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Personality and Advertising Appeals: A New Look on the Utility of Need for Cognition

by

Jason Chew Kit Tham

A Thesis

Submitted to the Graduate Faculty

of

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Thesis Committee:

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Abstract

According to Chandy et al. (2001), more recent research suggests that both emotions and arguments can be effective, but their effectiveness varies by context. Unfortunately, there wasn't any solid finding when the context of persuasion is dependent on personal variance. While there is a rich literature on how various executional cues of ads affect consumers' responses at different levels of motivation and ability, rarely have these works examined the real-world, behavioral impact of ads (Chandy et al., 2001). Hence, this thesis attempted to bridge this gap. Specifically, drawing from the ELM and Need for Cognition (NFC) theories, this study investigated the relationships between consumer Need for Cognition and preferences for advertising appeals, and how such preferences affected their attitude and behavior toward a product, i.e. purchase intention. Analyzing and looking for statistical differences between subjects' NFC level and self-reported preference on the given brands and their advertisements, inferences on statistical relationship between these variables were drawn. Based on the mentioned theoretical framework, it was postulated that: H1a) individuals with high NFC would have favorable attitudes toward an ad after exposure to an argument-based advertisement; H1b) individuals with low NFC would have favorable attitudes toward an ad after exposure to an emotion-based advertisement; H2a) individuals with high NFC would have greater purchase intention after exposure to an argument-based advertisement than individuals with low NFC; and H2b) individuals with low NFC would have greater purchase intention after exposure to an emotion-based advertisement than individuals with high NFC. Results showed no statistical correlation between individuals with high NFC and preference of argument-based advertisements; H1b was partially supported with a statistical correlation found between individuals with low NFC and preference of emotion-based advertisement. Findings showed there was no statistical correlation between individual's NFC level and purchase intention.

Acknowledgments

To my parents, siblings, friends, and mentors, who have put my life into meaningful perspectives. I'd imagine the whole world was one big machine. Machines never come with any extra parts, you know. They always come with the exact amount they need. So I figured, if the entire world was one big machine, I couldn't be an extra part. I had to be here for some reason. And that means you have to be here for some reason, too.

~ Hugo Cabret

Hugo, 2011

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Chapter I

CONCEPTUAL DEVELOPMENT AND LITERATURE REVIEW

Introduction

It's been just well over a century since advertising emerged as a discipline of study in the higher education context. In 1905, Walter Dill Scott published the earliest handbook for advertising scholars and practitioners, *The Psychology of Advertising in Theory and Practice: A Simple Exposition of the Principles of Psychology in Their Relation to Successful Advertising.* It is apparent that psychology has played a vital role in the development of the advertising field of study since its inception. However, the utility of personality variables for understanding effectiveness of advertisements and consumer behaviors has rather been considered disappointing (Haugtvedt, Petty, Cacioppo, & Steidly, 1988). Central criticisms argue that such studies are equivocal (Kassarjian & Sheffet, 1981) and that personality studies carried out by consumer behavior researchers "tended to employ shot-gun like approaches" in which predictions were based on few or no specific hypotheses or theoretical frameworks (Haugtvedt et al., 1988).

Nonetheless, personality variables can be an effective aid to understanding how individual differences can systematically influence the formation of attitudes toward specific advertising appeal modes. Cacioppo and Petty (1982) proposed that just as there

1

are situational differences which can enhance or decrease the consumer motivation to engage in issue-relevant thinking when forming attitudes, so too could individual differences in "chronic tendencies" be factored into their motivation to engage in issuerelevant thinking when exposed to persuasive (i.e., advertising) appeals. Cacioppo and Petty (1982) posited that a personality variable is a dispositional variable that can be used to provide a stronger test of hypothesis to assess the impact of issue-relevant thinking on attitude change and attitude-behavior correspondence research, such as this study.

The Elaboration Likelihood Model

Petty and Cacioppo (1981, 1986) defined a framework for organizing, categorizing, and understanding the effectiveness of persuasive communication. According to this framework – the Elaboration Likelihood Model of Persuasion (ELM) – persuasiveness is shaped by an argument's position on a continuum formed by in two distinctive routes: the central route and peripheral route.

The ELM is based upon the premise that attitudes are important because attitudes drive decisions and human behaviors. The ELM accounts for the differences in persuasive impact produced by arguments that contain ample information and cogent reasons as compared to messages that rely on simplistic associations of negative and positive attributes to some object, action or situation. A key variable in this process is involvement. When an individual is motivated and able to think about the content of the message, elaboration is high. When elaboration is high, the central persuasive route is likely to occur; conversely, the peripheral route is the likely result of low elaboration. In low elaboration, the individual decides to follow a principle or a decision-rule that is derived from the persuasion situation. The following shows the differences between the two processing routes:

Central-route processes require the audience to think more. To determine the merit of an argument, central-route processes scrutinize persuasive communications such as political speeches, advertisements, or other media messages. A person's cognitive response to the message determines its persuasive outcome. If the individual evaluates a message as reliable, well constructed and convincing, it may be received favorably even if it contrasts with the individual's original position on the message. If favorable thoughts result from the elaboration process, the message will probably be accepted; an attitude that matches the message's position will emerge. If unfavorable thoughts are generated while considering the merits of presented arguments, the message will probably be rejected.

