

The H blood group system

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The H blood group system, ISBT symbol H (018), consists of a single antigen (H) defined by a terminal fucose residue found on red blood cells and in secretions formed by the action of α -1,2-fucosyltransferases 1 (α 2FucT1) and 2 (α 2FucT2), respectively. Mutant alleles of the corresponding *FUT1* and *FUT2* genes result in either a H⁻ phenotype (Bombay phenotype, O_h) or a weak H phenotype (para-Bombay, H⁺_w). In addition, the *FUT2* gene is the molecular basis of the secretor (Se) status, and homozygosity or compound heterozygosity for null alleles is associated with the nonsecretor (se) status. H⁻ individuals have natural anti-H (mostly IgM), which can cause severe hemolytic transfusion reactions with intravascular hemolysis. *Immunohematology* 2016;32:112–118.

Key Words: H antigen, Bombay phenotype, O_h, *FUT1*, *FUT2*

The H blood group system was discovered by Bhende et al.¹ in the early 1950s, when three individuals with a new unusual blood type were encountered in the city of Bombay (Mumbai) in India. The red blood cells (RBCs) of all three individuals typed as blood group O, but their serum samples were found to contain anti-A, anti-A₁, anti-B, and anti-H and to agglutinate RBCs of all “ordinary” ABO groups.¹ Their samples were serologically compatible only with the RBCs of one another and contained the first examples of potent human anti-H in individuals with RBCs that, based on tests with anti-A and anti-B, appeared to be homozygous for a “new” allelomorph at the A₁ A₂ B O locus.¹ The phenotype was called Bombay phenotype. Further test results showed that the RBCs of these individuals did not react with human or animal anti-H sera. After the cloning and characterization of the *FUT1* gene² in 1990 and proving that the gene was the molecular basis of the Bombay phenotype³ in 1994, the H blood group system was established.

This unusual blood group system has only one antigen (H). Complete lack of H is commonly known as the Bombay or O_h phenotype, and weak expression of H is referred to as the para-Bombay phenotype. The lack of H results in production of the corresponding naturally occurring antibodies, anti-A, anti-B, and anti-H.^{4,5}

Biochemistry

The H antigen is a terminal fucose residue in an α -1,2-linkage on precursor carbohydrate chains of two different

types (Fig. 1). The H antigen on the type 1 precursor is predominantly produced by the α -1,2-fucosyltransferase 2 (α 2FucT2) enzyme in secretory cells of the digestive and respiratory tracts. The α -1,2-fucosyltransferase 1 (α 2FucT1) enzyme is a single-pass type II transmembrane glycoprotein found in the Golgi apparatus that forms the H antigen on type 2 precursor chains in erythroid tissues and vascular endothelial cells.^{6,7} The carbohydrate chain including the H antigen is then the substrate of the glycosyltransferases encoded by the *ABO* gene to produce A and/or B antigens. Subsequently, in blood group O individuals, the H antigen is not converted to A or B and is strongly detectable on RBCs.

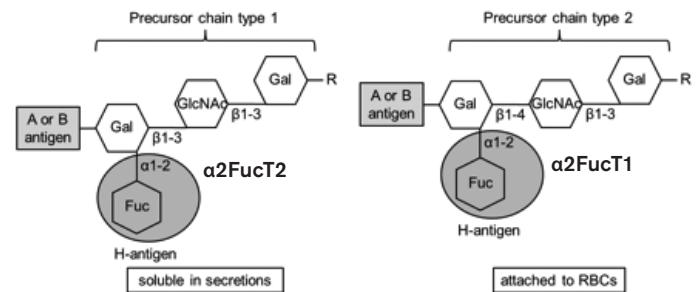


Fig. 1 Schematic illustration of the carbohydrate precursor chains used as substrates by the α 2FucT1 and α 2FucT2 enzymes encoded by the *FUT1* and *FUT2* genes, respectively. RBCs = red blood cells.

H is found in highest amounts in group O individuals and in least amounts in group A, B, and AB individuals. This is because when the A and/or B enzymes are present, H antigen is converted to A and/or B antigen, resulting in less H antigen present on the cell membrane. H therefore varies in quantity according to the blood group as follows: O > A₂ > B > A₂B > A₁ > A₁B.

