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Spring 2009

## University of San Diego Women's Rowing Media Guide 2009

University of San Diego Athletics Department

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# 2009 SAN DIEGO WOMEN'S ROWING



# USD ROWING



**2009 USD QUICK FACTS:**

Location..... San Diego, CA  
Founded..... 1949  
Enrollment..... 7, 800  
Affiliation..... NCAA Division I  
Conference..... West Coast Conference  
Nickname..... Toreros  
School Colors..... Torero Blue, Navy, White  
Athletic Dept. Phone..... (619) 260-4803  
President..... Mary E. Lyons, Ph.D.  
Executive Director of Athletics..... Ky Snyder  
Senior Assoc. Athletic Director..... Mike Matoso  
Associate Athletic Director/Business Affairs..... Dan Young  
Assoc. AD for Compliance & Student Services/SWA.. Shaney Fink  
Assoc. AD for Development..... Brian Fogarty  
Assoc. AD for Facilities & Operations..... Andy Fee  
Assoc. AD for Sports Medicine..... Carolyn Greer, A.T., C.  
Assoc. Dir. of Marketing & Sponsorship..... Steve Becvar  
Director of Jenny Craig Pavilion..... Josh Lawrence  
Dir. of Sports Performance Training..... Stephane Rochet

**WOMEN'S ROWING STAFF:**

Head Coach..... Kim Cupini  
Alma Mater..... USD  
Cupini E-mail..... kcupini@sandiego.edu  
Assistant Coach..... Greg Everett(Oregon State)  
Assistant Coach E-mail..... everettg@sandiego.edu  
Novice Coach..... Andria Shook (USC)  
Novice Coach E-mail..... ashook@sandiego.edu  
Graduate Assistant Coach..... Takeo Kuwabara (UCSB)  
Volunteer Assistant Coach..... Alejandra Ojeda-Beck (UC Davis)  
Office Phone..... (619) 260-5923  
Rowing Fax..... (619) 260-2213

**PRACTICE LOCATION:**

Body of Water..... Mission Bay  
Practice Area (Acres)..... 1950 acres of water

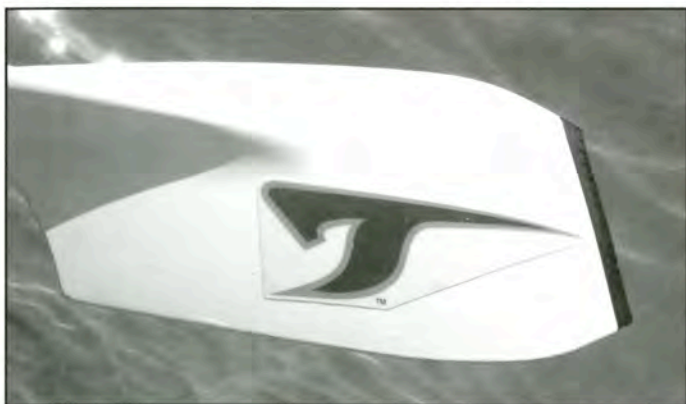
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**UNIVERSITY OF SAN DIEGO**

**TOREROS**<sup>TM</sup>  
**WOMEN'S ROWING**



**University of San Diego**  
5998 Alcala Park  
San Diego, CA  
92110-2492

**Coggeshall Rowing Center**  
1220 El Carmel Point  
San Diego, CA  
92109-7404

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## KIM CUPINI - Head Coach (2nd Year)



Kimberly Cupini, in her second year of coaching at the University of San Diego, has brought about tremendous growth for the Women's Rowing program. In her first season, Cupini led the Toreros to top finishes in different regattas across the nation. The Toreros captured first place finishes in such races as the Berg Cup, San Diego City Championship, and the Row for the Cure. The team went on to place second in the Cal Cup- only 1.1 seconds shy of the gold at the San Diego Crew Classic, the largest eights regatta on the West Coast. Cupini also led the team to a second place finish at the West Coast Conference Championships. At Conference, the Toreros showed the depth of the squad racing to a second place finish in each event; the Varsity four, Second Varsity, and the Varsity eight. The Toreros concluded the 2008 season making the grand finals at the prestigious Dad Vail Regatta in Philadelphia, Pennsylvania. Following the 2008 season, Cupini was asked to assist with the Junior National Team Development Camp in Connecticut to prepare athletes for the Junior National Team and the Junior World Championships.

Coach Cupini has also led her athletes to success individually with one CRCA All-Western Region Second Team Award recipient as well as two WCC All-Conference Honorees. Not only accolades on the water, USD earned recognition off the water and in the classroom with three National Scholar Athletes

last season alone. Within the Athletic Department at USD, under the guidance of Cupini, the rowing team received the Torero Champs Challenge award. This award was given to the team who showed the highest level of dedication to community service and involvement in San Diego, and an equally high level of support for other USD athletics events.

Before Cupini's arrival at the University of San Diego as Head Coach in 2007, she was the Varsity Assistant Coach at the University of Central Florida. During the 2006-2007 Season, UCF recorded its best results in program history, being one of only sixteen teams to earn a NCAA Championship berth. During the season, the Varsity 8 received its first national ranking at No. 9 and the team went on to finish third in the South Region. The squad also claimed the overall point trophy at the Southern Intercollegiate Rowing Association (SIRA) Championships. Individually, Cupini received a Scholar-Athlete Inspirational Award in the spring of 2007, which was nominated by UCF's first ever National Scholar-Athlete and All-American Krystina Sarff.

During the 2005-2006 Season at Central Florida, Cupini assisted the Varsity 8 in earning its first ever top 20 ranking in the USRowing/CRCA Coaches' Poll. That same



The 2009 USD Women's Rowing Coaching Staff (l-r): Takeo Kuwabara, Kim Cupini, Gregory Everett, Andria Shook.

year the team claimed its highest team ranking to date finishing fourth in its region at the South/Central Regional Championship. Cupini also coached the varsity four to wins over Michigan, UCLA, Notre

Dame, Louisville, Columbia, Syracuse, Miami, and Clemson. That same year the team was also recognized by the university for the first time with an award for best community involvement and outreach, as well as having the highest team GPA out of 17 sports at UCF. Cupini was nominated for South Region Assistant Coach of the Year in 2006.

As a former assistant at the University of San Diego in 2004, Cupini assisted the Toreros to a second place finish at the WCC Championship in the 2004-2005 Season and boosted the largest varsity returning roster in program history. In addition to her coaching responsibilities, Cupini also served as the assistant in the Student-Athlete Academic Support Program.

As an alumni of USD and a former Torero Rower, Cupini was a three-time MVP (2001-2003), a two-time Western Intercollegiate Rowing Association All-Conference pick (2002 and 2003), and a two-time All-WCC performer (2001 and 2003). In 2003, she was the recipient of the Leadership and Contribution to Student Life Award. During her rowing career at USD, she also served as co-captain, made the WCC All-Academic Team, was voted most inspirational athlete, and received the Best Effort award. Cupini graduated with a Bachelor of Arts in Environmental Studies and a minor in Business Administration.

While rowing and coaching at USD, Cupini also worked for the non-profit organization Aquatic Adventures Science Educational Foundation. She taught underprivileged youth marine and environmental science in the classroom as well as leading extended field trips throughout Southern California and Mexico.

Cupini began her rowing career in her hometown of Rochester, NY as a member of Pittsford Rowing Club during its inaugural season. Cupini's varsity eight placed second at the New York State Championship and went on to compete at the Junior Nationals in their first year of competition. Today, Cupini has received the highest USRowing Coaching Certification, Level III, and continues to participate in the USRA Advanced Coaching Series.



