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# The Future of Carbon-Based Scaffolds in Foot and Ankle Surgery

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# The Future of Carbon-Based Scaffolds in Foot and Ankle Surgery

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Q2 Q3  
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## KEYWORDS

- Biomaterials • Carbon • Scaffolds • Reconstruction • Tissue • Cell growth
- Biomechanics • Biologics

## KEY POINTS

- Carbon-based materials offer enhanced biological response and tunability.
- Carbon-based scaffolds offer tensile properties comparable with those of current synthetic tissue scaffolds.
- Cellular behavior on carbon-based scaffolds is enhanced by varying material orientation, porosity, and crystallinity.

## INTRODUCTION

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Autologous grafts have been the gold standard in tissue replacement and the most accurate means of recapitulating both the biological and mechanical properties of tissue. However, autologous grafts have had complications and drawbacks. Skin grafting, a prime example of an autologous tissue graft, has been limited by the size of graft, availability, and secondary donor site morbidity.<sup>1</sup> Use of cadaveric tissues circumvents several limitations of autologous grafts; however, sterilization processes used to reduce the risk of disease transmission potentially weaken tissues and eliminate living cells and some growth factors from scaffolds, making them suboptimal tissue

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49 replacements.<sup>2,3</sup> Chemical cross-linkage of tissue scaffolds has been used in some  
50 circumstances to strengthen weak tissues, but can result in a prolonged inflammatory  
51 response and limit graft integration in vivo.<sup>4–9</sup> Partial enzymatic digestion of cadaveric  
52 tissues has also been used to improve graft porosity, which potentially assists with  
53 graft neovascularization, although this procedure has not been overwhelmingly suc-  
54 cessful.<sup>8</sup> Proprietary methods of chemically and physically stripping tissues of cellular  
55 materials have been commercially developed to minimize graft rejection and loss of  
56 essential biological factors; however, these methods cannot be universally applied  
57 to all tissues.<sup>6,10</sup> GraftJacket Matrix (GJ) (Wright Medical, Arlington, TN, USA),<sup>4</sup> an  
58 acellular human dermis-derived graft, is an example of a commercially available graft  
59 that is commonly used in surgery for soft-tissue augmentation and repair.<sup>4,10–13</sup> The  
60 elastic properties of skin-derived scaffolds make GJ an inferior replacement for stiffer  
61 tissues such as tendon. Hence, current limitations in tissue processing have spawned  
62 interest in emerging technologies that enable precise engineering and manufacturing  
63 of scaffold materials on a nanoscale that recapitulate the unique mechanical needs of  
64 a variety of tissues while promoting tissue repair that also occurs on a nanoscale.

65 To date, biomedical scaffold materials have included synthetic, semisynthetic, and  
66 tissue-derived matrices with or without biological activity from growth factors or living  
67 cells incorporated within the scaffolds.<sup>10,14–19</sup> Various extracellular matrix molecules  
68 such as collagen and resorbable synthetic materials commonly utilized in suture and  
69 medical implants have all been used as scaffolds in the past.<sup>16,18,20,21</sup> The most  
70 advanced generations of commercially available scaffolds attempt to provide some level  
71 of structural function with biological activity, such as Trinity (Orthofix, Lewisville, TX,  
72 USA),<sup>22</sup> which combines mesenchymal stem cells with a cancellous bone allograft  
73 and is used for bone healing; Infuse (Medtronic, Minneapolis, MN, USA),<sup>23</sup> which incor-  
74 porates recombinant bone morphogenic protein 2 with a resorbable collagen scaffold  
75 sponge and is used in spine fusion; Apligraf (Organogenesis, Canton, MA, USA),<sup>24</sup> which  
76 integrates human keratinocytes and dermal fibroblasts with bovine type I collagen as a  
77 graft for the treatment of skin ulcerations; and GraftJacket Matrix,<sup>4</sup> an acellular human  
78 dermis-derived scaffold with retained growth factors and extracellular matrix molecules.

79 Carbon-based materials are novel subsets of synthetic materials that have been  
80 incorporated into medical scaffolds, implants, and nanoartifact drug-delivery vehicles  
81 because of their strength, flexibility, durability, and biocompatibility, but have been  
82 examined less extensively as a combined vehicle for cell delivery and biomechanical  
83 construct for soft-tissue repair and regeneration.<sup>25–30</sup> Potential advantages of an engi-  
84 neered carbon scaffold may include the following: (1) tunable geometric and surface  
85 characteristics to fit biological demands of a healing tissue; (2) reproducible mechani-  
86 cal properties to meet specific functional requirements; (3) lack of donor site  
87 morbidity; (4) no communicable disease transmission; and (5) unlimited availability.

88 This article examines the mechanical behavior of 2 fibrous carbon-based scaffolds  
89 and evaluates their potential as a vehicle for cell and biologics delivery that promotes  
90 tissue repair. The structure, tensile properties, and human fibroblast adhesion and  
91 proliferation on carbon scaffold substrates were analyzed and compared with a con-  
92 trol scaffold, GJ, which is commonly used in surgery for soft-tissue augmentation and  
93 repair.<sup>4,6,10,11,13,31,32</sup>

## 94 MATERIALS AND METHODS

### 95 *Materials*

96 A spool of commercially available PAN-based carbon fibers from Cytec Industries Inc.  
97 (Woodland Park, NJ, USA) was used to create carbon scaffold substrates. Before  
98  
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scaffold preparation, carbon fibers were heat treated at 150°C for 30 minutes and milled to 5-mm size. A 1% (weight/volume) poly( $\epsilon$ -caprolactone)/acetone solvent was added to form a slurry. The slurry was cast in a mold and evaporated to leave behind a veil scaffold (labeled CV1 and CV2,  $n = 10$  per group). Unidirectional carbon laminate was made by aligning unidirectional P120 carbon tow fabric (labeled CF1 and CF2,  $n = 10$  per group). Samples were ultrasonicated and sterilized in 100% ethanol for 1 hour. GraftJacket Matrix (labeled GJ,  $n = 20$ ) was donated by Wright Medical Technology Inc (Arlington, TN).