Peripheral-route processes do not involve elaboration of the message through cognitive processing of an argument's merits. They rely on a message's environmental characteristics: the perceived credibility of the source, message presentation quality, the source's attractiveness or a catchy slogan, and is frequently used when the argument is weak or lacks evidence. The peripheral route is a mental shortcut that accepts or rejects a message based on external cues, rather than thought. It is used when the audience is unable to process the message due to the message's complexity or the audience's immaturity. The most common influences are rewards such as food, sex or money, which create rapid changes in mind and action. Celebrity status, likability, humor, and expertise are other factors governing the peripheral process. Appearance can gain an individual's attention; while it can create interest in a topic, it will not effect strong change.

Need for Cognition

The Need for Cognition (NFC) branches out from cognitive psychology theories and is an important feature of the Elaborative Likelihood Model as a personality variable that reflects the extent to which individuals are inclined toward effortful cognitive activities (Cacioppo and Petty, 1982). Cohen, Stotland, and Wolfe (1955) identified individuals' need to organize their experience meaningfully, and to structure relevant situations in integrated ways. People with higher NFC tend to see ambiguity and strive for higher standards of cognitive clarity. High-NFC individuals are also more likely to pay close attention to relevant arguments via central-route processes to persuasion as they form attitudes about an experience. In opposite, low-NFC individuals are more likely to rely on generic stereotypes to form judgment through peripheral cues, such as the attractiveness and credibility of the speaker or message.

Taking the lead from early research conduct by Cohen, Stotland, and Wolfe (1955), Haugtvedt and his colleagues conducted a study to demonstrate the effect of the quality of arguments in an ad on the attitudes formed by individuals with low versus high NFC. Their results suggested that consumers with high NFC are relatively unaffected by irrelevant aspects of the context in which an ad is placed or by low elaboration cues, such as celebrity endorsements. These individuals with high NFC look to process product-relevant information. As for low-NFC consumers, the observations yielded opposite findings from high-NFC consumers. Factors like celebrity endorsements or endorsement by attractive people were considered important features of an ad (Haugtvedt et al., 1988). Further, a recent research showed that consumers with high NFC prefer advertising that

features open-ended comparative advertising that allows them to decide which brand or product is the best (Martin, Sherrard, and Wentzel, 2005).

Advertising Appeals

At the turn of the century, advertisers began to show interest in the kind of advertising appeals that serve as the best cue for affecting consumer behavior. Laboratory studies revealed that emotional cues (Holbrook & Batra, 1987; Singh & Cole, 1993) and types of argument (Etgar & Goodwin, 1982) are elements of advertising that affect consumers' attitude toward the advertisement and the product being advertised.

Chandy, Tellis, Macinnis, and Thaivanich (2001) in their research of advertising appeals in emerging markets identified two appeal modes that have effects on consumer behavior: argument- and emotion-based persuasions. However, scholars have found conflicting results on effectiveness of the use of arguments versus emotions in persuasion. According to Chandy et al., more recent research suggests that both emotions and arguments can be effective, but their effectiveness varies by context. Unfortunately, there wasn't any solid finding when the context of persuasion is dependent on personal variance. While there is a rich literature on how various executional cues of ads affect consumers' responses at different levels of motivation and ability, rarely have these works examine the real-world, behavioral impact of ads (Chandy et al., 2001). Hence, this thesis attempted to bridge this gap. Specifically, drawing from the ELM and NFC theories, this study sought to investigate the relationships between consumer NFC and preferences for advertising appeals, and how such preferences affected their attitude and behavior toward a product, i.e. purchase intention.

Chapter II

RESEARCH DESIGN AND METHOD

Since personality variables might be an effective aid to understanding how individual differences can systematically influence the formation of attitudes toward specific advertising appeal modes, this study sought to examine the relationship between consumers' personality variable and their preference of advertising appeals, as well as their purchase intention after being exposed to both argument- and emotion-based advertisements of a product.

In accordance with the ELM and NFC theories, the factors most influencing the route individuals take in a persuasive situation (i.e., the appeals presented in advertising) are motivation and ability for critical evaluation. Motivation includes the relevance of the message in the ad and a person's need for cognition, their enjoyment of thought. High-NFC individuals should prefer a complex, thought-provoking (argumentative) appeal. In other words, it is predicted that consumers with higher need for thought may be attracted by argument-based persuasions, as they prefer messages that provoke central-route processes. In contrast, individuals with low NFC should be less affected by manipulation of argument quality, but rather may be attracted by affective (emotional) appeals, which stimulates peripheral-route processes.

Drawing on these predictions and previous research on effects of personal relevance, it was hypothesized that:

- H1a: Individuals with high NFC would have favorable attitudes toward an ad after exposure to an argument-based advertisement.
- H1b: Individuals with low NFC would have favorable attitudes toward an ad after exposure to an emotion-based advertisement.

