### Using EEG-validated Music Emotion Recognition Techniques to Classify Multi-Genre Popular Music for Therapeutic Purposes

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### INTRODUCTION

"...lowering apical heart rates and raising peripheral temperatures were more successful in the relaxation and music therapy groups than in the control group. The incidence of cardiac complications was found to be lower in the intervention groups..."

(Guzetta, 1989)



#### Share of US college freshmen reporting they are depressed

**Increasing numbers** of U.S. college freshmen and those in high school are reporting depression and high levels of stress.

This has been coupled with increasing abuse of Xanax and other Benzos, which has caused a **teenage health crisis** amongst teenagers.

## Music Therapy has potential to reduce depression and stress, but...

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Subjective Response



Most existing studies have a small sample size and subjective response experimental techniques and thus any specific findings on the implementation of music therapeutic programs are not broadly generalizable.

Objective Music Features (Generalizable!)

Is there a scientific way to use the features extracted from audio files to predict music emotion?

#### Machine Recognition of Music Emotion: A Review

YI-HSUAN YANG and HOMER H. CHEN, National Taiwan University

The proliferation of MP3 players and the exploding amount of digital music content call for novel ways of music organization and retrieval to meet the ever-increasing demand for easy and effective information access. As almost every music piece is created to convey emotion, music organization and retrieval by emotion is a reasonable way of accessing music information. A good deal of effort has been made in the music information retrieval community to train a machine to automatically recognize the emotion of a music signal. A central issue of machine recognition of music emotion is the conceptualization of emotion and the associated emotion taxonomy. Different viewpoints on this issue have led to the proposal of different ways of emotion annotation, model training, and result visualization. This article provides a comprehensive review of the methods that have been proposed for music emotion recognition. Moreover, as music emotion recognition is still in its infancy, there are many open issues. We review the solutions that have been proposed to address these issues and conclude with suggestions for further research.

Categories and Subject Descriptors: H.3.3 [Information Storage and Retrieval]: Information Search and Retrieval—*Retrieval models*; H.5.5 [Information Interfaces and Presentation]: Sound and Music Computing—*Systems, modeling* 

General Terms: Algorithms, Performance, Human Factors

Additional Key Words and Phrases: Music emotion recognition

Machine Recognition of Music Emotion is a technique that uses **classification** of **extracted audio features** (or language features, if NLP is used) to classify music into **various emotions.** 



Machine Recognition of Music Emotion has **low accuracy rates** in existing literature, with accuracies below 66% for studies using **only lowlevel features** 



Machine Recognition of Music Emotion has not been applied to **popular music**, and has mostly been applied to obscure music which is of **less public relevance**.



Machine Recognition of Music Emotion has not been applied to **popular music**, and has mostly been applied to obscure music which is of **less public relevance**.



### **Valence** – How positive or negative an emotion is

Arousal – How intense an emotion is

We are only studying the circled emotions – (happy, angry, afraid and sad) in this study. (Ask me why later!)



Obtain **subject-independent** classification accuracies for **EEG** and **Music Feature** data



Analysing **subjective annotations** and **topographic maps** for further use



**Experimentally validate** the viability of **subjective annotation** in determining music emotion



Design methods for **emotional induction** and classify **2500** songs by emotion



**Experimentally validate** the viability of **machine recognition** of music emotion



Implement **validated application** allowing for **genre specific** playlist creation



### EXPERIMENTATION



### **Emotion Labelling Process**

Expert based annotation used to annotate music in first stage The annotations are then crosschecked with internet chatter If both internet chatter and the initial annotation agree, we will label that song.









### **Experimental Program**

We introduced a **fully automated** experimental program for **experiment participants** – we would not interact **at all** with the participants during the experiment.

Why is this important?







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Instructions.fxml

#### Instructions

Several songs will be played to you based on your previous selections

As each song is being played you are required to keep as still as possible with your eyes closed and your hands on your lap

After each song you are required to complete a short survey and take a 10s break

Once you are ready, close your eyes

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### **Segmentation and Extraction of Features**

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Only **low-level features** are used in *jAudio* to demonstrate higher generalizability, as some high level features are not easily extracted.