### ***Environmental Scanning Electron Microscopy of Scaffolds***

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Environmental scanning electron microscopy (ESEM) was used to examine geometric properties of scaffolds. A Hitachi ESEM device (Hitachi, Schaumburg, IL, USA) was used to visualize the microscale surface of scaffolds. Samples were imaged at 500 $\times$ .

### ***Micro-Computed Tomography of Scaffolds***

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Micro-computed tomography ( $\mu$ CT; Scanco Medical, Wayne, PA, USA) was used to analyze scaffold porosity, pore size, and scaffold geometry. Samples were analyzed before mechanical testing and culture. Samples were scanned at a resolution of 7  $\mu$ m/slice. Sample porosity was calculated with proprietary software provided by Scanco Medical.

### ***Mechanical Characterization of Scaffolds***

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Tensile properties of scaffolds were examined using an MTS mechanical tester (MTS, Eden Prairie, MN, USA). Grip fixtures were used to secure samples and prevent sample tearing. All scaffolds were hydrated when tested under tension, as GJ function in vivo is under hydrated conditions. Hydration of GJ and carbon scaffolds was performed according to manufacturers' instructions for GJ hydration. Ten samples for each scaffold group were analyzed at 25.4 mm/min. Stress and strain data were recorded. The slope of the linear region of the stress-strain curve was used to determine the elastic modulus. For this study, the strain region between 0% and 3% was considered low strain, for comparison of carbon-based scaffolds with GJ control.

### ***Fibroblast Culture on Scaffolds***

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Human dermal fibroblasts (ATCC CRL2703, Manassas, VA, USA) were cultured in flasks with Dulbecco F12 medium (DMEM; Gibco BRL, Invitrogen, Carlsbad, CA, USA) supplemented with 10% fetal bovine serum (FBS; Atlanta Biologicals, Lawrenceville, GA, USA) and 1% penicillin/streptomycin (100 U/100 mg per mL; Gibco BRL), labeled complete media for simplicity. Cells were incubated at 37°C in 5% CO<sub>2</sub> with 100% humidity. Fibroblasts from 5 to 8 passages were used for all cell studies.

### ***Morphometric Analysis of Fibroblast Growth on Scaffolds***

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Fibroblast morphology was characterized after 12, 48, and 96 hours of cell culture on scaffolds using fluorescent microscopy. Samples were rinsed twice with sterile phosphate-buffered saline (PBS) to remove nonattached debris. Cells were then fluorescently labeled with 20 mM rhodamine phalloidin to identify polymerized actin (Invitrogen) and 20 mM 4',6-diamidino-2-phenylindole (DAPI) nuclear counterstain (Invitrogen) to identify the cell nucleus. Scaffolds were then rinsed in PBS to clear excess label. Cell fluorescence was preserved with Prolong Gold reagent (Invitrogen). Cell fluorescence and morphology were characterized at a magnification range from 10 $\times$  to 40 $\times$ .

### **Fibroblast Viability in Scaffold Cultures**

Multiple methods were used to quantify cell adhesion and proliferation. Carbon and GJ scaffolds (area: 25 mm<sup>2</sup>) were placed in 100-mm<sup>2</sup> round tissue culture dishes (n = 10 per experimental group). Fibroblasts (60,000 cells/sample) were seeded onto scaffold samples in 200- $\mu$ L aliquots of F12 complete media containing 10% FBS (300,000 cells/mL) and placed into the incubator at 37°C, 5% CO<sub>2</sub>, and 100% humidity. After 12 hours, samples were moved to 24-well plates, retaining only cells attached to the scaffolds, and 2 mL of complete media was added to each well and returned to the incubator. Growth media were changed every second day. Scaffolds were immediately processed for biochemical characterization as described below to measure cell attachment. To characterize fibroblast proliferation, cell-seeded scaffolds were cultured in 2 mL of complete media for a period of 12, 48, and 96 hours before analysis.

Cell attachment and proliferation was quantified with fluorescence microscopy and the WST-1 biochemical assay (Roche Scientific, Indianapolis, IN, USA) cultured for 12, 48, and 96 hours. Cell adhesion to scaffold surfaces was quantified by counting cell nuclei labeled with DAPI at each culture time point. For each scaffold, 5 images were acquired, spanning the entire length of the sample. Fibroblasts were imaged and nuclei were counted using the Metamorph software package (Molecular Devices, Sunnyvale, CA, USA).

Concurrently, cell viability was assessed at 12, 48, and 96 hours using WST-1 assay. The tetrazolium salt 2-(4-iodophenyl)-3-(4-nitrophenyl)-5-(2,4-disulphophenyl)-2H-tetrazolium, better known as WST-1, was used to quantify viable fibroblasts in culture. Photometric quantification of viable cells was performed by measuring absorbance at 450 nm and 690 nm using a microplate reader. Cell proliferation was measured as a function of absolute absorbance values (absorbance at 450 nm – absorbance at 690 nm). Fibroblast growth in wells without scaffolds was used as a positive control while scaffolds without seeded cells were used as negative controls. Nonspecific absorbance from media and scaffold samples was subtracted from absorbance readings. Absorbance values were compared with control values and related directly to cell viability.