According to Kuo et al (2012), consumers with better recall of advertisement information have a positive influence on purchase intention. Understanding the potential effects of NFC in influencing purchase intention, this study sought to reinforce the causal-effect relationship from an attitudinal perspective by hypothesizing that:

- H2a: Individuals with high NFC would have greater purchase intention after exposure to an argument-based advertisement than individuals with low NFC.
- H2b: Individuals with low NFC would have greater purchase intention after exposure to an emotion-based advertisement than individuals with high NFC.

Subjects and Procedures

Participants of this study were drawn from a comprehensive, Midwestern university's Spring 2014 student body. A pilot study took place in February in the form of a focus group to validate the survey tool and questions. During the pilot study, 26 students were randomly selected to respond to four advertisements – two of which were designed to be argument-based advertisements and two as emotion-based advertisements. These participants were asked to label the pilot advertisements as either argument or emotion-based design. Results from this pilot testing reflected the validity of the advertisement designs and their intended appeals:

Table 1

| Ads | Response | | | |
|--------------|----------|---------|--|--|
| | Argument | Emotion | | |
| A (Argument) | 19 | 7 | | |
| B (Emotion) | 3 | 23 | | |
| C (Argument) | 22 | 4 | | |
| D (Emotion) | 1 | 25 | | |
| | • | | | |

Participants' Matching of Advertisement Designs to Intended Appeals

Then, based on a convenient sampling method, 200 students aged 18-35 were administered a survey questionnaire containing 35 closed-ended questions and advertisement designs verified in the pilot study.

Variables

<u>Advertising appeals</u>. All four advertisements used in this survey are intentionally designed for distinctive appeals – two argument-based advertisements (A and C) and two emotion-based advertisements (B and D). These advertisements have been pre-tested in a pilot study and so they are valid and reliable measures for their appeals.

<u>Need for Cognition level/personality variable</u>. The subject's NFC level was measured by using an 18-item Need for Cognition Scale (Cacioppo et al., 1984) used in the Wabash National Study of Liberal Arts Education. The Need for Cognition Scale asks individuals to rate the extent to which they agree with each of 18 statements about the satisfaction they gain from thinking. An individual who has a high score on the Need for Cognition Scale is more likely than someone with a low score to be "a thinker." <u>Preference of advertisements</u>. Subject's attitude toward an ad was indicated by the subject's self-reported level of favor for all four advertisements on a 5-point Likert Scale.

<u>Purchase intention</u>. Subject's purchase intention was determined by the subject's self-reported choice of restaurant to visit after seeing the advertisements.

<u>Perception of personality</u>. Subject's perception of own personality was determined by the subject's level agreement (on a 5-point Likert Scale) toward the statements, "I consider myself a critical thinker," and "I consider myself an emotional person."

Chapter III

FINDINGS

<u>Analysis</u>

The tools for data analysis included cross-tabulation chi-square test, and hypothesis testing using analysis of variance (ANOVA), crosstabs and frequencies test via IBM's SPSS 21 software.

Demographic Information

With 166 surveys returned, the completion rate for this survey was 83% (N=200). Of the all participants, 54.8% were males (N=91) and 45.2% were females (N=75). The mean age for all the participants was 20.32 years. Tables 2 and 3 show participants' year in school and their college affiliation respectively.

Table 2

Participants' Year in School

| Year | Freq. | % |
|-----------|-------|------|
| Freshman | 100 | 60.2 |
| Sophomore | 27 | 16.3 |
| Junior | 19 | 11.4 |
| Senior | 17 | 10.2 |
| Graduate | 3 | 1.8 |

Table 3

Participants' College Affiliation

| College | Freq. | % |
|-------------------------------------|-------|------|
| College of Liberal Arts | 27 | 16.3 |
| College of Science & Engineering | 16 | 9.6 |
| Herberger Business School | 42 | 25.3 |
| School of Education | 8 | 4.8 |
| School of Health and Human Services | 21 | 12.7 |
| School of Public Affairs | 7 | 4.2 |
| Undecided | 45 | 27.1 |

Table 4 shows the race indicated by the participants and Table 5 shows

participants' annual income range.

Table 4

| Race | Freq. | % |
|------------------|-------|------|
| Caucasian | 132 | 79.5 |
| African-American | 11 | 6.6 |
| Hispanic | 4 | 2.4 |
| Asian | 11 | 6.6 |
| Native American | 2 | 1.2 |
| Other | 6 | 3.6 |

Participants' Race

Table 5

Participants' Annual Income

| Income | Freq. | % |
|--------------------|-------|------|
| Less than \$15,000 | 126 | 78.3 |
| \$15,000 or more | 35 | 21.7 |

