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School of Education and Psychology

Winter 2012

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Students attend SEPA Convention

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EXPANDING

New undergraduate psychology degree offered at Southern



Qwynn Marcelle, junior psychobiology major, dissects a sheep brain in Physiological Psychology. This is just one upper division psychology class offered to students in psychology programs at Southern.



Power for Mind & Soul

The school of Education and Psychology added a new B.S. psychology major, which emphasizes a clinical concentration, in the 2010-2011 school year. This program is recommended for students who wish to pursue a career in counseling or clinical psychology. It offers several unique classes such as Fundamentals of Counseling and Family Counseling.

Along with adding a new major, the School of Education and Psychology now requires students to apply for admission into the psychology program of their choice.

From the dean's desk

It may come as no surprise to many that the School of Education and Psychology is probably

the most complex school at Southern Adventist University. In addition to degrees in education and psychology, we also offer programs in counseling and outdoor education and leadership. I have been "unraveling" this school since I arrived in June and have found some interesting "threads." Some professors



John McCoy, Ed. D.

teach in more than one department, others at both undergraduate and graduate levels, and still others in just one department or strictly at one level. What this represents are threads that are woven throughout all departments in the School of Education and Psychology. What we actually have is a tapestry of educational programming that supports and focuses our students on a single purpose as described in our mission statement: "Preparing all students to be effective professionals who demonstrate a commitment to the pursuit of truth, wholeness, and a life of service in a pluralistic society."

This is the Year of Seventh-day Adventist Education and what better way to spend this year than at the premier Adventist university. Southern's School of Education and Psychology produces teachers, psychologists, counselors, and outdoor professionals that align with what we have come to know and appreciate as Adventist education. This is our year, and during this current school year we have received the highest recognition of our education program from a national accrediting organization, as well as full recognition of our certification programs in education from the state of Tennessee. Students who come through the School of Education and Psychology can rest assured they are getting top quality training and experiences to become who they have envisioned.

Professor of Education Awarded Doctorate

reddy Fuentes, associate professor and coordinator of the Secondary Education Program in the School of Education and Psychology, was recently awarded his Ed.D. in Educational Leadership from the University of Hartford. His dissertation was a case study of urban high school mathematics teachers' perceptions on how their emotional intelligence facilitates instruction and learning in the classroom.



Freddy Fuentes, Ed. D.

Fuentes has been a professor at Southern for four years. He teaches both undergraduate and graduate education classes. He came to Southern in response to a call for a professor who had experience in math and science education as well in educational administration. Fortunately, his children had a desire to transfer from Southwestern to Southern, making both the position and the timing perfect. Fuentes feels God was definitely guiding.

Born in New York City and raised in Puerto Rico, Fuentes completed his Bachelor of Arts in math education and theology from Antillean Adventist University and then moved to Connecticut with his wife. He spent twentytwo years in public schools in Connecticut and Texas as a bilingual elementary teacher, as well as a middle and high school mathematics teacher. Additionally, he served as an administrator and chair for the Mathematics Department for district wide elementary, middle, and high schools. During this time, Fuentes received a master's from the University of Hartford in math education.

From start to finish, it took Fuentes fourteen years to complete his doctorate. Although his journey was a long one, Fuentes completed the course work of the doctoral program in three semesters and two summers. It was his dissertation that held Fuentes back from receiving his degree after being appointed to principal and having to put it on hold for six years. Fuentes says, "Perseverance, along with encouragement from my wife and children, allowed me to get through the final stages of this process."

Although Fuentes has completed his doctorate, he is looking forward to continuing his education by taking courses in psychology, counseling, and mathematics. He also has plans to study music and learn a new instrument.

In his spare time Fuentes enjoys working in youth ministries and church leadership, as well as gardening and landscaping.

UNRAVELED Volume 7

Editor: Sarah Crowe

Phone: 423.236.2765 Fax: 423.236.1765 Email: edpsych@southern.edu Website: southern.edu/edpsych UNRAVELED is the official newsletter for the School of Education and Psychology at Southern Adventist University.

Psychology students attend Southeastern Psychological Association Convention

ebruary 15 - 17, 2012, Southern students, accompanied by Ruth WilliamsMorris, professor of psychology, attended the Southeastern Psychological Association's annual research convention in New Orleans, Louisiana.

At the convention students were able to broaden their scope of knowledge in the field of psychology.

Karen Gordon, who graduated with a B.A. in psychology from Southern in December of 2011, says, "Being exposed to so many different types of research was a great opportunity because it ignited in me the desire to know more and heightened my curiosity about issues I had never thought about."