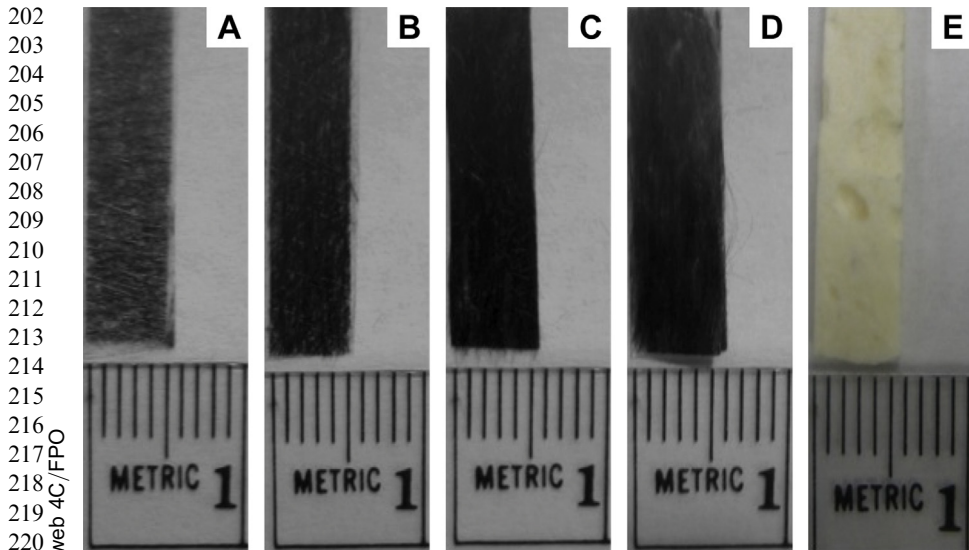
### **Statistical Analysis**

Statistical analyses were performed using the SPSS Statistics 19 Software Package (SPSS, Inc, Chicago, IL, USA). All experimental results were statistically evaluated using 1-way analysis of variance, with  $P < .05$  indicating significant differences among experimental groups. Post hoc multiple comparison analyses were also performed using the Tukey-Kramer test. Multivariate stepwise linear regression was carried out to model the relationship between experimental parameters (porosity, elastic modulus, stress, and thickness) and load failure of carbon scaffolds and GJ. In addition, linear regression was performed to model the relationship between scaffold porosity and elastic modulus. Carbon samples were pooled for an n = 40. GJ data were also pooled for data analysis for n = 20.

## **RESULTS**

### **Scaffold Characterization**

As shown in **Fig. 1**, at low magnification (2 $\times$ ), all samples demonstrated porous characteristics; however, GJ was less porous than carbon scaffolds (see **Fig. 1**), which was most apparent on ESEM imaging shown in **Fig. 2**. GJ also displayed 2 distinct textured sides that relate to the natural stratification of structures in the human dermis



221 Fig. 1. ■

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225 (see Fig. 2). The deeper dermal side was characterized by an extensive vascular  
226 network and was more porous than the more superficial epidermal side of GJ control.  
227 GJ demonstrated less continuity and consistency in physical characteristics than  
228 engineered carbon, in accordance with natural variations typically observed in living  
229 tissues (Table 1) but not observed with highly engineered scaffolds such as carbon  
230 (see Fig. 1). Microscale porosity was examined in all scaffolds by  $\mu$ CT (see Fig. 2).  
231 Scaffold porosity was most uniform in carbon-engineered scaffolds, whereas GJ  
232 demonstrated inconsistent porosity attributes hallmarked by regions of large defects  
233 up to 1 mm in size that were not observed in any carbon-engineered scaffolds (see  
234 Fig. 2). GJ displayed a closed porosity of (35%), whereas carbon scaffolds showed  
235 an open cell structure (CF1 and CF2: 55% and 70%, respectively; CV1 and CV2:  
236 80% and 95%, respectively) (see Fig. 2, Table 2). Structural characterization of scaffolds  
237 demonstrated less variability in porosity of carbon scaffolds compared with GJ,  
238 as indicated by smaller average standard deviations in porosity measurements. The  
239 standard deviation of carbon scaffold porosity was approximately 75% smaller than  
240 that of GJ (see Table 2). CF1 and CF2 exhibited greater unidirectional fiber orientation,  
241 whereas CV1 and CV2 scaffolds consisted of more randomly organized fibers (see  
242 Fig. 2; Fig. 3).

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### 243 **Mechanical Behavior of Carbon Scaffolds**

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245 The mechanical properties of scaffolds were tested under tension. As shown in the  
246 magnified low strain range (0%–3%), GJ samples displayed a smaller stress-strain ratio  
247 than carbon-based scaffolds (Fig. 4). This finding is consistent with deformation  
248 characteristics commonly observed in the “toe region” of biological tissues. Further-  
249 more, as is displayed by the gradual decrease in the slope of the curve, GJ exhibited  
250 longer strain regions with a yielding behavior and no catastrophic failure (see Fig. 4).  
251 Conversely, carbon scaffolds carried more load and handled a larger stress at lower  
252 strain, and failed catastrophically. From a load-failure perspective, CF1 displayed

