapy Safe and Effective in the Prevention of New Vertebral Fractures in Postmenopausal Women with Osteopenia or Osteoporosis?"

#### Robert Marshall Lea

Pennsville, New Jersey B.S., Rowan University

"Is Orlistat Safe and Effective for the Treatment of Obesity in Type 2 Diabetics?"

## Kelly Erin McCosh

Berlin, New Hampshire

B.S., University of the Sciences in Philadelphia

"What is the Safety and Efficacy of Leukotriene Inhibitors Versus Intranasal Corticosteroids for the Symptomatic Improvement of Patients with Seasonal Allergic Rhinitis?"

#### Jessie Elizabeth Mallalieu

Stroudsburg, Pennsylvania

B.S., Grove City College

"How Safe and Effective is Arthroscopic Joint Lavage for Patients with Osteoarthritis of the Knee?"

# Anju Rachel Mathew

Staten Island, New York

B.S., University of the Sciences in Philadelphia

"Is Parathyroid Hormone Safe and Effective for the Treatment of Osteoporosis?"

#### Thomas Albert Monko

Mechanicsburg, Pennsylvania

B.S., The Pennsylvania State University

"Does Local Lidocaine Anesthesia Containing Antibiotics Versus Local Lidocaine Alone Result in Lower Wound Infection Rates when Used Prior to Basal Cell Carcinoma Excision in Adults?"

#### Tiffany Anne Montgomery

Philadelphia, Pennsylvania

B.S., University of the Sciences in Philadelphia

"Does Oral Zinc Supplementation Decrease the Duration and Severity of Non-Infectious Diarrhea in Children?"

#### Erin Ocello

Whittier, California

B.S., University of San Diego

"Is Prucalopride Safe and Effective for the Treatment of Chronic Constipation?"

#### Sona Bakulesh Patel

Danville, Pennsylvania

B.S., University of the Sciences in Philadelphia

"How Safe and Effective is Modafinil (Provigil) as an Adjunctive Treatment for Major Depression?"

### Stacie Lyn Patterson

Rochester Hills, Michigan

B.S., Arizona State University

"Is Topical Azelaic Acid Safe and Effective in Reducing inflammatory Lesions and Facial Erythema in Patients with Papulopustular Rosacea?"

#### Anne Perkins

Holbrook, New York

B.S., Marist College

"Is Montelukast Alone, or in Combination with Loratadine Safe and Effective for the Treatment of Seasonal Allergic Rhinitis in Adults?"

#### Janice Christina Puccio

Drums, Pennsylvania

B.S., University of the Sciences in Philadelphia

"Is Botulism Toxin A Safe and Effective in the Temporary Treatment of Glabellar Facial Wrinkles?"

#### Dana Meredith Schmitt

Randolph, New Jersey

B.S., The Pennsylvania State University

"Is Extracororeal Shockwave Therapy Safe and Effective for the Treatment of Chronic Calcific Shoulder Tendonitits?"

#### Marcy Ann Mattern

Peoria, Illinois

B.S., Southeast Missouri State University

"Is imiquimod (Aldara) a safe and effective treatment for genital warts in non-immunocompromised patients?"

#### Tori Y. Sims

Rock Hill, South Carolina

B.S., University of North Carolina at Chapel Hill
"Is Moxifloxacin Versus Clarithromycin Safe and Effective for the Treatment of
Acute Exacerbations of Chronic Bronchitis?"

#### Alyse N. Stern

Glen Ridge, New Jersey

B.S., University of Maryland-College Park

"What is the Safety and Efficacy of Bupropion (Wellbutrin) in the Treatment of Attention-Deficit Hyperactivity Disorder (ADHD) in Adults and Adolescents?"

# April S. White

Lansdowne, Pennsylvania

B.S., University of the Sciences in Philadelphia

"What is the Safety and Efficacy of Pergolide Versus Gabapentin for Treatment of Restless Leg Syndrome?"

#### Lisa A. White

Ashaway, Rhode Island

B.S., Ithaca College

"Can Chronic Low Back Pain be Safely and Effectively Treated with Vertebral Axial Decompression?"

#### Meredith A. Wickline

Toughkenamon, Pennsylvania
B.S., The Pennsylvania State University
"Is Nifedipine Versus Ritodrine Safe and Effective for the Treatment of
Preterm Labor?"

#### Christine L. Wilson

Plantation, Florida

B.A., Messiah College

"Is Oxygen Therapy Safe and Effective for the Treatment of Cluster Headaches?"