**GREGORY EVERETT**  
Assistant Coach (1st Year) - Oregon State

Everett comes to USD after two seasons as UCLA men's novice rowing coach. In his two years at UCLA, he helped transform a dwindling club program back into a national competitor. At the newly formed club nationals, including crews like Michigan, Texas and UCD, Everett helped lead the UCLA novice eight to a sixth place finish.

Prior to coaching at UCLA, Everett was a three-year letter winner at Oregon State University. Among his highlights at OSU, he helped lead the Varsity eight to a fourth place finish at PAC-10 Championships and a ninth place finish at the IRA National Championship.

Everett started his rowing career rowing as a sophomore in high school for the Newport Aquatic Center; earning two fifth place finishes at the US Rowing Youth Invitational in the quad.



**ANDRIA SHOOK**  
Novice Coach (2nd Year) - USC

Shook starts her second year at USD after two seasons as California Yacht Club's junior rowing assistant coach. In her two years at CYC, she helped transform a recreational junior program into a national competitor. At nationals, Shook helped lead the CYC team to three grand and two petite finals.

Prior to coaching at CYC, Shook was a four-year letter winner at the University of Southern California. Never having rowed in high school, she walked on to the novice squad her Freshman year. Among her highlights as a Trojan scholar-athlete, she served as team captain in 2004 where she helped lead the Varsity eight to a third place finish at the PAC-10 Championships. Other collegiate successes include an 8th and 12th place finish at the NCAA Championships in the Varsity 8.

She was named to the All-West Region Team and the Pac-10 All-Academic team in 2004 as well as an All Pac-10 athlete. After her success at USC, Shook has continues to row and compete. She took 2nd place at the Head of the Charles in 2006, 1st and 2nd place at the Masters National Championships in the 4X and 8+ respectively, and 1st place at the San Diego Crew Classic in 2007.

Following her graduation from USC, Shook joined Teach for America where she spent three years teaching elementary school in Lynwood, California in conjunction with coaching for CYC. She obtained a Masters degree in Education from Loyola Marymount University.



**TAKEO KUWABARA**  
Graduate Assistant Coach (1st Year) - UC Santa Barbara

Takeo Kuwabara is currently a Master's candidate at the USD school of Peace and Justice. He is the recipient of a Joan B. Kroc Fellowship and a Dean's Merit Scholarship. Takeo rowed for seven years, five as a light weight. During his undergraduate at UCSB, he took third at WIRAs and third at ECACs. He also served on a varsity rugby team during a study abroad. Takeo currently competes in triathlons while practicing yoga.



**Alejandra Ojeda-Beck**  
Volunteer Assistant Coach (1st Year) - UC Davis

Alejandra Ojeda-Beck is entering her second year at the University of San Diego, and her first year assisting with the coxswain's of the women's rowing program.

Ojeda-Beck comes to the Toreros after rowing for four years with the University of California at Davis men's rowing program. During this period she placed in the top ten at the International Rowing Associations Championship, repeatedly won WIRA Regional Championships and placed in the top 15 percent at the International Head of the Charles Regatta.

Throughout the years, Ojeda-Beck has also been involved in helping teach an array of athletes to row through several Learn-to-Row camps, clinics and corporate team-building workshops. She is currently developing a Coxswain Manual--copyright pending--to be used to develop both novice and experienced coxswains.

Ojeda-Beck graduated from UC Davis in 2006 with dual B.A. degrees in Political Science and International Relations. She recently achieved her Masters degree from the University of San Diego Joan B. Kroc School of Peace.



## ALISON COX - 2004 OLYMPIAN



Rowing Olympian and University of San Diego alumna Ali Cox (2001) helped the U.S. women's eight claim a silver medal at the Athens 2004 Olympic Games. Cox and the American's held a quarter second advantage at 1,000 meters before being overtaken by Romania. The U.S. team, previously undefeated in 2004, edged Romania by .3 seconds in the heats. The 14 Olympic Rowing events were held at the Schinias Olympic Rowing and Canoeing Centre over a period of nine competition days, from August 14-

22, 2004.

Cox (Turlock, CA) began her rowing career at USD. Following graduation she became one of the most successful athletes in USD history, earning three WCC All-Conference awards and three Most Valuable Oarswoman awards. As a senior in 2001, Cox was selected to the CRCA Division I All-Region First Team and received 2nd team All-America honors.



### WCC Academic Award Recipients...

#### **2008 Spring WCC All-Academic**

Katharine Petrich	So.	3.46	History
Christina Valadez	Sr.	3.72	Visual Arts

#### **2007 Spring WCC All-Academic**

Cristina Valadez	Jr.	3.64	Visual Arts
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#### **2006 Spring WCC All-Academic**

Aubrey Klaich	So.	3.79	Psychology
Elizabeth Sibulsky	Sr.	3.71	History
Cristina Valadez	So.	3.62	Visual Arts

#### **2005 Spring WCC All-Academic**

Angela Chiarenza	Sr.	3.46	Urban Studies
Patricia Zawidski	Sr.	3.72	Humanities

#### **2004 Spring WCC All-Academic**

Kelsey Watters	Sr.	3.48	Biology
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#### **2003 Spring WCC All-Academic**

Kimberly Cupini	Sr.	3.30	Env. Studies
Kirsten Davis	Sr.	3.55	Biology
Kelly Vanek	Sr.	3.77	Anthropolgy

#### **2002 Spring WCC All-Academic**

Laura Duryea	Sr.	3.67	Business Admin.
Brianna Leissoo	Sr.	3.34	Education
Allison Wesby	Sr.	3.78	Economics

#### **2001 Spring WCC All-Academic**

Laura Duryea	Jr.	3.60	Business
Allison Wesbey	Jr.	3.78	Economics

#### **2000 Spring WCC All-Academic**

Laura Duryea  
Allison Wesbey

### Collegiate Rowing Coaches Association Award Recipients

#### **2008 All-Regional Team, Western Region**

Jacquelyn Harris

#### **2008 Scholar-Athlete Award Recipients**

Katharine Petrich	Samantha Shorey
Christina Valadez	

#### **2007 All-Regional Team, Western Region**

Jacquelyn Harris

#### **2007 Scholar-Athlete Award Recipients**

Amanda Nudelman	Samantha Shorey
Robin Smith	

#### **2006 Scholar-Athlete Award Recipients**

Lucy Eagleson  
Elizabeth Sibulsky

#### **2005 Scholar-Athlete Award Recipients**

Angela Chiarenza	Jana Ekrem
Patricia Zawidski	

#### **2003 Scholar-Athlete Award Recipients**

Kirsten Davis	Lindsey Ekern
Jana Ekrem	Kelly Vanek
Kelsey Watters	Trisha Zawidski

#### **2002 Scholar-Athlete Award Recipients**

Laura Duryea	Lisa Sofio
Kelly Vanek	Kelsey Watters
Allison Wesbey	

#### **2001 Scholar-Athlete Award Recipients**

Laura Duryea  
Allison Wesbey



**JENNIFER JAMIE AUTORINO**  
SENIOR STARBOARD/PORT  
ALAMEDA, CA

Member of the Varsity Four squad that captured second place at the Berg Cup ... Took second place again at the West Coast Conference Championship on the

Varsity Four boat ... Helped the team to a first place finish in the San Diego City Championship ... Will graduate with a degree in Marketing.



**MICHAELA BRYANT**  
SENIOR STARBOARD/PORT  
ANAHEIM, CA

Transfer student-athlete from Orange Coast College ... Helped her Varsity Four squad to a second place finish at the 2009 West Coast Conference championship ...