Antibodies in the H Blood Group System

Anti-H is the only antibody specificity found in the H blood group system. This antibody is naturally occurring in individuals who lack H, as is the case with ABO blood group antibodies. The serum of O_h individuals always contains anti-H, -A, and -B. Occasionally, A₁, A₁B, and (less commonly) B individuals expressing only a low quantity of H can produce anti-H, but the antibody is mostly weakly reactive and usually

considered clinically insignificant, unlike the anti-H in H-individuals, which can cause severe intravascular hemolysis.

Anti-H is most often type IgM, but it can have an IgG component. Like the isoagglutinins, it is best reactive by the saline room temperature method, but can also react in the indirect antiglobulin test (IAT), especially when an IgG component is present. Anti-H can activate complement, and is capable of causing intravascular hemolysis of RBCs. When anti-H is identified in pregnant women, tests using dithiothreitol can be performed to determine the presence or absence of IgG antibodies, and, if present, the titer of the IgG component.

Anti-H produced by Bombay phenotype individuals recognizes H on both type 1 (secretions) and type 2 (RBCs) chains, whereas the anti-H produced by Bombay secretors (hh, Se) reacts preferentially with type 2H. Anti-H lectin (*Ulex europaeus*) can be used to type individuals for the presence of H antigen. It is notable that the lectin reacts best with type 2H individuals, but has some specificity for type 1H. There are other lectins (*Lotus tetragonolobus*, *Anguilla anguilla*, *Cysticus sessifolius*, and *Laburnum alpinum*) that recognize H antigen and also monoclonal antibodies with 1H and H specificity.

Autoanti-H and autoanti-IH are primarily autoantibodies that are encountered in a blood transfusion setting often in group A₁ and B patients. These antibodies have been reported in individuals with cold agglutinin syndrome and should be considered in the presence of cold agglutinin testing by including RBCs of different ABO groups and with varying amounts of H and I antigens. The antibody reacts more avidly with samples with enhanced I and H antigens such as group A₂ and O RBCs, and should be most compatible with group A₁ and cord RBCs (having the least quantity of H and I antigen).

Molecular Basis

The *FUT1* and *FUT2* genes are closely linked and located on chromosome 19q13.3.⁸ In genomic sequence annotation release 107 from March 2015, the two genes are in opposite orientation with a distance of approximately 42,000 base pairs (bp) (Fig. 2). The *SEC1P* pseudogene upstream of *FUT2* is highly homologous to the *FUT* genes but inactive because of deletions and mutations in the coding region. The molecular cloning and characterization of the *FUT1* gene was first reported in 1990.² The genomic structure of the *FUT1* gene includes four exons spanning a region of approximately 7800 bp. The entire coding sequence (CDS) is located within exon 4 and encodes a 365–amino acid polypeptide.² The encoded

$\alpha 2$ FucT1 enzyme adds α -L-fucose to the type 2 precursor chain on RBCs and other cells. The 5′-untranslated region with exons 1–3 contains two distinct promoters with transcription start sites upstream of exon 1 and exon 2.⁹ Alternative splicing of the *FUT1* transcripts was reported for different cell types. Recently, it was shown that the transcription factor c-jun binds to an AP-1 site in the promoter region upstream of exon 1 and thereby activates transcription of the *FUT1* gene.¹⁰ The *FUT2* gene has only two exons, and the entire CDS is in exon 2. The encoded $\alpha 2$ FucT2 enzyme adds α -L-fucose to the type 1 precursor chain in secretions.³ Two transcript variants with an upstream and a downstream translation initiation site encode a 343– and a 332–amino acid protein, respectively. The smaller protein is considered to be the active enzyme. This transcriptional regulation by c-jun was not found for the *FUT2* gene.¹⁰