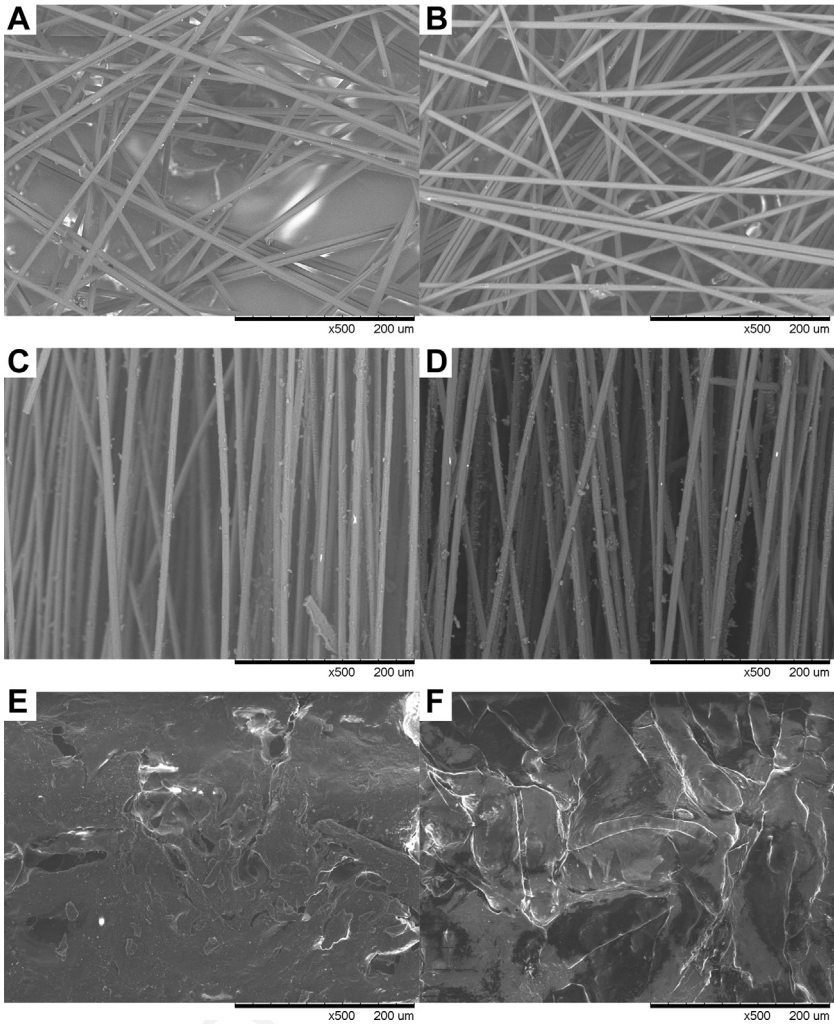


Fig. 2. ■

**Table 1**  
**Mechanical properties of living tissue**

	Maximum Load (N)	Maximum Stress (MPa)	Maximum Strain (%)	Elastic Modulus (MPa)
Femur <sup>a</sup>	111.0 ± 11.9	131 ± 13	5.00 ± 1.2	16,600 ± 174
Anterior cruciate ligament <sup>b</sup>	1627 ± 491	26.8 ± 9.1	28.5 ± 9.1	109.00 ± 50.0
Superior infraspinatus tendon <sup>c</sup>	462.8 ± 237	14.6 ± 7.7	Not reported	120.00 ± 53.1

<sup>a</sup> Fung Y. Biomechanics: mechanical properties of living tissues. Springer-Verlag; 1993.

<sup>b</sup> Holzapfel G, Ogden R. Mechanics of biological tissue. Springer; 2006.

<sup>c</sup> Halder A, Zobitz ME, Schultz F, et al. Mechanical properties of the posterior rotator cuff. Clin Biomech (Bristol, Avon) 2000;15:456–62.

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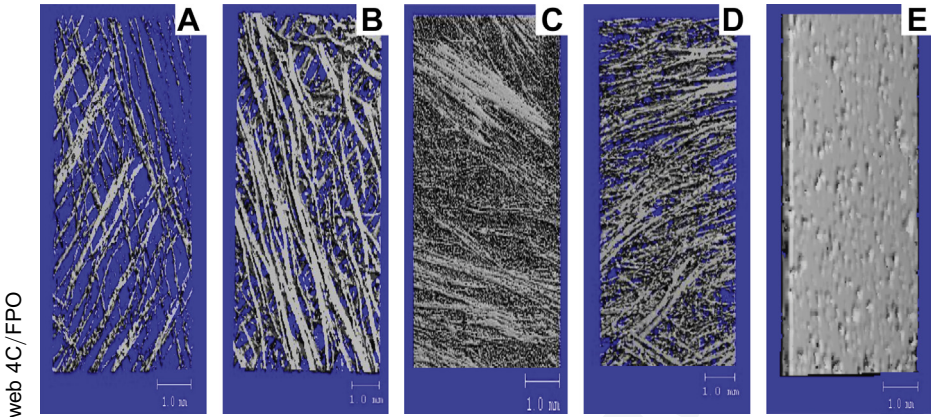
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	Density (g/cm <sup>3</sup> )	Porosity (%)	Thickness (mm)	Maximum Load (N)	Maximum Stress (MPa)	Maximum Strain (%)	Elastic Modulus (MPa)
Carbon veil 1 (CV1)	0.50	95 ± 1.0**	0.30 ± 0.03	3.0 ± 0.20**	2.5 ± 0.10***	3.3 ± 0.20***	860 ± 45**
Carbon veil 2 (CV2)	0.60	80 ± 4.0**	0.32 ± 0.02	4.0 ± 0.20**	3.2 ± 0.20***	2.5 ± 0.20***	910 ± 47**
Carbon fabric 1 (CF1)	0.80	55 ± 9.0	0.43 ± 0.03	56 ± 4.0*	21 ± 0.90**	2.3 ± 0.10**	995 ± 83**
Carbon fabric 2 (CF2)	0.70	70 ± 7.0*	0.42 ± 0.03	27 ± 3.0*	16 ± 1.0	2.7 ± 0.20**	835 ± 66**
GraftJacket Matrix (GJ)	1.1–1.4	35 ± 20	0.48 ± 0.14	36 ± 16	15 ± 2.5	49 ± 13	80 ± 19

Values with asterisks are significantly different from GJ: \* $P \leq 0.05$ ; \*\* $P \leq 0.005$ ; \*\*\* $P < 0.001$ .

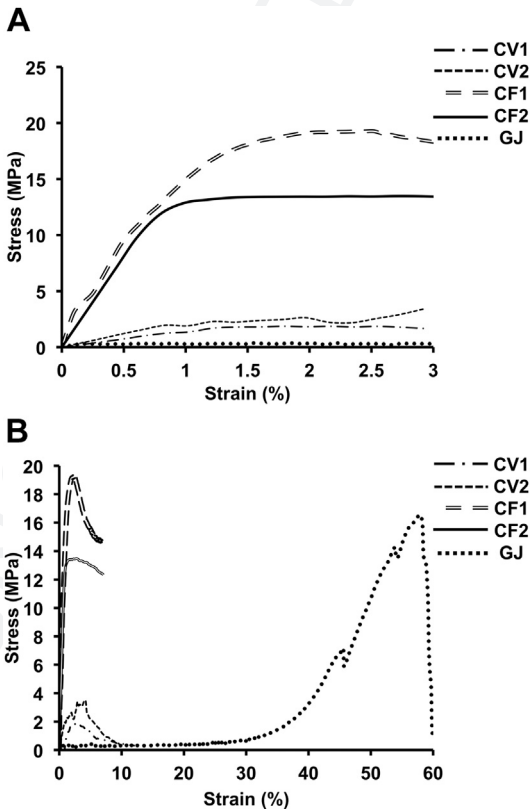
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370 **Fig. 3.** ■