Need for Cognition

A short-form Need for Cognition Scale was used as the assessment instrument to quantitatively measure the tendency for a participant to engage in thinking. The Need for Cognition Scale asks individuals to rate the extent to which they agree with each of 18 statements about the satisfaction they gain from thinking. Sample statements include, "I find satisfaction in deliberating hard and for long hours," 'The notion of thinking abstractly is appealing to me," and "Thinking is not my idea of fun." The scale asks participants to describe the extent to which they agree with each statement using a 5-point scale with the following values:

- 1 =extremely uncharacteristic of me
- 2 = somewhat uncharacteristic of me
- 3 = uncertain
- 4 = somewhat characteristic of me
- 5 = extremely characteristic of me

Out of the 18 statements on the Need for Cognition Scale, 9 are supposed to be reverse scored. The final score for each individual is a tally of the individual's points from each of the 18 questions. In this study, the author recorded the negatively framed statements

and took the overall factor mean, then divided it into top and bottom quartiles. The top quartile, which was 3.69 (out of 5) and above, indicates high need for cognition and the bottom quartile, which was 2.76 (out of 5) and below, represents low need for cognition.

The survey instrument also asked participants directly to indicate their perceived need for cognition. Participants were asked to rate from 1 to 5 how much they think they are a critical thinker, with 1 being strongly disagree, 3 being neutral, and 5 being strongly agree. A similar scale was used to assess how much the participants perceive they are an emotional person. Table 6 shows the descriptive statistics for these questions.

Table 6

Participants' Reflection on Their Personal Need for Cognition

| | Freq. | Mean | Std. Deviation |
|---------------------------------------|-------|------|----------------|
| I consider myself a critical thinker | 166 | 3.79 | 0.900 |
| I consider myself an emotional person | 165 | 3.47 | 1.124 |

NFC and Preference of Advertising Appeals

To investigate the impacts of NFC on participants' preference of advertising appeals, an ANOVA was run to determine the correlation between the two variables. Table 7 shows the ANOVA table for this investigation and Table 8 shows the descriptive statistics from the analysis.

| Table | 7 |
|-------|---|
|-------|---|

ANOVA of NFC and Participants' Preference of Advertising Appeals

| | | Sum of Squares | df | Mean Square | F | P-value (Sig.) |
|----------------|----------------|-------------------|----|-------------|-------|-------------------|
| Argument Ad 1 | Between Groups | 0.000 | 1 | 0.000 | 0.000 | 1.000 |
| | Within Groups | 87.220 | 80 | 1.090 | | |
| | Total | 87.220 | 81 | | | |
| Emotional Ad 1 | Between Groups | 1.646 | 1 | 1.646 | 0.979 | 0.325 |
| | Within Groups | 136.210 | 81 | 1.682 | | |
| | Total | 137.855 | 82 | | | |
| Argument Ad 2 | Between Groups | 1.048 | 1 | 1.048 | 0.647 | 0.424 |
| | Within Groups | 131.169 | 81 | 1.619 | | |
| | Total | 132.217 | 82 | | | |
| Emotional Ad 2 | Between Groups | 7.921 | 1 | 7.921 | 6.338 | 0.014 |
| | Within Groups | 101.236 | 81 | 1.250 | | |
| | Total | 109.157 | 82 | | | |

Table 8

Descriptive Data of ANOVA of NFC and Participants' Preference of Advertising Appeals

| | | Freq. | Mean | Std. Deviation | Std. Error | 95% Confidence Interval for Mean | | Min. | Max. |
|----------------|----------|-------|------|-------------------|------------|----------------------------------|-------------|------|------|
| | | | | | | Lower Bound | Upper Bound | | |
| Argument Ad 1 | Low NFC | 41 | 2.90 | 1.020 | 0.159 | 2.58 | 3.22 | 1 | 5 |
| | High NFC | 41 | 2.90 | 1.068 | 0.167 | 2.57 | 3.24 | 1 | 5 |
| | Total | 82 | 2.90 | 1.038 | 0.115 | 2.67 | 3.13 | 1 | 5 |
| Emotional Ad 1 | Low NFC | 42 | 2.55 | 1.152 | 0.178 | 2.19 | 2.91 | 1 | 5 |
| | High NFC | 41 | 2.83 | 1.430 | 0.223 | 2.38 | 3.28 | 1 | 5 |
| | Total | 83 | 2.69 | 1.297 | 0.142 | 2.40 | 2.97 | 1 | 5 |
| Argument Ad 2 | Low NFC | 42 | 3.21 | 1.317 | 0.203 | 2.80 | 3.62 | 1 | 5 |
| | High NFC | 41 | 3.44 | 1.226 | 0.191 | 3.05 | 3.83 | 1 | 5 |
| | Total | 83 | 3.33 | 1.270 | 0.139 | 3.05 | 3.60 | 1 | 5 |
| Emotional Ad 2 | Low NFC | 42 | 2.67 | 1.004 | 0.155 | 3.35 | 3.98 | 1 | 5 |
| | High NFC | 41 | 3.05 | 1.224 | 0.191 | 2.66 | 3.44 | 1 | 5 |
| | Total | 83 | 3.36 | 1.154 | 0.127 | 3.11 | 3.61 | 1 | 5 |

Results show that there was no statistical significance observed between participants' NFC and their preference of advertising appeals in Argument Ad 1, Emotional Ad 1, and Argument Ad 2. However, statistical significance was found for Emotional Ad 2.