Gordon had the opportunity to present her undergraduate research, *Childhood Trauma and its Relationship to Substance Abuse*, in a poster presentation.

WilliamsMorris and four students, Olivia Hilchey, Edely Yepez, Sarah Crowe, and Qwynn Marcelle also presented a poster of their research

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Twelve students, accompanied by Dr. Ruth WilliamsMorris, enjoy a break from poster presentations at the annual SEPA research convention.

titled, Knowledge about the Human Brain: A Tale of Two Semesters.

After spending several days attending the research convention students reported having a very positive experience.

Tawanna Howard said of her experience, "Attending this convention

was a great opportunity for me to be immersed in the field of psychology on so many levels. I cannot see myself doing anything else. I want to learn all that I can about the processes that contribute to mental health so that the Lord can use me to help and heal individuals."

GPA, students must also complete a Statement of Intent essay explaining why they chose psychology as a major.

With the addition of this new degree, there are now four different psychology degree programs offered by the School of Education and Psychology. The Bachelor of Arts degree in psychology is recommended to those students who want to gain acceptance into a graduate program to pursue a career as a psychologist or those who wish to combine psychology with a second major.

There are also three Bachelor of Science degrees in psychology offered. The first is a concentration in industrial/organizational psychology which is ideal for the student who is looking to enter the field of business or applied aspects of psychology such as human resource management. The second is a concentration in psychobiology, which allows students to focus on specific areas such as neuroscience, health psychology, or the medical field. This major is recommended to students who are looking to continue on to medical school or a doctoral program.

Last is the clinical concentration, which is the newest addition to the department.

Expanding: New undergraduate degree offered

continued from page 1

Students must have already taken forty lower division classes before applying and registering for any upper division psychology courses.

Along with meeting a minimum

School of Education and Psychology

2012 Graduates

"There are no secrets to success. It is the result of preparation, hard work, and learning from failure."

- Colin Powell

Photos courtesy of Southern Memories and Southern's website



Name: Steven Arauz Major: Liberal Arts-Ed Hometown: Ocala, FL Future Plans: Continue teaching in the Florida Conference. My greatest aim after graduation is to live a life of service.



Name: Daphne Bastien Major: Psychology, Journalism minor Hometown: Leominster, MA Future Plans: Graduate school for counseling psychology.



Name: Rich Clark Major: Psychology



Name: Charity Espina Major: M.S.Ed, Outdoor Education



Name: Nicholas Evenson Major: M.S.Ed, Outdoor Education



Name: Timothy Feig Major: Outdoor Ed Hometown: Cedar Lake, MI Future Plans: Work in practical ministry to people who are hurting; trying to encourage others, old and young.



Name: Kaley Greve Major: Liberal Arts-Ed Hometown: Knoxville, TN Future Plans: Teach K-2 at Knoxville Adventist School.



Name: TJ Griffith Major: Psychology Hometown: Nashville, NC Future Plans: Attend graduate school.



Name: Joshua Istueta Major: Psychology Hometown: Miami, FL



Congratulations 2012 Graduates!



Name: Craig Johnson Major: M.S.Ed, **Education Admin** Hometown: Hendersonville, NC Future Plans: To become an academy principal if the Lord desires.



Name: Stefanie Kulik Major: Psychology -Clinical Hometown: Chattanooga, TN Future Plans: Attend Southern for M.S. School Counseling.

Name: Katelvn MacNeill Maior: Liberal Arts-Ed Hometown: Mullica Hill, NI Future Plans: Make education fun for my students and pursue a master's in literacy.



Name: Kristin Macias Major: Outdoor Leadership



Name: Jared Miller Major: Outdoor Ed Hometown: Calhoun, GA

Future Plans: Physical therapy assistant or a master's program in outdoor education.



Name: Carlene Miranda Major: Psychology, Family Studies minor Hometown: West Palm Beach, FL Future Plans: Graduate school; one day open a practice.



Name: Maleek Mitchell Major: M.S.Ed, Inclusive Education Hometown: Bronx, NY Future Plans: Teach and reach students for the kingdom of Christ.



Name: Brent Ruckle Major: M.S.Ed, Outdoor Education Hometown: New Albany, IN **Future Plans:** Incorporate outdoor learning activities at Louisville Academy.



Name: Dawnmarie Simmons Major: Liberal Arts-Ed Hometown: Anthony, FL.

Future Plans: I would like to go to Amazing Facts Center of Evangelism for training.



Name: Krisin Specht Major: Liberal Arts-Ed Hometown: Pismo Beach, CA **Future Plans:** Graduate school to receive a master's in counseling.