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372 the greatest strength, with a maximum load of  $56 \pm 4$  N, significantly greater than other  
373 carbon scaffolds and the GJ control. CF2 and GJ were most similar ( $27 \pm 4$  vs  $36 \pm$   
374  $16$  N), without statistically significant differences in load failure ( $P > .05$ ) (**Fig. 5**, see  
375 **Table 2**). On the other hand, CV1 and CV2 scaffolds exhibited significantly lower  
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**Fig. 4.** ■

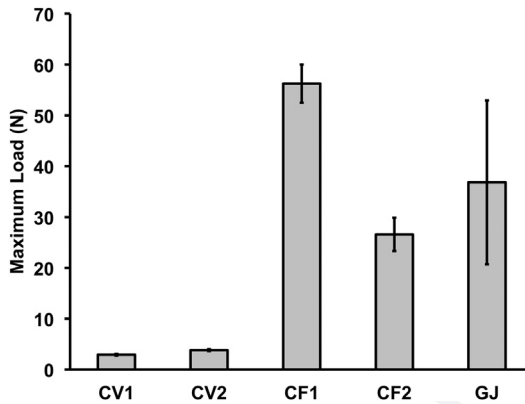


Fig. 5. ■

( $P = .01$ ) maximum loads ( $3 \pm 0.2$  and  $4 \pm 0.2$  N), than both CF scaffolds and the GJ control (see Fig. 5, Table 2). Results also showed that CF1 displayed a significantly greater ( $P = .005$ ) maximum stress ( $21 \pm 0.9$  MPa) in comparison with the GJ control ( $15 \pm 2.5$  MPa) (Fig. 6, see Table 2). The variability of load failure and porosity was

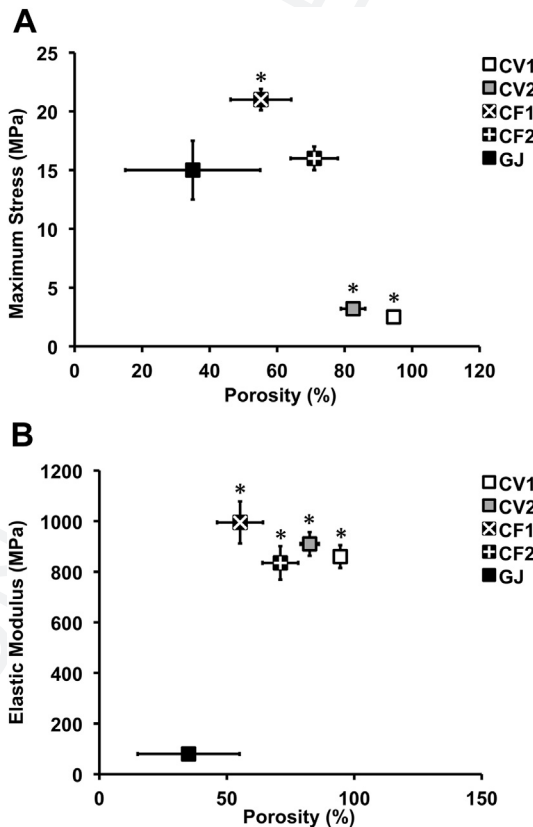


Fig. 6. ■

457 much greater in GJ than in engineered carbon scaffolds, as demonstrated by higher  
458 standard deviations of test measurements. In addition, all carbon-engineered scaffolds  
459 (CV1, CV2, CF1, and CF2) displayed significantly greater ( $P = .005$ ) elastic  
460 modulus values ( $860 \pm 45$ ,  $910 \pm 47$ ,  $995 \pm 83$ , and  $835 \pm 66$  MPa, respectively)  
461 than the GJ control (see [Fig. 6](#), [Table 2](#)).

### 462 **Cytoskeletal Actin Polymerization and Morphology of Fibroblasts Cultured on Carbon** 463 **Scaffolds**

464 Cell density and morphology of fibroblasts cultured on scaffolds were characterized  
465 using fluorescent microscopy ([Fig. 7](#)). Actin filament organization was most distinct  
466 in elongated fibroblasts, which grew in a collinear pattern along carbon fibers. This  
467 pattern of fibroblast growth was most prevalent in CV, which was notably more porous  
468 than other tested scaffolds. Actin polymerization was diffuse and without distinct actin  
469 filament formation in fibroblasts with a round morphology and in fibroblasts observed  
470 in clusters. This pattern of morphology was most prevalent in regions of dense carbon  
471 fiber arrangement more frequently observed in CF than in CV where CF fibers were ar-  
472 ranged in a tightly packed parallel alignment (see [Fig. 2](#)). Although round and elongated  
473 fibroblast morphology was observed in all scaffolds, predominant patterns of  
474 morphology suggest that cell aggregation and round morphology may be more related  
475 to the density of carbon fiber distribution rather than differences between parallel and  
476 divergent fiber orientation within carbon scaffolds.

477 Cell adhesion and proliferation exhibited 2 distinct growth patterns in GJ controls  
478 that were specific to the epidermal and dermal surfaces of GJ. The dermal surface  
479 of GJ supported cell adhesion and growth with extensive filamentous actin organiza-  
480 tion in fibroblasts, while the epidermal surface supported minimal actin polymerization  
481 in fibroblasts (see [Fig. 7](#)). The morphology of fibroblast adhesion and growth on CF  
482 scaffolds closely resembled that of fibroblast adhesion to the epidermal surface of  
483 GJ controls where extensive actin polymerization could be identified in fibroblasts  
484 (see [Fig. 7](#)). The morphology of fibroblast adhesion to CV scaffolds more closely  
485 resembled fibroblast adhesion to the dermal surface of GJ controls (see [Fig. 7](#)).

### 486 **Fibroblast Adhesion and Proliferation on Carbon Scaffolds**

487 Cell density and viability assays were conducted to assess fibroblast growth and pro-  
488 liferation on carbon scaffolds. The cell density of fibroblasts cultured on scaffolds for  
489 periods of 12, 48, and 96 hours was determined using Metamorph counting software.  
490 Fibroblast adhesion and proliferation on CF and CV scaffolds was significantly lower  
491 than growth on GJ controls ( $P < .01$ ) ([Fig. 8](#)). Total fibroblast adhesion to CF1 was  
492 significantly greater than that in CV scaffolds ( $P = .005$ ) (see [Fig. 8](#)). There were sig-  
493 nificant differences in cell adhesion ( $P = .01$ ) and proliferation ( $P = .005$ ) between  
494 CF1 and CF2 scaffold cultures. Furthermore, there was a positive proportional trend  
495 in fibroblast adhesion to scaffolds with lower porosity (see [Fig. 8](#)).