NFC and Purchase Intention

A chi-square test and cross-tabulation were used to examine the possible correlations between participants' NFC and their purchase intention after viewing all the advertisements. Table 9 shows results from the chi-square test and Table 10 shows participants' purchase intention after exposure to both argument- and emotion-based advertisements in relations to their NFC levels. No statistical significance was observed between these variables.

Table 9

| | Value | df | Asymp. Sig. (2-sided) |
|--------------------|--------|----|--------------------------|
| Pearson Chi-Square | 3.727* | 3 | 0.293 |
| Likelihood Ratio | 3.761 | 3 | 0.288 |
| Linear-by-Linear | 3.186 | 1 | 0.074 |
| Association | | | |
| N of Valid Cases | 83 | | |

Chi-square Test

*0 cells (.0%) have expected count less than 5. The minimum expected count is 7.90.

Table 10

Participants' NCF Level and Purchase Intention After Exposure to Advertisements

| | | | Argument | Emotional | Argument | Emotional | Total |
|---------|----------|-------------------------|----------|-----------|----------|-----------|-------|
| | | | Ad 1 | Ad 1 | Ad 2 | Ad 2 | Total |
| | Low NFC | Count | 7 | 6 | 17 | 12 | 42 |
| High & | | % within high & low NFC | 16.7 | 14.3 | 40.5 | 28.6 | 100 |
| low NFC | High NFC | Count | 11 | 10 | 13 | 7 | 41 |
| | | % within high & low NFC | 26.8 | 24.4 | 31.7 | 17.1 | 100 |
| Total | | Count | 18 | 16 | 30 | 19 | 83 |
| | | % within high & low NFC | 21.7 | 19.3 | 36.1 | 22.9 | 100 |
| | | | | | | | |

NFC and Perception of NFC

As described previously, participants were asked to indicate their perception of their own NFC as framed in the questions below:

- I consider myself a critical thinker.
- I consider myself an emotional person.

A correlation test was run to determine the correlations between participants' NFC level (as indicated via the short form Need for Cognition Scale) and the reported perception of their own NFC. Table 11 shows that there was a positive and significant correlation between average NFC and participants who considered themselves a critical thinker. No significant correlation was found between average NFC and those who considered themselves an emotional person.

Table 11

Correlations Between Participants' Average NFC and Perceived NFC

| | | Consider myself a critical thinker | Consider myself an emotional person | Average NFC |
|-------------------------------------|--|---|--|-----------------------|
| Consider myself a critical thinker | Pearson Correlation Sig. (2-tailed) | 1 | 0.061 0.440 | 0.580** 0.000 |
| | N | 166 | 165 | 166 |
| Consider myself an emotional person | Pearson Correlation Sig. (2-tailed) N | 0.061 0.440 165 | 1 165 | 0.067 0.396 165 |
| Average NFC | Pearson Correlation Sig. (2-tailed) N | 0.580** 0.000 166 | 0.067 0.396 165 | 1 166 |

Chapter IV

DISCUSSIONS

This study aimed to investigate how consumers' personality variable, as quantitatively defined by the Need for Cognition Scale, correlates with their preference of advertising appeals in a product. Results showed that there was no statistical significance observed between participants' NFC and their preference of advertising appeals in Argument Ad 1, Emotional Ad 1, and Argument Ad 2. However, statistical significance was found for Emotional Ad 2. As such, H1a was not supported while H1b was partially supported. This means there was no statistical correlation between consumers' need for critical thinking and their preference of either an argument-based or emotion-based advertisement, except for Emotional Ad 2, which featured three young children enjoying their food, with a copy, "Food your family loves." According to the pilot study results, Emotional Ad 2 received the most votes from the participants -25 out of 26 agreed that Emotional Ad 2 exerted an emotional appeal – which made this ad the most precise adto-appeal matching among the four advertisements pre-tested in the pilot study. The second closest matching was Emotional Ad 1, followed by Argument Ad 2, and Argument Ad 1.

It is worth noting that during the pilot study, the author did experience some hardship while finalizing the argument-based advertisements. The author found it challenging to design advertisements with strong argument appeals without using phrases and images that might appeal too much to the consumers' emotion. In order to make the argument-based advertisements distinguishable from the emotion-based advertisements, the author tried to emphasize the prices and materiality of the product, using copy such as "85% people in St. Cloud prefer our burgers," and, "It doesn't take a genius to make the right choice." In the argument-based advertisements, the author also avoided the use of people and showed only the products, which are burgers.

The fact that the findings were somewhat but not fully supportive of H1a and H1b might suggest that participants in this study could not tell an argument-based advertisement from an emotion-based argument, due to the following possibilities:

- The use of images and striking colors may evoke certain emotions regardless of the nature of the images used whether human or non-human subjects.
- Still/print advertisements may not be the best mode of presentation to use in measuring consumers' preference of appeals – video commercials may lead to different or more desirable results.
- Argument-based advertisements for a food product could evoke an affective response due to the nature of the food product.