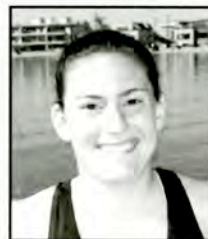
Helped her Second Varsity Eight squad to a fourth place finish at the prestigious Crew Classic Regatta ... Will graduate with a degree in Marine Science.



**HANNAH DAVIS**  
SENIOR PORT  
PETERSHAM, MA

Earned a place on the varsity roster during the spring of her novice year ... Helped her Second Varsity Eight squad to a first place finish at the Berg Cup ... Was a member of the Second Varsity

Eight boat at the West Coast Conference Championship that took second place ... Helped her Second Varsity Eight squad to a fourth place finish in the Petite Final at the prestigious Crew Classic Regatta ... Will graduate with a degree in Business Administration in Marketing.



**DANIELLE FONTES**  
SENIOR PORT  
GLENDORA, CA

Wraps up her fourth year as a member of the San Diego women's rowing team ... Helped her Second Varsity Eight squad to a first place finish at the Berg Cup ... Was a member of the Second

Varsity Eight boat at the West Coast Conference Championship that took second place ... Helped her Second Varsity Eight squad to a fourth place finish at the prestigious Crew Classic Regatta ... Will graduate with a degree in Business Administration minoring in Leadership.



**ELIZABETH SPANGENBERG**  
SENIOR STARBOARD  
NEW ORLEANS, LA

Took first place with the Second Varsity Eight squad at the Western Intercollegiate Rowing Association Regatta ... Helped her Second Varsity Eight squad to a first

place finish at the Berg Cup ... Helped the Novice Eight squad in the beginning of the season earn fourth place in the Petite Final at the prestigious Crew Classic Regatta ... Will graduate with a degree in Psychology and a minor in Spanish.



**ERIN DAVIS**  
JUNIOR STARBOARD  
LAS VEGAS, NV

Quickly elevated to the Varsity 8 squad in the spring of 2007 ... Helped her Second Varsity Eight squad to a first place finish at the Berg Cup ... Was a member of the Second Varsity

Eight boat at the West Coast Conference Championship that took second place ... Helped her Second Varsity Eight squad to a fourth place finish at the prestigious Crew Classic Regatta ... Will graduate with a degree in Biology minoring in Anthropology.



**CHRISTINE HOLLOWAY**  
JUNIOR STARBOARD/PORT  
LOS ANGELES, CA

Recipient of the Presidential Scholarship at USD and a member for the Navy ROTC program ... Helped the team to a first place finish at the Berg Cup last year ...

Helped the team earn second place in the Cal Cup at the prestigious Crew Classic Regatta ... Helped the team to a second place finish at the West Coast Conference championship event ... Will graduate with a degree in Ethnic Studies.



**KATHERINE PETRICH**  
JUNIOR PORT  
SEATTLE, WA

Gold medal performance in the fours at Junior Nationals ... Competitor at the Can-Am-Ex event in 2006 earning two bronze medals in Varsity eight ... Helped the team to a first

place finish at the Berg Cup last year ... Helped the team earn second place in the Cal Cup at the prestigious Crew Classic Regatta ... Helped the team to a second place finish at the West Coast Conference championship event ... Will graduate with a degree in History.





**MICHELLE SCHOOLER**  
JUNIOR PORT  
SAN DIEGO, CA

Junior from San Diego, California ... Transfer from Long Beach State where she earned one varsity letter ... Attended Heritage Christian School ... Was a member of the novice squad at Long Beach State where she earned Most Improved award ... Rowed three seat in her first year on Varsity ... Was the 2008 WIRA Pair Champion and placed second in singles at the 2008 ACRA National Championship ... Will graduate with a degree in Philosophy.



**MARGARIT WESPI**  
JUNIOR PORT  
HILLSBORO, OR

Took first place with the Second Varsity Eight squad at the Western Intercollegiate Rowing Association Regatta ... Helped her Second Varsity Eight squad to a first place finish at the Berg Cup ... Helped the Novice Eight squad in the beginning of the season earn fourth place in the Petite Final at the prestigious Crew Classic Regatta ... Will graduate with a degree in Biology.



**CLARISSA BROWN**  
SOPHOMORE COXSWAIN  
PERRIS, CA

Helped the novice boat to a sixth place finish at WIRA's in Northern California ... Helped the Novice squad to a fourth place finish in the Petite Final of the prestigious Crew Classic Regatta ... Will graduate with a degree in psychology.



**TAYLOR CALDWELL**  
SOPHOMORE PORT  
FULLERTON, CA

Helped the novice boat to a sixth place finish at WIRA's in Northern California ... Helped the Novice squad to a fourth place finish in the Petite Final of the prestigious Crew Classic Regatta ... Will graduate with a degree in Biochemistry.



**ALLYN DeLOZIER**  
SOPHOMORE COXSWAIN  
PHOENIX, AZ

A second year member of the Varsity Eight squad at San Diego ... Helped the team to a first place finish at the Berg Cup last year ... Helped the team earn second place in the Cal Cup at the prestigious Crew Classic Regatta ... Helped the team to a second place finish at the West Coast Conference championship event ... Will graduate with a degree in English with a minor in History.



**MELANIE LUCAS-CONWELL**  
SOPHOMORE PORT  
PALO ALTO, CA

Member of the student alumni association at USD ... Rowed for Nor-Cal Crew prior to rowing for the University of San Diego ... Helped the Novice squad to a fourth place finish in the Petite Final of the prestigious Crew Classic Regatta... Will graduate with a degree in International Relations with a minor in Marketing and Italian.



**IMELDA LEE McCLEENDON**  
SOPHOMORE STARBOARD/PORT  
DALLAS, TX

Took first place with the Second Varsity Eight squad at the Western Intercollegiate Rowing Association Regatta ... Helped her Second Varsity Eight squad to a first place finish at the Berg Cup ... Helped the Novice Eight squad in the beginning of the season earn fourth place in the Petite Final at the prestigious Crew Classic Regatta ... Has yet to declare a major.



**NICHOLE NORBY**  
SOPHOMORE STARBOARD/PORT  
DETROIT LAKES, MN

Helped the novice boat to a sixth place finish at WIRA's in Northern California ... Helped the Novice eight squad to a fourth place finish in the Petite Final of the prestigious Crew Classic Regatta ... Will graduate with a degree in Engineering.



**ALEXANDRE O'CONNOR**  
SOPHOMORE PORT  
LITTLE SILVER, NJ

Helped her Varsity Four squad to a second place finish at the 2009 West Coast Conference championship ...

Helped the Novice squad to a fourth place finish in the Petite Final of the prestigious Crew Classic Regatta ... Has yet to declare a major.



**SAMANTHA SHENKO**  
SOPHOMORE STARBOARD/PORT  
FOLSOM, CA

Took first place with the Second Varsity Eight squad at the Western Intercollegiate Rowing Association Regatta ... Was a member of the Second Varsity Eight boat at the West Coast Conference Championship that

took second place ... Helped the Novice squad to a fourth place finish in the Petite Final of the prestigious Crew Classic Regatta ... Will graduate with a degree in International Relations.



**ANN SILVA**  
SOPHOMORE STARBOARD  
HANFORD, CA

Helped the Second Novice Eight team to a first place finish at the Berg cup ... Was a member of the Second Novice Eight team that took second place at the prestigious Crew Classic Regatta ...

Has yet to declare a major.



**JEANIE SMITH**  
SOPHOMORE COXSWAIN  
LOUISVILLE, KY

Helped the Second Novice Eight team to a first place finish at the Berg cup ... Was a member of the Second Novice Eight team that took second place at the prestigious Crew Classic Regatta ...