496 WST-1 analysis demonstrated marginal differences in fibroblast viability and prolif-  
497 eration on carbon and GJ control scaffolds during the first 12 hours of culture; how-  
498 ever, significantly higher WST-1 absorbance was measured in dermal control  
499 cultures at 96 hours, which suggests that carbon scaffolds were less capable of sup-  
500 porting a high rate of cell proliferation over time ( $P = .01$ ). At 96 hours, CF was most  
501 similar to GJ controls in sustaining fibroblast growth, with CF1 and CF2 demonstrating  
502 16% and 27% less absorbance than GJ controls. By contrast, CV scaffolds showed  
503 notably lower capacity to support cell growth than GJ, with 80% and 77% less absor-  
504 bance on CV1 and CV2.

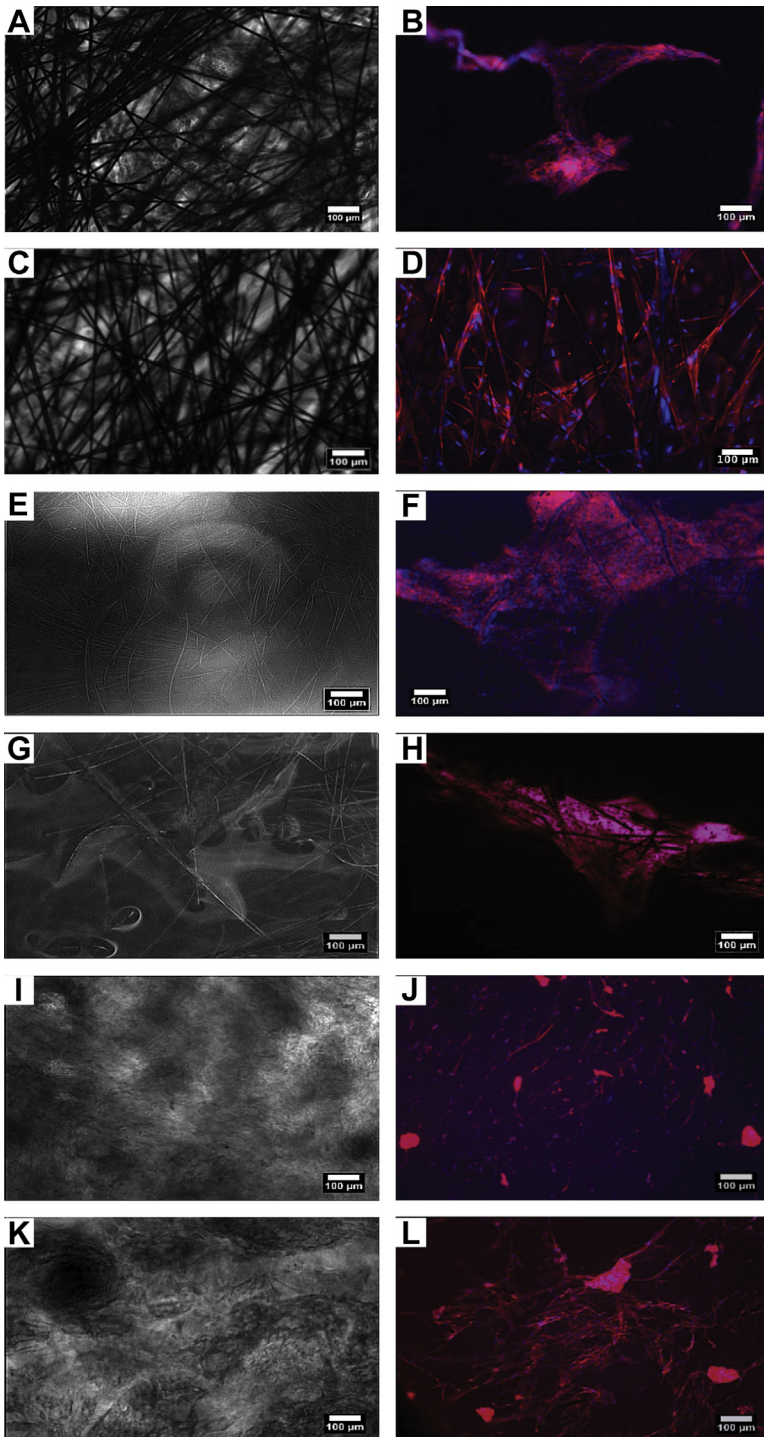


Fig. 7. ■

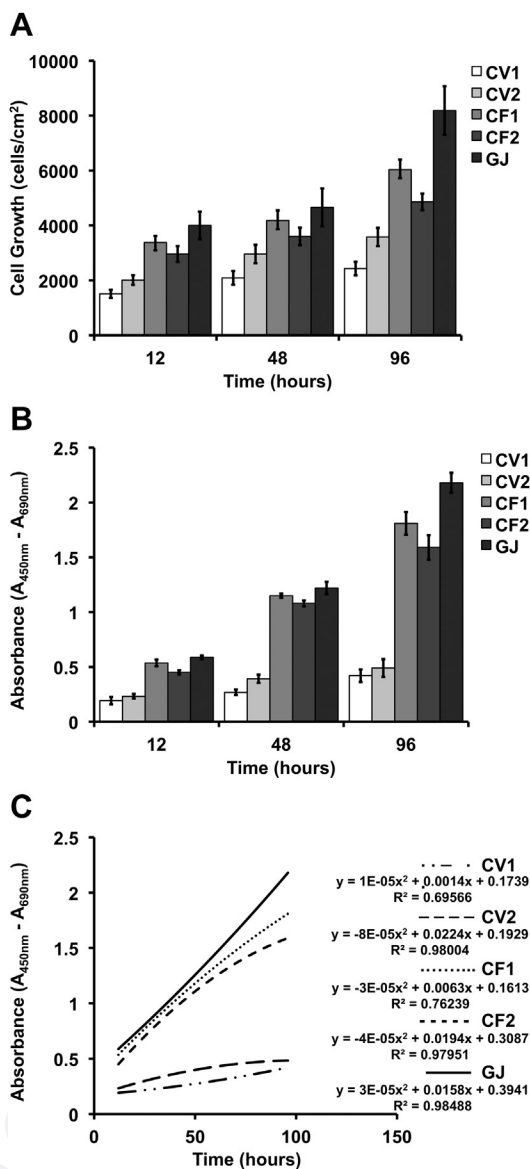


Fig. 8. ■

### Multivariate Stepwise Regression

Stepwise regression analysis demonstrated that scaffold thickness and porosity accounted for significant variability in load failure of GJ (adjusted  $R^2 = 0.787$  and  $0.924$ , respectively) but not carbon scaffolds (Fig. 9). The variability in load failure of carbon scaffolds was more closely related with modulus and stress properties of carbon (Adjusted  $R^2 = 0.924$ ). In addition, linear regression analysis revealed that porosity did not strongly correlate with elastic modulus in both control and carbon scaffold groups (adjusted  $R^2 = 0.087$  and  $0.383$ , respectively) (Fig. 10).

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<b>A</b>			
Variable	B	SE B	$\beta$
<b>Step 1</b>			
Stress	2.55	0.117	0.962*
<b>Step 2</b>			
Stress	2.35	0.077	0.886*
Modulus	0.059	0.008	0.229*

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Note.  $R^2 = 0.926$  for Step 1; Adj.  $R^2 = 0.924$  for Step 1,  $R^2 = 0.972$  for Step 2, Adj.  $R^2 = 0.971$  for Step 2, (\* $P < .01$ ). Porosity and thickness were removed due to significance test ( $P > .05$ ).

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<b>B</b>			
Variable	B	SE B	$\beta$
<b>Step 1</b>			
Porosity	- 1.15	0.383	- 0.690*
<b>Step 2</b>			
Porosity	- 1.28	0.234	- 0.764**
Thickness	22.8	5.35	0.596**

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Note.  $R^2 = 0.476$  for Step 1; Adj.  $R^2 = 0.423$  for Step 1,  $R^2 = 0.826$  for Step 2, Adj.  $R^2 = 0.787$  for Step 2, (\* $P < .05$ , \*\* $P < .01$ ). Stress and elastic modulus were removed due to significance test ( $P > .05$ ).

Fig. 9. ■

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<b>A</b>			
Variable	B	SE B	$\beta$
Porosity	- 3.42	0.681	- 0.631*

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Note.  $R^2 = 0.399$ ; Adjusted  $R^2 = 0.383$  (\* $P < .001$ ).

<b>B</b>			
Variable	B	SE B	$\beta$
Porosity	- 0.409	0.286	- 0.412

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Note.  $R^2 = 0.170$ ; Adjusted  $R^2 = 0.087$  ( $P > .05$ ).

Fig. 10. ■