The author was interested in studying the correlations between consumers' need for cognition and their purchase intention after being exposed to both argument- and emotion-based advertisements. Results from this study showed no statistical correlation between these variables. This means that consumers' NFC level did not affect their purchase intention after viewing the advertisements. Therefore, both H2a and H2b were rejected. The author suspected that this could be due to the fact that the participants were

exposed to each advertisement only once. Repeated exposure may be needed to affect purchase intention.

Finally, the study also looked into the possible correlations between consumers' perceived need for cognition and their actual, quantified need for cognition level. Results showed that there was a positive and significant correlation between average NFC and participants who considered themselves a critical thinker. However, no significant correlation was found between average NFC and those who considered themselves an emotional person. This means that participants who perceived themselves to be a critical thinker were more accurate in their perceptions than when they perceived themselves as an emotional person. The author believed that this phenomenon might be due to the participants' lack of understanding of their own need for cognition, or they might not even have had to think about their own need for engaging in deep thinking before this survey.

Chapter V

LIMITATIONS AND CONCLUSION

While surveys are easy to develop and administer, the ability to collect accurate, honest answers from the participants have been a challenge for many researchers. Participants may not feel comfortable providing answers that present themselves in an unfavorable manor. Moreover, participants may not be fully aware of their reasons for any given answer because of lack of memory on the subject, or even boredom. In this case, participants of this study might not have fully understood all the statements in the short form Need of Cognition Scale, which could impose data errors due to participants' uncertainty.

As foreshadowed in the previous chapter, a robust pilot study is necessary to ensure the validity and reliability of the materials used in the survey questionnaire, i.e. the designs of advertisement appeals. Future studies may consider using existing advertisements or commercials to add legitimacy and increase credibility of the appeals, be it argument or emotion based.

Nevertheless, this study has investigated the relationships between consumer NFC and preferences for advertising appeals, and how consumer NFC affected consumer's purchase intention. Although the hypotheses were not fully supported, the findings from this study have shed new light unto the utility of need for cognition theory in advertising persuasion, attempting to investigate how persuasion may be dependent on personal

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variance. This study has also looked at how executional cues of advertisements affect consumers' responses by examining the real-world, behavioral impact these advertisements on consumer purchase behavior. Given so, this study has revitalized the ELM and NFC models in observing the impact of personality on preference of persuasion in the advertising context. Future research may consider focusing on a wider spectrum of dimensions relating to advertising persuasion using pointers from ELM and NFC models to explore new ways to determine best practices in engaging consumers today. REFERENCES

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APPENDIXES

APPENDIX A

Pilot Study Questionnaire

A Survey of Personality and Advertising Appeals

Researcher: Jason Tham SCSU IRB Approval: 1081-1534

Two Types of Appeal Mode

- Argument-based appeals: Seek to elaborate or assess product-relevant information
- Emotion-based appeals: Seek to stir up certain emotions/affections toward a product

The following pages will show four different advertisements. Please answer the questions to the best of your ability. Thank you!



You have 10,000 tastebuds. Use all of them.

Find us in your neighborhood today. www.tropicana.com

Is this advertisement argument based or emotion based? (Circle one)

- 1. Argument based
- 2. Emotion based

What is the major claim of this ad? (Please write)





Is this advertisement argument based or emotion based? (Circle one)

- 1. Argument based
- 2. Emotion based

What is the major claim of this ad? (Please write)

B.





Is this advertisement argument based or emotion based? (Circle one)

- 1. Argument based
- 2. Emotion based

What is the major claim of this ad? (Please write)



Is this advertisement argument based or emotion based? (Circle one)

- 1. Argument based
- 2. Emotion based

What is the major claim of this ad? (Please write)

APPENDIX B

Survey Questionnaire

A Survey of Personality and Advertising Appeals

CONSENT FORM

The purpose of this research project is to study the relationships between personality and preference of advertising appeals. This research project is being conducted by **Jason Tham**, a graduate student at St. Cloud State University. His advisor is **Dr. Roger Rudolph** (<u>rlrudolph@stcloudstate.edu</u>).

Your participation in this research study is voluntary. You may choose not to participate. If you decide to participate in this research survey, you may withdraw at any time. If you decide not to participate in this study or if you withdraw from participating at any time, you will not be penalized.

The procedure involves filling survey questionnaire that will take approximately 10 minutes. Your responses will be confidential and we do not collect identifying information such as your name or email address. We will do our best to keep your information confidential. All data is stored in a password protected electronic format. To help protect your confidentiality, the surveys will not contain information that will personally identify you. The results of this study will be used for scholarly purposes only. To protect subject's identity, results will be presented in aggregate form with no more than 1-2 descriptors presented together.

If you have any questions about the research study or would like the survey results, please contact **Jason Tham** at <u>thja0905@stcloudstate.edu</u>.