Will graduate with a degree in International Relations.



**MARILYN SMITH**  
SOPHOMORE STARBOARD/PORT  
REDLANDS, CA

Took first place with the Second Varsity Eight squad at the Western Intercollegiate Rowing Association Regatta ... Was a member of the Second Varsity Eight boat at the West Coast Conference Championship that took second place

... Helped the Novice Eight squad in the beginning of the season earn fourth place in the Petite Final at the prestigious Crew Classic Regatta ... Will graduate with a degree in Industrial and Systems Engineering.



**MARGARET ORTBLAD**  
FRESHMAN PORT  
SEATTLE, WA

Was a captain of the varsity swim team her senior year of high school ... Born in Seattle, Washington ... Chose USD because it is in San Diego and it has really nice weather and it is a good school to

attend ... Has yet to declare a major.



**HANNAH PATRICK**  
FRESHMAN STARBOARD/PORT  
NEWPORT BEACH, CA

Varsity member of the Newport Harbor High School women's rowing team ... Helped lead her team to Nationals in 2007 and 2008 as well as qualifying in the singles

event at Nationals ... Was on the third place boat at National's in the Varsity Four her senior year ... Also lettered in Cross Country, Surf team, and swim team ... Received the Trustee Scholarship from University of San Diego ... Has yet to declare a major.



**GINA SCHNEIDER**  
FRESHMAN STARBOARD  
ST. PAUL, MN

Attended high school at Cretin-Derham Hall in St. Paul, Minnesota where she participated in Volleyball, basketball, and softball as an underclassmen and

transitioned to rowing as an upperclassmen ... A member of the Minneapolis Rowing Club ... Currently rowing starboard for USD ... Will graduate with a degree in Business Marketing and Spanish with a minor in International business.



# UNIVERSITY OF SAN DIEGO

## TOREROS™ WOMEN'S ROWING



### Rowing 101...

**Blade:** The end of the oar that pulls the boat through the water.

**Bow:** The forward end of the boat that crosses the finish line first. Also, the rower in the nearest seat to the forward end of a shell, who typically has a quick catch, stable technique and a shorter arc.

**Catching a Crab:** "Catching a crab" is a phrase used to describe what happens when a rower's oar enters the water at an angle other than perpendicular. At an angle, the oar gets caught under the surface of the water and, depending on the severity of the situation, can cause a boat to lose ground in a race.

**The Course:** Spring races are contested on a 2,000-meter (about 1-1/4 mile) course.

**Coxswain:** (Pronounced cox-n) The coxswain is the person who sits in the stern of the boat and is responsible for steering and commanding the crew. During a race, the coxswain will be steering.

**Eight vs. Four:** An Eight (8+) has eight rowers and a coxswain, and a Four (4+) has four rowers and a coxswain.

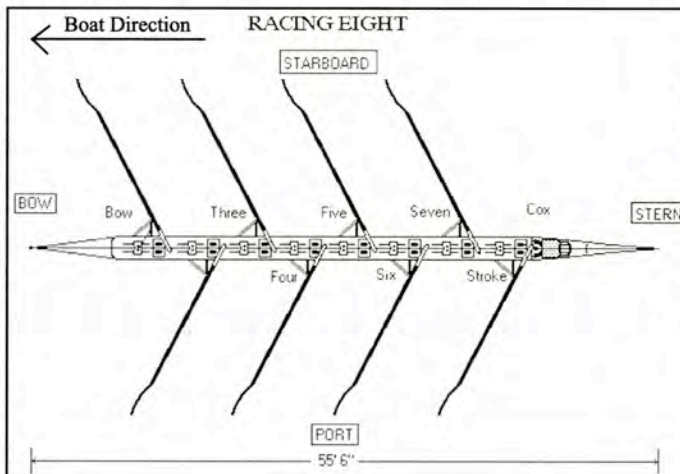
**Ergs:** Short for ergometer, an individualized rowing simulator that helps strength and conditioning.

**Head Race:** The traditional fall regatta, in which boats cross the starting line at full speed in roughly 15-second intervals. The course usually involves navigating three miles of river, around bends and under bridges.

the shell.

**Run:** The distance the shell moves during one stroke.

**Sculling:** A type of rowing where each rower has two oars.



**Shell:** The boat used in rowing races, ranging in length from 45 feet for a four to 58 feet for an Eight. The shell seats nine people for an Eight and five for a Four.

**Sprints:** Used in collegiate competition, this type of race features a course which is 2,000 meters long, usually with four to six unmarked or buoyed lanes and a floating or staked start.

**Stern:** The back of the boat and the end rowers face during competitions.

**Stroke:** A complete cycle of moving the shell through the water. The rower sitting closest to the stern looks directly at the coxswain in a stern coxed boat and sets the rhythm for the rest of the shell.

**Sweeping:** A type of rowing where each rower uses one oar.

**Lightweight:** A crew in which each athlete weighs under a specified amount (under 130 pounds for women).

**Regatta:** The name of rowing events in which several crews compete.

**Rigger:** The frame that attaches an oar to

**Varsity vs. Novice:** A regatta usually consists of two broad categories of events: varsity and collegiate novice. Varsity events typically showcase a program's best and most experienced rowers. Collegiate novice events are for rowers and coxswains competing in their first year of collegiate rowing.

To Learn more about the USD Women's Rowing Team, visit:

[www.usdtoreros.com](http://www.usdtoreros.com)

To Learn more about the University of San Diego, visit:

[www.sandiego.edu](http://www.sandiego.edu)



## 2009 Novice Team Roster



Megan Bolan  
FR Newport, RI  
Prout HS



Maggie Cole  
FR Chatham, MA  
Chatham HS



Jenelle Corey  
FR Modesto, CA  
Central Catholic HS



Britt Deline  
FR Centennial, CO  
Regis Jesuit HS



Lisa Duffy  
FR Plainfield, IL  
Joliet Cathloic Acad.