Stickland Major: M.S.Ed. Outdoor Education Hometown: Watford. UK Future Plans: Continue as British Union Youth Ministries Director.



Name: Rachel Torres Major: Liberal Arts-Ed Hometown: Orlando, FL

Future Plans: I plan to teach where God leads me and pursue a master's within the next couple of years.

Name: Christina Verrill Major: Liberal Arts-Ed



Name: Natasha Wilson Major: M.S., School Counseling Hometown: Sunrise, FL Future Plans: Work as a school counselor in the next year, then pursue a Ed.S. in school counseling.



Name: Amanda Woodard Major: Liberal Arts-Ed Hometown: Chattanooga, TN Future Plans: Teach elementary students, receive a master's and eventually a doctorate.

Oh! The places you'll go! You'll be on your way up! You'll be seeing great sights! You'll join the high fliers who soar to high heights.

-Dr. Seuss

Congratulations to our December 2011 Graduates!

B.S. Outdoor Leadership Dustin Boyd

B.S. Outdoor Education [Naturalist] Sarah Holloway

B.S. Outdoor Leadership [Counseling] Russell Thorman

B.A. Liberal Arts Education

Heidi Bullock Sarah Gilbert Crystal James Kimberly Lane Nathalia Mendez Lindsay Morton Abigail Schuster Elizabeth Segoria Heather Tonsberg

B.S. Psychology [Clinical] Nathan Ernst B.S. Psychology-Psychobiology Hyein Yoo

B.A. Psychology

Shannon Corros Karen Gordon Ryan Lilly Ludine Pierre Kevin Poole Francis Young

M.S.Ed. Literacy Education Theresa Bailey

Theresa Dancy

M.S.Ed. Outdoor Teacher Education

Daniel Boyd Laura Messerly Steven Wantuck

M.S. Clinical Mental Health Counseling

Tammy McDonough Bree Scott Sharon Smith-Hensley

ALUMNI UPDATES From the School of Education and Psychology







April Smith graduated from Southern in December 2007 with a Bachelor of Arts in psychology and a minor in chemistry. Since that time Smith has graduated with a Doctor of Chiropractic degree from Life University in Atlanta, Georgia. Smith graduated Summa Cum Laude and became an honorary member of Pi Tau Delta, a chiropractic honor society. She is currently working at Family Healing Chiropractic, a Maximized Living Health Center in Charlotte, North Carolina. Maximized Living is an organization dedicated to changing how people view and manage their health from the inside out.

As a teenager Smith adamantly told a friend, "I would never be a chiropractor." Her plans changed, however, as she started experiencing lower back pain in college and was introduced to chiropractic practices. Her back pain went away and she learned more about how the body is supposed to work and heal naturally. It was after this experience that Smith finally realized God's calling for her.

In her time at Family Healing Chiropractic, Smith has seen individual lives changed. She says, "Too often we underestimate the power that God created and put inside our bodies. Instead of looking for outside solutions, look inside first to see how your nervous system is functioning and healing. After all, your nervous system controls every single function in your body."

Amanda Soapes graduated from Southern's professional counseling master's program in 2008. A month before graduation Soapes was hired at Youth Villages, a nationwide non-profit in home counseling program for children with behavioral issues. At Youth Villages, a counselor is assigned to a family and works intensively with them for four to six months. Most counselors work with five families at a time.

Since the age of ten Soapes knew she wanted to work with children. Although her vision was once private practice, she enjoys working in the environment fostered by Youth Villages and does not plan on changing career paths.

Soapes recently transferred back to Chattanooga from Cookeville, Tennessee where she spent the last three years at the Youth Villages' Cookeville office. She has been promoted to a supervision position, where her responsibilities now include management of counselors and their families. Although she misses being directly connected with the families, Soapes still finds time to interact with them while fulfilling her supervision duties.

Trevor Stout graduated from Southern in May 2011 with a Bachelor of Science in outdoor leadership. He is currently enrolled in Southern's school counseling master's program and plans to graduate in May 2013.

When Stout is not in class (or preparing for class!), he works for the outdoor leadership department as a graduate assistant. He is the adventure programming coordinator, which entails scheduling and planning events for different groups within the outdoor education and leadership department. He recently got engaged to the love of his life, Wyntre Robinson, who is also an alumnus of Southern.

After graduation, Stout plans to stay in the Collegedale area for a few years to build his résumé. He would like to work in either a middle or high school as a school counselor but is willing to go where God directs.



Education and Psychology

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