#### Sherry Zapata

Kearny, New Jersey

B.S., University of the Sciences in Philadelphia

"Is an Intranasal Anti-Inflammatory Agent, in Addition to an Oral Antibiotic, as Safe and Effective as an Oral Antibiotic Alone in Decreasing Symptoms of Acute Sinusitis?"

### MASTER OF SCIENCE IN CLINICAL PSYCHOLOGY

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This award is presented at graduation to the senior Physician Assistant student who has demonstrated an ongoing commitment to those in need. The recipient exemplifies the philosophy of health care service and compassion above self.

David Kon

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This award recognizes excellence in student research across all academic programs of the College.

Christina Johnson

### PHYSICIAN ASSISTANT EXCELLENCE IN LEADERSHIP AWARD

Thomas Monko

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Amy Bernodin

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Dana Schmitt

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We are pleased to recognize and congratulate the following graduates of the Doctor of Psychology in Clinical Psychology program whose dissertation research, writing, and presentation was judged by the Psychology faculty to be of meritorious distinction:

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Claudia A. Blackburn
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# The College Seal





The College Seal first appeared in 1925 embossed on the cover of *The Synapsis*, the College's first yearbook. Volume One of *The Synapsis* was published by the junior class of Philadelphia College of Osteopathy in honor of the graduating Class of 1925. The first Seal incorporated the College motto *mens et manus*, "mind and hand." The Seal's origin is unknown, as is its designer.

In 1938, Edgar O. Holden, D.O. '22, dean of the College from 1924-1943, and Russell C. Erb, Ph.D., associate dean from 1937-1943, proposed and designed a Coat of Arms. The Coat of Arms appeared for the first time in the 1938 alumni magazine and featured a heraldic design that applies to the osteopathic profession. The three triangles are symbolic of the three segments of the vertebral column, which has a significant part in the science of osteopathic medicine. The hand emerges from a noble crown indicative of the regal aspect and dignity, as well as the healing powers of the human hand when applied to the art and science of osteopathic medicine. The College motto was retained and the Coat of Arms was utilized as the College Seal in various motifs through the mid-1980s.

An adaptation of the first College Seal was re-introduced in 1986. Today's College Seal, similar to the original, was adopted following the College's Centennial celebration in 1999.

The Seal features a centrally-placed shield within which are shown a scroll and a flaming torch of knowledge. Immediately above is the College motto *mens et manus*, reflecting the College's osteopathic origin. Uppermost and arranged in a radial pattern are streaks of solar brilliance. Separated from either side of the shield are branches of laurel joined and bound together at the center, close to the base of the shield. These components exemplify teaching, learning and the attainment of knowledge leading to successful careers in the health care professions. The name of the College and the year of its founding encircle the Seal.

### The Academic Costume

The academic dress worn today for ceremonial occasions originated in medieval times and stems from the early days of the oldest universities. It is thought that long gowns were first worn for warmth in the cold lecture halls. And hoods may have covered the tonsured head (shorn crown) of priests and monks who made up the faculty. One university insisted on the tonsure for scholars. The hoods were replaced by the skull cap, which in turn was displaced by a headgear somewhat like that worn today.

The faculty and students of European universities still wear a diversity of academic regalia. However, in 1893, a United States intercollegiate commission dictated a uniform code which has been accepted by most American colleges and universities.

The commission devised three types of gown and three types of hood for the bachelor's, the master's and the doctor's degree. All gowns are black except for the associate in arts degree, which is gray.

The bachelor's gown features pointed sleeves and is worn closed; the master's gown has an oblong sleeve and may be worn open or closed. The gown for the doctor's degree has bell-shaped sleeves slashed with three velvet bars. The front of the gown is faced with velvet and is worn either open or closed. Mortarboards are generally recommended for caps, although soft, square-topped caps are permissible. Tassels may be black or gold and are usually gold for the doctor's degree.

The colorful hoods are lined with silk in the color or colors of the institution granting the degree. The length of the hood varies according to the degree: short for the associate's and bachelor's degree; medium for the master's and long for the doctorate. In addition, the hood is trimmed with velvet facing representing the academic discipline or school of study. Although there has been much innovation in cap and gown design in recent years, the standard colors representing the various academic disciplines have remained the same. These are:

White: Arts and Letters or Humanities

Golden yellow: Science
Purple: Law

Lemon yellow: Library Science Sapphire blue: Commerce or Business

Light blue: Education
Brown: Fine Arts
Dark blue: Philosophy

Green: Medicine—the color of life and growth. (Fellows of the American College of

Osteopathic Surgeons wear hoods trimmed

with crimson.)