Haley Earl-Lynn  
FR Sacramento, CA  
St. Francis HS



Symone Gates  
FR Bittburg, Germany  
Las Vegas Academy



Michelle Geesman  
FR Aptos, CA  
Aptos HS



Emily Russak  
SO Pasadena, CA  
Polytechnic HS



Stephanie Jegat  
FR Carmel, CA  
Santa Catalina HS



Kristin Jones  
FR Nampa, ID  
Bishop Kelly HS



Katherine Lumbard  
SO Hollis, NH  
Brookline HS



Amanda Martinez  
SO San Diego, CA  
San Diego HS



Katherine Moran  
FR San Juan Capistrano, CA  
Santa Marg Cath HS



Briana Nute  
FR Phoenix, AZ  
Xavier College Prep



Ali Olson  
FR Redlands, CA  
Redlands East Vly HS



Anna Schonleber  
FR Honolulu, HI  
MidPacific Institute HS



Carli Smith  
FR Poway, CA  
Poway High HS



Elle Stricklen  
FR Santa Cruz, CA  
Soquel HS



Katrina Tate  
FR Mission Viejo, CA  
Tesoro HS



Mary Tausend  
FR kalaheo, HI  
Kauai HS



Hannah Ward  
FR Hailey, ID  
Wood River HS



Mallory Wilhelms  
FR Mission Viejo, CA  
Santa Marg. Cath. HS



Megan Wilhelms  
FR Mission Viejo, CA  
Santa Marg. Cath. HS

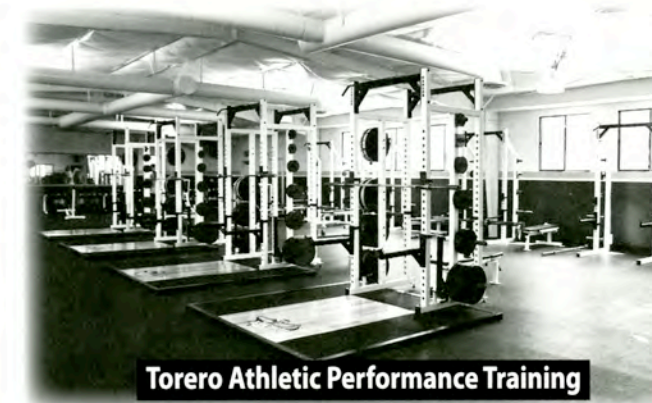


Anna Yamamoto  
FR Hollis, NH  
Brookline HS

# Torero Women's Rowing Facilities



USD Erg Workout Facility



Torero Athletic Performance Training



Mission Bay, San Diego



Coggeshall Rowing Center



USD Sports Medicine

The **USD Erg workout facility** is home to more than 30 rowing ergometer machines. The work out room is the land location for practice and training by the women's rowing team. The Rowing program recently purchased 12 brand new rowing ergometers. USD's facilities provide excellent opportunities for a wide variety of training modalities including swimming, running, strength training with free-weights and machines, and ergometer training. The erg room boasts a spacious, airy, fully-mirrored space with 30 ergometers and a brand new state-of-the-art projection system. The Toreros use this room to erg regularly in addition to their training on the water and utilize the projection system to greater assist reviewing video of athletes' technique from water sessions.

**Mission Bay** is home to the USD women's rowing team and the Coggeshall Rowing Center located in El Carmel Point. The bay is host to the San Diego Fall Classic as well as the largest spring regatta on the West Coast, the San Diego Crew Classic. The bay boasts 27 miles of shoreline, 19 of which are sandy beaches with eight locations designated as official swimming areas.

Mission Bay, which was once a vast tidal marsh, was dredged in 1944 to create a recreational aquatic facility for the city of San Diego. Today, Mission Bay is used by motorboaters, sailboaters, rowers, waterskiers, picnickers, joggers, and swimmers. It is also the home to many species of birds, fish and other wildlife, and has a nature reserve at its northern end near Crown Point.

Mission Bay is one of San Diego's most fun-filled spots to visit. Nestled in the west end of the beach is a network of channels and islands - a perfect spot for everyone from wind surfers to water skiers. One can swim, enjoy the sun, rent a boat and explore the thousands of acres of waterways. It's perfect for the USD rowing team's to have on-the-water practices.

The **Coggeshall Rowing Center** was built in 1991 with a bequest from A. Wharton Coggeshall. An ideal setting for the sport of rowing, Mission Bay is the site of the San Diego Crew Classic, which draws hundreds of crews and spectators from around the country each spring. Coggeshall is home to both the USD men's and women's rowing teams. This rowing facility creates an ideal rowing atmosphere. It is home to the historic San Diego Rowing Club as well as other neighboring universities.

## Torero Athletic Performance Training

The University of San Diego Athletic Department recognizes the need for all athletes to engage in a comprehensive strength and conditioning program. The USD strength and conditioning program has been designed to develop functional strength, speed, power and endurance. Adhering to a properly designed program of strength training, conditioning and nutrition, athletes become the best possible athletes they can be, while simultaneously reducing the incidence of injury. The heart of the strength and conditioning program is the USD Sports Center Varsity Weight Room (5,000 square feet). The weight room contains Olympic platforms, free weights, selectorized machines, dumbbells, and cardiovascular equipment. Student-athletes also have the luxury of utilizing the Jenny Craig Pavilion Fitness Center.

The main responsibilities of the **University of San Diego Sports Medicine** Staff are injury prevention, treatment and rehabilitation of all USD student-athletes. The Sports Medicine staff oversees seventeen intercollegiate teams and more than 450 USD student-athletes. Carolyn Greer, Associate Athletic Director for Sports Medicine, is in her 27<sup>th</sup> year as USD's Head Certified Athletic Trainer.

A 1975 graduate of San Diego State University with a Bachelor of Arts Degree in Physical Education, Carolyn went on to earn her Master's in Sports Medicine in 1978. Over the years she has taught classes in Sports Medicine and had numerous articles published in a variety of journals. Carolyn is assisted by Paul Signorelli, Joe Parry and Eli Bisnett-Cobb.

The **USD Sports Medicine** team also consists of two orthopedic surgeons, one dentist, one internist and eight student interns. The USD training room is located on the first floor of the Jenny Craig Pavilion. The training room features a treatment area, a hydro-therapy room and taping stations. The training room is also equipped with cardiovascular and rehabilitation equipment.



**Dr. Mary E. Lyons**  
President

## A Message From President Lyons

*The University of San Diego is very proud of the student-athletes that represent our institution on 17 men's and women's NCAA Division-I athletic teams. These are proud and serious competitors, honored to represent the University. The dedication you witness on the playing fields, on the court, on the course, or in the water is greatly matched in the classrooms, the laboratories, on stage, or in the community. Last year thirty-seven percent of our student-athletes carried a grade-point average above 3.2, and eight of our teams had a cumulative grade-point average above 3.0.*

*Athletics is vital to the University of San Diego, a way students, faculty, staff and alumni come together as one community. I am both a university president and a Torero fan; I look forward to sharing the excitement of Torero athletics with our many fans.*



*Dr. Julie Sullivan*  
V.P.  
Provost



*Ms. Carmen M. Vazquez*  
V.P.  
Student Affairs



*Dr. Timothy O'Malley*  
V.P.  
University Relations



*Msgr. Daniel Dillabough*  
V.P.  
Mission & Ministry

### University of San Diego Mission Statement

The University of San Diego is a Roman Catholic institution committed to advancing academic excellence, expanding liberal and professional knowledge, creating a diverse and inclusive community, and preparing leaders dedicated to ethical conduct and compassionate service.

### University of San Diego Vision Statement

The University of San Diego is becoming a nationally preeminent Catholic university known for educating students who are globally competent, ethical leaders working and serving in our complex and changing world.

The University of San Diego is a Roman Catholic institution committed to advancing academic excellence, expanding liberal and professional knowledge, creating a diverse and inclusive community, and preparing leaders dedicated to ethical conduct and compassionate service.



University  
of San Diego

# KY SNYDER

## Executive Director of Athletics



Ky Snyder was named Executive Director of Athletics at the University of San Diego on December 10th, 2003. Dr. Mary E. Lyons, USD President, introduced Snyder who returns to USD where he was Director of Athletic Development from 1990 to 1996. He came back to USD from the San Diego International Sports Council where he held the position of President.

With the San Diego International Sports Council, Snyder's primary responsibility was to promote San Diego/Tijuana as the preferred region for sporting events and activities that benefit the community both economically and socially. Accomplishments of the Sports Council bid efforts during Snyder's tenure included securing San Diego the 1997 and 1998 ESPN Summer X Games, the Suzuki Rock & Roll Marathon, the 1999 Major League Soccer All-Star Game, the Bank of America/U.S. Olympic Cup, NCAA Division I Men's Basketball First & Second Round (2001) contests, the NCAA Division I Women's Volleyball Championships (2001) and Super Bowl XXXVII.

In the spring of 2001, Snyder was named the President of the San Diego Super Bowl XXXVII Host Committee. He is a member of the Board of Directors of the San Diego Super Bowl Task Force. Snyder was also the Executive Director of the San Diego International Sports Foundation.

Prior to joining the SDISC, Snyder was the Director of Athletic Development at the University of San Diego for six years. At USD he was responsible for establishing the Torero Athletic Association, fund-raising efforts for athletics, managing athletic special events and generating corporate sponsorship of athletics.