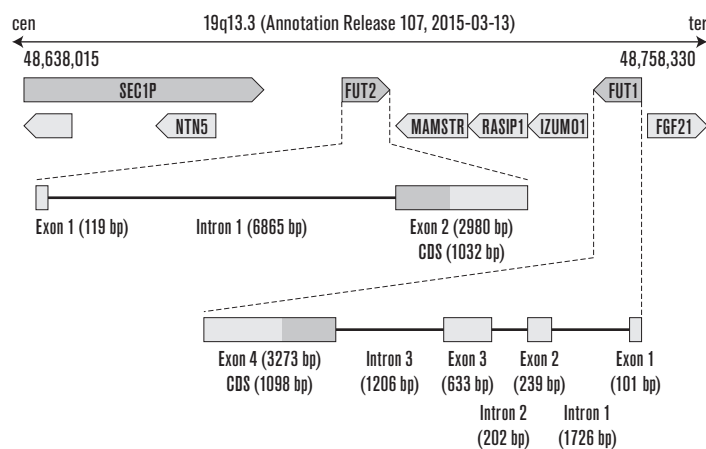


Fig. 2 Gene map of the chromosome 19q13.3 region from centromere (cen; left) to telomere (ter; right) including the *SEC1P*, *CA11*, *NTN5*, *FUT2*, *MAMSTR*, *RASIP1*, *IZUMO1*, *FUT1* and *FGF21* genes according to the National Center for Biotechnology Information (NCBI) genome database annotation release 107 (March 2015). The genomic organization of *FUT1* and *FUT2* indicates that the coding sequence (CDS; dark gray box) of each gene is located within one exon (exon 4 of *FUT1* and exon 2 of *FUT2*).

At least one functioning copy of *FUT1* needs to be present (H/H or H/h) for H to be expressed on RBCs. If both copies of *FUT1* are inactive (h/h), the Bombay phenotype (O_h) results, and there is no expression of A, B, or H antigens on the RBCs. The inactive null alleles of *FUT1* (*FUT1**O_{1N}) are characterized by nonsense mutations causing a stop codon and a truncated protein or by missense mutations causing a single amino acid exchange in the catalytic domain of the enzyme (Table 1).^{11,12} Homozygosity or compound heterozygosity for null alleles leads to the h/h phenotype, which is characterized by absence of a functional fucosyltransferase adding fucose to the precursor chain type 1 on RBCs. Many missense

Table 1. Null alleles of the *FUT1* gene leading to a lack of H-antigens on red blood cells

| Allele name (ISBT) | Nucleotide change | Amino acid change | Type of mutation | Reference |
|--------------------|-------------------|-------------------|------------------|-----------|
| <i>FUT1*01N.01</i> | 422G>A | Trp141Ter | Nonsense | 27 |
| <i>FUT1*01N.02</i> | 461A>G | Tyr154Cys | Missense | 19, 28 |
| <i>FUT1*01N.03</i> | 462C>A | Tyr154Ter | Nonsense | 29 |
| <i>FUT1*01N.04</i> | 513G>C | Trp171Cys | Missense | 28 |
| <i>FUT1*01N.05</i> | 538C>T | Gln180Ter | Nonsense | 27 |
| <i>FUT1*01N.06</i> | 547_548delAG | 183fs | Frameshift | 20 |
| <i>FUT1*01N.07</i> | 586C>T | Gln196Ter | Nonsense | 30 |
| <i>FUT1*01N.08</i> | 695G>A | Trp232Ter | Nonsense | 31 |
| <i>FUT1*01N.09</i> | 725T>G | Leu242Arg | Missense | 19, 32 |
| <i>FUT1*01N.10</i> | 776T>A | Val259Glu | Missense | 28 |
| <i>FUT1*01N.11</i> | 785G>A; 786C>A | Ser262Lys | Missense | 33 |
| <i>FUT1*01N.12</i> | 826C>T | Gln276Ter | Nonsense | 10 |
| <i>FUT1*01N.13</i> | 880_882delTT | 294fs | Frameshift | 20 |
| <i>FUT1*01N.14</i> | 944C>T | Ala315Val | Missense | 28 |
| <i>FUT1*01N.15</i> | 948C>G | Tyr316Ter | Nonsense | 10 |
| <i>FUT1*01N.16</i> | 980A>C | Asn327Thr | Missense | 34 |
| <i>FUT1*01N.17</i> | 1047G>C | Trp349Cys | Missense | 28 |
| <i>FUT1*01N.18</i> | 684G>A | Met228Ile | Missense | 12 |
| <i>FUT1*01N.19</i> | 694T>C | Trp232Pro | Missense | 12 |
| <i>FUT1*01N.20</i> | 764_768delC | 256fs | Frameshift | 35 |
| <i>FUT1*02N.01</i> | 423G>A | Trp141Ter | Nonsense | 35 |
| | 392T>C | Leu131Pro | Nonsense | 36 |
| | 668-670delACT | Tyr224del | In-frame del | 36 |

ISBT = International Society of Blood Transfusion; del = deletion.

mutations of *FUT1* (*FUT1*01W*) have been described (Table 2), leading to a weak expression of H on RBCs typical for the para-Bombay phenotype (H^{+W}).^{11,12}