**DISCUSSION**

Carbon has previously been used in a limited capacity in medical implants used for soft-tissue augmentation.<sup>26,27,30,33,34</sup> In the past, researchers have combined biopolymers<sup>35–37</sup> and have altered the surface chemistry<sup>38</sup> of materials to optimize the biocompatibility and function of scaffolds. The use of fibrous carbon materials for medical research has steadily grown as processing and characterization methods have become more sophisticated, allowing precise tuning of physical and structural properties of carbon-based scaffolds on a nanoscale. The objective of this study was to investigate the potential use of carbon as a biomedical scaffold for the surgical reconstruction of soft tissues, with a hypothesis that carbon may provide an optimal balance of biomechanical strength and the capacity to deliver living cells and biologics to surgical sites to promote tissue repair while restoring tissue function. This study demonstrated that carbon may support biological functions in addition to serving biomechanical functions as a material known for its biocompatibility, durability, and strength.

Cell adhesion and proliferation studies showed that there is little difference between carbon and GJ's capacity to support early cell adhesion, a critical factor for scaffold integration and healing *in vivo*. This finding is supported by marginal differences in fibroblast density and viability on both carbon and control scaffolds during short-term *in vitro* cultures at 12 hours and up to 48 hours in CF cultures. The capacity for carbon to sustain fibroblast adhesion and viability at 96 hours' culture suggests a potential use of carbon as a scaffold for sustained delivery of growth factors to sites of injury to promote tissue healing, such as the commercially available scaffold Apligraf, which is composed of a collagen scaffold seeded with keratinocytes and dermal fibroblasts.<sup>24</sup> Fibroblast adhesion to carbon and the capacity to sustain cell growth are critical factors for the use of carbon as a vehicle for delivering viable cells to a region of soft-tissue reconstruction where the combination of cells and scaffold are a source of extracellular matrix synthesis, paracrine release of growth factors, and nidus for tissue repair.

Although fibroblast adhesion to carbon and GJ was followed by cell proliferation, proliferation was slower on carbon scaffolds, as demonstrated by fewer cells and less metabolic activity measured by WST-1 assays in longer-term cultures of 96 hours. These findings suggest significant biological property differences between carbon and the tissue-derived GJ. These differences yielded a higher rate of fibroblast proliferation on GJ than on carbon. It is reasonable to speculate that enhanced fibroblast proliferation on GJ was stimulated by residual activities of growth factors such as basic fibroblast growth factor, which has been shown to be retained in GJ but not to be present in carbon.<sup>6</sup> Hence carbon's limited potential in supporting a high rate of cell proliferation may be due to its lack of a naturally derived tissue factor found in GJ. Further investigation of the specific role of growth factors present in GJ and selective conjugation of growth factors to carbon scaffolds may be necessary to optimize carbon's potential to promote cell proliferation to levels observed with tissue scaffolds used in surgery today. Recent studies have shown that some synthetic fiber scaffolds can be modified to mimic the activity of specific growth factors such as vascular endothelial growth factor and to promote regenerative processes such as neovascularization.<sup>39</sup> This option may offer an alternative approach to growth factor conjugation to carbon that improves the biological potential of carbon as a regenerative scaffold.