At USD he oversees an athletic department with seventeen NCAA Division I intercollegiate teams and over 400 student-athletes. He is responsible for all administrative, management and supervisory aspects of the Department of Athletics. Additionally, he oversees the strategic long-range planning and monitoring of budgets, personnel, programs, facilities, fundraising, promotions and marketing, and public relations for an NCAA Division I program consisting of eight sports for men and nine sports for women. He serves on the NCAA Division I Football Rules Committee and as the Corporate Co-Chair of the JDRF Walk to Cure Diabetes.

In 2007-08, USD sent six teams to the NCAA Tournament, and won the prestigious WCC Commissioner's Cup for the first time. The trophy goes to the school with the top performing athletics program in the eight-team West Coast Conference. It is the first time USD has claimed this honor in the Cup's seven-year history.

Snyder played football at San Diego State University. He holds a Bachelor's degree in Marketing from San Diego State University and has studied in the Master's Leadership Program at the University of San Diego.

Snyder, who has been a San Diego resident for 26 years, has a very athletic family. His wife, Sue, was a former standout member of the United States women's national volleyball team who played at San Diego State and also coached the Aztecs and University of San Diego's women's volleyball teams. In addition, Snyder's father, Lester, held the position as President of the United States Tennis Association.

The Snyder's reside in Poway with their son Riley (age 15), daughter Sydney (age 12) and daughter Cammy (age 9).



**The Snyder Family: Ky and Sue with son Riley; daughters Cammy and Sydney; along with Don Hegerle (Sue's father).**

### USD ATHLETICS MISSION & VISION STATEMENT

#### Department of Intercollegiate Athletics Mission Statement

As part of the University of San Diego, a Roman Catholic University, the Department of Intercollegiate Athletics is committed to advancing the academic and athletic excellence and enhancing students' lives while promoting the University of San Diego.

#### Department of Intercollegiate Athletics Vision Statement

As part of the University of San Diego, a Roman Catholic University, the Department of Intercollegiate Athletics is educating its student athletes while building leadership and team work qualities and a reputation as winners on and off the field of play.

# TORERO ATHLETICS... A TRADITION OF SUCCESS



Executive Director of Athletics Ky Snyder holding the 2007-08 WCC Commissioner's Cup. The Commissioner's Cup is an all-sports award presented at the end of each academic year to the league's top performing school in conference play.

The University of San Diego has a long history of athletic success since making the jump from Division II to Division I back in 1979. The Toreros joined the West Coast Conference in 1979 and have remained loyal members of the conference ever since. The Toreros field 17 Division I teams with women's sports including: basketball, cross country, rowing, soccer, softball, swimming, tennis, track and volleyball. Men's sports include: baseball, basketball, cross country, golf, football, rowing, soccer and tennis.

The Toreros football team competes in the Pioneer Football League; the swimming and diving team compete in the Western Athletic Conference and the softball team competes in the Pacific Coast Softball Conference as the WCC does not sponsor these particular sports.

In the mid to late 1980's, the Torero athletics teams splashed on the national scene placing

the small private school from Southern California on the map. In 1984, the Torero men's basketball team made its debut in the national spotlight winning the WCC Championship and making its inaugural appearance in the NCAA tournament. Three years later, the men's basketball team would again make an appearance in the NCAA Tournament after once again claiming the WCC championship. The Torero men's basketball team made its third appearance in the field of 64 after pulling off an upset win in the WCC Tournament championship game over heavily favored Gonzaga University in 2003 to receive the conference's automatic bid into the NCAA Tournament. The men's basketball also made a trip to the big dance in 2008, after once again upsetting Gonzaga in the WCC Tournament Championship game. The USD made history as the 13th-seeded Torero knocked off fourth-seeded UCONN, 70-69, to advance to the second round of the tournament for the first time.

The success of Torero athletics was not limited to the men's basketball team. Several other teams began to splash on the national scene with the men's tennis program becoming the next athletic program to enter the NCAA postseason. In 1989 and 1990 the men's tennis team dominated the WCC and not only made it into the NCAA postseason, but advanced on to the second round in both seasons. Since then, the men's tennis program has maintained that success making five more appearances into the postseason with trips in 1995, 2003, 2004, 2005 and 2006. In 1990, four-time All-American Jose Luis Noriega enjoyed a lot of success advancing all the way to the quarterfinals in singles play, and in 2005 Pierrick Ysern was the national runner-up in singles play.

The tennis success was not limited to the men, as the Torero women have also seen success in the NCAA postseason, making eight trips to the postseason since the move to Division I in 1979. The women's tennis teams have made appearances from 1989-92, and 1995-99 with the 1989, 1990, 1997 and 1999 squads advancing into the second round. Like the men's program, the women have sent numerous individuals to the postseason with four-time NCAA All-American Zuzana Lesnarova claiming the national championship in 1999, giving USD it's first national championship at the Division I level.

In the early 1990's, Torero athletics began to succeed in other sports as well with arguably the highlight coming in the 1992 season when the men's soccer team became the national runner-up to the University of Virginia. The men's soccer team however was no stranger to the postseason having made it's inaugural appearance in the College Cup Tournament in 1990. Since then

## Torero Highlights

### Baseball

WCC Championships: 2002, 2003, 2007, 2008  
 NCAA Appearances: 2002, 2003, 2006, 2007, 2008

### Men's Basketball

WCC Champions: 1984, 1987  
 WCC Tournament Titles: 2003, 2008  
 NCAA Appearances: 1984, 1987, 2003, 2008

### Women's Basketball

WCC Tournament Titles: 1993, 2000, 2008  
 NCAA Appearances: 1993, 2000, 2008  
 WNIT Appearances: 2007

### Football

PFL Championships: 2005, 2006, 2007  
 Mid Major National Championships: 2005, 2006

### Men's Golf

NCAA Appearances: 2006, 2008

### Men's Soccer

WCC Championships: 1992, 1995, 1998, 1999, 2000  
 NCAA Appearances: 1990, 1992, 1993, 1994, 1995, 1998, 1999, 2000, 2001, 2002, 2003

### Women's Soccer

NCAA Appearances: 1996, 1999, 2000, 2001, 2002, 2003, 2004, 2007, 2008

### Men's Tennis

WCC Championships: 1989, 1990  
 NCAA Appearances: 1989, 1990, 1995, 2003, 2004, 2005, 2006

### Women's Tennis

NCAA Appearances: 1989, 1990, 1991, 1992, 1995, 1996, 1997, 1998, 1999

### Women's Volleyball

WCC Championships: 1998, 1997, 2004, 2006, 2007, 2008  
 NCAA Appearances: 1993, 1996, 1997, 1998, 1999, 2001, 2002, 2003, 2004, 2005, 2006, 2007, 2008





the Toreros have made nine more appearances in the postseason, advancing to the second round three times.

In 1993, the women's volleyball team began to make a lot of noise making their inaugural appearance in the postseason. The Toreros have since enjoyed 12 appearances in the postseason with the 2004 and 2006 squads advancing as far as the Sweet 16.

In 1993, the women's basketball team had one of its most successful seasons in program history as they made their inaugural trip into the NCAA Tournament after claiming the WCC Tournament Championship. The Toreros have since made two more trips to the "Big Dance" in 2000 and in 2008. In 2000, USD pulled off a major upset in the WCC Championship game against heavily favored and top-seeded Pepperdine University. The Toreros then had their most successful season in program history during the 2006-07 season, eclipsing the 20-win mark, to a program best 21-9 finish, a program-best 2nd place finish in the WCC and a berth into the WNIT. Then in 2008, the Toreros once again got to the NCAA Tournament by defeating top-seeded Gonzaga in the WCC Championship game.