### **Feature selection** is done to select important features.



### VALIDATION

### **Machine Learning Algorithms Featured**

### **Random Forest**

Can avoid overfitting, and can thus be highly accurate as it does not recognize noise. Averages multiple decision trees (this can make predictions harder to interpret)

### Instance-based

Can adapt to unseen data – thus, highly useful for a forever expanding database of new data and new music. Potentially allows for individual user customization.

## How We Validate Subjective Annotation and Machine Recognition of Music Emotion



Subjective Annotation, Music Features, EEG Data Expert Annotations on Music Pieces

### **Frequency Bands**

Useful for Emotion Analysis:

- Alpha
- Low-Beta
- Beta

Not Useful for Emotion Analysis:

- Delta (sleep analysis)
- Theta (semi-sleep states/ drowsiness)
- Gamma (sensory processing in the visual cortex)

Frequency Band Name	Frequency Bandwidth	State Associated with Bandwidth	Example of Filtered Bandwidth
Raw EEG	0–45 Hz	Awake	an many Man was
Delta	0.5–3.5 Hz	Deep Sleep	m
Theta	4–7.5 Hz	Drowsy	mmmm
Alpha	8–12 Hz	Relaxed	www.www.www
Beta	13–35 Hz	Engaged	-Apartition of the state of the

### **10-fold Cross Validation Accuracies**

Random	Instance-
Forest	based
98.2%	86.8%

Electroencephalography Data

Random	Instance-
Forest	based
95.0%	84.0%

Low-Level Music Features

Alpha (α:	Low beta (β:	Beta (β:
8–13 Hz)	14–17 Hz)	18–31 Hz)
90.4%	91.2%	88.0%

Most Predictive Frequency Bands

### Why is the accuracy so high?

Instance-based classification allows for more precise calculation of emotion in each segment (less variation)

2/3 of all instances in a song have the same predicted music emotion

That song will be predicted to possess that said emotion

EEG	Music Feature	Subjective
Classification	Classification	Annotation
100% (40)	100% (40)	74.2%

Accuracy of individual music classification methods (as compared to expert-annotated set)

If two-thirds of the instances within a song **agree on the predicted emotion**, that emotion will be listed as predicted for that song and compared to the expertannotated data

For subjective annotation data, user responses are **normalized and classified** into emotions, after which they are compared to the expert-annotated data.

## Integrated Model for Prediction of Music Emotion

Prediction of emotion through low-level feature classifier Use of expert-based annotation to annotate music (blinding used)

If both agree, song is classified as such. 2500 songs classified as such





Genre preference appears to be linked to perceived positivity in music – which correlates to positive emotions as per the valence-arousal model

Туре	Classical	Heavy Metal	Рор	Electronic	Rap
Preferred	70%	20%	60%	40%	10%
Disliked	10%	70%	20%	20%	80%

**Preferred** – Two most favorite genres among the five

**Disliked** – Two least favorite genres among the five

### Is there a third axis to the emotion model?

We have shown from the **normalised average arousal and valence ratings** that for at least 2 of the genres there is indeed a **perceived link between valence and genre preference.** 

However, we can only propose that there is a third axis to the emotion model, as it may itself be a confounding factor and we have limited data to validate our work here as it was not our main objective.

We suggest an **extension to this project** with a **diverse collection of songs per genre** to solidify that conclusion. The number of subjects also has to be increased to increase the reliability of results.







# APPLICATION & VALIDATION

## Integrated Model for Prediction of Music Emotion

Prediction of emotion through low-level feature classifier Use of expert-based annotation to annotate music (blinding used) If both agree, song is classified as such. 2500 songs classified as such



Bruno Mars 24K Magic



XXXTentacion Moonlight

### **Problems with Existing Work**

- Methodologies exist to go from music at one end of the valence-arousal scale to another
- Current work does not consider psychological findings to create automatic playlists for users to use
- High complexity on user's end this is undesirable!
- Users may not understand how to **effect meaningful emotional change**, and this leads to worse results

(Mr Emo., National Taiwan University)



Music must transition from original to final emotion to keep the user engaged.