This research has been reviewed according to St. Cloud State University Institutional Review Board (IRB) procedures for research involving human subjects.

Completing and returning this questionnaire indicates that:

- you have ready the above information
- you voluntarily agree to participate
- you are at least 18 years of age

Thank you for your time and cooperation in helping to make this study successful.

A Survey of Personality and Advertising Appeals

For each of the statements below, please indicate whether or not the statement is characteristics of you or of what you believe. You should use the following scale as you rate each of the statements below:

| 1 | 2 | 3 | 4 | 5 |
|------------------|------------------|-----------|----------------|----------------|
| extremely | somewhat | uncertain | somewhat | extremely |
| uncharacteristic | uncharacteristic | | characteristic | characteristic |
| of me | of me | | of me | of me |

| 1 | I prefer complex to simple problems. | 1 | 2 | 3 | 4 | 5 |
|----|---|---|---|---|---|---|
| 2 | I like to have the responsibility of handling a situation that requires a lot of thinking. | 1 | 2 | 3 | 4 | 5 |
| 3 | Thinking is not my idea of fun. | 1 | 2 | 3 | 4 | 5 |
| 4 | I would rather do something that requires little thought than something that is sure to challenge my thinking abilities. | 1 | 2 | 3 | 4 | 5 |
| 5 | I try to anticipate and avoid situations where there is a likely chance I will have to think in depth about something. | 1 | 2 | 3 | 4 | 5 |
| 6 | I find satisfaction in deliberating hard and for long hours. | 1 | 2 | 3 | 4 | 5 |
| 7 | I only think as hard as I have to. | 1 | 2 | 3 | 4 | 5 |
| 8 | I prefer to think about small daily projects to long term ones. | 1 | 2 | 3 | 4 | 5 |
| 9 | I like tasks that require little thought once I've learned them. | 1 | 2 | 3 | 4 | 5 |
| 10 | The idea of relying on thought to make my way to the top appeals to me. | 1 | 2 | 3 | 4 | 5 |
| 11 | I really enjoy a task that involves coming up with new solutions to problems. | 1 | 2 | 3 | 4 | 5 |
| 12 | Learning new ways to think doesn't excite me very much. | 1 | 2 | 3 | 4 | 5 |
| 13 | I prefer my life to be filled with puzzles I must solve. | 1 | 2 | 3 | 4 | 5 |
| 14 | The notion of thinking abstractly is appealing to me. | 1 | 2 | 3 | 4 | 5 |
| 15 | I would prefer a task that is intellectual, difficult, and important to | 1 | 2 | 3 | 4 | 5 |

| | one that is somewhat important but does not require much thought. | | | | | |
|----|---|---|---|---|---|---|
| 16 | I feel relief rather than satisfaction after completing a task that requires a lot of mental effort. | 1 | 2 | 3 | 4 | 5 |
| 17 | It's enough for me that something gets the job done; I don't care how or why it works. | 1 | 2 | 3 | 4 | 5 |
| 18 | I usually end up deliberating about issues even when they do not affect me personally. | 1 | 2 | 3 | 4 | 5 |

Preferred Advertisements

The following pages will show four different billboard advertisements, represented by <u>four</u> <u>individual brands</u>: Brand A, B, C, and D.

They are food-related businesses and are not associated with any existing brand.

Refer to the advertisements and answer the questions that follow.



85% of people in St. Cloud prefer our burgers.

Because we use real ingredients and never cut corners.

*We surveyed 1,500 customers in this neighborhood in 2013.

19. On a scale of 1-5, how much do you like this ad? (Circle one)

| 1 | 2 | 3 | 4 | 5 |
|----------|---|---------|---|----------|
| least | | neutral | | most |
| favorite | | | | favorite |

20. What do you think is the major claim of this ad? (Circle one)

- 1. We are a family-friendly dining place
- 2. People in St. Cloud like us more compared to other brands
- 3. Our burgers look and taste better than other brands
- 4. You will meet someone special here



21. On a scale of 1-5, how much do you like this ad? (Circle one)

| 1 | 2 | 3 | 4 | 5 |
|----------|---|---------|---|----------|
| least | | neutral | | most |
| favorite | | | | favorite |

- 22. What do you think is the major claim of this ad? (Circle one)
 - 1. We are a family-friendly dining place
 - 2. People in St. Cloud like us more compared to other brands
 - 3. Our burgers look and taste better than other brands
 - 4. You will meet someone special here





23. On a scale of 1-5, how much do you like this ad? (Circle one)

| 1 | 2 | 3 | 4 | 5 |
|----------|---|---------|---|----------|
| least | | neutral | | most |
| favorite | | | | favorite |

- 24. What do you think is the major claim of this ad? (Circle one)
 - 1. We are a family-friendly dining place
 - 2. People in St. Cloud like us more compared to other brands
 - 3. Our burgers look and taste better than other brands
 - 4. You will meet someone special here



42



25. On a scale of 1-5, how much do you like this ad? (Circle one)

| 1 | 2 | 3 | 4 | 5 |
|----------|---|---------|---|----------|
| least | | neutral | | most |
| favorite | | | | favorite |