The *FUT2* gene encodes $\alpha 2$ FucT2, which synthesizes the H antigen found in body fluids, and is associated with a secretor (Se) status. Homozygosity or compound heterozygosity for null alleles is associated with the nonsecretor (se) status. In Europeans, the 428G>A nonsense mutation (Trp143ter) is the most common cause of the nonsecretor status. All other null alleles and *FUT2* gene deletions are rare variants (Table 3).^{11,12} Because of the sequence homology with *SECIP*, unbalanced recombination leading to *SECIP-FUT2* hybrid genes or *FUT2* gene deletions have been reported as the molecular basis of the nonsecretor status.^{13,14} Additionally, nonsecretors express only the Le^a antigen of the Lewis blood group system because the $\alpha 1,3/4$ -fucosyltransferase encoded by the *FUT3* gene uses the type 1 precursor. In secretors, the type 1 precursor carries the H antigen, and the carbohydrate structure can be converted to A or B blood group antigens as well as to the Le^b antigen.

Table 2. Missense mutations of the *FUT1* gene leading to a weak expression of H antigens on red blood cells

| Allele name (ISBT) | Nucleotide change | Amino acid change | Reference |
|-----------------------|------------------------|-------------------------------|------------|
| <i>FUT1*01W.01</i> | 293C>T | Thr98Met | 37 |
| <i>FUT1*01W.02</i> | 328G>A | Ala110Thr | 30 |
| <i>FUT1*01W.03</i> | 349C>T | His117Tyr | 19 |
| <i>FUT1*01W.04</i> | 442G>T | Asp148Tyr | 31 |
| <i>FUT1*01W.05.01</i> | 460T>C | Tyr154His | 20, 31 |
| <i>FUT1*01W.05.02</i> | 460T>C; 1042G>A | Tyr154His; Glu348Lys | 31 |
| <i>FUT1*01W.07</i> | 491T>A | Leu164His | 10 |
| <i>FUT1*01W.08</i> | 522C>A | Phe174Leu | 38, 39 |
| <i>FUT1*01W.09</i> | 658C>T | Arg220Cys | 20, 39, 40 |
| <i>FUT1*01W.10</i> | 659G>A | Arg220His | 12, 39 |
| <i>FUT1*01W.11</i> | 661C>T | Arg221Cys | 41 |
| <i>FUT1*01W.12</i> | 682A>G | Met228Val | 42, 43 |
| <i>FUT1*01W.13</i> | 689A>C | Gln230Pro | 27 |
| <i>FUT1*01W.14</i> | 721T>C | Tyr241His | 31 |
| <i>FUT1*01W.15</i> | 801G>C | Trp267Cys | 44 |
| <i>FUT1*01W.16</i> | 801G>T | Trp267Cys | 44 |
| <i>FUT1*01W.17</i> | 832G>A | Asp278Asn | 44 |
| <i>FUT1*01W.19</i> | 917C>T | Thr306Ile | 27 |
| <i>FUT1*01W.21</i> | 235G>C | Gly79Arg | 40 |
| <i>FUT1*01W.22</i> | 991C>A | Pro331Thr | 45 |
| <i>FUT1*01W.23</i> | 424C>T | Arg142Trp | 46 |
| <i>FUT1*01W.24</i> | 649G>T | Val217Phe | 35 |
| <i>FUT1*01W.25</i> | 235G>C | Gly79Arg | 40 |
| <i>FUT1*01W.26</i> | 545G>A | Arg182His | 11, 12 |
| <i>FUT1*01W.27</i> | 958G>A | Gly320Arg | 11, 12 |
| <i>FUT1*01W.28</i> | 896A>C | Gln299Pro | 47 |
| <i>FUT1*01W.29</i> | 655G>C | Val219Leu | 48 |
| <i>FUT1*02W.01</i> | 269G>T | Gly90Val | 12 |
| <i>FUT1*02W.02</i> | 371T>G | Phe124Cys | 12 |
| <i>FUT1*02W.04</i> | 980A>C | Asn327Thr | 12, 39 |
| <i>FUT1*02W.05</i> | 748C>T 366-398del33 | Arg250Trp Val123-Pro133del | 12 49 |

ISBT = International Society of Blood Transfusion; del = deletion.