It is unlikely that lower rates of fibroblast proliferation on carbon scaffolds was due to carbon toxicity, as carbon has been shown to be nontoxic in itself<sup>17,27,33,40,41</sup> and progressive cell proliferation would not be expected as observed if carbon was

712 cytotoxic. Lower levels of total fibroblast adhesion to carbon scaffolds than to GJ may  
713 have been a result of geometric differences in the design and structure of carbon and  
714 GJ scaffolds. CV, the more porous of the 2 carbon scaffolds, demonstrated less capacity  
715 for cell adhesion and lower proliferation rates, as noted by a smaller plateau  
716 in WST-1 absorbance and lower levels of cell adhesion than carbon fabric and GJ.  
717 This finding is consistent with other studies that demonstrate increased cell proliferation  
718 on less porous scaffolds and densely organized regions of carbon fiber organization.  
719 <sup>42</sup> These findings are also consistent with literature regarding cell proliferation on  
720 synthetic fibers, in which cell proliferation was greatest in regions of cell aggregation  
721 and spreading.<sup>41,43,44</sup> The carbon fiber used in this study had a high degree of basal  
722 planes oriented along the fiber axis. The basal planes are formed during the carbonization  
723 step of carbon fiber processing. After carbonization, the fibers exhibit a high  
724 degree of axial preferred orientation with thick crystallite stacking. As shown in  
725 **Fig. 7**, there was high actin polymerization along the fiber axis. This material property  
726 has been previously shown to promote cell growth.<sup>33,45</sup> The optimal pattern of fiber  
727 organization, dimension, and porosity that maximizes the ability of carbon to deliver  
728 cells, promote tissue repair, and enable tissue ingrowth and neovascularization needs  
729 to be further explored.

730 In the past, it has been exceptionally challenging to engineer synthetic scaffolds or to  
731 process naturally derived tissues to recapitulate the biological parameters necessary  
732 for tissue repair without compromising the mechanical strength and stiffness of scaffolds.  
733 This problem is a particularly keen one with scaffolds used to repair major tendon  
734 injuries of the rotator cuff or Achilles tendon, where dermal scaffolds currently used to  
735 augment tissue repair are composed of similar extracellular matrix molecules but fail to  
736 restore the elastic properties of tendons.<sup>10,12,14,46–48</sup> Regression modeling demonstrated  
737 that scaffold porosity, a major factor influencing graft neovascularization and  
738 cell-delivery capacity of fibrous scaffolds, did not significantly influence the load failure  
739 and modulus of carbon but did influence variance in load failure of GJ. These findings  
740 suggest design advantages of carbon scaffold engineering that maximize porosity attributes  
741 conducive to scaffold neovascularization, without compromising the mechanical strength  
742 of a scaffold that is needed but often lacking in currently available products. The results  
743 of this study demonstrated greater consistency, less variation, and fewer defects in the  
744 dimensions, porosity, and thickness of engineered carbon than the commercially available  
745 GJ (see **Fig. 6**). The ability to consistently manufacture precise physical and dimensional  
746 properties of carbon may further minimize design, biomechanical, and manufacturing  
747 limitations of current scaffolds used in surgery. Hence, achieving the optimal tunable  
748 balance between biological properties and biomechanical function of scaffolds may be  
749 technically easier through carbon engineering than by developing improved technologies of  
750 human tissue processing. The possibility of engineering carbon with mechanical properties  
751 of a mature tissue, despite its lack of a mature cellular and extracellular matrix, provides  
752 a potential advantage of carbon over current biological scaffolds that require prolonged  
753 processes of tissue healing, reorganization, and fibrosis to achieve their maximum  
754 mechanical strength. This advantage potentially shortens periods of postoperative  
755 inactivity in patients, as the mechanical strength of tendons repaired with carbon may  
756 be restored sooner with surgery without the need for prolonged periods of immobilization  
757 to achieve maximal tissue strength. This approach may ultimately reduce the risk of  
758 postoperative morbidity and mortality associated with prolonged periods of inactivity  
759 and immobilization by enabling patients to return to unrestricted activities earlier.<sup>49,50</sup>

760 In vitro studies have been the first stepping-stone in biological explorations.  
761 However, to complement such explorations, researchers have looked toward



763 computational programs to determine efficacy or performance. Finite element analysis  
764 has long been used as a computational method to determine failure criteria of designs,  
765 for example, in understanding flow and strength in structures used as blood vessel  
766 replacements. In the current study, cellular automata are explored as a method to  
767 investigate cellular response. It would greatly benefit researchers to understand  
768 response by executing a program and analyzing the results. The implication of compu-  
769 tational technology in biological studies is enormous. This study has been able to  
770 show that 3-dimensional models may help understand the attachment, growth, and  
771 proliferation of cells on carbonaceous materials. However, this model may also be  
772 expanded to incorporate other types of materials. The model indicated that the attach-  
773 ment and growth of osteoblasts was initially on carbon materials. However, most  
774 growth was around the intersection of carbon materials; this may be a key factor in  
775 designing scaffolds with optimized architecture. The optimum distance and orienta-  
776 tion for cellular movement across ligaments may be analyzed by modifying the model  
777 parameters. In addition, cells seemed to proliferate from these intersections and  
778 across carbon fibers. Increasing the immediate surface area of scaffold material  
779 may support greater cell attachment, movement, and overall growth. Whereas the cur-  
780 rent model only integrated 3 parameters, incorporating other parameters such as sur-  
781 face roughness, surface charge, or fiber orientation may strengthen a future model.  
782

## 783 SUMMARY

784  
785 Carbon may represent an alternative material suitable for future development as a  
786 soft-tissue substitute that potentially optimizes the biological and mechanical proper-  
787 ties required for a graft product used in surgery. In addition, other modes of charac-  
788 terization such as 3-dimensional computational modeling may offer an insight into  
789 material performance in a biological environment. Further investigation is required to  
790 characterize and model the relationships between biological, mechanical, and design  
791 properties of this material to maximize its potential as a biomechanical scaffold and  
792 vehicle for delivering biologics that promote tissue repair and regeneration.  
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