The Women's soccer program began to enjoy success in the mid 1990's. In 1996 they not only made their inaugural trip to the College Cup Tournament, but advanced to the second round. Then from 1999-2004 the women's soccer team was a consistent participant in the postseason with the 1999 and 2004 squads advancing on to the second round. In 2007, the women's soccer team recorded a program-best 15-3-3 and received a program-best No. 9 national ranking, while finishing second in the WCC and returning to the NCAA Tournament.

After the turn of the century, the success of Torero athletics has continued. In 2002 and 2003, the baseball program made its mark in the postseason after capturing back-to-back WCC Championships and advancing to the NCAA Regionals both seasons to become the first baseball team in the Division I era to make the postseason. The baseball team has continued that success in 2006 as they earned their first at-large berth into the NCAA postseason and in 2007 the Toreros reached a program-best No. 4 national ranking and a No. 8 national seed in the NCAA Regionals after capturing the 2007 WCC crown. The baseball team then won the WCC Championship again in 2008 and reached the Regional championship game for the first time in program history.



The women's swimming team, which competes in the WAC, has shown recent success as they have sent individuals to the postseason in 2003, 2004 and 2006. In all three seasons Ashley Swart competed for USD in the 400 IM and 200 breast with her highest finish coming in the 2003 season when she placed 11th nationally in the 400 IM.

The USD football team has found recent success as well as they claimed the PFL championship in the 2005 season after posting a program-best 11-1 record. They finished ranked No. 1 in the final Sports Cup Division FCS (formerly I-AA) mid-major poll, and duplicated that record in 2006 for their second consecutive PFL championship and second mid-major national championship.

The USD golf team made its inaugural appearance in the NCAA Postseason in 2006 and won their first WCC championship in 2008.

## WHAT ABOUT THE NICKNAME?

In 1961, the Most Reverend Bishop Buddy, the founding father of USD, announced that the school's nickname would change from the Pioneers to the Toreros. "The name Toreros is keeping with the friendly relationship which exists between San Diego and Mexico," his excellency said at the time.

Torero comes from the Spanish term toro, the bull, and from the word torrear, to fight bulls. All of the contestants in the ring are called toreros. Torero is a general term describing a bullfighter and signifies courage, honor and fidelity. USD student-athletes, like the Torero, represent a willingness to stand alone in the ring and accept the challenge.



# SAN DIEGO, CALIFORNIA...



San Diego is truly "America's Finest City." A modern metropolis (second largest in California) and a popular year-round resort, San Diego spreads from the coast to the desert, including cliffs, mesas, hills, canyons and valleys. San Diego also surrounds one of California's greatest natural harbors which has been a dominant factor in determining the city's history, economy and development.

Meteorologists claim San Diego as the country's only area with perfect climate. This ideal year-round environment posts an average daytime temperature of 70 degrees, with an annual rainfall average of less than 10 inches. Most days are sunny, with humidity generally low, even in the summer. The climate, attractive setting and recreational facilities make San Diego "America's Finest City."

The city has mostly avoided the evils of urban sprawl, which has allowed its downtown to remain vi-

brant, especially the Gaslamp Quarter. San Diego is also home to the world-famous San Diego Zoo as well as Sea World. The city is great for families, but for those without kids, there is a lot to do as well.

San Diego is home to a number of military bases, primarily due to its location. In 1941, after the Pearl Harbor attacks, the U.S. established the headquarters of the Pacific Fleet in San Diego, and the city is now home to the largest air naval station on the west coast.

Unlike many cities, San Diego's airport is right next to downtown, increasing its convenience even more. It is hard to believe that San Diego is the nation's sixth-largest city, it just retains a small town feel.

According to Sports Illustrated, "For sheer numbers of participants, diversity of pursuits of involvement, San Diego must rank as the sports fitness capital of the U.S." Sports are a major feature of the San Diego lifestyle. One can sail, swim, surf, scuba dive, snorkel, wind-surf on

70 miles of public beach or golf at any of the over 80 golf courses throughout the county. Balboa Park, a 1,158-acre recreation and cultural center, offers 25 tennis courts, two gymnasiums, two municipal golf courses, and one of the nation's finest zoos. Mission Bay Park is a 4,600-acre playground for jogging, fishing, bicycling, tennis, golf, jet skiing and kite flying.

As well as participating in recreational activities, San Diego supports their professional teams -- the NFL Chargers play at Qualcomm Stadium, and the San Diego Padres play at Petco Park. During college football bowl week, San Diego annually hosts the Pacific Life Holiday Bowl in late December. During 1998, Qualcomm Stadium hosted the Super Bowl game between Denver and Green Bay; followed by the World Series between the San Diego Padres and the New York Yankees. The Super Bowl returned to San Diego in 2003. Whatever sporting activity there is, it's here in San Diego -- the sports capital of the U.S.!

# "AMERICA'S FINEST CITY"



*Petco Park, Home of the San Diego Padres*



*Qualcomm Stadium, Home of the San Diego Chargers*

# THE CAMPUS...



The University of San Diego is an independent Catholic institution of higher education. Founded in 1949, USD is located on 180 acres overlooking Mission Bay, San Diego Harbor and the Pacific Ocean. The campus is named Alcalá Park and is located just 10 minutes from downtown San Diego. The campus was named after a Spanish village near Madrid - Alcalá de Henares. Founded by the Greeks as Complutum, the village was later renamed Al Kala (the Castle) by the Moslems. Christians recaptured the village centuries later and founded a university whose buildings became the inspiration for USD's architectural style.

Under the leadership of Mother Rosalie Hill of the Society of the Sacred Heart and Bishop Charles Francis Buddy of the Diocese of San Diego, the University of San Diego began as separate colleges for men and women. The first classes met in 1952; the School of Law opened its doors in 1954. By the late 1960's it became clear that both colleges would benefit from combining academic resources, and in 1972 the University of San Diego became a single coeducational Catholic university.

Now governed by a board of trustees independent from the founding organizations, USD is a Roman Catholic institution that welcomes students, faculty and staff of diverse religions, traditions and remains dedicated to the values originally articulated by Mother Hill and Bishop Buddy. Students choose from more than 60 undergraduate and graduate degrees programs in academic divisions including the College of Arts and Sciences and the schools of Business Administration, Leadership and Education Sciences, Law and Nursing and Health Science.

Men aspiring to the Roman Catholic priesthood prepare for their vocation at the St. Francis Center for Priestly Formation.

The USD campus is regarded as one of the most architecturally unique institutions in the country, featuring major buildings designed in an ornamental 16th century Spanish Renaissance style. Since 1984, USD has completed numerous major construction and expansion projects. In 2000 the Jenny Craig Pavilion, a 5,100-seat athletic center, opened its doors as home to USD basketball and volleyball. Two years ago, the Joan B. Kroc Institute for Peace and Justice opened on the west end of campus, and in 2003 the Donald P. Shiley Center for Science and Technology opened. A five-story Spanish Renaissance parking garage (1,100 spaces) was completed in 1998. A landscaped fountain plaza was finished in the fall of 1995, connecting the entrances of the Immaculata and Hughes Administration Center. In 1992, the university completed the 45,000 square foot Loma Hall, which includes an expanded bookstore, a larger mail center, classrooms and laboratories.

# THE ACADEMICS...

USD enrolls more than 7,800 students who have a choice of more than 60 undergraduate and graduate degree programs. Admission to USD, which consistently ranks among the top schools in the nation, is highly selective. USD received more than 10,500 applications for approximately 1,100 undergraduate openings in Fall of 2008. The class of 2012 entered with a GPA of 3.79 and an average SAT score of 1190.