Lack of application for general public to **induce emotional change** for **therapeutic benefits** 

> Music must be preferred by listener to emotionally engage the listener

Develop application to create musical playlists which will induce desired mood in users

#### Demi Lovato - Tell Me You Love Me (Lyrics Video) (160kbps)



Current Emo	tion State angr	у	Ŧ			
Desired Emo	tion State happ		Ŧ			Submit
Genre	Least Favourite	2				Most Favourite
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Heavy Metal	۲	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	z
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Playlist	
Name	Length
Demi Lovato - Tell Me You Love Me (Lyrics Video) ( 160kbps )	0:26
Skrillex and DiploWhere Are Ü Now_ with Justin Bieber (Official	0:26
DJ Snake - Let Me Love You ft. Justin Bieber ( 160kbps )	0:26
Machine Gun Kelly, X Ambassadors & Bebe Rexha - Home (from Br	0:26
Swedish House Mafia - Don't You Worry Child ft. John Martin ( 160	0:26
Kesha - Praying (lyrics) ( 160kbps )	0:26
Train - Play That Song (Lyrics) ( 160kbps )	0:26
Krewella - Alive (Pegboard Nerds Remix) ( 160kbps )	0:26
Hailee Steinfeld, Alesso - Let Me Go ft. Florida Georgia Line, watt (	0:26
Ed Sheeran - Shape Of You _Official Lyric Video_ ( 160kbps )	0:26
Avicii - Wake Me Up (Official Video) ( 160kbps )	0:26
Sia - The Greatest ( Lyrics ) ( 160kbps )	0:26 🗸
Play	Close

### Validation of our Work

There were 3 groups for the experiment – a control group, a group which used only 1 genre and a group which used 2 preferred genres.

There were 31 participants, with an age range of 36 and a median age of 18. Participants did not have more than a year of music education.





### **Results of Validation**

	Happy Songs Only	Custom (2 Genres)	Custom (1 Genre)
Mean Change	1.13	2.58	4.18
Standard Deviation	1.64	1.16	1.25
P-Value	_	0.016	0.0001

Validated that our custom methodology provides more positive mood change for users (1 genre preferred)



### CONCLUSION, FUTURE WORK AND REFERENCES



Obtained **very high** classification accuracies with EEG and Music Feature Data



Validated **subjective annotation** and **low-level features** for machine recognition uses



Analysed links between **genre preference** and **perceived valence and arousal** 



Created **topographic maps** to analyse links between **frequency bands and emotion** 



Designed **music playlist creation technique** to induce desired emotion



Classified **2500 songs** using an **integrated approach** in a validated application



Commercialization of technology alongside extension to more genres and affects



Development of **single-image emotion recognition technology** to remove need for manual emotional input







Fearful

Angry







Happy

Disgusted

Surprised

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## Thanks!

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## Why did you pick the machine learning algorithms selected?

- Existing papers often use Support Vector Machines (SVMs) so we wanted to explore a wider range of classification algorithms
- **High accuracy** achieved for these classifiers in similar prediction applications and research
- The advantages of each machine learning algorithm as earlier stated – instance-based are able to adapt to unseen data and random forests avoid overfitting

## What is the research standard for classification accuracy in your experiment?

- We have achieved very strong results, with accuracy of >98% for EEG data as compared to the research standard of ~94% with SVM.
- We have also achieved strong results for music feature classification at the low level, achieving 95% in comparison to the 66-70% research standard, perhaps due to the splitting of each song into instances

# Why does the initial emotion state's songs need to be played if we are intending the user to move to the final emotion?

- As Bailey states, alongside multiple similar research papers, users are more emotionally engaged when the music they are listening to is emotionally similar to them.
- Important to engage users in order to get them to listen to the music for longer with higher effectiveness in engagement.