Interestingly, *FUT2* mutations leading to an inefficient $\alpha 2$ FucT2 enzyme such as 385A>T (Ile129Phe) are associated with the Le^{ab} phenotype because less H type 1 results in less Le^b, and the *FUT3* enzyme more efficiently converts type 1 precursor to Le^a.¹⁵

In summary, for the genotype–phenotype correlation in the H blood group system, it is important to consider the genotype of both genes, *FUT1* and *FUT2*. For the classic

Table 3. Null alleles of the *FUT2* gene conferring the nonsecretor status

| Allele name (ISBT) | Nucleotide change | Amino acid change | Type of mutation | Reference |
|--------------------|--|-------------------------|----------------------|---------------|
| <i>FUT2*01N.01</i> | 244G>A; 385A>T | Ala82Thr; Ile129Phe | Missense Missense | 50 |
| <i>FUT2*01N.02</i> | 428G>A; 739A>G | Trp143Ter; Gly247Ser | Nonsense Missense | 19, 45, 51 |
| <i>FUT2*01N.03</i> | 569G>A | Arg190His | Missense | 50 |
| <i>FUT2*01N.04</i> | 571C>T | Arg191Ter | Nonsense | 52 |
| <i>FUT2*01N.05</i> | 628C>T | Arg210Ter | Nonsense | 14 |
| <i>FUT2*01N.06</i> | 658C>T | Arg220Ter | Nonsense | 53 |
| <i>FUT2*01N.07</i> | 664C>T | Arg222Cys | Missense | 52 |
| <i>FUT2*01N.08</i> | 685_686delGT | 230fs234Ter | Frameshift | |
| <i>FUT2*01N.09</i> | 688_690delGTC | del230Val | In-frame del | 54, 55 |
| <i>FUT2*01N.10</i> | 400G>A; 760G>A | Val134Ile; Asp254Asn | Missense Missense | 52 |
| <i>FUT2*01N.11</i> | 778delC | 259fs275Ter | Frameshift | 56 |
| <i>FUT2*01N.12</i> | 849G>A | Trp283Ter | Nonsense | 57 |
| <i>FUT2*01N.13</i> | 868G>A | Gly290Arg | Missense | 52 |
| <i>FUT2*01N.14</i> | 950C>T | Pro317Leu | Missense | 50 |
| <i>FUT2*01N.15</i> | 302C>T | Pro101Leu | Missense | 58 |
| <i>FUT2*01N.16</i> | 960A>G | Gly247Ser | Missense | 45, 51, 52 |
| <i>FUT2*01N.17</i> | 412G>A | Gly138Ser | Missense | 45 |
| <i>FUT2*01N.18</i> | 818C>A | Thr273Asn | Missense | 59 |
| <i>FUT2*0N.01</i> | Gene deletion | | Deletion | 19, 32, 60 |
| <i>FUT2*0N.02</i> | Coding region deleted | | Deletion | 61 |
| <i>FUT2*0N.03</i> | Fusion gene 1 between <i>FUT2</i> and <i>SEC1P</i> | | Recombination | 14, 50, 62 |
| <i>FUT2*0N.04</i> | Fusion gene 2 between <i>FUT2</i> and <i>SEC1P</i> | | Recombination | 50 |

ISBT = International Society of Blood Transfusion; del = deletion.

Bombay phenotype (O_h), both genes are inactive (genotype: h/h and se/se) and no H antigens are expressed on RBCs or in secretions. For the para-Bombay phenotype (H^{+W}), two types can be distinguished:

- (1) lack of H on RBCs caused by inactive *FUT1* null alleles (*FUT1*01N*) and presence of H in secretions caused by an active *FUT2* gene (*Se*);
- (2) weak expression of H on RBCs caused by *FUT1* mutant alleles (*FUT1*01M*) encoding weakly active fucosyltransferases in combination with active or inactive *FUT2* (*Se* or *se*).

Particularly for the type 1 para-Bombay phenotype, it is important to note that the H antigens produced by *FUT2*

Table 4. Distribution of O_h phenotype cases reported from different states of India

| State | Number of O_h phenotype cases |
|----------------------------|---------------------------------|
| Andhra Pradesh | 8 |
| Bihar | 2 |
| Goa | 6 |
| Gujarat | 5 |
| Karnataka | 14 |
| Kerala | 4 |
| Madhya Pradesh | 4 |
| Maharashtra | 112 |
| North India (unclassified) | 2 |
| Orissa | 1 |
| Pondichery | 1 |
| Rajasthan | 2 |
| South India (unclassified) | 1 |
| Tamil Nadu | 2 |
| Uttar Pradesh | 5 |
| Not Known | 10 |
| Total | 179 |

Compiled from Lowe.⁶

in secretions can be absorbed by RBCs. The H^{+W} cells can be converted to A^{+W} or B^{+W} when the corresponding glycosyltransferases are encoded by the ABO locus.