USD has earned recognition in such publications as the *U.S. News & World Report* in 2008 as one of the top 20 "up-and-coming schools." In the 2006 edition of The Princeton Review annual college guide, USD was named as being one of the best colleges in the United States. The Princeton Review recently included USD as one of the nation's most socially conscious institutions in its book, *Colleges with a Conscience: 81 Great Schools with Outstanding Community Involvement*.

USD in 2003, joined the elite company of Phi Beta Kappa, the nation's oldest honor society. Nationwide, only about 10 percent of all colleges and universities have Phi Beta Kappa chapters. USD was granted membership to the Mortar Board National Honor Society in 2000.



In 2003, USD welcomed the addition of the 150,000-square-foot Donald P. Shiley Center for Science and Technology building, which provides an interdisciplinary science facility serving every USD student as he or she completes science course requirements.

The Joan B. Kroc Institute for Peace and Justice, opened in 2001, is one of 10 comprehensive peace centers nationwide with facilities for major international peace efforts.



## Notable USD Graduates

### Steve Altman (1986)

President Qualcomm, Inc.  
2004 Author E. Hughes Career Achievement Award Recipient

### Bill Bavasi (1980)

Former General Manager of the Seattle Mariners

### Bernie Bickerstaff (1968)

Former NBA head coach. Coached with the Denver Nuggets, Seattle Sonics and Charlotte Bobcats

### Mike Brown (1992)

Cleveland Cavaliers, Head Coach

### Brady Clark (1996)

San Diego Padres, Cincinnati Reds, Milwaukee Brewers

### Alison Cox (2001)

Medalist in the Olympics-Women's Rowing

### Theo Epstein (2000)

General Manager of the Boston Red Sox

### John Redmond (1980)

President and CEO of the MGM Grand Resorts

### John Shaw (1973)

President of the Saint Louis Rams

### Juan Vargas (1983)

California State Assembly

# WEST COAST CONFERENCE

GONZAGA

LOYOLA MARYMOUNT

PEPPERDINE

PORTLAND



The West Coast Conference is dedicated to providing opportunities for student-athletes to achieve their fullest potential, both on the playing field and in the classroom.

The eight WCC member institutions span the western coast of the United States, from the pine forests of Eastern Washington, to the Columbia River Basin, to the dynamic San Francisco Bay Area and the sunny beaches of Southern California.

The league is characterized by the stability of its membership – only two conferences have been together longer – and its unique emphasis on combining excellence in athletics with excellence in academics.



A nationally recognized and competitive force in intercollegiate athletics, the WCC sponsors 13 sports: men's and women's basketball, soccer, tennis, cross country, and

golf; baseball; and women's volleyball and rowing. The WCC has produced over 30 NCAA individual or team champions and numerous Academic All-Americans throughout the history of the league. Many outstanding WCC student-athletes have also gone on to excel in professional sports.

The long and rich tradition of the WCC

demonstrates that success in intercollegiate athletics can be built on the foundation of values, character, and academics.



SAINT MARY'S

SAN DIEGO

SAN FRANCISCO

SANTA CLARA

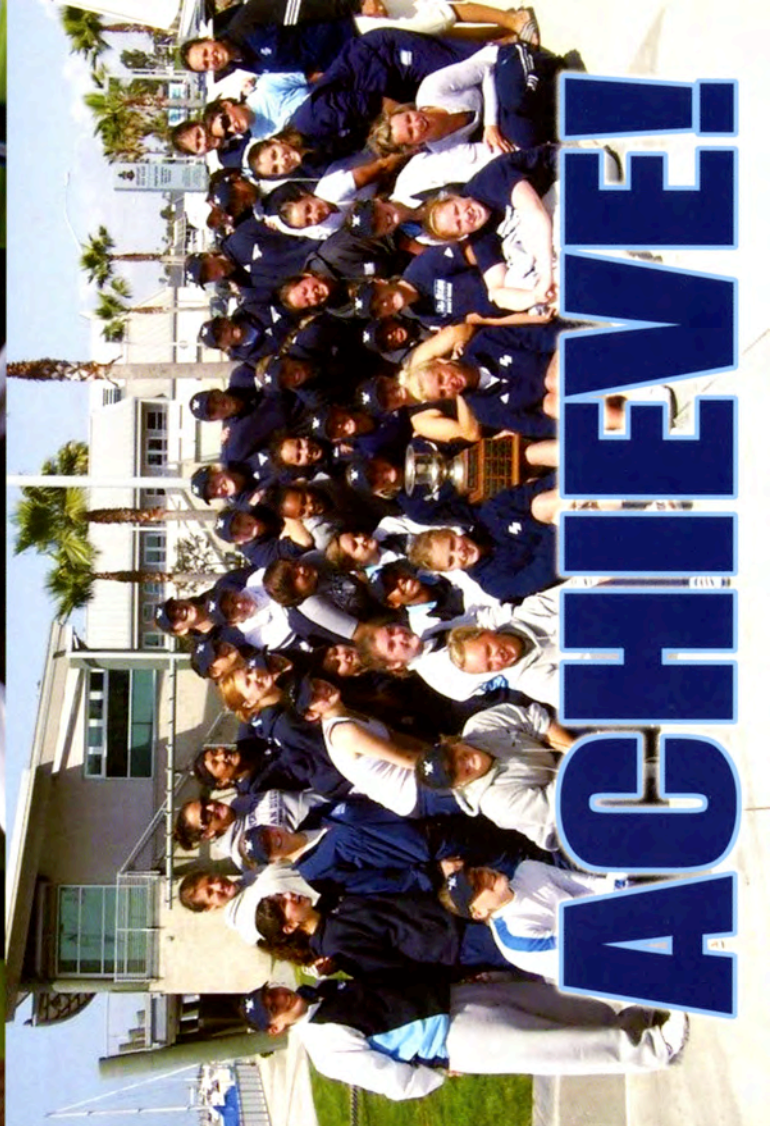


[www.WCCSPORTS.COM](http://www.WCCSPORTS.COM)





**DREAM...**



**ACHIEVE!**



**TRAIN...**



## 2009 USD WOMEN'S ROWING SCHEDULE

<b>DATE</b>	<b>OPPONENT / EVENT</b>	<b>LOCATION</b>	<b>TIME</b>
MAR. 7	SCRIMMAGE VS USC AND SDSU	SAN PEDRO, CA	8:00 A.M.
MAR. 28	BERG CUP	NEWPORT BEACH, CA	8:30 A.M.
	PAC-10 CHALLENGE	REDWOOD SHORES, CA	9:30 A.M.
APR. 4	SAN DIEGO CREW CLASSIC	SAN DIEGO, CA - MISSION BAY	ALL DAY
APR. 5	SAN DIEGO CREW CLASSIC	SAN DIEGO, CA - MISSION BAY	ALL DAY
APR. 19	SAN DIEGO CITY CHAMPIONSHIPS	SAN DIEGO, CA - MISSION BAY	ALL DAY
MAY 1	WCC CHAMPIONSHIP	SACRAMENTO, CA	ALL DAY
MAY 2	WIRA CHAMPIONSHIP	SACRAMENTO, CA	ALL DAY
MAY 3	WIRA CHAMPIONSHIP	SACRAMENTO, CA	ALL DAY
MAY 8	DAD VAIL REGATTA	PHILADELPHIA, PA	ALL DAY
MAY 9	DAD VAIL REGATTA	PHILADELPHIA, PA	ALL DAY