26. What do you think is the major claim of this ad? (Circle one)

- 1. We are a family-friendly dining place
- 2. People in St. Cloud like us more compared to other brands
- 3. Our burgers look and taste better than other brands
- 4. You will meet someone special here

27. Which restaurant would you choose to visit? (Circle one)

- 1. A
- 2. B
- 3. C
- 4. D

28. I consider myself a critical thinker. (Circle one)

- 1. Strongly disagree
- 2. Disagree
- 3. Neutral
- 4. Agree
- 5. Strongly Agree

29. I consider myself an emotional person. (Circle one)

- 1. Strongly disagree
- 2. Disagree
- 3. Neutral
- 4. Agree
- 5. Strongly Agree

Demographic Information (All information are confidential)

30. Age (write actual age): _____

31. Year in school: (Circle one)

- 1. FR
- 2. SO
- 3. JR
- 4. SR
- 5. GR

32. Which college/school are you enrolled in: (Circle one)

- 1. College of Liberal Arts / School of the Arts
- 2. College of Science & Engineering / School of Computing, Engineering, and Environment
- 3. Herberger Business School
- 4. School of Education
- 5. School of Health and Human Services
- 6. School of Public Affairs
- 7. I don't know / undecided

33.. Race: (Circle one)

- 1. Caucasian/White
- 2. African-American/Black
- 3. Hispanic
- 4. Asian
- 5. Native American/Alaska Native
- 6. Other: _____
- 34. Gender: (Circle one)

- 1. Male
- 2. Female

35. Annual income: (Circle one)

- 1. Less than \$15,000
- 2. \$15,000 \$29,999
- 3. \$30,000 \$44,999
- 4. \$45,000 \$59,999
- 5. \$60,000 \$74,999
- 6. \$75,000 \$89,999
- 7. \$90,000 \$104, 999
- 8. \$105,000 \$119,999
- 9. More than \$120,000

Thank You for Your Participation!

APPENDIX C

Institutional Review Board (IRB) Approval

| (EJA) | | Institutional Review | w Board (IRB) |
|---|---|---|--|
| FFICE OF RESEARCH | | Administrative Services 210 | |
| SPONSORED PROGR ST. CLOUP STATE UNIVERS | | Website: stcloudstate.edu/osj Phone: 320-308-4932 | p Email: osp@stcloudstate.edu |
| Name: Ja | ison Tham | | IRB APPLICATION |
| Address: 70 | 6 6th Avenu | e South Apt 105 | DETERMINATION: |
| St | t. Cloud, MN | 56301 | EXEMPT |
| Email: thj | a09025@st | cloudstate.edu | EXEMIFI |
| Co-Investigator: | | | |
| Project Title: Su | rvey of Pers | sonality and Advertising Appe | al |
| Advisor: Ro | ger Rudolpl | h | |
| The Institutional Re subjects. Your proje | | | n to conduct research involving human |
| federal regulations. | . The IRB h protection of | as found that your research p | emed as exempt in accordance with roject meets the criteria for exempt status esearch. Please note the following items |
| - Principal Investig | ator assume | es the responsibilities for the p | protection of human subjects in this project |
| -Exempt protocols | DO NOT ne | eed to be renewed. | |
| | | quire revisions. However, if o eria, a new initial application v | changes are made to a protocol that may will be required. |
| Adverse events (r soon as possible. | esearch rela | ated injuries or other harmful (| outcomes) must be reported to the IRB as |
| | the right to | review the research while it is | s in progress or when it is completed. |
| The IRB reserves | | review are research while it is | |
| Good luck on your re Programs at 320-30 | 8-4932 or er forms submi | we can be of further assistanc mail lidonnay@stcloudstate.ec tted which relate to this projec | e, please contact the Office of Sponsored du. Please use the SCSU IRB number ct, or on any correspondence with the IRB. For St. Cloud State University: |
| Good luck on your re Programs at 320-30 listed on any of the f For the Institutiona | 8-4932 or er forms submi al Review B | we can be of further assistanc mail lidonnay@stcloudstate.ec tted which relate to this projec | du. Please use the SCSU IRB number t, or on any correspondence with the IRB. |
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| Good luck on your re Programs at 320-30 listed on any of the f For the Institutiona | 8-4932 or er forms submi al Review Bo | we can be of further assistant mail lidonnay@stcloudstate.et tted which relate to this project oard: | du. Please use the SCSU IRB number et, or on any correspondence with the IRB. For St. Cloud State University: <u>Patrice Hughes</u> , |
| Good luck on your re Programs at 320-30 listed on any of the f For the Institutiona Linda Donnay IRB Administrator | 8-4932 or er forms submi al Review Bo | we can be of further assistant mail lidonnay@stcloudstate.et tted which relate to this project oard: | du. Please use the SCSU IRB number t, or on any correspondence with the IRB. For St. Cloud State University: Patrice Hughes, Interim Associate Provost for |