Populations

The Bombay phenotype is almost unique to Indian ethnic groups, with a prevalence of about 0.7 percent, and is rare in most populations. The greater numbers of cases are situated in the southern states of India (Table 4).¹⁶ Further studies published in 2007 of the Bhuyan tribal population of Orissa, India, revealed the average prevalence of the Bombay phenotype to be 1 in 278.¹⁷ The prevalence therefore varies depending on the number of global migrants originating from these regions. A study on people living on Reunion Island (east of Madagascar) revealed a second geographic "hot spot" of the O_h phenotype with a high prevalence (1:1000).^{18,19} Interestingly, although the largest series of H^- phenotypes in Bombay and Natal were of Indian ethnicity, 85 percent of the Reunion O_h phenotype were of European descent (mostly of French origin). The O_h and para-Bombay phenotype has also been found in other ethnic groups such as Taiwanese (1:8000), Hong Kong Chinese (1:15,620), and those of European origin (1:1,000,000).^{20,21}

In summary, *FUT1* mutant alleles are rare, and their geographic distribution varies greatly. The frequency of *FUT2* null alleles may be 20 percent or higher. A linkage disequilibrium of mutations in *FUT1* and *FUT2* was observed, and is attributable to the close proximity of both genes on chromosome 19q13.3.¹⁹ Individuals of particular ethnic groups have a unique set of mutations: in India, *FUT1* 725T>G with *FUT2* deletion; on Reunion Island (Caucasian), *FUT1* 349C>T with *FUT2* 428G>A.

Clinical Significance

Anti-H in O_h individuals can cause severe hemolytic transfusion reactions with intravascular hemolysis. Anti-H and anti-IH, which are sometimes found in the serum of A1 people, although generally not considered clinically significant, have been reported to cause hemolytic transfusion reactions when the antibodies are demonstrable and reactive by the IAT.^{22,23} Such patients should receive cross-match compatible A1 (type-specific) RBC concentrates.

Theoretically, anti-H during pregnancy could cause hemolytic disease of the fetus and newborn (HDFN) in a non-O_h fetus. In practice, however, cases of HDFN have not been described. In an evaluation performed in South Africa of 21 O_h pregnancies/births, only one baby required transfusion, and none were seen to have HDFN.

The function of the H antigen, besides being a precursor for the synthesis of ABO blood group antigens, is not well known; although, it may be involved in cell adhesion. Individuals lacking H do not seem to suffer any ill effects.

The leukocyte adhesion deficiency II (LADII) is a rare inherited primary immunodeficiency disorder resulting from a defect in fucose metabolism. Patients with this disorder are unable to fucosylate glycoproteins, including the H blood group polysaccharide and, therefore, present serologically as O_h blood group. This disorder is characterized by recurrent infections in the patients, persistent leucocytosis, and severe mental and growth retardation.²⁴ Treatment with oral L-fucose reverses most of the symptoms in these patients, but has no effect on true O_h individuals.

Recent reports indicate that *FUT1* significantly contributes to angiogenesis in the context of rheumatoid arthritis and ovarian cancer.^{9,25,26} It is speculated that the higher degree of fucosylation of molecules important for cell adhesion, such as the Lewis antigens, promotes inflammatory and angiogenic mechanisms.

Summary

The H blood group system currently consists of the antigen H. Complete lack of H results in the Bombay (O_h) phenotype and weak expression of H is known as the para-Bombay phenotype. There are a number of genetic mutations that have been found to be responsible for the O_h (*FUT1*OIN* alleles) and the para-Bombay (*FUT1*OIW* alleles) types. The *FUT1* locus and *FUT2* locus are closely linked, which can result in individuals who may have weak expression or no H expressed on their RBCs, although H may be found in secretions. The H antigen is the precursor for the ABO blood group antigens, and therefore plays a significant role in the serologic blood type of an individual. As with ABO, the antibodies produced by individuals who lack H can cause severe hemolytic reactions, although there have not been many reported cases of obstetric significance.

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